



Tantra: Sex Magic

Sex Magic Reality Creation Process

I want to share something I call the **Sex Magic Reality Creation Process (SMRCP)**. It is a powerful tool that is appropriate for deliberate reality creation. As many of you know, I've been practising Tantra/Sacred Sexuality for many years and have enjoyed wonderful benefits from it. One of my favourite areas of study is Sex Magic. I've successfully incorporated the SMRCP in my reality creation toolbox. It is with much joy that I share it with you, have some fun with it.

Background:

Sex is one of the most (some say **THE** most) powerful energies on the planet. To grasp its awesome and often overlooked power, take a look at the starving Somalis. Take away their food, take away their dignity, humiliate and torture them and **THEY STILL MAKE BABIES.**

Within our loins lies an energy that has the potential to create **ANY** reality we want. Unfortunately, most humans have a love/hate relationship with sex that is reflected in many ways (i.e., unsafe promiscuity, self-destructive perversions, denial, shutdown, religious intolerance, rape, abuse, etc.). Religion has done much to suppress our divine sexual nature and has kept the masses ignorant of the potential uses of sexual energy.

When we accept and embrace our sexual nature we are free to use its awesome power for our benefit. We no longer worship it or deny it. We come into balance and view our sexuality as part of our divinity. It becomes joyful, light and loving. We learn to use sex for more than procreation or sensual gratification.

I want to make a comment about celibacy. Many people, including so-called enlightened teachers and religious figures, misunderstand celibacy. True celibacy is not a denial or suppression of sexual energy. True celibacy is when one chooses to focus/channel their sexual energy, in non-sexual ways, into other areas of their being. There are many ways to do this but Sex Magic is not one of them since it involves

sexual stimulation. Tantra embraces both the sexual path and the celibate path. Sex is creative energy. Magic is the art of creating reality.

True magic is simply the art of creating what you want. We can liken all the processes given to us by masters and teachers (Seth, Alexander, Abraham, Avatar, etc.), as tools in our magician's or Shaman's bag. People who consciously and deliberately create their reality are the ultimate magicians on the planet.

Sex Magic:

Sex Magic is based on the belief that the most powerful moment of human existence is the orgasm. Sex Magic is the art of utilizing sexual orgasm to create a reality and/or expand consciousness. All senses and psychic powers are heightened during orgasm. It is a moment when a window opens to the unlimited abundance of the unlimited universe.

Now, some may argue that they fantasize about some person or event during sex and it never materializes into a reality. This is because most of us, at the moment of orgasm, lose our focus and get lost in the physical response. That's okay, there's nothing wrong with using sex for pure pleasure. That intention is also a created reality. The SMRCP is about maintaining one's focus during orgasm and channelling the energy into creating a reality. Any reality, whether it's creating a new job, car, experience, relationship, etc.

The Process:

Relax and breathe deeply. Breathing deeply is key to the success of Sex Magic. Take your time and relax your body, especially your jaw and belly.

Identify what you want to create. It's important to choose something that really excites you. Make it specific. You can write it down or say it out loud as a mantra or affirmation. Make it in the present tense or as if it's a reality already (i.e., "I earn \$85,000 per year.")

Focus on the creation. See, hear, taste, smell and feel the creation as if it's real. Visualize yourself in the creation. For example, what is your life like when you earn that \$85,000? What does it FEEL like? Make it big, in Technicolour, with all your focus and intention. Breathe into it. Now, when you've identified the feeling and/or picture that best captures what you want to create, FILE IT AWAY in your mind and relax. (You may want to practice a bit with this step before proceeding.)

Do whatever brings you almost to orgasm. This can be masturbation or sexual activity with a supportive partner. Remember to relax and breathe into your orgasmic state. Take your time. Bring yourself almost to orgasm, backing off just before the point-of- no-return, several or more times. What you're doing here is charging up the sexual battery.

I'll digress here for a moment. It's easier for women to do this process because orgasm is usually not an energy drain for them (as long as they're not engaging in wild, aerobic and physically exhausting sex). Women are able to climax multiple times ("Riding the Bliss-Wave" in Tantra) gaining tremendous energy from it. So, to my sisters, I encourage you to relax, breathe, and have fun. It's also very helpful to strengthen your PC/vaginal muscle and get in touch with your G/Sacred Spot. There are many good books which cover this. My favourite is "The Art of Sexual Ecstasy" by Margo Anand. I'll do a follow-up post about

the "Yoni Massage" that you can use with a supportive partner in conjunction with the SMRCP.

The men are another story because their orgasmic energy is usually expelled out of their pelvis, in their semen, and out of their body. Fortunately this can be handled! Unfortunately I won't be able to teach you within the limits of USENET and e-mail. I encourage my brothers to learn and practice the art of ejaculatory control (I prefer the term Ejaculatory Mastery) and create an INjaculation. There are several good books about this. Margo Anand's book covers this. For the time being, just relax, breathe and come CLOSE to ejaculation SIX times before you release your semen. I'll follow-up with the "Lingam Massage" that you can use with a supportive partner in conjunction with the SMRCP.

When you have almost reached orgasm, after coming close several times and you're ready to let go, recall from your mind the reality you want to create and energize it with focused intention. Make it vivid, exciting, big and beautiful. When you orgasm, keep focused on the picture/creation and deliberately channel the orgasm into it. Just let it flow into the reality you want to create. Remember to keep breathing during the orgasm and breathe your orgasmic energy into your creation/ goal/dream/reality. Stay focused and hold the picture. Your body will do the rest (this is why a partner is very helpful -- they can do the physical work for you :-).

You can repeat the process if you want to come to another orgasm.

The reality will create itself immediately or will be buffered by time. It may also manifest as an opportunity, insight, healing, etc. The power of the SMRCP will blow your mind as you master it! Have fun with your creations.