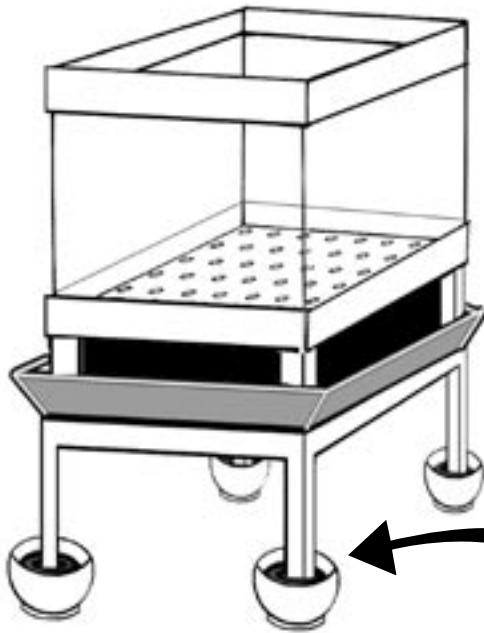


MAKING A WORM FARM

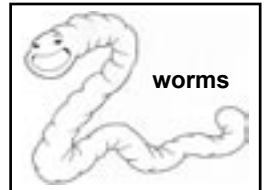
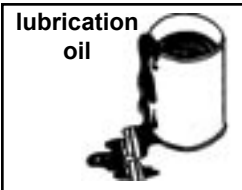
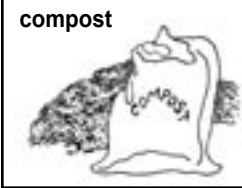
The main box of your worm farm can be made from many materials such as bamboo or more durable plastic or glass. Be sure that the base of the box is perforated so you can collect worm juice (yum!)



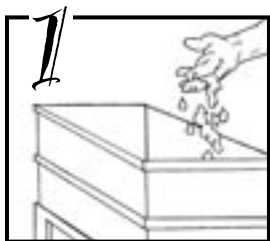
“Worm Juice” is liquid that the worms make, it is great plant food!

It can be easily collected in a tray placed below the main box of your worm farm. The wetter the worm food, the more worm juice you get.

Important! Make sure that the worm farm legs are placed in lubrication oil or soapy water so that ants won't come in.



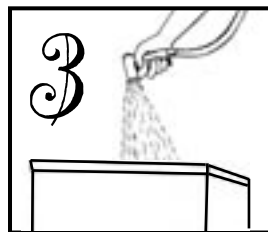
These are the steps in setting up your Worm Farm...



1 Put about 15cm compost into the box of the farm



2 Mix kitchen scraps or plant leaves and stems into compost



3 Add water to the top box - just enough to make the compost moist

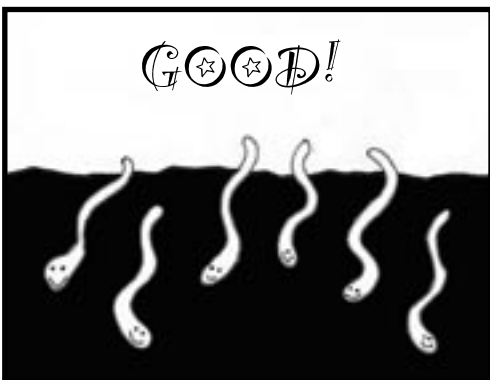


4 Use gloves (if you want) and mix everything together

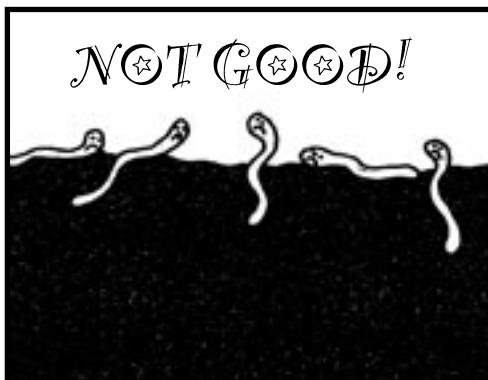


5 Gently add worms (about 1 kg) into the compost mixture in box

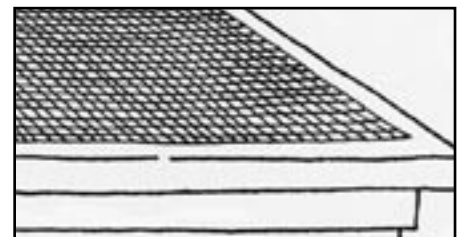
Check if your worms are happy in their new home...



If your worms DISAPPEAR (in other words, go down inside the compost) they like it.



If they stay on, or return to the surface, there's something wrong with your compost mixture



Close lid firmly to keep out Worm Eaters! Lids can be made from chicken wire (if farm is sheltered from rain), rubber, plastic, tin or wood but make sure it is ventilated, so your worms can breathe.

FOR HEALTHY WORMS

Worms are really useful, they take certain types of kitchen scraps and turn them into excellent 'CASTINGS' and 'WORM JUICE' which are great food for your garden. But remember worms are living creatures and need to be well cared for, so pay close attention to them. Make sure you don't feed them anything that makes them sick.

Do not feed your worms :

- Coffee or tea
- Oil or oily foods
- Essential oils or anything aromatic (with strong smells)
- Soaps or chemicals
- Bones or meat
- Citrus or other acidic fruits
- Not too much salt or sugar



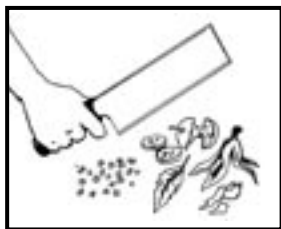
How much do your worms eat ?

About the same amount of food as their own weight.
1 kg of worms eats 1 kg of food. You should feed your worms atleast once every 3 days.

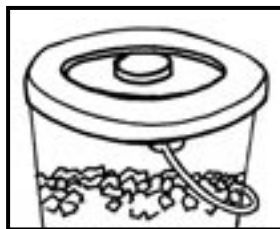
HOW TO FEED

YOUR WORMS :

Note: If you live in Asia, banana stumps chopped into small pieces are a good alternative to kitchen scraps



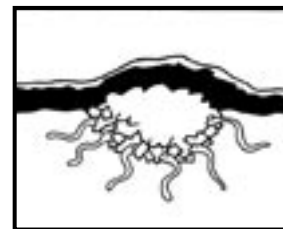
Chop kitchen scraps into small pieces (see list above for foods to avoid)



Store them in a bucket for 2-3 days, add a little water so they ferment easily



Dump fermented scraps into a hole in the worm farm box compost mixture



Cover the scraps with compost (use your hands, not sharp tools)

WORM WARNINGS - Things to Always Check :

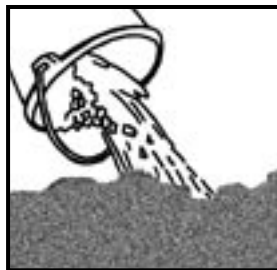
Moisture Levels...

Too Wet



Add and turn compost don't let it become compacted or water logged.

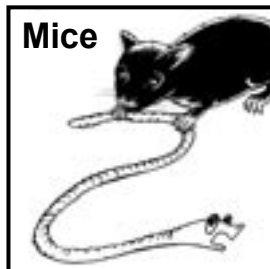
Too Dry



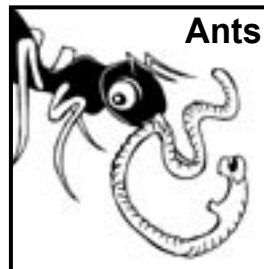
If the compost looks flaky and crumbling, add water from your kitchen scraps.

Worm Eaters!

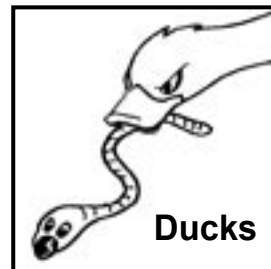
Mice



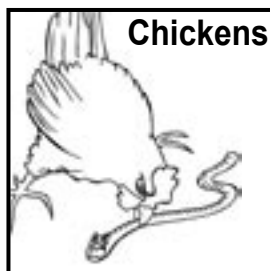
Ants



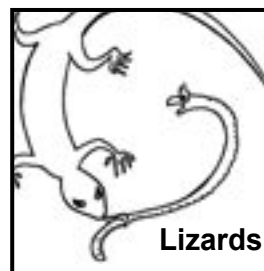
Ducks



Chickens



Lizards



Frogs

