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THE OPENING OF AN EYE

**ALICE
LANE**



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To

Cindy—who does not believe but loves me.

Marsha—who believes but does not understand me.

Eddie and Ricky—who have spiritual wisdom and understanding few adults have—sacrificed their mother in choosing me this lifetime.

Bernadine Brown—whose faithful confidence and assistance enabled me to write this book.

Anne Judd—whose capable assistance helped me in the final preparation.

My mother, Jennie—whom I chose this life.

Brad Steiger—my dear friend and Aquarian Brother whose inspiration encouraged me to write.

We are but one in this ocean of Love—we are the fish and God is the sea. Do not despair—look around you—God is everywhere!

FOREWORD

Alice Lane left a very successful career in business to begin a spiritual life of higher awareness. In order to prepare herself for the transition from a life of sales and dollar quotas to a life of spirit and visionary quests, Alice underwent six years of purification, in which she ate only fruits, vegetables, and nuts, and drank only herbal teas. Two of these years of transformation she spent in almost total isolation. I know that even as I write these words of introduction she has concluded a forty-day fast of purification, during which she drank only juices. It is from such a reservoir of knowledge and personal experience that Alice Lane has drawn to share the insights provided in *The Opening of An Eye*.

President and Founder of the Way of Light, a non-profit organization dedicated to mankind, higher awareness and peace, Alice Lane is rapidly acquiring a reputation in the metaphysical world as the "soul healer." During readings, she explains, she tunes in to a client's higher consciousness in order to trigger the memory pattern which permits him to flashback to another dimension of time and space and to release suppressed energies from past lives.

According to a dream revelation given just before she began "soul healing," Alice was granted an eighth chakra, the Arc Line Chakra, directly in the middle of her forehead on the hairline, just one and one-half inches above the "third eye."

"The Arc Chakra permits a special energy flow that vibrates on my voice box and, in turn, vibrates on

those who come for readings or who attend my lectures," Alice comments. "The energy vibrates on their glands and the soul body, triggering thought patterns which permit them to release the necessary energy as they flashback to the past-life necessary for the release of suppression."

Seeking confirmation of her eighth chakra, Alice contacted the mystic Yogi Bhajan, who, first over the telephone, then in person, verified the spiritual blessing which had been granted to her.

I know that Alice Lane is extremely concerned about the problem of the proper spiritual education of youth. I am certain that it was such a concern which served as both the impetus and the motivation for her surrendering a number of her busy hours to the labor of writing this book. Even a rapid perusal of the chapter titles is enough to convince us that this is a teaching book — a volume designed to provide the seeker with answers and avenues of expression for the inner turmoils that are so much in evidence during these days of transition into a New Age of greater awareness.

One of the immediate goals of the Way of Light is to build and to set in motion a New Age School of Life for the highly evolved children incarnating on the earth plane at this time. It is Alice Lane's sincere conviction that all children must be guided and worked with on a higher understanding of consciousness so that they will continue to grow in balance in accordance with the Divine plan.

In the creed of the Way of Light, Alice states that she is interested in delving into the deeper secrets of life for the benefit of all mankind. The doors of the

Way of Light are open to "every individual and every center of light, regardless of race, color, creed, or religious beliefs; for we believe it is only if we all pull together in peace, love, and harmony, effectuating an understanding of one another, that we will achieve this desired goal."

Surely, all men and women of good will share such sentiments and such a goal. Whether the way of the Way of Light is precisely your way is immaterial. Whether you can relate totally to all of Alice Lane's experiences and insights is irrelevant. But I do suggest that you approach *The Opening of an Eye* with the attitude of expectancy appropriate to that of the true seeker. You may well be delighted with the areas of understanding which this book will open for you.

Brad Steiger
September, 1975

PREFACE

Since biblical times, man has been afflicted with confusion, sorrow, disease, and fear. Despite the Bible's suggestion of "Perfect Body – Perfect Mind," man founders in his lack of awareness, grasping at easy answers without exercising the discipline of his free will. Up to now, we have depended on one another for health, welfare, and happiness.

We are at the end of the most important cycle in the history of the evolution of mankind on the planet earth. This cycle is more important than all previous ones because it no longer concerns the individual evolution of the soul; instead it involves the total evolution and consciousness of the solar system – God's consciousness. Thus, we have been receiving much help from our space brothers, who have been sent to us from higher levels of consciousness to assist with the transition from the third dimension into the fourth dimension. And, thereby, it is no longer man's free will that is being considered, inasmuch as Divine will has taken over.

It is essential that we, as individuals and as a totality, work together with the natural laws (the higher laws of consciousness), and flow with these higher energies as they descend upon, and infiltrate, the earth plane. If we do not, we will be caught in the undertow and will be faced with more problems, anxieties, fears, disasters, and reversals than we could ever imagine. Such would be a direct result of an individual karma created through resistance to the higher energies.

This is the time of "Revelations" – the Son of Man – and all truth will unfold as nothing remains hidden. The new consciousness will not permit a repetition of the past; and thus, we are no longer responsible for those who refuse to acknowledge the spirit. We are told that we are to concentrate on our own Christ-consciousness, giving help and guidance *only* to those who seek it, and releasing them as they leave. We are not to be concerned with others who have refused to allow the higher consciousness to permeate their awareness, for through their own free will they have made the choice. We are told that at this time we are to work with the few who are truly seeking direction and enlightenment, rather than with the multitudes in their state of indifference.

All beings are experiencing confrontation involving severe testing in one form or another. One of the most common problems is the manifestation of sexual hang-ups: bisexuality, homosexuality, self-abuse, and self-destruction. Therefore, structural changes are becoming apparent within our bodies, and the polarities are changing within the male and the female, creating more bisexual and homosexual behaviors. Through evolution, sexual energy is the creative God-force to be utilized with the higher consciousness as a tool of value. If this energy is not used in the highest form, but rather as a tool of lust, completely blocking out the spiritual awareness within the individual, an inner conflict will arise, creating a state of suicide, accident, or some other type of illness in order to release the spirit from the flesh before the body totally destroys the inner light. This is not to imply that sexual relations are wrong, but to

say that we must not abuse this most precious energy. The power of God flowing through our beings enables us to manifest any desire necessary for the aspiration of the soul, thereby awakening the "inner eye." One becomes more aware of his true self, unveiling the hidden secrets of the past. Once the "eye is opened," the light of awareness seeps through, and man truly becomes the master of his soul.

To help the individual understand his hang-ups and the various conditions manifested in his life, it is necessary to acquire some knowledge of astrology because an astrological chart is the life "blueprint" — the map of the subconscious. Thus, being aware of the inharmonious energies interplaying within the astral body (subconscious), one is able to overcome and change all conditions and adverse incidents destined for him.

The information in this book is based on medical and scientific fact, in addition to the spiritual knowledge this author received as guidance in writing it. The title of this book was received in a state of meditation six months before its purpose was revealed. Through the contents of this book one will find that he, too, is capable of becoming a channel of light, releasing his inhibitions, hang-ups, and fears of the past, and being prepared for the radiance of his individual happiness, peace of mind, and inner balance.

CHAPTER I

KNOW THYSELF

The reason for man's existence on the earth plane is the "Law of Karma," since without it, there would be no reason for human birth. *Karma* is a Sanskrit term meaning a mental or physical act (the word used to describe one's destiny and fate). The Law of Cause and Effect operates here saying what you do unto another will be returned to you as the creator of the original thought, action, or deed. And thus the Bible informs us, "As ye shall sow, so shall ye reap."

In this life, as well as in previous lives, a mental or physical act is nothing but the sum consequences of past action. It is the manifest condition of a suppressed desire within the subconscious. This manifestation occurs at a time when it will be most effective for the growth of the soul, through the awakening of the inner conflict within one's own being. Through this manifestation comes enlightenment. Unfortunately, enlightenment is always a painful experience. Through pain, hardships and sorrow one grows and learns the valuable lessons of life.

Consequently, one's life is based on past life experiences governed by the Law of Cause and Effect. This lifetime is filled with conditions brought forward from past lives in the form of subconscious

thought formations, suppressed in the past, and is conditioned with all the emotion of that particular time of suppression.

According to the great yogis, there are three types of karma. The first is called Sankars, or karmas from previous incarnations, the debts for which we were born into this lifetime to repay. The second is the karmas we have created in this lifetime, and the third is the, as yet, uncreated karmas. The karmas of this life and previous lives must be paid off, since the purpose of human birth is to pay off all karmic debts. It does not matter how great a sinner one is, or has been, the debt can be paid off in seven and one half years. Our biggest problem is that we keep creating new debts, new karmas, new conditions, and, eventually, multiplying the original karma until we end up with even greater karmic debts than we had when we were born. The third karma is what one needs in order to deal with this lifetime.

Thoughts are energy, and energy is matter. Everything is energy or vibrations. God, our omnipresent deity, is energy — light — love. Love is the way of light — the Christ within each and everyone of us. Love is the essence known as desire — the desire energy necessary for all manifestation. Love can be used for good or for evil (anything that causes displeasure, injury, pain, suffering, etc.). Through evil we grow — through good we respond.

Everything in the universe is the energy of desire since everything is God. As above so below — man was created in God's own image. The book of Genesis says that God formed man out of the dust of the ground and breathed the breath of life into the

nostrils; in this way man became a living soul. Hence, the man God created in his own image and likeness is the mind of man, the beautiful soul within each of us that is part of God – or – God! The man formed of the dust of the ground is the physical body of man, the vehicle necessary for his incarnation. The true man created in God's own likeness, the soul, is both male and female perfectly combined within its own beingness. "Male and female created He them; and blessed them, and called their name Adam, in the day when they were created." (Gen. 5:2) Note that there is mention of the male and female as one – Adam! Adam!

How often we have heard the following expression: "Know the law and the law shall set you free." What does it actually mean? Does it refer to a man-made law, or could it be the natural laws of God—the Celestial Law of Astrology—the first science known to man? Even the Bible tells us, "Ye shall know the truth and the truth shall set you free." But man will not be free as long as he is in the bondage of fear and dreaded earthly conditions which he may not even recognize.

Being aware of the natural laws of God one becomes freed of the bondage of karma. Let us go a step further and ask, "What is God?" We mention that God is energy, omnipresent, love and light; therefore, it would be in accordance to say that God is No-thing! This is not to suggest that God is nothing, but rather No-thing! There is a big difference. Since God is no-thing, God must be everything – or omnipresent – since God is a consciousness, a supreme being.

How can one know God? The first step is to know

thyself! Dealing with the celestial law, this brings astrology into the picture. An astrological chart is a map showing all conditions that could be forthcoming to the individual this time on the earth plane. I say "could" because man is born with free will to make his own decisions, to change all conditions adverse to his nature. Man is able to change his destiny. This is why astrology is so important. The stars incline, they do not compel! By knowing oneself through astrology, one is able to overcome future conditions.

Using astrology as a tool for guidance, one is able to change one's destiny and thus overcome the law of cause and effect. Then, and only then, the law will set him free.

The path through the heavens in which the sun, moon and planets appear to travel is divided into twelve equal portions of thirty degrees each, called signs of the zodiac. Each planet corresponds with one of the signs in its meaning and is said to rule the sign to which it corresponds. Symbols of the sun, moon, and planets convey ideas to those minds able to appreciate their meaning. These symbols connected with astrology constitute the most beautiful imagery one can conceive. Truth of man's past and his future has been preserved from the beginning of our solar system to the present day in these symbols.

One might ask, "How does astrology affect me? How can the various planets have anything to do with my life? They are so far away." In answer to these questions, one must realize that there is more to life and growth than the physical body. In addition to the physical body, one also possesses an astral body, an

etheric body with psychic sight. It looks very much like the physical body, but it is made of a finer substance. While the physical body was manifesting in the mother's womb, the higher hierarchies, or angels, along with the individual soul in spirit form, made an outline of a prototype body, called the astral body. This body is the mind-soul of the subconscious.

Upon birth of the spirit in physical embodiment, the sun, moon, and planets are located in certain locations in the heavens. In the exact moment and location of birth, the sun, moon, and planets are sending down vibrations in a spiraling motion, creating vortices of flowing energy, which fill the astral body with the various vibrations of each planet in each particular sign. The vortices make up the energy for the karmic pattern one brings into this particular lifetime. These energies make up the substance of the astral body known as the subconscious. They are known as aspects in an astrological chart, and are responsible for certain vibratory patterns located within the subconscious. They are the unmanifested thoughts suppressed within the subconscious.

to be born into a life, as well as one's appropriate parents. The choices are based on the experiences and guidance one will receive for the growth of one's soul. Parents are merely instruments chosen to confront the individual with that which is within his own subconscious in order to give him the opportunity of working it out.

Upon major progression of various planets, particularly the moon, these subconscious thoughts come to the surface from the soul-body and attract

the condition to the individual, whether it be a person, place, or object. Awareness of the thought formation gives one the ability to work out the suppressed energy and to overcome the law of karma. However, upon meeting a person, place, or object, which might bring pain, suffering, or ill feelings, most of us have a tendency to walk away and suppress the condition all over again. Thus we multiply the karmic pattern we carried into this life. The suppressed thoughts, emotions, and feelings have to manifest one way or another. If one does not face up to the opportunity one is given to clear the subconscious energy, the opportunity will recur repeatedly until one finally gives up, lets go, and decides to work it out. If, however, one does not face the opportunity after being confronted again and again, the repressed action will manifest in a disease, an illness, an accident, or another earthly condition designed to bring more awareness to the person. One way or another the energy has to be released. It is like a volcano — energy builds and builds until it blows up and destroys the mountain. If one were aware of the energy within the mountain, slowly building under an exterior of calmness, perhaps one could give vent to it and avoid the big blowup. It is the same with the human body. By facing the confrontations in life, one lets the steam, or energy, out a little at a time, and in that way overcomes karma.

One's fears or negative feelings concerning another person, place, or thing reflect something within one's own subconscious. These subconscious energies radiate outward, attracting to a person the very individual, place, or object, that he must confront in

order to escape from bondage. They are only instruments conveying the pain, sorrow, or grief one has brought upon himself through his past thoughts, emotions, and deeds.

Astrology is to be used as a guide through life. It enables one to overcome the karma, or condition, before it happens by reconditioning the subconscious mind through mental alchemy. When we are feeling good, most of us have a tendency to put off any effort at reconditioning. We may make the effort when we are in trouble, but by that time it is too late — the condition has already manifested.

Through astrology, this author has discovered that the presence of certain minerals in the body is very important in preventative psychosomatic therapy. When negative thoughts occur, the body is deficient in certain minerals.

This deficiency is responsible for attracting the thought formations from the subconscious. The human body is composed of twelve basic minerals. God formed man out of the dust, breathed into the nostrils, and man became a living soul. Whenever there is an imbalance of the minerals in the body, there is an imbalance of the mind.

Each sign of the zodiac is responsible for a specific mineral of the twelve minerals found in the human body. The vibration of the specific zodiacal sign during an adverse aspect in the individual astrological chart either burns up the mineral or somehow withdraws it from the physical body. This allows the subconscious condition to manifest. By replacing the necessary mineral before the aspect goes into action, one is able to overcome various earthly conditions. Many indi-

viduals who have replaced the minerals deficient in their systems have achieved balance, calmness, control of temper and emotions, and have acquired the ability to handle all situations which might arise in the future. The mineral balance achieved enables an individual to flow with his emotions, and release them as they appear.

Often, when one has a vague fear or negative emotion, one worries about the meaning of the feeling until the energy expended finally attracts the very thing feared. This happens through the Law of Resonance – like attracts like. Once one has achieved mineral balance, one more consciously realizes what is happening, and can allow the emotion to flow without attracting an earthly condition. If one should suddenly, for no reason, feel like crying, one should flow with the energy and cry. The same applies to any other emotion. If it is anger, one should release it in the best way one is able, without taking it out on another being (for doing so would chalk up more karma).

Anger can be expressed without harming another being. For example, one young lady tore down a wall with her bare hands. So much anger had been suppressed within her subconscious that her voice was of a very high pitch. When she finished tearing down the wall, her voice came down and is now a beautiful, low, sexy voice. She has in her basement a “scream room.” When she suddenly feels the urge to release energy, she goes down to her room and “lets it all hang loose.” This has been very effective for her, and she has achieved an inner peace for the first time in her life. She even likes herself.

Negative emotions have been suppressed within us in some cases for lifetimes, and they wait to be released. Surfacing from the subconscious they should be let go. If one does what seems to be the "normal" thing and worries about it, one creates a situation to go along with the emotion. One thus attracts the condition through the Law of Resonance.

As we look around at all the millions and millions of objects God has created in this world, is there any doubt of the power of the mind – the mind, or true man, that was created in the image and likeness of God? Is it not conceivable that one is capable of manifesting any earthly condition through thoughts, emotions, and feelings? It is important to keep in mind that thoughts are energy, and energy is matter. Whatever we think, especially with emotion, is going to manifest.

An architect first imagines in his mind's eye the type of house he wants to build. Next, he lays it on the drawing board, and eventually it is manifested in the form of a house. The reality of it manifested from the imagination of his mind. As individuals created in the image and likeness of God, we have the ability to create anything in the universe, providing, of course, we are balanced mentally and physically, and have discipline to train our minds.

Too often we measure success by material profit, money, property, and all things that keep us in bondage to the earth plane. Profit is beautiful – but only if the profit is in spiritual fulfillment. We must release the various people, objects, or places keeping us in bondage and allow the new age energies to flow through, sharing with our fellow men. When the

material things of life cease to be the most important they will then be received in abundance. Why in abundance? Because only then will they not be necessary for individual happiness, but will be utilized in the sharing and giving to mankind as an expression of the totality of our total self – God.

To release the various objects, people, or places keeping us in bondage is to totally release with love, peace, and understanding – without malice. Completely let go and you will achieve the harmony and love so desperately needed today in the world. Material aspirations are for the earth plane. Spiritual aspirations are for eternity. Being materially minded ties one to the earth plane. Spending a lifetime on earth might not be so bad, but eternity is forever, and unthinkable on this low level of consciousness.

To never have faith, or anything to strive for except the dollar, is to have nothing! To have faith, love, and aspiration for growing through spiritual fulfillment, as one does when one is treading the path of enlightenment, is to have everything. One moves closer to the goal of atonement (at-one-ment) with God.

Many of us are having to make the most important decision of our lives at this time. The tests are coming upon us as the new age energies are being poured down. Which way do we follow? Upward toward enlightenment, or downward on the earth plane? This life is but a moment in the total plan of the evolution of our souls. No one can make another decide which way to go. The decision is ours individually. We will create our bed and lie in it. No longer will we have the excuse that it was another's doing. In these karmic times of "revelations" we will reap exactly as

we have sown! Which way are we going to go? What is more important, a moment or eternity and bliss?

Man is a trinity. Different philosophies call it different names. The Catholics call it the Father, Son and Holy Ghost. Psychiatrists call it the conscious, subconscious and superconscious. I prefer to use the Huna Philosophy terminology. In these terms the trinity is the High Self, created in the image and likeness of God – the mind, or Christ consciousness, the Middle Self, which is the conscious person as he is aware of himself, logical, thinking, and rational; and the Low Self, which is the subconscious, a memory bank that, like a child, does not think or rationalize.

Prayer is one of the most important hidden powers the individual has. But the consciousness of individuals, the Middle Self, cannot pray directly to the Father. When it tries, nothing happens. Only a few really know how to utilize this tremendous power in obtaining manifestations of desires in life. Praying is not simply getting down on one's knees and asking God for something; such praying will not be answered. Most people do not know how to pray, and, as a result, create more problems for themselves. The Bible states that in order to come to the Father one must come as a child. The child, being the subconscious, or Low Self, is overlooked while most people pray. Accordingly, one must go through the subconscious in order to have one's prayer heard by the Father, one's High Self.

How does the subconscious communicate with us? What are dreams? Are they not symbolic forms from the subconscious, that tell us of our difficulties? Some of us see visions and symbols manifesting in

front of us at times. Is this not the subconscious coming through again? If the subconscious talks to us in dreams, mental images, and symbolic language, then in order to come as a child, or through the subconscious, one must speak the same lingo. The Low Self, which is the subconscious, or emotional body, is also the astral body.

C. C. Zain of the Church of Light claims that the physical body is made out of protoplasm, while the astral body is a coalescence of psycho-plasm. To feed the physical body we use food – vegetables, fruits, nuts, etc. The only food for the astral body is thoughts, emotions, and feelings. Now, can the reader begin to comprehend what prayer is all about? In order to come as a child, or through the subconscious, one must use mental images, thoughts, emotions, and feelings. To speak words is not enough. One must visualize, see the situation one prays for in perfection, knowing with emotion that it will be. The knowing is the magic ingredient that makes it work. Knowing is a positive emotion. One must know without a doubt, and it will be! Did not Jesus say, "All things are possible if you only believe." What happens when one worries? One sees the negative situation, fears it, and knows that it will happen and it does! In lieu of using all that God-given creative energy and light in a negative fashion, why not redirect the process and use it in a positive way to overcome? Instead of worrying and thus causing more pain, anxiety, and suffering, cultivate positive habits, thoughts and emotions. By developing one's intuition and cultivating its use, one may avoid negative thoughts and actions and escape their effects. This

will not only cancel the old karma, but will end the creation of more new debts.

Through prayer one can acquire anything within one's sphere of availability. For instance, one might say, "I want to be a bank president." If one is trained to be a bank president one will be able to acquire the position; if not, one will find it is not within one's sphere of availability, unless one can decide to get the necessary training; in which case it will take longer but will be achieved.

There are two natural laws of God governing accumulation through prayer. First, the prayer must be constructive and good for all concerned. In other words, there must be no harm to another. Second, one must accept the responsibility that goes along with the manifestation of the desire. If the responsibility is not accepted, the reverse will come into effect and will create more problems for the individual than he ever imagined.

CHAPTER II

THE FATHER OF ALL SCIENCES

The key to all knowledge is starlogic (a word derived from two Greek words: *astar*, meaning star; and *logos*, meaning logic or reason). Starlogic is a science that deals with life's reactions to planetary vibrations. It is astrology – the Father of all sciences.

An astrological chart is called a horoscope. This is taken from the Greek word, *horo*, meaning hour, and *scope*, to view. The horoscope is a map of the heavens, showing specific positions of earth, the other planets, and the zodiacal signs in relationship to each other at the time of a person's birth. Outside the zodiac, with divisions bearing the names of the signs, as well as containing groups of fixed stars, is a circle called the constellations. Fixed stars in the constellations remain in the same relative position and never change, while the earth and the other planets constantly move, and do not return to the same linear position until approximately twenty-six thousand years later. Hence, every scientifically calculated horoscope is absolutely individual, and shows a stellar influence different from that exerted on any other life commenced at a different time. A new degree of the zodiac rises every four minutes due to the revolution of the earth upon its axis. Thus, even the horoscope of twins may differ considerably. For this

reason, it is extremely important to have the exact time of birth.

With the onset of that first breath, the planetary vibrations repose in the astral body (subconscious), which the angels and the individual had outlined in spirit form before birth for the soul's incarnation during this lifetime. Because the horoscope is a map of actual vibratory currents which are operating at the time for which it is erected, it is in essence the blueprint of the individual's subconscious.

Obviously, time is not the same the world over; so the horoscopes of babies born at the same moment but in different parts of the country or world will not be alike. While rising in one location, the sun is setting in another. At noon, while the sun is high in the heavens above the earth plane, it would be midnight in the opposite location, with the sun directly below the earth. The solar rays of the sun emanate a chemical effect as its vibration descends. Its position varies, constituting a physical change in the baby's individuality and, henceforth, the spiritual effect will differ also. And for this reason, therefore, it is evident that time and place are the basic factors in the calculation of a horoscope.

Under the rule of the Cosmic Laws of the universe, the horoscope constitutes the subconscious energies and does not conform to physical laws. As these subconscious energies influence all life, including inanimate objects, such as the coastal shore lines, which over millions of years are being worn down, carrying mountain ranges with them and sliding into the sea, a chart can be erected for any person, place, or thing.

Exceeding velocities of light, the astrological

currents constitute these subconscious energies. The ten planets radiate ten phenomenal types of vibratory currents, each with its own characteristic influence. All actions of human life are powerfully influenced by the planetary stimulation, which can force to the surface consciousness certain thought patterns that have been suppressed within the subconscious mind.

Human life is activated due to one's habitual reactions to feeling. The subconscious mind, psychology teaches, promotes ninety-nine percent of all man's actions, and, thereby, astrology is psychology, blending the intellectual with the intuitive. The volume of energy in the form of thought patterns possessed by the planets is shown in the birthchart. By progression of one's chart to any particular year and time any astrologer is capable of pointing out which thought patterns have acquired sufficient additional planetary energy to have enough psychokinetic power to attract events of a corresponding nature.

The subconscious, therefore, is constantly affected by vibrations of astral influences – or substances of an etheric nature – that reach it from celestial bodies. As a result, the subconscious affects the physical body through currents of astral forces which bring changes to man's body and stimulate his trend of thinking. The volume of energy derived from each planet impresses upon the individual the direction from which the stimulation affects the various departments of one's life. Thus, various aspects (how many degrees one planet is away from another) indicate conditions affecting the individual, depending upon the angles at which the energy forces meet each other.

Consequently, by having a chart of the subconscious energies attracting the omnipresent vibrations of the various planets, and being aware of the particular person, place, or thing receiving these vibrations, it is possible to determine the results of their influence. In this way, accurate predictions of trends are possible. Astral energies flowing from a planet do not reach all areas on the earth in equal volume due to the amount and density they must penetrate, as well as the movement of the earth's astral substance. Thus, the astral substance of the earth has areas of different pressure or density relative to the sun's position.

Through the study of astrology, the sun, moon and planets are symbols conveying ideas of greater awareness and truth for those who are able to appreciate their meaning. The sun is the body and ruler of the solar system of which it is the center, in addition to being the symbol of light and life. If it were not for the reflections of the spirit (sun), the planets and moon would not be visible in the heavens, inasmuch as they do not have any light of their own.

Planets are physical bodies in our solar system revolving around the sun. In increasing distance from the sun they are: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto. All planets pass through all the houses of the zodiac in twenty-four-hour intervals. They remain days, weeks, months, or years in each zodiacal sign. The zodiac is the medium through which is transmitted the vibrations of the sun as the center and reflected by the planets.

The twelve signs of the zodiac in order are: Aries,

Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces. Although for the sake of simplicity there is mention of ten planets, there are really only eight because the sun is not a planet but a star and the center of our solar system. The moon, our satellite, revolves around the earth and is not a planet either.

Each planet corresponds with one of the signs. For example, the first sign of the zodiac is Aries, ruled by the planet Mars — a fiery, aggressive, forceful, dominating, energetic planet. Aries is a masculine sign with pathological action tending to dryness, heat, inflammation, excesses of forcefulness, and wasted energy. Each sign is ruled by a planet with similar characteristics.

There are five branches of astrology. The first is Medical or Astro Pathology, which is the diagnosis of physical and mental disorders, indicated by the natal chart. It also deals with the planetary rulership of herbs, metals, minerals, plants, and their therapeutic value. For every disease known to each nation and tribe in the world there is a remedy, an herb, or a mineral for prevention or cure. In the past, medicine men of all tribes were aware of all remedies for all diseases. Each mineral, metal, or herb is under planetary influence. Astro Pathology also deals with the natal map of birth from the health standpoint showing tendencies, weaknesses, and the parts of the body most afflicted at birth. It indicates, in addition, the degree of vitality of the individual; as well as the periods in life when the individual, under the influence of the progressed planets in his chart, will be faced with accidents disease, or illnesses.

In ancient times the philosophy of disease and causes of disease were required knowledge of all medical doctors before they were permitted to treat the sick or practice on any individual. This author firmly believes that once again the practice of Astro Pathology should be taught in the medical schools. In this way, rather than having doctors trying to effect a cure, they would be able to prevent the cause, or at least overcome the disease before it has a chance to get a foothold.

Dr. Frederick W. Collins, A.M., M.D., has already established a chair of medical astrology through The First National University College of Naturopathy and the Mecca College of Chiropractic. Dr. H. L. Cornell, M.D., D.A., of the F.N.U.N., and Allied Sciences, Newark, New Jersey, is responsible for presenting to the world its first *Encyclopaedia on Medical Astrology*.

The second branch of astrology is Astro Meteorology. This branch is responsible for predicting weather conditions by planetary aspects.

Relating to the forecasting of principle events concerning large bodies of people, as in a state or country, is the third branch sometimes called State Astrology.

Horary Astrology is the fourth branch of astrology. It deals with the practice of predicting the exact time of an incident, worry, or question, based on a chart of a specific hour and minute relating to the event, disease, or illness. The house positions, signs, and aspects of the planets at such a time usually give the key to the situation and the possible outcome.

The last but most important and most commonly

used branch is Natal Astrology, which deals with the individual birth chart. This is a tool to be used scientifically through conscious cooperation with the natural cosmic laws indicated by our solar system. The natal chart indicates what one has sown in a past life and how he will reap as he has sown in this life. There is no study more interesting, instructive, or useful as this to those who are blending the objective with the subjective. It gives one a better understanding of himself as well as others. It dispels all doubts and questions in regard to the evolution of the soul, since it reveals our capabilities, character, and thus our destiny. Consequently, the natal map should be used as a guide in life.

It is encouraging to know that many psychiatrists are now using astrologers in helping to diagnose the subconscious problems of their patients. What would normally take a psychiatrist months to unveil in an individual's behavior pattern takes an astrologer only minutes. The psychiatrist could cut his time down considerably by using astrology on each patient, giving him more time to help many others at a much lower fee. It is both spiritually and financially rewarding to the psychiatrist — not to mention the high costs the patient will save. It has recently become apparent that some medical doctors are now following suit and experimenting with good medical astrologers.

CHAPTER III

THOUGHTS, ACTIONS, EMOTIONS— INSTRUMENTS OF KARMA

Every life form on the earth plane possesses an unconscious mind — the soul-body. This subconscious body is the organization of various energies. The astral body, therefore, consists of the organization of the subconscious mind and is called the soul. Thought cells of the astral body are organized psycho-plasm comprised of past experiences and states of consciousness. Thus, these thought cells (karmic patterns) are grouped by the conditioning process of feeling and emotion into various thought structures repressed in the subconscious.

Psycho-plasm, the only food for the subconscious, is created by thought substance. A thought is an organization of astral substance. Therefore, food assimilated by the astral body is in the form of thought elements which include only states of consciousness and are built in various parts of the astral body by the individual experiences which the subconscious mind (the soul) has experienced in its evolutions and incarnations upon the earth plane.

The emotion and feeling acquired throughout past experiences enables the individual to respond in the manner he does. This state of consciousness, conditioned into the thought cells of the astral body as a desire energy, positions similar situations in the

future, attracting the necessary instruments in order to help relieve the hang-up in the form of suppressed energy.

Each soul born into the world is attracted to its chosen location and fulfills its own special destiny to learn its own particular lessons. All souls differ depending upon their evolution. While some souls are older in manifestation, others are younger. Consequently, the bodies of some will be of a denser substance, while others will be more refined. Each body, therefore, is appropriately designed for the work it must do. As a result of the chemistry in an individual's body due to the exact time and location of birth, no two people are the same in appearance, nor are the thought patterns in their astral bodies the same. According to his constitution and astral body, each individual reacts in a different way to the chemical elements of the physical world. The mind, thereby, as an organization of thought cells and thought patterns in the subconscious constitutes the soul, which assimilates experiences that are conditioned into the thought cells of the astral body.

At the moment of birth the mental composition of the astral body is indicated very accurately in the birth chart, whether it is strong, healthy, weak, or defective in its thought patterns. Through an individual's own special composition of mental elements within his astral body, and the conditioning process to which their past has subjected them, the subconscious will react to a given thought or thought treatment.

Due to the subconscious (astral) body of the earth, locations are either of a negative, positive, or neutral

nature. Each individual subconsciously is not only affected by these various locations but is also attracted to them. A trained astrologer is capable of determining if the individual would be better off in a location other than his place of birth. This, of course, explains why some individuals upon leaving their home town find a totally different kind of life. Some individuals may become very successful, others may find peace and harmony for the first time in their lives. Upon returning for a visit to their home town they usually find, once again, disaster or negative conditions similar to what they experienced while living there. Others will find health conditions improving once removed from their place of birth. And still others will discover tragedy, or prison, awaiting them in another part of the world. Through astrology one can know where he should not be and what to avoid.

The karmic patterns (thought cells) that are weakest at birth usually remain so throughout life due to the slow-changing basic factors which determine one's character. It is possible, however, to change these thought patterns through mental alchemy, and/or the use of mineral (cell) salts, providing, of course, one is aware of what needs changing. Defective karmic thought patterns are representative of a corresponding mineral deficiency, causing an imbalance in the physical tissues of the body. In one's natal chart adverse aspects map these areas in the physical body that are susceptible to disease, accident, or confrontation via the negative thought patterns. These same negative conditions of life, consequently, manifest in the individual as a

result of major progressed aspects to the definite planets in one's natal chart, magnetizing enough psychokinetic power from the planetary vibrations to attract a specific incident in the individual's life.

The astral body consists of a conglomeration of different types of cells, just as the physical body contains nerve cells, muscle cells, reproductive cells, and skin cells. The thought-compound responsible for forming the psycho-plasm into the subconscious composition determines their nature. Each cell of the body has an independent intelligence and retains whatever intelligence has been conditioned in it at the particular time of thought formation. Most organs are also capable of independent disclosures of intelligence. For instance, the heart is not subject to one's voluntary control; it is under control of the unconscious mind. If severed from the body it will still be able to function the way it has learned to, since its function is not dependent upon the conscious mind.

The world has an astral body too, and all future world events, involving wars, earthquakes, volcanos, or deluges of any kind, are influenced through individual thoughts, actions, and emotions. Each individual on the earth plane is part of a whole world unit. This is why it is so important, especially today, for each of us to carefully examine our thoughts, actions, and deeds. We truly do create the destiny of planet earth. We can either through our negative vibrations and thoughts attract disaster to our world, or reverse the trend and start producing harmonious effects. This is not only regarding our own private world but the total one, earth.

Perhaps now the quotation from the Bible, "Do unto others as you would have them do unto you," makes more sense. With this knowledge is it now understandable how ESP, mental telepathy, and astral travel work? Through the Law of Resonance (like attracts like) we attract to us conditions, people, places, and things of like nature. In other words, as we have thought patterns and cell structures within our subconscious mind, so has the world. We are each part of an intricate thought pattern, or group activity substance, of the astral world – the over-soul of God! For this reason when one arrives on the earth plane at a specific time and a chart is erected, it is fairly simple (providing an individual is trained to read and interpret the symbols of astrology) to predict the type of people, places, occupations, and conditions the individual will become involved with during his incarnation.

As a part of a group karmic pattern that will eventually draw all involved together to do the work necessary as a total group unit, people do not meet by chance. Therefore, one should try to understand the total picture and not think of one's self alone. Experiences prepare us for the coming together in order to complete our spiritual endeavors. Because man is born with free will, sometimes the individual will interfere with the total group plan only to have to go through it again in a later incarnation. Divine will has taken over, and whether we like it or not we are becoming spiritually aware, doing things we thought we would never do. While we may have criticized or laughed at others in the past for certain actions and beliefs, we now find ourselves in similar

situations. We must, and will, learn our lessons in order to attract the karmic group pattern of which we are a part. More than ever before the earth's vibrations are on a much higher vibratory rate and constantly accelerating. The time is now! We must awaken and serve or be lost. We all have the same choice of keeping up with the energies or not. Living in the time of "Revelations" all is being revealed, as in the Watergate incident. Nothing will remain hidden as the veil is being lifted for all to see and, hopefully, we may gain the wisdom to base our decision on the basis of not, "What can I get out of it?" but rather, "How can I benefit others?"

CHAPTER IV

WAYS OF OVERCOMING KARMIC PATTERNS: EXERCISING THE LAWS OF CONSCIOUSNESS

One's various ills and conditions of life can be corrected through mental alchemy — a study and practice of transmuting any mental or imaginary thought, or power, from one state of being to another. This is accomplished by utilizing the vibrations, and energies, available to us through the universal consciousness known as God.

A group of physical cells has a certain dependence upon the physical body just as a group of thought cells has the same dependence on the astral body of which it forms a part. At the same time it has the power of exercising its own particular type of intelligence separately from the unit-group organization. All activities of the body are controlled by thought cells and karmic patterns of which the subconscious mind is composed. Every event and circumstance that comes into the life of the individual is due primarily to the thought structures of the astral body. One's physical activities, therefore, are determined by the thought cells which make up his subconscious mind. The individual's responsibility thus lies with the thought organization (unit-group) of his astral body. This thought structure must be altered by changing the habitual actions of the individual. New thought cells and thought structures

will then release their desire energies along new paths for the subconscious, and the physical body will synchronize its actions accordingly.

Through mental alchemy one determines what changes should be made and how best to make them to correct the various conditions and negative influences that impede one's life.

Disease created by suppressed negative thought forms in the subconscious is like an invisible fire attempting to break up the crystallized conditions collected in our bodies as a result of past actions and deeds. To recognize fever as a fire brought on to cleanse the body of poisons gives one a broader outlook on diseases. All diseases are really the effect of the invisible fires attempting to cleanse the body of all negative thoughts, actions and deeds stored within the astral body in karmic patterns. They are brought on by the emotionally suppressed conditions we have refused to face over and over again. Refusal to release the inner emotions that have been conditioned with the pain of the past manifests in disease. The body must be cleansed one way or another. If one refuses to grow through the karmic situations one is thrown into during one's lifetime, the disease manifests in order to clear the karma from the subconscious before the incarnation is over. Otherwise, the incarnation would be wasted as far as soul-growth is concerned. And what is more important? One can take nothing with him when he leaves the earth-plane after each incarnation except that which is stored in the subconscious (memory bank) through the necessary lessons one has learned on the earth plane. All that one does and learns

spiritually is the only possession one can take along in progressing to higher planes of consciousness. To prevent one's taking the same garbage which one has brought into this life, a disease manifests itself for the purpose of cleansing certain karmic situations and thought cells from the subconscious mind. The Rosicrucian Fellowship writes: "Disease is a manifestation of ignorance, the only sin, and healing is a demonstration of applied knowledge which is the only salvation."

Diseased conditions are brought on biochemically by a deficiency of some inorganic constituents of the blood at birth. The body composed of earthly dust corresponds with the twelve mineral salts also taken from the earth in crude form. (More concerning the minerals salts will be discussed in Chapter XIII.)

Each of the twelve astrological signs is assigned to a specific mineral. The location of planets in the various signs and their aspects to each other are very important in determining the deficiency of specific minerals. Replacing the minerals which the individual's horoscope indicates to be deficient often eliminates the mineral imbalance or disease. This does not apply to those with a disease that has already badly deteriorated the body, although it may help. One might say, "The physical basis of all healing or prevention lies within the body itself;" and thus the truth of the Bible: "Physician heal thyself."

Before a disease makes its forceful appearance, the thought formations appear to the conscious mind. By becoming more aware of one's conscious thinking processes, any individual is able to overcome future diseases, illnesses and conditions otherwise destined

for him via the suppressed thoughts and emotions of his subconscious.

This does not mean to imply that treating the mineral deficiency will overcome the karma apparent in one's chart as interpreted by an enlightened astrologer. At one time this author strongly believed that it would; but, based on feedback received during the past few years, now believes that it helps to overcome the condition, but that the emotions and feelings that were conditioned at the time of suppression still have to be released. The minerals help the individual to achieve balance, and as the clutter, so to speak, is released from the subconscious, the individual becomes better equipped to handle it. In other words, the emotions, thoughts, and feelings surfacing have to be dealt with. Therefore, anyone using the mineral salts is strongly encouraged to flow with emotions as they appear, learning how to control them. Do not allow them to control you! Learn how to flow with the energies as they are being released. If one feels like crying...cry! Or, if a feeling of anger should vent its ugly head one could, for instance, beat his pillow, chop wood, or release in some other such way to suit one's particular personality. Once the emotion is relieved, it is gone and will never return in the same condition. Suddenly, one will find situations changing in one's life. It is extremely important not to make anything out of it, but to realize the truth for what it is, knowing that no one did this to you. You have done this to yourself through past experiences of life and death on the cycle of time.

The various signs of the zodiac, the mental and

physical symptoms, and the corresponding mineral salt for each will be listed in another chapter, along with the parts of the body ruled by each sign and planet. One does not need to know astrology in order to be aware of the mineral deficiency necessary to put the body back in balance. Once the body is in balance so is the mind: "Perfect Body – Perfect Mind."

With the knowledge that there is but one God and that God is no-thing since God is omnipresent, one must realize that we are all the one God, manifested individually in the flesh as an individual personality. "And the scribe said unto him, well, Master, thou hast said the truth; for there is one God; and there is none other but he" (Mark 12:32). "And when Jesus saw that he answered discreetly, he said unto him, thou art not far from the kingdom of God" (Mark 12:34).

Know the truth and the truth will set you free. Our sole purpose for being on the earth plane is to achieve balance and harmony within our own individual being. We do not have to be concerned with anyone else. As the Bible also states: "Do not be concerned." For if we learn to love ourselves then we would be capable of truly loving another. It must, however, begin within the individual first. It is an impossibility for one to give love when one is totally unaware of the meaning of true love. What people call love today is a selfish misrepresentation, reflecting the attitude of "What am I going to get out of it?" He who truly understands love knows it to be the essence of God, and would gladly give up his life for another because he knows that other is part of him. To really love oneself is to see love in anyone, and everyone. To

experience peace and happiness with all is to be a reflection of a subconscious “cleared of the thorns on the path”, while continued dislike or fear of another indicates that “thorns” still exist within the subconscious.

In balancing the body one cannot help but balance the mind, achieving inner peace and happiness, wanting to share the love within coming from the Father – our High Self – God. Arriving at this state of consciousness, the referred biblical “marriage” will take place. This veiled truth is the marriage of the higher and lower selves, of body, mind and soul. Becoming the true spiritual being we potentially are is what we are striving toward. By achieving this balance within, we will naturally influence those entering our sphere of awareness.

One need not worry or be concerned, for through our beingness others will instinctively gather strength and balance. If the reader will think of a time in his life when he may have experienced the influence of one who has a calm nature, he will realize that through the other’s beingness he gained a sense of well-being and inner strength. Perhaps he was not aware of it at the time, but imperceptibly it brought about a little equilibrium within him. Therefore, by balancing one’s own personality, one’s influence will spread around the world; and one day in the future we will all achieve this total inner balance within our individual souls, and will truly be “One with the Father,” as the scriptures tell us.

This brings us to the higher laws of consciousness. The first and greatest of all laws is the Law of Love. Not only is it essential for love to be present within

the individual before one is able to see love in another, it is also imperative to consciously acknowledge the Law of Love before one will be entrusted to receive the "new age" vibrations of awareness and truth which are descending upon the earth plane at this time. Thus, it is so important for the individual to begin thinking as a whole, and is a very necessary part of the divine plan. One's thoughts and actions must be geared toward the total oneness if one is to transcend a purely personal and selfish ego for the divine ego. One must also enter into a communion of giving, loving and receiving with the whole of that of which he is a part. There must be no limitations on love. One will be unable to will harm to another deliberately through a competitive spirit of hatred and fear. One must love himself first, not as an individual, selfish being, but rather as a meaningful expression and part of the total God-unit.

The second important law is the Law of Truth. Truth does not imply words. It signifies exercising the faculty of seeing what is the right expression at any given time. Truth does not accept all commodity. It accepts only what is right and true for that time and place. However, it does this without judging the ultimate rightness or wrongness of the person, place or thing under its discrimination. Truth and love must be expressed together, as one balances the other. Love enables truth to grow and expand. Truth protects love and gives intrinsic value to the energy of love. The deep perception of truth prevents the power of love from being taken advantage of just as love implements truth to expand its vibration, while abstaining any crystallized pattern of judgment.

Responsibility to the Cycle of Energy Flow is the third law of consciousness. All energies emanating from a center of activity must be returned to that umbilical focus so as to complete the cycle; as it is with the Law of Karma, energy must be returned to the creator. The energies received by an individual must coincide with an equal outflow from the same individual. Love gives all that it has to whomever has a need. One must give as one receives. Truth demands that those receiving must return the flow in order to obey the responsibility of the Law of Completing the Cycle.

In the past, individuals as well as organizations have received enlightenment, love and selfless help without returning the energy flow back to the source. This is no longer possible with the higher vibrations infiltrating the earth plane. The group of individuals receiving must return the flow back to the source or the channel is left open with everything going in one direction, and an imbalance will result in a dissipation of the energies. Divine will has taken over in this karmic situation; human consciousness is enlightened with an awareness effecting a factual lasting inner change. Those individuals acknowledging the inner change are manifesting in a new revelatory awareness of truth of the fact that cosmic energies are promoting the proper utilization. Unaware individuals, who do not acknowledge the inner change through their own free will, remain earthbound in a future existence and will leave at the proper time through death, only to incarnate on another third dimensional planet, because the planet earth will then be a fourth dimensional planet of

spiritual awareness and such conditions as the "Lion will lie down with the Lamb."

Individuals who have received these pure new age energies, who have been attuned to the universal unfoldment and well-being of mankind and nature, have had to go through preparation and purification for this revealing experience. Such individuals are now moving in awareness and sensitivity towards the needs of the whole, insuring the safety of human consciousness so that during this great transition into the new age chaos will not be the result.

Such individuals must now send out their vibrational energies freely to awaken their fellow men. These energies must be sent to all who are receptive. Those receiving and not returning the flow will find the energies being withdrawn. The return flow can be in the realm of service, work, financial aid, or any other way that is harmonious, and in keeping with the flow. An individual's own beingness and the example he sets as a true humanitarian of the new age will compensate for the cycle being completed. It is not necessary for one to go out and preach the word. We all have individual work to do within our own group structure, and individually we will know intuitively what that work is. By being receptive to the energy flow and working with it, our own intuitive and psychic abilities will unfold, giving us the opportunity to do the work necessary to effectuate balance and harmony in the group-unit. Henceforth, we must discriminate and live the laws of Truth, Love and Service, so that we may be in attunement with the higher vibrations and energies infiltrating around and within us at this particular time of revelations.

CHAPTER V

ENDOCRINE GLANDS AND THEIR SPIRITUAL RELEVANCY THROUGH KUNDALINI AND THE CHAKRAS

Life is but the flowing of a river in the country of God. Flowing with life speeds the acceleration of evolution. Individual concentration of the personal ego stops the flow of God-energy from being circulated. Love is in the flowing – peace is in the knowing. Vibrations are accelerated through flowing.

Life is a totality. When one concentrates on an individual manifestation, he loses hold of the overall picture of evolution. The individual ego keeps humanity separated. The wholeness of the divine ego draws mankind closer together.

No soul is higher than another except through the varying degree of awareness brought about by individual free will, by the soul's evolution through earthly existences or incarnations. Thus, all are created equal in the eyes of God – the only difference is in the degree of awareness. This brings us to a consideration of the various centers, and chakras, in the body; and the centers of consciousness.

The Endocrine Glands, known as the “ductless glands,” are very important not only from a physical standpoint but also on a spiritual level. Since they are mostly mental and spiritual they have great occult significance. They are seven in number and, in general, are ruled by the life-giving sun and the

benefic and spiritual planet, Jupiter. Individually, they are ruled by the planets as follows: the pituitary is ruled by Uranus, the pineal by Neptune, the thyroid by Mercury, the thymus by Venus, the spleen by the Sun and the two adrenals by Jupiter.

These ductless glands correspond with the chakras of the etheric body, the higher astral body. The etheric body receives and distributes the vital force which emanates from the sun and which is connected with physical health. This vital force is essential for all life, for without it we could not live. It is God flowing through our being. The etheric body, which is the spiritual body in the trinity of man, contains the chakras, each of which performs a certain function. These chakras, corresponding to the endocrine glands, can be seen with psychic sight. They appear as revolving wheel discs, which look like little vortices and are situated outside the skin of the physical body parallel with the corresponding gland.

Everyone possesses these chakras, though the degree of their development varies considerably in individuals. The etheric body depends upon the forces flowing through the chakras. To the psychic eye the chakras in undeveloped individuals appear to glow with apathy as the etheric particles move sluggishly. These slow-moving vortices move only as necessary for the transmission of the force. In an enlightened individual the chakras seemingly glow and pulsate, blazing with blinding brilliance of miniature suns. Their sizes vary from two inches in diameter to approximately six inches.

The function of the etheric chakras is to absorb and distribute vitality to the astral body, and thence

to the physical body. In other words, the chakras keep these two bodies alive. The second function is to bring down into the physical consciousness the inherent characteristics of the astral center. Many people are fully awakened and lead active lives in their astral bodies. Others also lead active existences in the astral world, but, upon returning to their physical bodies just before awakening from a night's sleep, find there is seldom any memory of the astral life. This is due to the undeveloped centers reflecting a separation of the etheric bridge necessary for instilling into the physical brain a conscious awareness of the astral world. The function of vitalizing the whole astral body is the responsibility of the etheric chakra, corresponding to the spleen.

Development of the chakras brings an awareness of psychic powers, revealing various etheric phenomena that individuals are experiencing today. The etheric body provides the material out of which the substance known as ectoplasm is formed. Ectoplasm is substance considered by spiritualists to be the materialization of the etheric body. During a seance performed by a medium it is the ectoplasm that is taken from the body of the medium and various individuals in the room that brings about the materialization of a spirit's body.

These force centers are associated with what is known as magnetic healing and mesmerism, whether it is used for healing, anesthesia or trance. The chakras are used in the advancement of awareness on the path of enlightenment to Christhood. They can be developed and opened through the practice of Kundalini Yoga, launched and taught in this country

by the Master of Kundalini Yoga, Yogi Bhajan. Since Yogi Bhajan arrived in the United States a few short years ago, the practice has spread throughout the country at a very rapid pace, indicating that it is a very necessary exercise in working with the new age energies for those who are on the path of enlightenment, developing their inner powers through the grace of God.

Many individuals have come unto the earth plane this lifetime with their chakras fully developed in their etheric bodies, awaiting the centers in the physical body to unfold at intervals in their lives. As the centers commence to unfold the individuals grow in awareness of the work they were incarnated to do.

The first center to unfold is at the base of the spine, and is known as the Seat of the Kundalini chakra. The Kundalini known as the serpent fire, is a very powerful force unknown in the past, but recently revealed to those of greater awareness. The vital force is the tremendous power within known as sexual energy — the creative power of God. Consequently, the greatest powerful omnipresence in the world — the Kundalini — is within each individual being. Through the practice of Kundalini Yoga one learns how to control and discipline this immense power. In so doing one gradually draws it up the spine in a spiraling effect, awakening the other chakras as it travels upward toward the “higher chamber,” the supraliminal Father within — the top of the head chakra — corresponding to the pineal gland in the center of the brain.

When the Kundalini at the base of the spine is awakened and has spiraled upward to the top of the

head center, one will have achieved both physically and mentally the balance within which constitutes the "marriage," as the union of the higher and lower selves are merged together as a oneness. Physically this initiates the holy matrimony of the pituitary and the pineal glands.

What does sex mean, except a union or a joining together of male and female? What are we striving for within our souls other than a perfect balance which is the male-female principle perfectly combined in one body? The sex glands in the head are the pituitary and pineal glands. Hence, by bringing up the Kundalini, one is attempting to bring into manifestation the biblical marriage. Sex is taken from the Latin word meaning six, or a combining form of six. The Kundalini awakened at the base of the spine spirals upward, combining the other six chakras into a total oneness, constituting the most holy of holy marriages. When the Kundalini has been raised to the highest chakra at the top of the head, the individual comes "anointed," as he is conscious of a state of oneness (at-one-ment). The spirit then is released, allowing the Christ-consciousness to infiltrate and permeate his total being, creating an awareness of God.

In the spirit is the strength of the vibrational qualities of that which is a part of the universal consciousness. This is where the individual is a kingdom unto himself as he grows in awareness. When thou art ready thou wilt find thou art a universe." Truly, man is a universe of his centers, as they are seven qualities known as the "spirits before the throne."

As the Kundalini commences its journey upward, spiraling on its path after awakening the Seat of the Kundalini, the next and second chakra to be awakened is the navel center. The navel center occupies the most important position in the human system, according to Yoga Science. It is the navel center which insures that the 72,000 nerves and arteries spread over the entire body perform their assigned tasks satisfactorily. If the navel center is defective, all efforts prove to be so much of a waste of time and energy, even though one takes precautions to keep one's body free from all kinds of infections. The sacred *Upanishads* say, "In the center of the stomach the navel reposes in the circle known as Manipura. Between the navel and the last bone of the spinal column is the navel shaped like a bird's egg. This encloses within itself the starting points of 72,000 nerves, of which seventy-two are vital. Of these, again, ten are most important. In order to have proper control over these ten nerves one has to take special pains."

The position of the navel is found through the pulsation. Irregularities resulting from a displaced navel are constipation, acidity, diseases of the heart, and more. If the navel has traveled far upward, the stools will be so hardened that even artificial laxatives will be ineffective, and the body will be prey to a myriad of ailments. The *Ayurveday* says, "Unclear bowels are the breeding ground of all diseases." diseases."

If the navel has traveled downward, the result will be diarrhea, dyspepsia, colic pain, bad dreams, etc. If the navel has moved sideways, there will be acute

pain. This pain is not relieved by the administration of drugs, or recourse to other palliatives. However, once the navel reverts to its original place, the beneficial results will be almost instantaneous.

In the female anatomy displacement of the navel breeds such diseases as leucorrhoea, monthly irregularities, unhealthy color of the menstrual discharge and other disorders. Babies born to mothers in this state of health are short-lived and weak. There have even been cases of permanent barrenness.

According to Yogi Science, when one can feel the beating one feels in his heart in the navel, then he will be able to read the past, the present and the future.

When the navel center is awakened, the individual will be feeling astral influences, the impending energies of the astral world, where all hidden and confused vibrations exist. This is the time when the individual needs to know how to protect himself with the white Christ light. Many people today are experiencing the unfolding of their navel chakra. How many times has the reader felt a funny sensation or feeling within, and wondered "What is happening to me?" These are astral influences.

As the Kundalini continues its upward journey, arousing the third chakra, the spleen center, it bestows the power to astral travel consciously, while vitalizing the astral body. Then one can retain memory of astral journeys upon awakening from a night's sleep. One may also be consciously aware of astral travel in an awakened state. The region vitalized, of course, is the spleen.

The fourth center awakened by the powerful

Kundalini fire is the heart center. Upon its unfoldment the individual will comprehend astral vibrations, and be consciously aware of the feelings of others. The heart, consequently, is vitalized by the awakening.

The throat center produces astral and etheric hearing, at which time one experiences either voices coming through the ethers, or vibratory wave lengths through mental telepathy, depending upon the individual's plane of consciousness. When this fifth center is awakened and the person is a very spiritual being striving ever upward, he may receive beautiful messages from a very high plane of consciousness for the purpose of helping mankind. Wisdom and knowledge of the new age truths will flow through in the form of mental telepathy.

Clairvoyance is achieved as the sixth center between the eyebrows unfolds. This is the location of the pituitary gland, and spiritual sight and insight are acquired upon the unfoldment of this chakra, through psychic awareness.

The last and highest center in its sublimity is the top of the head chakra, corresponding to the pineal gland. Development of this center brings one to continuity of God-consciousness through perfecting and completing the faculties, the marriage within.

There are three other centers not usually unfolded on the earth plane, although an eighth chakra, called the Ark, is being unfolded in a chosen few due to their accelerated energies and the work these few must do. Through the various centers being developed and awakened, one is at various planes and seats of consciousness, depending upon one's evolution.

The six nerve centers in the body are all in the spine, each having a projected center of consciousness. First is the rectum; second, the sex organ; third, where the rectum and sex organ join; fourth, the center between the two nipples; fifth, the neck; and sixth, the area inside a triangle drawn between the eyes and the top of the head.

These centers have a correlation with types of people. He whose consciousness dwells in the rectum is homosexual. He will never have a heterosexual relationship, unless through his own free will he draws his consciousness up to a higher plane. This is true for all centers of consciousness. Location of consciousness of the third center, where the rectum and sex organ join, is called "Mu Bandh" (Mool-bandh), meaning root-lock in Yogi science. This person is extremely greedy and unable to progress no matter how hard he tries. He will continually try to rob others of their possessions, whether they are of benefit to him or not. The heart center of consciousness, where the nipples and throat form a triangle, empower one with the appetency of knowledge to ascend directly to the heart. Such a person's usage of words may not necessarily be intellectual but will be effective. The sixth center will unfold the consciousness so that one will become aware of everything around him. The pituitary gland allows the greatest intuition, enabling man to foresee into time and envision truth. The last center of consciousness, and supreme nucleus as one's ego, then becomes the divine universal ego in its sublimity on the earth plane. Through a deep meditation one may discover where his consciousness lies.

Yoga is a science which teaches perfect control of the body, nerves and mind energies, and enables one to use these three under guidance of will, the instrument of the soul. All yogas are means of raising consciousness in many ways. The difficulty, however is to constantly maintain consciousness at that level. One has to have a fire (Kundalini) underneath. This is achieved when the solar plexus is open and the solar centers are receiving the divine power. "God will never be found through the intellect," states Yoga Bhajan.

There are eight sections of the science of Yoga which enable one to join God-light within one's own body. These steps are Yoga in slow motion. Among the eight steps are the Yams and Niyams – the do and don'ts. Asanas are postures to make the body flexible and keep it active. Pranayams is the key to break from worldly attachments. Transcendental Meditation is called Pratyahar, which is one part of the realization. During mind control – Pratyahar – the mind yields a thought. One assesses where that thought came from, and then releases it as it attempts to defeat the negativity. The meaning of Prati is returning back; and Yahara, is to full. Darana is the constant flow of fight against the negative attitude. Dhyana is confirmed attitude.

Hatha Yoga is the set of asanas or postures used to make the body flexible and moveable. Hatha Yoga involves analysis and long, deep breathing, while Gyana (Jnana) Yoga is academic analysis.

Kundalini Yoga is a yoga of awareness. Through the practice of Kundalini, one learns to control the body to the extent that the mind also becomes controlled

Yogi Bhajan says, "We can not see God, but we can feel him. To know God is to look at the sea, watching the waves reach a peak, bend, and go under. The mightiest might before us is the ocean. To meditate on the universal spirit we have to cause a vibration like the ocean wave which goes up, draws back to rest, and then goes again higher, rest, and goes higher. This type of meditation gives peace. Sat Nam is used frequently. Sat – meaning truth, and Nam – identity or name. The name of God is Truth."

Kundalini Yoga has not been taught in this country before, because the entire impact returns to the teacher when a student fails in sadhana (a Sanskrit term for spiritual effort, quest of enlightenment), for he is tuned in on the cosmic flow.

A guru is a teacher who gives the technical know-how, and in whom the student has faith. Yoga exercises give direct strength to the nerves and indirect strength to the muscles, unlike gymnastics and calisthenics which work directly on the muscles. The entire muscular strength is dependent upon nervous strength. Through relaxation of the nerves one can relax a body and overcome the negative ego.

CHAPTER VI

SEX, TWIN SOULS AND EVOLUTION

Sexual power should not be abused, although it is a very necessary function for each person, depending upon his plane of consciousness. As one grows in awareness one realizes more and more how important this beautiful energy is to one's evolution. It is a fact well-known by physicians that seven out of every ten cases of insanity are due to sexual excesses. Procreation robs the brain and the body of corpuscles which have been expended in the sexual act. The passions, therefore, must be held in control to become mentally and physically balanced, particularly in awareness of higher consciousness. The Bible states, "These be they who separate themselves sensual having not the spirit." In other words, abusing the sexual power on the lower passions does not allow the Kundalini to arise, and thus brings down the spirit.

Man is constantly searching for his ideal mate. At a lower state of consciousness he seeks it in one marriage after another, through the man-made laws, striving to overcome the craving within himself. In the higher states of consciousness the individual is often frustrated by a feeling of restriction or of being bound to a responsible monetary position of defeat within an earthly marriage. Always looking for

satisfaction and happiness in another, one finally realizes true happiness, inner peace, and contentment only through awareness of the higher laws and planes of consciousness.

Love, as the negative-feminine force, is content and ever seeks to enfold. Wisdom, the positive-masculine force, is restless and always in pursuit. The feminine forces are ever striving to encircle the atom, while the masculine forces strive to propel in a straight line. From this dual action of the spiritual potentialities is born the "spiral," the motion of life and symbol of eternal progression. This was formulated by the Kabbalists of long ago. The soul is a deific atom of life. Contained within itself are all the primary elements of sex in a latent condition. These elements are now being subjected to the requisite condition for their evolution; thus, there is love and wisdom within the soul. From everlasting expression in past lives, the soul knows happiness through experience of sorrow. There is real love because of the various conditions the soul has experienced in which love was perceived and recognized by the individual.

The soul has penetrated various states in order to evolve its soul sphere, by which the internal potentialities of sex are being awakened. At this time the soul becomes pregnant with the dual form of its own organic life; and, thus, the twin souls are born. The male-female elements of being are absolute expressions of the masculine and feminine forms of which every soul is composed. The masculine force contains a part of the female elements or there could be no reaction to its forces. The feminine elements contain a portion of the masculine forces

for the same reason. Therefore, twin souls contain a part of each other. They constitute the divine idea of their deific parent and become the divine expression of love and wisdom upon the earth plane. On the earth plane, then, it will be found that in those few twin souls who will come together at this time, one is more intellectual (wisdom), while the other will be more of an intuitive nature (love).

Marriage, a union of the male-female principle on different levels of consciousness, is a uniting of the two for the purpose of balance and completion. It is a union of body, mind and soul. The earthly marriage license does not constitute this higher form of marriage. It is only a legal document of the man-made laws binding two people together. Many couples have this legal document, but are not in truth married. An individual may be legally married to one through this binding contract of the man-made laws, but married to another spiritually. For, if this marriage is of truth, it will provide both parties with the balance and feeling of completion that is needed and sought.

As man evolves, the meaning of marriage changes, and the union has a higher meaning. Mankind on the earth plane is thrown with those with whom he has a karmic debt to work out. So it is with marriage – two are drawn together in a marriage contract binding them to work out a previous karma. When the karma is completed the individuals move on to meet others with whom they have karmic debts, yet to be resolved.

As the higher man evolves, the meaning of marriage also evolves. When the individual soul has achieved a high state of evolution, it is drawn to another on a

mental and spiritual plane. Hence, the twin souls meet. This attraction is one of the highest and most beautiful in existence. Each soul gives expression in its outward form to the symbol of its internal nature — like attracts like! Thus, when these twin souls meet, love is the natural consequence, a deep silent emotion of the soul. Rather than the physical sensation produced by the animal magnetisms of their sexual nature, they experience a blissful silence of the two souls in perfect rapport. Spiritual love is the outcome of this divine relationship and should never be set aside nor crushed by any worldly consideration. When possible, these pure intuitions of the soul should be obeyed. The soul cannot be lead astray nor deceived, as it never makes a mistake in claiming its own.

Twin souls relate to each other as brother and sister and, finally, as man and wife. The couple then are communicating on other planes of consciousness, as well as on the earth plane. They work together — body, mind and soul, lifting each other in a knowingness — without needed conversation. Words are unnecessary as they then communicate telepathically. Even though they may be miles apart, they are closer than if they were sitting right next to each other. Time and distance have no meaning for them. It is a oneness that is not restricting, nor binding. They function together on the highest levels as one, although they are individual personalities doing their own thing for each soul's advancement; each respecting the other and allowing the growth to progress.

Very rarely have twin souls been united on the

earth plane, although due to the very high state of man's evolution a few will be reunited as time goes on. This author believes that these twin souls have been united as one on a higher plane of consciousness; and, at this critical time on the earth plane, because of their deep love of humanity, they have incarnated in separate bodies to do the work necessary for the evolution of the myriad souls preparing for the new age race – the coming of the Sixth Sub-race – the Fourth Dimensional life cycle of spiritual experiences.

Deep down within each twin soul incarnated on the earth plane, within the secret chamber of its heart, is the image of the loved one, its twin. Because of the presence of this image, whether it is in a conscious or subconscious state, the soul will sacrifice everything toward a lasting affection for another. The soul is constantly searching for its own. In its brief existences with the affections of others, it becomes isolated, throwing itself into a higher plane of consciousness through the humanitarian work it incarnated to do. One day, through the law of resonance, these twin souls will meet in order to achieve total balance for the responsibilities they must have.

When an individual reaches this level, he knows that he has incarnated for mankind. His life is but to serve humanity. He feels this need and awareness – other things seem to fall by the wayside. Nothing is important but the soul and its progression. To totally achieve this work, one needs the balance of completion, the balance struck through spiritual marriage with another soul equally as old and

experienced from the evolution of lifetimes on the earth plane.

Not all twin souls on the earth plane will meet on this level of consciousness. When the soul enters the body, it has to contend with the desires of the flesh. It is possible for some souls to lose sight of their reason for being here, and, therefore, never have the opportunity to meet their twins. If the twin souls are deeply dedicated to mankind, ever striving upward in their awareness through discipline and sacrifice, there is a chance that the time will come when they will meet their own. At times it will be only necessary to be aware of the other's existence. Since it is a spiritual state of consciousness, there is no time, space or distance between the two. Just the conscious knowledge of the other is necessary to effectuate a state of harmony and balance. There may be times when the two are unable to be together due to earthly karmic conditions, which existed before the physical meeting and have yet to be resolved. Needless to say, however, the marriage is still there, because the spiritual marriage is much higher and more meaningful than the earthbound marriage contract of karmic ties.

In the future of the new age, souls will be born in a higher state of consciousness, complete within themselves. Born in the flesh, the individual will find that he no longer will have need of a partner outside of himself. He will then be evolved to the state of having both the female and male principles completely developed within his own being — twin souls in one. Through early experiences, the incarnating soul will realize this.

Until such time, those highly-evolved, androgynous souls now on the earth plane may suffer from sexual hang-ups stemming from their upbringing. He who comes of the so-called normal or unaware parents will be reared with the idea that he must have a partner. This is expected of him. Knowing within his own being who he is and what he is here for, he may become confused by the inner conflict between his subconscious and his superconscious (higher self). He will attempt to be the "normal" person he is supposed to be and will continue his struggle to understand life.

One's higher self knows that sexual energy is important for survival on the earth plane, that this vital force effectuates all God-given power to do the work in this incarnation. But usually one is told and acknowledges that sexual energy is for the pleasures of mankind, for bearing children, and for proving oneself. Hence, the conflict! One is so drawn, confused and misguided that, in an anxious state of mind, eager to please others, one takes sex where one can find it. When an individual is of an androgynous nature, he loves all mankind. Man-woman — they are all the same. He loves them all, because he feels love equally for man and woman. Thus he creates the bisexual form of love.

There are many imbalances that are communicated by a soul. There is a degree of imbalance in being heterosexual, for it is as limiting in some aspects as being totally homosexual. This is an interesting area to explore. In every man and woman there is the mating call of polarity. There is the masculine and the feminine, with attitudes directed toward both. Some

males today are more feminine in nature, and are attracted to a more masculine polarity. Likewise, some females are more masculine, and are attracted to a more feminine nature. This, consequently, brings about the homosexual.

This is not, however, to imply that all homosexual or bisexual individuals are highly evolved souls nor that all high souls are homosexual or bisexual, but that some of these high soul do happen to be homosexual and bisexual in this lifetime. Consciousness is not yet on a level high enough to enable them to utilize this sexual energy in its sublimity. These souls will be of a very spiritual nature, knowing inwardly who they are and what they are here for. Wanting to share their love in a physical way, they experience various earthly conditions of sex, while continuing to seek their own twin soul in order to effect the ideal union of marriage. However, due to confusing experiences on the earth plane there is much to overcome before realizing the unification of the soul.

Finding the soul mate constitutes the spiritual marriage that will be within the vehicle of the brain-soul and not of the body personality. The soul-mate is not to be confused with the twin soul. The marriage referred to in the Bible is the soul-mate marriage — the union of the higher and lower souls (pituitary and pineal glands), within the confinement of the individual vehicle of the brain-soul. For each complete soul, there is a twin. Upon the parting of the twin souls a long time ago, one half alternately remained in constant communication with God, while the other incarnated upon the earth plane to undergo the evolutionary process necessary for the refinement

of the soul. Eventually, both halves are drawn together again in a union of higher consciousness.

It is very rare for twin souls to be united upon the earth plane. However, since man has evolved to such a high state of being, it is a possibility for those few who have incarnated to help in the coming transition to the Fourth Dimension. Those who have become united *know!* They know upon meeting. Although they may not be consciously aware of the significance of this convergence, there is no doubt concerning it in their minds. At times it takes awhile for the true meaning to seep through; but, as they are guided by the same higher self, it eventually becomes known to both.

Whether the twin souls are incarnated in individual bodies, as a few are at this time, or whether the new age androgynous child incarnating in future generations is born with both twin souls within one body, they will have the urgency to raise their seat of consciousness from the lower, animal, sexual, magnetic level to the higher, spiritual plane of awareness. Since there is no identification process necessary for their vibrational understanding of members of the different sexes, the masculine and feminine will blend in this future time.

Through research and interviewing many homosexuals and bisexuals, this author is uncovering the fact that in most cases the homosexual was awakened to the soul-memory latent within his subconscious through the mother, father, or both. There are many reasons why a young person becomes a homosexual. In most cases the mother is a very dominant figure while the father is more or less of a

submissive nature. For many a homosexual the thought that the father was castrated by the mother, figuratively speaking, of course, gives him a subconscious feeling of being inadequate with women; and, therefore, he is! The homosexual quite often fears women, since he feels subconsciously that they will castrate him, as his mother did his father.

In some cases going back to early experiences with the mother, it was apparent that she was the submissive one, while the father was the dominant figure. He remembers the father having affairs outside of the marriage. The mother, upon discovering the infidelity, ridiculed the father in an angry effort to get even and elevate her own ego. Thus, when the homosexual reaches adulthood, it has been ingrained in his subconscious through the experiences with his mother, that women castrate men both mentally and emotionally.

As a teenager, the latent homosexual does not know why he has a fear of girls. He continues hanging around young men and boys, developing a close relationship with them. His first sexual experiences are usually with his boy friends, finding that not only does he enjoy the company of his sex — hunting, fishing and all the fun things boys like to do — but, also, as a bonus, enjoys a sexual relationship as well. He concludes that perhaps girls are unnecessary. This is alright for awhile, he thinks, because girls are a no-no anyway. “You don’t touch girls until you marry!” He has been taught this since early childhood.

Sometimes the homosexual dates girls during and after puberty. Usually he attracts a girl who tends to

be the "martyr," who uses her sex appeal for the things she wants out of the relationship. The young man, basically fearing girls, fails to respond and leaves her in a rage as he, once again, returns to his boyfriends. Again, he thinks, this is still alright. He is having fun doing the things he enjoys, until one day he is at an age where he suddenly realizes that he has never had a relationship with a girl. The word, "homosexual," comes to his mind. Up to this point he has not felt that he was a homosexual; then, suddenly, he is faced with the question, "Am I homosexual, or am I a young man with homosexual habits?" Trying to discover the truth about himself, he goes about establishing new relationships other than with the school chums he has had sexual relations with up to now. In most cases he finds that he is definitely a homosexual.

In other instances, the homosexual faced with the same question thinks he is not homosexual. Consequently, some homosexuals have girl friends. One homosexual interviewed by this author related that when his girl friend discovered that he was a homosexual that it was very painful for her at first. However, since she had grown so fond of him, the relationship had weathered the storm. They had never had sexual relations. Thus, in her pain, she left him temporarily to have sexual experiences with others. Soon it settled down and the bond began to grow between the two, until the young homosexual related, "I know that one day we will be married, because we are meant for each other. We will have a beautiful sex life as sex with men will no longer be necessary for me." When asked if he would expect to

have sex with men after the marriage had accumulated a few years, he answered, "No, it will not be necessary because she understands me. Realizing what I have gone through, she will not throw it up to me when she gets angry for some reason or other. She has already accepted me as I am; and, therefore, I will not have the fear that she will ridicule me. Nor will I have the anxiety that if she ever found out that I would lose her and the children. With this understanding, love, mental and spiritual rapport we will have a beautiful and close relationship, complete with sexual fulfillment."

The above sounds very beautiful and idealistic; whether it will come about, only time will tell.

Other cases reveal the married homosexual is not telling his wife that he is, or has ever been, homosexual. The marriage commences with compatibility but eventually cools. He becomes very frustrated with feelings of guilt and anxiety. Fearing the possibility of being found out, tense with frustration, he reverts to his homosexual patterns, because he is unable to release the guilt and fear within. Thus, it builds until it is manifested in a strong desire to be united with his gay friends with whom he has found release. He may find this necessary only once, or perhaps up to five times a year. There are certain places he may go to find the release necessary to calm the anxiety and tension within his body, and so he keeps the homosexuality alive. This creates many hang-ups that in time will bring about extreme nervousness, anger, fear and sometimes violent crimes, such as murder.

There are many instances of homosexuality. All

cases appear to have the same basic pattern. The ones I have interviewed have had basically the same inception in this life, even though the actual manifestation may not have occurred until the homosexual reached an older age. The unmanifested desire energy within the soul of the homosexual will be manifested at a time when it is necessary for the growth of his soul.

Before we are able to accept homosexuality as it really is with approval, it is necessary to accept reincarnation, astrology and the fact that God is a consciousness, is omnipresent, and that we are the One God manifested individually in the flesh. Our sole reason for being on the earth plane is to go through experiences necessary for the growth of our souls. Through these experiences we may grow in compassion, love, tolerance, acceptance of our fellow man, and may help others through universal love.

No individual would be born into the world with such terrible karma and so much pain to go through, while another is born with a silver spoon in his mouth, unless he earned it. This would not be fair; neither is this God's doing, nor God's creation. Therefore, we must accept reincarnation as a fact. We reap exactly as we have sown, one way or another! "Do unto others as you would have them do unto you." That is what the Bible says, and this is what it means. What you do unto another will be done unto you! Maybe not in the lifetime in which you initiated it, but it will manifest in the next, returning to you as you are the creator of the initial action. This is what is happening today. So many have come in with so

much heavy karma to overcome.

We are in the process during this lifetime of ending a very important cycle, much like the one just before Atlantis sank. It is important for us to be aware of this, as we must uplift mankind or we will all go down. So many souls have incarnated this lifetime for the purpose of uplifting this planet. Many have brought in karma that is not their own doing, but karma manifested through others' doing, collected on the astral of the earth plane from past lives. Those souls have chosen this path to overcome, because they are aware souls on higher levels of consciousness. They have the power to utilize this omnipotent energy which is descending, and to transmute it in a higher form of consciousness for the benefit of mankind. Many are highly-evolved, beautiful souls; thus, sexual hang-ups are manifested, because the vibration is not yet on a level high enough for them to realize this sexual energy in a higher way. It is important that we all understand the nature of the homosexual, the bisexual, and evolution in an effort to uplift humanity. Those who have come in with the heavy karma of sexuality are to utilize this most precious energy in a higher form of awareness. They must elevate their seat of consciousness from the rectum to the upper chamber and start utilizing this power in the way it was meant to be used. This is God-power – the vital force which gives us the energy and drive to go forth and use the inspiration at hand for the benefit of mankind. There is not much time left, as the cycle is near completion and the earth will undergo a complete cleansing in future years. Where there were two, there will be one. "Then shall two be

in the field; the one shall be taken and the other left" (Matt. 24:40). "Two women shall be grinding at the mill; the one shall be taken and the other left" (Matt. 24:41). The earth's population will be diminished considerably. A new planet will be born from the earth. All souls who have not evolved to the higher planes of consciousness will be transmitted in spirit form to this lower planet, which will be of the third dimensional level, while earth will eventually become of the fourth dimension.

The highly evolved souls who have come in with this heavy karma of homosexuality must realize it for what it is and start utilizing this power in its highest form. Before this is possible, however, homosexuality must be accepted and understood. We must stop looking at the individual personality, thinking, "This is wrong! This is dirty! This is sin!" We must see the beautiful spirit within the soul who has come unto the earth plane to help save the world. With this thought in mind, the homosexual will be more inclined to raise his consciousness, and in so doing, will achieve inner peace, balance, harmony and universal love — the kind of love he has never known before in the flesh — the beautiful, fulfilling, uplifting love of God.

Most bisexuals are celibate in nature, as they have incarnated to utilize this omnipresent force in the higher form. Man has not kept up with the vibrations, allowing his body to become lighter in substance. And, thus, we are in the process of transforming a physical-physical body into a physical-etheric body. Those who have flowed with the new age energies will begin working in the higher realms of consciousness

as true humanitarians, dedicated to mankind as a totality, in lieu of the individual, selfish, egotistical ways of the past.

We are now being prepared to transcend into the fourth dimensional race. This race will be a little more special than the current race of which we are a part. Children of the sixth race will be born with an additional gland attached to the pineal gland, which will bring about an additional sense of telepathy. These children will be utilizing sex as a tool of value instead of a tool of lust. It is important for each parent with young children to realize this, and not foster sexual hang-ups in the children's subconscious. They must be given every opportunity to utilize this power in the highest way by disciplining the direction of these energies now. We must not throw the orthodox conforming thoughts of society at them, but rather allow them to express their own individuality in their own way. We must love and accept them as they are, with understanding and compassion, guiding them with wisdom and knowingness. Thus, they must be allowed to experiment and learn the lessons of life for their own growth towards helping to uplift mankind and save humanity.

Let us begin by looking at individuals not as personalities, but as the beautiful spirits deeply embedded within the souls, manifested in flesh. Through our beingness others will gain the confidence to uplift their consciousness. By joining together as one in love, peace and harmony, we might help to avert the disaster this world is headed for in a few short years. Would you prefer to be one of the two to

leave the earth plane, or would you rather be the one to remain? We must overcome our upbringing, and have the wisdom to go forward, accepting man as he is. God does not punish man! Man punishes man!

Man is a vibrational species of the total animal kingdom, but he is not even the highest level of consciousness on the earth. There are in the animal kingdom greater sensitivities and much greater communication at this time.

It is seen that those who are totally heterosexual have prejudices against those who are either bisexual or homosexual. Homosexuals have the same prejudices. Those who have obtained the blending of the androgynous personalities do not have the prejudices against either of the other two. This would suggest, then, that they do not necessarily have to have physical involvement with anyone of the same sexual concept. Many bisexuals, as mentioned earlier, are celibate in nature as they wait for the evolution of man's consciousness. Those developing this awareness are not only being born with a greater balance of the masculine-feminine principles, but they are also being born with glands and organs not completely developed in those over thirty years of age.

The beginning of this transition took place in 1940. This was a prominent year for the earth as well as for those on the spiritual path, as they went into a new form of life, and the beginning of some exciting phases. 1953 brought up another period. A great number of souls entered the body with tremendous changes of the male-female structures. We are now seeing evidence of this. There is still much more of this to come from those born in 1969, 1970 and

1971. Those being born in the year 1973 will have a tendency to be aloof without being emotional. It will be found that they will quickly remove themselves from the influence of the parents and associates. They will develop into strong-willed individuals at a very early age. Those born from 1953 on are going through pretty much the same areas as those born before that time, although they will not have the same prejudices, since they are on another sexual level. They will use sexuality as a tool of value and not as a tool of satisfying the lust of the body.

A very few of the pioneers of the sixth sub-race will be incarnating soon. Hopefully, as we find these new age children incarnating, we will explore, questioning ideas, and, questioning especially the areas of influence we have received from our own subconscious level of upbringing.

CHAPTER VII

ASTROLOGY AND CYCLES IN RELATIONSHIP TO MAN AND THE UNIVERSE

Astrology is man! Man and astrology were created at the same time, because man, a form of solidified energy, reacts to all stimulation of vibrational structures. Therefore, astrology is man's reaction to planetary vibrations acting upon the subconscious, which in turn affects the physical. Consequently, astrology is a science of universal relationships. Psychic astrology involves intuitively knowing the part written between the lines of esoteric knowledge, working more with the spiritual essence of the individual rather than the mundane. It is approached on the etheric level.

Astrology is a science pertaining to facts proven over a given period of time, and requires years of study. Another definition of Psychic Astrology is "intuitive psychology."

Astrology in its pure form as a system of divination is a divine science of correspondences in the study and application of which the intellect and intuition become blended in a natural harmonious manner, commencing to vibrate in unison.

There are actually four sciences functioning as four completely different studies in astrology. The first is natal astrology; which is a map of the heavens erected at the exact moment and location of birth of any person, place or thing. The second system is major progression, a system by which one progresses a natal chart to a specific time. This gives one a picture of one's evolution, and helps one understand one's personal progress in the world. The purpose of major progression is to make predictions concerning the

future based on the planets' future locations. Many revelations are unveiled through major progression. Minor progression is a part of major progression, and goes into more details.

The third science of astrology is horary astrology. This is a time chart erected for any particular hour or given time, which will predict the outcome of an event. This specific branch of astrology has been used very successfully in the stock market as well as in many other worldly situations.

The fourth science, elective astrology, is a progression of horary. Its purpose is to determine what specific time would be best to do a certain thing.

Sidereal astrology is the ancient astrology from Egypt which developed through the years. Since Egypt was one of the locations of reincarnates of the lost continent of Atlantis, there are evidences that astrology was used in Atlantis. The knowledge of this science went around the Mediterranean to Arabia and into Israel after the race fell in Egypt. Additional evidences have shown that astrology was used in Mesopotamia, India, Jerusalem, and in the ancient Hebrew writings. The wise men in the temples were all astrologers. They were the advisors to the kings and the royal heads of state.

In Babylonia astrology was very much in use. The Bible is filled with astrology for those ready to perceive greater truth. In the Golden Age of Greece, when the highest wisdom on earth was taught by ancient philosophers, writings revealed ancient astrology. After the fall of Greece, England became the center of time for the earth. Therefore, all nations synchronize their time by Greenwich Mean Time. All time is computed to Greenwich Mean Time enabling the astrologer to erect an individual birth

chart for any person, place or thing in any location in the world.

Only natal and major progressions are used to find out what an individual is experiencing at the current time. Without being used intuitively, astrology is not good for detailed predictions, since each incident in a chart can point to a hundred different things. Natal astrology is the basis of all other expressions in understanding astrology. Records are available indicating that astrology has been used for thousands of years in the world, and for at least the past 200 years in the United States.

Uranus, the ruler of Aquarius, is responsible for mankind's thinking more than ever of astrology and all things of a spiritual nature. Enlightenment is the obvious in spiritual awareness as we have entered the age of Aquarius. There is much debate on this subject by astrologers and mystics alike. Whether it is the seeding period of the Aquarian age or not, we are greatly influenced by Uranus, the planet of greater enlightenment, which brings to us originality and constant changes.

Uranus is linked to the spiritual-material expression of light, life and love. The Aquarian age signifies that the earth is in the sign of Aquarius in its own birthchart (everything has a birthchart, even the earth). The rotation of the earth's center (sun) through space around an even greater center is divided into two time regulations: first, the time allotted the earth to travel a period of 2,160 years through one sign of the zodiac; and second, through the entire twelve signs in 25,920 years of earthly time, completing its grand revolution called the "Great Solar Year."

The sacred esoteric numbers and cycles of the ancient Hindus reveal a comparison of the harmony

in reference to time and motion. The earth's pole moving one degree in 72,000 common years also moves once around in 7,200 divine years. The sun moves through space at a rate of 108,000 miles per hour. In one hour the earth, by its revolution on its axis, causes fifteen degrees of the zodiac to rise, culminate and set, while the pole moves fifteen degrees of its orbit in 108,000 common years. The earth, by its diurnal motion, causes the 360 degrees of the zodiac to rise and set as the sun travels through space one Polar Day of 360 degrees or 2,592,000 years. The sun moves around its orbit in 25,920 years. Note: The sum of the digits in each number is the magic number, nine (72 numerically added together is $7+2=9$), which is the period of the sun passing the twelve signs of the zodiac, 25,920 years.

The Biblical seventy elders, Moses and Aaron saw the God of Israel, symbolic of the sun. Seventy-two elders represented its Great Cycle — 72 times 360 common years equals 25,920 years. Therefore, 2,160 years is a sub-cycle, a twelfth part of the Great Cycle (25,920 years), and the period of the sun's passage through one of the zodiacal signs, equal to 30 degrees of space. When the sun has passed through one sign, it has completed one sub-cycle. The new sub-cycle dates from its entry into a fresh sign. In the year 1880 the sun left the sign of Pisces and entered Aquarius. The sun's movement through space is exactly the reverse of the natural order of the zodiacal signs.

There is much speculation and disagreement on when the earth entered Aquarius, and whether it has yet. Mr. Dane Rudhyar, well known esoteric astrologer and author of many books on the subject, believes that it has not. Others believe that it has. This author suspects that on March 13, 1781, when a new planet previously believed to be a fixed star was

discovered to be a planet and given the name of Uranus, the onset of the seeding period of the Aquarian age was acknowledged. Uranus was given the rulership over the sign of Aquarius. With the advent of this planet came the Declaration of Independence and the freedom of a new nation — the United States — a nation where man can become the individualized, complete man — the master of his fate.

Aquarius, the sign of the individual, produces a humane and spiritual nature. It has close affinity with the senses of sight and mental telepathy, as Aquarius corresponds to the etheric vibrations. The sign of the "Son of Man," symbolized by the water bearer pouring out blessing and alleviation upon humanity, is not a water sign. In this case, water bearer symbolizes the living water, the etheric vital force that the Book of Revelations describes, "And the spirit shall pour down upon all flesh."

Uranus, the ruler of Aquarius, contributes to its higher and lower vibrations which are known to affect the individual according to his degree of awareness. A few of the negative vibrations of Aquarius are erratic, emotional, blunt, cold, immoral, irresponsible and changeable. The more positive vibrations affecting a more highly evolved soul are altruistic, free-thinking, humane, intuitive, magnetic, metaphysical, mental, occult, philosophical, psychic and truth-loving.

The nature of Uranus is airy, positive, eccentric and occult. Uranus precipitates sudden, unexpected events, and has rule over many things, including all inventions and discoveries of the new age. It denotes astrologers, inventors, eccentric and bohemian individuals, and is responsible for metaphysicians, psychical research, telepathy and all occult subjects.

On February 4, 1962 this author, along with a few other astrologers, was convinced that the Aquarian Age commenced. On that date there was a beautiful planetary line-up of seven planets in the sign of Aquarius. It was located in the solar chart in the eleventh house of friendship, while the ruler, Uranus, was sitting directly across the sky in the fifth house of love and creativity, opposing the seven planets in its own sign. An opposition of enlightenment. Thus, the function of Uranus is to create an inner tug-of-war with the individual on a lower plane of consciousness, balancing his energy on a higher level of awareness.

Involved with this planetary line-up in Aquarius is the mystic planet, Neptune, located in the eighth house of the occult in the sign of Scorpio, which signifies regeneration and all things of a hidden nature. Pluto, the occult planet and natural ruler of the eighth house, was located in the sixth house of work and service to others.

In essence, this same type of planetary alignment was sighted in the heavens by the wise men (astrologers) when Jesus was born (all in the sign of Pisces, of course). This location was charted upon the birth of Jesus by the wise men, who found the exact spot by following the alignment of the planets, which manifested in the great bright star. On February 4, 1962, the same planetary alignment was over the earth and manifested according to the people of India. During the ten days leading up to this planetary line-up, all people in India fasted and prayed, expressing their fears that it was the end of the world.

In ancient mythology every ending is a new beginning. Hence, this was the ending of the Piscean age and the beginning of the Aquarian age.

The seven year cycle is the greatest cycle in the

development of man, particularly concerning karma, because there is no cell in the body which was there seven years ago. Constantly casting off and recreating new cells in his life, usually creates by force of habit the same condition over and over again. It is, therefore, the creation and re-creation of man, not an act of nature, that keeps one earthbound to the desires of the flesh, creating more karmic patterns.

Incarnation gives one the opportunity to overcome one's karma. Mention was made in Chapter I that one could completely clear out all karma in seven and a half years; however, due to force of habit either through an emotional nature or one's insecurity, one continues to perpetrate the same karmic pattern over and over again until one becomes aware of the specific karmic energy involved, and uses free will to surmount the pattern.

By counting from February 1962 to February 1975, it is noted that we have been in the Aquarian age 14 years. The Aquarian thought vibration is obviously penetrating the earth plane, effectuating an awakening of the individual. Rebellion commanded the children of today during the first seven years. They demanded truth, since idealism for them no longer existed except in the dream state. They rebelled against the parents, churches, schools, laws and the government. The negative part manifested loudly and clearly. During the past seven years, the second seven year cycle revealed more of the positive traits of Aquarius, such as altruism, psychical research, inventiveness and truth. Truth has been revealed in many shocking situations — including the government.

Through the enlightenment of Aquarius, many people are enduring various changes within. Our own lives are changing suddenly and without warning.

This is Uranus manifesting in all humanity the art of death and rebirth. As we are casting off the old, original and spiritual depths are being created. Needless to say, this is one of the reasons why astrology is so popular today, since Uranus is the ruler of astrology and all new sciences. The Aquarian nature permeates all life, expressing individuality in originality and truth. Therefore, moving out of the illusions and dreams of the past, one arrives at reality through the psychic approach to astrology.

All life is one, as there is but one stream of consciousness. Consequently, in the one life source there is a note of individuality in each life. The unit in life is the part where one flows with events and conditions as one journeys on his chosen path. In essence, he lets go and lets God, while the second part of his total self crosses the line into individual expression. In this conveyance he is very individual, achieving in life what he desires, acquiring individual obligations and responsibilities. The third part, and height of wisdom, is in knowing where the line is when one is placed in positions of having to make individual decisions; it is accepting the responsibility of one's life. Where the line is, when to step back across the line, and how to let go, is what we seek to learn.

Through psychic astrology one steps back and forth across this line, from the unity into the individuality and back again, until, hopefully, one becomes more and more aware of what one should do and when to do it. It may sound complicated, but when one is aware of the natural laws of God governing the truth it is quite simple.

Central to an understanding of unity is the natal chart, which is a picture of the total individual – the blueprint of the soul. Within the large circle of the

chart, in the center, is an imaginary smaller circle. The center of the circle expresses the individual man, the part of himself that is immortal and constantly progressing. By imagining oneself as the focal point of the natal map, looking around the circle, one might realize the chart surrounding him to be the map of the heavens. From this map can be determined many conditions of this particular lifetime. These are the material conditions chosen by the individual for the evolution of his soul, the karma from past lives.

If one is aware of earth as a school, it is easy to see that the karma engendered is the lesson to be learned for the grade one is in. Understanding this makes it easier to eliminate all of the natural problems of illusion and buckle down to do one's homework.

Astrology is the only metaphysical means that gives one a map indicating individual conditions here on the earth plane, as well as giving one direction. Draw an imaginary large circle, and refer to it as the macrocosm, the big cosmos or the universe, and try to visualize the myriad planets, stars and constellations within. Each of these celestial bodies is individual in its nature. For example, the planet Mars is a very war-like planet. It is energetic, domineering, aggressive, and, at times, violent. Venus is the planet of love and all things beautiful and harmonious. These two planets in no way resemble each other, since they are almost complete opposites. Next, if the reader will draw a smaller imaginary circle in the middle of the large circle this will represent the microcosm, the little universe which symbolizes the individual man. Within our little universe we have many different individual cells and parts in nature. The heart, for instance, is exclusive of the liver just as it is of the other parts of the body. Therefore, each individual in its nature is still a part of the same body.

The planet earth is in this solar system; and, as an individual cell of its body, we are a oneness with the large solar system just by being on the planet earth.

If the heart acts up in our solar system, the whole body is affected. The totality of the little universe suffers as a result. The same occurs if a cell rebels in the large universe – the totality will also suffer. Therefore, it is important for one to be cognizant, always keeping one's thoughts in the highest and purest manner possible. Above all, do unto others as you would have them do unto you.

Referring again to the natal chart, look at the little circle in the middle. By pointing due east one will locate the section of the chart that is referred to as the ascendant (ASC) or the rising sign.

Turning counter-clockwise around the map of the universe, one will find the chart divided into twelve sections. The complete circle consists of 360 degrees, allowing 30 degrees for each sign.

The date, time and year of an individual's birth places his sun sign in one of the zodiacal signs. At the exact moment of birth the sun was rising in a constellation of one of the twelve signs. Usually it is in a sign other than the sun sign, although at times the sun sign and the ascendant will be the same. The rising sign rules the chart and the first house, which is responsible for the physical body, appearance, character, personality and all things governing the personal life of the individual.

Signs are called constellations, and are as follows: Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius and Pisces. Many have been introduced to astrology through the sun signs, while others are familiar with astrology through the almanac (based on astrology), a record of moon changes used for years in planting.

With the advent of the Aquarian age, more individuals are becoming students of astrology for one reason or another. Some are driven to it as a consequence of the pain and conflict experienced in their personal affairs as they search for truth and the meaning of life. When one arrives in this dimension of time and space, he is no longer able to go along with the accepted status of life, primarily because it is just not working out, and it has no meaning for him. Sometimes one begins thinking for himself and the right answers are not there. Thus, the search continues and in seeking one finds a sense of peace and security for the first time in his life. One then finds that he becomes a serious student of life and is thus initiated into the realm of the occult. Once this pinnacle is reached, one can never look back, only ahead as the truth is revealed. No longer is one the same person he was before his rebirth, various conditions responsible for his awakening result in a changed life in all areas. From this moment on one tends to look at the joy and fulfillment necessary for the growth of one's soul.

Each individual is a duality within his own being; the personality which is seeking to evolve through the outer being in this lifetime, and the real man within created in the image and likeness of God. At the time destined for the physical body to return to the dust the birth chart is left behind also. One can only take from this life that which has been sown to be reaped in a future time, whether it be of a negative or positive nature.

Through psychic astrology one uncovers the hidden depth beneath the horizon to be brought out into the world in the subjective expression, in the inner workings of the individual. This is called truth — the direction of a natal chart. By studying the picture of

the microcosm and the macrocosm, one will begin relating to the universe in unity and a oneness with all life.

CHAPTER VIII

CONSTELLATIONS, SIGNS AND RULERSHIP OVER PARTS OF THE BODY

Before going any deeper into astrology, it is necessary for one to have a greater understanding of the signs. It will be found that once one begins working with these specific energies, rather than against them, life takes on a more meaningful expression. Much karma is created by a person's not being aware of his particular sun sign and the influence it has over him.

By drawing a large circle enclosing a smaller one in the center, and pointing due east, the reader will become aware of the ascendant (ASC), also referred to as the rising sign. The next step is to quarter the large circle, and then draw two more departments within each quarter, showing twelve departments in all. These departments are called houses of the zodiac. The wheel is now in the form of a natal map.

Commencing with the first house (ASC), rotating counter-clockwise around the circle, each line of the twelve houses is called a house cusp. The symbols of the twelve signs will appear on the outside of each cusp line. For instance, the first sign of the zodiac is Aries; Aries will appear on the cusp of the ASC, due east of the chart.

Those individuals born between March 21st and April 20th are under the sign of Aries. While the symbol for Aries is the Ram, the glyph is the Ram's horns, and the motto for Aries is "I am".

As a cardinal fire sign, Aries is positive, electric, masculine, and aggressive. Although it is harmonious with the signs of Leo and Sagittarius, it is unsympathetic or inharmonious with the signs of

Cancer, Libra and Capricorn. This does not mean, however, that an Aries person can not be happy or compatible with the above signs; it only means that these signs are not harmonious with each other. Because each individual encompasses all twelve signs, it depends upon the placement of the various planets in these signs. Consequently, an Aries person may have other factors in his chart that would bring about a great deal of sympathy and harmony with a Cancer, Libra, or Capricorn sun sign. Hence, in lieu of looking at the sun sign for the whole picture, the horoscope must be observed in totality.

As a positive sign, Aries is not understanding of the attitude of a negative earth or water sign, such as Cancer, Virgo or Capricorn; unless, of course, the person with the Aries sun sign should happen to have his moon in one of the above signs, since the moon governs the emotions and feelings of the individual. Understanding would come through his feelings and emotions, because they would be harmonious with the sun sign of the three water or earth signs. Thus, when mention is made of the inharmonious combinations of signs, it is in reference to the sun signs rather than the individual. There are many circumstances to be considered in the interpretation and understanding of astrology.

The fire signs of Aries, Leo and Sagittarius are the enthusiastic and optimistic ones. The sensitive and feeling category consists of the water signs of Cancer, Scorpio and Pisces. The intellectual and mental group includes the air signs of Gemini, Libra and Aquarius; and the last obvious group involves the signs of Taurus, Virgo and Capricorn as the realistic and practical signs.

The next organization of three sections consists, individually, of all the elements (fire, earth, air and

water), and are called the cardinal signs, fixed signs, and mutable or common signs.

The cardinal signs of Aries, Cancer, Libra and Capricorn are movable, and initiate action. Taurus, Leo, Scorpio and Aquarius, as the fixed signs, are unchanging, stable and determined; while the mutable or common signs of Gemini, Virgo, Sagittarius, and Pisces are adaptable and versatile.

Representing the body are the earth signs of Taurus, Virgo and Capricorn. The mind is represented by the air signs of Gemini, Libra and Aquarius. Water signs acknowledge the soul through Cancer, Scorpio and Pisces, while the spirit is unveiled by the fire signs of Aries, Leo and Sagittarius.

The first house of the natural zodiac in the sign of Aries is ruled by the planet Mars. Always thinking of himself first gives Aries a very competitive nature. He acts first and thinks last. Aries is active, arrogant, impulsive, enterprising, selfish, easily bored, courageous, and wastes energy. These are key words for the sign of Aries.

Kabbalistically, the sign of Aries represents the head and brains of the "grand old man of the cosmos." It is the acting-thinking principle in nature, referred to as intuition and intelligence. On the intellectual plane Aries signifies the martial spirit of destructiveness and aggression, as the active will under guidance of the executive forces of the brain. Hence, those dominated by this influence are imperious, dauntless, energetic and will never submit to the control of others.

On the physical plane Aries produces a spare but strong body, medium height, long face with bushy eyebrows, a rather Ram-shaped, long neck, powerful chest, and swarthy complexion. Aries has a courageous disposition, is ambitious, heroic, and

arbitrary. The temper is fiery and passionate.

Aries governs the external, internal and structural parts of the head. Internally, Aries rules the brain and the nerve centers, while structurally it rules the cranium and facial bones. The left ear, however, is governed by the ruler of Aries, the planet Mars. The head is a very complicated part of the body due to its many parts and organs; and all of the planets have a special rule over the various sections of the head.

The pathological action of Aries tends to dryness, heat, inflammation, and excesses of energy and forcefulness.

The Aries essence is a protein. The first fifteen degrees of Aries gives one a stronger constitution, in contrast to the greater muscular development displayed by the last fifteen degrees of Aries.

Afflictions in Aries tend to mental diseases, disorders of the brain, and a tendency to heat and disturb the system, causing a disharmony within one's own being through inner conflict. Diseases of Aries are those of the head, smallpox, measles and fevers.

When Aries appears on the ascendant in an exact natal chart, or with one's sun or Mars in this location, it is responsible for the individual's temperature rising higher than that of others. He is apt to suffer more quickly from fever, with a tendency of blood rushing to his head and skin, making him blush easily. Aries is also quick to anger although ready to forgive.

Aries on the cusp, or within any house, will present an individual who is aggressive, courageous, and concerned over affairs in that house, or over any planets placed therein. This will be the house where there will be challenge, enthusiasm, energy, action and potential strife.

The Kabbalistical gem of this sign is the amethyst. Those born with Aries rising possess in this stone a

powerful magnetic talisman. The astral colors are white and rose pink. The mineral is potassium phosphate.

Aries corresponds to the disciple Thomas in Bible alchemy. Thus, Aries people are natural doubters until they figure it out for themselves.

Between April 21st and May 21st, Taurus is the natural ruler of the second house in the zodiac. Symbolically, the sign of the bull is a fixed earth sign, and a member of the practical and realistic group. Taurus is determined, unchanging, stable and is concerned with the body, in addition to financial security. As an earth sign, Taurus is negative, feminine, magnetic and receptive. Being inharmonious to the signs of Gemini, Libra, Aquarius, Aries, Leo and Sagittarius, it is harmonious to Virgo, Capricorn, Cancer, Scorpio and Pisces.

Both Taurus and the second house is governed by the planet Venus. Key words for Taurus are steadfast, enduring, lazy, placid, practical, patient, greedy and slow. However, Taurus completes whatever has been started. The main interests of Taurus are money, preserving the status quo, physical comforts, and possessions. As an earth sign Taurus is melancholy and cautious.

On the cusp of any house or located within any house, the sign of Taurus will manifest in fixed opinions, determination, possessiveness, and unchangeable, habitual activity. Once aroused, however, there will be a desire to gain from the affairs denoted by that particular house.

The thyroid gland, throat, neck and glandular system can be affected by inharmonious aspects to the house of Taurus, since these parts of the body are ruled by Taurus.

Kabbalistically, the ears, neck and throat are

signified by this sign, and the sign governs the lymphatic system of the organism. This sign is the silent, patient, listening principle of humanity.

The pathological qualities of Taurus are cold, dry and nervous. Planets in Taurus tend to make disease more stubborn, enduring and permanent. At the beginning of an illness, any afflicted planet in Taurus will tend to keep the disease going (as with the other fixed signs of Leo and Scorpio) until the planet moves on, progressing into one of the other signs.

The astral colors are red, red mixed with citrine, and white mixed with lemon. The Kabbalistical gem is the agate. The mineral is sulphate of sodium.

Upon the intellectual plane, Taurus evinces the quickening, germinating powers of silent thought, portraying that which is pleasant and good. Those born under the sign of Taurus have a middle-sized stature, strong well-knit bodies, short, thick, bull-like necks, broad foreheads, dark hair, dull complexions, and rather large mouths. Characteristics vary depending upon the rising sign.

Taurus people have a great fear of disease. Consequently, they are very susceptible to disease by suggestion, with the tendency to hold on to it. They incline to bring disease upon themselves due to their animal appetites, and excesses. Diseases and illnesses of Taurus are gout, rheumatism, early death through overeating and the excessive use of rich foods. Paralysis, heart trouble, and impure blood are also diseases of Taurus.

The sun afflicted in Taurus gives the tendency to tonsillitis, diphtheria, polyps of the nose, and, in some cases, eye trouble. The reader should keep in mind that the sign of Taurus is being discussed, and not necessarily the person with his sun in the sign of Taurus. There are other things to be considered in the

reading of a horoscope, since each individual is comprised of the twelve signs.

In Bible alchemy Taurus corresponds to the disciple Thaddeus, who is representative of firmness or being led by love.

The third sign of Gemini, located on the cusp of the third house of the natural zodiac, is the sign between May 21st and June 21st. This is the sign of the twins, and is governed by the planet Mercury, director of the mind or consciousness of the individual.

Gemini is a mutable air sign and is positive, masculine, aggressive and electric. Sympathetic and harmonious to the other air signs, such as Libra and Aquarius, and to the fire signs of Aries, Leo and Sagittarius, it will discover a disharmony with the water and earth signs of Taurus, Virgo, Capricorn, Cancer, Scorpio and Pisces. Gemini as an air sign is a member of the mentally detached signs.

A few of the common characteristics and key words of Gemini are witty, eager, fickle, nervous, high-strung, inquisitive, expressive and superficial. Gemini's main interests are writing, talking, traveling, learning, logic, knowing something about everything, and distributing information in keeping with its title of the "communicator" of the zodiac.

Gemini on the cusp of any house will have a tendency toward all affairs influenced by this sign. All conditions and circumstances of this house will be approached from a detached, mental attitude, with much writing, communicating, or travel taking place. This will be the house where much mental effort will be expended. A fluctuation of events and moods will be set in motion, subjected to many situations in progress at the same time. The individual will desire change and variety, because dual interests and

attitudes will be in effect.

Gemini rules the instruments by which thoughts are executed, such as the arms and hands, breathing, and the lungs. Externally, Gemini governs the shoulders and the upper arms. Internally, it directs the breath, nerve fibers and upper lobes of the lungs. Structurally, the clavicle, scapula, and humerus bones are ruled by Gemini.

Diseases of Gemini are pulmonary troubles, bronchitis, asthma, pneumonia, tuberculosis, pleurisy and hyperaemia of the lungs. The sun afflicted in Gemini inclines to pathological action of negativeness, passivity, nervousness and restlessness. Gemini is the strongest of the common signs and tends to control and fight disease. Having a tendency to two diseases at the same time because of its dual nature, Gemini effectuates this twofold action.

Kabbalistically, Gemini expresses the executive forces of humanity projecting in all mechanical departments. Gemini represents the hands and arms. Its glyph, the twins, is the mystical symbol which conceals the doctrine of soul mates and other important truths connected therewith. Those dominated by this sign display a very unmistakable manner, intimating the fearfully potent powers of projection concealed within. The mystical gem of this sign, the beryl crystal, is the talismanic stone. The astral colors are red, white and blue. The mineral is chloride of potassium. Corresponding to Gemini in Bible alchemy is Judas, who represents service and necessity.

Gemini expresses the highest mental state of embodied humanity, because it signifies the union of reason with intuition. The influence of inspirational currents is especially susceptible to magnetic spheres of the Gemini nature, which impels them headlong

into the most gigantic enterprises. Possessing an excess of mental force, Gemini is naturally restless and exceedingly energetic. Gemini's main characteristics are intuition and mental activity; and this effectuates their naturally nervous and restless temperament.

The physical manifestations of Gemini are light hair, hazel or gray eyes, a tall, straight body, sanguine complexion, sharp sight, a quick, active walk, and a volatile disposition. Gemini possesses a great passion for all knowledge, but is inconstant because his perception is superficial. Gemini is also scientific, speculative, and possesses a substantial imagination.

The sign of Cancer rules the fourth house of home. Those born between June 21st and July 21st will have their sun in this sign. The moon is the ruler of Cancer, which in turn governs the emotions, feelings and the subconscious of the individual.

As a cardinal water sign, Cancer is negative, receptive, feminine and magnetic. It will be found to be in harmony with the other water and earth signs of Scorpio, Pisces, Taurus, Virgo and Capricorn. The fire and air signs in conflict with Cancer are Aries, Leo, Sagittarius, Libra and Aquarius.

Cancer, one of the "soul" signs, is prolific and moody. Key words and characteristics of the sign are home-loving, moody, imaginative, sensitive, tenacious, psychic, phlegmatic, unfortunate, weak, emotional, cautious, touchy, and impressionable. Cancer thinks in terms of home and family rather than self.

Located on the cusp of any house, Cancer will be subjected to extreme sensitivity and emotion rather than mental response. A mothering attitude or a desire to be mothered will be displayed. Much change, with a fluctuation of events and moods, will

occur. There will also be a need to deal with the general public, because the native will have a natural sensitiveness to the moods and desires of the public and an ability to tune in on future popular trends. A feeling of insecurity as well as subconscious energies will be apparent in that house.

Considered to be the weakest sign of the zodiac, Cancer, along with the sign of Pisces, displays less vitality as a result of its receptivity to outside influences. Afflictions in Cancer tend to quickly affect the mind and the digestive organs. When one's sun is in Cancer and is well aspected in a birthchart, it will favor one's recuperative powers, strengthen the constitution, and give better health. The sun's responsibility is to deliver vital force and power to all signs; however, when the sun in Cancer is afflicted, it will not permit sufficient energy to enter and will produce a weakened constitution with a lack of vitality.

Externally, Cancer governs the breast, epigastric region, and the elbow. Internally it directs the stomach, digestive organs and the womb; and structurally, the ribs, sternum and elbow joint.

The special pathological qualities of Cancer are tenacity, lack of forgiveness, distrustfulness and lowering of the vitality. Cancer diseases are indigestion, hiccups, flatulency, dropsy and sclerosis. Since the Cancer native is fond of food, this sign brings diseases which originate in a wrong diet.

Cancer, the sign which enters the summer solstice, is symbolized by the crab. The crab, in an effort to move forward, is compelled to walk backwards. Thus, the crab illustrates the sun's apparent motion, when in this sign it commences to move backwards toward the equator again.

The sign of Cancer Kabbalistically signifies the vital organs, and is representative of the digestive functions

and the breathing. This sign indicates magnetic control over the spiritual, ethereal and vital essences. Those dominated by this nature are expressive in receiving and assimilating inspirational currents. The powers of inspiration and respiration of the universal being are governed by this sign. The mystical gem is the emerald.

The material life forces and the equilibrium of the spiritual are signified by Cancer. Those under Cancer's influence express themselves through the highest form of reflective powers. Cancer possesses direct inspiration in lieu of intuitional qualities, consequently, its attributes are sensitiveness and reflection. Cancer people are incessant workers on the mental plane, although they may appear lazy to the external eye.

Physically, Cancer manifests in an upper portion of the body that is larger than the lower section, and a medium stature. The face will be small and shaped round, as the moon, with a pale or delicate complexion. The native will have brown hair, and small, pensive, gray eyes. Cancer's disposition will be effeminate, timid, and thoughtful, with a mild temper, and agreeable with pleasant conversation. The mineral for Cancer is calcium fluoride. Astral colors are green and russet-brown. The disciple in Bible alchemy corresponding to Cancer is Matthew.

From July 22nd through August 23rd is the sign of Leo, ruled by the sun, which governs the spine and heart area.

Leo, as a fixed fire sign, is one of the happy-go-lucky, enthusiastic and optimistic group. Leo is aggressive, electric, masculine and positive, being sympathetic and harmonious to the other fire and air signs. As natural ruler of the fifth house, Leo has characteristics of being generous, faithful, egotistical,

loyal, domineering, ambitious, temperamental, enthusiastic, dramatic and affectionate. Leo people are fond of entertainment, sports, ceremonial religious rituals, spotlight, children, love and fun in general.

Leo on the cusp of any house, or any planet in Leo, will influence the affairs of that house. There will be a desire for showing off, enjoyment, displaying talents, love, games and sports, creative expressions, romantic attitudes, and flamboyant actions. Optimism and faith will be in focus, as well as temperamental outbursts.

The principle rulership of Leo concerns the heart, and the circulation through the heart. Externally, Leo rules the back, spine, and forearm. Internally, it rules the heart, blood and liver. Structurally, Leo governs the dorsal vertebrae, the radius and ulna of the arm and the wrists.

Diseases of Leo are often influenced by destructive use of surplus energy, often afflict the heart, and include spinal problems. Disturbance of the spleen manifests a condition which has an affect on activities of the blood, causing an excess of white blood corpuscles, the destroyers of the blood stream. The sun afflicted in Leo will give one a tendency to palpitation of the heart, backache, spinal afflictions and, in some cases, eye trouble. In its pathological qualities, Leo is impulsive, arrogant, fixed, vital, fervent, dry, feverish, fierce, eruptive, positive, strong and hot.

Symbolized by the lion, Leo represents strength, courage, and fire. When the sun is passing through this sign, it is the hottest portion of the year in the Northern hemisphere. Known as the solar lion of the mysteries, it ripens with its own internal heat the fruits brought forth from the earth.

Kabbalistically, it represents the life center of the fluid circulatory system of humanity, as well as being the fire vortex of physical life. Therefore, all born under this influence are noted for superior strength of physical constitution. They have great recuperative powers, when exhausted by an illness. This sign reveals mysteries of ancient sacrifice and the laws of compensation. The mystical gem of Leo is the ruby, and forms a potent disease-resisting talisman for Leos.

Leo signifies the sympathies of the heart. Those dominated by Leo are generous with their friends even to excess. They are deeply sympathetic by nature and possess that unusual combination of magnetic force, which enables them to arouse into action the latent sympathies in others. Their mental forces are always striving to attain a higher state. Hence, their ideas always exceed their means to accomplish their majestic plans. Consequently, Leo is known as the "abortionist" of the zodiac.

The first twenty degrees of Leo give a large stature, broad shoulders, large, prominent eyes, an oval face, ruddy complexion and light, golden hair. The last ten degrees give the same, but bring about a much smaller person, who has a disposition that is highly spirited, resolute, haughty and ambitious.

The astral colors are red and green. The mineral is magnesium phosphate. The Leo disciple in Bible alchemy is Simon.

Virgo is the sign of the zodiac between August 23rd and September 23rd. Ruled by the planet Mercury, Virgo controls the sixth house of health matters, diet, hygiene and sanitation. It is especially associated with the bowels, duodenum, jejunum, ileum, and chyli-fication. Its functions are assimilation, absorption, selection and utilization of food products. As the sign

of health, those born under this sign tend to center their minds upon matters of health, diet and disease. Because it is a negative and susceptible sign, Virgo tends to court illnesses, and takes on diseased conditions of others. Virgos often become chronic invalids, imagining they have all kinds of diseases. Doctors or others working with Virgos should not discuss their weakened condition, and should avoid all adverse suggestions concerning the same.

Virgos are able to enjoy good health if they think properly; however, they seem to enjoy bad health — looking for sympathy and for someone to relate to concerning their ill health. Virgo people should never take medicines, especially physics, since their bowels are more tender and susceptible to drugs. People with Virgo dominant in their charts have very tender, thin and delicate skin.

Characteristically, Virgos are reliable, neat, resourceful, melancholic, serious, critical, methodical, industrious and discriminating. Virgo people are mental, scientific, introspective, and, at times, prudish. Those with the sun or rising sign in Virgo are much given to criticism, fault finding and intolerance of others. Worrying often retards their health.

Virgo is a mutable earth sign, belonging to the practical and realistic group; and is harmonious with the other earth and water signs. This sign of the body is negative, feminine, receptive and magnetic. It is also cautious and melancholic.

Virgo located on the cusp of any house, and any planet in Virgo, will be subjected to much discrimination, caution, critical mental analysis where many details will be handled, but to humanitarianism as well. Perfectionist attitudes will be noticed; and, therefore, criticism must be kept in bounds.

Diseases and afflictions of Virgo tend to digestive

disorders, irregularities of the bowels and of the intestinal functions, such as cramps, wind, colic, malnutrition, diarrhea, constipation, peritonitis, dysentery, worms, catarrh of bowels, and appendicitis.

Pathological qualities of Virgo are selfishness, criticism, lack of sympathy and chastity.

The solar plexus representing the assimilating and distributing functions of the human organism is signified, Kabbalistically, by the sign Virgo. Governing the bowels of humanity, this constellation is highly important, since the intestines comprise a very vital section of the digestive organism and vital fluids. The individual, therefore, with a well-aspected sun in Virgo will be a natural with health and hygiene. Concealed under this symbol is the significance of the sacrament of the Lord's Supper. Also revealed are the mysteries of maternity.

Jasper is the stone possessing very important virtues as the mystical gem of Virgo.

Signifying the realization of hopes, Virgos influenced by this nature are calm, contented, and confident. Hence, they are extremely fond of reading, are reflective, studious, and, consequently, become the mental repositories of much eternal wisdom and knowledge. They possess superior intellectual abilities due to their large, well-balanced brains. Thus, they are preeminently fitted for the close application of scientific study, and make outstanding political statesmen.

Virgo gives a very neat, compact, medium stature, with dark hair and a dark, sanguine complexion. The disposition is ingenious, studious, inclined to be witty, and rather even-tempered, although more excitable than in Taurus people.

The astral colors are gold and black. The mineral is sulphate of potassium.

Between September 23rd and October 23rd is the sign of Libra. This sign rules the seventh house of the natural zodiac, and is ruled by the planet Venus. Externally, it rules the kidneys. Structurally, this sign has control over the lumbar vertebrae. Libra governs the outer or upper portion of the kidneys, the medullary and cortical substances. The symbol of this sign is the scales, and the influence of the sign is to help keep the balance in the system by the work of separating the poisons which are carried off in the urine.

Libras tend to be tactful, cheerful, romantic, cooperative, gracious, idealistic, dependent, fickle, extravagant, and materialistic. Their pathological qualities are jealousy, melancholy, self-centeredness and sensitiveness.

Libra on the cusp of any house, or any planet located in Libra, will desire to join efforts and partnership, showing a need of some form of dependency on a partner. This house reveals gentle persuasion and the area of life where one will be subjected to desire for refined harmony, beauty, balance, social outlets and events, including manual labor. The affairs of this house will reflect a sense of fair play.

Libra, in its symbolic aspect, typifies justice. Containing the unification of the cosmic forces as the nucleus of equilibrium of the sphere, it is also the magnetic vortex of procreative strength. Thus, Kabbalistically, this sign signifies the kidneys and loins and represents the central, conservatory storehouse of the reproductive fluids.

As representative of the interior equilibrium of nature's forces, Libra contains the mystery of the divine at-one-ment of the ancient initiations. The

universal chart signifies Libra as Enoch, the perfect man. The mystical gem is the diamond, which, as a magnetic talisman, acts as a repulsive force and combines with the magnetic sphere of those born under its influence to repel the emanation from foreign bodies either of persons or things.

Intellectually, Libra signifies external perception balanced by intuition. The world's body of rational thinkers is dominated by this influence. Universal quality, the rights of man, and universal brotherhood are their philosophies. They are strong supporters of such conceptions, although they seldom practice the same. Because they are too even, due to the possession of a finely balanced mental and physical magnetic organism, they adopt the happy medium. Thus, they command respect from both sides on questions of debate, and seldom become popular leaders of any radical or sensational party as a result.

Libra rising generally produces a tall, slender form of perfect proportions, brown hair, blue, sparkling eyes, and a clear complexion. The disposition is noble, high-minded, and amiable. Females usually possess dark or black hair, and have very handsome features.

The astral colors are black, crimson and light blue. The mineral is sodium phosphate. In Bible alchemy the disciple corresponding with Libra is Peter.

Scorpio is the sign between October 23rd and November 22nd. Ruling the eighth house of death, regeneration, the occult and the past, Scorpio is governed by the planet Pluto. Scorpio is symbolized by both the Scorpion and the Eagle, and is indicative of the lower and the higher mind. This is the most complex sign in the zodiac. Few Scorpions really understand themselves or the complexity they present to others. With a Scorpio there is no in between.

He is either the lowest crawling thing on earth or the highest spiritual individual. With a Scorpio one will know if he is friend or foe; there is no doubt.

Those with Scorpio dominant in their chart are usually fond of the occult and all things of a hidden or mysterious nature. Having to do with procreation, this sign rules the gonads. Scorpio seems to fall easy victim to epidemics, attracting disease, especially infectious complaints and contagious diseases, due to the excess of magnetic power this sign tends to give. Scorpio has special affinity with the nose, nasal bones, and the bladder.

Characteristics of Scorpio are penetrating, secretive, determined, competitive, destructive, hot-tempered, jealous, lustful, revengeful, spiritual, acquisitive, subtle, and passionate.

In the early stages of humanity the sex organs, now ruled by Scorpio, were said to have been drawn by Taurus, the opposite and complementary sign of Scorpio; while the larynx, throat and vocal cords were derived from Scorpio. This is the reason why the voice changes at puberty in males, and why the larynx, vocal cords and throat are so intimately related.

Pathological qualities are destructiveness, reproduction, tyranny and worry.

As a fixed water sign, Scorpio is a member of the "soul" group, expressing itself through sensitivity and feeling. It is feminine, magnetic, receptive and negative. Sympathetic and harmonious to the other two water signs of Cancer and Pisces, and the three earth signs of Capricorn, Virgo and Taurus, Scorpio is inharmonious to the fire and air signs of Aries, Leo, Sagittarius, Gemini, Libra and Aquarius.

On the cusp of any house, or any planet in the sign of Scorpio, will be those whose strong feelings exist

in secrecy. Deep emotions and desires will cause fixed appraisals as well as moods of jealousy. Coercion will be significant, and the attitudes of fatalism will also be evident. This house will be indicative of a deeply positive attitude, and affairs concerned will be accompanied by complete fascination. Any changes that occur in this house, seemingly, are forced on the individual as he will have the tendency to fight to the death rather than give up. The negative streak of meanness within this house should be kept in bounds. Any changes that do occur concerning conditions in this house, however, will be deeply meaningful and serious to the total life pattern of the native.

Scorpio, representing the sexual or procreative system, Kabbalistically typifies the generative organs of humanity. The natives of Scorpio excel in an abundance of the seminal fluids. Thus, they are the emblem of generation and life, creating a corresponding increase of desires.

This sign on the physical plane contains the mystery of sex, the secrets of the ancient phallic rites, and is representative of the attributes of procreation. The natural talisman for those born under this influence is the mystical gem of Scorpio, the topaz.

The generation of ideas is signified by Scorpio on the intellectual level. Scorpio's brains are literally crammed full of inventive inspirations. Their evolutionary minds are continually very busy with new concepts. Therefore, those dominated by this influence will possess an inexhaustible resource of ideas and suggestions. Possessing keen intuitional powers, a positive will, and excellent perception, they excel as chemists, surgeons and healers, both natural and in the medical profession. Due to the powerful, magnetic, vital force which they possess, they are able to sympathetically transmit this life force to their patients.

This sign gives a strong, medium stature, and a rather corpulent body, with a dark or ruddy complexion, and features often resembling the eagle. The disposition is active, resentful, thoughtful, selfish, proud and reserved. The mineral is calcarea sulphate and the astral colors are golden brown and black. Andrew is the disciple in Bible alchemy corresponding to Scorpio, and signifies to create or ascend.

Sagittarius is the sign for the period from November 22nd through December 22nd. It rules the ninth house of philosophy, higher learning and long distance travel. Jupiter is the ruling planet over Sagittarius, and is the planet of benevolence and luck. Sagittarius governs the arterial system, especially the iliac arteries, the coccygeal, sacral bones, pelvis, buttocks, coccygeal region of the spine and coccygeal vertebrae. Externally, it rules the hips and thighs.

As a mutable fire sign Sagittarius is masculine, electric, positive, and aggressive. It is one of the signs of "spirit," and is a member of the optimistic group. Being harmonious to the signs of Aries, Leo, Gemini, Libra, and Aquarius, it is inharmonious to the signs of Taurus, Virgo, Capricorn, Cancer, Scorpio and Pisces.

Sagittarius is characteristically generous, prophetic, restless, high-minded, foolhardy, argumentative, friendly, adventurous and active. Any house or planet located in or on the cusp of Sagittarius will be subjected to feelings of expansion, a philosophical attitude, optimism, inspiration and luck.

Sagittarians are easily cured of diseases because of their confiding, trusting, frank and open nature if positive suggestions are made. However, negative suggestions are just as powerful with them regarding health matters. Accidents will affect the hips or thighs.

Sagittarius represents a dual nature, as it symbolizes both retribution and the hunting sports. Kabbalistically, this sign signifies the thighs, representing the muscular foundation of the seat of locomotion in humanity. The mystical gem of this sign is the carbuncle.

Sagittarius, on the intellectual level, depicts the organizing power of the mind. The external powers are indicated through discipline, obedience, and command to the ruling authority of materialistic institutions. Natives are loyal, patriotic and law-abiding. The strongest qualities are their ability to make prompt decisions, their self-control, and their ability to command others.

Physically, they are usually well-formed, above medium height, have an oval face, high forehead, sanguine complexion, fine, clear eyes, alive, brown hair, and are quite handsome.

The astral colors are gold, red and green. Sagittarius corresponds to the disciple James, son of Alpheus.

December 22nd through January 21st is the sign of Capricorn. It is the ruler of the tenth house of career, notoriety and fame. It rules the knees, and epidermis externally; and structurally it governs the patella and the bones of the knee joints. Saturn is the planet directing Capricorn, and is referred to as the "Karmic Lord." Diseases of Capricorn are articular rheumatism, chronic diseases, depression, dislocations, eczema, gastric disorders, gout, hardening of the tissues, etc.

Capricorn people do not yield readily to illness, although once sick, and diseased, they will have a tendency to hang onto it, at times becoming hypochondriacs. They are also subjected to despondency and melancholic feelings when ill. This is not a strong sign for vitality during the early years

of life, especially up until the seventh birthday. Consequently, there is much infant mortality existing among those born under this sign. Other things in the chart, however, can make a difference.

In adult life diseases of Capricorn tend to become chronic. The sun in the sign of Capricorn tends to longevity even though it is placed in a weak sign for vitality. Also weak in this sign is the moon, and, if afflicted, tends to be impeded, uncertain and irregular functions in addition to lowered vitality stemming from mental depression, worry and anxiety. Many of the diseases of Capricorn result from business anxieties, cares, or losses, due to the fact that Capricorn is a strong business sign.

Accidents of Capricorns are broken limbs, bruises, falls, sprains, dislocations and hurts to the knees and lower limbs.

The pathological qualities of Capricorn are deliberation, dryness, crystallization and limitation. Capricorn is a cardinal earth sign, and is melancholy. It is feminine, negative, magnetic and receptive, and is harmonious to the signs of Taurus, Virgo, Cancer, Scorpio and Pisces, while being inharmonious to Gemini, Libra, Aquarius, Aries, Leo and Sagittarius.

Capricorn is symbolic of the scapegoat, as in the universal offering of a young goat as an atoning sacrifice for sin. Capricorn is also the sign of the initiate. It is symbolic of the young child born in the stable and laid in the manger of the goat, in order that he may conquer the remaining signs of death (winter); and, thus, save mankind from destruction. Therefore, the Capricorn is always one who has gone through many struggles in his lifetime, and who always strives upward toward enlightenment and perfection. He learns at a very early age that if he can't get around an obstacle he will plow right through it. It is the

scepter of material servitude, and as such is worthy of notice.

Kabbalistically, the sign of Capricorn signifies the knees and represents the first principle in the trinity of locomotion — the joints — bendable, pliable and movable.

Capricorn represents rebirth or regeneration, and reveals the necessity of new dispensations. The mystical gem is the onyx, sometimes referred to as chalcedony. The mineral is phosphate of lime.

Capricorn is significant upon the intellectual plane; the very lowest in the scale of true spirituality are greatly dominated by its influence. Ever on the alert to seize and take advantage of circumstances, the mentality of this sign tends towards scheming, directing the intellectual nature toward the attainment of selfish ends. The mind possesses great penetrating powers; and these natives work to their own advantage the inferior points in others. They will not be subjected to hard work unless they can see some beneficial aspiration in the immediate future.

Capricorn gives a medium stature, and a body which is slender and often ill-proportioned. They are plain-looking natives, energetic in their own interests, and indolent in the employ of others. Usually narrow-chested, they frequently have a long, sharp chin, slender nose and small piercing eyes. Their disposition is subtle, reserved, crafty and often melancholy. Natives of Saturn are quite often miserly.

The astral colors are garnet, brown, silver, gray and black. Capricorn corresponds to the disciple John.

January 21st through February 20th brings Aquarius, the sign of altruism. Uranus, the planet of greater enlightenment, is the ruling planet of Aquarius. Externally, it rules the calves and ankles;

and internally, the circulation, the breath and the eye sight. Structurally, it governs the bones of the lower limbs, the tibia, fibula, astragalus and bones of the ankles.

Diseases of Aquarius are anemia, blindness, blood disorders, dropsy, broken ankles, crawling sensations over the body, nervous diseases, all diseases pertaining to legs, and cramps in bowels, legs or feet. Accidents of Aquarius have to deal with the ankles, calves and legs. Aquarius is closely associated with the blood, its composition, circulation and distribution in the tissues, as afflictions tend to create disturbances in the circulation and adulterated blood.

The pathological action of Aquarius tends to gloom, nervousness and supersensitiveness. As a fixed sign, Aquarius tends to make diseases more enduring, because the mind and habits are rooted deeply within the makeup of the individual.

Aquarius, the sign of the water bearer or "the Son of Man," is symbolized by the water pourer, pouring out blessings and alleviation upon humanity. It is considered the most spiritual sign, and has close affinity with the sense of sight, as it corresponds to the etheric vibrations. Being a humane sign with a spiritual nature, when it is well aspected, on the ascendant, or occupied by planets on the ascendant at birth, it produces a strong and beautiful body with good vitality.

Aquarius is a fixed air sign belonging to the mental and intellectual group. Representative of the mind, it is positive, aggressive, masculine, electric and one of the mentally detached signs. Aquarius is sympathetic and harmonious to the other air and fire signs, and inharmonious to the earth and water signs.

Aquarius is characteristically independent, unconventional, expressive, original, detached or

impersonal, helpful, platonic, intuitive, artistic, scientific, dogmatic, rebellious, unpredictable, tactless, fixed in ideas and attitudes, and mentally active.

Aquarius on the cusp of any house, or any planet located in the sign of Aquarius, will tend to the affairs of that house or planet, and produce a feeling of independence, freedom of action and thought. This will bring about originality, inventiveness, and the unconventional — detached intellectual attitudes are also shown in this house. Humanitarian ideals will also be expressed. Friends will be brought into the picture, and sudden changes and explosive events will occur. A complete reversal of opinion may even be shown.

Aquarius, Kabbalistically, represents the locomotive functions of the human organism and signifies the legs. Not only does this sign signify and contain the rites and mysteries of consecration, but it reveals the incisiveness of all sacred and dedicated works to the student. Sky blue is the color of the mystical gem of the sapphire.

Popular science and truth of material phenomena is represented by Aquarius on the intellectual plane. The basis of all exoteric science and inductive philosophy is constituted under the influence of Aquarius. Aquarians represent the intellectual and scientific spirit of their age and generation, and cannot advance one step beyond those qualities of facts which are demonstrable to the senses. Elegant in form, they are just as brilliant in intellect.

Aquarius produces a medium stature, sandy or dark, flaxen hair, well-set and robust body, clear, sanguine complexion, and an elegant, amiable, good-natured, witty and very artistic disposition. These natives are fond of refined society.



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The astral colors are blue, pink and Nile green. The mineral is sodium chloride. James is the disciple corresponding to Aquarius.

Pisces, the sign between February 20th and March 21st, is the sign of the fishes. It rules the twelfth house of karma, institutions, large organizations foundations, secret sorrows, secret enemies, and is governed by the planet Neptune.

Externally, Pisces rules the feet and the toes. Internally, it governs the glandular system, the lymphatic system and the synovial fluids; structurally, the bones of the feet and the toes.

Double-bodied, and the most prolific of all signs, Pisces tends to a large family when the influence is strong at birth, and to the production of twins, triplets and multiple births. As a sign of restraint and confinement, Pisces is symbolized by the fishes joined together—it is a sign of self-undoing. It is also called the "sign of secret sorrows." People born with their sun or Saturn in this sign, or in the twelfth house, are subjected to great sorrows, tribulations, secret enemies, plots, treachery, self-undoing, restraints, confinement and isolations, as well as being reserved and having a tendency to secrecy and seclusion.

Diseases of Pisces are alcoholism, boils, colds and moist diseases, consumption, deformities of the feet and toes, gonorrhoea, gout, glandular problems, mucus problems, phlegmatic diseases, impure blood, ulcerous sores, spiritual perversions, swollen feet, low vitality, and anything to do with the feet. An afflicted sun or Saturn in Pisces at birth or on the ascendant will tend to affect the lungs and produce many consumptives.

Pisces is said to be the most spiritual sign of the zodiac in its higher vibrations. Being the last sign of the zodiac, it denotes the end of material experiences

and the transition to a higher spiritual state if the soul is ready for it. However, with the unregenerate person dominated by personality and the earth-life tendencies, it is considered a sign of self-undoing, drink, slothfulness, and one which tends to idleness and indifference to life's duties in the state of unawakened spiritual consciousness.

Pisces is a mutable water sign belonging to the sensitive or feeling group. It is adaptable and versatile as a member of the "soul" signs. Pisces is harmonious to the other water signs of Cancer and Scorpio, and the three earth signs of Taurus, Virgo and Capricorn. Pisces natives are sensitive, gentle, mystical, religious, sympathetic, impractical, impressionable, self-undoers, changeable, psychic, careless, dependent, compassionate, day-dreamers, irresolute and submissive. Emotionally, Pisces is negative, magnetic, receptive and feminine.

Pisces on the cusp of any house, or any planet within the sign of Pisces, will tend to affairs concerning sympathy, secret sorrows, confusion, idealism, desire to work behind the scene of activity or in seclusion, drugs, sick people and hospitals. Mystical experience will be sought, and a subconscious desire for martyrdom will be in effect. This will be the area subject to complete dependency upon charity of others. One will also be subjected to fraudulent conditions and universal concepts.

Kabbalistically, the feelings are signified by the sign, Pisces. The mechanical forces of humanity are represented as well as the basis or foundation of all external things. Patience, servitude and obedience are the natural trademarks. Pisces indicates the great cycle of necessity being the divine purpose, commencing with the disruptive, flashing, dominating fire of Aries, and terminating with its polar opposite,

water, symbol of universal equilibrium. The white chrysolite is the mystical, glittering gem of Pisces.

Mental indifferences are represented by Pisces on the intellectual plane, symbolizing the opposite of the head. Dominated by its influence, those natives express a peculiar indifference to most things which generally interest others. Being "all things to all men," they live and die in accordance, and take situations as they appear, paying no serious attention to any of them. The reason being that in a past life those dominated by a Pisces sun or a Pisces rising sign were either nuns or priests.

This sign on the physical plane gives a short, fleshy body, brown hair, pale complexion, moist watery eyes (fishy looking), and a disposition that is negative, listless, timid and harmless. Their actions are influenced by their surroundings and friends, while their nature is peaceful. The astral colors are pink, white, emerald, green and black. The disciple corresponding to Pisces is Philip. The mineral is ferrum phosphate.

THE KARMA OF EACH SIGN

There will be one sign in the zodiac that is the most prevalent and prominent in each one of us, as it weaves in and through every house and department of our lives and into every facet of our expressions. This will be one's own sun sign. For each sign, then, there is an inherent karmic lesson. But, here again it must be kept in mind that as individuals we are comprised of the twelve signs, and, therefore, will take a little of the karma from each sign, depending upon its placement in our horoscope. The first to acknowledge is the sun, next, the rising sign or ascendant, and then the planets within the first house and in the twelfth house if the planet is conjuncting (within ten degrees of) the ascendant. For instance, if the rising sign is Aries and within the first house is the planet Mercury, one should then look to the signs of Gemini and Virgo for the karmic lessons, in addition to the karma of Aries since Mercury rules both Gemini and Virgo. Therefore, look to the sign ruled by the planet. In addition (for astrologers) aspects should be considered.

Beginning at the first house of the natural zodiac, the sign is *Aries*. The karmic lesson of the Aries nature is to learn about himself, enough so that he may round out his individual expression and feel with other people. Aries comes into this life with the motto "I am" trying to find individual expression. Early in life Aries finds that he is unable to express the very beautiful, powerful love he keeps hidden from other people, because he is locked up within. And, thus, this life is to release the strong ambitions and enthusiasm, allowing the truth of love to flow

through.

In a previous life Aries was what is referred to as a lost soul in a sea; lost in mind, or the mass mind through religion, large families, the military, monastery, or in any other way. Not being recognized as an individual in a past existence, he comes from a previous life of responsibility and bondage. Within this type of atmosphere one comes to lose himself with the feeling that "nobody cares anyway what I think," and is always acting upon the thought of another person or through group activity.

Taurus, the second sign, comes in with material security as the big thing in his lifetime. Known as the builder, he is apt to get hung up on the Venus element of luxuries and earthly pleasures, and, therefore, must learn the lesson of what truth and security is. The motto for Taurus is "I have." "I must have security!"

The Venus level expressing the lower senses, the outer senses to the detriment of the inner expression, is ignorant of the latter because of the importance of material security in the Taurus mind and nature. Material security is important to all of us; and, therefore, the Venus nature in all knows this.

The true lesson of Taurus is to know where the line of true security is, so that he does not get hung up on either side of the material or the spiritual but tries to find the balance.

Those born under the *Gemini* influence must develop the objective consciousness. In a past existence, Gemini developed the subjective consciousness but failed for one reason or another to share this knowledge with the world. Therefore, in this lifetime Gemini must have the opportunity of sharing whatever he thinks and learns with other people, otherwise he will lose it in accordance with

the Law of Use — what one does not use, one loses. Gemini, the sign of the communicator, is responsible for bringing people together. Therefore, he must live in and think in the objective consciousness.

As the sign of the twins, the Gemini native is always communicating, talking and listening. He is very charming and depends upon others to the extent that he enjoys all people indiscriminately and must have them around him. Underneath Gemini's intellectual attitude, the fear of insecurity is manifesting the karmic pressure of Taurus.

Cancer is the feeler, the holder, the natural introvert. Cancer must learn to find somebody and confide in him, learning in his way dependency upon other people. Anything disagreeable that hits the Cancer consciousness is immediately dropped back within. While Cancer maintains an exterior superficial charm the truth is eating away within, making a mountain out of a grain of sand. In a past life, the Cancer person managed to live a lifetime without much feeling for other people or being aware of another's feelings. Thus, in this life he has the opportunity to experience everything that comes his way, and has to learn to live with it. Cancer people, subjected to the prejudiced, negative influences of an uncontrolled Mercury that disturbs the intellect, manifest a complex of opinions and fears that too often grow into facts. This is due, of course, to the previous Gemini existence.

The Cancer disease was so named for this sign due to its characteristic eating away creating a mountainous reaction. Therefore, the Cancer native must learn to confide in another, especially his thoughts, ideas and above all his inner feelings and emotions. In this lifetime Cancer people will spend more time thinking of others' feelings, more so that he will his own.

Therefore, the motto for Cancer is "I feel" everything.

The *Leo* native has to share everything, as nothing has any meaning to a Leo unless he is able to share. He is also the natural abortionist of the zodiac due to his habit of aborting any creative idea before it goes through the gestation period. Leos are so anxious to share everything, that they tend to exhibit a very definite inferiority complex before they begin to learn the karmic lesson involved.

In a past life Leo managed very successfully to be independent; and so in this life he has to learn to get over that. Therefore, the independence of Leo is false, since there is generally a strength complex arising out of the weakness of his previous life. For this reason Leo is apt to be egotistical and power-loving, while attempting to build an outward, positive appearance in order to project a very sensitive, emotional, imaginative, subjective nature held over from the Cancer influence. Thus, the karmic lesson of Leo is to learn the beauty of sharing with others, but at the same time to allow the real part of his inner self to stay alone.

When *Virgo* is powerful in one's chart, there is a subconscious repentance in the soul, and the native is born with a strong tendency to a simple life. Virgo, the sign of work and service to humanity, has the impulse to help the world which he may have suppressed in a previous life. Deep within, many Virgo people have a tendency to boss; thus, the critical nature of Virgo grows out of the Leo superiority complex of the past life.

Virgo, consequently, comes in with the strong karma of service. Content to work, serve, analyze and criticize objectively, his peace of mind and heart comes from knowing that he is of service to others.

Although very romantic people, Virgos do not express romance nor experience this romance in everyday life on earth. Because of this peculiar balance, the Virgo nature causes them to be called the truly practical sign of the zodiac, content to serve others. Once the karmic lesson is learned, however, Virgo then becomes very successful. Virgo has to learn to turn the wonderful quality of analysis and criticism into constructive channels and to wait until being asked before expressing this criticism – then he becomes successful. Until then, Virgo is not accepted as a qualified critic.

Libra can not think as an independent unit, and this tells his karmic lesson. He is one, who has been very self-centered in a past existence, and is not able to think as an independent unit in this life. In a past expression *Libra* was one who had not found himself enough to expand with feeling and understanding of other people.

Seemingly beset with indecision, *Libra* really is able to make a decision, and, in fact, is the natural judge of the zodiac. The weakness is inherent in the *Libran* inability to think as an independent unit; he constantly seeks partnership in everything he does, thinks and expresses.

Libra predominant in a chart indicates an artistic nature and usually brings along part of the *Virgo* karma of an irritable temperament. *Libra's* vanity, henceforth, arises out of his *Virgo* repentance.

In a previous life *Scorpio* may have been involved with the underworld, and, consequently, having paid his debt to society, comes into this life with his ruling planet, *Pluto*, the "God of the underworld" and of all things hidden and unseen. Because of the influence of *Libra*, *Scorpio* may find his expression of beauty and truth through the hidden and unseen forces – the

darkness of the underworld. Prayer is a hidden and unseen energy, and is something we really know very little about. Scorpio, in his secretive nature, enjoys hiding his own inner thoughts from others, because he grows in this world by learning the lessons of the unseen in secrecy. Scorpio's motto is "I desire" concealment.

Sagittarius strong in a chart produces a jovial temperament within his qualities of the previous life of Scorpio, and, thus, produces love of the mysterious, religious and philosophical aspirations. Sagittarius has a very strong, emotional nature, giving him a love of power and position and the danger of overindulgence. Sagittarians release the plots of the previous Scorpio nature, entailing vast promotional projects.

Sagittarius incarnates into life with perfect balance, symbolized by the Centaur, half-man and half-horse, which represents the higher mind and the lower animal nature. Sagittarius is balanced between the inner-spiritual and outer-material life. Innately, Sagittarius is intolerant of another's imbalance. Thus, his karmic lesson is to learn tolerance. He must not look down at another who has this imbalance, but must project himself to the other person's level with tolerance, and help to uplift those so in need. In so doing, the Sagittarian will maintain his own balance. If Sagittarius does not do this, he is in jeopardy of losing the beautiful balance he came in with. "I see" the higher way is the motto of Sagittarius.

Capricorn must learn to use every available resource to climb on, over, and to advance, trying to express the highest guidance and the highest wisdom in earthly things. Thus, the motto "I use" must not be applied to other people. This emphasis on the Capricorn's ambitions is affected considerably by the

Sagittarian concept of Justice. Capricorn has a double lesson to learn, in that he must come down upon his knees (the sign of knees) and climb with humility, expressing this humility through consideration for other people. Capricorn has an unusual sensitivity, although he is not able to express it. Capricorn is the stabilizer of the zodiac, and must not show his feelings; he has a hard time trying to find some place for the emotions to be released without being petty. In Capricorn's higher nature, he can express this sensitiveness through one of the arts; and, as a result, he is more apt to be humble and considerate of others around him. Capricorn has great sensitivity to disharmony and will try to avoid it. Capricorn predominating in the chart creates a feeling of inhibition and limitation. With the influence of Sagittarius from a previous life, Capricorn feels the large promotions of his past life limited by the Saturnine restrictions of his present ambitions, and, consequently, is quite often dissatisfied and repressed.

The karmic lesson of *Aquarius* is that of learning how to give. Aquarius thinks friendships, as he is a friend to all humanity everywhere. The warmest and most secure feeling of the Aquarian comes from having many friends around him. The nature of Aquarius wants to give, follow it home to see what is being done with it, and then wonders when it will be returned to him. Hence, the karmic lesson of Aquarius is to give while closing the door, totally releasing and saying, "It is done." He must learn not to look for its return. All things come back to the giver, as this is the Law of Giving. Therefore, Aquarius must learn to totally release and not expect an immediate return. When it is least expected, it will be returned to him in abundance, and most probably

not the way he expected it.

Aquarians experience tremendous hurt in their hearts over others. When the Aquarian learns this karmic lesson of giving whatever he feels to another, from the heart, and when it is gone, releasing it, blessing it, and letting it go without another thought, he will then acquire friendships in abundance. The Aquarian eccentric behaviorisms of the unconventional is a result of the past life as a Capricorn, revolting against convention. He is generous in large matters, but often retains selfishness in small things. The motto, therefore, for Aquarius is "I know" what I want to do.

The last sign of the zodiac, *Pisces*, brings an end to the cycle of karma set in motion by Aries, *Pisces*' exact opposite. Pisceans often have hectic lives, since in this life they are to gather up the loose ends of unfinished business. *Pisces*' particular job is to put his life in order and prepare for a new beginning on a higher level of action. It is the weakest sign, representing the end of a cycle of experience, as *Pisces* comes into this life a lost fish in a big sea. *Pisces* is the hypersensitive sign and the most feminine sign in the zodiac. He is seemingly submerged in a sea of emotion and thought, tuned into all the emotions, feelings, and thoughts around him. Early in life the Piscean learns to retreat within himself to find that he is an individual being. There he finds his inner peace and strength. When he moves out into the world again and gets stepped on (figuratively, of course), he immediately retreats to his inner place of security, until a shell is formed around him. The shell, naturally, is only in his mind. *Pisces* may continue on course until one day he becomes sealed within, closes the door tightly, and loses the opportunity for his expression in the world. Thus, the karma of *Pisces* is

to learn to have a swinging door from the inner world to the outer world, as he goes within for guidance, strength and God. After replenishing his strength and peace, and receiving direction, he can be ready to go out into the world again, closing the door neatly behind him. Until he learns this lesson, he seems to be standing in the doorway holding the door open until he cannot take any more, and then running back, slamming it shut and sealing it. This causes much unhappiness for the Pisces person, and is why so many older Pisces people live alone – not because they enjoy it, but because they simply do not know how to live with the world and keep peace of mind. The Pisces motto is “I believe.”

It should be kept in mind that today one is the totality of all one's past lives. The past experiences were a cycle of growth from which to learn. We are to build the future upon our past experiences and our application of their lessons to the present.

CHAPTER X

THE VICIOUS CIRCLE

The four principle elements of the earth, according to ancient mystics and scientists, are fire, earth, air and water. Commencing with the first sign in the natural zodiac, Aries is a fire sign in the element of fire. The second sign, Taurus, is an earth sign and in the earth element; Gemini, the third sign, is in the element of air and is considered an air sign; while Cancer, the fourth sign of the zodiac, is in the water element and is a water sign.

Proceeding around the zodiac, the second group of the elementals includes Leo, a fire sign; Virgo, an earth sign; Libra, an air sign; and Scorpio, a water sign. Incidentally, Scorpio is the most complex sign of the zodiac, and was known in ancient times as the sign of frozen fire.

The ninth sign of the zodiac, Sagittarius, is the third and highest fire sign in the last section of the four elements. Therefore, Capricorn is the third and highest earth sign, Aquarius, the third and highest air sign, and Pisces, the third and highest water sign in reference to their position in the zodiac.

As the medium of our universe, water esoterically means the element through which all other things flow. Thus, water signs are called mediumistic signs.

The first group of the elemental signs are unquestionably the first in relationship to the earth. Therefore, Aries is the finest and the closest to earth in its lower senses, although in its highest senses Aries is a very cool, peaceful love. In order to contact this beautiful nature within Aries, one has to go through the outer element of the negative material, the chemical vehicle of the physical body. However, once

through this fiery, explosive, outer nature of Aries, one will find the beautiful, peaceful love within.

Taurus, the first earth sign, is considered the earthiest earth sign and is especially endowed with the ability to handle the responsibilities of material things. Consequently, Taurus rules the second house of money and is called the money sign.

To have a better understanding of the relationship of the fire signs, consider their respective flames or vibrations. Aries is the red, flickering, blazing flame. Leo, the second fire sign, produces a blue-into-gold flame, which is more peaceful, although at times it flickers red; thus it sustains its position of the middle fire sign between Aries and Sagittarius, taking from both sides. The third and last fire sign, Sagittarius, is the highest fire sign on the earth plane. The vibration of Sagittarius is of a smooth, even, blue flame, similar to that of the welding torch. Sagittarius has the quietest and highest spiritual fire.

By applying this method to the earth, water and air signs, one will have a better understanding of the other elements. For instance, in the element of water one might make analogies to ice, water and steam.

The body (chemical vehicle) is negative, while the life forces within are the positive electrical elements of nature.

With the above understanding of the four elements of fire, earth, air and water, let us approach the signs from another angle, such as the cardinal, fixed and mutable or common crosses.

Beginning with the ascendant and moving counter-clockwise, insert the signs of Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces, in that order. Now draw a straight line across the wheel to Libra from Aries and then draw another line up and down from

Cancer to Capricorn. This is referred to as the cardinal cross, revealing the four cardinal signs of Aries, Libra, Cancer and Capricorn.

Cardinal signs are mental in temperament and initiate action. They are always thinking of a better way to do something, and so they are responsible for the modernizing, progressive thinking on earth. Cardinal signs are never content or satisfied with what they are doing, because their minds are always moving, manifesting their progressive ideas in action.

An individual born with a majority of planets in the cardinal signs may tend to have a more or less unbalanced condition of mind and body, since these four signs forming the cardinal cross are squaring or opposing each other. Squares and oppositions bring obstacles, pain, opposition, grief and conflict into one's life. An affliction in one of the cardinal signs also tends to afflict the parts of the body ruled by the other cardinal signs. Furthermore, this is true of both the fixed and the mutable signs, because all signs of the same group afflict each other.

The cardinal sign of Aries rules the head; Cancer rules the stomach; Libra rules the kidneys; and Capricorn rules the knees and teeth. Therefore, if the planet Saturn is in Cancer at birth it can cause stomach trouble, kidney disorders, eye infirmities and weak and disordered knees, as well as problems with the teeth, since these signs all have an affinity with each other.

When the cardinal signs are on the angles at birth (first, fourth, seventh and tenth houses), they give an active nature, restless energy, and considerable ability to throw off disease. Disease caused by these signs tends to be severe and acute, although not long-lasting. On the angles they tend to lessen the chances of an

unbalanced mind. Such afflictions from cardinal signs are movable and can be overcome. Individuals with planets on the angular houses in these signs at birth will have more power to throw off disease or trouble. They have more stamina to start life anew after failure, and have an optimistic, hopeful, aggressive outlook. When in ill health, they apply all energies toward recuperation and will cooperate with the healer or doctor.

To locate the fixed cross in the zodiac, look at the wheel and draw a line from Taurus to Scorpio and another line from Leo to Aquarius. The fixed cross indicates that one born with planets in this configuration will become fixed in certain principles, points of philosophy, or in his basic foundation in nature. He will always be pondering, studying and very anxious to hear ideas on the subjects which interest him. When he is not interested in an opinion or ideas, he has just closed his mind. In other words, if he is interested in a subject he will discuss it; if not, his mind may appear unbending.

The fixed signs of Taurus, Scorpio, Leo and Aquarius are known as the "earthquake or seismic signs." These signs fundamentally rule the vital parts of the throat, heart, blood and the generative system, including all parts or organs under their rule, such as the vocal organs, nose, neck, trunk, sex organs, urinary organs, bladder, excretory system, rectum, urethra, and the calves and ankles.

Fixed signs give strength of constitution, endurance, and patience of mind; and so they are called strong or foundation signs. They are more robust than cardinal and common signs. Their nature tends to arouse the desire nature, giving stamina and persistence. Relating to feeling and emotion, they are vital in temperament, and correspond to the heart

and life. These fixed signs are also called the "Vicious Circle," due to their fixed and unyielding nature.

Strongly bound by their habits, people with planets in fixed signs are difficult to change or influence. Death results when they allow a disease to obtain a firm hold upon them, although they will tend to cooperate with the healer to get well. Afflictions from fixed signs tend to deep-seated, lingering, tedious, chronic, permanent diseases and are more difficult to cure or remedy. Many planets at birth in fixed signs tend to give greater resistance to disease, although they do prolong illnesses once afflicted, giving less power to throw off the condition once it gets a deep hold on the system.

Since the sign of Aquarius rules the blood, afflictions in Aquarius tend to blood disorders, disturbed circulation, etc. The fixed signs also rule strongly over spinal complaints, diseases of the back, bronchitis, suffocation, diphtheria, stones or gravel in the bladder, disorders of the excretory system, etc.

The sex organs, ruled by Scorpio, and the throat, ruled by Taurus, are closely related by affinity to the opposite signs. This is why the removal of any part of the sex organs affects the voice. In women it tends to a masculine voice; while the removal in men gives the tendency to an effeminate voice. Removal of tonsils is more disturbing during puberty than in early childhood, and in later life is even more difficult and painful.

Afflictions in fixed signs at birth tend to hereditary and organic diseases. Saturn in one of the fixed signs at birth or at the beginning of a disease tends to be a sore afflictor. On the angles, then, and especially in the ascendant, fixed signs at birth have a tendency to lessen the chances of insanity, making the native better able to resist trouble while protecting the mind

under stress. Once disturbed in mind or health, however, fixed signs on the angles make equilibrium more difficult.

The third cross, referred to as the common or mutable cross, consists of the four signs, Gemini, Sagittarius, Virgo and Pisces. Their main characteristics relate to thought and synthesizing flexibility. People born with planets in these signs will be more flexible and amenable to suggestion regarding treatment of health, although they will either go along with an opinion, or become a little fixed. Resistance is low to disease when one is born with many planets in these signs; and any planet afflicted in any one of the mutable signs will tend to affect or afflict parts and organs ruled by all the common signs.

Virgo people court diseases, because they think and brood much about their health conditions. Virgo and Pisces both have a lot to do with disease, since Virgo rules the natural sixth house of health in the zodiac, while Pisces rules the natural twelfth house of hospitals and institutions. Therefore, people born under these signs are more passive, amenable to suggestion, and are subjected to many diseases, although easily cured if under the right treatment. Diseases also may be greatly prolonged and may become chronic with these signs as a result of adverse or negative suggestions regarding their condition and cure.

People born under these signs on the angles are difficult to cure, because they vacillate and go from one healer to another. It is for this reason that they can become chronic invalids, and may die early. Unless the mind is well controlled, chances of instability are increased with common signs on the angles, particularly if Mercury, the moon and the

ascendant are badly afflicted at birth.

Pisces is considered to be the weakest sign of the common signs, and when located on the ascendant at birth tends to give a weak constitution. In this location alone on the ascendant (without any planets), it tends to corpulency, flabbiness of muscle and tissue, a watery constitution, and less vitality. Afflictions in Pisces tend to affect the lungs, bowels, thighs, and feet.

Gemini, the strongest of the common signs, is a positive and highly intellectual sign. It gives more power to fight off disease.

Sagittarius is a strong, fiery, masculine and vital sign. When on the ascendant at birth, it gives good vitality.

The common signs are motive in temperament and correspond to the legs and motion. Gemini, Sagittarius and Pisces are also called double-bodied signs and are inclined to produce twins, hermaphrodites and freaks of nature. The new age child will be greatly influenced by these three double-bodied signs.

CHAPTER XI
PLANETS AND PSYCHIC RELATIONSHIP:
ASPECTING ENERGIES,
RAYS AND IMPRESSIONS

Associated with each of the twelve houses or departments of one's life, are thought elements which are conditioned into the astral body and can be mapped by the planets and their various positions in the chart. The desire energy of one's thought cells and thought structure shows how much the subconscious and the conscious energies will utilize in manifesting the events it brings into one's life by the prominence of a planet in the birth chart.

The two fixed constants in our universe are the sun in the center and the band of constellations. The constellations (signs) are the composite of the border around the universe which one studies when working with astrology. The planets revolve around this border. Thus, by studying this picture, one begins relating to the macrocosm, large universe, because man is the created image of it Microcosm.

The sun, located in the center of the band of constellations, is the nucleus which brings to us, individually, recuperative powers, the ability to govern and direct others, light, heat, warmth, pulsating life forces and creative ideas and thoughts. Therefore, when one's sun is well aspected in his individual chart, the aforementioned is in evidence.

The sun rules the spine, the heart, vitality, influences the spleen where the vital electricity is stored, and has influence upon the action of the two front pituitary hormones and the thyroid gland.

If one's sun sign is badly afflicted, his power surges will be weak, and his life span could be considerably

shortened. This aspect may also bring about an inharmony within one's beingness, manifesting thoughts concerning his feeling of self-importance. A badly aspected sun may be responsible for high blood pressure, infantile paralysis, pneumonia, diseases of the spine, and heart trouble. Harmonious aspects manifest good health. The sun is responsible for the thinking, pulsating, live cells on this planet. All successful politicians will have the sun prominent in their birth chart.

As we continue on our planetary journey, it will be most beneficial if the reader will imagine a spiraling orbit revolving around the sun, possessing a larger orbit each time it spirals around to the location of the next planet.

The next planet, as the spiral orbits from the sun, is the planet Mercury, which brings its influences manifesting the intellectual thought elements of the individual to all the live cells of the sun in the form of communication. Both the nervous system and the brain are ruled by Mercury, which also has a determining effect on the frequency of the electromagnetic vibrations of one's body, one hormone of the front pituitary gland, the action of the parathyroid glands, the nerve currents, mouth and the tongue.

The habitual method of objective thinking, allowing other thought elements to be added to the desire energy of the subconscious, is determined by Mercury's location in one's chart. Etheric energies flowing over the nerves to the corresponding rates of vibration is tuned by Mercury so that these energies pick up various planetary vibrations of like quality and feed them into the astral body in accordance with the Law of Resonance. Thus, one's inharmonic thoughts, due to Mercury's location in one's

chart, are responsible for nervousness, neuralgia, neuritis, sciatica, hay fever, asthma, and bowel complaints. The above mentioned, linked with thoughts of domestic conditions, often times manifest in mental diseases. Successful writers, lawyers and teachers will have Mercury prominent in their charts.

As we continue on the spiral, the next orb brings into view Venus, the planet responsible for the "social elements" of one's life, for expressions of affection, friendship, conjugality and hilarity. The planet of love, harmony, all things of a beautiful nature, and ascetic values expresses artistic talents in one who has Venus prominent in his chart. The Venus element brings sex life into one's sphere of awareness of physical love.

Venus rules the veins, venous blood, hair, skin, and has a great deal of influence on the action of the thyroid and gonad glands. Afflictions to Venus will manifest in diseases of kidneys, venous bloodstream, the internal or sex glands, social diseases and the thyroid gland.

Thus far on our spiral the reader has been made aware of the thinking, pulsating live cells of the sun, communicating through Mercury and creating harmony, color, ascetic values, and love through Venus.

The next orb is our own planet, Earth. From there the spiral continues until the Earth's moon manifests into reality. Each planet has its own moon. Saturn has four moons — or more (astronomers disagree). Jupiter has four moons and Uranus has an uncountable number. Thus far, however, the Earth only has one.

The moon is called the receptive center, and is very important in one's life. It represents the feeling mind

through one's emotions and subconscious energies. It expresses through the feminine, soothing, etheric energy called constitutional magnetism. The earth, a water planet, is affected by the moon's phases as it revolves around the earth. Evidence, of course, is seen in the tides. As above so below: within the human body is an ebb and flow just as there is in the outer world, because the human body, over ninety percent water, is affected by the moon's pull on fluids.

The cosmic force culminates both at the new moon and at the full moon. Consequently, critical periods in certain diseases can be measured accurately by the moon's influence on the individual. This vital force gives tremendous assistance in building up the body and keeping it in a healthy condition. The opposite is in effect when anything is started at the time of the full moon descending to the time of a new moon, as it is becoming darker, fading and ultimately dying.

Treatments are divided into two classifications: stimulants and sedatives. Stimulants will have a better effect and are more easily applied during the increase of the moon (new to full), while all sedatives are more effective during the moon's decrease (from full to new). When the moon is in a cardinal sign (Aries, Cancer, Libra or Capricorn) it is healing. Therefore, a general rule to go by is: from time of new moon to that of full moon stimulants produce the greatest effect, while sedatives are weakest. During this time one should decrease the dosage of stimulants and increase that of sedatives. Afflictions to the moon are responsible for dropsy, stomach troubles, mental complaints, eye and ear afflictions.

As the reader continues on his imaginary orbit around the sun the next planet he will arrive at will be the planet Mars. Mars is responsible for the aggressive thought elements in an individual's

make-up, and is known as the planet of greed, conflict, war, aggression and dominance, because it brings forth anger, passion, and lust as its expression. Mars is the source of sexual passion, destruction, combativeness and advancement in one's life, since this planet induces dissatisfaction with one's position, forcing the individual to elevate himself by struggling for a better life. Thus, through grief, disillusionment and conflict one becomes so unhappy and discontented that one begins to evolve to a higher level of consciousness, knowing that there must be more meaning to life than one has previously experienced. Hence, enlightenment comes about through the grief and sorrow one endures.

Discordant thinking is responsible for more conditions of misfortune, depending upon one's subconscious thought structures, than any other type of thought.

The following diseases are the results of an afflicted Mars: burns, infections, contagious diseases, small pox, measles, scarlet fever, and chicken pox. Also, an important factor in typhoid, blood poison, malaria, rheumatism, urinary complaints and some kidney trouble, Mars, together with an afflicted Venus, is responsible for the social diseases of syphilis and gonorrhea.

Successful doctors, surgeons, pilots, motion picture stars, mechanics, engineers, and all daring, initiating, aggressive individuals with constructive or destructive ability have Mars prominent in their chart.

Jupiter, the "Heavenly Father," is the next planet. In ancient days Jupiter was referred to as the planet of luck. Superstition abounded in those days, and people never knew which way Jupiter was going to manifest. If well-aspected in one's chart, Jupiter will bring into one's life much fortune. On the other

hand, if adversely aspected, much will be withheld from the individual. Therefore, awareness of Jupiter's presence in one's chart, and the effect it has on the individual, allows one to be tuned in to the message of Jupiter. Depending on the aspects in a chart, Jupiter can give the effect of good and bad at the same time, just as it did with Jacqueline Kennedy Onassis. The day President Kennedy was killed, there was an adverse aspect to Jupiter in Jackie's chart; and, thus, even though she was shot at and missed, her husband was not.

Another instance was the first attempted assassination of President Gerald Ford. On that almost fatal day President Ford's chart showed transiting Mars an exact conjunction to his natal Saturn, while both the sun and moon were in conjunction (it was a new moon) in the exact degree squaring his Saturn. Any astrologer seeing this configuration would say that he would be dead now. However, the fact that transiting Jupiter was squaring his midheaven saved him. Once again the planet of luck came through.

The thought energies of Jupiter find expression as benevolence, good cheer, veneration, hope, reverence and devotion. Good aspects to Jupiter will bring about beneficial thoughts manifesting in religion, joviality, faith and confidence in duty, while bringing into one's life such conditions that emerge through patronage, abundance, and favors of those endowed with financial security and worldly goods.

Jupiter rules the two adrenal glands which exert a calming and soothing effect in the system, in addition to the body fats, liver, and glycogen stored as fuel. It also has a bearing on the manufacture and secretion of insulin by the pancreas. Adverse aspects to Jupiter are responsible for extravagance, and all diseases which arise from an overabundance, such as

acidosis, one type of diabetes, biliousness, catarrhs, autointoxication, carbuncles and fatty tissues.

The last planet in what is called the lesser planetary system is Jupiter. As the last planet in the sun's light, it completes the spiraling orbit around the sun.

Separate from the spiral of the lesser planetary system and in an orbit by itself, is the planet Saturn. Saturn has a number of beautiful rings surrounding it. In addition to its own light, it possesses several moons, and is not dependent upon any other planet including the sun's light. Known as the King of the Earth, the Karmic Lord, it rules the entire lesser planetary system. The Biblical Christ represents Saturn and therefore is symbolic of each individual's Christ consciousness in the chart. Saturn, the teacher of the zodiac, is the executor of the law, because it is tuned into cosmic law and executes it to all mankind. Saturn is also called the police of the universe, since it actually rules policemen, earth law and all divine law. This planet orbits very slowly; thus, the symbol for Saturn sometimes reveals itself as "Father Time."

Saturn is the one planet we do not master — we learn to live with it, to flow with the conditions of life. Pondering, caution and a tendency to worry are Saturn's expressions; therefore, in one's birth chart the location of Saturn will indicate the real karmic lessons of life to be learned. Esoterically, Saturn is the "Keeper of the Akashic Records"; thus, for every seed one sows, one reaps with the help of Saturn. Through disaster one reaps the results created in past incarnations; however, by sowing love one may also receive love because he creates the original planting. It is true that the reaping usually takes place in a future life, but this is not necessarily so today. Saturn, the record keeper, continues the rhythm in the universe, holding everything in time and harmony with the divine law of creation.

Saturn's expression is selfishness, despondency, fear, worry, anxiety and discouragement. The planet of old age rules the bones, ligaments, teeth, and the mineral salts of the body. It also has a decided influence on the manufacture and secretions of adrenalin, on the spleen, and on one hormone of the front pituitary gland. Negative and subtle in its influence, Saturn creates a tendency to accumulate toxic poisons in the blood, and to suffer various chronic and wasting diseases, which persist due to a lack of vitality and energy to remove their cause. Atrophy, tuberculosis, arthritis, and cancer are all Saturn diseases. Saturn produces poverty in the essential nutrients; it prevents the body from assimilating the proper elements in food, because a body inadequate in adrenalin lacks the ability to draw on the emergency fuel supply.

The next three planets farthest from the earth are referred to as the Godhead Planets — The Holy Trinity. These planets yield the restrictions and limitations in one's life. In essence they provide the fences and ditches along the side of the road as one journeys on the highway of life. Through one's earthly existences one undergoes the experiences of learning the lessons of life with Saturn as the teacher. The Godhead planets give one the direction necessary to commence elimination of all unnecessary earthly things. By being aware of the higher guidance shown in one's birth chart, one is able to overcome much of his earthly conditions by following his inner direction. Limitations as well as aspirations are shown. Therefore, by being aware of the two one will know just how far he is able to go in an earthly sense before he is to experience greater spiritual unfoldment. One will continue to endure earthly ordeals and tribulations until one learns the truth through the

awareness and understanding of astrology which will then bring rapid progress to one's growth.

The Godhead planet closest to the earth is Uranus. If the reader will now imagine a triangle with the apex pointed downward, the location of Uranus will be noted at that point. Known as the spiritual-material planet, Uranus is the planet of greater enlightenment, and expresses awareness of the angelic language in symbols. Everything one thinks in terms of symbols shows the Uranus vibration and influence. A thousand times brighter than the sun, Uranus, the planet of greater light in our universe, effectuates higher thoughts and conscious thinking in mankind.

The Aquarian vibration is responsible for the awareness of applied knowledge and brings the influence of the reality of the here-and-now. Uranus reaches up to the highest spiritual enlightenment, bringing it down to the earth plane, and manifests it through the negative material of the world.

Electronics is the symbolic language expressing the Uranus vibration in all modern electronic equipment. Another vibration of Uranus, television, transmits pictures through the air. In the subjective consciousness called ESP is the sixth sense — the Uranus message center. All clairvoyant visions as well as clairaudient sounds and messages are a result of the Uranus vibrational influences in the universe.

Uranus influences one hormone of the front pituitary gland, which governs the functions of malnutrition, and also the action of the parathyroid glands. Ankles and the intuitive intellect are also ruled by Uranus. The adverse influence of Uranus is responsible for eccentricities and freaks of nature.

As the higher octave of Mercury, Uranus rules the aura, and has considerable influence over the nerve

currents which flow over the sensitiveness of the nervous system. Its negative action increases the potential vibratory rate of the electrical energies generated by the nerves, which in turn attracts a higher psycho-kinetic tension and often results in cerebral hemorrhage or appendicitis.

On the left side of the triangle is the planet Neptune. Symbolized by the trident, it represents the sea. As ruler of the Piscean Age, Neptune rules the ideal. Thus, the Neptunian vibrational influence is not interpretable to the conscious evolution of our race on the earth plane at this time, because it arrives at the impersonal level of the subconscious.

Effectuating a rather garbled language, Neptune generates messages in symbolic dreams. Suppressed within the subconscious are memories of past life ordeals for which one has yet to accept the responsibility. Therefore, most dreams are difficult to interpret due to the absence of communication with one's subconscious. If one were able to open up the subconscious and take a look, all he could possibly see would be a conglomeration of illogical impressions. Most people find it very difficult to accept and handle the responsibility of one experience at a time; to be suddenly faced with the whole of one's subconscious would blow anyone's mind.

The planet Neptune is the ruler of drugs. The purpose of drugs is to turn off the conscious awareness so the individual can delve into the subconscious. So many younger people have ended up in institutions as a result. Drugs anesthetize the master within — the voice of silence — one's intuition. A misuse of drugs can prevent the possibility of one's ever becoming a master in his lifetime. Inner conflict initiates accidents, suicides, etc., when one loses the contact between the subjective and the objective conscious-

ness. Drugs, therefore, are a crutch for the individual which allow him to avoid facing a reality. However, with Uranus now in our lives, one day he must!

Neptune's true message is of the universal matrix, the protecting, comforting motherly vibration of divine love.

The ancient mystics called the going within of meditation the state of profound peace, the inner level of silence. Neptune gives the ideal picture of an ideal state of man on the earth plane and, thus, the unobtainable goal of perfection one constantly seeks on this level of consciousness. The tendency for many is to look through rose-colored glasses with the ideal in mind; and the message inclines to become garbled, primarily because one is not able to relate to this inner vision on the earth plane. Within one's own mind is a paradise where he can go for peace and serenity, even though he is not able to bring it back out into the world of reality.

The idealistic illusion of the unobtainable, whether it be a mate, a job, or anything else is created through Neptune. The impossible may occur, however, in that very few highly evolved souls may find their ideal in the form of a twin soul. This would be an extremely rare occasion, since Uranus, the planet of realism, steps in attempting to shatter the idealistic dream into reality. Hence, one must learn to stand and walk down the middle of the road tuned into both vibrations of Uranus and Neptune, striving for the balance. Otherwise, leaning more toward the Neptune vibration one might have a tendency to become perverted and to receive the Neptune message in garbled fashion. If one is able to look at one's ideal, bring down the realism and weigh the two, one may arrive at a counter-balance. It may not be the ideal dream, but it will evolve to a workable solution.

Neptune influences the hormone of the pineal gland and has, in addition, very much the same influence over the action of the parathyroid glands that Mercury and Uranus do in giving sensitivity to the nervous system. The most pronounced influence on disease is through the negative condition of Neptune, as it causes the pineal hormone to suppress and counteract the action of cortin. This excessive, negative condition thus induced tends to the accumulation of toxins. Neptune, the poisoner, reduces the action of the work of Mars so poisons cannot be eliminated from the body; therefore, it provokes the formation of pus, and moist and wasting diseases. Closely associated with the astral plane, Neptune and its negative influences tend to perversions, the use of narcotics or opiates, and are responsible for certain maladies and even obsessions by astral entities.

The last of the Godhead planets, Pluto, is directly across from Neptune on the upper right-hand side of the triangle. Pluto is associated with all things hidden and unseen. The symbol of Pluto, the chalice with the cross below and the little circle inside the chalice, rules the area of the subconscious which one keeps hidden from others. The other symbol often used by some astrologers for Pluto is "PL."

Many evidences of the Pluto vibration are seen today, because Pluto is always functioning in the abstract of darkness. Prayer, the ability to change situations through mental alchemy, and the Law of Transmutation, belong to the Plutonian vibration. The farthest out from the earth, there is very little known about this mysterious planet. Discovered on January 21, 1930, Pluto is known as the planet of mystic magic, all things hidden and unseen, witchcraft, the occult, etc. All commodities produced of the

earth plane, such as oil, are due to Plutonian vibration. Consequently, through the Plutonian hidden nature much conflict, forcefulness and upheaval is brought into one's life.

Pluto is the ruler of Scorpio, the eighth house of death and regeneration, and in most respects may be considered a higher octave of the moon. The hormone of the pineal gland, secretions of the parathyroid glands, and one hormone related to cooperative effort (the cortin hormone of the adrenal cortex of the front pituitary gland) are influenced by Pluto. Thought cell activity similar to the influence of Neptune increases the pineal secretion with much the same negative condition and susceptibility to poisons. Pluto's affinity with Scorpio and the eighth house of rulership is indicated by the vibratory rates from the astral plane as well as a sensitiveness to others' thoughts. This could be advantageous, with a tendency toward mediumship; or it could create a negative condition of obsession.

Physical mediums under strong Plutonian influence are always aspected with Jupiter and two or three other planets marked with the influence of emotion, such as the moon, Neptune or Venus. No spiritual sign can be unfolded consciously or unconsciously unless Pluto, the outspoken planet, is on the angles in the birth chart. With Pluto, purification of the soul takes place, since Pluto rules the third eye.

Adverse aspects to Pluto manifest in ill health very much the same as in an affliction involving Neptune. The front pituitary gland responding to Pluto is more powerful than the pineal hormone release. A positive electromagnetic condition produces the extrasensory perception of the inter-plane, intellectual type. Diseases of the negative aspects of Pluto involve the lower part of the kidneys, and sexual organs. Negative

aspects also produce a sensitiveness similar to that caused by Neptune in which obsession tends to mediumistic conditions wherein one may be controlled by an astral entity against one's will.

ASPECTING ENERGIES, RAYS AND IMPRESSIONS

Each sign in the zodiac corresponds and responds to a certain vibratory tone. When the spirit along with the higher hierarchies built the prototype body for its incarnation, it instilled into that body a life that will last for a specific number of years. This prototype body consists of atoms attracted by psycho-kinesis to the hollow spores which have a singing, vibratory motion, vibrating in tune to the little seed atom located in the heart. Like a tuning fork, this seed atom gives pitch to the material in the body. Thus, the seed atom moves the heart, keeping the physical body alive. It is much like a time clock, although in lieu of time ticking away it is a matter of breaths. In other words, each individual has incarnated with a life of a specific number of breaths. When the breaths are all taken, the person dies. Therefore, to live longer one must begin breathing less. Kundalini yoga is one of the best ways to learn how to breathe properly and thus slow down the dying process.

The signs will attract or repel; while some vibrations and tones are harmonious, others will create a disharmony. Perhaps the reader will recall a time in his life when, upon meeting a complete stranger, something within created a spontaneous repugnance and he could not stand to be near the other. Incompatibility exists between various people due to inner vibratory energies just as certain notes of a piano are in disharmony and conflict. Various planets and signs of the zodiac create inharmonies which affect man.

The aspects, or various types of energy, and their symbols are as follows: the trine, symbolized by the triangle is considered a very harmonious energy which brings luck and fortune; a square is an energy vibration which manifests conflict, pain, grief, obstacles and all the challenges necessary for the progression of the soul; a sextile expresses its energy through opportunity; an opposition is a type of energy which is like a tug-of-war within the individual, and which may lead to awareness; conjunctions express through expansion; the parallel expresses through intensity; the semi-sextile expresses growth; the semi-square indicates friction; and the sesqui-square suggests agitation.

The signs, representative of the four elements of the fire, earth, air and water triangles, are each responsible for a specific type of vibration. Air and fire signs are in harmony with each other, just as earth and water concur. However, neither fire and earth nor water and fire are in accordance with each other's vibrational energy. Planets will also express the same harmony or antipathy in the various groups of signs as do the signs themselves.

Triplicities of the signs express through harmony in temperament and personality of individuals; whereas the squares express the afflictions through physical discomforts and diseases. Dis-ease is an absence of harmony between the spirit and the personality, caused by a conflict between the spirit and the soul.

Trines manifest as peace-makers in a chart. Squares and oppositions operate through three groups of signs constituting the crosses (as shown in Chapter X), which place limitations on the spirit, and bring lessons of karmic debts to be paid in this life for past mistakes of selfishness and wrong deeds. Many of these debts are paid off through illnesses, accidents

and diseases.

Many diseases are caused by another organ which is in sympathy with the afflicted one (Chapter X). For years doctors have been studying the strange sympathy between different parts of the body. When finding a disease in one organ, they often look for the cause in another, which is in sympathy with the first. For example, eye trouble is quite often traced to problems in the stomach or kidneys, as in the disease of glaucoma. Certain types of throat trouble, including goiter problems, have been found to be caused by a weakened heart.

Inasmuch as no planet is considered evil in itself, it is the ever-changing aspects and the angles which the planets form with each other that tend to make their influences and vibrations positive or negative.

Each planet's vibrations are in accordance with the musical scale of special energies and colored rays. Hence, the sun is in agreement with the tones of D:D-F#-A-D. This orange ray used in healing demonstrates a feeling of dominant, vital power.

The musical vibration of the moon is in accompaniment with the notes of F: F-A-C-F. Energy flowing from the moon is used in magnetic healing with a feeling of enfoldment. Its gentle, feminine, sustaining vibration is identified with a clear, green ray.

Mercury vibrates to the key of B: B-D#-F#-B. This energy has the power of penetration, of tuning in on the task at hand, and flows through in a violet ray.

Venus, the planet of love, is of the love vibration corresponding to the musical notes of E: E-G#-B-E. The emotion is a deep and abiding affection, warm and enfolding, and has a light, mellow, gentle, warm ray.

Mars, on the scarlet ray, gives a feeling of positive,

aggressive energy and abundance. It is in harmony with the musical notes of C: C-E-G-C.

Jupiter vibrates to the notes of A: A-C#-E-A and responds to a generous, warm feeling of gratitude, manifesting through its rich, purple ray.

The Saturn impression is an intense steel-blue ray, manifesting in the feeling of a cold sensation, which is strict and unyielding, yet pleasant. The musical notes accompanying Saturn are G: G-B-D-G.

The vibration of Uranus has a penetrating and disruptive quality, while Neptune's vibration may lead to an ecstatic, cosmic feeling of consciousness.

Pluto manifests in the highest ray on the earth plane. Its vibration may lead to divine consciousness.

HOUSES – THE STRUCTURE OF THE ZODIAC

The zodiac consists of twelve mundane houses referred to as the various departments of one's life. Each house has an effect on the body in accordance with the sign to which it corresponds, and governs the same parts of the body as do the signs. For instance, the sign of Aries rules the head, and, thus, the first house would also rule the head. Even though the first house governs the head, in an exact individual horoscope the sign of the first house, the ascendant, would in most cases differ. Therefore, it is essential to know the location of the various planets in the houses and signs, in matters of health, diagnosis, and prognosis. This is especially true of the first house, which rules the physical body, and the sixth house, ruler of health.

Each of the twelve following signs naturally rules the house in the following order; therefore, house numbers are listed before each sign. Each house represents a feeling; for instance, 1) Aries typifies the "I am" feeling; therefore, this feeling stays with the house regardless of the sign situated on the house cusp; (2) Taurus: "I have"; (3) Gemini: "I think"; (4) Cancer: "I feel"; (5) Leo: "I will"; (6) Virgo: "I analyze"; (7) Libra: "I balance"; (8) Scorpio: "I desire"; (9) Sagittarius: "I see"; (10) Capricorn: "I use"; (11) Aquarius: "I know"; (12) Pisces: "I believe."

Thus by listening to an individual's conversation, sometimes it is possible to pick out the birth sign and/or the rising sign, simply by observing his usage of the phrases listed above. As each house represents a feeling, it also indicates a thought family, having a

specific rate of vibration in the department of one's life representing a particular house.

The 10th, 11th, 12th, 1st, 2nd and 3rd houses represent the pictures of things one must make happen in this lifetime. The 4th, 5th, 6th, 7th, 8th and 9th houses indicate the picture of karmic conditions that are going to happen. Houses are classified as angular, succedent or cadent, and are negative, positive, masculine and feminine.

The *cadent* houses are the 3rd, 6th, 9th, and 12th, and correspond to the mutable signs of Gemini, Virgo, Sagittarius and Pisces. These houses identify with disease and tend to give a weak constitution, especially if the sun, moon and many planets at birth are located therein. The sixth house is most susceptible, since it is noted for acute diseases. The twelfth house denotes lingering and chronic diseases.

Succedent houses conform to the fixed sign influences of Taurus, Leo, Scorpio, and Aquarius. If there are many planets in these houses one will tend to have a strong constitution and will inherit the qualities of the houses similar to the fixed signs. Succedent houses fall between the angular and cadent houses, and are in the 2nd, 5th, 8th and 11th houses.

The *angular* houses of the chart are very powerful. Consequently, planets placed in these houses tend to give one additional power. In matters of health and disease, these planets are very strong and powerful, and have more energy for good or for evil concerning the life of the individual. Angular houses are the 1st, 4th, 7th and 10th houses in the zodiac, corresponding to the cardinal signs of Aries, Cancer, Libra and Capricorn. Angles show vitality, strength and long life, although a malefic planet in the angles such as Saturn, Mars, Pluto, Neptune or Uranus will be more powerful and responsible for periodically attracting

accidents, diseases, illnesses, or some other misfortune. When diagnosing a disease, the astrologer should be cognizant of the influences affecting the angles, the cardinal signs, and the effect on the sixth, eighth and twelfth houses.

As one observes his natal map, one should be more appreciative of this blueprint or augmentation of conditions forthcoming in this life, materially, spiritually and physically. Entering into a new life, one chooses parents and conditions essential to the growth and progression of one's soul. One chooses the instruments and tools necessary for this year (life) of school.

Astrology is definitely "in" at this time and will be more so as we proceed into the Aquarian age of truth. In order for one to handle the heavy conditions with which he has incarnated into this life and which must be overcome, it is necessary to become more aware of one's individual birth chart. Since one receives only the responsibilities one is capable of handling, one brings the essential tools with which to work. Just because a chart will show certain situations that could manifest in one's life, it does not mean that these conditions must happen. Earth-man is born with free will – he makes his own decisions. Right or wrong, he has the privilege. Therefore, cognizant of one's individual horoscope, one is able to overcome and progress at a more rapid pace than expected, by-passing experiencing the earthly conditions otherwise necessary for the purpose of creating greater consciousness. For example, if one were to become aware of an accident impending on a certain day, would he not take special steps to avoid it, and thereby master the situation? In this way would he not then be using his free will to overcome the destiny scheduled for him in his unaware state of

consciousness?

In the beginning chapter, this book mentioned the following sentence: "Know the law and the law shall set you free." This, of course, is in reference to the cosmic law shown in the blueprint of the individual — his natal astrological map. When the planets are progressed to a current date one is aware of future events in the process of manifestation. Progression indicates that the astrologer is computing the exact location of the planets to the present time. In order to transmute the negative energies latent within one's subconscious, one must be aware of his astrological birth chart. In so doing, the complete life will change, while effectuating a calmness, inner peace and awareness of the higher laws of God — the cosmic laws enforced by the planet of Karma, Saturn.

A specific sign is located on each one of the house cusps (the line drawn between the houses;), and indicates conditions in that particular department of one's life. There are thirty degrees allotted to each sign, allowing three hundred and sixty degrees for the entire zodiac. At one time, long ago, each house had an even thirty degrees; however, this is not true today, because some houses will have twenty degrees or less while others will have as many as fifty degrees. This is accounted for by the fact that over the years of the earth's life the axis has changed, and at this particular time one of the poles is melting faster than the other, resulting in the pear-shape appearance of our world. Therefore, with the world no longer round, the signs will not always be found on each cusp. Some signs will be intercepted within a house, completely contained in a house rather than located on the cusps. The house with the intercepted sign will always be more powerful, since it would include three signs: the sign on one cusp, another sign on the next

cusps, and in addition, the full thirty degrees of the intercepted sign.

The natal map shows the cells and energy construction (blueprint) of the individual, both consciously and subconsciously. Every cell in the universe is constructed in essence exactly like the entire universe. The ancient teachings of the macrocosm and the microcosm are that all things are within each cell of life that is within the whole universal consciousness.

Commencing in the East is the location of the ascendant, first house of the natural zodiac, ruled by the sign of Aries. This location signifies sunrise in a chart. Aries is located outside the cusp of the first house and is referred to as the ascendant (ASC) or the rising sign. This is the most important house in the chart, because it represents the life rulership and deals with the individual. It also has to do with the personality, character, physical body, the way others see the individual, and all things happening to him of a personal nature. This is a masculine house and a vital center of the horoscope; it contains the dominant features of one's life to be expressed and worked on. (The other two vital centers are the sun and moon.)

The first house rules the form, constitution, body temperament, animal heat, health, bodily stamina, general characteristics and construction, and peculiarities of the physical body. It also is responsible for the height, weight, color of hair and eyes, and shows the organic elements, the physiological factors, and physical characteristics which determine the amount of organic resistance and strength of the body. It shows the degree of receptivity to disease which may affect the part of the body ruled by the rising sign. The ascendant,

therefore, points out the part of the body more liable to affliction from external causes, and is the indicator of the disease. Malefic planets located in the first house denote scars, moles, marks and defects of the head and face. For example, whenever the planet Mars is located in the first house, the native will inevitably have a scar on his face or head caused by some accident.

As we proceed around the chart the reader should try to envision himself as the center surrounded by the twelve departments of his life (— triangle in center). “‘I AM’ the center of my universe” (The individual “I AM” being the higher mind or spirit of God). To quote Jesus: “In my father’s house are many mansions.” The astrological houses, of course, are the mansions within the house, meaning in this case the physical body. Therefore, standing in the center of your chart, try to visualize the twelve houses as various rooms or departments of your house or life. At all times one is conscious of all twelve of the rooms, although not necessarily aware of some of them. Some rooms contain much activity, but throughout the years this activity will change from one room to another, or from one department of life to another. Perhaps in the reader’s home there is a storage room that has been left unattended for a long time. This would relate to the subconscious, one’s personal storage room which is full of anxiety, fears, doubts, and confusion. Periodic energy from various planets aspecting one’s natal chart forces one to clear out some of the junk. Therefore, if the reader is able to use his chart it will help him to understand himself better.

The degree of a sign on the ascendant is very important. The thirty degrees of each sign are broken up in decanates of ten degrees each. All decanates of

the same sign identify with the same element. Thus, the first ten degrees (0-10) will have the nature of Aries (the first fire sign in the zodiac); the second ten degrees (11-20) will have the nature of Leo (second fire sign in the zodiac; and the last ten degrees (21-30) will be of the nature of Sagittarius (third fire sign in the zodiac). The middle decan (11-20) of Aries is a positive pole and the seat of knowledge, the "all-seeing eye" pertaining to inner vision.

Each degree of a sign will also have a specific influence. This influence changes every 2½ degrees

Let us now consider each of the twelve signs as ascendants before continuing around the wheel of life in the other departments of one's life. As we visit the twelve houses, it is important to remember that the nature of the natural ruler of the sign of each particular house will remain. In the first house, for instance, the feeling of "I am" expresses itself in every condition, situation or event which takes place in this particular department of one's life.

The individual with Aries rising will have very light skin with a reddish tint, scars or pox marks on the face or head, a tendency to blush when mad, a reddish tint to the hair, ram-like eyebrows, and the eyes will have an intense, direct look. Being a fire sign, Aries will tend to burn up weight, giving a trim bodily appearance. Some Aries will have long noses; these individuals follow through and get the job done. Aries rules light colors and white. One should never ask another with Aries rising, or an Aries sun sign, to do anything. Always let him think it is his doing and there will never be a problem.

The second sign on the ascendant will be that of Taurus. With Taurus rising, one will display a stubborn nature, will be hard to combat, filled with

fear of illness, and fixed in opinions and ideas. A doctor or healer working with a Taurus should always be optimistic and full of hope. The last degrees (16-30) of Taurus afflicted affects the nerves which cross at the base of the spine, resulting in disturbance of the circulation. This partially cuts off the supply of blood to the eyes and causes cataracts to form.

Features of Taurus on the ascendant will include a large, bull-like neck, stocky build that is sturdy and solid, and will usually indicate an undersized person, since this is the shortest sign in the zodiac. Planets located in the first house, or aspects to other planets, will vary the size of an individual. Taurus people are very voluptuous, quite sexy, always curvy, have wavy hair, a slightly oval face, creamy complexion with a resonant look, and well-shaped fingers with more rounded fingernails.

Gemini rising effectuates an individual with ambidextrous abilities, who is tall, rather slender, with long legs, angular features, very clear, light blue or hazel eyes, a tendency to large hands and feet, slender nails, slender neck, and who is very cautious of health and habits. Gemini will be one who talks with his hands, large shoulders and narrow waist. As an air sign, Gemini is naturally a slender native with straight hair, and will appear nervous and restless.

Cancer on the ascendant brings about a short person with moistening, watery eyes, a moon face, round in jaw and more fleshy than the other signs. Cancer will also have soft features. The individual will walk sideways, particularly when climbing stairs. (John Wayne typifies the Cancer walk). Their legs will appear to be bowlegged because they will never be together. Since Cancers retain water, they tend to gain weight and to have curly hair. With Cancer rising, one will tend to have low vitality, and will be very

timid, yet will oppose others, and will resent advice given to him, although not necessarily showing it. Since Cancer people lack faith in others, they are difficult to reach.

When well aspected, Leo rising will give great vitality and the ability to throw off disease. Leos are usually kingly in appearance, especially the men, and will saunter through life as if they were royalty. Leos characteristically have lots of hair, are talkative, never slouch, have a solid neck, tend to slink along like a cat (females), are very proud, have much expansion in the chest, have a medium complexion, blond or very dark hair, smaller eyes but more pronounced on the head, a larger head in proportion to the body, large, broad fingernails, and the urge to share everything.

Virgo as the ruler of the first house endows one with dainty hands and small feet, a medium stature, a tendency to dark hair, prominent hips, a stiff walk, eyes that are large, more round than oval and of all colors, an olive complexion, a larger forehead and a diamond chin, long, slender, conical fingers and long nails. Virgos can stand considerable strain, although they are of a nervous and wiry temperament. It is difficult for Virgos to shake off disease or illnesses. They are apt to let circumstances rule rather than assert their will power to overcome. Once in the clutches of sickness, they are apt to become chronic invalids. Since Virgos are very negative in response to health matters and extremely conscious of health, they will be found to have many bottles of pills and medicines in their bathrooms; if they are tuned in to greater awareness then they will have minerals and vitamins in their medicine chests instead.

Healers and doctors should always be positive with a Virgo patient. They should never suggest a negative situation, or the Virgo will suffer from it.

Libra rising is responsible for an individual being slender in youth and gaining weight as he grows older. This native will have light or flaxen hair, blue or brown eyes, weight evenly distributed, a light clear complexion, medium to tall height, a tendency to dimples, oval eyes, and good teeth. The Libran's features will always be evenly balanced. His fingernails will be more rounded, and his fingers will be long and well-shaped. The Libran's moods will waver, since his mental disturbances may drop to the bottom of pessimism and despair. As a consequence, Libran people are not always able to rise above physical conditions.

Idealism is well developed in the Libran. Hence, one should never discourage a Libran person, particularly a patient, in whatever he seeks or has his heart set upon; to do so might cause his ideals to shatter, and the deep discouragement which often results would cause ill health. Instead, he should be encouraged to cultivate equilibrium.

The least understood sign in the zodiac, Scorpio, when on the ascendant is characteristic of an individual who is secretive, especially concerning his personal affairs. He will seemingly have a retiring, timid nature, and will not talk about his personal affairs, although he will be ready to argue at the drop of a hat, and will hold on to his thought for the argument's sake. Scorpions can become very cruel, and can have a tyrannical streak and an explosive temper, which may, if the chart has afflictions, affect the health. The desire nature will be extremely strong; because of this, they qualify in most instances as good healers and doctors. Scorpions will have dark hair, a ruddy complexion, medium or tall height, slightly wavy hair, an intense, Scorpio look (similar to the eagle stare), dark hair in abundance on chest and

body, a cleft in the chin, a nose somewhat eagle-like, with a hook or a bump on an the upper part of the nose.

Sagittarius on the ascendant produces a very tall person with a very straight, usually pointed nose, fine chiseled features, broad shoulders, an athletic appearance, dark hair, large feet and hands, and long thighs. The characteristics will be similar to characteristics of Gemini rising. Sagittarians are very popular, are good mixers, and attract many friends. They have a most gentle, frank, and kindly nature, and are most trusting and ready to follow instructions of a healer or doctor. They are the most easily cured of all patients, since they respond to all recommendations. They also respond to negative suggestions, which often will retard their recovery. Doctors and healers must always be positive with a Sagittarian.

Capricorn natives always look Victorian or very aloof, and have a persistent, stolid nature. Physical characteristics are bony features, a square face, not very large eyes, medium to tall height, teeth which are very good or very bad, especially the front teeth, and which, in most cases, will need a lot of dental work. Capricorns use hand movements, and exhibit a labored walk as they seemingly drag along. They do not readily yield to disease, and will suffer considerable pain before succumbing to an illness, although once afflicted they will be slow and stubborn in holding on to the condition, sometimes becoming hypochondriacs. Capricorn natives will resist help, and, consequently, will close up against the friend who tried.

As a supersensitive and a very retiring individual, Capricorn often retains habits of gloom and despondency, which have a deteriorating effect upon his health. Doctors and healers should use diplomacy

to break up the crystallized condition of Capricorn.

Aquarius rising shows one to be tall with large eyes, quite pointed features, a well-formed body, slender and very graceful, light brown or brown hair. Aquarius will be quite unconscious of his body. Aquarians are overanxious, melancholy, fearful, strong-willed, wiry, ambitious, and are prone to overdoing until the body is strained to the very limit. When they finally do give in, the body is in a critical state. However, they will be very good in cooperating with the healer.

He who has Pisces on the ascendant is lymphatic and displays a negative nature. Fond of luxuries, Pisces will often seek a life of ease. This sign reveals a heavy soul. Pisceans tend to retain their water, and later in life will be prone to take on excess, soft, flabby flesh, which in turn can lead to ill health. Pisceans respond readily to suggestions, whether good or evil. Therefore, the healer must always be positive with a Piscean patient. Pisceans have very fair complexions, round features, rosy faces, and a tendency to dimples and wavy hair. Their hair will be all colors and not very distinctive. This is the most sensitive sign, and those with Pisces on the ascendant will be of a mediumistic nature, susceptible to psychic disease caused by energies from other planes of consciousness. Thus, the best thing for a Pisces person, when he is down, is to get busy and work with his hands in order to change his thoughts.

One must never display sympathy to a Pisces patient or this will cause a relapse. They should be placed in a cheerful room and have cheerful people surrounding them. Pisceans are prone to drift into habits of drink and the use of narcotics, especially if afflicted by the moon and Neptune in their birth chart. They will also have the tendency to play one

against another in order to achieve their desires or wants.

Fire signs (Aries, Leo and Sagittarius) on the ascendant will indicate an individual who will be somewhat wiry in appearance, with a tendency to lose his hair, although he will have lots of hair when younger. Fire signs burn up weight; hence, the wiry appearance.

Earth signs (Taurus, Virgo and Capricorn) on the ascendant hold on to weight. When younger the natives will be slender, but as maturity approaches they will have the tendency to put on weight.

Air signs (Gemini, Libra and Aquarius) on the ascendant bring slenderness, lighter hair and a tendency to straight hair.

Water signs (Cancer, Scorpio and Pisces) on the ascendant retain water and have a tendency to slouch and to possess curly hair.

Fixed signs (Taurus, Leo, Scorpio and Aquarius) rising will be creatures of habit, although once aroused will cooperate, especially with a healer.

Common signs (Gemini, Virgo, Sagittarius and Pisces) rising quite often forget but will listen.

Cardinal signs (Aries, Cancer, Libra and Capricorn) rising are willing to cooperate in any way.

Aspects to the rising sign, and planets placed therein will also modify characteristics, health, etc.

As we leave the ascendant and continue around the zodiac, we will arrive at the *second house*, the department in one's life responsible for money and the financial security of the individual. This house relates to Venus and the sign of Taurus. It is a feminine and succedent house, and governs the neck, back of the neck down to the shoulders, vocal organs, throat, etc. Malefics located in this house tend to the reversal of one's fortune. This house signifies all

diseases in the throat and neck, such as quinsy, glandular swellings, sore throat, and scrofula. Malefics tend to diseases of the above and of the eyes. Hindu astrology denotes the second house as ruling the eyes. This house rules the color green.

The *third house* is the department of one's life dealing with siblings, relatives, land travel and short journeys, all forms of communication, conditions in the early childhood environment, and neighbors. This house is affiliated with Mercury and the sign of Gemini. This is a masculine and cadent house, ruling the neck, arms, shoulders, hands, fingers, chest, lungs, the lower mind, the conscious state, mental capacity, and the educational mind. Malefics in this house tend to unbalance and disturb one's mind. Benefics in this house give a good mind, especially when Mercury is well-aspected. Hindu astrology denotes this house as ruling the ears. The colors are red, yellow and sorrel.

The *fourth house* rules the home, conditions at the end of one's life, including the various circumstances which affect one at the close of life, such as diseases, worries, environment, wealth, poverty, etc. The end of life will be in accordance with the planets located within this house. The sign on the cusp denotes the part of the organ wherein the complaint lies. This is a feminine house and signifies all diseases in the lungs, breast, and stomach, as well as the end of the disease, and diseases of the moon and Cancer sign. This is the weakest house of the angular houses, and corresponds with the sign of Cancer and the moon. In the female chart this house signifies the father, while in the male chart it will indicate the mother. The individual with benefics such as Jupiter and Venus in this house. or in good aspect to the sun and moon should never leave his birthplace as he will always have good fortune, health, happiness and a peaceful ending to life.

Malefics (Mars and Saturn) in the fourth house indicate that one should leave his birthplace as soon as possible. This house is known as the *nadir*, the mid-night or Southern part of the chart.

The *fifth house* is masculine and closely affiliated with the sun and the sign of Leo and Aquarius, the 11th house sign. The fifth house is the house denoting children, creative powers, and indicates the state and welfare of children. Fruitful signs (Cancer, Scorpio and Pisces) and planets involving this house denote many children to the native. Barren signs, (Gemini, Leo and Virgo) and planets indicate few, if any children, with the possibility of early deaths to some. The moon and benefics (Jupiter and Venus) in this house indicate strong, healthy, and long-lived children. Saturn and Mars denote sickly children or misfortune to or from them. The fifth house rules the back, heart, sides, hind part of the shoulders, liver, stomach, appetites, and, along pleasurable and sexual lines, love affairs, courtship, legitimate or illegitimate sexual involvements, amusements, theaters, music halls, taverns, games, recreations, and any accidents or injuries which may accompany such matters. This house rules investments and speculations for gain or loss. It also rules the soul. The colors are black, white mixed with black, white, sanguine and honey.

The *sixth house* is ruled by the sign of Virgo, and is affiliated with Virgo and the planet Mercury. It rules the abdomen, belly, inferior part of the belly, intestines, rectum, womb, and climatic and other conditions affecting the health. This is a feminine house known as the house of health and sickness. The sixth sign of Virgo and the sign on the cusp of the sixth house in an individual chart indicates the part of the body most liable to disease and affliction. Benefics in the sixth house show good health, while

the malefics indicate ill health and the nature of disease most liable to affect the native's body or mind. Thus, it shows disease, cause and quality, whether curable or incurable, and the duration. This house signifies diseases in the lower part of the abdomen, denoting the lower belly, solar plexus, intestines and rectum. The colors of the sixth house are dark or black. In Hindu astrology this house denotes enemies.

Affiliated with the *seventh house* is the sign of Libra and the planet Venus. This house is known as the descendant (DSC), the angle of the West. It also indicates sunset in the chart as far as time is concerned. The seventh house is the department in one's life dealing with partnerships, marriage, unions, sweethearts, agreements, disagreements, contracts, litigation, open enemies, fiance or fiancées, husband in the female chart, and wife in the male chart. Concerning health matters this house indicates the doctor or healer. It shows divorce, losses through business partners, diseases of the hams, flanks, bladder, small intestines, the kidneys, lower part of the back, haunches, loins, navel, diseases of womb or matrix, diseases and afflictions in any part of the body ruled by Libra or the sign on the cusp of this house.

The *eighth house* rules death, regeneration, insurance, other people's money, banks, legacies, all things of a hidden nature, the occult, the past, and the partner's money. This house indicates the end of physical life, and the transition from the physical to the spiritual in rebirth. This is a feminine house and denotes the genitals and sex organs. The colors are gray and black.

The *ninth house* of higher philosophy governs the higher mind, dreams, dream consciousness, visions,

in-laws, long journeys, foreign travel, voyages and residence abroad. This house rules the hips, thighs, and signifies all diseases in these parts. Malefics in the ninth house at birth tend to disturb and unbalance the mind or cause religious excitement, distorted religious views, fanaticism, unorthodox views and trouble with religious authorities. This house affiliates with Sagittarius and the planet Jupiter.

Neptune or Pluto well placed in this house tends to give strong psychic clairvoyancy, mediumistic and spiritual powers. The colors are green and white.

The *tenth house* is the house of career, professional men, princes, presidents, royalty, rulers, leaders, fame, vocation, honors, credit, and the honor of the native. It rules the mother in a female horoscope, and the father in the male horoscope. This house also governs the hidden and occult side of life. It is referred to as the *midheaven* (MC) or Medium Ceili, a Latin phrase signifying North and mid-noon in a birth chart. This house corresponds to the sign of Capricorn and the planet Saturn. It rules the knees, hams, thighs, and all diseases in the knees and the upper part of the leg behind the knees. Planets in this house have powerful influence on matters of health and disease. The colors are red and white.

The *eleventh house* is affiliated with Aquarius and the planet Uranus. It rules the legs, calves, ankles, friends, children, stepchildren, hopes, wishes and desires. The colors are saffron and deep yellow. It is closely associated with the fifth house. Fifth house conditions tending to deny children to the native are often promised if the benefics or moon are in the eleventh house and well-aspected. This house signifies all diseases in the legs, from the knees to the ankles, and in the shin bone, shank, etc.

The *twelfth house* rules anguish of mind, anxieties,

assassinations, asylums, chronic disease, clairvoyance, confinements, distress, enemies, hermits, hospitals, imprisonments, insane asylums, institutions, kidnappings, limitations, mediumship, misfortunes, obsessions, persecutions, prisons, psychic powers, experiences, recluses, revenge, seduction, self-undoing, and suicides. It is the house of Karma.

Affiliated with the sign of Pisces and the planet Neptune, the twelfth house is a passive, feminine house. The twelfth, eighth, and sixth houses are considered negative houses, with evil aspects; anyone born with many planets or with the planet governing the ascendant located therein will tend to unfortunate circumstances, diseases, and troubles during his lifetime.

The color is green. The house denotes the ankles, feet, toes, and all diseases, hurts, injuries, and afflictions of the above. It also tends to impaired senses as in deafness, and other physical and mental limitations. Chronic diseases are also significant of the twelfth house. The sun conjunct (within ten degrees of) Mercury in this house tends to deafness and to hinder and limit the soul in its manifestations in the physical body by deprivation or destruction of the five senses, thus frustrating the soul in its search for knowledge — a very karmic debt, indeed!

CHAPTER XIII

THE TWELVE MINERALS IN RELATIONSHIP TO HUMAN NEEDS: HERB GLOSSARY

“And so God formed man out of the dust, breathed into his nostrils the breath of life, and man became a living soul.” The physical body of man consists of the twelve basic minerals. When a mineral deficiency occurs within the body, various symptoms manifest, including negative thought formations which surface from the subconscious and attract the condition feared. By being aware of the various symptoms, one is able to recognize the warning signs given to each one of us before a disease or negative condition manifests.

The character and morals of an individual are merely the reflection of the balance or imbalance within. This reflection indicates the quality of the mineral elements of the individual cell. As each cell has its own intelligence and possesses magnetic power, it is capable of attracting to it what is required from the blood, and rejecting what is not necessary. The body is constantly destroying its old worn-out cells, rebuilding new ones and eliminating the waste matter therein.

Food does not put flesh on bones. It only furnishes the mineral base contained in all foodstuffs by freeing the inorganic (cell salts) within all food. The organic part is digested in the intestinal tract to furnish the power to attract air into the lungs, arteries and air carriers. It is the minerals taken from the food directly to the cell that aids in building new tissues, nerve fluids and brain cells in order to effectuate the desired regeneration of the physical system, so essential in this new age.

With the new age energies being thrust down upon us it is necessary to get our bodies in perfect working order to handle the higher rate of vibrations infiltrating our beingness. The Biblical reference of air is "spirit." Therefore, air is necessary as it unites with the minerals, forming the blood transporting the individual minerals through magnetic attraction to the individual cell attracting it. The regeneration of the body is dependent upon the reserves of mineral salts stored in cells. Hence, a sufficient amount of minerals, in cell salt form, should be taken as one would take health foods to keep the body in good working order. The body is either at ease or dis-ease, depending on the balance within. By keeping the body supplied with the necessary minerals, it is at ease, or in a state of balance. These salts are taken into the blood immediately, since no separative process is necessary.

The twelve functions of the body are represented by the twelve signs of the zodiac. The mineral corresponding with the individual's sun sign is the mineral that is consumed by the body first and more rapidly than any other mineral salt, and will always be somewhat deficient. Other rules to go by are the signs the malefic planets are located in, such as Saturn, Mars, Neptune, Uranus and Pluto, natally, as well as on progression. The weakest sign in a chart is that which is opposite to the sun, since it is afflicted with the most powerful vibration. The rising sign should be considered in addition to the midheaven. The location of the moon and the nodes are extremely important also. On progression, one should look in his chart for the location of the sun, moon, and the malefic planets. If there is a weakness (adverse aspect) in a sign that on transit the planets Saturn, Mars, Pluto, Uranus and Neptune are located

in, this should be taken into consideration.

By erecting a chart with 0 degrees of Aries rising, and filling in the planets accordingly, all tendencies toward sickness and illness will be revealed. The study of organic man is called "astro-biochemistry." The cerebrum or brain corresponds to Aries, and is always the first organ. Hence, Aries should be placed on the ascendant. Each sign rules a definite part of the organs of the body. The nature of the planet in the sign will indicate what form the disease is likely to take; thus, the position of each of the planets in relationship to the twelve signs and houses of the zodiac is extremely important. The technical aspects of astrology will not be delved into, as this book is for the person who is not an astrology student. Therefore, this chapter will tell how one is able to recognize the mineral deficiency in one's body through his intuitive powers, as well as tell the various symptoms.

Also, the various ways of replacing the mineral deficiency through the cell salts and foods will be discussed. The herbs governed by each sign will also be mentioned. The best, most effective, and most immediate treatment is the mineral in cell salt form.

Minerals are gathered from the purest sources of the earth in crude substance form. They must then be processed in a laboratory according to the official compendium of the United States, the Homeopathic Pharmacopoeia. Each of the minerals is triturated (powdered) by a slow, exhaustive method which results in an infinitesimal breakdown of the active ingredients. This permits ready diffusion and assimilation of these minerals into the cells of the body, and enhances therapeutic effectiveness. Hence, the minerals in cell salt form melt on the tongue, dissolve into the saliva, go directly into the blood-

stream, and, thus, directly to the necessary cell in need, and affect the condition or symptom almost immediately. Within a few days healthy cell tissues are noticed.

The potencies of these cell salts are designated by a numeral and the letter X, and follow the decimal scale. For instance, 1X indicates the mineral contains 1/10 part of the basic homeopathic strength; 2X indicates the mineral contains 1/100; 3X, 1/1000; etc. The greater the reduction of the mineral ingredient, the better the results. I have found in my research that 6X appears to be the most effective. Minerals are triturated in a milk sugar base and are therefore pleasant tasting. Cell salts can be purchased in health food stores and in homeopathic drug stores.

One whose sun is in the sign of Aries (March 21 – April 21) is probably experiencing a deficiency of the mineral *potassium phosphate* (cell salt form – *kali phos*). The sign Aries rules the cerebrospinal nervous system (optic nerve and the nervous system). This mineral is deficient in almost everyone today due to the higher rate of vibrations within our bodies responsible for manifesting various nervous diseases.

Potassium phosphate is called the great illuminator, as it creates nervous stability, mental energy and provides the electricity which creates our thinking process. It is the basis of the nerve and brain fluid. The first part of the organism developed is the cerebrospinal, and from it the whole form of man materializes. Dr. George Carey, founder of astro-biochemistry, wrote: "The grey matter of the brain is controlled entirely by the inorganic cell salt, potassium phosphate. This salt unites with albumin and by the addition of oxygen creates nerve fluid – the grey matter of the brain."

Those with an inadequacy of this mineral are

probably experiencing one or more of the following symptoms, which are all nervous disorders due to overstimulation from overwork and long hours of concentration.

There are many more symptoms, although a few have been mentioned to give the reader an idea of the type of signal to watch out for.

Potassium phosphate is necessary for normal muscle tone, nerves, heart action and enzyme reactions.

Potassium can be found in practically all of the fruit and vegetable juices. Potassium is alkaline (acid-binding). Another good source of alkaline can be obtained by soaking almonds overnight in water. In the morning peel the skin and eat the almonds. Eating ten almonds each morning (according to Yogi Bhajan) should supply enough alkaline in the body to curb any cancer condition latent within one's system (subconscious). Cancer is caused by deficiency of potassium in the body; therefore, all three potassium minerals in cell salt form – kali phos, kali sulph, and kali mur – are effective in the treatment of cancer cases, along with Ferrum Phos, which is a carrier of oxygen in the blood, and should be taken along with all minerals. The opposite sign of Aries is Libra. (See Libra for cell salt.)

Potatoes are an excellent source of potassium. Cutting a baked potato in half, one will notice the white ring. The white ring is the potassium. Steeping raw potato peelings and drinking the broth will also supply potassium. Other sources are apples, cabbage, cauliflower, onions, spinach, limes, lettuce, walnuts, cucumbers, and sun-dried olives.

Herbs of the Aries sign are broom-bud, dock, fern, garlic, hemp, barberry, mustard, nettles, broom, onion, poppies, cayenne, and rhubarb. See glossary at the end of the chapter for various healing effects of

the herbs.

The sun is in the sign of *Taurus* (April 21 – May 21) and those whose sun is in this sign will benefit from the mineral *sodium sulphate* (cell salt form – *natrum sulph*).

Taurus rules the cerebellum, the lower brain and neck. *Natrum sulph* corresponds to the physical and mental characteristics of *Taureans*.

A deficiency of *natrum sulph* in the system and the blood is always manifested by pains in the back of the head, sometimes extending down the spine and at times affecting the liver. Since this is the first salt deficient in a *Taurus* sun sign person, it should be the first to be replaced in the body. An individual should know his rising sign as well, since this is equally important. Therefore, one whose rising sign is *Taurus* should also consider replacing this salt. This rule applies for all signs. Another very important factor is the sign opposite one's sun sign, as before mentioned; in this case the opposite sign is *Scorpio*.

The responsibility of *natrum sulph* is to eliminate excess moisture from the body. The atmosphere in hot weather becomes heavy-laden with water; when breathed into the blood, it creates an excess of fluid upon which malarial germs thrive. As a result, a bloated feeling and distended abdomen occur, even after eating a very small meal. Therefore, *natrum sulph* is used in the prevention of malaria and low fevers. Without this necessary salt in the tissues, nature's way of getting rid of excess fluid is in the form of perspiration, violent muscular spasms, and nervous spasms. *Taurus* people should not live in hot climates near water where the sun reaches 70 degrees in the shade. In this locality their blood becomes overcharged with moisture. One molecule of the *Taurus* salt (*natrum sulph*) has the power to

chemically take up and carry out of the blood two molecules of water. Hence, the more excess water to be thrown out of the blood, the more natrum sulph is required.

Natrum sulph keeps the bile and pancreatic fluids in normal working order. In addition to eliminating the excess from the blood it also regulates the supply of water in intercellular fluids. If the reader knows a few Taurus people, it is probably apparent that most have a weight problem; and that no matter how much they diet, no sufficient weight loss occurs, because of the powerful need for this mineral in their systems.

The cerebrum ruled by the sign of Aries is the spiritual brain or organ of consciousness, and in the Bible is referred to as the "Upper Chamber." When the cerebrum is chemically perfected, all knowledge is obtained, and the spirit consciousness manifests as the Christ-consciousness. Therefore, the cerebrum is the God-brain. Directly located under the cerebrum is the cerebellum, the animalistic brain (subconscious). No individual is completely conscious when he is living in the animal passions. Through the God-given creative power (sexual energy in its lower form), depending upon one's individual evolution, the individual is able to master these passions. He is able to transmute this energy into mental work in the cerebrum. In this way one is able to emerge from the subconscious (animal state) to that of the spiritual consciousness. The cerebellum, the animal brain (subconscious) is always in conflict with the cerebrum (spiritual God-brain consciousness) until the body is balanced. When the body is balanced so is the mind.

The sower of seeds (thoughts) is the subconscious — Adam — symbolized by Taurus the Bull. The subconscious is responsible for all conditions, and

contains the seeds of all things of the body. Seeds of the body are corpuscles. Procreation robs the body of these corpuscles. If the cerebrum and the cerebellum are deficient chemically, human thought and action are erratic, spasmodic, and an imbalance creating disharmony will occur. The emotional body (sub-conscious) robs the nerve energy (soul fluid). Natrum sulph is a reducing agent which slows down the chemical action and lowers the rate of vibration, bringing about the necessary proper supply of chemical elements and enabling the real function of the body to manifest.

People born under the sign of Taurus are lymphatic types, and weight is taken on due to the lymphatic system becoming engorged with excess fluid acquired from the atmosphere through breathing. When the air is moist it carries a great quantity of water to the blood which becomes overcharged, and the tissues of the body suffer from the lack of proper nourishment. This is responsible for spasmodic conditions such as a chill.

The symptoms of a deficiency of natrum sulph are as follows: severe headache on top of the head or back of the neck and extending down the spine.

Sodium sulphate (natrum sulph) taken internally stimulates the liver and pancreas, and acts as a purgative. Sodium is alkaline and is necessary for the elimination of carbon dioxide. One of the principle causes of diabetes is the deficiency of sodium in the blood. Sodium helps to keep the calcium and magnesium salts fluid, preventing the blood from becoming too thick. The other two sodium mineral salts should be considered for diabetes, also.

Sodium can be found in whole wheat, rye bread, cream cheese, lettuce, spinach, codfish (fresh), halibut, mackerel and fresh salmon, buttermilk,

celery, bananas, sweet potato, American cheese and milk, and dandelion greens.

Herbs ruled by the sign of Taurus are colt's-foot, sage, blackberry leaves, dandelions, myrtle, flax, horehound, larkspur and lilies.

The Gemini mineral (May 21 – June 21) is *potassium chloride* (*kali mur* in cell salt form). Potassium chloride is the mineral worker of the blood. It forms the fiber and properly diffuses it throughout the tissues in the body. This mineral should not be confused with chloride of potash, which is a poison.

Kali mur molecules are the principle agents used in the chemistry of life inasmuch as they build fibrin into the body. When kali mur is deficient within the organism the blood fibrin thickens, causing pleurisy, pneumonia, diphtheria, catarrh, etc. If the thickened fibrin is not thrown off through the circulation by the mucous membrane and glands, it may stop the heart's action. Embolus is a Latin word for little lump; consequently, heart action stopped by little lumps of fibrin clogging ventricles and auricles of the heart is a result of this deficiency.

Gemini rules the bronchial tubes, lungs, shoulders, arms and hands, and nerves. All nerves are essentially filaments. Nervous systems constitute the living physiological tree upon which every human being is crucified. Through the nervous system all functions of the body manifest and register the kind of life lived by the individual, as every thought reacts instantly upon them. Thus, "mana" – brain essence – descends to form man.

The meaning of Tau-rus is "dew-cross"; thus, the spirit in us becomes suspended on a cross of matter (physical body). The living tree of nerves is the body constituting the cross. All parts of the body have a

chemical formula, as do the brain and nerves. Until they are chemically perfect, absolute self-control cannot be possible.

Mercury, ruler of the sign Gemini, astrologically is the mind. It is the messenger of the gods; and as the messenger, utilizes the mind (electrical energy of thought) and the sensory nerves (subtle nerve fluids). If one's chemical formula is in balance, the electrical energy is utilized positively and beneficially. If there is an imbalance, however, the energy is used in a negative or destructive way. This mental power is necessary in order for one to be a good speaker and lecturer.

Gemini is the sign of the twins, which signify the higher and lower selves as the two centers of consciousness in the soul. The spirit manifests in the individual when the body and brain are chemically perfect. If the body is not in balance, the manifestation of spirit is limited and veiled by the imperfect body. Consequently, the lower mind (subconscious) harms the body and can be injurious to others.

Gemini's mineral, kali mur, is known as the "spinning salt," because it creates and reconditions the fine network of fibers binding the tissues, and is necessary for children's complaints, such as swollen glands, diphtheria, tonsillitis, croup, whooping cough, etc. A reminder: ferrum phos must be given along with all other minerals.

A deficiency of this mineral will cause the following: exudations through the skin as in measles, scarlet fever and chicken pox, swollen glands.

acne

chronic swelling of the feet

and legs

typhoid and typhus fever

loss of voice
indigestion, especially after
eating fatty foods
jaundice
purging
leucorrhœa
suppressed menstruation (discharge
is dark, offensive, clotted or
excessive)
goitrous congestions
blood clots
bunions
warts
pains increased and aggravated by
motion
erysipelas
quinsy
secondary state of all its complaints
discharge of pale yellow or clay-
colored stools
gonorrhœa
orchitis
syphilis with white discharge
excessive thickening of an
organ, especially the uterus
ulceration of the uterus, with thick
white discharge
all burns
scurvy
wasting of the spinal cord

Potassium is a balancer of acids and helps maintain the proper solution of the elements. It is an especially important element in the brain and the red corpuscles, increasing recuperative powers and helping counteract constipation and liver disorders. Potassium is necessary for every living cell in the

body, and can be found in the fruit and vegetable juices.

Chloride is important for the formation of the digestive juices. It aids in the tissue construction and generation of nerve impulses, works as a body cleanser, and keeps the joints supple. Good sources of this mineral are found in cheese, oysters, white of egg, lettuce, cabbage, spinach, parsnips, beets, dates, celery, cottage cheese, fish, salmon, swiss chard, milk, watercress, dandelion, carrots, tomatoes, bananas, meats, potatoes, coconuts, onions, eye yolk, grapes, pineapples, oranges, lemons, whole wheat, and most of the fruit and vegetable juices, with beet, celery, cucumber, endive, lettuce, tomato, radish, and turnip leaf among the best. Other good sources are legumes, yeast, liver, and wheat germ.

Gemini herbs are: privet, dog grass, meadow sweet, madder, tansy, vervain, and yarrow.

Cancer is the sun sign for those born between June 21 and July 22. The mineral for Cancer is *calcareo fluorica* (cell salt form – *calc fluor*). Calc fluor is the mineral which strengthens and elasticizes the fiber which kali mur creates. The deficiency of this mineral element in the body brings about fatigue and a general weariness that sleep will not relieve. This is due to the lost tone of the tissues and brain fibers. An analogy would be a piece of worn-out elastic.

Red blood cells born in the marrow of the bones are responsible for the individual's suffering from one of the anemias, or some other form of self-destruction. Bone cells should be replaced as soon as they are worn out. This is one of the basic principles of life—replacement of cells. Calc fluor is associated with calcium, the builder of teeth and bones, as well as the elastic fibers of the tissues and blood vessels.

As the matrix of blood, it induces the rebirth of corpuscles in the spleen, and assists in the secretion of fluids.

A deficiency of this cell salt is noticeable in the skin. The skin becomes cracked, and the fissures and splits tend to form between fingers, toes, behind ears, at the anus, and in the corners of the mouth. The skin will become hard, crusty, and brittle. A poor memory, due to the lack of mental elasticity caused by the deficiency, will also be noticeable. Individuals will find difficulty expressing themselves, and will become hesitant to do so. Another obvious symptom is fear of poverty. Many people going through bankruptcy have a deficiency of calc fluor. The fear created by the deficiency of this cell salt indicates decreasing mental tenacity and a very negative outlook on life. While the planet Saturn was in this sign for the past two and a half years it was noticeable in the nation's economy as well as in individual lives. It would be wise, therefore, for those who have planets or afflictions in the sign of Cancer to take this mineral salt. Many suicides occurred during the past couple of years as a result of this same deficiency.

Another mineral to use in cell salt form with calc fluor is silicea. These two salts work together. Since they are hard substances, their work is to make tissues firm and to tighten up organs that are relaxed or prolapsed in the body. Expectant mothers should take this salt, as it is essential that the tissues be supple to prevent sagging of the abdomen and breasts after delivery as well as to promote an easy birth.

Other symptoms arising from a deficiency of calc fluor are:

cataracts

varicose veins
leukemia
anemia
living in the past
cough caused by tickling
in larynx
dental problems
hard lumps or knots in flesh
uterine hemorrhages
blurred vision
varicose ulcers
diseases of the bone
brittle finger nails
elongated ovula
ulcers
felons
dragging pains in the groins, extending
from the lower back to the thighs
muscular weakness of the heart
receding gums
increased quantity of urine
digestive disturbances
crusty disposition
chapped hands
thin and brittle enamel
hardening of testicles
spleen trouble

Cataracts are caused by the lack of calc fluor. It has been proven that the last degrees of Taurus in a chart, when negatively aspected or occupied by a powerful planet, affects the nerves. This results in a disturbance of the circulation, partially cuts off the blood supply to the eyes, and so often forms cataracts.

Parents who desire to cut down on their dentist bills will do well to give their youngsters calc fluor, along with calc phos and ferrum phos, daily. Calc

fluor is also used in therapy for enlarged glands, muscle strain, torn ligaments, hernias, varicosity, enlarged lymphatic vessels, tumors of the breast, gumboils, ganglion, lumpy exudations affecting bone tissue, and where constipation is caused by a relaxed bowel, hemorrhoids and piles. Other salts might be needed in addition, but the individual can use his intuition on this by being aware of the valuable assistance each mineral gives.

Calc fluor is also known as the "youth salt," because it keeps the muscles and tissues elastic, and maintains the elasticity of the fibers. An individual with sagging skin, particularly on the face, will notice within a few short weeks a much firmer, more youthful appearance.

The fluoride that is added to the city water is not calc fluor; it is sodium fluoride, and is one of the most toxic medicines known to man, only surpassed by cyanide of mercury, according to Rev. Hanna Kroeger, Ms.D., in her book *Instant Vitamin-Mineral Locator*.

Foods rich in calcium fluoride are sauerkraut, chinese cabbage, califlower, red and green cabbage. Calcium foods are American cheese, milk, buttermilk, chard, watercress, broccoli, endive, celery, rutabagas, spinach, turnips, parsnips, carrots, molasses, oysters, raspberries, string beans, oranges, rhubarb, lettuce, eggs, shrimp, lobster, clams, almonds, beans (dried) citrus fruits, bran, maple syrup, and the following juices: blackberry, cabbage, carrot, celery, cranberry, endive, fig, grapefruit, lemon, lettuce, orange, parsley, rhubarb, spinach, turnip leaf, and watercress.

The herbs for Cancer are rosemary, rushes, and raspberry leaf.

Leo people born between July 22 and August 23rd are naturally deficient in the mineral *magnesium*

phosphorica (cell salt form — *mag phos*). Those endowed with this mineral, magnesium, will be muscular, energetic people, and will be unable to relax. When energetic Leos use up their supply of magnesium, the result may be convulsions, spasms, and cramps due to the contraction of the body's fibers. Mag phos is found in the white fibers of the muscles and the nerves. A deficiency of this salt is easily recognized with Leo ruling the heart and motor nerves. Due to the deterioration of fibers of the muscles and nerves around the heart as a consequence of muscular effort expended over a long period of time, spasms occur which are quite often mistaken for a heart attack. In this case, patients recover after a certain amount of rest. Many times a deficiency of magnesium is responsible rather than a heart attack, since the heart is uninjured. This relaxation salt was so named because it acts as a charm on the tired fibers of the muscles and nerves.

Leo people generously endowed with magnesium phos are genuinely loving, generous, and kind. Their emotional nature is deep and from the heart. The emotional nature can be the biggest problem of a Leo; therefore Leo children should be taught temperance in all things—their emotions, eating and the value of money. Because Leo deals with sexual passion, those under this influence are inclined to suffer from lack of discipline and promiscuity. Overly generous, Leo is apt to be somewhat careless in respect to the value of money.

Mag phos, known as the anti-pain salt, is corrective in all cases of cramps, spasms, or in which application of heat brings relief. As the blood divider, the great pump of the body limits the supply of energy in the body when the emotional nature suffers, as it has a contracting and crystallizing effect on the nerves.

Mag phos serves to build sheaths as a protection for certain parts of the body. Both the sensory and the motor nerves are wound together in bundles like the strands of a rope encased in a tube of sheath, so that nothing will contact them or prevent the free flow of electrical currents of energy through the body.

A deficiency results in a disturbance in the fibers of the nerves and muscular tissues; this affects the rhythm, and spasmodic action results. Other symptoms of this nature are: cramps in the neck,

limbs, fingers, or any part of the body,
spasmodic sneezing

hiccups

heart and motor system trouble

lockjaw

crying

angina pectoris (needs large dose)

neuritis and neuralgia (other salts needed)

Calcium, when needed in any of the combinations, should be accompanied by magnesium, as there seems to be a special affinity between magnesium and calcium. Ferrum phos is another salt that must be taken. Ferrum phos is iron, a carrier of oxygen in the blood, which means purification. Regular iron tablets are not the same. They are too coarse to assimilate in the blood, and can be dangerous to the body if too much is taken. Iron tablets can also cause constipation, whereas ferrum phos (in cell salt form) will not.

An inadequate amount of mag phos in the system causes many illusions of the senses, mental disorder, nervous headaches with illusions of sight, such as seeing double, colors, etc., headache with chilly sensations up and down the spine,

sharp and intermittent shooting pains
spasmodic twitching of the eyelids
pain in eyes
loss of sense of smell
twitching of mouth or lips
spasmodic stammering
convulsions in teething babies
spasmodic closing of windpipe
stomach spasms
pain accompanying belching gas
stricture of male sexual organs
neuralgia of ovaries
paralysis agitans
writer's cramp
sharp pain in nape of neck
sensitivity to light
spasmodic earache, relieved by heat
all pain which heat relieves and cold
aggravates
shooting sensation in limbs resembling
electric shocks
involuntary motion of hands
constricted feeling in throat
cramping of the solar plexus
spasmodic retention of urine
menstrual cramps
constrictive cough of asthma
epileptic spasms
yawning with spasmodic straining of
lower jaw

The fundamental interpretation of the function of this salt is that it is concerned with vitality, activity, the circulation of the blood, nerve force and glandular fluids.

Foods rich in magnesium are most of the plant and animal foodstuffs: cocoa, chocolate, almonds, cashew

nuts, peanuts, lima beans, whole wheat, brown rice, oatmeal, dates, raisins, chard, spinach, yellow corn meal, and most fruit and vegetable juices. The herb chamomile works well with mag phos.

Other herbs of the Leo sign are anise, cowslip, daffodil, dill, eye bright, fennel, St. John's wort, poppy, marigold, mint, mistletoe, parsley, pimpernel (red).

Sulphate of potash is the mineral for the sign of Virgo (August 23—September 23). In cell salt form this mineral is called *kali sulph*. Virgos will have a tendency to be lacking this salt. This mineral is found in the epidermis, the outer skin, and the epithelium, the surface layer of cells covering mucus and serous tissues. It works with iron to keep the skin lubricated, and its main function is the manufacture and distribution of oils in the body. Kali sulph is responsible for cleansing as well as producing the oil to lubricate the skin and keep it soft. Therefore, to prevent aging skin that is dry and lifeless, one should take kali sulph, especially the last half of life in order to prevent the loss of oils in the tissues.

From a chemical standpoint, the meaning of Virgin (symbolic of Virgo) would indicate a pure, unadulterated body. When all chemical constituents of the blood are present health exists. And, thus, Virgo is ruler of the house of health in the zodiac.

Disease might be an adulteration of the body in which some of the original elements are missing. Physiologically, it is evident that all humanity is living in a state of adulteration, since to be unadulterated is to be perfect, pure.

The Seventh Commandment reads: "Thou shalt not commit adultery." Adultery refers to lewdness or unchastity of thought. "Impudicus" is the latin word for lewd, and its meaning in that language is

“unchaste, incontinent.” Continent in the Latin lexicon means to bind together. Therefore, the meaning of adulterated implies a loss. The original elements have not held together. (See discussion in *The Zodiac and the Salts of Salvation* by Perry and Carey.) Derived from the same root as adulteration is the word, “adult,” one who has attained full size and strength, maturity. Consequently, a grown person deficient in the original elements is merely adulterated.

Related to the sixth sign, Virgo is the ruler of sex on a higher level of consciousness. Through our earthly incarnations there should be a better body. However, the learning process has been so slow that in the past people were in their middle life before showing concern for their health. Today, of course, many are becoming aware earlier, and the children incarnating are higher souls who have a greater realization of what the body is.

Since Uranus entered the sign of Aries in 1927 the brain has become so chaotic that man has misused his powerful sexual energy. As mentioned above, sexual relations are very necessary on an individual level, depending on the individual's evolution. As man evolves, he finds a much higher use for this beautiful energy, and utilizes it in the highest way possible, in communication with God. Until then, his lower nature is satisfied with pleasure and with the relaxation of the bodily tension; he is unaware that he is able to go within through meditation, and bring about a more complete peacefulness of the body.

Originally, God created man in perfection. Sexual relations were to be used to incarnate a new body onto the earth plane for the purpose of soul growth. Man, through the lowering of the desires, has greatly misused this beautiful experience. An example shows

up in animals, who have their seasons for cohabitation. This is based purely on instinct and not, as it is with humanity, on sensation.

Uranus, the planet of greater enlightenment, moved into the sign of Libra in October 1968. We will find in the coming generations the new age child coming onto the earth plane complete within himself, a more highly evolved soul, twin souls born in one body. This will be the androgynous child of greater awareness and truth. Libra, the sign that rules marriage and unions, will bring this about, along with the double-bodied signs of Gemini, Sagittarius and Pisces. These children will be pioneers of the sixth sub-race. For these souls, sex will be on the highest level possible on the earth plane. They will utilize this energy as a tool of value, and it will draw them closer to the oneness of God.

Virgo, in ancient times, was assigned rulership over the solar plexus and the bowels. The solar plexus is the seat of feeling and sensation, and consists of twelve different nerve ganglia, including the spermatic plexus which has to do with the procreative seed within the internal spermatic artery to the ovaries and uterus of the female, and the testes of the male. Every sensual thought instantly reaches the solar plexus, the broadcasting and receiving station for the body, and is directly relayed to the sexual organs. Hence, the blood, glandular circulation and action are at once accelerated, and react on the mind as a result of the sensations produced. Sensation wastes energy and consumes material. When the seed is wasted in the lower passions through excessive use, death eventually results from the loss of the creative essence originating in the cerebrum (upper chamber).

Lymphatic glands must have sufficient oil, because oil is very healing. New skin is very important in all

children's health problems, thus this salt should be given for all children's diseases as it is essential in the formation of new skin. Intestinal, vaginal and uterine cancer can be treated by frequent injections of kali sulph and ferrum phos. Whenever possible kali sulph should be applied locally to the immediate area of disease. This salt should be given freely with colds, as it generally assists in perspiration, shifting, intermittent pain, in neuralgia of the face, acute or chronic catarrhal conditions of the head and throat, and with discharge of slimy yellow or greenish matter. Other symptoms are:

hot flashes

hair falling out

typhoid

yellow or yellowish-green discharge

of eyes

eczema

dandruff

smallpox

blood poisoning

inflammation of the conjunctiva

bronchitis

deafness from swelling of

internal ear

stuffy colds

whooping cough

hot, dry and harsh skin

dread of hot drinks

thirstlessness

all abdominal troubles

cystitis

rheumatic pains in joints of a

shifting, wandering nature

fungoid inflammation of joints

skin scaling freely on sticky base
cancer on nose, face or any
part of body
cough worse in evening
pneumonia
evening aggravation – worse in
heated atmosphere – better in cool air
earache, with sharp cutting pain –
(syringe ear with salt everyday)
typhoid or typhus fever
sexual disorders
rattling and gurgling of mucus in
chest
all sores exuding thin-yellow-water
matter

Deficiencies of kali sulph in one's body will create a feeling of suffocation and/or great suffering under certain atmospheric conditions.

The herbs for Virgo are privet, skull cap, and valerian. For foods containing potassium, see Aries. Foods containing sulphate are beans, bran, bread, Brussels sprouts, cabbage, cauliflower, cheese, clams, cocoa, eggs, fish, macaroni, lean meat, onions, peas, nuts, oats, oysters, swiss chard, turnips, watercress, wheat and vitamin B1. Practically all fruit and vegetable juices, especially garlic; grape, asparagus, onion, and watercress also are good sources of sulphate.

Libra (September 23 – October 23) is assigned to the mineral sodium phosphate. In cell salt form *natrum phos* acts as a balancer of the acidity in the body, and is known as the neutralizer of acids. Those suffering from gastric complaints will experience upon replacing this mineral a sense of well-being and mental calmness, as it adjusts the upheaval created by an excess of acid in the system. The highest

authorities on biochemistry have stated that a deficiency of lactic acid never occurs in the body since it is organic and, like albumen, is always present in balanced quantities if the proper foods are consumed. Therefore, both alkaline and acid substances are contained in the body.

Natrum phos works with the various acids and fluids, neutralizing and converting them into harmless substances. One of the symptoms of a deficiency of this salt in children is their grinding of teeth at night, indicating worms which thrive on lactic acid. By replenishing this salt the excess lactic acid becomes neutralized.

This salt is of extreme value in relieving certain irregularities of heart action, such as palpitation, by assisting the digestive juices in the system. Other conditions helped are heartburn, morning sickness in early pregnancy, tuberculosis, all cases of rheumatic pains, and weakness of the leg muscles.

The stars in the constellation of Libra are named Jogun, which means to "bind together." Thus, Libra rules the house of partnership and marriage. Constantly seeking balance in another, the highly evolved man finally realizes that "the" marriage is the union of the pineal and the pituitary glands in the head — the male and female glands — constituting the spiritual "marriage," or coming together for the purpose of balancing all energies and organs in the human body.

Death inevitably separates, and so there can never be a permanent marriage between male and female in the flesh. Earthly marriage, as it were, is a man-made law concerning the sexual life of two individuals. This is evidenced by the fact that in times past if a wife should refuse her husband a sexual life he was not obligated to support her.

Those born under the sign of Libra are usually beautiful individuals with seductive bodies; consequently, they are inevitably led through severe testing of their moral equilibrium. Libra is the symbol of a point of balance, and, in terms of the development of the soul, represents the balance between involution and evolution.

Libra rules the kidneys, which are located in the middle portion of the body, involving the sixteenth, seventeenth and eighteenth vertebrae, beginning at the top vertebra and ending with the thirty-third vertebra. The middle point of the spine is the seventeenth vertebra. Thus, the first fifteen degrees of Libra, or any sign for that matter, pertains to the left side of the body, while the last fifteen degrees extend from the middle of the body to the right side. Pain experienced in the female ovaries or male testes when one had kidney trouble is a result of the nerves of the kidneys connecting directly with those of the spermatic plexus.

Natrum phos, a diuretic, releases water from the tissues, gathers it in little cups in the kidneys, and drains it into the ureter which carries it to the bladder. Sufficient natrum phos in the system increases the flow of water while acting on the kidneys, the output of urea, and rendering less urine acid as it steps up the flow of bile. Natrum phos also assists digestion, having an emulsifying action on the body fats. Acid and fermentation of food is a direct result of a deficiency of natrum phos. It is impossible for a voracious person to achieve the necessary balance for a harmonious state of body and mind.

People often mistake a gnawing sensation in the stomach caused by acid for hunger, and constantly crave something to eat. They are quickly upset, and react in anger, due to the imbalance resulting from

the fermentation of food. Other painful symptoms appear, such as rheumatism, and a sour-smelling perspiration which is highly irritating to the skin. If allowed to continue, the kidneys eventually become affected and the stomach or bladder ulcerates. Changes of one's vision will vary from cloudy to clear, because acid reacts more quickly on the eyes than anything else.

Identifying with the cardinal cross (Chapter X), individuals with a deficiency of natrum phos (Libra) experience problems in the stomach (Cancer) through indigestion (Capricorn) which affects the eyes (Aries). This should give the reader an idea of how the signs are in sympathy with each other.

A deficiency of natrum phos causing worms will often create convulsions, and make the throat raw or sore, due to the presence of acid. Consequently, this is often mistaken for diphtheria. Continual presence of acid in the stomach sometimes results in deeply imbedded ulcers, which appear to be of a cancerous nature. Quite often they do develop into cancers.

In the event of large quantities of jelly-like masses of mucus passed in chunks and strings due to the deficiency of natrum phos, large doses should be given daily to eliminate this condition, disencumbering any parasites which may be present. This condition has sometimes manifested as diarrhea in children.

Symptoms due to a deficiency of natrum phos are as follows:

itching and pimple-like or flea-like bites
giddiness
yellow coating on back of tongue
outer ears sore and scabby,

with creamy discharge
inflammation of eyes, with secretion
of golden-yellow, creamy matter
headache with pain in stomach and
ejection of sour, frothy fluid
hot and burning outer ears
acid risings
superficial ulceration
cracking and creaking with
pain and soreness
sour taste in mouth
canker sores
insufficient urination
restless sleep
irregularity of periods
eczema
seminal weakness or emissions
due to intense pressure and heat, one
may fear insanity
tongue coating secretions always color
of golden-yellow
itching of nose (denotes worms)
dyspepsia
blotched red face with blotches coming and
going
inflamed tonsils
gastric abrasions
palpitation and irregularity of heart
rheumatism of joints
hives
increased sexual desire
itching of the anus
morning nausea

By being familiar with the parts of the body ruled
by Libra, and the affinity it has with the other signs
of Aries, Cancer, and Capricorn, one should be able

to judge when this mineral is deficient.

Food beneficial in this mineral are found in meat, fish, vegetables, whole grains, eggs, nuts, legumes, almonds, Brussels sprouts, dandelion greens, corn, peas, soybeans, spinach, fruit and vegetable juices such as apple, apricot, blackberry, cucumber, tomato, watermelon, pear, prune, grape, grapefruit, orange, lemon and cranberry.

The herbs for Libra are strawberry, primrose, violet (wild-violet), heatsease, balm, lemon, thyme, pansy, and barberry bark (which works well with natrum phos, as it stimulates action of the liver and kidneys and is helpful in all blood disorders).

Scorpio (October 23 – November 22) the sign of the occult, death, regeneration, and sex has been identified with the mineral *calcareo sulphate* (cell salt form—*calc sulph*). The esoteric meaning of sex is based on mathematics inasmuch as the physical body is a mathematical fact. Both the Latin and the Sanscrit words for sex mean six – a combining form of six – six days of creation, from the self-existing substance through the operation of the sex principle.

This brings into consideration the interlaced triangles, representing the mystical seal of King Solomon – the double trinity or six-pointed star; symbolic of the higher and lower planes of manifestation is the perfect union of the soul, the male-female principle within each soul perfectly combined as “one with the Father.” The triangle pointed downward is the positive pole of being – energy – life. The negative pole is the female trinity pointing upward. Hence, the two trinities produce six, or sex, the operation of which is the cause of all manifestation. Scorpio means to ascend, to create life in the lower plane of manifestation or ascend in perfection to the Father (pineal gland – upper

chamber).

Scorpio is the most complex sign in the zodiac, as it is always trying to ascend the heights. There is no in-between for Scorpio – he is either on the bottom of humanity as the Scorpion, or soaring the heights of spirituality as the Eagle. His competitive nature is always striving upward.

Calc sulph is absolutely indispensable in the healing process, as it is a great blood purifier. It will be found in the connective tissues in the bile and fluids of the stomach, protecting the body from wastage. Its most important duty is to eliminate worn-out red blood corpuscles so they may be used again by the body. Another very important function is to throw off decaying waste matter in order to prevent injury to the surrounding tissues.

A deficiency of calc sulph in the system causes the cleansing forces to continue too long, allowing the accumulation and discharge of pus, manifested by worn-out cells decaying in the tissues.

Ulcers and ulcerations are created from acids which collect in the gastric and digestive juices due to an insufficient amount of calc sulph in the body. Protecting the surface of the stomach by supplying a thin coating of its own element works as a defense against ulcer conditions. All cases of suppuration, slimy discharges, final stages of consumption, ulcerated conditions, unhealthy sores and festers that do not heal are relieved through the cleansing action of calc sulph.

An individual with an abscess forming may speed the action of calc sulph by taking the necessary dosage in hot water, supplying the mineral to the cells immediately. Calc sulph prevents boils and carbuncles from spreading to surrounding tissues. Sulphur's

antiseptic properties has an affinity for nerve tissues. Calcium is the tissue builder; while sulphur, a constituent of the skin and mucous membrane, will ionize the cell contents of these tissues to receive repair substances.

Fistulas are often a result of a deficiency of calc sulph in the system. A fistula is a tear in the wall of the bowel, forced by nature to rid the system of accumulated pus. Surgery entails the cutting away of the unhealthy flesh and is very painful. Healthy skin is then stretched over the gap and stitched together. Relapses often occur if the deficiency is never remedied. The second time surgery takes place it is usually higher up in the bowel area.

The sacral at the base of the spinal canal, the great ganglia and the coccygeal located at the end of the spine, have to do with the procreative glands ruled by Scorpio. The largest nerve in the body is the great sciatic nerve, which rises from the sacral center and branches out to the knees and extremities. Identifying the sacral center, Capricorn is one of five zodiacal signs relating to this position of the body. It is then to be realized that the adverse use of the procreative organs not only impair the activities of these five parts, but very often times results in paralysis when sexual excess or self-abuse is in evidence.

Extreme cases of sexual excess have proven to deteriorate five-twelfths of the human body, and have an indirect bearing on the other seven-twelfths. The limbs become still and painful, while the back appears bent, and gives one the appearance of looking old.

The first ten degrees of Scorpio relates to the male glands, the testes, and correspondingly to the female ovaries. The next ten degrees relates to the Cowper's glands (creators of oil) in the male and the Bartholin glands in the female (furnishes the lubricating fluid, a

yellowish oily substance). The last ten degrees covers the male prostate and the female uterus.

Libra, the sign between Scorpio and Virgo, is essentially trying to draw the two together in harmony and balance, and it will, eventually, via the androgynous child. At such time, it will be possible for Scorpio to replace the symbol of the scorpion with that of the eagle, as it ascends in its sublimity. The glandular fluid will then have turned into a higher etheric substance, and will ascend to the cerebrum (upper chamber).

Ulcers, symptomatic of a deficiency of calc sulph, are brought on by the stomach coating becoming thin, and easily abraded by irritating particles of foreign substance, particularly the continued presence of acid. When there is a sufficient amount of calc sulph in the body, the stomach is coated with a plaster of Paris which in turn eliminates all ulcerous conditions.

The eyeballs, bladder, and all parts contacting moisture, such as the passageway to the stomach, the mouth, nasal passages, throat, and wherever there is a burning sensation, such as in the feet, are other locations for this mineral.

A deficiency of calc sulph is one of three causes of barrenness in females. Those women who have had a hysterectomy may now replace the hormone pill with the following cell salts: kali phos, kali sulph, ferrum phos, natrum phos and calc sulph, along with the dulse tablet (also purchased at the health food stores). Upon taking these minerals, one may experience a weight loss. In the event of hot flashes, increase the amount of kali sulph, this will alleviate the situation. The hormone tends to cause an imbalance of the thyroid; thus, women who have had hysterectomies often tend to gain weight.

Once one commences taking the natural minerals in cell salt form, there is apt to be a reaction, as the toxins are being thrown out of the body. Some individuals temporarily gain weight, others might break out in a sudden rash, while still others may experience a headache. Continue to take the minerals and it will balance out, leaving the individual feeling better than he has for a long time.

A few symptoms of a deficiency of calc sulph are as follows:

yellowish or pasty-colored
complexion
pus in testes of prostrate
abscess of the cornea
roots of teeth ulcerating
diarrhea
deep-seated eye ulcers
suppurative stages of syphilis and
gonorrhoea
purulent secretions in mouth
yellow leucorrhoea
cough with mattery sputa
one of three causes of anemia
discharge of pus from ear
abscess of liver
suppurations of yellow-purulent matter
chronic catarrh
mattery pimples on face, especially at
puberty
swollen gums and cheeks
all stages of tuberculosis
stage of cold when discharge
is thick-yellow
discharge of matter or blood from
bowels

suppurating abscess of prostate in
male or of ovaries in female
neglected wounds that do not heal
chronic inflammation of bladder
inflammation of breast
skin festering, especially around
nails
suppuration of sore throat and
quinsy
ulceration of bowels
burning soles of feet

Calc sulph should also be used along with silicea, the mineral surgeon, for cleansing out pus.

Foods containing this mineral are beans, bran, bread, Brussels sprouts, cabbage, cauliflower, cheese, clams, cocoa, eggs, fish, macaroni, lean meat, nuts, oats, onions, oysters, peas, swiss, chard, turnips, watercress, wheat. Practically all fruit and vegetable juices with asparagus, garlic, grape, onion, watercress and cabbage as the best.

The herbs ruled by Scorpio are blackthorn, heather, horehound, bramble and wormwood.

Sagittarians (November 22 – December 22) are often successful in thought transference, and may be very prophetic. The mineral designated to Sagittarius is *silicea* and is referred to by the same name in cell salt form. Silicea is found in the hair, skin, nails, sheath of the nerves and in the bones. Known as the surgeon of the minerals in the body, it acts as an antiseptic, preventing large quantities of waste from accumulating in the tissues, as happens in growths and malignancies. A deficiency will be noticeable in one's hair, which will become dull and lifeless. Other signals will be a wilted, drooping appearance, becoming easily upset, forgetfulness, sterility, colds,

boils, abscesses, carbuncles that take a long time to mature, and soft and easily-broken finger nails.

An individual with an abundance of silicea in his system will have clear eyes, a smooth-textured skin, vivid personality, straight carriage, and mental and physical endurance.

Molecules of silicea have the power to penetrate an abscess or carbuncle, making a channel through which the pus may be eliminated from the system. Thus, it is important to use silicea along with calc sulph in eliminating pus collected from various conditions in the body. Silicea therefore, will be found to be more effective than lancing of the excrescence.

One of silicea's duties is to protect the underlying structures of the brain, in addition to protecting the spinal cord, muscles, organs and all nerve tissues. Silicea promotes natural perspiration and is very important in restoring the normal eliminative functions of the skin – cultivating the elimination of pus and aiding in the absorption of bloody discharges. Tiny particles of silicea travel throughout the body, digging around the cells congested with waste matter, loosening and pushing it on before them, ultimately reaching the surface with the pus. If the natural channels of elimination in the body are not accessible, the waste products take the path of least resistance. Hence, fistulas appear around the rectum. Anyone having similar problems should take all three calcium combinations (calc phos, calc sulph, and calc fluor) along with silicea for several months or until the condition is eradicated.

People who physically tire easily and are subject to nervous irritations or a sensitivity to noise lack silicea. A deficiency affecting the connective tissues between the cerebellum and the cerebrum produces mental confusion. Headaches which result from overstudying

or mental exhaustion benefit from taking silicea along with kali phos.

The following appear as symptoms of a deficiency of silicea in one's system: dullness of hearing, with swelling and catarrh of the Eustachian tubes,

catarrh, with thick, yellow discharge

fetid perspiration of feet

caries of the bone

ulceration of the throat

abscess of the liver

red eyelids

angry red pimples

mastoid process

mental abstraction

sties on eyelids

prostatitis

suppuration of kidneys

obstinate neuralgia at night

insufficient perspiration

sleeplessness from orgasm of blood

caries and necrosis of bones of

face and jaw

hardening of the tongue

fistulous ulcers

gumboils

leucorrhoea

copious night sweats

neglected injuries festering and

threatening to suppurate

tuberculosis

tonsillitis

boils and cystic tumors around ears

small red pimples on scalp

lachrymal fistula

hard lumps in breasts

redness of the edges of nostrils
acne
despondency and disgust with life
fetid body stools and sweat
hair falling or hair ends splitting
chronic gonorrhoea
urine loaded with pus and mucous
jerking limbs during sleep
hip joint diseases
pneumonia
pyorrhoea
ulcers on tongue
carbuncles
lumps or nodules on scalp
chronic syphilis
bronchitis

Symptoms will always be worse during a full moon and at night in open air.

To cure a cold with expediency, one should take large doses of silicea, ferrum phos, kali mur and kali sulph in connection with a hot bath. This cleans out the pores and breaks up the cold in a very short time. Food should not be eaten during this time to make the action more effective. For a watery cold add natrum mur.

Silicea is found in the following foods: white onion, radish, figs, oats and grains. The herbs allocated to Sagittarius are oatstraw, agrimony, wood betony and mallows.

Capricorn (December 22 – January 21) admits the soul into conscious participation in the higher worlds. Capricorn, symbolic of the goat, scapegoat of sacrifice, is the sign of the initiate. Capricorns, often dwelling in the solitude of their souls, possess a deep, interior nature.

The mineral for Capricorn is *phosphate of lime* (*calc phos* in cell salt form). Calcium is the chief building material, and is required by the body in greater abundance than other cell salts. Calcium is found more in the procreative fluid than in the blood. Hence, the purpose of procreation is the evolutionary process of humanity. It is easy to see why self-abuse is evident when there is a great deficiency of this mineral. Dr. George Carey wrote: "Phosphate of lime is destined to play a prominent part in the treatment of the sick, when its range is understood by the medical practioners."

Calc phos works with kali phos, using albumen as a base for bone structure and cell tissues. This salt is a constituent of the gastric juice used in forming the skeleton bones, as well as circulating in the blood and aiding the clotting process. Calc phos is drawn from the bones when there is a deficiency in the blood; then bones are easily fractured and heal slowly, as in elderly people, who have low calcium levels in their bodies.

Rheumatism is the result of a deficiency of calc phos, as the bile ferments arise from undigested foods, and move to the synovial fluids in the joints of the legs, arms and hands, creating severe pain.

The lack of calc phos in the system manifests in nonfunctional albumen, which creates eruptions, abscesses, catarrhs, consumption and many similar diseases. The bone diseases indicating a deficiency of this mineral are:

- osteomalacia
- pyorrhoea
- dental necrosis of the alveola
- bone cysts
- rickets
- osteitis
- caries of bone and teeth

Excessive appetite is another symptom. Also, children with adenoids and bronchitis are suffering from insufficient calc phos, kali mur and silicea.

A blood cell deficiency indicates a need for calc phos, as it aids the formation of the bone and the marrow, where the red blood cells are created. A need for iron phosphate (ferrum phos) shows immediately in the deficiency of hemoglobin.

Saturn, the ruler of Capricorn, restricts, binds, delays and limits the individual when he has not earned the result he is looking for, although once earned, Saturn rewards his efforts. Saturn limits within a certain radius in order to create stability, which does, in fact, imply stability. The framework of a body is its foundation. Upon death, the skeleton remains in the grave for some time before it decays into dust.

Saturn's position in his own sign requires severe testing of honor, because Saturn stands for truth, stability, honesty, honor and integrity. Capricorns are constantly climbing through life, falling down upon their knees, climbing, falling, etc., attempting to stand up to their own principles.

The seed conservation of the soul is in the procreative seeds. The Unicorn, symbolic of Capricorn in ancient times, is representative of support, the horn containing a central cavity, is filled with oil and resembles the spinal vertebrae, which also contains a central cavity for the usage of the Kundalini. The spinal vertebrae supports the body, and acts as a gauge in judging the mental and moral status of each person. The quality of oil (anointing oil) in the spinal canal corresponds to the general health and purity of the body. Upon being awakened the Kundalini (oil) at the base of the spine travels upward to the "upper chamber" (pineal gland), and anoints the individual.

This oil, needless to say, is essential to one's energy and creativity.

Due to an excess of mucous in the glandular fluids, the sexual glands of the average male are over-engorged, caused by a chemical deficiency, acid, and incorrect or excessive eating. This excess fluid creates a pressure in the dilated glands, and manifests in an uncontrollable desire for sex.

The cycle of life is symbolized by Capricorn, the house of spiritual conception and the higher mind, attained by the ego's climbing the mountain of aspiration through transmutation of the lower mind in the cycle of evolution. Capricorn's glyph is an esoteric interpretation of the serpent fire (Kundalini).

Excess mucus and albumin is a direct result of a deficiency of lime in the body. Nature's way of cleansing the system of mucus is the cold. Mucus-making foods such as dairy products are responsible for colds.

Enlargement of tonsils with mucus is caused by the deficiency of calc phos. There is no reason for removing tonsils; using silicea, along with calc phos and cal sulph (ferrum phos always included) will clear up the condition.

Goiters manifest as a result of waste collecting in the thyroid gland. Replacing the proper minerals will also correct this condition. Calc phos is used in the digestive and assimilative organs and is a very important constituent in the blood.

A deficiency of calc phos in the system will often cause a state of fear and panic to exist in the mind. Other symptoms are:

- incapacity for concentrated thought
- desire for solitude
- aching of eyeballs
- weak minds in those practicing

self-abuse (other salts needed)
crawling sensation over head
rough, hoarse voice in children
constant hoarseness
bones easily broken
thin and soft skull
stiff and numb tongue
head cold with albuminous discharge
loss of hair
all bone troubles
enlargement of throat
food causes distress
injuries to base of spine or coccyx
stunted growth
pain in bones
poor memory
dropsy of brain
dirty looking face
cold feeling in head, with
tight sensation
feeling of coldness and numbness
abnormal appetite
articular spinal irritation
eyes sensitive to artificial light
pale gums
inability to hold up head
blood anemic
palpitation of heart, and weakness
swelling of glands in scrofulous people
chronic enlargement of tonsils
goiter (other salts)
sinking, faint feeling in stomach
cellular disturbances
restless sleep
pimples on face
stomach pain after eating

decay of teeth

sticking pain in throat on swallowing

bad taste in mouth, especially

in morning

Calc phos hardens the teeth and calc fluor protects the enamel. Both should be used along with ferrum phos to stop all tooth decay.

Foods rich in calcium are: milk, buttermilk, chard, watercress, cauliflower, broccoli, endive, celery, kohlrabi, rutabagas, spinach, turnips, parsnips, carrots, molasses, oysters, raspberries, string beans, cabbage, oranges, rhubarb, lettuce, eggs, shrimp, lobster, clams, almonds, dried beans, citrus fruits, bran, maple syrup; and the following vegetable and fruit juices: blackberry, cabbage, carrot, celery, cranberry, endive, fig, grapefruit, lemon, lettuce, orange, parsley, rhubarb, spinach, turnip leaf, and watercress.

Foods rich in phosphate are meat, fish, vegetables, whole grains, eggs, nuts and legumes.

The herbs under Capricorn's rule are night shade and hemlock.

Aquarius (January 21 – February 20) is known as the "water bearer." The symbol of Aquarius is a very ancient symbol of water, the name is derived from the same root as aqua, the Latin word for water. February in the Latin lexicon means purification; thus, Aquarius is also connected with purification.

The "Son of Man," Aquarius, is referred to as the "heavenly man." Aquarius possesses the very powerful vibration of virtue, influence and efficacy; in the new age of Aquarius the light is being disseminated as the etheric waves are shortened, producing more powerful etheric currents, and making the above term very apropos. The letter "M"

symbolizes great depth in its origin, with its mystical glyph of waves. A circle in Sanskrit is called the Mandala. In Christianity and Judaism the Messiah is always connected with water. The Biblical Moses was drawn from water. To understand the Aquarian nature it is important to realize that in using the term "water bearer," reference is made to etheric energy.

The ruler of Aquarius, Uranus, means light. All names in Hebrew beginning with Ur are relative in interpretation to light. Manifesting the light of intelligence (mental light) is the serpent which has always been associated with wisdom in its positive interpretation.

The two co-rulers of Aquarius, Saturn and Uranus, are symbolic of the Aquarian water in the urn which must contain the seed of Saturn. The saline solution, sea water (blood serum) vitalizes the blood corpuscles swimming in it. In this salt sea of the body lives the physiological fish (corpuscles). Each living thing (cell) is a universe within its own cycle and is completely composed of all that is. We human beings are like fish swimming in the universal consciousness, God.

The human canal contains corpuscles of the blood which are the fish. The mineral consisting of the procreative germ cells contains the spirit. In the sexual act, when a child is not conceived, the mineral goes back to the earth while the spirit returns to God.

The cycles are very important, especially the cycle of seven, which is the most important of all. Uranus cycles a sign in seven years. Vitalizing the water of Aquarius, Uranus rules the day, the spiritual nature. Saturn rules the night, the material side.

The mineral for Aquarius is *sodium chloride* (in cell salt form — *natrum mur*). This combination forms the mineral known as common table salt. Table salt, however, is not sufficient, because it is too coarse to

merge into the blood stream. The chemical action of the molecules of sodium chloride distributes and circulates the water manifested in the human organism. Since natrum mur has the power to attract water into itself, it possesses a tremendous power of attraction. This vitalized electric salt increases vitality. Needless to say, those very deficient in natrum mur are devitalized, and arise feeling tired in the morning. During the cerebral rest of the night, the blood corpuscles were unable to be revitalized. When the cells in certain areas of the brain are extremely deficient in this salt, the corpuscles (physiological fish) die, just as fish cease living when removed from salt water. When one's body has become deficient in the mineral content, one is unable to be in tune with the Aquarian vibration. To ensure this very strong powerful vibration, one must have a clear brain, healthy, active liver, and a strong heart. Otherwise, one will experience results of dizziness, because Uranus rules the moist air in the head.

When the natrum mur content of blood becomes very low, it expresses through great disorganization of any part of the body. The part of the body indicating slow circulation will be seen by Saturn's position in one's chart, revealing evidence of insufficient or excess fluid. Insomnia is caused by dry brain tissues as a result of sunstroke. The head, quickly affected by hot rays, draws what little water remains. Sunstroke is easily cured by replacing natrum mur in the body.

Deficiency also occurs when the water content of the body is broken up by heavy alcoholic content, causing delirium tremens. Dropsical tendencies have been known to develop when there is too little fluid in the head and upper parts of the body. When this occurs there is usually too much in the extremities,

and the ankles and limbs are likely to swell.

If the brain tissues contain too much fluid, thought is actually submerged, resulting in drowsiness and a tendency to fall asleep. Sleeping sickness is brought on by the brain's containing an excessive amount of fluid.

Those individuals with thin emaciated necks are indicative of a deficiency of natrum mur as the tissues in the neck do not contain sufficient fluid. People whose sun sign is in the sign of Leo are often deficient in natrum mur, since Leo is the sign opposite Aquarius and takes more of a beating from the powerful Aquarian vibration. Cells of the individual influenced by Leo do not always contain sufficient natrum mur to attract water, and, thus, are unable to contain water long after drinking. They do not desire to drink water. When present in the body natrum mur invites thirst, and constitutes a chemical pull.

There are four salts which must be used for particular symptoms. To relieve burning, use calc sulph with natrum mur. Intense itching requires natrum mur. Inflammation and soreness accompanying other forms of irritation needs ferrum phos. Fibers of the flesh, use kali mur. By making a solution of these four salts and applying it to irritated parts, one will be soothed and the area will heal miraculously. The minerals seemingly are absorbed immediately into the body, and the properties work on the injured part instantly. Impure blood and a deficiency in minerals are the cause of all skin troubles.

One very deficient in natrum mur will lack vitality until nighttime, and the entire body will lack tone. All people experiencing a deficiency of sodium will have problems on rainy days.

With a deficiency of this salt, all symptoms reflect either too little or too much water in certain areas of the body. The following are some of the symptoms of a deficiency of natrum mur: all diseases of the stomach where watery vomit is present.

asthma

head cold with flow of tears

influenza

glands under tongue swollen

too little or too much saliva

despondent moods

dandruff

blisters on tongue

craving for salt

stupor and sleepiness

delirium with muttering and wandering

too much secretion

bladder catarrh

diabetes

itching skin

mouth dry and parched especially

in morning

insect stings

nosebleed

dry inflamed blood-shot eyes

thin and watery blood

creaking, cracking joints

dropsy

anemia

delirium tremens

hay fever

fresh colds with transparent

mucus and sneezing

constant spitting of frothy mucus

eruptions on scalp with watery content

sun stroke

sore throat with excessive dryness
thin neck
dull, hammering headaches
smarting eyes
neuralgic pains in eyes
stinging piles
chronic syphilis
chronic gonorrhoea
pleurisy
rapid and intermittent heart beats
felt over body, with rapid pulse
granulation of eyelids
earache
restless twitching of muscles
fidgets
involuntary spasms

Natrum mur is the most important salt in the body, as it controls the amount of water in the fluids and tissues.

The foods containing sodium chloride are: rye bread, whole wheat bread, cream cheese, buttermilk, bananas, dandelion greens, celery, codfish (fresh), mackerel and fresh salmon, halibut, lettuce, sweet potato, spinach, milk, American cheese, and the following juices: celery, beet, dandelion, lettuce, spinach, and watercress. The herb for Aquarius is spikenard.

Pisces (February 20 – March 21) is the last sign in the zodiac, and is symbolic of the point of boundary when the cycle is completed and the circle of life united. The zodiac is joined at this border where Aries, the beginning, and Pisces, the ending together await the soul's incarnation into a new body. Because Pisces stands for the ending of a cycle of spiritual existence beyond the veil, the true Pisces is

of a gentle and kind nature, Christ-like in thought and deed. The cord, symbolic of the fact that male and female must become one, binds the two fishes together. Therefore, at the end of the cycle Pisces feels the urgency to complete all things left undone, to tie up loose ends. The karma must be completed to give the soul the opportunity to begin a new cycle in completeness with more intuition and knowingness, through expansion of a higher vibration. While sacrificing its time, the spirit awaits preparation of its next incarnation. When the time is ready and the body prepared, the combined vibrations created by the planets in certain locations draws the spirit to the earth plane one more time. All work must be taken up where it was left off, thus, the previous bodily instruments used in the last incarnations are the deciding factors of what the next vehicle will be. However, unless the spirit is present, conception can not take place. The spirit then returns to the physical body in order to perfect the instrument by working out its salvation. Bodies must be supplied for incoming souls.

Madam Blavatsky says, "One out of 999,999 is really engaged in the great work — that of endeavoring to become perfect."

Spirit holds mineral particles together. The departing spirit has not been able to remain where there is insufficient material, as physical and mental processes deteriorate when the laws of higher consciousness are disobeyed. Consequently, death inevitably results as the intake of vital electricity decreases.

The thirty degrees of Pisces is broken up into three decanates of ten degrees each representing 1) degeneration, 2) generation, and 3) regeneration.

Neptune, the positive ruler of Pisces, and Jupiter,

the negative ruler, allow the sign of Pisces two rules. Ruling all things originating from water, Neptune transits each sign every fourteen years (7+7 – the important seven year cycle), completing the cycle around the zodiac every eighty-four years. Next to Pluto, this is the second most remote planet in our solar system. This mystical planet, with positive vibrations of perfection and purity, is one of the highest and finest on the earth plane. It is analogous to concealment, because the high, beautiful vibrations descend through the distance and become garbled upon entering the earth plane, manifesting idealism that cannot possibly be conceived on this plane of consciousness. As a result, depending upon Neptune's placement in the individual horoscope, the negative interpretation of Pisces often manifests in the form of deceit.

Neptune, ruler of water, protects as well as shakes the earth. The earth is a water planet; water is present everywhere, even in all parts of the human body. This results in an immense pulling and pushing of water (tides). Pisces is responsible for the arterial blood; when Neptune is adversely aspected, impure blood results. Composed of chemical elements, blood is matter. People with a badly aspected Neptune or certain malefic planets placed in the sign of Pisces are subject to heavy drinking. If one expects to be able to create and respond to the vibration of Neptune, he must totally abstain from liquor.

The mineral for Pisces is *ferrum phosphate* (*ferrum phos* is cell salt form). This salt, iron, has a tremendous affinity for oxygen, is necessary to attract oxygen into the lungs. Breath is spirit, the body must contain a full quota of iron to attract sufficient spirit to energize each atom. Spirit does the breathing unconsciously if there is sufficient iron in

the system. One of the most important and abundant metals in nature is iron. Invisible specks or atoms of iron fill the air in the higher stratas, allowing the ether to penetrate into the body of earth and man. Without iron there would be no life.

The red corpuscles are colored by phosphate of iron. A physiological and chemical statement from the Bible is Leviticus 17:11, "For the life of the flesh is in the blood; for it is the blood that maketh atonement for the soul." When blood is chemically perfect in the veins and arteries due to all the mineral elements contained therein, the blood is in a state of atonement for the soul and indicates the sum total of etheric fluids in the nerves and glands. An increased amount of cosmic energy (spirit) flows into the blood, making all parts of the body more active, when the iron content is well supplied. When this is the case, one will be energetic, alive and strong-willed. The opposite is in effect when the content of iron is low, as one will display depression, confusion and lack of vitality. By supplying more iron to the system, complexes can be eliminated. With a deficiency of iron in the body, air pressure on the outside of the body exceeds that within and creates the feeling of depression and despondency. Thus, suicide is often the result of a tremendous deficiency of iron, as one attempts to rid himself of a responsibility in perfecting his human body. Reincarnation is the outcome and will recur over and over again until perfection is completed. Air pressures within the body must be maintained by proper iron content to bring about stability and health.

Spiritual power and physical life is given to man by God's inspiration; because inspiration means to breathe in. "God breathed into man the breath of life and he became a living soul." Fish, an old and sacred

symbol used in the mystery schools, is a reference to the divine germ, Jesus, which corresponds to the new man, who is born of spirit and water. Jonah, swallowed by a whale, symbolizes the real man swallowed up by the waters of degeneration. Taken literally, it means the creative fluid is not used. Pisces, a female and negative sign, has to do with the basic creative substance. Fish (corpuscles) must feed the multitudes (cells) just as Jesus fed 5,000 people with two fishes for the purification of their lives. Starvation will ultimately result without the fishes or corpuscles, as one becomes anemic.

Madam Blavatsky wrote: "It is obvious that the many fishes referred to above are the corpuscles of life germs. One great fish is the manfish, or Jesus, the Divine Germ which is the product of a purified and regenerated mind and body." Truth of the above is that spirit and water are linked into a oneness with the Father. Pisces — water and Aries — spirit. Therefore, Neptune (Pisces) ruler of the pineal gland (the father within), and Mars (Aries), ruler of the solar plexus (from where the seed cometh), are joined into a oneness constituting the marriage.

The Greek word for oil is Christ. Blood in the arteries must contain a highly refined oil, as it is oxygenated, ("The blood of Jesus Christ cleanseth us from all sins"), enabling each one to perfect and purify his blood. Thus, it becomes the blood of Christ.

As part of the responsibility on earth, the female role is to conceive and give birth to incarnating egos. Therefore, the female cycle involves the monthly period. "Without the shedding of blood there is no remission of sin." The life — contending force — is hidden within the germ cells of the male-female principle. When mankind has evolved to a higher state

of consciousness and procreates within, there will no longer be a necessity for earthly births, because the new age androgynous person of the fourth dimension will be sexless. Sex organs will not be necessary, since the vital force will then be utilized in its supraliminal form. The third dimension deals with the cycle of desires in earthly conditions. The fourth dimension will be a cycle of spiritual experiences, in which the sexual organs will not play a part.

As the fluid in the body becomes depleted of iron, corpuscles tend to suffocate. When this occurs cancer is often a result, for iron is necessary for combustion.

A terminal cancer patient who was sent to this author by her doctor immediately began replacing the mineral salts in her system, which was very deficient in the potassium minerals. Included in the treatment was the unveiling of the reason she had cancer to begin with. Through the reading of her natal chart (the map of her subconscious) she became aware of the truth, and set about correcting her subconscious energies. The spiritual essence played a very important part. One is not able to effect a cure, let alone a complete healing, without spiritual knowledge of self. A very important factor is self-discipline. When one truly knows oneself, the truth will set one free. The patient healed herself, since all healing comes from within.

Due to a lack of iron, distorted and chaotic actions are the result of deficient and diseased brain cells.

When the deficient iron reserves in the body are forced to work overtime, forcing oxygen to the affected area for purification, the circulation is increased, heat is generated, and a state of inflammation manifests, causing one's temperature to rise.

A deficiency of iron, therefore, will not only cause

discouragement, depression and a feeling of being absolutely crushed, but will also cause blood poisoning. Real problems of health begin if iron is not replaced, as in the case of cancer. When a deficiency of potassium chloride (kali mur) occurs, a deficiency of iron will ultimately result, unless the potassium is replaced immediately.

It is very important for an individual to become aware of, and understand, the negative energies (hang-ups within) in order to effect a healing. Religion and science are twins. The total man, body, mind and soul, working with the natural laws of God, makes all things possible.

The symptoms of a deficiency of ferrum phos are as follows: colds with fever, stuffy and watery colds created by a deficiency of kali mur, calc fluor, kali sulph, silicea and ferrum phos. Stuffy colds will need calc phos in addition to the above, because the person will feel feverish and will at times be stiff. The mucus will be tough, thick, and difficult to cough up. Watery colds indicate a deficiency in the sodium combinations, and the mucus manifests as sneezing, with water running from the eyes.

Other symptoms are:

- water running from eyes
- motional unbalance, insanity
- vomiting of bright red blood
- inflammed gums (apply locally)
- sore and weak ligaments
- palpitation of heart
- all fevers
- cerebritis
- dizziness
- inflammed tongue, very red
- burning pain over kidneys
- fractures or injuries of any kind

sore throat

brain congestion, any cause

rush of blood to the head, causing delirium

injury to brain

hemorrhage

headache with rush of blood to head

sore muscles

soreness and tenderness of skin

first stages of inflammation

pain on pulling hair, head sore to touch

dull, throbbing, beating headache

congestion (nosebleeding saves lives)

one form of anemia

stiff back

hyperaemia

incontinence of urine from weakness

of sphincter muscle

Free use of ferrum phos attracts more healing oxygen and forces the waste and poison out of one's body. A cut or bruise will heal and leave no scar, when covered immediately with a cream made from slightly moistened ferrum phos. Scars are a result of insufficient materials within the body.

Foods rich in iron are beef, liver, egg yolk, wheat (entire grain), eggs, dried peas, oatmeal, lean beef, spinach, potatoes, dried prunes, kale, cheese, lima beans, white flour, watercress, chard, oysters, seedless raisins, dates, figs, beet greens, oranges, mushrooms, turnips, bananas, tomatoes, carrots, cabbage, fresh string beans, and fruit and vegetable juices as follows: apple, asparagus, apricot, cabbage, beets, carrot, spinach, parsley, and watercress. The herbs for Pisces are ferns, and seaweeds that grow in water.

HERB GLOSSARY

Agrimony (Agrimonia Eupatoria) — Taken as tea, cleanses the liver and prevents jaundice; beneficial in healing all inward bruises, wounds, distempers and bowels. Used as an ointment, it is healing to ulcers, cancers and old sores.

Anise (Aniseed) — Used for colic, eye lotion, coughs and colds. Also used in soups, broths and sauces, as well as in bread and decorating cakes.

Balm (Melissa Officinalis) — Very tasty herbal tea, used for relaxing the mind and calming the inner man, wash aching teeth, and all nervous disorders.

Barberry Bark (Barberries) — Used for liver and spleen troubles, taken as tea.

Blackberry Leaves — Used for sore throats and quinsy as a tea. Bruised and applied locally, will heal piles.

Blackthorn (Blossoms) — Used as a tea for a purgative. Purifies and strengthens the digestive system. Juice of the fruit is valuable as a cough remedy.

Bramble (Blackberry Leaves) — See above. Roots and leaves contain citric and malic acid and make a remedy for children against summer diarrhea and dysentery.

Broom-Buds (Genista) — Has narcotic properties, and is used in cases of dropsy. Has beneficial effect in cases of bladder stones and kidney problems.

Cayenne — Using the pepper, fill #00 capsules and take one three times a day for heart conditions and for purifying the blood. Also used in foods.

Chamomile (*Anthemus Nobilis*) — Used as tea, dissolves gallstones. Relieves indigestion, cramps, pains in stomach, strong congestions, dropsy, jaundice, and the spleen. Excellent tasting tea.

Colt's Food — Tea clears the chest, purifies the lungs, stops racking cough; gives instant relief in event of nausea, shortness of breath and inflammation of erysipelas.

Cowslip (*Primula Veris*) — Strengthens brain and nerves. Roots used for neuritis, epilepsy, convulsions and palsy. An ointment made of the flowers will remove freckles, sunburn and wrinkles.

Daffodil (*Narcissus Pseudo-Narcissus*) — Boiled fresh roots mixed with barley meal heals wounds. Swellings and inflammations of the breast are reduced by the juice of the bruised root.

Dandelions — Young leaves are very good in salads. Excellent source of Vitamin A (7,000 units), Vitamins B1, C and G. Gather roots and dry, using them as a blood purifier, with good effect on the liver, gall, spleen, and stomach. They will save many doctor bills.

Dill (*Anethum Graveolens*) — Strengthens the brain, good for flatulence, and stops hiccups; the oil in it comforts the stomach.

Dog Grass (*Couch Grass, Triticum Repens*) — Sometimes called quack grass. Very good for medicinal purposes when used for liver, gall bladder and kidneys.

Eyebright (*Euphrasia Officinalis*) — Use leaves as a tea or as eye drops. Dropped in eyes for several days, will clear all infirmities causing weakness or dimness of sight. Cold compasses may be used soaked in eyebright. Increases power of sight. Taken as a tea, is

good for gastric trouble and digestion.

Fennel (*Arethum Feniculum*) – Used as tea for dyspepsia, flatulent colic and reducing weight. Seeds are medicinal. A teaspoon of seeds to a cup of milk, boiled five to ten minutes is effective for colic. Half teaspoon of seed boiled in water makes excellent eye wash.

Ferns (*Polipod*) – Peel and chew one quarter of a fresh root five times a day for tapeworm. Each time, take a purgative (one tablespoon); this will effectively remove the entire tapeworm. (Make sure the head has passed out.)

Flaxseed (*Linum Usitatissimum*) – Really linseed. Tea for damaged mucous membranes and sore throats. Grind seeds into poultices, to have a powerful effect on drawing out ulcers and swellings. Mix into thick paste with warm water. Contains phosphates, potent oil, chlorides of potassium, sulphates, magnesium and calcium.

Heartsease (*Viola Tricolor*) – Wild pansy is the common name. Juice is an excellent cure for venereal disease, and for asthma and lung congestion.

Heather (*Ericas* – *Ericaceae*) – Tea used as tonic for depression, sleeplessness, lack of appetite, general weakness and nerves.

Hemlock (*Conicum Maculatum*) – Used only externally, to relieve swelling and inflammations.

Hemp – *Argimony* (*Cannabis Sativa*) – Decoction of root eases pains of gout, stiff knees, sciatica, rheumatism and shrinking of the sinews (tendon of muscle).

Horehound – Tea for tonic, stimulant, colds, coughs and sore throats.

Larkspur (*Delphinium Condolida*) – Roots and seeds used in killing vermin. Do not take internally or as medicine unless doctor orders.

Lavender – Tea beneficial for nervousness and hysteria, pains in head which arise from apoplexy, epilepsy, convulsions, cramps, dropsy, and fainting spells. Hoarseness relieved by gargle of flowers; spoonful of blossoms in a tea helpful with heart palpitations. Tea of lavender flowers, horehound, fennel leaves and asparagus root with a little cinnamon relieves high blood pressure and dizziness caused by liver congestion.

Lemon (*Citrus Limonum*) – Used to combat malaria, rheumatism and as a valuable liver medicine. The peel is a better source of Vitamin C than the juice.

Lilies Lilly of the Valley (*Convalearia Majalis*) – Root is a remedy for heart trouble and paralysis.

Madder (*Rubia Inctorum*) – Use the roots for cleansing the kidneys and urinary organs from gravel, palsy and sciatica.

Mallow (*Malva Sylvestria*) – Whole plant used for colic, kidney and bladder gravel and hernias. Tea from flowers removes mucous obstructions in the chest; for more effectiveness, add flowers of mullein with it. Vapor baths made from flowers of mallow relieves earaches. Good tea to soothe sores in mouth, especially after treatment with dentist.

Marigold (*Calendula Officinalis*) – Ointment made by boiling flowers with wax. Saturate clean cloth with ointment and apply to cut or wound – best remedy known. Also good remedy for varicose veins. Very beneficial on the skin; good tonic for easing heart troubles. Tea valuable for bruises, internal complications, burns and at times eradicates the scar. Used

for boils, ulcers, abscesses, and prevention of vomiting, a few sips at a time. Good as pot herb or in salads. Flowers good as herbs and in salads. Most valuable natural medicine in making new tissues. Very healing and one can not use too much of it.

Meadow Sweet (*Filipendula Ulmaria*) – Flowers used only in making tea. To be used only in the case of colic, dysentery and diarrhea. Effective healing properties.

Mint (*Mentha Viridis*) – Spearmint used for chewing gum, mint sauce and to soften hardened arteries, helps digestion, dissolves gravel in kidneys and bladder, stops gonorrhoea, and good for liver. *Other mints* – helpful for rheumatic and arthritic conditions, indigestion, and highly recommended in cases of sexual neurasthenia.

Mistletoe (*Viscus Querus*) – Best known of remedial properties for stopping hemorrhages. Powerful on nervous system. Mixed with equal parts of shavegrass, is corrective of disturbances in blood circulation.

Mosses – Apply locally.

Mustard (*Sinapis Nigra*) – Two kinds, black and white. White used for salads. Black contains ample sulphur and has very good medicinal properties. Prevents dyspepsia. A few mustard seeds eaten from time to time are most effective for those suffering from a weak stomach. Used as a plaster poultice on back, relieves rheumatism and other pains; if powdered and mixed with hot water, is most effective in soaking feet and preventing chills.

Myrtle (*Myrtus Communis*) – Leaves used for falling of womb, intestines and relief of dysentery and diarrhea.

Nettles (*Urtica Dioica*) – One of the most effective

tonics in natural medicine. Boil leaves like spinach and eat — very good. Drinking broth restores suppleness to hardened arteries, reduces high blood pressure, expels gravel from bladder or kidney, eases obesity. Tea made from dried nettle leaves will clear breast and lungs of all slime and mucus, forcing it out through the urinary passage. Roots effective in incipient dropsy. Portions of the body suffering from rheumatism or paralysis should have nettles applied to them. The sting acts as a pustulant. Has cured muscular pains and, in some cases, paralysis. Revives lost vitality of the area to which applied. These areas should be beaten with a twig of nettle to be most effective. Instant cure of catarrh by chewing several young nettles. Nettles contain iron, potassium, calcium, chlorine, sodium and sulphur, along with other trace elements.

Nightshade (Belladonna) — (*Atropa Belladonna*) — Leaves are medicinal, berries are poisonous. Leaves are a narcotic, and should not be used except under expert advice of herbalist.

Oatstraw (Whole Oats) — Cut into small pieces and boil an hour. Drink tea to alleviate diseases of chest. Bone-building when eaten as cooked cereal. Used as packs and compresses and added to bath, is very refreshing.

Onion — Has power of absorbing poisons. Contains phosphorus and sulphur, and is very effective in preventing colds, because it absorbs germs. Soothes the mucous membranes of the body, induces sleep, is good for asthmatic and catarrhal conditions; as a poultice, draws out foreign matter. Juice is a powerful diuretic, and stimulates and aids expectoration.

Pansy (*Viola Tricolor*) — One teaspoon per pot of tea

effective for those with pains around region of heart and palpitations.

Parsley (*Petroselinum Sativum*) – One of the most valuable herbs. Contains 22,500 units of Vitamin A, B, B8, chlorine, potassium, magnesium, iron, silicon, and other trace minerals. Used in a tea as a diuretic, cleansing tonic; recommended for swollen glands, and especially good with salads.

Pimpernel (red) (*Anagallis Arvensis*) – Used as tea, excellent for liver complaints, dyspepsia, jaundice and a powerful diuretic and sudorific, rashes, dropsical conditions.

Poppies (*Papaver*) – Flowers of soporific nature, good for quinsy and pleurisy. Can cause cold sweats and dizziness from overdosage. Be very careful not to overdo with this one.

Primrose (*Primula Vulgares*) – Tea taken three times a day will alleviate and eventually cure chronic headaches; relief for articular rheumatism and all nervous disorders.

Privet (*Ligustrum Vulgare*) – Used in lotions as a cleanser for ulcers and sores.

Raspberry Leaf (*Rubus Idaeus*) – Most effective for expectant mothers. Prevents miscarriage, makes for easy labour if taken the final three to six months before delivery as a tea. Good for nerves, anemia, loss of energy and general listlessness; also effective against diarrhea.

Rosemary (*Rosmarinus Officinalis*) – Ancient remedy used thousands of years ago. Boil down and drink. Tastes bitter, add honey. Expels morbid matter from system and prevents and cures dropsy. Good for eyesight, and will relieve nervous headaches. Also

good for gastritis, obesity, activates sluggish brains, helps weak memory, quickens the senses, comforts the stomach, helps digestion, drives away flatulence and rests the heart.

Rhubarb (*Rheum Pallmatum*) – Powdered roots are good for constipation and are the main ingredient in most stomach powders. Dry the powder and use ½-teaspoon in water, or chew root. Effective for liver in purging the watery humours and phlegm. Cures intestinal and stomach problems, and is mild purgative. Contains alkaloid known as rumicin and chrysophanic acid.

Rushes (*Juncus*) – Root used for chronic coughs and excessive menstruation.

St. John Wort (*Hypericum Perforatum*) – Used as diuretic and destroys worms. Tea will cure children of bed wetting habit, liver remedy, constipation, mucous obstructions in lungs and chest, especially effective when mixed with bitter aloe powder.

Sea Weeds (*Dulsa*) – Excellent source of iodine, as well as other minerals. Cook as spinach and eat. Dulsa tablets can be purchased at health food stores.

Skull Cap (*Scutellaria*) – Used in conditions of St. Vitus Dance, teething, nervousness, and convulsions.

Spikenard (*Aralea Racemosa*) – Also called Wild Licorice and spignet. Used as expectorant and stimulant.

Strawberry Leaves (*Fragaria Vesca*) – Tea good for kidney and bladder conditions; mixed with alum, good for sore mouth. Root used as dentifrice for removing tartar. Boiling water poured on leaves and left to stand 15 minutes is excellent for purifying blood, for liver complaints, and eczema.

Tansy (Tanacetum Vulgare) — Tea used for worms, hysteria, flatulence, menstrual troubles, jaundice and nervous system.

Thyme (Thymus Vulgaris) — Steeping leaves and drinking liquid is a cure for diarrhea, stomach cramps, insomnia, digestive troubles, nervousness, and strengthens eyes. Ointment made of thyme helps prostate gland catarrh if applied externally; also helps sciatica.

Valerian (Valeriana Hortense) — Use root; tea cures fainting fits, congestion in head, attacks of giddiness, nervous stomach troubles, hysteria and somnia. Eases palpitation of heart and cramps. Effective in producing sweating in fevers and pleurisies.

Vervain (Verbena Officinalis) — Root made into tea or powdered form effective in ridding one of dysentery, jaundice, diseases of eye, throat and fevers. Good for early stages of colds and for fits, nervous disorders, convulsions, liver complaints, dropsy, kidney trouble and whooping cough.

Violet (Wild) — Leaves can be used in salads. Tea relieves consumptives by dissolving mucus, headaches, shortness of breath, sore throat, rests nerves and the heart; and as a poultice or lotion for cancerous growth. Soothes inflammation of eyes and eases pain in head.

Wood Betony (Stachys Betonica) — Valuable for impurities of blood and scrofula.

Wormwood (Artemisia Absinthium) — Tea given to children with worms, upon rising before there is food in the stomach, will expel worms. Cures loss of appetite, impaired digestion, jaundice, dropsy, and, used externally, will reduce swelling of sprains, stiff joints, and inflammation in prostate catarrh. Worm-

wood also effective in epilepsy, and has some action on the pineal gland.

Yarrow (Achilles Millefolium) – Tea is nature's cure for diabetes. Used for colds, pneumonia, hysteria, epilepsy, pleurisy, and chest complaints. Also is effective for hemorrhaging in kidneys, lungs, piles, and for dysentery, flatulent colic, feverishness, and leucorrhea.

IN CONCLUSION

Upon completion of this book, let us pray that the "eye single" has been unfolded and the awareness of truth is permitted to seep through. Once the "eye is opened," knowledge flows from above in the form of wisdom, bringing with it much enlightenment for the benefit of the soul.

Many of us have gone through severe testing, trials and tribulations in the past few years. We may have wondered: "Why, why me?" To all of us this has been a time of changes, separations, reorganization, re-evaluation, pain, grief, and awareness. Through the severe testing involving illnesses, accidents, and personal tragedies of one form or another has come enlightenment for the soul's growth, bringing with it cognizance of life through the painful awareness of truth.

January of 1973 was a very significant time because the earth's vibrations and energies suddenly accelerated, throwing each individual into a higher plane of consciousness, depending upon the individual's state of evolution. Suddenly, many things were happening! Perhaps the reader will recall that about the time President Johnson died, Aristotle Onassis's son was killed in an accident, and there was an earthquake and volcano at the same time in the same location, Managua, Nicaragua. All over the world millions of incidents were apparent. Within each individual was the sudden feeling of extreme nervousness. Some committed suicide, others murder, and in all were erratic states of thinking. Seemingly, people had temporarily lost their minds in certain instances. This was all due to the effect of the earth's accelerated vibrations. Too many were totally unaware and unprepared for the events that were to follow.

Through the happenings of the year of 1973, we were to become aware of more than the individual, selfish, egotistical needs. Spiritual progress was being made, seeping in toward fulfillment in some cases.

UFOs were more apparent than in the past. Many revelations concerning their existence began to unfold. Again, more questions, "Why? What does it mean? How does it concern me?" Phenomena involving UFOs were evident. There was no mistaking that these were from a higher plane of consciousness, another dimensional world. Fear involving flying saucers disappeared, and in its place arose searching questions.

Our *space brothers* have been very active this past couple of years in balancing the energy fields as we near the completion of this major cycle. This cycle is the most important up to now, including Atlantis, because it no longer involves only the individual evolution of man, but also involves the evolution of the solar system as a totality. Hence, we have had much help from our brothers in outer space. They have stepped in to help save the earth, and, thus, the evolution of the universal consciousness.

The momentum has been building continually, following the January occurrence. Life is not what it used to be, at least as far as our knowledge of this particular life is concerned. The earth and the whole solar system has been in the process of preparing for this transition for some time. It didn't just happen! Through the enlightenment each individually has experienced since January 1973, our physical bodies have been changing structurally, preparing us for the higher vibratory frequency. We have not as a totality allowed our bodies to become lighter in substance as is necessary for handling the higher vibrations.

Each time one is subjected to a painful experience,

his body goes through a process of enlightenment, allowing it to take on a higher energy frequency. Many people have suddenly stopped eating meat; not because it is so expensive, but rather because they were following the "order" of their Higher Selves, the Christ within each and everyone of us. As we proceed into the higher realm of energies, we will find that meat is no longer necessary; we will be receiving the necessary substance for our bodies through a higher form of etheric energy. Those who have stopped consuming the flesh have just suddenly lost the desire for it. This was the order coming from above. It is important, however, for the individual to not stop or change anything he has been doing up to now unless it is right for him; making sure, of course, that what he is doing is not harmful to another. For to suddenly give up something necessary for individual expression is to suppress the desire within by using the free will for abstinence. This will only bring future problems that will manifest in other conditions. When the time is right for one to no longer consume meat, one will suddenly lose the desire and will later discover the real reason behind the change.

At the initial time of this writing (December 1973) Kohoutek, the conversional comet, was approaching the earth. The closer Kohoutek approached on the higher the energy field surrounding us became. The year before had prepared us for its visit. Through my communications on higher planes of consciousness, it had been revealed that this was the cause of much enlightenment and awareness in 1973. Kohoutek was sent directly from the God-head and will be responsible for future spiritual trends due to the exalted inspirational energy field it transported and bequeathed to mankind. Man is to utilize this energy to release his negative energies. The Battle of

Armageddon continues within each and everyone of us on the earth plane.

As Kohoutek approached, it was seen early in December in the morning sky. Kohoutek converged within about 75 million miles of the earth in mid-January. The comet's interaction with the solar wind created a stirring up of which we are still reaping the results. Thus, the Battle of Armageddon. The nervousness one felt within his own being that January of 1973 was due to the higher frequency within. Since that time we have experienced several other vibratory shifts, which are responsible for our undergoing sudden changes of thought, actions, and deeds.

Many suicides will occur in coming years as a result of these phenomena. Those individuals who have not made any effort to coordinate their body and spirit with the superconsciousness is an effort to clear away their "thorns on the path" will be the first to go. The time has come to release all negative energies of hate, greed, jealousy, etc., and to flow with the coming tide of the new age. It will truly be a beautiful experience. Many of us who are aware of the significance of the comet Kohoutek will continue to work in the future to help our fellowmen through the trying days to come.

Permit me to share an experience with the reader. On Thanksgiving Day of 1973, the day of Grace, I fasted all day. Since I was alone, I felt this need. During my sleep that night I had a more than usual active night of dreaming. Upon awakening the next morning, before opening my eyes, this message came through. "Alice, you have been on a space ship; and upon awakening, you will experience extreme dizziness and perhaps nausea."

Before opening my eyes I did feel very dizzy, in

fact, so much so, that my head was spinning. Upon cracking my eyes, the room began turning, turning, turning until it was whirling around. Feeling very nauseous, I stumbled to the bathroom, knowing that I must get back to bed immediately. After sliding into my bed, the room was really beginning to revolve, much as a spinning top. As the nauseous feeling became a reality, I was guided to turn over on my stomach, which seemed to help. Suddenly I fell asleep once again, and in a dream state I was thrown back on the space ship in memory, as many revelations were unveiled to me. Others were on the ship and all were involved in working spiritually with the occult and with other people.

The "Big Brothers" had taken my astral (sub-conscious) body on the ship and had taught me many things by reconditioning my subconscious for future enlightenment and awareness. As a result, more light entered my body, thus, the experience of dizziness and nausea. Knowing the truth, it was a matter of adjustment to my higher energy frequency. This adventure immediately threw me into a higher plane of supraliminal awareness in preparation for the energy shift that was to manifest in February 1974. Many of us are being prepared in one way or another to work with the thousands and millions that will be thrown into higher states of awareness as time goes on. The degree of consciousness, of course, depends upon individual evolution.

Wanting to share the above experience, I wrote a letter to a friend, Brad Steiger, world famous author and foremost authority on documented occult phenomena. Upon relating the above experience, I added, "I did not see you there; however, it does not mean that you were not, as there were many others I did not see." He immediately replied with, "It

appears that you and another dear sister of Los Angeles, were or have been experiencing similar dream teachings, although she definitely saw me present. Be prepared for more dreams/visions of this nature. Another friend also had a number of this nature."

The above exchange was printed in our newsletter (now a magazine), *The Way Of Light*, which was mailed to thousands all over the world. Yolanda, one of the founders and main channel for Mark-Age Meta Center, replied with the following: "I particularly was impressed with your Thanksgiving experience as you described it on page seven of your December 1973 newsletter. It is similar to many such experiences I have had."

On October of 1974, during one of my visits to San Francisco, I met a psychic, Jeanne Borgen, and had an occasion to relate the above story of my previous experience, to which she exclaimed, "I was there!" Perhaps some of the readers will recall being there also.

If the body is not prepared for the higher energy of light being effectuated by the comet Kohoutek, there will be mass suicides in coming years. The body must be in balance with the mind, otherwise, there will be such a conflict within the individual that he will become so emotionally disturbed he will not be able to handle the higher frequency rate within his body. This in turn creates erratic behavior and possibly destruction.

After the last shift in April of 1975, many individuals are encountering ordeals, the responsibility for which their consciousness is being forced to accept. Their own negative thoughts, fears and doubts are being released from the subconscious to be dissolved. Consequently, many are involved with

much testing of their own faith and truth.

Some of us have been preparing through isolation, meditation, and purification of the body; others, by going through painful experiences of releasing the past few years, in addition to other preparations for accepting the higher etheric frequency.

We must all begin meditating more! Our energies are too scattered. By meditating at least once a day, at the same time if possible, one begins to organize his energy and change his life pattern for the better.

As we become more aware of the higher energies, let us associate the word *Christmas* with the above. *Christ* – the anointed one who died for our sins; and *Mass* – a figure determined for a given body by dividing the weight of the body by the acceleration due to gravity – the total body. Let us, then, give our gratitude and thankfulness for the help we have been receiving from our “elder brothers,” as they have been in the process of “dividing the weight of the body (earth) by the acceleration due to gravity on the total body (solar system).

Through awareness and truth may we all look forward to a beautiful life filled with love, peace, harmony and balance which only we can bring about.

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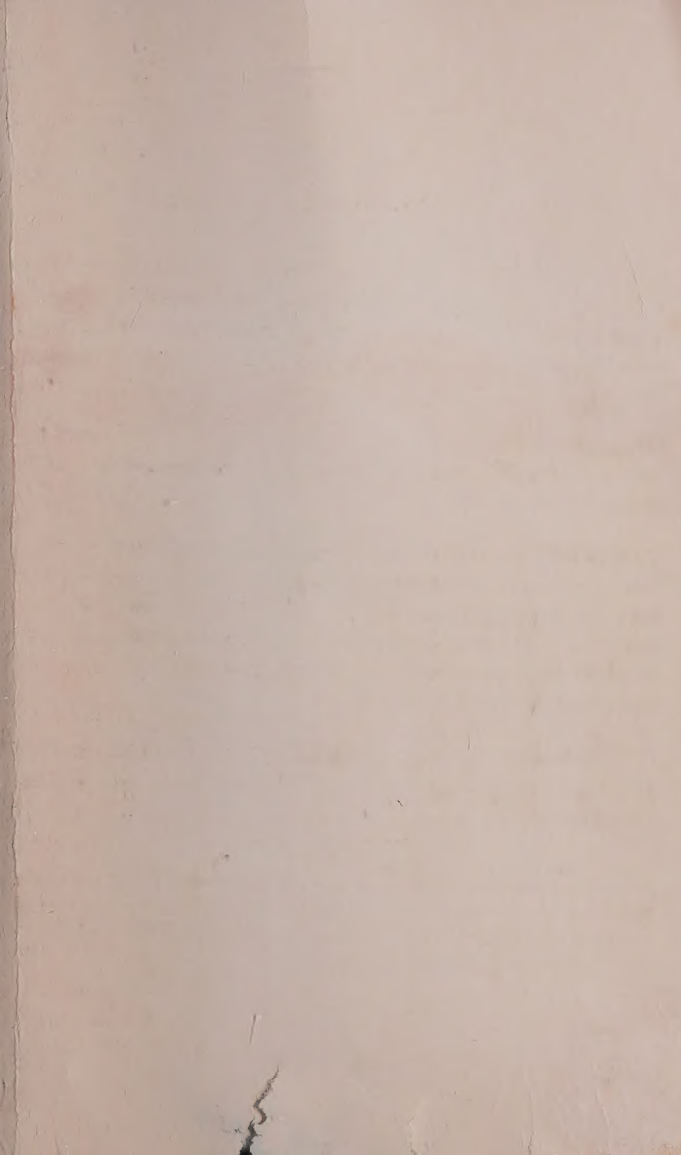
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