

CONVERSION FACTORS FOR ENERGY UNITS

If greater accuracy is required, use the *Energy Equivalents* section of the *Fundamental Physical Constants* table.

	Wavenumber $\bar{\nu}$ cm ⁻¹	Frequency ν MHz	Energy E aJ	Energy E eV	Energy E E_h	Molar energy E_m kJ/mol	Molar energy E_m kcal/mol	Temperature T K
$\bar{\nu}$: 1 cm ⁻¹	≐ 1	2.997925×10^4	1.986447×10^{-5}	1.239842×10^{-4}	4.556335×10^{-6}	11.96266×10^{-3}	2.85914×10^{-3}	1.438769
ν : 1 MHz	≐ 3.33564×10^{-5}	1	6.626076×10^{-10}	4.135669×10^{-9}	1.519830×10^{-10}	3.990313×10^{-7}	9.53708×10^{-8}	4.79922×10^{-5}
1 aJ	≐ 50341.1	1.509189×10^9	1	6.241506	0.2293710	602.2137	143.9325	7.24292×10^4
E : 1 eV	≐ 8065.54	2.417988×10^8	0.1602177	1	3.674931×10^{-2}	96.4853	23.0605	1.16045×10^4
E_h	≐ 219474.63	6.579684×10^9	4.359748	27.2114	1	2625.500	627.510	3.15773×10^5
E_m : 1 kJ/mol	≐ 83.5935	2.506069×10^6	1.660540×10^{-3}	1.036427×10^{-2}	3.808798×10^{-4}	1	0.239006	120.272
1 kcal/mol	≐ 349.755	1.048539×10^7	6.947700×10^{-3}	4.336411×10^{-2}	1.593601×10^{-3}	4.184	1	503.217
T : 1 K	≐ 0.695039	2.08367×10^4	1.380658×10^{-5}	8.61738×10^{-5}	3.16683×10^{-6}	8.31451×10^{-3}	1.98722×10^{-3}	1

Examples of the use of this table: 1 aJ ≐ 50341 cm⁻¹
1 eV ≐ 96.4853 kJ mol⁻¹

The symbol ≐ should be read as meaning “corresponds to” or “is equivalent to”.
 $E = h\nu = hc\bar{\nu} = kT$; $E_m = N_A E$; E_h is the Hartree energy