Thyroid supplements with lugols 9-2013  
The two I'd pick are....

Thyroid Energy    and

Iodine, Potassium, Silica

Radiation:

Little kids and oldies need about 1 to 2 drops Lugols and small amounts of a seaweed solution.... assuming their teeth are OK and gut has been detoxed. Oldies need to be sure to do enuf exercise to keep their lymphatics  moving. Remember that poly unsaturated oils like canola and soy which are in all baked and processed goodies form a viscous plaque that obstructs lymph flow. Coconut oil undoes that plaque eventually.

I'd suggest that you get the AgriSea seaweed liquid from New Zealand. Get a 5 litre jug and distribute it around kiddleys in Hawaii.

Cheers,

Earl

Which seaweed for with lugols?  
  
1)The mix you are making with seaweed - who could take that?  All adults?   With lugols for radiation.  
  
2)Then one of below for me to take while traveling with lugols  
  
3)Something below for 1 year old and 4 year old - for radiation  
  
Please place your vote for the best.........................................  
  
I spent hours looking this stuff up and am trying to determine if it is a safe source.  These are the winners.  I will try to get lugols before leaving S America. Thanks Earl.  This is a tough issue with this radiation. My dear little ones in harms way.  All I can do is order this stuff and hope and pray somehow this disaster is averted.  
  
Nancy

**Description**

**Bladderwrack Extract**

**By:** [**Nature's Answer**](http://www.vitaminlife.com/category-exec/BNAME/Nature-s-Answer/brand_id/547)

**UPC Code: 083000001390**

**Price: $9.74**

* Organic Alcohol Fluid Extract (1:1)
* Thallus
* Fucus vesiculosus
* Herbal Supplement
* Holistically Balanced
* Kosher Parve

\*Bladderwrack is used mainly for treating underactive thyroid glands. With over 11 million Americans suffering with hypothyroidism, or slow thyroid, bladderwrack is the perfect supplement. Seaweed and kelp contain high levels of iodine, a requirement for a healthy thyroid gland. Also, taking bladderwrack while exercising will boost your metabolism and promote fat burning in the body. It is helpful in treating goiters or an enlarged thyroid. Besides being used by thyroid patients, bladderwrack can be used for the treatment of arthritis. It can lower cholesterol, and as a fiber it brings the benefits of alleviating constipation. Nature's Answer organic alcohol extracts are produced using alcohol, water and coconut glycerin utilizing our cold Bio-Chelated proprietary extraction process, yielding a holistically Balanced standardized extract. Liquid extracts are absorbed faster than tablets or capsules, and are more potent than tinctures. Holistically Balanced guarantees that the constituents of the extract are in the same synergistic ratios as in the plant. Nature's Answer organic alcohol extracts are produced using alcohol, water and coconut glycerin utilizing our cold Bio-Chelated proprietary extraction process, yielding a holistically Balanced standardized extract. Liquid extracts are absorbed faster than tablets or capsules, and are more potent than tinctures. Holistically Balanced guarantees that the constituents of the extract are in the same synergistic ratios as in the plant.

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| **Seaweed 500mg**  **By:** [**Seagate Vitamins**](http://www.vitaminlife.com/category-exec/BNAME/Seagate-Vitamins/brand_id/718)  **UPC Code: 019277000606**  **Price: $11.95**    (No reviews yet)  [Be the first to write a review](http://www.vitaminlife.com/review.php?pr_page_id=55267) | Seaweed 500mg |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | **Form** | **Size** | **Retail Price** | **% Off** | **Our Price** | **Qty** | **Buy** | **In Cart** | | **VegCap** | **100** | **$11.95** | **0** | **$11.95** | |  |  | | --- | --- | |  |  | | |  | |  | | | | | | | | | |
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**Seaweed** - the perfect marine food

**Benefits:** Seaweed is one of the primary sources of nutrition for ocean life. Seaweed is an excellent source of fiber, minerals, protein, and chlorophyll (10mg/100 grams), is rich in antioxidants and represents up to 10% of the diet in several Asian countries. Seaweed is an excellent cleanser, digestive aid, detox. nutrient and source of calcium and iron. This product has a very pleasant marine flavor and smell.   
  
**Raw Material Source:** Seagate’s seaweed is harvested by divers from an isolated bay along the central Pacific coast of Baja California. This seaweed has no level of detectable contamination. It is a highly sustainable marine resource, growing up to 3 feet per day during the summer months.   
  
**Processing:** Seagate divers deliver the fresh seaweed directly to the factory on the day that it is harvested. Seagate washes the seaweed in freshwater, removing most of the residual seawater salt. The remaining sea salt provides a rich marine taste and mineral content. Seagate freeze-dries the seaweed in modern stainless steel tanks, capturing all of its valuable nutrients.   
  
Iodine is an important trace mineral found in seaweed. One serving of seaweed powder (10 grams) contains 0.12 mgs of iodine or 59% of the suggested daily value. For most people, iodine is an essential mineral helping to regulate the thyroid. However, persons with a thyroid condition should first consult with their health care professional to determine their limit of iodine consumption. Iodine has show to be a very important nutrient to take in case of exposure to high doses or radiation, interfering with the absorption of radioactive isotopes by the thyroid.   
  
**Seagate Seaweed can be enjoyed as either a powder or in capsule:** 100 Capsule Bottle: A convenient and inexpensive way to take this rich marine source of fiber, minerals and protein every day, containing much less iodine than a serving of seaweed powder.

Baja may be contaminated now - eventhough they swear no

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How much seaweed a day with Lugols?  Does Spirulina count as seaweed?

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| **By:** [**Seagate Vitamins**](http://www.vitaminlife.com/category-exec/BNAME/Seagate-Vitamins/brand_id/718)  **UPC Code: 019277000590**  **Price: $21.95**    (No reviews yet)  [Be the first to write a review](http://www.vitaminlife.com/review.php?pr_page_id=55266) | Seaweed Powder |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | **Form** | **Size** | **Retail Price** | **% Off** | **Our Price** | **Qty** | **Buy** | **In Cart** | | **Powder** | **300 g** | **$21.95** | **0** | **$21.95** | |  |  | | --- | --- | |  |  | | |  | |  | | | | | | | | | |
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**Seagate Seaweed can be enjoyed as either a powder or in capsule:** 300 gram Powder bottle with a convenient shaker cap. This flavorful and nutritious ocean algae can enhance many foods. Lightly sprinkle it over salads, soups, pastas, omelets, chowders, cooked vegetables, or into juices and smoothies. Seaweed powder can also be mixed with a small amount of water to make a paste and applied to the face for its complex of sea salts, minerals, and protein to help soften the skin.

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I say if the person eats the dry pack inside they deserve what they get

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| **By:** [**Now Foods**](http://www.vitaminlife.com/category-exec/BNAME/Now-Foods/brand_id/371)  **UPC Code: 733739033680**  **Price: $12.99**    (No reviews yet)  [Be the first to write a review](http://www.vitaminlife.com/review.php?pr_page_id=43173) | **Hover to zoom, Click for full** |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | **Form** | **Size** | **Retail Price** | **% Off** | **Our Price** | **Qty** | **Buy** | **In Cart** | | **VegCap** | **90** | **$19.99** | **35** | **$12.99** | |  |  | | --- | --- | |  |  | | |  | |  | | | | | | | | | |
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NOW® Thyroid Energy is a complete nutritional supplement for the support of normal thyroid function. NOW® has combined Iodine (from Kelp) and Tyrosine, the two integral constituents of thyroid hormone, with the minerals Selenium, Zinc and Copper, to assist in production. In addition, NOW® Thyroid Energy contains Guggul Extract, an Ayurvedic herb known for its ability to support a healthy metabolism.

**Recommend:**   As a dietary supplement, take 2-Vcaps® 2 times daily, on an empty stomach or just before meals.  
  
**Cautions:**   Please discard the inedible freshness packet enclosed. Warning: If you are currently taking any thyroid medications, MAO inhibitors, or any other type of anti-depressant medications, please consult your health care practioner prior to use.  
  
**Does Not Contain:**   sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.  
  
**Ingredients:**   Vitamin B-6 (from Pyndoxine HCI) 2 mg, Folate (as Folic Acid) 400 mcg, Vitamin B-12 (as Methylcobalamin) 60 mcg, Iodine (from Kelp and Irish Moss) 225 mcg, Zinc (from L-Optizinc® - Zinc L-Methionine Complex) 25 mg, Selenuium (from L-Selenomethionine) (Yeast-Free) 50 mcg, Copper (from Copper Amino Acid Chelate) 1 mg, L-Tyrosine (Free-Form) 1.0 g (1,000 mg), Irish Moss (Chondius Crispus) (Thallus) 200 mg, Goggul (Commiphora Mukul) (Resinous Sap) 75 mg, Standardized Extract (min. 10% Guggulsterones), Kelp (laminaria digitate) (Whole Plant) 60 mg, Ashwagandha (Witharia Sommifera) (Root) 50 mg Standardized Extract (min. 4.5% Withandides), Concentrace® Trace Minerals 5 mg.  
  
**Serving Size:**   2 Vcaps  
  
**Additional Ingredients:**   Cellulose (capsule), Magnesium Stearate (vegetable source), Cellulose and Silica.  
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| [**crystal Star**](http://www.vitaminlife.com/category-exec/BNAME/Crystal-Star/brand_id/76)  **UPC Code: 747889048609**  **Price: $10.46**    (No reviews yet)  [Be the first to write a review](http://www.vitaminlife.com/review.php?pr_page_id=36703) | Iodine Source |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | **Form** | **Size** | **Retail Price** | **% Off** | **Our Price** | **Qty** | **Buy** | **In Cart** | | **Liquid** | **1 oz** | **$13.95** | **25** | **$10.46** | |  |  | | --- | --- | |  |  | | |  | |  | | | | | | | | | |
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**Iodine, Potassium & Silica Extract**

A natural source of potassium, iodine, and silica from sea plants for beautiful skin, hair, nails; gland balance; detoxification; and thyroid protection.\*

DIRECTIONS  
Take 15 drops daily for health protection.

INGREDIENTS  
Seaweed Extract {Kelp (Ascophyllum n.), Dulse (Rhodymenia p.), Irish moss (Chondrus c.), Watercress Herb (Nasturtium o.), Arame (Eisenia b.)}; Horsetail Herb (Equisetum a.); Sea Buckthorn Bry. (Hippophae r.); Spirulina (Spirulina p.); Barley Grass (Hordeum v.); Oatstraw (Avena s.); Chamomile Flwr. (Matricaria r.); Passionflower Herb (Passiflora i.); Dandelion Lf. (Taraxacum o.); Butcher’s Broom Herb (Ruscus a.); Turkey Rhubarb Rt. (Rheum o.); Thyme Lf. (Thymus v.); Orange Peel (Citrus a.); Gentian Rt. (Gentiana l.); Orange Blossom Oil (Citrus a.); Stevia Lf. (Stevia r.); Alcohol content 40%.

Other Ingredients: Grain Alcohol 40%

Extracts are exceptional herbal preparations. They are four to eight times stronger than capsules and are concentrated, easily digested, potent, nutritive foods. Extracts, as well as vegetarian capsules and herbal teas work at the cellular level within the body, addressing both symptoms and causes of many health problems. In addition, extracts offer an effective and safe preparation to supplement poor diets, protect against environmental pollution and the pervasive health perils we face today.

**Recommend:**   Take 10 - 12 drops (Sprayer: hold close to mouth and spray 2 - 3 times) under the tongue 2 - 3 times daily. Each dosage of Iodine Source supplies about 150mcg of highly absorbable iodine. Shake well before using.  
  
**Cautions:**   Keep out of the reach of children.  
  
**Serving Size:**   10 - 12 drops



* [Colloidal Silver with Atomidine Spray](http://heritagestore.com/colloidal-silver-with-atomidine-spray-2oz-liquid.html)

**Colloidal Silver with Atomidine Maybe for baby -11 months**

**Catalog Number:** 319483

**Brand:** Heritage

**Size:** 2 oz

**Form:** Liquid

[Be the first to review this product](http://heritagestore.com/review/product/list/id/642/#review-form)

$12.99

Qty: 

[Email to a Friend](http://heritagestore.com/sendfriend/product/send/id/642/) | [Add to Wishlist](https://heritagestore.com/wishlist/index/add/product/642/)

**Product Description**



**Support Your Immune System**We've combined two essential minerals in one spray for your good health. Colloidal silver is widely used to boost your immune system. Atomidine is a wonderfully potent source of iodine, a metabolism-boosting component of the glandular system, and a partner in the absorption of calcium, which is key to maintaining proper pH, and supporting your upper respiratory system. When your defenses are down simply spray this versatile helpmate to restore balance. Contains 540 sprays.

**Supplement Facts**

Serving Size 12 sprays

Servings Per Container:  540, 45 days

|  |  |  |
| --- | --- | --- |
|  | Amount per Serving | % Daily Value |
| Colloidal Silver | 10 ppm | \* |
| Iodine, from Atomidine™ | 150 mcg | 100 |

Percentage of Daily Value based on a 2,000 calorie diet

\* Daily Value not established

**Other Ingredients:**  Water, Mentha Piperita (Peppermint Redistilled) Oil.

**Directions:**  Use 12 sprays per day as desired. Some individuals prefer to use 3  sprays four times a day.

**Warnings:**  Do no use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practioner informed when you use this product, especially if pregnant or nursing. Do not exceed recommended dosage.  
  
vitaminlife:

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| **Kid-e-Mins Glycerite - baby or 4 year  old?**  **By:** [**Dr. Christopher**](http://www.vitaminlife.com/category-exec/BNAME/Dr--Christopher/brand_id/786)  **UPC Code: 084783447016**  **Price: $11.38**    (No reviews yet)  [Be the first to write a review](http://www.vitaminlife.com/review.php?pr_page_id=35974) | Kid-e-Mins Glycerite |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | **Form** | **Size** | **Retail Price** | **% Off** | **Our Price** | **Qty** | **Buy** | **In Cart** | | **Liquid** | **2 oz** | **$16.25** | **30** | **$11.38** | |  |  | | --- | --- | |  |  | | |  | |  | | | | | | | | | |
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**Natural vitamins for children**: Jurassic green (Alfalfa, Barley, and Kamut), Kelp, Dandelion root, Purple dulse, Spirulina, Irish moss, Rose hips, Beet root, Nutritional yeast, Blue violet, Oatstraw, Carrot juice, and Ginger in a glycerine base with natural orange flavor.

The ultimate whole-food formula, perfectly balanced with vitamins and minerals the way mother nature intended. Vitamins that come straight from nature are the most precious gift you can give a child. 100% natural to nourish growing bodies. This liquid formula is a fabulous alternative to synthetic tablets, pills and capsules.

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**Atomidine**

**Catalog Number:** 815035

**Brand:** Heritage

**Size:** 2 oz

**Form:** Liquid

[Be the first to review this product](http://heritagestore.com/review/product/list/id/560/#review-form)

$18.19

Qty: 

[Email to a Friend](http://heritagestore.com/sendfriend/product/send/id/560/) | [Add to Wishlist](https://heritagestore.com/wishlist/index/add/product/560/)

**Product Description**



**Potent Iodine Supplement Sold For Over 75 Years**People all over the world ask us for this versatile solution that naturally supports:



* Energy
* Weight Loss
* Metabolism
* Calcium absorption
* Glandular function

In fact it is our most popular item with doctors. Iodine is an essential nutrient to the thyroid gland and the entire glandular system. The thyroid is responsible for production of hormones which regulate the metabolic rate of cells. Therefore, it influences physical and mental growth, nervous and muscle tissue function, cardiovascular health as well as healthy weight maintenance. This is the same product that has been sold for 75 years. Now energized by a proprietary process developed by psychics similar to Edgar Cayce. Atomidine is a unique iodine preparation Cayce said would be extremely beneficial for many health purposes.

*"One of three factors that make calcium available to the bone is iodine. Atomidine is a wonderful supply of iodine, easy to handle, absorb and eliminate..."* Erwin Z. Salomon, M.D. Jerusalem, Israel  
  
**Ingredients**: 600 micrograms of iodine per drop (400% RDI).

**Directions**: 1 drop in water in the morning.

**Warning**: Do not use this supplement in conjunction with any other concentrated source of iodine, such as Formula 636/637, Sea-Adine, Calcios, or kelp tablets (not kelp salt). Over-stimulation of the thyroid gland with resulting nervousness may be experienced. People who are hyperactive or have cardiovascular difficulties should not use this because glandular stimulation might over stimulate the heart

Call  800-862-2923  or email  
[customerservice@heritagestore.com](mailto:customerservice@heritagestore.com)

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* **HeritageStore.com**

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**Sea-Adine Seaweed plus added iodine**

**Catalog Number:** 388669

**Brand:** Heritage

**Size:** 2 oz

**Form:** Liquid

[Be the first to review this product](http://heritagestore.com/review/product/list/id/774/#review-form)

$11.59

Qty: 

[Email to a Friend](http://heritagestore.com/sendfriend/product/send/id/774/) | [Add to Wishlist](https://heritagestore.com/wishlist/index/add/product/774/)

**Product Description**

**Iodine From The Sea**Our natural, organic choice for an iodine supplement is derived from a nutritious marine vegetable, dulse, and fortified with potassium iodide. Four drops of this biologically compatible liquid makes an excellent dietary supplement (225 mcg iodine). Iodine has a rejuvenating and stimulating effect on the thyroid gland which regulates metabolism.

**Ingredients:** A liquid glycerol extract of whole Dulse (Thodymenia palmata)

**Directions:** 4 drops in one glass of water once daily  Potassium iodide??  Not good??

[customerservice@heritagestore.com](mailto:customerservice@heritagestore.com)

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