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|  | **Vegans / Vegetarians & Cancer**I think we finally found the answer why vegans and vegetarians have a hard time killing cancer in their bodies! Note: I will refer to both groups as “Vegans” in this newsletter for the sake of space. For the last few years we've been seeing people “restored to health” quickly with MMS and now MMS/CDS, but the vegans we deal with seem to really struggle when it comes to restoring their health when they are dealing with cancer. I've seen around 10 cases of vegetarians really having a hard time ridding themselves of cancerous tumors even if they are religiously taking MMS or MMS/CDS. Last week I was asked to go to Armenia, Colombia to help a woman with lung cancer that had metastasized into her spinal column, [dropbox.com/s/i7s5rsljhbz52nm/MMS-CDS%203%20day%20cancer%20testimony.MOV](http://mail.mmsnews.org/link.php?M=70186&N=46&L=71&F=H) (testimonial for download), or [youtube.com/user/MMSforhispaniola](http://mail.mmsnews.org/link.php?M=70186&N=46&L=72&F=H) (testimonial on youtube) I found out when I arrived to her house that she was a “vegan” and had been for over 15 years. She had taken the old MMS classic protocol 2000 about 4 months ago and had some success but had stopped due to an adverse reaction that discouraged her to continue. I believe I can show you why she had limited success.Note: The adverse reaction was taking too much and not knowing to reduce or back down the doses to allow the body to eliminate toxins that MMS was putting into the blood.Jim wrote a newsletter recently about “Vegetarianism and Veganism - Our Salvation or Our Hell?” I had wrote a previous newsletter about our success among the Colombian Indigenous people with MMS/CDS and the fact that when they started eating meat with the MMS/CDS protocols they were restored to health at an amazing rate. It seems that most all of our readers liked the articles and the only real criticism we had was from a few on the vegans. I'm not saying that eating vegetables, fruits, nuts, grains are bad. We are just saying that it isn't enough, especially when trying to kill cancer cells within the body. You need all the help you can get from every good source of nutrition.First let me mention the fact that the human mouth is designed to eat all types of food: Fruit, vegetables and meats. Why would we have the kind of teeth we have if we are only supposed to eat vegetables, fruits and grains? Why do we have Canine teeth if they are not supposed to be used? Are we vampires? I'm not making a joke here! I started to research where B-12 is found in the highest concentrations and yes it is red meat. B-12 is not found in vegetables, fruits, grains and nuts. We need B-12. It is essential. Look how essential it is:Vitamin B12, vitamin B12 or vitamin B-12, also called cobalamin, is a water-soluble vitamin with a key role in the normal functioning of the brain and nervous system, and for the formation of blood. It is one of the eight B vitamins. It is normally involved in the metabolism of every cell of the human body, especially affecting DNA synthesis and regulation, but also fatty acid synthesis and energy production. Vitamin B12 consists of a class of chemically related compounds (vitamers), all of which have vitamin activity. It contains the biochemically rare element cobalt. A common synthetic form of the vitamin, [cyanocobalamin](http://mail.mmsnews.org/link.php?M=70186&N=46&L=101&F=H), does not occur in nature, but is used in many pharmaceuticals and supplements, and as a food additive, because of its stability and lower cost. What is the cost of your health? In the body it is converted to the physiological forms, [methylcobalamin](http://mail.mmsnews.org/link.php?M=70186&N=46&L=87&F=H) and [adenosylcobalamin](http://mail.mmsnews.org/link.php?M=70186&N=46&L=117&F=H), leaving behind the [cyanide](http://mail.mmsnews.org/link.php?M=70186&N=46&L=102&F=H), albeit in minimal concentration. But do you even want even a little cyanide in your body? Why would you want to poison yourself anyways? More recently, [hydroxocobalamin](http://mail.mmsnews.org/link.php?M=70186&N=46&L=93&F=H), methylcobalamin, and adenosylcobalamin can also be found in more expensive pharmacological products and food supplements. So even though there are supplements, they are synthetically produced and leave cyanide behind, don't absorb as good as in the natural form they are found, esp B-12. Why would anyone wanting so bad to eat the right things, in other words, ”vegans and vegetarians”, resign themselves to eating synthetic vitamin supplements the rest of their life and not just eat foods that supply the essential vitamins in their natural form? The answer is to just eat a complete well balanced diet which includes meat!!!!Without B-12 in its natural form, the immune system won't be strong. Period.**Sources of Vitamin B12**

| **Food** | **µg vitamin B12/100g** |
| --- | --- |
| Panfried beef liver | 83.1 |
| Simmered turkey giblets | 33.2 |
| Braunschweiger pork liver sausage | 20.1 |
| Raw Pacific oysters | 16.0 |
| Cooked Alaska king crab | 11.5 |
| Raw clams | 11.3 |
| Simmered chicken giblets | 9.4 |
| Cheese | 3.3 |
| Beef (uncooked sirloin) | 1.15 |
| Egg (raw, whole chicken's egg) | 0.89 |
| Whole cow's milk | 0.45 |
| Raw chicken breast (see [Salmonellosis](http://mail.mmsnews.org/link.php?M=70186&N=46&L=80&F=H)) | 0.20b |

It's in chicken and eggs, but only in small quantities. **Note:** When someone is dealing with cancer, they need their immune system strong and working at top performance. The only way that will happen is eating high amounts of B-12. **It is essential!** Cheese is a good source. Chicken giblets are even higher in B-12, almost 3 times that of cheese. The giblets contain the heart, **liver** and gizzard, but not the white or dark meat. As you see the sea foods mentioned above are great but not as easy to acquire unless you live near the ocean. So it looks like a certain type of liver sausage and turkey giblets are very good also. But, the best source is one of the easiest and cheapest to find is BEEF LIVER!!It's found in beef but 80 times more in beef liver! So, I guess it's better to say, “where's the BEEF LIVER” and not just “where's the beef”.Wild carnivorous animals have a very strong immune system. In fact, in the wild they don't get cancer until they start eating the processed foods that humans eat. Guess what they eat first when they kill and animal, THE LIVER! How did they know that? Some call it nature. I call it God!I'm tired of hearing people say, Well I don't want to kill anything with a face. Chickens and fish have faces. For all you Christian “vegans”, Jesus ate fish and cooked it!**John 21** **King James Version (KJV)*****9 “As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread.******10 Jesus saith unto them, Bring of the fish which ye have now caught.******11 Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty and three: and for all there were so many, yet was not the net broken.******12 Jesus saith unto them, Come and dine. And none of the disciples durst ask him, Who art thou? knowing that it was the Lord.”******13 Jesus then cometh, and taketh bread, and giveth them, and fish likewise.***Look what the Bible says about what will happen in the last days. I Timothy 4 **King James Version (KJV)*****4 Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;******2 Speaking lies in hypocrisy; having their conscience seared with a hot iron;******3 Forbidding to marry, and commanding to abstain from meats, which God hath created to be received with thanksgiving of them which believe and know the truth.******4 For every creature of God is good, and nothing to be refused, if it be received with thanksgiving:******5 For it is sanctified by the word of God and prayer.******6 If thou put the brethren in remembrance of these things, thou shalt be a good minister of Jesus Christ, nourished up in the words of faith and of good doctrine, whereunto thou hast attained.******7 But refuse profane and old wives' fables, and exercise thyself rather unto godliness.***The Old Testament priests were told to eat beef and other red meats as well. There is also instructions on how to kill the animal and cook it, see **Leviticus 6 and Numbers 18**.Now, let me show you something really interesting I found out about vitamin B-9 or Folic Acid. First of all, let us lookwhy it is needed in the body then in what foods it is found. I believe this is the answer to why the “vegans “ ar having a hard time with killing cancer in their bodies.**Folic acid** (also known as **folate**, **vitamin B9**,**vitamin Bc**(or **folacin**), **pteroyl-**[L-glutamic acid](http://mail.mmsnews.org/link.php?M=70186&N=46&L=96&F=H), **pteroyl-**[L-glutamate](http://mail.mmsnews.org/link.php?M=70186&N=46&L=97&F=H), and **pteroylmonoglutamic acid**) are [forms](http://mail.mmsnews.org/link.php?M=70186&N=46&L=104&F=H) of the water-soluble vitamin B-9. Folic acid is itself not biologically active, but its biological importance is due to [tetrahydrofolate](http://mail.mmsnews.org/link.php?M=70186&N=46&L=76&F=H) and other derivatives after its conversion to [dihydrofolic acid](http://mail.mmsnews.org/link.php?M=70186&N=46&L=100&F=H) in the [liver](http://mail.mmsnews.org/link.php?M=70186&N=46&L=89&F=H).Vitamin B (folic acid and folate) is essentialto numerous bodily functions. The human body needs folate to synthesize DNA, repair DNA, and methylate DNA as well as to act as a co-factor in certain biological reactions. It is especially important in aiding rapid cell division and growth, such as in infancy and pregnancy. Children and adults both require folic acid to produce healthy red blood cells and prevent anemia. Low levels of folate can also lead to homocysteine accumulation.DNA synthesis and repair are impaired and this could lead to **cancer** development.Many cancer cells have a high requirement for folic acid and overexpress the folic acid [receptor](http://mail.mmsnews.org/link.php?M=70186&N=46&L=105&F=H). This finding has led to the development of anti-cancer drugs that [target the folic acid receptor](http://mail.mmsnews.org/link.php?M=70186&N=46&L=99&F=H). Some investigations have proposed good levels of folic acid may be related to lower risk of esophageal, stomach, and ovarian cancers, but the benefits of folic acid against cancer may depend on when it is taken and on individual conditions. In addition, folic acid may not be helpful, and could even be damaging, in people already suffering from cancer or from a precancerous condition. Likewise, it has been suggested excess folate may promote tumor initiation. Folate has shown to play a dual role in cancer development; *low* folate intake protects against early carcinogenesis, and high folate intake promotes advanced carcinogenesis.**Certain foods are very high in folate:*** [Leafy vegetables](http://mail.mmsnews.org/link.php?M=70186&N=46&L=92&F=H) such as [spinach](http://mail.mmsnews.org/link.php?M=70186&N=46&L=79&F=H), [asparagus](http://mail.mmsnews.org/link.php?M=70186&N=46&L=116&F=H), [turnip greens](http://mail.mmsnews.org/link.php?M=70186&N=46&L=74&F=H), [lettuce](http://mail.mmsnews.org/link.php?M=70186&N=46&L=90&F=H) and some Asian vegetables
* Legumes such as dried or fresh [beans](http://mail.mmsnews.org/link.php?M=70186&N=46&L=113&F=H), [peas](http://mail.mmsnews.org/link.php?M=70186&N=46&L=85&F=H) and [lentils](http://mail.mmsnews.org/link.php?M=70186&N=46&L=91&F=H)
* Egg yolks.
* [Baker's yeast](http://mail.mmsnews.org/link.php?M=70186&N=46&L=115&F=H)
* Fortified grain products (pasta, cereal, bread); some [breakfast cereals](http://mail.mmsnews.org/link.php?M=70186&N=46&L=109&F=H) (ready-to-eat and others) are fortified with 25% to 100% of the [recommended dietary allowance](http://mail.mmsnews.org/link.php?M=70186&N=46&L=82&F=H) (RDA) for folic acid
* [Sunflower seeds](http://mail.mmsnews.org/link.php?M=70186&N=46&L=77&F=H)
* [Liver](http://mail.mmsnews.org/link.php?M=70186&N=46&L=88&F=H) and liver products contain high amounts of folate
* Kidney

**Moderate amounts:*** Certain [fruits](http://mail.mmsnews.org/link.php?M=70186&N=46&L=98&F=H) ([orange juice](http://mail.mmsnews.org/link.php?M=70186&N=46&L=86&F=H), canned [pineapple](http://mail.mmsnews.org/link.php?M=70186&N=46&L=84&F=H) juice, [cantaloupe](http://mail.mmsnews.org/link.php?M=70186&N=46&L=106&F=H), [honeydew](http://mail.mmsnews.org/link.php?M=70186&N=46&L=94&F=H) melon, [grapefruit](http://mail.mmsnews.org/link.php?M=70186&N=46&L=95&F=H) juice, [banana](http://mail.mmsnews.org/link.php?M=70186&N=46&L=114&F=H), [raspberry](http://mail.mmsnews.org/link.php?M=70186&N=46&L=83&F=H), [grapefruit](http://mail.mmsnews.org/link.php?M=70186&N=46&L=95&F=H) and [strawberry](http://mail.mmsnews.org/link.php?M=70186&N=46&L=78&F=H)) and [vegetables](http://mail.mmsnews.org/link.php?M=70186&N=46&L=73&F=H) ([beets](http://mail.mmsnews.org/link.php?M=70186&N=46&L=111&F=H), [corn](http://mail.mmsnews.org/link.php?M=70186&N=46&L=103&F=H), [tomato](http://mail.mmsnews.org/link.php?M=70186&N=46&L=75&F=H) juice, vegetable juice, [broccoli](http://mail.mmsnews.org/link.php?M=70186&N=46&L=108&F=H), [brussels sprouts](http://mail.mmsnews.org/link.php?M=70186&N=46&L=107&F=H), [romaine lettuce](http://mail.mmsnews.org/link.php?M=70186&N=46&L=81&F=H) and [bok choy](http://mail.mmsnews.org/link.php?M=70186&N=46&L=110&F=H)), [beer](http://mail.mmsnews.org/link.php?M=70186&N=46&L=112&F=H).

Now, did you notice the foods with the highest amount of B-9 as basically what “vegans” eat everyday. So, if a “vegan” already has cancer , and that is what we are talking about here, then their diet is actually feeding the cancer cells and not killing them. A “vegan” trying to kill cancer should not eat liver because it is very high in folic acid. So, in conclusion, “vegans” with cancer should stay away from foods high in folic acid, and eat beef but not the liver. “Vegans” without cancer, and everyone else for that matter, should eat foods high in B-9 and B-12 and the best source of B-12 is “Beef Liver” to build their immune systems and prevent cancer. A balanced diet for everyone!!I hope this information has helped each one of you. It has helped me answer the question why “vegans” with cancer are basically fighting against themselves by feeding the cancer while trying to kill it with MMS/CDS!Let's change the world together!Bishop Mark Grenon, First Bishop – Genesis II Church**The coming seminar will be held starting the 24th till the 28th of this month in Mexico**, September. Come on the 23rd and stay till the 29th. $1500 pays for the course and the food and lodging. The course will be held in the city of Merida, in the Yucatan Peninsula of Mexico. A very beautiful city with old pyramids and much history. It is considered the safest city of over one million people in North America. Write Janet at Bishopjaneth@gmail.com**This is a list of many of the things you will learn**: We not only teach, but we train all of the MMS things so that when you return home you know more about bringing health than any other healer ever on Earth. You will actually do the protocols 1000, 2000, 3000, and even 4000. There will be a full day of doing 1000 and 2000 and the others are done until you know how to do them. Then you do all the miner protocols as follows, you put it in your own eyes, nose, ears, both brush your teeth and gas your mouth, and gas a space on your arm if you don’t have something specific to gas, your spray your body, you gas your body by getting in the gas bag, you make MMS, you make citric acid, use clay on you feet, and diatomaceous earth on feet, learn a morning health routine with MMS, use MMS gas for cleaner air in your home with just a glass, you test MMS to make sure it is MMS and strong enough, you learn enemas and douches, and you learn to safely breath the gas to clear your lungs and a lot of other things.**Have you or anyone you know had good results with MMS**? Please consider writing or have them write a testimonial about the experience in our Testimonials section: [genesis2church.org/write-new-mms-testimonial.html](http://mail.mmsnews.org/link.php?M=70186&N=46&L=58&F=H)**Read the MMS Testimonials we have currently**:[genesis2church.org/mms-testimonials.html](http://mail.mmsnews.org/link.php?M=70186&N=46&L=57&F=H)**MMS Video Testimonials on YouTube**:[youtube.com/MMStestimonials](http://mail.mmsnews.org/link.php?M=70186&N=46&L=59&F=H)**Autism Mom - her story using MMS on her child (Aug 2012)**[youtube.com/watch?v=kFNP3J8-m0c](http://mail.mmsnews.org/link.php?M=70186&N=46&L=70&F=H)"**7 Gates to Seynimin**" - **Genesis II Church out in the field**:[youtube.com/watch?v=\_WyuhnMWzpY](http://mail.mmsnews.org/link.php?M=70186&N=46&L=5&F=H)**MMS Targeted** latest update: 08-15-2012:Read more at [USobserver.com](http://mail.mmsnews.org/link.php?M=70186&N=46&L=55&F=H) or [JimHumble.biz](http://mail.mmsnews.org/link.php?M=70186&N=46&L=26&F=H) ****Help MMS in the fight against the FDA****:[**Donate now**](http://mail.mmsnews.org/link.php?M=70186&N=46&L=1&F=H)****Donations may also be sent to****:MMS Defense Fundc/o US~Observer233 Rogue River HWY PMB #387Grants Pass, OR 97527

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