After a cancer diagnosis: Crucial questions to consider about chemotherapy vs. naturopathic cancer treatments

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It is widely known that an increasing number of consumers are turning to alternative medicine for treatment for diseases like cancer, depression, diabetes, heart disease and so on. What are generally not known are the circumstances under which many consumers make this switch from conventional to alternative medicine.

The truth about that is rather surprising and, perhaps, even a bit frustrating because many consumers only switch to alternative medicine after conventional medicine has failed them. That's when many people begin investigating medicinal herbs, acupuncture, or chiropractic care. It is only after they have tried everything with conventional medicine -- drugs, surgery, radiation, and chemotherapy -- that they finally realize they are not getting any healthier and need to do something different.

It is interesting how conventional medicine can so strongly motivate people to check out alternatives because most of the therapies in conventional medicine simply do not work. Even worse, they actually cause tremendous harm to patients even while promising to help them.

During conventional cancer treatment with toxic chemotherapy drugs, for example, the patients are told they are getting help. They're told they are getting better. The American Medical Association, the FDA, and all the authorities in medicine tell them they are receiving a scientifically-validated form of treatment.

What they are not being told is the chemotherapy is destroying the normal,

healthy functioning of vital organs, such as the liver, heart, brain, and kidneys. Yes, it might also be shrinking a tumor, but the point here is not simply to emerge from cancer treatment with only small tumors. The point is to emerge as a healthy human being with a strong immune system and cellular balance that prevents or eliminates tumors altogether. That kind of outcome is not at all offered by conventional medicine.

After cancer treatments nearly kill them, they reach out for alternatives

When cancer patients finally make that decision to embrace alternative medicine, they often do so in a near-death state because they have been so utterly harmed by the treatments espoused by conventional, Western medicine. Then, even more frustratingly, they begin to take a few herbs or experience some kind of alternative treatment and end up dying from organ failure caused by the toxic chemotherapy given to them by their conventional medical doctors. That is why I tell people you have to make a choice sooner. Do not wait until you are at death's door to wake up and choose alternative medicine. By then it may be too late.

If you remain a prisoner of the conventional medical system and you allow all of these toxic drugs, chemicals and harmful procedures to maim your body and cause permanent damage to your vital organs (such as your liver), then you are handicapping all the support systems in your body that alternative medicine normally recruits to create a healing outcome.

You see, alternative medicine believes in supporting the body's own natural healing processes. That means helping the liver function better, not destroying liver function like pharmaceuticals do. It means allowing the body to regulate its own cholesterol, blood pressure, and brain chemistry in a healthy, supportive way. Not hijacking blood pressure, cholesterol, or brain chemistry with toxic chemicals that happen to be called "medication."

Choose natural medicine from day one

You have to make this decision early on. You cannot choose conventional medicine for six months then hope to switch successfully to naturopathic medicine or alternative medicine after you have been maimed, harmed, and poisoned by your doctor or your oncologist.

It is important to make the switch before ever being poisoned. Embrace natural medicine from day one and you'll never have to endure the permanent damage of chemotherapy, the extremely harmful side effects of pharmaceuticals, or the lifetime maiming and scar tissue associated with surgery.

If you choose natural medicine or alternative medicine (I am using the terms interchangeably here), you always have the potential to return to a perfect state of health, because you have not harmed your vital organs in the process.

First, do no harm

It is interesting that conventional medicine claims it abides by the concept of first do no harm, yet it openly contradicts that claim in practically everything it does. Most conventional doctors and oncologists actually harm patients. They harm them by prescribing drugs, by cutting into them when it is not necessary, by scaring patients with authoritative fear. Even seeing a conventional oncologist to discuss your cancer test results is in itself extremely harmful because they brainwash you into thinking you won't live more than six months (for example) unless you submit to their extremely toxic and sometimes deadly treatments.

That is why I strongly encourage people to avoid any interaction whatsoever with conventional cancer doctors, because **they can actually worsen your outcome simply by telling you that you only have three months to live**. The mind controls the body. To support the mind AND the

body, visit a naturopathic physician who can offer you supportive, healing therapies that offer real solutions without destroying your health in the process.

The mind makes it real

There have been many, many documented cases where a doctor or an oncologist told patients they had some particular disease, then the patient spontaneously developed consistent observable symptoms of that disease, even creating skin lesions, warts, or tumors. Later, when it was discovered that the doctor was wrong in the initial diagnosis, and the mistake was explained to the patient, these symptoms vanished overnight.

It is as if the symptoms of "disease" were created by the mind of the patients because they believed so strongly in the authority and credibility of their primary physicians or healthcare providers. That power of authority to control the outcome in a patient is not at all understood by conventional doctors. In fact, they dismiss it as complete nonsense.

That is interesting given the fact that **clinical trials prove the power of placebo**. You will find that in virtually every clinical trial that has ever been done with placebos, the placebo has been more universally effective than any other therapy known to modern science. Giving a patient something, even something that is inert, and telling them it will help them causes positive changes in about one-third of all medical conditions, including depression, blood pressure, high cholesterol, heart disease, diabetes and more. The placebo effect works on just about everything.

Yet, conventional doctors dismiss this. They do not understand it and, in fact, misuse it. That is where they first do harm to patients. The minute you go in to see a doctor, and you get a label for a condition that is a name for some kind of disease, symptom, or disorder, the very labeling of you as a patient is all by itself extremely harmful. It makes you believe you "HAVE"

something, and that it must be a real disease since it now has a name.

Yet, this source of harm goes completely unrecognized by conventional medicine. This is just one of the many reasons I urge people to fire their doctors. Visit naturopaths, or at least a medical doctor who promotes a naturopathic philosophy of supporting your health rather than trying to take it over with drugs and chemicals.

Don't automatically believe your doctor

I do not mean to say all MD's are automatically bad, just the vast majority of them. Some break the mould and understand what true healing is all about. They just happen to have gone to medical school, too. You have to check these people out. Do not believe any doctors when they look at some x-ray or lab test and then say you have six months to live. This is a death sentence. If you believe it, your mind will make it true. That is how powerful the mind is over the body.

Once you submit to the authority of this fear, they have you trapped. They say you only have six months to live because you have cancer, and then they mention that if you allow them to give you chemotherapy treatment you might live two years instead. At that point they have you caught in a web of fear. They know exactly how this works. They use fear to sell their services.

All sorts of organizations use fear to control people. Some of them are governments; others are medical associations. Many of them exist in the healthcare industry. Fear is appropriate when it is accurate. For example, we should be concerned about the consequences of poisoning our global environment. That is a reasonable fear that can help spur us into action to protect ourselves. Fear has a purpose in the right context, but when it is thrown onto your lap by a cancer doctor and used as a recruiting tool, it is being used in a highly unethical way.

In fact, in those cases it is completely inaccurate because even though you may only have six months to live based on his experience with Western medicine, that doctor cannot tell you how long you might live under some other system of medicine. You might live ten years or even a normal lifetime if you walk out of that office and go to a different system of medicine where the outcomes are entirely different and universally more positive.

It does not mean that the oncologists are lying to you. In fact, they may be telling the truth about what they observe in their own clinic. Yes, you might have six months to live if you do nothing, and you might live two years under their care while you are going bankrupt and suffering the toxic, debilitating painful effects of chemotherapy. But what if you said no to all of that? What if you chose not to inject your veins with cancer-causing chemicals? What if you chose a different route that actually supports your health through anti-cancer foods, herbs, exercise, sunlight and advanced naturopathic therapies? You might find, as many have found in the fields of naturopathic medicine and alternative medicine, that you can actually be cancer-free. You can cure cancer. Countless people, in fact, already have.

Curing your own cancer

When you cure cancer, it is no longer a question of whether you are going to live six months, two years, or five years. You get to live a normal life cancer-free. That is a possibility conventional medicine cannot offer you. In fact, conventional medicine cannot even admit that possibility exists because to do so would compromise its entire marketing scheme, which is to convince people there is no cure and that the only thing that will work for them is a lifetime of treatment to manage the disease rather than actually eliminating the disease and restoring their health. They openly and firmly state there is no such thing as a cancer cure, and anyone who shows up cured of cancer is merely categorized as being in "permanent remission."

Think very carefully before you make these decisions about how to treat cancer. If you are currently in a situation and are weighing conventional cancer treatment versus alternative treatment, realize that conventional cancer docs often trap patients through the use of false authority. They have all the symbols lined up: the doctors with their medical school diplomas, the FDA, and the drug companies with all kinds of exaggerated advertising that claims you can live a better life as long as you keep paying them money and drowning your body in synthetic chemicals.

You have to weigh that against honest reality and basic common sense, which says the way you really heal the human body is not to poison it. It is really no more complex than that. Once you accept that, then you will begin to understand why **you can only heal cancer by healing yourself**. You cannot attack cancer with the things that actually cause cancer, such as chemotherapy and radiation. You cannot be healthier by destroying the function of the vital organs in your body, and conventional cancer treatments literally destroy brain tissue, liver tissue, heart tissue and kidney tissue. If you choose to undergo chemotherapy, you will emerge with permanent damage to your health that will make it much harder for you to survive any future cancer.

The harm caused by conventional medical treatments

Sure, chemotherapy creates the illusion of progress in the short term. It can shrink a tumor (but does nothing to kill the tumor's "cancer stem cells" that will regrow the tumor later). That is exactly what the cancer industry is basing everything on. Have you ever noticed that they do not run drug trials for long durations anymore? That's because they want to get the early results that mask symptoms without ever facing the truth about what happens when you take their drugs over a period of many years or decades.

The drug companies know most of their drugs are toxic and the longer you take them, the worse the cumulative effects are. Therefore, they run shorter drug trials now. They try to catch all of the statistical results in that time window where they are showing a reduction of some measurable symptom without yet demonstrating the cumulative toxicity of taking the drug over a long period of time.

That is the basis upon which these drugs are approved and recommended. Once they are prescribed to patients, they are often prescribed for a lifetime. You become the guinea pig. The nation becomes a population of guinea pigs. It is only down the road that the truth finally comes out, and we find out how toxic some of these drugs really are.

Do not let yourself be a guinea pig. Recognize that masking a symptom should never be confused with healing a patient. Healing can only happen from the inside. It can only happen with support: nutritional support, herbal support, and energy support. It can never happen by declaring war on some part of the body, bombarding it with chemicals or radiation, and calling that medicine.

Do not be fooled into following a system of medicine that has really only one purpose: to turn you into a revenue-generating vehicle. Think long and hard about these decisions, and I urge you not to let any doctor, no matter what their credentials, inject poison into your body. Every person who undergoes chemotherapy is submitting to what I call, "FDA-approved euthanasia." Chemotherapy has nothing in common with healing. Do not confuse it with legitimate therapy for cancer.

Learn more about cancer, chemotherapy and anti-cancer foods by clicking any of the following links:

Cancer: http://www.newstarget.com/cancer.html

Chemotherapy: http://www.newstarget.com/chemotherapy.html

Cancer prevention: http://www.newstarget.com/cancer_prevention.html Anti-cancer foods: http://www.newstarget.com/anti-cancer_foods.html

Breast cancer: http://www.newstarget.com/breast_cancer.html

Prostate cancer: http://www.newstarget.com/prostate cancer.html

Recommended anti-cancer products

The most powerful anti-cancer formula I have yet discovered in four years of writing about hundreds of nutritional products is called **Blood Support**, sold by the Baseline of Health Foundation: www.BaselineNutritionals.com

It tastes absolutely terrible, but contains the most powerful combination of high-potency anti-cancer herbs that I know of. In my personal opinion, based on more than 5,000 hours of research into nutrition and disease prevention, I believe this product is a genuine cure for many cancers, and I urge anyone battling cancer to investigate this product and work with their naturopathic physician to incorporate this product into their own natural therapies. I have no financial ties whatsoever with the company and do not earn anything from the sale of this product. The FDA and AMA would strongly disagree with my opinions.

A wonderful anti-cancer meal is **Juvo**, which you'll find at www.GoJuvo.com

It contains numerous anti-cancer ingredients and is known in the alternative health community as the anti-cancer meal of choice. It's a great replacement for oatmeal or other hot breakfast cereals. (I eat it myself, even though I don't have cancer. It's just loaded with such good nutrition!)

You can learn more about what I recommend as natural cures for cancer in my latest book, Natural Health Solutions and the Conspiracy to Keep You

From Knowing About Them, which documents the oppression of natural cancer therapies by promoters of drugs-and-surgery medicine.

Final warning to consumers!

Nothing will cure your cancer if you keep giving yourself cancer by eating processed meats, taking pharmaceuticals, using cosmetics and personal care products with toxic chemicals, spraying pesticides on your lawn and using sunscreen. There is no therapy in the world that can compensate for all the pro-cancer things most people do to themselves. Eating processed meats with sodium nitrite is almost as bad for your health as smoking cigarettes.

Do not foolishly believe that you can destroy your health with pharmaceuticals, toxic body lotions, processed foods and avoiding exercise, then magically show up in the office of a naturopath one day and request that they "cure you" with a single treatment or a magical herb. It doesn't work that way. Curing cancer requires massive cleansing of the liver, colon and kidneys. It requires a wholesale shift to a healthy lifestyle that includes raw foods, superfoods, extreme juicing of vegetables, sunlight therapy, and a complete lifetime avoidance of cancer-causing foods, medicines and personal care products.

I'll say it as bluntly as I can: If you are not willing to radically change your diet, take up exercise and eliminate all the poisons from your home, then your outcome is already determined. I've had people literally tell me, "I'd rather die than give up eating my steak." And sure enough, they're already dead.

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About the author: Mike Adams is a natural health author and technology pioneer with a passion for teaching people how to improve their health He is a prolific writer and has published thousands of articles, interviews, reports and consumer guides, reaching millions of readers with information that is saving lives and improving personal health around the world. Adams is a trusted, independent journalist who receives no money or promotional fees whatsoever to write about other companies' products. He's also a noted pioneer in the email marketing software industry, having been the first to launch an HTML email newsletter technology that has grown to become a standard in the industry. Adams volunteers his time to serve as the executive director of the Consumer Wellness Center, a 501(c)3 non-

profit organization, and enjoys outdoor activities, nature photography, Pilates and adult gymnastics. He's also author of numerous health books published by Truth Publishing and is the creator of several consumeroriented grassroots campaigns, including the Spam. Don't Buy It! campaign, and the free downloadable Honest Food Guide. He also created the free reference sites HerbReference.com and HealingFoodReference.com. Adams believes in free speech, free access to nutritional supplements and the ending of corporate control over medicines, genes and seeds. Known as the 'Health Ranger,' Adams' personal health statistics and mission statements are located at www.HealthRanger.org