

Contents

Introducing Cape Town	5
City Life	7
Arts & Architecture	27
Wine	39
History	53
Table Mountain National Park	65
Sights	77
Walking Tours	113
Eating	121
Entertainment	135
Activities	149
Shopping	159
Sleeping	171
Excursions	185
Directory	207
Language	221
Index	236
Maps	243

Published by Lonely Planet Publications Pty Ltd
ABN 36 005 607 983

Australia Head Office, Locked Bag 1, Footscray,
Victoria 3011, ☎ 03 8379 8000, fax 03 8379 8111,
talk2us@lonelyplanet.com.au

USA 150 Linden St, Oakland, CA 94607,
☎ 510 893 8555, toll free 800 275 8555,
fax 510 893 8572, info@lonelyplanet.com

UK 72–82 Rosebery Ave, Clerkenwell, London,
EC1R 4RW, ☎ 020 7841 9000, fax 020 7841 9001,
go@lonelyplanet.co.uk

© Lonely Planet 2006
Photographs © Ariadne van Zandbergen and as
listed (p227) 2006

All rights reserved. No part of this publication
may be copied, stored in a retrieval system, or
transmitted in any form by any means, electronic,
mechanical, recording or otherwise, except brief
extracts for the purpose of review, and no part of
this publication may be sold or hired, without the
written permission of the publisher.

Printed by SNP Security Printing Pte Ltd, Singapore

Lonely Planet and the Lonely Planet logo are
trademarks of Lonely Planet and are registered
in the US Patent and Trademark Office and in
other countries.

Lonely Planet does not allow its name or logo to be
appropriated by commercial establishments, such as
retailers, restaurants or hotels. Please let us know of
any misuses: www.lonelyplanet.com/ip.

Although the authors and Lonely Planet
have taken all reasonable care in preparing
this book, we make no warranty about the
accuracy or completeness of its content and,
to the maximum extent permitted, disclaim all
liability arising from its use.