

Contents

The Authors	12	Epi & Tongoa	83
Getting Started	14	EPI	84
Itineraries	19	Lamen Bay	85
Vanuatu	25	Mapuna Bay	85
Vanuatu Snapshots	27	Valesdir	85
Diving in Vanuatu	52	Information	86
Efate	58	Sights & Activities	86
History	59	Sleeping & Eating	86
PORT VILA	60	TONGOA	87
History	60	Sights & Activities	88
Orientation	60	Sleeping	88
Information	61	Tanna	89
Sights	64	West Tanna	93
Activities	65	Across the Centre	97
Walking Tour	67	East Tanna	98
Port Vila for Children	68	Erromango & Aneityum	101
Tours	69	ERROMANGO	102
Festivals & Events	69	Dillons Bay	104
Sleeping	70	Potnarvin	104
Eating	72	ANIWA & FUTUNA	105
Drinking	74	Aniwa	105
Entertainment	74	Futuna	105
Shopping	75	ANEITYUM	105
Getting There & Away	76	History	105
Getting Around	76	Climate	106
AROUND PORT VILA	77	Information	106
Ifira	77	Mystery Island	106
Pango	77	Sights & Activities	106
Mele-Maat	77	Sleeping & Eating	107
Hideaway Island (Mele)	77	Getting There & Around	107
Sleeping & Eating	77	Malekula	108
AROUND EFATE	78	The Dog's Head	112
South	78	West Coast	113
North	79	East Coast	113
OFFSHORE ISLANDS	80	Central Coast	115
Hat Island (Eretoka)	80	Southeast Malekula	116
Lelepa	80	The Maskelynes	116
Tranquillity Island (Moso)	80	South West Bay	117
Nguna	81	Ambrym & Paama	119
		AMBRYM	120
		The Volcanoes	122
		West Ambrym	123

South Ambrym	124
East Ambrym	124
North Ambrym	125
PAAMA	126
Lovepi	126

Espiritu Santo 127

Luganville	131
Around Luganville	136
Northeast Santo	137
West Santo	138
Malo	139

Pentecost, Ambae & Maewo 141

PENTECOST	142
Northern Pentecost	144
Central Pentecost	144
Southwestern Pentecost	145
Southeastern Pentecost	146
AMBAE	146
Southwestern Ambae	148
Northern Ambae	149
MAEWO	151

Banks & Torres Islands 162

BANKS ISLANDS	163
Gaua (Santa Maria)	164
Vanua Lava	166
Mota Lava	169
Ra	169
Ureparapara	170
TORRES ISLANDS	170

Vanuatu Directory 173

Accommodation	173
Activities	175
Business Hours	176
Children	176
Climate Charts	177
Customs	177
Dangers & Annoyances	177
Disabled Travellers	177
Embassies & Consulates	177
Festivals & Events	178
Gay & Lesbian Travellers	178
Holidays	178
Insurance	178
Internet Access	178
Money	179

Photography	179
Post	180
Shopping	180
Telephone & Fax	180
Time	181
Toilets	181
Tourist Information	181
Visas	182
Volunteering	182
Women Travellers	182
TRANSPORT AROUND VANUATU	182
Air	182
Bicycle	184
Boat	184
Bus	185
Car & Motorcycle	185
Hitching	186
Taxi	186
Tours	186

New Caledonia 187

New Caledonia Snapshots 189

Diving in New Caledonia 219

Noumea 226

History	227
Orientation	227
Information	229
Sights	232
Activities	235
Walking Tours	236
Courses	238
Noumea for Children	238
Tours	238
Festivals & Events	238
Sleeping	238
Eating	240
Drinking	242
Entertainment	243
Shopping	243
Getting There & Away	244
Getting Around	244
AROUND NOUMEA	245
Islets Around Noumea	245
Dumbéa	247
Monts Koghis	247
Dumbéa River	248
Païta	248

Mont Mou	248
Tontouta	249

Far South 250

Mont-Dore	251
Parc Provincial de la Rivière Bleue	254
Chutes de la Madeleine	255
Yaté	256
Wao, Touaourou & Goro	256
Port Boisé	257
Prony & Îlot Casy	257

Central Grande Terre 258

Boulouparis	259
La Foa	259
Farino & Sarraméa	263
Bourail	264
Thio to Canala	268

Northern Grande Terre 271

Northeast Coast	273
Houailou to Poindimié	273
Poindimié	274
Poindimié to Hienghène	276
Hienghène	277
Hienghène to Pouébo	281
Pouébo to Ouegoa	282
Northwest Coast	283
Far North	283
Koumac	285
Koumac to Koné	287
Koné & Pouembout	287

Île des Pins 291

Vao	294
Kuto	295
Grotte de la Troisième	296
Baie de Ouaméo & Gadji	296
Grotte de la Reine Hortense	297
Baie d'Oro	297
Sleeping & Eating	297

Loyalty Islands 299

MARÉ	301
Tadine	302
South of Tadine	303
North of Tadine	304
La Roche Area	304

Shabadran	305
Sleeping & Eating	305
Lifou	306
We	307
North of We	308
West of We	310
South of We	310
Sleeping & Eating	311
Ouvéa	313
Fayaoué	314
Baie de Lekiny & Mouli	314
North of Fayaoué	315
Wadrilla to St Joseph	316
St Joseph District	316
Sleeping & Eating	316

New Caledonia Directory 318

Accommodation	318
Activities	320
Business Hours	321
Children	321
Climate Chart	322
Courses	322
Customs	322
Dangers & Annoyances	322
Disabled Travellers	322
Discount Cards	322
Embassies & Consulates	322
Festivals & Events	323
Gay & Lesbian Travellers	324
Holidays	324
Insurance	324
Internet Access	324
Money	324
Photography	325
Post	325
Shopping	325
Telephone & Fax	325
Time	326
Toilets	326
Tourist Information	326
Visas	326
Women Travellers	327
Work	327
Transport Around New Caledonia	327
Air	327
Bicycle	328
Boat	328
Bus	329
Car & Motorcycle	329
Hitching	330
Taxi	331
Tours	331

Transport 332

Entry Requirements	332
Air	332
Sea	335

Health 337

BEFORE YOU GO	337
Insurance	337
Recommended Vaccinations	337
Medical Checklist	337
Internet Resources	338
Further Reading	338
IN TRANSIT	338
Deep Vein Thrombosis (DVT)	338
Jet Lag & Motion Sickness	338
IN VANUATU & NEW CALEDONIA	338
Availability & Cost of Health Care	338

Infectious Diseases	339
Traveller's Diarrhoea	339
Environmental Hazards	340
Travelling with Children	341
Women's Health	341
Traditional Medicine	341

Language 342

Glossary 349

Behind the Scenes 353

Index 360

World Time Zones 367

Map Legend 368

Regional Map Contents

