

Southern Sweden



Stimulating to brain, body and soul, the county of Skåne (Scania) lies in the extreme south of the country and has a whirl of wonderful sights and activities. The arty city of Malmö is full of interesting architecture and design, and has picked up some cosmopolitan customs from its big sister across the water, Copenhagen. For charm on a smaller scale, visit the green university town of Lund or meander through the delightful cobbled streets of medieval Ystad. Fans of the Vikings can make a pilgrimage to several fantastic sites, and the region also contains mysterious Bronze Age remains.

Skåne's gently rolling landscape makes you itch to get outdoors, on two feet or two wheels: the Österlen area, with its wandering coastline, waving wheat fields and teeny villages, is particularly enchanting to cycle round. Relax with the children on golden sandy beaches, or get your binoculars ready for some of Sweden's best coastal bird-watching. There are more hostels here than in any other region of the country, so you have no excuse not to get out and about!

Skåne was part of Denmark until 1658 and still retains differences from the rest of Sweden. You can detect it easily in the strong dialect (*skånska*) and the distinctive architecture. Natives of Skåne look more towards Copenhagen than Stockholm, and the record-breaking Öresund bridge has brought Copenhagen even closer.

SOUTHERN SWEDEN

HIGHLIGHTS

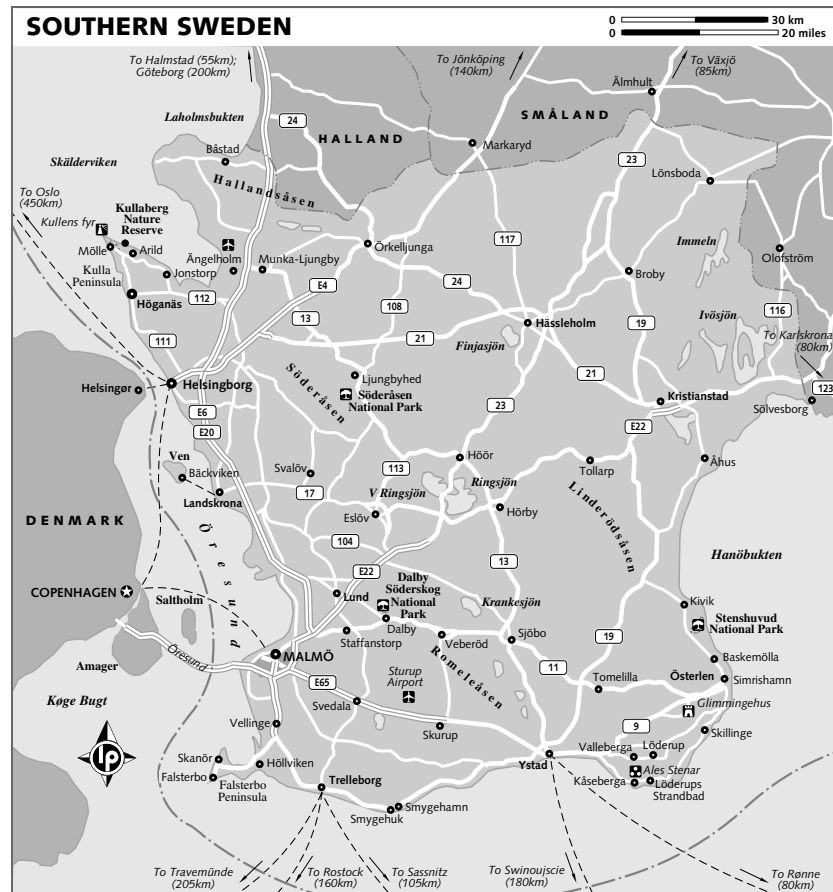
- Ponder the enigma of 'Sweden's Stone-henge', the ship-shaped **Ales Stenar** (p180)
- Talk to real, live Vikings at the excellent (and slightly eccentric) **Foteviken Viking Reserve** (p175)
- Enjoy a continental dining experience in cosmopolitan Malmö's **Lilla Torg** (p167)
- Explore the medieval streets of **Ystad** in the footsteps of fictional crime-fighter Inspector Wallander (p179)
- Travel across an engineering miracle, the **Öresund bridge** (p169)
- Cycle past sweet-smelling orchards, or hike through the coastal nature reserve in mellow **Österlen** (p181)



■ AREA: 11,027 SQ KM

■ HIGHEST ELEVATION: 212 M

■ POPULATION: 1,160,919



SOUTHERN SWEDEN

Information

REGIONAL TOURIST OFFICES

There are helpful tourist offices in all major towns. **Position Skåne** (☎ 040-20 96 00; www.skane.com; Stortorget 9, SE-21122 Malmö) dispenses information about the entire region and publishes good brochures and maps.

If you enter the region from Denmark via the bridge over the Öresund, there's a tourist office just off the motorway a few kilometres into the country. This office, called **Skånegården** (☎ 040-34 12 00; Bunkeflo 40), is open daily and can supply information on Malmö, Skåne and the whole of Sweden.

Many of the tourist offices in Skåne stock information for Copenhagen and Denmark for those planning to cross the Öresund.

Getting Around

Public transport in Skåne is efficient and well managed; **Skånetrafiken** (☎ 0771-77 77 77; www.sknetrafiken.skane.se) operates the local bus and train (Pågatågen) networks, and there are regular connections to Denmark via the Öresund bridge or the Helsingborg-Helsingør ferry.

An integrated Öresundregionen transport system links trains from Helsingborg via Malmö and Copenhagen to Helsingør. For a round tour of the Öresund or a visit to Copenhagen, the 'Around the Sound' card (Skr249) gives 48 hours unlimited travel on ferries and local trains; this covers transport within Skåne and also along the coast north of Copenhagen.

If you're planning to spend some time here, it's worth enquiring about monthly passes or a *sommarkort*, offering discount travel from midsummer to mid-August: see the Skånetrafiken website for details. These cards also cover public transport in Blekinge, Jönköping, Kronoberg, Örebro and Östergötland (all covered in the Southeast

Sweden chapter) and Västergötland and Halland (covered in the Southwest Sweden chapter).

MALMÖ

☎ 040 / pop 269,142

Marvellous Malmö is the most 'continental' of Sweden's cities. It's a vibrant and multi-

lingual place, influenced by Copenhagen across the Öresund and populated by people from 150 nations. Malmö also seems to attract one-off works of architecture and design: the Turning Torso, created by Santiago Calatrava, is the latest wonder, after the jaw-dropping Öresund bridge and tunnel linking Copenhagen and Malmö. On a more personal scale, there are some great modern-art exhibition spaces; and several of the city's half-timbered houses contain unique art and craft galleries. Near these nifty gift shops, the whole of Lilla Torg is a chattering, clinking mass of alfresco diners.

History

Malmö really took off in the 14th century with the arrival of the Hanseatic traders, when grand merchants' houses were built, followed by churches and a castle. The greatest medieval expansion occurred under Jörgen Kock, who became the city's mayor in 1524. The town square, Stortorget, was laid out at that time, and many of the best 16th-century buildings are still standing. After the city capitulated to the Swedes in 1658, Malmö rose in importance as a commercial centre and its castle was strengthened to protect trade.

Nowadays, the 20th century's heavy industries (car and aircraft manufacture, and shipbuilding) have been replaced by smaller

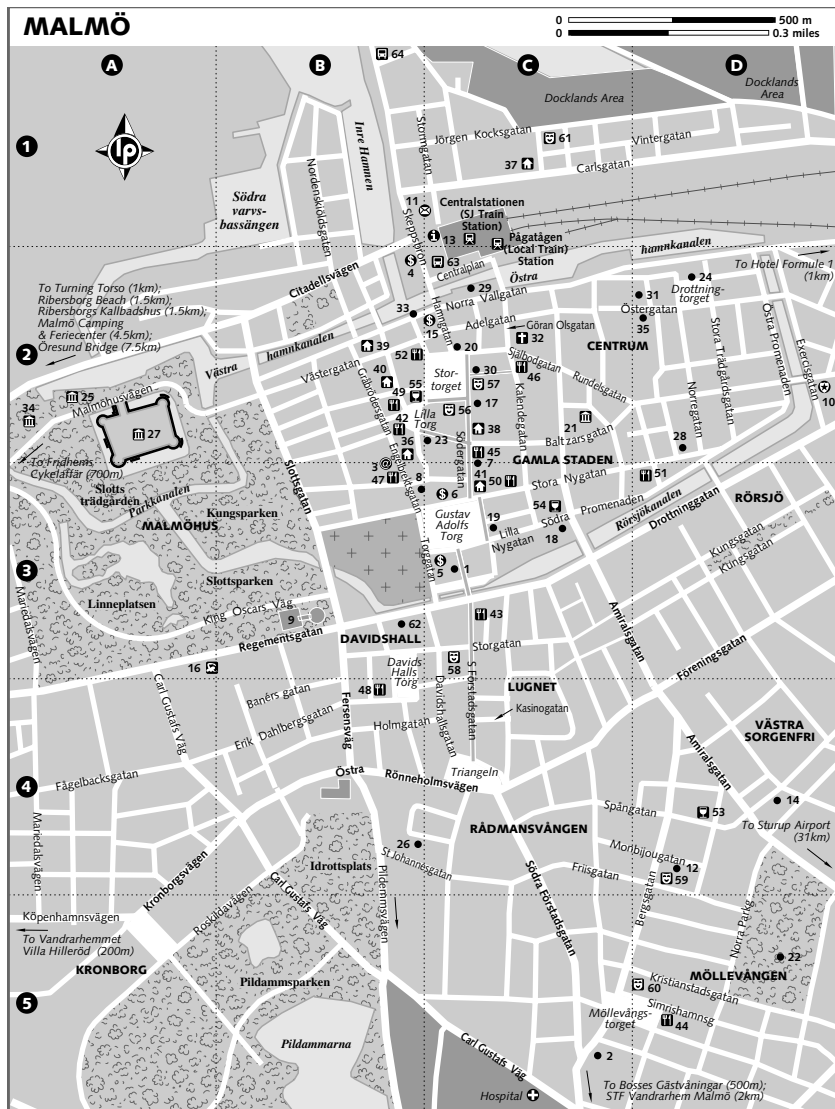
companies, particularly in the service, financial and IT sectors. There's also been an upsurge in the number of students living in Malmö (currently around 18,000) with the opening of a new university campus here in the late 1990s.

Orientation

Gamla Staden (Old Town) is the city centre and is encircled by a canal. There are three principal squares here: Stortorget, Lilla Torg and Gustav Adolfs Torg. Malmöhus castle, in its park setting, guards the western end of Gamla Staden. Across the canal on the northern side you'll find the bus and train stations as well as the harbour. South of the city centre, there's a complex network of more modern streets with most interest focused on the square Möllevångstorget. The Öresund bridge is about 8km west of the city centre, served by a motorway which passes south and east of the city.

Information BOOKSHOPS

- Akademibokhandeln** (☎ 664 29 90; Södra Tullgatan 3; ☹ Mon-Sat) Good selection of general books and guidebooks.
- Hamrelius** (☎ 12 02 88; Södergatan 28) Wide variety of English-language books.
- Pressbyrån** (Centralstationen; ☹ until 11pm) Newspapers and international magazines.



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SOUTHERN SWEDEN

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DISCOUNT CARDS

The discount card *Malmökortet* covers free bus transport, free street parking, free entry to several museums and discounts at other attractions and on sightseeing tours. It's good value at Skr130/160/190 for one/two/three days – the price includes one adult and up to two children under 16. Buy it at the tourist office.

EMERGENCY

Dial ☎ 112 for fire, police or ambulance.
Akutklinik (☎ 33 36 85; entrance 36, Södra Förstadsgatan 101) Emergency ward at the general hospital.
Police station (☎ 20 10 00; Porslinsgatan 6)

INTERNET ACCESS

Cyberspace Café (☎ 611 01 16; Engelbrektsgratan 13; per 30min/1hr Skr20/30; ☎ 11am–11pm Mon–Fri, 1–11pm Sat & Sun)
Malmö Stadsbibliotek (☎ 660 85 00; Regementsgatan; ☎ 10am–7pm Mon–Thu, 10am–6pm Fri, 11am–3pm Sat) Free Internet access.
Sidewalk Express (Centralstationen; per hr Skr19)

LAUNDRY

Most hotels, hostels and camping grounds have laundries.
Tvätt-Tjänst i Malmö (☎ 611 70 70; St Knuts Torg 5; ☎ 8am–5pm Mon–Fri) Closed in July.

LEFT LUGGAGE

There are small/medium/large lockers by platform 4 in Centralstationen for Skr20/25/30 per 24 hours.

MEDICAL SERVICES

You can call the dentist and doctor on duty on ☎ 020-43 44 44.
Apotek Gripen (☎ 19 21 13; Bergsgatan 48; ☎ 8am–10pm) After-hours pharmacy.

MONEY

Banks and ATMs are found on Södergatan.
Forex (☎ 30 40 31; Centralstationen; ☎ 7am–9pm) Money exchange, with another branch opposite Centralstationen on Skeppsbron and two more on Gustav Adolfs Torg.
X-Change (☎ 788 88; Hamngatan 1; ☎ 8am–7pm Mon–Fri, 9am–4pm Sat) Money exchange.

POST

You can buy stamps and post letters from a number of shops and kiosks around town.
Post office (Skeppsbron 1; ☎ 7am–7pm Mon–Fri) Behind the train station.

TOURIST OFFICES

An excellent source of information on the city can be found on the Internet at www.malmo.com.

Skånegården (☎ 040-20 96 00; www.skane.com; Stortorget 9, SE-21122 Malmö; ☎ 9am–8pm mid-Jun–mid-Aug, to 6pm early Jun & late Aug, 9am–5pm Mon–Fri, 10am–3pm Sat & Sun Sep–May) On the E20, 800m from the Öresund bridge tollgate. A tourist office designed purely to give information to motorists entering the country from Denmark. Can provide details on Malmö, Skåne and the whole of Sweden.

Tourist office (☎ 34 12 00; www.malmo.se; ☎ 9am–7pm Mon–Fri, 10am–5pm Sat & Sun Jun–Aug, 9am–6pm Mon–Fri, 10am–2pm Sat & Sun May & Sep, 9am–5pm Mon–Fri, 10am–2pm Sat & Sun Oct–Apr) Inside Centralstationen (train station); it has free Internet hotel-booking service.

TRAVEL AGENCIES

Kilroy Travels (☎ 0771-54 57 69; Engelbrektsgratan 18; ☎ 10am–6pm Mon–Fri).

Sights & Activities**MALMÖHUS SLOTT**

Malmö's castle has an intriguing history, although not much remains of the older citadels built on the site: today, with its red-brick, Functionalist buildings (dating from 1937), it looks more like a factory! Some of the Malmö Museer are based inside the castle (see opposite).

Erik of Pomerania built the first fortress here in 1436, to control the growing medieval town and Öresund shipping. This castle was destroyed between 1534 and 1536 during a popular uprising in Skåne. In the years immediately after the rebellion, King Christian III of Denmark had the castle rebuilt in forbidding late-Gothic and early-Renaissance styles.

The most famous prisoner at Malmöhus Slott (from 1567 to 1573) was the Earl of Bothwell. Bothwell married Mary, Queen of Scots, but was forced to flee from Scotland after she was deposed. On reaching Europe, he was detained by the Danes until his death in 1578.

After the Swedish takeover of Skåne in 1648, the Danes made a futile attempt to recapture the castle in 1677. When peace was restored, interest in the castle waned and most of it became derelict by the 19th century. A devastating fire in 1870 left only the main building and two gun towers intact: these sections were renovated in 1930.

MALMÖ MUSEER

Various museums in and around Malmöhus slott make up the **Malmö Museer** (☎ 34 44 37; www.malmo.se/museer; Malmöhusvägen; combined entry adult/7–15yr Skr40/10, free with Malmökortet; ☎ 10am–4pm Jun–Aug, noon–4pm Sep–May). There are café-restaurants inside all the museums.

Inside the Castle

The especially interesting **aquarium** has a nocturnal hall (with bats, slow loris, skinks etc), as well as coral reefs, brightly coloured tropical fish and representatives of local species such as cod and pike. It was being revamped at the time of writing, so should be even better when you visit! The aquarium is associated with the **Naturmuseum** (Natural History Museum), which has typical collections of rocks, stuffed animals and birds.

The galleries of **Malmö Konstmuseum** contain the largest Swedish collection of 20th-century Nordic art, and the **Stadsmuseum** (City Museum) deals with the cultural history of Malmö and Skåne (mostly in Swedish). The **Knights' Hall** has various late-medieval and Renaissance exhibits, such as the regalia of the order of St Knut. The northwest **gun tower** is intact and atmospheric, with cannons pointing in every direction.

On Malmöhusvägen

The excellent **Teknikens och Sjöfartens Hus** is a short distance to the west. It's a technology and maritime museum, with aircraft, vehicles, a horse-drawn tram, steam engines, and the amazing 'U3' walk-in submarine, just outside the main building. The submarine was launched in Karlskrona in 1943 and decommissioned in 1967. Upstairs is a superb hands-on experiment room for kids, which will keep them (and you!) enthralled for ages.

Next door are **Fiskehoddorna** (☎ 12 83 40; ☎ 6.30am–1pm Tue–Sat), former fishermen's huts where you can buy fresh fish.

The old **Kommandanhuset** (Commandant's House) arsenal is just opposite the castle: it opens for temporary art exhibitions.

Elsewhere in Malmö

Ebbas Hus (☎ 34 44 95; Snapperupsgatan 10; adult/7–15yr Skr10/5; ☎ noon–4pm Wed & Sat) is the smallest house in Malmö and has been left as it was in the 1920s, when the last occupant lived there.

SANKT PETRI KYRKA

This red-brick Gothic beast is the oldest **church** (Göran Olsogatan; ☎ 10am–6pm) in the city, built in the early 14th century. The medieval frescoes were whitewashed over by Protestant zealots in 1555, but the original wall-paintings in the **Krämarekapellet** (inside at the rear of Sankt Petri Kyrka) have been successfully restored. There's also a magnificent altarpiece dating from 1611 and a votive ship in the south aisle, dedicated to all who died at sea in WWII. Much of the church has been rebuilt and the 96m tower was constructed in 1890.

ART & DESIGN

The extraordinary **Rooseum** (☎ 12 17 16; www.rooseum.se; Gasverksgratan 22; adult/child Skr40/20, half-price with Malmökortet; ☎ 2–8pm Wed, noon–6pm Thu–Sun), once the turbine hall of a power station, holds contemporary art exhibitions.

Malmö Konsthall (☎ 34 12 94; St Johannesgatan 7; admission free; ☎ 11am–5pm, to 9pm Wed), south of the city centre, has vast white display halls where Swedish and foreign artists show off their work.

Another arty place is the **Form/Design Center** (☎ 664 51 50; Lilla Torg 9; admission free; ☎ 11am–5pm Tue–Fri, 11am–4pm Sat & Sun), in the wonderful courtyarded 16th-century **Hedmanska Gården**, featuring architecture, design and art displays. The surrounding cobbled streets are restored parts of the late-medieval town; the half-timbered houses are now occupied by **galleries** and **boutiques** selling some superb arts and crafts.

UNUSUAL BUILDINGS

In the distant northwest, you may catch sight of the eye-boggling **Turning Torso**, a brand-new apartment block that twists through 90 degrees from bottom to top. Inaugurated at the end of August 2005, it's now Sweden's tallest building at 190m high.

If old edifices are more your style, head for the statue of King Karl X Gustav in the centre of **Stortorget** and look around you (clockwise from the northwestern corner): mayor Jörgen Kock had a stately pile built for himself – **Kockska Huset** (1524) – where Gustav Vasa stayed when he visited the city. It now has a classy restaurant in the vaults beneath. Looking older than it is, the **County Governor's Residence** is a grand, pale, stuccoed masterpiece built in the 19th century but in

Renaissance style. Next door **Rådhuset** (the city hall) was originally built in 1546, but has been altered since then. At the south-eastern corner of the square, **Apoteket Lejonet** was founded in 1571 – it's the city's oldest pharmacy and is still in business, with a dazzling 19th-century interior.

St Gertrud Quarter is just off Östergatan and consists of 19 buildings from the 16th to 19th centuries. Across the road, **Thottska Huset** is the oldest half-timbered house in Malmö (1558). It's been turned into a restaurant, so you can take a look inside.

OTHER SIGHTS

One rather odd attraction is **Citytunnelställningen** (☎ 32 00 00; www.citytunneln.com; Lilla Nygatan 7; adult/6-17yr Skr40/20, free with Malmökortet; ☎ 1-5pm Tue-Thu, 1-4pm Fri, 11am-4pm Sat), where you can descend beneath Malmö to look at the drill that's slowly boring a tunnel from Centralstationen to the Öresund Bridge!

Koggmuseet (☎ 33 08 00; www.medeltidskeppen.se; Skeppsbron 10; adult/7-15yr Skr30/20; ☎ 11am-4pm mid-May-mid-Sep, 11am-4pm Tue-Sun mid-Sep-mid-May) is a small museum about cogs (14th-century trading vessels), with two beautiful reconstructed **medieval ships** moored outside: boat trips (at noon and 2pm) are included in the admission.

The Red Cross was just setting up **Humanitetens Hus** (☎ 32 65 00; Drottningtorget; admission Skr20; ☎ noon-4pm Tue, Wed, Fri, noon-8pm Thu) at the time of writing. There's an emphasis on school visits, but it's worth popping in to learn more from these committed folk about their humanitarian work around the world; or to have a cup of coffee at the Fair Trade café.

Small children will enjoy **Folkets Park** (Amiralsgatan 37; ☎ park 7am-8pm yr-round, attractions noon-7pm May-mid-Aug), geared towards summery family activities, with a miniature farm, fairground rides and **reptile house** (☎ 30 52 37; adult/child Skr50/25; ☎ 10am-7pm Mon-Fri, noon-7pm Sat & Sun May-Aug, 10am-5pm Mon-Fri, noon-5pm Sat & Sun Sep-Apr).

Activities

Ask the tourist office for the free cycling map *Cykla i Malmö*. See p171 for information about renting bikes.

Aq-va-kul (☎ 30 05 40; Regementsgatan 24; adult/7-17yr/2-6yr/family Skr75/50/30/175; ☎ 9am-9.30pm Mon & Thu, 9am-8.30pm Tue & Wed, 9am-7.30pm Fri, 9am-

5.30pm Sat & Sun) is a water park with heated indoor and outdoor pools, wave machine, a sauna, solarium and even a Turkish bath.

'Malmö's Copacabana' is stretching it, but **Ribersborg** is a lovely long sandy beach backed by parkland, about 2km west of the town centre. Off the beach, at the end of a 200m-long pier, is **Ribersborgs Kallbadhus** (☎ 26 03 66; adult/7-17yr Skr70/35; ☎ noon-7pm Mon-Fri, 9am-4pm Sat & Sun), an open-air naturist salt-water pool, with separate sections for men and women, and wood-fired sauna dating from 1898.

Scooting round Malmö's canals in a pedal boat is great fun: hire one from **City Boats Malmö** (☎ 0704-71 00 67; Amiralsbron, Södra Promenaden; per 30/60min Skr70/100, 50% discount with Malmökortet; ☎ mid-Apr-mid-Aug), just east of Gustav Adolfs Torg.

Tours

To experience Malmö by water, visit **Rundan** (☎ 611 74 88; www.rundan.se; adult/5-15yr/family Skr75/40/210), opposite Centralstationen. Depending on the weather, 45-minute boat tours of the canals run regularly from May to September (11am to 7pm mid-June to mid-August, less frequently at other times). Commentary is in Swedish, German and English.

The 1½-hour **sightseeing bus tours** (adult/child Skr100/50, free with Malmökortet) take you to some odd places – like the industrial district and an old limestone quarry! – as well as round parts of the city centre and out to the Öresund bridge; they're good for getting your bearings. The tours run at noon daily (June to August), and guides speak Swedish, English and German. Pick up your ticket first at the tourist office, and the staff will show you where to catch the bus on Norra Vallgatan.

Festivals & Events

The biggest annual event – with 1.5 million visitors! – is the week-long **Malmö Festival** (www.malmofestivalen.se) in mid-August. Most events are free and include theatre, art, singing, music, dance and dragon boat competitions. The opening night is celebrated with a fireworks display and there's a huge crayfish party on Friday in Stortorget. During the week you can get food at a great variety of international stalls. Ask at the tourist office for details.

The 10-day gay and lesbian **Regnbågsfestivalen** (Rainbow Festival) is held in mid-

September with a parade, exhibitions, films and parties: contact **RSFL-Malmö** (☎ 611 99 62; malmo@rsfl.se; Monbijougatan 15), Malmö's gay and lesbian centre, for details.

Sleeping

CAMPING, HOSTELS & PRIVATE ROOMS

Private rooms or apartments from about Skr300 per person are available through **City Room** (☎ 795 94; cityroom@telia.com). The agency has no office address but is staffed on weekdays during office hours. Otherwise, contact the tourist office.

Bosses Gästväningar (☎ 32 62 50; Södra Förstadsgatan 110B; s/d/tr/q from Skr315/450/550/650) The quiet, clean rooms in this central SVIF hostel are like those of a budget hotel, with proper beds, TVs and shared bathrooms. It's run by a serious but very helpful couple, and is close to Möllevångstorget and opposite the town hospital (follow the signs for 'Sjukhuset' if arriving by car).

Vandrarhemmet Villa Hilleröd (☎ 26 56 26; info@villahillerod.se; Ångdalavägen 38; dm Skr190-230) Malmö has a brand-new hostel in the shape of Villa Hilleröd, in a delightful little detached house in the west of the city. Little touches like houseplants keep things looking homely. Arrive in good time, as there's a fee of Skr100 if you appear after 8pm.

STF Vandrarhem Malmö (☎ 822 20; www.malmo-hotel.com; Backavägen 18; 1-/2-/3-/4-bed r Skr295/370/480/520; s/d Skr285/350; ☎) The well equipped, if rather large and impersonal, STF hostel is 3.5km south of the city centre, overlooking the E6 (take bus 2 from Centralstationen).

Malmö Camping & Feriencent (☎ 15 51 65; sibbarps.camping@swipnet.se; Strandgatan 101; low/high season sites Skr150/200, 2-bed cabins Skr290/420) This camp site is by the beach and has a great view of the Öresund bridge. It's about 5km southwest of the centre of town: take bus 12B or 12G from Gustav Adolfs Torg (Skr15).

HOTELS

The tourist office has a free Internet hotel-booking service: follow the links on the website.

Mäster Johan Hotel (☎ 664 64 00; reservation@masterjohan.se; Mäster Johansgatan 13; s/d from Skr1595/2045, discounted to Skr1195/1300; ☎) Top of the heap is this place, arguably the best hotel in town. Its ultrafresh rooms have beautiful oak floors and snowy-white fabrics, bathrooms

have tiles designed by Paloma Picasso, there's a sauna and gym, and a glass-roofed courtyard where you can enjoy the immaculate breakfast buffet. Décor, service, facilities and location are all first-rate.

Scandic Hotel St Jörgen (☎ 693 46 00; stjorgen@scandic-hotels.com; Stora Nygatan 35; s/d from Skr1420/1620, discounted to Skr900/950; ☎) St Jörgen has all the amenities that you'd expect from this upmarket chain, plus the most charming staff in Malmö! Many of the rooms look out onto Gustav Adolfs Torg; although there are a few weird, windowless, wackily-decorated 'cabin' rooms.

Clarion Hotel Malmö (☎ 710 20; info.malmo@clarion.choicehotels.se; Engelbrektsgratan 16; s/d Skr1495/1790, discounted to Skr790/990; ☎) Elegant walnut furniture and fittings add a classy touch to the large, bright rooms here. There's also a pleasant restaurant/bar.

Comfort Hotel Malmö (☎ 33 04 40; malmo@comfort.choicehotels.se; Carlsgatan 10C; s/d Skr1250/1395, discounted to Skr699/899; ☎) Completely overhauled in 2005, this modern hotel (handy for train and ferry) has a clean, new look and very friendly staff. The discounted prices are particularly good, as they include an evening buffet.

Hotel Baltzar (☎ 665 57 00; www.baltzarhotel.se; Södergatan 20; s/d from Skr980/1300, discounted to Skr700/850) A good choice, right in the heart of the city, this imposing listed building has comfortable, antique-furnished rooms. Although it's on a pedestrianised street, you're allowed car access to drop your bags off.

Hotel Pallas (☎ 611 50 77; Norra Vallgatan 74; s/d from Skr395/495) This is a recommended cheapish hotel near the train station. Most rooms are singles; all are fairly simple but lent grace by the lovely 17th-century building. You can pay extra for a huge double room (Skr575); breakfast costs Skr30.

Hotel Formule 1 (☎ 93 05 80; www.hotelformule1.com; Lundavägen 28; rooms Skr330) The bargain basement Formule 1 is 1.5km east of Stortorget. Smallish, functional rooms can sleep up to three people for a flat rate.

Eating

Lilla Torg is a picturesque cobbled square lined with restaurant-bars, all offering great food at similar prices. Their outdoor tables fairly heave in summer with alfresco diners and drinkers: almost like the Mediterra-

nean, if you blank out the blankets and space heaters! For cheaper eats, the area around Möllevångstorget reflects the city's interesting ethnic mix, and there's a swirl of stalls, shops and student-frequented restaurants and bars (although the area can get edgy late at night).

Årstiderna (☎ 23 09 10; www.arstiderna.se; Frans Suellegatan 3; mains Skr195-310, Swedish menu Skr495; ☎ 11.30am-3pm & 6pm-midnight Mon-Fri, 6pm-midnight Sat) This is among the most exclusive restaurants in the city, located in the vaulted cellar of Kockska Huset. A sense of excitement is generated by the flaming torches outside, which continues as you descend into the candlelit arches and alcoves. There's a great atmosphere, friendly staff and fine Swedish/continental food – just the place for a romantic dinner.

Rådhuskällaren (☎ 790 20; Stortorget; mains Skr159-189; ☎ Mon-Sat yr-round, dinner only summer) This is in the 16th-century, barrel-vaulted cellar of the town hall. Rumour has it that two members of the Beatles were turned away in 1967 because they weren't wearing neckties – thankfully things have relaxed a little since then! The food is excellent although the traditional menu (marinated salmon, venison, cloudberry desserts) is quite small.

Thotts Restaurang (☎ 698 48 00; Östergatan 10; mains Skr165-220; ☎ lunch & dinner) Traditional dishes like grilled rack of wild boar with lingonberries, or cod with langoustine and lobster coulis are served at Thotts; or you can pick at a small selection of tapas (around Skr35) if you're feeling dainty. The restaurant is in a lovely half-timbered house dating from the 16th century. Enter via the SAS Radisson Hotel.

Izakaya Koi (☎ 757 000; Lilla Torg 5; lunch Skr60-75, dinner mains Skr100-150; ☎ until at least midnight) For something different, try sleek Izakaya Koi, which has won architectural awards for its interior. It serves up quality Japanese cuisine, including highly recommended sushi and sashimi, to Malmö's cosmopolitan crowd.

Restaurang Davidshall (☎ 30 60 08; Erik Dahlbergsgatan 5; tapas Skr40-70, mains Skr110-200; ☎ lunch & dinner) Modern Davidshall produces contemporary European cuisine, mainly a subtle blending of French and Spanish goodies. There's a long tapas list (garlic bread to green mussels), and classic mains like lamb with Dijon mustard and rosemary.

La Empanada (☎ 12 02 62; Sjöbodgatan 10; mains Skr45-65; ☎ closed Sun) This cheap and cheerful place, opposite Sankt Petri Kyrka, is highly recommended for those on a budget. Mainly Mexican dishes (tacos, enchiladas and burritos) are served *caféteria*-style; it closes in the early evening.

Vegegården (☎ 611 38 88; Stora Nygatan 18; lunch Skr58; ☎ lunch, dinner Thu-Sun) Veggie and vegans could try this Chinese restaurant, tucked in a quiet corner of the city near the Rooseum. Many of the long list of dishes are soy-based, and there's a warm or cold lunchtime buffet.

Krua Thai (☎ 12 22 87; Möllevångstorget 14; meals around Skr70; ☎ 11am-4pm Mon, 11am-3pm & 5-10pm Tue-Fri, 1-10pm Sat, 2-10pm Sun) Down the southern end of town is this large, popular and long-standing Thai restaurant. The family have also opened a central takeaway (downstairs, Södergatan 22), for spicy meals on the move.

Spot (☎ 12 02 03; Stora Nygatan 33; mains from Skr60; ☎ closed Sun) Stylish Spot, an Italian café, sells excellent lunchtime sandwiches, salads, pizzas, and pasta and risotto dishes.

Konditori Hollandia (☎ 12 48 86; Södra Förstads-gatan 8; ☎ closed Sun) This classic café has the feel of some Victorian lady's parlour! Nibble daintily on salad and sandwiches, or throw the diet in the bin and indulge in one of their delicious patisserie offerings.

Saluhallen (Lilla Torg) For a light meal, snack or picnic, head to the covered market, with food stalls to appeal to every taste (fish, pasta, sushi, kebabs, Chinese dishes and baked potatoes). **Bageri Cafét** (☎ 30 35 13), inside Saluhallen, does filled bagels, baguettes and ciabattas from Skr30.

Self-caterers can buy supplies at the central **Mästerlivs supermarket** (Engelbrekts-gatan 15; ☎ 9am-9pm). The best produce market is on Möllevångstorget, from Monday to Saturday.

Drinking

On Lilla Torg, the absolute coolest places are **Victors** (☎ 12 76 70), **Moosehead** (☎ 12 04 23) and **Mello Yello** (☎ 30 45 25), which stand in a row competing for custom; they're all great spots, with friendly service, outdoor summer seating (you may have to wait for a table), tasty meals, and lots of drinks, from dry white wine to the most lurid of cocktails.

There are numerous bars around Möllevångstorget, which probably appeal to a

more studenty crowd, such as **Nyhavn** (☎ 12 88 30), a pub with reasonably priced meals to go along with the beer.

Systembolaget (Södergatan 22) sells beers, wines and spirits.

Entertainment

Malmö has an excellent array of nightlife venues – for up-to-date information pick up the local newspaper *Sydsvenskan* on a Friday, when it contains the listings mag *Dygnet Runt* (which covers Lund as well as Malmö). It's all in Swedish but the club and cinema information is understandable. Alternatively, take the train across to Copenhagen for a huge selection of capital-city delights; trains run every 20 minutes until around 11pm, then hourly until 5am.

NIGHTCLUBS

Bars generally stay open until around 1am, clubs to 3am, 4am or 5am on Friday and Saturday although some bars stay open late during the week; minimum age requirements (20 to 25) vary from venue to venue, and from night to night, so bring some ID. Entry usually costs between Skr50 and Skr100.

Jeriko (☎ 611 84 29; Spångatan 38) Regular performances of jazz, folk and world music.

Kulturbolaget (☎ 30 20 11; Bergsgatan 18) Big-name live-music acts perform here, but even if there's no-one playing, 'KB' has a good bar, nightclub (usually Friday and Saturday), and a highly regarded restaurant.

Étage (☎ 23 20 60; Stortorget 6; ☎ Mon-Sat) This central, mainstream club has two dance floors (one of them playing classics and the other playing dance music) and four bars, and quite a large gay clientele.

Slagthuset (☎ 711 12; Jörgen Kocksgatan 7A) The massive (8500-sq-m) 'Slaughterhouse' entertainment complex lies north of the train station. There are restaurants and bars here, and a nightclub (Skr90) until 5am on Friday and Saturday nights, with the latest dance tunes plus hits from the 1970s and '80s.

CINEMAS

There are several cinemas in the city centre; the biggest are these two:

Biograf Spejeln (☎ 12 59 78; Stortorget 29) Hosts alternative selections.

Filmstaden Malmö (☎ 660 20 90; Storgatan 22) Showing Hollywood movies.

Getting There & Away

TO/FROM THE AIRPORT

The regular **Flygbuss** (☎ 669 62 09) runs from Centralstationen to Sturup airport (Skr90, 45 minutes): roughly every 40 minutes on weekdays, hourly on Sunday, six services on Saturday; a taxi should cost no more than Skr400.

AIR

Sturup airport (☎ 613 1000) is 33km southeast of the city. **SAS** (☎ 0770-72 77 27; www.scandinavian.net) has up to eight nonstop flights to Stockholm

BRIDGING THE GAP

In 1995, technology finally caught up with a 100-year-old dream: to build a bridge between Sweden and Denmark. Construction began just outside Malmö in October that year, and the Öresund bridge and tunnel opened to traffic in the summer of 2000: you can now drive all the way from Sweden to Germany without using a ferry.

Viewed from the shore, without any surrounding reference points, it's difficult to comprehend the vast scale of the project. Those insignificant-looking central pylons are actually 4km away and are over three times as high as Nelson's Column! It's actually the longest cable-tied road and rail bridge in the world, measuring 7.8km from Lernacken (on the Swedish side, near Malmö) to the artificial island Peberholm, south of Saltholm. After the island, there's a 3km undersea tunnel which emerges just north of Copenhagen airport.

After a slightly shaky start, with less traffic than predicted, bridge usage is increasing: about four million cars drove over it in 2004. Local commuters pay via an electronic transmitter, while tolls for the rest of us are payable by credit card, debit card or in Danish and Swedish currency at the Lernacken toll booths. The crossing isn't cheap – for a motorcycle the price is Skr160, private vehicles (up to 6m) pay Skr285 and private vehicles with trailers, vans or minibuses cost Skr570. If you're travelling between Sweden and Denmark with your own transport, you may want to look at other options (such as ferries between Helsingborg and Helsingør).

Arlanda daily. **Malmö Aviation** (☎ 0771-55 00 10; www.malmoaviation.se) flies a number of times daily to Stockholm Bromma airport. There are also infrequent flights to Antalya, Budapest, Larnaca and Varna. The low-cost carrier **Ryanair** (☎ 0900-202 02 40; www.ryanair.com) flies to Sturup from London's Stansted airport.

Trains run directly from Malmö to Copenhagen's main airport (Skr85, 35 minutes, every 20 minutes), which has a much better international flight selection.

BOAT

Although the Öresund bridge has rendered most of the ferries obsolete, romantics can still travel between Malmö and Copenhagen on the **Turasund** (☎ 17 04 90; www.turasund.se; Skeppsbron 10). A single ticket per adult/4-15 years/bicycle costs Skr65/40/40, and there are three crossings per day (Wednesday to Saturday in May, Monday to Saturday June to early September).

BUS

Local & Regional

The *länstrafik* (public transport network) operates in zones, with a single journey ranging from Skr15 within the city of Malmö to a maximum of Skr84 within the county. The local trains are your best bet for travel to/from the major towns in Skåne; buses are a good option for those towns and out-of-the-way areas not on the train lines.

City buses depart from Centralplan, in front of the train station, and the **Busscentralen** (☎ 43 16 70) office there handles inquiries and sells tickets. Most regional buses leave from the bus station on Spårväggsgatan, while a few go from the section of Norra Vallgatan in front of Centralplan.

Bus 146 is a useful service to the ferries departing from Trelleborg (Skr48, 40 minutes); this service runs once or twice an hour. Another useful service is bus 100 to Falsterbo (Skr48, 50 minutes).

Long-Distance

You can buy tickets for long-distance buses from the **Travelshop** (Malmö Buss & Resecenter; ☎ 33 05 70; www.travelshop.se; Skeppsbron 10), north of the train station by the harbour; buses leave from outside.

Swebus Express (☎ 0200-21 82 18; www.swebusexpress.se) runs two to four times daily to Stockholm (Skr500, 8½ hours), five times to

Jönköping (Skr293, 4½ hours) and up to 10 times daily to Göteborg (Skr281, three to four hours); four continue to Oslo (Skr400, 7½ hours). All pass through Lund.

Svenska Buss (☎ 0771-67 67 67; www.svenskabuss.se) runs a service to Stockholm (Skr400, 11 hours) via Karlskrona, on Wednesday, Thursday, Friday and Sunday. There are also one or two services to Göteborg (Skr250, four hours) on Monday, Friday, Saturday and Sunday.

Säfflebusen (☎ 0771-15 15 15; www.safflebusen.se) has nine buses on the Copenhagen-Malmö-Göteborg route per day, with a couple originating from Berlin and continuing on to Oslo.

Eurolines runs services from here to all over Europe – see p327 for details.

There are a few buses heading across the Öresund bridge, but trains are the best option for journeys to Copenhagen and beyond.

CAR & MOTORCYCLE

The E6 motorway runs north-south through the eastern and southern suburbs of Malmö on its way from Göteborg to Trelleborg. The E65 motorway runs east to Ystad, the E22 runs northeast to Lund and Kristianstad, and the E20 goes west across the Öresund bridge (single/return bridge toll Skr285/570, discount with *Malmökortet*) to Copenhagen and north (with the E6) to Göteborg.

Car hire is available at **Statoil** (☎ 12 99 50; Skeppsbron 2), directly opposite Centralstationen. Several of the larger car-hire companies, such as **Avis** (☎ 50 05 15), are represented at Sturup airport.

TRAIN

Pågatågen (local trains) run regularly to Helsingborg (Skr84, one hour), Landskrona (Skr72, 40 minutes), Lund (Skr36, 15 minutes), Simrishamn (Skr84, 1½ hours), Ystad (Skr72, 50 minutes), and other destinations in Skåne (bicycles are half-fare, but are not allowed during peak times, except during mid-June to mid-August). The platform is at the end of Centralstationen and you buy tickets from the machine. International rail passes are accepted.

There's an integrated Öresundregionen transport system which operates trains from Helsingborg via Malmö and Copenhagen to Helsingør. The Malmö to Copenhagen Kast-rup airport or Copenhagen central station

trips take 20 and 35 minutes, respectively (both journeys Skr87); trains leave every 20 minutes.

X2000 (Skr482, 2¾ hours) and regional (Skr294, 3¼ hours) trains run regularly to/from Göteborg, X2000 (Skr1060, 4½ hours, hourly) and Intercity (Skr675, 6½ hours, infrequent) trains run between Stockholm and Malmö.

Getting Around

Get bus information and buy tickets at the customer service desks in Centralstationen, at Gustav Adolfs Torg and at Värnhemstorget (at the eastern end of Kungsgatan). Local tickets are Skr15 for one hour's travel. The bus hubs are Centralplan (in front of Centralstationen), Gustav Adolfs Torg, Värnhemstorget and Triangeln. *Malmökortet* includes city bus travel.

Car parking in the city is expensive: typical charges are around Skr15 per hour or Skr90 per day (24 hours). Most hotels also charge for parking. Parking in municipal spaces ('Gatukontoret'; ask the tourist office which symbol to look for) is free with *Malmökortet*.

Taxi companies in Malmö have a bad reputation for ripping people off: avoid them if you can, or else don't get into any taxi without arranging a fare with the driver in advance. The tourist office recommends **Taxi Skåne** (☎ 33 03 30) and **Taxi 97** (☎ 97 97 97).

In summer, **Rent-A-Bike** (☎ 0707-49 94 22; www.rent-a-bike.se; per day Skr90) has a handy rental counter inside the tourist office in Centralstationen. Otherwise, try **Fridhems Cykelaffär** (☎ 26 03 35; Tëssinsväg 13; per day Skr75) west of the castle, or **Cykelkliniken** (☎ 611 66 66; Regementsgatan 12; per day Skr120).

LUND

☎ 046 / pop 101,423

Lund is a super little place with a 1000-year-old history. Its mighty cathedral, with giants in the crypt and a magical clock, should not be missed; but really the whole town is infused with a mellow charm. Delicious medieval houses are scattered amongst green parks and gardens, and the university adds a quiet buzz of bright young things...though not during the summer holidays when the students go on vacation.

The second-oldest town in Sweden, Lund was founded by the Danes around 1000. It

went on to become the seat of the largest archbishopric in Europe after the cathedral was built. Vikings and bishops aside, Lund's modern claim to fame is as the birthplace of the ink-jet printer.

Information

Banks, ATMs and other services can be found along the main street (Stora Södergatan, changing to Kyrkogatan). You can read about the **university** (www.lu.se) online, and www.lund.se is a good website about the town.

Akademibokhandeln (☎ 19 60 00; Storgatan 2; ☎ 10am-6pm Mon-Fri, 10am-3pm Sat) Fantastic university bookshop with a huge selection of foreign-language books.

Forex Bangatan (☎ 32 34 10; Bangatan 8; ☎ 8am-7pm Mon-Fri, 8am-4pm Sat); Västra Märtensgatan (☎ 14 07 80; Västra Märtensgatan 6, ☎ 9am-7pm Mon-Fri, 9am-3pm Sat) Two central money-exchange offices.

Library (Sankt Petri Kyrkogatan 6; ☎ 10am-7pm Mon-Thu, 10am-6pm Fri, 10am-3pm Sat) With free Internet access.

Nollett (☎ 70 00 96; Lilla Gråbrödersgatan 2; per hr Skr39; ☎ 10am-midnight Mon-Fri, noon-1am Sat, 1-11pm Sun) Internet access.

Press Stop (Klostergatan 8; ☎ 10am-6pm Mon-Fri, 10am-2pm Sat) Good choice of foreign magazines and newspapers.

Tourist office (☎ 35 50 40; www.lund.se; Kyrkogatan 11; ☎ 10am-6pm Mon-Fri, 10am-2pm Sat & Sun Jun-Aug, 10am-5pm Mon-Fri, 10am-2pm Sat May & Sep, 10am-5pm Mon-Fri Oct-Apr) Helpful tourist office opposite the cathedral.

Sights

DOMKYRKAN

Lund's magnificent Romanesque cathedral, **Domkyrkan** (☎ 35 87 00; ☎ 8am-6pm Mon-Fri, 9.30am-5pm Sat, 9.30am-6pm Sun), with its impressive twin towers, is a must-see. Try to pop in at noon or 3pm (1pm and 3pm on Sunday and holidays) when the marvellous astronomical clock strikes up *In Dulci Jubilo* and the wooden figures at the top whirr into action. Within the crypt, you can find Finn, the mythological giant who helped construct the cathedral, and a 16th-century well carved with comical scenes.

MUSEUMS

The wonderful **Kulturen** (☎ 35 04 00; www.kulturen.com; Tegnerplatsen; adult/child Skr50/free; ☎ 11am-5pm mid-Apr-Sep, to 9pm Jul-mid-Aug, noon-4pm Tue-Sun Oct-mid-Apr), opened in 1892, is a huge open-air museum filling two whole blocks. Its

LUND

0 300 m
0 0.2 miles

INFORMATION	Drottens Arkeologiska Museum.....10 B4	Hotel Lundia.....20 B3
Akademibokhandeln.....1 B4	Greenhouses.....11 D3	Hotell Oskar.....21 B3
Forex.....2 A3	Historiska Museet.....12 C3	STF Vandrarhem Lund Tåget.....22 A2
Forex.....3 C4	Hökeriet.....13 C3	
Library.....4 B3	Kulturen.....14 C3	EATING 🍴
Nollett.....5 B3	Main University Building.....15 C3	&Bar.....23 C4
Tourist Office.....6 B3	Press Stop.....16 B3	Bantorget 9.....24 B4
	Skissernas Museum.....17 C2	Café Anima.....25 C4
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SIGHTS & ACTIVITIES	SLEEPING 🛏	Glasskulturen.....27 B4
Apoteket Svanen.....7 B3	Grand Hotel.....18 B3	Govindas.....28 B2
Domkyrkan.....8 C3	Hotel Ahlström.....19 C4	Graffiti Café.....29 B3
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Basilika.....34 B4	
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impressive collection of about 30 buildings includes everything from the meanest birch-bark hovel to grand 17th-century houses. There are permanent exhibitions, encompassing Lund in the Middle Ages, old toys, ceramics, silver and glass (among many others), and changing temporary displays. Ask about guided tours in English. There's a popular outdoor restaurant here, outside the museum near several Scania **runestones**.

Just behind the cathedral, the rather old-fashioned **Historiska Museet** (☎ 222 79 44; Kraftstorg; Skr30/free; 🕒 11am-4pm Tue-Fri) has a large collection of pre-Viking Age finds, including a 7000-year-old skeleton. It's joined with the **Domkyrkomuseet**, which explores the history of the church in the area; the

rooms filled with countless statues of the crucified Christ are supremely creepy.

The recently refurbished **Skissernas Museum** (Sketch Museum; ☎ 222 72 85; Fingngatan 2; adult/under 18yr Skr30/free; 🕒 noon-5pm Tue-Sun) has the world's largest collection of sketches and designs for public artworks, made by Swedish artists and European stalwarts like Matisse, Picasso and Henry Moore.

The underground **Drottens Arkeologiska Museum** (☎ 14 13 28; Kattesund 6) contains the foundations of an 11th-century church, and has a fascinating but grisly collection of skeletons that build a picture of the Middle Ages through their diseases and amputations. The museum was closed at the time of writing; ask the tourist office for reopening details.

There are a number of galleries, plus small, special-interest museums and archives in town, many attached to university departments – enquire at the tourist office.

OTHER SIGHTS

The main **university building**, topped by four sphinxes representing the original faculties, is worth a glance inside.

The 8-hectare **Botanical Gardens** (☎ 222 73 20; Östra Vallgatan 20; admission free; 🕒 6am-9.30pm mid-May-mid-Sep, 6am-8pm rest of yr), east of the town centre, feature around 7000 species. Also on the site are tropical **greenhouses** (admission free; 🕒 noon-3pm).

Take a look inside the charming old-style pharmacy, **Apoteket Svanen** (Kyrkogatan 5), not far from the tourist office. Across the park, **Hökeriet** (☎ 35 04 04; cnr St Annegatan & Tomtegapsngatan; 🕒 noon-5pm Tue-Sun) is a tiny old-fashioned general store.

Sleeping

The tourist office can book private rooms from Skr225 per person plus a Skr50 fee.

STF Vandrarhem Lund Tåget (☎ 14 28 20; www.trainhostel.com; Våvaregatan 22; dm Skr135) Children will love the novelty of this hostel, based in old railway carriages in parkland behind the station. The triple bunks and tiny rooms are fine if you're cosying up with loved ones, but a little claustrophobic with strangers; they aren't very soundproof, either.

Hotell Oskar (☎ 18 80 85; www.hotelloskar.com; Bytaregatan 3; s/d Skr980/1350, discounted to Skr700/900) This dinky place in a 19th-century townhouse has smashing rooms filled with sleek Scandinavian designs. It's also well equipped, with DVD players, kettles and stereos. Breakfast is served in lovely Ebbas Skafferi next door.

Hotel Ahlström (☎ 211 01 74; info@hotellahlstrom.se; Skomakaregatan 3; s/d from Skr595/850, discounted to Skr500/650) Lund's oldest hotel is a cheap and friendly option, on a quiet but very central street. Rooms have parquet floors, cool white walls and washbasins (bathrooms are shared). There's no dining room, so breakfast is brought right to your door.

Hotel Lundia (☎ 280 65 00; info@lundia.se; Knut den Stores torg 2; s/d from Skr1395/1795, discounted to Skr795/895) The designers here have gone for a contemporary Scandinavian/Japanese look, leading to sleek but slightly Spartan-looking

rooms. There's a stylish brasserie downstairs, serving international cuisine.

Lilla Hotellet i Lund (☎ 32 88 88; lillahotellet@telia.com; Bankgatan 7; s/d Skr930/1130, discounted to Skr730/930; 🕒 closed early Jul-early Aug; 📍) Rather irritatingly, this little place closes in peak season, but it's a good choice if you're here at other times. The cutesy 19th-century building has cosy rooms with DVD players, and there's a sunny courtyard and guest lounge.

Grand Hotel (☎ 280 61 00; hotel@grandlund.se; Bantorget 1; s/d from Skr1925/2295, discounted to Skr1250/1595; 📍) Lund's most luxurious establishment is the Grand, opened in 1899 and resplendent with gilt and chandeliers. Rooms are on the small side, but decorated in grand style with heavy wooden beds, Persian carpets and cherub wallpaper. It too has an upmarket restaurant on site, and a sauna.

Eating

Grand Hotel (☎ 280 61 00; Bantorget 1; lunch Skr89, dinner mains Skr220-320) The Grand's refined restaurant serves classic menu items like roast venison, wild duck breast and fillets of sole with lobster sauce; the wine selection is equally impressive. The Lund menu features local dishes and/or ingredients; and there's a separate list of veggie creations too.

Bantorget 9 (☎ 32 02 00; Bantorget 9; mains Skr190-250; 🕒 from 6pm Mon-Sat) Another gourmet's delight, with a small but perfectly formed menu. Snuggle down in the cosy candlelight and feast on wild duck and oyster mushrooms, venison in red wine and truffles or a fresh-fish dish. There's a good wine list to oil the evening further.

&Bar (☎ 211 22 88; Märtenstorg 9; lunch Skr65-79, dinner mains Skr90-210) The fashionable &Bar is relaxed enough to attract a range of people for its lunchtime bagels, salads and specials. À la carte dinner mains are Swedish and international favourites. From 10pm it's a

AUTHOR CHOICE

Ebbas Skafferi (☎ 13 41 56; Bytaregatan 5; lunch Skr65; 🕒 7am-9pm Mon-Fri, 8am-6pm Sat, 9am-8pm Sun) Ebbas is everything you'd want a café to be: worn wooden tables, green plants and flowers, odd bits of artwork, a delightful courtyard, and of course excellent coffee, teas, cakes and lunches (including quiche, risotto, enchiladas and crêpes).

place for cocktails and DJs playing disco, electronica, house, soul and hip-hop (until 2am Thursday to Saturday).

V.E.S.P.A. (☎ 12 71 27; Karl XI gatan 1; pizza Skr65-95; ☎ lunch & dinner) For pizza and a glass of wine, this shiny-bright Italian bar-restaurant is a good choice; there's outdoor seating in summer.

Café Ariman (☎ 13 12 63; Kungsgatan 2B; snacks around Skr40; ☎ 11am-midnight Mon, 11am-1am Tue-Thu, 11am-3am Fri & Sat, noon-midnight Sun) This slightly grungy place has a great view of the cathedral, strong coffee and a fine array of café fare along the lines of ciabatta, salads and burritos. It's popular with leftwing students: think nose-rings, dreads and leisurely chess games.

Graffiti Café (☎ 32 82 70; Sankt Gråbrödersgatan 4; meals from Skr40; ☎ lunch) Part of the Graffiti franchise, selling salads, baguettes and baked potatoes with a disorientating choice of fillings.

Govindas (☎ 12 04 13; Bredgatan 28; lunch Skr60; ☎ 11.30am-3.30pm Mon-Fri) In a quiet cobbled courtyard filled with trees and shrubs, Govindas is a vegetarian restaurant popular with students.

Saluhallen (Mårtenstorget) The market hall is the spot for reasonably priced food (fresh fish, pasta, burgers, kebabs and croissants), from delicatessen stalls or cheap eateries.

Glasskulturen (☎ 211 00 14; Stortorget 8) On the main square is a gourmet ice-cream shop with long queues in summer.

Self-caterers can stock up at the **ICA supermarket** (Bangatan; ☎ 8am-10pm) opposite the train station.

Drinking

Glorias (☎ 15 19 85; St Petri Kyrkogatan 9; burgers from Skr90; ☎ 11.30am-midnight Mon-Wed, 11.30am-1am Thu, 11.30am-3am Fri & Sat, 1-11pm Sun) The waft of booze that hits you in the doorway tells you that eating is secondary here. This often-rowdy, American-style sports bar attracts a young crowd, and has somewhat pricey Cajun-style food and occasional live music. There's dancing until 3am on Fridays and Saturdays.

Basilika (☎ 211 66 60; Stora Södergatan 13) Da yoof love Basilika too: for coffee-drinking, lunch, comedy acts and nightclub (open until 3am weekends).

Systembolaget (Bangatan 10) is near to the ICA supermarket.

Entertainment

Pick up the brochure *i Lund* from the tourist office to find out what's going on in town.

There are several cinemas in Lund, including:

Biografen Kino (☎ 30 30 80; Kyrkogatan 3) Arts cinema.

SF Bio Filmstaden (☎ 0856-26 00 00; Västra Mårtensgatan 12) Mainstream cinema.

Getting There & Away

The regular **Flygbuss** (☎ 0771-77 77 77) runs to Malmö's Sturup airport (Skr90) – see p169.

It's just 15 minutes from Lund to Malmö by train, with frequent SJ and local Pågatågen departures (Skr36). Some trains continue to Copenhagen (Skr127, one hour). Other direct services run from Malmö to Kristianstad and Karlskrona via Lund. All long-distance trains from Stockholm or Göteborg to Malmö stop in Lund.

Long-distance buses leave from outside the train station. Most buses to/from Malmö (except buses to Trelleborg and Falsterbo) run via Lund. See p170 for details.

Getting Around

Stadsbussarna (☎ 35 53 00) local town buses cost Skr12 per ride; the terminal is on Botulfplatsen, west of Mårtenstorget. Phone **Taxi Skåne** (☎ 33 03 30) for a taxi. To hire a bike, go to **Godsmagasinet** (☎ 35 57 42; Bangatan; ☎ 6.30am-9.30pm Mon-Fri), a huge bicycle lock-up in the northernmost train-station building.

FALSTERBO PENINSULA

☎ 040

Families and sun-worshippers will love the white-sand beaches at the edges of Falsterbo Peninsula, and ornithologists will enjoy the area's birdlife. The peninsula (30km south of Malmö) also has some real one-off attractions: the unmissable Viking reserve Foteviken, and the weird little amber museum.

The area's major **tourist office** (☎ 42 54 54; www.vellinge.se/turism; Östra Hamnplan 2; ☎ 10am-6pm Mon-Fri, 10am-2pm Sat & Sun mid-Jun–mid-Aug, 10am-noon & 1-3pm mid-Aug–mid-Jun) is just outside Höllviken, near the lifting bridge. Höllviken is a reasonable-sized town with facilities like banks and supermarkets.

Bärnstensmuseum

Trapped in sticky resin 40 million years ago, insects forage, fight, mate and feed in pieces of amber at the **Bärnstensmuseum** (Amber

Museum; ☎ 45 45 04; www.brost.se; Södra Mariavägen 4; adult/child Skr10/5; ☎ 11am-5pm mid-May–mid-Oct, 11am-5pm Sat & Sun mid-Oct–mid-May). It's small but interesting; movie buffs might like to know that the museum staff acted as advisors to the makers of *Jurassic Park*. Beachcombers may find pieces of washed-up amber in this part of Sweden.

The museum is near the southern edge of Höllviken (just off the coast road towards Trelleborg).

Foteviken

If you mourn the passing of big hairy men in longboats, don't miss one of Sweden's most interesting and unusual attractions, about 700m north of Höllviken. **Vikingareservatet vid Foteviken** (Foteviken Viking Reserve; ☎ 33 08 00; www.foteviken.se; adult/6-15yr Skr60/25; ☎ 10am-4pm Jun-Aug, 10am-4pm Mon-Fri May & Sep–mid-Oct) is unique, an excellent 'living' reconstruction of a late-Viking Age village. Entry price includes a highly recommended one-hour guided tour (Swedish, plus English and German if there are enough people); these depart at 11am, 1pm and 2.30pm.

Around 20 authentic reconstructions of houses with reed or turf roofs have been built on the coast, near to the site of the Battle of Foteviken (1134). These belong to various tradespeople; the town's *jarl* (commander of the armed forces), juror and scribe; and the chieftain, whose home has wooden floorboards, fleeces and a Battle of Foteviken tapestry. There's even a shield-lined great hall (the Thinghöll), and a reconstructed warship and lethally powerful war catapult, which you may get to see fired at the end of your tour.

The amazing thing is that this reserve is home to people who live as the Vikings did, eschewing most modern conveniences and following the old traditions, laws and religions – even after the last tourist has left! These modern-day Vikings lead visitors on guided tours through their houses and provide an entertaining and insightful glimpse into Viking times.

If you visit in early June you can witness warrior training and a re-enactment of the 1134 battle; Viking Week is held in late June, and culminates in a Viking market.

There's a reasonable **hostel** (2-bed r Skr350, cottage Skr630) just outside the reserve for visitors.

Falsterbo

Little **Falsterbo Museum** (☎ 47 05 13; falsterbomuseum@mail.bip.net; Sjöгатan; adult/7-16yr Skr20/10; ☎ 10am-7pm mid-Jun–mid-Aug), at the southern tip of the peninsula, is a pleasing jumble: a small Naturum, old shops and smithies, WWII mines, and the remains of a 13th-century boat.

Falsterbo has a long sandy **beach** that's popular with locals and Malmö holiday-makers. The sandy hook-shaped island of **Måkläppen** is a nature reserve, off-limits to the public from February to October. There are seals and over 50 species of birds, including little terns, Kentish plovers (rare in Sweden) and avocets; in the autumn, between one and three million migrating birds rest their wings here. Near the museum is **Falsterbo Fågelstation** (☎ 47 06 88; birdobs@fbo.pp.se; Sjöгатan), a bird observatory which studies these feathery visitors.

Ljungens Camping (☎ 47 11 32; ljungenscamping@telia.com; Strandbadsvägen; sites Skr160; ☎ mid-Apr–Sep) This orderly site is a friendly place a couple of kilometres from Falsterbo; amenities include a small crêperie.

Kust Café (☎ 47 38 30; Storgatan 14; snacks from Skr60; ☎ 11am-10pm summer) Catering to the fashionable city set is this stylish nautical café, with excellent coffee, ciabattas, salads, pasta and cakes.

Getting There & Away

Bus 100 (Skr48, one hour, every 30 minutes Monday to Saturday, hourly Sunday) runs from Malmö to Falsterbo Strandbad (about 600m east of the Fågelstation).

TRELLEBORG

☎ 0410 / pop 39,477

Trelleborg is the main gateway between Sweden and Germany, with frequent ferries coming and going. It's not really on the tourist trail: if you're arriving in Sweden here, it's probably better to head on for Malmö or Ystad. However, the town will be celebrating its 750th birthday in 2007, so snoop around to see what's worth sticking around for.

Information

Banks and ATMs can be found near Forex and on Alkatan.

Internetcafé Gamezone.u (☎ 415 10; Alkatan 66; per hr Skr20) Internet access.

Forex (CB Friisgatan 1; ☎ 8am-10pm Mon-Fri, 8am-2pm Sat, noon-5pm Sun) Money exchange.

Library (☎ 531 80; CB Friisgatan 17-19; ☎ 10am-6pm Mon-Fri, 11am-2pm Sat) With free Internet access.

Tourist office (☎ 73 33 20; www.trelleborg.se/turism; Hamngatan 9; ☎ 9am-7pm Mon-Fri, 10am-6pm Sat, 10am-5pm Sun Jun-Aug, 9am-5pm Mon-Fri Sep-May) Inside the harbour-side complex.

Sights

Quite exciting if you're a Viking fan, **Trelleborg** (☎ 460 77; admission free) is a 9th-century Viking ring fortress, discovered in 1988 off Bryggaregatan (just west of the town centre). It's built to the same pattern as Danish fortresses of the same era, showing the strong centralised power of Harald Bluetooth at work. A quarter of the palisaded fort and a wooden gateway have been recreated, as has one of the later medieval houses built within the walls (now containing a summer café). There are plans afoot to build a swish museum and a Viking farmhouse.

Trelleborgs Museum (☎ 73 30 50; Östergatan 58; adult/under 8yr Skr20/free; ☎ 1-5pm Tue-Sun), just east of the town centre, is housed in an old hospital and covers a wide range of themes, including a 7000-year-old settlement discovered nearby, Viking life, and recent local history.

By the town park, the **Axel Ebbe Konsthall** (☎ 530 56; Heskillegatan 1; adult/under 8yr Skr20/free; ☎ 1-4pm Tue-Sun summer) is a Functionalist building featuring nude sculptures by the native Scanian Axel Ebbe (1868-1941). For a preview, check out the fountain **Sjöormen**, literally 'the sea monster', in the centre of Stortorget.

Sleeping & Eating

The tourist office can book private rooms from Skr300, plus Skr35 booking fee.

Night Stop (☎ 410 70; Östergatan 59; s/d Skr199/299; ☎) Simple and functional with shared bathrooms, Night Stop is open 24 hours per day and is the cheapest place in Trelleborg to put your head down. It's about 500m from the ferry (turn right along Hamngatan after disembarking), diagonally opposite the museum. Breakfast is an additional Skr40.

Hotell Horizont (☎ 71 32 39; info@horizont.nu; Hamngatan 9; s/d Skr795/995, discounted to Skr650/850; ☎) The brand-new Horizont has sharp-looking, clean and minimalist rooms, some with harbour views. There's a top-floor restaurant, bar and café, and it's in the same huge building as the tourist office so it's easy to find!

Dannegården (☎ 481 80; office@dannegarden.se; Strandgatan 32; s/d from Skr1092/1428, discounted to Skr644/868; ☎) Absolutely the most beautiful place in town is this old sea captain's villa. Rooms are luxurious without being over-the-top, there's a high-quality restaurant on the premises, and the gardens are lovely.

Dalabadets Camping (☎ 149 05; Dalabadets Strandväg 2; sites Skr140, 4-bed cabins from Skr350) This is the nearest camping ground, over 3km east. It's a well-equipped place between road No 9 and the beach.

Restaurang & Pizzeria Istanbul (☎ 44 44 44; Algatan 30; mains Skr60-150) This bustling place has a huge menu of pasta, pizza, salad and kebabs, plus more expensive Swedish fish and meat dishes.

Café Vattentornet (☎ 530 70; Stortorget; ☎ Mon-Sat) Inside the splendid 58m-high water tower (1912), this is a pleasant ground-floor café selling sandwiches, cakes and other snacks. Its outdoor tables are great for people-watching in summer.

Getting There & Away

Bus 146 runs every half-hour or so between Malmö and Trelleborg's bus station, some 500m inland from the ferry terminals. Bus 165 runs frequently Monday to Friday (four services Saturday and Sunday) from Lund. See p180 for bus travel from Ystad.

For details of international trains from Malmö to Berlin via Trelleborg, see p327.

Scandlines (☎ 650 00; www.scandlines.se) ferries connect Trelleborg to Sassnitz (five daily) and Rostock (two or three daily). **TT-Line** (☎ 562 00; www.ttline.com) ferries and catamarans shuttle between Trelleborg and Travemünde three to five times daily, and between Trelleborg and Rostock up to three times daily. Buy tickets inside the building housing the tourist office (Hamngatan 9). See p329 for full details.

SMYGEHUK

☎ 0410

Thanks to the power of geography – it's Sweden's most southerly point (latitude 55°20'3") – tiny SmygehuK has become something of a tourist magnet, even though its attractions are little, laid-back and low-key.

To the east of the harbour is a summer **tourist office** (☎ 240 53; ☎ Jun-Aug) and a café. They're inside **Köpmansmagasinet**, a renovated 19th-century warehouse with local

exhibitions of handicrafts and art. Nearby is a huge 19th-century **lime kiln**, evidence of the bygone lime industry; it closed in 1954.

To the west of the harbour, you can scramble to the top of the now-defunct **lighthouse** (17m), dating from 1883, and visit the tiny maritime museum inside **Captain Brink's Cabin** (admission free; ☎ summer). Beware that the opening hours can be erratic. The lighthouse is managed by the hostel warden, and she opens it if/when she feels like it. There's no admission cost, but donations are vital for its upkeep. Captain Brink's Cabin is run by a pleasant old boy – but when I went, the cabin door was locked, and there was a note stuck on it telling visitors to yell over the wall for him as he was dozing in his garden!

There's a pretty **coastal path**, with good sea views and prolific bird life.

STF Vandrarhem SmygehuK (☎ 245 83; info@smygehuKhostel.com; dm Skr150; ☎ Feb-Nov; ☎) This is a comfortable, well-equipped hostel in the old lighthouse keeper's residence, next to the lighthouse. You must book beforehand outside of the high season.

There are a few basic eating options at the harbour, including a fast-food kiosk and a fish smokehouse.

The Trelleborg to Ystad bus service (see p180) will take you to SmygehuK.

YSTAD

☎ 0411 / pop 26,898

Rambling cobbled streets, evocative street names, and more than 300 half-timbered houses remain in this very picturesque medieval town. It's also the setting for Henning Mankell's best-selling Inspector Wallander crime thrillers, which adds a certain frisson for fans! Another unusual tourist attraction is the annual three-day Military Tattoo in August: rattling drums and military marching create a light-and-sound spectacular.

Ystad was Sweden's window to Europe from the 17th to the mid-19th century, with new ideas and inventions – the first car, bank and hotel – arriving here first. Now the town is a terminal for ferries to Bornholm and Poland, but the port's transitory feel doesn't spread to the rest of Ystad: settle in for a few days to see all the sights.

Information

Banks, ATMs and other services are along Hamngatan.

Forex Cat terminal (☎ 8am-6.30pm Mon-Fri, 8am-3pm Sat); Ferry terminal (☎ 8am-9.30pm Mon-Fri, 10am-9.30pm Sat & Sun) Money exchange.

Futurezone Internetcafé (☎ 106 99; Jennygatan 3; per hr Skr28; ☎ 10am-midnight) Internet access.

Library (Surbrunnsvägen 12; ☎ 11am-7pm Mon-Thu, 11am-5pm Fri, 10am-2pm Sat) With free Internet access.

Paperback Store (☎ 734 14; Stora Östergatan 27)

Friendly bookshop selling Henning Mankell's books in English.

Tourist office (☎ 57 76 81; www.visitystad.com; St Kuts Torg; ☎ 9am-7pm Mon-Fri, 10am-6pm Sat & Sun mid-Jun–mid-Aug, 9am-5pm Mon-Fri rest of yr, plus 11am-2pm Sat mid-May–mid-Jun & late Aug–late Sep) Just opposite the train station.

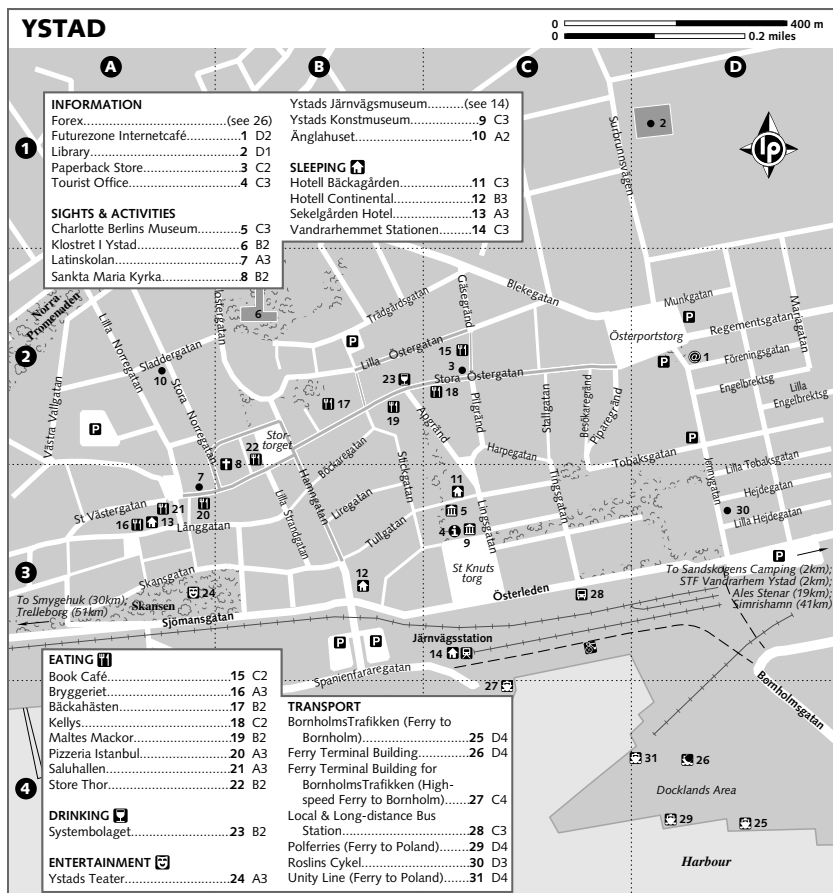
Sights

Ystad's half-timbered houses are scattered liberally round town, especially on Stora Östergatan. Most are from the latter half of the 18th century, but the façade of the beautiful **Ånglahuset** on Stora Norregatan dates from around 1630.

Don't miss the **Sankta Maria Kyrka** (Stortorget; ☎ 10am-6pm Jun-Aug, 10am-4pm Sep-May). Ever since 1250, a night watchman has blown his horn through the little window in the church clock-tower (every 15 minutes from 9.15pm to 3am). The watchman was traditionally beheaded if he fell asleep! Some of the interesting features inside include a baroque pulpit (carved in the 1620s) and the pews near the entrance for women who had recently given birth and hadn't yet been church-ed. **Latinskolan**, next to Sankta Maria Kyrka, is a late-15th-century brick building and is the oldest preserved school in Scandinavia.

Klostret i Ystad (☎ 57 72 86; St Petri Kyrkoplan; adult/under 16yr Skr40/free; ☎ 10am-5pm Tue-Fri, noon-4pm Sat & Sun Jun-Aug, noon-5pm Tue-Fri, noon-4pm Sat & Sun Sep-May), in the Middle Ages Franciscan monastery of Gråbrödraklostret, features local textiles and silverware, and there's a slide show. The monastery includes the 13th-century deconsecrated St Petri Kyrkan, now used for art exhibitions, which has around 80 gravestones from the 14th to 18th centuries. Included in the same ticket, and with the same opening hours, is the large **Ystads Konstmuseum** (☎ 57 72 85; adult/under 16yr Skr40/free), next door to the tourist office, which has a substantial collection of southern Swedish and Danish art.

Charlotte Berlins Museum (☎ 188 66; Dammgatan 23; adult/under 16yr Skr10/free; ☎ noon-5pm Mon-Fri,



noon-4pm Sat & Sun Jun-Aug) is a small, late-19th-century middle-class home.

Model railway enthusiasts will enjoy **Ystads Järnvägsmuseum** (☎ 130 13; 🕒 11am-7pm Mon-Fri, 1-5pm Sun mid-Jun-mid-Aug), inside the train station, with historic items from the local railway.

Sleeping

Those with their own wheels can choose B&B and cabin options along the scenic coastal roads on either side of Ystad. The tourist office can arrange a B&B from Skr200 per person (plus a Skr40 fee).

STF Vandrarhem Ystad (☎ 665 66; kantarellen@turistlogi.se; Fritidsvägen 9; dm Skr140) In a charming sky-blue building, this pleasant beachside

hostel has good facilities for travellers, including bike rental for covering the 2km into the town centre.

Vandrarhemmet Stationen (☎ 0708-57 79 95; ystad.stationen@home.se; dm from Skr185) More convenient is the central SVIF hostel, in the renovated railway building at Ystad train station.

Hotell Continental (☎ 137 00; info@hotelcontinental-ystad.se; Hamngatan 13; s/d from Skr1090/1190, discounted to Skr840/940; 📍) On the site of the old customs house, this place claims to be Sweden's oldest hotel (it opened in 1829). It's full of old-world charm, with a grand chandelied foyer and a marble staircase. Recently renovated rooms are fresh, modern and comfortable, and there's a decent bar and restaurant.

Sekelgården Hotel (☎ 739 00; info@sekelgarden.se; Långgatan 18; s/d from Skr695/895) This is a romantic family-run hotel in a magnificent half-timbered house (1793). The rooms take their inspiration from historical styles or people, and there's a sauna and very nice courtyard.

Hotell Bäckagården (☎ 198 48; www.backagarden.nu; Dammgatan 36; s/d from Skr590/720) This is a cosy guesthouse in a 17th-century home one block behind the tourist office. On fine mornings, you can eat breakfast in the lovely walled garden.

Sandskogens Camping (☎ 192 70; info@sandskogenscamping.se; low/high season sites Skr130/160, cabins from Skr380/440; 🕒 May-Sep) This super-friendly (and super-busy) wooded site is 2km east of Ystad on road No 9 to Simrishamn, across the road from the beach and STF hostel. Bus 572 drives past from town.

Eating & Drinking

Store Thor (☎ 185 10; Stortorget; mains Skr100-200; 🕒 closed Sun) For an upmarket treat, classy Store Thor is an amazing place in the arched cellar of the old town hall (1572). The décor, food and service are excellent; there are light meals such as tapas, spicy chicken and feta salad, or a gourmet burger, or a selection of grilled meats with a variety of sauces.

Bryggeriet (☎ 699 99; Långgatan 20; lunch Skr65, dinner mains Skr95-195) Another good recommendation is the unique Bryggeriet, a relaxed restaurant and pub in an old brewery. The sunny courtyard is an excellent spot to

linger over a well-prepared meal and Ystad Färsköl, a beer brewed on the premises.

Kellys (☎ 123 70; Stora Östergatan 18; lunch Skr60, dinner mains Skr85-105) This place has an excellent international menu; main courses include fish, steaks and curries, with the added bonus of few dishes over Skr100.

Book Café (☎ 134 03; Gäsegränd; 🕒 closed Sun & Mon) This charming café is well worth seeking out: inside is an inviting living room full of mismatched old furniture and books; outside there's a delightful courtyard. There's good foccacia, pastries and coffee on offer.

Bäckahästen (☎ 140 00; Lilla Östergatan 6; meals from Skr55) There's lots of garden seating at this old-fashioned place in a half-timbered house. Food includes sandwiches and baguettes, and light meals like salads and pastas.

Most budget eating places are on Stora Östergatan, the main pedestrian street, like busy **Maltes Mackor** (☎ 101 30; 🕒 closed Sun) at No 12, with a great range of sandwiches and rolls. The **Saluhallen** (Stora Västergatan; 🕒 8am-9pm), behind the church, is a great central place to stock up on groceries. For alcohol, head to **Systembolaget** (Stora Östergatan 13).

Entertainment

The extraordinary **Ystads Teater** (☎ 57 71 99; Skansgatan; tickets around Skr300) has remained virtually unchanged since opening in 1894 and unusual operas are performed here in late June and July, and also in September and October. Contact the tourist office for details.

INSPECTOR WALLANDER'S YSTAD

Fans of crime thrillers probably already know the name of Henning Mankell (1948-), author of the best-selling Inspector Wallander series. The books (10 of which are available in English) are set in the small, seemingly peaceful town of Ystad. The gloomy inspector paces its medieval streets, solving gruesome murders through his meticulous police work...but at a cost to his personal life, which is slowly and painfully disintegrating. The first book is *Faceless Killers*; but it's generally agreed that Mankell really hits his stride in number four, *The Man Who Smiled*.

Exciting times are ahead for aficionados, with 13 new Wallander films, starring Krister Henriksson, either in the bag or being made. If you're in Ystad any time up until autumn 2006, it's quite likely that you'll stumble across a film set or two. You can also tour the places mentioned in Mankell's books, either on a self-guided walk, or with the volunteer fire brigade (Tuesday and Thursday July to mid-August) on a veteran fire engine! Contact Ystad tourist office for details.

Henning Mankell has left Sweden for Maputo, Mozambique. He's still writing, but devotes much of his time to his theatre company and AIDS education work. Find out more at www.henningmankell.com.

Getting There & Away

BOAT

There are daily crossings between Ystad and Swinoujscie by **Unity Line** (☎ 55 69 00; www.unityline.pl) and **Polferries** (☎ 040-12 17 00; www.polferries.se); see p328 for details. The ferry terminal in Ystad is within walking distance of the train station (drivers follow a more circuitous route).

Bornholmstrafikken (☎ 55 87 00; www.bornholmferries.dk) operate frequent ferries and catamarans between Ystad and Rønne, on the Danish island of Bornholm: see p328. Catamarans depart from and arrive at a new terminal directly behind the train station.

BUS

In Ystad, buses depart from outside the train station. To get to Trelleborg (Skr42, one hour), first take bus 303 to Skateholm then transfer to bus 183. The direct bus to Simrishamn (Skr42, one hour) via Löderup and Skillinge runs three to nine times daily. Bus 322 to Skillinge runs via Ales Stenar and Löderups Strandbad three times daily in summer.

SkåneExpressen bus 6 runs to Lund (Skr42, 1¼ hours, hourly weekdays, infrequently on weekends) and bus 4 runs three to nine times daily to Kristianstad (Skr60, 1¼ hours). Local train is the best way to get to Malmö.

TRAIN

There are Pågatågen trains running roughly every hour (fewer on weekends) to/from Malmö (Skr72, 50 minutes). Other local trains run up to 12 times daily to Simrishamn (Skr36, 40 minutes).

Getting Around

There are a handful of local bus services; all depart from outside the tourist office (St Knuts Torg). Try **Taxi Ystad** (☎ 720 00) for a taxi. For bike hire, contact **Roslins Cykel** (☎ 123 15; Jennygatan 11; per day mountain/road bike Skr40/65; ☒ closed Sun).

AROUND YSTAD

Ales Stenar

Advertised as the Nordic Stonehenge, Ales Stenar has all the mystery of England's monument and none of the money-grabbing greed. This is Sweden's largest stone ship setting, and it's an intriguing attraction. The

67m-long oval of stones, placed in the shape of a boat, was probably constructed around AD 600: why, no-one knows. Limited excavations at the site have revealed no body; it's possible that this wasn't a grave but a ritual site, with built-in solar calendar (the 'stem' and 'stern' stones point towards the mid-summer sunset and midwinter sunrise).

It's worth going there to speculate: the enigmatic ship is in the middle of a raised field, with an uncannily low and level 360° horizon. However, the area does get swamped by visitors, particularly in summer. There's a tiny **shack** at Kåseberga harbour giving away information about the stones. The harbour car park is chaotic, though: the one just off the main road is better. From either place, the setting is a 1km walk.

Ales Stenar is always open and admission is free. The monument is 19km east of Ystad at Kåseberga, and badly served by public transport: bus 322 from Ystad runs three times daily in summer.

Löderups Strandbad

☎ 0411

With its long stretches of white-sand beaches, the Baltic resort of Löderups Strandbad, 4km east of Ales Stenar, is a decent place for lounging. It can get busy when the Swedish schools are on holiday.

Dag Hammarskjölds Backåkra (☎ 52 60 10; Löderup; adult/under 15yr Skr30/free; ☒ noon-5pm Jun, 10am-6pm Jul & Aug), about 1km east of Löderups Strandbad, was a summer house acquired by the secretary-general of the UN in 1957. Hammarskjöld was killed in a mysterious plane crash in Zambia four years later; many of his unusual belongings and souvenirs were subsequently moved to this peaceful place to form a memorial museum. The old farmhouse is set in a **nature reserve** of sand dunes, heath and wildflower meadows.

STF Vandrarhem Backåkra (☎ 52 60 80; www.backakra.nu; dm Skr160; ☒ mid-Apr-Oct; ☒) Beside the main road, this helpful hostel has pleasing rooms, a great garden and bicycles for rent, plus it's within walking distance of the beach. Book ahead in summer

Löderups Strandbad Hotell (☎ 52 62 60; www.loderupsstrandbad.com; s/d high-season Skr620/845, low-season Skr515/740; ☒ ☒) Near the camp site, this family hotel is a popular summer spot, with a sauna and restaurant. Cheaper

rooms (without bathrooms) are available, and some great cabins, all with sea views (rented by the week only in high season; Skr6495).

Löderups Strandbads Camping (☎ 52 63 11; sites Skr140, cabins from Skr500; ☒ ☒ Apr-Sep) On the edge of the Hagestad Nature Reserve, this is a pleasant spot in a pine forest and next to the beach.

Getting There & Away

See opposite for bus details from Ystad.

ÖSTERLEN

☎ 0414 / pop 19,400

Artists appreciate the soft light of Österlen and have moved here en masse. It's an alluring area full of waving wheat fields, tiny fishing villages and glorious apple orchards, and is well worth exploring if you want a taste of the Swedish countryside. Everything moves at a slow, seductive speed: cycling is the best way of fitting in with the tempo.

Simrishamn

Summer holidaymakers mill around Simrishamn harbour, idly eating ice cream or waiting for the ferry to the Danish island of Bornholm. The rather quaint pastel-coloured houses on **Lilla Norregatan** are worth a look, as is nearby **St Nikolai Kyrka**.

The **tourist office** (☎ 81 98 00; www.turistbyra.simrishamn.se; Tullhusgatan 2; ☒ 9am-8pm Mon-Fri, 10am-8pm Sat, 11am-8pm Sun Jun-mid-Aug, 9am-5pm Mon-Fri rest of yr) has information on the whole of Österlen. For Internet access, go to P&Ms Coffeehouse (right). Banks and other services are along Storgatan.

SLEEPING & EATING

STF Vandrarhem Simrishamn (☎ 105 40; Christian Barnekowsgatan 10C; dm Skr190) Pick up a map before setting off – this place is quite well hidden, near the town hospital. It's worth seeking out, however; it offers spotless, colourful, modern accommodation with bathroom and TV in every room. Outside June to August, bookings are vital.

Maritim Krog & Hotell (☎ 41 13 60; info@maritim.nu; Hamngatan 31; s/d from Skr900/1100, lunch Skr80, mains Skr170-210) The old blue building by the harbour is a wonderful boutique hotel with very stylish décor (ask for the Herring Room, the pick of the rooms, with balcony

and sea views). Also on the premises is an excellent restaurant: unsurprisingly it specialises in creative fish dishes.

Tobisviks Camping (☎ 41 27 78; sites Skr180, cabins from Skr500; ☒ ☒) By the beach 2km north of the town centre, this serviceable site is attached to a sports centre and swimming pool.

Kamskogs Krog (☎ 143 48; www.kamskogs-krog.se; Storgatan 3; lunch Skr75, dinner mains Skr175-195; ☒ noon-10pm Jul & Aug, shorter hr rest of yr) Another restaurant putting the emphasis on friendly service, local ingredients and prime preparation is this **krog**, with dishes like seafood casserole, or cod in cider garnished with rosemary. The outside seats on pedestrianised Storgatan are perfect for people-watching.

P&M's Coffeehouse (☎ 149 24; Stortorget 2; ☒ 10am-9pm summer, shorter hr rest of yr) This huge barn of a café has changing artwork on the walls and an Internet café (per 30 minutes Skr15) hidden in the basement.

GETTING THERE & AROUND

BornholmExpress (☎ 107 00; www.bornholmexpress.se; return ticket adult/under 14yr Skr250/125) started up a new ferry service in 2005 between Simrishamn and Allinge (on the Danish island of Bornholm), running in July only.

SkåneExpressen bus 3 runs every hour or two on weekdays (infrequently on weekends) from Simrishamn (train station) to Kristianstad via Kivik (but it doesn't stop at the Stenshuvud National Park access road). Bus 5 runs every hour or two to Lund on weekdays (infrequently on weekends). See also opposite.

Österlensfågeln is a minibus service that departs from the train station for local destinations (including Kivik, Glimmingehus and Skillinge) every hour or two between 9am and midnight, in July only (Skr20 for a single trip, or Skr60 for a day pass).

Local trains run up to 12 times daily from Simrishamn to Ystad (Skr36, 40 minutes), with connections from Ystad on to Malmö and Lund.

Taxi Österlen (☎ 177 77) can help you get around. **Österlens Cykel & Motor** (☎ 177 44; Stenbocksgatan; per day from Skr50; ☒ closed Sun), is in the **godsmagasinet** (goods depot) at the train station.

Glimmingehus & Skillinge

The imposing, five-storey **Glimmingehus** (Glimminge castle; ☎ 186 20; adult/7-18yr Skr50/30; ☒ 10am-

6pm Jun-Aug, 11am-4pm Apr, May & Sep), about 5km inland, is the main attraction in these parts. It's scarcely been tinkered with since it was built (some time in the early 1500s), making it one of the best-preserved medieval castles you'll find, with an all-encompassing moat and 11 different ghosts! Guided tours in English are at 2pm daily from July to mid-September (at 2pm weekends in May, June and August). In summer, there's a programme of medieval events and activities: contact the castle for details. The café-restaurant opens for lunch (Skr60-95) between mid-May and August.

The closest settlement to the castle is Skillinge, a reasonably active fishing village. There are a couple of restaurants there, and a fish smokehouse. For lodgings, try picture-perfect **Sjöbacka** (☎ 301 66; info@sjo backa.nu; d from Skr700), 700m west of Skillinge, which offers B&B in a traditional Scania farmhouse.

For bus information see p180 and p181.

Kivik

Rosy apples and burial cists make a pair of strange but interesting attractions in small, sleepy Kivik (north of Simrishamn).

Kiviksgraven (Kungagraven; ☎ 703 37; admission free; ☞ 10am-6pm mid-May-Aug) is Sweden's largest Bronze Age grave, from around 1000 BC. It's an extraordinary shield-like cairn, about 75m in diameter, which used to contain a burial cist and eight engraved slabs. What you see inside today are replicas, as the tomb was looted in the 18th century. There are guided tours in English (at 1.30pm and 3.30pm July to mid-August), which leave from the cinnamon-scented Café Sågmöllan across the stream.

You've 'done' the French vineyards, now how about something new: **Kiviks Musteri** (☎ 719 00; www.kiviksmusteri.se in Swedish; ☞ Apr-Sep) is an apple orchard that opens to the public. Visit **Applets Hus** (adult/under 12yr Skr40/free), a museum devoted to the myths, history, cultivation and artistry of apples; buy apple juice, cider and apple brandy from the well-stocked shop; or sample the fairly apple-free menu at the restaurant. Kiviks Musteri is a few (signposted) kilometres out of town.

STF Vandrarhem Kivik (☎ 711 95; Tittutvägen; dm Skr195; ☞ Mar-Oct) Back in town, this hostel has comfortable accommodation with some sea views, and bikes for rent. The same family also run **STF Vandrarhem Hanöbris** (☎ 700 50; Elise-

lundsvägen 6; dm Skr190; ☞ mid-Jun-mid-Aug) in a distinctive little building higher up the town.

For bus information see p181.

Stenshuvud National Park

Just south of Kivik is this **national park** (www.stenshuvud.se), made up of woodland, marshes, sandy beaches and high headland. Among its more unusual plants and animals are orchids, dormice and tree frogs. There are several fine walks in the area, including the hike up to a 6th-century ruined hill fort. The long-distance path **Skåneleden** (www.skaneleden.org) also runs through the park, along the coast; the best section is from Vik to Kivik (two or three hours).

The **Naturum** (visitor centre; ☎ 708 82; ☞ 11am-6pm Jun-Aug, 11am-4pm Sep-May) is 2.5km from the main road. You can arrange a 1½-hour guided tour of the park there, led by its knowledgeable rangers. Tours leave at 10am daily from July to mid-August (Sundays only mid-April to mid-Jun and September to mid-October).

Pretty **Kaffestugan Annorlunda** (☎ 242 86), on the road to the Naturum, serves meals and snacks daily from mid-May to August.

KRISTIANSTAD

☎ 044 / pop 75,592

Kristianstad (pronounced something like krich-worm-sta) has a beautiful cathedral and some fine 18th- and 19th-century buildings (amongst the 1970s dross), but a strangely scruffy air overall.

Known as the most Danish town in Sweden, Kristianstad's construction was ordered by the Danish King Christian IV in 1614. Its rectangular street network still follows the first town plan, although the original walls and bastions have long gone. Surprisingly, today's Kristianstad is the region's administrative and political centre, even though it's less than a third the size of Malmö. It's also a major transport hub.

Information

Lilla Torg has banks and ATMs, and the large Domus shopping centre contains the post office. **Kristianstadsdagarna** is an annual, week-long festival, held in early July. The events (in Tivoliparken) include music, dance and a jazz festival.

Game City (☎ 21 27 65; Östra Storgatan 11; per hr Skr15; ☞ noon-midnight) Internet access.



Library (Föreningsgatan 4; ☞ 10am-7pm Mon-Fri yr round, 10am-2pm Sat Jun-Aug, 11am-3pm Sat Sep-May) With free Internet access.

Tourist office (☎ 13 53 35; www.kristianstad.se; Stora Torg; ☞ 10am-7pm Mon-Fri, 10am-3pm Sat, 10am-2pm Sun mid-Jun-mid-Aug, 10am-5pm Mon-Fri mid-Aug-mid-Jun)

Sights & Activities

One of the best Renaissance churches in Scandinavia, **Trefaldighetskyrkan** (Västra Storgatan 6; ☞ 8am-4pm) was completed in 1628 when Skåne was still under Danish control. The light-filled interior still has many of its original fittings, including wonderfully carved oak pews, and an ornate marble and alabaster pulpit.

Riverside **Tivoli Park** is a great place for a stroll on summer evenings, or for a waffle or two at the pretty café. For a walking tour round 23 of the town's stately **buildings** (including the Renaissance-style town hall and the restored rampart Bastionen Konungen), pick up the good free English brochure *Kristianstad at your own pace* from the tourist office.

The **Regionmuseet & Konsthall** (☎ 13 52 45; Stora Torg; admission free; ☞ 11am-5pm Jun-Aug, noon-5pm Tue-Sun Sep-May) was originally intended as a palace, but the building ended up being used as an arsenal. It was converted to a museum in 1957, and now contains local history exhibits and art, handicrafts and silverware displays. The café here is perfect for lunch.

Swedish film-making began in Kristianstad, so it's appropriate that **Filmmuseet** (☎ 13 57 29; Östra Storgatan 53; admission free; ☞ 1-4pm Tue-Fri, noon-5pm Sun Jun-Aug), Sweden's only film museum, is based here.

Naturens Bästa (☎ 61 98 40; www.flodbaten.se) run two-hour **boat trips** (adult/child/family Skr90/50/240) into Kristianstad's unique wetland area, three times daily between May and the middle of September. However, there are several weeks when the boats *don't* run: contact the company or the tourist office to check departures and book tickets.

Sleeping & Eating

The tourist office can arrange private rooms from Skr150 per person plus a Skr40 fee;

otherwise budget accommodation is very limited.

Charlottsborgs Camping & Vandrarhem (☎ 21 07 67; charlottsborg@swipnet.se; Slättängsvägen 98; sites & hostel beds Skr135, cabins from Skr270) is about 3km southwest of the centre (take bus 22 or 23), but we found it to be dirty and the staff rude. If you have private transport, Bäckaskog Slott is a much better budget option; or head for Åhus (see right).

First Hotel Christian IV (☎ 12 63 00; Västra Boulevarden 15; s/d from Skr1260/1510, discounted to Skr660/860; 📍) The best place in town, this grand hotel offers fine, modern rooms in a turn-of-the-century building that was once a bank. One of the bank vaults now houses a wine cellar; there's also a restaurant and sauna here.

Hotel Turisten (☎ 12 61 50; info@turisten.se; Västra Storgatan 17; s/d Skr795/995, discounted to Skr550/750; 📍) Friendly family-run Turisten has expanded, with 10 new rooms painted in pale colours with smart oak furniture. All have cable TV, and there's a sauna in the building.

Bäckaskogs Slott (☎ 530 20; info@backaskogsslott.se; Barumsvägen 113, Kiaby; dm Skr250, s/d from Skr600/900, discounted to Skr550/780; 📍) This is a charming castle set between two lakes 15km northeast of Kristianstad. It was originally built as a monastery in the mid-13th century and is an impressive place – hostel and hotel accommodation is available in various wings and outhouses. All prices include breakfast, and there's also a moderately priced restaurant. The bus connections aren't great – there are three buses (Skr18, 20 minutes) on weekdays from Kristianstad Resecentrum.

Kippers Källare (☎ 10 62 00; Östra Storgatan 9; mains Skr180-250; 🍷 closed Sun & Mon summer) In a 17th-century arched cellar, this is the most atmospheric restaurant in town. Main courses include vegetarian options. The popular Harrys Bar is on the same premises.

Garvaregården (☎ 21 35 00; Tivoligatan 9; lunch Skr60, meals Skr140-190) This appealing place offers an interesting menu ranging from simple pasta dishes to the super-rich house speciality of lobster-stuffed steak with gorgonzola sauce and potatoes gratin. Enjoy your food in the great outdoor dining area, underneath a crooked 17th-century gallery.

Banken Pub & Restaurang (☎ 10 20 23; Stora Torg; bar meals Skr40-100; 🍷 closed Sun-Tue summer) In an

old bank, this restaurant was being completely renovated at the time of writing. Its new interior promises to be cutting-edge cool, serving good beers and bar snacks (club sandwiches, Tex-Mex).

Graffiti Café (☎ 12 59 90; Västra Storgatan; meals around Skr50; 🍷 10am-6.30pm Mon-Fri, 10am-2pm Sat, 11am-5pm Sun) A healthier option is the Graffiti franchise, with excellent budget meals, including salads, baguettes and baked spuds.

There's a large supermarket inside the Domus centre on Östra Boulevarden, and **Systembolaget** is also here.

Getting There & Around

Skyways (☎ 0771-95 00) flies direct most days to Stockholm from Kristianstad's **airport** (☎ 23 88 50), about 20km south of the town centre. Airport buses (Skr70) depart from the Resecentrum 50 minutes before flight departures.

All buses depart from the Resecentrum on Östra Boulevarden. There are frequent SkåneExpressen buses: bus 1 to Malmö (Skr84, 1½ hours), bus 2 to Lund (Skr78, 1½ hours), bus 3 to Simrishamn (Skr42, 1½ hours) and bus 4 to Ystad (Skr60, 1½ hours); the latter two services run infrequently on weekends. There are also two to five departures daily to Helsingborg on bus 8. **Svenska Buss** (☎ 0771-67 67 67; www.svenskabuss.se) runs to Malmö, Karlskrona, Kalmar and Stockholm several times weekly.

The train station is across town from the Resecentrum. Trains run daily to Lund (Skr84, one hour) and Malmö (Skr84, 1½ hours), and many services continue on to Copenhagen (Skr150, two hours). Kust-pilen trains run every hour or two to Malmö (with connections at Hässleholm for Helsingborg or Stockholm).

Taxi Kristianstad (☎ 2462 46) can help you get around. Central car hire is available from **Avis** (☎ 10 30 20; Östra Storgatan 10).

ÅHUS

☎ 044

The small coastal town of Åhus (about 18km southeast of Kristianstad) is a popular summer spot thanks to its long sandy **beach**. The area is also known for its **eels**: the Eel Coast runs south from Åhus, and this delicacy is served up boiled, fried, smoked, grilled, or cooked on a bed of straw at restaurants

and at autumn Eel Feasts throughout the region.

There's a small **tourist office** (☎ 13 47 77; touristinfo.ahus@kristianstad.se; Järnvägsgatan 7; 🍷 10am-7pm Mon-Fri, 9am-6pm Sat, 10am-2pm Sun mid-Jun–mid-Aug, 10am-5pm mid-Aug–mid-Jun). All the facilities you'll need (bank, supermarket etc) are nearby.

Åhus is the home town of **Absolut Vodka**, and about half a million bottles are produced here every day. The distillery is open to the public on rare occasions in the summer: ask the tourist office for details.

Naturens Bästa (see p183) also run their **boat trips** (adult/child/family Skr60/40/170) from Åhus.

STF Vandrarhem Åhus (☎ 24 85 35; info@cigarrkungenshus.se; Stavgatan 3; dm Skr160-200, hostel s/d from Skr200/320, B&B d from Skr500) Very close to the harbour, this youth hostel/B&B is based in a 19th-century cigar factory. Rooms are newly renovated, and in July there's a tiny waffle hut in the garden!

There are several good dining possibilities down by the harbour.

Bus 551 runs two or three times an hour between Kristianstad and Åhus (Skr24, 24 minutes); it drops you off at the tourist office.

HELINGSBORG

☎ 042 / pop 121,179

Fourteen million passengers per year pass through Helsingborg on their way to/from Denmark: many of them see very little of the town, which is a proper shame. Away from the port and gloomy underground travel centre, there are pedestrian streets and half-timbered houses, a jazzy new waterside art gallery and restaurants, and the ruins of a dramatic castle perched on high.

Helsingborg's position on the Öresund gave it vital strategic importance during the many Swedish–Danish wars, and it was battled over and battered down with depressing regularity. In 1709, the Danes invaded Skåne but were finally defeated the following year in a battle just outside Helsingborg.

Information

First Stop Sweden (☎ 10 41 30; www.firststopsweden.com; Bredgatan 2; 🍷 9am-8pm Mon-Fri, 9am-5pm Sat & Sun Jul & Aug, 9am-6pm Mon-Fri, 9am-2pm

Sat & Sun Jun, 8am-5pm Mon-Fri Sep-May) Near the car-ferry ticket booths; dispenses tourist information on the whole country and has an X-Change currency exchange counter.

Knutpunkten complex At the seaford; for currency exchange as well as banks and ATMs. There are also left-luggage lockers here. More banks are on Stortorget.

Library (Stadsbibliotek; Stadsparken) Bring ID to use the free Internet service.

Post office (Stortorget)

Tourist office (☎ 10 43 50; www.helsingborg.se; Rådhuset, Stortorget; 🍷 9am-8pm Mon-Fri, 9am-5pm Sat & 10am-5pm Sun mid-Jun–Aug, 10am-6pm Mon-Fri, 10am-2pm Sat Sep–mid-Jun & 10am-2pm Sun in May)

Sights

TOWN CENTRE

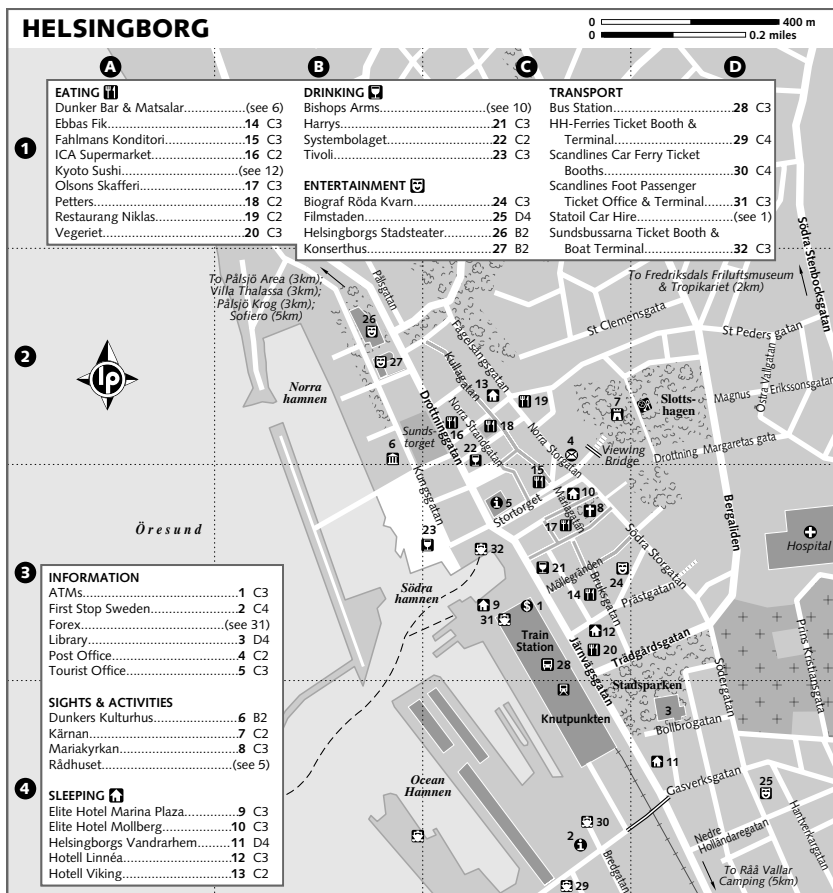
Dramatic steps and archways lead up from Stortorget to the square tower **Kärnan** (☎ 10 59 91; adult/under 16yr Skr20/10; 🍷 11am-7pm Jun-Aug, closed Mon rest of yr), all that remains of the medieval castle. The castle became Swedish property during the 17th-century Danish–Swedish war, and was mostly demolished once the fighting stopped. The tower was restored from dereliction in 1894, and the view from the top (34m) is excellent.

The eye-catching **Dunkers Kulturhus** (☎ 10 74 00; www.dunkerskulturhus.com; Kungsgatan 11; admission adult/under 17yr Skr70/free; 🍷 11am-6pm, to 10pm Tue & Thu), just north of the transport terminals, opened in 2002 and houses a good town museum and temporary art displays (admission includes entry to both), plus a concert hall, restaurant and café. It was created by Danish architect Kim Utzon, son of Sydney Opera House's designer.

Take a stroll along **Norra Hamnen** (the North Harbour) from here to admire the sleek and attractive apartment buildings and restaurant-bars, which are all part of a very successful harbour-redevelopment project.

In the old town, the 15th-century Gothic brick **Mariakyrkan** (☎ 37 28 30; Mariatorget; 🍷 8am-6pm Mon-Fri, 9am-6pm Sat & Sun) has a magnificent interior, including a triptych from 1450 and an ornate pulpit. The outrageous **Rådhuset** (town hall; Stortorget) was completed in 1897 in neo-Gothic style and contains stained-glass scenes illustrating Helsingborg's history.

There are all kinds of small and specialist museums (about the fire brigade, medical



history, sport, schools, military defence) in town: contact the tourist office for details.

FREDRIKSDAL & SOFIERO

Just 2km northeast of the centre is the Fredriksdal area, well worth a visit. Take bus 1 or 7 to the Zoégas bus stop.

One of Sweden's best open-air museums is **Fredriksdals Friluftsmuseum** (☎ 10 45 00; www.fredriksdal.helsingborg.se; off Hävertgatan; adult/under 16yr Skr60/free; ☎ 10am-7.30pm Jun-Aug, 10am-6pm Apr, May & Sep, 11am-4pm Oct-Mar). It's based around an 18th-century manor house, with a street of old houses, children's farm, graphics museum, and extensive grounds. Wildflowers from the area grow in the beautiful botanic gardens, and there's also a grand summer

programme of activities and performances in the French baroque open-air theatre. Check the website for current events.

Tropikariet (☎ 13 00 35; Hävertgatan 21; adult/4-12yr Skr60/30; ☎ 11am-4pm Tue-Sun) is a semizoo, with reptile house, aquarium, tiny monkeys and other animals, housed in environments that attempt to recreate their natural habitats. It's just opposite the entrance to Fredriksdal museum.

About 5km north of the town centre (bus 219), **Sofiero** (☎ 13 74 00; www.sofiero.helsingborg.se; Sofierovägen; adult/under 16yr Skr80/free; ☎ 11am-5pm mid-Apr-Sep, to 6pm Jun-Aug) is an impressive former royal summer residence and park with great rhododendrons (best seen when in full bloom in May and June).

Sleeping

CAMPING, HOSTELS & PRIVATE ROOMS

The tourist office can organise private rooms for as little as Skr180 per person (without breakfast), but charges a booking fee.

Helsingborgs Vandrarnhem (☎ 14 58 50; info@hbgturist.com; Järnvägsgatan 39; dm from Skr185) The only central hostel, this is an excellent modern choice about 200m from Knutpunkten. Reception opens, rather unusually, between 3pm and 5pm.

Villa Thalassa (☎ 38 06 60; www.villathalassa.com; Dag Hammarskjöldsväg; dm from Skr180, d from Skr420; ☎) This SVIF place is a lovely early-20th-century villa situated in beautiful gardens. Hostel accommodation is in huts, but the hotel-standard rooms (with or without private bathroom) are a cut above if your budget will stretch. The villa is 3km north of the city centre in the Pålssjö area. Bus 219 stops 500m short, at the Pålssjöbaden bus stop.

Råå Vallar Camping (☎ 10 76 80; helsingborg.camping@telia.com; Kustgatan; low/high season sites Skr180/230, cabins Skr550/950; ☎ Apr-Oct; ☎) About 5km south of the city centre, by Öresund, this is a huge, well-equipped camping ground, with a shop, café and sandy beach. Take bus 1 from the town hall.

HOTELS

Hotell Linnéa (☎ 37 24 00; www.hotell-linnea.se; Prästgatan 4; s/d from Skr935/1085, discounted to Skr740/845) The charming, central Linnéa has friendly management and pretty, personal rooms with wooden floors, crisp bedspreads and antique furniture. It's the pick of the town's midrange offerings.

Hotell Viking (☎ 14 44 20; hotell.viking@helsingborg.se; Fågelsångsgatan 1; s/d from Skr965/1235, discounted to Skr695/895; ☎) Another inviting hotel, the well-established Viking is on an old and peaceful street but still nicely central. The smart rooms are kept up-to-date: at the time of research Room 15 (Skr1635, discounted to Skr1245) was the flashiest, with its own computer, leather recliners and whirlpool massage bath.

Elite Hotel Mollberg (☎ 37 37 00; mollberg.helsingborg@elite.se; Stortorget 18; s/d from Skr1195/1295, discounted to Skr720/780; ☎) The main square is dominated by this 19th-century building with its wedding-cake exterior. An understated elegance underpins the rooms, there are excellent facilities, and the restaurant here is one of the best in town.

Elite Hotel Marina Plaza (☎ 19 21 00; reservations.marinaplaza@elite.se; Kungstorget 6; s/d Skr1225/1395, discounted to Skr730/790; ☎) The Mollberg's sister establishment has modern, luxurious rooms right by the harbour, with a number of restaurants and bars on the premises. You can pay a little extra for sea views.

Eating

Helsingborg has a great selection of restaurants, although a fair few close on Sundays. It's also has a great selection of cafés

Restaurang Niklas (☎ 28 00 50; www.niklas.se; Norra Storgatan 16; mains Skr195-245, 7-course menu Skr795; ☎ 6pm-1am Mon-Sat) Niklas is one of Sweden's top TV chefs; he opened his restaurant here in 2000, and it's now a highly feted institution. The menu is influenced by classic Provençale cookery, but the gourmet touches are all his own. If you're going to treat yourself, make it here: just look for the giant iron spoon!

Dunker Bar & Matsalar (☎ 32 29 95; Kungsgatan 11; lunch Skr89, light meals Skr80-140, dinner mains Skr240-300) At the Kulturhus, this is an excellent option: good views, a light and airy interior, and tasty menu items. The restaurant is another gourmet wonder, but there's a cheaper bistro and a good weekend brunch.

Pålssjö Krog (☎ 14 97 30; Drottninggatan 151; mains Skr150-210; ☎ 11.30am Mon-Sat) Near Villa Thalassa hotel, this is a great old seaside inn that has been renovated and turned into an elegant restaurant. There's a lovely veranda and outdoor seating, plus good food choices with the emphasis on fish and seafood.

Olsons Skafferi (☎ 14 07 80; Mariagatan 6; lunch Skr65; ☎ 10am-10.30pm Mon-Sat) Olsons is a super little spot, with outdoor seating on the pedestrian square right in front of Mariakyrkan. It doubles as an Italian deli and café, with a rustic look, cheery striped tablecloths and piles of pasta. It's particularly popular at lunchtime.

Vegeteriet (☎ 24 03 03; Järnvägsgatan 25; lunch around Skr65; ☎ closed Sun) Veggie's will rejoice at this place, an appealing veggie café-restaurant with dishes like quiche, lasagne, tortilla and stir-fries; there are also vegan options. However, it usually closes for a month in summer.

Ebbas Fik (☎ 28 14 40; Bruksgatan 20; ☎ 9am-6pm Mon-Fri, 9am-4pm Sat) Ebbas is the most fantastic

1950s retro café, complete with jukebox, quiffs and hamburgers made to Elvis's recipe. The extensive café menu also includes (huge) sandwiches, baked potatoes and crazy cakes and buns. It's just perfect – absolutely don't miss it.

Fahlmans Konditori (☎ 21 30 60; Stortorget 11; ☎ 8am–6pm Mon–Fri, 8am–4pm Sat, 11am–5pm Sun) Those with a hatred of rock 'n' roll could turn to Fahlmans, the most traditional of the town's cafés. It's been selling sandwiches and pastries to its customers in genteel surrounds since 1914.

The quickest snacks and a good variety of restaurants are found upstairs in the extensive Knutpunkten complex. Two excellent offerings in the city centre are **Kyoto Sushi** (☎ 12 57 13; Prästgatan 6; lunch Skr59), with a good-value lunch special of nine pieces of sushi and miso soup; and **Petter's** (Kullagatan; meals from Skr29), selling hot dogs, baguettes and burgers.

ICA (Drottninggatan 48) is the best centrally-located supermarket.

Drinking

There are lots of good pubs and bars around town, including **Harry's** (☎ 13 91 91; Jämvägsgatan 7) and the **Bishops Arms** (☎ 37 37 77; Södra Storgatan 2), both English-style pubs with a range of beers and comprehensive food menus.

There's a **Systembolaget** on Hästmöllegränd.

Entertainment

Helsingborgs Stadsteater (☎ 10 68 10; Karl Johans gata 1) has regular drama performances, and its neighbour, the **Konserthus** (☎ 10 43 50; Drottninggatan 19), regularly plays host to Helsingborg's Symphony Orchestra. Information and tickets are available from the tourist office.

The **Tivoli** (☎ 18 71 71; Kungsgatan 1) is a popular nightclub with a younger crowd, and there's sometimes live music.

Central **Biograf Röda Kvarn** (☎ 14 50 90; Karls-gatan 7) is Helsingborg's oldest cinema. It shows mostly independent films, but closes from mid-June to mid-August. For mainstream efforts, try the eight-screen **Filmstaden** (Södergatan 19).

Getting There & Away

The main transport centre is the large, waterfront Knutpunkten complex.

BOAT

Knutpunkten is the terminal for the frequent **Scandlines** (☎ 18 63 00; www.scandlines.se) car ferry to Helsingør (adult Skr22, car plus nine people Skr300, free with rail passes). Across the inner harbour, **Sundsbusarna** (☎ 21 60 60) has a terminal with a passenger-only ferry to Helsingør every 30 minutes in summer (Skr22, free with rail passes). There's also a frequent **HH-Ferries** (☎ 19 80 00; www.hhferries.se) service to Helsingør (adult Skr22, car plus nine people Skr265, rail passes not valid).

DFDS Seaways (☎ 24 10 00; www.dfdsseaways.com) runs a ferry every evening to Oslo (from Skr898) from the Sunds terminal. See p329 for more details.

BUS

The bus terminal is at ground level in Knutpunkten. Regional Skånetrafiken buses dominate (see respective destinations for details), but long-distance services are offered by **Swebus Express** (☎ 0200-21 82 18; www.swebusexpress.se), **Svenska Buss** (☎ 0771-67 67 67; www.svenskabuss.se) and **Säfflebussen** (☎ 0771-15 15 15; www.safflebussen.se).

All three companies offer services north to Halmstad and Göteborg (Swebus Express and Säfflebussen services continue to Oslo), and Swebus Express and Svenska Buss operate south to Malmö. Swebus Express and Säfflebussen also run services northeast to Stockholm via Jönköping. Peak fares to Stockholm cost around Skr400 (eight hours), to Göteborg Skr200 (three hours), and to Oslo Skr350 (seven hours).

TRAIN

Underground platforms in Knutpunkten serve both SJ and Pågatågen Kuststilen trains, which depart daily for Stockholm (Skr1081, five hours), Göteborg (Skr280, 2½ to three hours), nearby towns including Lund (Skr72), Malmö (Skr84), Kristianstad (Skr84) and Halmstad (Skr95) as well as Copenhagen and Oslo.

Getting Around

Town buses cost Skr15 and run from Rådhuset (town hall). **Bike hire** (per day/week Skr125/500) is available at the tourist office. Call **Taxi Helsingborg** (☎ 18 02 00) for cabs. To hire a car, contact **Statoil** (☎ 18 03 50; Knutpunkten).

(Continued on page 197)

(Continued from page 188)

KULLA PENINSULA

☎ 042

This perfect little peninsula is a rural idyll – with a quietly scandalous nature! It was one of the first resorts to encourage mixed bathing, to the horror of the country. For the last 20 years, the wonderful driftwood sculpture *Nimis*, on the eastern side of the peninsula, has sparked controversy and legal procedures. The area is also known for its ceramics, antiques and tiny fishing villages.

Sights & Activities

Out at the point is Scandinavia's brightest lighthouse, **Kullens fyr**, and the people-magnet **Kullaberg Nature Reserve** (Skr35 road toll) with 11 caves and lots of bird life. The **diving** here is reputedly the best in Sweden: contact the helpful chaps at **Kullen Dyk** (☎ 34 77 14; www.kulleydyk.nu; Möllehässle Camping) to go on a dive. You can also go **caving** (☎ 34 70 35) with experienced guides, join a **rock-climbing course** (☎ 34 77 25), indulge in some coastal **fishing**, or strike out on one of several **hiking trails**.

The village of **Mölle** is the main tourist centre, a steep little town with a pretty harbour. Like something from a dream, **Arild** (5km east) is a well-preserved fishing village bursting with roses, hollyhocks, bees and butterflies. Its mini pastel houses cluster round a teeny-tiny harbour, and there are some good coastal nature reserves.

Sleeping & Eating

Accommodation in the area isn't cheap and it fills up fast.

Grand Hotel Mölle (☎ 36 22 30; www.grand-molle.se; Bökebollsvägen 11; s/d from Skr1050/1100; ☐) You can't miss the Grand, perched high above

Mölle with an unusual turreted roof! From the outside, it looks as though it's seen better days, but inside the rooms are done out in modern Scandinavian style with nautical nods (rooms with balconies and sea views are more expensive). There's also a gourmet restaurant on the premises.

Strand Hotell (☎ 34 61 00; www.strand-arild.se; Stora Vägen 42; d from Skr1050; ☐) This hotel offers charming old-world accommodation in picture-perfect Arild. Four of the elegant rooms in the old building have balconies looking out to sea, and the annexe, opened in 2004, has long thin rooms with terraces and sea views for all. There's also a refined restaurant on the premises.

Möllehässle Camping (☎ 34 73 84; mollehassle@telia.com; low/high season sites Skr150/220, 2-person cabin from Skr600) For budget travellers, this excellent camp site is the best bet. It's 2km south-east of Mölle, and you can rent bikes here for exploring the area (Skr70 per day).

Ellens Café i Ransvik (☎ 34 76 66; ☎ Apr–Sep) This traditional place overlooks a popular bathing spot about 1km beyond the Kullaberg toll booth. Enjoy sandwiches, coffee, cake and a swim from the rocks.

Flickorna Lundgren (☎ 34 60 44; ☎ May–early Sep) Signposted off the main road between Arild and Jonstorp, this is a huge, well-famous café in a gorgeous garden setting. Grab a huge plate of pastries and your copper kettle, and lose yourself in a cloud of flowers.

Getting There & Away

Bus 219 and 220 run at least hourly from Helsingborg to Höganäs (Skr38, 40 minutes); from there, bus 222 runs every hour or two to Mölle (Skr18, 20 minutes), and the 223 and 224 run to Arild (Skr16, 20 minutes).

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