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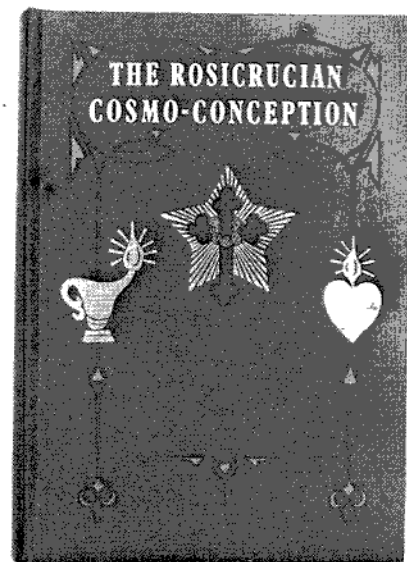
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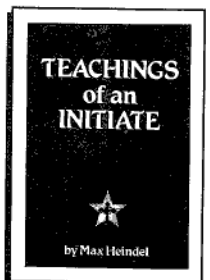
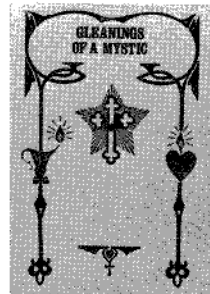
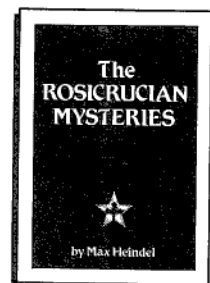
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*"A Sane Mind,
A Soft Heart,
A Sound Body"*



Feature

The Aquarian Man

In the upper room, Enoch, the androgyneman,
With a pitcher of water in his hand,
Will pour out the waters of love and life;
To cleanse bitter waters of sorrow and strife.

Once his name was Adam and he lived alone,
In the beautiful Garden of Eden, his home.
God put him to sleep and took one side,
And made Eve and gave her to him for his bride.

Too early she tasted of knowledge and fell,
Into the wilderness where they must dwell.
Sorrow, sickness, and death they know now,
And earn their bread by the sweat of their brow.

Now two lines of descent, one fiery Cain,
Who slew Abel, his brother, and then Seth came.
Cain made two blades of grass grow
where just one had grown.

And then lost sight of his heavenly home.
Arts and crafts came from him, and affairs of state;
From Seth came the Priesthood and,
between the two, hate.

As Noah he built the ark that gave a new race birth,
When the flood destroyed the wicked
and a portion of the earth.
The bow in the cloud was God's covenant to say,
No more would flesh be destroyed this way.

But there'd be alternating cycles—
life and death, night and day—
That man for all his transgressions might pay.
There's seed time and harvest;
what man sows he must reap;
And God gave him Ten Commandments to keep.

Life seemed hard and Noah planted the vine,
That he might forget his troubles with wine.
And then came the Christ to show him the way,
and brought life and love for a brighter day.

Now his name will be Enoch,
the upper room his home,
Where no longer he'll live for self alone.
But all will live for one and one for all,
Race and nation will pass and Babylon will fall,
And one language by all will be understood
And there'll be universal brotherhood.

—Lena Dorrance

St. Valentine

Long ago a man named Valentine
owned a beautiful garden
where children came to play.
One day, this kind man was imprisoned
for life by the King, but he couldn't
forget the children. He sent them a white
dove carrying a note addressed "To the
Children I Love." And with this note he
sent them the key to his garden so they
could continue to play there. For the rest
of his life, he remembered all his friends
with messages carried by a dove and these
became known as the first Valentines.

Dedicated to the Rainbow Warrior

Sunk in Auckland Harbour—July 10th 1985

Rainbow Warrior, a hero
you died a hero's death
whilst fighting still
for the second coming of
The Prince of Peace.
August, you stood the barbs
of aimed harpoons and flinched not
at the anger speared against you
from invisible worlds.
Brother whale salutes your passing.
Defiant you challenged
the Crown to keep the
sea waste free
for rainbow age people.
Sister sea smooths your passage beyond.
But your death is not a death;
the wreckage breeds
determined spirits, warriors
of Nature's Laws, martyrs
to God's Will, until the rainbow
needs be no more.

Vicki Long

Science and the Sixth Sense

This is the Age of Science—not only the material type but also the occult or esoteric type, which includes the scientific Rosicrucian Philosophy. There is no conflict between the two, although some people mistakenly think that there is. The two types actually reinforce each other. Occult knowledge complements material science and gives it a “soul,” which largely has been lacking in the past.

One sometimes hears occult thought and science spoken of in slighting terms, with the implication that they are visionary, nebulous, and lacking in tangible proof of the things of which they treat. This attitude will disappear in time, however, as the sixth sense gradually is developed by an increasing number of people.

In truth, occult science is more scientific than material science, absurd though this idea may seem to the materialist. The word “science” derives from the Latin “scire,” meaning to know. Occult science is “knowing.” The “knowing” of material science is based solely on the revelations of the physical senses and does not penetrate into the realms of Nature disclosed by the sixth sense. Genuine esoteric science has six senses at its disposal and is more scientific because it utilizes a higher degree of “knowing” and covers a wider range of Nature.

The sixth sense and its uses are discussed in the Rosicrucian Philosophy. Every human being has the sixth sense, either active or latent, which opens to the vision of the aspirant the realms of Nature which lie beyond and above the Physical World. These realms are more or less spiritual, depending upon how far upward we go. The word “upward” is somewhat misleading in this connection, however. Actually, the superphysical worlds interpenetrate the physical. They are right here all about us, and we live simultaneously in them and in the material universe. The superphysical Worlds extend farther out into space, however, and the more rarefied the substance of which they are composed, the farther they extend beyond the circumference of the Earth.

At our present stage of evolution, the qualified occultist can contact and enter three of these higher Worlds: the Etheric Region of the Physical World, the Desire World, and the World of Thought. Each of these Worlds is the realm of specific living beings particularly adapted to its conditions.

The lower part of the Desire World includes that much-dreaded region commonly known as “hell”—or purgatory. The occult student knows that the functions of this place are purifying and regenerative and that sojourn there, if merited, is only temporary, not eternal. The upper part of the Desire World embraces that region which all religious aspirants hope someday to enter—namely, “heaven.” The Rosicrucian Philosophy refers to this region as the First Heaven, since there are more than one. This Heaven, however, is not just a place in which to sit around and enjoy oneself. It is a realm whose activities are carried on for a definite constructive purpose in human evolution. The “designing room” and “blueprint department” of Nature are located in the World of Thought. In one region of this World, archetypes of future conditions on Earth are designed and made, as are the archetypes of the future environment and embodiment of each

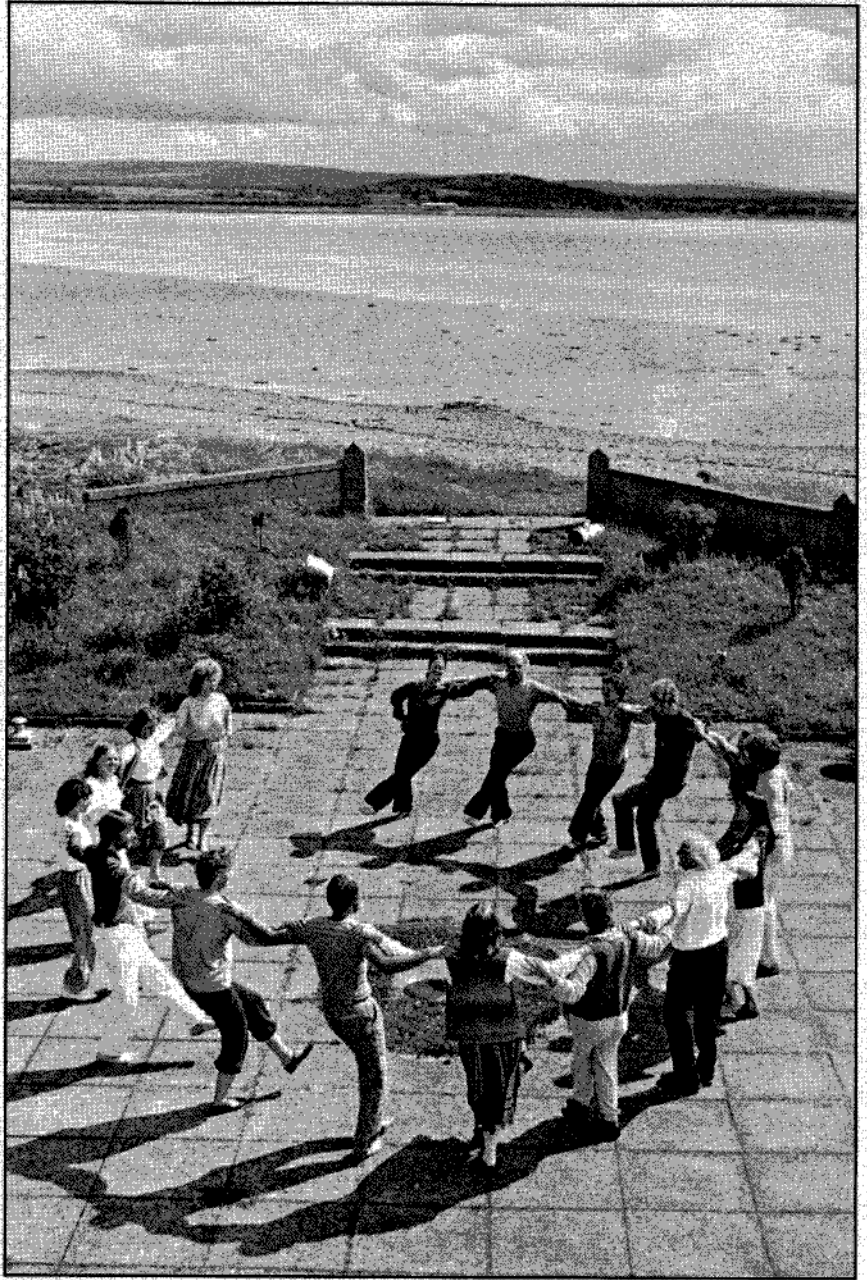
human Ego in preparation for its return to Earth life by rebirth.

It can be seen, then, that the science or "knowing" which comes about as the result of exploring, examining, classifying, and experimenting with the materials and forms of life of these higher regions is of a much more extended character than the "knowing" of material science. Necessary as the latter is, and with full appreciation for the importance of the discoveries that it has made, nevertheless these are as "ABCs" compared with the "wonders" disclosed by the sixth sense.

Scientific teachings play a most important role in the modern world and have an immense influence on the life of all on Earth. Unfortunately, however, some material scientists still are sceptical as to the spiritual nature and origin of the universe. This seems strange to those who believe that the marvelous design which science has discovered as existing throughout all Nature is proof of the existence of a divine Designer. This attitude of skepticism will change, however, as the sixth sense provides an "open door" for ever more people to the undreamed of "wonders" in the higher Worlds. More and more people are developing the sixth sense every year, and their cumulative evidence eventually will become so strong that atheism will be dispelled before it like fog before the Sun.

Thus, science will be spiritualized and, as a corollary, religion will be made scientific. This will have been accomplished by the time the Aquarian Age begins—that is, when the Sun by precession enters the constellation Aquarius in 2654 A.D. □

Mystic Light



SACRED DANCE WORKSHOP
Findhorn, Scotland

An Interview with Eileen Caddy

The Findhorn Foundation is an international spiritual community of over two hundred resident members in the north of Scotland. Founded in 1962 by Eileen and Peter Caddy and Dorothy Maclean, on the unpromising site of a peninsular trailer park, the Foundation is growing into a 'planetary village' able to inspire groups and individuals the world over.

Most people associate the name 'Findhorn' with its early production of a remarkable garden grown in little more than sand and gravel. This was possible through the founders' conscious cooperation with Spirit and the Forces of Nature, which drew wide attention. Since then, however, the Foundation has expanded its work to improving human relationships in most areas of life. Its educational programs and conferences attract thousands of residential guests each year. Physically it has grown to include several large estates and a former hotel, now Cluny Hill College, in the local area.

The Findhorn Foundation preaches no particular creed but is based upon the truths to be found at the heart of most religions and spiritual practices. These are reflected in its publications, workshops, ecological programs and most importantly in the business of daily life.

This interview was made possible through the efforts of Alan Morvay, co-founder and director of the Joy Lake Community in Reno, Nevada.

Rays: How were you guided to co-found the Findhorn community?

Eileen Caddy: About 32 years ago I was going through a very difficult time in my life. I was in a little private sanctuary, praying and asking God what I could do about it, when I actually heard a voice. The very first words I heard were: "Be still, and know that I am God." I was really shaken and wondered if I was having a nervous breakdown. I realized the voice was coming from within me, and when you are having a difficult time in your life and you start hearing voices it is rather a shattering experience! The voice went on to say that if I followed this voice all would be well in my life. That is the voice I have followed ever since through thick and thin, and that is how we were led to found the Findhorn Community by the still small voice within, which I called God's voice.

Rays: What was your feeling when you saw that Findhorn actually was attracting truth seekers from all the world?

Eileen Caddy: It was a gradual process, so I did not fully realize what was happening, but I would receive guidance from the still small voice within which said that thousands upon thousands of people would come to this place, and it would expand beyond recognition. I would write everything down, but wondered who would want to come to a "dump" like this trailer park. Anyway, we had no money and were living on Social Security—three adults and three children. And yet this is what has happened: thousands upon thousands of people have come, and are constantly being drawn here.

Rays: If you were going to choose your most memorable experience at Findhorn, what would it be?

E.C.: One of the most memorable experiences was the time when we as a community decided that it was time for us to purchase the Caravan Park. I had known for many years that that was something that was to happen at the right time. In fact we had tried several times in the past, but it just did not work out. This time we planned to have a Community meeting to attune and pray about it, and see what action, if any, should be taken.

In the early morning I went to the Sanctuary to see if I could receive any thing on the subject from the still small voice, and as I sat there I was told to get my pen and book and write. This I did, and it gave me full instructions about the purchase. I was very excited and thought I was to go and share it as I had written it down to the whole community. I was told I was to do nothing about the message I had received until I was told to, which I must say rather surprised me.

The Meeting with the whole community went well. We attuned and meditated, and finally discussed the whole business. I found myself getting more and more excited, because what the whole community was saying was exactly what I had written down in the sanctuary in the early morning. When we were to purchase, what price we were to pay, etc. I waited until everyone was finished and then I got up and shared what I had received in the early morning. It showed me that when we all tap into the Universal Mind, God, or call it what you will, and when

there is complete unity in a big group, the answer is perfect, and everyone receives the same thing. I knew that it was to be purchased by the many, that was one of the answers that I had received, and also the community. It was purchased by many, many small and big donations from people all over the world.

Rays: There is currently a tremendous interest in "networking" or communications between New Age Groups. What do you feel is bringing about this desire to share life and its experiences?

E.C.: I believe there is a deep spiritual hunger in the world and many souls long to link up with others of like mind. They long to increase the Light and Love in the world and feel that they can do this by linking up with others who are on the same beam, or network, and can do this on the inner and outer, in a hundred and one ways. On the inner through prayer and meditation and being used as channels to send these energies out, and on the outer by visiting other communities and groups linking up and sharing with each other what they are doing and where they are on the spiritual path. There are so many different paths to the centre which is God, and we all need to find our own spiritual path and follow it.

Rays: Has a faith and belief in God been an important part of your life?

E.C.: To me faith and belief in God, the Divinity within, is the key to everything. I accept those words from the Bible: "Seek ye first the kingdom of God and all else shall be added unto you,"

and I do indeed put God, Life, the Universal Mind, and the Divinity within—call it what you will—first in my life.

Rays: What is your spiritual connection with Mother Mary?

E.C.: Many years ago I had a piece of guidance which shook me. I was told I was Mary the Mother of Jesus the Christ. I shared it with Peter and he accepted it. The next day I was making the bunk beds in my sons' bedroom and I was talk-

ing to God which is another way of praying, and I was saying that I could not accept the piece of guidance I had received because many, many, souls say they are Mary the Mother of Jesus the Christ. The voice said to me "Can you accept it as a ray, the Mary ray, the Mother ray, the Love ray, the Virgin ray," and something clicked in me and I said of course I could. This took me off the pedestal and I could feel myself on this wonderful ray with many, many other souls,



EILEEN CADDY

and have done so ever since.

Rays: What do you see as the major stumbling blocks for the New Age Groups just beginning to flourish and spread their messages to others around the world?

E.C.: I feel that any community that is to survive at this time needs to have deep spiritual foundations, and to me that means faith and belief, trust in higher forces, in God.

Rays: What do you feel about the dangers of "guru worship" or a strong central leader in New Age Groups? Was this a problem at Findhorn during the early days?

E.C.: I feel all individuals need to know what their needs are. If they feel they need a guru to help them on their spiritual path, let them find their guru. Sooner or later on the spiritual path a soul has to stand alone without any outer help. At Findhorn in the early days Peter was a very strong leader, and to get things started that was important. Then the time came when he gradually delegated the responsibilities that he was carrying to others in the community. Now it is on consensus, and group consciousness.

Rays: There are many fascinating stories about Nature and Group Spirits associated with Findhorn Community. Have you had any direct contact with these beings?

E.C.: In the early days it was Dorothy Maclean who was in contact with the Devas, and ROC. R. Ogilvie Crombie who was in contact with the Nature Spirits and elementals. At that time I was very much in contact

with God. Then I realized that they are all part of the whole, but I had to go to Australia and have an experience there to realize this. I went into a place called William Ricketts Sanctuary outside Melbourne. He is a sculptor and does the most beautiful Aboriginal sculptures. When I walked into the place I was aware of a very powerful energy, and wondered what it was. I felt a great love but respect for this energy. I then realized it was a primitive energy, a raw energy, and to me that was my first contact with the Nature energy in such a strong way. I have worked with these energies ever since. Loving my plants and appreciating the garden, and all that is taking place there.

Rays: Do you think that a New Age Community to be successful must be divinely inspired?

E.C.: My answer to that question is, "Yes."

Rays: What in your opinion is the most significant aspect of the Findhorn experience?

E.C.: I feel it is a change of consciousness. Helping people to turn within and find the divinity within. Also it is the love that people share here which helps to open their hearts.

Rays: What would be your suggestion to people who are sincerely interested in establishing "Findhorn-type" communities in other parts of the world?

E.C.: I feel every community needs to find its own identity and not try to copy what Findhorn has done. In doing so, each one is then different. I do

feel it is important to have strong spiritual foundations, because the tests and challenges in community living can be very testing, and without strong faith, trust, and belief it is difficult to overcome them. We can help each other and learn from each other, but at the same time work out our unique challenges.

Rays: How are you meant to serve mankind at this time?

E.C.: I feel I can serve Humanity by sharing myself, by being very open and vulnerable. By going out and doing workshops on Loving Unconditionally, Change, Faith, and the Power of Prayer. I feel I can serve through meditation and prayer, by offering myself as a channel to be used to send Love and Light out to the world and having the faith that I am being used in this way. By seeing the best and highest and God's hand in all that is taking place. By being very positive and not allowing myself to be sucked into the chaos and confusion in the world, by offering an answer to the chaos and confusion. By offering myself to God each day to use in anyway to help humanity.

Rays: How is this manifesting in human behaviour?

E.C.: There is a real hunger on the planet at this time for spiritual food, and every day as I offer myself to be used to help feed the spiritually hungry and to serve in any way, I do realize that I have to take the consequences, whatever they are, and they are not always comfortable. By following through on whatever is required of me, I know I can be used to help the many. □

Science and Religion

XIX. MIRACLES

A scientific Law is a statement of an observed pattern of behavior of the world. Sometimes it is found that certain Laws are valid only under certain conditions. Thus, some Laws may be valid only at low temperatures, others may be valid at high temperatures. Some may be valid only at low velocities, others at high velocities. Some may be valid only for macroscopic objects, others may apply to microscopic objects. Under the same conditions, however, the world generally behaves in the same way at all times. A miracle may be defined as an event which is highly improbable or impossible according to known Laws. In the Bible, many miracles are described. How can these be fitted into the scientific world-view? (At the present time, also, miracles occasionally are attested to by reliable witnesses. The same arguments which we will apply to Biblical miracles also can be applied to current miracles.)

Some Biblical miracles are allegories and are not meant to be taken as records of scientific observations. The story of Eve and Adam being tempted by a talking serpent, eating some fruit and becoming wise (*Genesis 3*) is an allegory which describes how the Lucifer Spirits (serpent) drew the aware-

ness of humanity (Adam and Eve) to the dense body and to human ability to make independent decisions. The story of Lot's wife looking back and turning into a pillar of salt (*Genesis 19:26*) is an allegory which points out that if people cling to old ways of doing things, their lives will become crystallized and no more progress can be made. The story of Samson, who had miraculous strength when his hair was long but lost his strength when his hair was cut (*Judges 16*), is an allegorical representation of the Sun, which gains power when its rays lengthen in spring and summer, but loses power when its rays lessen in the fall and winter. The story of Jonah, who ran away to sea to avoid having to do the task which God assigned to him, was thrown overboard, swallowed by a whale, eventually released unharmed from the belly of the whale, and again asked to do the same task, is an allegory which shows that if a person commits suicide in order to escape from certain problems, the same problems again will confront him when he is reborn. The story which states that Jesus was born of a virgin is an allegorical representation of the fact that Mary and Joseph, although they had intercourse, did so without passion, maintaining a pure and holy mental state. Because these stories are allegories, there is no need to explain the miracles which occur in them, any more than there is a need to explain how Cinderella's fairy godmother could turn a pumpkin into a coach.

Some Biblical miracles do not actually contradict known scientific Laws, but appear remarkable because of their timing. Known scientific Law would allow that a strong wind could push back a sea, but the fact that the Red Sea thus was pushed back just when the Israelites wanted to cross and then immediately flowed back again (*Exodus 14:21-31*) is remarkable in its timing. Known scientific Law would allow that lightning, storms, earthquakes, droughts, plagues or other "natural" disasters can occur, and that people who have been sick sometimes recover, but it is remarkable that: plagues struck Egypt when Pharaoh refused to let the Israelites go but were withdrawn when Pharaoh promised to let the Israelites go (*Exodus 7-12*); the earth opened up and swallowed the tents of Korah and the others who had rebelled against Moses, but none of the faithful Israelites were hurt (*Numbers 16*); the Philistines were struck with tumors while they kept the Ark of the Covenant (*I Samuel 5*); when the Philistines yoked cows to a cart carrying the Ark, the cows headed straight

toward the land of the Israelites (*I Samuel* 6); Uzzah fell dead immediately after touching the Ark (*II Samuel* 6:7); fire from heaven consumed an offering that Elijah had set up (*I Kings* 18:38); Gehazi was struck with leprosy when he took payment from Naaman after Elisha had cured Naaman of leprosy (*II Kings* 5); many people were healed when they touched Christ Jesus' garment or when He touched them. These miracles indicate that God (or higher spiritual Beings in general) often work in accordance with physical laws. If something must be destroyed or some people must be punished, the easiest or most convenient way for God to accomplish this may be to release those energy currents which set the physical cause-effect chains in motion.

Some miracles do appear to contradict known scientific Laws. One reason for this contradiction may be that conditions have changed, making the current patterns of action different from the previous. In *Genesis* 5-9 are listed seven persons (Adam, Seth, Enosh, Kenan, Jared, Methuselah, and Noah) who all lived to be over 900 years old. Clairvoyant investigation shows that in those days physical bodies were just as subject to aging as they are today, but in those days a father was able to pass his memories on to his descendants and thus the father "lived in memory" in the descendants for a number of generations. Because the condition needed for passing this memory on (namely, intermarriage within a small tribe or family, see *The Rosicrucian Cosmo-Conception*, pp. 353-354) no longer is present, such lengthy lives no longer are observed.

Another reason why miracles may contradict known scientific Laws may be that an unknown Law may be in operation. Clairvoyants, who can see in the spiritual worlds and thus can see the patterns of operation of these worlds and understand how these "higher worlds" influence the Physical World, can extend the range of known Laws so that what previously appeared to be "miraculous" then becomes understood. Clairvoyants see that in the higher worlds the past and the future exist simultaneously with the present. Thus they can understand how prophets could foresee the future, or how someone's consciousness could stay at a given time or move backward in time to make the Sun and Moon appear to stand still (*Joshua* 10:11-14) or to make the shadow of the Sun appear to go back ten degrees on a sundial (*II Kings* 20:9-11). Clairvoyants can project their con-

sciousness so that they can see things which are not in the line of sight of their physical eyes. Thus they can understand how Elisha knew that Gehazi had received undeserved payment from Naaman (*II Kings* 5:26), how Christ Jesus could tell the Samaritan woman at the well all about her family (*John* 4:17-19), could tell Nathanael that he previously had been sitting under a fig tree (*John* 1:47-50), and could tell His disciples where to place their nets to get them full of fish (*John* 21:4-14). In the spiritual worlds, the clairvoyant can see the archetypes according to which all forms are built and the various vibration patterns which bring into being the various types of materials on Earth (see *Ancient and Modern Initiation*, pp. 87-89). Thus he sees how vibration patterns can be modified so that stones can be turned into bread or water into wine and food can be created out of air. He then can understand: how manna could appear out of "nowhere" (*Exodus* 16:14-35); how the widow's oil and meal could be replenished continuously (*I Kings* 17:14-16); how Christ Jesus could turn water into wine (*John* 2:1-11); and how Christ Jesus, starting with seven loaves and a few small fish, was able to feed four thousand men, besides women and children (*Matthew* 15:32-38). When the archetype is held together mentally even in the presence of fire, one can walk in fire without being burned, as did Shadrach, Meshack and Abednego (*Daniel* 3:19-27). When an archetype of a human body has lost its vibratory energy, the person dies. The clairvoyant can see how a run-down archetype can be re-energized, how the departed Spirit then can return to the body and how, thus, the dead can be brought back to life. Thus the raising from the dead of the widow's son by Elijah (*I Kings* 17:17-24), of the Shunammite's son by Elisha (*II Kings* 4:18-37), and of the widow's son by Christ Jesus (*Luke* 7:11-17) become understandable.

As men make more and more observations (both physically and clairvoyantly), and from these gain more and more understanding of the Laws according to which the universe operates, they find that phenomena which they previously considered to be miracles now appear manifest to the working out of Laws. Each new set of observations, however, also introduces new, unexplained phenomena. This drives the scientist to seek further explanations. It is an occult maxim that, "Veil upon veil will lift, but there is veil upon veil behind."

—Elsa M. Glover

Mystic Light



The Contagion of Good Things

We hear much about the contagious nature of unpleasant things—contagious disease, the contagion of fear, of panic, of hatred, and even of laziness. What we do not hear about, however, is the fact that the pleasant, the good, and the elevating also can be contagious: that is, they can be transferred from one person to another by direct, or even indirect, contact.

In this connection, the feeling of joy instantly comes to mind. Joy, manifested by laughter, obviously is contagious. It is almost impossible to listen long to laughter without joining in. There are different degrees of laughter, of course, and the coarser, more raucous sort is not necessarily an indicator of joy, although the gentle, merry, understanding laugh usually is. Other indicators of joy also communicate themselves readily among people, however. The ready smile, the raised spirits, the relaxed air and conversation of the happy person have an elevating effect—sometimes subtle, sometimes direct—on those around him. Even people with deep-rooted problems or naturally morose dispositions are touched advantageously by the sparkling vibrations radiating from someone who truly is happy. When someone truly happy joins a group of people, the atmosphere brightens immediately; the other individuals really do “catch” the happiness radiated from their friend and brighten considerably as a result. Optimism and a reasonable frame of mind, too, are contagious, although the action may not work quite as rapidly. Continuing reiterations of a positive, optimistic nature, made by a person whose own poised and controlled demeanor reflects the

nature of his statements, can do much to calm others in crisis and transmute their fear or anger into a more rational state of mind. Just as a demagogue can incite a crowd to hatred, so also can a principled individual, equipped with sufficient personal magnetism, quiet and soothe his hearers and lead them into a sane, rational course of action.

Similarly, the quality of courage—both physical and mental—is contagious. Take again the example of the agitator attempting to incite a crowd to violence: if there is one in the crowd able to stand up to this individual and appeal to the people's sense of decency and fair play, denouncing violence and encouraging justice, the crowd often can be swayed into more sane behavior. The difficulty lies in making the proper exhortation, and this is where someone with sufficient mental courage can appeal to the courage of others. This can make the difference between mob violence and sober, civilized behavior.

Physical courage, too, can be fostered by example. An appeal is made to pride, and sometimes to common sense, by an act of courage performed in one's presence. "If he can do it, I can do it!" is the reaction. Granted that such a reaction sometimes leads to foolhardy behavior, as among children performing feats of daring and danger in the mistaken belief that this constitutes a form of courage to be emulated. It also, however, might lead to behavior that could alleviate a dangerous situation, save lives, or accomplish a humanitarian objective. At any rate, many instances have been recorded in which one person's display of courage has been emulated by others, with resulting general benefit.

Many other favorable characteristics can communicate themselves from one person to another, but of primary importance to the aspirant are the spiritual qualities which we all must develop before our destiny as citizens of the Kingdom of Heaven can be achieved. Compassion is first and foremost among these, followed by such traits as kindness, loyalty to spiritual objectives and the higher self, and devotion to the principles of selfless service. Every one of these ideal forms of behavior is "communicable"—more by deed and example than by word.

Just as Christ Jesus highlighted His Teachings by the Work He did, so, too, must we who attempt to follow haltingly in His footsteps practice what we so readily preach. One who admonishes, "Love your fellow men," and then proceeds to show that

he does not, will find his actions rather than his words emulated. "Do as I say, not as I do," although often said ironically or as a joke, is a frequently heard statement and shows that people do recognize very well the psychological significance of acts over words.

The "contagion" of kindness and compassion proves itself often these days in the ever more frequent humanitarian endeavors on the part of social workers and others whose job is to help juveniles and others who are in trouble. In many cases, those who have been "rehabilitated," after they finally had made a good start in life, in turn help others of their peer group to achieve the same condition. These are people who previously have been street gang members, alcoholics, criminals, and drug addicts, or even harmless members of a ghetto society where they had lived amid fear, violence, and hatred. Once exposed to kindness, compassion, and the ministrations of someone who cared,

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however, they learned to help and make something of themselves and, in time, to feel the stirrings of compassion which prompted them, in their turn, to go to the aid of others.

In this connection, too, it is known that love and kindness are far better aids to learning than are harshness, force, or the fear of punishment. A person, be it schoolboy or adult, relaxes in an atmosphere of kindness, becomes receptive and responsive to both the teacher and the material being taught. If he is hesitant or shy, kind and sympathetic attention draws him out of himself more readily than does any kind of rough approach. In many cases the person not only learns the required lessons, but also, quite unconsciously, manages to copy those same humane qualities which caused his teacher's initial success with him.

Devotion to high ideals also can be transmitted among individuals—even among those with differing spiritual points of view. If a person very obviously lives up to his ideals in daily life, if it becomes known that he can not be cajoled or pressured into compromising them, if he behaves always in a way which shows that his higher self is master, his associates soon will learn that he is not to be trifled with. In time, this too becomes a rallying point for others to copy. Very often the actions of an entire group can be influenced for the better by the highly principled, steadfast conduct of one participant.

This also is true of service as a group activity. Many people are prone to sit around discussing at tremendous length what should be done, thus spending needless time talking instead of doing. Not that discussion is completely unnecessary: no service at all is better than bungled, botched attempts at "doing something" without a clear plan of action or a complete determination of what is involved. Planning sessions, however, have a tendency to become long-winded, with people growing so enamored of the sound of their own voices that they seem to forget the initial purpose of the meeting.

What is needed, of course, is the person who will bring the talk to a conclusion after the plan of action has been agreed upon and refined into usefulness, and who will begin to *work*. Again, this example eventually will prod others into following suit. It seems that there always is a higher percentage of "talkers" than of "doers," but the doers can, by example, help silence the talkers and start them working.

Thus, again, we see how that which is worthwhile, lofty, spiritual, uplifting, or joyous is just as contagious as that which is the opposite. Perhaps some of the most exalted qualities—those involving high principles, or character, and selflessness—are not "caught" by others as readily as are the more easily developed and sought after ones of joy, optimism, and even kindness. Whoever is ready to respond and emulate, however, will respond and emulate even the most sublimated characteristics. There are many people who may not have thought much about high ideals, one way or the other. When they encounter someone possessing the more sublime traits, however, it frequently happens that they are stirred in their own innermost beings and try to imitate, even if only briefly at first, what they see and admire in a more spiritually advanced acquaintance.

Just as, when someone suffers a communicable disease, it often is difficult for him to rid himself of it and again achieve good health, so, conversely, it is more difficult to fall prey to a reprehensible trait—be it fear, pessimism, or an unsympathetic attitude toward others—when a "good" quality already has taken hold. One who is innately optimistic, or who has adapted this characteristic to himself as a result of someone else's example, will be much less easily contaminated by another's display of pessimism or worry than will a person already prone to these qualities or one who has not cultivated optimism. Thus the communicability of the good is worthwhile both in its own right and because it renders a certain immunity against the communicability of evil.

Let us remember then that, if a frown is contagious, so too is a smile; if hatred and fear can be transmitted, so also can be love and understanding. The qualities of the lower self always have been understood to be communicable; human nature being what it is, such qualities are readily imitated. There is no reason, however, why the qualities of the Higher Self cannot be transmitted with equal ease. Especially now, as we approach the Aquarian Age with its lofty altruistic influences, we will find people more and more receptive to any display of humane, spiritual, elevating conduct. One individual, exhibiting such characteristics as part of his normal behavior, may do far more good than he could possibly realize by the mere fact of exposing others to them. The good is contagious; therefore, let us try to spread it as far as possible. □

—C.L.

Mystic Light



Letters from a Rosicrucian

*Written to Karl von Eckertshausen
Munich, 1791-1801*

2. A PRACTICAL METHOD FOR APPROACHING THE LIGHT

He who by means of the gratification of sensual desires thinks to fill the vacuum that exists in his soul will never succeed; neither can the fervent desires which the heart experiences for the truth be satisfied through the application of intellect to external things. Man cannot enter a state of peace while he has not conquered within himself all that is incompatible with his divine EGO and with its aspirations.

In order to obtain this victory, man should try to draw near to the Light. The desire for the sensual and the external should cease in him; he must direct his spiritual vision toward the Light, and try to dissipate the clouds that separate him from the same.

The first step and a most necessary one is to have consciousness of the existence of the divine germ within oneself, in order to direct the power of the will toward that center so as to guide the inner life and also to comply strictly with all duties inner and outer. There exists an occult law which is frequently

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by Max Heindel

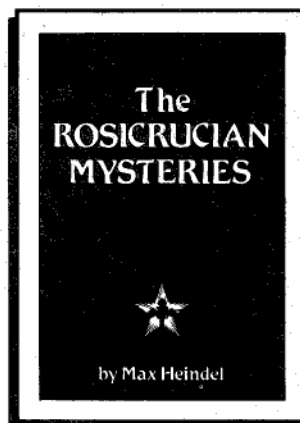
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mentioned in occult writings but which even yet is comprehended only by the few, that says: "Each one of the events BELOW has its counter part ABOVE, and nothing, absolutely nothing, no matter how insignificant it may appear, exists which does not depend upon that corresponding something above it." According to this law all desire, thought, or aspiration, good or evil, is followed immediately by a corresponding reaction which proceeds from the heights. The purer the will of man and the less adulterated by selfish desires, the greater will be the strength for good of the divine reaction.

The intention of man to progress spiritually depends in no manner upon his own strength; on the contrary, the less he is inclined to establish laws for himself and the more he submits himself to universal law, the more rapid will be his progress. Man cannot in any manner put his will into play in any sense different from that of the universal will of God; if his will is not identical with the divine will, it becomes changed to a mere perversion of the latter and annuls its own effect. Only when the individual will of man harmonizes completely and cooperates with the will of God can it convert itself into power and effectiveness.

Furthermore, in all times there have existed celestial or spiritual entities that have communicated with man in order to transmit to him a knowledge of spiritual truths, or in order to refresh his memory when these truths were on the point of being forgotten, and to establish thus a strong bond of union between the intellectual man and the divine man. Men who are sufficiently pure can even during this life enter into communication with and know these celestial messengers, but few are sufficiently pure and spiritual to succeed in this. Whatever you wish to become it is the WILL and not the Intellect that should be purified and regenerated, and for this reason the greater part of any instruction is of no use if one does not possess the will to bring it into practice; and as no one can be saved contrary to his will, the innermost desire of the heart should be to know and to practice the truth.

He whose will is thus good will succeed in the knowledge and power of the true faith without the necessity of any kind of external sign or of logical reason to convince him of the truth of that which he knows is. Only the pretended wise man of the world asks for these proofs, and this is because his heart is full of presumption and his will is evil; therefore he possesses neither spiritual knowledge nor faith, without which no one can know more than what comes by outer means; but those whose minds are pure and without duplicity can with time acquire the consciousness of those truths in which they have instinctively believed.

All the sciences culminate in one point. He who knows the One knows all; he who believes in many things believes in illusions. The nearer thou dost approximate to this point, in other words, the more intimate thy relation is with God, the clearer will be thy perception of the truth. If thou arrivest at this point, thou wilt find that there exist things in nature which transcend the imagination of our

philosophies, and concerning which our wise men have not attempted even to dream.

In God is all life; outside of God no life exists, and whatever appears to live outside of God is merely an illusion. If we desire to know the truth, we must contemplate the light of God and not the false and misleading light of our intellectual speculation. There is no road for arriving at the perfect knowledge of truth save union with truth, and therefore they are few who know this path. Those that walk in it the world burlesques and ridicules; but the world does not know truth because it is a world of illusions, full of unfortunates, blind before the light of truth.

To learn silence and tranquility, to remain impassive before the laughter of the foolish, before the disdain of the ignorant and the contumely of the proud, is the first sign of the shining of the light of wisdom. However, when the truth has been fully realized, it is capable of resisting even the severest intellectual criticism with serenity as well as the most powerful attacks of logic. Only the intellect of those who feel the truth but who do not yet perceive it can be disturbed by such shocks. Those who know and understand the truth remain firm as a rock.

During the long time in which we seek no more than the gratification of our senses or desire only the satisfaction of our curiosity, it is not truth that we seek. In order to find truth we have to enter into the kingdom of God, and then the truth will descend upon our intelligence. To reach that point it is not necessary that we should torture our bodies or ruin our nerves, but it is necessary that we believe in certain fundamental truths which are instinctively perceived by those in whom intelligence is not perverted. These fundamental truths are: the existence of one universal God, and the possibility of immortality of the human soul. Man possesses reasoning intelligence and therefore has the right and authority to use it; it may also be said that he can employ it in a sense that would be in opposition to the law of good, which is the law of divine love, the law of order and harmony. He should not profane the gifts that God has bestowed on him by means of nature. He should consider all of these as divine, and himself in a manner as the living temple of God and as an instrument by means of which divine power may manifest itself.

A man outside God is a thing inconceivable because all nature, including man, is simply a small manifestation of God. If the light penetrates within us, that light is not our work. It is the sun which

gives us light, but if we hide ourselves from the sun, the light disappears. God is our spiritual sun; our duty is to remain illumined by His rays, to enjoy them and to call to others that they may enter the Light. There is no harm in procuring knowledge of this Light intellectually if our will directs us toward it, but if the will is attracted by a false light which we mistake for the sun, we fall of necessity into error.

There exist definite and exact relations between the cause of all things and the things which that cause has created. Man may even in this life arrive at a knowledge of these relations, learning to know them even as himself. The world in which we live is a world of phenomena, for that which is usually denominated as "real" appears thus only during the continuance of certain conditions or relations between one who perceives and the object of his perception.

What we perceive does not depend so much upon the quality of the objects of our perception as upon the condition of our own organism. If our organization were different, each thing would be presented to us under a different aspect also.

If we have learned to realize this truth completely and to distinguish between what is real and what is merely illusory we can then enter into the exalted kingdom of divine science assisted by the light of divine spirit. The mysteries with which this high science occupies itself are as follows:

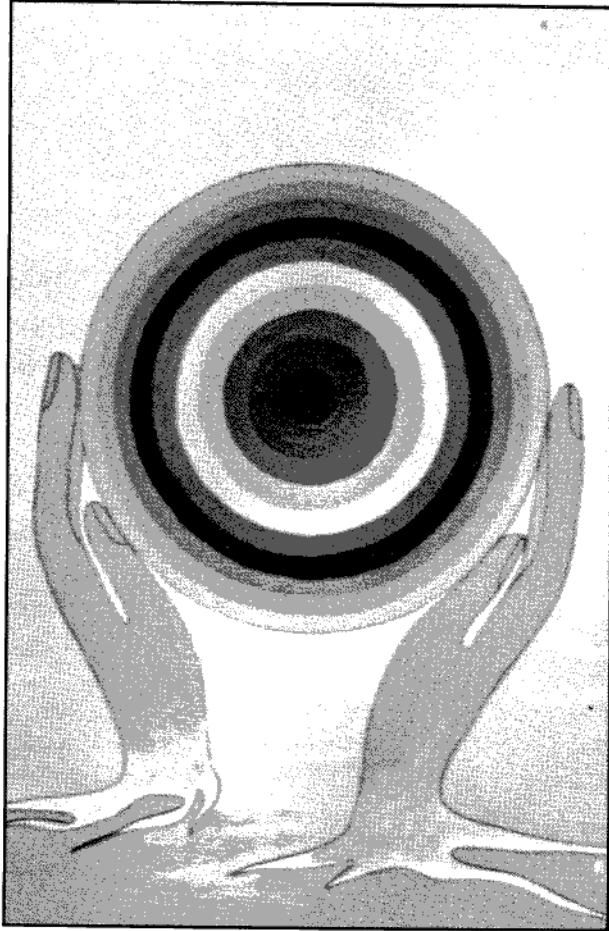
- 1.) The inner kingdom of nature.
- 2.) The tie which unites the inner spiritual world with exterior corporeal forms.
- 3.) The relations existing between man and the invisible beings.
- 4.) The hidden powers in man by means of which he can work upon the inner planes of nature.

In this science will be found contained all the mysteries of nature. If with a pure heart thou desirest the truth, thou shalt find it; but if thy intentions are selfish, put to one side these letters, for thou wilt not be capable of comprehending them; neither in such a case will they bring thee the slightest benefit.

The mysteries of nature are sacred, but he whose will is evil will not comprehend them. But should the wicked man succeed in discovering the mysteries of nature, their light will be converted to a consuming fire in the innermost region of his soul, and the man will be destroyed and cease to exist. □

(To be continued)

Mystic Light



Your Personal God

God made—not organizations and buildings—but *man* in His image. He created man in His likeness. He took the substance, the powers, the realities of His own Being and put them together, and thus we have His own image—the Self! The Self is the Christ within each one of us.

Christ is the star of promise and hope which comes only at the nadir of experience. As Christ was born at the darkest season of the year, at midnight when days were shortest and night most long, at the bleak time when winter begins and vegetation sleeps, so also do the finest experiences of the human Spirit come to man at the bottom of the dark well of despair.

The dark days of trial are those in which each person is driven to his inmost center alone, there to reassemble himself in what is good, there to step clear of the old garments formerly worn and to leave them behind.

Some of the difficult and shattering experiences in one's personal life may be a part of a clearing out process, necessary before something better can have room to grow. Terrible as some things may seem, they usually force the people involved into taking needed steps for betterment. The darker and deeper the depths, the higher and brighter are the mountains to come.

Every problem carries its own solution. The very thing that caused a problem will, with adjustment and transmutation, solve it. We want everything neatly solved and settled and put in its niche—but life is not static. It can't be permanently settled into any one fixed pattern. Things must move and change.

There is no possibility on Earth of absolute perfection; that would be the end of the line. One wonders why God seems to have obscured the path that we should take, when we so need to know the right direction. Perhaps we only evolve by having to make decisions and not remaining as sheep, and faith develops with having to lean on "God" for support!

A person may tend to shrink back from challenges and say, "I couldn't do that" or "I wouldn't dare," but if he refuses too long because he lacks confidence, "life" just steps in and pushes him toward the particular need which forces him to do it anyway. He finally learns that there is nothing he cannot do and nowhere he cannot go—not because of any personal strength, but because he is sustained by the life and strength of God. Eventually we will stop wilting at the thought of something new and face confidently forward knowing ourselves to be the masters of any situation.

Man's inner strength develops when he learns successfully to resist the tempestuous experiences of the outer world and his own emotions. The sturdiest and most beautiful trees are those which have withstood many storms. We must not resist "God" but become clear, unresisting vessels for His power. With resistance there is a very strong adverse flow of energy, and a great deal of reaction causes friction and heat.

Max Heindel states the following in his *Letters To Students*:

"Has it ever occurred to you to inquire, my dear friend, what binds you to this Fellowship? You know there are not outward bonds that you have taken, no oath of allegiance, and that you have not been entrusted with any secrets. What then constitutes the Fellowship of which we speak?"

"It cannot be the Teachings for they are open to the whole world and are assented to by many who have not requested that they be enrolled as students. Neither is it the enrollment as a student which creates the inner bond, for many stay only to benefit themselves and have no fellowship with the rest of us.

"Rather, it is the *service* which we perform and the earnestness wherewith we practice the Teachings and become living examples to the world of that brotherly love which Christ spoke of as the fulfillment of all commandments." (Letter 3, pg. 13-14) "If you want to really work in God's vineyard—the world—don't isolate yourself. Abstract study may be good part of the time, but go out in the world; win the confidence of people in church, club, or shop. If you set a good example, they will inquire the secret and you will be privileged to give them the greatest teaching ever known: the secret of Soul growth." (Letter 18, pg. 47-48)

There are no endings, only new beginnings. The last step of one experience is the first step of another. God is in the midst of you—you shall not be moved inwardly. If there is something we want to change, we must go back and transmute its cause. We should not "fix" ourselves in anything lest we become annoyed at or deterred from progressing by change or disturbance. We should remain mobile and adaptable, giving a second look even at what seems negative, for it may be the seedbed of some possible good.

Let all that is false be eliminated from our lives. that only the true may remain. If we seem to be falling from wreckage that had to be cleared away before the faith structure could rise, let us not fear, for this is God's work and there is no place one can fall except into His arms. Whatever is sought in Truth—though it seems left behind—is waiting at the end of the road.

The most seemingly hopeless times of our lives are those times of utter chaos when everything has reached such a state of confusion we hardly know where to turn. Things appear to be a complete mess, and it seems that there is no way out. But outer appearances always mislead. If we look deep

within to discover their real nature, this very chaos can be the material out of which better circumstances are created.

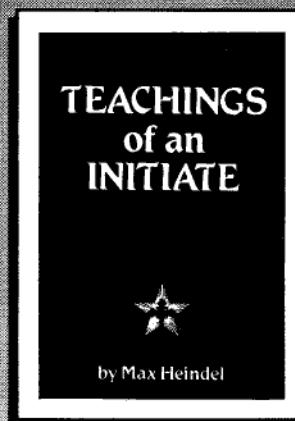
Every person knows deep within himself that he is essentially good. We instinctively recognize our divine nature even though we are not always conscious of it, so we are hurt and confused or just harden ourselves when others fail to see the rightness of our intent. The Spirit within every man gives him the divine right to be treated with dignity and respect. Within each one of us "God" dwells, waiting to express truth, goodness, or beauty. □

—N. D. Willoughby

TEACHINGS OF AN INITIATE

by Max Heindel

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Mystic Light

The Continuity of Life

Life itself is non-material, invisible and indestructible. This makes its cyclic nature possible and reveals to us the fact that life has continuity and moves endlessly on into infinity. Aside from these important qualities it has another characteristic, perhaps the most significant of all. It is found everywhere in the universe as the motivating force in all things or beings; minerals, plants, animals, humanity, and beings higher on the evolutionary ladder than man.

As we observe Nature, it soon becomes evident that there are endless cycles in operation. Season follows season and night follows day in rhythmic sequence. We cannot imagine a night that was not followed by the dawning of another day, or a winter that did not eventually terminate in spring. The phases of the Moon, the cycles of growing plants, the moving canopy of the stars, all tell us of a pattern of cyclic life in motion in the Creator's evolutionary process.

If we apply this idea to the human level, we realize that we have a cyclic pattern. In the twenty-four hour sequence we find periods of rest which alternate with periods of activity or work. Medical science reveals that life processes are all cyclic. The

systole and diastole of the heart and the demise and subsequent renewal of all of our cells constantly is going on. Respiration is a cyclic process that goes on uninterrupted from our first breath to our last.

Psychology points to other cycles, such as the cycles of depression followed by periods of acceleration. We all experience periods of mental activity, followed by times of contemplation or, perhaps, meditation. Physically, emotionally, and mentally, there is for each of us an alternation of periods of activity with periods of comparative rest.

In history and in sociology we also discover cyclic patterns. History repeats itself but on different levels as time moves on: the advent of wars, worldwide depressions, changes in climate, fluctuations of business and trade, cycles in crime, recurrence of epidemics, and cycles of geology such as erosion followed by deposition. We could go on and on, as Nature's cycles exist and operate in us and all around us. The important thing is to be aware of them and to discover what significant information they may reveal to us.

On a much grander scale, the Cycle of Evolution or the Law of Cyclic Manifestation is in operation. As life evolves through a series of rhythmic and alternating patterns, it is possible to discover and identify ourselves with this progression. The mortal Self has alternating patterns of rest and activity, inhabiting and "ingesting," so to speak, the very "pulse of life" itself. That Self seeks expression in the realms of thought, desire, and actions—that is to say, the work of material existence. However, rest and refreshment also are needed, so that the Self may review the experiences of physical life and fashion them into new and better capacities and powers. This cycle of the continuity of human life is the means by which the Immortal Self discovers its innate capabilities and realizes its eternal characteristics, its divine potential.

This sequence of existence is, in effect, Nature's way of convincing the Spirit of its indestructibility, showing us that unlimited time is at our disposal for the learning of life's lessons and the unfolding of our eternal Selfhood. When we are in time born again in a new body, a new abode in matter, we make a fresh start on the physical plane but with this important asset. Our conscience, that precious record of past experiences and life's lessons learned, serves as a guide for thoughts, emotions, and actions in the new life.

If we think of the continuity of life as a journey, it involves transportation, that is, traveling up the

evolutionary ladder. To use an analogy to clarify the idea, let us say that we wish to travel from Denver to San Francisco. Several modes of transportation are available. It is up to each of us to choose the one he or she wants to use. We may decide to fly or we may take a Trailway or Greyhound bus. We could pack our car and travel the highways. Hitch-hiking is the choice of some.

The distance between the two points—starting point and final destination—remains the same. However, the time taken in traversing it varies with the will and desire of the person making the journey.

It is similar in the journey of life, the great journey of evolution. The distance we travel is the same for all, but each can decide how fast he wants to go. This choice is based upon a number of factors. In the main, these choices are determined by our thoughts and desires which ultimately terminate in action—our traveling speed through life.

Briefly stated, we may say that a successful journey through life depends upon how good and kind our actions are—upon our accumulated capacities. We may travel the airlines of spiritual living, or we may hitchhike along the way, depending on other people's help. The hitchhikers eventually learn that for steady progress we must depend upon ourselves and make our own efforts. As with the traveling facilities in the world around us, so also with the journey of life. There are definite rules to be followed. In flying from Denver to San Francisco, our first limitation is the baggage we are allowed to take. On the airlines of our spiritual journey, we find that we must discipline our desires about what we may wish to take with us. On the airline of spiritual evolution there are restrictions. In this case our "baggage" is the record of all of our accumulated actions and reactions resulting from past thoughts, feelings, and actions.

Another important consideration about the continuity of life is the opportunities it offers us. It allows us to travel along life's highway and give expression to our own kinds of uniqueness, our individual talents. We can consider it as a series of opportunities for the realization of worthwhile goals—spiritual and material. It is Nature's way of letting us gain experience about life and living that could not be acquired in any other way. It comes then as a certainty of the future and as a challenge to do our best in the present.

A basic fact regarding the continuity of life is that the Spirit, or conscious Self of man, exists before

birth and will continue to exist after death. A second fundamental fact is that the Spirit is capable of unfoldment as it accumulates experience. Of course, from the beginning or first awakening to the gaining of its splendid maturity covers an enormous span of time—eons! With this perspective of life we realize that life is a pilgrimage through which we tread our way back to God.

Thus, we see that the Spirit does not enter this life as a "fresh" creation, but only after a long series of previous existences during which it attained its present status; its existence is now shaping. Another analogy: the infant child is not like a blank sheet of paper upon which anything can be written, nor is it a mere cohesion of atomic forces. In actuality, it holds within itself the ancestral life histories stretching back into the remote past. All the qualities we now possess, of body and mind and soul, are the results of our use of ancient opportunities and the use we make of present opportunities. Thus we shape our future character and our capacities.

The immortal Spirit (Ego), longing for the experiences which will make it a more perfect entity—that is, a conscious reflection of its divine Creator—sets forth on its long journey on the river of life. As it makes its descent into physical matter, it gathers first mental "matter," then emotional "matter," and finally appropriate etheric substance. In this descent, the materials it appropriates into its bodies to be are exactly appropriate to its state of evolution. The physical body is built in harmony with its needs, which came about as a result of past living. The Spirit has guidance and help in this descent into matter, but at birth starts the cycle of infancy, childhood, adolescence, maturity, older years and finally death.

Dying, when considered objectively, is simply the laying aside of a worn out and useless physical body. A new phase of existence opens up for the Ego, assuring rest and ample time to assimilate the experiences of the life just ended into capacities and more mature wisdom with which the Spirit may begin another Earth life. So we see that life does have continuity. It proceeds in cyclic pattern, life on Earth for the gathering of experience being followed by existence in higher realms of living. The transitory bodies we "wear" mentally, emotionally, and physically serve us to gather experiences by which we, in time, become aware of our divine nature and purpose. □

—William S. Green

Max Heindel's Message

Teachings of an Initiate

THE NEW SENSE OF THE NEW AGE

(Continued)

At the time when the Sun by precession left the constellation Taurus, the Bull, the people who worshiped that animal were pronounced heathen and idolaters. A new symbol of the Saviour, or Messiah, was found in the Lamb, which corresponded to the constellation Aries; but when the Sun by precession left that sign, Judaism became a religion of the past, and thenceforth the bishops of the new Christian religion wore a mitre shaped like a fish's head to designate their standing as ministers of the church during the Piscean Age, which is now drawing to a close.

By viewing the future through the perspective of the past it is evident that a new age is to be ushered in when the Sun enters the constellation Aquarius, the Water-bearer, a few hundred years hence. Judging by the events of the past it is reasonable to expect that a new phase of religion will supersede our present system, revealing higher and nobler ideals than our present conception of the Christian religion. It is therefore certain that if in that day we would not be classed among the idolaters and heathen, we must prepare to align ourselves with these new ideals.

John the Baptist preached the gospel of preparedness in no uncertain words, warning people that the ax had been laid at the root of the tree. He cautioned them also to flee from the wrath to come, when the Son (Sun) of God should come, fan in hand, to separate the wheat from the chaff and burn it up. Christ likened the gospel to a little leaven which leavened a measure of flour.

At first sight the method of John seems to be most drastic, laying the ax at the root of the whole social structure, while the leavening process men-

tioned by Christ appears to be more gentle; but in reality it is even more thoroughgoing and drastic, as will be evident if we consider carefully what takes place when we make a loaf. It is a chemical revolution, a miniature war, involving an entire transformation of every atom of flour in the vessel; none can escape the action of the leaven, and there is a sound as of continual cannonading, explosion of bombs and shells, until the force of the leaven is spent and the dough transformed to a light sponge. But this war of the atoms, this chemical revolution, is absolutely indispensable in the process of bread making, for if the leavening process were omitted, the result would be a heavy, unpalatable, indigestible loaf. It is the transmutation wrought by the leaven which makes the loaf wholesome and nutritious.

The process of preparation for the Aquarian Age has already commenced and, as Aquarius is an airy, scientific, and intellectual sign, it is a foregone conclusion that the new faith must be rooted in reason and be able to solve the riddle of life and death in a manner that will satisfy both the mind and religious instinct.

Such is the Western Wisdom Religion promulgated by The Rosicrucian Fellowship; like the leaven in the loaf, it is breaking down the fear of death engendered by the uncertainty surrounding the postmortem existence. It is showing that life and consciousness continue under laws as immutable as God, which tend to raise man to increasingly higher, nobler, and loftier states of spirituality. It kindles the beacon light of hope in the human heart by the assertion that as we have in the past evolved the five senses by which we

The Rosicrucian Teachings are designed to further spiritual progress rather than material prosperity, and we know of no occult exercise which will bring wealth, either directly or by abnormally fostering a latent talent.

—Max Heindel

contact the present visible world, so shall we in the not distant future evolve another sense which will enable us to see the denizens of the etheric region, as well as those of our dear ones who have left the physical body and inhabit the ether and lower Desire World during the first stage of their career in the spiritual realms. The mission of Aquarius is aptly represented by the symbol of the man emptying the water urn.

Aquarius is an airy sign having special rule over the ether. The Flood partly dried the air by depositing most of the moisture it held in the sea. But when the Sun enters Aquarius by precession the rest of the moisture will be eliminated and visual vibrations, which are most easily transmitted by a dry etheric atmosphere, will become more intense; thus conditions will be particularly conducive to production of the slight extension of our present sight necessary to open our eyes to the etheric region. California's production of psychics is an instance of this effect of a dry, electric atmosphere, though, of course, it is not nearly so dry as the air of the Aquarian Age will be.

Thus faith will be swallowed up in knowledge and we shall all be able to utter the triumphant cry, "O death, where is thy sting; O grave, where is thy victory?" But it is well to realize that by aspiration and meditation those who are longingly looking for that day are taking time by the forelock and may quite easily outstrip their fellows who are unaware of what is in store. The latter, on the other hand, may delay the development of extended vision by the belief that they are suffering from hallucinations when they begin to get their first glimpses of the etheric entities and the fear that if they tell others what they see they will be adjudged insane.

Therefore The Rosicrucian Fellowship has been charged by the Elder Brothers with the mission of promulgating the gospel of the Aquarian Age and of conducting a campaign of education and enlightenment so that the world may be prepared

for what is in store. The world must be leavened with these ideas:

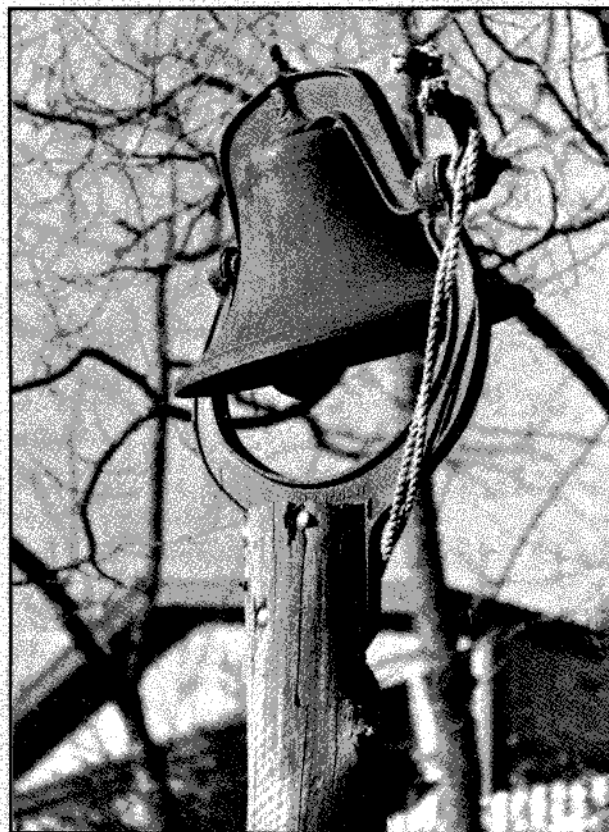
1.) Conditions in the land of the living dead are not shrouded in mystery. but knowledge regarding them is as available as knowledge concerning foreign countries from the talks of travelers.

2.) We now stand close to the threshold where we shall all know these truths.

3.) And most important of all, we shall hasten the day in our own case by acquiring knowledge of the facts concerning the postmortem existence and the things we may expect to see, for then we shall know what to look for and neither be frightened, astonished nor incredulous when we commence to obtain glimpses of these things.

Students should also realize that a serious responsibility goes with the possession of knowledge: "to whom much is given, of him much shall be required." If we hide or bury our "talent" may we not expect a merited condemnation? The Rosicrucian Fellowship can only fulfill its mission in so far as each member does his duty in spreading the Teachings, and therefore it is to be hoped that this may serve to call the attention of the student to the fact of his individual duty. □

(To be continued)



Studies in the Cosmo-Conception

Centers in the Desire Body

Question: Are there organs in the desire body?

Answer: There are no organs in the desire body, as in the dense and vital bodies, but there are centers of perception, which, when active, appear as vortices, always remaining in the same relative position to the dense body, most of them about the head.

Question: Are these active in most persons?

Answer: In the majority of people they are mere eddies and are of no use as centers of perception. They may be awakened in all, however, but different methods produce different results.

Question: What are these results?

Answer: In the involuntary clairvoyant developed along improper, negative lines, these vortices turn from right to left, or in the opposite direction to the hands of a clock—counter-clockwise.

Question: How do they appear in the voluntary clairvoyant?

Answer: In the desire body of the properly trained voluntary clairvoyant, they turn in the same direction as the hands of a clock—clockwise, glowing with exceeding splendor, far surpassing the brilliant luminosity of the ordinary desire body.

Question: Of what benefit are these centers?

Answer: These centers furnish the individual with means for the perception of things in the Desire World and he sees and investigates as he wills, while the person whose centers turn counter-clockwise is like a mirror which reflects what passes before it. Such a person is incapable of reaching out for information.

Question: What is the reason for this?

Answer: The reason for this belongs to a later chapter, but the above is one of the fundamental

differences between a medium and a properly trained clairvoyant.

Question: How can they be distinguished?

Answer: It is impossible for most people to distinguish between the two; yet there is one infallible rule that can be followed by anyone: No genuinely developed seer will ever exercise this faculty for money or its equivalent; nor will he use it to gratify curiosity; but only to help humanity.

Question: May a teacher of this art charge for lessons?

Answer: No one capable of teaching the proper method for the development of this faculty will ever charge so much a lesson. Those demanding money for the exercise of, or for giving lessons in, these things never have anything worth paying for. This rule is a safe and sure guide which all may follow with absolute confidence.

Question: Where is the desire body rooted?

Answer: The desire body is rooted in the liver, as the vital body is in the spleen.

Question: How does this vehicle compare with the vital and dense bodies?

Answer: It is not nearly so well developed. In a far distant future man's desire body will become as definitely organized as are the vital and dense bodies.

Question: How will that profit us?

Answer: When that stage is reached we shall all have the power to function in the desire body as we do now in the dense body, which is the oldest and best organized of these bodies of man—the desire body being the youngest. □

—Reference: *Cosmo-Conception*, pp. 67—68

Western Wisdom Bible Study



Unclean Spirits

When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none.

Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished.

Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation.

—Matthew 12:43-45

This passage of scripture may be applied to a person's base desires and destructive mental habits as well as to actual obsessing entities. One who has become convinced that a change of his habits of thinking and feeling is essential for a happier, more healthful life, even though he may not be particularly religious, can accomplish much by simply persisting in a change of thought processes and emotional reactions. Sufficient repetition of a new set of mental and emotional habits will establish them in the consciousness, so that one might say with considerable truth, "The unclean Spirit is gone out."

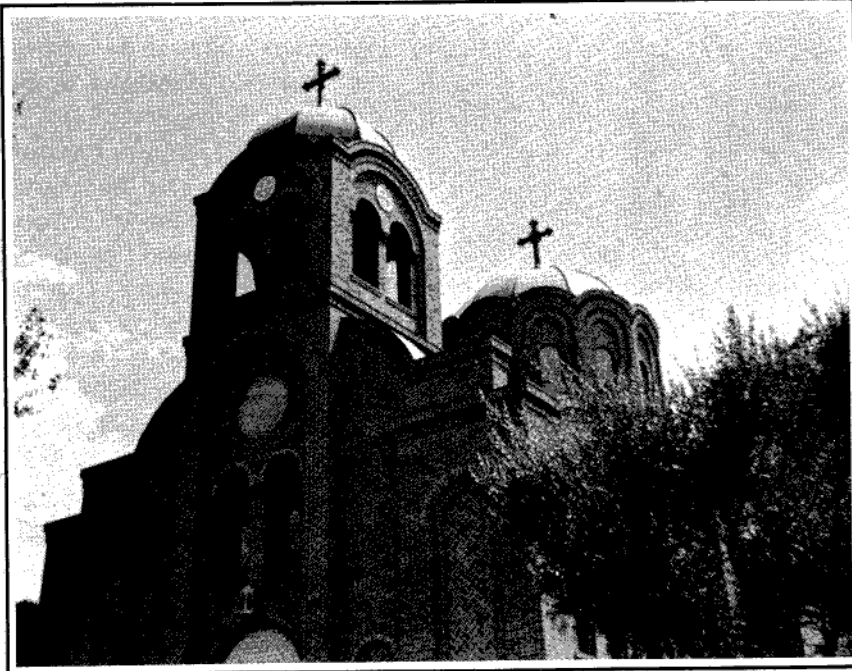
However, if this is done predominantly from the intellectual standpoint, and no real inner change is wrought so that tolerance and compassion for others are still lacking, the time will come when a stultifying emptiness and dissatisfaction will be felt. The real incentive for joyous, fruitful living will be absent, and one is apt to be led into the path of black magic. Thus unless we not only rid ourselves of "unclean" patterns of thought and feeling, but also cultivate the Christ within, our "house" will indeed be empty and we will be subject to a condition "worse than the first." If a person who is actually obsessed by another entity is relieved of his affliction, it is

of course, a great blessing. However, unless he begins to cultivate a positiveness of nature and strength of character by the use of the will in serving and loving others, he will be just as susceptible to obsession as he was in the first place.

Occult philosophy teaches that in harmony with the Law of Cause and Effect we suffer from life to life that which we have caused others to suffer. Therefore, generally speaking, those who are susceptible to obsession have very likely been guilty in previous lives of interfering with the free will of others—probably by means of hypnotism.

Concerning susceptibility to obsession, it is well to keep in mind the following statements from *The Rosicrucian Cosmo-Conception*: "In the hotheaded, unrestrained youth, passion and temper very often drive the Ego out by over-heating the blood. We very appropriately call this an ebullition or boiling over of temper and describe the effect as causing the person to 'lose his head,' i.e., become incapable of thought. That is exactly what happens when passion, rage, or temper overheats the blood, thus drawing the Ego outside the bodies. The description is accurate when, of a person in such a state, we say, 'He has lost control of himself.' the Ego is outside of his vehicles and they are running amuck, bereft of the guiding influence of thought, part of the work of which is to act as a brake on impulse. The great and terrible danger of such outbursts is that before the owner re-enters his body some disembodied entity may take possession of it and keep him out. This is called 'obsession.' "□

Astrology



Impending Crisis? How to Prepare

Doomsday prognosticators have always been with us, only lately they seem to have more ammunition. They remind us of the trade deficit, the farm debt, the huge debt owed United States banks by the Third World, the enormous annual U.S. federal deficit and ever-growing national debt. They are joined by historians who claim that big national debts have never been paid, but they produced, or helped bring about the French Revolution of 1789, the Russian Revolution of 1917, the violence of the 1920's in Germany that led to the 1933 dictatorship, and the collapse of China's Kuomintang government in 1949.

Students of astrology can find more reason to doubt that there

is smooth sailing ahead. Between 1988 and 1993, there will again occur a conjunction of Saturn, Uranus, and Neptune in Capricorn, joined some of the time by Mars due to the fact that this fiery planet completes its "swing around the circle" in less than two years. And it just so happens that Capricorn 5 occupies that cusp of the traditional chart of the U.S.—as set up for the time the Declaration of Independence was accepted—which deals with finances. And from there, this conjunction will oppose the conjunction of planets in Cancer and the second House of the U.S. chart—another money segment.

Indeed, the indications aren't cheery. All the more so, as one goes back to the last time the

cusps of the eighth house of the U. S. chart was similarly "afflicted." That was during the 1820's, when Neptune and Uranus had a conjunction in Capricorn. That was also a critical time in U.S. finances. A war with Britain had ended in a draw in 1815 and had not exactly enriched the national treasury. People were streaming into the West. There was a need for capital, so the banks engaged in what came to be called "wild-cat" banking. Simply put, this means that they were lending out more "money" than they should have, and much of it to people who defaulted. History has come to call the result "the Panic of 1819," though it didn't reach full size till the 1820's.

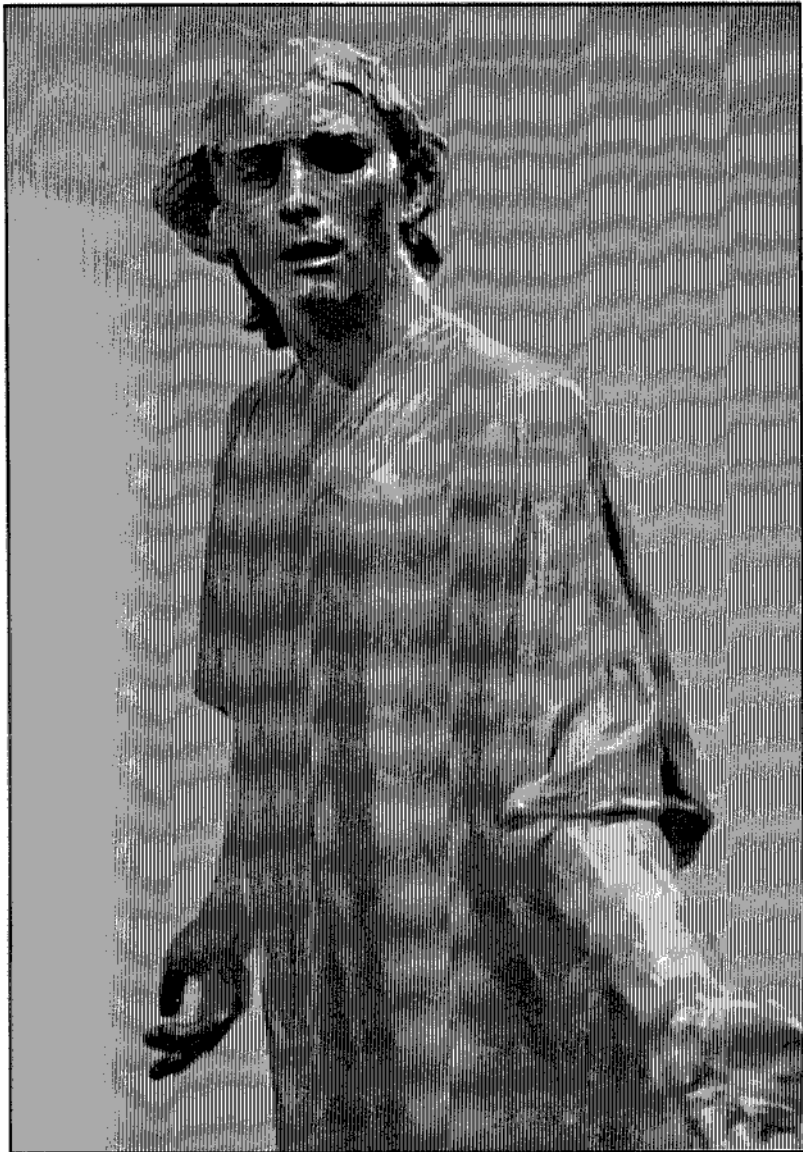
Now, of course, history never quite repeats itself the same way. But there is a tremendous parallel: in the days of President Monroe it was thought possible to do business with money that didn't really exist—mere *bank notes*; in our time the world has fallen into the same—and typically Neptunian—error. For Neptune, on the negative side, is the planet of illusion and delusion, and surely nothing is more illusive and deluding than basing the economy on cash which isn't *really* there.

Is this to say that certainly the U.S. during the 1990's will in some way repeat the experience of the 1820's? No. "The stars impel, they don't compel." Of course, if one wishes desired results, one can't stand idly by. One must do something; one must work with the positive sides of the planets involved. In the case of Saturn, this calls for discipline; with Uranus, altruism

and originality; with Neptune, idealism. One also can take cheer from the historic axiom that the unexpected can happen and often does. We will let the reader draw his own conclusions as to what will happen. Admittedly, when the outflow exceeds the income, the upshot is downfall—as one commentator has said; but one Greater has stated that “with God all things are possible.” *Matthew 19:26; Mark 10:27.*

And if, perchance, it should prove impossible for the world’s financial wizards to avert trouble on worldwide or nationwide scale, it still is possible for the individual to assure survival. No, we are not suggesting hoarding; this doesn’t work all the time. Some readers may recall the well-publicized story during World War II of a certain lady who stocked her basement with all kinds of canned goods to circumvent expected shortages. Something went wrong with the plumbing. The place was flooded; the labels on the cans were washed away, and the hapless hoarder never knew what the cans contained. To get the specific item she wanted, she had to open any number of cans!

At one time, the early Christian Church was informed that there would be trouble: “And there stood up one of them named Agabus, and signified by the Spirit that there should be great dearth through out all the world: which came to pass in the days of Claudius Caesar.” *Acts 11:28.* And what was the believers’ response? “Then the disciples, every man according to his ability, determined to send relief unto the brethren which dwelt in Judea.” *Acts 11:29.* In



other words, they *gave!* And though the writer of *Acts* doesn’t tell us, common knowledge of human nature informs us that these Christians set out to give in the face of “dearth” because giving had been their lives’ pattern all the time! Anyone who has not been living that way all along does not suddenly become a giver when it is most “difficult” to do so. Virtue, after all, is largely habit—as is so much else in life.

Luke 6:38 tells us: “Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running

over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.”

Perhaps even more pertinent is this passage: “Cast thy bread upon the waters: for thou shalt find it *after many days.* Give a portion to seven, and also to eight; *for thou knowest not what evil shall be upon the earth.*” *Ecclesiastes 11: 1,2.*

But we do know that “giving” is the only worthwhile way of living—regardless of circumstances! □

—P.K.F.

Astrology

Visible Heralds of The Aquarian Age

One of the basic teachings of the Western Wisdom is that The Rosicrucian Fellowship was founded in order to prepare for the Age of Aquarius, which will start in about 500 years when the Sun by precession will enter the constellation Aquarius. We know that there is such a process as "precession;" we know how fast it occurs. Thus, simple mathematics on the one hand and the writings of Max Heindel on the other have provided us with what is set forth in the previous sentence.

But celestial mathematics is in a way very abstract; it certainly is much easier to believe—especially to believe very firmly—when one actually can see. Since we know what the Age of Aquarius will be like, we easily can see that things are moving in that direction.

The symbol of the New Age is the water-bearer, who balances his pitcher on his head. We also know from astrology what the sign Aquarius and its ruler, Uranus, stand for. So we can say that the New Age will be a very human and humane age—a scientific age, an "air

age"—a time when the old orthodoxy of our Christian faith will be replaced by the Rosicrucian Philosophy plus additional insights and revelations. It will be an age of brotherhood and balance.

Has the world actually been moving in that direction?

The Industrial Revolution

There was a time when families and, even more, communities could be self-sufficient. Students of the Old West know that the buffalo was called the "galloping supermarket;" it supplied food, clothing, shelter, and fuel. Much of the rest of the world was able to enjoy similar independence. But the onset of the Industrial Revolution brought about the use of sophisticated machines. These require various ingredients which are scattered all over the world. This requires trade, which makes it necessary for men to get along with each other or they risk losing vital raw materials. Even though motivated selfishly, men and nations realize the need of treating one another as brothers.

Scientific Inventions

Because so very much good has come to mankind through these inventions, the interest in science is growing all the time. There's no turning back; the more we learn of science, the more it becomes necessary to dig into her secrets more deeply still, to improve the quality of that which is produced.

The Rise of the United States

It is no coincidence that the United States emerged at the time the planet Uranus became visible and thus significant in human evolution. The purpose

for the founding of the United States was to set the world on track toward the New Age. On the dollar bill we read, "Novus Ordo Seclorum"—a new order of the ages—not just of society or government. In the *Utne Reader* of Oct./Nov. '84 pg. 4, the editorial clearly states that 52 of 56 of the men at the signing of the Declaration of Independence "were Freemasons and Rosicrucians—discrete mystics." A full study of the back of the dollar bill will confirm that they knew the Ancient Wisdom. Anyone looking at what has transpired in the United States since will admit that here, certainly, is a "foretaste" of the Aquarian Age in a fledgling state, but certainly heading in the direction of the New Age.

International Organizations

Only since the last century have they begun to sprout, from the International Postal Organization and the Red Cross to the League of Nations and the United Nations—all slowly but surely coaxing mankind toward brotherhood.

Monarchies on the Way Out

If men are truly to be brothers in the spirit of the Aquarian Age, there is no room for those who claim the right to rule others as their birthright. It is most interesting to note that when World War I erupted in 1914, all Europe except France and Switzerland was ruled by kings, emperors, dukes, etc. At this writing, only Spain, England, Norway, Denmark, and Sweden are kingdoms, and their kings and queens merely reign but do not really rule. The four other states that have monarchical rule are all tiny: Luxemburg (998 sq.

miles); Leichtenstein (62 sq. miles); Monaco (0.6 sq. miles); Vatican City (0.2 sq. miles). Together, they would easily fit into Rhode Island! Outside Europe, the trend has been in the same direction.

A More Balanced Society

In the United States, the years after World War II have seen unprecedented progress in giving a bigger place to women and racial minorities. Not everything that happened in the process was commendable; there is still a long way to go. Basically, however, the course being followed here and abroad is irreversible.

The Rise of Communism

History tells us that Communism started as a means to even out the inequalities of society. Sadly, much violence has been committed to achieve an equal society. The slogan of its early advocates, "Love me or I'll kill you," was not empty words. But in some areas now, this system is less repressive than at its inception. A tremendous distance has yet to be covered, but it is noteworthy that a system that covers much of the world is based on the idea of brotherhood and, like all things earthly is amenable to the mellowing influences of stellar vibrations.

The Old Orthodoxy is Being Replaced

by
"New Age" Concepts

The so-called "literal interpretation" of the Bible is being widely questioned. The struggle between "fundamentalists" or "conservatives" against the "liberals" has split the biggest Protestant denomination in the

United States and affected other groups. There was a time in this country when Blue Laws were the law of the land and/or accepted in practice by society; this is no longer so. Sunday was the most visible symbol of the "old-time religion." Symbols and their demise cannot be overlooked. Also, especially during the sixties (when there was a big conjunction in Aquarius in Feb. '62) New Age ideas became both widely known and popular. These included astrology, reincarnation, vegetarianism, etc.

Mores More Humane

At the dawn of the Christian era, slavery was the lot of millions everywhere; it has all but been eradicated. Many nations have abrogated or restricted capital punishment; serious efforts have also been under way to stamp out torture.

Weapons of Mass Destruction

As much as one must regret the fact that man has it in his power to blow up this Earth, yet these horrendous things have prevented major wars. When one considers the volume of differences and animosities between East and West, it is almost a miracle that the many diplomatic confrontations have not led to actual warfare. Big wars in the past have started over much smaller things. Never before have two sides been such bitter adversaries for so long without going to war. They lacked what the "super powers" have now—the nuclear deterrent. They realize that the alternative to co-existence is no existence. Fear teaches them the need to get along; time will teach them that they might as well be cheerful about it—and

then they will start acting brotherly!

Space Travel

As stated above, the coming Age of Aquarius will be an "air age" and nobody can deny that man's attention is being directed toward the "air." Space exploration being so expensive and difficult, it is also a real stimulus to international cooperation, which is fostering the spirit of brotherhood.

The Shifting Center of Civilization

"Westward the course of empire" is no mere imperialistic slogan; it is historic truth. Civilization has moved from China, India, the Middle East, Greece, Rome, central Europe, and western Europe. (Today, one of the most advanced societies is that of the United States.) And even here, the center has been shifting. In the early days, everything of importance was east of the Appalachians; in the pre-Civil War years the mighty Mississippi became the western boundary; finally "Manifest Destiny" was fulfilled and the Pacific Coast was settled. Today, that area is at least vying with the East for the leadership, and people keep moving West all the time. If present demographic changes continue, the West—will eventually emerge clearly as the leader. Then, civilization will have come full circle—from the Pacific (China) back to the Pacific in the United States. And when something comes "full circle," it can go no further, it is the end of the old and the start of the new. In this case, the Age of Pisces is being replaced by the Age of Aquarius. □

—P.K.F

How To Win Your Star Wars

*Lives there'n astrologer so brave
Who never—with hard aspect
ahead—did crave
More faith the future
could be saved?*

Admittedly, the above is poor poetry and a weak parody of some famous lines from history, but it is truth nevertheless. Astrology books are replete with incomplete material about "malefics;" erroneous notions about "evil" abound; put the two together, and you get f-e-a-r.

It cannot be denied that there are certain planets which, under certain conditions, tend to produce results that hardly increase one's euphoria or equanimity, but there is a way that they can be "handled." Perhaps the first step in doing so is to recognize the beautiful truth taught by the Western Wisdom and which cannot be repeated often or strongly enough: that evil is good in the making and that everything in our Father's world is the result of His Love.

Suppose we were to ascend a few miles in an airplane without an oxygen tank and other necessary supplies; it would kill us. But does that mean something up there is lethal, and hence evil? No. However, the type of air we breathe is not up there, and *that* is what is so detrimental to human existence. But if one

prepares for this situation, one can live up there in comfort. If one were to be killed by being up there, unprepared, *that* would be the "evil"—lack of preparation, failure to handle the situation. Similarly, when certain transits occur in our charts, and undesirable results transpire, the "evil" is generally in our inadequate or erroneous preparation.

By the same token, without preparation man cannot live in the depths of the sea or where there is extreme heat or cold. We mention this only to illustrate that different types of adverse situations require different preparation—in the same way there are differences to keep in mind as we prepare for transits from different planets.

Mars: It is generally accepted that the basic key word of this celestial body is "action." So, when Mars transits are ahead, the important matter is to be very *careful* in the way we handle our energy and control our activities.

At one time, while under a Mars transit, I made up my mind that *this* time I would get by without trouble. It just so "happened" (?) that there were more things to do than ordinarily, which made it difficult to concentrate at times on the task at hand. Thus, while fixing some hot lemonade one day, I absent-mindedly let the distilled water

get too hot, and I slightly burned my tongue.

Another time, I had worn out a pair of boots used for walking in bad weather. On a day astrologically "good" for an important purchase, I went to a shoestore and was delighted that a pair of boots that looked good, was light, and low in price, fit me perfectly. In my great joy, I failed to walk about a bit in these boots "to make sure," yet I bought them. Several weeks later I first wore them. The weather was bad and I was also under a Mars transit. After I had been walking about two miles on my six-mile daily walk to the post office and back, those boots began to hurt, and very badly. I knew I was bleeding. When I finally limped home—both feet bloodied—I sadly realized that though the boots were a perfect fit, the inside bottom contained some loose pieces of leather and other things which I should have covered with something soft and smooth. This I later did, getting much fine wear out of the boots. Obviously, the boots weren't "evil." I had been impatient and impetuous and impulsive when I tried them on and foolish in not examining them later. In other words, the fault was 100% mine that for several days it was painful to walk.

There is another lesson in this, aside from the one that the

way to handle Mars is to be careful during transits: one must be careful *all* the time. My big mistake—the day I bought those boots—was made several weeks before the Mars transit. Similarly, it is not enough to look at one's chart, realize that during certain days one will be under negative aspects, and plan to do things differently then. No, *every* day of our lives we must live in harmony with all the stars, which we can easily do if we live in harmony with their Creator and ours! But in a unique way, this is especially important as we look at the next so-called "malefic" in order of distance from this Earth.

Saturn: To set a positive mood, let's first mention that Saturn takes about 29 years to complete a celestial circle, but Jupiter, the traditional "great benefic," takes 12 years. So, even if it were true that Saturn is "bad" and Jupiter "good," "blessings" should come about two and one-half times more often than trouble!

Admittedly, what Saturn sometimes "brings" is trouble—but trouble of our own making. Saturn is *Chronos*, Father Time, the *Just* Reaper; he simply brings the harvest of what we have sown. It has been said humorously that because of the way some people live, they need to pray for a crop failure after having sown wild oats. But this cannot be in a universe of law and order, and in God's great plan, Saturn is the agent to teach us the need for conformity to His ways, which in the long run are best for us: "All they that hate me (wisdom, the ways of God) love death." *Proverbs* 8:36.

The prescription for convert-

ing Saturn from foe to friend is very simple: "Saturn takes away from us our social ballast, our friends, our deceptive pleasures and leads us willingly or unwillingly into solitude, where the 'Voice of the Silence' may be heard.

"Therefore Saturn is the friend of those who thirst for insight and intensification of life; but to those who seek *themselves* and turn away from higher things, he is the inexorable judge able to compel and to destroy—until in the end man comes to understand his language and blesses the iron hand that has guided him."—Else Parker, *Astrology and its Practical Application*, p. 17.

If it seems hard for the reader to understand how Saturn can "destroy" while at the same time the one suffering thereby "blesses the iron hand," perhaps an event from my life will shed some light on this:

Years ago, before I was "into astrology," Saturn in my chart made his first "return" to his natal station—a time when one gets what he or she has coming. It brought months of great anguish as I realized I was being "eased out" of a job I was loath to give up. I hadn't performed 100%, yet I thought I deserved better. I was forced to do some deep thinking, to go into "solitude;" thus, an idea was born—to make a third effort to study for the doctorate. Twice before I had tried but quit, because quitting had been easy. But this time there was nothing to go back to. I stuck it out and made it—and gave thanks that I had been *forced* to quit my job—especially since it was because of graduate studies that I came first in contact with the

writings of Max Heindel!

I once heard a nationally known pulpit orator say that every important blessing in his life came wrapped up in a situation of tension! That sounds like Saturnian experiences. We've all erred and must pay, but blessings can be extricated from these situations and Saturn bestows them to us in such a way that we learn vital lessons of life—lessons that will help us live in such a way as to make it unnecessary to experience again previous anguish. "He is the God who can wring good out of evil," as some say.

Uranus: According to Isabel Hickey in *Astrology: A Cosmic Science*, p. 74: "There is only one planet whose power is completely out of our hands. This is Uranus." I respect this author greatly for her knowledge and deep spiritual insight, but believe she should have omitted the word "completely" from the excerpt quoted above. First of all, we can work with this planet by using its positive side. If the energy transmitted toward us is absorbed in this way, none is left to be used in a "negative way." To illustrate: suppose one receives some money—perhaps a child his allowance. If it's all spent on good books, none will be left for junk. So, if we devote our lives to *altruism*—the positive expression of Uranus—there will be none of its negative stellar energy left to shake us up. This is confirmed by the following excerpt from Else Parker's work which was cited above: "The lower self will... withdraw to the background or disappear altogether. Not until then can these planets (she is here referring to Uranus and Neptune) exercise their full power *and bring*

utter harmony also into earthly circumstances." p. 121, italics ours.) Besides, even Ms. Hickey—from whom we cited above that Uranus' power was "completely out of our hands"—admits on page 42 of the same book that a transit of Uranus "always changes the 'status quo' for a new and better pattern." (p. 42.) And on page 183 of the same book she adds: "Uranus never leaves you where it found you. It never takes anything from you without giving you *something better* in its place." (Italics ours.)

Under a Uranus transit I was once the victim of arson. The three days that followed were the worst of my life, but in direct answer to prayer I found a much better location and now, looking back, am truly thankful for that trial by fire. It seems to me that that which can produce blessings need not be feared—not really!

Neptune: Perhaps this planet more than any other reminds us of the great truth, "The brightest light casts the darkest shadow." Neptune at its best can produce the inspired artist or seer; correctly indeed does Max Heindel label it "the planet of Divinity" (*Message of the Stars*, p. 380). Some claim it hasn't always been a member of the solar system, which well might be, especially in light of what Max Heindel has written on pp. 6 and 7 of *Simplified Scientific Astrology*.

The vibrations of Neptune certainly are "out of this world;" they produce celestial inspiration and illumination at best, but even on the negative side they're "out of this world" in a way: The person experiencing them gets very unhappy with

the humdrum and drudgery of earthly existence, wants to get away from it all, and either indulges in escape mechanisms such as drugs and drink or falls for phony schemes that offer the Promised Land without having to traverse the wilderness. If the person about to yield to these negative enticements would just stop and think, he would realize that what he's letting himself in for isn't logical; he's mortgaging the future. But the reason he's about to yield to "negative" Neptunian vibrations is that he hasn't mastered Mercury, Neptune's lower octave planet, which Max Heindel aptly describes as the "planet of Reason." (*Message of the Stars*, p. 192.) Only those who "walk in the Spirit," who let "the lower self...withdraw," can ever be in full control of their faculties, including reason. Where the lower self holds sway there is war between flesh and Spirit, and "a house divided against itself cannot stand." To put this truth in the words of a philosophical aphorism: "Unless the natural (reason in this case) is supernaturally redeemed (yielded to Divinity, attuned aright to Neptune) it becomes unnatural."

Pluto: There is still much to learn about this planet, which has been visible and studied only since 1930, but undoubtedly it is the planet of transformation, of change. I've observed that individuals not "living the life" get very restless under its influence, and tend to make drastic changes which they later regret, admitting that they just couldn't "stand it any more." Which reminds us of those most famous words of Augustine of Hippo: "Thou hast made us for Thyself, O God, and our hearts

are restless till they rest in Thee." In a way, all mankind is restless as long as they fail to accept that in Him "we live and move and have our being." Acts 17:28. Surely Goethe also spoke the truth when he said, "All human longing is for God." If we heed the Saviour's invitation, "Come unto Me...and I will give you rest," (*Matthew 11:28*) we will no longer be susceptible to the Plutonian siren calls that lure the restless.

Grant Lewis in his *Astrology for the Millions* equates Pluto with the rise of "totalitarianism;" Marc Edmund Jones in his *Essentials of Astrological Analysis* gives "obsession" as the key word for Pluto (see p. 422.) They are not contradicting each other; dictators spewed up by totalitarianism are certainly "obsessed" by something. And right here is the student's key to "handling" Pluto: if our lives are *totally* yielded to God and the doing of His will and service are our "magnificent obsession," then Pluto cannot hurt; we're in harmony with him; we're responding to his vibrations in a positive way; our lives are daily being "transformed upward;" there is no way they can at the same time be "transformed downward." This is also in harmony with what the Apostle Paul said:

"I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice (and a sacrifice is a *total* surrender), holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind." *Romans 12:1, 2.* □

—A Probationer

The Measure of Amenability to Planetary Vibrations

(Continued)

When we begin advancing into the higher life through aspiration and feel these uranian vibrations, there is great danger that we may throw away the fetter of the law in anticipation before we are ready to govern ourselves by the Law of Love. There is a danger that we may disregard worldly laws, that we may not render unto Caesar that which is Caesar's, whether in obedience or coin, that we may not be careful to avoid the appearance of evil, that we have so far transcended the ordinary stage of humanity that we can live as super-humans, with the passion of Mars changed to uranian compassion, which is sexless. Under these misapprehensions, many people who endeavor to tread the path disregard the laws of marriage and enter into relationship of soul-mates and affinity. They feel the uranian ray but cannot quite respond to the sublime purity. Therefore they experience a counterfeit venusian sensation which usually ends in adultery and sex-perversion, so that instead of the natural animal passion of Mars having been

transmuted to the compassion of Uranus, it has degenerated into something that is far worse than the fullest sex-expression of the martial rays committed in a frank and proper manner. There is a danger that cannot too strictly be guarded against, and it behooves everyone who endeavors to live the higher life not to try to aspire to the uranian ray before he is thoroughly imbued with the altruistic vibrations of Jupiter. More misery is brought into the world by those who have aspired too high and fallen low than by those who are not sufficiently aspiring. "Pride goeth before a fall" is an ancient and very true proverb, which it behooves every one of us to take to heart. Christ Jesus took part in the marriage at Cana. Marriage is a regular Christian institution and must exist until abolished in the kingdom to come. Then our bodies will not wear out and therefore there will be no need of marriage to generate new ones.

As we have seen, Mars, Venus, and Uranus mark three stages in the emotional development of man. During the stage in which he is amenable only to Mars, animal passion reigns supreme and he seeks unrestricted gratification of all his lower desires in the intercourse with his fellow men, but particularly with the opposite sex. During the stage in which he becomes amenable to the rays of Venus, love softens the brutality of his desires, and the animal passions are somewhat held in leash. He even, under the higher phases of this planet, is ready to sacrifice himself and his desires for the benefit and comfort of the loved ones. When he has evolved to the point at which he can feel the rays of Uranus, the passion of Mars gradually turns to compassion. There the love of Venus, which is only for one particular person, becomes all-inclusive, so that it embraces all humankind regardless of sex or any other distinction. The divine love of Spirit for Spirit is above all material considerations of whatever nature.

The mentality also evolves through three stages, according to the amenability of the person to the vibrations of the Moon, Mercury, and Neptune. While man is amenable only to the lunar influence, he is childlike and easily guided by the higher Powers, which have led him through the various stages mentioned. Under the ray of Mercury, he gradually develops his intellectual powers and becomes a reasoning being. As such he is placed under the Law of Cause and Effect and made responsible for his own actions, so that he may reap what he has sown and learn thereby from the ex-

periences that life has to offer him under the present regime. Being inexperienced, he makes mistakes in whatever direction is indicated by the afflictions to Mercury in his horoscope, and consequently he suffers a corresponding penalty of sorrow and trouble. If he has not the mentality to reason on the connection between his mistakes and the sad experiences growing from them during his lifetime, the panorama of life which unfolds in the post-mortem state makes this clear and leaves with him an essence of "right feeling" which we know as "conscience."

This conscience keeps him from repeating past mistakes, when the feeling generated has become sufficiently strong to overbalance the tendency to yield to the particular temptations which cause him suffering. Then he gradually develops a spiritual consciousness which is above and beyond human reason, but which nevertheless also is connected with reason in such a manner that when the result has been reached, the man who has the cosmic consciousness knows the reason why such and such a thing is and must be or why he ought to take a certain action. This cosmic consciousness is developed under the ray of Neptune and differs from that intuitional right feeling developed under the ray of Uranus in the very important fact that, while the person who has developed the uranian quality of intuition arrives at the truth instantaneously without the necessity of thinking over the matter or reasoning, he is unable to give anything but the result; he cannot connect the various steps of logical sequence whereby the final result was reached. The man or woman who develops the Neptune faculty, however, also has the answer to any question immediately and is able to tell why that answer is the proper and right one.

The faculty of intuition built up from the martial base of passion through the venusian stage of love and the uranian ray of compassion depends upon the ability of the person involved to feel very intensely. By love and devotion, the heart is attuned to every other heart in the universe, and in this way it knows and feels all that may be known and felt by any other heart in the universe. Thus is shared the divine omniscience that binds our Father in heaven to His children, and through the direct heart to heart touch with that omniscience, the person obtains the result of whatever problem is placed before him.

The noblest men of all ages, Christian Saints of the most transcendent spirituality, have attained

their wonderful development through the spiritual rays of this planet because of the intense feeling of oneness with the Divine and with all that lives and breathes in the universe.

There are others, however, who are not thus constituted, and they are not able to walk that path. These, through the Moon, Mercury, and Neptune, have developed their intellect and attained the same results as well as the neptunian power of ideation.

This is a very important point, and it is only brought out in the Western Wisdom Teachings. While it was formerly taught that the Spirit involves itself in matter and thereby crystallizes itself into form, which then evolves, the Western Wisdom Teachings tell us that there is, in addition, a third factor in universal advancement: namely, Epigenesis, the faculty whereby the Spirit may choose a course that is altogether new and independent of what has gone before. We see the expression of this in all kingdoms relative to form, but in the human kingdom Epigenesis expresses itself as genius, a creative instinct which makes man more akin to the Divine than do any other of his accomplishments. This is developed under the Neptune ray when that planet is well placed in the horoscope. There is, of course, also such a thing as an evil genius, a destructive faculty developed under an afflicted Neptune.

Only the most sensitive people in the world feel the rays of Uranus and Neptune at the present time. To feel these vibrations, the connection between the dense physical body and the vital body, which is made of ether, must be rather loose, for where these two vehicles are firmly interlocked, the person always is of a materialistic turn and cannot respond to the higher and more subtle vibrations from the spiritual world. But when the stellar rays from these two planets impinge upon a person whose vital body is loosely connected with the physical, we have what is called a sensitive. The direction and quality of this faculty depend upon the placement and the aspect of the two planets. Those who are particularly under the domination of an adverse aspect of the uranian ray usually develop the more undesirable phases of clairvoyance and mediumship. They easily become the prey of entities from the invisible world who have no regard for their victims' desire, even if in a weak manner they should protest. Such mediums are generally used in simple trance communications and, in a few cases known to the writer, have lived

very beautiful and happy lives because of their implicit belief in the Spirits that dominated them. In these cases, the spirit controls were of a better class than usually met with. As this uranian faculty is built up through Mars and Venus, however, passion is prominent in such natures. Under the influence of obsessing Spirits, many of these people are driven into gross immorality. Vampirism and kindred disreputable practices also are engendered by the perverse use of the uranian ray in mediums.

Neptune may be said to represent the invisible worlds in their more positive aspects, and those who come under the evil rays of this planet, therefore, are brought in touch with the most undesirable occupants of the invisible worlds. Actual obsession, whereby the owner of a body is deprived of his vehicle, takes place under the ray of Neptune, and no materializing seance ever could be held were it not for this stellar visitation. Magic, white or black, never can be put to practical use save under and because of this neptunian vibration. Apart from this ray, it will remain theory, speculation, and book learning. Therefore the Initiates of every mystery school, spiritual seers who have full control of their faculties, and astrologers, are amenable in varying degrees to the ray of Neptune. The black magician and the hypnotist, who is a twin brother to him, also are dependent upon the power of this stellar ray for use in their nefarious practices.

The highest human development at the present time—namely, the soul unfoldment which is undertaken in the mystery temples through Initiation—is directly the result of the Neptune ray, for just as evil configurations lay men liable to assault by invisible entities, so also the good configurations of Neptune are required to enable a person to unfold by Initiation his whole soul powers and become a conscious agent in the invisible worlds. Let us remember, however, that good or evil configurations are not the result of chance or luck. The horoscope shows the tendencies of the coming life. It shows what we have earned by our past living and therefore what we are entitled to in the present life.

Moreover, it always should be kept in mind that the stars impel but they do not compel. Because a man or woman has an evil configuration of Neptune or Uranus, it is not unavoidable that he or she should go into active evil mediumship or black magic. Their opportunities and temptations to do so will come at certain times when the heavenly

time markers point to the right hour on the clock of destiny. Then it is time to stand firm for the good and for the right; being forewarned through a knowledge of astrology, one also is fore-armed and may more easily overcome when such an aspect culminates.

Thus we have seen that man is amenable to the planetary rays in an increasing measure as he advances through evolution, but the more highly developed he becomes spiritually, the less he will allow the planets to dominate him. The younger soul is driven relentlessly along the tide of life in whatever direction the planetary vibrations propel him. The mark of the advanced soul is that he keeps the true course regardless of planetary vibrations. Between these two extremes there are naturally all gradations; some people are amenable to the rays of one planet more than to those of another. The bark of life of such men and women is driven upon the rock of sorrow and suffering, that they may learn to evolve within themselves the will power that finally frees them from all domination by the ruling stars.

Have we run the gamut of vibrations when we have learned to respond to all the seven planets which mythically are represented as the seven strings in Apollo's lyre? In other words, is Neptune the highest vibration to which we yet respond?* The Western Wisdom Teachings tell us that there are two more planets which will be known in future ages, and that these will have an influence in developing qualities of a far more transcendent nature than we now can understand. The number of man is nine, and there are nine rungs upon the stellar ladder by which he is ascending to God. Up to the present time, he only has climbed five of these rungs: Mercury, Venus, Mars, Jupiter, and Saturn—and even the vibrations of these he has not by any means learned. Uranus and Neptune slowly are coming into our lives; they will not become active in the same manner and to the same degree as, for instance, the Moon and Mars are, until many ages have passed. Even when we have learned to respond to them, however, there are two more planets of which we will know something later on. It is the opinion of the writer that these probably are not felt by any except those who have graduated from the greater Mystery school and the Hierophants of that sublime institution.

—Max Heindel

**Note: this was written in 1915, before the discovery of the planet Pluto.*

Book Reviews

***Heal Your Body—The Mental Causes for Physical Illness and The Metaphysical Way to Overcome Them*, by Louise L. Hay, Publisher: Louise L. Hay, 1242 Berkely Street, Santa Monica, CA 90404.**

The author is a Science of Mind Minister in the Santa Monica area with many years of counseling experience. She also is a healing practitioner. When she was five years old, she was raped, and later suffered cancer of the vagina. As a health practitioner, she was all too aware of the fact that patterns of deep resentment or other negative thoughts can manifest as illness. She went to work clearing out old thought patterns from her consciousness, went on an intensive food cleansing program to detoxify her body, and began to image health and affirm the healing Power of our Heavenly Father. Within six months, she had no signs of cancer.

This book represents an effort to help others do the same intensive work. The author believes that anyone who is willing to do the mental work of releasing and forgiving can be cured. She stresses that we all need to work on our present thought patterns as well as to release old negative thought patterns. She has outlined in this book basic thought patterns which are common to specific diseases and then follows each

with a new, more positive thought pattern on which the patient can concentrate. In the back of the book is a beautiful and uplifting meditation on self-love. It is given to establish a healthy consciousness and a healthy body and the author suggests that it be read every day. This book is basically a workbook, and readers who use it may well find it interesting as well as helpful in their own pursuit of good health. □

—K.M.

“Transpluto—Or Should We Call Him Bacchus, the Ruler of Taurus?”, by John Robert Hawkins, Hawkins Enterprising Publications, 416 Keystone Park, Dallas, TX 75243, 1978

Transpluto is the name given in this book for the tenth planet in our solar system—the dark wanderer beyond Pluto which has been called, variously, Athena, Persephone, and Bacchus. There is enough scientific evidence for its existence to prompt astronomers to search for it, but to date no one has been successful. This book contains an ephemeris for the new planet, based on the best theory available, and gives copious astrological data. The latter, of course, can be only conjecture, and the great failing of the book is that it assumes the new planet is to be the ruler of the sign Taurus. Surprisingly, there is

very little evidence given to support this assumption.

The first chapter of the book contains the scientific background to the situation: a little mathematics, opinions of astronomers, and the like. It is not a clearly presented section, but if the research quoted is comprehensive, it appears there is general scientific agreement on the orbit of Transpluto: 77 astronomical units from the Sun with a period about 670 years. It is a large planet, with a mass at least twelve times that of the Earth and possibly even more than this, rivaling Uranus and Neptune in size.

Hawkins quotes the work of Theodor Landschedit, who proposes a new formula to predict the radii of all the planetary orbits. Landschedit correlates the planetary orbits with the orbits of electrons around the nucleus of the atom. As the atomic subshells relate to the periodic system of chemical elements, Landschedit equates groups of planets with groups of elements. Transpluto is assigned to the seventh period, which contains the radioactive elements such as radium, thorium, uranium, etc. Hawkins here takes his first clue for the astrological significance of the new planet: the mythological god Bacchus changed form just as the radioactive elements do. Perhaps Bacchus should be the planet's name.

Hawkins then tries to substantiate this by reference to the Greek pantheon of gods. He believes the planet should be named by reference to zodiacal rulership, but prejudices his arguments immediately by declaring that as Venus rules Libra we must search for a ruler of Taurus or Virgo, these being

the only un-ruled zodiacal signs. As Venus commonly rules both Taurus and Libra and cannot be arbitrarily relegated solely to Libra, the book has a significant weakness at this point. A survey of the remaining gods on Mt. Olympus with reference to Taurus, Virgo, and Libra would have given a much more balanced approach. The rest of the chapter on mythology then centers on justifying Bacchus as ruler of Taurus. The god's earthy nature and his identification with the bull ensures that if he rules any sign, it should be Taurus. It is a pity, however, that the qualities of some of the other gods were not compared for possible rulership over Libra.

The astrological evidence for Transpluto being named Bacchus is as yet non-conclusive. Assuming that the current ephemeris is correct, Landscheidt correlated the Skopje earthquake of 1963 with the fact that Transpluto was then conjunct the ascendant. This is the only example of earthquake correspondence given. The other main astrological evidence given by Hawkins is that Transpluto was in opposition to the United States' natal Pluto when the panic day of the Great Depression occurred in 1929. He maintains that the United States chart has a Sagittarius ascendant, pulling Pluto in the second house and Transpluto thereby in transit through the eighth house of other people's money on the fated day. Given these factors and the supposed influence of Bacchus, this would indeed be a powerful aspect, but the United States chart is generally regarded as having a Gemini, not Sagittarius, ascendant. Gemini certainly characterizes

the American people better than does Sagittarius, so this whole argument is inconclusive.

World War II began when Transpluto conjoined Pluto and squared Saturn. One keyword Hawkins gives for Bacchus is "life," so of this aspect he says, "This was a time (Saturn) of life (Bacchus) and death (Pluto)." This is hardly convincing. Pluto square Saturn is a powerful aspect and enough to precipitate war itself. Pluto is also the planet of regeneration and transformation. Little can be summarized from a Transpluto conjunction at this time.

There are a couple of interesting things that may be said about the new planet at this point. Firstly, a new planet is discovered when the situation in the outer world parallels the leap in consciousness that the discovery foreshadows. To everything there is a reason; a time for every purpose under heaven. Uranus was not accidentally discovered at about the time of the French Revolution and when a wave of new scientific discoveries were being made. Uranus *had* to be discovered at that time. Similarly, Neptune heralded spiritualism in the tenth century and Pluto, the regeneration of the twentieth century. Transpluto will be found at the opportune time when some type of outer condition is in harmony with its inner nature. Feasibly, with the great new earth telescopes being planned and the space telescope soon to be launched, the discovery of the tenth planet is not far away. Will this near future be one of the materialistic, merry-making, freedom-loving Taurean Bacchus, or of a responsible, harmonious Libran, Persephone?

Secondly, with the exception of Libra, all the zodiacal signs "above the horizon" in the horoscope chart (i.e. Libra to Pisces) are ruled by the "outer" planets—those beyond the asteroid belt. The signs below the horizon (i.e. Aries to Virgo) are all ruled by the inner planets. Should Transpluto rule Taurus, we would immediately have the anomalous situation of one outer planet below the Aries line. However, if Transpluto rules Libra, we have a neat inner/outer planetary rulership pattern: above the line are signs all ruled by outer planets, below the line are the signs ruled by the inner planets. (This scheme works also with Vulcan, the intra-mercurial planet ruling Virgo, as is to be expected.)

In summary, John Hawkins has done a valuable service to the astronomical community in his compilation of astronomical data on and research into the Taurean rulership by the new planet beyond Pluto. While no one can yet say what its characteristics will be, and while Bacchus may well be the name given, there is a strong possibility that Transpluto actually will rule Libra under a different name and a different set of astrological key words. It is a pity that Mr. Hawkins did not spend more time on a dispassionate study of both these alternatives. The evidence he has given for Bacchus is surprisingly small and there is, as seen, a *prima facie* case for thinking Persephone, ruler of Libra, is more appropriate. Nevertheless, it is an interesting work, and the 350 year ephemeris in the back of the book is a great asset to the astrologer. □

—Peter Long

Readers' Questions

We welcome questions from our readers regarding the *Western Wisdom Teachings* and/or their application to our life and work in the world. Answers presented as space permits. Send questions to Editor, *Rays from the Rose Cross*, P. O. Box 713, Oceanside, CA 92054 USA.

THE 4TH DIMENSION

Question:

Please explain the occult understanding of the fourth dimension.

Answer:

The fourth dimension is a spiritual dimension and not physical. There are only three physical dimensions, namely, length, breadth, and thickness. The physical universe does not go beyond these three dimensions. The fourth dimension, being spiritual in its nature, opens up the spiritual worlds to our perception. It is an inner dimension, that is, it does not extend off into space in a new direction, but it goes inward into the inner nature of matter.

The only way in which we, with our three-dimensional minds, can get a conception of the fourth dimension is by analogy, as follows: suppose there were a two-dimensional universe, which would be a plane with no thickness, and suppose that there were two-dimensional beings in that plane, also with no thickness. Then the third dimension, which we know as thickness, would be to them an unknown quantity, and we who live in the third dimension of thickness would be regarded by them as Angels, gods, etc. Also the three-dimensional world with which we are acquainted would be infinitely greater than the two-dimensional plane with which these two-dimensional beings were acquainted. The fourth dimension bears the same relation to the third that the third does to the second. The fourth or inner dimension starts off at right angles to the three dimensions with which we are acquainted and proceeds into matter in an inner direction. One can go in an inner direction into the spiritual qualities of matter for an infinite number of billions of miles. We shall never be able to comprehend this fourth

dimension until the fourth dimension of our mind is opened up—that is, until we develop the sixth sense.

Beyond the fourth dimension we have the fifth, sixth, and seventh dimensions, each of which opens up an entirely new universe. The Desire World has four dimensions, the World of Thought has five dimensions, the World of Life Spirit has six dimensions, and the World of Divine Spirit has seven dimensions. Every occult student should have some understanding of the fourth dimension, since without it one can form no true conception of the spiritual worlds.

BIBLICAL PROOF OF THE LAW OF CONSEQUENCE

Question:

What is your interpretation of this scripture quotation? "And as Jesus passed by he saw a man which was blind from his birth. And his disciples asked him, saying, Master who did sin, this man or his parents, that he was born blind? Jesus answered, Neither hath this man sinned or his parents but that the works of God should be manifest in him."

Answer:

An interpretation of this passage is given in *The Rosicrucian Cosmo-Conception*, pages 170-171, as follows: "That Christ taught Rebirth and also the Law of Consequence is shown perhaps in no other place as clearly as in the case of the man who had been born blind, where His disciples asked, 'Who did sin, this man or his parents, that he was born blind?' (*John 9:2*)

"Had Christ not taught Rebirth and the Law of Consequence, the natural answer would have been, 'Nonsense! how could a man have sinned

before he was born, and have brought blindness upon himself as a result?" but Christ does not answer in that way. He is not surprised at the question, nor does He treat it as being unusual, showing that it was quite in harmony with His Teachings. He explains, 'Neither hath this man sinned, nor his parents: but that the works of (the) God should be made manifest in him.'....

"Christ differentiates between the physically blind body of the man and the God within, which is the Higher Self.

"The dense body has committed no sin. The God within has done some deed which manifests in the particular affliction from which he is suffering. It is not stretching a point to call a man a God. Paul says, 'know ye not that ye are God?' and he refers to the human body as the 'temple of God,' the indwelling Spirit."

DIFFERENCE BETWEEN OUR CHRIST AND THE COSMIC CHRIST

Question:

Is the Christ who descends into the Earth at the autumnal equinox the Cosmic Christ, or is He a lesser Being bearing the same name?

Answer:

Max Heindel states in *Gleanings of a Mystic* that "the Cosmic Christ is the highest Initiate of the Sun Period, inhabiting the central Sun and guiding the planets in their orbits by a ray from Himself, which becomes the indwelling Spirit of each planet when it is sufficiently ripened to contain such a great Intelligence."

From the above quotation, we may see that the Christ who died upon the Cross and then became the indwelling Planetary Spirit of the Earth was only a ray from the Cosmic Christ. The latter has jurisdiction over all the planets of our solar system, not merely the Earth. To say that the indwelling Planetary Spirit of the Earth is a ray from a greater Being is merely a symbolical way of saying that the Cosmic Christ projects a part of Himself into the Earth to act as the Earth Spirit. A highly evolved being like the Cosmic Christ is capable of functioning in several vehicles at the same time; therefore He may simultaneously be the indwelling Planetary Spirit of several planets. The Rosicrucian Philosophy gives no information as to whether or not He has yet become indwelling in the other planets of

our system, but since some of them are much farther advanced in evolution than the Earth, it is possible to suppose that He has become indwelling in them.

THE DWELLER ON THE THRESHOLD

Question:

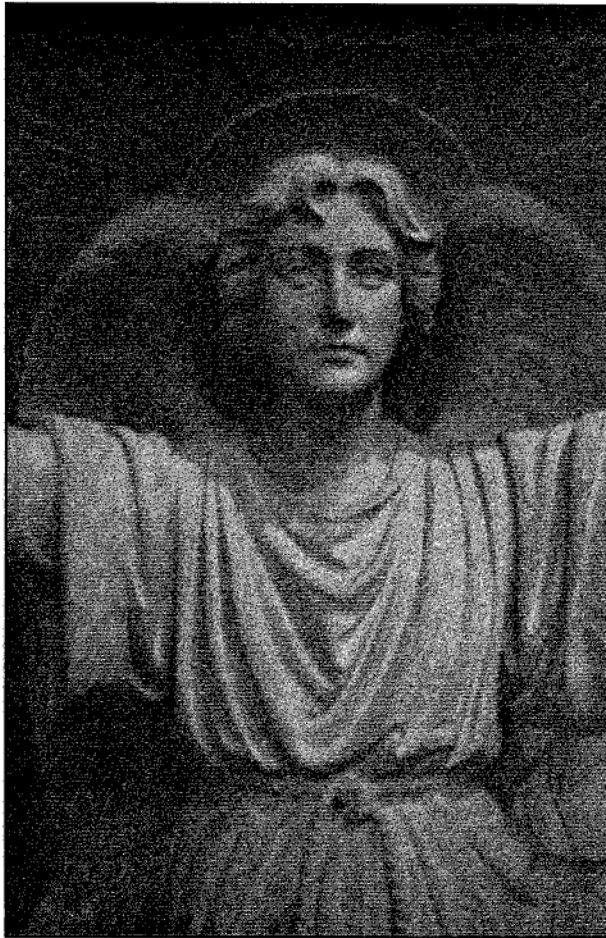
Has the Dweller on the Threshold a certain intelligence, or does it act unconsciously, automatically? Can it so influence a person that he will yield to his passions?

Answer:

The Dweller on the Threshold is the entitized product of all the past evil thinking and acting which a person has done throughout all the lives which he has lived. In the purgatorial state between lives, all the coarse portions of the desire body and the thoughts which vibrate to evil, sensuality, etc. are torn out by the force of repulsion. But they are not destroyed; they merely are torn out. These torn-out evil portions, or their essences, coalesce and are added together life after life. They constitute the composite entity which we know as the Dweller on the Threshold. All these various evil thought forms and desire forms await transmutation after a person has reached the stage where he is ready to enter the invisible planes consciously. Before he can enter there, he must first face and master the Dweller on the Threshold. If he is able to do this, he is free to go on into the invisible worlds and take up higher development there. Then there devolves upon him the duty of transmuting the Dweller into good. He created this entity in the past, and now he must reform it. He cannot progress beyond a certain point in his work on the invisible planes until the Dweller has been completely transmuted.

The Dweller has a sort of intelligence and acts in a semi-conscious manner for the reason that it is composed of the essence of thought forms and desire forms. People are partly protected from its influence during Earth life by the insulation which the physical body affords. However, if a person takes up negative psychic development, he is likely to break down this insulation, and the Dweller then might appear to him prematurely and might force him to yield to his passions. But a person will not be unduly influenced by the Dweller unless the latter has appeared to him. □

Nutrition and Health



The Underlying Principles of Healing

The Father, it is taught by the Rosicrucians, is the Great Physician. He manifests as a fire which endeavors to burn up and eliminate the diseased conditions that we have gathered in our bodies. Thus the Father acts as a destroyer in order that unhealthful conditions may be replaced by sound ones.

There are three great functions of Deity, namely: creation, preservation, and destruction. Jehovah is the Creator. He has charge of the Angels, and the Moon forces of propagation and growth are

under His direction. Through His agency we build our bodies. Christ is the Preserver, through the agency of the solar force from the Sun, over which He has jurisdiction. The solar life force is absorbed through the etheric counterpart of the spleen and distributed over the vital body, thus giving life to the physical body. Through the agency of Christ, our bodies are preserved and thereby enable us to carry on the work of evolution. The Father, the third aspect of Deity, is the Destroyer, who burns out diseased conditions, and destroys old forms in order that they may be replaced by newer and better ones. The Father is the highest aspect of Deity. Therefore the function of destruction is very evidently an important one. Otherwise it would not belong to the highest member of the Trinity.

The question now arises: Why should there be disease and what causes it? A number of metaphysical schools teach that everything in manifestation is created by our thoughts, that thought is creative. They tell us that thinking about disease creates it, and they advise us carefully to avoid the thought of disease and to entertain only that of health if we wish to regain and retain the latter.

There is a large element of truth in all of this. Thought positively is creative, and thought does create for us our environment, including our health or lack of health. On the other hand, thinking of disease is productive of only a very small percentage of the diseases actually in existence. Very few people spend any time in thinking of disease previous to coming down with it; therefore it is manifestly illogical to say that their ill health is produced by previously dwelling in thought upon it. The kind of thoughts which really produce disease are those of hate, anger, greed, selfishness, sensuality, lust, gluttony, fear, etc. All of these thoughts crystallize our finer vehicles, and this crystallization then is communicated to the physical body, producing disease. After a person has become ill, if he allows his thought to dwell on his unhappy state, he adds to it because his creative thought is then aggravating the condition.

That which people fear perhaps to a greater extent than any other thing is *failure*. They *fear* that they are going to fail to hold their positions; they *fear* that they are going to be social failures and perhaps become ostracized by the community; they *fear* that they might lose their money; and they have a great variety of other fears of a material nature, all of which are terribly destructive to health. It has been said that work never killed anybody,

but fear of not getting one's work properly done in order to satisfy one's employer may well have killed many. The human race for millions of years has been thinking such thoughts of fear and hate and sensuality, and that is the real reason why such a large proportion of the people are diseased.

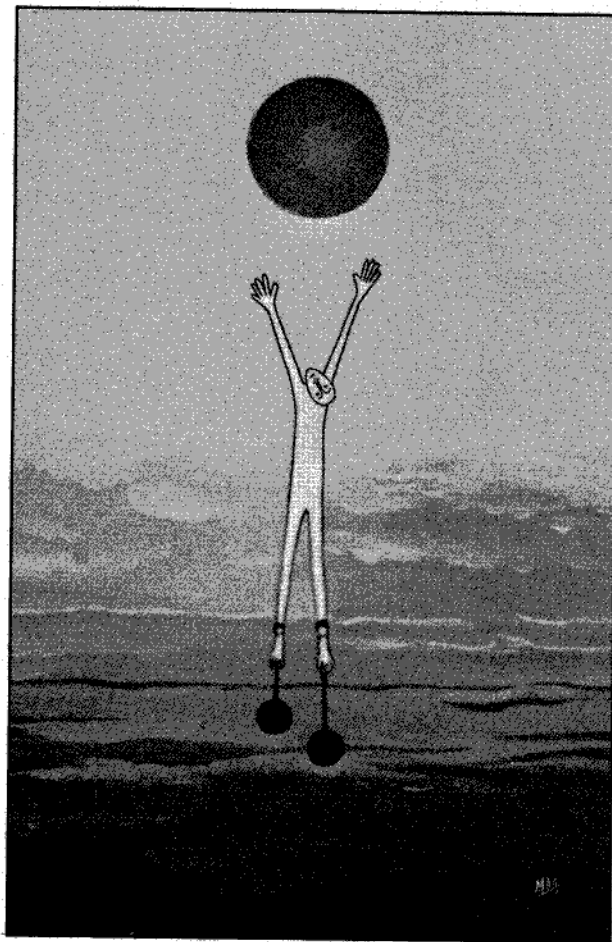
Probably more than half of all diseases among the people at the present time are of a mental or nervous origin. The real cause of mental and nervous disease is to be found in the desire body. All of the desires and emotions which a person generates from time to time and which are not fully worked out and expressed sink into the subconscious and produce an unhealthy state of the desire body. All the fears which we have felt from time to time still survive in the desire body in a latent state. When the desire body aura becomes fully saturated with these suppressed emotions and fears, the result is what modern psychologists call an "anxiety complex"—that is, a *fear complex*. The aura is filled with *free floating fear*, which attaches itself to any symptom of ill health or any misfortune. The person thus afflicted almost eagerly grasps any symptom which would seem to indicate that he has some hidden disease or that some calamity is about to descend on him. Reasoning with him is almost useless. Fear so fills his mind that he cannot think of anything else.

Misuse and suppression of the creative force are prolific sources of the anxiety complex and attending neurotic ailments. Being creative, the sex force when wrongly used crystallizes the body and creates inharmony and disease. This force is associated with powerful emotions, and when these are suppressed and forced down into the subconscious, they sooner or later create trouble. Impure thought which has no expression is very dangerous in this respect. Transmutation is the way to avoid sex suppression and its evil results. That part of the creative force which is not used for propagation can and should be transmuted by work, service to others, etc., so that its energy is used up, and then it will not be the cause of neurotic troubles.

The Rosicrucians have a definite system of healing with which to help overcome the diseases which the race has brought upon itself by wrong thinking and acting throughout the past centuries. In the first place, a band of Invisible Helpers operates on the invisible planes under the direction of the Rosicrucian Order. They work upon the patient principally during his sleep. These Helpers com-

prise all those who are sufficiently developed in evolution so that they can leave their physical bodies, either consciously or in sleep, and perform work on the invisible planes under the direction of higher spiritual Beings. The Invisible Helpers work upon the vital body of the patient, manipulating it, directing healing force into it, and using other remedial agencies which restore its tone and health. Then this state of health of the vital body is communicated to the physical body, after which the patient recovers.

The connection of the patient with the band of Invisible Helpers is maintained by a weekly letter to the Headquarters of The Rosicrucian Fellowship. The flowing ink with which this letter is written is permeated with the effluvia from the patient's vital body at the time that he writes the letter. These effluvia serve a double purpose: they act as a key by which the Invisible Helpers may enter the patient's system and work upon it, and they also give the Helpers knowledge in regard to the condition of the patient's health and the organs which need attention. No Invisible Helper is permitted to work with a patient unless that patient has specifically



requested it, except in the case of children or those who are unable to act for themselves, in which cases the parent, guardian, or a friend may make the request. Therefore, in order to be put on the healing list so as to receive the ministrations of the Invisible Helpers, the patient is required to write a letter of application to Headquarters stating his desire.

In the various Centers of The Rosicrucian Fellowship, healing meetings are held once a week for the purpose of concentrating upon the thought of healing in order that the thought forms thus created may add to the healing force and make it more available for the use of the Invisible Helpers. The Rosicrucian Healing Service states that when people unite in concentration for healing, their combined aura forms itself into a funnel-shaped thing which reaches up into space and draws thence a divine Power which ensouls the thought form of healing which they have created and thereby helps it to materialize. Thought forms of healing made during concentration must have as motive power a strong feeling or desire to help those who are in need of the healing force. Unless this strong desire to relieve suffering is present, the healing concentration will not accomplish a great deal. It has to be more than a mere cold, intellectual process. When a number of persons hold a healing concentration, they draw down the divine healing force as to a reservoir, and thus make it available for the Invisible Helpers to draw upon from time to time as they need it in their work with the patients.

There is another method which is of great importance in the treatment of mental and nervous diseases caused by anxiety complexes. It consists of a life retrospection, which is an extension of the exercise of nightly retrospection before going to sleep. Another name for this method is self-analysis. When one has filled his aura for years with repressed emotions, desires, and fears of all sorts and has finally arrived at the point where he cannot shut his subconscious fears out of his mind, self-analysis may be employed to probe into the subconscious and let these destructive forces out, after which they will cause no more trouble. The person then can regain his mental and nervous health. The best way is systematically to retrospect the whole life in writing, preferably beginning at the present and working back toward childhood. This is to be done a little at a time as one has the opportunity. One should sit down and allow the

memories of his past life to flow back naturally and easily into his mind, and write each one down as it comes along, giving as much detail as necessary to recall completely the incident and all the feelings that were originally experienced in connection with it. After each sitting, one should read the written account to himself, then tear it up. By this process of letting the old buried emotions come back into the mind again, one can release their destructive power.

When a whole life has been retrospectively in this manner, a person can experience very definite relief from his fears and phobias and regain gradually a normal outlook on life. This process in reality is delayed retrospection. If the nightly retrospection had been complete from the time of childhood, this delayed retrospection would not have been necessary, because there would be no diseased emotional conditions to remove from the subconscious. But delayed retrospection is infinitely better than no retrospection at all. If one complete retrospection of the life does not give entire relief, it should be repeated one or more times.

All this discussion of the various methods of curing disease of course is the negative side of the matter. If we never got ourselves into diseased conditions, we would not have to waste our own and other people's time in recovering from them. Therefore in order to prevent further lack of health we should definitely reform our present modes of thinking and acting. If we will start making our thoughts and acts constructive from now on, letting all our thoughts be conducive to self-control, temperance, unselfishness, confidence, and service to the race, we day by day will be building into our various vehicles the elements of health. Eventually we never again will have to call upon either visible or invisible helpers in efforts to recover from disease.

If we establish in our minds the fact of "the fundamental unity of each with all" and base our actions on this fact, we will avoid all the destructive emotions of hate, anger, greed, and selfishness which fill our auras with disease-producing conditions. If we bring ourselves to recognize the fact that in Spirit we are all one and that the welfare of one is the welfare of all, we will be able to conduct ourselves and control our thoughts so as to avoid all destructive emotions. Then we rapidly will approach the point where perfect health will be ours. □

—J.W.

Healing

The Great Certainty

Faith without works is dead. Every time that Christ Jesus healed someone, that person had to do something; he had to cooperate actively with the great Healer before his cure could be accomplished. The requirements were simple, but such as they were they had to be complied with, so that the spirit of obedience would aid the Healer's work. None of those who were healed by Christ Jesus would have been affected unless they had obeyed and done as they were bidden. Disobedience brings disease. Obedience, no matter whether that involves washing in the Jordan or stretching forth a hand, shows a change of mind, and the person is therefore in a position to receive the healing balm, which may come through the Christ or through a healer of one kind or another, as the case may be. Primarily, in all cases, the healing force comes from our heavenly Father, who is the Great Physician.

"These are the three great factors in healing: first, the power, from our Father in heaven; next, the healer; and third, the obedient mind of the patient upon which the power of the Father can act through the healer in such a way as to dispel all bodily ills.

"Let us now understand that the whole universe is pervaded with the power of the Father, always available to cure all ills of whatever nature; that is the great certainty.

"The healer is the focus, the vehicle through which the power is infused into the patient's body. If he is a proper instrument, consecrated, harmonious, really and truly in tune with the infinite, there is no limit to the wonderful works of the Father which may be performed through him when opportunity presents a patient of a properly receptive and obedient mind."

—Max Heindel

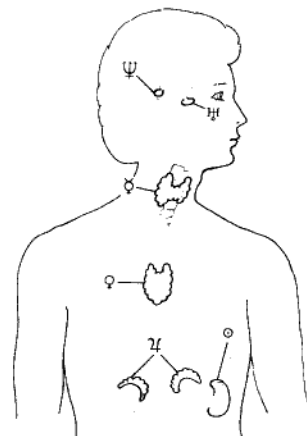
Visible Helpers are just as necessary as *Invisible Helpers* and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30 p.m., and in the Pro-Ecclesia at 4:15 p.m. when the Moon is in a cardinal sign on the following dates:

HEALING DATES

February.....5—12—20—27

Relax, close your eyes, and make a mental picture of the white rose in the center of the *Rosicrucian Emblem* on the west wall of our Pro-Ecclesia, and concentrate on *Divine Love and Healing*. □

THE MYSTERY OF THE DUCTLESS GLANDS



DUCTLESS GLANDS AND THEIR RULERS

DUCTLESS GLAND TYPES

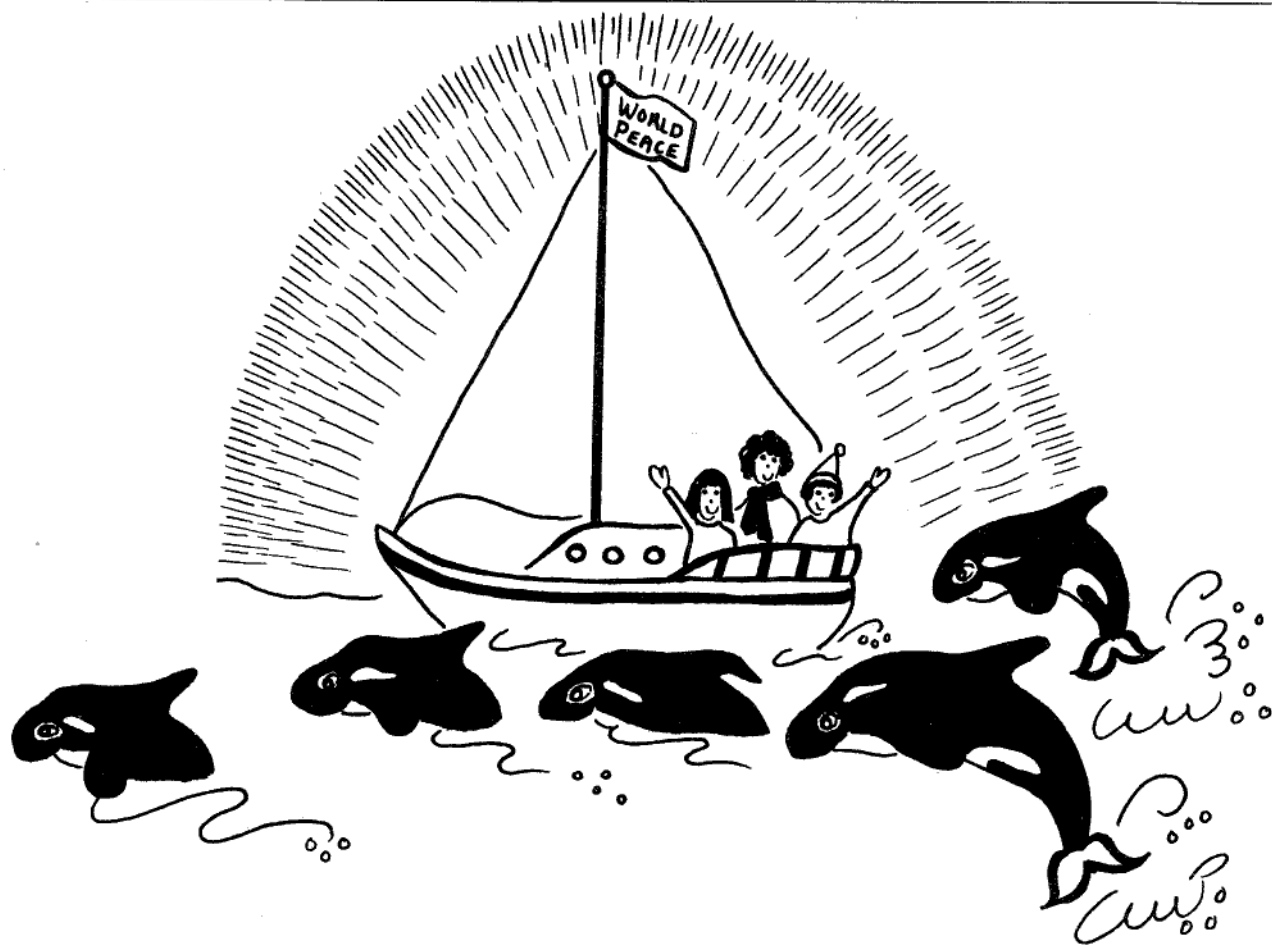
SPIRITUAL CORRESPONDENCES

The ductless glands primarily do not belong to the physical body at all, but are adjuncts to the vital body, set apart and crystallized to the necessary density in order that they may perform certain special kinds of work. The ductless glands are of more than particular interest to the students of the occult for they may be termed, in a certain sense, "the seven roses" upon the cross of the body, and are intimately connected with the occult development of humanity.

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Rainbow Tales of an Orca

Note: The first installments of this story, taking place several years earlier, appeared in the January, February, and March 1985 "Rays."

IV ONWARD TO THE MIDNIGHT SUN

Nathan finished studying the maps and looked out through the cabin window. Fields and fields of bright sparkling stars filled the night with light. He thought of his friend Solin who lived far away to the North and hoped the coming journey would bring them together again.

Nathan met Solin one summer when he was a young boy sailing with his grandpa, Captain Lovemark, on board the "Windmill." They had followed Nenannu, the great Orca whale, and his family through the waters of North Sound. Ever since that time Nathan had been fascinated with the whales. Now, years later, it is his first trip as captain of the "Windmill" and Chi is going along to help crew. All day they worked together, carefully packing food and supplies and trying to fit Chi's guitar into the small cabin space.

Preparing to set sail with the first hints of warm weather, they planned to spend the whole summer gathering facts about the Orca whales and other marine life. Nathan wondered if they would be lucky enough to find Nenannu and his mate, Luda, and see how their baby, Miracle, had grown.

Far, far away in North Sound, Solin was gazing at a bright blue star in the night sky and wishing he could see his friends Captain Lovemark and Nathan again. They would be glad to know that every year Nenannu and the other Orca whales gathered near the island to fish. Nenannu would swim into the bay by Solin's house to play catch with some sea kelp and feed on the salmon there. Solin and Nenannu had become

good friends in their time together. Sometimes Luda and Miracle came along to join in the fun. The whales would bob up and down on the surface of the water, making giant waves with their tail flukes, and mimic the sounds Solin sang out loud.

Over the years Solin had learned a lot by observing the whales, and had even taught himself to sail. He collected a few pieces of heavy cloth and sewed them together to make a sail for the small rowboat. He carefully selected a young firm tree for the tall mast, and after chopping off all the branches and shaving the wood to make it smooth, set it out to dry for a season. Then he gathered some rope and carved out several pulleys to rig the sail up and down, depending upon the strength of the wind. With the sail, he was able to take the boat far beyond the bay to observe the pods of whales resting and playing in the deep green waters.

During the years that passed, the Orca whales lived and fished peacefully in the waters of North Sound. Nenannu had become a leader among the whales of the Sound. He was a favorite with the young Orcas. They watched him perform the twenty foot leaps he learned while in captivity at Ocean Life Park. Luda would soon give birth to another baby Orca, and Miracle was now over seven years old. She had left Luda's side long ago to stay close to a companion whale named Tessie who was the nurse whale for all the young Orcas.

However, there were certain changes going on in North Sound, causing the Orca whales and the other animals to be concerned. First of all, the water temperature was getting warmer and warmer each year. And even though Haida, the hundred year old Orca, didn't think it was anything to worry about, he too was surprised by the warmer water and the changing forms of plant and animal life. New kinds of seaweed were beginning to grow on the water's surface and different kinds of fish were swimming in the Sound while other kinds had disappeared altogether.

The Gray whales were worried because several Grays who had been feeding on the deep bottom fish had died suddenly for no reason at all. When the whales went down to the ocean floor to investigate, they found hundreds of old rusty metal drums with bubbling liquids all around and nothing else.

But most important of all, the salmon were disappearing. The Orca whales and the salmon had lived together in North Sound for thousands and

thousands of years. Yet in a very short time the number of salmon had become so few that the Orcas felt it was a serious and immediate problem. Something had to be done!

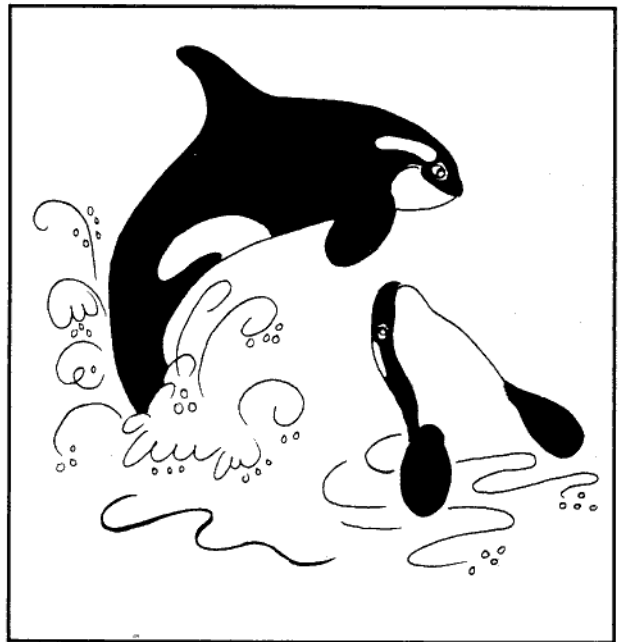
So Nenannu and Crooked Tail, the Orca Scout, set out to explore the inland passageways and rivers that flowed in the Sound. Crooked Tail had spent most of his life traveling the oceans of the world. Both Orcas were strong, masterful swimmers, able to ride the waves right up to the shoreline and then catch the out-going tide to the sea. By swimming up the fresh water rivers to the Salmon's place of birth, they hoped to find out why the Salmon were disappearing.

Nearly one hundred miles up a narrowing river, Nenannu and Crooked Tail came to a shallow sand bar lined with smooth stones. Crooked Tail rubbed his back and then his belly on the stone while Nenannu poked his head out of the water to look around.

"I'm going to try and jump over the sand bar to see what's on the other side," said Nenannu. He made one large circle and, using his tail flukes to push off from the river bottom, leaped over the sand bar with ease—only to find himself in a small pool with sand on all sides. He could go no further. They would have to turn back and try another river.

But just as Nenannu was about to leap back over, he sighted a silver-scaled turquoise salmon hiding behind some rocks.

"Come out here, little salmon," said Nenannu excitedly. "I need to talk with you."



"I may be little to you," replied the salmon, "But I am old and wise and swim very fast. And I have much to do before being eaten by you. Soon the river will rise and I must continue the hard journey upstream to my place of birth where I will mate and die to bring new life."

"I'm not going to eat you, little salmon," said Nenannu. "I want you to live and fulfill your cycle. We Orcas need you. For thousands of years we have lived because of you. Where have all the salmon gone?"

"It is too hard for us to survive," answered the little salmon. "The streams where we were born are polluted and the big dams and water works often block our journeys to and from the sea. But greatest of all dangers are the giant scoop nets that cover the mouths of the rivers. The young salmon cannot make it to the sea and the old salmon cannot make it back up the river to lay their eggs. Even though I was born in a hatchery, how are we to survive if human beings take more than they need?"

"I understand," answered Nenannu. "We must learn to live together and share and care about each other. The Orca whales will have to decide what to feed on in the years ahead. If we leave the salmon alone there will be a chance for you to reproduce and strengthen your numbers. Sometime in the future we may live for one another again. Goodbye and good luck to you, little salmon."

"Goodbye Nenannu," said the salmon, "and good luck to the Orca whales, too."

Nenannu made a wide circle around the pool, building up enough speed to leap back over the sand bar. Crooked Tail was waiting anxiously for Nenannu to return. He was not surprised to hear the salmon's sad story. "We may have to leave North Sound and move to where there is more food to feed on," he said to Nenannu. "Let us call a meeting of all the animals in the Sound to discuss our possibilities."

Nenannu and Crooked Tail began sending out messages to the harbor seals and the porpoises, the otters, the Gray Whales and all the other animals of North Sound to let them know of the meeting in Neptune's Cove on the night of the great red Full Moon. The sound was alive with excitement as all the animals, large and small, prepared to come and talk about the sudden changes in the environment.

On the eve of the Full Moon, the waters of Nep-

tune's Cove were still with the quiet whisperings of something very special about to happen. The red Moon was so big and bright that it lit up half the sky and hid the smaller stars from sight. Soon the gentle silhouettes of seals graced the rocks along the cove and schools of porpoise were heard snorting nearby. Nenannu poked his head out of the water to see hundreds of porpoise leaping and spinning around in the air. Their bodies were outlined with the sparkling silver glow of millions of tiny phosphorescent life forms floating in the water. Sea otters began gathering together with the purple starfish along the rocky shoreline. And the seahorses and jelly-fish gleamed in the red moonlight that reflected upon the surface of the sea. The king and coho salmon were the last to arrive with a pod of gray whales.

Nenannu began the meeting with an open discussion about the troubles and concerns of the animals in North Sound. He hoped to find ideas and answers that could help solve the problems. What changes in plant and animal life will come with the warmer water temperatures? How can they live with the toxic waste and pollution dumped into the rivers and the seas. More importantly, what could the larger animals do now to find more food?

The smaller animals thought that the cold water regions of the Sound would be best for them—there they could feed on older seaweeds and other nutrients found in the icy waters.

The Gray Whales decided that the South would be best for them—there they knew the bottom fish were safe to eat.

The Orca whales, however, still did not know what to do.

"We cannot survive in North Sound without the salmon to eat," said Nenannu. "We will not start taking the lives of our sisters and brothers the harbor seals or the smaller animals in the Sound. For thousands of years we have evolved together and shared these waters, living and growing as Creation let it be. Now we are forced to live differently."

"But we would give our lives willingly to feed the mighty Orcas if that is what Nature intended," replied the harbor seal.

"It will do us no good at all to eat our seal friends," said Nenannu. "In only a few short years all the seals would be gone. The salmon tell us that it will take hundreds of years to renew their population. And we cannot struggle with the human beings over the few salmon that are left. We must think of our children and the generations to follow.

As a leader of the Orcas, it is my responsibility to see that all the whales have food to eat. Therefore it is decided that we must leave North Sound, our home for so long, and find new waters with food for everybody."

As the bright red Moon moved slowly across the sky, the animals talked in quiet whispers. Finally Crooked Tail spoke up, and all the animals listened to him carefully.

"I know of a sea far to the North, where the waters are icy cold and covered with huge mountains and rivers of ice. There lives the greatest abundance of food I have ever seen in any ocean. Tiny creatures called krill float on the surface in masses that are miles and miles long. The minke and big blue whales go there in great numbers during the warm season. It is called the land of the Midnight Sun. In the summer months the Sun shines all night long, bringing life to the Arctic Seas."

"Could we find our way there?" asked Nenannu.

"There are mighty rivers and currents flowing within the sea that will guide us," answered Crooked Tail. "It will be a long journey for some, especially the very sick. But if we move slowly, in a few short months we will find enough food for all. The sea gulls and fur seals will help us along the way."

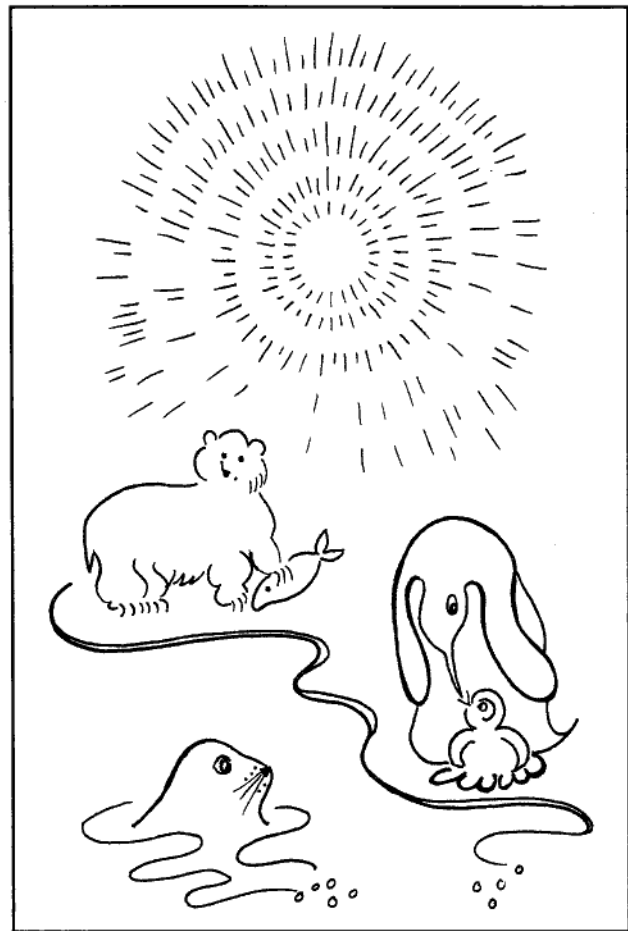
So the Orca whales decided among themselves to let Crooked Tail and Nenannu lead them far away from their familiar home in North Sound to the food-filled Arctic waters and the land of the Midnight Sun. They would leave with the coming New Moon and the rising tide to help them along.

The next day, Solin looked out beyond the bay and waited for Nenannu to arrive. He was surprised to see so many harbor seals gathered along the rocks at that time of year and especially amazed to see over thirty gray whales swimming nearby. "It seems very unusual to see so many animals together," he thought.

Far away on the distant horizon he could see the faint form of a sailing ship. It was still many miles out to sea, but change and excitement seemed to fill the air. A sudden feeling of happiness came over him. Could it be the "Windmill" with his friends on board...?

On the morning of the New Moon, Nenannu with Luda beside him came to visit Solin for the last time. As they entered the bay, Nenannu sighted a boat rocking gently in the water.

"Yoeweeeee...eeee!" he cried out loud. Nenannu recognized the "Windmill" instantly and began



swimming around and around the anchor chain, leaping excitedly into the air and making loud splashes with his tail.

"It's Nenannu," shouted Solin, scrambling up the back steps to the boat deck. "Nenannu... Look! Nathan and Chi have come back to see you again!" Nathan and Chi quickly climbed up the steps and watched the two Orcas bob up and down, filling the moist morning air with whistling sounds across the water.

Nathan's face lit up with joy. And Chi kept saying, "It's magic...it's magic for sure." All morning they played catch with a bulb of sea kelp and sang back and forth celebrating their being together again.

Before leaving, Nenannu swam up close to the boat and stared at Solin with his big black eye. He beat the surface of the water with his flipper over and over again as if he was trying to tell Solin something. Solin listened and tried to understand. He knelt down on the boat deck and reached out to rub Nenannu's head. Nenannu responded by making a deep dive and disappearing below the surface for what seemed a long time. Suddenly, without any warning, he popped up holding a giant

pink salmon in his mouth. He swam over to Luda and dropped the salmon in front of her. Both whales looked at the salmon flopping on the surface. But, instead of eating the salmon, Nenannu picked it up gently and tossed it out towards the open water of the Sound. Then he rolled over sideways, waved his flippers to say goodbye and swam out of the bay with Luda close at his side.

As Solin watched the whales glide gracefully away, the message from Nenannu became clear in his mind. It was the salmon. Solin knew the larger animals depended on the schools of salmon for their survival in North Sound and that there were fewer salmon now than ever before. Even the fishing boats had stopped coming in large numbers. He wondered if the salmon's patterns were changing; maybe they were moving and the whales had to move with them.

"That's it," he said softly, nodding to his friends. "The Orcas are moving soon, perhaps tonight with the changing tide." He explained to Nathan and Chi about the past years of fewer salmon and described how large numbers of animals gather together before mass migrations.

"Then we must prepare to leave tonight with the New Moon," said Nathan. "Come along with us, Solin. We need your help on board the boat."

For Solin, it was a dream come true. "Yes!" he said enthusiastically. They started loading the boat with fresh water and fruits from the island and spent the rest of the afternoon carefully packing and stuffing supplies in every corner of the boat.

As the evening star shone faintly in the light pink twilight sky, they pulled up anchor and set sail for the open sea, helped along by the offshore breeze. Rounding Sandy Point by Neptune's Cove, they were greeted by the most fantastic sight they had ever seen. There were hundreds of Orca whales and gray whales moving slowly towards the entrance of the great ocean. Nathan looked through the binoculars to see even more whales coming from all directions to join the large group.

"I'm not sure where the whales are taking us," said Nathan, "We better prepare for open ocean sailing."

That night they spent time star gazing and studying the maps and charts of water outside North Sound to get some idea of what possible conditions they could be sailing in. During the night they took turns steering, so that each one could sleep for several hours.

The next day, Nathan worked on the engine

while Chi and Solin made sure all the sail rigging and lines were secure.

They sailed west towards the setting Sun and a sky on fire with brilliant colors of red and orange. Soon they began to feel the big rolling waves coming in from the mighty ocean, moving the "Windmill" up and down, over and over and over again.

Suddenly Solin called out from the bow, "Look! The gray whales are turning south and the Orcas are heading towards the north!" Sure enough, the grays were splitting away from the Orcas. Nathan went down into the cabin to chart a new course to the North and check the tide guides and listen for the current weather report on the ship's radio.

It was smooth sailing for the next few days. The winds and tides were in their favor, and the weather was mild.

One morning, just before the light of dawn, Nathan woke Chi and Solin with a cry for help. "We're lost and I don't know which way the whales have gone!" After much confusion they realized that sometime during the night the winds had changed and the "Windmill" had drifted further out into the ocean. They could no longer see the rugged shore and had lost sight of the whales altogether.

Finally they calmed one another down and proceeded to deal with the situation logically. Nathan took a reading with the sextant when the Sun rose above the horizon and charted a new heading that would lead them back towards the coastline.

It took all day before land was sighted many miles away. They had lost valuable time and could only hope to find the whales again. But Solin was very intuitive and especially knowledgeable about the animals in the North. He felt confident that they would find the Orcas. He watched the patterns of the waves as they moved across the water and studied the low blowing surface winds. He checked the sky for seabirds and looked far ahead at the clouds and weather streams. Then he baited his fishing line with a small chunk of cheese and a piece of colored string, dropped it into the water, and sat in deep contemplation. Soon he told Nathan to head towards the three pinnacle rocks that rose like towers off the rugged coast. Just as the first stars started to appear, Solin spotted the whales through the binoculars, feeding near the rocks.

It took all night and the next day to catch up with the Orcas, but at last the "Windmill" was back on course again.

During the long days, when he wasn't

navigating, Nathan liked to study geography and read adventure stories. Every night he wrote in his journal about his experiences that day and his observations of the whales. He faithfully kept the ship's Log Book current, keeping track of the miles they had traveled.

Chi read philosophy books and sketched pictures of the wildlife and scenery they saw along the way. When there was time, he would pick out tunes on his guitar. He even tried to write some poetry. One poem he was working on read:

*Circling in the winds of wonder
Came the Orca's song
Of whales wrapped in rainbows...
Spirit old and strong.*

Solin was content to carve animal figures on pieces of wood and drop his fishing line into the water occasionally. He liked to sail and spent many hours trimming the sails, trying to see how well the "Windmill" performed in different types of winds and wave motion.

Along the rocky coastline they spotted thousands of sea lions and fur seals and a wide variety of sea birds that they had never seen before. Sometimes great schools of porpoise followed the boat; for hours they would swim close to the bow, leaping high into the air and playing together.

One day the Orcas turned eastward to travel the inland narrows that led to the Arctic Sea. Nathan checked the charts very carefully for hidden rocks, sand bars, and reefs along the narrow passageway. They would have to be alert and travel cautiously with the flow of the tides and powerful currents which could move faster than the "Windmill" was able to sail or motor.

They were very close to the shoreline now. On both sides were white sandy beaches washed with tiny purple seashells and tall fur trees only a stone's throw away. Solin spotted an eagle's nest built high on the top of a lone tree and saw a family of white-tailed deer drinking from a stream by the edge of the sea. "It's a sign of good-luck to see a deer," he called out to Nathan and Chi. The deer looked up and watched the "Windmill" sail slowly by.

As they rounded the sandy point to enter the narrow channel, they suddenly found themselves becalmed. There was not a speck of wind to fill the sails. And with the swift moving current against them, they were unable to motor fast enough to move forward. The choice was clear; they edged

off to the side of the channel and found a rocky bottom to set two anchors. Here they waited and waited, knowing that the whales were moving further and further away.

Finally, after what seemed like forever, the winds returned and they continued on through the channel. Almost immediately Solin began to worry about the weather. He had lived in the North all his life and knew that one extreme would usually follow the other. He tried not to think about it, but in a short time the sky darkened up ahead and they were suddenly struggling with strong winds and surrounded by heavy seas. Solin scrambled up to the bow to take down the jib while Nathan tried to steer the "Windmill" through a series of rip tides that pulled the boat in all directions. Chi was tightening the boom when a huge wave broke over the cockpit nearly washing him overboard. The wave

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flooded the engine and it stopped. They were in trouble. Unable fully to control the boat, they drifted helplessly closer and closer towards the rocky shore. Their hands and bodies were numb with cold as they desperately tried to ride out the waves and start the engine. They were so close to the rocks now that Chi and Solin began to untie the rubber life raft. Nathan yelled out that they would not abandon ship until they were up to their waists in water or twenty feet from the rocks. Things looked grim. Chi turned to God and started to pray. And Solin closed his eyes and thought of Nenannu and the whales and wondered where they might be. He concentrated with all his might to reach them. Nathan held the wheel until the very last moment and was about to give the command to abandon the "Windmill" when off to the side he spotted a large dorsal fin... and then another... and another! Within seconds they were surrounded by dozens of Orca whales who miraculously lifted the "Windmill" up on their backs and carried it away from the pounding surf along the rocks. The whales continued moving on through the narrow channel until the seas calmed and the sky lightened. Then they split gently off from the side of the boat leaving the "Windmill" rocking untouched on the foamy sea.

Nathan, Chi, and Solin stood cold and trembling in the chilling air, watching the whales swim slowly on towards the golden light of the Sun as it shone through the blue-gray clouds.

"The Sun seems to shine much brighter when it comes from behind the darkest clouds," said Chi. As he spoke a beautiful rainbow appeared in a great half circle across the sky.

Then they heard a splash at the stern of the boat. It was Nenannu, poking his head out of the water to take a look. He bobbed up and down with excitement singing, "Eeeee-uuuuu-ee," and dove under the surface. Moments later he came up with a mouth full of krill to feed on.

"This is it," Solin shouted with joy. "The Orcas have found a new food to survive on until the salmon can renew their numbers in North Sound." They could see the whales feeding off in the distance, leaping into the air with excitement.

"Look at the huge mountains of ice and the frozen river glacier," said Nathan. None of them had ever seen an iceberg or glacier before. The calm cold water was colored green with galaxies of jelly-fish floating on the surface. The icebergs looked transparent against the clear blue sky, tak-

ing different shapes and forms as the ocean mists rose and rolled along the surface of the sea.

Nathan, Solin, and Chi began hanging out their wet clothes to dry. They were glad that the journey had finally come to an end. Here they could rest during the long hours of light and watch the Orca whales live and feed in harmony with the other Arctic animals. There were minke whales and penguins and thousands of fur seals swimming nearby. Large groups of seabirds would gather on the ice floes and then quite suddenly all fly away at the same time. They even watched a great white polar bear fishing through a hole in the ice.

Every day Nenannu came swimming out to the "Windmill" to play catch and sing. Oftentimes Luda and Miracle would come along, and Crooked Tail too. It was good to know that the whales would have plenty of food to eat for a long time to come.

One morning, Nathan awoke suddenly to the sound of silence. He threw on his coat and climbed up the stairs to the back deck. What a surprise! It had snowed during the night and the whole world was covered in a blanket of white. Tiny bundles of crystals had formed on the surface of the water and lay like millions of ice flowers as far as his eyes could see.

"It's snowing... wake up!" he shouted excitedly. Chi and Solin scrambled out of their berths to see. Within minutes they were engaged in a snowball fight which ended in lots of laughter and a cup of hot herb tea.

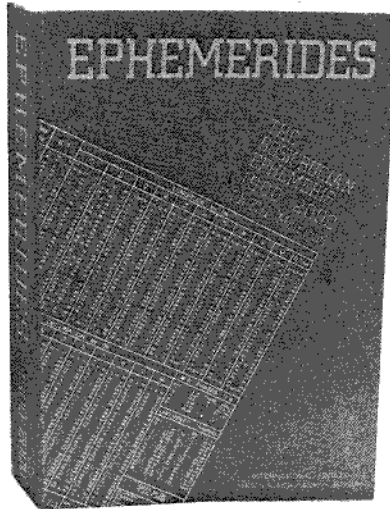
"We must prepare to go," said Nathan seriously, "before these icy waters freeze." It was hard to leave. The whales were such special friends. But what made it easier was knowing that the love among them would live on and on.

Late that day, Nenannu, Luda, Miracle, and Crooked Tail swam out to the "Windmill" to play. Gentle flakes of snow fell all around them. Solin told the whales that they were leaving now. As always, Nenannu seem to understand. He made several circles around the "Windmill" and one spectacular leap rising high into the air waving his flippers as if to say goodbye. The whales swam slowly alongside the boat for a mile or two and then turned back towards the food-filled waters of the Arctic Sea.

With the Midnight Sun giving light to the cold Northern night, Nathan, Solin, and Chi watched the black and white Orcas melt softly into the fresh falling snow. □

—Lynne Ross

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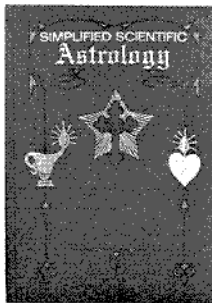


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