

The Perpetual Raising

(Part 1 of 5)

The well-read student of spiritual literature will note, that standing behind all of the worlds' scriptures and Holy books, there have been individuals of great insight. To these few specific Seers, Authors, Visionaries, Healers and Philosophers, the rest of humanity owes the ultimate debt of gratitude. It is They who have pioneered powerful spiritual paths, so that the rest of our species can gain valuable insight into the nature of reality, of truth, God, and the purpose of life. The truly great teachers of all time, have taught the lessons of spirituality and the value of right living. By many they have been referred to as "Masters".

A Master is a spiritual seeker who has reached a very notable degree of self realization. By virtue of this, they have also reached a notable degree of God realization. A Master has plumbed the depths of consciousness, and found that humanity is One at the most fundamental level of existence. Each of us is a part of that which is called God. All of the Masters throughout the ages, (such as Christ, Buddha, Lao Tse) have taught that it is within the power of every individual, to become as self realized as they, and to SEE as they SEE. We too may know God just as we can know our own selves. It is within our power to understand the purpose of life, and the greater potentials of the human spirit. To do this, we need only apply ourselves to the same universal principles which underlie all Teachings, Religions and Philosophies. We too may perform "miracles", upon realizing that all the resources for happiness, personal power, strength, love and clarity, lie within.

The only true obstacle to our spiritual/evolutionary progress has always been human-made ideas, which usually fall far short of the values and precepts of Cosmic/Natural Law. When we go beyond specific cultures, nationalities, ideologies, political and social systems, it is then that our true purpose and essence as conscious beings is revealed. We are not of nations but of God. Our true self is not composed of thought or social imagery, it is made of consciousness. In consciousness we know our fellow human beings as a part of ourselves. We are all One because we are all composed of the same universal consciousness, (God/unified field).

Having identified ourselves with consciousness, we understand that humanity does not merely reflect Divine influence. We are in fact, each a fragment of God. Our true place and right focus is therefore within God and Nature, so as to live and prosper through Spiritual/Natural Laws. Our true purpose is to carry out the designs of Nature and Divine Order, so as to build a truly progressive world society, and a truly profound inner self. We are conduits for Divine expression, or in other words, Universal Consciousness. That which organizes the universe also organizes our cellular structures, inter-galactic events, and our very existence as human beings. *To understand consciousness is to understand that organizing influence. To*

attain greater and greater mastery of consciousness, (to expand it) is our very purpose, as cells within the body of God. These are some of the major tenets, teachings and purposes of the Masters throughout the ages.

Let us seek the very highest aspirations, and the most noble of human potentials. It is the mark of the genius and the revolutionary, to not settle for anything less than profound self realization. Let us all seek to be Masters and to embrace Cosmic Purpose. To do this, we must Intend greater Mastery, and by the same token, gain greater Mastery of Intent.

The fact that the Intent of the Master is “perpetual raising”, is hereby explained;

1) “Perpetual raising” is the Intent that a Master uses, in order to retain the basic status/state of Mastery. It is the Intent of total, ongoing, spiritual progressiveness moment to moment, of every day. It is the focus upon the building of love and clarity without end. Perpetual raising is therefore the unceasing focus upon the expansion of consciousness, both within the self, and throughout the world.

The Master knows that it is through Intent that all things are manifest. Every thought we have and every emotion we generate, begins to create in the surrounding environment a reflection of that inner creation. To think and feel is to create far more than changes in ones’ neurochemistry, it is to CAUSE TRANSFORMATION both within and without. Every thought, emotion, image and belief we maintain, is founded upon an underlying Intent. Every Intent we employ is responsible for inner and outer manifestations. Intent is That in God and the soul which, CAUSES SHIFTS TO BE MADE IN THE UNIFIED FIELD, (PSYCHIC OCEAN) WHICH SURROUNDS US. These unified field shifts then lend themselves to similar manifestations on the physical plane.

Those familiar with Intent know that it is wise to Intend into place, only those qualities and conditions of living which are most beneficial. One such Intent is that of perpetual raising. Perpetual raising implies the continual self-elevation of ones’ level of consciousness, as a first priority in life. With this Intent in place as our first priority, we make best use of every single circumstance and opportunity in life, for the progressive expansion of consciousness. Perpetual raising is the Intent through which the consciousness of the spiritual practitioner is maintained as a dynamic psychic engine, WHICH CONSTANTLY GENERATES HIGHER LOVE, CLARITY AND DIVINE CONNECTION ON A DAILY BASIS. This Intent must be conducted/maintained bodywide.

2) The Master knows that Intent is a bodywide phenomena. Every cubic inch of body tissue acts as an individual transceiver of psychic information. This information or knowledge is sent and received from our bodies and minds in the form of feelings, thoughtforms, common thoughts, images and ideals. That which we believe in and focus upon therefore, is that which is done, (accomplished/manifest). Like “spiritual radios” our bodies are in fact a collection of transceivers, and as such, have

continuous contact with the psychic fields of Energy at large in the environment. This implies we have continuous psychic contact with all people on this planet, (the World Mind) at all times. Their joys and sorrows are ours to share. Their thoughts and beliefs directly influence our own, and vice versa.

Every cubic inch of the body is constantly sending and receiving energy, awareness and Intent, (the components of consciousness). Intent is the most causal, (manifesting-changing) factor for consciousness, and therefore all of the universe. This is true because consciousness underlies all manifested things, and Intent is its guiding factor. The Intent housed in every cubic inch of our physical and spiritual bodies, as well as the Intent housed in the fields at large, (unified field/God) guides all of our experiences. It may be said then, that Intent is the instrument through which God manifests the Evolutionary Plan. Intent is of a personal, group, planetary and universal, (Divine) nature. It determines how our awareness and energy function at every level of our being. Only the mastery of Intent is the ultimate personal mastery.

3) Consciousness is “fluid” in nature. It has a strong tendency to flow together to unite minds, combine feelings, jointly form thoughts, and cause group mind action. The body is a group mind, and an excellent example of these universal principles.. Our bodies are a collection of cell groups. Each cell possesses its own consciousness, and therefore its own Energy, Awareness and Intent. This energy, awareness and Intent of many individuals working together in cooperation and specialization, creates an extremely strong collective force. Thus the consciousness of individual cells form cellular group minds, or tissues. Tissues comprise larger group minds, or organs. All of the organs of the body compose the overall group mind of the human physical form. At each of these levels of group mind organization, the degree, power and abilities exhibited by our cells become geometrically increased, due to the group mind principle. This principle of natural law and consciousness states that; the resulting force generated from the combining of like minds, (or cells, atoms, life forms, etc.) is geometrically greater than the sum of its parts. In other words, minds/cells which are focused together upon a common theme, create a mutual force which is not merely additive, but vastly more powerful than any one individual or group of individuals. This accounts for the fact that the human body is a truly incredible and diverse instrument. It is the cooperation and specialization of many individuals, to make a sophisticated whole. There is much to be learned about Cosmic principles and their application, from our own bodies.

The basic natural and spiritual law of the universe, is that all things are composed of consciousness, and founded upon it. That which we call our soul, as well as the atoms, molecules and cells of our physical bodies, are therefore founded upon and sustained by, the same basic substance, (Intent, awareness and energy combined). Each of the smaller group minds, (every cubic inch of tissue) corresponds to specific portions of the spiritual body, or soul.

A mastery of Intent bodywide, is a significant mastery of ones' state of consciousness. A greater mastery of ones' state of consciousness bodywide, is a greater mastery of the Soul/Body interface. Through a refined body-wide awareness, the soul makes optimum use of the body as its instrument on the physical plane. Since the terms "soul" and "consciousness" are basically synonymous, a greater mastery of consciousness implies a greater body-mind-soul rapport, or unity. It also implies that we are capable of great rapport and unity with our fellow human beings, who are also "souls in bodies", (beings of consciousness).

In meditation we find that we are not thought, but the creator of thought. We are not emotion itself or images themselves, but the creators of both feelings and images. We are That which Watches and Intends behind all of lifes' circumstances. When it is understood that the body, mind and soul all operate by virtue of this Watcher/Manifestor, (consciousness) it is then that life gains a profound unity and comprehensiveness. As souls, (consciousness) we must cultivate strong minds and bodies, so that these may serve as the ideal spiritual instruments. To do this we must purify our Intentions. Because the body has Intent and also memory, it is necessary to purify the Intentions lodged within the physical tissues. This can be done by cultivating the following Intentions body-wide, (as well as within the mind);

A) The Intent of self knowingness, or awareness of awareness. This is known as increasing ones degree of Clarity.

B) The Intent of the perpetual raising of consciousness, (and in each Intent-element or cubic inch of the body) *as a coordinated whole*. This is known as the employment of Right Intent, and is accomplished as Right Action.

C) The Intent of creating progressively greater Love and high feelings. This is known as the increasing of ones' Vibration.

D) The Intent of the enlargement or magnification of spiritual benefit for all beings. This is known as Expansion, or "expanding the psychic area of effect".

E) The Intent of psychic attunement with Nature, ones' own soul and God. This is known as gaining "Right Alignment".

F) The Intent to maintain higher levels of vital force, necessary for greater spiritual, mental and physical work. This is known as the gaining of greater "Energy" or "Chi".

The above six focuses, (Clarity, Right Intent/Right Action, Vibration, Expansion, Right Alignment and Energy) are an ideal combination of Intentions. They greatly aid in the expansion of consciousness. When used one at a time they have potency, but when used in tandem they are unstoppably progressive, in terms of spiritual advancement. They may be employed by individual persons successfully, or by groups of meditators/prayer circles for particularly potent, spiritual results.

The entire body is a matrix of Intent, Awareness and Energy. This matrix corresponds and interacts with the matrix of Intent, Awareness and Energy in the environment, (surrounding psychic fields/unified field). Therefore the inner, (personal) and outer, (environmental) states of consciousness have a direct relationship with each other, of cause and effect. When we increase our state of love within for instance, (raise our Vibration) love starts to be reflected back from the environment in which we live. When we increase our level of Energy at will, the environment tends to feed us even more vitality. As Clarity is improved, so too do our relations become more clarified and lucid. When Right Alignment or greater connection with God/Nature is established, the manifestations of the Divine begin appearing in daily life. When we Expand all of these Intentions/states of consciousness to others, (and the world in general) they become increasing manifest there, and return to us a hundred-fold. By “broadcasting” progressive, spiritual Intentions individually and in groups, we cause an effect of great benefit for humanity. This may also be referred to as “improving ones’ karma”, by manifesting direct psychic effects in the world. Through the use of our Intent, we can bring about great changes in the collective consciousness of humanity, as well as within our own being.

It is thus very useful to cultivate or Intend all of these six elements of consciousness expansion, and throughout the physical body. Each specific part of the human body corresponds, and is connected with, that same part of the body in all other people. This fact is a result of the natural law of resonance. This is made evident by an awareness of the chakras, and how they react to the Intentions of others. The feelings and Intentions in our bodies reflect those of the world to a large degree, and vice versa. All of these daily, moment to moment phenomena which we all constantly experience, are made possible through the unified field and other natural laws. Love, (higher vibration) should therefore be increased within every cell and tissue, as should greater clarity and energy. Divine/soulic connection, (right alignment) and spiritual good will, (right intent/action) can be intentionally increased within as well, in the full knowledge that it is our spiritual responsibility to do so, for our own sake and the sake of our planet. It is similarly useful to Intentionally expand, (project) all of these aspects/Intentions outward to all people, and the Earth in general. To do so is to improve ones’ health, karma, state of being and effectiveness in every area of life. Through the instrumentality of Intent and the Transceiver that is the physical body, a new world may literally be “Intended into place” this very day. When we combine together our mutual Intentions in this regard, there is literally no limit to what we can spiritually and socially accomplish.

(Part 2 of 5)

Every cubic inch of the body constantly radiates our internal state of being to the environment. In return, each one also unceasingly receives psychic inputs, (feelings, thoughts, Intentions, the general state of consciousness of others, etc.) from around the world. This is an automatic process that continues among most modern persons on an unconscious level. But when this natural phenomena becomes a conscious process, and even an Intentional one, it is then that we begin to realize the immense scope of good we can do for the world, in the quietude of meditation/prayer. Such facts lend profound meaning to the ancient saying, “The Master does nothing and yet, leaves nothing undone”.

When love for instance is focused and radiated body-wide, each of the Intent elements, (cubic inches) of the body are immediately transformed and reoriented to some degree. In like fashion, the surrounding energy, awareness and Intent in the environment is also transformed and reoriented. To hold a loving state within, is to manifest love in those with whom we have contact, and also in the very atmosphere we breathe. Love, like all other states of consciousness, is automatically radiated outward from us to some extent, whenever it resides within. But when we actually Intend love and other useful states, to be manifest in the environment to a greater and greater degree, it is then that we are fulfilling the Plan of the spiritual Masters of all time.

We cannot avoid the fact that our inner states of being impact all other bodies and minds upon the globe continuously. This is why it is necessary for every person to realize that, since they constantly render effects on the world with their own inner state, it is most appropriate to hold *only* those inner states of being we wish to have manifest in society. One might call this “the golden rule of psychic effect”. We make a daily contribution to world affairs at the most profound levels of existence, without ever stepping foot outside the front door. When we become aware of this fact of natural law and how it operates, a choice must then be made. Every person must choose how they will influence the world and everyone in it, according to what inner state of consciousness they cultivate on a daily basis. Self and world consciousness can be effectively raised, through the spiritual use of such psychic knowledge.

Our bodies are the spiritual conduits for our souls, to the physical plane. For this reason we are all “channels” to the spirit world. It is therefore very desirable to cultivate a physical body that has a unified spiritual Intention, in each cell and cell group. Such a body is one that is spiritually powerful, which can render far-reaching, enlightening effects for the world and everyone in it. Our bodies are our “spiritual antennas”. They radiate the soulic and Divine signal of evolutionary, consciousness-raising Intent.

When two or more persons employ a spiritual focus together, especially via the Intent of good will and the creation of mutual benefits, a progressive

group mind is thus formed between them. This is analogous to two cells becoming one organism, for the duration of a meditation or prayer. When more people join in to raise the mutual state of consciousness, (in greater love, clarity, energy etc.) they become analogous to a multi-cellular being of greater and greater capability, as each new person joins the collective Intention. Individuals are then taking advantage of the group mind principle of nature, just as our own bodies do.

Group minds based upon spiritual Intent, render progressive influences on the consciousness of each participant. Like any other body of organized individuals, each participant may draw upon the greater ability and strength of the collective. Each meditator thus joined in fact, automatically receives great psychic benefits in the form of expanded love, clarity, energy and Divine connection. The projected love of many individuals becomes not only additive, but exponentially greater in mutual benefit. As meditators Intend spiritual upliftment for one another, they establish a reciprocating field of energy, (area of effect) which surrounds the group like an aura. As group consciousness rises, the benefits for each participant become more and more profound. Likewise, the higher the consciousness of each participant, the more spiritual benefit will be rendered for the group of which they have become a part.

Participation in a spiritually progressive group mind, the meditator will note, by no means implies any loss of individual autonomy. It is instead an enhancement of every individual in the most profound sense. The best qualities of all participants are manifest through each and every meditator. This Intentionally created group mind, represents a psychic reciprocation that can boost the participants indefinitely, causing a “spiritual pooling of resources” and a mutuality of love, clarity, and vitality. A spiritually-based group mind also creates a very potent “spiritual broadcasting” to the world at large. Groups may take advantage of these principles of natural law, to psychically broadcast their spiritual consciousness around the globe. These facts make such activities as global peace, and “World Light” meditations, more effective than is generally realized. Such groups may employ their group mind force to Intentionally raise the state of world consciousness without potential limit, as briefly described hereafter...

The cells, tissues and organs of the body possess consciousness, and these transmit psychic impulses into the unified field that surrounds us. They do this most effectively through the Energy centers of the body, known in ancient Vedic texts as the chakras. The chakras are our major input/output portals, or doorways to our psychic environment, and to other people within that environment. A chakras' effects extend multi-dimensionally from the physical plane, all the way to the spiritual plane of the soul, (and beyond). Through these energy centers we feel the emotions of others, receive their thoughts and quite often know their Intentions. Anyone who has ever attended a sporting event, music concert, motivated prayer group, seen a riot, or enthusiastic theater/movie event, has experienced blatant examples of this truth. Sensations in the form of major surges of emotional energy, from any similarly-focused crowd of people, is a sure example of dynamic

group mind action. The chakras of the body/mind/soul we each possess, allow such events to occur most easily. The opportunity exists for each of us to Intentionally use that enormous psychic potential of group mind action, for the greatest benefit of every living being on our planet.

Each chakra is a major spiritual pathway for the manifestation of our Intent, awareness and energy. They connect us to the people we are familiar with most intensely, and to a lesser extent the rest of the world. Never the less, our World Mind connections are quite strong, and it is through the chakras that we constantly experience something analogous to a “background feeling” on a psychic basis. This background feeling is the radiated product of the combined Intentions and emotional states, of all people on this planet. Because we are all One, we are all continuously effecting each other. For this reason we must recognize the global nature of human society at the most fundamental level of life, (consciousness). In truth, our essential Unity necessitates that we treat all human beings as brothers and sisters in God/Nature. They are a part of our very selves, as fellow cells in the body of God. Our love for humanity is by necessity, very much a love for an extension of ourselves and vice versa.

The chakras are generally acknowledged to be seven in number, and these are centered along the spine. A chakra is the sum total product of the Intent elements, (each cubic inch of cell tissue) which compose that region of the body. The fourth or heart chakra for instance, is contributed to by each Intent element within the hands, wrists, arms, shoulders and chest. The first or root chakra at the base of the spine, is contributed to by each cubic inch of the feet, ankles, calves thighs, hips and sexual organs. The third chakra of the stomach area is composed of that region of the spine, the stomach, the diaphragm, (partially) and the intestines, (partially). All of the other chakras are similarly composed, as indicated by the following table;

CHAKRA	RELATED PHYSICAL SYSTEM	EVOLUTIONARY ISSUE INVOLVED
First	base of spine, feet, legs, reproductive organs, hips	replication of pattern, basic Energy, primary drive
Second	intestines, kidneys, liver, lower back	stability, efficiency of basic life processes, specialization, assimilation
Third	stomach, lower to middle spine	empowerment/drive, will effectiveness, basic social instinct
Fourth	heart/lungs, middle to upper spine	unification of system, love, life in a social context, refined action

Fifth	throat, neck, vocal cords	communication, symbolic understanding, encoded memory beyond DNA
Sixth	frontal and occipital lobes of the brain, pineal gland	knowledge, understanding, clarity
Seventh	crown of head	wisdom, soul connection, holistic comprehension, spiritual motivation

It is important to maintain a broad focus throughout the body, when in meditation and/or prayer. Each of the small feeling/Intent elements of every chakra region, has bearing upon our overall state of consciousness. The more cell groups in the body we liberate through spiritual Intentions, the more our physical form will become the ideal instrument for our souls, and for effective daily living. The same is true at the next order of magnitude, at the human social level. The more individual people who are liberated through the application of spiritual Intentions, the more the World Mind will be the ideal instrument for God, in daily social interactions.

To meditate on a given region of the body, and to Intend the improvement of that area, (via any or all of the six elements of consciousness expansion above) increases the effectiveness of that chakras' abilities, as a psychic input/output portal to the world. To "purify" a chakra is to make each of its member Intent elements, (cubic inches of tissue) act as a fully cooperating, unified whole. The statement, "fully cooperating cell groups" in this context, implies that all of the Intent elements within a chakra are completely aligned in purpose, and are therefore of like vibration, clarity, expansion, right alignment, and/or energy-gaining/sending potential. When they are so aligned, the psychic power of the chakra is dramatically increased, especially when the practitioner Intends a body-wide alignment of the Intent elements within, for the purpose of spiritual gain. The best indication of a chakra being unified and purified, is when all of the subtle feelings in that region of the body are uniformly the same, (in a state of love or joy for instance). Ideally, it is extremely useful to unify and purify all of the feelings/Intent elements body-wide. It is recommended that the beginning meditator focus upon one area of the body at a time, to accomplish a transformation of the Intent within each cellular region. A meditative focus upon one body region/chakra at a time, is often easier for the beginning practitioner. These things may be initiated in meditation, by using the following "Chakra Meditation".

The Chakra Meditation

Sit or lie comfortably, and immediately begin focusing on the feelings throughout the body. Those new to this practice may begin by focusing upon a very small area of the body, such as the tip of the right index finger. Be carefully aware of every subtle detail of feeling in this area. Allow awareness to spread to the entire finger, then the hand, arm, both arms, chest, torso, head, legs and feet, (not necessarily in that order). Do not avoid any pain, fear or other unpleasantness found anywhere in the body. [Such feelings are usually the result of Intentions which inhibit personal growth, and these can be “reprogrammed”. Fear can be replaced by love, confusion by clarity, and pain by vibrant energy/positivity.]

As thoughts inevitably run through the mind, simply relax, and return again and again to a feeling-awareness focus, even if this means doing so a hundred times every minute. Chronic, rampant, seemingly unstoppable thoughts in the mind, are a symptom of stored stress in ones’ being. As the practice of meditation proceeds, stress is released, and the tendency of thoughts to intrude upon this process will gradually diminish. Be patient and don’t let the simplicity of this method of meditation deceive you. Let your awareness travel freely from one area of the body to the next, as it will be inclined to do. Feel every subtle inner detail. Areas of particular stress or activity will attract your awareness, and hold it for longer periods than the rest of the body. Allow this to happen, as it is a function of natural self-healing processes and energy body activity. Don’t be concerned or irritated by intruding thoughts, just continue to return to a feeling/awareness-oriented focus within the body, in a relaxed manner.

One particularly notable value of the above meditational practice, is that it can be done any time during the day, at work, at home or in conjunction with any other activity. It can be done for as little as 5-30 seconds at a time, (as daily inner awareness) and it will still render cumulative benefits, though these are usually more pronounced when the eyes are closed, and the body still. It is recommended that the Chakra Meditation, (or others like it) be performed daily just before going to sleep at night, and before arising in the morning, for 20-30 minutes at a time. Daily inner awareness and meditation compliment each others’ effectiveness, acting to improve health, reduce stress, increase psychic sensitivity, clarity and the capacity for love, manifest intelligence and wisdom.

As the meditator becomes increasingly aware of their own inner state of being through meditation, they are also enabled to take greater notice of their psychic environment. The “mood” or “atmosphere” of the workplace is made clearly perceptible to them. The underlying motives and feelings of persons as well as groups, become more and more obvious. Even more importantly, the meditator gains greater awareness of their own patterns of feeling and thought, as well as the Intentions which underlie them. That which is known can be easily addressed, whereas that which is unknown is difficult to change. Self knowledge implies the capacity for self change. The self-aware individual discovers that the task of building a more evolved

self, is often easier than expected. They are thus enabled to build a more evolved world with others in the process.

By applying the Chakra Meditation daily, (or others like it) we become increasingly aware of the subtle feelings/Intents in the body, as they exist in each cubic inch of our physiology. This practice then allows the meditator to begin to transform the Intentions held in the body as a residue of past experiences, to ones that are progressively more evolved. Long held fear anywhere in the body, such as in the stomach, (third chakra) or the heart, (fourth chakra) can be transformed to love. Confusion and a scattered focus in the region of the forehead, (sixth chakra) can be turned into greater and greater clarity. A lack of energy in the hips/lower spine, (first chakra) can be made into a state of high vitality. All of these changes of cellular memory and Intent can be transformed in such a manner. The meditator may do this by Intending changes to come about, by employing the following four steps;

THE EMPLOYMENT OF INTENT

(for rendering internal change)

- 1) Be aware of your current state of body/mind, (this is accomplished through meditation).
- 2) Gain familiarity with that which is to be Intended, (such as a higher love and clarity) and the Intent to be acted upon is crystallized.
- 3) The desired state is held steady in the mind, (for at least 5 minutes). Visualize and feel this state as if it already exists, until the body/mind shifts into it.
- 4) The desired state is “held in place” throughout the body, (or a given chakra). This new state is maintained by treating it as the new reality of the self on a permanent basis.

Subsequent applications of the above four-step process render cumulative results. Be persistent!

By employing such techniques as the Chakra Meditation, we are made aware of the fact that the body is a collection of cellular group minds. Each of these possesses Intent, Awareness and Energy. Every cell group in the body therefore has a state of consciousness which it holds. It may also be accurately said, that every Intent element or cubic inch of our tissue holds a certain “state of mind”, composed of fear, clarity, pleasure, pain, love, confusion or bliss, or some combination thereof. During meditation we are given the opportunity to become aware of these Intent elements and their subtle details. The meditator will notice that every subtle feeling in the body is an indicator of a corresponding Intent underlying it. They will also notice that the chakras are the most intense feeling/awareness centers of the body, and that each chakra is composed of smaller regions of

feeling/awareness areas. The reason this is important information for the meditator to gain, is that all of these Intent elements can be transformed at will, once they are known through meditation. This is a part of what it means to “gain self knowledge”. The feelings in the body and their corresponding Intentions, are a reflection of our overall mental and spiritual focus. These are stored in the body as a form of cellular memory and ongoing activity.

When we meditate then, we become aware of many subtle feelings and Intentions that are housed in our tissues. In order to expand our consciousness, it is very useful to transform these stored Intentions/memories to ones that are spiritually progressive. Of particular importance is the seeking out of all fear housed in the cells, through meditation. So instead of avoiding fear and its unpleasantness, seek it out as a hunter stalks their prey. Once it is found anywhere in the body, fear can be transformed into love or clarity by using the “four steps in the manifestation of Intent” above. If fear is found in the fourth chakra, (heart) for instance, step one of “Being aware of your current state of body/mind” in this area is accomplished. Step two of, “Gain familiarity with that which is to be Intended” is accomplished when we focus on the love we want to experience there. Step three, “The desired state is held steady in the mind is achieved when we stay focused on the love that is replacing the fear within. Feel fear be dissolved by love by gradual degrees, until it is completely replaced on a permanent basis. Then treat this inner change as your new permanent reality. In doing this you have accomplished step four above, or, “The desired state is “held in place” throughout the body, (or a given chakra). This is a brief example of employing Intent for internal change.

Any area of the body may in this way be transformed, and its underlying Intent changed. This will aid in the improvement of health, mental clarity and the raising of overall consciousness. The more areas of the body we convert from fear to love, the more our consciousness will soar. The same is true of the World Mind in which we live, because we are analogous to cells within the body of humanity/the Earth.

The spiritual practitioner may rightly consider these inner transformations, as a preparation for greater Mastery. They prepare us for the creation of the needed outer transformations, in the World Mind of humanity.

(Part 3 of 5)

The body is an instrument through which we interact with the physical plane, as souls or conscious beings. As we refine this instrument through meditation, and ideally with pure foods and sufficient exercise, the body becomes, “a spiritual temple” for Divine expression as well. Our physical form is a repository of our life experiences, and it is these experiences which bring about the needed lessons for soulic growth. An excellent approach to spiritual growth is to Intentionally treat the body and this current life, as an opportunity for adventure into higher consciousness. By cultivating greater inner awareness, we actively participate in our own evolutionary process, as well as the true progress of our species. A spiritually progressive focus upon the body is an ideal route for achieving these Cosmic ends. The feelings within the cells indicate an enormous amount of important information to us. These can be acted upon and changed at will. Thus, we can change our state of consciousness at will, and rise toward higher and higher levels of enlightenment, through this apparently simple medium of the physical form. Through the feelings in the body we can become aware of the Intents which underlie them, and the universe in general. It is this Intent Itself which is primarily responsible for everything which transpires in the self and the world..

The meditator eventually succeeds in converting the Intent elements in the body to progressively higher degrees of clarity, love and energy. In so doing their overall level of consciousness continues to expand. By using the Intent of Perpetual Raising throughout the body, (through a body-wide awareness focus) we may accelerate this process greatly. As the meditator uses this body-wide Intent of perpetual raising, towards higher and higher levels of consciousness, they eventually come to a major spiritual threshold. This is a level where, both the body and the world are directly perceived, (Seen) in a state of Unity. In this state the universality of consciousness is REALIZED. Another way of saying this is that the body and the planet as a whole, are perceived as group minds. From this realization of “unity consciousness”, another fact becomes apparent. We See that there exists an interface between the self and the World. This interface is psychic in nature, and functions as a two way, mutual feedback-loop from the environment to the individual, and from the individual to the environment. To observe and to objectively know this interface is to REALIZE the natural principle of Karma, and its continuous functioning. Thus we come to know the deep meaning of cause and effect. We learn that the human being is both causing world and personal events, and is in turn effected by these in profound ways. When we employ the Intent of perpetual raising, (of consciousness) both within the body/soul and externally in the World Mind, we are then involved in *CREATING SPIRITUAL CAUSE*, for the welfare of all beings. This is also known as “improving ones’ karma”. When we Intentionally radiate progressive states of consciousness to the world, we become analogous to “spiritual transmitters” of love and clarity. The following table makes this more clear, through an analogy of the human nervous system to radio propagation;

RADIO TECHNOLOGY	HUMAN BODY/CONSCIOUSNESS EQUIVALENT
Antenna	The spine/nervous system/chakras
Frequency of broadcast	Feeling/type of emotion
Frequency tuner (to various stations)	The specific focus of Awareness
Electricity powering the broadcast	Energy/chi
Content of broadcast (music, information, entertainment, etc.)	Thought/emotion/mood/imagery
Governing purpose of broadcast	Type of Intent
Various broadcasting bands (AM/FM/VHF/UHF etc.)	Mindstates, different levels of Consciousness
Many stations broadcasting on a variety of frequencies and bands	Individuals and groups of individuals of different Intentions, radiating their internal states to the surrounding community/world

The employment of the Intent of perpetual raising, also eventually results in a second major threshold. Upon reaching this threshold, the practitioner realizes that, *the purpose of all life is the raising of consciousness*. This is the purpose for which we have been cultivated, by the Earth Mind, (Gaia/local presence of God). The long biological process of eons has been called evolution by science, but unlike traditional views, it is clearly NOT a purely mechanical or chance process. Evolution is a purposeful process that is still unfolding. Evolution is guided even now, as it always has been, by the presence of Universal Consciousness. Physical systems are merely the reflections of spiritual/natural Law. It is the spiritual which causes the material, NOT the material which causes the spiritual. The processes of nature demonstrate intelligent design, of which we are a part. When we become attuned to this design, (to natural laws) we may then participate actively in the process of our own evolution, so long as we hold a spiritual focus.

The purpose of life is the raising of consciousness, of which we are composed. This Universal Aim is not of our own making, but is a reflection of the Intent of that which is known as God. It is the Intent of God to Manifest Itself in the highest possible forms, into the matrix of atoms, everywhere upon the physical plane. God does this so as to express Itself there, and improve Its own nature even further. Thus, we are manifestations of the Intent of God, to evolve Itself through the agency of matter. Our own motivation to grow, expand and evolve, is a reflection of the Divine Intent to do the very same thing. We are an outgrowth of the Evolution of God. To employ the Intent of perpetual raising, is therefore to act in accordance with the purposes of natural law. To put this another way, it is to act in accord with the will of God to evolve. When we recognize this Truth, we then become the agents of Divine Intention, and

also catalysts for the furtherance of human evolution. The acceleration of human consciousness, results also in the furtherance of the evolution of the Earth Mind/Noosphere, or planetary consciousness in general.

The Specialization of Intent Within a group Mind

Any group of meditators may make maximum use of their mutual force, by applying to Natural/Divine law as much as possible. They will therefore wish to make use of the Intent of Perpetual Raising, both within the group and individually, so as to accommodate universal designs. In so doing they form a collective which acts to support natural law and Divine Intentions, and can therefore raise their level of consciousness unimpeded. In this way, meditators may not only make the best use of consciousness, but may actually become catalysts for the evolutionary process. This may be accomplished with a minimum of individual effort, through the specialization of Intent within a group. The principle of specialization is a law of nature, and it allows for maximum efficiency among cooperating individuals. In the spiritually oriented group mind setting, specialization implies what might be called “spiritual efficiency”, or “a well employed expenditure of spiritual energy”. Our own bodies display this natural law of specialization very eloquently.

Thus, specialists within a group mind of meditators may each employ a singular focus, for the purpose of the expansion of consciousness. This they can do for the sake of the collective and everyone within it. The *recommended* minimum number of meditators which should compose such a group, is seven. Each may specialize in their Intentions, (by employing one of the six focuses for the expansion of group consciousness) as follows;

- 1) To provide greater personal and group Energy.
- 2) To provide greater personal and group expansion, (of spiritual Intent) to the fields at large, (manifestation).
- 3) To provide greater personal and group Right Intent/Action by employing the Intent of perpetual raising.
- 4) To provide greater personal and group vibrational level, (love).
- 5) To provide greater personal and group right alignment, (connecting the group to God/Nature).
- 6) To provide greater personal and group clarity.

The seventh member of the group of meditators, acts as the main focusing agent for group cohesion and progress. This individual should be someone capable of coordinating the group mind and its resulting field influence. It is they who can aid in the merger of the above six functions, (clarity, energy, right alignment, vibration, expansion and right Intent/action) making them an increasingly effective union of Intentions/participants. This

individual ensures that the group mind is facilitated smoothly, and who is capable of making recommendations as to how the group Intent can be progressively improved.

With seven such specialists employing the Intents above for the benefit of all involved, there is literally no limit to the level of consciousness which the group may achieve. This is true so long as its members remain spiritually progressive, without concept of limitation. Beyond the initial basic minimum of seven meditators, additional people may join into this collective effort of consciousness raising. These additional meditators, beyond the minimum recommended number, can simply choose to participate in one of the seven positions and join in. Hundreds or thousands of people may thus specialize in their Intent for the good of the group or groups, and for increasingly pronounced effects, due to the exponential nature of the group mind principle. Many such groups of seven or more meditators, can and should be formed worldwide, so that the Intent of the planetary raising of consciousness can be exponentially increased. Such groups may, like the organs of a new and more evolved body, join the forces of their consciousness into a single, unified whole. This document is a call for such unity, among all the religions, philosophies, and other spiritual practices around the world. Specific ideologies must not be the cause for division among our kind. Ideological divisions are entirely artificial in nature, and are the product of human thought alone. The fact of our essential unity as conscious beings, must form the basis for true social understanding and progress. This unity of human bodies, minds, and souls is based upon consciousness. As each individual and group tunes their consciousness to the Cosmic Intent of the Evolutionary Plan, (natural laws) all ideological and political divisions will be seen for what they are...illusion.

Powerful psychic “areas of effect” may be generated by groups, (areas of love, clarity, raised energy, greater Divine influence, etc.). These may be formed throughout a given room, household, neighborhood, city, region, nation or most ideally, the entire world. Any group of meditators may join together the influence of their mutual Intention, for the purpose of enhancing world wide enlightenment. Rightly focused Intent can bring forth spiritual “manifestations” or “psychic areas of effect”. Large-scale regions of love and clarity, like the clouds of a cleansing storm, can be manifested through group Intent, in order to transform human consciousness on a planetary level, (World and Earth Minds). In this way, high spiritual Intentions can cover the globe, and render profound evolutionary influence upon every being of this planet. The current World Mind of humanity is currently permeated with Intent elements of pain and fear, and in a way similar to the manner in which these can permeate a given physical body. We have within our power the ability to transform this planetary fear, pain and confusion.

World Mind transformation may progressively occur, when groups of spiritually focused individuals use the four steps for the manifestation of Intent above, (see Part 2) This process resembles the transformation of fear into love within a given meditators’ body. Personal experiences in the

transformation of Intent in the body therefore, serve as spiritual training for the transformation of Intent in the planetary body to which we belong. Through such knowledge, the spiritual practitioner may transform their lives and ultimately the world at large, via the Intent of perpetual raising body-wide and planet-wide. This is the Intent employed by the Master, and it is the one necessary to change the course of society at the most fundamental level. This most fundamental level of existence is Intent Itself.

When we add together the force of our spiritual Intentions within a group mind, they are exponentially and mutually elevated. But when we also SPECIALIZE our Intentions mutually, for the good of the group we are in, this increases the group mind force even more. We may again look to the human body as the perfect analogy for this principle. Our bodies are composed of billions of cells, and although each one shares the same basic features, they do not all perform the same task. The various organs are specialized groups of cells and tissues, performing specific functions for the rest of the body. The heart unifies the body and delivers life-giving sustenance to all other cells, the eyes provide sight, and the vocal cords, speech. The legs provide motion, the arms and hands dexterity in the handling of objects, the liver cleans the blood, and the brain coordinates the body. Every part of the body is specialized in order to provide maximum benefit and capability to our physiology as a whole, making the human form exceedingly capable in a variety of ways. This fact is no accident, and is a reflection of Natural/Divine order in evolution. Each specializing organ and tissue is extremely valuable to the body for one primary reason, and that is, when one area performs a needed function for all, the rest are freed to excel in their given tasks without distraction. The same is true of the social insects, wolf packs, monkey troops, and human organizations such as companies, think tanks, family groups, relationships and friendships. It is also true of Intentionally formed group minds, who act in unity to form, “a body of spiritual Intention”.

The World Mind of humanity, (planetary group mind) is currently permeated with fear, stress and discord as a result of unnatural Intent. A perfect example of unnatural and therefore destructive Intent, is one which values material accumulation beyond all other considerations. Materialism is an ideology which operates under the assumption, that there is nothing more valuable in life than physical possessions. This is a false assumption, and is therefore not in accord with natural law and the purposes of evolution. It is through such Intentions as those which underlie materialism, (greed for instance) that world consciousness has been degraded and made more chaotic. Those who work for the upliftment of humanity through the holding of love and other positive Intentions, are doing much to offset this current global chaos. But we can all do much more to contribute to the upliftment of the global Intent. Just as we can render positive influences within a group of persons at work, at home and particularly in a meditational setting, so too can we render direct, positive influences upon the World Mind. This can be done on a psychic/unified field basis. The body of humanity to which we currently belong, must be reoriented to an Intent of love rather than fear, clarity rather than confusion, and spiritual Intent

rather than the Intent to make a profit.. We have within our power as a collective of conscious beings, the capacity to change all of these trends, (Intentions) all over the world, just as we can change them within.

To accomplish this transformation we can see each other as cells within a great body. We can come together via the group mind principle of nature, to form what is analogous to organs, in each meditational/prayer group that is thus formed. These groups must be formed without delay, to augment the efforts of those meditation and prayer (organ)izations already in existence. Many such groups can come together to form a new kind of body for humanity, based upon the Intent to spiritually progress, and to evolve ourselves into higher and higher levels of consciousness, as a species. When more and more cells, (conscious individuals) within the body of humanity join together, to form a genuinely more perfect union, we may then actively guide a new world into being. This new world need not have anything to do with dictatorial governments, armies, prisons, profit margins or ethnic conflicts. This new humanity can rise above all of the old assumptions about money and social power, to realize that there is only one power worth serving. That power is God/Nature. There is only one method that can most effectively bring about change. That method is cooperation. There is only one primary avenue for returning ourselves to a social union that is in alignment with Nature, God and Natural Law. This avenue is the expansion of individual and planetary consciousness. No other type of reform, be it political, social, economic or intellectual can ultimately remedy the modern crisis, because any system runs only so well as the consciousness of its leaders. No matter how well constructed national constitutions, government agencies or religious organizations may be, it is the consciousness of their adherents which will eventually determine the success of any social cause.

Let us make every effort then to unite the force of our spiritual Intentions to expand consciousness. Through such efforts we may indeed bring about a greater quality of living for ourselves, and a new era for humanity. The six modes of consciousness expansion, provide a framework for this effort. All six, (clarity, energy, vibration, right alignment, expansion and right intent/action) can each be mastered to greater and greater degrees, by each and every person. This will inevitably require a significant degree of self application to such ideals, and to these six focuses, but it can be done. Some recommended methods to increase each of these six Intentions within the self and also within others, are given soon hereafter. You are asked to practice these and other techniques for the expansion of consciousness, so that your individual contribution to the collective effort of humanity will be all the more potent.

You are also asked at this point to make a decision as to how you want to contribute your spiritual Intention to the general good. There are seven basic options for you to choose from. These seven are merely suggestions for meditative/prayerful focus. They provide an orientation as to how we may each specialize our Intentions for the good of our group(s) and for the good of the World Mind. Picking a specialized spiritual focus in this way,

may be compared to fulfilling the specialized positions of any team. As with a company or a team sport, specialists allow the smooth and efficient functioning of the organization as a single unit. This makes the cooperative effort extremely strong, as in the case of the various organs within our own bodies. Begin thinking about the one you are initially most comfortable with, from the following list;

1) THE GENERATOR; (energy gaining) This specialist within the group mind draws environmental energy, or chi, into the group for the purpose of empowering themselves and all other members with “spiritual fuel”. Many persons into martial arts, Kundalini Yoga, Tai Chi, Wicca/Druidism and others, will probably have some experiential knowledge of “drawing energy” or “chi”, already.

2) THE MANIFESTOR; (expansion) This specialist within the group mind expands the group-generated state of consciousness outward to the world at large. They provide for “psychic outreach”, and act to spread love, clarity and other spiritual qualities planet-wide. Everyone has projected emotional energy, (love for instance) and Intent, innumerable times in their lives to others. These experiences serve as the groundwork for a greater mastery of the expansion function.

3) THE MOTIVATOR; (right Intent/right action) This specialist within the group mind provides the will to progress, and the sheer momentum to spiritually advance for all involved. They are the “will to succeed” and the “morale boosting, motivating element” within our collective. All people employ the will to succeed with their goals. When this will is turned to unceasing spiritual progress, they are then using “right Intent”.

4) THE PURIFIER; (vibration) This specialist within the group mind, provides higher and higher vibrational levels for our collective. Through the projection or radiation of love to all in the group, this individual unites the general Intention in the context of greater and greater, “high feelings”. All people have experienced love at some time in their lives and to varying degrees of intensity. When we learn about Intent, we find that love can be, “*Intended into place*” to higher and higher degrees.

5) THE CHANNELER; (right alignment) This specialist within the group mind establishes a conduit to Divine/Natural influence, for the collective meditation. To do this they may choose to establish a stronger psychic link with the Earthmind, God, Masters, and/or Highly spiritual Entities of all kinds. Those who have ever prayed and/or received Divine guidance, understand right alignment to some degree. A study of Intent reveals that we can *Intend into place* progressively greater degrees of Divine rapport, soulic rapport, and communion with nature/natural law. The channeler is so named because they enhance within the group mind, the presence of Divine organization and influence. In essence, they “channel God” for the sake of group benefit.

6) THE VISIONARY; (clarity) This specialist within the group mind, adds the aspect of consciousness expansion known as clarity to the meditative union. This individual enhances what might be called, “greater self awareness” providing increasing insight into Truth, the true self and the direction of evolution. Greater clarity is achieved through an awareness of awareness focus, or in other words, ones’ own awareness turning back upon itself. When this occurs personally, we gain insight into our true selves as souls/consciousness. When this occurs at a group level, every participant in the group mind gains greater insight into the subtleties of group consciousness.

7) THE GUIDE; (field coordinator) This specialist within the group mind, should ideally be one who is able to perform all of the above functions, and who is familiar with the process of consciousness expansion. This individual enhances the group cohesiveness, progressiveness and spiritual purpose, (welfare of all). The field coordinator acts to catalyze greater group cohesion, and offers support to any of the other specialists in their specific tasks. This does not place the field coordinator or guide in the position of a “leader”, but rather, advisor and facilitator only.

(Part 4 of 5)

We are in the midst of a new age...a turning point in human consciousness. Spiritual realization is taking the place of materialism, as the most cherished goal in life. We can see that competition is only a tiny fraction as productive as cooperation, especially when keeping in mind the interconnectedness of our world. Instead of competition or ideological battle, people are understanding that what is fundamentally important to themselves, is of fundamental importance to the rest of humanity as well. We all value love, health, clear understanding, the fruits of peace, and the bliss of Divine inspiration. These basic spiritual needs, and the essential values of life upon which they are based, provide a cornerstone for the building of a new paradigm. Group effort in the accomplishment of any goal, has the potential to create monumental achievements. Together we may act for the common good with a hundred times the benefit, and only one tenth of the effort. The fact that we are all composed of consciousness, governed by the same natural and spiritual laws, provides our common bond. In our mutual, fundamental need for peace, spiritual upliftment and greater evolution as a species, we also find common cause. Together we may achieve unlimited realization of this cause, by combining our mutual love, clarity, energy and Divine inspiration. The group mind principle of nature is thus ours to employ, for the true advancement of the human condition. We need only to realize this fact and recognize our mutual goals.

As discussed previously a group mind has an exponential potential, one that is far greater than the mere addition of separate individuals, in loose association. When we Intentionally form a group mind which is based upon

progressive spiritual purpose, it is then that we knock at the door of Cosmic opportunity. Upon specializing our Intent for the good of the group, even greater social potentials arise, as advocated by spiritual traditions around the world. The Masters of all time have advocated relatively few precepts for human evolution. They have all at some time advocated self awareness, (clarity) an alignment of ones' self with God, (right alignment) the cultivation of love, (higher vibration) living in accord with natural/Divine laws, (right Intent/action), the right use of ones' energy, and the extension of spiritual states to others in ministry/Darshan, (expansion). They have all in one way or another, spoken of the Oneness of all people in God and with each other, and that we are connected at a very fundamental level of existence. It is at this level where such Masters are said to have worked miracles, and coordinated large numbers of people in spiritual focus, (field coordination). Thus, all seven of the recommended Intentions for the expansion of consciousness, are herein inspired by the teachings of the Masters, (such as Christ, Buddha, and Lao Tse).. These seven focuses are those held by a Master at all times. When we form groups of spiritually motivated individuals, we can as a group, do the spiritual work that a Master does. Seven is therefore the recommended minimum number of participants, in the formation of the most potent of group minds. Seven members are not absolutely necessary, but this minimum number is the most ideal. Consider for a moment what even two people in love can do for each other and the world, and then exponentially multiply this effect by a factor of seven or more.

You are asked to give some more thought at this point, as to which of the seven positions of group mind specialization you would like to initially focus upon. Remember that we are all working toward greater global enlightenment. Ask yourself how you can best contribute to this planetary goal, through any or all of the seven focuses employed by the Masters. By developing one or more of these qualities/Intentions within, we not only expand our own consciousness, but are also made more capable of cooperatively aiding the human condition.

To assist you in making this decision, review the following table. It summarizes the seven specialists, their general recommended function within a group mind, and the chakra(s) of the body which tend to correspond with them;

SPECIALIST TYPE	CHAKRA	BODY LOCATION	FUNCTION
<u>Generator</u>	First and second	base of spine, feet, legs, reproductive organs, hips, intestines, kidneys, lower back	Energy mover/capacitor (the creator of greater empowerment, Provider of sheer force)
<u>Manifestor</u>	Any or all of the chakras	Any area of the body	Expansion of the group consciousness (Sender of the group state to the world)
<u>Motivator</u>	Third	stomach, lower to middle spine	Right Intent/action (the Transformer of the will to spiritually progress)
<u>Purifier</u>	Fourth	heart/lungs, middle to upper spine, rib cage	Vibration (the Initiator of higher love)
<u>Channeler</u>	Fifth, (sometimes fourth and seventh)	throat, neck	Right Alignment (Connector to Divine Purposes, speaker of Truth)
<u>Visionary</u>	Sixth	frontal and occipital lobes of the brain, pineal gland	Clarity (Seer of Truth, remover of obstacles to spiritual progress)
<u>Guide</u>	Seventh, as well as all other chakras	crown of head,	Field Coordinator (Explorer and Scout for higher levels of consciousness, Advisor for group cohesion and purpose)

When choosing one of the above seven positions, keep in mind that unlike an organ in a physical body, none of us are restricted to one focus in a group forever. In fact, it is recommended that participants change positions often, so as to get a better overall view of this evolutionary process. The more of these seven positions we master, the more we are moved toward Mastery Itself. This is true because *the Master embodies every one of these seven Intentions perpetually*. Even on an individual basis, meditators will find that the application of the seven positions above, are very powerful focuses for personal evolution. They may be performed one at a time or in combination, (ideally). They may be accomplished even without the aid of a group and its mutual Intent. Individuals are in fact encouraged to perform

any of these focuses/meditations alone, not only for personal benefit, but as practice for group spiritual work.

A group mind of meditators who specialize in their spiritual tasks, for the good of “the collective” as a whole, can again be likened to the parts of a physical body. Generators are similar to the basic sexual energy, or Kundalini at the base of the spine, providing resource for all other functions. Manifestors provide the expansion of all the chakras, and act to broadcast the spiritual Intent of the group into the fields at large. Motivators are similar to the will of the body, or the region of the stomach, creating the motivation to move forward and to act spiritually. Purifiers can be likened to the heart, providing life-giving love to all participants. Channelers are like the vocal cords the group, as a conduit to Divine influences. Visionaries provide the clear mental functions and perception for the body thus formed, and can be likened to the eyes and frontal, (brain) lobe of the collective. Guides are likened to the higher brain centers which are capable of all functions, and which oversee the most rapid and progressive, spiritual movement of the body of meditators as a whole.

The short-form version of all the specialists, and their associated techniques are as follows;

SPECIALIST	CULTIVATING TECHNIQUE	BASIC PROCEDURE
GENERATOR	Chi Gaining Meditation	The visualization/Intent of incoming lightning bolts traveling up from the Earth into the body
MANIFESTOR	Expansion Meditation	The practice of expanding any state within by degrees, outward into the environment
MOTIVATOR	Perpetual Raising Meditation	The use of the (Right) Intent to spiritually progress without ceasing, and being limited by no obstacle. Sheer strength.
PURIFIER	Vibrational Raising Meditation	The practice of raising vibrational levels one after another. The progressive increase of love.
CHANNELER	Soulic Rapport Meditation or Prayer	Prayer. The visualization/Intent of establishing a psychic connection to the soul or God/Nature/High entities.
VISIONARY	Advanced Chakra Meditation	The implementation of awareness of awareness.

		Clear Seeingness.
GUIDE	Field Coordination Thoughtform	The practice of transforming the Intent and state of consciousness in the environment and/or the group, just as one would transform them within their own body.

The next section is devoted to the “long form” of each of the cultivating techniques, of the seven group mind, specialist positions. They are merely suggestions for the cultivation of these consciousness expanding qualities. The meditator should feel free to use whatever techniques which they prefer, and which are progressive in their consciousness expanding effects, upon themselves and the group as a whole. The important point here is not techniques, but the principles of natural law which underlie them. The important feature in group mind action is not who organizes or guides them, but that positive group mind force be used to transform our world.

The seven positions should in no way be considered hierarchical in nature. All of those functions of consciousness expansion are necessary for our general well-being, just as all of the organs of the body have indispensable function. For this reason, each of the seven positions are best viewed as equal and complimentary. This is a “team” effort. It is advisable to always use the Intent of the good of the whole, (of the group and the world) rather than just the good of ones’ self in loose cooperation. The Intent of the good of the whole is a large portion of what spirituality is all about. To survive as a species we must always keep in mind the larger picture of evolution planet-wide, of which we are inextricably a part.

A detailed view of the seven group mind specialist techniques

1) THE GENERATOR;

The psychic specialist known as the Generator, engages in the practice of drawing environmental energies into themselves or others. This energy is also known as “chi” in China, “ki” in Japan, “prana” in India, and sometimes “orgone” in the West. Chi is the life force, which animates all living things (and to a lesser extent, all non-living things) with vital power. Both animals and plants of all kinds possess chi, circulating this universal essence throughout their bodies, via energy channels or meridians. The Earth also transfers chi around itself via lines of force known by some as “Ley lines”. The so called “power spots” of the world are also animated by chi and are often thought of as the “Earth chakras”. Our own chakras are similarly organized, as concentrations of chi, awareness and Intent.

Chi or energy can be drawn from literally any source, since its essence is composed of subatomic particles. These particles are highly reactive to awareness, which gives it pattern, and Intent which gives it purpose and function. The practitioner need only use the Intent to draw greater chi into the body, and this will begin to occur. The best environmental sources for gaining chi are those local environments which have a high concentration of charged, (subatomic) particle/ions. The ocean surf, running currents of water, wind, sunlight, and fire and stormy weather, (particularly electrical storms) are all good examples of environments/sources with “high chi levels”.

ON THE PERSONAL LEVEL

The following meditation is recommended for those new to the practice of drawing chi;

CHI GAINING MEDITATION

This exercise may be conducted indoors and under any conditions. Some circumstances however, are more favorable than others however, due to a greater availability of environmental chi, (Energy). Wooded areas are particularly preferable. After arriving in a natural area and finding a secluded place to meditate, (such as a woods, beach, lakefront, park etc.) remove all footwear from the feet. This is done to establish direct Earth contact, which will facilitate the drawing in of chi.

To begin this practice it is recommended that a three step process be used, (initially). These steps are known as; 1) preparation, 2) breathing focus and 3) the Meditation itself. To accomplish step one, simply find for yourself a quiet place that will not be disturbed. Sit or stand comfortably with both feet on the ground, a straight though relaxed spine, and eyes closed.

Step two consists of a breathing exercise, in which deep relaxed breaths are taken in for a given duration, as follows;

- A) Breathe in deeply and slowly, for a period of about five seconds, until the lungs are completely filled.
- B) Hold this breath for approximately five seconds more.
- C) Exhale slowly taking five seconds to do so, until the lungs are completely emptied,
- D) After exhalation, wait another five second period before inhaling once again.
- E) Repeat steps A, B and C ten times, or until you feel calmed and refreshed.

After the breathing exercise of step two, let the body breathe as it wants to normally for about a minute. Relax.

Next, focus your Awareness on the first chakra region, (the feet, legs, groin, hips, and tailbone). Know that our primary connection to Earth Consciousness and Energy is through the medium of the first chakra. Note every detail of the feelings and Awareness in this area of the body, and enter into a meditative state such as in the basic Chakra Meditation, (above). After you reach a restful state with minimal thoughts in the mind, visualize that your legs are the trunk of a tree. Picture strong and supple roots sprouting from the feet. See in the mind's eye, these roots growing into the ground at least 100 feet down, and 100 feet in diameter in all directions. After a few minutes of, "visualizing your roots", extend the feelings in your first chakra into them, just as you would extend positive feelings to someone you love and respect. FEEL the hips, legs and feet with special attention, and INTEND that these feelings, "flow down into the visualized roots". Keep sending love and other positive feelings into the area of visualized roots below your feet, for at least five minutes or more. Then upon each inhalation, visualize and feel Energy from the Earth being pulled into "your roots" and stored throughout the "trunk" of your body. FEEL the feet, legs and hips being charged with vitality. The visualization of light or even lightening bolts being drawn into the body through the soles of the feet, (to represent incoming chi) can be most useful in this exercise. With each breath inhale deeply and in a relaxed fashion. With each in-breath, visualize Energy being drawn into, stored in the body via your "roots" Picture the body as a ball of light which grows brighter and brighter with each inhalation of Earth Energy, (chi). Perform this meditation for a total of 15-30 minutes, or whenever the body or mind lacks vitality.

The practice of drawing chi from the environment is definitely a cultivated art, and must be accomplished with patience and much practice.

Remember that outdoor settings offer a greater availability of chi than indoor locations. Wilderness areas have more available chi than do cities. Stormy and wet conditions are also more ideal for this practice...standing in water, particularly a running stream or ocean surf, is ideal for acquiring greater chi. The experienced practitioner is able to draw chi without meditational preliminaries, and can use a variety of Energy sources to do this such as fire, sunlight, wind, storm, rain, running streams, and even artificial light sources.

After successfully gaining a significant amount of chi, the practitioner may occasionally feel dizzy, of expanded or of altered perceptions, shaky, and of greater clarity. They may feel "high", see geometric forms, flashes of light, hear unusual sounds, depending upon many factors. These occurrences are not to be considered out of the ordinary. The practitioner should merely ignore these for the most part, and stop the meditation temporarily if uncomfortableness continues, at least in the beginning phases of the practice. Maintain your Intent to gain Energy throughout the meditation, regardless of distracting phenomena. Keep in mind that energy may be

stored in the body on a semi-permanent to permanent basis for later use. Visualizations of Energy being stored in the bones, cells or even atoms of the body, are excellent focuses to take for this purpose, (as a hint to the practitioner).

When the Chi Gaining Meditation is done in conjunction with aerobic exercise, it can greatly prolong the body's stamina and increase the benefits of the work-out. The adept practitioner will be able to draw chi easily without distraction even while running, biking or swimming, by employing visualizations such as the above during these activities. Eating foods which are live, such as fresh vegetables and fruits, will invariably boost personal levels of chi.

It should be noted too, that Energy may be drawn into any of the seven chakras simply by Intending/visualizing this to be so, *especially during inhalation*. This is best accomplished outdoors. Note that the Energy of the sun is most easily drawn through the sixth and seventh chakras, whose rate of vibration is most closely resonant to that Energy source.

The beginner is advised to start with the Chi Gaining meditational format..

ON THE GROUP LEVEL

When in a group setting, the meditator may gain chi for the group as a whole, (and everyone in it) by simply using a different visualization, and slightly different Intent. Energy follows the direction of awareness and Intent. Therefore, whatever we visualize begins to instantly take shape on the subtle, unified field realms around us. With this in mind, remember that we can send energy to others or draw it individually, at will. This takes a bit of practice but it is well worth the applied effort. When using the Chi Gaining Meditation in the group setting, visualize "roots" growing down into the ground from all the participants instead of just oneself. Intend that the feeling/Intent elements of the first chakras of all those involved, connect with the Earth through those visualized roots. When visualizing incoming lightning bolts and streams of energy, see Earth energy flowing in to everyone in the group, just as you would for yourself. Visualize/Intend that this added energy is being stored in their bodies, (bones, cells, atoms) and glowing brighter and brighter as more energy enters each connected meditator. Know that this energy is providing better health, well being, mental clarity and psychic ability for the entire group. A note of caution; be sure to not deplete your own supply of chi in filling others with it. Remember to continue to increase your own energy levels while increasing that of the group.

2) THE MANIFESTOR;

The psychic specialist known as the Manifestor, engages in the practice of expanding outward to the environment, any state of consciousness which they choose. Specifically, love, (high vibration), clarity and Right Intent may be expanded outwards in an "area of effect". An area of effect is simply

the size or area of influence, that a psychic source of change creates. We are all psychic sources of change. Every thought, emotion and image we hold travels forth into the environment to some degree, or in other words, expands outward into the unified field that surrounds us. These render changes in our environment according to our Intent held at that time. In knowing this principle of natural law, we can make best use of its properties by intentionally expanding outward the most useful, consciousness raising Intents.

ON A PERSONAL LEVEL

The most basic technique involved with the expansion outward of any state, is to visualize an expanding bubble, with the meditator or meditators in the middle. Visualize this bubble as small in the beginning, (just barely encasing the body) and see it expand in the minds' eye by degrees, outward to any scope desired. Be sure to expand the feeling/state you want to manifest, in synchrony with the expanding bubble visualization. Be ever mindful that the expanding bubble visualization represents the expansion of whatever state of consciousness you are currently focused upon, be that love, clarity or other states. It is therefore important to hold the state you want to manifest clearly, while performing this visualization. Expansion can also be used to manifest any spiritual Intention, such as Divine connection, (Right Alignment) greater self realization, (for all) unity in peace, etc. Expansion can be visualized as inclusive of any scope of influence, such as in the room or grassy field one is currently in, or the local neighborhood, the entire city or town one lives by, the region, nation, continent or entire world. In the case of group meditation it can also be visualized to include all member participants wherever they may be, even if they all dispersed all over the world, and not in a single location, (as in the case of this Intentional group mind raising effort.) When the members of a meditation group are dispersed in this way, simply visualize/Intend that each person involved be surrounded by an expanding bubble, which is manifesting the state and Intent they are currently holding, for the good of the group.

Like the other seven consciousness raising positions, the Manifestor engages themselves in a learned skill. This takes practice and patience to develop. As with any other new skill, there will be a certain period in which the body, (both the physical and energetic bodies) will need to reorient themselves, so to accommodate such psychic actions. Expansion automatically tends to open the chakras of the practitioner, and it will also enhance ones' psychic connections with the world to some degree, for that reason. Certain changes will come about within you as a result of this, and your rate of spiritual progress is likely to accelerate. Do not be overly concerned about these changes, even if some of them are temporarily unpleasant. Remember that we are all learning these various psychic/spiritual skills, and this process is simply part of our ongoing personal and collective evolution.

ON A PERSONAL LEVEL

The Manifestor may practice the “art of expansion” by conducting the following exercise. First recall times when you have sent emotional energy, (any emotion) to others, particularly supportive love to those in pain or distress. Remember what this felt like in the body, and review every subtle detail of these past experiences. Then conduct the “Expansion exercise” as follows;

THE EXPANSION MEDITATION

The beginner should focus all of their awareness, without distraction, upon the fourth chakra, (the heart) and feel everything going on there in the most subtle detail. It is useful to do this right after performing the Chakra Meditation. Take a deep breath and feel energy, (chi) filling the heart. Use your Intent, and extend the feelings in this area of the body outward by just a few inches past the chest. You may also wish to visualize a corresponding and expanding bubble of light around the heart, to augment this process. Do this for 60 seconds and hold the change in (expanded) feeling. Next, extend these same feelings outward again by another six inches or so, for an additional 60 seconds, and hold this change. Continue to expand the feelings in your heart, (even if they are very subtle) by small increments. Take extra time with each expansion if necessary, by staying in touch with your subtlest of feelings. Remember that you are training your body to consciously perform a natural function, (expansion) but that this may take some time to significantly master. [Note; any other chakra can and should be expanded in this way. Experiment with this procedure, and try expanding different feelings from the same chakra, especially those of love/high states. When experiencing an intense emotion during the day, take that opportunity to expand this state outwards by degrees, since strong feelings are easier to expand than subtle ones. With more experience, try extending the feelings in two or more chakras at the same time, and eventually learn to expand the consciousness/feelings throughout the body as a whole.] Intent, awareness and energy are a body-wide consideration...and are most effectively addressed in every cubic inch of our physiology, simultaneously.

ON THE GROUP LEVEL

When in group meditation, get in touch with the “group space”. Do this by feeling it throughout the body. This should not prove difficult since we automatically do this upon entering any room- full of people, so as to be aware of their Intention and focus upon us. While keeping in touch with the group mind state, visualize the group surrounded by a bubble of light. Intend that this bubble represent the group mind feeling, (also known as the group “vibe”, “atmosphere” or “space”) and then picture it expanding outward by slow degrees. Be sure to FEEL this expansion of the group state as well. Do this with the Intent of best spiritual benefit for all concerned. Picture the expansion of the group space to any degree mutually desired.

The group effect and Intent may be extended in this fashion to a city, region, nation or the entire world, if this is what is visualized and Intended.

(Part 5 of 5)

The description of the seven specialists for group mind formation continues...

3) THE MOTIVATOR;

The psychic specialist known as the Motivator, represents and embodies the will to evolve. Their contribution to group mind effort is a strengthening of the drive to spiritually advance, especially through a feeling of strength in the area of the stomach, (third chakra). Due to this progressive quality, (of Perpetual Raising) they are said to use Right Intent, and in carrying out this Intent are engaged in Right Action. The Motivator recognizes that there are no finite, ultimate accomplishments in personal evolution. They also recognize that there are no limitations set upon our *collective spiritual progress*, (other than those we impose ourselves) for the same reason. The seekers of truth may in fact progress upon the path of Realization without boundary or limit. Thus the Motivator uses the Intent of “constant, upward spiritual travel” to greater and greater levels of consciousness, without end. This individual endeavors to be the very embodiment of the Intent of Perpetual Raising, which the Master uses according to the Evolutionary Plan.

There is a strong relationship between motivation or will, to the functioning of the third chakra). The third chakra of the stomach region tends to be most specialized in its function as *the basic will of the entire body*, more than any other area. Note that every part of the body exhibits will or Intent, but likewise has its own specialized function. The following exercise reveals the truth of the above statements;

ON A PERSONAL LEVEL

When using the Chakra Meditation or simply daily awareness, focus exclusively upon the third chakra region, (a roughly spherical area extending above and below the navel, the size of a large grapefruit). Let your awareness rest upon this area for several minutes. Take a deep breath and hold it. While holding this breath, rhythmically but gently contract and relax the muscles of the stomach area. Exhale and relax, while still focusing upon the third chakra. Notice the changes of feeling/awareness in this area, and how these often spread throughout the body. Repeat this procedure as desired. For additional results, Intend a feeling of greater strength in the stomach area while conducting this exercise. Experienced meditators may also add the drawing in of chi, (energy) into the third chakra at the same time, (as in the Chi Gaining Meditation) for even greater results. Draw chi into the third chakra especially during in-breaths. Visualize/Intend that

energy to be stored, as a rotating ball of ever increasing light and feeling of strength, in the stomach. Such visualizations will tend to maintain the vitality gained by this exercise most efficiently. Performing these measures daily will act to increase your psychic power, spiritual and general will, and health. It will also tend to decrease your vulnerability to negative psychic influences, such as incoming fear or chaos.

ON A GROUP LEVEL

THE PERPETUAL RAISING MEDITATION

For the spiritual good of the group mind, the Motivator may visualize a circular ring of light around each participants' feet. In the minds' eye, see this bright, shining ring quickly rise from the area of the feet to about a foot above the head of each meditator, (including the self). See this ring rising again and again in such a manner, about once per every three seconds. Each time it rises repeat the words, RISE UP! in the mind. With every additional repetition of RISE UP! use the Intent that all participants receive every progressive spiritual benefit. In other words, Intend that their consciousness be expanded, through greater love, clarity, Divine/Natural connection, energy and/or vibrational levels. FEEL the group space ascending and Perpetually Raising in greater consciousness, *especially in the area of the third chakra region*. The experienced practitioner may also wish to additionally employ the Intent of, (gaining) strength or personal power/will. Intend a greater and greater feeling of strength in the area of the stomach, for all participants. Feel capable and powerful in this area, and project this feeling to others. Notice the effect of this Intent upon the group consciousness.

Like all of the seven Intentions/positions for the expansion of consciousness, this procedure may be used for ones' self, the group, or the world as a sum total. In the case of a meditation group whose members are in different locations, (even around the world) simply Intend that the above benefits reach them wherever they may be. Know that Intent does not have any physical boundaries in its effect. It is not hindered by distance or the separation of bodies.

4) THE PURIFIER

The psychic specialist known as the Purifier, engages in the practice of raising the personal, group, and/or world vibration. The term "vibration", when used in this context, refers to the "level" or "pitch" of feeling within. If one were to place all of the named emotions on a scale of ascending vibration, fear and depression would be at the bottom, and so-called "peak" experiences and spiritual love would be at the top, or highest vibration. These can be accurately visualized as an ascending spectrum of frequencies displayed on a graph, just like the radio frequencies of a given broadcasting band, (as with AM and FM).

Also, it may be accurately said that there are levels or degrees of love which exist and can be experienced. The more intense, deep and sweet the feeling of love is, the higher is its level or vibration. Thus the Purifier uses their Intent to raise the personal or collective vibrational level, by progressively moving their consciousness into higher and higher states of love/positivity. The Purifier is so named because love and positivity do indeed purify ones' state of being at all levels. Body, Mind and soul, as well as interpersonal relations, are all "purified" or in other words made more spiritually inclined, in the presence of love. As love and positive feelings of all kinds increase, there will almost invariably arise a paralleling state of being, exhibited by the person or group so affected.

ON THE PERSONAL LEVEL

There are of course, many methods and focuses which can raise ones' vibrational level. Among these are,

- 1) Communion with God and the essence of spiritual teachings.
- 2) Aligning ones' self with Nature, especially in such settings as the deep woods, and for extended periods.
- 3) The commitment to altruistic humanitarian works, spiritual ministry, and spontaneously aiding those who need it. Doing this promotes a betterment of personal karma, and is often felt as an increase in love.
- 4) Through a contemplation of our spiritual purpose, as conscious beings of depth and goodness.
- 5) The exploration of our deepest love for what would be an ideal "soul mate", and transferring this love to all people/the planet in general.
- 6) Visualize yourself in a state of spiritual love, like that known to be held by such Masters as Christ. Notice in the minds' eye how you would look, act, feel and interact with others.
- 7) Through a recall of past experiences of love. Use these as a foundation for building this remembered love-state, to higher and higher levels.

This last technique is the one which will be emphasized herein, because our own past experiences are often the ones we can most directly relate to, and work with.

VIBRATIONAL RAISING MEDITATION

Find a relaxing, quiet place, and recall the times in which you felt the strongest love. Remember every detail of this experience, especially in terms of how it felt everywhere in the body. The body has memory, and every state of consciousness you have ever been in is recorded within the cells. These memories often surface on their own, but they can also be

summoned up by the mind. Remain focused on this memory of love until you can feel it again as strongly as possible. Take plenty of time and care to recall these feelings in detail, especially in the beginning stages of this practice. Recall the past events which surrounded your most intense sensations of love, preferably those of a strong spiritual experience. Past or current loving relations will be more than sufficient, however. Then, as soon as you have recalled this peak love state of the past or present, just let go of the imagery, memories and specific circumstances surrounding it, and remain within the feeling(s) evoked. It is this feeling of love which needs to be emphasized, and past memories are only the road that leads to them. So for the sake of this spiritual exercise, don't let yourself be snared in memory, and focus purely upon the sensations of love in the body.

Once you have accomplished this love state recall, keep in mind that there are levels of love. Picture a scale of ascending love states, (frequencies/vibrations) if necessary, to visualize this fact. Then, Intend into place a state of love that is just slightly more intense, deep and profound than your current love state, (rely on the four steps for the manifestation of Intent if necessary). Just imagine in terms of feeling, what a slightly higher level of love would feel like and move, (Intend) yourself into it. Remain focused on your goal until it is felt within. Once you feel a slightly elevated degree of love and/or positivity, take another small step upwards in vibration, to an even higher level of love. Continue doing this for as long as you wish, and see just how "high" you can get. Practice this exercise every day for at least 10 minutes, and see how it becomes easier and easier. After some experience in this, love states can simply be "Intended into place", just as readily as one might move the physical body from one place to another. We need only Intend love to blossom within, in order to find its benefits in our lives. Practice is all that is required to greatly improve the results of a "vibrational raising focus" such as this.

The Purifier is associated with the fourth chakra or the heart region, because it is this chakra which specializes in the creation of love. Most people prefer to increase their feeling of love/vibration, while focused upon this area of the body in particular, with a lesser emphasis placed upon the rest of the body as a whole. Never the less, it is extremely useful to feel love body-wide, as previously explained.

ON THE GROUP LEVEL

The Purifier may also extend states of higher and higher love/positivity, to the group of meditators to which they belong. Any of the above methods may be used. One may for instance, visualize all those participating in the group as being surrounded by a glowing aura of radiant love, much like that of Christ or other Masters. Love may also be directly expanded or extended to all other participants, even if they are not in your current location. Like all other states of consciousness, love travels from person to person without heed of boundaries of any kind. Feel the strongest love possible in the heart, (and the whole body if you are able to, at that moment) and FEEL/visualize this state of consciousness being directly transferred to all

other meditators. Intend that this love benefit them in all ways, and that it adds to their spiritual efforts, both within and without. It is useful to send love to them as you would a lifelong companion or family member. You can also use the following visualization, among others;

Visualize the group surrounded by a glowing sphere of any color or colors you choose. See this sphere as very energetic and psychically powerful, (try throwing in a few incoming lightning bolts to increase its energy level). After establishing this visualization in the mind, firmly repeat over and over again such words as, “sphere of love be manifest!” or, “We are surrounded and empowered by love”, or simply, “One love”. Feel this to be true as you hold this thoughtform in place, in the minds’ eye. *Intend* that love and positivity are literally exploding through and around, the bodies and minds of all involved. FEEL love for the group as strongly as you can.

THE CHANNELER

The psychic specialist known as the Channeler, engages in the practice of establishing greater rapport, or, psychic right alignment, with sources of high spiritual inspiration. In general, the three most common sources for this psychic connection to sources of high consciousness are, 1) to God/Universal Consciousness, 2) to ones’ own soul and, 3) to those beings known as Masters or other high entities. The Channeler performs this activity so as to establish within themselves, a group or the world in general, the qualities of love, clarity, higher energy levels, right Intent/action and greater expansion, which the above sources possess. These qualities are also possessed by Nature and the Earth Mind in general. Long or intense excursions in the woods or other remote areas, should also be considered the gaining of “right alignment”, because of their consciousness expanding effects.

The Channeler is so named because their activity and Intent reflects the channeling of high spiritual forces, for the good of all concerned.. During this activity, they become a literal conduit for consciousness expanding influences. This activity is associated with the fifth or throat chakra, although any chakra can be used for establishing Divine connection, since the Presence of Universal Consciousness is in all places at all times, including every part of the human body. Many people may actually prefer to “Channel” through the seventh, (at the crown of the head) or fourth, (heart) chakras, for great effectiveness.

The chakras are often associated with the seven ascending colors of the rainbow, in the following order; red, orange, yellow, green, blue, indigo, and violet. This is because they are in fact an ascending spectrum of vibrational rates, (frequencies) with the lowest being at the base of the spine, (red) and the highest at the crown of the head, (violet). This fact implies that the human body is actually a multi-frequency transceiver, within this psychic World Mind in which we live. We constantly “broadcast” and “receive” psychic inputs, from a large spectrum of frequencies or feeling states. Because the crown or seventh chakra is of the highest

vibration in the body, it can most easily receive those sources of expanded consciousness, which are themselves of a high vibration. This is made possible due to the natural law of resonance. In other words, the seventh chakra is most resonant with God/the soul, as is the fourth chakra, (when tuned to spiritual love) due to its specialization in love-states. The Channeler is also associated with the fifth or throat chakra above because this is where the “word of God”, the Masters, and the soul are often transmitted to others. For this reason the Channeler is a “speaker of God”. This is why spiritual ministry has every relationship with right alignment.

ON A PERSONAL LEVEL

To “Channel” God effectively, one may simply pray with an earnest Intention and a receptive mind. Many people will prefer this well established method. The practitioner will note that when many people are in prayer simultaneously, the felt presence of Divine influence will often sharply increase, due to the effects of the group mind focus upon gaining Inspiration. Those whose spirituality centers around prayer, may wish to choose the specialty of the Channeler, within an Intentionally formed group mind. Through prayer a person may bring very high qualities of expanded consciousness to a group, which will be most valuable for everyone involved. When we say, “I will pray for you” this usually means that we are “channeling God” on others’ behalf, while visualizing Divine benefit for them. This is exactly what is needed in the group meditational setting as well.

For those practitioners who want to use a meditational approach for right alignment, the following is recommended.

SOULIC RAPPORT MEDITATION

To begin the practice of this meditation, it is recommended that a three step process be used, (initially). These steps are known as; 1) preparation, 2) breathing focus and 3) the meditation itself. To accomplish step one, simply find for yourself a quiet place that will not be disturbed. Sit comfortably with both feet on the floor, a straight though relaxed spine, and eyes closed.

Step two consists of a breathing exercise in which deep relaxed breaths are taken in for a given duration, as follows;

- A) Breathe in deeply and slowly for a period of about five seconds, until the lungs are completely filled.
- B) Hold this breath for approximately five seconds more.
- C) Exhale slowly taking five seconds to do so, until the lungs are completely emptied,

D) After exhalation, wait another five second period before inhaling once again.

E) Repeat steps A, B and C ten times, or until you feel calmed and refreshed.

After the breathing exercise of step two, let the body breathe as it wants to normally for about a minute. Relax.

1) Focus your mind on the feelings and Awareness at the crown of the head, (or the heart, and throat). Note every detail of the feelings in this region, on the surface of the head, and also within the brain. Let the mind rest upon this focus of feeling and Awareness in a relaxed way. Every time thoughts occur in the mind, simply return to an Awareness of the seventh chakra region. Perform this step of the meditation for about 5 minutes.

2) Then visualize a light, (violet or white is useful) and any image you wish to represent the soul. See this light or image descending from above the head, and entering the 7th chakra. Let that image fill the head completely with its illumination. Visualize also the entire body being filled with this same light/image, (as it continues to stream into the head via the 7th chakra.) Remember that this is a thoughtform representative of the soul, and maintain it with the Intent that soulic/Divine contact with the mind and body be strengthened.

3) While visualizing the above, repeat the words, "enter in" over and over again, and/or simply *Intend into place* greater soul-mind-body union. Practice this meditation as you feel the need or desire, with a recommended duration of 20-30 minutes total.

As contact with the soul increases on a conscious level, advice in the form of the "conscience", (as the "voice" of the soul in the mind) is made more accessible. Imparted through this connection will often be valuable information for living. A clear meditative mind is one that does not hinder the transmission of these messages. We can learn to listen to these inputs, and employ them to increase our rate of personal evolution. This is an ability acquired with experience and a purity of Intent, the results of which exceed the scope of this text. Suffice it to say however, that all of the wisdom of the soul may in this way be eventually accessed, one that spans the course of an untold number of lifetimes. Insights gained in this manner often go well beyond the scope of current thought, and are "ahead of their time". The higher vibrational level and wisdom of the soul also makes it a superior conduit for the channeling of Cosmically originating knowledge, (with which it is in contact). The personality that is in touch with the soul, is therefore also in touch with the Cosmic Intelligence at large, which has an unlimited capacity to catalyze growth and genius.

After a time the brain, body and mind become increasingly acclimated to conscious alignment with the soul, making this easier to establish at any time. The experienced practitioner need only Intend soulic contact on a

moment's notice, for it to be increased to a significant degree. Much later still in the practice, the personality becomes completely absorbed into the Intent and purpose of the true self, becoming purified of ego and able to function with the inherent, clear insight into Truth that is a property of the natural mind. This stage is representative of a very significant level of attained personal mastery, for the practitioner. It has been referred to as "enlightenment" by certain spiritual systems. Every time we conduct the Soulic Rapport Meditation or others like it, a greater alignment between the mind, soul and body is achieved, on a cumulative basis.

ON THE GROUP LEVEL

The Channeler may also pray for the group as described above, for the best benefit of all concerned, and this activity needs very little explanation, since most people have done this at some point in their lives. As for those people who wish to use a meditative approach to God and group benefit, simply use the Soulic Rapport Meditation format above. But instead of a focus upon ones' own soul, transform this exercise into *the Divine Rapport Meditation* by using the same steps, and inserting the word "God" everywhere "soul" is mentioned. Visualize all the meditators involved being influenced for best spiritual benefit by the presence of God/Universal Consciousness. Picture Divine influence entering through the crown of the head of each participant.

THE VISIONARY

The psychic specialist known as the Visionary, engages in the practice of generating greater states of self and group awareness. In other words, they commit themselves to a meditative focus known as "*awareness of awareness*". In certain Zen practices, the student is given an object such as a rock or leaf to focus upon. The student is instructed to focus upon this item instead of the usual stream of thoughts running through the mind. When the student accomplishes this and achieves "no thought", the instructor then removes the object and tells them to continue the meditation anyway. The important thing all along the student realizes, was not the object of meditation, but the state of meditation. This technique is yet another approach to gaining the state of awareness of awareness.

The Visionary specializes in their focus, in the cultivation of greater self awareness. Since we are awareness at the most basic level of self, (as well as Intent and energy) *self awareness* implies a greater mastery/knowledge of consciousness. Awareness of awareness itself, rather than simply awareness of any given object, thought, emotion or idea, results in a greater concentration of awareness, as it "recycles" back upon itself. In other words, awareness of awareness generates clarity. This is not clarity *about* any given subject matter, it is *CLARITY ITSELF*. This state of consciousness results in greater insight into *all* subjects of consideration, and directly improves mental function without limit, cumulatively.

ON THE PERSONAL LEVEL

The Visionary increases their personal clarity with each succeeding meditation upon awareness of awareness. The first step in this practice is to identify awareness within the self. Using the basic Chakra Meditation, we come to know the Watcher within, or That which Watches *behind all of our thoughts and emotions*. Observe how you can have a thought or feeling, and at the same time notice the fact that you are having it. You can observe thoughts or feelings in this way in a detached manner, realizing that the true self, (soul) is neither thought nor emotion. The very capacity for observing thoughts or emotions as they arise in the body/mind, is none other than awareness itself. It is a part of the consciousness, (soul) *which we are*. Thoughts and emotions are something we do, not something we are as aware beings. After you have identified awareness, (the Watcher) in the self, perform the following meditation;

Advanced Chakra Meditation

Sit or lie comfortably, and immediately begin focusing on the feelings centered in the area of the forehead, or sixth chakra. Those new to this practice may begin by tapping the tip of their right index finger upon what is known as the “third eye”, or exact center of the forehead, with the eyes closed. Tapping increases awareness in that region, which is useful for the beginner. Be aware of every subtle detail of feeling in this area. Allow awareness to spread to the entire region of the frontal lobe of the brain, (the front third of the head, directly behind the forehead), through the middle of the brain, and inclusive of the occipital region, (back of head). FEEL all the subtleties. Do not avoid any pain, fear or other unpleasantness found anywhere in these areas, but instead relax them, and continue the meditation.

As thoughts inevitably run through the mind, simply relax, and return again and again to a feeling focus, even if this means doing so a hundred times every minute. Chronic, rampant, seemingly unstoppable thoughts in the mind, are a symptom of stored stress in ones' being. As the practice of meditation proceeds, stress is released, and the tendency of thoughts to intrude upon the process of meditation will gradually diminish. Be patient and don't let the simplicity of this method of meditation deceive you. Maintain your awareness on the area of the front of the head, with particular emphasis paid to the third eye, and the temples at the side of each physical eye. Areas of particular stress or activity in this region, will attract your awareness and hold it for longer periods. Allow this to happen, as it is a function of natural self-healing processes and energy body activity. Don't be concerned or irritated by intruding thoughts, just continue to return to a feeling-oriented focus.

After maintaining this feeling focus in the third eye region for about 5 minutes, shift your focus to one of awareness only. In other words, don't just be aware of feelings in this area, be aware of that in you, which is being aware. This statement may at first sound a little cryptic, but it is

actually quite simple. In the basic Chakra Meditation we use awareness to focus on feelings in the body, as a replacement for continuous thoughts in the mind. In the Advanced Chakra Meditation we start with a feeling focus, and then soon shift to a “focus upon the focuser”, or to one of having, “awareness of awareness”. So while focused upon the third eye region, the meditator engages in “awareness of awareness”, particularly in the frontal lobe of the brain. This act “recycles” awareness back upon itself, thereby increasing its intensity. This is a primary means to gain greater clarity. Contemplate this concept to comprehend its profound simplicity and value. It is recommended that you perform this meditation twice daily as a temporary replacement for the basic Chakra Meditation, before arising from bed and just before going to sleep at night. Each session should last at least 20-30 minutes.

Employing the Advanced Chakra Meditation to gain greater clarity is a *process of self education*. Clarity is not a concept Western culture is thoroughly familiar with, and rarely is it a term that is concretely defined. In this system, clarity is defined in terms of the degree of awareness of awareness one possesses. Represented mathematically, this principle of natural law may be shown as $A/A=C$, whereas, “A” is awareness, (divided by itself) and “C” is the clarity that results. As greater experiential familiarity with clarity is had, it then becomes a known quality of mind that can be summoned up or enhanced at will, even without the precursor of meditation. Thus it can then be Intended into place at a moments’ notice, for the purpose of improved mental and even physical function. In the group meditational setting, it may also be Intended into place for oneself as well as others, simultaneously. In other words, awareness of awareness may be psychically projected to others, which aids in their higher establishment of clarity as well. We should not consider this a particularly esoteric act, when remembering that any state of consciousness can be projected. All states of consciousness in fact, automatically radiate from the body/mind as soon as they are gained within, to some degree. By Intending their projection outward however, we are increasing the potency of rendered psychic effects many times over. In this way too, we are acting on behalf of natural laws, and are thereby gaining the cumulative support of nature in our spiritual practices

ON THE GROUP LEVEL

Once you are familiar with awareness of awareness, (clarity) then the opportunity exists to project this state to others. This act is not unlike the projection of love. Clarity is experienced as a certain peculiar concentration of activity and self-observance, especially in the sixth chakra or forehead, since this area specializes in pinpoint focus and ideally, self awareness.

While meditating upon greater clarity, visualize all other participants in the group mind as having a strong glow of light upon the forehead. Intend that this glow represent your positive influence of greater and greater clarity upon them, and for their highest spiritual unfoldment. You can also

visualize lines of light similar to laser beams, connecting the brow of each mediator in a union of greater awareness of awareness. The experienced Visionary may also simply *Intend into place* the greater state of awareness of awareness in others. This act is the direct transference or replication of clarity in each person thus projected to.

THE GUIDE

The psychic specialist known as the Guide, engages in the practice of overseeing the spiritual Intent and unity of the group mind(s). They are also capable, (ideally) of projecting their progressive spiritual Intent into the environment, thereby causing the expansion of consciousness externally. A guide then, is an experienced meditator who Intentionally coordinates the surrounding fields of consciousness, (Intent, awareness and energy) to bring about evolutionary effects. The guide also is an advisor, or spiritual councilor who is capable of giving pertinent, progressive advice to each of the group mind members in their respective tasks, and in general. Of the seven positions, the Guide must be most in tune with Divine and natural Law, and seek only the best benefit for all concerned with unceasing enthusiasm. To give a crude analogy of what the Guide does in every-day terms, let us look to the example of a teacher. Consider what the effective teacher amongst a classroom of students, does on a daily basis. Every effective teacher, or speaker for that matter, knows how to “project themselves” effectively to an audience so as to efficiently communicate. In other words, they know how to project their Intent to communicate to the group, even though they may not think of it in such a way. Never the less, every teacher and speaker knows;

- 1) That there is a difference in feeling in the body when speaking to a crowd, as opposed to speaking to an individual. This is the felt psychic difference between a group mind effect, (upon the speaker) and that of a single person.

- 2) That in order to convince or teach a group, the projection of sincere feeling and conviction is essential. This helps the audience focus properly and deeply upon the subject matter spoken of. The accomplishment of such a psychic act is none other than “field coordination”, meaning that the surrounding field of consciousness and everyone in it, is converted to the Intention projected by the speaker/coordinator. The more effective this field coordination is, the more effective will be the teacher and the speaker, as a general rule.

The Guide is known as a “field coordinator” because they have become proficient in manifesting consciousness expanding Intent into other persons and the environment in general. They accomplish this through the following means;

- 1) The cultivation of high psychic sensitivity, which can be enhanced through the diligent use of such practices as the basic and advanced Chakra Meditations.

- 2) The ability to broadcast feelings of a high vibration, as well as clarity and other progressive qualities listed above, to the environment, via the body. The Guide ideally performs this psychic broadcast, via all of the Intent elements, (feelings in every cubic inch) of the body, and particularly through all of the chakras.
- 3) Through the ability to feel and know the state of the World Mind, (again registered as feelings in the body) and to render positive influence thereupon. The Guide should regularly commit themselves to the raising of world consciousness, as well as the group of which they are a part.

The Guide is so named because they act as does a scout, in exploring ahead the route(s) the group may take, toward the greater expansion of consciousness. This they should do on an ongoing and progressive basis. Their own personal meditations and/or prayers are likely to be leading them to new insights, the refinement of techniques and better ways of teaching. For this reason they forge ahead into higher states of consciousness, only to return to the group and encourage them to do the same. This individual should be capable, (ideally) of performing any of the other six group mind positions of Generator, Manifestor, Motivator, Purifier, Channeler, and Visionary. The Guide for instance, should be able to draw energy in a manner similar to that described by the Chi Gaining Meditation, so as to psychically aid or advise the Generator(s) of the group. They should similarly be at least fairly adept at expanding the group state as does the Manifestor, and stimulating the spiritual will of others, as does the Motivator, (via a feeling of strength in the third chakra).. Their love should also Purify the group, and their Channeling of high influences readily forthcoming, should the group state lose momentum in its rise upwards. The Guide should also possess the vision or clarity to see what the group most needs to progress and evolve, and is always open to suggestions and new ideas as to how this might be done. The Guide should encourage discussion of group experiences, and entertain insights given by any other participant as to how the group may best benefit.

The area of focus for the Guide is very often the seventh chakra at the crown of the head, but they should also shift their focus upon all of the other chakras and their related functions/attributes, as needed for the good of the group. The meditator performing the role of Guide should also coordinate places of meeting, and stick to pre-agreed schedules for the meditative focus, should there be any. They should involve themselves in a reasonable attempt to align their efforts with other groups, and to establish new group minds in other locations. In this way, such practices as these, which take advantage of the Natural law of the group mind principle, may eventually spread themselves around the world. As this occurs, the World Mind or collective consciousness of humanity will be transformed by degrees, until the cause of global enlightenment for our species is achieved. The Guide keeps this goal ever in mind, and considers themselves an extension of the Purposes held by the spiritual Masters, for the further evolution of the human condition.

ON A PERSONAL LEVEL

The Guide may use a visualized image with an Intent behind it, commonly known as a “thoughtform” to coordinate the group consciousness. See the following recommendation;

Field Coordination Thoughtform

To make best use of this thoughtform, (to render environmental influence) first perform the Advanced Chakra Meditation, bodywide. This is to say, use an awareness of awareness focus, not only in the region of the sixth chakra, (forehead) but body-wide. Let awareness of awareness spread from the area of the forehead where it is most concentrated, and infiltrate every cell in the body. This will produce the body-wide clarity and fine-tuned awareness needed to perform field coordination work.

Next visualize that a sphere of 100 yards in radius, is surrounding you as a globe of light. Intend that this globe represent *the scope of your projected Intent*, in the creation of enhanced degrees of love, clarity, energy, Divine influence and other progressive focuses, for everything and everyone within that sphere. Extend the size of this thoughtform by doubling it, and then doubling it again and again, as you intuit the need or want to do so. Continually Intend the expansion of consciousness for all beings within the area of your visualized globe, to render the best possible spiritual benefit therein. In this way you can create very progressive, “areas of effect” which have lasting value. Such thoughtforms have the ability to last indefinitely if the Intent which created them is of sufficient potency. High levels of Intent afford higher results, as partially modified by existing psychic conditions.

ON A GROUP LEVEL

Group Coordination Thoughtform

To make best use of this thoughtform for group action, first perform the Advanced Chakra Meditation, bodywide. This is to say, use an awareness of awareness focus, not only in the region of the sixth chakra, (forehead) but body-wide. This will produce the body-wide clarity and fine-tuned awareness needed to perform field coordination work.

Next, visualize that all participants are surrounded by a large globe of light. Intend that this globe represent their ever-strengthening unity of consciousness and spiritual purpose. **FEEL WITH THE ENTIRE BODY**, the unity of the group as a singular presence, **AS THOUGH THEY WERE ONE PERSON**. Continually Intend the expansion of consciousness for the group, as an entity of spiritual purpose. Do this by staying in touch with the group feeling, throughout your body. Adjust the group state of consciousness upwards, by adjusting the group feeling as it is registered in the body. Naturally, this is an advanced psychic ability, one that has many subtle details which only the experienced Guide will know how to expertly deal

with. Never the less, even the beginning mediator can perform the function of Guide for the group, so long as they follow the above advice in a literal and simple fashion. Don't over-complicate an apparently intricate process. In truth the Guides' task is not complicated or even particularly difficult, so long as one cultivates a body-wide awareness. Only our training in a materialistic society, can make these things *seem* difficult.

This is the end of the descriptions of the seven recommended specialist positions, within a group mind. You are asked to choose one, and be ready to participate in the group mind experience. This can be done both globally and locally, in the formation of your own groups. It is first recommended that you practice these focuses and meditations as a preparation for the Great Transformation ahead.

At this moment, many different meditational and prayer-centered organizations around the world, are using group focus to bring about global change. Some meditate for peace, and others pray for the intercession of Divine forces, to place humanity once again on the most progressive course for interpersonal and international relations. Some groups meditate upon creating a coherence of mind, others upon peacefulness and wisdom among our race. Still others use a silence of mind to calm the modern chaos and conflict. Regardless of the names of the practices or their spiritual leaders, and regardless of the methods of meditation or prayer, the essential point to realize here is that humanity is awakening out of a 3000-5000 year slumber. This collective sleep came upon us as we left natural ways and laws. It has cast a shadow upon all the products of civilization. Only now is there a significant dawning of the new Age, which is actually *the most ancient* of all knowledge and practices, at its foundation.

What is being realized is that there is a higher order in the universe than that imposed by martial regulation, and a higher law than the edicts of courts or judges. This law is higher because it is the very source for human existence, as well as all of life itself. The highest law of all is structured by natural and spiritual design. The greatest means for success in life is through natural and spiritual principles. Natural laws and spiritual principles are in essence one in the same thing. They are both ways of referring to the Cosmic Order we must all obey or suffer the consequences of *wrong Intent*.. There are a great many among us today, who are realizing that the unity of Intent, of effort and focused determination, are exactly what is needed at this moment in history. Very soon, the days of individual and competitive effort alone, will be considered obsolete and even primitive. True social progress will in the near future, be defined as progressive and mutual spirituality. This unity of spiritual focus will render the sweetest fruits that humanity has ever known, in the form of compassionate relations, dynamic community living, the sharing of resources, and the recognition of the Brotherhood and Sisterhood of all people, in all places upon the globe. All of this will take place through one singular means, and this is the elevation of consciousness, at a grass-roots level in society. Groups around the world dedicated to the expansion of

consciousness, are the very sparks which will ignite the spiritual fire of global illumination.

Natural and spiritual laws tell us that the purpose of life is growth, change and constant evolution. Humanity is still very much in the midst of this evolutionary process. We are growing and becoming more than we ever were, or at least this is the human potential. Our brain capacity and consciousness is such, that we have the option to choose the path of living we are to collectively take. But this capacity for free will comes with a price. It is ours to choose, yet we must choose wisely or suffer extinction. There are a broad range of possibilities and actions open to us within the parameters of natural law. But outside of these parameters we may not stray for long, because the Universe has organized purpose, and we may not defy this purpose indefinitely. This means that free will is not the whole equation of human mental capacity. We must be more than merely intelligent, we must also be wise. Wisdom is none other than the application of truth in ones' life. The greater the application, the greater is the wisdom. Wisdom tends to be the bi-product of natural living, since nature operates directly upon Truth. In our free will, the acquisition of natural wisdom is necessary so that we may make the choices *which sustain all life*, and not just the benefit of a few.

When we follow the natural design, the choices we make are evolutionary. This means that our decisions result in the inner and outer growth of the human being, as conscious members of inter-galactic citizenship. When we adopt natural and spiritual laws as our guiding system of living, it is then that the whole universe becomes the place of human creation and contribution.

The natural law that is the group mind principle, (and the spiritual knowledge which relates to it) is a direct means whereby we can take part, in the formation of a new world. In this world the very concept of human limitation and self destruction will be shattered. Today's miracles will become tomorrow's every-day occurrences, if we will only remain true to what our own souls already know. If we will only follow the ways of nature and participate in evolution rather than seeking to avoid it, then the true wisdom of the human spirit will finally come into full bloom. The following is a vision of such a world, which all of us can help bring about through group intention;

THE VISION

Increasingly, there are those who are appearing from the ranks of the old-world order, those with a fresh vision of life. Individuals are spontaneously arising, (as well as those inspired by organized means) with revolutionary, yet ancient knowledge. These individuals will and are, acting as the Guides for higher consciousness, within a materialistic society. They will create a world movement based upon an embrace of universal spirituality, instead of specific governments, philosophies or religions. This world movement will progressively recognize the deeper values and qualities of life itself.

The true identity of human beings as conscious souls in bodies, rather than as citizens of countries, will become the standard “political” position. The progressively inclined will increasingly crave and align with natural ways, and find this to be a very real source for spiritual regeneration. In so doing many will gain what will be regarded as mental and spiritual powers, including expanded perceptions, psychic manifestations, enhanced intelligence and wisdom. These important qualities will enable them to guide the new progressive trend of humanity, into an enlightened age. This new era will be marked by a knowing of God in Nature, and a respect for right living as governed by spiritual, scientific and natural principles. All of these areas will be viewed as one in the same study or practice. Thus science, based on nature and Natural Law will be more fully understood through the wise focus of spirituality. Scientific principles will be the means to the spiritual for many, having been motivated by the Cosmic impulse to *understand*. Spirituality will in turn be more fully understood and embodied through scientific areas of understanding. It will find progressive manifestation through the catalyst of scientific tools and concepts. Many with a scientific focus will turn to spirituality to complete their understanding of reality.

During this time the progressive element of humanity will find ways of living which maintain inner strength. To some degree, this group will wait for the time when their voice and way of living may be more clearly heard, at which point they will openly advocate progressive measures for the further evolution of humanity. Many will band together especially in natural areas, forming communities of like mind, with some of these existing successfully even in large cities, (as some do now). Spiritual practices of all kinds for the improvement of the body, mind and spirit will flourish among them. The widespread use of herbs, natural foods, and alternative technologies will also sustain those who are progressive and natural. They will and do have, the support of Earth consciousness in general.

Then, there will come a phenomena of consciousness that is rarely attained easily by any planet, or any other life supporting body. Human consciousness will reach a planetary threshold, whereby the constituent minds of the world will collectively and simultaneously shift. This is a process that resembles the flash point of fire suddenly crossed. This flash point is usually catalyzed by one or more among an intelligent race, typically at various points around a world, whose personal consciousness reaches a stage when it suddenly radiates a powerful and progressive Intent of a very high vibration. Such a state of being is the result of dedicated Spiritual focus, an alignment with the Will of God/Nature, and the subsequent channeling of Divine Intent into the environment, for the benefit of all. The spiritual spark thus created by advanced souls, ignites the realization of a great many more, elevating their consciousness resonantly.

Evolutionary emanations travel outward from spiritual group minds and Masters, like the waves caused when stones are thrown into a pond. This “pond” is the World Mind, also called “the collective unconscious” of global human society. To make a global “flash-point shift” more probable, there

must exist those in the World Mind who have attained a certain minimum threshold of self realization themselves. This will allow them to be sufficiently receptive to the emanations of consciousness-pioneering groups and individuals. Because of their receptivity, (and also because of the very compelling nature of the high vibration/Intent sent forth) the people first affected will then embody this Intent themselves. [This process is nearly identical to the Master/disciple conversion process, such as that found in the case of Christ and Buddha.] They will feel compelled to spontaneously enter states of love and realization, though many may not realize why this is so. This will amplify and expand the original impulse sent by the few who Understand. Larger and larger portions of the population will resonate with and radiate, high vibrations and Intent, (love and spiritual motivation). The flash point phenomena will continue to expand over the entire population of the world, in ever widening circles of influence. In a very short time, the Worldmind will be transformed and elevated in its level of consciousness, after a certain critical mass or percentage of the population is converted to high(er) Intentions. The raising of world consciousness may therefore be catalyzed, by those who understand the principles of natural law which can accomplish such an act.

A shift in the Planetary Mind of this type, will be strongly felt by every living being. It will similarly render effects upon all planetary matter and Energy in the form of emanated waves of effect. A flash point phenomena such as this will also result in off-world effects, extending outward into space like a radiating light. The Earth would become a literal spiritual source, a psychic sun of high vibration and Intent, shining brightly on subtle realms. Such a planetary event would be a primary culmination of Earth consciousness, in Self Realization. This is an ultimate aim of all group minds in the universe, in Unity. It is the primary fulfillment for human existence, and for the whole process of evolution...