

## **LESSON 2**

### **CONTENTS**

**INTRODUCTION**

**HERBS FOR LOVE**

**THE BEST LOVE HERBS**

**APHRODISIAC**

**AN ADDITIONAL NOTE**

**HERBS ASSOCIATED WITH POWER, COMMANDING,**

**COMPELLING, AND PROTECTION**

**HERBS FOR LUCK AND SUCESS**

**GENERAL IDEAS**

**EXERCISES**

## **LESSON TWO**

### **INTRODUCTION**

As we have discussed in lesson one, herbs, oils and incenses are the keystone to this entire course. To make the course more interesting to learn and use, I have put the herbs etc., into sections for their use. In most cases we have also provided you with the correct botanical name for the herbs because this will help you identify the correct species. In different parts of the world herbs are known by different names. By using the scientific name, you are better able to find the correct herb you need. Of course the Society can help you find the herbs etc. you need. See the end of this course for a list of herbs we carry.

Once you obtain the herbs, oils etc. that you will be working with, place them in a plastic box and deposit them in your refrigerator. This will keep your items at the highest power possible. **WARNING: If YOU HAVE CHILDREN OR PETS, MAKE SURE THAT THEY DO NOT HAVE ACCESS TO YOUR RITUAL ITEMS. NOT ONLY WILL THIS HURT YOUR**

***RITUALS BUT, MANY HERBS ETC., ARE POISONOUS AND IF TAKEN INTERNALLY CAN CAUSE DEATH!!! YOU SHOULD ALSO HAVE THE PHONE NUMBER OF THE POISON CONTROL CENTER SOMEWHERE ON OR IN YOUR BOX. You can usually find this number in the front of your telephone book. If you follow these simple rules you will not have any problems in the future.***

### **HERBS FOR LOVE**

**There is a great number of herbs that are used in love magick from many different traditions. We will be giving you the most effective herbs for this use, as it is generally an area of great interest to us all.**

**The realm of love is ruled by the planet Venus, although not all of the herbs we will discuss come under her direct power. However, when working with this kind of love ritual is it generally done during the planetary hours of Venus. More on hours and time of rituals in future lessons. You will need to totally read this course first, before starting any**

rituals. This will give you the full understanding of the what and how of ritual work. We can't just give you a general ritual to get you started. You need to know the complete system to be successful.

### **THE BEST LOVE HERBS**

**ADAM AND EVE ROOT:** This is one of the most famous of all love "Voodoo" roots. It is a species of "Orchis" which is the genus of the orchid family. It is composed of two halves, one looking like a male, one looking like a female. Generally this root is not sold in the U.S. but, I have seen it for sale now and then. The Society does from time to time have supplies of this. The best way to use this herb/root is to anoint it with an appropriate love oil and carry it with you in a red charm bag at all times. The practice of anointing a root with an occult oil is a very common and highly recommended magickal practice. Roots are more powerful than herbs or flowers and they are viewed as being similar to candles in that they generate a kind of raw energy which is focused to a specific task



through the anointment process. Like oils used on candles they act as a filter or lens to project your desires accurately.

**AMBERGRIS:** This is not an herbal product. It is the scent obtained from the stomach of whales. This along with Musk are the only artificial substances that are used in our magickal practices. The killing of any animal for ritual purposes is wrong!!! This includes any products used from their death. Animals are the higher life form, not man!!! These synthetic fragrances work pretty well in rituals. Ambergris is probably the ***STRONGEST SEXUAL COMPELLING*** scent available. This along with Civet and Musk are best for sexually commanding a person. As a matter of fact, they are in most commercial scents on the market today! The term ***SEXUAL COMPELLING*** simply means an herb or fragrance which will force or compel sexual interaction. While there may be a difference between sex and love, generally in candle burning rituals the two are equated to some extent. While there are many kinds of love (e.g. love of a parent for a child, the love of one friend to another, etc.), most rituals are done to obtain romantic or sexual love.

Ambergris is seldom used alone but rather it is added to various other herbs to lend power and to help the other herbs exert a bit more pressure than they otherwise might if left to themselves.

**APPLE AND APPLE BLOSSOMS:** Both of these are associated with love. The Judao - Christian tradition they are equated with "temptation" and generally in candle burning it has the same meaning without the evil overtones. Unlike Ambergris which is *VERY* powerful, Apple or Apple Blossoms are delicate and only faintly seductive. They are more an invitation than a proposition. Some Sorcerers place an apple on their altar anytime they do love magick. In general, only Apple Blossoms are burned for incense and Apple Blossom oil is easy to find in most stores. (Make sure it is pure)

**ASH LEAVES:** These leaves are similar to Apple Blossoms in effect. The Ash Tree has long been one of the most powerful occult plants and the uses range from very negative to positive depending on the tradition you practice. This is one of the problems with herbal magick. You will find that you can get different uses/effects by using the same herb. While

I can write several pages on this, let me just tell you that you should follow the course outlines. If you read something else, generally you should not follow it until you have **THOROUGHLY** practiced this course. Then you must try its use carefully and see what happens. We have researched the best ways to use each herb in this course. Do not go by other explanations. They are working from a very narrow viewpoint. Ash leaves are a fragrant addition to any love incense and are deemed to be very protective. One Sorcerer even states that Ash leaves protect against drowning. This we have not researched. It is also said that a few Ash leaves in the bath helps soften the skin and create a more youthful appearance. As with all love herbs, they may also be mixed with hexing herbs to deny love and attractiveness to the hexed individual.

**BACHELOR'S BUTTONS:** (*Centaurea cyanus*) These are very useful when one is experiencing difficulties with love or where it is seemed hopeless that you will ever get to meet the man or woman of your dreams. The main attribution is "hope in love". This means they are great to add to all love incenses that one wishes to overcome obstacles in a

love situation. You would also use this herb (sometimes called Cornflowers) in case of love problems like: infidelity or loss/lack of interest. This herb tends to be highly spiritual and works best on less carnal or sexual problems. It is generally used on more delicate problems of love.

**BASIL: (*Ocimum basilicum*)** Besides being an herb that has many cooking uses, it is also useful for love. This is somewhat strange since according to legendary sources Basil is associated with hatred! Here we come to one of the great mysteries of herbs in that in addition to containing their legendary meanings, many of them also contain their opposite meaning! This is one of the great problems with herbal magick. As stated before, different traditions have different meanings. That is why I recommend not reading other books until you have learned this course well. We have also proven that the herbs in this course are 90% successful for most people. While all this is confusing, Basil is still employed wherever major obstacles to love are found and works similar to an uncrossing herb. For example, if you just had a fight with a person

you love, I would use Basil to remove the hatred caused by the fight. If I used Basil on a lover and, did not have a fight with them, I would then cause a greater problem. A common way to use Basil is of course, in food. Sorcerers have used Basil with great success on wandering mates. One added a little each night to his lovers food along with certain other herbs and the wandering ended!!!

**BITTERSWEET:** (*Solanum dulcamara*) This is a very **POISONOUS** herb, being part of the Nightshade family. Despite this unfortunate connection, it is said to be a strong aphrodisiac herb when burned as part of a love incense. Basically you use this herb in incense to “clinch” a contact. It should not be used as part of a general purpose love incense intended to be used to find love. The reason for this is, as with any sexually compelling herbs, it is non-selective in who or what it brings to your door. Love rituals can be very tricky. This is why it is best to start easy and work your way up to the more powerful sexual herbs. If you are looking for a serious relationship this is a must. If you are looking only for a sexual relationship you can start strong but, be ready to get

**ANYTHING!!!**

**BLACK COHOSH: (*Cimicifuga racemosa*)** This herb is largely used to help overcome the problem of sexual impotency and it has been used as a tea by the American Indian women for centuries to help treat female complaints and for rheumatism. Unfortunately, large doses can cause symptoms of **POISONING** so it is not recommended for internal use except under the direction of an Herbal Doctor. However, as an additive to love incenses, it can be helpful in magickally invoking the spirits of potency and fulfillment. Couples having difficulties reaching orgasm have used this as background incense while making love. It works by overcoming fear and anger and in this sense has an uncrossing or unhexing function in addition to its association with love. Another way to use Black Cohosh is to brew a tea from it. You use about an ounce of herb to a pint of water. You then take this mixture and pour it into your bath water and soak prior to love making. This will help overcome impotence and to act similarly to an aphrodisiac. It works equally well on men or women in this way. If you want to set the mood for the evening,

**pour your lover a nice hot bath and than place a bit of tea into the water without them knowing. Then sit back and enjoy!!! How sweet it is!!!**

**BLACK SNAKEROOT: (*Sanicula marilandica*) Here is your XXX-RATED herb for fun games. Be careful where you get this herb from, because Black snakeroot is also a common name for Black Cohosh, which it is not. This herb is a member of the Sanicle family. This herb is generally used only by men and the commonest way of employing it is to anoint it with both a love and a power oil and to carry it in a small red charm bag. Only carry this at times you are seeking sexual activities. To carry it at a time you are not seeking sex, will cause the herb to lose power. This is the root you carry to your favorite pick-up place. If this still exists in the time of AIDS and other illnesses. You can also place this in your bath water before a heavy date. I will add a little at this time about sex and magick. In future lessons I will go into greater detail on it. For now you need to know that a Sorcerer needs to be **VERY** careful who's energy they take in. By having sex with a person you are taking and giving energy. Most people are terribly Spiritually sick. To take in their**

energies will ***GREATLY HARM YOUR MAGICK.***

**CARDAMOM:** (*Elettario caramomum*) This is another common culinary spice, but also a noted love herb. Attributed to Erzulie, the Voodoo goddess of love. It makes an excellent additive to all romantically inclined love incenses. Use only a pinch of this herb, or it will overwhelm the rest of the incense. This is also a great herb to place in charm bags since its influence is mellow but strong. Normally you do not use this alone in an incense, but rather include it with other herbs since it is not particularly strong by itself. Slipping some of it into a lovers food is the most common use of this herb.

**CHRYSANTHEMUM:** This is not strictly a love herb but, it can be used whenever there are love problems because its helps to promote “cheerfulness in adversity”. You can use this herb with most problems in general. If you are dealing with a problem of infidelity or lost love, then this is an excellent flower to burn while trying to overcome the hurt. It will bring gentle, protective, loving vibrations your way despite your pain and in that sense it is a mental healer. Chrysanthemum acts similarly to



Roses in helping to resolve love problems. This flower by itself will not cause a lover to return but, it can help ease the mental pain and loneliness while you get ready for a new relationship.

**CIVET:** Is one of the oils that come from animals that I forgot to mention before. It is the extraction from the sexual glands of the Civet cat. Most Civet oil today is artificial thank goodness because it results in the death of the animal. We have already stated how strongly we feel about harming animals. Civet is only used in very small amounts because it smells **TERRIBLE!!!** It is strictly used to command and compel love. You use it the same way you use Ambergris and Musk. See the information on those oils for uses. This is a very strong oil and is recommended only as a last resort because it is non-selective and will bring in anything!!!

**CLOVES:** This herb has an aphrodisiac use along with a general love use. Clove is generally considered a compelling herb that has little to do with love by itself. This is a very potent additive in any sort of incense where it is felt force is needed. Which means you will use it a lot. Peoples minds are so filled with garbage that force is generally always needed.

Love is an area that compelling is generally needed. Most people (men and women) are so confused about matters of love that someone must force the issue. We again hope that you have given great thought to this first, before doing your ritual and that you feel you are balanced in this matter. One area you ***MUST NEVER TOUCH*** is, love involving a married or committed person. While it is very hard to know if a person is really committed, you should ***STAY AWAY FROM INFLUENCING THESE TYPES OF RELATIONSHIPS***. This is purely Black Magick. If you do cause problems in this type of relationship, I hope you get every misery you deserve! I also hope the Society does not hear about it. This path will lead you to nothing but pain and death.

One love ritual suggests holding some Cloves in your hand while concentrating on a friend or lover. This is an excellent tip on how you can use any herb etc. Hold the herb in your hand and visualize the power of the herb flowing to the person you want to effect. Then, place the charged Cloves into two red charm bags. Give one to your friend and you keep the other. This will insure a friendship or love relationship. Another

way to add more power to Cloves or any other herbs you will be using is to place them on the altar surrounded by red candles upon which you carve the name of your lover. You then totally allow the candles to burn down, then take the Cloves and place them in a red charm bag. Of course, you would use the correct color bag and candle for the ritual you are working on if you are not doing a love ritual. You can see how this would be good for any type of ritual. You can also place the herbs around a persons home, instead of placing it in a bag to give to the person. This will achieve a psychic link with the person. You can also burn the ritually charged herbs with a strong love incense during the hour of Venus. Do this each day until the loved one submits to you. This is all excellent information that you need to work with. These tried and true methods have worked time and time again!!! **TRY THEM!!!**

**CORIANDER:** (*Coriandrum sativum*) This is another common culinary herb and it is used both protectively against health problems and as a love potion. Love potions are normally sprinkled onto food or employed as one ingredient in a love incense. Coriander is particularly

recommended for those who wish to have a love affair move consistently along but at a slow pace. While many people want instant gratification in the love department, other prefer to string things along and thereby enjoy every nuance and pleasure to it maximum. Coriander is also a good additive for incense because it tends to be somewhat protective and thereby brings in people that will not be a problem in the future. Because of this power, it is particularly recommended for people who may not have a specific individual in mind but who want to invoke a lover. Since infidelity is so common today, some data states 50% of couples engage in this practice. It brings us to the next herb.

**CUMIN:** (*Cuminum cyminum*) When infidelity is a problem the herb to use is Cumin. When used for this purpose you take the seeds and grind them to fine powder. This powder is then placed into the errant spouse's shoes and underwear. You only need to use a very little of this herb. Generally you will need to mix this with other herbs, commanding etc. Of course you should add this to the wanderers food since it is used in cooking. You also need to give this herb a good time to work, as you will

not get overnight results with Cumin.

**DAISY:** This flower is a universal symbol for innocence and the freshness of youth. A few daisies around your home will create those positive vibrations in your home. Daisies are used to protect you against the advances of someone you do not want to be involved with. One person always places Daisies around her home when an ex-boyfriend visits her. She noticed that every time she did this that he behaved himself and did not make passes at her. You may also use Daisies to symbolize an innocent person with whom you wish to get involved by placing a few petals around a red or pink candle symbolizing that person on your altar.

**DAMIANA:** (*Turnera diffusa* / *Turnera aphrodisiaca*) This is the best known aphrodisiac in the occult world. Normally it is drunk as a tea, but as usual it can be added to incense used for provoking sexual encounters as opposed to romantic love. For tea, add three tablespoons to a pint and let steep for 20 minutes. Then strain and drink a cup a day for two or three days and you will start to feel **VERY** horny. It works equally well on

men and women. One variation that some Sorcerers swear by is, take an ounce of Damiana and place it in a bottle of brandy for three weeks, shaking the bottle thoroughly each day. At the end of three weeks carefully strain the brandy through a coffee filter and re-bottle it. You can also add a little Ginseng root to the brandy too. Many swear that this has immediate aphrodisiac effects!!! ***TRY IT AND SEE FOR YOURSELF!!!*** It should be highly effective.

### **APHRODISIACS**

Most people at one time or another in their life wished they had a Sure-Fire aphrodisiac formula. While most things on the market today are useless or harmful, we have found a pretty good recipe to try. This comes from the New Orleans tradition and is said to be very effective.

Take six fresh eggs, shells intact, and place them in a bottle with the juice of twelve lemons. Slowly but surely you will find that the lemon juice will eat through the eggshells. When this happens in a few weeks,

take the resulting mixture, remove any remaining eggshell and then mix with a pint of fine brandy stirring thoroughly. Take one shot glass full of the brandy about an hour before sex. Again, you could serve this to your would be lover. It is said to work well.

**BACK TO OTHER HERBS ETC.**

**DEVIL'S BIT:** (*Liatris spicata*) This is used for compelling sexual relationships and is generally only used by men. It's common name is Blazing Star. One interesting recipe states that you should powder Devil's Bit and Camphor and mix them together. Then you boil the mixture to make a tea like handwash. It is said that by washing one's hands in this tea that one automatically obtains total control of one's loved one. Generally camphor is very hard to obtain so, many Sorcerers carry a little of the Devil's Bit in a red charm bag, often with Black Snakeroot. Sometimes women use Devil's Bit, but it is generally considered as a male only herb. Often gay women will carry a bit of this herb however,

since it is said to attract women to whoever possesses it.

**DILL:** (*Anethum graveolens*) This is noted for it's protective qualities, but it can also be used as a powerful aphrodisiac. You need to steep an ounce of Dill seeds in a pint of red wine for several days and drink it as a sexual tonic from time to time, as well as serve it to a lover. You can also boil one ounce of dill seeds and take the resulting "tea" and place it in your bath before an important date. Dill adds to your irresistability in general. In this sense, Dill is one of the subtler love herbs in that it is felt to add an aura of attraction to your physical presence, a sort of mysterious and beckoning power which is difficult to explain until you try it. Dill allows you to "troll the waters" for interesting fish without getting too caught up in the tide. It is very recommended for use by shy people that want others to approach them.

**DRAGON'S BLOOD REED:** (*Geranium robertianum*). It is considered to be the ultimate of the white magickal power roots. Used in all sorts of preparations, Dragon's Blood Reed is thought to do only good despite it great power. The reed comes in a solid form and is a dark, blood red



color. To use it you must powder it thoroughly and a bit of it can be added to almost any incense, oil or powder to provide enormous reservoirs of strength. More will be said on this later. It is a very important herb that you will use a lot throughout your magickal practice. In addition to it's general power and force, it has a highly protective nature to it. It is used in many uncrossing and protection formulas and rituals. It is a useful practice to use a little of this in a charm bag for love and success. **REMEMBER:** it is only a White Magick herb and is just as powerful as the most outrageous hexing herbs, but can only be used for good. It is felt to be so powerful that **NO HEXING HERB** can overcome the protection of Dragon's Blood Reed. Think about this in time of need. I recommend that you keep a large supply of this on hand.

Three of the most used and important herbs in magick are: **DRAGON'S BLOOD REED**, **HIGH JOHN THE CONQUEROR**, and **LOW JOHN**. Much will be written on these in future lessons.

**ELECAMPANE:** (*Lnula helenium*) This is a seldom used lover herb but, it can be used in a "True Love Powder". This is made by mixing

**Elecampane, Vervain and Mistletoe ground up in equal parts. This recipe works by casting a special, magnetic aura around you that is very effective. This is generally made into a powder and used as all powders are. This potent recipe comes from the European witchcraft tradition.**

**ERYNGO: (*Egyngium aquaticum*)** This herb is generally called Water

**Eryngo, and is also known as Button Snakeroot, Corn Snakeroot, Rattlesnake's Master, and Rattlesnake Weed. If you carry this root anointed with the proper love oil, it will cause your lover to think of you incessantly. This root puts off a very strong psychic effect that reaches beyond normal psychic levels. It is best used by employing a bit of Eryngo to contact a shy person or someone that is a great distance away. Water Eryngo is brewed as a tea and used to help restore sexual function or to overcome impotence.**

**FIG:** This is the sacred fruit of Pan and traditionally symbolic of

**fertility for both sexes. Like the apple, many Sorcerers place fig on their altar when doing love rituals as an offering to the spirits responsible for granting love or fertility. You could dry and powder this fruit too, but it**

will take a great deal of heat to totally dry them. It is generally used as a whole offering but, the dedicated can go further and use in an incense etc.

**GENTIAN:** (*Gentiana lutea*) This is sometimes called “Bitter Root” because of it’s taste, and is considered a potent root for **ATTRACTING** love. You generally use it as part of a bath mixture from which you would prepare tea. Gentian by itself is merely the power force and it takes other herbs or oils mixed with it to produce a needed effect. To focus the roots powers you would use Roses, lavender, musk or ambergris.

**GINSENG:** This root has been used for years as a potent medical healer. It has been known also to greatly help in sexual dysfunctions and this is why it is an important “**LOVE INVOKER**”. This costly root should be selected with the shape closest to a human. Find an herbal shop that has a selection of the roots to choose from. It need not be a large root. Then you take the root and carve the loved one’s name on it and anoint it thoroughly with a powerful love oil. Place the root in a red bag and carry it with you at all times. Bags are available through the Society. Write for

cost. You can also use the root on your altar as you perform love rituals in general. Because of its general power Ginseng may also be used for Success, Money Drawing, and Healing rituals. You would follow the same procedures but, of course, you would use the correct oil for your purpose and the correct color bag. (Green for Money Drawing etc.) The root is “totally benevolent” and is strictly used for White Magick only, so you can not go wrong using this herb!!!

**GRAINS OF PARADISE:** (*Aframomum melegueta*) Sometimes called “Seeds of Paradise”. This is brewed as a tea and is a potent aphrodisiac. To brew, bring two pints of water to a boil and put in one ounce of seeds and allow to steep for 15 minutes. You can also use the seeds for luck rituals in incense and charm bags with great success.

**HAZEL LEAVES:** (*Hamamelis virginiana*) This is an excellent leaf for reconciliation of lovers. This is a common additive to incenses and powders to bring two people back together after all kinds of general problems. You can also add the leaves to a bath to charge your general aura with this energy. This is a mellow herb that slowly brings people

back together. If you need stronger power, you would use more commanding herbs and add a bit of this herb.

**HONEYSUCKLE:** (*Lonicera caprifolium*) This is a “**BINDING OF LOVE**” herb. Honeysuckle is used in the famous “*Bend Over Oil*” so, you can see how it can bind lovers. It is one of the most potent commanding /binding herbs. Honeysuckle is very, very sweet smelling and this is what masks it’s great power to command. This is why it works, by keeping the person off balance as it commands them. It is also used with great success in matter of infidelity.

**JASMINE:** (*Jasminum officinale*) Well known to help in matters of love. This perfume is widely used by the general public. It is known to attract men. This is generally an herb of Seduction, one that plays upon the sexual dimension of love more than upon the romantic. Of course, Jasmine is used in romantic oils and incenses, but always as a minor ingredient. The more you add Jasmine to a formula, the more you raise the sexual effect of the formula. Jasmine is related to Patchouli in how it works, without the problems patchouli can bring. Try wearing Jasmine

next time your boyfriend comes around and watch what happens.

Generally this herb is not used by men.

**LAUREL: (*Kalmia latifolia*)** This flower is used to bring happy and fruitful marriage. While this is not basically a lover herb inasmuch as it does things, but it is a positive energy that should be added to powders and incenses. The reason to add Laurel to a love mixture would be to put up a “screen” or a protection against any evil entity that might try to effect your love ritual. There is always a danger when doing a “binding” ritual or a blind ritual to pull a person into your life. Love spells are the easiest to go wrong. The confused state of most people on love matters tend to bring in all kind of negative people in their love rituals. This is where this herb can help you screen these people out. Think carefully before doing a love ritual. Try not to be overly horny or needy at the time you perform the ritual. This will cause negative effects. The other protecting herbs to use to screen out the nasty entities are Rosebuds and Lavender.

**LAVENDER:** This is a general cleansing and protective herb in

nature and shields you from bad vibrations. This should only be used when looking for romantic involvement and not sexual involvement. Lavender is another of those *MULTI-PURPOSE* herbs. It is used in uncrossing, love, and money drawing since it has associations in all three areas. It is primarily a benevolent spirit and can get rid of *MISTRUST* in relationships. For this reason, it is used as a Peace and Peaceful Home mixture. It is also excellent for helping love problems in a marriage or relationship.

**LEMON:** Better known as Lemon blossoms, they are helpful in love. The lemon itself is known for zest and activity while the blossoms are said to be helpful in bringing infidelity to an end. Lemon is also used in certain luck recipes where it works as a “catalyst”. A catalyst, is an herb or oil which is fiery in nature and which sets other herbs in motion. This is why you will see Cinnamon in so many recipes, it is a catalyst. The trick to using these types of herbs, is to use *ONLY A LITTLE*, otherwise it will overwhelm the mixture and make the other herbs less effective. The catalyst used in attack/black magick rituals is Capsicum (red

pepper). More on this later.

**LICORICE:** This is a commanding herb used in love problems. It is used to control infidelity and was used by the Egyptians as an aphrodisiac! They brewed tea from it and drank it before love making. Magickally you must powder the root very fine and it may be either burned as an incense or used by itself by slipping it into the wayward spouses's shoe or pockets. Since a couple of friends of mine have tried using Licorice in this manner, I can attest to the fact that it works. It is usually added to some preparation such as Stay At Home or Unfaithful Powder, of which you will find out about later.

**LIGNUM ALOES:** This is widely used in love incenses, but it is very hard to find. According to legend Lignum Aloes was one of the trees in the Garden of Eden and is considered a very sacred tree. Its wood gives off an exotic fragrance when burned. You only use a pinch of this herb, so it does last a great deal of time if you are able to secure some. Contact the Society for more information on obtaining this herb. This herb invokes high spirits to your altar to help accomplish your objective.



**This is the King of Herbs for working on the spiritual areas of a love relationship. This is not a sexual inducer, but rather induces highly protective love in its highest sense. You can use it with other strong sexual herbs like Civet, Musk and Ambergris. It will help screen out negative lovers that can be brought in with these herbs.**

**LILAC: This is used to return a lost love. You can use this in several areas outside of the love areas but, it will always deal with loss of happiness or love. It is not a commanding oil and will not invoke a lover back to you. It will help lift the gloom and doom vibrations of a person that has been dumped. This will help you as you proceed to do other love rituals in the future. If your mind is hurt or confused, your magick will come out the same. This will uplift your spirits and help you bring a better person to you.**

**LILY OF THE VALLEY: (*Convallaria majalis*) It is used like Daisies that we have discussed before. It is also used like Lilac since it helps raise one's spirits, particularly after a bad love relationship.**

**LIME: This is used for "Conjugal Love" and is considered one of the**

sexiest of fragrances!!! It is used only by men to attract women. This comes from the Caribbean tradition and is good for love and luck. Lime tends to work only in hot climates where it can release its total power.

**LOVAGE:** (*Levisticum officinale*) This is an European herb that is used for love. In the European tradition it is held in *VERY* high regard. Generally it is used as a tea that is added to bath water. It also makes a great floorwash for any love ritual or social gathering. Lovage is very sensitive and impressionable and able to absorb the magickal intent of the user. By this I mean that if you meditate or concentrate carefully on the loved one while holding some Lovage, it will accept the vibrations you send into it and thereby become “charged” with your intent or objectives. That is why this is a psychic herb. As stated before, you can use this technique with all your herbs. Lovage is the most sensitive of the love herbs with the exception of Rosebuds.

**MAIDENHAIR:** (*Adiantum pedatum*) This is ascribed to the Goddess Venus and is used only by women. This can be made into a tea and added to the bath or wetting a bit of the herb and placing it in a red charm bag

to be carried with you. It generates irresistible vibrations to males.

**MARIGOLD:** (*Calendula officinalis*) It is used to create or remove jealousy. Like many herbs, Marigold is a “**TWISTING**” or “**REVERSIBLE**” component in that it does **TWO TOTALLY OPPOSITE THINGS!!!** We will go into great detail on this later. The oil or the flowers work very well in removing jealous feelings from a person. These type of people can be terrible to deal with! Now you can do something about it.

**MARJORAM:** Is another common herb for cooks to use. It is also added to love incenses and is a very strong protection herb that also can be used as an aphrodisiac, when added to food. In tradition it is said that if you sprinkle a little powder in each room on the night of the full moon that a lover will appear before the next moon! Try it!

**MINT:** This is commonly added to love incenses and has a spiritual effect on the ritual. Spirits love the scent of Mint and a lot of Sorcerers keep a little dish of this on their altars all the time. White Spirits love this smell but, dark spirits hate it!!! This is why it is excellent to always keep around. Many practitioners find that negativity tends to hang around their

altars and home at times, this herb will keep them away. We highly recommend that you place bags of this herb around your home.

**MISTLETOE:** (*Phoradendron flavescens*) A very famous love herb, but actually it is not for love at all!!! The Druids hold this in very high regard, calling it Heal All. Mistletoe is actually a protective and commanding/compelling herb. The actual act of kissing under the Mistletoe has more to do with protecting the lovers than with the act of bringing or causing love. Banishing and Exorcism are the main uses for this herb, and should always be used in those mixtures.

**MUSK:** This is just like Civet and Ambergris, it is an animal product (in it's natural form) and is used for commanding and compelling sexual love. It is an oil of domination and power. It must be mixed with other oils and herbs to be effective.

**MYRTLE:** (*Myrica cerifera* / *Myrtus communis*) Used for love and fertility and its effect is both protective and healing. While it is used for love problems, it is not a commanding herb. Myrtle is a general strengthener that is added to many lover mixtures. Use only a little of

this oil too. It is very powerful and you do not want to overpower the other herbs. Legend has it that Venus used Myrtle as both a douche and as a skin wash to enhance her seductive abilities. It does have some aphrodisiac qualities when brewed as a tea.

**ORANGE BLOSSOMS:** Great to add to any love incense both from the point of view of fragrance and effectiveness. Like other citrus oils they work best in hot climates that activate its' power. The ashes of Orange Blossoms make a fine love powder. Burn a few petals, take the ashes and sprinkle them in or around your lovers home. This will create a magnetic seductive effect which insistently reminds him/her of you.

**ORRIS:** (*Iris germanica* / *Iris florentina* / *Iris pallida*) Has been called Yellow flag. The root is a strong power source for **INVOKING LOVE**. Orris root is available either whole or powdered. The powder is used in incenses while the whole root is useful to focus on in a love ritual. A lot of Sorcerers state that it is powerful enough to cast a spell all by itself. To use the root, place it in front of a red or pink candle and coat the root with the correct oil. Burn the candle each day for one hour with the root

in front of the candle. At the end of each ritual, take the root and place it in a red bag and carry it with you. At the end of seven days, take the root and place it on charcoal and let it burn. Save the ashes and place them in the red charm bag and then take a new root and anoint it with oil and place it in the bag too. Carry the bag with you until the next New Moon and bury it at midnight in front of your loved one's home.

**PANSY:** (*Viola tricolor*) Also known as Heartsease. This is another psychic love herb. It is generally used for “thoughts or thinking of you” rituals. A few petals of this flower are a fine addition to any sort of love incense where you are seeking communication. This is great to use on a stranger to get them to notice you. You can use the ashes just as we used them for Orange blossoms and the Orris root.

**PASSION FLOWERS:** (*Passiflora incarnata* / *Passiflora edulis*) This is not an herb used for lust. The occult uses are for protection and calming and is recommended for problems at home. It also attracts friends and harmonious relationships while at the same time banishes negative vibes and being from your solace.

**PATCHOULI: (*Pogostemon cablin* / *Pogostemon patchouli*)** This is considered the most important of the love herbs and yet it is **VERY, VERY TRICKY TO USE!!!** Patchouli is an herb for manifestation, a materializing fragrance. In some traditions it is considered the greatest of all **BLACK MAGICK HERBS!!!** It is both a hexing and a materialization herb. It is another of the **TWISTER HERBS!!!** It is a common additive to Fast Luck and Lady Luck recipes because of the materialization effect. On the other hand, several traditions consider Patchouli an adequate substitute for Graveyard Dust (sometimes called Goofer Dust) in hexing recipes. The main job of this here is to make things happen in a down to earth fashion with quick and powerful results. It has no conscience on how this is done. It is a very tricky herb and unless you use it carefully and in proper balance with other control herbs to handle its power, it can really screw you up!!! You should not use this herb until you have a much greater knowledge of Magick of herbs. Burned by itself it is not very dangerous, but when mixed with other herbs it can cause a lot of trouble.

**PENNYROYAL: (*Mentha pulegium*)** It is used by women to stop a

philandering male. It is also good for harmony and attunement and putting a bit on a blue or yellow candle will help soothe problems of domestic unrest, along with problems between parents and children. Lavender oil is good for this too!

**PERIWINKLE:** (*Vinca major* / *Vinca minor*) Another love herb for promoting or inspiring friendship. It is used in Love rituals to draw attention of someone to oneself in the very early stage of a relationship. Its function is more of communication than love, but it can be used as a love herb because “intimate communication” is more the meaning of this herb. Periwinkle is used in situations where there are problems arising between two people to keep them from getting to know each other. This can take many forms, distance, other people etc. Severe problems will take commanding herbs, but this herb can bridge the gap between people without using commanding herbs by removing blockages. This herb works slowly and subtly to dissolve barriers and to bring people closer. When using this herb, look for long-term, steady improvements.

**QUASSIA:** (*Picraena excelsa*) This herb will **PRESERVE** Love once



you have obtained it. One spell calls for obtaining a bit of a lovers hair and burning it with some Quassia chips or powder. The ashes are saved in a bottle and it is said that so long as the seal on the bottle is unbroken, the Lover will stay loyal. When using this herb in incense or oils, Quassia is used when a relationship is having difficulties in order to help remove the negativity and preserve the positive elements between two or more people.

**ROSEBUDS:** The primary flower ascribed to the Goddess Venus and because of this you will find this in a great number of recipes. Rosebuds or rose oil are not so much love attractants as they are symbolic representations of love itself. When you use Rose in a recipe, its function is less active than passive. The other oils mixed with Rose will define the specific use of the recipe. You can never go wrong adding Rosebuds to love incense. Rose oil is excellent in anointing candles for love rituals.

**ROSEMARY:** (*Rosmarinus officinalis*) Another common spice, it is used for controlling infidelity and several other purposes. It is also a binder of things and people together in a gentle, loving way. Rosemary

can also bring prophetic dreams when stuffed in a pillow and can be used in luck rituals because of the positive nature of it. Usually it is sprinkled in a lovers food to keep them at home.

**RUE:** (*Ruta graveolens*) This is an important herb to help with love problems. It is associated with purification and it is particularly recommended as an additive for incense and oil where one is setting out to look for love without anyone special in mind. Rue will protect the Sorcerer against attracting losers. It is one of the most potent **ATTRACTING** herbs you can use and has a magnetic ability which pulls good things in. It cannot be used for dark magick. It is also good for attracting money and spiritual blessings, along with healing energies. Burned alone it has no effect so it must be mixed with other positive herbs to use its attraction power.

**SAGE:** This herb is similar to Rosemary and has the same general meaning. However, Sage is a great deal stronger and would be considered a commanding and compelling herb. Sage can also be used as a hexing herb and is included in such potions as Black Arts and Zombi.

Sage is generally used when Rosemary fails to do the job. Sage is one of the ingredients in Stay At Home powder, one of the best powders for this purpose.

**SARSPARILLA: (*Smilax officinalis*)** A very potent aphrodisiac since it contains **BOTH** male and female hormones. To prepare as an aphrodisiac you would soak an ounce of the herb in wine or brandy for about two weeks and then strain and allow the herb to thoroughly dry. Grind the leftover herb into powder and mix with a combination of Frankincense and Myrrh. You drink the wine or brandy, a shot a day, for two weeks as a sexual tonic and you burn the incense once a week to help protect and stimulate the sexual levels of self. You can also give the wine to a lover or would be lover.

**SKULLCAP: (*Scutellaria lateriflora*)** Women having difficulties with their mates should carry a bit of this herb on their person at all times to help keep their man from infidelity. A bit can be slipped in shoes or pockets when you suspect they are headed for a big date because it will make the man undesirable in the eyes of other women. This herb is

strictly for women, it will not work for men. Another with the same effect is **SENNA** (*Cassia marilandica*).

**SNAKEROOT:** (*Aristolochia serpentaria*) Will bring about a “Psychic Divorce” from someone who is bothering you or from a former lover. Obtain a bit of their hair or other personal item and burn it with Snakeroot. Bury the ashes when you are through. This simple ritual will keep the person from bothering you. Works like Lost and away Powder or Get Away Powder. You can also powder the root and place it in your shoes because in addition to its abilities to banish unwanted people, it is also good to lead a person to money. As stated before, there are several types of Snakeroots, you need to be careful about the one you get. Another name for this herb is “Virginia Snakeroot”. Other Snakeroots do not work as well as this one.

**SOUTHERNWOOD:** (*Artemesia abronatum*) This herb is also known as “Lad’s Love” and is a simple love charm that is carried with you to both attract love and to protect against negative vibrations. Anoint the root with the correct love or protection oil and carry it with you in a red

charm bag. This is not strictly a love or protection herb. It is a middle type herb for “jest and bantering” which makes it a “Good Time” herb for general fun. You can make a tea with it and use it as a floorwash prior to a party to bring in the “Good Times!!!” It will bring in only good vibrations.

**SPIKENARD:** (*Aralia racemosa*) Used to stop infidelity and may be used by either sex. A tea is made in the usual way with an ounce of the herb. The tea is used to anoint personal items like pictures, shoes etc., of the adulterous person. Another use is to make a doll stuffed with the herb to control infidelity. You would then use purple candles at the head and feet of the doll. The candles would then be anointed with Unfaithful oil or with the essential oil derived from this herb and other herbs for control of lovers.

**VERVAIN:** (*Verbena officinalis*) This comes from the European tradition where it is highly valued for its “Enchantment” power. Not strictly a love herb, it is often used in love recipes because of its mysterious magickal powers! A bit of Vervain oil worn to a party alone or with other essential oils will cause a powerful inducement for

fascinating things to happen. Using Vervain prior to a party as a floorwash will bring an amazing result. **TRY IT!!!**

**YERBA MATE: (*Llex paraguariensis*)** A noted aphrodisiac with a mild stimulate in it. Add this to love incense to induce lust in others! It is strictly used as a sexual gratification herb and nothing else.

#### **AN ADDITIONAL NOTE**

You should have noticed from the herbs listed that they are basically for either Love Attraction or Love Problems. Within each category are various gradations of power or force which permits you to select the right combination for your needs. There is of course many, many other herbs that can be used but, those listed are the best and most “tried and true” for your love needs.

The following is a classic New Orleans recipe for Love incense and oils. Note the combination.

**LOVERS' INCENSE**

**MUSK**

**CIVET**

**AMBERGRIS**

***(Equal parts are used, Ambergris/Civet)***

***PATCHOULI ( 50% base of this herb)***

***Pure grape seed oil as a 1/3 base if you choose***

**This is a very strong love oil with a lot of sexual over tones. Go lightly on the Civet because of its' powerful scent.**

**HE'S MINE**

***(Oil & Incense)***

**ORANGE BLOSSOMS**

**JASMINE (equal parts)**

**MUSK (a few drops)**

***Pure Grape Seed base (If you choose, 1/3)***

**The following is a Love-Commanding incense or oil. Known as a very potent formula by most practitioners.**

**GODDESS OF LOVE**

***ROSE (A few drops)***

***MINT (About 1/3)***

***Musk (A few drops)***

***Grape seed base (1/3 if you like)***

**You will notice that Musk appears in most love oils. Musk is a commanding oil that gives power to the other love oils.**

**FOLLOW ME BOY**

***Vanilla***

***Rose (A few drops)***

***Jasmine***

***Piece of Coral***

***Gold Glitter***

***Grape Seed as base. (1/3)***

**The last love formula I have noted is Follow Me Boy. This is also a noted potion for legal problems and their solutions despite the ingredients this is correct! Follow Me Boy is used a lot by Prostitutes in days gone by to attract customers and keep them away from harm. The**



Rose, Vanilla and coral all protect the person while Jasmine pulls in business. Note the adding of gold glitter which is used to symbolize money or gold. Since it was made for Prostitution, which is a business, that is why we used gold glitter. Also put a piece of coral in the bottle to prepare the oil correctly.

You use Vanilla because it has more to do with luck than love. A lot of practitioners feel that Vanilla functions very much like Musk when mixed in love and luck potions and that its basic attribution is as a commanding oil. This is basically true but, I prefer Musk.

**HERBS ASSOCIATED WITH POWER, COMMANDING,  
COMPELLING, AND PROTECTION**

**AFRICAN GINGER: (*Zingiber officinale*)** One of the more Protective herbs with a strong personality. Many Sorcerers use this herb in love, Money and success incenses and oils because the effects are strictly White Magick. There is no way to use Ginger for Black Magick/Negative

**Magick. This is a “CATALYST” herb used to make things happen.**

**AGRIMONY: (*Agrimonia eupatoria*)** This is a protection herb with some commanding factors in terms of banishing negative spirits. Its protection is multi-function and works like a **DEFLECTING SHIELD** to reverse the bad spell or bad vibes which may be sent at you by another. It can also be used to thank the Spirits for their help. “Thankfulness” is one of this herbs uses. A bit of this herb is often added to charm bags for its protective help. It is generally a “soft” herb so, when a lot of protection is needed you should use a stronger protective herb.

**AGUEWEED/BONSET: (*Eupatorium perfoliatum*)** This is used for Protection and in a **STOP HEX** recipes as follows:

**STOP HEX**

**4 oz. Patchouli**

**4 oz. Agueweed**

**2 oz. Myrrh**

**4 oz. Frankincense**

**4 oz. Betony**

**1 oz. Saltpeter**

**ALTHEA: (*Althaea officinalis*)** Sometimes called Marshmallow, is a great favorite of White Magick spirits when burned as part of an incense. It also has a very mild commanding effect in a positive way. Althea is generally burned with other herbs. Burnt with Apple Blossoms and Rosebuds it will make a subtly forceful love incense.

**ANGELICA: (*Angelica archangelica* / *Angelica sylvestris*)** Also called the "Archangel", is one of the most sacred of flowers from many traditions. You will see this as one of the herbs in SHI SHI given in lesson one. A highly protective herb, it will keep bad spirits away from ones home etc., by its mere presence. I highly recommend that you always keep a bag of this on hand. Brew a tea of this to use in a bath or as a floorwash. Some practitioners have a great deal of trouble with negative spirits. This herb will greatly help them to rid their home of these trouble makers. You can even sprinkle a bit of Angelica tea around your home and altar before and after each ritual. It will bless and banish.

**ASAFETIDA: (*Ferula foetida*)** though it has a foul smell, it is one of the strongest protection herbs around. Nicknamed "Devils Dund" and

**“Food of the Gods”, it has a wide reputation as a powerful protection herb. It is also great for banishing all negative entities. While most foul smelling herbs generally *ATTRACT NEGATIVE ENTITIES*, this is not the case with this herb. For example, Sulfur (often called Brimstone) is one of the most common and strongest banishing ingredients and yet it smells awful when burned.**

**BALM OF GILEAD: (*Populus candicans*) Comes from the Balsam tree and is highly protective in love matters. It is also good for healing rituals too. In Italy it is used as a protective herb against the “Evil Eye”. It is particularly effective against cases of psychic attack or bombardment. Since nothing creates jealousy and hatred more than love or success, you must be aware that there will be those who seek to harm you and what you have built. This is a wonderful herb to use to keep you from harm.**

**BAY LEAVES: (*Laurus nobilis*) A very powerful protection herb in the Southern Tradition and can be used in any ritual for power and commanding. Bay is used in both Uncrossing and for SHI SHI, both are**

very potent banishing and protection formulations. Very often when I do an Uncrossing ritual for a person, I will circle their candle with the leaves. This creates a great protective shield around the person and the negative vibes affecting them. Crumbling the leaves and adding them to a recipe will both **FORCE** and **PROTECT**. Sometimes Bay is used in Hexing rituals because of its power but, this use is not generally recommended. This herb has a strong fragrance so, go lightly on it when using it in a recipe.

**BENZOIN:** (*Styrax benzoin*) Benzoin is a gum or balsamic resin and it has a slightly fragrant odor and is one of the most **SECRET OF NEW ORLEANS** power herbs. It is added with other herbs to focus their power. It is also connected with the planet **MERCURY** and hence it is also used in incenses and oils for improving the thought process. It is **HIGHLY PSYCHIC** in nature and is part of many so called "sacred church incenses". The main power of this herb is **PURIFICATION** and as such should never be used in any hexing mixture, ever. If you add White magick herbs to any hexing mixture, you will cancel out the effects of the

ritual.

**BETONY:** (*Stachys officinalis* / *Stachys betonica* / *Betony officinalis*)

It is another unhexing herb and is added to uncrossing oils and incenses or carried in a red charm bag. It protects through its banishing action and is somewhat weaker in effect than Brimstone or Asafetida. It works like Low John.

**BILBERRY:** (*Vaccinium myrtillus*) It is also called Huckleberry and Blueberry, and is used as a protection herb. It is also connected with “treachery” and makes a fine hexing herb, it is known as a “**TWISTING**” or “**REVERSIBLE**” herb and it has the ability to protect as well as to inflict hexes. This herb is used for a situation where a close friend or relative has offended you or destroyed your trust. When used in a Uncrossing or Protection ritual, it does not inflict a hex upon the guilty party, but rather sees to it that the effects of their treachery will not reach you.

**BINDWEED:** (*Ipomoea pandurata*) Another nasty **TWISTER** herb that can both inflict and reverse a hex. It is used to **EXTINGUISH** energies. In hexing it extinguishes good luck etc., but it can also extinguish bad luck.

It works like a wet blanket and smothers the intentions of others. Used as an ingredient in powders which are sprinkled around the premises of either person you wish to hex or the person who is hexing you. **DO NOT USE** Bindweed as an ingredient in incense since it is not the kind of vibration you really want around your altar.

**BLADDERWRACK:** Is used as a protection herb for travel by sea.

Place a little in a charm bag and in your baggage.

**BLOODROOT:** (*Sanguinaria canadensis*) A very potent Unhexing herb. It is greatly used in protective charm bags and has to do with the enhancement of respect. If you carry a piece of this root on you, you will generally be treated with respect.

**BORAGE:** (*Borage officinalis*) This herb is used for **COURAGE**. Used in incenses and oils for conquering fear or the aggressive intentions of others. Since most evil people are primarily motivated by greed and the desire to control others, they often employ tactics of fear as part of their manipulations of those around them. Borage helps deflect any evil thrown your way and rebound their evil back to them. It can also be used

to uncover dishonesty, although this is not its primary function. Carry a little of this herb in a charm bag, if you think you are under the spell or influence of an evil person.

**BRIMSTONE:** I want to add a little more on this herb. It is strong banishing agent and should only be used for the most severe conditions. Do not use it on a regular basis. It has a commanding and compelling energies. That's how it does its job. It is not recommended to add to a commanding or compelling incense or oil because it is just *TOO POWERFUL* to employ on an individual. ***KEEP THIS ONE IN RESERVE TO COUNTERING TRUE DEMONIC ATTACK!!!***

**BROOM TOPS:** (*Cytisus scoparius*) Also called Scotch Broom. It is used to counter any sort of poltergeist activities which may surround you. To this end it is normally brewed as a tea and used as a floorwash to mop out those areas where poltergeist phenomenon seems strongest. It is said to act like a "broom" to sweep away the baneful effects. A bit of Broom may be added to any incense of praise or thanks for benefits received from the spiritual planes.



**BUTTERCUP: (*Ranunculus acris*)** Sometimes it is call “Bachelor’s Buttons” and is associated with “**INGRATITUDE**”. This is used against **BACK STABBERS**. This invokes the power of “judgement”. Those spiritual levels which judge mankind. If you burn Buttercup in an incense you are not judging the person, the spiritual plane is judging that person. A lot of people like this because it does not effect their so-called “Karma”. Whenever you ask for justice or judgment, make sure you have a clean slate yourself!

**CALAMUS: (*Acorus calamus*)** Another name for Sweet Flag and is used for **CONTROLLING**. This can be used by itself but is generally used with other herbs since its action is non-specific. Use whatever other herbs are needed for a situation and add Calamus for more controlling.

**CARAWAY SEEDS: (*Carum carvi*)** A very protective herb in the area of health. Carrying a few seeds in a charm bag or adding it to incense aimed at uncrossing a person with health problems are typical ways of using these seeds.

**CARNATION:** They are used to inspire healing and help in “pride”

and “beauty”. This is generally included in various healing incenses and oils. It is of great help for people that are effected by illness or some kind of black magickal attack to recover both health and self esteem.

**CASCARA SAGRADA:** (*Rhamnus purshiana*) A defensive herb for legal problems. Excellent herb to use to help your attorney be successful in your case. Used in baths and floorwashes along with incenses.

**CINQUEFOIL:** (*Potentilla tormentilla*) This protection herb is not very strong but, is generally used as an insurance policy against the intrusion of hexes. This is done by placing pieces of this in various corners of the house, under furniture, over door transoms, between mattresses etc. It generally wards off any evil. A lot of Sorcerers hang a piece of this (sometimes called Five Finger Grass) over their beds. You can also use it as a tea for use in bath and floorwashes. It will lift a hex, but it should stop you from being hexed in the first place.

**CLOVE:** (*Eugenia caryophyllus*) This is a commanding and compelling herb in the area of love.

**COMFREY ROOT:** (*Symphytum officinale*) This is a great protection

for travelers. Place some on your person and in your luggage while traveling away from home. It will protect you no matter where you go.

**CURRY POWDER:** A strongly protective herb and is as potent as Asafetida but, this is another **TWISTER** herb and may be used to cast hexes.

**DEVIL'S BIT:** It is a commanding and compelling herb that is used to invoke love, luck and success, depending on the oil you use to anoint it with. It is also protective and works like Low John.

**DOGBANE:** (*Apocynum androsaemifolium*) This herb will expose a liar. This Associated with deception and falsehood, this is another of the **TWISTING** herb herbs and may be used to remove deception and to create it depending on how it is to be used. This is a **VERY** tricky herb and must be used carefully. It is generally only used for Black Magick. You are better off using Violet oil or incense, which does the same job.

**DRAGON'S BLOOD REED:** We have talked about this already, but more needs to be stated. This is basically a Commanding, Uncrossing, and this Protection herb no rivals!! We will keep noting this in most

lessons.

**ELDER: (*Sambucus canadensis*)** This is hated by Black magicians everywhere!!! You can brew a tea and use it as a bath or floorwash. It works like Cinquefoil, but is **MUCH** stronger. The traditional meaning is “compassion” and this is what bothers the Black Sorcerer the most. They just can not deal with this energy. This is a subtle commanding herb. To influence a lover you would write the name of your loved one on a piece of parchment in Dove’s Blood ink and then place a few chips of Elder Bark or a few Elder berries on the piece of parchment and burn it on an incense charcoal. Divide the ashes into seven equal parts and each night at midnight for seven nights you should bury a portion of the ashes near the home or apartment of your loved one. You may also sprinkle a bit of the ashes in the loved one’s home.

**ELM BARK: (*Ulmus campestris*)** A protection herb that will stop Slander and Malicious gossip. When employed to stop libelous accusations it is stuffed in a doll representing the person committing the slander. The doll should be made of brown fabric and you would use

purple thread. Ideally it should be made at the planetary hour of Jupiter. You can also burn purple candles around the doll and use the correct oils on the candles.

**EUCALYPTUS:** (*Eucalyptus globus*) Very protective in the area of health and will speed the recovery of those that are ill. It is carried as a charm against disease, and it carried in a bag on the person. It can be used like Bay leaves, but it is not as general as Bay. A strong oil, so go light on its use in incenses and other mixtures.

**FENNEL SEED:** (*Foeniculum vulgare*) This is another **TWISTER** herb. This is basically a controlling herb and it is better used as a hex reversing herb than as a purely protection herb. Fennels twisting effects cause it to be used in the recipes for Confusion Powder and Inflammatory Confusion. We will talk about these later. It is protective in that if used with other herbs it will rid your place of baneful spirits, by itself it is not very effective. Be careful with this herb, it can twist on you at any time, so add only a little to any mixture. Most Sorcerers try to avoid this herb because of the twisting problem.

**FOXGLOVE: (*Digitalis purpurea*)** Associated with “insincerity” and is used as Violets inasmuch as it will expose a liar or thief. If a person is being insincere with you, stuff a doll representing that person with some Foxglove and watch what happens! The doll should be made of brown fabric and employ purple thread. Brown is the symbol for justice while the purple thread represents commanding or compelling. Add to this combination the highly specific Foxglove, and you have a real “ass kicker” to invoke honesty from the person you suspect.

**GALANGAL: (*Alpinia galanga*)** Commonly known as **LOW JOHN** and it is slightly less powerful than so-called **HIGH JOHN** root. This is a **VERY** important herb that needs great study and use. It can be used in a great many of different rituals. Roots are like candles, in that a root is seen to be a source of power while leafy herbs and flowers are seen to be focusing agents for that power. Roots carry special powers all their own. Galangal is associated with helping in legal problems, and accomplishes its function basically through very **DEVIOUS** means. You can always expect surprises when you use this herb. You will get results in all kinds

of strange ways. Of course, this happens a lot in magick in general. You want it to happen one way, and the spirits want it to happen another way. This way is usually the best way, even though it may not seem like that at the time. By anointing this root with any kind of oil, even hexing oils you create a very powerful agent for change. Many Sorcerers carry on their person this anointed root and even place it on their altar while doing a ritual. The oil is also a great additive to any mixture. A few drops can do a great deal for the mixture. ***DO NOT OVER DO IT!!!***

**GARLIC:** (*Allium sativum*) Garlic protects through scent. A clove of garlic hidden in your bedroom will help protect you while sleeping and prevent bad dreams. It can also be added to charm bags for protection purposes or stuffed in a doll as a healing agent.

**HAWTHORN:** (*Crataegus oxyacantha*) Great for purifying and banishing and is generally used as a floorwash. The Romans used it as a symbol of marriage and it is generally thought to help in restoring hope and good spirits.

**HAZEL:** (*Hamamelis virginiana*) This is a great herb to use to renew

a friendship with a person you have had a problem with. It is highly used for its “reconciliation” powers. To use it, add it to an incense or use it to stuff a doll representing the person with whom you wish to be reconciled with. The doll should be either white or pink fabric and utilize either blue, white, or pink thread. You can also powder it and sprinkle it around the premises of the person with whom you are arguing with. It will greatly lessen hostilities between you.

**HOLY HERB: (*Eriodictyon californicum*) Also called “YERBA SANTE”**

this herb is very protective and is often used in Uncrossing rituals when used as a bath. This is also a very psychic herb and has been used to contact the dead. Many Sorcerers have had success in contacting the dead by sprinkling the powdered herbs on the grave of a person you wish to have contact with. Then this spirit will contact you in your dreams. Another way to use it is as a tea and as the steam rises off the boiling water, say your desire aloud and the vapors will carry your wish to a higher spiritual plane where helpful spirits will help you with your request.



**HOLY THISTLE: (*Cnicus benedictus*)** A protection herb used like **BROOM TOPS**. It is generally used as a floorwash and makes a great daily purification herb. Also used in stuffing dolls for uncrossing rituals. It is an excellent base to add other protection and uncrossing oils to. It has remarkable abilities to serve as a conveyance for oils of a positive nature.

**HOREHOUND: (*Marrubium vulgare*)** This is another medium level protective herb. It is used like **BAY**.

**JALAP: (*Ipomoea jalape*)** This is normally called in magickal circles by the name **HIGH JOHN THE CONQUEROR ROOT**. It is the **STRONGEST WHITE MAGICKAL ROOT IN THE VODOO / SORCEROUS** tradition. It is very similar to **LOW JOHN** except that it works more directly. That is why it is more highly praised and used. It works "**HEAD ON**" and without detours and deviations. A lot of Sorcerers always keep some of this root on their altar. Never use an artificial oil of **JALAP**. High John is used in uncrossing, in success and love rituals, and is the **SUPREME** symbol of **PROTECTION**. Like Low John it is anointed with the correct oil to focus

its energy and more often than not the root is carried on your person. High John is a commanding and compelling herb *WITHOUT PEER*. It works best in uncrossing and protection because it likes to work in these areas. You can use both oils on any color candles but black. Black should *NEVER* be used with Jalap. Low John can be used on black candles with great success but, because these are both White Magick herbs it could be devastating to the practitioner to use these herbs in Black Magick. *WE HIGHLY RECOMMEND AGAINST IT!!!*

**MARJORAM:** Has a lot of Protective aspects in the area of love. Marjoram with a drop or two of High John and Low John oils would make an excellent protection powder or incense for newlyweds or for couples that feel their relationship is in danger. You can also put a bit of this herb in each corner of the rooms in your home and renewing it once a month on the New Moon to completely protect your home.

**MASTERWORT:** (*Heracleum lanatum*) A power herb that will bring strength and courage to the user. To use this herb, powder a bit and place it in your shoes prior to any event requiring strength or courage.

Athletes will find this of great help before the big game. A lot of performers use this herb to calm stage fright with great success. It also has protective qualities similar to Dragon's Blood Reed but, it is less effective in general.

**MIMOSA PINE:** It will inspire *COURTESY* when burned as an incense or employed as a powder. The oil is used to coat purple candles to command that people treat you courteously and it will help develop sensitivity and tolerance in others. You can also use it to stuff dolls with this herb for the same reason. It is also a good idea to carry this in a charm bag when you want others to treat you better, like at your job.

**MISTLETOE:** Is also a great protective herb. It works like Holy Thistle.

**MOTHERWORT:** (*Leonurus cardiaca*) Another powerful protection herb. It also can attract love and it is best used in a bath to get those results. One thing about protective herbs in general, they can protect you in ways you may not like. Meaning you may have to give up a lot of your bad habits.

**MULLEIN: (*Verbascum thapus*)** Used for protection and courage. It also has definite Black Magick functions. As a protective herb it is very effective in helping nightmares or paranoid thoughts. To achieve these results stuff a pillow with the herb and sleep with it. You can also place a bit of the powdered herb between your mattresses for the same results. More on this herb in future lessons.

**OAK LEAVES:** Used for **BRAVERY AND COURAGE**. Great to add to incenses and to charm bags or stuffing dolls with it to add courage and stamina. This is another great tool for athletes to work with. A little powdered Oak Leaves in the shoes can do wonders!!!

**PALMA CHRISTI BEAN: (*Ricinus communis*)** Usually known as Castor Bean from which Castor oil is made. It is very protective and can absorb Black Magick attacks. The beans can absorb negative energies for about a month, so replace after 30 days to keep the protective energies up. To dispose of the bean either burn it or bury it away from your home after the 30 days. It is used a lot in charm bags and you can anoint White or purple candles with Castor oil for your rituals.

**PINE NEEDLES:** Used for Protection and Courage. Pine oil is also great for uncrossing rituals. Because of its highly protective qualities it is a good idea to burn Pine incense daily. It is available in most places. Pine oil is good to use to help people off drugs because it helps overcome weakness in character. Pine also draws helpful spirits to come to your aid.

**QUINCE SEED:** Is another Protective herb with two areas of potency. An excellent protection against *ACCIDENTS* and should be used by careless people and travelers. It also protects the person against *TEMPTATION*. To help in this matter place in charm bag or stuff a doll with it.

**ROWAN:** (*Sorbus acuparia*) A famous protection herb from the European tradition and is similar to Pine. One classic recipe for protection using Rowan is to find two small pieces of the wood and tying them together into a cross using red or white thread. You need to make several of these and place them around your home. You should also carry some on your person in a red charm bag. The advantage in using this

instead of Marjoram or Palma Christi Bean is that you do not have to replace the crosses every month or so because it retains its powers indefinitely.

**ST. JOHN'S WORT:** (*Hypericum perforatum*) An emergency first aid for protection in times of sudden trouble. It will quickly reverse negativity. It is great for calming animosity or arguments between people. Keep a bit on hand in case of an argument, and then anoint with **PEACE OIL** and carry it with you during the argument. It works like Palma Christi Beans by absorbing negative energies.

**SLIPPERY ELM:** (*Ulmus fulva*) This is a highly focused protection ingredient for controlling gossip and slander. You can use the leaves or the bark of this tree. You should find it quite effective. While this will stop people from bad-mouthing you it will not change their attitude towards you. To change a persons attitude you need to use Uncrossing herbs.

**SLOE BERRIES:** (*Prunus spinosa*) This is a potent **BANISHING** herb. A species of Plum, Sloe is mixed with other incense to banish Demons or

negative vibrations. You may want to add one or two berries to an Uncrossing oil as it will give the oil more power.

**SNAPDRAGON:** The use of this herb is for controlling people who ***PRESUME TOO MUCH*** or trample upon your feelings or waste your time. Just keep a few of this garden variety flower in your home and watch the attitudes of your friends change towards you. You can also take a few dried leaves and place them in your shoes. This is said to protect you on the streets.

**STORAX / STYRAX:** This is just another name for Benzoin.

**TOBACCO:** This is associated with ***PEACE*** and ***TRANQUILITY***. Tobacco is an herb of Mars and as such carries a lot of power and force behind it. Any time you want to add a calming effect, add a little of this herb to your incense.

**THYME:** (*Thymus vulgaris*) Used for Protection and Enhancement of Courage. This is used like Masterwort and is a favorite of the spirits. It also encourages all types of positive vibrations.

**TORMENTIL:** (*Tormentilla erecta / Potentilla tormentilla*) Is another

well known protection herb from the European tradition. Many carry it on their person to spiritually protect themselves. It is also a potent commanding herb with diabolical effects. For example, if someone is bothering you, write their name on parchment or brown paper in Dragon's Blood Ink and wrap the parchment around a piece of Tormentil. Bury the parchment and the Tormentil in the ground and you should notice that every time the individual attempts to annoy you that he or she will suffer all sorts of annoying problems themselves. Eventually they will get subconsciously get the message to stay away from you.

**VIOLETS:** (*Viola odorata*) We have talked about this a little before. It is generally good for **HONESTY** and **TRUTHFULNESS**. It is used by anointing purple candles representing the person bothering you.

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Most Protection herbs have a general uncrossing effect of some sort. We will talk about the great importance of uncrossing herbs in the next lesson.



**COMMANDING/COMPELLING OIL**

**PATCHOULI**

**VERTIVERT**

**LIME**

*equal parts of each*

*(Vertivert/Lime)*

**BAY**

**Grape Seed Oil Base (1/3)**

**ALTERNATIVE COMMANDING/COMPELLING OIL**

**ALLSPICE**

**ORRIS**

**PATCHOULI**

**CINNAMON**

*equal parts of each*

*(Patchouli/Cinnamon)*

**SANDALWOOD**

**CLOVE**

**Grape Seed Oil Base (1/3)**

**DRAGON'S BLOOD CRYSTAL BATH**

***Small piece Dragon's Blood Reed***

***1 Drop Cinnamon***

***1 Drop Mint***

***Rock Salt Base***

To make Dragon's blood Crystal bath, which is considered to be both powerfully protective and to have remarkable uncrossing abilities, get some rock salt and the remaining ingredients, mixing thoroughly. Put a teaspoon to a tablespoonful of this brew into your bath water each day for seven days. The added Cinnamon provides a strongly positive catalyst for the rest of the ingredients. Also of interest in this recipe is the adding of salt which has been used for centuries for banishing and exorcizing demons. Within the Haitian Voodoo tradition where black magicians sometimes create what are called "zombies" (the walking dead) there is nothing more fearful to them than salt because if a Zombie comes in contact with salt, it automatically moves outside the control of its master and becomes completely unmanageable.

**FIERY WALL OF PROTECTION OIL/INCENSE**

***Dragons'S Blood Reed (1/3)***

***Frankincense***

***Myrrh***

***equal parts of Myrrh/Frankincense***

***Salt (A pinch)***

***Grape Seed oil base if wanted (1/3)***

**Fiery Wall of Protection is one of the *MOST FAMOUS* of all protection oils/incenses. It can also be used as a powder very effectively and many also mix a bath salt out of this recipe too.**

**GODDESS OF EVIL**

***Grape Seed base of 1/3  
Iron Filings (A pinch)  
Low John (galangal) 2/3  
Pinch of black horsehair***

**This is a strong hexing recipe that gives you an idea of how Low John can be used as a *TWISTER* and how other strange ingredients can be added to oils. This recipe is primarily used as a powder and as with most hexing recipes you never want to burn them as incense because of the negative energy field that you will cause to form around you and your home.**

**We will be studying more on hexing herbs in the future. One thing to note is that Power herbs tend to be neutral. They can be used for good**

or evil. Even though some are only used for good but, most power herbs are very versatile in the ways in which they are used.

### **HERBS FOR LUCK AND SUCCESS**

In general all luck and success herbs are white magickal in focus and all of them work in more or less the same way, although some luck herbs have specific uses. Some luck herbs are used to attract money, some for Gamblers, and others to remove blockages. The latter consists of power herbs that push away negative vibes or blockages to your success. In success rituals that you need to remove blockages, never use **TWISTER** herbs for the power herb. This can hurt, more than help.

**ACORN:** (*Quercus alba*) This is the seed of the Oak Tree and is used for luck. Many practitioners include this in their charm bags for luck.

**ALFALFA:** (*Medicago sativa*) This is another good luck herb that is used in incenses and powders. It is specially associated with money

drawing. An old saying states: "A bit of Alfalfa in the closet keeps poverty away".

**ALLSPICE:** Is widely known as a luck herb, but is actually a catalyst herb like Cinnamon. It is very widely used as a Luck and success herb. It is also used in Love recipes such as Love and Success, Prosperity, and Stay At Home Powder. It will also work on the psychic plane as well as it is used to bring prophetic dreams. The psychic action is one of those ***SECRETS*** that are not generally known outside of magickal orders. As a rule, those incenses and oils employing catalysts such as Cinnamon, Allspice, and the baneful Capsicum tend to work on high spiritual planes for good or evil. By psychic what is meant is that they tend to affect the mind or thoughts of those you are working on. For example, using Allspice in a success recipe would probably bring luck or success in the form of a sudden brainstorm or inspiration.

**BERGAMOT:** (*Citrus aurantium*) It is used in most success and in prophetic dream recipes since it is thought to attract "Luck through intuition". Anytime you use any of the psychic herbs, pay **VERY** close

attention to your hunches, ideas and dreams. This is where the success will come from. These are great to burn before meditation in general and during visualization rituals. It may even bring you some of the lottery numbers!!!

**BISTORT:** (*Polygonum bistorta*) Also called Dragonwort and Snakeweed. This is used for Money Drawing rituals. You can add a pinch to any money drawing incense or powder, along with filling a green charm bag with it. You then add a few drops of Allspice and Juniper oil to the bag. It is best carried at work or in a situation which might bring you potential profits.

**BUCKEYE:** (*Aesculus hippocastanum*) Also known as Horse chestnut. This is also used for luck. It is carried in a green bag with luck oil on it, or use a few Buckeyes on your altar while doing a success or money drawing ritual. It will add extra power to the ritual.

**CAMOMILE:** (*Anthemis nobilis* / *Matricaria chamomilla*) This is used for Gambling luck. Many gamblers use the herb as a wash on their hands before card and dice games. You can also use this as a bath before doing

any gambling. It also tends to be true that if more than one person uses a luck oil at a gambling game, that it cancels both persons effect on the game. Camomile is also an “Energy in Adversity” herb. This is why it is used in an uncrossing incense and powder particularly to help a person drained by their crossed condition. This is a common problem with crossed people.

**CHERRY BLOSSOMS:** This is a great herb for students to use. If a student is having difficulty adjusting to school or having trouble concentrating, anoint the center of their forehead with this oil before studying. You can also use Hermes Incense and Concentration oil too.

**CLOVER:** (*trifolium pratense*) A well-known luck herb. The famous Four-Leaf clover is well-known for its lucky touch. It is better to burn clover than to just carry a bit of it. Adding a little to any success/luck incense will add to the effectiveness of the recipe. The main problem with this herb is its overuse. This greatly reduces its power.

**FRANKINCENSE:** Is found everywhere and is used as a lucky gum incense. It is a white magick herb of great renown. Like Clover it is **VERY**

overused and lacks the power to help many times. Anointing green candles with this oil will help in money drawing, and used on purple candles it will help uncross a person with money and luck problems in general.

**GUM MASTIC:** Is another resin gum for general success and luck. Like Frankincense it is terribly over used and has lost a lot of its power, but it is still used in a lot of recipes.

### **MONEY DRAWING POWDER**

***Frankincense or Gum Mastic  
Heliotrope  
Tonka  
Equal parts (Tonka/Heliotrope)  
Gold magnetic sand (a Pinch)***

To make this powder, I use Frankincense or Gum Mastic and I then pour a few drops each of Heliotrope and Tonka oils. You then add a little gold glitter. In this way you are using Frankincense to convey the other herbs. Frankincense is considered a male herb, while Myrrh is considered



female in nature. By mixing the two you balance the power of the mixture. Gum Mastic and Frankincense serve the same purpose but, Frankincense is much better smelling.

**HEAL-ALL:** (*Scrophularia nodosa*) Also known as Figwort and has the same use as Camomile. It is great to use as a handwash, bath or as a tea that you drink before gambling.

**IRISH MOSS:** (*Chondrus crispus*) A success herb that primarily works on a long-term basis. It is generally placed under rugs and furniture where it will not be detected. It is good to mix with Allspice or Cinnamon, as it is too weak to use alone along with being a good catalyst to use. One other tip in money drawing rituals is to use a shredded dollar bill in your incense mixture or place a dollar bill in a bottle of money attraction oil. This will make the oil much stronger.

**JOB'S TEARS:** A common root for attracting luck. To use this root get seven roots and anoint each root with the oil best representing your needs. This could be anything you need luck in, not only money matters. Many use it for love. After anointing each root, pick them up, one at a

time with your left hand and then in your right hand, visualize intensely on the image of your desire. You can also carry this root in a red charm bag for seven days. At the end of that period you should have the means to your goal at your disposal.

**JUNIPER BERRIES:** (*Juniperus communis*) It is used in Fast Luck incense and it is related to the planet Jupiter. The planet is known as the Success and Good Fortune planet. It is also associated with male virility. It can be used on green candles with good success. It is basically a power herb that works in the area of luck.

**LEMON VERBENA:** (*Lippia citriodora*) It is usually used in an uncrossing oil but is also a luck herb that can convert bad luck into good. It is a positive, protective and cleansing luck herb. It will make an excellent wash for gamblers and with a little oil of Allspice added you will greatly increase its general power.

**LUCKY HAND:** (*Salap*) This root is related to the Adam & Eve root in that both are part of the Orchid family. You anoint the root with a strong luck oil and carry it in a green charm bag. Some gamblers have

bracelets made of this herb and wear it while playing dice or cards.

**MOJO WISH BEANS:** This famous African bean is black on the outside and white on the inside. These beans act as **ACCUMULATORS** for your desires. You mentally project your desire into the bean as we have showed you several times already, and then you carry the beans in a correctly colored charm bag for the result you want. This bean holds a great deal of your energy. A classic old world spell states that you should carry the bean for three days and look at it as much as possible. On the fourth day, throw the bean into a stream, ocean, or river and then wait seven days for your wish to happen. The beans can also be anointed with oil and carried in a charm bag that is usually green. Sometimes these are hard to find, but they stay forever so, grab lots if you find them!!!

**NUTMEG:** (*Myristica Tragrans*) Used just like the Acorn and is known for its luck power. Nutmeg oil is a great addition to any luck incense as it is generally a great addition to any luck oil/incense.

**PEONY:** (*Paeonia officinalis*) Another luck herb and the root is used not the flower. Used as an additive to any luck incense or powder and is

good to brew and use as a bath or floorwash. One excellent incense formula calls for an ounce of Peony root, with a few drops of High Conquering oil or Success Oil added. Works very well.

**POTATO:** Believe it or not, this is a great luck attractant. It should be placed on your altar when you are doing success rituals. To add to the power stick cloves into the potato and anointing it with Luck or success oil! **TRY IT!**

**QUEEN OF THE MEADOW:** (*Eupatorium purpeum*) Also known as “Joe Pye weed”, is another luck herb. It is used as a tea for the bath and floorwashes and hand washes. This is great to use if you are looking for a new job. It tends to lead you to just the right position you were seeking. To use it this way, powder some and place it in your shoes before an interview. Gamblers also use this a lot for any game that you handle something like dice or cards.

**SACRED BARK:** (*Rhamnus purshiana*) Also called Cascara Sagrada or Buckthorn and is added to powders and incenses for luck. It is also good for uncrossing rituals where those who are down on their luck

because of a crossed condition. It is a great addition to any White Magick bag and works well for stuffing dolls to help a person with luck or uncrossing.

**SANDALWOOD:** Another bark used for luck and White Magick. There are two kinds **RED** and **WHITE**. White Sandalwood (*Santalum album*) is used in all kinds of success incense while the Red is used for hexing and baneful magick. The Red is a very tricky power herb which will do anything you command it to do. White is passive and is often used as a base to which one adds essential oils to create an incense. White has a highly spiritual vibration and no real power of its own. Burning White by itself has no effect what-so-ever, you must add oil etc. to produce any effects.

**SEA LETTUCE:** (*Kelp*) This is used for luck too. One spells calls for putting some of this in a glass with whiskey and keeping it on your kitchen windowsill where it will keep money flowing your way. The using of Whiskey with this herb is very common. For instance, a glass of whiskey to which you have added a pinch of Asafetida and Brimstone is

said to absorb bad vibrations or hexes. This is particularly recommended for business people who should place the glass hidden near the entrance of their business.

**SEVEN BARKS:** (*Hydrangea arborescens*) Also called **HYDRANGEA** and is used as an uncrossing herb in the area of luck. A lot of people are in a crossed condition when it comes to luck. This will help them greatly. It is used the same way as Sacred Bark.

**SMARTWEED:** (*Polygonum hydropiper* / *Polygonum punctatum*) Also called knotweed or Water Pepper and is a highly specific psychic luck herb. It will generate sudden hunches or intuitions. Carry a bit of the herb on your person, or use it as an ingredient in a prophetic dream or meditation incense to stimulate your mind to come up with money making plans.

**SOLOMON'S SEAL:** (*Polygonatum multiflorum*) This is an uncrossing herb, and also used for luck and wisdom. It works like Smartweed, but it vibrates at a higher spiritual frequency. It is a good idea to use this in all your uncrossing incenses as it will help the person better their

poor/crossed condition. This herb or oil is recommended because it forces the person being uncrossed to discover within him/her the key to better balance because it works psychically towards reprogramming them away from their negative attitudes towards life.

**SPEARMINT:** (*Mentha spicata*) It is a general use luck inducer and will materialize specific desires in the areas of Love and personal success. You use it by, writing down your wish on a piece of parchment or brown paper bag and place Spearmint leaves inside a red flannel bag. Fold the parchment and place it in the bag with the Spearmint. This herb does has some protective qualities too.

**SQUILL ROOT:** (*Urginea maritima*) It is also called the **SEA ONION** and is one of the most potent of the money drawing herbs with a mild uncrossing effect. It is good to place a piece of the root in your cash register if you own a business. This will keep the cash coming. You can also carry the root with you and brew it as a tea that you will use as a wash. Which is also good for all businesses to do.

**STAR ANISE:** (*Illicium anisatum* / *Illicium verum*) Great to add to a

charm bag. The spirits love the fragrance of this herb and it will attract these luck energies to your altar. It will also work psychically, that is, it will bring you ideas of success or unexpected opportunity for success. It can also be added to incenses for love because it can provide added luck in finding a quality mate but, it is still mostly used for luck with money.

**TONKA BEANS:** (*Dipteryx odorata*) Also known as Coumara Nut. This is a famous lucky bean from South America. They are used because they will protect you from poverty. Tonka is also known to help with the enhancement of courage and is mildly protective.

**VANILLA:** (*Vanilla planifolia* / *Vanilla aromatica*) Another luck herb that is very effective in gambling luck and love. It is a commanding and Compelling herb that works like Musk. However, it is only good for the realms of love and money. Vanilla extract can be used too, if you cannot find Vanilla oil.

**YELLOW DOCK:** (*Rumex crispus*) It is best herb for luck to increase the volume of business. It is a good idea for it to be brewed as a tea and



to mop down the floors of the business with it each day. If you think your business has been jinxed it is a good idea to add uncrossing herbs to your floorwash too. This herb also has a mild purifying or banishing effect too.

### **GENERAL IDEAS**

As you can read a lot of the herbs overlap categories. Because different traditions use herbs in different ways, it is expected that the herb will have several different meanings. This is the problem with herbal magick in general and with all magick for that case. The bottom line is what works. You need to try all the different combinations we give you to see which one works better for you. Many practitioners find one to work better for them than another as it is different for each person. The more you work with these herbs the more you will learn about them. For instance, if you burn Rosebuds with a green candle, you will be working in the area of luck; if you burn them with a pink or red candle then you

are working in the area of love. If you burn Rosebud without a candle, then you are invoking general, non-specific good vibrations into your ritual space because they can only be used for good. If you are using the Rosebuds with a green candle and add a power herb, you should get quicker results.

**LUCKY LODESTONE INCENSE/OIL**

***Grape Seed base of 1/3 (if you wish)***

**CINNAMON**

**LAVENDER**

***equal amounts (Cinnamon/Lavender)***

***A piece of Lodestone placed in the bottle***

Here is a classic Luck bringing recipe. It uses the two luck oils Cinnamon and Lavender. It also brings in the highly valued "Lodestone". Lodestones are small natural magnets that are available through the Society. The magnetic action forms an "**ATTRACTION**" energy for bring you your wish. There is also a ritual called "Feeding your Lodestone". This is done by obtaining a stone and some iron filings. You place one on

your altar during any luck or money drawing ritual and each day you “feed” the Lodestone some iron filings. As you “feed” the stone visualize the money being attracted to you. This is a very effective ritual that be done successfully for years.

**CROWN OF SUCCESS**

***Orris***

***Frankincense***

***Vertivert***

***White Sandalwood (1/3 as base)***

***Gold Glitter (A pinch)***

This is another **VERY** famous success incense and oil recipe. This is a very white magick mixture. It seduces luck to you instead of forcing it to you. If you add a few drops of Musk, you would add a lot more force to the recipe. Which I recommend you doing. It seems that force is generally always needed.

**DOUBLE FAST LUCK**

***Rose (A few drops)***  
***Patchouli (about 1/3)***  
***Juniper Berries (about a third)***  
***Shredded Dollar Bill***

**As you can see the shredded dollar bill is added to give it a lot more power. This can also be added to oils and incenses.**

**GOOD LUCK MYSTIC**

***HIGH JOHN (Jalap)***  
***LOW JOHN (Galangal)***  
***equal parts (Low John/High John)***  
***Cinnamon***  
***Squill (about 1/3)***  
***Grape Seed base if needed 1/3***

**This recipe is said to encourage psychic or prophetic dreams. Could be of great help to the Stock Market investor.**