

# TEMPLE OF THE HOLY GRAIL



**INITIATION INTO THE GRAIL MYSTERIES**

T:.H:.G:. WESAK INITIATION  
and  
FIRST ORDER EMPOWERMENTS  
BINDER COVER

# INITIATION AND FIRST EMPOWERMENT

Initiation and First Empowerment are accomplished in coordination with the following sacred times:

- Wesak or Shamballa Full Moon of Initiation [second Full Moon after Vernal Equinox]\*
- New Moon of Christ and Humanity [the New Moon after Wesak]
- Full Moon of Christ and Humanity [the Full Moon after Wesak]

It is vital that the First Empowerment be started at Initiation and completed on the following Full Moon. This provides the Initiate with immediate psychic protection.

## INSTRUCTION AND MATERIALS INCLUDED IN THIS INSTALLMENT

Taped and written instructions for the Wesak Initiation and First Empowerment are included in this installment.

- A. Online audio and written material for analysis of the Initiatic Vigil should be used to determine the mineral, vegetable, and animal forms you can use for the Tri-Partite Aquastor of First Empowerment.
  - MINERAL: Choose the highest archates, crystalline, or metallic form that came up for you during or soon after the Vigil as the *materia* for your Mirror.
  - VEGETABLE: Choose a woody tree, preferably hardwood, as the *materia* for your Shield.
  - ANIMAL: Choose the most ferocious carnivorous mammal (lion, tiger, bear, wolf, etc.) as the *materia* for your Beast.
- B. Online one-hour video instruction for the Liturgy of the Holy Grail, which will be used for Initiation and all Empowerments.
- C. Specific written instructions for the Grail Rites of the Wesak Initiation.
- D. Specific written instructions for the First Empowerment.
- E. Materials to be received by postal mail:
  1. Temple Talisman
  2. Pre-Consecrated Hosts (if you are not a Priest)
  3. Violet yarn for First Empowerment
  4. Tape or CD of Narrated Harmonic Attunement
  5. If you cannot view the online video, then VCR or CD with video (extra charge)

*\*Usually falls on the Buddhist Wesak Full Moon of May, but some years falls in late April. We also refer to this as the Moon of Initiation or the Shamballa Moon in the years it does not fall on Buddhist Wesak, such as the year 2005.*

## INTRODUCTION TO USING THE LITURGY OF THE HOLY GRAIL FOR INITIATION, EMPOWERMENT, AND OTHER SACRED OPERATIONS

*Read in conjunction with Online Video Presentation*

### **After Ritual *Mikveh* and Harmonic Attunement, Open the Egggregore of the Temple**

If you are not already training for Ordination with Home Temple, you have received a certificate authorizing you to operate the Liturgy of the Holy Grail as an Apostolic Subdeacon of the Home Temple Priesthood using Pre-Consecrated Hosts. The Temple Egggregore is opened by performing or "operating" the Liturgy through the following sections: Preparation of the Heart, Sursum Corda, Invocation, Mandala, Sanctus, Anamnesis, and Epiklesis. At this point, the Grail Elements are on the Altar fully Consecrated and you have arrived at the section entitled Grail Rites. At this point the Egggregore is fully operative. This is the point at which you will do the Initiation, and later on the Rites for receiving each Empowerment. You do these Rites in the Presence of the Consecrated Grail Elements, thus they are called Grail Rites.

### **Ritual Paraphernalia for the Grail Altar**

You will use the silver cup or chalice that you obtained for the Initiatic Vigil as your altar chalice. You will also need a patten or plate to hold the pre-consecrated Host, a candle on a stand small enough to be placed inside the chalice for the first part of the Liturgy, pomegranate or grape juice to be consecrated in the chalice, and an altar covered with a clean white linen cloth.

For the Wesak Initiation you will place the Temple Talisman with your *gamathei* on the patten for consecration, and you will provide a length of violet woolen yarn that you will consecrate in the way specified to begin your Necklace Practice for the First Empowerment.

### **Operating the Grail Rites**

The Grail Rites are given for each Empowerment, as well as for Wesak Initiation. You will need to prepare for them, as they are often the culmination of daily work done over a lunar cycle, and may require specific materials. In the case of Wesak Initiation, you will purify your aura by taking a ritual *mikveh* with Temple Soap and doing a half-hour attunement and visualizations with a special cassette tape or CD before starting the Liturgy. The *mikveh* may be done the previous evening before sleep, but the half-hour attunement should be done after setting up the altar during the period immediately before beginning the Liturgy, if possible.

For the Grail Rites of Wesak Initiation during the Liturgy, you will activate the Temple Talisman in the context of a special Wesak Mandala visualization provided on cassette tape and consecrate the violet yarn for the Necklace Practice.

After completion of the Rites (in this case, Initiation and the beginning of First Empowerment), you will continue with the Liturgy of the Chalice, dipping the Host into the Sacrament to consume by intinction, consuming the Host, and then "Earthing the Grail" (pouring the Sacrament in the Chalice onto a special place on the Earth in the immediate area with a radiation of Holy Grail Blessing for all beings). Then you dissolve the Mandala, say the Master's Prayer, and send forth the final Blessing.

# THE LITURGY OF THE HOLY GRAIL

The Liturgy can be done silently by saying the words and doing the visualizations mentally, or by celebrating the Liturgy aloud. The symbol **X** indicates sounding of Sanctus Bells, Tibetan bowl, or other bell to demarcate sacred parts of time and establish the pitch of F# for intoning.

The Celebrant(s) shall place the Chalice and other necessary things upon an altar at the center of the worship circle. Beginning at the East point of the altar and moving outward in a clockwise spiral, he or she shall make an asperges or sprinkling of the entire area with consecrated water ending in the East with an outer circle intended to define the perimeter of the worship Mandala. Using purified or spring water consecrated for cleansing and exorcism, he or she recites the following:

**In the Name of Christ Melchizedek,  
Be ye cleansed and consecrated for worship!**

When the asperges has been completed, the Celebrant(s) stand facing East on the Eastern side of the altar in demiurgical mudra and make one complete turn counterclockwise while intoning the AUM to establish perimeters for the worship mandala, which is spherical.

After this has been accomplished, candles may be lighted and essential oils or rose and amber heated as an incense. If work in healing, matrimony, exorcism, memorial and ascension, or other special intention is to be done, appropriate oils may be added to the incense as specified by the Incense Manual.

At the lighting of candles say or sing:

**Come Thou, Great Light!  
Dispel the shadows and the gloom!  
Teach us of Life, not beyond the tomb,  
But here and now, while we are sore oppressed,  
That we may lift life's shadows  
E're we seek our rest.**

When the sacred precinct has been thus prepared, cleansed, and sweetened to the higher vibration of worship, let the people be admitted to sit on chairs or cushions in a circle around the altar in silence. When ready to begin, sound tinchas, bell, bowl, tone bell, or other device. The symbol for this appears in the Liturgy as X.

## **PREPARATION OF THE HEART**

### **Visualization for Individual or Group**

**CELEBRANT:**

**With head bowed and eyes closed, we cup our hands above the solar plexus and feel the dynamic warmth of our Heart Center.**

**WE descend in consciousness into the Energy of the Heart, which we feel in our hands and chest.**

**WE visualize our cupped hands as a golden Chalice that contains the Energy of our Heart, which we see as a golden, unwavering Flame that neither burns nor consumes, but radiates a golden Blessing into space.**

**WE uplift this Sacred, Flaming Chalice to eye-level, and we open our eyes, seeing all things with the Single Eye of the Heart.**

**WE move our hands apart in a Holy Blessing, and the Chalice dissolves, leaving the golden, radiant Flame, which now moves toward the center of the altar above the Grail Chalice.**

**WE see the radiant Hearts of all those gathered here converging into a Unity above the Grail Chalice at the center of the altar, followed by a countless infinity of Heart-Flames streaming from all directions and from all Beings, conjoining into One Holy Flame above the Altar.**

**WE see Holy Rays of Blessing and Healing extended infinitely in all seven directions-- to the Above, the Below, the East, the West, the North, the South, the Within--until we see all the Universe contained within Its Love.**

**THIS is the One, Ever-Living, Radiant Heart of the Universe--the Eternal Heart of God, and the Sacred Flame of this Holy altar. Three times we deeply inhale through the nostrils with eyes fixed upon the Sacred Flame, then exhale through the mouth ending in HUM, thus cleansing and sanctifying our flesh for the Sacred Work of the Grail.**

**After a silence, the Celebrant intones the following, which is repeated after each phrase by the worshippers [(:Em-D-Em:) D-D-Em]**

**X**

**I PURIFY MY HEART  
THE CHALICE OF MY HEART  
WITH THE FLAME OF LOVE DIVINE.**

**[E]**

**OM OM OM Silent Meditation**

**SURSUM CORDA**

Celebrant elevates Flaming Chalice with both hands and Intones [Em-Em; G-G; G-D7-G; Em-Emaj.]

**WE LIFT UP OUR HEARTS  
WE AWAKEN OURSELVES  
WE EVOKE THE ETERNAL FLAME  
OF THE CHRIST WITHIN.  
AMEN AMEN AMEN**  
[Nacham mudra]

**INVOCATION**

CELEBRANT:

Ever-living LORD of Life, we open our eyes to the glory of Thy Sacred, Ever-Present, and Indwelling Reality, and we gather in consciousness with all Thy Host of awakened Beings, invoking the overlighting presence of all Thy Great Ones who serve the Divine Will and Way, and who initiate and guide all nature and humanity through Thy profound mysteries of interior transformation and spiritual evolution.

We gather with you, Faithful and Holy Ones of all Generations and all Worlds, to enact and celebrate the Eternal Mysteries of God Most High, and to participate in the joyous Universal Fellowship of all Souls in the Light and Peace that passeth human understanding, and can be known only by the Heart.

We draw near unto Thy Heart, O' LORD, and stand with Thee at the center of all universes, which surround us in seven concentric spheres representing all planes, all worlds, and the radiant and luminous Space of all Reality. This is the Divine Aeon of aeons, the *'Olam ha-ba* or World that has been, is, and is yet to come--World without end.

**AMEN AMEN AMEN**  
[Nacham mudra]

## MANDALA

X

Within our sacred sphere stand the Divine Hosts of all Generations and all Worlds. Above-- Christs, Buddhas, Avatars, and World Saviours. Below-- Cherubim, Seraphim, Dakinis, Panthers, protectors, and divine warriors in human, animal, and other forms. To the North--Archangels, Angels, Cosmic Buddhas, with all divine hypostaseis and emanations of all kinds dwelling in subtle bodies. To the South--Boddhisattvas, High Saints, Guides, and Ascended Spiritual Teachers and Healers. To the East-- Ascended Masters, Arhats, and Adepts. To the West-- all the Coming Ones of the New Humanity and of all worlds, and the Winged Ones of the Divine Future.

In our midst appear the Hearts of all beings, great and small, visible and invisible, human, animal, vegetable, mineral, elemental, astral, and spiritual, whether they slumber or awaken, with faeries, ondines, sprites of all kinds, and the ancient spirits of mountains, streams, deserts, winds, waters, whether benevolent or malevolent, as well as fallen angels, satans, evil demons, sorcerers, and all distorted and deranged human beings in or out of body who hurt others and are harmed by their own cruelty, encompassing all souls of all kinds and all worlds and all ages in all stages and processes of spiritual evolution-- all contained tenderly in the One Great Heart as a universal ocean of psychic life in which we live and move and transform our being, and upon which we pour forth this Holy Grace.

And upon the altar, overlighting all beings and uniting them in an infinite web-work of golden rays extending into the essence of every heart-- the Golden Flame of the One Heart of the Universe manifested in sacred time and space.

## SANCTUS

X

O' Lord of Life, we know ourselves as individual rays from Thy One Heart. We see thy radiance joining our hearts with Thine and all others in an infinite web-work of Divine Light and Fire that permeates all Space with unfolding streams of soul and consciousness, Beloved God, and we sing unto Thee in the holiness of this Blessed Vision [ Em- Em, B7-Em; G-G, D7-G; Em-Em, Am-B7-Emaj.]:

THOU ART WE, WE ARE THOU;  
 THOU ART I, I AM THOU;  
 THOU ART WE, WE ARE THOU.  
 AMEN AMEN AMEN  
 [Nacham mudra]

## ANAMNESIS

*Place Flame from Chalice onto altar, and bring cruet of juice near to Chalice*

CELEBRANT:

O' Lord of Life, Sacred Heart of the Tniverse, thou hast brought forth thy beloved child, Jesus Christ, as Firstborn of a New Humanity, raised Him up from the dead, and set Him before us as an Elder Brother and Master of our Souls, that we might follow the example Iof His Life and Teaching and listen with our Hearts to the Inner Guidance of Heaven to follow Your Way, imitate You, and ripen into Divine and Perfected Beings in a new, powerful, and sanctified flesh. We give Thee thanks for Jesus and all the Lords, Masters, and Enlightened Ones who have brought us Thy Divine Teaching throughout the ages, and especially for the Sacred Mysteries that we now enact through the High Priesthood of the Lord Christ Melchizedek.

On the Eve of the Paschal Moon, the Master Jesus revealed the Sacred Mystery of the Holy Grail-- the Body and Blood of the Christ--which is the Seed of Divine Love incarnate in the flesh and blood of all humanity that has ever lived or ever will live in this and all worlds. And He revealed unto us the Holy Chalice of the Heart, which is the Temple of God, the Reality of our individual Being, and the Holy Flame through which each of us draws all Humanity unto the Divine Unity we share with all beings, great and small, visible and invisible.

Now, O' LORD, we know ourselves as One with Thee and all Thy Universe. We lift up our hearts and contemplate, through the Single Eye of the Heart, Thine Indwelling Glory incarnate in all that manifests, returning unto our essential Divine Nature and looking within unto Thy Subtle Worlds and Higher Realities,



guided by the Interior Light of Thy Holy Grail. We sanctify the outer world as Christs in flesh, and we help create and build the New Heavens and the New Earth. For we are all One Body and One Blood in Thee.

## EPIKLESIS

Intone on Em and lead chanting between Em and G as inspired.

CELEBRANT:

**WHEREFORE WE CALL UPON THEE, O' ETERNAL LORD CHRIST, O' MASTER  
JESUS OUR HIGH PRIEST, O' ARISEN ONES AND MASTERS, WITH ALL THE  
HOST OF HEAVEN**

Celebrant fills Chalice:

**POUR OUT THY DIVINE SPIRIT UPON US  
KINDLE THE PURE FLAME OF OUR HEARTS WITHIN US**

Celebrant Elevates Paten with Hosts:

**RAISE UP THE CHRIST WITHIN US,  
FILL US WITH THY HEAVENLY FEAST**

[CONSECRATION OF ELEMENTS AND BLESSING OF ALL WORLDS] *Subdeacon touches the juice in the Chalice with the pre-consecrated Host and returns the Host to the Patten*

**AND BLESS**



**SANCTIFY**



**AND CONSECRATE**



**ALL WORLDS, THE PLANET, AND ALL HUMANITY,  
MYSTICALLY UNITED IN THESE HOLY ELEMENTS,  
AND CELEBRATE FOR ALL SOULS,  
AND CREATE ANEW WITHIN ALL SOULS,  
THE SACRED MYSTERIES,  
OF THINE ETERNAL BODY AND BLOOD.  
AMEN AMEN AMEN**

CELEBRANT ELEVATES BREAD AND PRAYS HEAVENWARD:

**ALL-LOVING AND EVER-LIVING LORD OF LIFE, WE CONSECRATE UNTO THEE  
IN EUCHARIST THE INCARNATE FLESH AND ALL INVISIBLE BODIES THAT  
THOU HAST GIVEN UNTO EACH OF US; [FOREHEAD, LIPS, THROAT] WE PURIFY  
AND DEDICATE ALL THOUGHT, WORD, AND DEED UNTO THE LIBERATION AND  
SANCTIFICATION OF ALL BEINGS IN LOVING SERVICE FOR LOVE'S SAKE**

**ONLY; [BLESSING +] AND WE SEND FORTH THY HOLY BLESSING UNTO ALL  
WORLDS, THE PLANET, AND ALL HUMANITY;**

[Heart, Forehead]

**IN THE NAME OF OUR OWN HEARTS!**

**[+] AMEN [+] AMEN [+] AMEN**

CELEBRANT ELEVATES CHALICE AND PRAYS HEAVENWARD:

**BELOVED FATHER AND MOTHER OF ALL WORLDS, WE CONSECRATE  
UNTO THEE IN EUCHARIST THE SACRED INTERIOR LIFE [CROSS] THAT THOU  
HAST APPORTIONED INDIVIDUALLY UNTO EACH OF US; WE KINDLE THE  
FLAME OF THY DIVINE SPIRIT [HEART] WITHIN OUR HEARTS; WE BUILD AND  
STRENGTHEN OUR BRIDGE UNTO THEE FOR ETERNAL GUIDANCE,  
INSPIRATION, AND COMMUNION WITH THY HIGHER WORLDS.**

**LET THE CHALICE OF OUR HEARTS BE FILLED WITH THINE HEAVENLY  
NECTARS, FRAGRANCES, AND ESSENCES, THAT OUR SOULS MAY BE  
NURTURED WITH THINE EVOLUTIONARY AND TRANSFORMING ENERGIES OF  
HIGHER LIGHT, LOVE, AND WISDOM.**

[Heart, Forehead]

**IN THE NAME OF OUR OWN HEARTS!**

**[+] AMEN [+] AMEN [+] AMEN**

### **THE ETERNAL WORD [Optional]**

Lectionary readings from the GOSPEL OF JESUS CHRIST and other Scripture

### **THE GREAT INVOCATION**

FOR OPTIONAL USE ON FULL MOON MEDITATIONS

**[INTONE]: From the Point of Light Within the Mind of God, Light streams  
forth into the minds of Humanity, Light Descends on Earth.**

**From the Point of Love within the Heart of God, Love streams forth into the  
hearts of Humanity, Christ returns to Earth.**

**From Shamballah where the Will of God is known, Purpose guides the little  
wills of personality, That Purpose which the Masters know and serve.**

**From the Center which we call the Human Race, The Grand Design of Love  
and Light interweaves with flesh, And it seals the door where evil dwells.**

**Light, Love, and Divine Power sanctify all that manifests in form.**

### **OFFERTORY**

Celebrant aloud, then all privately, send forth channels for Blessing, Healing, and

other special intentions and needs.

## PSALM OR SONG

Optional vocal or instrumental music.

## GRAIL RITES

Insert special Rites or Empowerments done in the Divine Presence.

When the Grail Rites have been concluded, continue with the  
Mystery of the Chalice and Holy Communion.

## THE MYSTERY OF THE CHALICE

X

### CELEBRANT OFFERS BREAD

CELEBRANT:

**TAKE; EAT.**

**THIS IS MY BODY, WHICH IS YOUR BODY.**

**HENCEFORTH I SHALL BE KNOWN TO YOU IN THE BREAKING OF THIS BREAD;  
FOR IF YOU KEEP MY WORD, I SHALL DWELL IN YOU, AND YOU IN ME; AND WE  
SHALL BECOME ONE BODY AND ONE HEART [CROSS].**

**THEREFORE,**

[Right Hand Blessing]

**DO ON EARTH AS I HAVE DONE, THAT ALL HUMANITY MAY REMEMBER US  
AND LEARN OF OUR LOVE**

[Heart, Forehead].

### CELEBRANT OFFERS CHALICE

CELEBRANT:

**DRINK YE ALL OF THIS;**

**FOR THIS CUP RENEWS THE ETERNAL COVENANT OF DIVINE LOVE  
[CROSS] IN THE LIFE THAT WE SHALL POUR OUT  
FOR THE LIBERATION OF ALL HUMANITY.**

**THEREFORE,**

[Right Hand Blessing]

**SHOW FORTH THE LOVE  
THAT I HAVE TAUGHT YOU,  
AND BECOME A LIVING MEMORY FOR ALL HUMANITY  
OF THE TRUE LIFE THAT LIES HIDDEN**

**WITHIN EACH SOUL**

[Heart, Forehead].

*The Elements are offered and taken by Intinction, signifying that Inner and  
Outer Lives are One Life.*

## MEDITATION

As the Chalice of each Heart is filled with Divine Berakoth, each one meditates in silent Eucharist, ending with nostril inhale, mouth exhale, HUM, in Nacham mudra. Sanctus Bells end Meditation.

## X

### EARTHING OF THE GRAIL

Celebrant pours contents of Chalice onto Earth in Sacred Way  
Vessel Lustrations

### DISSOLUTION OF MANDALA

CELEBRANT:

With our hands in Orant mudra and our eyes closed, we visualize ourselves and the universal host of beings here present as a great Cloud of Holy, White Light expanded infinitely in all directions. We hold in our Hearts a consciousness of the unity of all beings, visible and invisible, in the One Divine and Radiant Heart of the Universe, the Eternal Lord of Life. We open our eyes. We see our radiant brothers and sisters here gathered, and we give thanks. For we are ever surrounded in Love and tender nurture, encouragement and wise guidance, and there is no darkness within or without that can ever separate us from the Love of God.

### THE MASTER'S PRAYER

[Orant mudra]

CELEBRANT INTONES:

OUR FATHER AND MOTHER GOD, WHO ART IN HEAVEN,

MAY THY WAY BE HALLOWED IN EVERY HEART,  
THINE INNER GUIDANCE BE MADE MANIFEST IN EVERY SOUL,  
THYGOOD WILL BE DONE IN EARTH AS IT IS IN HEAVEN;

AS ABOVE, SO BELOW,  
AS WITHIN, SO WITHOUT,  
AS IN SPIRIT, SO IN FLESH;

GRANT US THIS DAY OUR SPIRITUAL SUSTENANCE,  
AND RELEASE US FROM OUR DEBTS,  
AS WE RELEASE THOSE IN OUR DEBT,  
AND DO NOT ABANDON US UNTO THE TEST,  
BUT DELIVER US FROM ALL EVIL.

FOR THINE IS THE RULERSHIP, AND THE POWER,  
AND THE ETERNAL GLORY.

[Nacham] AMEN AMEN AMEN

CELEBRANT:

**O' Holy Father and Mother God, as the fruits of field and vine were gathered from afar to be blessed in this Sacrament of Bread and Wine, so let all Humanity be brought together, sanctified, and made One with Thee in Thine Eternal Rule.**

**And may the Blessing of God-- Father, Son, and Mother Spirit-- rest upon us and remain with us always [+].**

**AMEN AMEN AMEN**

[Nacham]

## INSTRUCTIONS FOR THE GRAIL RITES

### I. THE WESAK INITIATION

Prepare the Altar with the following things for the Grail Rites of Initiation in addition to normal Altar paraphernalia:

- A violet length of woolen yarn measured by drawing the yarn through your hands while extending your hands as far apart as possible. This will be a piece of yarn at least four feet long. Place this length of violet yarn for First Empowerment Necklace Practice into the Chalice, where it will be permeated with the pomegranate or red grape juice that will be used for the Sacrament.
- Place the Temple Talisman or Sacred Round on the Patten with the pre-consecrated Host.
- Have the Attunement Tape ready to play and the Wesak Mandala placed into a position that you can see while facing East, perhaps under the Shroud photograph.
- Have a watch or clock visible and set to exact time so that you can time your reception of the Talisman to the exact time of the Full Moon.

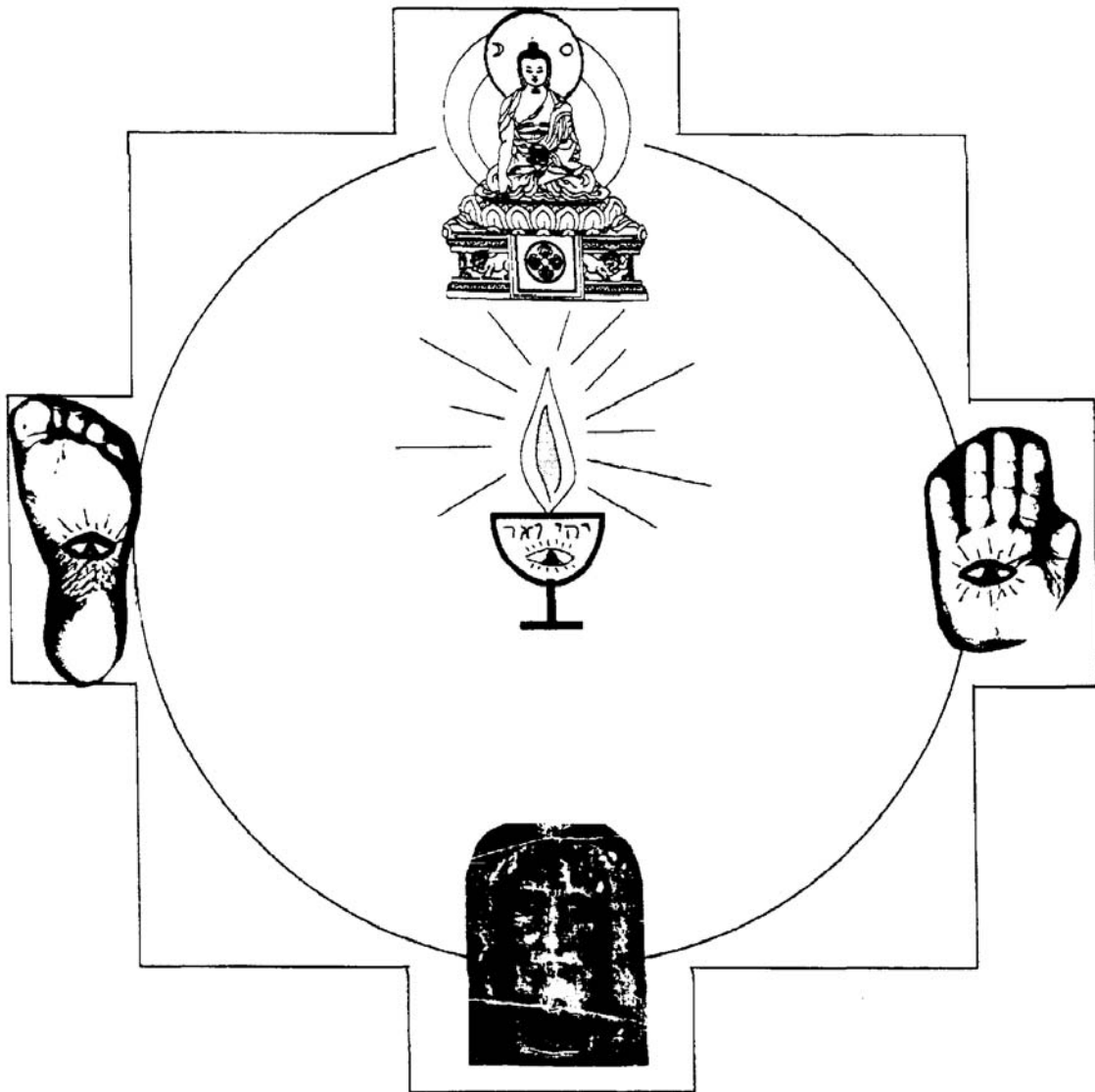
#### **Attunement Before Liturgy**

Begin the Attunement about an hour before the Full Wesak Moon. If you will do the *mikveh* immediately before, have this completed and be vested in a white robe an hour before the Moon. If you do the *mikveh* the night before, have everything set up and ready for the Attunement an hour before.

View the Wesak Mandala and listen to the Attunement Tape, doing all guided visualizations. This will take about half an hour.

The Mandala is given for you on the next page. Print out an extra copy to use and view during the Initiation.

SHAMBALLA MOON TEMPLE MANDALA  
BY HUMAN HANDS AND HUMAN FEET  
WILL THE TEMPLE BE BUILT



**Perform the Liturgy up to the Grail Rites, then meditate while the exact time of Full Moon approaches.**

About ten minutes before the time of the Full Moon, stand and elevate the Sacred Round or Temple Talisman in the Patten, which has been properly installed in a pouch measured in such a way that the Talisman will hang at the monadic heart center when worn. Intone: "By the authority of Grailmaster, Grail Mother, and the Eggregore of this Temple, I receive the Temple Talisman for the Divine Work of the First Order."

Hold the Talisman to your Monadic Heart Center. Visualize it enveloped in a golden radiance of Blessing from your Heart. Then hang it around your neck such that the Taliman rests upon your Heart, sit, and meditate on the Holy, White Light of Christ Within--the Holy Iliaster. Begin the Initiatic Meditation at least seven minutes before the exact time of the Wesak Full Moon, and continue until at least seven minutes after the exact time. During this meditation, stay focused on the Holy Iliaster and do not allow the mind to wander or the imagination to be active. Keep attention on the White Light.

When this operation is completed, you will have received the Rod of Initiation directly from Hierarchy. Stand up, sound the sanctus bell, gong, bowl, or whatever else is you use, and intone the OM. Give thanks. Your white robe has now been consecrated for Temple work. Then continue with the Liturgy into the Holy Communion, but sit before the Altar facing East after communing and do not continue with the Earthing of the Grail.

After a suitable period of meditation, sound the sanctus bell and remove your violet yarn from the Chalice. Draw and squeeze it dry between your fingers, letting the excess drip back into the Chalice. Lay it upon a dry paper towel to continue drying.

Now you may complete the Liturgy with the Earthing of the Grail Sacrament and the final Blessing. Keeping the altar candle lighted, sit to hear cassette tape #1 introducing the work of the First Empowerment.

The Necklace Technique begins on the first evening of the Wesak Full Moon and continues every evening to the new moon in two weeks. Read and follow instructions for the First Empowerment. The first part (Necklace Technique) is done to the time of the New Moon. The second part (Tri-Partite Aquastor) is done from the New Moon to the Full Moon of Christ and Humanity.

**Do the Necklace Practice every evening for two weeks (cf. First Empowerment instructions and tapes).**



## II. INSTRUCTIONS FOR THE FIRST EMPOWERMENT OPERATION ON THE NEW MOON

Do the following operation beginning about half an hour before the exact time of the new moon.

Perform the Liturgy Of The Holy Grail with one violet yarn placed in the Chalice as before, but this time cut to a length of about 12 inches. After the Communion, but before the Earthing of the Grail, draw the yarn out of the Sacrament. At this point, in the protection of the Grail Sacrament which remains in the Chalice on the altar, pierce the loops of the Necklace, tie the ends, draw them all together, wind into a tight ball of yarn, and finally tie very tightly the remaining ends of the new, wet yarn--setting aside to dry. When this is done, complete the Liturgy with the Earthing of the Grail and final Blessing.

Do this all before the exact time of the New Moon. Sit in meditation until the exact time of the New Moon, and then initiate your Aquastor Practice. Do the Aquastor Practice every morning as part of morning meditation for two weeks until the Full Moon of Christ and Humanity

## III. INSTRUCTIONS FOR THE OPERATION OF THE FULL MOON OF CHRIST AND HUMANITY

The actual First Empowerment is transmitted on the exact moment of the Full Moon of Christ and Humanity, assuming all practices have been properly completed. There are three conditions for this and all other Empowerments:

- (1 .) All practices must have been completed,
- (2.) the Grail Talisman must be worn over the Monadic Heart Center at the time of Empowerment, and
- (3.) the Grail Temple must be evoked as a sacred field of action by means of performing the Liturgy Of The Holy Grail.

### **REMINDER:**

*Empowerments are always received at the point in the Liturgy entitled Grail Rites during an Iliaster meditation (usually sitting) beginning at least seven minutes before, and lasting until at least seven minutes after, the exact moon time. Such rites may be performed at two in the morning or five in the afternoon, depending upon lunar cycles, and the Templar must carefully plan to use these sacred times as they arise. The Liturgy must be begun at least half and hour in advance of the sacred time. If time is running short, do an abbreviated form of the Liturgy that includes all parts, but DO NOT MISS THE PROPER TIMING FOR AN EMPOWERMENT.*

There are two aspects to receiving the First Empowerment:

- (1.) complete incineration of the yarn ball over consecrated coals, with Earthing of the ashes, done in the "field" of the Liturgy, and
- (2.) standing in Orant Mudra in the "field" of the Liturgy at the exact time of Full Moon with Grail Talisman on Monadic Heart Center, after which the Sacrament is consumed (Holy Communion). All this can be combined privately in one operation.

**WORKING THE OTHER FIRST-ORDER EMPOWERMENTS**

Once the First Empowerment has been received, the other First Order Empowerments may be developed and taken on lunar cycles using the Liturgy, the Talisman, and pre-consecrated Hosts. If you are an Apostolic Priest, you may consecrate your own Hosts. In any case, it is strongly recommended that Templars undertake training for the Home Temple Priesthood concurrently with First Order work.

When you have successfully completed the First Empowerment, you may order the second packet of materials, which includes the introduction to Root Chakra and the Long-Life Empowerment.

**SUMMARY OF FIRST ORDER EMPOWERMENT MODULES**

**[Cost of Each Module is \$80]**

*Passwords are given after completion of previous Empowerments and emailed request to continue.*

- I. **INITIATION and FIRST EMPOWERMENT, or Empowerment Over Dark Forces**  
**[Two Consecutive Full Moons]**  
*Materials for First Empowerment are supplied with Wesak Initiation Module*
  
- II. **ROOT CHAKRA, Part One: Practices and Work with Elementals and the Blessing Way [Introduced Concurrent with Long-Life Empowerment]**  
**LONG-LIFE EMPOWERMENT [One New-Moon Cycle]**  
*Materials supplied after First Empowerment has been completed. Requires postal mailing of Long-Life Stone.*
  
- III. **HEART OF THE MASTER EMPOWERMENT, or Initiation as Chela of Master Jesus [Two Consecutive Full Moons]**  
**HEALER EMPOWERMENT: Work with Cells and Elementaries; Acceptance as Companion of +OMR+ [One New-Moon Cycle]**  
*Materials supplied after Long-Life Empowerment has been completed.*
  
- IV. **ANTAHKARANA-BUILDING EMPOWERMENT: Preparation for Completion of First-Order Empowerments and Dubbing as Knight or Dame in +OMR+ [Easter Full Moon to Wesak Full Moon]**  
*Materials supplied in time for Easter-Wesak moons one year after Initiation.*

THE FINAL EMPOWERMENTS OF FIRST ORDER THAT QUALIFY CANDIDATES FOR ADVANCEMENT INTO THE SECOND ORDER—THE LITURGIST AND FINAL ROOT CHAKRA OR SEVENTH EMPOWERMENT—ARE OFFERED ONLY TO INITIATES WHO HAVE COMPLETED CONCURRENT PRIESTHOOD TRAINING IN THE HOME TEMPLE SEMINARY PROGRAM

- V. **LITURGIST and FINAL ROOT CHAKRA or SEVENTH EMPOWERMENT: Advanced Training in Harmonic Intonation, Mudra, Theurgical Operation, and Grail Sacramental Liturgy**  
**[One New-Moon Cycle] with concurrent completion of ROOT CHAKRA EMPOWERMENT After full solar year of practices; done on Full Moon]**  
*The Seventh or Liturgist Empowerment requires communication and documentation of theurgical operation to alter weather (bring rain) under personal supervision of Grailmaster.*

# THE FIRST EMPOWERMENT:

## EXORCISM, OR POWER OVER DARK FORCES

TEMPLE OF THE HOLY GRAIL  
Dr. Lewis Keizer  
Grailmaster



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## PREFACE

We are an hieratic or priestly Templar order--not a military order. Yet we are in the very vanguard of spiritual warfare for the liberation of all sentient beings from self-generated karmic, mental, and elemental dark forces that have ruled these lower spheres since ancient times and the so-called "fall" of mankind in the Atlantean or Fourth Root Race.

Now is the season for the emergence of the New Humanity, the Sixth Root Race, whose archetype and prophet was the Master Jesus. All nature travails in the birth-pangs of new Heavens, a new Earth, and a new kind of Humanity. This will require millenia of time, but the first-fruits of this Age are now coming into manifestation.

The King of Shamballa goes forth into the spiritual worlds to vanquish all dark forces and perform the interior transformations and theurgical operations that must be accomplished invisibly before that which is destined can manifest in form. He summons his divine warriors, evokes from them their sacred battle armaments, empowers them, and leads them into action. Thus the ancient defilements are cleansed, the oceans and forests made viable and healthy, and the human vibration raised--with that of all nature--unto a new and higher octave of evolution and achievement.

This EMPOWERMENT OVER DARK FORCES was given by the Master Jesus to his seventy closest disciples. Divine Apostolic Warriors have carried it forth through history. Now the sacred battle is thick and hot all around us. We will open our eyes, evoke and self-generate our skillful means of compassionate liberation, and venture forth with the King of Shambhalla under the Shield of Christ and all Hierarchy, for the sake of all worlds, all nature, the planet, and all humanity.

## INTRODUCTION

This is a study guide for the Teaching, which is oral. It is vital that all of the enclosed documents be read and understood. They consists of nine parts: Introduction; View; Applications; Practices; and an Appendix of Five Parts.

### HOW TO PROCEED

You should begin the Necklace Practice immediately the first evening after Wesak Initiation. Skim through all the written materials, then carefully read the section on the Necklace Practice and listen to the parts of the cassette tape introducing the practice. After that, continue with your study of these materials.

The Agni Yoga writings on the subject of obsession and possession found in Appendix C must ultimately be read three times before they can be assimilated. As part of the work during the Empowerment period, however, one reading is sufficient.

***An Empowerment is only a beginning. It must be developed, "ripened," and realized by the Initiate. This is true of all T:H:G: Empowerments.***

An important part of the discipline of developing this Empowerment will be re-reading the Agni Yoga Teachings on Obsession several months hence, and then re-reading again perhaps years later when subsequent experience will bring a much clearer light to the Teachings. The Initiate is also encouraged to read all of the publications of Agni Yoga.

Another part of further development will be recognizing the hidden and subconscious activities of dark forces, and exercising powers and authorities of exorcism over dark forces as needed. This is a process not unlike handling poisonous snakes, You may be bitten several times, but you will survive and eventually become immune to their venoms.

### THE DARK, OBSESSIVE FORCES

These are the lesser lights of the Divine Creation that in themselves are no more "evil" than you or I, but that tend toward devolution and inversion on the counterclockwise or left-hand paths. They inhabit the invisible worlds of the lower astral subplanes. They are not elementals such as inhabit the etheric subplanes of the physical world, although elementals can be made to serve their ends. But they comprise many kinds of being, from retrogressive human souls on the verge of psychic death (dissolution into lesser psychic organisms of animal, vegetable, and mineral kingdoms) to non-human souls and even egregors, aquastors, golems, and the offspring of human thought or of inverted sexual intercourse between fallen angels and elementals or humans. They can be subhuman animal souls-including so-called mythic beasts-ranging from beautiful to



terrifying. They may be succubi, incubi, vampires, were-animals, extra-terrestrial forms, or the astral bodies of conscious or unconscious powerful black magicians currently in or out of physical incarnation. They can be unimaginably powerful collective thought-forms vitalized by human prejudice and ignorance--veritable monsters--or vermin-like psychic decomposers.

### **THE PURGATORIAL AFTER-DEATH SUBPLANES**

The inhabitants of the lower astral subplanes belong to what in Kabbalistic language includes the Dark Side of the Moon (Yesod) and the Qlippoth. They are an ocean of illusory terrors that separate the disciple and all humanity from the higher worlds. The lower astral universe stands like a flaming sword ever guarding the Gate to Paradise and severely wounding and repulsing all that would try to take Heaven by storm of self-will. *Thus it unwillingly serves Divine Will.*

This is the Hades, the Sheol, and the Purgatory of ancient religious thought unto which most human souls came after death. In the ancient world, when the human soul was collectively far less developed than it is today, most reposed after death in the Bardo or Intermediate State, where they experienced purifications before lapsing into the higher repose that prepared them for incarnation--which in the lesser developed souls of the ancients came only after long intervals. In modern times the human soul is far more complex, and incarnation comes in much shorter intervals, while there is much more continuity of consciousness in the Intermediate State, and many souls ascend into much higher states of repose-- even awakened states-- before incarnation.

There are many purgatorial hells ranging from gross to subtle. The subtle hells are not recognized as such by those who inhabit them until they have been in these states for long times, and it is from such states that the "liars" and "deceivers" establish communion with mediums, channelers, and others who make themselves negative or receptive to whatever wishes to control and speak through them. True beings of the Greater Light do not use mediums or "channels," nor do they speak in words that can be quoted or written verbatim. It is for this reason that the Teachings expressly state: "A medium is but the inn for disembodied liars." (AGNI YOGA, 228.)

***In Appendix B, please read the detailed description of the ancient Chinese hells, which I call to your attention because the concepts are very similar to ancient Egyptian, Greek, Christian, and Buddhist descriptions of the hells.***

Note the general similarities, especially the three-day (72-hour) flesh-bound state and the seven-week (49-day) purgatorial period (cf. Jesus' seven-week resurrection appearances). Gnostic and Manichaeic teachings did not accept the Catholic idea of Purgatory, but they did describe a seven-week period after death during which the veil between living and dead was drawn thin for psychic contact. The same is described in various shamanic traditions.

### **RELATIONSHIP OF THE HELLS TO INCARNATE BEINGS**

The dark forces, or the lesser lights, are self-willed beings out of communion with the Greater Light, and who for various reasons wish to control, drain, demean, destroy, or cruelly play with incarnate human souls. The worst of them are totally inverted in consciousness, which means that their "feelings" react entirely opposite to compassion, love, justice, and other sentiments that reflect the Greater Light. They truly delight in human suffering and delusion.

How, then, one might ask, can such beings work together against humanity if they have no basis for harmony or collegiality? The compacts and allegiances that 'bind them are not inherent

in their natures, for they are chaotic. They are organized and controlled by individual and collective inverted will originating in humanity--in other words by skilled black magicians as well as by collective human ignorance, self-will, and general ill will.

The fallen angels are not aspects of God, but of humanity. They are the inverted reflection of the human condition which, expressing through the countless fractured mirrors of personal egos blind and deaf to the Higher Nature and separated in the illusions of mind, heart, and will from the great matrix of Nature and Divine Will, appears to itself as rebellious and abandoned in a hostile universe. That is why there is a literary period in which Satan "fell" from being the Prosecuting Attorney in the Court of God to the earth-vanquished leader of rebellion in Heaven (from Job to *Enoch*, perhaps 400-200 B.C.), and why even the Master Jesus said, "I saw Satan fall to earth like a shooting star." The fall of the angels is simply another octave of the fall of man, and the fallen angels which inhabit the lower astral subplanes are simply the collective higher daimons of humanity, or the lesser lights of what some call the Solar Angels or Monadic Guardians of the Augoeides or Higher Self (Ego) that eventually gains the evolutionary synthesis of its many and often simultaneous human incarnations to finally produce the Christed or Perfected Human.

Thus the lower astral universe with its "dark forces" is a shadow or inverted reflection of the Greater Lights, and it must be approached with great skill and courage.

### OBSESSION

The human and animal world is at the mercy of lower astral forces who subjugate and control it by *subliminal suggestion--that is, invisible, inaudible, subconscious, and often hypnotic influence*.

Misery loves company, and the lower astral world seeks by its very nature to project its cynicism, pain, failure, and self-imposed isolation from the Greater Light upon humanity, which it sees as its nemesis. For out of humanity comes prayer, compassion, divine aspiration, and vision--the very things that enrage or merely nauseate, depending upon what kind of hell is the matrix. The human strivings toward that which is evolutionary and Divine must be squashed--either by means of slow, long-term corruption of ideals or by violent reaction, depending upon the subtlety of hell involved.

Obsession is merely a matter of degree, for dark forces, like germs and viruses, are ever-present and always trying to invade human auras in order to gain access to the vital energies of the physical etheric body. In this way they can grow strong and eventually totally control the heart, mind, and will of a physical vehicle, and thus feel, enjoy, experience in more than a merely vicarious way.

It is the goal of the dark universe to invade and act as puppet-masters of human and animal forms. The points of invasion are approximately, in terms of human anatomy, *at the nape of the neck and at the solar plexus*. The first point of success is usually at the nape of the neck, and it is from that stronghold in the aura a dark entity can control a human vehicle.

***Please carefully read the summary on psychic attack reprinted from Saraydarian's Cosmos and Man, which is found in Appendix C.***

Obsession can take the form of sickness, inspiration, personality change, etc., but the one common denominator is the RESULT OF A PERSON'S ACTIVITY. The Master Jesus said, "By their fruits shall ye know them," not by words, ideas, promises, perceived intentions. Obsession may be subtle or gross, but it RESULTS IN HARMFUL LIFE AND INFLUENCE. It can be the "evil eye" -- whomever a person influences experiences harm. It is most usually unconscious or

subconscious. Very few people are consciously evil. Adolph Hitler considered himself to be a saint. In the name of good, great harm is done. It can appear to be "accidental," especially to the obsessed person himself.

In numerous cases mass murderers and deranged criminals tell police that "voices" told them to do their deeds. When a criminal is caught and faces death, the "voices" leave him, he becomes lucid, and he can't understand how he could ever have committed the acts he did. The "voices" leave because they no longer have a use for the vehicle, and they do not wish to experience punishment for their crimes by suffering in a human body.

### THE DARK GUIDANCE

Your first task as one who will gain power over dark forces is to *identify their influence in life*. Mao Tse Tung always repeated the great Confucian proverb, "Know your enemy!" You must come to know the enemy well--how he works, how he thinks, how he reveals his presence--and you must be able to recognize his activity in all human endeavor, most especially in YOURSELF.

The Master said we should remove the log that is in our own eye before we can see clearly to pluck out the tiny splinter that is in our neighbor's eye. The contrast between log and splinter is apt, for the small distortion we so easily see in our neighbor's point of view is what totally blinds us, because we look through it subjectively and the same little distortion totally rules how and what we are able to see. Thus, as Mother Jenny said, we cannot perceive, identify, or name any evil or fault in someone else *unless it first exists in us*.

If we could only fully comprehend and follow out the consequences of that one truth, we would have no need of a First Empowerment! That truth gives us the basic strategy for identifying the work of dark forces, for when we ourselves begin to feel irritation, anger, condemnation, we are *by definition* under strong suggestion from dark forces.

Irritation, condemnation, anger--all vice does not originate in the Divine Nature, but is produced by inversion of higher creative and intellectual energies by perverse forces. No, the Devil doesn't "make us do it." Rather, we allow the Devil to be our Guide.

"If you are not part of the solution, you are part of the problem," said Eldrige Cleaver, who himself was part of the problem--but his words ring true. If we are not consciously persevering under discipleship and Higher Guidance, we fall prey to whatever "winds" are blowing. We are going to be influenced one way or the other. To come under Higher Guidance demands conscious choice and discipline. To fall under dark guidance requires ignorance, laziness, and complacency. Most human beings fall into the latter condition, and that is why most human undertakings are not part of the Divine Malkuth or Hierarchical Guidance. That is why the earth is polluted and nature is defiled, and that is why even the best of human intentions all too often produces negative overall results.

"By their fruits" is the other great canon for discrimination. Many people and institutions leave behind a trail of abuse, while a few others blaze a sacred pathway of aspiration and achievement. Learn to see the contrast.

### DISCRIMINATION VERSUS JUDGMENT

"Judgment" in the translated language of Jesus means "condemnation, disapproval." It is a negative energy under the dominion of dark forces.

But "judgment," meaning "wise discrimination, ability to identify the heart and essence of motivation and impulse," is a higher psychic and spiritual sense. It develops in the incarnate being through the astral spirillae of the sense of *taste* in coordination with the sense of smell, which itself becomes the whole intuitive sense. Thus the ability to discriminate between the subtleties of force and energy, greater and lesser lights, and the roots of impulse and motivation is a higher-triadic sidhi much to be desired. It is a virtue the adept must acquire in order to make any serious progress.

Discrimination begins with oneself, and with the knowledge that *all motivation and impulse proceeds from either the left-hand or right-hand-that is, the Higher or lower--ego*. There is no "in-between." Things may look like "gray areas" or moral ambivalences, but in fact at their roots they are motivated either by the heavens or the hells. As Plato reiterated, the soul has only two motions—one clockwise and the other counter-clockwise. The first is the motion of unity, expansion, and of the higher; the second is the motion of separation, contraction, and of the lower. Or as the Deuteronomist says, there is the Way of Life and the Way of Death. This is the basis for polarity and duality, which *when held in balance* constitute a Golden Mean. But the balance means *receiving in humility from Above and giving unconditionally to the Below*. It does not mean serving the Below and alienating oneself from the Above.

One learns first to discriminate one's OWN basic impulses and motivations for the purpose of obeying the Higher. Why is it a balance to obey the Higher and not the lower? Because the lower depends upon and reflects—however distortedly and even invertedly—the Higher. It is the order of Reality. The tail does not wag the dog! The lower impulse is always REACTIVE to the Higher, thus often diametrically opposed. "For every action there is an equal and opposite reaction," said Newton. The same applies in spiritual Reality. The lower is the reflection and reaction to the Higher.

Thus we can identify the Higher impulses often by *careful analysis of our own emotional and intellectual reactivities*. We sense the Higher through the reflections, perversions, and inversions of our own mental and emotional reactions (i.e., opinions, dislikes, intolerances, etc.). Like Alice, we enter Wonderland through the looking-glass of our own examined ego, once we are able to dis-identify from it and see ourselves with higher eyes. But from inside our own "heads"—from our own personal ego-perspective—everything is backwards, as in the looking-glass, until we actually go into the looking-glass and see from the opposite side.

Thus we never say, "I have a soul," as though the soul were an attribute of the personal self. Rather, we learn to think and orientate ourselves to this idea: *"The soul has me."*

This is the beginning of discrimination, and discrimination is the virtue of one who will gain power over dark forces, first within himself, and finally in the world.

The Master said, "When you learn to rule the inner nature, then you will be able to rule the outer nature."

### THE BEGINNING VIEW

**Read carefully the Teachings of Agni Yoga in Appendix E. Read just a few selections at a time over the period of this Empowerment. Learn to more deeply assess your own interior motivation and to identify the dark influences throughout life.**

We exist in an ocean of unseen psychic life and Reality that is the *real causality* of all that manifests in form and in human personality.

If we could see all the dangers and enemies that throng about us seeking our very lives and

vitality, seeking to make us slaves, seeking to rule our hearts, minds, and feelings, seeking to drag us away from the evolutionary down into the devolutionary pathways--if we could see even for a few moments the horrors that strive with us every moment, we would grow faint of heart and despair of all hope. It is a divine mercy that we are deaf and blind to what surrounds us of the lower subplanes. It is for our own protection that we walk blindly among the hells. Humanity treads where angels fear to go, it has been said.

But we are also surround by myriad beings of light, protection, and healing who strengthen us for the battle, guide us, and sacrifice themselves for our evolution.

What is the difference between the Higher Guidance and the dark, subliminal influence? The one is telepathic and requires our attention, striving, and higher sensitivity, The other is black-magical and requires only our lack of vigilance and insensitivity to discriminative faculties. The one leads to mastery through self-mastery, while the other to slavery through loss of soul.

Once one has developed View, one will be forced into battle. One will require fortitude, courage, and faith. One will experience attacks and wounds, and one will lose many rounds before making a clear victory. That victory will attract even more powerful dark force that will try to destroy the disciple. But through the battle scars the disciple will grow more skillful, more alert, and will begin to develop the interior strength to persevere. And the time will come when he or she will come to know the great Light Warriors of Hierarchy, and to stand shoulder to shoulder with them in the great battles for all worlds, all nature, humanity, and our dear planet.

Understand clearly that the pathway through this First Empowerment is complex, painful, and will bring much into your life that will be challenging. This is the commission into Divine Warfare, and the battles will become conscious and a normal part of your future existence if you proceed.

The Master Cephas said, "Do not think it a strange and paradoxical thing when fiery trials come upon you. Rather, rejoice! For it means that God has accepted you and is bringing you into his Great Work."

Let your apprenticeship begin.

## VIEW

### THE SOURCE OF DARK POWERS

In Pralaya, God or the All is Rest or Non-Being--God is Absolute Darkness. In Activity or Creation, God is Spirit or Ali-Being--God is the Hierarchy of Absolute Light. God calls Itself into existence and produces all activity, time, and change by means of a primal duality or polarity. This emerges from a primal unity, which itself unfolds from a primal Chaos, Limbus, or Darkness that may be compared to the number zero.

In mathematics we distinguish zero from the null set or from infinity, in that *zero is a number--not an undefined concept--and it is necessary for the operation of any complete number system.* We use zero like one, two, or three to add, subtract, multiply, divide, and name powers and roots. It is therefore instructive to note how one moves from a given ZERO to produce UNITY or the ONE, as this is an abstract of the process of creation in which the All emanates or everts from Pralaya into Creation.

Given the number ZERO, any number may produce the number ONE when it is taken to the power of zero. But of all numbers, only ZERO replicates itself when taken to any power, negative or positive. Although modern mathematical systems may regard the following assertion to be untrue, in occult mathematics ZERO taken to its own power, or ZERO TO THE ZEROETH POWER, produces ONE. Thus the means whereby the All manifests a primal unity from which all Creation unfolds is one of *self-generation*, and God as well as all Masters have the occult title of Autogenes, the Self-Born One. In other words, the Existent is generated out of the Non-Existent by a self-contained process of reflexive self-multiplication, i.e., meditation. That which "powers" Divine meditation is Divine Will. Thus the great gnostic systems teach that the Non-Existent God willed Existence as a primal Cosmic Seed, primal unity, or the ONE.

**Read the quotation of the teaching of the Gnostic divine Basilides from the Refutations of Hippolytus in Appendix D for an excellent description of this process.**

I include the entire fragment as it is perhaps the quintessential Teaching concerning Gnostic Christianity, and you should study it well for many reasons. Refer back to this writing many times in future, as it represents deep Kabbalistic Teachings of the Master Jesus, even though it comes down to us in questionable form through the zealous "exposures and refutations of gnostic heretics" written by Hippolytus. You can fill in the blanks and straighten out the warps for yourself.

Understanding, then, the origin of the primal unity from the Unmanifest, it is through a process of *polarization* of the ONE (or the Universal Monad) that the TWO (or the Universal Dyad) is produced. The Monad is all Light, so *there is no polarization of light and darkness.* Rather, it is a separation of the Greater or Higher Light from the Lesser or Lower Light. This comprehends the Kabbalistic reference to the biblical separation of heaven and earth by a "firmament" once God has called Light out of Darkness. Thus, in all manifested Creation *there is no true darkness--ALL IS GRADATION OF LIGHT.*

Then what are the Powers of Darkness? They are the lesser and lower "Archons" or rulers of Divine Hierarchy who are polarized to the Higher Light as an inverted reflection, *but who themselves are aspects of the Divine Light.* The same is true for all that exists in all Worlds, *Olamim*, Aeons, or Planes of Existence, for Divine Hierarchy is of two sorts: Radiant and Reflective. The "firmament" is a kind of "mirror" separating the Higher Light from the Lower. It exists between the Lower Mental and Higher Manasic planes or worlds, and it separates the

"divinely created" from the "divinely generated" realities. We speak of Higher and Lower Triads in the development of the human soul in its return to the monadic state as a divinely self-begotten Ego--the Augoeides or "Higher Self."

If we make the mistake of holding the false view that the powers of darkness are without light, then they will always hold the power of illusion over our minds because, as the Master Paul said, Satan often appears to us as an angel of Light. How can something void of light appear as light? We must recognize with Origen that all is light, and that in the Apocatastasis or final resolution of the All, or the end of this Manvantara, even Satan will be "redeemed." Thus we say there is no ultimate Good and Evil in Reality--only relative good and evil, better understood as "right" and "wrong."

The original polarity of the All is reflected in the Motion of the Right and the Motion of the Left, of Evolution and Devolution, of Clockwise and Counterclockwise, of the Good Yetzer and the Evil Yetzer at the root of the human heart and soul--which always requires discrimination and good will at any level of Divine Hierarchy, from the highest to the lowest.

Ultimately, then, "evil" is inherent to our own created nature, and it exists in us for a purpose. How might we understand that purpose? It exists for the same reason we have two legs--a right and a left. With only one leg, we couldn't move. We could not progress. Without "evil," moral struggle, obstacles, and trials it would be impossible for psychic life to evolve into higher and more pure states of Light. The Masters say, Love your enemies, for they are your true friends. Why? Because only our enemies and obstacles force us to grow, improve, and synthesize into higher, more radiant, more complex psychic entities. When the time comes that we can *cooperate* with the "divine enemies" and see in them the loving face of God, then we are able to make fast and efficient progress.

If we were to make a simple summary of the goal for all souls, it would be TO GROW BY GATHERING HIGHER LIGHT AND ORGANIZING IT INTO EVER-EXPANDING INDIVIDUALITY.

If we were to make a simple summary of the process of spiritual evolution for all souls, it would be an exegesis of "organizing it into ever-expanding individuality," which would mean to use divine will to order the higher light over the lower, so that reflected light streams out to the posterior or past, and projected light radiates forward into the future. That is the meaning of, "Get thee behind me, Satan." We must learn to put the "enemy" behind us, and the time comes when we can do so without undue personal agony and pain.

Thus the true Darkness or Chaos of the Unmanifest Reality is not what we mean by "dark powers," which are in fact the lesser or reflected lights of the Divine One.

Try this experiment. Light a candle on a day when the sun is shining brightly and then hold the flame in your line of sight against the disk of the sun. The candle flame will appear to be dark, just as a sun-spot, which is a fiery manifestation thousands of degrees centigrade, appears dark on the surface of the sun only because it is relatively cooler than the surrounding plasmas. Lesser light will always appear "dark" in the context of a greater light. From this experiment we can see how all Reality is light in gradation, and there is no darkness. The illusion of darkness is caused by differing intensity and luminosity, not by an admixture of light and darkness as Plato and the Magi once thought. Light is the quintessence of all Reality in any form of manifestation.

It is necessary to have this correct view of "dark forces" before one is able to truly comprehend and overcome them because *power over these forces comes only through reconciliation of polarities--not through increasing the polarities.*

We do not use brute force to overcome brute force, but a kind of psychic Judo that exploits the brute force directed against us or others by directing it as it should be. The "dark forces" are to be harnessed, used, and guided for their own upbuilding. At times this means destroying their crystallized structure and dispersing it into a ground state, but normally it means understanding, comprehending, guiding, and directing them.

In order to do this we must be operating from our Higher Nature-dispassionate, without fear, without prejudice, and under the influence of Divine Will and Compassion. Using the View we have given of the origin and ultimate purpose of "dark forces," it is possible to find a starting point for this work.

### THE DIVINE CREATION

All beings and worlds that exist in the Lower Triad of Physical-Etheric, Astral, and Mental planes are reflections of Divine Light. They are not divinely self-born beings who radiate Light or work as initiators in Divine Hierarchy, but they include all angelic and infernal realms, all elemental beings, and the world of human personalities. Ultimately they are inferior to humanity because of all created beings, only humans can achieve divine, monadic self-birth. Thus the Master Paul says, "Know ye not that ye shall judge the angels?"

But human beings are the doorway through which other created beings may achieve divine self-birth as well, and that is why many of them covet and try to steal human souls for themselves. That is the basic impulse behind obsessing and possessing entities, those who would make a pact or marriage with humans, and those that would try to destroy human personalities and lives in order to temporarily gain control of their souls.

For the human soul is a complex city that is the product of aeonic transmigration, and human birth is the most advantageous spiritual estate—even more to be desired than birth as a god-being in the higher astral and mental subplanes. Many kinds of entities desire to become part of that vehicle by gaining control of it. But that, too, is illusory. For when astral entities succeed in gaining control over a human soul, they ultimately cause it to disintegrate. It is always best for them and for the human beings afflicted to be liberated from obsessive contact, and in the case of human souls whose internal disharmonies are so great that disintegration must occur before stability can be attained, it is best to dissolve them quickly into their lesser individualities so that the work of evolution can begin again for them. That is often the special work of "exorcism."

Just as the reflective surface of a still pond divides air from water, so the Divine Firmament divides the Divine Worlds from the Created Worlds (Mental, Astral, Physical). Mankind is always symbolically represented as connecting or standing intermediate between the Above and the Below, because it is ultimately mankind that serves as the vehicle for mediating Divine Life to the images below—perfecting the process of creation by developing it into one of Divine Self-Generation.

The alchemical story of Pinocchio is both an allegory of divine transformation for each person (he becomes a "real" boy by enduring trials in the world of humanity and finally learning to follow the Higher Guidance) and an allegory of the divine evolution of humanity as one entity overshadowed by the Christ—the Perfected and Perfecting Individuality of Humanity. He is made of inferior or "created" matter (reflected reality) in the Divine Image. He must now live up to the higher realities of that Divine Image through instant obedience, compassion, and wise action, but at first falls under the seductive sway of inferior forces. He falls many times, then comes to realizations and begins to fight his way back home. Once he begins the pathway home, he is able to receive spiritual help to become victorious. But then he falls again, and again. Yet through this process Pinocchio takes on more and more of the Divine Reality. So it is with us.



Without trials and seductions, falls and failings, there would be no progress, because there would be no *experience*. Experience in the physical plane is what generates divine transformation, and experience in the physical world is what dark forces of other planes covet and try to capture through human beings.

In the physical world everything that manifests in form has an "entity" or overshadowing individuality fully conscious on another plane. The wisest and highest are the simplest, most elemental forms. Minerals have their Soul (so to speak) on the Causal Plane. Plants have theirs on the Mental Plane. Animals have theirs on the Astral Plane. Created mankind has its on the Etheric or first invisible plane, and we call it the intelligent Aura.

The soul of each personality and of humanity begins in its youngest stage as the Aura. From that reflected energy is built the antahkarana that finally bursts through the Firmament into Reality and ultimately connects the incarnate personality with the monadic Entity that has cast it forth into matter. At more advanced stages of soul growth, the human soul dwells first in the Astral (ancient mankind and Sheol or Hades, etc.), then Mental subplanes until it ceases to be merely a reflected or created entity and, like Pinocchio, becomes a "real" individuality. Ultimately the Egoic Lotus, Augoeides, Radiant or Higher Self dwells in the Manasic or Higher Mental subplane of the Buddhic or Causal World when each individual and humanity as a whole attains the perfection of its Kingdom, constituting individually a Christed Being and corporately the Christ.

Incidentally, of all manifest matter, *it is the Archates or mineral kingdom that alone is fully divine in its Entity*, which alone dwells above the Firmament in the Buddhic or Causal World. That is why in ancient times images of the gods were carved in stone. Thus we began our initiatic work with the Archates and sacred gamatheii, and we must continue to work with the Mineral Kingdom until we have received Root Chakra Empowerment.

# CONSTITUTION OF THE HUMAN MICROCOSMIC BODY

From inverted human perspective looking from Seventh Plane Physical inward into the depths or upward into the heights of the increasingly subtle mysteries of Self.

## PHYSICAL PLANE

**EARTH** (Solids, Archates, Trace Minerals of Body, Bones, Teeth, Hair, Nails, Cartilage, and Mesodermal Structures)

Sub-Plane 1

**WATER** (Blood Plasmas, Lymphatic and Glandular Secretions, Digestive and other Enzymes, and Endodermal Structures)

Sub-Plane 2

**AIR** (Neural Tissues, Brain, Dissolved Gases in Blood and Dermal Tissues, and Ectodermal Structures)

Sub-Plane 3

**FIERY CHEMICAL ETHERS OR PLASMAS** (Auric "Magnetic;" Imperil-Forming Ethers; Interface with Pranic Ethers from Sun, Stars, and all Radiant Iliasters Mediated to the Physical Body)  
*BASE OF SPINE, GENERATIVE, SOLAR PLEXUS, SPLEEN*

Sub-Plane 4  
INTERMEDIARY

**VITAL ETHERS, PLASMAS, OR PRANAS** (Solar, Astral, etc., transmitted by conduction or induction)  
*THROAT*

Sub-Plane 5

**LUMINOUS ETHERS OR PLASMAS** (Light-Energies Transmitted by Radiation)  
*HEART*

Sub-Plane 6

**REFLECTIVE ETHERS OR PLASMAS** (Logoic "Sound" and Mirror-Like, Akashic Iliasters that reflect Astral Image)  
*AJNA (to Spleen), CROWN, PHYSICAL PERMANENT ATOM*

Sub-Plane 7

## ASTRAL PLANE

**LOWER, INVERTED ASTRAL PLANES OF SUFFERING:**

**INFERNAL** (Demoniacal Angelic and Elemental, Criminal Human)  
[Includes Preterodemal, Infernal, and Proctodemal]  
THE HELLS, EARTH ELEMENT

Sub-Plane 1

**MIDDLE WORLDS**  
EMOTIONS, WATER ELEMENT

Sub-Plane 2

**PASSION WORLDS**  
ILLUSION, AIR ELEMENT

Sub-Plane 3

**INTERMEDIARY ASTRAL PLANE:**

**FIERY REFLECTIVE AND GENERATIVE SUB-PLANE**  
*BASE OF SPINE,, GENERATIVE, SOLAR PLEXUS, SPLEEN*

**Sub-plane 4**  
**INTERMEDIARY**

**HIGHER, ANGELIC PLANES OF ASTRAL BLISS:**

**COSMIC LIQUID SUB-PLANE**  
*THROAT*

**Sub-Plane 5**

**ASTRAL SUB-PLANE**  
*HEART*

**Sub-Plane 6**

**HIGHER PSYCHIC SUB-PLANE**  
*AJNA (to Spleen), CROWN, LINKS TO PERMANENT ATOM*

**Sub-Plane 7**

**MENTAL PLANE**

**INFERNAL MENTAL SUB-PLANE:**  
**[Includes Preterodemal, Infernal, and Proctodemal]**

**Sub-Plane 1**

**NORMAL MENTAL SUB-PLANE**

**Sub-Plane 2**

**INTELLECTUAL MENTAL SUB-PLANE**

**Sub-Plane 3**

**INTERMEDIARY MENTAL SUB-PLANE:**  
**ILLUMINATED LOWER MIND**  
*BASE OF SPINE, GENERATIVE, SOLAR PLEXUS, SPLEEN*

**Sub-Plane 4**  
**INTERMEDIARY**

**THE CHALICE, LOTUS, HIGHER TRIAD:**

**COSMIC GASEOUS SUB-PLANE**  
*EGOIC LOTUS; SOUL; CAUSAL BODY*

**Sub-Plane5**

**NOETIC OR MANASIC SUB-PLANE**  
*EGOIC LOTUS; SOUL, CAUSAL BODY*

**Sub-Plane 6**

**HIGHER EGOIC OR 'HIGHER SELF' SUB-PLANE**

**Sub-Plane 7**

**EGOIC LOTUS or SOUL; CAUSAL BODY; MENTAL PERMANENT ATOM**

### **THE AURA AS MIRROR, SHIELD, AND TERRIFYING ASPECT**

The Aura is the means by which we succumb to or overcome the onslaught of dark astral and mental forces working through the etheric subplanes. It is the intelligent "double" of our Higher Individuality as personalized through aeons of incarnate experience, the mediator of personal karma, and the Temple built of myriad lives and energies accumulated through incarnation.

It has been stressed that each of us is not an "I," but a "We." It has been said that the soul is a structure, and that the human soul is a highly complex structure whose organicity and harmonious unity is imperfectly expressed. The soul of a developed person may still be as uncoordinated and dysfunctional as the body of an infant child in its crib, needing time, growth, and experience to develop coordination, interior balance, and unitative harmony. It has also been said that it takes us many hebdomads of years to achieve even a recapitulation of the entire repertoire of lives and energies we each hold within our souls, reflected in our Auras, and we (twentieth-century Fifth Root Race humanity on the cusp of the Sixth Race) may not have completed this "individuation" or recapitulation until we are in our forties.

When we have finally circumnavigated our own inner world, or most of it, we will know enough about ourselves to begin using who and what we are for theurgical work under the Divine Will.

You have already learned that the so-called "magical circle" is really an Auric Egg. It is, in fact, what protects you, keeps you intact as a unity, and defines your individuality while incarnate. When your Aura qualifies harmony, purity, high attunement, and the inspiring energies of Reality, it reflects the radiance of the monadic Self above the Firmament into etheric, astral, and mental subplanes, both attracting beneficial entities to help and augment your spiritual synthesis, and repelling infernal and other maleficent entities who wish to vampirize your light and vitality for their own temporary sustenance.

Thus the first and foremost requisite for developing power over dark forces is a strong, unified, and radiant Aura. This is why it has been said that PURITY is the foundation for all work.

# APPLICATIONS I

## **MICROCOSMIC TOOLS: Sacred Use of Mudra**

Study the liturgical mudras used in the Divine Liturgy in Appendix A. They are used not only for the Grail Liturgy, but for various other consecrations and blessings.

### **LEFT HAND:**

Receives current. Counter-clockwise flow. Do not allow lower currents entrance; use over Heart with first three digits in triangle formation to connect into evolutionary, healing, and blessing Hierarchical currents.

### **LEFT DIGITS:**

Thumb attunes Root Chakra, Pointer attunes Generative Chakra, Middle attunes Solar Plexus, Ring attunes Heart, Little attunes Throat. Each relates respectively to the first five principles: Physical Body (Thumb); Astral Form or *Linga Sarira*, the incarnate emanation of the Auric Egg (Pointer Finger); Vitality manifested in Etheric Envelope and Breath, or *Prana* (Middle Finger); Lower Mind, personal egoic consciousness, and Desire Body (*Kama*) or Animal Soul (Ring Finger); Higher Mind, Self, or Egoic Lotus monadic individualities (Little Finger); Buddhi and Atman (Sixth and Seventh Principles) relate to all five digits together in synthesis.

### **RIGHT HAND:**

Transmits current. Clock-wise flow. Do not oppose higher currents with it. With Left Hand on Heart, direct higher currents for healing, blessing, manifestational work in coordination with Throat, sound (intoned words, prayer, the A-U-M or Seven Vowels), and visualized intention using light of various colors and form.

### **RIGHT DIGITS:**

Project activities, powers, and virtues of respective chakras and principles (see Left Digits). Right and Left Digits touch each other in attunements, but used separately in receptions and projections.

### **PALMS, SOLES, CROWN, WINGS:**

Centers of intelligence and Iliaster currents. Both impress with *mumia* and all emanations, positive and negative. Soles impress and take impressions mainly from earth and water; palms from earth, water, and air; Crown from water (oils), air, and lower fire; Wings from fiery fluids (water), airs, and higher fires.

### **HEART:**

Channel of Divine Hierarchical Forces and Guidance; Gateway to higher egoic and monadic emanations; Fountainhead and Source of all evolutionary, healing, blessing, and fiery protective radiance; Link with all sentient and non-sentient beings.

### **SOLAR PLEXUS:**

For our purposes, the Gateway to the somatic, cellular intelligence of the physical body. We communicate intelligently with body cells by placing Left Palm on Heart, Right Palm on Solar Plexus, and visualizing with sound.

**HEALING, PSYCHIC CLEANSING FROM OBSESSSION, SPIRITUAL**

**ATTUNEMENT FACILITATION FOR ANOTHER BY CONSENT:** With person seated, stand with feet apart and on the Right Side of the person to be helped.. Place Right Palm on person's forehead, Left Palm at the Base of Skull (not on nape of neck!). Close eyes and visualize Holy Iliaster. Use sound or words if needed. Hold for at least ten seconds. Remove hands and use Sterilizing Breath on each palm. Do not touch Face, Eyes, or Crown of head!

**STERILIZING BREATH:**

Blow with quick, explosive motion through pursed lips with conscious separation from object to be cleared. Sense of THROAT. Use COLD, DRY Breath. May be used to neutralize imperil and other negative emanations, or to balance sacred forces created on Palm or other tools in healing or blessing. Always use Sterilizing Breath after negative or positive contact (cleansing from obsession or projecting of blessing, **etc.**).

**MAGNETIZING BREATH or MUMMIA:**

Blow WARM, MOIST Breath with mouth wide open from deep within with consciousness of connecting object intimately to oneself. May also use saliva. Sense of HEART. Transfers blessing, healing, evolutionary forces through medium of personal animal *mumia*. Use to create protective talismans that others may keep with them for healing, etc., once you have become sufficiently practiced at projecting light and successfully battling dark forces to be able to share your powers to help and defend others. Always seal *mumia* with positive, radiant Golden Force to prevent its being used to pierce your Aura.

**TECHNIQUES OF CLEANSING AND EXORCISM**

Power over dark forces is exercised by two Virtues and under three aspects of Will. The Virtues are:

- (1 .) divine authority, as through Ordination and Transmission of Empowerment over dark forces, and
- (2.) initial attunement through Prayer or Meditation in the Divine Presence--i.e., Consciousness.

One does this work *only after first ascending in White Light Meditation*. Never move directly into the hells, but always prepare by ascending in meditation or other modalities. Then it is safe to make the descent into the hells.

The three aspects of Will are:

- (1.) Pure motivation and intent. The work must be from the Higher Guidance--not for personal power or demonstration. Thus it is best to do as much of this work as possible anonymously and in secret.
- (2.) Gathering and visualizing the Iliaster as either a white or a golden light in the Heart, which then causes the entire Aura to become radiant.
- (3.) Use of the sacred AUM or certain spoken or intoned words, done with radiant Heart and Throat focus through the Hands or Right Pointer Finger with Left Hand over Heart.

In the case of cleansing a place or location, one directs force through the Right Pointer Finger. In the case of cleansing a cooperative person who is willing to sit and be touched, one places the Left Open Hand at the base of the person's skull and the Right Hand upon the forehead. One must be standing to the person's right while he or she sits or, in the case of a child, stands upright.

One can also impress *mumma* into organic objects (paper, cloth, etc.) by employing certain oils to transmit and hold the cleansing blessing. Use Hands, Heart, and Throat to transmit and impress it. This can be mailed, buried in the earth, etc. When doing so, however, visualize and direct the *mumma* to remain radiant and positive to disable any possibility of its being used as a vehicle to send negative force back to you. Impress it with that conscious intention. Never leave *mumma* without taking this precaution!

Use exorcism to release a person whose Aura has been penetrated by dark forces. Often merely touching the person on the head as described will temporarily release the magnetic penetration, but one may have to leave a scarf magnetized with *mumma* and a guardian Beast for certain cases. Vital and healthy victims, once released, can keep themselves free if given proper instruction and occasional invisible support.

In harder cases where there is possession through the Solar Plexus, you must work over that area with the Right Hand (Left over your Heart) using great radiance and concentration. Once temporarily free, you must leave protection with the person for 1000 days--this includes instruction, some form of powerful talisman, and your own daily Heart consciousness. It requires much accumulation of psychic power and is a responsibility that is better for a group than for one individual to assume. This can be done by keeping the person's name on a regular special support list appended to the Intentions of the Grail Liturgy.

In addition, the invading entity or entities must be utterly destroyed. In extreme possession, where the invading entity or entities rail and curse at you, address them with Left Palm over Heart, Right Pointer Finger extended, in this manner:

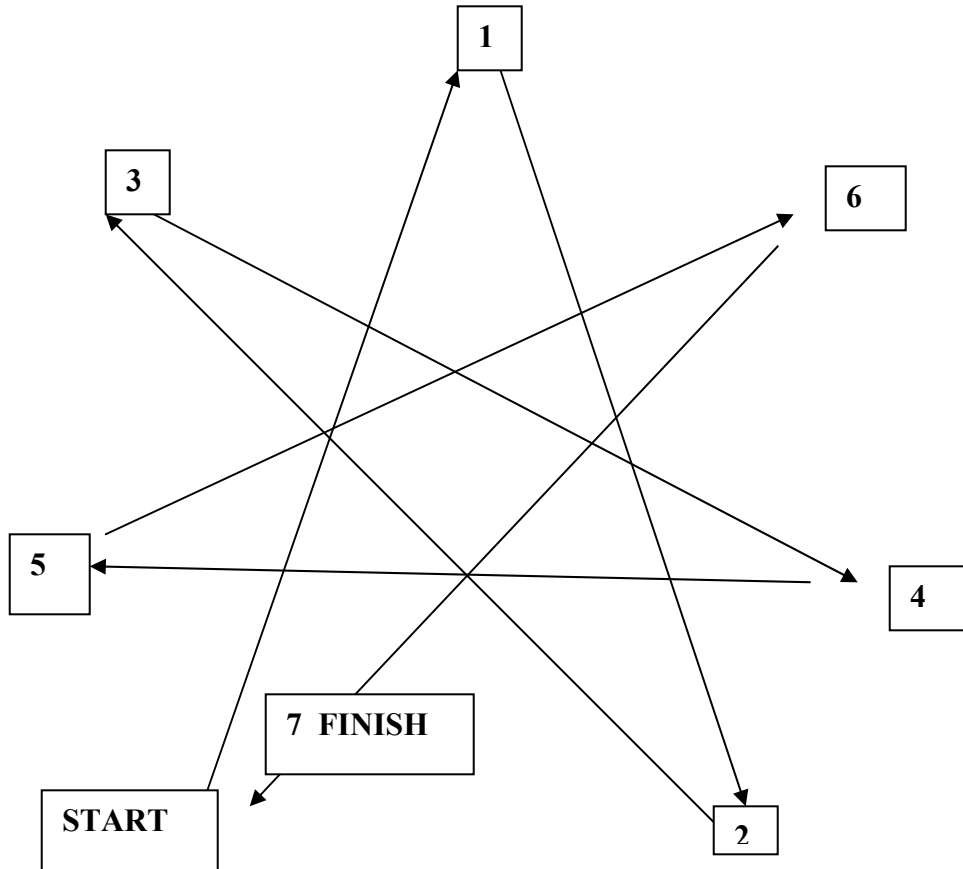
**"In the Name of the Master Jesus Christ, We bind you here in order to dissolve your entity into its harmonious parts, that they may once again enter the path of Divine Evolution."**

With Left Hand upon your own Heart and Right Finger touching the victim's solar plexus, visualize Golden radiance coming from your Heart, through the Finger, and infusing the entire Aura of the afflicted person, while intoning one long A-U-M Then with both Hands extended into the Aura of the victim, visualize antiseptic Violet Radiance coming forth from your Heart and permeating the other's Aura, using a second A-U-M Step back out of his or her Aura and, keeping Hands and arms raised with palms outward, visualize White Light Radiance coming from your Heart and purifying all space for one hundred feet in all directions while intoning the final A-U-M

Always after any such work--immediately after finishing--you must wash your Hands and Arms in clean water up to the elbows. In the case of full exorcism, immerse yourself in a shower or other body of water, and either remove and wash all clothing, or bath fully clothed. This is desirable, but if it cannot be done, then use Golden or Violet Breath to temporarily cleanse Arms and use as much water as possible for washing as soon as possible afterwards. Do not have sexual intercourse or go to sleep unprotected (i.e., without stationing the Beast by means of the Banishing Heptagram) in the next diurnal or 24-hour period.

**THE PROTECTIVE VIOLET HEPTAGRAM**

Stand or sit facing East, extend the Right Hand with Left Palm on Heart in such a way that the thumb and first two fingers are touching forming a triangular "tent," then extend the Right Hand and Pointer Finger to inscribe in the air before your face the Protective Heptagram as diagrammed below while intoning A-U-M (on the F# if possible), and visualizing the Heptagram in brilliant Solar Violet:

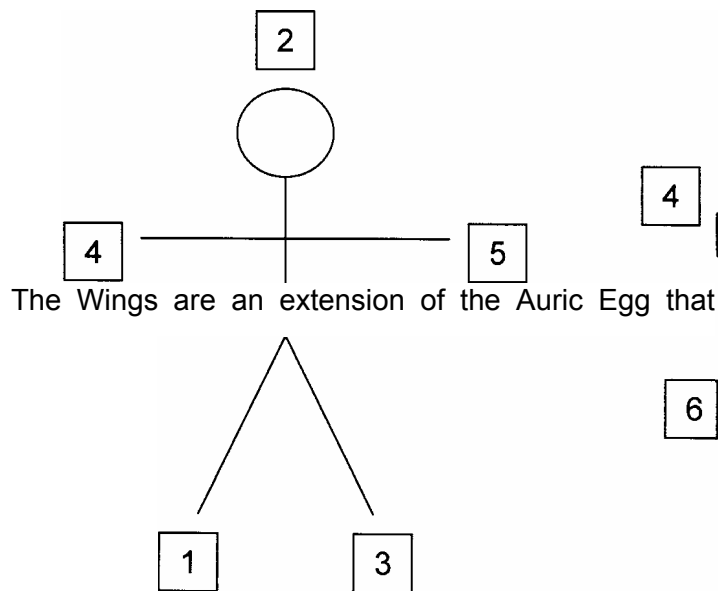


Initiates of the Fifth Root Race were taught to use the Pentagram form as a protective talisman for many kinds of work. When they had attained a certain level of sensitivity, they learned to protect their elementals (physical-etheric bodies) from nocturnal pollution by inscribing the Pentagram in the air before their Heart when retiring for sleep. They also learned to keep water off their faces before retiring in order to retain positive *mumia* or auric fluids, but to wash faces and eyes with clear water before touching them with their hands upon awakening in order to quench the "magnetic" fluids clinging after sleep, during which time the higher principles are separated from the elemental, which attracts lower influences and must be cleansed-especially face and eyes.

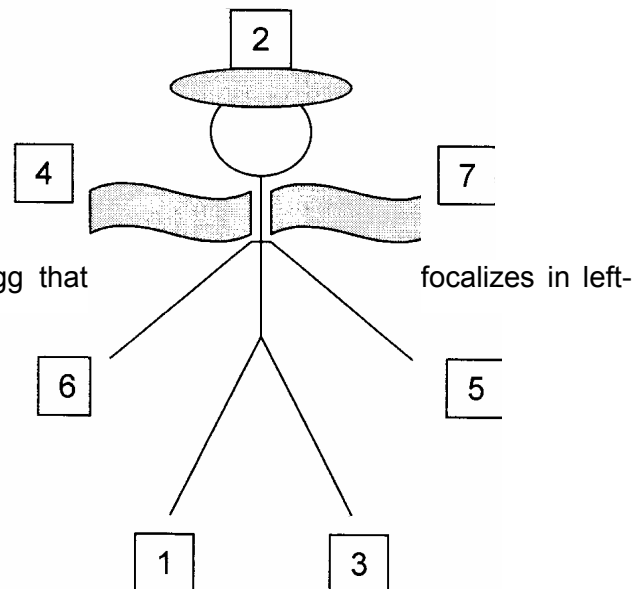
Fifth Root Race disciples were developing a five-fold or pentagrammic configuration of auric focal points: Soles of both feet, Palms of both hands, and Ajna-Crown (the Pentagram). But Sixth Root Race disciples are developing two more focal points--Left and RightWings. This creates an heptagrammic configuration:



FIFTH ROOT RACE



SIXTH ROOT RACE



right polarities from the Throat in an elliptical structure capped by a Helmet or Halo around the Crown, which itself has already formed to some degree in Fifth Root Race disciples. The Helmet governs psychic defence, while Wings govern lucid astral travel, theurgical-manifestational power, and the self-generated organs of psychic defense (Mirror, Shield, Beast, and others yet unworked).

The fledgling Wings can be temporarily damaged by radiant energy (especially dental X-rays) and other exposures, but repair themselves quickly by use of pure POMEGRANITE JUICE (or pure CHERRY JUICE--not to be confused with apple-grape-cherry mixtures!), both of which can be purchased in health food stores.

The Protective Violet Heptagram is made as described earlier and can be used not only to modulate the powerful Grail Forces working in you through the Sacred Round in your pouch during this lunar cycle, but to protect your elemental at night for sleep, to consecrate a space for sacred work, and to protect you and others from psychic damage or attack. USE EACH NIGHT BEFORE RETIRING UNTIL YOUR ELEMENTAL BECOMES CHARGED WITH ENOUGH HIGHER FORCE TO KEEP ITSELF CLEAR OF LOWER INFLUENCES DURING SLEEP. ALWAYS USE BEFORE SLEEP WHEN IN THE MIDST OF SACRED WORK, MISSION, OR QUEST. Grailmaster and Grail Mother use the Protective Heptagram every night before sleep.

## FIRST EMPOWERMENT PRACTICES

### NECKLACE TECHNIQUE

For exactly one-half lunar cycle of fourteen days, beginning on THE FIRST EVENING AFTER Wesak Initiation, carry out the following practice:

After sunset and before retiring for bed, analyze your day in terms of personal contacts with dark forces. Recognize and identify the subtle, subliminal, or sometimes more evident activities of dark forces in and around your personal environment. Try to identify at least one case of the activity of preterodernal, infernal, or proctodernal forces, entities, or energies in your world and, if possible, a case where you yourself have been drawn into negative behaviour or attitudes by dark forces. If you cannot make at least one clear identification, simply know that during the day there have been many times that dark forces have intruded, and use this as your identification.

When you have made your identification for the day that has passed, *tie a loop into your length of yarn and say, "I BIND YOU IN THE NAME OF JESUS CHRIST."* Make this loop by pulling together one-and-a half inches of yarn, holding it together, then drawing it around to tie a knot at the base of the loop, leaving a tied loop of about one inch in circumference somewhere along the length of yarn. This is demonstrated in the videotape.

It is important to tie a small loop into the string because it symbolically binds an energy, and when you are done, you will thread another yarn through all fourteen or fifteen loops to bind the entire necklace. Be certain that you tie loops small enough to allow for fourteen or fifteen (depending upon the number of evenings to the New Moon), and that there is enough room in each loop to thread another yarn with a needle.

After two weeks your yarn will be a mass of loops, and the time of the NEW MOON will arrive. On the day or evening before the New Moon, tie the loose ends together and celebrate the LITURGY OF THE HOLY GRAIL, this time drawing another length of violet yarn through the Sacrament and squeezing it dry. This should be about 12 inches long.

Pierce all the loops of the first yarn with this one. It may be best to thread it onto a large needle to facilitate this procedure. Then use the new yarn to draw the looped yarn into a tight ball. Wrap the new yarn tightly around and around, until the original yarn is a tightly bound ball and the new yarn has only a few inches of either end still available. Then tie the ends of the new yarn together to make the whole thing into a tight ball. Allow to dry overnight in your silver goblet (or Chalice, if you are a Priest or Priestess) alongside your Grail Talisman in preparation for the work of Self-Generation.

## CREATING THE AQUASTOR OF PSYCHIC DEFENSE AND OFFENSE:

### AN OVERVIEW OF THE PROCESS.

Begin the following daily practice on the EXACT TIME OF THE NEW MOON and repeat every morning. [Refer to tape for specific directions.]

**Wear the ball of yarn over your Monadic Heart Center, alongside the Grail Talisman, for the morning visualization only.**

## THE MORNING AQUASTOR VISUALIZATION AND VITALIZATION:

## INTRODUCTION TO THE PRACTICE AND USE OF THE POWERS

As a result of your Initiatic Vigil, you will have come to know aspects of your individual astral (animal), vegetable (mental), and mineral (causal) composition. Choose the mineral with the most glass-like or luminous archates for your MIRROR, the woody tree with the greatest strength, intelligence, or most desirable occult properties for the substance of your SHIELD, and the most fierce mammal of prey for your BEAST. The three individual aquastors that you will generate from your own Aura will constitute *one coordinated occult organ of psychic defense* that will operate for you automatically in defense but, when needed, under specific cases of directed will for offense. Self-Generation of the tripartite Aquastor is done over one lunar cycle beginning

For the fourteen days that the moon waxes from New to Full you will wear the yarn alongside your Grail Talisman during the morning meditation and perform a special visualization to self-generate the Aquastor of Mirror-Shield-Beast. As you visualize each element from both within and outside your Aura, you inhale slowly through the nostrils with left palm "tented" over the yarn-ball and Talisman (MonadJc Heart Center) and right hand pointed in manifestational mudra, and then intone the A-U-M. If you can do the A-U-M on an F#, it is more effective. Do this for Mirror, Shield, and Beast, as described below.

### THE MIRROR

Formed of your Archates identity, it is sustained at the perimeter of your Aura. The Mirror reflects back all invisible thought and energy directed against you, but it vitalizes the force an hundredfold such that many classes of dark beings will be unable to withstand the backlash of their own attack. Certain powerful forces will be able to penetrate this, but the force of the blow will be greatly disempowered.

### THE SHIELD

This is formed from your vegetative or mental-plane individuality. It is visualized as a "smart shield" that instantly interposes itself between the Mirror and the Inner Aura whenever any attack is made. Like the Beast, it can instantly multiply itself to meet any volume and multiple directions of incoming attack. The Shield does not reflect, nor does it cause anything to ricochet. Rather, it *quenches* the powerful fiery darts that penetrate the Mirror. In doing so, however, you feel the shock of the attack, which can be most unpleasant, and because in order for negative forces to penetrate this Mirror they must generate and use a great deal of their own *mumma*, once they have given the blow they are unable to hide. Their psychic "fingerprints" have been received by your Aura in the psychic tissue of the Shield, and you will be able to instantly access them. The attack is unable to achieve its goal of penetrating the Aura to open it for invasion. Instead, it is upon the infinitely quenching surface of the Shield that (1) the identity of the attacker is remembered, and (2) the power and force of the attack is stored to empower your Beast or Terrifying Aspect, and is stored as well for transmutation into Radiant Force via the Heart. Thus the Shield can be used to direct the Beast(s) against attackers once an attack has been launched against you.

### THE BEAST

A mammal of prey (Lion, Tiger, Wolf, Dog, Panther, etc.) made of pure, radiant, fiery Iliaster ranging in colors (red, orange, gold, white) associated with the Lower Triad, but may use other colors for special work. Can instantly multiply, become gargantuan or microscopic, to meet and destroy attackers outside the Aura. Can be sent against identified attackers. Can be set at guard wherever, whenever, and for as long as necessary *dependent upon one's own spiritual force*. Can send with child, parent, or President of the United States. But must be maintained with one's own spiritual or psychic force. Maintain by energizing with imagination, harmonization to Divine Will, and vocal or thought-directed command. Used in exorcism, purification of places, and in spiritual battle. Invincible when engaged by any created forces. Devours them and

transforms them into harmonious lesser holons so that they might resume the path of evolution. In the case of Bishops Templar, may be energized through occult use of sound to actually "kill" or decompose heretofore immortal black adepts active in the planetary noosphere since the days of Atlantis.

## THE TWO-WEEK PRACTICE:

### DETAILS

Each morning for the two weeks from New Moon to Full Moon of the First Empowerment operation you must perform the following:

#### A. DO MORNING ATTUNEMENT.

#### B. EVOKE THE HOLY ILIASTER IN THE WHITE LIGHT OR HIGHER TRIAD MEDITATION.

**C. *IN THE ILIASTER, VISUALIZE YOUR MIRROR AS AN EXTENSION AND OUTGROWTH OF WHATEVER YOUR SACRED MINERAL MIGHT BE, ORIGINATING IN YOUR OWN CAUSAL PLANES. HOLDING THIS VISION, PUT LEFT PALM OVER HEART, RIGHT HAND EXTENDED. INTONE THE SACRED A-U-M, VISUALIZING YOUR MIRROR BRIGHT AND VITALIZED. PAUSE AND INHALE SLOWLY THROUGH BOTH NOSTRILS, HOLD BREATH FOR SEVEN HEARTBEATS, AND SLOWLY EXHALE THROUGH MOUTH ENDING IN "HUM."***

**D. DO THE SAME WITH THE SHIELD, WHICH WILL BE FORMED FROM THE WOOD OR SUBSTANCE OF YOUR SACRED VEGETATION, ORIGINATING FROM YOUR OWN MENTAL PLANES. PAUSE WITH BREATHS.**

**E. DO THE SAME WITH THE BEAST, WHICH WILL BE FORMED AS AN EXTENSION OF YOUR OWN ASTRAL EVESTRUM AND ETHERIC ECTOPLASM, FROM THE SEED OF YOUR SACRED BEAST. PAUSE WITH BREATHS.**

**F. WHEN FINISHED, GIVE THANKS TO THE MONADIC BUILDER**

**[cf. Purification and Antahkarana Building Empowerment].**

You must do this faithfully every morning, or at least every day, during the lunar half-cycle of wearing the knotted necklace, including the morning of the final Empowerment, which will be received at the exact time of the Full Moon.

You will wear the bound necklace and Grail Talisman or Sacred Round over your Heart while you meditate and do the Aquastor visualizations each morning for one-half lunar cycle. *Do not wear the bound necklace for more than half an hour a day.* When you remove it, place it in the silver goblet (or Chalice), and use the Protective Heptagram described later in this document.

**Use the Protective Violet Heptagram each night during this two-week period immediately before going to sleep. We advise you to continue to use it every night before sleep from now on as a precaution.**

You may do cleansing and even exorcistic work during the lunar period of the Empowerment practices while wearing the knotted necklace by putting your Left Palm over the pouch containing it (which must lie directly over the Heart) with three fingers touching as for the Protective Heptagram, extending your Right Hand, aiming the Pointer Finger, and intoning the

A-U-M while visualizing the extension of White (cleansing), Violet (antiseptic or burning away negative force), or Golden (balancing) Light from Heart through Right Pointer Finger to target.

When you become aware of being under psychic attack, use NACHAM mudra and then do the above, but now commanding into activity the MIRROR, SHIELD, and BEAST. At this point, DO NOT SEND THE BEAST TO DESTROY PSYCHIC ATTACKERS! Simply command it to defend. Later you will learn in what special cases you actually destroy certain entities, but at this point do not take on the responsibility for psychic destruction, except in the case of a true exorcism.

### **FULL MOON TRANSMISSION OF FIRST EMPOWERMENT**

Transmission is the essence of any Empowerment. From the Aura of the Master Jesus and the Invisibles, your Aura will be charged with the energy of a sacred key or cipher that will access all you have learned consciously and unconsciously of this Empowerment. It will open your own understanding (Nous) and allow you to safely begin to use and explore this power.

#### **Extra Altar Materials for the Empowerment:**

- Vial of purified water for consecration
- Temple Talisman for final consecration
- Necklace yarnball

#### **Other Materials:**

- Preparations for very hot charcoal fire outdoors

On the Full Moon of Christ and Humanity (two weeks after the New Moon, when you began the Aquastor practices), open the Eggregore of the Temple by performing the Liturgy of the Holy Grail. Do not wear your Talisman, but put it on the Patten as well as the Necklace Practice yarnball for consecration along with the Host, and also place a vial of purified water upon the Altar for consecration. When you consecrate the juice in the chalice by touching it to the pre-consecrated Host, touch the Host also to this water to consecrate it.

After the consecration of the Altar Flame ("Come Thou, Great Light?"), use this same flame to ignite the incense charcoal or even a bucket of charcoal in an outdoor grill. This fire should be burned outdoors. Later during the Grail Rites, in the Presence of the Sacrament, you will ceremonially burn the ball of yarn from the Necklace Practice on these hot charcoals until it has been completely consumed. Be certain that you use a hot enough fire. If you do not have an outdoor grill, use several incense charcoals on a metal plate or bowl. Once begun, it may take some time for the burning to be complete. This is why you use a natural fiber like wool--not a synthetic that can create noxious fumes.

Start the ceremonial burning of the Necklace yarnball *before* the exact time of the Full Moon, and then return to the Altar. Meditate until the exact time of the Full Moon, and then pick up the Grail Talisman from the Altar and place it around your neck. Pray to the Master Jesus while standing in the Orant position and facing your Altar (East) and the image of the Master's Face:

**"Master Jesus, I pray that you now transmit unto me the Empowerment over Dark Forces."**

Inhale slowly through nostrils with eyes closed and hold your breath for seven heartbeats, then slowly exhale through the mouth, ending in the intoned HUM. You will have received the First Empowerment.

When this has been done, consume the Host and meditate at least seven minutes in Divine

Communion. Then arise and finish burning the yarnball until it is nothing but ash. Dissolve the charcoal and ashes in consecrated water, and bury this in the earth saying words to this effect:

**"O Blessed Earth, receive these tokens into your fiery depths to cleanse, purify, and transform all negative forces into those of spiritual evolution in cooperation with all sacred operations I shall do under Divine Will."**

#### REMARKS

The Empowerment does not protect you from psychic attacks and battles. Indeed, you will be challenged over and over again. It does not guarantee that you won't have some bad experiences with such attack. *But it gives you the means to recognize and repel such attack both for yourself and for all you are called upon to help, and it creates a format for great psychic synthesis and growth resulting in the accumulation of sacred power over inferior forces.*

It will be up to you to "ripen" the Empowerment, and this will continue for all your incarnate life, but the time will come when you feel the confidence of the Empowerment, experience successful power over dark forces in dreams, and are able to successfully help various obsessed people who will inevitably come to you--knowingly or unknowingly.

*After the Aquastor enlivenment practices are completed and the First Empowerment transmitted and received on the exact Full Moon as described, you should revitalize your Aquastor on the NEW MOON every year on the Wesak New Moon or whenever you feel the need. The Aquastor will be essentially alive and awake as an active, self-generated, autonomic, and functioning etheric organ after the completion of the Empowerment.*

If you find that your Aquastor is not strong enough for a given work, call upon LEONGREAL ("Lay-ohn-gray-al"), the Lion of the Temple who represents the Eggcore of the Temple. He is a collective aquastor drawing upon Masters and Templars, visible and invisible. Simply pronounce his Name. You may also call upon BOOSGREAL ("Boe-os-gray-al"), the Grail Ox, who is somewhat analogous to the elephant Ganesha of Hindu mythology, to help move and remove obstacles. You can also call upon DRAKONGREAL ("Drah-kone-gray-al"), the Grail Serpent, who provides intuitive guidance and counsel. You will learn more about them in the Liturgist Empowerment.

## APPENDICES

A. Liturgical Mudras

B. The Hells

C. Saraydarian on Psychic Attack

D. Basilides on Gnostic-Kabbalistic Emanation of Divine Reality

E. Saraydarian's Collection of Mme. Roerich's Agni Yoga Teachings on Obsession and Possession

## APPENDIX A: LITURGICAL MUDRA or POSTURE

Physical-geometrical position in space qualifies potent energies, as in dance, movement, yoga postures, hand postures and movements, Tai Chi and martial arts movements, etc. The same is true for the choreography of Priestly liturgy and all divine work. I am including a list of many mudras, but photos of the main three that I ask you to learn now: Orant (which may be done sitting or standing); Nacham; and Invocational Mudra. The Celebrant also uses Blessing Mudra with right hand extended 45 degrees up and out and left thumb and next two fingers tented over the Heart. This is done during the Consecration and at other times, and is not used by the congregation. Neither is Invocational Mudra, which is the standard posture for speaking prayer and intoning the Consecration.

### THE ORANT MUDRA

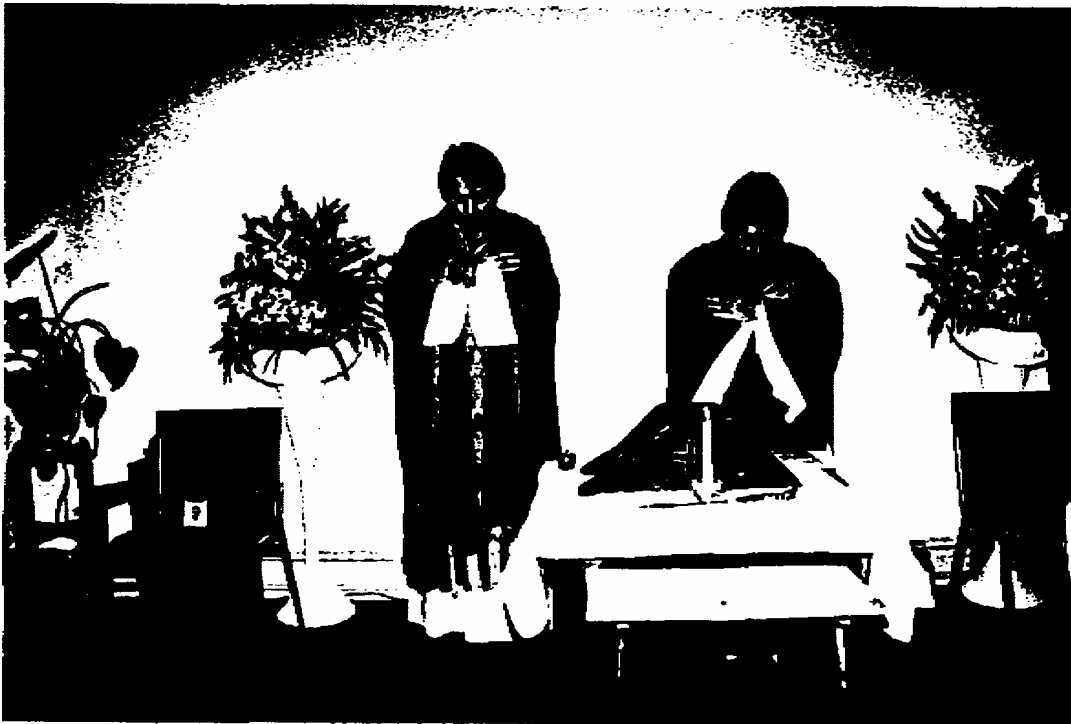
Standing with arms out, elbows bent, and palms facing forward. Ancient Semitic prayer posture.





## NACHAM MUDRA

Right palm on left side of chest toward shoulder. Left forearm lies on top of right forearm with left palm on right side of chest near right shoulder. Or can lay right palm over Heart with left palm outside and on top of right hand. Head bowed. Always done with the threefold Amen, which is the only part of the Liturgy where Celebrant and congregation intone in unison



## INVOCATIONAL-EVOCATIONAL MUDRA

This is the posture used for most of the spoken and intoned words of the Celebrant, with variations as the Chalice or Patten are held in the left hand.



## BLESSING MUDRA

The left palm is held over the Heart (center of chest midway between Adam's Apple and Solar Plexus) with thumb and next two fingers all touching at the tips. The right arm is extended out and forward about 45 degrees with the right forefinger extended and other fingers folded in at their first joints. From this posture the Celebrant can also perform the equal-sided Cross as a Blessing with finger pointing up (up, down, center, left, right, center) or for crossing oneself from the Heart (Heart, Forehead, Navel, Left Shoulder, Right Shoulder, Heart).

# APPENDIX B Chinese Buddhist Hells

Popular Chinese painting showing the harrowings of the ten Hells that sinful souls must pass through before attaining reincarnation. Those who had not sinned would wait for twenty-eight months in the underworld before returning. In hopes of this, the living



ceremonially burnt symbolic paper mortuary furnishings on the forty-ninth day, or end of seventh week, after death to provide the comforts of the living to the dead person while he awaited rebirth. Other rituals were done to alleviate the sufferings of those who had died and, if possible, to help them find their way to the Paradise of Amitabha Buddha through intervention of the Bodhisattvas. On the forty-ninth day after death, it was possible to release the dead person from the initial wanderings of death, as it were, in the astral body.



After the torments of the Hells, or after twenty-eight months, sinners and non-sinners alike beheld in a mirror the images of the forms into which they would be reincarnated. Note that only animal forms are shown, reflecting the doctrine of Transmigration or Mempsychosis of the Soul. Human incarnation was considered to be a rare and fortunate achievement, but one that humans all too often abused. Most humans lacked the integrity of soul to remain in the human state and regressed into a lower stage of integration for another long cycle of reintegration, with the goal of eventual human reincarnation once gain after long ages of development.

## APPENDIX C

Quoted from *The Psyche and Psychism*, Torkom Saraydarian, Chapter XX:

*Psychic Attack:*

"A... class of fears--which aspirants contact more and more as they grow in strength and usefulness in service--is based on the realisation of the forces that are working against the Plan and hindering the work to be done. Occult attacks and occult powers, warring militantly against the aspirant will occur; they may make their power felt in one or other of the vehicles and--in rare cases--where the aspirant is important enough, on all at once."

--The Tibetan

Possession of individuals occurs today with far greater frequency than is indicated by obvious cases found in asylums. For an aspirant, this is a serious problem. An aspirant invites psychic attack when he:

1. Enters into the path of spiritual unfoldment.
2. Weakens his etheric, emotional and mental vehicles.
3. Cuts his relations with spiritual ideas and beauties or with his Teacher.
4. No longer absorbs the Spatial Fires or psychic energy because of disorders in his head and heart centers.
5. Forces himself into excessive activity because of his pride and vanity, over-stimulating his centers and vehicles.
6. Lives a life that wastes his energy through excessive sex or use of alcohol, cigarettes and various drugs or when he is caught by venereal disease.
7. Chooses to follow the left hand path through idle speech, lying, hatred, jealousy, negativity, separativeness, fanaticism, exploitation and possessiveness; by expressing greed and anger, committing crimes and turning his face to the past.

Who are the attackers that take advantage of these practices?

1. *Very low-level spirits who perhaps were or will be human beings.*
2. *Those who were killed in battle or in the criminal world.*
3. *Suicides.*
4. *Those who were totally enslaved by various vices on earth.*
5. *Those who were totally engulfed in materialism.*
6. *Those who were very doubtful about immortality, and who had no faith in the continuation of life after death.*
7. *Animals that were slaughtered.*
8. *Those whose Solar Angel have left them.*
9. *Astral shells, drawn to a person because of some affinity or relationship.*
10. *Thoughtforms, glamours, illusions.*
11. *Dark forces, or brothers on the left hand path.*

1. Bailey, Alice A., *A Treatise on White Magic*, p. 346.

## APPENDIX D

### Basilides on the Gnostic-Kabbalistic Emanations of Divine Reality

#### Hippolytus, Ref. VII 20, 1-27, 13 (selections)

20, 1. Basilides and his legitimate son and disciple Isidore say that Matthias spoke to them secret words, which he heard from the Saviour in secret discourse ....

2. There was a time, says he, when there was nothing; not even the nothing was there, but simply, clearly, and without any sophistry there was nothing at all. When I say 'there was', he says, I do not indicate a Being, but in order to signify what I want to express I say, says he, that there was nothing at all.

3- For that, says he, is not simply something ineffable which is named (indicated); we call it ineffable, but it is not even ineffable. For what is not (even) inexpressible is called 'not even inexpressible', but is above every name that is named. For the names do not even suffice, he says, for the world, so multiform is it, but fall short. And I do not have it in me to find correct names for everything; rather it is proper to comprehend ineffably, without using names, the characteristics of the things which are to be named. For (the existence of) the same designation(s for different things) has caused the hearers confusion and error about the things

....

**21. 1. Since therefore there was nothing, no matter, no substance, nothing insubstantial, nothing simple, nothing composite, nothing non-composite, nothing imperceptible (non-subjective), no man, no angel, no god, nothing at all that can be named or can be apprehended by sense-perception, nothing of the mental things and thus (also nothing of all that which) can be simply described in even more subtle ways, the nonexistent God . . . without intelligence, without perception, without will, without resolve, without impulse, without desire, wished to make a world. 2. I say 'he wished', he says, for want of a word, wish, intelligence, and perception being excluded. By 'world' (I mean) not the flat, divisible world which later divided itself, but a world-seed. 3- The world-seed had everything in it, as the mustard-seed contains everything together in a tiny space, the roots, the stem, the branches, the innumerable leaves, the grains of seed which come from the plant, which in turn again and again spread seed for yet more plants.**

**4. Thus the non-existent God made a non-existent world from the nonexistent,** inasmuch as he deposited and planted one single seed which contained in itself the whole seed-mixture of the world. Or, to make plainer what they say, just as the egg of a variegated and many-coloured bird, such as a peacock or some other even more variegated and many-coloured species, although it is only single, yet has within it many shapes of multiform, multi-coloured, and heterogeneous things, so, says he, the nonexistent seed deposited by the non-existent God has (within it) the multiform and heterogeneous seed-mixture of the world.

## OBSESSION:

**Contributing Causes And Warnings**

These are excerpts from all of the *Agni Yoga* literature of Morya written by Helena Roerich, the Mother of Agni Yoga and wife of the adept painter Nicholas Roerich. They were collected and collated by Bishop Torkom Saraydarian and members of his Aquarian Educational Group, who indexed most of the Alice Bailey and Agni Yoga writings.

These are to be read only a few at a time, and to be re-read up to a total of three readings. If you re-read these selection once each year for three years, you will gain a great deal of understanding each time you read them. They are "dark sayings," like those of the Greek philosopher Heraklitos. Your understanding of them will expand with each reading.