

Magick Power

Module 8: Magick for Health

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Magickal Healing

All of us possess the ability to heal psychically or spiritually, although most are not aware of their potential to perform the magick. Some individuals are particularly good at this. This is mostly because they have committed themselves to study and training...although there are those who have just *naturally* been blessed with this special ability.

Edgar Cayce, known as the "sleeping prophet," was one such individual. The vast majority of his readings were for people who were sick. He would go into a trance-like state and remotely heal others of various diseases and illnesses. He never remembered what went on during these healings, which is why he was named the sleeping prophet.

The Art of Healing

Before beginning a healing session, you need to gather as much information as possible from your subject. Of course, you'll need to know exactly what their problem is, how long they've had it, what the symptoms are, if they've been to a medical doctor, if they're taking any medication for the problem, and if so, what? It might also help if you know what they were doing just before they noticed the first symptom or pain.

Knowing when the symptoms were first noticed and what they were doing at the time can be helpful because, under hypnosis, your subject can be regressed to that point in time.

Next...and this is important...you need to know **how they want to feel** as a result of your "magick." (Although you might not want to use that word!) This is because you will be projecting this feeling into their mind.

What you are doing is reprogramming their subconscious mind so that it "orders" the body to get well. Remember that our mind controls our body. The disease that invades a body is because the mind is not at ease. Think about dis...ease, or not at ease.

So because of the law of attraction and the fact that where the attention flows, the energy goes...you cannot mention the actual sickness you are healing during the process. That makes sense, doesn't it?

Instead, focus on a disease-free body, full of health and vigor. See the healing in your mind and beam it into their mind. While your subject is hypnotized, their subconscious will be under *your control*. The results will be amazing.

Don't know how to hypnotize someone? Use the same method explained in a prior module on how to do self-hypnosis. I suggest that you practice this on a friend or family member before delving into the process with someone you don't know.

Hypnotism is simply a method of quietly entering the subconscious mind of the other person using relaxation and subtle suggestions, while speaking in a quiet, soothing tone. If you are able to hypnotize yourself, you will find it easy to hypnotize anyone.

Of course, there are various hypnotherapy classes offered most everywhere. If you decide to be certified as a clinical hypnotherapist, make sure the school is accredited.

Remote Healing

An even more common form of healing is remote or "absent" healing, when you are not in the physical presence of the person you are healing. They can be *any* distance from you, from across town to across the world.

When performing a remote healing, it will be far more effective if you arrange a time for the treatment with your subject, asking him or her to be in a receptive state of mind to sit back, relax, and close their eyes. The cooperation will greatly increase the effectiveness of the healing session.

Regarding any kind of intentional damaging spells on unsuspecting victims, this is one of the most harmful uses of black magick. Forget the Hollywood movies that show all kinds of sinister, damaging spells.

It might look like fun to bring harm to someone you "have a problem with"...but Hollywood can get away with that kind of nonsense because it's pure fantasy.

I don't know about you, but the Wicked Witch of the West still gives me the creeps, although we all know it's the actress Margaret Hamilton. The witch in "Snow White and the Seven Dwarfs" scared me when I was a child, and I still shudder seeing that wicked lady.

Then there was Michelle Pfeiffer as the evil witch in "Stardust." Even the Disney film, "Hocus Pocus", showed witches doing their usual damage, but I still think it was a hoot seeing Bette Midler as a witch, along with Kathy Najimy and Sarah Jessica Parker playing her sisters. Then there were the Harry Potter films, all about wizards, witches, and warlocks.

Hollywood has had a field day making movies with witches using their black magick. But like I said...they experience no repercussions with these fantasies.

You, however, would! And if there's anything you should be thoroughly familiar with and believe in, it's *Karma*, the universal law of cause and effect. It's OK to use your powers to help people in need, but think real hard about doing harm to someone in this way. You will be asking for trouble...guaranteed!

Psychic Healer Facts

The theory behind psychic healing is that sickness is characterized by a deficiency and imbalance of a person's vital energy...although it is not necessarily the cause of the medical problem.

Psychic healing transfers energy from the healer to the sick to repair and rebalance his energies. Sometimes an inept healer will overdo the process or not take the crucial steps to disconnect afterwards. The healer might then become sick due to energy draining from their body and linking to their subject.

Conversely, the healer should always be in an excellent state of health, or he could unintentionally transfer his illness to the subject.

Basic Psychic Healing Methods

There are three basic methods involved in psychic healing—creative visualization, prayer, and rituals. Creative visualization is one of the easiest techniques. Mild illnesses may yield to only one or two treatments while serious illnesses will most likely require many treatments over time.

Please know that psychic healing should always be combined with medical care and treatment and is not meant to replace doctors, medicine, or hospitals. This is simply because different levels or worlds are involved.

When using creative visualization, you might picture the person being well. For example...imagine your ill older relative completely cured and happy, feeling great and jumping for joy because of their now perfect health.

You might picture a friend who has been diagnosed with cancer or some other life-threatening disease suddenly getting their energy back and feeling stronger than ever. Or see your friend receiving updated lab test results that indicate the problem is no longer present.

An extremely helpful tool to use is to send a specific aura as a beam to the person or as a cloud surrounding him. Check the aura color meanings in Module 2 for specific health issues or use emerald green, rose pink, or white.

Creative visualization can be expanded by using a simple form of yoga. Inhale deeply, and then exhale explosively, sending the energy via the breath or from one of the chakras, such as the solar plexus.

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