

Enoch Tan

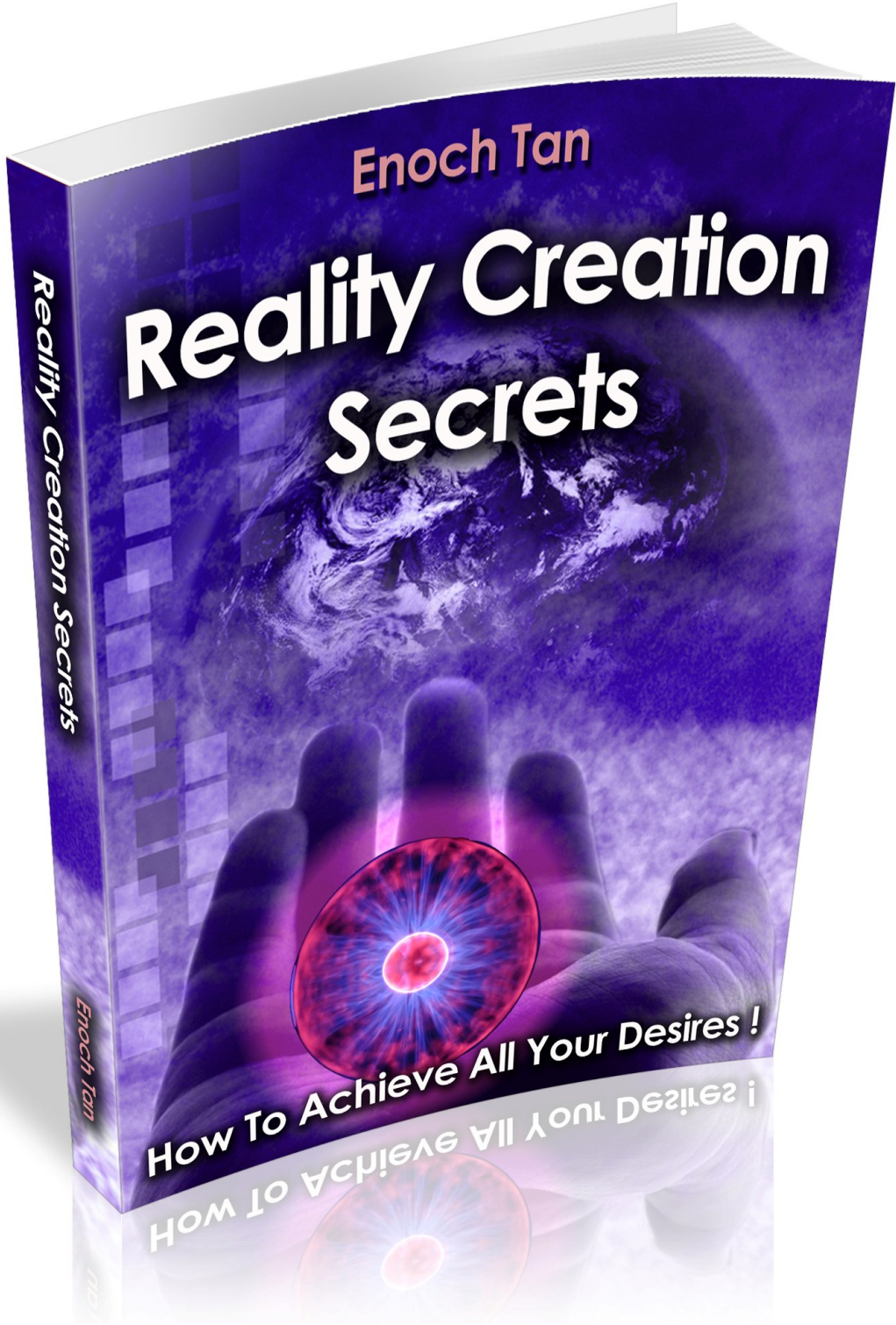
Reality Creation Secrets

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Enoch Tan

How To Achieve All Your Desires !

HOW TO ACHIEVE ALL YOUR DESIRES !



Introduction

Thank you for purchasing Reality Creation Secrets! This is probably the best book you have ever purchased in your life! I urge you to read everything in this book whether or not you think you have come across it before. All it takes is to find the new distinctions that would make a world of a difference to you!

Most people do not read life changing information because of the trouble it takes to search for it. I have placed all the best information here for your convenience so that you will gain the most out of it. What is most important is the tremendous value you receive from the information itself!

It takes a lot of work to have written all those information and then even to organize them in the best way. If you have gained tremendous value from it, the money that you paid for this book will help fund the work of Mind Reality in continuing to provide you with the best information about life and the universe.

Putting my writings in a book increases the value of it exponentially, because when knowledge is organized, the mind is organized. It is organization that can increase the value of things tremendously.

This is an Ebook which means you can receive it no matter where you are in the world. You never have to worry about it wearing out or being destroyed as it will last forever and remain exactly the way it is.

Every chapter increases the value of the entire book by ten times! This book contains the best of my work in the area of its most powerful and useful application which is Reality Creation! Having all the best secrets of my work organized in one place is probably the best thing you could have!

So with that being said, I most strongly urge you for once in your life, to be fully intentional in taking the time to read all the writings that have been placed in this entire book. It doesn't matter what you have read in the past. I specially created this book for putting together all the Secrets of Reality Creation!

Become a Mind Reality Member and receive 1000 times More Secrets of Creating Your Reality:
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Best Regards,

Enoch Tan – Creator of Mind Reality

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Here's to your success!

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Intent creates Coincidences to Fulfill itself

A coincidence is an incident that happens with another incident. It can happen at the same time at the same place, same time but different place or same place but different time. It can even happen at a different time and different place but is related to the first event in some special way. **Coincidences are incidents that correlate with each other across time and space.** They are events in synchronization with a higher cause. That is why coincidences are synchronicities.

Everything that happens in the universe starts with intention. Events that happen separately and which do not directly cause each other are acausal events. But acausal events have a common cause which is intent. **Intent is what creates and synchronizes those separate events to fulfill a common purpose that they are a part of.** When you make a choice through intention, the universe takes care of the details necessary to fulfill the intention through synchronicities.

The whole universe functions by synchronicity. **Every moment of our life operates in synchronicity.** The only reason we do not experience synchronicity is that we are not in the state of awareness to notice it happening. Everything that is happening in every moment is happening together with everything else that is a part of fulfilling the intentions by which they were created from.

Everything in the universe exists as undefined energy until an observer focuses on it. It is consciousness alone that collapses the wave-particle. Without consciousness, everything would exist only as pure potential. There are infinite possibilities that need only intent to make real. In order to notice anything, you have to ignore everything else around it. **It is observation that turns possibility into reality.** We can truly create the magical life with consciousness alone.

Synchronicity is how God arranges situations for your desires to manifest. When you focus on your intent, the universe starts arranging the timeline of events to make it happen. **Luck is simply the creation of coincidence for the fulfillment of your intentions.** It is your intention that creates opportunities for you to fulfill it. When you realize that coincidences are opportunities created by intent, every coincidence becomes an opportunity for you to fulfill your very desires.

You have to be on the lookout for opportunities that will open up to grant your desire. Those **opportunities do not happen by chance but they happen because they were created by your intent.** Have you ever had a longing or intent to meet someone or do something, and the next moment a situation comes along for you to do so? An opportunity may present itself, but limiting thoughts that arise in the moment may stop you from taking it. You have to be aware of and resolve your limiting thoughts. When the opportunity shows up, do not hesitate, doubt or fear. Act on it.

Coincidences call our attention to important things in our lives. We can choose to ignore them and hurry on, or we can pay attention to them and live out the miracle that is waiting for us. **When we miss the first message, the universe communicates it repeatedly through reoccurring events.** We keep seeing, hearing or feeling the same thing over again until we get it. It might seem that the things you had been doing before you finally made the switch to do the right thing, may have been mistakes. But they are not really mistakes when you see it from the awareness that all those things had to happen in order for you to be brought to where you are. **They were simply preparation for the change you were supposed to make.**

The more you focus on coincidences, the more you attract coincidences into your life. Sometimes a coincidence may not give you the full meaning it signifies. But **the more you focus on your intent to find out the meaning, the more such coincidences will occur and the more clearly their meaning comes into view.** When that happens, your path to fulfillment emerges. The answer may also come as a sudden insight or a spontaneous revelatory experience. The key is to keep paying attention to your coincidences and inquire.

Coincidences are also clues to the will of the universe. The more unlikely a coincidence is to happen, the more potent the clue and the more powerful a message it is about the path the universe has planned for

you. Synchronicities are signs from heaven. The very fact that it is a coincidence means it is a message from God, and we must take heed, and then take action. Coincidences let you know which of your intentions are likely to be fulfilled. It is important never to ignore a coincidence because it is a chance to see what the universe has planned for you. When you pay attention to coincidences, they'll accelerate, creating even more opportunities for you to become the person the universe intended you to be.

Your intention is more powerful and effective when it serves a larger purpose. Intention works better when it takes into account the relationships that surround it. **Your intention is more likely to manifest when it harmonizes with the collective intent of the people around you.** You should have an intent that benefits at least one person other than yourself. When two shall agree, it shall be done according to the universe. When people are truly in tune with each other, they experience synchronicity in their relationship. They are connected spirit to spirit.

An intention can be only fulfilled through synchronicity if it is aligned with the intention of the universal mind. The universal intention is always evolutionary and therefore moving in the direction of harmonious interactions that serve the larger good. Every intent affects the intents of all other beings in the universe. **The universal mind coordinates and synchronizes all intents and the events for their fulfillment.** Every being might think that it is its own intent which is synchronizing the whole universe, but its intent actually originates from the universal mind. All the intents and events co-arises and co-creates each other. We are all cocreators of reality in the universe.

When a person achieves a certain level of consciousness, whatever he or she intends begins to happen. There are people who are so connected to universal consciousness that their every intent manifests itself. The whole order of the universe orchestrates around it. Of course, it is not necessary true that their every personal intention is being met. **People who are connected with universal consciousness adopt the intentions of the universe.** Their intentions are being met because the universal mind is using their intentions to fulfill its own desires. When you live from the level of universal consciousness, all your desires will come true because they are not just your personal desires, but they are aligned with the desires of all that exist. That is why it is important to choose intentions that are aligned with the greatest good of all.

Law of Attraction - Having is about Being

We know from the Nature of All Reality and the Universal Construct that everything in the entire universe is pure energy, differing only in rate of vibration.

How does the Law of Attraction work? It works according to the principle of vibration. Everything vibrates and vibration is Energy. Energy attracts energy that is of the same rate of vibration. **Energy attracts like Energy**. Hence the statement, **"All is energy and the energy you give out is the results you get"**.

The Law of Attraction is you draw into your life whatever you focus on and emotionalize. You attract to you everything and anything you hold in your mind, whether wanted or unwanted. **Simply by observing your reality is created**.

To focus is to concentrate attention or energy. Attention is psychic energy. Psychic energy is living and conscious. Whatever you give psychic energy to, you are giving it mental life to exist. That is why the more you place your mind on something, the more it lives. The less you do, the less power it has to remain alive. When you do not pay attention to something, it ceases to exist over time.

The more we focus, the more attractive and stronger our vibration becomes, and the more quickly it manifests. **To practice the Law of Attraction, simply put your attention and your positive emotions upon the essence of your dreams fulfilled**, as if you already have them now! **Be contented to wholly experience them in your mental world first**.

The hebrew word for **blees is kabad** which is to **give weight, to honor or to treat as important**. The hebrew word for **curse is qalal** which is to **make light of, to despise or to lightly esteem**.

When you appreciate something, it appreciates in value. Bless the little and the little becomes alot. When you unappreciate something, it depreciates in value. Focus your mind and will on the positive and detach from the negative. **What you focus and give attention to, you bless**. What you neglect and withhold attention from, you curse.

When you acknowledge that God is the one at work in the good that you experience, you start experiencing his operations even more. **What you appreciate becomes more significant**. This is why **giving glory to God increases his glory over your life**.

Everything is conscious, living energy. What you bless, you give mental life to and it grows and flourishes. **You increase its existence**. What you curse, you withhold mental life from and it withers and dies. You decrease its existence.

What you focus on you magnify. The more people there are to focus on something, the more it is magnified. That explains why **the more popular something is, the more it tends to flourish**. This is the secret of marketing and promotion. Fortune normally follows fame. But the more people shun something, the more it fades away as a part of ordinary life.

The Law of Attraction attracts by creating and creates by attracting. It pulls what you focus on to you, or it pulls together the quantum field to manifest it for you. Focus collapses the wave function into particles and crystallizes the sea of infinite possibilities into something tangible and experiential.

The Law teaches the creative power of thought. This Law is one with the Law of cause and effect. It is this Law that establishes you as a Being made in the image and likeness of the Creator, with a Mind that possesses the same creative properties.

You attract into your experience that which you are in vibrational resonance with. Using the Law of Attraction to manifest what you desire is to put yourself in a state where you are in vibrational resonance

with the object you intend to attract. You imagine the situation you desire as though it is already a reality and allow yourself to think the thoughts and feel the feelings related to it. The state of vibrational resonance is the mindset and feeling of already having what you want.

Let's say you want to pick up a new skill such as dancing. You may have started attending classes to learn a particular dance style such as salsa, ballet, or jazz. But you just feel it in your heart and know in your mind that you are already a great dancer. You have the talent naturally within you and learning it will be a piece of cake. It all becomes a flow and you are just expressing yourself in freedom. When you watch famous dancers performing, you feel you're like them, being able to move the way they move and are equally capable of doing their every step and more.

In NLP terms, you can call this modeling or neurological conditioning of your mental and emotional states to follow the patterns of success. But the psychospiritual connection is that, your inner world defines your outer world. You will find yourself being able to master the skill as if you had it all along within you. It is the Law of Attraction at work bringing what you believe you already have to you, simply because you totally feel as though it has always been yours. **The secret is that we have our circumstances because of the way we feel.** How we feel is controlled by how we think.

Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life.

Emotion also has the power to create what you want. Find within yourself what it will feel like to have, be, or do the thing you want and you will begin to manifest the thing you want. **The energy in the emotion will work to pull you toward the thing you want while also pulling the thing you want toward you.**

The greek word for **grace is charis** which is **to give thanks**. Grace is gratitude. **Gratitude is the channel of receiving God's grace. Gladness, contentment, joy, happiness and gratitude are the same.** Notice that the people who keep winning a lot are those that feel gleeful about and rejoice a lot over their victories. People who rejoice and express their gladness about things the most often seem to be the most grace filled ones in life. What you give thanks for multiplies.

God is the joy giver, to give thanks is to express joy back to God for the joy he has given to you. The same energy that you give is the same energy that you'll attract. Express joy to God and in return, you gain more joy. Seeing people express joy and appreciation about what you've given to them is all the thanks in the world you need from them, and it attracts more of those things from you. **Being joyful, contented and happy attracts things that give you such emotions in your life.** The key is to rejoice, to express your joy and gladness about something whenever you have the opportunity to do so and to express it immensely.

Feel the joy of having what you want, feel it right now and you will begin to pull it to you and you to it. The whole process of mental, spiritual and material wealth may be summed up in one word, **gratitude.** For you to have something, you must be in a mental and emotional state of having it.

If something is in your life but you feel as if you don't have it or are lacking it, very soon that thing will slip away and you will lose it. For example, you have a great friendship with someone who brings joy and comfort to your life. But somehow you start having this negative idea that friendships don't last for long and whatever good you experience tends to degenerate, then this thinking will generate a negative energy that will influence events to cause things to fall apart between the two of you.

On the contrary if you believe you have a great friendship with someone and that it is something that is a gift from heaven so you can never lose it because it is fated to be that way, then your mindset will cause things to remain that way and even when bad things happen that threaten to break the friendship apart, it will turn around magically as if that just can't happen. Think of someone you know whom you've "unbefriended" countless of times in your life already and yet are still together with even now, and you know what I mean. That is the result of your beliefs or that person's beliefs about the friendship.

Your thoughts and beliefs create a force that can break something apart even when all other forces are working to keep it together and can keep something together even when all other forces are trying to pull it apart. You can never lose something on the outside if you never lose it within you. Even if it's taken from you, it will come back again or something even better will happen. You can never keep something on the outside if you have already lost it within you. Even if you try every means to retain it, you will still only have an empty shell.

It is all about beingness. If you believe you are poor, no matter how much money you have, you will always be a poor person. Because you have a poverty mentality. If you believe you are ugly, no matter what kind of clothes you wear or how much you try to enhance your appearance, you will still never be truly beautiful. That's because your expressions will communicate that you are not really good looking enough, and so you're trying too hard to appear beautiful.

Look at the world. No one who is truly beautiful think of themselves as ugly. No one who is truly rich think of themselves as poor. Complete beauty is both inner and outer beauty. Inner beauty is in the self-image. What you are is what you see you are.

Having is about being. To have confidence, be confident. To have understanding, be understanding. To have admiration, be admirable. What you have is always meant to be an **expression of** what you are, and **not to define** what you are. It is YOU that define what you are. What you have, is an expression of your beingness that results as a manifestation of your beliefs, and **whether that manifestation has occurred or not, should not change your inner definition one bit.**

Who you are inside creates the results you get outside. Once you change the way you are inside, the outer world changes. **The energy you give out attracts and creates the results you get.** Change your inner energy and you change your results.

Consciousness defines Being. **To have something is to be in vibrational resonance with the energy of that thing with your being and precedingly, your consciousness.** If you have a consciousness of lacking, you will be a person of lack and the energy of your beingness will attract more situations of not having into your life. If you have a consciousness of having, then your beingness will attract more situations of having into your life.

What you embrace in your inner world creates what you experience in your outer reality. Once you take care of the inner, it will show results in the outer. **When you get the lessons, you don't need the experiences.**

I think therefore I am. I am therefore I have.

People of the world tend to forget this simple truth of all things and that's why they are chasing after all the forms and not realizing the essence.

Luke 19:26 "For I say unto you, That unto every one which hath shall be given; and from him that hath not, even that he hath shall be taken away from him."

Be what you want to attract. To attract the perfect partner, be the perfect partner. We often want our idea of the perfect partner to enter our lives and stay forever, yet we are not willing to do what it takes to be the "perfect" partner for someone else. We can prevent ourselves from painful experiences as well as the loss of precious time and energy if we begin by first working on ourselves.

Everything in your reality follows an internal to external design. **Anything you want to add or subtract from your reality must first be added or subtracted from within yourself.** One of the main goals in life is to search for that ultimate love, your soulmate. However, **that soulmate will never appear if, first, you are not soulmates with yourself.**

Like everything in the Universe, we are all beings of Energy, extensions of The Source Energy, always attracting into our own individual realities similar Energy in complete accordance with the thoughts we vibrate. The entire Universe is Energy and all thoughts are Energy characterized by vibration.

Therefore you attract precisely the Energy of situations that are in harmony with the Energy of thoughts that you hold in your Mind, with which you are vibrating and projecting into the Universe. **This same Law applies whether your thoughts are positive, negative or neutral, and the effects will be in precise accordance with those thoughts.**

Emotion is Energy for Manifesting Intention

Intention requires energy to bring it into manifestation. Energy is required for creation and attraction. The energy is the emotion. **The more emotion you feel, the more energy you have to move things in the supernatural realm.** Intention without strong emotion of desire is weak intention. A strong intention has a strong emotional energy of desire. The stronger the intention, the more strongly it will manifest.

It is the amplitude of vibration and not the frequency that determines its strength. Increasing the emotion increases the amplitude of your vibration. You may have experiences in your life that when you hold an intention with strong emotions, it's very likely to manifest. Because you'll be extremely motivated to take action, and it may also seem as though the universe is on your side to help you make it happen.

Every thought has two components which are content and energy. Thought wave is like radio wave. The electromagnetic wave is the energy and the information transmitted is the content. Content is the data portion of a thought, and energy is the carrier that gives a thought the power to manifest. **The more strongly you think and feel about something, the more energy you give to it.** Energize your intentions with thought energy.

Feel the joy of having it. Feel the desire of it. That is what our desires are for. The feeling of our desire is the energy that attracts what we want to us. **Learn how to play with energy.** Be able to feel strong emotion in your desire for something, but then be able to detach when you don't get it at the expected time. Allow yourself to continue feeling the emotion and not give up on it just because you didn't get what you want. Detach from the outcome but do not quit your intention and emotion.

Many people give up the feeling of desire when they fail to get what they want. They no longer allow themselves to feel the desire as intensely as before. They feel that there doesn't seem to be a use in wanting something so much when they can't seem to get it. But that is a big mistake because it makes it even harder to get it. They do not realize that when they stop feeling as much emotion as before, they weaken their intention because the energy they are sending out to the universe is lesser than before.

Don't just ask for what you want and then not really feel the emotion of desiring it. The universe wants to give you what you ask for so that your joy may be full. Your emotion of desire shows the universe how much you want something. Your joy cannot be full unless your capacity to feel the joy of having it is immense due to your capacity to feel the sorrow of not having it.

If you have given up on feeling the desire of what you really want in life, allow yourself to feel it once again. Your heart's desire is God's way of leading you towards the direction he wants you to go. **Your desire for something is your love for it.** Your desire and love for something is God's love directing itself through you towards it. God's love is seeking expression through you towards that thing. God's desire is seeking expression of abundance, goodness and possibility in that area that he has purposed to express. When God's love is moving through you, it feels like it is your love. **Do not hold back God's love or your desire for that thing.**

Will is the central key of all mental phenomena. Magic is the act of causing change in accordance with will. Your will controls and shapes the energy of the reality matrix. The will is directed by desire. You will not will something unless you desire it. Strong will follows strong desire. **When you strongly desire something, that is when you will strongly will everything in the universe to be aligned towards making it happen for you.**

When the amplitude of your vibration is strong, that is when it will overpower every other opposing vibration and will not be stopped until it manifests into physical experience. Opposing vibrations will attempt to weaken it, that is why it is important to maintain the amplitude of your vibration. Think and do things that will bring back the intensity of your desire and the level of emotion that you experience with it.

The secret of will and perseverance is the level of emotion and desire that is driving it. You will only persist all the way for something that you strongly desire and feel lots of emotion for it. That is what it means to be on fire in your pursuit of a deep purpose. It is a fervent prayer that is effective. Prayer with strong desire and emotion allows God to move with the energy of your request act it out strongly and in mighty ways.

The inner signs are more important than the outer signs. If what you see on the outside are conflicting signs showing that you can get what you want and that you can't get what you want, look to the sign on the inside that says you really want it and can't stop wanting it. Even when you try to stop feeling as much desire for it after a while, the moment you come into the presence of it, the desire comes back as strongly as before or even stronger.

Don't resist the emotion of desire, allow it to be unleashed freely. Allow yourself to feel your desire completely and keep thanking God that he has already given it to you so that your joy may be full. Delight yourself in the Lord and he will give you the desires of your heart. In the moment of being conscious of God and his goodness, the desires that you are not meant to have will drop away and the desires you are meant to have will become stronger.

Commit your ways unto the Lord and trust in him also and he will bring it to pass. When you commit something to the Lord, you are allowing him to work personally in bringing your desire into manifestation at the right time and in the right manner. When you trust in him, you are able to detach from the outcome and not get into the way by feeling negative emotion of not getting what you want.

Do not resist your positive emotion of desire and do not create resistance with negative emotion of not getting it. Let your energy be polarized one way and not the other so that you do not push and pull your desire at the same time. When you fear, worry and doubt, you generate opposing energy that neutralizes your energy of desire, joy and peace. *When you keep pulling your desire towards you and stop pushing it away from you, it will come to you faster and without struggle.*

Your Emotional State Affects Your Whole Reality

It's so amazing how everything about you can change from one moment to another depending on what you are conscious about. When you operate from a different state of consciousness, you will have a different set of thoughts and feelings flowing through you. **Your entire range of thoughts can shift from one to another when you move from one state of feeling into another.** The frequency of vibration you are experiencing puts you into a whole different reality altogether.

That is why it is important to be in the right emotional state in order to communicate and act in the right way. When you act from right states, you will have the right effects. The energy you give out is the results you get. Whenever you want to do something that is important to you, first change your state of consciousness to one where you are experiencing positive feelings and then go ahead and act from that state.

Of course you may not always be able to get yourself into a positive state with positive feelings at first. You may have to start off with a less positive state and emotion but as you move through with that state and work with getting it engaged in the beginning, you can fulfill the purpose the negative state is meant to serve and then shift it to a more positive state and emotion. Then you can bring the emotional state to higher and higher levels from there.

When you are in a low state of vibration and emotion, you find that there are many things you can't seem to do. The truth is that we can't do anything unless we feel like doing it. Even if we do it without the necessary emotions for it, we will not be able to do it with the quality and effectiveness it should have. **Our emotions affect the quality and effectiveness of our actions in a big way.** Your actions have more effectiveness when you act with positive states and emotions.

When we are in a high state of vibration and emotion, we are able to express ourselves in ways that we never thought we could in the place and setting we are in. Positive states and emotions open up our most amazing abilities and talents to display. **Higher states of consciousness gives you greater freedom of expression.** When your moods are lower, you are more heavy and stuck. When you are happier, you are lighter and freer. When your state of consciousness and emotions are free flowing, your thoughts and actions will be free flowing.

What seems real to you in one moment of thinking and feeling can seem totally the opposite in another moment of thinking and feeling. There are two kinds of truth in reality. Truth that is based on objective reality is objective truth. Truth that is based on subjective reality is subjective truth. **Subjective truth changes from moment to moment according to how you feel in the moment.**

Remember that perception shapes reality, literally. You are constantly creating reality with your consciousness. When your emotional states and vibrations are low, you tap into a timeline where your future is bleak, hopeless and negative. When your emotional states and vibrations are high, you tap into a timeline where your future is bright, happy and positive. **You are moving towards an alternate probable future when you resonate with its vibrational frequency.**

When you want to get someone to do something you want them to do, first put them in a positive state of emotion and then make your suggestion while they are in the midst of that state. Putting them into positive states and emotions opens their heart and makes them receptive to your suggestions. **When you change their feelings, their decisions will change automatically.** Their behavior changes as soon as their emotion changes.

You find that you are able to experience creativity, inspiration, insight, guidance and intuition when you are in positive states and emotions. That is because those things exist at a higher vibrational level of reality and you tap into that level when your emotional vibrations are higher. **Positive feelings unlock the door to all those inner resources within you and allows them to flow freely into your conscious perception.**

It is amazing how much power, ability and success you have access to when you are in higher states of consciousness. **Seek first the kingdom of God and all those things you desire will be added to your life.** The kingdom of God is within you. **It is your consciousness and emotional states.** The kingdom of God is righteousness, peace and joy in the spirit. When your intentions are positive and you are feeling joy with an underlying serenity, you will attract and manifest all that your heart desires.

Higher Feelings Manifest your Desires More Freely

The secret of manifestation is that you do not attract your desires by what you think but by what you feel. Everything is vibration and you attract those things that you are in vibrational resonance with. Your vibration is your feeling. It is your feelings that attract your experiences. The more you experience the feeling of having what you want, the more you will have it. **Higher vibrations and feelings are the medium by which your desires will manifest more freely.** The more positive feelings you can experience about yourself and your desires, the easier and faster you'll experience your desires spontaneously manifesting into your world.

Emotions help you create reality. When you believe in something, love and cherish it, you can create it more freely. You have the power to manifest anything your heart desires! If there is anything you want to create more of, focus upon it. Whatever you turn your attention to, you will create. What we give out, we get back. **The energy you give out is the results you get.** Imagine what your life would be like if your mind could always be focused on thoughts that were filled with joy, peace, love, abundance and feeling successful! **Whenever you feel good, you are in vibrational harmony with your desires.**

Emotion is energy and energy attracts like energy according to the law of attraction. Your feelings create your reality. That is why it is important to choose listening to songs and music that cause you to feel the feelings you would feel in the state of experiencing your desires as reality. Instead of songs that cause you to feel otherwise because those feelings will very well attract those conditions into your life. The same principle applies to the shows that you watch, the materials that you read and the things you talk about. **Choose to engage in things that generate in you the feeling of experiencing what you want.**

Of course you can allow yourself to experience every kind of feeling just for the experience of it. Listening to bittersweet or sad songs and watching heart breaking movies sometimes do help us to cherish the positive and happy things in life more. It is ok to engage in things that cause you to experience them some of the time. Just **make sure that your dominant emotional experiences are in accordance to experiencing what you do desire.**

Faith is a feeling and vibration. You cannot experience faith without the feeling of faith. When you really have faith about something, you must feel it. A person with a higher vibration will create their desires easily, freely and more effectively than someone who is experiencing a lower vibration. Our vibrations go up and down with our moods throughout the day. That is why **it is important to be conscious of how we are feeling and keep choosing to feel positive.** If you did nothing else but ask yourself, 'How do I feel right now?', and keep bringing yourself back into feeling good, everything else would fall into place.

The following feelings and attitudes emit a higher vibrational frequency that resonates with your desires and attract them freely. Happiness, joy, bliss, appreciation, gratitude, love, peace, admiration, certainty, confidence, faith, courage, hope, freedom and trust. The following feelings emit a lower vibrational frequency that attracts negative events and push your desires away. Condemnation, guilt, worry, disappointment, resentment, fear, insecurity, doubt, hesitation and sadness.

It is very difficult, almost impossible to achieve any type of success with negative feelings. You have to constantly fight and push. Nothing comes easily. And whatever you gain in that way won't last. On the other hand, feelings of higher vibrations attract success almost effortlessly. Of course you still have got to do something. However you don't have to force anything. You go with the flow and your intuition leads you to opportunities and people you might never have experienced or met.

There are three main states of vibration that you can resonate at. The lowest is the state of unhappiness. In this state you feel depressed, overwhelmed, bored, angry, heavy, helpless and so on. Your world is full of rain and darkness, and that is what you tend to create. The middle is the state of monotony. In this state, you operate on automatic pilot. You just do things because you should do them. You are like a robot that is following orders. The world appears to be pretty cloudy and boring. When you operate predominantly at this frequency, you tend to create more of the same old thing. The highest is the state of joy! At this

frequency, you feel fully alive and on fire. You are excited about everything that comes your way, and you are in the flow. Your world is full of sunshine, and good cheer. You operate from inspiration, and desire. When you operate at this frequency, you naturally attract your heart's desires.

You can control your feeling with your thought. Positive thought and feeling is high vibration. **What you resonate, you will accumulate.** You can still make progress even when your vibrations are low but it would not be as quick and easy as it would be when your vibrations are high. Keep your vibrations high to manifest what you want freely in life. Anything in motion will continue in motion, unless an opposing force emerges to neutralize it. Feeling positive emotions means you are allowing your desires to flow towards you without resistance.

You can choose to be happy by choosing to think positive thoughts. Focus on what you are happy about. Imagine how you would feel if your desire is a reality now. Allow yourself to feel the excitement, exhilaration, joy, gratitude and happiness now. These feelings are what you remember when you're intending your desired reality as they become your set point. **Whenever you feel good or happy, you become a powerful magnet to rapidly attract your desire.** Happiness is a choice, you can choose to be happy in any moment.

Whenever you think or do anything that causes you to feel even the slightest bit better than how you were feeling a moment ago, you will cancel out whatever negative energy you were generating before. Every moment is a new beginning and you can use it to create reality afresh and anew with full power always. When you think of something that you do not like, then in that moment think of something else that you are happy about to neutralize the negativity and turn it into positivity.

Sometimes negative feelings are a cause for action if they are valid. To deal with your feeling of fear, worry and doubt in the moment, simply think about what you are going to do about what you are thinking and then let go, or do it immediately if you can, so that your mind can rest on the issue. **Be happy and your situation will automatically change for the better.**

Fear is low vibration and excitement is high vibration. Failure is low vibration and success is high vibration. Like vibrations attract, unlike ones repel. When you fear failure, you attract it towards you. When you fear success, you push it away. When you are excited about what you do, you become more likely to succeed and less likely to fail. The difference between fear and excitement is joy.

Your true desires are high vibration. **When your emotional vibrations are high, you attract and manifest your true desires more freely.** When your emotional vibrations are low, you attract and manifest things that you do not truly desire. Your true desires are the state of the source which is abundance, freedom, love, power, awareness and total success in everything. To be godlike.

Time is a factor that all manifestations of thought and feeling operate with in the physical plane of reality. When your vibrations are consistently high, your desires manifest more freely. **The more enthused, excited, and emotionally charged you are about something and the better it feels, the faster you'll see it show up in our life.** Higher vibrations are connected to divine life and they will attract all good things you divinely desire in your inner being. All things are spirit in form.

It is all about consistency and frequency of vibration. **Higher rate of vibration means higher speed of motion of energy.** Manifestation is energy moving into form. Things take longer time to manifest on the physical plane because it exists at a lower rate of vibration. That is why consistency of faith is more important while existing on Earth. Our thoughts manifest as things instantaneously on the mental plane first before manifesting correspondingly on the physical plane over a period of time. If you could allow yourself to **experience higher feelings consecutively for a certain period of time**, your world will be bound to become a lot different than before in a much better way!

Positive and Negative Feelings are your Guidance

Positive and negative emotions are your inner guidance system. Your feelings are a feedback mechanism to tell you whether what you are doing is right or not, whether you are on course or off course. The better you feel, the more in alignment you are with what you want. The worse you feel, the more you are not in alignment with what you want. **Your feelings tell you whether your thoughts or actions are in vibrational harmony with your desires or not.**

Whenever you feel negative emotions, it is a signal that you are doing something that is moving you away from what you want. Negative emotions are a cause for action. Either you need to change what you are thinking or what you are doing that is creating the emotion you don't like. Ask yourself what are you thinking or doing that is causing those negative emotions. Find out what you can think or do in order to feel good again.

When you feel really happy about doing something, it is a signal that you are doing the right thing. So continue to do it and not let thoughts of doubt or insecurity deter you from doing it. Focus on your intent and do not take action until you feel positive emotion within you. In that moment you will know what to do. When you take action it will be the right thing at the right time. Allow your positive feelings to lead you to doing the right things at the right time.

When you think about the decision that you plan to make, does it make you feel happy, excited, hopeful, relieved? Or does it make you feel depressed, unhappy or otherwise negative? **Use your emotions to guide you, and see if you get a yes or no answer through your emotional response.** Positive feelings would be a yes answer and negative feelings would be a no answer.

When we ask a question, it is important to allow all emotions that result to come up. If we have questions about the feelings that arise, we can ask a question about them. It is okay to ask questions and to then feel whatever comes up. Frequency or feeling is the closest thing we can communicate to the universe with. **As we sense our feelings, it helps us move from being unsure of the process, to becoming aware and comfortable of the process.** Follow your intuition. When your intuition is a no, something doesn't sit right. When your intuition is a yes, it feels perfectly in place.

Intuition is a gut instinct, and feels like a strong tug at one's heart and mind. There are differences between intuitive emotions and subjective emotions. **Intuition is always in agreement with truth but subjective emotions go contrary to truth, and require ignorance of truth to follow.** Following subjective emotions involves wishful thinking and a conscious effort to not look at certain facts. Intuition is stronger, deeper, and longer lasting than emotions.

Positive signals consist of light and energetic emotions whereas negative signals consist of dense and restricted emotions. To sharpen your intuition, you need to know exactly how your positive and negative signals feel like. There is a specific frequency that they vibrate at. Any higher or any lower is not the true signals. The more feedback you have in confirming your feelings, the better you become at using them to guide you.

How do you know if your positive feelings about something are artificially generated, or that they are your true feelings about it? Think about how you would feel if you removed the self limiting thoughts and beliefs in your mind. **The feelings that you feel about the decision without anything stopping you, will tell you whether you truly feel positive or negative about it.** You will know what you really want instead of what you think you should want.

Say to yourself that you don't know how your desire is going to come to you, but you know it's already been done. All you need to do in that moment is to put yourself in a state of acceptance and gratitude. Then ask your intuition to show you what you need to do right now that can help bring forth your desire. **If you feel a prompting to do anything, do not question it, just do it.** If you feel no prompt, then do nothing.

Sometimes doing nothing is doing something. You should only take inspired action.

Just pay attention from time to time if you are being prompted to do anything that may assist in bringing forth your desire. You may receive directions internally through intuition, or externally through a suggestion from something you read or a person you talk to. **You will have a feeling that the message is important.** You must follow it. **The more you trust your intuition and feelings by acting on them, the more strongly they will serve you.**

Sometimes when you are in a state of happiness, you will receive thoughts to do something that would get you what you want. You may find that the place you expect it to be doesn't seem to have what you are looking for. But **since you received such a thought, you could look further into it because it is there for a reason.** When you look around further, you might find that there is indeed a place that contains what you are looking for.

There are times when you have positive feelings for several choices that you are considering. So that means all are good choices. If you have to choose only one of them, then become aware of how much positive emotion you feel for each one. **The one that you feel the strongest positive emotion for is the best choice.** You should only go for the best choice and not just what is good or even great. Go for what makes you most happy and it will be the best choice about any situation, person or activity.

Present Reality is Manifestation of Past Thoughts

You know that your thoughts create your reality. But **if you are trying to find out how all your thoughts today are creating your reality today, you are making a mistake**. Some of the things that happen today are created by the thoughts you think today, but **there are many more things you experience today that are the result of the thoughts you've been thinking many days ago**. Depending on what those things are, some of them take varying amounts of time to manifest into present reality.

Thoughts take time to manifest into the physical world. What you see with your physical eyes is yourself at various moments of your past. Present reality allows you to look at yourself so that you can create the next version of yourself. **What you see is an illusion that is designed from various moments of your past**. The way to use this world you see with your eyes is to see it as your past and to discover what to change and grow. Present reality is a gift for you to know yourself.

Present results are the effects of previous thoughts. In other words, **when you look at the world today, you are actually looking at yourself as you were yesterday**. The world at any present moment of now, reflects your thoughts and state of being before the present moment of now. Insanity is doing the same thing repeatedly and expecting a different result. If you want things to be different, you have to think and do things differently.

The present moment is what you have sent to yourself. **The present is pre-sent by yourself in the past to be experienced in the now**. It allows you to experience your past thoughts and to change them if you desire to. Be grateful for the present because it allows you to experience yourself. **The reason why thoughts take time to manifest into the physical world is so that we are given the chance to reconsider our intentions and change them** before they are experienced more tangibly by us and with others.

Physical reality is mental reality expressed. To express is to make known, to communicate and to present. You experience your thoughts first in the mental world which is your imagination, so that you may know which ones you truly intend to accept and work on. The thoughts that you have chosen with the will to be fully realized, becomes what you experience a second time as manifest reality. **The physical world is designed to enable you to experience an idea and it's effects and consequences**.

If your thoughts manifested instantly in this plane of existence, you would not have the chance to cancel them before they are fully experienced by you and others. That is why it is a good thing that physical reality works that way. **If you want to manifest a thought into physical reality, hold on to it and concentrate your intention for it to be so**. Consistency of thinking and the belief that it will happen is what brings your thoughts into materialization in this world. Full creation is mental as well as physical.

The future first exists in the imagination, and then the will and finally in reality. It takes the will for anything to be fully experienced. The will is the director of reality. **If you want to create anything completely, you have to use the will to make it happen**. The will is focused intent. Persist in your intention until it is realized in physical reality. You need to have patience as you continually think those thoughts until they have been given enough time for the universe to arrange everything for them to happen.

Once you understand that the present moment is not only created by present thoughts, but also by past thoughts, you can know the reason why **you still experience certain things in the present that are not in alignment with your present thoughts**. The causes of your present reality may extend far into the past. Therefore when you look at what is happening now and wonder how did you create it, realize that it is very well the effect of your thoughts and actions months and years ago.

The state of your life right now is partly who you are and who you were. Some of your current affairs are the residual effects of your thoughts in the past. You can create reality anew this moment with the thoughts and feelings that you choose to have in the present, which will create your future. Do not think that whatever that has been will always be, no matter whether it is good or bad. **You must continue to**

think the right thoughts and feel the right feelings in order to continue creating the reality you desire.

Real change happens instantly the moment you change yourself on the inside with your thoughts. But **the effect of inner change will take varying amounts of time to become fully experienced in the outer world.** Some of its effects will be experienced faster while others will take longer. **Once you have decided to make a change, persevere with it all the way.** Time will go by until you notice that your present reality is completely different from how it was in the past. It is a whole new world for you.

Outer World is Partial Reflection of Inner World

We may think that everything we are experiencing in our external reality is a reflection of our inner consciousness, therefore when we see negative events that we feel we aren't presently creating, we become confused and frustrated. We start doubting the law of attraction and our reality creation powers. The truth is that **although the outer world is a reflection of the inner world, it is only a partial reflection.** What we see in the visible world is not all there is.

Like the tip of an iceberg, there is a whole portion that remains submerged under the surface of the water. The outer world is the exposed portion while the inner world is the hidden portion. **When we create reality by setting an intention, there is an entire process of events that appears in the inner world.** Each event is connected to another until finally the full manifestation of the intention is realized. **What we see in the outer world is only part of the process as it unfolds over time.**

When we see bad things happening, we wonder why it is so when we know we did not consciously intend them to happen. When we set an intention to create wealth, we may encounter loss. When we set an intention to have a better relationship with someone, we encounter obstacles or conflict to make it worse. Actually what we are facing is only temporary. Those very events that appear as bad are really not bad at all. **They are just part of the process of things turning into our greatest good.**

The reason why you encounter loss at the moment might be because it is a learning lesson to knowing what causes it so that you will be prepared for the keeping of great wealth that is to come when you are ready for it. The reason why you encounter obstacles or conflict in relating with another person might be because when you get closer to someone, you inevitably touch their weak spots and set of certain emotional triggers. Those are opportunities to learn how to relate with that person in all circumstances.

Whatever we are experiencing in the visible world is only part of the picture. In the larger scheme of things, the reality we desire is already fully laid out in the invisible world. Our intention has already created an entire plan for its manifestation. We should never doubt that for one moment. **Everything that happens along the way is just part of that plan.** As long as we stay in vibrational harmony, we will move along the path but when we become negative, we move out of the plan.

That is why detachment is so important. **When we are detached to the outcome, we are able to stay on the path without wandering away.** We can continue acting according to our heart's desires and doing what we believe in. Attachment to the outcome creates fear, doubt and worry. That is when we start veering off course with negative thoughts, emotions and actions. We take detours and waste time before getting back on track. **When we are detached, our intentions manifest a lot faster.**

There are many possibilities and pathways that our intentions can take to manifest. Possibilities and pathways can keep combining to create new possibilities and pathways. What we see in the visible world are only the possibilities and pathways that currently exist. If we only look at what appears to be in the present, many things will seem impossible. But **the future where those possibilities and pathways exist are already contained in the invisible realm.** It is only a matter of time before they appear.

Do not look to the outer world as true reality. **When you base your reality on what you see, you will think that your desires are not manifesting.** True reality is spirit and spirit contains everything you ever wanted and will ever want. Spirit is the highest plane of the invisible realm. All your true desires are actually spirit seeking to manifest. Looking to the outer world causes fear which is the emotion of false evidence appearing real. Look to spirit and you will have faith which is the evidence of things not seen.

We have to realize that the manifestation of our intentions is a package deal. There are many parts that come with it and we cannot just accept certain parts and not the rest. **If we want to manifest our desire fully, we have to accept every part that is integral to its total experience.** We have to accept the good as well as the bad. In fact, even what we might consider as bad is also good because it is all good when we

see how it all fits together to form the most beautiful and perfect picture of our creation.

What we see in the outer world is only how things are happening in time. When we look from a perspective outside of time, we realize that there is so much more that has yet to fall into place. Whatever that can be seen in the outer world is subject to change. Time changes everything, yet change itself is also an illusion because nothing changes when seeing the whole thing outside time. By knowing that the full reflection of the inner world happens over time, we can detach and surrender to the process.

Vibrational Matching requires an Identity Shift

In the process of achieving your goals, you have to become more than what you are. Your self identity needs to expand to include those things you intend to manifest. **If you identify with the person you will be when you achieve your goal, you will get there very quickly.** Once you have shifted your identity, you simply make gradual changes in your persona to match the one you would adopt when you have fully achieved your goal.

You are a different person with your goal achieved compared to the person you are without it. It is not just taking the actions to get to your goal. There is a different way you think about yourself when you have achieved your goal. There is a different way you perceive reality. **Without this personal inner shift in your self identity, all your actions will ultimately fail because your personality conflict will sabotage your success.** When you change your identity to match the person you will be with your goal achieved, your goal will manifest in your reality without fail.

The reason you have not already gotten what you desire is because you are holding yourself in a vibrational pattern that does not match the vibration you desire. That is the only reason ever! You cannot desire something but predominantly focus on the absence of it, and yet expect to receive it, because the vibrational frequency of it's absence and the vibrational frequency of it's presence are very different frequencies. **Your desires and your beliefs must be a vibrational match in order to receive that which you desire.** You need to have it in your being. You need to get it emotionally.

You have to be in a vibrational match with your desires and intentions in order to manifest them into reality. **To be in a vibrational match with your desired reality means you have made an identity shift towards it.** You identify yourself with it and therefore would do whatever it takes to be there now. You may take massive actions and work very hard for it but it will just flow because you already know how it is like to be there. If you were already the person who is experiencing your desired reality, you would find that anything else is totally unacceptable, because it is simply not you. **Your identity forces and compels you to live your ideal right here, right now.**

When people find themselves wanting to become millionaires they tend to look at where they are and spend most of the time making decision based on their present circumstances. Most of them keep saying, "I don't have enough" or "I wish I could have more" or "I need to pay these bills" and so on. The challenge is pretty obvious, they like to achieve financial abundance coming from a scarcity mentality. **If you need to look at where you are at, look at it once .** Now keep your whole attention focused on the bigger picture.

The key to manifestation is the ability to shift awareness and hold focus. Keep your awareness more on where you want to go and less on where you are, and you will get there faster. You have to shift your awareness to your desired reality in order to draw it into manifestation. **The key is to feel comfortable with thinking, talking and acting in a state where your desire is already a reality.**

So to manifest millions, you must keep your energy and sight thinking in terms of bigger numbers. **Keep your awareness so that thinking in terms of bigger numbers becomes a part of your life.** Once you keep your attention in the right place, thinking in terms of bigger numbers, the universe will provide you with plenty of opportunity to ensure that you can attain whatever it is you desire to accomplish. All you need to do is recognized the opportunities and act upon them.

To attract wealth, you have to be wealthy. **Your beliefs is your being in this world.** You have to make the decision that you are wealth contrary to external physical evidence. Being wealth conscious magnetically attracts wealth into your life. **You will attract wealth simply because of who you are.** You have to shift your consciousness to be wealthy by realizing that abundance is everywhere and you will experience the wealth that is yours.

Get comfortable with larger numbers and amounts. If you already identify with your desired reality, you would feel that the larger numbers and amounts are really normal. You will also feel that they are not

really big and anything smaller is really small indeed. **Think the way you would think and feel about numbers and amounts when you are already the person you want to become.** You would find many of the things you think of as too much for you now are really nothing at all. You would also feel that using a certain amount of resources or energy in whatever form that you presently think as a lot is no big deal because you have a lot more in your reserves and inflowing as well.

Having the identity of being a millionaire already doesn't mean you go and spend like crazy. That is not a good idea because someone with a millionaire mindset does not manage his finances unwisely and gets himself into debt. But a millionaire would be willing to invest more money into his business and spend more to increase his capacity of getting returns. **You have to know how to resonate with your identity of being the person you will be in every way in order to live correctly as that person now.**

Seeing whether someone's identity is a vibrational match with his dreams and desires, is how you can tell whether such person is going to make it even if that person has not gotten the desired relationship, business or goal yet. **You know that they are going to get it because they already have an identity shift towards the end result they want to achieve.** Shift your identity and you will find yourself accelerating rapidly towards the desired reality you intend to manifest.

Will is Central Key to all Mental Phenomena

The future exists first in the imagination, then in the will, then in reality. Simply imagining something will not make it real. If you want to make your imagination reality, you have to use the will. **The will is the central key to all mental phenomena.** Everything is controlled by the will. The will is the core that holds all energy together. The will is the highest level of the mind and its ruling faculty.

The ruling faculty of mind is the ruling power of reality. **Magic is the act of causing change in accordance with will.** Will is directed by desire and liberated by belief. You must focus on your desire and you must will yourself to believe in getting it. Even though what you want has already been given, you have to use the will to claim it as yours, so that negative forces cannot take it away from you.

Manifestation works best when you have a strong intent. Instead of only a want, it is more of a must. When you know something must happen, it will. When you want something to happen, it is still not a strong enough intention. "I want to do this." is not as strong as "I must do this now." It a small distinction that makes a big difference. Think to yourself "I can and I will."

Manifestation involves the act of selecting from a pool of probable futures, a particular one to manifest. We cannot avoid our role as chooser-creators any more than we can avoid thinking. Intention is choice. To think about this rather than that, to give attention to this rather than that. The will is the faculty of choice. **It is the decisions we make that shape our destiny.**

Every time you change your desires, you are essentially starting all over again in the creation process. If you have been spending days or weeks putting your attention on a specific desire, picturing, thinking about it, and then you change your mind and want to create something else, all that energy you pushed out to create that past vision is now wasted and you must start all over again focusing on something new.

It is fine to review your dreams and goals, and change them from time to time if after awhile you find that you didn't really want a particular dream or goal. Just try not to keep changing your mind. Most people don't create much of anything because they either don't know what they want, or they keep changing their mind about it. And when you keep changing your mind, you never stay with anything long enough to create it. You send out partial messages and get back a partial life. This is why **it is important to get as clear as possible about what you really want, and then stick to it.**

The key to mastery is to keep choosing the same thing. Stay with one thing. Don't take your mind off of it. Keep focusing on it until it becomes a reality. A Master chooses something to manifest and doesn't go on to something else until he or she has manifested it completely. If you choose to create something, stick with it. Choose it with all of your heart and soul. Be committed, persistent, and focused. Don't take no for an answer! Do not go on to something else until you have created your chosen dream or goal. **If you want your life to calm down and bring you what you want, stop changing your mind so often.**

Will is focused intent. You have to be fully intentional in order to manifest what you want. The problem with many of our intentions is that they are half hearted intentions. Half hearted intentions will only produce half hearted results from the universe. It is when we are fully intentional for something to happen that the universe would arrange the situations to allow us to experience our desires manifesting. The universe reflects to us what we send out to it. **When you commit yourself, that is when the universe commits to you.** Synchronicities show up more powerfully and more spontaneously when we have synchronized our internal world by aligning our thoughts and feelings about something in one direction.

It's been said that consecutively sustaining positive thought is the hardest work in the world. But it is also **the key to mastering the world.** To monitor your thoughts and keep them only on those things you desire will require constant, moment to moment, minute to minute attention, especially in the beginning, when you may be used to worrying or fearing. It is a day-to-day, hour-to-hour, moment-to-moment act of supreme consciousness. This is Conscious Creation. You are becoming aware for the first time of the many thoughts that govern your life. This is a real awakening.

The secret of success is to be able to hold all of our energies upon one point, to focus all of the scattered rays of the mind upon one place or thing. Use will power in concentrating your mind upon what you are doing at a given moment, and then turning to something else. Hold all of your powers with a firm hand. Great self-control and self-conquest gives one great power over others. He who has a firm will molds the world unto himself.

Awareness locks Reality and Emotion attracts It

The law of attraction says that what you focus on with your consciousness will be caused to manifest in your experience of reality. Therefore whether you focus on what you desire or do not desire, you will experience more of those things you focus on. But at the same time, the things we focus on happen at a time when we are not focusing on them, and sometimes they do not happen at all. Such a paradox can be explained by how **the law of attraction works with the law of freewill**.

The law of freewill says that choice is based on awareness. A choice can only be made if consciousness is aware of it. If there is no awareness, there is no freewill. Quantum mechanics says that reality is fluid in nature. **When something is not observed by awareness, it exists in a formless state of probabilities**. When consciousness becomes aware of it, the state of the thing becomes locked into a single probability and takes that particular form. Awareness locks reality into place.

When reality is locked into place by awareness, it cannot move. Quantum mechanics states that the more you know the momentum of a particle, the less you know its position and the more you know its position, the less you know its momentum. So once you have locked onto a single probability with your intention, you have to let it go out of conscious awareness for it to move into manifestation on the physical plane. That is why **your intention tends to manifest at a time when you are unconscious of it**.

Although awareness selects reality on the mental plane, it is emotion that attracts it into manifesting on the physical plane. **Emotion is energy in motion and therefore your emotions move things into your reality or out of it**. You attract only that which you are in emotional resonance with. Positive emotions attract positive things, events and people while negative emotions attract negative ones. Your desired reality can be stopped from manifesting by anticipation or lack of emotional resonance.

Anticipation kills the future. Have you experienced many times when you were expecting something to happen and yet it didn't happen? It is because your awareness was freezing it from happening. It is not your conscious mind that creates reality, it only chooses it. **It is your subconscious mind that does the work of reality creation**. That is why it is best to live with an attitude of having no expectations. Set your intention and then detach your conscious awareness from it to let your subconscious take over.

Synchronicity is how the future becomes the present through an entirely quantum process. The more aware you are that a particular future will happen, the more that future is frozen and kept from manifesting through quantum or synchronistic means. Keeping it in awareness through expectation is like freezing a river and then having to walk towards the raft, whereas putting it out of awareness through letting go is like waiting at the end of the river for the raft to come to you. **Synchronicity is a lot faster**.

Consciousness has two aspects, the conscious and the subconscious. It is not your conscious focus but your subconscious focus that is needed to manifest your desired reality into experience. Your subconscious focus is determined by your emotions. **You need to be in the correct emotional state that is resonant with how you would actually feel when you are experiencing your desired situation**. You don't have to be consciously aware but your subconscious focus is all that is needed to attract it.

You can be aware of a negative possibility while having zero emotional investment in it. Like casually crossing the street after having looked both ways to avoid getting hit, yet without feeling any fear at all as a young child might feel when crossing alone for the first time. You can be in emotional resonance with something while not even thinking about it consciously. You may be having deeply suppressed issues affecting you in your subconscious while denying them on the surface.

Since awareness locks reality and emotion attracts it, **being aware of negative things that may happen while maintaining a positive attitude is the best way to function**. When you are not attracting negative probabilities with your emotion, you are not blocking them from happening either if you are unaware of them, therefore they are free to manifest. **Your awareness of negative probabilities is a defense against**

them from manifesting because it freezes them in place.

You may have an optimistic attitude but ignore thinking about negative possibilities, and eventually something bad happens that you are not prepared to handle. Simply resonating with positive ensures that perhaps up to 90% of your experiences end up being positive. However, the only way to prevent the negative 10% is to be aware of them. Without that awareness, they can and will eventually happen. Therefore, naive positivity that comes with total ignorance of anything negative is unwise.

Being prudent is having foresight of future possibilities that could happen, both the good and the bad. So even when they happen while you are not aware, you are already mentally prepared to handle them. The best attack is the least expected. Negative forces prefer to attack from the shadows, in places that a person lacks awareness. Such attacks bypass freewill because the person is unable to make a conscious choice to disallow it from happening.

You can consciously intend for a safe passage or protection and receive it. So although you are not blocking negative possibilities by thinking specifically of all the ways things could go wrong, you select with awareness one positive outcome where all goes well. Your emotional resonance will also give it higher strength to manifest above other probabilities. So although you do not prevent negative probabilities from happening, you are protected in the event that they do happen.

Awareness is so important because it gives you the ability to handle things before they happen and while they are happening. The more awareness you have, the more you are able to consciously direct your reality. People are destroyed by lack of knowledge, because knowledge protects and ignorance endangers. At the same time, it is best to have a happy-go-lucky attitude and non-anticipation of positive things so as to open the flow to their manifestation.

Free your Conscious Mind for Subconscious to Work

Your subconscious mind works best when your conscious mind is asleep or pleasantly occupied. In between intending and manifesting must be a temporary period of forgetting. If you want a good parking spot, give yourself enough time to forget about your intent before you get there. The sooner you think about something else the sooner reality can get to work. There is no easier way to take your conscious mind off something than by keeping yourself busy with something else.

There are times when you have a question about what to do but can't seem to find the answer. You don't have to force yourself to come up with the decision in the moment. You can take a break and go do something else so that your subconscious mind can work on it. The answer will come to you as your subconscious mind pieces together the information it knows to develop the best choice that you can act on. You will become a lot more clear about what to do when that happens.

The people who accomplish the most are the ones who seem to work the least. That is because the ones that work the most are only working with half a mind. They spend so much time working consciously and not resting to let their subconscious work instead. The ones that work with a full mind do so by switching between working with their conscious mind and subconscious mind. They are able to focus their thoughts on a matter and then let it go free for awhile before returning back again.

You can be happy to know that to be successful, it is really essential to take more time for enjoyable diversion, instead of working longer and harder. Working smarter means working with your whole mind. Don't do more work with your conscious mind than is necessary or you are wasting energy. Hold your mind on what you intend to manifest and then go do something else. The more you rest by freeing your conscious mind of a matter, the more your subconscious gets to work on it.

Take time off to go do what you enjoy. Relax and have some fun. Play and chill out for awhile. Your subconscious mind will direct you in your work, making it better, easier to perform and far more pleasant. This is what it means by doing less and achieving more. There is less and less conscious effort required as everything just goes into a flow. What you do becomes easy and effortless. This is the optimal way you want to accomplish things.

The intelligence of your subconscious mind is infinitely far more than all the intelligence of your conscious mind. You don't have to worry when you do not think you have all the knowledge and awareness you need to handle a particular situation. That is the time when you can receive inspiration instead. You can never know everything consciously but you already know everything subconsciously. Worry hinders you from doing the things that would otherwise solve what you are worrying about.

Your desire sets intent in motion, which in turn attaches a line of force to your target. Now you must be drawn together like a fisherman and the fish. Once the line is cast, desire is forgotten allowing the universe or subconscious to reel you and the goal together with the least possible effort or resistance in between. Consciously you cannot possibly calculate or predict completely what is required to reach your desire. Detachment and forgetfulness allows you to be led.

Detachment is the ability to close the doors of intention, to put out of the conscious mind once the working is complete. You focus your intention to perform the work and then you set it aside. Let the subconscious take over and carry it out. When you think too much about something consciously, you trigger conscious thought processes which interfere with your subconscious manifesting.

If you want something too much, and you're constantly thinking of it, you will end up pushing it away. You interrupt things just as they're about to be given to you. Once the intention is in the subconscious mind it will operate unaided. If the thought or desire comes back into your conscious mind, let it go. There are moments when you let your subconscious take over, and these come naturally by doing something else.

The autopilot and the pilot cannot control the plane at the same time. **Ease of perfection in accomplishing anything depends on how much you are able to let go of conscious control over it and allow yourself to act automatically and effortlessly.** When you free your conscious mind for your subconscious to work, you are allowing God and the universe to work on your behalf and to do the work through you. Free your mind and it will do wonders for you.

Convince Conscious Mind for Subconscious to Work

Your conscious mind is the part of your mind that deals with reason and logic. It is the director of your subconscious mind, which is the part of your mind that deals with energy and creation. Your conscious mind is the logical mind that functions with logic. You think with the conscious mind and it is the programmer of the subconscious mind, which is the creative mind that carries out the program. **Convince your logical mind so that it will send the right instructions to your creative mind.**

The source of our ability to achieve anything we desire is the subconscious mind. The subconscious mind will accept any sustained impression, particularly fuelled by emotion, and therefore any sustained thought, and bring it into manifestation without question. **It is the task of the conscious mind therefore to choose carefully which sustained thoughts and impressions the subconscious mind receives.**

The bible says that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of the Heavenly Father which is in heaven. **The “two of you” referred to are the conscious and subconscious minds.** Before anything can be achieved, both need to be in harmony. **The subconscious mind is always in harmony and never argues about anything, so it is the conscious mind that needs to be convinced.**

The subconscious mind does not need reason to make things happen. When an impression is made upon the subconscious mind without conscious awareness, the subconscious mind will proceed to work on it automatically. But its effect will soon become noticeable by the conscious mind and will be interfered by it. **If your conscious mind cannot accept what is happening because it reasons against it, then it will send a conflicting impression that will undo the first.**

There are two conditions that need to be present for subconscious change to be sustainable. The first condition is that the subconscious impression must be continually induced in order to maintain its strength over the mind. The second condition is that **the conscious mind must become convinced by reasoning the result as a logically acceptable event.** When either one of these two conditions are present, the subconscious mind will be able to continue creating the thing it is programmed with.

When change happens unconsciously, it can also reverse unconsciously. There are times when you experience good or bad things happening to you for awhile. But you have no idea how exactly did you cause those things to happen because you were unconsciously creating them. Then when your subconscious mind undergoes a change, the good or bad things begin to change as well. That is why **if you want to have deliberate control over your reality creation, you need to have conscious understanding.**

Until you make the unconscious conscious, it will control your life and you will call it fate. That is why gaining awareness is so important. All of life is a learning experience to become all that you can be. The purpose of all our experiences whether good or bad is for us to evolve in our consciousness. **The more conscious we become, the more power we have as deliberate creators of our own reality.** Awareness gives us freewill to choose our experiences.

Even when you choose to use techniques or technology that bypasses the conscious mind to program the subconscious mind for unconscious change, you should seek to learn how it works. When you are aware of the process and the logic behind it, you are able to have both your conscious and subconscious minds working for you. **Total transformation involves the whole mind and not just part of it.** It is your belief that the subconscious technique works that affects its influence over you as well.

We seek to understand how everything works and to discover the explanation of every mystery that presents itself to us. It is because **when we can comprehend all that we experience according to logic, we are able to master our situations instead of letting them master us.** Everything in the universe runs according to logic. When we encounter anything we do not understand, it is not because it is illogical but just that we have yet to discover the logic of it.

Logic does not originate from the conscious mind but from the subconscious mind. No one invents a new idea that never existed, but he only discovers it through inspiration that comes from a place where it already exists with everything else. It is the conscious mind that plays with logic and then decides how shall the subconscious mind operate with it. The truth is all programs already exist within the subconscious mind, but the conscious mind decides which ones it shall run.

Perfect creation requires perfect harmony between the conscious and subconscious minds. That is why you need to find as much information as you can that supports you in believing in the possibility and success of creating what you desire. Conscious knowledge enables us to direct reality as we will. Understanding is the key to solving all our problems. Understanding the problem dissolves the problem. Understanding is the reason that convinces the conscious mind for the subconscious to work.

Taking Action is Part of Manifestation Process

One of the fallacies that people make when it comes to utilizing the law of attraction is that they think all they need for manifestation is simply their intention. That is the reason why many people fail to manifest their intention. They are not taking one of the crucial steps in the process of manifestation. Taking action is not for the purpose of creating something we don't yet have. **Everything we intend is already created, action is a means by which we receive it into physical reality.** Action is the act of receiving.

In order to experience the complete manifestation of our intention, we need to be in complete vibrational harmony with it. That includes our actions as well. **We must act as if our desires have manifested and in the process of manifesting.** If you intend wealth, you must act like you're a wealthy person and take actions to receive it. Wealthy people don't complain about lack but they use money when it is appropriate and feel abundant about it. Wealthy people set up businesses and systems to receive money.

Action is the means by which we experience the manifestation of our desires. **We are the channels by which the process of manifestation occur through because the universe creates through us.** It is a joy to be part of the manifestation process physically and seeing things happening through us as we watch ourselves create them. **Taking physical action allows us to feel the joy of being a creator of reality as the work happens through our hands.** That is why we are meant to enjoy the work of creating.

When you know the reason that manifestation in the physical universe happens through physical action is so that you can enjoy the experience of being physically part of the creation process, you will feel good about it and enthusiastically act out your dreams. Why would you want to avoid doing the work necessary for creating what you desire? You would love doing it because you want to be part of the process of manifestation. **You want to be involved and immersed in the experience of creating reality.**

Passion is the energy of physical action for manifesting our desires. **The more passionate you are in what you do, the more energy you are channeling for the manifestation of your dreams.** All our work of creation should come from the love that we have in our hearts. When we love what we do and what we are creating, the manifestation of our efforts will be filled with the energy of that love. The love that we put into our work will touch the hearts of those that experience it and be blessed by it.

Action is the expression of spirit. **Action is the means by which the inner world gets translated into the outer world.** Through action you physically become part of your creation. You are not just creating the thing or situation you desire, but you are also creating yourself in the process. Through action, you get to experience and develop yourself in a physical way. **You sharpen the connection between your mental and physical capabilities and you hone your physical skills and body to much greater levels.**

With the energy of passion, work is no longer work but it is the giving of yourself through your actions. You give yourself over to the process of manifestation as you allow the work of creation to happen through you in a physical way. **You become the tool by which the universe uses along with every other tool involved as well.** You are in harmony with the flow of creation as you physically co-create with the universe by doing your part in it. It is through the giving of yourself by which you receive your desire.

Intention alone does not cause things to happen. It is not true that nothing happens when we do not put in any physical action. **Intention rearranges the flow of events so that situations can show up as opportunities for us to physically act in it.** These opportune situations seem like coincidences because they are incidences that are co-created and coordinated by our intentions. These synchronicities are only part of the process. Taking action is the other part. **The door may appear but you have to walk through it.**

We can cause certain things to happen by thought, and we can cause certain things to happen by action. Both are needed for things to happen completely. Thought without action is halfway manifestation. Action without thought is inaccurate manifestation. Thought is always the beginning of the manifestation process. Action is the finishing of the manifestation process. **When you have your thoughts and actions fully aligned, you will have complete manifestation of your desire without any part lacking.**

There are times when the manifestation of our intention can be purely mental without any physical action involved. That is possible when the universe intends it to be so, and we are intending in harmony with it. The rest of the time, the manifestation of our intention requires us to be physically involved in the process with our actions. It is a gift for us to experience the work of creation happening through our physical being and we should fully embrace it in every way possible. Enjoy doing the work of creating.

Inspired Action with Intent produces Results

It is not your action that creates what you want, but your intent. Your actions only serve to bring your intent into manifestation. You can't manifest what you did not create and actions create nothing. Action without intent will be counterproductive and will only serve to destroy. When you create what you want with thought, you will only need one tenth of the effort to achieve your desire.

Never try to force things to happen because you are afraid of what will happen if you don't take a certain action. Instead, choose inspired action that moves you toward what you want, not away from what you don't want. Inspired action always feels easy and effortless. Action taken out of fear, worry or doubt always feels forced and stressful. Acting on your intentions without trying to force things to happen will magnetize your desires by attracting people, places and opportunities into your reality that you never would have even seen if you hadn't done so.

You can reduce the need for action to a very minimum by allowing yourself to focus on what you desire until you feel the positive energy begin to move within you. This energy is not based on doubt, fear, anxiety, worry or need. If you focus on what you want instead of what you don't want, you will know when it is time to take action. When you do, it will be effortless. Doors open and the entire universe will conspire to assist you in your desire. Focus on your intent and do not take action until you feel positive emotion within you. In that moment you will know what to do. When you take action it will be the right thing at the right time.

Many people end up frustrated and discouraged at their lack of results because they fail to connect thought with personal action. They may think about what they want in the beginning and then go off to work without a thought about their desires for the rest of the time. Or even worse, they may get caught up in the problems of the day and begin to doubt or fear not getting what they want. These thoughts then go to work to create the negative images that are being created throughout the day in their minds, which completely overpower any benefit from their earlier positive thoughts.

We must bring our dreams into our actions. Bring your thoughts, your dreams, your visions and think about these things as you are taking action in your present environment. You must hold the vision of what you want in your mind and take action now. Don't try to come up with some new, incredible scheme to get what you want. Most of the time the things you want will come from the actions you've been taking in your present situation. Bring your powerful thought energy into your actions in order to attract what you desire, through existing channels.

Every action can be made powerful and successful by holding your vision while doing it, and putting your whole purpose and faith in it. Most people fail by separating mental power from personal action. They use the power of mind at one place and time, and then they act at another place and time. So their actions are inefficient and unsuccessful. But if all power both mental and physical goes into every act, no matter how ordinary, every act will be a success in itself. Every success opens the way to other success therefore your progress towards what you want as well as what you want towards you, will become increasingly rapid.

The things you desire can come to you indirectly through people related to your present work, circumstances or your leisure activities. A miracle can come from anywhere, so always empower your actions and your life with the visions of what you desire, and do all that you can do each and every day. Let the vision of what you want empower you in everything you do. Think and act as if your desires are reality now. Focus on your intent in everything you do.

Rich people create what they want with thought and the right actions come along for them to step into their desires. That is why every little thing that they do gets back so much and opportunities seem to fall upon them easily. Poor people create what they want with action while focusing on what they do not want. That is why they do so much only to get so little and life is such a struggle for them. The rich do most of

their work mentally while the poor do most of their work physically. The rich know the secret that the universe is mental and everything is created by thought.

Taking Positive Action towards your Desires

Don't hesitate to move on your ideas and respond to situations that call for action in order to keep the momentum going. If you're sitting waiting for something to happen, doing other "important" tasks rather than those that you know will produce the results you desire, you are wasting time and you are no closer to your desire. **You may realize that you have waited for so many things in your life that never showed up!**

Act on your desire in order to get to where you want to be. Waiting will not do it. The best men are not those who have waited for chances, but who have taken them, and made chance the servitor. It is better to act first and apologize later than to seek permission first. We often wait for the feeling to be right first, before we take the action we know will bring us satisfaction. **The feeling of satisfaction only comes from accomplishment,** not from pondering and procrastinating. Take immediate action, not out of fear or to force things to happen, but because the next action you take brings you one step closer to your desire and you will see tremendous results come into your life.

Sometimes opportunity knocks but sometimes you must knock. If you truly desire what is behind the door, you will knock until it opens. **Sometimes you may even have to break down the door to get through to what you want.** The difference between using the force out of power and using the force out of fear, doubt or worry, is that when you are powerful, you know what it is you are doing and are doing it powerfully. It doesn't feel forced but liberating to you.

As soon as you know your desire, have asked for it, and are experiencing it in your mental world, you must then take steps towards it and allow the universe to manifest your desire into your physical reality. **Although the universe will bring into your physical reality anything you ask for, it will accelerate the process greatly if you also take physical action towards your desires.** This does not of course mean that you physically have to go out there and do everything yourself. You simply have to **take positive steps in the direction of your desire which reinforces your claim that it already exists in your present reality.**

The vibrations of your physical actions also firmly impress upon your subconscious mind your total commitment to realizing your desires. If you have your subconscious mind as well as your conscious mind influencing all the energy of reality in the direction of bringing the object of your desire into your physical reality, it will be much more powerful and your desires will manifest sooner as a result. Reality creation happens through metaphysical and physical means. Both intention and action are necessary for creating what you want.

For example you wish to manifest a new house, you should take positive actions to physically go out and look for one. You do not have to worry about whether you can afford it or not, that would be a negative emotion resulting in the negative influence of energy. Anyway the realization of your house is not your concern, **it is for God and the universe to take care of the manifestation of your desires into your reality.** Manifestation is a balance of taking action and letting it happen. Perfect manifestation is a combination of intention and detachment.

In the case of your new house, the very act of physically going out and looking for the house of your desires will not only project the positive **energy of intent,** but will also produce other emotions such as excitement and expectation all of which will add to the net effect of positive energy in realizing your desires. **The more you physically take steps in the direction of your desire, the more positive emotion you will generate and the more you can integrate the object of your desire as part of your being.** The more powerful also will be the effect, and the sooner you will be able to realize it within your physical reality. That's the reason to act as if your desire is reality.

Massive action results in massive manifestation. The more you want something the more focused you must be in your actions towards getting it. **The bigger and the more frequent the action you take, the better it is but take some sort of action you must.** Never wait until tomorrow, because the next day you will

defer until tomorrow again, and you will never take that important first action in the direction of your desires.

Being In Control of Your Reality At All Times

An important aspect of being a creator of your reality is to be in control of your reality at all times. When you are not being in control of your reality, other forces are pulling you in all directions, causing you to feel out of control, lost and confused about what is going on. You stay in control by knowing what it is that you want and acting accordingly, and not to the wishes and influences of the people and environment around you. Being in control also makes you attractive to others because you're powerful.

It is a very different situation when you are in a group as compared to when you are alone. When you are in a group, the many different intentions and thoughts of people are pulling you in many different directions all at the same time. Therefore to be in control, you have to stay centered and act according to your own mind. You do not have to follow along with the activities of the group no matter who is leading if it is not your wish. You are not here to please men but to please God which is your true inner self.

Have the boldness to declare your own intentions and do what you want without asking for permission because it is your reality and you do not need anyone's permission in it. Show strength of perception by stating your own opinion when it differs from others. Be in charge by talking about how you want things to be in your space. Show that you are a whole person and treat others with wholeness by not being approval seeking or giving. All these communicates higher status about you being a creator of your reality.

There are times when you may be in a very positive state of consciousness because you're feeling really good about what has happened or is going to happen. But then you meet someone who is in a really negative state of consciousness. Your interaction with that person threatens to pull you down to a lower state and they refuse to be lifted to a higher state by your positivity. You do not have to lower your state just because of their reality, but you can continue to remain positive and let them be negative.

Sometimes people have a way of seeing things which are different from the way you see it. But if you are not careful, you could be unknowingly influenced into seeing it the way they see it even though it is not good for you. Do not buy into other people's frame of reality, but make them buy into yours. After all perception frames reality, therefore if your frame is the better one for all then you should have the boldness to enforce it over others. That is the characteristic of good leadership, so be the leader always.

In your reality, you are the creator and everyone else is an aspect of your consciousness. You make the choices and not let others make the choices for you. You can always have a choice by choosing to have a choice. You do it by not letting others tell you that you can't do this, or have this or that you don't have a choice. Be assertive about what you want and not being apologetic about it. Be the selector by showing that you're the one who does the choosing. Others don't choose you, you choose them.

Every request, suggestion or directions from others that are not in line with your intentions and desires are tests for your strength of consciousness, power of will and quality of perception. Strength of consciousness is what dominance is all about. Do not let others tell you what to do but do only what you want. Tell others what to do because it is your reality and everyone is an element for you to move. Be a commander of man and a master of people. Be a king in your kingdom and a ruler of your world.

Do not be caught up in following the current trends and affairs of people just because you want to fit in when it isn't really the style or way of living that you prefer. Show that you are aware but above it. You do not participate in such things because it is not what you want to create in your reality. Be transcendent. Live in your own reality and not in the reality of others. You do not have to abide by consensus reality but you can choose your own. Be different, be independent. Be unique, be individual. Be you.

It is also important to act as a master of your reality, a creator and a ruler of your world. Have strong gestures and postures, not weak gestures and postures. Have strong eye contact to show strength of will. Speak with a voice of authority and certainty. Show by your mannerisms that you know what you're doing, where you are going and what's good for you as well as for others. Demonstrate a strong reality, strong

identity and strong intent to others in everything you do. Be calm and composed at all times.

Be in control by not needing to control everything. This is a paradox here but when you are trying to control something that isn't letting you control it, you are being controlled by it if you allow yourself to be attached and lose your power. Command and demand but do not lose composure or presence when you are not obeyed. Be insistent but detached. When you can pull the strings of others without letting your own strings get tangled in theirs, that is when you have freedom of control over reality.

Be a god of your reality, because it is your reality and no one else's. Don't give any of your power away. Keep all your power for yourself by only allowing yourself to have the final say of things. You don't have to control other people but you only need to control yourself and not let others control you. Perfect reality creation is a balance and combination of letting go and allowing situations to guide you along, and also by taking control of where and how you want things to go. Perfect control is what feels right.

Gratitude attracts More of What you Desire

Gratitude does not need explanation, you know how to be grateful. But **did you know that gratitude brings you more of what you appreciate?** Gratitude speeds along the manifestation of your desires. Gratitude attracts what we desire. The universal law of attraction says that we will attract into our life the things we think about and focus on. **When you are consciously aware of your blessings, and are grateful for them, you are focusing more clearly on what you do want in your life and are attracting more of those things into your life.** Gratitude is a very powerful emotional energy that you must project in the course of manifesting your desires.

When you find things that you appreciate and you use them as your point of focus, your world has to get better in every area of your life. **Every time you flood your mind with appreciation or gratitude you attract more of what you desire.** Look around you right now. What can you be grateful for? Get into the authentic feeling of true gratitude. Find something, anything, to be grateful for right now. **When you are grateful, you're in a high energy vibration that will attract more things to be grateful for and more good things will come to you magically, drawn in by your feelings of gratitude.** The emotion of joy attracts conditions of joy.

Gratitude sends out the message that you already have what you desire. You must always at all times think in terms of already having the object of your desire in your physical reality. Along with those thoughts should be the feeling of the most intense gratitude for what you have already received from the universe. **Gratitude makes the object of your desires a real, tangible aspect of your own reality, and the more real it is to you the sooner it will manifest into your personal experiential reality.**

Gratitude conveyed with genuine sincerity brings you more into harmony with the universe, and with it you become an even more natural creator of your desires. Those people who are completely aligned with the Universe, The Source, God are natural creators who live what seems to others like a charmed, magical life, instantly manifesting anything at all into their own reality. Such people are true Magicians, wizards and creators, and nothing is impossible to them.

Never take anything at all for granted. Always feel deeply grateful for everything that happens in your reality, regardless of whether you consciously attracted it or whether you perceive it to be positive or negative. In the grand scheme of things everything that manifests into your physical reality is directly for the benefit of your own personal evolution, and you should be most grateful for it whether you consciously brought it into your own reality or not.

Watch how you respond to the little that you receive. Do you feel dissatisfied thinking that it's nothing? When you think of something as nothing, it becomes nothing and you attract more of nothing in your life. But **when you rejoice and give thanks as if the little were a big deal, it starts to become a big deal.** When you give thanks for something, you bless it. It becomes better in quality and quantity until it builds up as a flood of abundance flowing into your life. Give thanks for everything.

Being deeply grateful also helps to ensure that you never convey the energy of dissatisfaction, which is a very negative energy, and therefore from a physical perspective a very destructive emotion. Dissatisfaction, ungratefulness or unhappiness will send the wrong energy into the universe, which will in turn react with reciprocating those negative emotions with more of the same. So whatever you feel dissatisfied, ungrateful or unhappy about will appear into your physical reality even stronger than ever, creating a vortex of negative energy with corresponding negative effects. Negative emotion is only meant to compel you to take correct action to change the situation. It will only become worse if you only feel those emotions but do nothing about it or worse, take the wrong actions to make the situation worse off than before.

Conversely, those things that you feel extremely satisfied, grateful and happy about will create a much higher, positive vibration, attracting more of the same into your life. The universe always naturally moves in the direction of expansion and evolution, and never of contraction or destruction, so positive emotions

are always much more powerful than negative emotions even though they are both energy with corresponding effects. There is a difference between saying “I wish I had more” and “I wish to have more.” The former comes from a state of unhappiness but the latter comes from a state of happiness, while desiring more.

What you give thanks for multiplies. Bless the little and the little becomes a lot. What you appreciate, appreciates in value. What are you are happy about flourishes. When you feel good, you would do things that would produce positive results. **The more good emotions you feel, the more positive actions you will make and therefore create more happiness in your reality.**

If you choose to use prayer to help create the things you most desire in your life, then you must pray in the right way. A prayer that begs, pleads, wants, or wishes for things, will produce the experience of you begging, pleading, wanting, or wishing for those things. Never beg or want for anything. This request is a **statement of lack which produces the experience of you wanting the thing you desire**, not having it. **The most powerful prayer is a prayer of gratitude.** Thank God in advance for those things you wish to create because, in essence, **they have already been created in thought.**

The biggest key to creation is thankfulness in advance. To be grateful before, and for, the creation. It is the sure sign of mastery. All masters know in advance that the deed has been done. **To feel sincerely grateful is to be in tune with the universe and with the truth that everything you truly desire is already provided.** An attitude of gratitude is the key to ultimate success. Why? Because the more grateful you feel for what you have, the more the universe wants you to have. An attitude of gratitude opens the floodgate for more to come into your life.

Giving thanks is the same as giving anything else. Do not give for the sake of getting. When you do so, you will be giving with the vibration of lack instead of abundance. Do not give thanks in order to get something. **Be thankful because you are thankful.** Be thankful because you know you already have what you desire. What you want is already created in the nonphysical plane and therefore it cannot fail to come through. It is the same as giving. You do not give in order to get. You give because you love. But give knowing that you will receive more from other sources in order to give more. **Be thankful knowing that you will get more of what you are thankful for.**

The most important and powerful emotion of all which is also the emotion behind all creation is love, unconditional love. The more emotion you can infuse your conscious creation with, the more successful you will be in manifesting it and sooner. Not only that, but if you can maintain these high states of emotion, you will find your life will be “magically” and “miraculously” transformed. The natural state of the universe is a constant flow of “Well-Being”. As humans, aspects of the divine, we can either allow the flow of Well-Being, or deny and block it. Negative emotions are contractive and will block Well-Being. Positive emotions, in particular unconditional love will open us up to the flow of abundance of the universe. **When you are in a state of gratitude, you are in a state of receiving God’s love.**

The key is to be grateful before you have manifested your desire because from that space your gratitude prayers bring in the energy which will soon materialize into your dreams and desires. **The secret to getting what you want is to totally appreciate this moment.** When you are grateful for this moment, then whatever is next for you will emerge out of this moment. You’ll be inspired to take action of some sort that will lead you up. But **the only way to get to the next level is to live in this moment with gratitude.** Be and feel grateful for everything. You will amaze yourself as you miraculously manifest more and more of what you desire in your life.

Bless every experience. See the silver lining in everything. Blessing **every event, even the so called bad ones sends positive energy into the universe to recreate the negative experience into a positive one.** Why? Because by blessing a negative event, you are putting positive thoughts about the event into the universe and positive thought energy creates positive outcomes. **When you bless something, it’s effect on you becomes good instead of evil.** That is why it is good to bless your enemies.

When you focus on the good, it creates positive emotions in you which attract positive conditions in your

life. Always believe that whatever is happening is actually a good thing, especially in the bigger scheme of things. Rejoice continuously. Be grateful in advance for that which you choose to create, and bless everything, and your life will truly be a blessing for you and for others.

Intend and Act from a Place of Love and not Fear

In everything we think and do, there are only two positions that we are intending and acting from. Fear or love. **You can have the same intention or action but it can be either fear based or love based.** The same intention or action will have two different effects on reality depending on the kind of energy that goes along with it. When you act and intend out of fear, you attract corresponding conditions created by fear. When you act and intend out of love, you attract corresponding conditions created by love.

Thoughts and actions of courage can be fear or love based. Although courage is supposed to be the opposite of fear, yet the perspective of courage can support or negate fear. When you think and act with the mindset of courage that is from a perspective of fear, you are trying to conquer your fears. The intention of becoming stronger than your fears acknowledges the existence of fear. But when you think and act with the mindset of courage that is from a perspective of love, you are transcending your fears. Courage becomes an unspoken concept. You have no fears to conquer, you are just there to act from your heart and to express what's inside freely.

All intentions and actions that are fear based serve to accumulate power over others. You gain power so that you can defend against what is trying to harm you or to attack and defeat whatever is stopping you from getting what you want. The more power you accumulate, the more you need to keep accumulating. Fear based intention and action creates opposition, competition and enemies. The stronger you become, the stronger the opposition and competition will manifest to test your power.

All intentions and actions that are love based serve to love with power. You already have everything you need from the infinite source and therefore you are here to be a channel of light and love to the world. The more you give, the more you want to keep giving. Love based intention and action creates more love, joy, happiness and abundance in your life. The more you are a blessing to others, the more opportunities will be manifested for you to give and receive blessings in the universe.

There is no fear in love. Perfect love casts out all fear. When you act from a position of love, there is nothing to do. All your actions are expressions of your being. You are not doing something to get what you don't have. That is fear based action that comes from a position of lack. You are doing what you do because you have something to give. Love based actions come from a position of abundance and completeness. Gain power in order to become more powerful at loving. All power is meant to serve love.

We all want to come to a place of peace. We can arrive there through fear or love. When we seek peace from a position of fear, we will have to keep increasing our power until we are more powerful than anyone else around us, so that they will have to be in subjection to us due to their fear of our power. But when we seek peace from a position of love, we already have peace within because we know we are connected with everyone and everything is taken care of by the one in heaven who loves us.

Saving money is a good thing. But when your action of saving money is fear based, you are saving for a rainy day. You are accumulating resources for a time when you could be hospitalized because of illness or accident. When your action of saving money is love based, you are saving for opportunities to invest. You know that situations to do good will come along in the future and you want to be prepared with the necessary resources to undertake them.

When you are living in fear, you are living in the past or the future. You do things to make up for something that has already happened, or to prevent something that you expect to happen. But when you live in love, you are living in the present. You do things to enjoy what is happening now. You are not burdened by the past or worried of the future. You let go of what was before and you commit what is to come in God's hands. You are free to simply live the present moment and experience it fully.

The effect of fear and love applies to the area of perseverance as well. When you act from fear, you persevere in your actions in order to overcome something eventually. Success is like a goal with many

barriers that you have to breakthrough until you finally get to it. But when you act from love, you are simply expressing the love that you are. You will not be denied expression of your love and you will keep doing what brings you joy. [Loving action comes without the need to persevere](#). It just can't be stopped.

If you were truly fearless, would you still be doing what you are doing now? Would you be leaving something for the future or would you choose to act upon it in the present? People who are fearless do not wait for an imaginary future that never comes, but they choose to act on their desires in the now. They choose to express what's in their heart without holding back until a later time. They choose to give what they really want to give, to whoever they want to give now.

Manifest Desires Freely by Having No Expectations

It is a most liberating experience when you are able to live life with an attitude of no expectations. When you have expectations, you have preconceived ideas of how things should be that you are attached to. Expectation creates fear because you think what you desire may or may not happen. Free of expectations, you can just go with the flow of the universe and not be affected by the outcomes that you encounter. Every outcome can serve to move you towards greater realization of your desires.

When you are attached to an outcome, you expect things to happen at a certain time in a certain way. But when it does not happen at the expected time or in the expected manner, then what results is a feeling of fear. Having expectations about how your desires should manifest will produce negative feelings when your expectations are not met. That is why it is better to act on your intention without expectations about the when and how it manifests.

Fear, doubt and worry are the last things you want to experience in the process of manifesting desires. That is why the best way to create what you want is through detachment. Act on your desires with a detached involvement. You do what you are guided to do by your heart but you do not judge the rightness of your actions by the results that you get. As long as your actions are based on purpose, you have done what you were meant to do regardless of what seems to happen from it.

When the universe is in the process of working things out for the realization of your intention, there might be things that happen which make it seem as though things are not working out. It is your expectation of how things should happen that makes you think that things are not working out. But actually you are not seeing the whole picture, because what you are seeing is only a piece of the larger scheme of events where everything is really working out the way it should.

Expectation colors your perception of things. You don't see how things are really happening when you expect them to happen a certain way. This prevents you from recognizing the good that comes your way and causes you to push it away thinking that it is evil. Without preconceived ideas to limit your perception, you are able to accept what comes your way as part of the solution to realizing what you truly desire in life. You are able to receive and not resist truth and love.

Many a times we feel discouraged when things are not happening the way we want them to happen. We might even lose hope thinking that it's not meant to be, and even give up pursuing it altogether because our actions are in vain. But we do not realize that we are right in the process of it all coming to pass, and we turn away when we are closer than we ever were before. Let go of expectations so that you can surrender to the process and let the outcome fall in place in the right way at the right time.

When we do not know how things will really turn out, we have to trust. There is no need for hope when we already know how the outcome will be like. Hope is confident expectation of good. The only expectation you need is the expectation that everything is happening for good and not evil in your life. You can expect good no matter what the outcome seems to be. To expect good is to trust that God is good and God never fails, that is why hope will never disappoint ultimately.

The best way to live life is to be like a little child, having no cares and expectations. You are just doing what brings you joy and expressing yourself fearlessly in every moment. You completely accept yourself and whatever is happening without judgment. You are trusting that you are always provided for and there is nothing that is stopping you from attaining all that you truly desire. You are free to live fully in the moment without worrying about the future.

Live with an attitude of no expectations and you will experience more freedom than you can imagine. Failure does not stop you anymore because it doesn't exist in your perception. You can keep doing what you believe in simply because you are not expecting a particular outcome but you are just expressing the truth that is in you. You are able to let go of anything negative and nothing holds you back from going on

in the direction of your desires.

When you hold no expectations, you are committing the outcome to the Lord. You can always experience much more from a place of no expectations than from having expectations because God is able to do above and beyond all that you can ask and even think of. **Leave the outcome in God's hands while you continue acting on your desires.** Surrender to the process and know that good things come to you when you least expect them.

In the context of having no expectations, what is meant by **expectation is attachment to an outcome**. You should expect what you desire to happen, but you should also expect that anything can happen. Therefore it is a state of **unexpectant expecting**. One should have a relaxed and confident expectation that the desire will come true. Have no expectations or no attachments to expected outcomes, but expect or look to see your desire to manifest.

Being Conscious of Miracles Attracts more of Them

We are never truly more alive than when we live in a state of constant awe of everything that exists in the universe. The very fact that anything exist at all is a miracle. Life itself is a miracle. It is a gift that we are here and to be aware of our being here. It is also a gift that everything else is also here for us to know and experience it. Every moment that passes, the continual existence of all things in the universe is a continual miracle that we are experiencing.

It is a miracle that the sun continues to shine everyday, the earth continues to rotate on its axis, the birds continue to sing in the morning, the trees and flowers continue to grow, everyone continues to awaken after sleeping, and the person you love is there to answer when you call. As long as there is life, there is wonder, beauty and love to experience. Never think for one moment that it should be all there for you, because it doesn't have to. **It is all there because it is miraculously created.**

When we live life with a consciousness that everything is a miracle, we are in a constant state of gratitude and wonder. We do not take existence for granted and we are thankful for every opportunity to experience what life has to offer. Nothing is insignificant of our interest and we see how all things have their place in the entire workings of the universe. **Every moment is a blessing and we value each event as a gift to partake of the expressions of others as well as ourselves.**

If everything is a miracle, then what makes you think that miracles are so rare and so hard to experience? They are happening all the time and whatever miracle you want can happen for you when you believe. The reason why we are not conscious of miracles is because we have been led to think that only certain kinds of things that happen are miracles. But when we know that miracles are more than what we define them to be, the world of miracles opens up for us.

Anything you desire can be created. There is nothing too difficult for the universe to do. It is as easy and natural for the sun to rise as it is for the thing you want to come into realization. The supernatural and the natural operates the same way, except on different planes of reality. What we call natural is what we can see operating in the visible realm. But what is supernatural operates in the invisible realm which we cannot see but must understand.

All things that function in the visible world are controlled by the invisible world. It is what we cannot see that governs what we do see. Before the appearance of a seedling from the ground, there was an image of a tree contained within the seed. The end of a thing is contained in the beginning of it. Everything that appears in the visible world was first created in the invisible world. The invisible world is the mind of the universe. The consciousness that contains all things.

What you are seeing in the visible world is not all there is. If you feel that what you desire is not there, you can always create it. Although no one else sees it, you can see it in your mind. Believe that it is there already even when you can't see it yet. Others might say that it is impossible, but you know that possibility doesn't exist in the visible but in the invisible realm. What is seen isn't possibility but reality. **Only those who see the invisible can create the impossible.**

The reason why we don't experience certain things we desire as much as we want to is because we think that those are special cases that happen only once in a while. But when we realize that miracles are happening all the time and not just some of the time, we can believe that those things that we think of as rare events, can happen like the sun rising every morning and the planets spinning around it.

When we believe that something already exists even when it's not in the visible world yet, we are able to create from nothing. A miracle is created and set in motion the moment you think and believe it. **The more conscious you are of the miracles that happen in your life, the more you attract such experiences.** Rejoice and be grateful for every good thing that happens to you and your world will be an abundance of miracles.

Doubt is Main Cause of Failure in Anything

The biggest reason why we have bad experiences and failures in any area of life is doubt. We doubt when we worry and fear. That is what causes all the failures in our work, marketing, business, relationships, health and everything else. Do you know why? Because we become what we think about most. All actions are effects and the only cause is thought. Worrying is using your imagination and emotion to create something you do not want. Worry and fear is unbelief. Our beliefs create reality. Unbelief is actually belief in the opposite of what we desire to create. When conflicting beliefs exist, we sabotage our reality creation. That is why we fail to manifest what we want.

Through the process of manifesting your desires, you may encounter situations where you still haven't got what you wanted at a time you expect to get it, and you start to question and doubt that what you're doing works. When you think "why isn't this working yet" or "why hasn't it happened yet", you are moving away from your desire. When you have negative feelings of fear, worry or doubt, all you have to do is stop in that moment and change your focus onto what you want. You must do it in that moment and not later.

Focus on what you desire only. Do not focus on your fear of not getting it. If you believe that something won't work or doubt it, then you will push the things you want away from you. Some people try visualizing and affirming what they want for a moment but then they spend the rest of the time undoing their reality creation by worrying, doubting and focusing not yet having what they want. Your belief that you can't have what you really want will be created in your life as that thought energy goes to work to make sure you don't get what you want.

The more you focus on what you want, the more you move towards what you want and the thing you want also moves towards you. When you are not thinking about what you want, you are in neutral. However, if you start to fear not getting what you want, or start thinking about the opposite, then you start to move away. When you start worrying, fearing, doubting that you can have what you really want, then you put the you in "reverse" and move away from the things you most desire. You are not only moving away mentally but also physically when your thoughts of doubt cause you to take actions out of doubt.

Simply intend, believe and be grateful because you know it is being taken care of. Then leave it and move on to the next thing. This not only saves you from failure, but it frees you so much time to intend so many more things instead of spending hours worrying over that one thing. The reason why you experience confusion in life is because you think about what you want and then you think or feel something apart from it. This creates confusion in your mind which attracts more confusion into your reality.

Cast all your cares to the Lord for he cares for you. Do not have a care in the world. Detachment has been proven to work over and over. Worry and fear has been proven to destroy over and over. According to research done at Spindrift Foundation on the power of prayer, a "thy will be done" prayer gets more than twice as many results as a specific "give me this" prayer. That's why it's so important to end your request for anything you want with the words, "this or something better."

You attract what you think about, so if you are always worrying about money, even though you wish to be wealthy, you will ultimately attract a lack of money into your life. However, if you are thinking about yourself enjoying grand wealth and affluence long enough, without conflicting thoughts of poverty or money worries, you will attract wealth into your life. The same goes for any area of your life. You have to focus on thinking about the presence rather than the absence of the thing you want.

Resistance stops the flow of energy. Resistance is the cause of stress. Resistance is like trying to drive with the brakes on. When you stop the flow of energy, you stop action, or you require tremendous amounts of energy to enable action. If you think of any goal you would like to achieve, you will notice certain feelings of resistance in your body. Worry, fear and doubt is resistance. Free of resistance, it is possible to accomplish great things with ease and effortlessness.

Don't get discouraged if you start to doubt or worry from time to time. That is natural. You don't have to

think about what you want 100% of the time. **If you think about what you want more than what you don't want, you'll get what you want.** The question is degree. If 60% of the time you think about your desires, and 40% of the time you are in worry or fear, chances are you will eventually get what you desire. But if you think about what you desire 80% of the time and only go in fear 20% of the time, you get there much faster and easier. **The Law of Attraction always yields to you the essence of the balance of your thoughts.**

Attraction minus Repulsion = Rate of Manifestation.

If you find yourself at times doubting or fearing. **Just get yourself back on track by focusing on what you want, on what you desire, not on what you fear.** Think about how it would be like if your desired situation already exists and start acting like it. Let go. Focus only on what you know and can, and leave the rest to the Source, God and the Universe. If you don't, you only get in your own way. Let go and enjoy! Focus only on that which you can do. And the only thing you can effectively do is intend and enjoy Now. **Focus on the Now, and you will start having inspiration instead of worries.**

Fluid Reality allows Change of Past and Future

When you are not aware of something that no other humans are aware of either, then that portion of your environment becomes fluid, much like an unobserved particle becomes a wave function, an enfolded hologram. When no one else in the world was thinking about something then it is in a wave state including all possibilities. But the moment anyone focuses their attention on it, the thing reverts to a non-wave state.

When it comes to the fluid nature of elements in one's own reality, it is not enough to merely close one's eyes, but actually **disengage one's freewill from it by entirely forgetting about that element**. This frees it up for influence by other forces. This is why after you set an intention, you have to undergo a period of temporary forgetting, to let it go out of the conscious mind and allow the subconscious to take over its manifestation. To be detached and letting God make it happen. Set it and forget about it.

Thus, **the less aware and alert you are, the more malleable or fluid your reality is to other beings who wish to change it without violating your freewill**. Having awareness of something locks it down, then only alterable by direct physical action, or only by metaphysical action on the part of beings with more freewill than you who wisely override your lockdown of that element of reality to ensure your learning lessons flow in smooth sequence.

Therefore, fluidity of your reality is not necessarily detrimental, for **most of reality creation requires such fluidity before reality can be reshuffled into what you demand or request**. The trick is in becoming aware of all possible changes so that you will lock them down to prevent influence from lower negative forces, and then stating your request specifically and honestly, which opens up one of those possibilities to fluidity. If your request is specific enough, lower negative forces cannot take advantage of that fluidity because it only flows in a direction that is as you specified, without loopholes or opportunity for negative twisting.

The reason behind surprising synchronicities is that synchronicities in general happen most easily when that aspect of reality is fluid. It is fluid because you are unaware of it, which in turn leads to its surprising nature when the requested change materializes. If you make a request, then keep expecting it to materialize, never allowing that possibility to become fluid due to your constant obsessing and lack of faith whether it happens or not. If your request is indeed to be fulfilled, it must happen through elements of your reality that are still fluid, not locked down by your constant expecting, and thus consist of elements you are not aware of, which will seem surprising when they create a given synchronicity.

This leads to the core issue of how reality works and how synchronicities happen. What we know to be **physical reality is nothing but a shared dream maintained by the collective consciousness of all who participate in this reality**. The collective consciousness is bound via a central coordinating mechanism that may be called the Grand Matrix of physicality. Within this physical universe exist minor matrices, including that overlaying the earth, known as the earth grid. This is a local mechanism interfacing with the collective consciousness of humanity to maintain reality on earth as we know it. Like Einstein said, reality is illusion, albeit a persistent one. Its persistence makes it objective for all practical purposes, but its illusory nature makes it malleable enough to be influenced by our thoughts, feelings, and beliefs.

Our reality consists not only of the present state of things, but our perceived past as well. The sum of our present and past states of recorded personal existence comprise a particular timeline. We are conditioned to accept that the past is written in stone, and are divided over whether the future is fated, or if it is open. In truth, it is open because we have freewill to change it, or rather, choose which future we manifest by our actions and metaphysical influences.

Those who think the future is alterable are comfortable with the idea of shifting through probable futures, but most are bothered by the idea of a shifting past. In actuality, **the liquidity of the past is exactly the**

same as liquidity of the future. Causality only applies within timelines, and can be thrown out the window if you move between timelines and have your memories and anything that records the past, rearranged in the process.

Many think the future is variable due to freewill because until we have chosen our next move the future remains open. With a single application of freewill the distribution of possible futures shifts as some are prevented while others are created. But what most do not realize is that freewill doesn't just affect the future, it can change the past and present as well. For example, a synchronicity can be created in direct response to a decision you make now, but tracing back the synchronicity reveals it to be the culmination of a series of cause and effect that may have started yesterday. Prior to making your present choice, yesterday may have been different. **That is why our prayers can be answered even before we pray and miracles can happen even when there was no time for them to be set up.** Freewill can change causality in linear time.

Freewill is the only universal constant, the rest is causality. A causal chain is finite as it begins and ends with choice. **Freewill is the only true cause, all else is purely effect.** You can't change a choice you have already made in the past, but a present choice can alter the aspects of your reality timeline that is not anchored by your conscious awareness. The finalized version of events recorded in the memory function will be altered from shifting timelines once your present choice is made. The present is a fulcrum between past and future. A shift in the fulcrum will affect both. **How we apply our freewill now has consequences that can span both ways on the timeline.**

The acausal phenomenon of synchronicity ensures that nothing ever succeeds in preventing individuals from choosing to fulfill their destinies. The Higher Self can override any actions, laws, or limits endangering that fulfillment because nothing can undermine its purpose, which is to indirectly assist and accelerate the spiritual evolution of physical incarnates. Consequently, those taking fated risks need not search for safety nets to catch them because failure is never a possibility in such cases. **All that is needed is the knowledge of which choices to avoid and the desire to transcend the limits of ordinary reality.** Life then falls into place synchronistically.

Move into Alternate Reality by Shifting Timelines

Quantum science tells us that there is not a flat line running from the past to the future. This is the view of most people, but it is based on the old science, and is no longer true. Einstein has proven that time is not fixed, it expands and it contracts. And, time has a vertical dimension. **There are many “lanes of time” running simultaneously and you can change lanes.** You can begin in one lane, then change lanes to produce a different outcome than you expected in the original lane. This means there are multiple possibilities existing simultaneously in any instant, subject to our conscious and intentional choice.

We have the power to direct our awareness through this field of creative intelligence scientists call the quantum hologram. And **through powerful thought we can activate another vertical strand of time, one in which we are whole and well and already healed, because we never were sick.** The same applies to every area of life, relationships, finances and success. Peak performance in every area of life is already a reality, in another thread of time. We have the power to activate any scenario in life that we want.

The quantum leap to a healthier you, a more abundant you, a more attractive you, a more successful you, a more youthful you, which exists in another thread of time, is possible only if you are able to break barriers of your current thinking. Your current thinking creates a prison that traps us in this linear reality of causation. **When you imagine, you tap into an alternate possibility timeline where what you are imagining exists as reality.** Having the feelings of experiencing that reality puts you into vibrational harmony with the frequency of that timeline. **Your visualization selects one of the possible scenarios within that timeline to merge with your present timeline.**

Linear time, the idea that our past is set and future yet to come, is all an illusion. Linear time is a product of our minds, a limited interpretation of the way time actually functions. **It is not time that moves past us while we watch, but our consciousness which moves through various timelines and experiences.** Everything physical, in all its manifestations and possibilities, has already been created and exists as a static hologram. What has not been created yet is the world path we freely take through these possibilities, which particular experiences we choose, and what paths we take in learning a particular lesson. **All probable futures have been created, but which of those futures we choose to move into is open.**

Changes to fluid elements in reality does not only mean changes to present reality, but shifts in an entire timeline, past and present. You do not have to concern yourself with causality, with “going back in time” and changing key events, but rather merging an alternate timeline or dimension with your current one, which is identical to pulling all of mankind on to that alternate timeline. Whether timelines are merged into yours, or whether you and mankind are pulled into the alternate timeline makes no difference, for both are the same concept. Changing your timeline is simply a matter of moving yourself and all connected to you spatially across timelines into another.

The basis of manifesting involves using one’s mind to create or seek out an alternate timeline, an alternate possibility to the way things are now or will most likely go in short time. **Present reality and that alternate reality must be made identical in order for manifested changes to materialize.** You consciously grab hold of the present reality by focusing on this point in space and time, then construct or select an alternate reality by visualizing the subject of your manifestation. You empower that visualization with the feeling of presence gained from focusing upon the present reality, and then fully bind the two by seeing them as identical.

First, you must be fully conscious to manifest something, which means planting your mind firmly upon this point in space and time, becoming aware of the here and now. This channels your will and energy into the actual present reality within which you exist, rather than sloppily diffusing it across random dimensions and moments as is typical of daydreams or states of inattention. This energy will be used to bind present reality to the one you intend to manifest.

While maintaining this alertness of the present moment and location, visualize what it is you intend to manifest. This is also the state of mind you go into when you pray. This creates an alternate dimension, an assemblage of thoughtforms, a way of seeking out candidate timelines which match the intended manifestation. The best fitting timelines are automatically selected, ones that accommodate the freewill of everyone whose realities are coupled to yours.

Last, you need to merge your visualized dimension or candidate timeline with present reality. This is done by identifying both of them as being the same thing, by intending and believing that what you visualized is present reality. You use the feeling of full consciousness and awareness of the present reality to empower the visualized reality. They thus become bound together, and synchronicities arise to complete their merger. This process can be abbreviated by skipping the first step, and simply placing full focus and intent into the visualized reality. The purpose of the first step is just to get a feel for “actuality”.

Change the Past by Altering your Perception of it

You can literally change the past by altering your perception of it. The past has no effect except by its influence on the present. By changing the past that exists in your consciousness, you alter its connection to the present reality. **Time does not exist, it is an illusion, so by “going back” in what we call “time” and changing your thoughts, you will influence what you are experiencing in the Now.** Your present reality is literally influenced by your thoughts of the past.

We can change our past by altering our memory of it. When we change the way we think about what happened, we tap into an alternate past timeline where the way we imagine it to be really did happen that way. The alternate past timeline leads to certain things that would have happened in our alternate present reality. Therefore this **reality manipulation with consciousness would result in synchronicities occurring in the present or near future of our actual timeline, as it merges with an alternate one.**

By changing the way you perceive the past, you will also change the way others perceive the past. Your change in consciousness will also result in a change in their consciousness. Your merger of an alternate reality will cause a merger in their reality. Something may have happened in the past which you perceived in a negative way. **But if you choose now to perceive what happened in a positive way or to perceive what’s positive in it, other people’s perception of it will also be changed in the present.**

Changing perception of the past is literally changing the past itself, together with the memory of it. Reality is held by awareness. One thing in memory is associated with another. When you change your perception of something about the past, you will change everything else that is associated with it that everyone is unaware of. **Those things that people are unaware of are open for temporal alteration.** Any kind of medium that records the past will also reflect a change in its recording.

Past mistakes no longer need to haunt you in the present if you are able to let them go. If you treat your mistakes as though they never occurred, their effect will be diminished. Accept failure when it happens, and then move on with your action as though no failure had occurred. When you do so, others will also treat it that way. By holding on to things, you cause others to hold on to them. When you are quick to forgive yourself, others will also be quick to forgive you and brush things off their mind.

Reality is empty and fluid. **Nothing exists in definite form unless consciousness wills it to be so.** It is awareness that locks something into place and gives it permanence. **Without awareness of that thing, it dissolves back into a state of emptiness or undefined energy.** When something is wiped out from the memory of the universal mind, it no longer exist as reality. That is why God says he will be merciful towards our iniquities and our sins he remembers no more.

God can do anything. That includes the ability to forget something if he wills to. **The reason why God decides to remove our sins from consciousness is because the blood of his Son Jesus Christ has removed our sins perfectly and eternally.** All our sins have been forgiven because of the blood. The only sin that the holy spirit reproves the world of is the sin of unbelief. **A person is judged only by one sin and that is the sin of not believing in the Son of God as salvation from all sins.**

As Christians we can live life without past mistakes in mind. If God does not remember our sins, we don’t have to remember them either. **No matter how big a mistake we have committed in the past, we can live with the mindset that it never happened.** To God it never happened, therefore we can say it never happened as well. This does not mean we deny something that we did when we should own up, but we deny it as something that ever happened from the perspective of God’s consciousness.

You do not have to live in regret, disappointment and despair because of what could have happened in the past or what could be happening in the present if the past was different. **The present is the only reality that exists.** You are to live in the now and to experience the moment fully. Even the past exists in the present from a perspective of omnipresent time. **By living in the present as the beginning instead of letting**

the past be the beginning, the past no longer holds you. Freedom to live is yours now.

Choose to view everything that has happened in the past as perfect. Things have gone the way they were meant to go and there are no mistakes. Everything happened according to divine plan and the present you experience is the best one you are meant to experience now. **Looking from a higher perspective, where you are is perfect and where you have come from is also perfect.** Live the best present reality that you can experience now by realizing that you have lived the best past you were meant to live.

Law of Probability and Manifestation Success

You have no doubt in your mind that you create your experiences. The only doubt you may have is the extent to which you are in control of the creation of your own experiences. **The law of probability is that the more possibilities and options you include, the lower the chances will be for a particular outcome to happen.** The secret of success is focus, concentration, having a sense of certainty and clarity, and making a firm decision. **Success is about narrowing down a field of possibilities in order to manifest a single choice.**

If you focus on one thing and one thing only, everything unlike it disappears and only that which the focus have been placed upon manifests. The challenge for most people is that they focus on what they desire but change their mind often. **The reason why you change your mind is because you doubt if the choice you have in mind is the best one, or you doubt the outcome will be what you expect it to be.**

If you had seven stones of different colors each in a box, the chances of you picking a particular color is one out of seven. If you had three stones, the chances would be one out of three. If there was only one stone, the probability would be a hundred percent. No matter what the circumstances are, you will always end up with that color because that is the only one in the box. Same with life. **You will always end up with the desire you want to manifest in your life if you focus only on that desire.**

That being the case, **what is it that keeps adding probabilities** that get in the way of manifesting a particular desire? **Doubts.** When you start doubting and changing your mind, you are adding more probabilities into the probability pool. When you alter focus towards other possible scenarios, you are adding more probabilities into the equation which lowers your chances of success. What fuels doubts? Advertisements, media, junk television and radio, spending time with the wrong people, etc. That is why it is imperative that if you want to achieve single focus, **you must feed your mind constantly with the kind of thoughts and influences that are supportive and congruent** with whatever it is you intend to manifest.

You need to get clear about what you certainly want. Once you have clarity of intention, you must not change your mind until that which you want to create have manifested. **You have to keep choosing the same thing so that you can stay with it long enough for it to be created.** Decide and be firm in your decision. Believe only in the realization of your particular choice. Choose to focus only on your desired reality. You should consider no other possibilities and options apart from the one you have chosen. **The beauty of how the universe works is that you always end up receiving something far much better than what you have originally intended.**

Look at your thoughts of problems. They are all memories or worries about something in future that has not even happened yet and can very well be avoided if only you stopped worrying. Fears and worries affect your reality timeline. **If you want to land on your desired future timeline, you should stop worrying and focus on what you want.**

Focus on where you are making money and not where you are losing it. Focus on areas where your relationship is going well and not on where it isn't. Of course you can think of the negative things in order to be aware and make positive changes, but your focus is still on what you want and are happy about. **Even if you have ninety nine things that are not going well for you but you focus only on the one thing that is going well, the rest of the things will have to change.**

Ask in faith, nothing wavering. For he that wavers is like a wave of the sea driven with the wind and tossed. Let not that man think that he shall receive anything from God. Whoever speaks unto a mountain to be removed and cast into the sea, and **does not doubt in his heart,** but believes that what he says will come to pass, he shall have what he says. Whatever things you desire, when you pray, believe that you receive them, and you will have them.

A goal set with certainty is already accomplished, and because it is, **all the miracles necessary for its manifestation are already set and will happen in good time as long as you do not get in the way.** If you

start wondering, doubting, worrying and fearing, you are getting in your own way.

There is a world of difference between “believing” and “knowing”. **When you “know” the truth about anything, there is no doubt.** You have one hundred percent confidence. Trust that your intentions are already a reality on the non-physical plane of consciousness, and that they must manifest in your physical reality if you do not hold any opposing thoughts. And then, **act as if your intentions are reality, now.**

Conflicting Intentions Prevent Desire Manifesting

There are people who try using the law of attraction to manifest what they want, and then when they fail to do so, they think that the law of attraction doesn't work. But the truth is that **the law of attraction always works, and they do not realize that they are using it to create opposing realities that cancel each other out.** They have an intention to manifest something, but at the same time they have a second intention that is manifesting the opposite of their first intention. **Conflicting intentions is the problem here.**

You may have a desire about something that you want to manifest, but at the same time you have another desire that you are already experiencing. If you were to manifest the new desire, you would not be able to continue experiencing what you already have. **You are still holding on to your current desire while trying to intend a new one, and it doesn't work because the two conditions cannot exist together at the same time.** That is why you have to be clear of what you intend and the conditions with it.

Your intention is not just what you desire, but also what you focus on. You may set an intention to achieve abundance, happiness and fulfillment. You think a lot about these things but then you also think a lot on situations to do with scarcity, the things that you are unhappy about and things that you are not satisfied with. You feel good, grateful and happy for awhile and then you feel negative. You worry, doubt and fear. **You're at the same time pulling your desire towards you and pushing it away from you.**

You have to realize that an intention is a package deal. It is a whole thing. You cannot accept one part of it and reject another part. **When you want something, you have to accept all of it.** Desires that are love based are always good in every aspect. It is our fears that make us think certain parts of it is bad when it isn't so. **When you love something perfectly, you love everything about it.** You know that every part of it is what makes the total and complete existence of the situation or person which you desire.

There are times when you intend to do something at a certain time, and then you keep thinking of doing it at another time. You don't realize that you are intentionally postponing your intention, and you keep wondering why it's being delayed. You may not even be aware that you are doing the things that create the opposite of what you intend to create. That is why **becoming more conscious is important in becoming a more powerful creator of your reality.** Be aware of what you're creating in every moment.

When you find yourself intending something and you realize that you already have something else that you are also intending, you have to consider which of the two intentions are more important to you. Once again allow spirit to guide you because sometimes what you think you should intend, isn't really what is your purpose to intend. **When you know what are your higher intentions, then drop your lesser intentions.** Always be willing to relinquish what may be good for something that is truly good for you.

Sometimes when you have intentions for conditions that cannot exist at the same time, they may have to be experienced one after another. **Multiple intentions are meant to manifest in divine order.** You may intend to enjoy your single hood, and you also intend to experience a fulfilling relationship with a life partner. Don't be frustrated when your second intention seems to be frustrated. It just means that **you are experiencing each intention in their own timing and when one is complete the next one will come.**

You can also have everything that you want if you would create a situation where there is harmony of intentions. You may desire to make lots of money and you will make as much as you can according to the time and energy that you put in. But you also want to spend quality time with your friends and loved ones. Then you simply have to **balance the amount you intend to create in each area,** so that you can channel your time and energy to experience your desires in such a way that truly make you happy.

Outside forces such as ideas that come from other people, the world and advertising are always trying to knock you off balance. They claim that you do not have enough of something or that you need to push yourself more in a certain area. Sometimes that is true but sometimes it is not true at all. You have to allow yourself to have the decision of what you really want and never allow yourself to be swayed more

towards a certain area while taking energy from another area. **Know what you want and when.**

There can also be a conflict of intention between your lower and higher self. Sometimes you may think you want something but it is just an idea given by the world to make **you think it is what you should want or that you should want it at this time. But your higher self desires something else or desires it to be at another time.** Therefore you consciously move in one direction and yet also subconsciously moving in another. You wonder why it isn't working out when **it's actually the real you stopping yourself.**

The way to manifest your desires is to be internally and externally congruent. Your thoughts have to be congruent with your actions and your thoughts have to be congruent with each other. **Congruence is power because that's when all your forces are aligned in the same direction.** The more aligned you are with your forces, the more easily and effortlessly you will see your intentions manifest perfectly, completely, in the best timing and in the best way. **Harmony of intentions is how you manifest.**

Law of Detachment - Flowing with God

There is another Law in conscious creation of reality that is as equally important to understand as the Law of Attraction. It is the **Law of Detachment**. It is this Law that gives the crucial distinction in utilizing the Law of Attraction successfully. **The Law of Detachment is complimentary to the Law of Attraction.**

The Law of Detachment says that in order to successfully attract something, you must be detached to the outcome. If you are attached, you project negative emotions of fear, doubt, or craving which actually attracts the opposite of your desire. **You are operating from a position of worry, fear and doubt rather than serenity, trust and faith.** Of course there are times when negative emotions are meant to be felt and acted upon, but your dominant emotions should be positive ones.

Let go and let God. Anything you want can be acquired through detachment, because **detachment is based on resting in the complete grace of God and knowing that He is always working everything through you and together for your greatest good.** To be detached is to realize that **everything good is from God and nothing at all is from you. It is God doing it through you and the other elements in your reality** so there's nothing to hold on to as your own, all you have to do is to have the right beliefs and let God do it.

Ease and perfection of action depend entirely upon the degree in which we cease to depend upon the consciousness. You have to take your conscious mind off it in order to let your subconscious mind take over. The pilot and the autopilot cannot control the plane at the same time. **You have to let go in order to let God take over.** To detach is to allow the universe to bring your desire into manifestation whichever way is best for you. **When you are detached, your desires will manifest much faster.**

To be attached means to be powerless because what you attach yourself to, you give your power to it. When you look to outside sources to bring you fulfillment, you are giving your power away. When you are looking to something outside yourself for power and happiness, you are making something other than your true self your source. **Detach knowing that whatever you detach from has no power over you, but you have complete power over it.**

Attachment to anything will always create insecurity no matter how much of it you have. In fact, some of the people who have the most of what they want are the most insecure. Attachment to something makes you wonder if you will keep having it or if you may lose it. **Insecurity causes unhappiness.**

The search for security and certainty is actually an **attachment to the known.** There's no evolution in that, absolutely none at all. And when there is no evolution, there is stagnation, entropy, disorder, and disintegration.

Uncertainty and the unknown is the **field of all possibilities** or pure potential. It is ever fresh, ever new, always open to the creation of new manifestations. It is the realm of pure creativity and freedom. When you are attached, your intention gets locked into a rigid mindset and you lose the fluidity, the flexibility, and the spontaneity inherent in the **field of pure potential.**

When you experience uncertainty, you are on the right path so don't give it up. You don't need to have a complete and rigid idea of what you'll be doing next week or next year, because **if you have a very clear idea of what's going to happen and you get rigidly attached to it, then you shut out a whole range of possibilities.** Realize that there is an infinite intelligence working alongside your own and it is the one that can bring you a better way or more worthwhile experience. All you have to do is **state your intentions and desires and detach from the how and when they manifest.**

Are there times when you want to work something out, but yet the more you try to work it out, the worse it gets? When God works, it is effortless. God arranges the situations for you when you are not in it, so that when you step in, you experience the blessings. It is so much better to depend on God than to depend on your own strength. Unless the Lord builds the house, they that labor do so in vain. **What you can control,**

you should control. What you can't control, you should let go and let God. **When you trust God, everything is under control.**

God will never deny our request because whatever we want for ourselves we can manifest. But to **experience nonresistance and effortless accomplishment, we must surrender to the will of the Universe who only wants for us nothing but the best** for we are the beloved children of the Creator who wants us to have it all. As Jesus reminds us, "it is your Father's good pleasure to give you the kingdom."

You may have the intention of going in a certain direction but between point A and point B there are infinite possibilities. With uncertainty factored in, **you might change direction in any moment if you find a higher ideal, or something more worthwhile pursuing.** You are also less likely to force solutions on problems, which enables you to stay alert to opportunities. One door seems closed, but there is another open. What you want can always come in another way. **God never closes a door without opening another one, so we need to stay alert to see whatever new opportunities life presents us.**

Imagine you found a job you're looking for. It looks like the job you want, and it appears the odds are in your favor as you move from interview to interview within the office, yet at the last minute they choose to hire someone else. **If you are detached then you trust that another opportunity, the right opportunity is on its way.** However, if you are so attached to getting that job for whatever reason, you cause yourself lots of anxiety and stress if you don't get it, which means you are looking for this job as an outside source to fulfill you on some level.

The Law of Detachment accelerates the whole process of evolution. When you understand this law, you don't feel compelled to force solutions. **When you force solutions on problems, you only create new problems.** But when you wait patiently and in faith, the right solution will arise on its own. Confusion is the doorway to a new understanding. Order will emerge from the chaos.

We must have goals otherwise we are denying our inner desires, cutting ourselves off from growth and development. Goals inspire us to live, create and move forward. If we are not doing this, we are dying on the inside. We want to embrace desires and intentions but we just don't want to cling to them. Of course, we all want to realize our goals and desires, however if realizing them is the source of our well-being, the source of our happiness or worthiness we will fail!

We have all heard of or know the classic stereotypes called overachievers who appear to have it all, the money, the fame, the status, only to be miserable on the inside. They've been setting and realizing goals all their lives, and are still miserable.

This is why detachment is so crucial. When you don't have to have this thing in order to be well, or be happy, then you can **let go and enjoy the process.** Understand it is the process that is the joy, because the minute we realize our goal, we are going to be setting new goals. **There is no realization of any goal that is going to be the completion of us, once we realize one goal we are going to keep moving forward, we are evolutionary beings.** I am sure you have all experienced this. There is no way that the realization of goals is the source of our peace of mind or wholeness.

The purpose of life is growth. Life without progress becomes unbearable. **It is the cycle of continuous progress that makes us happy.** We are Energy Beings and energy is always in motion. To live is to keep moving and flowing. When we stop we die. Nothing rests, everything moves. **Only at the highest rate of movement where God is flowing continually in us is there rest.**

We learn from the law of attraction that all we experience is the result of what we feel. When we feel undesirable feelings, we attract undesirable experiences. **Realize that when we feel undesirable feelings, it is because we are in a state of attachment to certain things that create those feelings.** Break away from the attachment, stop worrying and bothering about it. **Have not a care, act like it doesn't matter and your feelings will be liberated to more positive ones of fun, joy and peace.**

The truth about States in NLP is really all about being in or out of alignment with your Higher Self. When you are in alignment, you experience all your desired states such as happiness, confidence, freedom, joy, peace, fulfillment, empowerment. When you are not in alignment, you experience all your undesired states such as worry, fear, anxiety, uncertainty, weakness, frustration, depression and disempowerment. So in essence, there are only two states, a state of alignment and a state of misalignment.

The Higher Self is the divine and universal aspect of God in us. Paul says "in my flesh dwells nothing good", but not "in my spirit". Our spirit is the universal spirit of God. The image of God.

No one else can take the place of your center except two persons. Christ in you and you in Christ. Anyone else that is close the center of your heart can only be allowed to orbit around the center and not placed in it. You are not to be attached to anyone or anything. To be in a state of non-attachment is to be like God. God is unattached to everything, he allows his creation to be free. If it wasn't so, He wouldn't give anything free will.

Have not a care in the world. Be free spirited and carefree. Have fun, play the game. Remember there are no rules and there are no limits. Just have the attitude of doing something and then seeing what happens. Be in a position where you have nothing to lose. We are beings of evolution. It doesn't matter whether the past experience was good or not. Keep moving on to the next one.

Some of the best things you desire just seem to happen to you when you are in a total "I don't give a damn" mode. And while it is happening, it is no big deal to you and it doesn't matter. But you acknowledge the paradox of what's going on in the situation, that you get what you want when you don't really seem to want it.

Be insistent yet detached. You focus on what you want, expecting it to happen and even when it didn't happen, it doesn't matter. Have a detached involvement. There is a fine line between caring in a detached way and being truly uncaring. Just like there is a fine line between perfect good and perfect evil. Because the opposite ends of a polarity spectrum are really just next to each other.

Detachment does not mean we feel nothing. Detachment is not apathy or indifference. Detachment feels freeing! When we are successfully detached from the outcome we feel like the Universe has our back, like all is well, like we can trust in our greater good, like we are absolutely certain that all that we desire is already ours. It is essential to intentional creation to get into a feeling place of peaceful expectation that what we want is already at hand. As long as we are 'attached' we will continue to focus on the negative aspects of what we don't want and the fears that come up as we doubt our ability to manifest.

Do not engage in something if it is the only option you feel you have. You are being attached. You will be disappointed and mentally shifted out of alignment with your center, if the thing you want to do is not available for one reason or another at the time you want to do it. Create several other good options to take on in place of it at the time as well before you choose to engage in it. When you go ahead and do it in that manner, you will most likely get what you want because your energies are right.

Enlightenment is a state of non-attachment. It is the realization that all suffering is burning energy on the uncontrollable. To be unattached is emotional freedom and psychological stability. Keep you thoughts flowing. As long as there is flow, there is abundance. The moment you rest at any place, you stagnate and there is lack.

We are beings of evolution. When we accomplish goals, we set new goals. We either progress or regress, we never stand still. We feel like we are dying if we are not growing, and collapsing if we are not expanding. When you keep advancing, your intelligence and knowledge will be in effect. When you become attached, your intelligence and knowledge will be of no effect.

To be in grace is to live in the truth that all things flow from God through you and so there is nothing to cling on to as yours. To be under the law is to be enslaved by the yoke of bondage which is attachment. To be attached is to fall from grace because you are trying to hold on to emptiness and are no longer

flowing. When you are attached, Christ your Higher Self is of no effect unto you. **When you are detached, you acknowledge that you are using God's power and not your own.**

The more you are unattached, the more you **allow God to flow in you** and the more rapidly your desires will manifest because **your Energy and vibrations are more aligned with the flow of God's Energy** and therefore that which you desire in your life.

It is an enlightened way of living your life. You have to let go and trust that life itself is taking you to the things you desire. As you let go and trust, **you feel different, you radiate a different vibration to the world,** and better things and experiences come to you Again, **the whole secret is in learning to simply let go.**

Learn to follow the quiet voice within that speaks in feelings rather than words. Follow what you hear inside, rather than what others may be telling you to do. The universe itself will act to move you to what you want, and move what you want to you. **All you have to do is let go, while acting on your inner prompts.** Let go of fear, doubt, worry, disappointment, and any other negative emotion that might make you feel low.

Being unattached gives you the ability to drop whatever it is you are focusing upon at the moment and focus on something new. It makes you able to switch your concentration from one thing to another. It keeps your consciousness in flow and not fixed at any spot so it can be free and spontaneous in **experiencing unfoldment.**

Effectively applying the law of attraction requires both desire and acceptance. **Practicing the law of detachment is how we can accept and expect what we desire.** The two laws work harmoniously to support us in effectively applying the power of our minds and the universal laws of creation.

Every problem you experience in life is an opportunity for you to gain precious awareness that you do not already possess. A problem is an experience with a lesson to learn. **The lesson contains the valuable awareness that will increase the sum total of your soul's knowledge, that empowers you to a greater level of living and being.** The key to learning the lesson is in perception and lateral thinking. Be flexible and have an open mind. **You will find the solution that you are happy with.**

We are all instruments of God whether yielded or unyielded. When we are yielded, we are of more use and become more powerful instruments and also enjoy the process with greater happiness. Do not care, just surrender yourself to the flow of God. It is flowing all the time and when you are ready, it will flow through you. When you are detached, you are trusting and surrendering to God. **Anytime you are not detached, you are not trusting, not surrendering and not yielding to God.**

The law of detachment explains why productivity increases when a person takes frequent breaks from work. Being able to constantly walk away from what you are doing puts you in a state of rest and thereby able to continuously reconnect with the flow of God by keeping your **energy in motion and your mind afresh.** You may have stepped out from the flow for a while and feel lost and break in momentum, but the flow is always there and **you can step back into it again and it will be perfect.**

Letting Go allows You to Flow in Abundance

Release is an aspect of circulation. Release things that you no longer need or desire in your life. When you give material things away that you no longer use or want, you make room for what you want to come into your life. Sell or give those things away to people who find better value in them. Release friends and people who no longer serve in your best interest because of their limited mindset or negativity, to make room for new and better ones that do. **When you release or leave the lesser, you'll find that the better thing or person you've been waiting for will be able to show up.**

Let go of negative emotions due to loss so that you can allow positive restoration to enter. When you hold a grudge, essentially you are denying your connection to creation. You somehow think that you can be made a lesser person, or that your wealth can be taken away, or even that someone can do irreparable harm to you. All those things are impossible. You have as part of your basic nature all you need to be whole. You have that because you are made of the substance that makes everything.

If someone steals from you, or if your property is damaged, **you can easily replenish it, provided you are in the flow.** If someone hurts your body, miracles can heal it, provided you are in the flow. If someone belittles you, the knowledge of who you are and what your potential is, casts off the remarks like water on a duck's back, provided you are in the flow.

Unresolved grudges deny who you are. They seem to give truth to your limitations and vulnerability. Then by your invitation, the flow appears to be cut off. Since the flow can't actually stop, what is happening? Well, the flow is simply creating what you're expecting. When you think you can be irreparably injured, that is what manifests. When you think someone can take away your abundance, or a part of it, that is what manifests.

Let go of disappointments and failures because they are just part of the journey to achieving success. **You are not remembered by the number of failures you make, but by the number of successes you make.** People who have achieved immense success in life, always encounter lots of failures and made lots of mistakes along the way. They still make mistakes as they achieve further success, but they are willing to let go of it all because they know **the secret is to keep moving and not be stuck.**

Have the attitude of detachment and testing, and having another action to take. Having something else better to be occupied with if you can't do what you want at the moment. Have the mindset of taking action and seeing if it succeeds, but still persisting as far as you can go anyway. Be persistent yet able to detach. Have the power to hold on to and let go when you want to, and as you wish. Decide and act only according to your wisdom and not anyone's idea of what you should or should not do.

Your desires can manifest faster when you are detached because of two reasons. The first is that you **do not give off negative vibrations with feelings of worry, fear, anxiety,** disappointment and regret, because you are able to let go of all negative experiences and keep going on with the fulfillment of your intention in mind. The second is that you **keep yourself open to a range of other possibilities and pathways by which your desires can manifest.**

Let go of what you aren't really using. If you are holding on to something where it is a person, place or thing, or even an idea because you think you might need it later, you are really telling yourself that you do not own that thing, you do not deserve it, and you do not believe you can recreate it in the future. These are all poverty thoughts. **Clear your world of all nonessential things for the moment.** Less is better, less is more. Free yourself for the universe to bring you what's best in every moment of your life.

Always allow the possibility that you are guided towards something better. Remember that the universe is not limited. **If you miss one opportunity to manifest your intention, another one will open up.** The another and another. The string of opportunity never runs out. You are able to notice and take the next one if you will let go of the previous one and be free to observe. **The universe brings forth everything you desire and**

nothing is being withheld from you.

Abundance is a flow. **You will always have abundance if you are able to let go and remain in flow.** When something is taken away, something else will replace it. Otherwise what was taken from you will come back to you with even more than before. Knowing that this is how the universe and God works, you can be free from fear and worry about losing anything. Let go and you can remain happy, and what you want will flow to you.

Detachment allows your Desires to Come to You

The whole purpose of detachment is to keep yourself in vibrational harmony with your desires.

Detachment means that you become someone who doesn't have a care in a the world. **You allow yourself to feel good no matter what happens.** As far as your mind is concerned, your desire is already a reality within your consciousness. By being detached, you keep yourself happy, positive and vibrant at all times. Let go of attachment without stopping the action, in bringing your desires to fulfillment.

Detachment is to be willing to trust in the Divine Order and Divine Timing. Choose to elevate your consciousness to a place of peaceful expectancy, a place of allowing, **where you feel absolutely certain that all is well, right now.** You should check to see if higher consciousness has something better in mind for you because what you wish for may not necessarily manifest because it is not meant for you. Be willing to trust in higher consciousness and to let go of your intention if you find out it is not the best one. **Realize that higher consciousness has what you truly desire the most.**

Focus on your intent and be certain about the outcome of your desire, but be detached to any ideas about things that may stop you from achieving it. You should have a goal, an aim or intent about a certain outcome you want to achieve. Detachment means that you become someone who doesn't have a care in a the world about whatever obstacles and challenges you may face towards the fulfillment of that goal. You are aware of what problems you may face but you are detached from them, focusing solely on your intent only. **Let go of attachment without stopping the action in bringing your desires to fulfillment.**

The only thing preventing you from reaching a goal is resistance. It's attachment to the outcome or object of desire that causes resistance. So as a result you have a fear of not attaining it or of then losing it. So you put force and effort in there. Force results in counter-force, a reaction. That acts as a counter-intention and nullifies the intention. Nothing happens. When you learn to release your limiting thoughts and feelings you will be absolutely amazed at all of the resources, people, ideas, confidence that becomes immediately available to you.

When you learn to release limiting feelings, you release problems. This frees up your energy, mentally and physically. Wanting creates a feeling of lacking. Want IS lack. It's the feeling of wanting, of not having, that creates not having! Would you rather want? Or would you rather have? Your odds of achieving any goal will only improve when you release the resistance which are the feelings that have stopped you in the past. Remember **when you remove resistance, you reduce the energy and effort and stress required to take successful action.**

Be conscious of the feeling of having your desire. **Just allow yourself to experience the feeling of having it,** not receiving it, not getting it, not creating it, not wanting it, not spending it. Focus on having, just having. Having it there. Not trying to change anything in your life, just having it there. How does it feel to be so safe, so loved, that the universe has given you that desire? This sets all the coincidences in advance and circumstances in line, for you to have your desire.

Taking a deep breath. Finding that feeling and allowing the joy of that to flow to the surface. Allow the joy of having, the joy of having that desire to flow to the surface of your feelings now. To the top of your head, to the top of your mind. It is the strongest feeling that you feel in your body, your mind and your soul. Feeling of absolute gratefulness and appreciation. Thankfulness.

The best way to detach is to think about the things that make you happy and not on the things that make you unhappy. Express thanks that what you ask for is already given and feel the joy of it being a reality. And this joy is what you remember whenever you're thinking about your desire, as it becomes your set point. **Thinking about things that make you happy and feeling good skips all resistance and allows your desires to come to you.**

Be Happy by Being Grateful for Whatever Comes

All we want is to be happy in life. Happiness is not only what we feel when we have what we desire, it is also the very emotion that attracts what we desire to us. It is much easier to manifest our intentions if we stop focusing on intending but instead we focus on just being happy with what is. Focus less on asking the universe for this or that and more on just being grateful for whatever comes. We will feel such sweet and true joy when we enjoy the present fully than by trying to create for the future.

Many a times, we sabotage the manifestation of our intentions unknowingly by focusing too much on intending. The truth is that focusing on our intentions too much only reinforces the fact that they do not exist, therefore we are trying to manifest them. The idea that you must focus on your intentions all the time is a fallacy. To manifest our desires, you have to be in vibrational harmony with the realization of our desires, which means you must think, feel and act as if your desires have already manifested.

If you already had all your desires manifested, you wouldn't be trying to manifest anything, but you would be enjoying and being grateful for all that you have. You would feel totally happy and joyful about the way your life is. You would totally love your life. That is exactly the state for you to be in right now if you want to be in vibrational harmony with all your dreams and desires. This is the secret key all along. It is about not trying to manifest at all but to allow yourself to be as happy as you can be.

We have this idea of learning all that we can about how to manifest our desires and wondering why we still fail to manifest as much as we want or as quickly as we want it. We don't realize that we are doing it all wrong. When we try to create something, we are saying that something is lacking. We are trying to change the way things are because things are not acceptable the way they are. What happens is that we are actually creating more of the same situations of not having what we are trying to create.

The paradox of this is that we only start creating the things we do want to create when we stop trying to create them. This is why giving up and surrendering our desires to the universe or letting go and letting go is the step for miracles to finally happen. We stop trying to do anything and we affirm that all is well and everything is fine the way it is. When we give up trying to change things and just accept the way it is, almost instantly or within a very short time we see our desire show up into our lives like magic.

So instead of trying to change things and trying to create what you want, allow yourself to unconditionally love and totally accept yourself and the way things are. See that the universe is perfect and that there is nothing wrong with it. When you do this, you are coming from a place of sufficiency and wholeness instead of a place of lack and wanting. In manifesting, we begin with experiencing the end result. The beginning and the end are the same when you feel you have what you desire and actually have it.

We tend to miss the joy and happiness of what we have when we are caught up in the problems of life and thinking about what is not there yet or what could be better. We don't have to realize what we have only when it is taken from us. Cherish every good thing that is present in our lives now to the fullest. You would be really happy if you knew what you desire is already here or is certainly on its way. Joy is what happens to us when we allow ourselves to recognize how good things really are.

Rather than intending for something because it isn't there, you trust and be grateful that all your desires are already granted. Rather than trying to create anything, you are simply doing what brings you joy. You are simply doing what you enjoy and not because you want to produce something. Although you do want to produce something, your main focus and the basis of doing it is because it is what you enjoy, and the production of it is a secondary priority. This is how you are happily creating.

When you ask and believe that you have received what you asked for, you would not be striving and struggling to have it. When you know you are already assured of having what you ask for and that it is irreversibly and totally reserved and secured for you, you would be happy, at peace and confidently expecting it rather than worrying and wondering if it is really there or if it will be taken away. You experience more freedom in life and in creating when you allow yourself to be carefree.

Remember that if you already had all your desires manifested, you wouldn't be trying to manifest anything, but you would be enjoying and being grateful for all that you have. This is exactly the state for you to be in right now if you want to be in vibrational harmony with all your dreams and desires. Rather than trying to intend and manifest, focus more on being grateful for whatever comes your way. Focus on enjoying the present fully. In the end, it is all about two words. Be happy.

All Factors of Wealth and Reality Creation

There are so many factors that affect the building or degeneration of wealth. **The result of wealth is a combination of all these factors.** Take one of them out and you would reduce your ability to create what you want drastically. Most people when talking about creating wealth tend to mention only some of the factors and not the rest. That is why it is important to see things in an integrated way than in a partial way.

Tithing and Giving.

Tithing tells God that He is the Source of all that you have in your life. Tithing acknowledges that God is the owner of all things and it is the first and foremost act that opens up the channel of blessings upon you and your world. **Giving tells the Universe that you believe you are provided for.** Giving is the most direct expression of your belief in abundance. Giving produces the physical vibrations of supplication like nothing else can.

Nothing speaks to the Universe louder, of your belief in abundance than giving. And when the Universe hears, more will be added unto you. Not as a reward, but because you truly believed in abundance. Giving tells the Universe that you believe you are provided for. For even as you empty your purse you fear not, demonstrating faith that you will remain whole, that your coffers will be replenished, and that your love for whomever you gave, is what's most important. Verily, as you believe these things to be true, you will experience such truths, and abundance shall be showered upon you as if the heavens had opened up.

Most times, we think that we don't have anything to give. Yet, if we look more closely, we'll see that **even the little we have could be shared with others.** Let us not wait for a time when we think we'll have lots and then we'll give. By giving and sharing the little we have, we open up the storehouse of the universe and permit rivers of good to come our way. Take a chance on this universal principle. Take a chance on yourself. Universal principles always work.

Have you ever experienced a situation where you were asked to donate money to a particular cause, and looking at your shrinking bank balance you were torn between giving money or not? Many people have experienced being in this exact situation, but after deciding to go ahead and make a donation, these same people were very surprised when suddenly a sum of money came to them from some unexpected source to replace the money they just gave away. The truth is, if you hold on to your money, you risk losing the very thing you are hoarding. On the other hand, if you trust good things flow to those who give freely, you will always have funds available to suit your needs.

A gift with reservations is not a gift, it is a bribe. There is no promise of increase unless we give freely. Let go of the gift entirely. Recognize the universal scope of the law. Then the gift has a chance to go out and to come back multiplied. There is no telling how far the blessing may travel before it comes back. It is a beautiful and encouraging fact that the longer it is in returning, the more hands it is passing through and the more hearts it is blessing. All these hands and hearts add something to it in substance. It is increased all the more when it does return.

Faith and Believing.

Faith is positive expectation. Faith is an action. Your imagination is your mental image in action. Faith is also a feeling. Your emotion is energy in motion. Right mental image is right creation. Right feeling is right vibration. **Visualizing and Feeling are two important components of wealth and reality creation.**

The words that you speak. Out of the abundance of the heart mind, the mouth speaks. What you believe in your subconscious mind, you confess with your tongue. Words have power. Where the word of a king is, there is power. **Words bring our intentions closer to physical manifestation by turning thought vibration into sound vibration.** What the priest says about the value of a thing, so shall its value be. **What you**

appreciate, appreciates in value. What you decree, it shall be unto you.

Whenever you spend money, notice how you feel. If you feel uncomfortable and nervous because you are worried that the money you are spending might not be replaced, the signal you are sending out is one of lack and lack will be returned to you. When you spend money, create a positive, peaceful feeling and trust that as you spend money you create a vacuum for more money to come into your life. Always stay within your current means of income and at the same time create a vibration of prosperity to create more coming in the future.

Remember always, that what you are seeking is also seeking you, and whenever you want to sell a particular product of any kind, there is always someone who wants what you have to offer. The buyer may look at many competitors but yours is the only product he will buy. Infinite intelligence brings both of you together in divine order.

Joy and Gratitude.

To express thanks for something before actually getting it is to mentally accept and receive it into your mental reality. When you mentally receive something, you will physically receive it. It is said that nature abhors a vacuum. When you give thanks, real, soul lifting, jubilant thanks for things you don't have yet, nature rushes in to fill that vacuum. It'll fill it with all the things and qualities and people that are bubbling joyously in your heart and mind. Or sometimes it may decide that what you're thankful for doesn't fit you very well, so it'll send you something even better.

God is the joy giver, to give thanks is to express joy back to God for the joy he has given to you. The same energy that you give is the same energy that you'll attract. Express joy to God and in return, you gain more joy. Being joyful, contented and happy attracts things that give you such emotions in your life.

Why is it that so many people have a challenge keeping money? Think about it. If you do not treat your significant other with love and respect, do you think that person would want to stay with you? Of course not. Same dynamics apply to money. If you do not treat money with love, respect and appreciation, money would want to leave. It will find ways to avoid you. You will unconsciously manifest unexpected expenses that will keep you broke, or just enough to make ends meet.

Start visualizing money coming into your life. When money comes in appreciate it. Do not spend it right away. Give yourself a chance to acknowledge it, look at it and most importantly love it! Pray for money like you would pray for anything else. Remember, loving money does not mean being attached to it, nor needing it. We are talking about appreciation.

Rejoice in the prosperity of others. When you think negatively of other people acquiring wealth effortlessly, you are thinking the same for yourself. By being happy for others when money comes to them easily, you are allowing it to come to you the same way.

Being Prudent and Wise.

Business is not charity. Make sure you are getting back for what you give out. Focus all your actions on getting a return for your work. Make sure that you are getting the full value of what you are looking and paying for. In business everyone is there to make money. They are not doing charity and do not allow them to make you think that way no matter how generous they try to impress themselves upon you. They are only making themselves appear that way so that in turn you will be generous to them. When you let them make you think that way, you will be subconsciously tricked into responding generously by allowing others to take your money even when you are not fully getting what you want.

In business, it is more profitable to market a good product that is best selling than the best product that is only good selling. Best selling products tend to have more energy in motion with collective consciousness. Money is energy that comes to you according to its flow and momentum. Of course the best combination is the best product that is also best selling, and which draws in the most amount of

sales on a consistent basis. It is always wise to go for products that are more saleable than those that are not.

Always follow the three S of serpent wisdom. Be sharp, shrewd and subtle. This is the true meaning of being sharp and shrewd as a business person. When you give outside of business, you give freely. But when you give in business, you give business mindedly. **In the world of business, you have to mean business.** This is prudence.

Growing and Contributing more value.

Your income will grow only to the extent that you do. **Your outer wealth is meant to be a reflection and manifestation of your inner wealth.** Your outer wealth is the measure of value that you have given to the world. Strive not to be a man of success, but rather strive to **be a man of value.**

You can only give if you first receive. Gain wisdom and awareness. **How can you handle power unless you have the wisdom for it?** The universe can't provide you with more unless you have shown some degree of maturity by simply managing whatever amount you already have. Energy is managed according to God's subconscious law of waste not, want not.

When you gain wisdom and awareness, you gain the ability to handle power. Money is power. All wealth is the offspring of power, possessions are of value only as they confer power. Events are significant only as they affect power. All things represent certain forms and degrees of power. Money is a manifestation of power.

People are making so much money not because they are smarter than you, and not because they are more disciplined. Most of the time, they just stumble onto a few tricks and those tricks are enough to put them on the winning side of the curve. Life is not fair, and a few advantages, often formed from random experimentation are enough to separate the winners from the rest. The gulf between the two is absolutely MASSIVE. One moment you're broke, the next time you are laughing. There's no middle ground. Knowledge is power. **All you need is the right information in your hands and you can use it to make yourself rich beyond your wildest dreams.**

Intention, goal, money consciousness.

Intention is focus. What you focus on expands. You attract everything and anything you hold in your mind whether wanted or unwanted. Focus on money and that is what you will manifest. **To be wealthy requires one to have a money consciousness.** Desire force is the attracting power that pulls what you want to you and pulls you to what you want.

Try to imagine "a lot of money" in your mind. Does it look clear or fuzzy? Now try to imagine "a crisp \$100 bill" in your mind. Is that image clear or fuzzy? That is why **having clear, well defined and specific goals is so important.** Don't worry about not wanting to limit ability to achieve by setting outlines to your goal. The aim is to make it manifestable first. You can always keep increasing the limits and expand the boundaries of your goal as you move nearer to it. This is the real meaning of practicality.

Being open to opportunity and seizing the moment.

Go with the mindset of expecting opportunity and being ready to seize it when it appears. You won't find it as often as you could if you're not on the lookout for it, and you can't capture it unless you have the mind for it. You create opportunities in reality according to your positive expectations of it. **Focus on putting yourself in as many situations and circumstances where good luck can occur as possible.** Then you'll get your share.

Slow is harder than faster, because it is almost impossible to create momentum while moving slowly. Rather than waiting for people to discover and engage you, choose to take proactive action in creating what you want. **Successful people are highly proactive people because they are a dominant force in**

reality. Dominance is attractive and is shown in being initiative rather than passive. Of course there should be a balance in deciding when you wait for others to discover you and when you choose to tell them about you instead.

Marketing and Testing.

The two most important skills required for success in business are expert knowledge in your field and marketing. The first thing is to have something of great value to give, the second is to communicate this offer to as many of the right people as possible in the best ways to them. Marketing is all about communicating your value to the world.

Be open to all possibilities. Be willing to try out new ideas. You never know what you can achieve until you try. Testing is one of the greatest ways to produce enormous amounts of results with the smallest actions. One little change can cause a big difference in the performance of the whole system. Testing helps you to get the most results out of something.

The secret of succeeding very quickly is to quit like crazy. Quit what you feel isn't working for you, or what you find isn't what you want or like. Don't be a fool persisting in what you don't believe really suits you. Quit faster, give up. Keep trying new things and testing. Persist only in that which you believe you can make to work for you. Edison was a super quitter. He quit ten thousand times rapidly until he finally found success. Look for that which is easiest to do, that can take you in the direction you want to go. In this mentality there is no quitting, there is only testing. Test as short as possible to get the necessary data you need and then make the next test.

You can quite happily spend time trying out new things only to see them flop. All it takes is one success, and you can enjoy all the rewards it brings to you. Be prepared to try three things and two are flops but one is the success you are looking for.

Breaking mental limits and rules of doing.

All limits are mental. The only thing stopping you is the mind. The only thing that can free you is the mind. You are the mind. You are the one restricting or liberating yourself. All obstacles are mental blocks. Remember there are no rules, there are no limits. When you can remove the limits of a thing in your mind, anything is possible for you and you can do it more powerfully than anyone else. Allow blessings to come from any place and anyone. Be open to money in whatever form flowing into your life by feeling you're worth the money or it's worth getting money.

Placing preconceived expectations on how your intention should manifest may unnecessarily limit your results. For example, if you believe an action plan is necessary, and you filter your intention through that belief, then you're limiting yourself to manifesting your intention through a smaller field of possibilities which are those that involve the creation of an action plan. You may miss out on some wonderful opportunities to manifest the money in ways that involves no plan whatsoever.

Whatever is truly necessary for you to manifest an intention will come to you as part of the manifestation itself. If knowledge is necessary for you, you'll manifest that knowledge. If an action plan is needed, that plan will come to you. If better circumstances or opportunities are required, your circumstances will change. For each person who thinks a certain criteria is necessary to manifest a certain goal, you can probably find someone who did it without that criteria. People have attained that particular goal in a variety of different ways.

Do not restrict the way your intention manifests unless you have very good reason. Remain open. Accept all possible pathways for that which you desire to enter your life. Simply hold the intention, and let it play out however it wants to. God is unlimited, we limit God. Sometimes it's better not to think about the possibilities so that you would not reject them. So when they arise in the moment, can you flow with them.

Break all the rules in order to win. All good work is done in defiance of management. It is a shame that

smart people at every sizable corporation have to lie, cheat and connive in order to circumvent dumb policies everyday. Whatever the majority of people is doing, under any given circumstance, if you do the exact opposite, you will probably never make another mistake as long as you live. Do what you want and do it your way.

Creating Subconscious Impressions of Wealth.

By choosing to buy the best and quality products for yourself, you are saying that you are worth it, that you are the best. Your subconscious mind will pick up this impressions from your actions and create conditions in your life that resonate with that state of mind.

When you keep a good amount of cash in your wallet and leave money lying around in your dwelling place where you can see it, your subconscious mind will be constantly impressed with the idea of supply and abundance. By causing yourself to feel abundance, you will perpetuate the conditions of abundance in your life.

The subconscious impression of abundance creates conditions of abundance. Seeing abundance in one area creates a mental shift and allows you to start seeing and feeling more abundance in your life. The key is to get more references of abundance for you to be conscious of so as to impress upon your subconscious mind as much as possible the reality of abundance.

Trusting God, detachment and letting go.

Let go and let God. **Anything you want can be acquired through detachment**, because detachment is based on resting in the complete grace of God and knowing that He is always working everything through you and together for your greatest good. To be detached is to realize that everything good is from God and nothing at all is from you. It is God doing it through you and the other elements in your reality so there's nothing to hold on to as your own, all you have to do is to have the right beliefs and let God do it. **When you are detached, your desires will manifest much faster.**

Wealth is more than money. It is also happiness, self esteem, freedom, health and love. You can focus on increasing any of these areas to increase your overall condition of wealth.

Bonus Section about Success with Reality Creation!

Thank you so much for having read through all the chapters of Reality Creation Secrets. After having learned all those empowering information, your life will never be the same again! You now have the power to live life in this world as a Master Creator of your reality. This power that you have can make you feel like a ruler of the universe! In fact that's who we really are because we are princes and princesses created in the image of The Creator and are meant to rule over the kingdom as godlike beings!

There is still more empowering information to come in the following chapters. What you will read about is the knowledge that will give you total success with Reality Creation! What better way to end than on a note of success! But the end is just the beginning. It's the beginning of new levels of attainment and new works of creation. The game never ends, and you can keep creating more and better things to come! Life is a blessing and you are here to live it to the fullest!

I wish you immense joy, abundance and fulfillment... God Speed!

Form Mental Pictures that Turn into Reality

Form mental pictures of yourself using and enjoying that which you desire. Simply imagine a scenario that you would like to experience. You may not be able to imagine how it can happen, but you do not need to. Just imagine it happening in your mind without questioning the ways it can happen. **Believe the picture to be true and you will be guided in thought and action to think the thoughts and do the things which will make a reality of your picture.**

Christ said that whatever things you desire, pray believing that you receive them and you will have them. Faith is the evidence of things not seen and the substance of things hoped for. Your mental picture is your faith. **Believing that you receive what you pray for is to form the mental picture of those things that you want to see happen.** Most people pray and continue picturing the opposite conditions of what they pray for. You must picture things the way you want them to be instead of the way things are.

You might think that visualization is a difficult thing for you to do. But you do not realize that you are doing it naturally all the time. Worrying is forming mental pictures of things happening that you do not desire. When you worry, your imagination of negative things happening is so vivid and real to you. Fear and faith is believing that what you cannot see will come to pass. When you find yourself picturing negative outcomes, switch to picturing positive outcomes instead and you will find it is just as easy.

While you are imagining the event you desire, don't think thoughts such as "I wish it were true." Such a thought is accompanied by a feeling of doubt that will offset the good that you are already creating. Think of your mental picture as though it is about to become a reality and there is no doubt about it. Your subconscious mind will begin guiding you in thought and action so that ways and means will open up to you to make the mental picture a reality.

Visualize the success that others will experience when they use what you have to offer. You will find that they will come to you without you having to chase them. Your intention to benefit them will show forth in your communication and people will see that you are there to help them. You will inspire trust and value by what you say. Your visualized intention will also cause people to benefit more from using what you have provided to them and they will tell you so.

Be very careful with the thought pictures that you allow into your mind. **Each time you find yourself thinking scenarios of failure, erase and replace them with images of success.** If you want others to do something and you find yourself thinking about whether they will agree in favor with your proposition, replace those thoughts with images about them agreeing enthusiastically to your offer. If what you suggest will benefit them, they will very likely respond as you want them to.

What you see is what you feel. When you have feelings that are fearful and negative, it is usually because you are thinking mental pictures of fearful and negative scenarios. Think mental pictures of positive and desirable situations instead and you will feel positive and empowered. **Your feelings are always governed by the mental pictures of your mind,** therefore always be aware of what you are imagining and choose to picture what is good and you will feel good.

Things begin to happen when you see them happening, whether they are good or bad. If you see bad things happening, you are directing your subconscious mind to make these pictures reality. But when you see good things happening, you are also directing your subconscious powers to make those pictures reality. Hold mental pictures of successful action and your subconscious mind will guide you in thought and action to solve your problem. You will find life a more exciting game than any other to play.

Sometimes you may find yourself in a situation so bad that it seems impossible to visualize the situation you want. You find it difficult to hold your mind on images that you want because negative pictures keep creeping in. **Instead of picturing your problem already solved, you can imagine the problem in the process of being solved.** Imagine yourself being guided to do the right things and the universe helping you along

to turn your desired picture into reality.

Take the knowledge of making mental pictures and use it for yourself immensely. Make the mental picture of yourself making mental pictures of all the beautiful and desirable things you want in life all the time, every time. **Whenever you think about anything, form mental pictures of it turning out as good as you want it to be.** Flood your mind with such positivity, hope and success for others and yourself. Watch the magic happen as your mental pictures keep turning into reality.

Create Wealth in Sleep with Subconscious Mind

The condition at waking is a reflection of the thought pattern established in the subconscious mind the night before. If you go to bed thinking about how bad things are and wondering how you are able to go through the next day or week, you will awaken the next day with an unhappy and dreadful state of mind. But if you go to bed thinking of what you are grateful for and looking forward to the possibilities you can achieve tomorrow, you will awaken with energy and focus for the day.

The subconscious mind does its best work while the conscious mind is in a state of suspension or inactive, or while you sleep. The way to trigger success consciousness is when you are sleeping. Send a message to your subconscious mind when you go to sleep and the message will sink in. It will override previous undesirable messages. You can do this at other times too but the best time is when you are asleep. It is a time when your conscious mind cannot interfere.

You normally try to get things done but you find yourself putting them off because you are not inspired to do them. When you have a task to perform, simply give your subconscious mind a picture of the completed job. Feel all the pleasure you are going to feel when you see the job accomplished. Then when you actually go about doing it, you will find that whatever is stopping you will disappear or becomes easy to overcome. You are able to feel the feeling of satisfaction all over again when it is completed. This is the key secret of getting rich. You are able to be very productive with this way of doing things.

People often try to think the right thoughts and do the right actions that will bring them the success the desire. But they find it so stressful to maintain such thoughts and actions because their self concept of not yet being a success, is always causing them to revert back to their natural thoughts and actions. Once you have accepted the idea that you are a success, your subconscious mind will guide you to the type of thought and action which will produce success.

Many people carry their work to bed with them by thinking about what they did which they should not have done, and about what they did not do which they should have done. After spending sleepless hours with the past, they switch to think about the future, about what may or may not happen. You should review the day events and then decide what you will do about them the following day or in the future, and then go to sleep allowing your subconscious mind to take care of the details.

When you worry, you are holding mental pictures of things you do not want, instead of things you do want. Therefore when you go to sleep, visualize the ideal condition you are seeking, instead of the one existing. Imagine the reality you desire to create and enjoy the feeling of it happening to you. Know that while you are asleep, your subconscious mind will find the solution to the problem and tomorrow it will guide you to do the things that will eliminate the condition that causes you worry.

Some people lose needed sleep by spending too much time during the night to plan for the future. When you stay awake and attempt to create, you are using only a small portion of your mind. When you permit yourself to drop off into peaceful, relaxed sleep after having set an intention to your subconscious mind, you are making use of your greatest mental powers. You may not know what to do but when the time comes, the ideas and inspiration will pour in when there was none at all.

If you have an important decision that you have to make at a certain time tomorrow, think about the matter before you sleep. Do not fear or worry about it. Just think about it with calm awareness without negative emotion. Know that you will have the answer by the time you need to make the decision. Then go to sleep and turn it over to your subconscious mind. You will be amazed tomorrow when you awaken and find that the ideas that come to you are so logical you will not be able to doubt it.

Think only the best thoughts before you sleep and you will take them to the inner worlds of the subconscious where they will be worked on to create reality from that place. Whenever you feel drowsy or are in a state that is not fully awake, that is when your conscious mind is in a partial state of suspension.

Be aware of what you are thinking and make sure it is beneficial for you. **Mastery of the mind includes the ability to choose your thoughts at times when you are not fully conscious.** You can also think thoughts of health, beauty and any condition you desire to create with your subconscious mind while you sleep.

Develop Success Consciousness in All you Do

The reason for many failures is that people did not start off with a success consciousness. Most people start off in doing something and hoping that they will get what they want. But the successful ones started by knowing they would make it. **A success consciousness is a state of mind in which you cannot see yourself as anything else but a success.** When you have a genuine success consciousness, it does not mean you might succeed, it is a definite guarantee of success.

Success comes from knowing that you can instead of wondering if you could or wishing that you could. When you desire to accomplish something, start thinking that you can achieve it, even though at the present it might not be exactly true for you. When you think that you can, you will find that instead of your mind closing to the task and feeling that it is beyond you, it will begin to open up to understanding how simple it is for you to accomplish it. **When you start anything with success consciousness, you will be guided to think the thoughts and do the actions that will bring success.**

Besides knowing that you can, you must also decide that you will. You can do anything, but when you decide that you will do it, that is when you will start working to make what is possible a reality. Many people fail to get anything done because they can't even get started. **The reason for procrastination is when a person does not yet feel totally ready to work on a task by having everything else already dealt with or set aside.**

You must think of what you are going to do and how you're going to do it as the first few steps. It takes more effort to start something than to continue doing it. As long as you get started, you can get going and build up momentum over time until you are totally flowing with it. Starting begins with the decision that you can do something and you will do it. Have your mind on the satisfying completion of a thing rather than it not yet being done, and you will find that it becomes a lot easier to get into.

Be aware of your mental attitude towards tasks that you are going to do. You might want or like to do something but do not realize that you actually are afraid of it. When you approach it with the feeling that it would be difficult, it will always prove to be so. Approach it with the attitude that it is easy and effortless and you will find that it becomes so. **Your subconscious mind makes something easy or difficult depending on the instruction that your conscious mind gave it.**

The result of anything that you do depends on your attitude towards it before you started. **When you undertake a task, believe that you will be guided to do it in such a way that it will produce the best results.** As you work on it, you will be guided every step of the way to take the actions that are in line with fulfilling the intended outcome. You will end up doing an exceptionally good work because of your ability to create result producing work.

Have a success consciousness that you are a master of circumstances and that they will not master you. If you are not happy with your life as it is, know that you have the power within you to change it to your liking. **When you encounter any situation that you'd wish to change, you do not ask whether you can or cannot, but whether you want to or not.** Know that you can have whatever you want and that you will have it if you decide to get it.

Your subconscious mind has all the resources you need to accomplish what you desire, but your ability to draw from the source of abundance depends entirely upon the success consciousness you have developed. If what you want seems beyond the realm of possibility and you cannot possibly imagine yourself possessing it, you will do very little good to strive for it. The doubt in your mind will win. You have to believe that what you desire is intended for you, and see yourself as being and having it. You do not become a success after having succeeded in attaining what you want. **You are a success the moment you begin to see yourself as a success.**

Have a Self Consciousness of Wealth and Abundance

The most important thing to have when you want to attain anything in life is to have a self consciousness of being abundant. **Whatever you will have has to come from your sense of self because having is an expression of being.** Reality will always conform to what you are experiencing within yourself. But the key is in being able to hold your awareness on one area without letting it shift to the other long enough. Creation can only be complete with patience that comes from persistent faith.

Think about what you have rather than what you don't have. Enjoy the feeling of having it. Feel grateful about it. When you buy something, feel good about having the money to spend. Don't think about how there is now lesser than what you have before. Think about all the things that are working in your life right now. Think about what you have that others don't have. **Think about how much they would envy your position if they knew all those good things you have gained.**

When Christ took the five loaves of bread and two fishes, he did not think about how little there was. He thought about what he had and he gave thanks for it. Because he was conscious about being abundant, that which was in his hands multiplied until there was more than enough to meet the needs of the situation. **Jesus said he that is conscious of having, more will be given to him, and he that is conscious of not having, even that which he has will be taken away.**

Consciousness of having creates more for you to have but consciousness of lacking creates more lack. **As long as you are thinking thoughts of what you have and what you desire to create, you are giving those things the energy to exist in the mental plane.** The more energy you give with your focus, the more power they will have to manifest in your physical experience. Nothing may seem to happen yet but something is always happening without you seeing when you think about that which you want.

Think all the thoughts about wealth, success and abundance. Hold in your mind the mental pictures of the things you desire to have. **If you continually think of prosperity, satisfaction and fulfillment, you will not fail to manifest such things.** When you can think of something long enough, eventually it will become your reality. Most people give up thinking about what they want when they fail to get the results they expected. You might have done the same as well.

When you find yourself not getting what you want, you tend to lose hope and feel that what you're doing is not working. The truth is mental power always works. There can be no other way that things are created. Consciousness runs the universe and everything in it. **Just as perseverance is required in action for success, perseverance is also required in thinking.** You have to persist in thinking thoughts of abundance, wealth and success. Never stop doing that no matter what happens.

It is easy to lose focus on what you desire every time you are experiencing what you do not desire. That is why **the work of consciousness is the hardest work in the world.** But **it is also the easiest work once you have mastered the ability to focus on what you desire continually and not on what you do not desire.** Each time you think about what isn't happening for you and feeling the negative emotions about it, you are undoing your work of creating what you want.

To get to where you want as soon as possible, you have to maintain focus on the direction you want to go. You can be aware of what is going on around you but you do not have to let your consciousness be diverted to those things. Keep looking towards and thinking about the things you intend to create. Do not allow the waves and storms of life problems to distract you from the light that you desire to embrace and you will keep walking on the waters of destiny.

Every time you are diverted by failure and loss, you are moving away from what you want, and creating more of those things you do not desire. You begin to find yourself sinking and finding it so hard or almost impossible to move on. Despair creates a situation that seems hopeless to you. But you can rise again by

knowing what is the least you can experience to keep you going. Once you focus on that, you begin to see the light once again and realize that you can keep moving forwards.

You want your reality to be as positive as possible so that you can give others the best of yourself. You know that you are able to receive happiness by giving happiness. That is the only way to experience happiness. You can't give others happiness when you are experiencing unhappiness, which makes you even more unhappy. That is why you want to get out of a rut as soon as possible, and find things to feel happy about so that you can express happiness to others as well.

Continually feed your mind with words and images of wealth, success and abundance. **Read anything that gives you hope and encouragement to pursue that which you believe in.** Whatever you desire, keep looking for signs that tell you it is possible. Do not be disheartened by the signs that tell you it may not happen as you wish. As long as you keep your eyes on the prize and be as ready as you can be for it, you will definitely get it when it is ready for you. That or something much better will happen.

Closure

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