

# Spiritual Cleansing

Cleansing is one of the most important areas of conjure that you will ever study. Cleansing can handle just about any situation you will come across. I have found at times it's the only way to help yourself or another person. If you're crossed you won't get any lasting results from your work. While you may see a difference for a short while the condition will continue until you give yourself a good cleansing. No matter what the root of the crossed condition might be, the results are always the same. Nothing in life seems to work out for a person that is crossed. This is a very important lesson that we all must learn and use in our daily lives.

I know sometimes we are busy and just don't have time. Well you need to make the time. If you want your work to be a success then you have to keep your self cleansed. In general, all cleansings are performed for seven days. Seven is the traditional number associated with cleansing. The best planetary hours for doing cleansing are Venus, Jupiter and the Sun. Your cleansing work should start in one of these hours. You would use Venus for crossed love conditions, Jupiter for luck/money, and the Sun for all health problems. Or you can use a seven day candle. Then you would of course be using all of the planetary hours. If you are unable to pinpoint the problem, then start the cleansing in the hour of the Sun.

Although using the planets really has nothing to do with conjure work, you can add it to your cleansing. This will give you extra power to achieve the cleansing that you need. I look at cleansing and uncrossing as the same work; when you do both you're removing blocked conditions from yourself. I consider this also healing work; because by removing the blocks that are in your way you are healing that area of your life. If you want to have total success in your life and your work then it is very important that you keep yourself cleansed and protected at all times. If you choose not to do this then you are asking for trouble down the road.

Any time you do any kind of work you need to cleanse yourself first. You don't want some unknown energies entering your work. Also you will be able to focus on the work at hand if you feel refreshed. I cannot stress this enough cleansing is the most important part of your work; if you expect to be successful. I have heard it said a few times that you don't need to cleanse yourself until the job is done; well I say this is a load of crap. Are you going to leave a hotfoot work you have done and are still working on around you and yours? I hope you are smarter than that. Use your common sense!

You can find tons of information on spiritual cleansing on the web; but something very important is missing from the information you are being given. I didn't find one web site that came up in the search that gives any information other than bathing and patting yourself dry or air dry. You are getting half information.

When you do a spiritual cleansing you are basically stripping away what is on you. If

the ingredients are strong enough it will strip everything away; good and bad. This leaves you with holes in your spirit. Now if you feel really lucky you can leave those spots open and let the universe fill them up or you can dress your body after each cleansing bath. Either way something is going to fill that void!

Every time you cleanse yourself you need to dress your body with some type of oil. Start at the bottom of your feet go from toe to heel then up your legs and the rest of your body. Always dress your head! I always dress the crown of my head, 3 crosses on my forehead, the back of my neck, my heart area, the back of my knees, the bottom of my feet and the palms of my hands.

## Ways to Cleanse

There are many ways that one can use to cleanse. We are going to talk about the ways I use. I want to teach you at least one good system that you can use to cleanse yourselves with. You will have a few to choose from and I don't care which one you choose to use just so long as you pick one and use it. You must keep yourself spiritually cleansed. This is so very important. You will have to get in the habit of doing this; then it will come as second nature to you.

Some of the ways you can cleanse yourself are so easy, and they are not time consuming that it would be stupid not to use them. After all we are talking about your spiritual person here. This is the first thing you need to learn before you do any kind of conjure work. You need to keep yourself cleansed so you don't have any blocks and you can have success in your life.

Just being around negative people all day can draw that type of energies to our selves. I know and understand that we are all busy during our day; and we are tired by the time the day is through. You just have to take the time to do this. It is very important! Below you will find a few different ways to cleanse yourself. This is by no means all of them. Remember to cleanse those feet; this is very important!

The following methods are just the beginning and will be covered in depth later.

### The Chicken Foot

The chicken foot is a wonderful tool to use for cleansing. The chicken scratches up messes! So by scratching your self lightly with the chicken foot you will be removing the negative energy from yourself. This is a simply but effective way to keep yourself clean!

### The Cleansing Sprinkle

Sprinkling, spraying and hands-on work will be covered in depth, but for now you need a bottle and a sprinkler head; the kind like was used in the old days for ironing. To your

bottle you add, salt, Florida water, Holy water, and fill the rest with water from a faucet. Once you have it ready you sprinkle yourself with it while praying Psalm 23. Remember to do those feet!

### **Brushing**

A small whisk or fan the whole dried wing of a black hen or buzzard, may be used to cleanse and take off jinxes. If you can get a Turkey wing for brushing, this works well because the Turkey is known to gobble things up. To remove a crossed condition you sweep downward, while praying that the condition be removed and you be cleansed.

### **Rub Down**

An alcohol base is used to make a spiritual rub down. You add your herbs to the alcohol and pray over it. Then you rub yourself in a downward motion while praying.

### **Cleansing by Incense**

Smoke can also be used to cleanse and to remove block conditions. When I cleanse a client using this method I cover them with a white sheet and set the incense pot under the sheet. Don't cover your head. Once the incense has gone out I brush them down, always going in a downward motion to remove. Sulfur and be burned in the home to cleanse it.

### **Candle Cleansing**

You can use a black candle to cleanse away a crossed or jinxed condition. Take your candle and wipe yourself in a downward motion; while praying that the candle draw the condition off of you and remove it to the sender. Don't dress this candle!

### **Cleansing Prayer**

If you feel that you have a crossed condition then you need to read Isaiah 41 for at least three consecutive days. This pray is very powerful and will remove anything that is on you.

# Egg Cleansing

The egg is a wonderful tool. It can be used to remove sickness, fever, crossed conditions, and night mares. There are steps that must be taken in order to remove fever with an egg. You could call this a small ritual. You do not need any elaborate tools; all you need is an egg, a clear glass of water, a small wooden cross and some anointing oil of your choice. Once you have everything gathered then focus on the work at hand. I have a small table sitting by the sofa to set my tools on. I cover the table with a white cloth and light a small white candle. Have the person you are treating to lay down on the sofa and instruct them to close their eyes and relax. Taking your anointing oil make the sign of the cross say in the name of the father, the son, and the Holy Spirit. Say three our fathers.

Then place the cross in your left hand and the egg in your right hand. Start praying, asking God to remove the illness and fever. Never touching the person you treating. Starting at the crown of the head move slowly down to the forehead, nose, mouth, heart area, the arm pits, stomach, knees, and the bottom of the feet. Make three passes over the front of the body all the while you continue to pray. Then ask the person to turn over and repeat the same process, except now focus on the back of the neck and by pass the arm pits. Once this is done take the egg and crack it into the glass of water; take a tooth pick and break it in half making a small cross and placing it in the glass of egg and water.

Let it sit there for about thirty minutes, then take it out side and dump it at the roots of a tree or you can flush it down the toilet.

Make sure that you take a cleansing bath to remove any of the energy drawn off by the egg.

You can also remove negative energy from your body by placing a glass of water with a whole egg in it under your bed. You need to leave the egg there for nine nights; on the tenth day you remove the egg; then take it and throw it out at a crossroads. Using the egg this way also removes blocks, jinx conditions, and will put out any lights being burnt against you.

We've talked about how to remove a fever from a person; now I want to talk about the steps to take when someone comes to be cleansed. They may be ill or feel like someone is working against them. You can learn a lot from people just by listening to them talk. When someone comes for help listen and let them do all the talking; in doing this you will open yourself up in order to get a feel of the person.

Cleansing a person always walk around them clockwise and draw the egg down their bodies, don't go up and down, just straight down. Make sure to cleanse their feet and hands well. Don't touch them with the egg unless they are hurting some where. If this is the case make the sign of the cross over the hurt while praying, Do 9 crosses. Then break the egg in a glass of water and see what it looks like. This is called reading the egg.

# Another simple egg cleansing at the crossroads

This one is fairly simple.

## Materials

one egg (or 3 if it's really bad)

red palm oil

a nice cigar – I usually roll my own cigarettes

a brown paper bag

some rum

Take the egg and mouth-spray rum on it. Then rub red palm oil on it. Place the egg in a brown paper bag, and blow cigar smoke in the bag. Twist up the end of the bag so it holds the smoke inside. Take the bag and wave it around the person you want to cleanse.

Remove the egg from the bag. Bust it as hard as you can right in the middle of the crossroads. Leave the cigar, egg mess, bag and some rum as payment. Turn around, walk away and don't look back.

# Prayers For Cleansing, Blessing and Protection

## Praying for Others

“Lord Jesus fill us with the healing power of your Blood. Give us strength and courage to be strong and mighty as your children. Cover us under your protective shadows and cleanse our spirits of pain and despair. In the name of Jesus by the power of God the Father, Son, & Holy Spirit, I PRAY FOR...(list the names of those in need of prayer.) Amen.”

## Render the Enemy harmless & Unable to Come Back

Heavenly Father, I come to You now in the Name of my Lord and Savior Christ Jesus. Lord Jesus Christ, I bind and command not to manifest themselves in our possession all evil spirits and their effects, side effects and stings, powerless and harmless, unable to come back through any opening to me, my presence, the presence of our homes, cars, lands, properties, animals, vehicles, and work places, this day and all the days of my life, in Jesus Christ's Holy Name. Amen. (John 14:13-14)

## Loosing Angels for Protection

Heavenly Father, I come to You now in the Name of my Lord and Savior Christ Jesus. Lord Jesus Christ I ask You according to John 14:13-14, to loose now Your angels around me, my homes, cars, lands, properties, animals, (vehicles,) and work places, in great abundance, to guide, guard, protect and minister to me. I ask You Lord Jesus Christ that Your angels will continuously force out, drive out, and keep out all demonic spirits from me, and my homes, cars, lands, properties, animals, (vehicles,) and work places, the rest of this day, into tomorrow afternoon, in Jesus Christ's Holy Name. Amen!

## Cleaning Out a Room, Church, Building, etc.

Heavenly Father, I come to You in Jesus Christ's Holy Name. I ask You Lord Jesus Christ according to John 14:14 to loose Your angels into this \_\_\_\_\_ (room, church, building, land, car, property, house, facility, place) and force out, drive out all foul, wicked, demon, tormenting, lying, hindering, seducing, perverse, familiar, unclean spirits, and demonic strongmen. Send them where Jesus sends them.

I apply the Blood of Jesus Christ of Nazareth over and through me (us), this land, this \_\_\_\_\_ (room, church, building, land, car, property, house, facility, place ).  
Heavenly Father, I ask You to render powerless, harmless, nullify the power of the enemy, any strongmen, messenger of Satan, that tries to enter into the presence of anybody, and anything (room, church, building, land, car, property, house, facility, place); the enemy

can not come back, in Jesus Christ of Nazareth's Holy Name, according to John 14:14, Amen.

## **Binding the Enemies Eyes and Ears Prayer**

In the Name of the Lord Jesus Christ of Nazareth, I (we) bind all of Satan's evil, wicked, demon, lying, unclean, perverse tormenting spirits and strongmen and messengers, their eyes blind, their ears deaf to our prayers, conversations and actions in the Name of the Lord Christ Jesus unless we speak directly to them. I (we) bind them and command them not to manifest in my (our) presence, the presence of anyone that I am (we are) around today, the presence of anyone that I (we) have prayed for today; or in the presence of our homes, cars, trucks, offices, properties, buildings, businesses, ministries, marriages, finances.

Heavenly Father, I (we) ask that You shut any doors that need to be shut and open any doors that need to be opened in the spiritual and natural realms of our lives in Jesus' Holy Name. Heavenly Father, I apply the Blood of Jesus over those doorways and ask that the enemy be rendered powerless and harmless so they cannot come back through those doorways ever again to our homes, properties, cars, trucks, work places, businesses, finances, minds, ministries, our spouses, spouse's work places, our children, their schools, their work places, our friends and loved ones in Jesus Christ's Holy Name. To God be the Glory. Amen!

## **Prayer Destroying Curses**

Lord Jesus, I (we) ask You to break and destroy any curses, side effects, effects, influences or stings of any curses that have been placed on me (us), anyone that I (we) have prayed for today our: children, grandchildren, marriages, homes, cars, trucks, offices, properties, buildings, businesses, ministries, finances... in the Name of Jesus Christ of Nazareth according to John 14:14. I (we) ask You to destroy any witchcraft prayers, charismatic witchcraft prayers, psychic prayers, side effects, effects, influences, or stings of any witchcraft prayers, or charismatic witchcraft prayers, psychic prayers, that have been prayed over me (us), about me (us), over, or about anyone that I (we) have prayed for today, our: children, grandchildren, marriages, homes, cars, trucks, offices, properties, buildings, businesses, ministries, finances.... I (we) ask You to destroy them now in the Name of Jesus Christ of Nazareth. I (we) ask You to destroy any false prophecies spoken into or over me (us), into anyone or over anyone that I (we) have prayed for today, our: children, grandchildren, marriages, homes, cars, trucks, offices, properties, buildings, businesses, ministries, finances.... I (we) ask You to destroy them now in the Name of Jesus Christ of Nazareth. Lord Jesus, I (we) ask You to destroy any hexes, vexes, witchcraft spells, voodoo spells, satanic spells, incantations, chains, fetters, snares or traps that have been placed on me (us), anyone that I (we) have prayed for today, our: children, grandchildren, marriages, homes, cars, trucks, offices, properties, buildings, businesses, ministries, finances.... I (we) ask You to destroy them now in the Name of



Jesus Christ of Nazareth. I (we) ask You to destroy any words, declarations, decrees, effects, side effects, stings and influences spoken into me (us) or over me (us), into anyone or over anyone that I (we) have prayed for today, that do not conform to Your Will or Your destiny for our lives, or the way You want us to believe and think. I (we) ask You to do all these things according to John 14:14 in the Name of the Lord Jesus Christ of Nazareth. Amen!

## **Cancellation of Witchcraft or Prayers of Manipulation**

Heavenly Father, I come to You in Jesus Christ's holy Name. I ask You Lord Jesus Christ according to John 14:13 and 14 to destroy any witchcraft prayers or psychic prayers or ungodly soulish prayers that have been prayed over me to control or manipulate me spiritually or naturally. Amen!

## **Uncrossing**

We beseech thee, Almighty and Eternal God, whose blessed hands shield us from the devil, root out all the seeds of evil wheresoever they have been sown. Banish from us this day and for ever, all evil from our heart, soul, and body. Come, O Holy Spirit, and help us through all this wickedness so we may advance in The Holiness. May we never be corrupted by the deceits of the devil. Lord, who knowest all things, Thine is the might, and wisdom, and power to save. As our fathers called unto Thee, and were helped, so in this time of need, from all evil doings from all sides, deliver us. From all perplexity of mind, from all confusion of thought, from all devilish deeds, from all the evil blocking our way to Thee, deliver us O Lord. From all bereavement, sorrow, and desertion; from all things that separate us from each other and from our God; from all evils we have prayed against, and from all evils we have not thought of, deliver us, O Lord, whose hope is in Thy goodness and power for ever; through Jesus Christ, our Lord. Amen.

## **Prayer for healing**

O Lord, the great healer and good Physician, both of body and soul, who knowest our weakness and wilt not lay upon us more than we can bear, help us to bear it patiently. Grant unto us who are sick and suffering, the aid of Thy heavenly healing. Lay upon our fevered brow cool fingers of Thy love and power. May we who suffer now feel Thy love and power. May we who suffer now feel Thy presence within us, and the realization at this moment of Thy touch bringing to us new life, strength, and health. Bless all who Thou hast called to minister to our afflicted bodies with skill and power; that they may exercise their art for our well being. Hear us now as we pray for Thy healing touch. Thou who didst Thyself explore the vast treasure of pain on the cross, bestow upon us Thy grace. We have known Thee as the Savior of our souls; now we would know Thee as Savior of our bodies. We beseech Thee, that Thou mayest free us from all evil, and make us feel Thy presence even as we pray. May we through suffering learn to love Thee better, for Jesus Christ's sake. Amen

## Prayer for the blessing of a home

Bless, Oh Lord, this house and all who dwell in it, as thou wast pleased to bless the house of Abraham, Isaac, and Jacob; that within these walls may dwell an angel of light, and that we who dwell together in it, may receive the abundant dew of heavenly blessing, and through thy tenderness, rejoice in peace and quiet. Visit, we beseech thee, most gracious Father, this family and household with thy protection. Grant us whatever may be expedient or profitable for our bodies and our souls. Let thy right hand guard this house by all evil. Be thou present with us in all our duties, and grant the blessing of thy presence to all who dwell in this house, that thou mayest be known to be the defender of this household and the Inhabitant of this dwelling, through Jesus Christ, our Lord. Amen.

## Preparatory Prayer

O God, come to my assistance.

O Lord, make haste to help me.

+In the name of God the Father, God the Son, and God the Holy Spirit, Amen.

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

Amen.

## Protection Prayer

In the name of God I walk out.

God the Father be with me,

God the Holy Ghost be by my side.

Whoever is stronger than these three may approach my body and my life; yet whoso is not stronger than these three would much better let me be!

## Protection Prayer

There walk out during this day and night, that thou mayest not let any of my enemies, approach me, if they do not intend to bring me what was spent from the Holy altar. Because God the Lord Jesus Christ is ascended into heaven in his living body. O Lord, this is good for me this day and night. Amen

## Uncrossing Prayer

If you feel like you have been crossed say this prayer three times a day to remove the condition.

You horsemen and footmen, whom I here conjured at this time, you may pass on in the

name of Jesus Christ, through the word of God and the will of Christ; ride you on now and pass.

## Isaiah 41 (King James Version)

This prayer is for uncrossing of all kinds. It is the most powerful prayer you can ever use to undo obstacles, blockages, enemy conjure work, and anything being done against you for no reason.

When you work with Isaiah 41 read the WHOLE prayer and not just pieces of it. The reason why is because as you say this prayer the power of the Holy Ghost builds up in you to conquer and defeat your enemies. Listen to the words as you read this prayer and you'll see. For maximum effect recite Isaiah 41 for 21 days straight. This prayer also is good for emergencies when you don't have all the supplies to take a spiritual bath or do extensive cleansing works. It breaks negative conditions as you recite it.

## Tearing Down the Walls That Bind US

There are times when people try to keep us from success and having the fruitful life we should have. Sometimes it gets so bad until every door that we try to open is closed. The old folks used to say Money is the root of all evil; but in today's time I think Jealousy is the root of all evil.

If you find yourself in a situation where everything you try to do is blocked, then this work will bust down those walls that have been put there to block your way. Some of you may already know this work; but I think most want. Most folks now days don't have a clue of the power God's word holds.

This work takes seven days to do. The first day you will read Joshua 6; seven times. The next day you will read it 6 times. You decrease by one everyday until you only read it once.

When you are ready to do this work you need a small box with a lid on it and a petition you have written. Place the petition in the box and close the lid. If you are doing this by yourself then set the box on the floor. Once you close the lid don't open it again until the last day. Make sure you have enough room to walk. Now open your Bible to Joshua 6. When you start reading start walking in a circle around the box, keep walking until you have read Joshua 6 seven times. then put the box away and do the same thing the next day. Repeat this until you are at your 7th day. After you do the last day; take the petition out and throw it in the river. Save your box; you may need it again sometimes.

## Breaking What Binds You

This work cannot only be used in uncrossing work but can also be used in healing work. You need a vigil candle and a thin chain to do this work. Never dress or feed a candle that you will be working with in uncrossing or cleansing work. This goes against everything on the web, but I'm going to try to explain it. When we have to do a healing or uncrossing we want to PULL something off of us. The wax of a vigil pulls and it has a memory; that is why we speak our petitions over our vigils. The wax soaks up the words and holds them. So when doing uncrossing and healing work let whatever is on you feed the candle, then when you light the candle as the candle burns it eats away at what it removed from me. That's how it was explained to me.

There is no set prayer for this; go with spirit and just let the words flow from your heart. No matter what type of work has been done on you this will take it off. If you feel like you have taken a hit then you can also do a reversal. If you add the reversal vigil with the uncrossing vigil don't feed the reversal vigil either; here's why. You want everything that is on you to be returned to the sender. The reversal like the uncrossing feeds itself on what it removes from me. Here's how it works.

While praying; take your vigil and hold it crossways. Starting at your head going downward wipe yourself off with the vigil. You will feel the vigil pulling. Focus on your head, the back of your neck, and the bottom of your feet. The vigil will get heavy as it pulls the mess off of you. If you're doing a reversal along with the uncrossing do the reversal vigil first; because you want as much of the crap as you can get to go into that vigil. Light your vigil and place it on your altar.

I'm sure you are wondering what the heck do I do with the chain? Take the chain and roll it downward on your body just like you did your vigil; all the while praying that whatever is on you go into the chain. When you feel ready hold the chain over your vigils. In a loud strong voice say

"I break the chains that BIND me".

Break the chain with force. Place the pieces of chain on each side of the uncrossing candle. Just put one piece in a little pile on one side of the vigil and the other piece on the other side. Let your vigils burn out. It is up to you what you do with the left overs from the work. If you have pushed me to do a reversal then my left overs are going to the graveyard.

After you have finished your work you need to dress yourself with some type of oil. Starting at the bottom of your feet going upward on your body.

# Cleansing The home of Negative Influences

Note: This is actually an Italian home blessing.

## Materials

A blessed Crucifix

Three Blessed white candles

Dragon's Blood incense

Myrrh and Frankincense incense

Light the candles saying the Sign of the Cross. Keep these candles lit in a central location of the home.

Light the dragon's blood incense and the blessed crucifix, go from room to room reciting one Pater Noster, One Glory Be and the Exorcism of Saint Anthony in every room of the house. Hold the crucifix high as you pray and open all the windows.

Light the Frankincense and Myrrh incense, go from room to room saying,

"Come Lord Jesus, come, Holy Spirit, come Virgin Mary, come, holy Angels, come all ye saints! Be welcome within the walls of my home. Amen."

Close all of the windows.

## Exorcism of Saint Anthony

Hold a crucifix over the object you want to exorcise and say:

"Behold the Cross of the Lord +  
Be gone you powers of darkness  
The lion of the tribe of Judah,  
The Root of David has conquered.  
Alleluia! Alleluia!"

# Performing a Major house Cleansing

Read through the instructions first!

## Materials

Bucket

Banishing Incense or Exorcism Incense

Broom

Circle of Protection Oil

Mop

4 White Offertory Candles

Dustpan

Sulfur  
Holy Water or Florida Water or Ammonia  
A bouquet of white flowers (no carnations)  
1 bottle Uncrossing Wash or Uncrossing Bath Herbs  
1 cup Cascarilla  
Charcoal Tablets  
Box of non-iodized Salt  
Salt  
Pint of Rum  
Censer  
A Gallon sized Container like an empty milk jug or pitcher  
1 ounce Hyssop herb  
41 cents in change (a penny, nickel, dime, quarter)  
1 ounce Rue herb  
A Brown Grocery Bag  
Disposable white rags  
Length of Red Cord or Ribbon to Tie at Waist

Please read through the entire cleansing process before beginning. This ritual requires advanced planning!

When performing a major house cleansing you want to move from the top and back of your space and out the front door. If you have an attic or crawl space, begin there. Most folks like to cleanse and purify the home in a counterclockwise fashion.

It is also helpful to have at least one other person help you perform this ritual. It is physically exhausting and almost impossible to carry everything required from room to room without extra hands or a tool belt!

### **Creating Your Floor Wash**

You should prepare your floor wash in advance. You can use any formula you desire. I prefer a mix of the 'tea' from our 1.) 13 Herb Uncrossing Mix, 2.) Holy Water, Florida Water or ammonia and 3.) non-iodized (sea, Epsom, rock) salt. If using the herb mix, begin by boiling one quart of water. Add the herbs. Stir and boil for 13 minutes. Cover and Remove from heat. Allow herbs to steep for 13 more minutes and then strain into your gallon container.

Add 13 drops any oils waters or perfumes you add to the mix. Fill the container to the top with water and mix thoroughly.

### **Advanced Preparations – The Pre-Clean**

Spend a couple of days cleaning and organizing the home before engaging in the actual Ritual. Do the dishes, finish the laundry. Put everything in its place. Remove all

cobwebs from ceilings and corners. Get those dust bunnies from under the beds and furniture. Sweep out attics and basements. Scrub out toilets, sinks and tubs. This is a great time to change light bulbs, clean draperies and wash blinds.

Your house needs to be physically clean before you can make it spiritually clean. On the evening prior to the Ritual, put a small pile of salt into the four corners of each room.

Allow to sit over night.

### **Mapping The Cleansing**

As you clean, change the water in the bucket frequently. This is why I have you mix the Floor Wash in a separate container. Try to gauge how many buckets it will take to cleanse the entire space and divide your Floor Wash up this way. Use all of it, but make sure you have enough to cover the whole space. I typically use one bucket per room.

Ideally, you want to walk each bucket out of the house and to the crossroads to dump it. Rinse the bucket outside with your garden hose. If you cannot do this because of nosy neighbors, etc., take the bucket to the curb and throw it down the sewer/storm drain. If you live in an urban apartment, you can dump the dirty water down the toilet. Neither of these are the preferred method. We like to take bad 'things' to the crossroads.

Also, you need to have an advanced plan for how you will move this water through the house. DO NOT go back through a room you have already cleaned with the dirty water.

If you have attics, basements or carpeted rooms, you can sprinkle the floor wash using the Bouquet of White Flowers. Remember: Be careful with your furniture, light colored carpets, dust ruffles, etc if your wash has ammonia in it. If you have an abundance of carpet in your place, substitute holy water over ammonia or Florida Water.

Lastly, the second half of the cleansing ritual requires you open all your windows and doors. Make plans for how to do this. Don't wait until you are in the middle of ritual to find out a window won't open or that you can't open the door without closing your pets up in another room.

### **The Morning Of the Cleaning - Protecting Yourself from Attack**

In the morning, bathe and anoint the third eye, the navel, the bottom of feet, the wrists, back of neck and groin area with Protection Oil. You can make a Cross with the oil if you like. Use Cascarilla to coat the navel.

Tie the red string or ribbon around your waist. Put your underpants on inside out. Wear red undies if you have them. Put on light colored clothing.

### **Pre-Ritual Sweeping**

Go through the house and open all interior doors and draperies, blinds or shades. Begin at

the top/back of space and moving from room to room, sweep each pile of salt to the center of the room and out the door. You can sweep the salt directly into a dustpan held outside the threshold of each door and place this salt in a brown paper bag or bucket.

Once you have swept up all the salt in every room, take everything you swept up that is now contained in the bag to a safe place outdoors. You can dispose of it properly later.

### **Beginning the Ritual – Step One**

Dress 4 White Offertory Candles with Uncrossing Oil. Light one.

Go to the Front Door with the candle and make your prayers: I recommend 1 'Our Father', 3 'Hail Mary', 1 'Glory Be' and 1 Nicene Creed (the 'I Believe') if you are Catholic. You can also say a Prayer to St. Michael for your protection while cleaning.

Next, make a statement of your intentions to the Spirit. Let it be known that you intend you reclaim your space for yourself and your family (Suggestions listed below).

Sit the candle on a white saucer at the front door and prepare your first bucket of Floor Wash. If you like, present it to the four directions and/or four archangels.

### **The Floor Wash – Step Two**

Following your predetermined map, move through each room – wiping down windows, electrical sockets, faucets, drains, phones and woodwork with your white rag. Mop the floor from back of the room and out the door. Use the flowers to sprinkle floor wash under furniture, in closet corners, tops of windows and doors.

When you have finished washing down the entire place take the last bucket of water and place it with the Brown Bag of Salt from the earlier sweep.

### **Ritual Fumigation – Step Three**

Go back in the house and Light another White Offertory Candle. Light your Charcoal and place it in the Incense Burner. Following the same path as you did when sweeping and mopping, go back through the house and fumigate each room with the Incense. You may add a pinch of Sulfur to each batch you burn. Allow the billowing smoke to reach up into cracks, crevices, corners. Make sure you fumigate behind curtains and fan smoke under furniture.

As you enter each room, allow the smoke to billow and fill the room, then open the windows and exterior doors. At this point, you will want to recite a banishing or exorcism prayer. Command all negativity and/or unfriendly beings to leave the premises (Suggestions Listed Below). Continue this process through each/room area and move yourself out the front door. Leave the incense burner and candle wax outside with the Brown paper bag and bucket of water.



### **Disposal of Mess – Step Four**

Now you need to dispose of the Last bucket of water, the swept up salt, candle wax and incense ash. The easiest thing to do it take them to a crossroads away from your house. Light the third White Offertory Candle and pray to the Spirit that they keep all the negativity trapped there in the crossroads so that it cannot return to your home. Pour some rum and leave the 41 cents. Dump the ash, wax and salt out on the ground in a pile Over your left shoulder (if possible). Do the same with the bucket of water. Now walk away and do not look back.

If you cannot do this at the crossroads, you can perform the same disposal at either the cemetery or in running water – like a river, lake or at the ocean. If you go to the salt water, pour a sweet drink like Kola Champagne instead of rum.

### **Cleansing Yourself – Step Five**

When you return home, walk in your house backwards. Go immediately to the bath and light your last White Offertory Candle. Make your Prayers to have any negativity removed from your body. Perform an Uncrossing Bath.

### **House Dressing – The Final Step**

At this point, you may be tired and exhausted. However, it is advisable to redress or re-balance the energy of the house at this time. You may want to perform a simple House Blessing or House Protection Ritual.

You can move through the house in a clockwise fashion from the front door to the top/back and anoint above each window and door with a cross or protection sigil in Protection Oil. You can trace over this in Cascarilla if you desire.

Many folks use a prosperity, blessing or success floor wash and apply it in the opposite pattern that they did the cleansing. Some folks use an incense to instill the house with positive energy moving front to back and closing all the windows and doors as they move from room to room – keeping the new, positive vibe trapped inside.

At the very least, make a Blessing and Protection Prayer.

### **Prayer to Saint Michael**

Saint Michael, Archangel, defend us in battle.

Be our defense against the wickedness and snares of the devil.

May God rebuke him, we humbly pray.

And you, Prince of the heavenly host, by the power of God,

thrust into hell Satan and the other evil spirits who prowl the world for the ruin of souls.

Amen.



# Baths and Floor Wash Basics

## Three Ingredient Baths and Washes

Cleansing baths is as old as humanity, and each culture has its own ways of preparing these baths. The sweat lodges of the Native Americans are well known, and so are hoodoo mineral salt baths, which have recently begun to cross over into general magical practice. What is not generally known, however, is that in their original forms, many African-American cleansing baths are made with three or three-times-three (9) ingredients.

Just as with the variant recipes we see for common foods, the variations found in bath and floor wash recipes are both a matter of individual preference and a result of what's handy to use. Still, their basic structure follows a pattern, and this pattern is one that I believe is African in origin. I loosely call them "three-ingredient" baths, but of course, some have more ingredients, usually totaling an odd number.

## Basic Bath and Floor Wash Principles

Here are the "recipe-building" principles behind the old-style mineral-based three-ingredient African American baths and floor washes that will help you to create your own combinations.

There is usually at least one mineral, and some baths consist only of mineral salts.

If there are liquids included, they will usually be sour, bitter, aromatic, volatile, and/or toxic unless diluted to safe levels. If there are herbs included, they will likely be hot, aromatic, and/or magically protective.

## Minerals

First let's look at the minerals. Among them you will find:

**Salt** in the form of table salt, pot salt, blessed salt, kosher salt, ice cream salt, pickling salt, or rock salt.

**Epsom Salts.**

**Salt peter or gunpowder**, which contains Salt peter.

**Baking soda or Washing soda**, the latter more common.

**Potash** from the ashes of specific burned items or Lye; the latter used only for floor washes, not baths.

**Pre-mixed salts**, e.g. "Crystal Salts" or "Bath Crystals," which are usually Salt and

Epsom Salts mixed together and counted as one ingredient.

**Bluestone**, a.k.a. blue vitriol or copperas, which is mentioned in old recipes but is far too toxic to use, and for which one must substitute, Washing Soda dyed blue a.k.a. Laundry Blueing, which can be had in the form of Blue Balls (Anil) or Reckitt's Crown Blue squares, crushed to powder.

## Liquids

Next we have the liquid ingredients. These are often added in small quantities, usually 9 drops for the more toxic liquids or a tablespoon per bath or scrub bucket with the gentle ones:

**Urine**, a.k.a. chamber lye, generally that of the client, and often specified as the first urination of the morning, collected in complete silence.

**Ammonia**, a polite substitute for urine, especially when the making up the floor wash or bath to sell.

**Vinegar**, which can be either apple cider or red wine vinegar, or, in some cases, Four Thieves Vinegar.

## Essential oils

**Dressing oils** (compounds of essential oils).

**Colognes** (a.k.a. toilet waters): Florida Water, Hoyt's Cologne, Rose Water, Kananga Water, and Orange Blossom Water.

**Chinese Wash**, a detergent compound not used in baths, but popular in spiritual floor washes.

**Turpentine**, most common in recipes from regions where turpentine is produced from pine trees.

**Pine-Sol** brand household cleanser, an urban substitute for turpentine or Pine Needles.

**Whiskey** or other alcohol.

## Herbs

The most common bath and floor wash herbs are these:

**Broom Straws** for spiritual cleaning of a building.

**Cinnamon**, to draw money to the self or the premises.

**Eucalyptus**, to break jinxes and drive off evil people.

**Hyssop**, to cleanse a person from sin.

**Lavender**, for love-drawing.

**Lemon Grass**, for spiritual cleaning of a building.

**Oak bark**, for spiritual cleansing and health.

**Pine Needles**, to remove mental negativity.

**Rose petals**, for love-drawing.

**Red Pepper**, to take off jinxes and for protection.

**Rue**, for protection from envy and enemies.

**Sassafras**, for money-drawing.

**Nutmeg**, to bring to the self or the premises.

**Sugar**, to draw in luck to the self or the premises.

**Wahoo** root bark, for uncrossing and jinx-removal.

**Walnuts**, to fall out of love or break a love-obsession.

Note that not all of the bathing herbs listed above appear in "three ingredient" baths or floor washes. Some, like Hyssop, Wahoo, and Walnut, are brewed into tea-baths all by themselves as a solitary ingredient. Others, like Lavender and Rose, are combined with other herbs in tea-baths or are added to Bath Crystal mixtures, scented with dressing oils – but rarely do they appear in the oldest form of three-ingredient mineral baths for uncrossing or luck-drawing. Although they are fragrant, they are not hot or spicy and thus their use is of European origin, rather than African, and they entered hoodoo at a later period in time.

## **How to Use Baths and Washes**

Make sure all your supplies needed in making the washes and bathes are cleansed and blessed. Once you get everything together pray over it all asking God to lend his energies and make the work strong. Dissolve and dilute the ingredients in a bucket of scrub

water for washing or mopping, or in a tub of hot water for bathing. Bathe with downward strokes to take off jinxes and with upward strokes to draw in love and luck. Clean buildings from top to bottom and back to front. If carpeting prevents a floor scrub, wipe the baseboards, window trim, and door jambs. After cleaning a home or business outward, turn around and wash the front porch and steps inward with a luck-drawing scrub to bring in friends, customers, or money.

The remnant wash water from bathing and house-cleaning spells is carried outside and thrown to the East or toward the sunrise to complete the rite. There are also some spells in which the practitioner bathes and then the dirty bath water is used in turn to prepare a floor or sidewalk wash. This is especially true of spells to draw trade to a whorehouse.

These baths and scrubs represent the oldest layer of rootwork and were developed before the invention of bottled floor washes, perfumed bath crystals, or room sprays. Many must be made up fresh for use. Their regular employment was once considered a part of every household's operating routine. During this earlier era of hoodoo, if a person wanted to make a love-bath, he or she might add a few drops of love-drawing oil to a basic mineral bath.

## **Herbal Baths**

The easiest way to make up an herb bath is to simply select three or more herbs (usually an odd number, such as 3, 7, 9, or 13) that are suited to the condition for which the work is being done.

When working with these herbs, it is general practice to have them in dried form and to mix or blend them together before adding them to boiling water. You can use some herbs fresh, of course, but few people these days keep an herb garden.

If most of the herbs are brown and woody, you may want to keep the water on the boil for a while to draw out the plants' essences. If most of the herbs are green, you can generally take the pot off the heat after a shorter time and let the herbs steep in the hot water.

Some recipes reinforce the strength of the tea by asking you to boil a gallon of herb-tea water down to a quart, which is one-fourth the volume, thus concentrating it. Other recipes cite a certain number of minutes that the tea must steep before it is strained, for instance, 7 minutes for 7-herb Spiritual Bath, 9 minutes for 9-herb Spiritual Bath, and 13 minutes for 13-herb Spiritual Bath. In any case, the tea-water should be strong. Before use, it is strained through a wire-mesh strainer or a cheesecloth.

If you are making small batches of herb baths for yourself or family members, an easy way to avoid the trouble and mess of straining the herbs out in a wire mesh strainer is put the dried herbs into a muslin cotton sack, like a tobacco sack. This is tied shut, making a kind of tea-bag, and is placed in the boiling water. When the tea is done

boiling or steeping, you can gently lift the bag out of the water and save yourself the trouble of straining the herbs out. If you mix mineral salts with your herbs, put them in the bag too; they will dissolve right through the cloth and into the water. Muslin cotton sacks can be re-used dozens of times if they are washed out and dried between uses.

Here is a tip on how to make herb teas for the bath that are very strong: When you buy prepared herb baths by the packet from a spiritual supplier, they will very likely have been dressed with at least a hint of essential oils. When you choose essential oils to strengthen an herbal bath mixture, make sure that all the oils you use are the same as the herbs in the bath or have the same magical usage. Since the essential oil comes from the same kinds of herbs, all you are doing is making the herbs stronger, not changing their character. If you make up your own herb blends for bathing, you can keep them stronger than the pre-packaged blends by not adding the essential oils until after you have boiled and strained the herbs out of the tea water. Just add them as the tea water is cooling for use. For instance, when making a blend of Rose Petals, Lavender Flowers, and Juniper Berries into a bath for love-drawing, you might add a few drops each of Rose Otto, essential oil of Lavender, and essential oil of Juniper to bring the aroma up to a stronger level. If you really want to jump-start the blend, then instead of three types of essential oil, just add a few drops of a commercially prepared love-drawing dressing oil, such as Love Me Oil, to the finished herb tea.

Likewise, if you are making a blend of Eucalyptus, Rue, and Black Kohosh for protection baths, you can add a few drops of Eucalyptus oil to the herbs, but since there are no essential oils made from Rue or Black Kohosh, you will either have to do with that one essential oil, or, much better, add a little essential oil of Camphor, which is also used for protection but does not come in the form of herbs.

A third choice, and the one that I recommend if you want to cut out the guess-work, is to dress the protective herb tea with a few drops of Fiery Wall of Protection or Cast Off Evil Oil. Beyond the strong belief that there should be 3, 7, 9, or 13 herbs in a combination, there is no one "right" way to blend herbs for a bath. There is almost no end to the number of authentic combinations that Boosting Home-Made Herbal Tea-Baths can be made by someone who studies the symbolism of the herbs.

### **What Kind Of Water To Use For The Bath**

Collect rain water for your bath, or Use fresh spring water, or Get live water from a spring or a river or the ocean. If you can't find spring water or rain water, then get water from the Bay or else fill a basin with regular water and sit there and think about your man and cry. When your tears drop into the water that makes it just the same as natural water. These beliefs are quite similar to, one might almost say identical to, ancient Hebrew beliefs about the type of water suitable for use in a ritual bath or mikva. In both cases, the emphasis is on natural water, God-given water, water unmediated by the hand of man.

Oh, in case you are wondering, you can use tap water if you want to. No problem. I'm just saying that the old way is to use rain water, spring water, river water, sea water, or water into which you have cried your heartfelt tears.

## **Bathing Instructions**

Understand that this is a ritual bath, not a soap-and-lather bath. regardless of what ingredients go to make up the bath, baths themselves come in two types, the soaking or sit-down bath and the poured or stand-up bath. The stand-up or poured bath is purely a ritual, and a very old one at that. There are two basic forms, washing upward to draw or attract something to one and washing downward to drive away or expel something from one. I will describe these in greater detail below.

Soaking baths are prescribed for the relief of physical pain, stiffness, or aches, and also for luxuriating in preparation for a love spell. When sneaky tricks are being worked on a lover or family member, drawing them a bath is one way to put them in contact with certain items or to capture their used bath-water, and in these cases, a sit-down bath is also the normal option. When performing a sit-down bath for spiritual conditions, I believe that if the client is strong enough, it is always a good idea to finish with the appropriate form of stand-up bath, either drawing or expelling, because there is more focus of attention in a stand-up bath. Always make sure the bath gets on the top of your head, the base of your skull, your arm pits, palms of your hands, the bottom of your feet and between your shoulders, these are the places that the energy likes to nest.

The custom of bathing with the recital of Psalms is a strong feature in African-American rootwork. The Psalms are Jewish, for they come from the Old Testament, and many were written by King David. However, it is an interesting fact that a certain number of the Psalms attributed to King David seem to have also been known as hymns among the ancient Egyptians. King David may have copied them from Egyptian originals, perhaps passed down by Moses, who led the Jews from Egypt. This is one of our tantalizing Egyptian-Jewish-African bathing customs links.

**Uncrossing:** 37th Psalm, with Uncrossing bath crystals or a three-ingredient jinx-breaking bath; white candles.

**Court Case:** 35th Psalm (plus 37th Psalm if someone has placed false charges against you), with Little John Root bath tea or Court Case bath crystals.

**For the Removal of Sin After Doing a Evil Deed:** 51st Psalm, with hyssop bath; white candles.

**For Wealth and Luck:** 23rd Psalm, with any luck or money-drawing herbs or bath crystals.



**Protection:** 91st Psalm, with Fiery Wall of Protection bath crystals or a protective three-ingredient bath.

Other prayers may be made while bathing. They may take the form of a free-form speech, summarizing your desires, but traditionally there are also specific verbal petitions associated with certain forms of bath.

### **Placement Of Candles During A Bath**

In taking a bath, especially when the rite is performed for spiritual cleansing, you may instruct the client to light two small candles before commencing. If the bath rite takes place before dawn, the candles, which are the only lights in the room, may be left to burn to their ends, after the bath is complete. These candles may be any size from birthday candle size through 4-inch, 6-inch, 9-inch or larger. Set up the candles so that when you/the client ends the bath the client steps between the candles, like they are fence posts.

As part of preparing your ritual bath, you may light your favorite incense and light a candle to make the experience especially comforting and enjoyable. Always take a soap bath prior to a ritual bath. Never use soap, oils, or anything else. Never stay in a ritual bath longer than 30 minutes and allow your body to air dry to achieve the full effect.

# Some Baths and Floor Wash Recipes

## Purification Bath

Take this bath after you have performed a crossing or other bad work. It must be done in conjunction with the 51st psalm. You will need:

Handful of hyssop

Handful of rue

Sea salt

2 white candles

Stand between the two white candles and light them. Recite the 51st psalm and pour the water over your head.

## Purification And Protection After Enemy Work

Materials

Hyssop

Natural Water

9 Devil's Shoestrings

Devil Pod

To take off your sin, steep the hyssop herb in a pot of boiling rain water or spring water and let it cool. Light the two white candles, stand between them, and pour the hyssop bath over your head while reciting the 51st Psalm.

For protection, drive the 9 Devil's Shoe Strings into the dirt across the path to your door-step to tangle up anyone who may try to retaliate. Put the Devil Pod outside or behind the door to repel any evil directed toward you.

## 9 herb Bath Against Evil

Verbena

Yarrow

Wood Betony

Elecampane

Rue

Mugwort

Celandine

Nettle

White Clover

## Cleansing house Scrub

Saltpeter, 1/2 cup

Ammonia, 2 tablespoons

Pine-Sol, 3 tablespoons

### **Chinese Wash**

Van Van Concentrate  
Broom Corn  
Liquid Soap  
A Lump of frankincense

### **Jinx-Reversing Bath**

Bath Salts (Salt mixed with Epsom Salts), 1/2 cup  
Cast Off Evil Oil, 9 drops  
Eucalyptus leaves, a handful

### **Jinx-Removing house Scrub**

Kosher Salt, 1/4 cup  
Chinese Wash, 3 tablespoons  
Ammonia, 1 tablespoon  
Instead of water, use herb-tea, 1 gallon, made with any or all of these herbs: Rue, Lemon Grass, Agrimony, Eucalyptus, Pine Needles

### **Love Bath for new love**

Rose petals,  
Damiana, gentlemen may prefer to use hibiscus in place of Damiana,  
Whole orris root for women, OR whole High John root, medium to large size for gentlemen  
Cardamom Oil,  
Juniper Oil

### **Lucky Business Scrub With Ammonia**

A common practice, especially among business owners, is to add Ammonia (as a substitute for urine) to sidewalk scrubbing water, generally with Cinnamon powder and Sugar, and to mop or sweep inward, toward the front door, while reciting the 23rd Psalm, to draw sweet customers with money to spend.

### **Mary's Protection and Victory Bath**

Epsom salts 1/2 cup  
Ammonia, 1 tablespoon  
Red Pepper Powder, a pinch only

### **Money-Drawing Storefront Sidewalk Scrub**

Saltpeter, 1 tablespoon  
Ammonia, 1 tablespoon  
Sugar, 1 tablespoon  
Instead of water, use herb-tea, 1 gallon, made with a handful each of Sassafras root, Allspice Berries, and Cinnamon chips, boiled together and strained

### **New Orleans Protection Bath**

Salt, 1/2 cup

Ammonia 1 tablespoon

Vinegar 1/2 cup

### **Nine Morning Protection Bath**

From Cat Y./Traditional

Saltpeter, 1 tablespoon

Ammonia, 1 tablespoon

Cinnamon powder, a pinch

### **Protection Bath With Ammonia**

A simple mineral bath for protection can be made by adding one tablespoonful each of Ammonia, salt, and Four Thieves Vinegar in your bath for nine successive mornings

### **Protective Business Scrub With Ammonia**

If protection for the business is also desired, due to the premises being in a bad location or a dangerous neighborhood, then two buckets of scrub water may be used. The first is made up with Ammonia, a bit of salt or saltpeter and some Reckitt's Crown Blue or blue anil balls, and is mopped or brushed around the place with a recitation of the 91st Psalm, followed by washing inward with a second bucket made with Ammonia, Cinnamon powder and Sugar and recitation of the 23rd Psalm, as described above.

### **Spiritual Cleansing Mineral Bath #1**

Salt, 1/2 cup

Epsom Salts, 1/2 cup

Saltpeter, 1 tablespoon

### **Spiritual Cleansing Mineral Bath #2**

Salt, 1/2 cup

Saltpeter, 1 tablespoon

Laundry Blueing, crushed to powder, 1 tablespoon

### **Spiritual Worker's healing Bath**

Bath Salts (Salt mixed with Epsom Salts), 1 handful

Vinegar, 1/2 cup

White Oak bark boiled to a strong brown tea, 1 quart

### **To Stop Negativity Bath #1**

Hyssop

Rosemary

Rue

Rock Salt

Consecrated or Holy Water

1 tablespoon Florida Water Cologne

### **To Stop Negativity Bath #2**

Sweet Basil

1 tablespoon powdered eggshell

Consecrated or holy water

### **To Stop Negativity Bath #3**

To be used when a person's life and safety are in danger due to a hex or curse. It is said to remove very powerful negative spells.

Blessed thistle

Boneset

Clover

Hyssop

¼ teaspoon myrrh

Vetivert

1 cup rock salt

Consecrated or holy water

1 cup goat's milk

1 tablespoon powdered eggshell

### **To Stop Negativity Bath #4**

To get rid of the negative people in your life.

1 teaspoon garlic

Iron weed

Rosemary

Florida Water Cologne

Consecrated or Holy Water

### **Two Way Floor Scrub to Keep Away the Law and Stimulate Trade in Illegal Goods**

Wash One

1 Tbs. Bergamot Oil

1 Tbs. Clove Oil

1 Tbs. Cedar Oil

Place in a bucket of water and scrub the place outwards, out the front door and to the sidewalk to drive off intruders.

Wash Two

1 Tbs. Cinnamon Oil

1 Tbs. Your urine

1 Tbs. Sugar

Mix in a second bucket of water and scrub inwards starting from the sidewalk to draw in customers.

### **To Strengthen A Weak Love**

## **Materials**

Dragon's Blood Powder

Rose Buds

Lavender Buds

Steep the materials in a glass of cold water for three days, strain it, add it to your bath water and bathe with your lover. If this cannot be done bathe in it alone and add some of the bath water to the rinse cycle when washing his/her socks and underwear.

# How to Give a Spiritual Foot Washing

The most important thing to remember if you decide to offer spiritual foot washing is that you treat the process with honor, love and respect. It states in the bible that we should carry on spiritual foot washings in John 13:15. "For I have given you an example, that you should do as I have done to you"

The whole purpose of the foot washing is to refresh the person's spirit; but in this process your own spirit is refreshed. When we humble ourselves to honor our fellow man by washing their feet saying prayers for them we are also blessed. Like everything else no two workers will do a spiritual foot washing the same way. There is no right way or wrong way to do a foot washing. Each worker should let the spirit guide them in their work.

One thing that I think we all agree on is that the basin must be a metal pan or tub. Plastic basins shouldn't be used.

I'm sharing one way to conduct a spiritual foot washing as a guideline, for those who have never done a foot washing and would like too. Like everything else this is not written in stone; take what information you can use and leave the rest alone.

Some workers use a spiritual soap and fresh water when they do a foot washing. One lady who did foot washings added rose oil or rose water to the fresh water. Some use only fresh water. One thing that never varies is the blessing of the water and the use of white towels.

Bless the water in the Name of God the Father, God the Son, and God the Holy Spirit. Also ask that God remove all things that need to be removed from the person and to fill them with his cleansing and healing power.

You can use kosher salt, bluing and a little van van oil in the water or you can use holy oil. You can even use an herbal wash. Once the water ready pray over the water, then place the clients feet into the basin. Wash downward from the knee to the feet. If you use your hands for this you can pick up any energy on the person. Pray the whole time you are washing their legs and feet.

**A Note on Prayer:** Prayer is very personal and should come from your heart. When you feel the time is right remove their feet from the water and place them on a white towel, then dry their legs and feet; while repeating prayers. Then dress their knees and feet with oil, all the while praying. If you have been blessed with the gift of laying on hands, you can dress the heart area with the oil, the forehead and the back of the neck. Then place your left hand on their forehead and your right on their neck and pray for them to be healed if they are ill and to be given power where they are weak.

This is a basic foot washing technique, unless spirit leads you to do something different.



# Sprinkling or Spraying a Client

## Tools for Sprinkling and Spraying

Not everyone uses sprinkles or sprays, but you intend to do this work, you will need tools.

Use any local sacred plant for asperging. Use an old-fashioned laundry sprinkler for sprinkling or Blue cobalt glass bottles with pump sprayer tops.

## A Basic Set of Nine Condition Sprays

By now you know, there are hundreds of different herb-based hoodoo formulas for the different conditions that clients wish to have addressed through spiritual work, and it is best to use each sprayer for one type of spray only, but you won't need a sprayer for every known formula; a collection of 9 sprays or sprinkles will be sufficient if you combine the conditions into generalized groups. You will need one sprayer and one blended spray for each of these 9 condition-groups:

1. Cleansing, purification, healing, soothing
2. All-around good luck, attraction of opportunities
3. Money-drawing in business, money-luck in gambling
4. Love-drawing, happy home, fidelity, reconciliation
5. Success in career, school, tests, and job-getting
6. Court cases, legal matters, keeping off the law
7. Protection from enemies, ward off evil, safe travel
8. Jinx breaking, uncrossing, curse removal
9. Psychism, spirituality, dreams, the dead

## Convenient Colognes as Bases For Sprays

To make up your 9 sprays, mix at least three symbolically appropriate essential oils (or condition oils) for each of the 9 condition-groups and blend them into grain alcohol and water or, a much easier method, into commercial toilet waters such as Hoyt's Cologne, Florida Water, Rose Cologne, Orange Blossom Cologne, or Kananga Water, or blended mixtures of these.

If you use the prepared toilet waters, here are some of the traditional uses they have, by which you can determine which ones would make good bases for each of your 9 basic sprays:

Hoyt's Cologne – money drawing, gambling luck, career success, court cases, job-getting, general good luck '

Florida Water – purification, cleansing, healing, jinx-breaking, protection from enemies,

tranquility, peaceful home, dealing with the dead, safe travel, psychism

Rose Cologne love-drawing, reconciliation, fidelity, romance, sex

Orange Blossom Cologne – cleansing, marriage fidelity, jinx-breaking, success

Kananga Water – psychism, purification, dealing with the dead

### **Two Types of Spiritual Spraying Rites**

Many people who use sprays do so in their homes or places of business. They spray the place rather than the people. Their “clients” may be family members, employers, co-workers, or store customers, but the spraying rite is not hands-on work because the people being sprayed for don't know what is being done for them, they probably just think that the place has a nice, clean odor, due to a special air freshener being used.

The actual rite of spraying a client, rather than a room or work area, is a distinct form of cleansing or blessing spell. Spraying is particularly popular with folks in the Spiritual Church Movement. Each worker has a distinct and completely individual way of performing this rite, below is one typical method.

### **How to Perform a hands-On Spraying**

You may read the client, perform a consultation, or ask the client what his or her needs are. It is presumed that the client wishes a cleaning and a blessing, but the form of the blessing is determined by the client's request. You then select at least three sprays, one for cleansing, one for spiritual blessing, and one or more for the desired outcome.

You and the client stand facing each other. If the client wears glasses, request that they be removed. The spray bottles, usually three, each with a distinct odor, are on a convenient shelf where you can reach them. (This is why distinctive colors come in handy, so you can grab the bottle you want without stopping to read the label).

The client is made to stand either with hands crossed on the opposite shoulders or with palms pressed together in a “praying” gesture. You may then either pantomime the gesture requested or physically guides the client's hands into position. Tell the client to close their eyes.

Put your hands on the shoulders of the client, lean forward, head down, and say a prayer, usually semi-inaudible, then, moving the left hand to the client's wrists, reach out with the right hand, get the cleansing or uncrossing spray, and spray the client's front. Next turn the client around and spin them, gently, in a full circle and a half, as you continue to spray the client, This circle and a half ends with you behind the client, usually with her left arm around the client, as if in a dance position.

Now put down the first spray bottle and step gracefully around to the client's front. Grasp the client's hands and spread the arms wide, then take up the second spray, which is the one relevant to the client's condition. Saying a second prayer (again, usually semi-inaudibly), spray the client from top to bottom for removal of bad influences or from bottom to top to draw good influences. This is repeated on the back side of the client. The client's sides may be sprayed as well. The second bottle is replaced.

Grasping the client's wrists, stretch the client's arms outward and parallel to the floor, with palms up. The third spray bottle, with a formula of general blessing or good luck, is sprayed along each arm from hand to chest, then the client's arms are moved down to a natural resting position. Put a hand on the client's head, palm on the forehead, and speak a third semi-inaudible prayer. The client is spun halfway around and sprayed on the head from the back, then spun the rest of the way to the front and given a final spray over the head from the front. Then put down the third bottle and take the client's shoulders in her hands, as at the beginning, stand silently for a moment and then say "Amen," after which the hands are removed and you step back.

The client generally opens his or her eyes slowly and may be a little disoriented. A smile and a nod from you will be reassuring. The client is gently dismissed with as little further speech as possible, except to be told not to shake hands with anyone for the rest of the day.

### **How to Smoke a Client**

Smoking a client can be performed as a stand-alone rite, but it is most often an adjunct to other hands-on work, such as bathing or giving a rub-down or a head-dressing. It generally forms the concluding portion of any compound rite.

Smoke the client upward to bring in good luck. This is particularly helpful if the situation is at a crisis-point, such as a court case. There are lawyers who smoke their clients upward before taking them to court. Shop-keepers smoke themselves upward to draw money (generally on Friday, which is pay-day for their customers).

The most traditional way to smoke a client upward entails burning the incense in a brazier on the floor, as explained earlier. Once the incense is going good, conduct the client to it and crouch or kneel at his or her feet, directing the smoke upwards by hand or with a fan. I find it most convenient to crouch with the right knee on the ground and the left knee up, but you must find your own style.

If the client is wearing pants, pull the cuffs up and out in order to be able to direct smoke onto the legs. If the client is wearing a dress or skirt, be sure to direct some smoke under it. Slowly rise to your feet as you brush the smoke up and around the client, concluding with a spiral around the head.

Smoking downward, to take off jinxes, can be done by hand, but it is usually accompanied by brushing with a fan. (See below for how to brush a client with a feather fan).

When brushing smoke downward, some folks puff a cigar, but many don't like Tobacco and they work with loose incense powders in a brazier on the floor, letting it rise naturally and then stroking it downward around the client.

Another method of smoking a client to remove negative conditions is to burn the incense in a thurible, swinging it in small circles with one hand as you turn the client around or walk around the client while brushing him or her downward with a fan held in the other hand.

Jinx-removing incense can also be burned in a brazier set on a table or pedestal at waist height and guided downward over and around a seated client's head or with a standing child who is shorter than you. This method, by the way, is used by Middle Eastern people when they burn the Aspand herb on charcoal to take the Evil Eye off of children. With an adult, the Aspand smoke is allowed to rise naturally and is then directed downward by hand, in a spiraling motion.

You may combine the smoking of a client with candle work by placing a candle on each side of the incense on the floor and having the client step between the candles and over the smoldering incense. Alternatively, some spiritual workers have the client hold a single candle in her hands at heart level while being smoked or, in crisis situations, a candle may be placed in each of her hands, which she holds, elbows bent up, at shoulder level. Try these techniques with white candles for healing and blessing or brown candles for court cases.

### **Blowing Powders on a Client**

Powder blowing is a variation on spraying or smoking a client. It is as common in Mexico and the Caribbean as in the USA. The powders are usually commercial sachets for various conditions or custom blends with powdered herbs. The procedure is quite simple: You place a pinch of powder in your upturned palm, point your fingers toward the client, hold your hand just below mouth level and puff the powders at the client.

Don't blow into the client's eyes or nose. Avoid using herbs that provoke sneezing.

### **Brushing or Fanning a Client**

Also allied to smoking a client is the rite of brushing or fanning. This seems to be derived from Native American traditions, but may also have African antecedents. In this rite, a small whisk or fan made of the whole dried wing of a black hen or buzzard, or a bundle of

black hen or buzzard feathers is used to cleanse the client and take off jinxes.

Brushing is done in short strokes, from the head to the feet, and the negative energy is released at floor level with an outwardly swooping motion of the fan. A repeated cadence of speech can accompany the brushing, but you can perform the rite in silence. The client may be bathed before being fanned, but need not be. The client may be made to stand over a pot of burning incense while being brushed, but this too is not essential. Powders may be blown on the client while brushing, as described above, and if the brushing is done with a black hen wing, it is best if the powders themselves contain the ashes of black hen feathers, in order to take off the jinx.

# Some Incense Recipes

## To Shield Yourself From a Threatened Curse

Materials

Agrimony

Verbena

Dragon's Blood/Fiery Wall Of Protection Incense

Mix and burn the following until the threat of a curse has passed.

## Cleansing Incense

Cinnamon

Frankincense

Myrrh

Camphor

Sandalwood

Burn every day for 14 days where something bad happened. Also good for cleansing things from the dead or of unknown origin. Replace Cinnamon with Rue to purify anything smoked with this incense.

## Bon Voyage Incense to use against troublemakers

1oz. High John

1/2 oz. Rosemary

1/4 oz. Patchouli

1 Tbs. Sulfur

1/4 Tsp. Salt Peter

2 Drams of Benzoin

If using charcoal or makko powder then omit Benzoin and salt peter.

## Love Incense with a touch of commanding

1 oz. Rose Petals

1 oz. Sandalwood

1/2 oz. Cinnamon

1/4 oz. Calamus Root

1/4 oz. Aniseed

1/4 oz. Frankincense

1 Dram of Seduction Oil

1/4 Tsp. Salt Peter

1 Drams Benzoin

If using charcoal or Makko Powder then omit the Benzoin and Salt Peter.

## Love Uncrossing Incense

Rue

Lavender

Sandalwood

### **Money Drawing Incense**

- 1 oz. Bayberry
- 1 oz. Powdered Sandalwood
- 1 oz. Powdered Frankincense
- 1/4 oz. Myrrh
- 1 Dram of Cinnamon Oil
- 1/4 Tsp. Salt Peter
- 2 Drams of Benzoin

If using charcoal or makko powder omit Salt Peter and Benzoin.

### **Old Fashioned Purifying Incense**

- 1 part Charcoal, with or without saltpeter
- 1/10 part Balsam of Tolu
- 5 drops Musk (nowadays synthetic or substituted)
- 10 drops Rose Oil

NOTE: you can substitute Rock Rose (Labdanum) for the Musk. I prefer this. Make into cones or thin cakes as above. Or use as loose powder incense (without Saltpeter).

### **Sahumerio Azteca for general purification**

- 2 Parts Copal
- 2 Parts Frankincense
- 1 Part Rosemary
- 1 Part Sage
- 1 Part Lemongrass
- 1 Part Bay
- 1/2 Part Marigold
- 1/2 Part Yerba Santa

### **Sahumerio Bienstar for well being**

- 1 Part Rosemary
- 1 Part Lavender
- 1 Part Brown Sugar

### **Sahumerio De Armonización for harmony**

- 1 Part Rosemary
- 1 Part Lavender
- 1 Part Frankincense
- 1 Part Brown Sugar

### **Sahumerio Del Exito for success**

- 1 Part Cardamom
- 1 Part Benzoin

### **Sahumerio De La Riqueza for wealth**

- 1 Part Rosemary
- 1 Part Sandalwood
- 1 Part Almizcle
- 1 Part Benzoin

### **Sahumerio De Proteccion for protection**

- 1 Part Star Anise
- 1 Part Peppermint
- 1 Part Brown Sugar

### **Sahumerio Luz Interior for illumination**

- 1 Part Frankincense
- 1 Part Eucalyptus
- 1 Part Brown Sugar

### **Sahumerio Tres Poderes the three powers**

- 1 Part Rosemary
- 1 Part Peppermint
- 1 Part Brown Sugar

### **Sahumerio Siete Poderes**

Not to be confused with the seven African powers, this is for winning everything

- 1 Part Sandalwood
- 1 Part Myrrh
- 1 Part Jasmine
- 1 Part Tuberose
- 1 Part Frankincense
- 1 Part Benzoin
- 1 Part Almicle