

# On magickal planes

Adapted from an article by William Mistele which was contributed to the ALT.MAGICK newsgroup.

## MENTAL PLANE

In his first book, Bardon has a mental plane exercise in which you project your mind into the center of a rock, a tree, a bird, a mountain, a person, a spiritual being, etc. and observe all the influences which effect it and which have made it what it is from the perspective of akasha. Bardic magicians are particularly skilled in this art. Without conscious thought, they fall into the center of another's heart. There in a moment of time they experience the entire life of that individual, the other's inspiration, soul, destiny, deepest dreams and longings. Returning to our familiar world, they then express in their art a small part of the beauty they have seen.

Lovers sometimes experience through each other a passion greater than they are able to bare. The passion overwhelms them and takes them into places where they are haunted by terror and loss of identity. They do not claim this emptiness and place of desolation as part of a sacred path leading to their destiny. They do not realize that attraction, in seeking to make you one with another, also takes you into the unexplored wilderness inside you.

In the akasha, there is nothing to hold on to. There is no form you can cling to. If you enter the mystery of love and demand security, akasha will present you with unknown possibilities. And if you want to claim a specific treasure of bliss or pleasure you have never experienced, akasha will ask you also to respect to the past by paying your dues. It says, "Overcome the weaknesses within yourself and then you can have what you want." Akasha is balance and harmony between all things. The past, present, and future are one continuity, one harmony in which everything is already interconnected and linked.

Akasha on the mental level is the ability experience to meet and interact with any being that exists anywhere in the universe. No matter how limited your physical circumstances are, this is like being hooked up to a spiritual internet. Swami Satchitananda called this in the local newsletter last week--the Inner Net. You are in contact with the whole world.

## **ASTRAL PLANE**

**On the astral plane, you learn to distinguish each nuance of thought and feeling in others. It is a form of empathy. It is also easy to project your awareness into situations of the past or future. In particular, it is possible to follow the threads of deep longings and desires and visit the future situations in which they are fulfilled.**

**Being in a profound state of akashic awareness on the astral plane enables you to look down upon the actions of the four elements. You can see the causes imprinted within the elements and how they exert influences and lead toward particular results. At the same time, this is not a mere recording of visions or circumstances which may very likely occur. In this state of trance, you can weigh, measure, and evaluate the will and the skill required to bring about specific situations.**

**In contrast to the great illusions which the astral plane embodies through the attractions generated by opposite forces and images, the letter E penetrates into and is one with every single influence in any situation. Androgyny, which is the joining of masculine and feminine, is not an adequate word to express this feeling of completeness and wholeness the E permits. Rather, the letter E is the practice of omnipresence in one aspect. It is being one with whatever exists without any distortion or blurring of vision.**

**Practicing the letter E on the astral plane has the feeling of being in a vast room of violet light. If you listen very carefully you can hear the sounds occurring in the future. You can then walk toward those sounds and step out of the darkness and back into the light, that is, into the concrete situation that will occur. In any case, the letter E is a state of being completely receptive, open, and free of any distraction as you learn to perceive on the astral plane.**

**Another way to state this is to say our vision is so pure and our hearts so expansive and all-embracing, it is natural to be able to perceive likely situations which will occur in the future. You develop a prophetic clairvoyance because you are able to suspend the veils of space and time to look to the essential, the manifesting of what is most important in life. Every prophet has this ability to some degree--to focus on the work of Divine Providence, to track and contemplate divine activity--to see what akasha is seeking to accomplish on earth.**

In summary, the letter E on the astral plane is a deep stillness and receptivity. The elements quiet down. And then you can see where your needs will be fulfilled and dreams can find the gates that open to reality.

## PHYSICAL PLANE

The letter E on the physical plane always evokes for me that heroic and magical sense of the martial arts as portrayed by the mages in the movie *Star Wars*. There is a feeling of mastering mind over matter and a having a will which shapes the fate of the physical world. And this will is heroic because it does not wander off to mystical realms seeking fulfillment. It is more present, alert, and knowledgeable about the events and hidden influences shaping life than any materialist or world leader or entrepreneur understands. It judges accurately which factors are most significant as far as advancing human and societal well-being and it knows which treasures of spirit are appropriate to reveal within any age.

In ancient times, there were sages and prophets who could decipher any dream, sign, or omen. A king would defer to them seeking their guidance when he had a problem which no one else could solve. These sages saw the future clearly and they read the minds of any king anywhere on earth as easily as if it was their own thoughts they were thinking.

It is, of course, easy for those attached to their egos to take the tiny bit of spiritual power they acquire and misuse it. We see this all the time. But the greatest warriors and the most noble champions are not content with only a small taste of the divine. They seek to master completely their own spirit. For men and women such as this, nothing is hidden. And the force of the universe, majestic and incomprehensible, threads its way through their wills. Once you taste the joy which originates the act of creation, it becomes your muse and your guide. Such is the degree of satisfaction which is at the heart of the letter E.

The letter E is also extremely helpful with working with all the elemental beings. I often engage the different elementals in long and detailed conversations about their understanding of the akasha from the point of view of their element. Since the most powerful elemental beings are true magicians in their own right, they naturally draw on the creative power of akasha.

But they are not as free as a human being to penetrate into the akasha and

**But they are not as free as a human being to penetrate into the akasha and become pure, formless awareness which can penetrate any element as well as stand completely independent of nature. The elemental beings, furthermore, are unable to project beyond the sphere of the earth as can a human magician who can set aside his astral body and proceed solely through the power of his mind. And the earthzone with its spirits who represent the degrees of the zodiac are also beyond the reach of the great elemental kings and queens.**