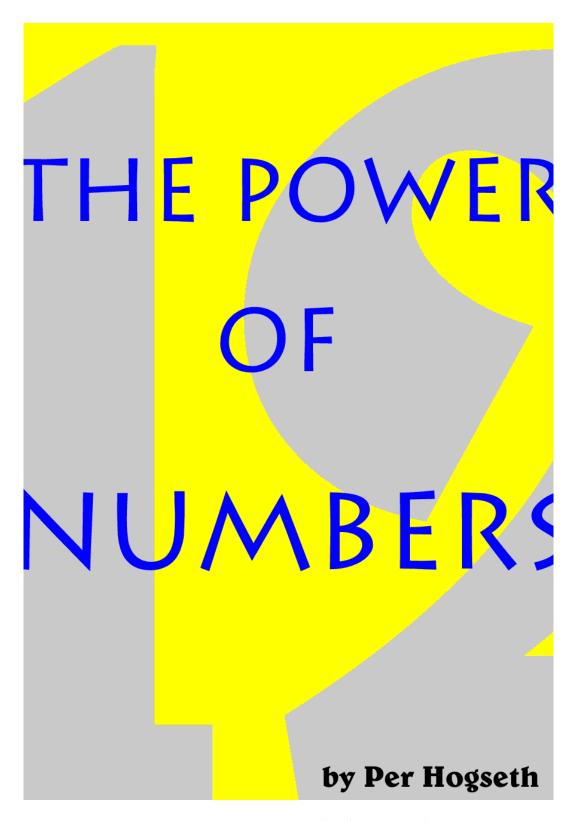


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#### **HISTORY OF NUMEROLOGY**

Although numerology has been around for millennium, its true origins remain a mystery. Thousands of years ago, early civilisations in Egypt and Babylon both recognized the power of numbers. It's quite possible that numerology has been in existence since the human race learned to count.

Numerology is the study of numbers as it relates to aptitudes and character tendencies. Each letter of the alphabet has a numeric value or frequency that relates to it's vibration. The sum of the numbers in your birth date and the sum of the value derived from the letters in your name, provide a road map of vibrations.

Numerology expresses a great deal about a person's character, purpose in life, motivations, career, romantic characteristics, luck and talents. Numerology experts use the numbers to determine the best time for major activities in one's life. Numerology has been used for investment forecasting, marriage counselling, travel advice, career consulting, and even relocation advice.

Pythagoras of Samos, the Greek mathematician and philosopher, (569-470 B.C.), is believed to be the developer of today's numerology system. The actual origins of numerology predate Pythagoras and are believed to have originated from the Chaldean system. The Chaldean system had its roots in ancient Babylon, which had its roots in the Vedic systems of India and the Kabbalah systems of the ancient Hebrew mystics. Whoever or whatever founded the system of numerology, it still exists today.

## THE LIFE PATH NUMBERS

The main numbers in a numerology chart are called the Life Path, the Expression and the Soul Urge. The Life Path is the major lesson to be learned, the central focus in a person's life. The Expression represents a person's potential natural abilities, and the Soul Urge represents the person's inner nature, what he/she wants to do or be. The Life Path is the most important of these and represents about 40% of the whole. The Expression accounts for 30% and the Soul urge 20%. The remaining 10% is made up of other factors, particularly the day of birth.

The first step is to calculate your Life Path Number. To work it out, you simply add together your year, month and day of birth and reduce the total to a single digit. This must be done following the formula outlined below. If you add the numbers in an incorrect sequence, you'll get a false reading. For someone born on December 9<sup>th</sup>,1946 the correct way to add the numbers is on the following page.

Year 1946

Month 12

Day 9

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$$1967 = 1+9+6+7= 23$$
, and  $2+3=5$ .

This person has a Life Path of 5. The reason the adding up has to be done in this particular way becomes apparent with an example using Master Numbers.

A good friend of mine was born on February 29<sup>th</sup>,1944 (a leap year baby).

To work out her Life Path we set it out as before:

Year 1944

Month 2

Day 29

\_\_\_\_\_

$$1975 = 1+9+7+5= 22$$

22 is a Master Number, so we do not reduce it any further. If we had added up her numbers by stringing them out in a row we would have found a different answer:

$$2+9+2+1+9+4+4 = 31$$
, and  $3+1 = 4$ .

By adding up the numbers this way we lost the Master Number. To avoid losing them make sure you add the numbers up in the right way every time.

Now we will go on to what each number means. Remember that your Life Path is your central focus, what you have come into this life to learn. If, at this stage, you are not aware of your purpose in life, this knowledge alone could make your future that much easier.

# **Abbreviated meaning of the numbers**

1. Initiating action, pioneering, leading, independent, attaining, individual.

- 2. Cooperation, adaptability, consideration of others, partnering, mediating.
- 3. Expression, verbalization, socialization, the arts, the joy of living.
- 4. A foundation, order, service, struggle against limits, steady growth.
- 5. Expansiveness, visionary, adventure, the constructive use of freedom.
- 6. Responsibility, protection, nurturing, community, balance, sympathy.
- 7. Analysis, understanding, knowledge, awareness, studious, meditating.
- 8. Practical endeavors, status oriented, power-seeking, high-material goals.
- 9. Humanitarian, giving nature, selflessness, obligations, creative expression.
- 11. High spiritual plane, intuitive, illumination, idealist, a dreamer.
- 22. The Master Builder, large endeavors, powerful force, a leader.

## THE LIFE PATH NUMBERS

## Number 1

#### Positive

You are characterized by individualist desires, independence, and the need for personal attainment. Your purpose is to become independent. This is a two part learning process; first, you must learn to stand on your own two feet and learn not to depend on others. After you are indeed free and independent, you must learn to be a leader.

You have the potential for greatness as a leader, but may fail as a follower. You may spend most of your life battling with your dependent side. Often, there is little time left to enjoy the rewards you've gained through independence. You have to cope with an environment where it's easy to be dependent, and difficult to be independent.

You have an abundance of creative inspiration, and possesses the enthusiasm and drive to accomplish a great deal. Your drive and potential for action comes directly from the enormous depth of strength you have. This is both physical and inner strength. With this strength comes utter determination and the capability to lead. As a natural leader, you have a flair for taking charge of any situation. You're highly original and may have talents as an inventor or innovator of some sort. In any work that

you choose, your independent attitude will show through. You have very strong personal needs and desires. You feel it is always necessary to follow your own convictions. You are ambitious, and either understand or must learn the need for aggressive action to promote yourself. Although you may hide the fact for social reasons, you are highly self-centered and demand to have your way in most circumstances.

## Negative

Your demeanor may appear very dependent rather than independent. If you are expressing this negative trait, you are likely to be very dissatisfied with your circumstances, and long for self-sufficiency. You can become too self-serving, selfish and egotistical. Watch out for over-confidence and impatience, as these traits are common.

Many of our Generals, corporate and political leaders, are in this category.

## Number 2

# Positive

You are extremely sensitive and have the ability to be balanced and fair. You clearly see the full spectrum of viewpoints in any argument or situation, and people may seek you out to be a mediator. In this role, you are able to settle disputes with the most unbiased flair. You have a sincere concern for others. You want the best for others. You are totally honest and open in thought, word and deed. You are apt to excel in any form of group activity where your expertise in handling and blending people can be used effectively. Manners and tact mark your way with others at all times, and you are not one to dominate a group or situation. You are the master of compromise and of maintaining harmony in your environment, never stooping to aggravate or argue.

In many ways, you are a creature of habit and routine. A natural collector, you rarely dispose of anything that may have a shred of value.

# Negative

The biggest obstacle and difficulty you may face is that of passivity and a state of apathy and lethargy. You can be very pessimistic and accomplish very little. You don't belong in the business world.

#### Number 3

#### Positive

You express yourself well, are sociable, and creative. You may be an entertainer with a bright, effervescent, optimistic attitude. You excel in communications within the verbal realm, writing, speaking, acting, or similar endeavors. You enjoy harmony, beauty and all sorts of pleasures.

Capturing your capability in creative self-expression is the highest level of attainment for you.

You're warm and friendly, a good conversationalist, social and open. You're a delight to listen to, but even more importantly, you have the ability to listen to others. Accordingly, you are always a welcome addition to any social situation and know how to make others feel at home. You have a creative imagination, but may not be moved to develop his talent. Your approach to life is exceedingly positive and your disposition is almost always sunny and open-hearted. You effectively cope with all of the many setbacks that occur in life and readily bounce back for more. It is usually easy for you to deal with problems because you can freely admit their existence without letting them get you down. You have good manners and seem to be very conscious of other people's feelings and emotions. Life is generally lived to the fullest, often without much worry about tomorrow. You are not very good at handling money because of a general lack of concern about it. You spend it when you have it and don't when you don't.

Typically, you have an above-average ability in some art form. This can encompass painting, interior decorating, landscaping, crafts, writing, music, or the stage, or all of the above. You are apt to be a happy, inspired person, constantly seeking the stimuli of similar people. Your exuberant nature can take you far, especially if you are able to focus your energies and talents.

## Negative

On the negative side, you may be so delighted with the joy of living that the life becomes frivolous and superficial. You may scatter your abilities and express little sense of purpose. You can be an enigma. For no apparent reason you may become moody and tend to retreat. Escapist tendencies are not uncommon and you find it very hard to settle into one place or one position. Guard against being critical of others, impatient, intolerant, or overly optimistic.

## Number 4

#### Positive

You are trustworthy, practical, down-to-earth and are a cornerstone member of society. You take orders and carry them out with dedication and perseverance. You always demand as much from yourself as you do from others, and sometimes a lot more. You have the kind of will power that is often mistaken for sheer stubbornness. Once a decision is made, it will be followed through to the conclusion, right, wrong, or indifferent. You are very set in your ways and determined to handle things the way you feel they should be handled. Your tenacity of purpose and ability to get the job done borders on obsession.

You are an excellent organizer and planner because of your innate ability to view things in a very practical way. You are a wonderful manager with a great sense of how to get the job done.

Loyal and devoted, you make the best of your marriage, and you are a dependable business partner. Friends may be few in number, but you are very close to them and once friendships are made, they often last a lifetime.

You are solidly associated with the element of earth which gives you strength and utter sense of reality. You are one of the most dependable people you know. If patience and determination can ever win, you are sure to achieve great success in life.

# Negative

You can be dogmatic, narrow-minded, and repressive. A lot of skin-deep people turn you off, and you lack the tact to keep your feelings from being totally clear to all around. Additionally, you have a bad tendency to get too caught up in the daily routine of affairs and often miss the big picture and major opportunities that come along once in a while.

#### Number 5

#### Positive

You are very versatile, adventurous, and progressive. You are always striving to find answers to the many questions that life poses. You want to be totally unrestrained, as this is the sign of freedom and independence. You dislike routine and boring work. You are not very good at sticking with everyday tasks that must be finished on time. You are a good communicator, and you know how to motivate people around you. You would make a good teacher.

A love of adventure may dominate your life. This may take the form of mental or physical manifestation, but in either case, you thrill to the chance for exploration and blazing new trails. You are apt to be multitalented, but just as likely to suffer from some lack of direction, and there is often some confusion surrounding your ambition.

You are a happy-go-lucky kind of person, living for today, and not worrying too much about tomorrow. It is important for you to mix with people of a like mind, and try to avoid those that are too serious and demanding. It is also important for you to find a job that provides thought-provoking tasks rather than routine and redundant responsibilities. You do best dealing with people, but the important thing is that you have the freedom to express yourself at all times. You have an innate ability to think through complex matters and analyze them quickly, but then be off to something new.

#### Negative

You can become very irresponsible in tasks and decisions concerning your home and business life. The total pursuit of sensation and adventure can result in your becoming self-indulgent and totally unaware of the feelings of those around you. In the worse case situations you are very undependable and self-serving.

#### Number 6

#### Positive

You have a strong sense of responsibility. You are idealistic and must feel useful to be happy. The main contribution you make is that of advice, service and ever present support. You lead by example and assume responsibility, thus, it is your obligation to pick up the burden and always be ready to help. You are compelled to function with strength and compassion. You're a sympathetic and kind person, generous with personal and material resources. Wisdom, balance, and understanding are the cornerstones of your being. Your extraordinary wisdom and ability to understand other's problems is apt to commence from an early age. This ability allows you to easily span the generation gap and assume an important role in life, early on. While you may assume huge responsibilities in the community, your life revolves around your immediate home and family.

You're willingly carry far more than your fair share of the load and are always there when needed. You are very human and realistic about life, and you feel that the most important thing in your life is the home, family and friends.

## Negative

You have a tendency to become overwhelmed by responsibilities and a slave to others. Also, avoid being too critical (of yourself or of others). You can occasionally exaggerate, and be self-righteous, imposing your views in an interfering or meddling way. On rare occasions, responsibility is abdicated, but this rejection of responsibility will make you feel very guilty

and uneasy. It will have very damaging effects upon your relationships with others.

#### Number 7

#### Positive

You are a peaceful and affectionate soul and by nature rather reserved and analytical. You are a deep thinker and you will garner knowledge from practically every source that you find. Intellectual, scientific and studious, you don't accept a premise until you have dissected the subject and arrived at you own independent conclusion. You have a sort of spiritual wisdom that becomes apparent at a fairly early age.

You need a good deal of quiet time to be with your own inner thoughts and dreams. You dislike crowds, noise and confusion. You are very thorough and complete in your work. You're a perfectionist who expects everyone else to meet a high standard of performance, too. You evaluate situations very quickly and with amazing accuracy. You rely heavily on your experiences and your intuition, rather than accepting advice from someone. Your hunches usually prove to be very accurate, and knowing this, you are someone who tends to follow their directions.

It's easy for you to detect deception and recognize insincere people. You aren't one to have a wide circle of friends, but once you accept someone as a friend, it's for life. You really aren't a very social person, and your reserve is often taken to be aloofness. Actually, it's not that at all, but merely a cover up for your basic feeling of insecurity. You actually like being alone, away from the hustle and bustle of modern life. In many ways, you would have fit in better in much earlier times when the pace of life was less hectic.

## Negative

You can become very pessimistic, lackadaisical, quarrelsome, and secretive. If you are not living life fully and gaining through experiences, you're a hard person to live with. You have a serious lack of consideration for others. You are very selfish and spoiled.

If you have any of the negative traits they are very difficult to get rid of because you tend to feel that the world really does owe you a living or in some way you're not being fairly treated. Fortunately, your negative traits are not typical, at least not without some mitigating positive traits. You have some major shifts from highs to lows. Stability in feelings may be elusive for you.

## Number 8

#### Positive

You're focused on learning the satisfactions to be found in the material world. You can be powerful, confident and materially successful. You are apt to be very independent, forceful and competitive. Your routine is involved in practical, down-to-earth affairs, and there is relatively little time for dreams and visions. You will want to use your ambitions, your organizational ability, and your efficient approach to carve a satisfying niche for yourself. Most of your concerns involve money and learning of the power that comes with its proper manipulation.

You are concerned with status, as an accompaniment to material success. If you are a positive person, you are endowed with tremendous potential for conceiving far-reaching schemes and ideas. You also have the tenacity and independence to follow through with your ideas. In short, you are well-equipped for competition in the business world or in other competitive fields of endeavor.

You know how to manage yourself and your environment. You are practical and steady in your pursuit of major objectives, and you have the courage of your convictions when it comes to taking the necessary chances to get ahead.

## Negative

You can be dictatorial and often suppress the enthusiasm and efforts of fellow members of the environment. Often, the strength of your own personality excludes close feelings for other people with whom you come in contact. Material gains and rewards often become issues of utmost importance, even to the neglect of family, home and peace of mind. Dedication to success can become an obsession. Emotional feelings are often suppressed, resulting in isolation and loneliness. You must avoid discounting the opinions of others.

#### Number 9

#### Positive

You are compassionate, generous, and have a very humanitarian attitude. You are trustworthy and honorable, and one unlikely to harbor any sort of prejudice. Obviously, this is a rather tall order, but you are, in fact, a person that feels very deeply for individuals less fortunate than yourself, and if you are in a position to help, you certainly will.

You tend to be quite sensitive, as you see the world with much feeling and compassion. Your purpose is of a philosophical nature. Judges, spiritual leaders, healers and educators frequently have much number 9 energy.

Material gains are not overly important to you, although you may be rewarded significantly with material objects. You have a very selfless attitude and will easily give up material possessions for the common good.

You are extremely passionate. Your desire to help others, especially the troubled or underprivileged, is strong. You are apt to frequently find yourself being used and let down by others, as your generosity is misused and abused.

Your very deep understanding of life is sometimes manifested in the artistic and literary fields. Here you may be able to express your deep emotional feelings through painting, writing, music, or other art forms. Often, however, you have a great deal of difficulty finding a suitable outlet for your expression. You are well suited for the helping and healing professions. You're less inclined to the competitive business environment.

You have the ability to make friends very easily, as people are attracted to your magnetic, open personality. You have a special gift of understanding people, which if used correctly, can be of great benefit to others. Your interest in people tends to make you quite social. People just naturally like you because you are so sympathetic, tolerant and broad-minded. In many ways, you are a romantic that can get lost in your loves and passions. Relationships can be difficult for you, however, because it is hard to strike a balance that will work effectively. If your partner understands your giving attitudes, the relationship will be happy and lasting. On the other hand, if you choose a partner whose focus is on material issues, problems will arise quickly.

## <u>Negative</u>

You tend to fight the realities and challenges of purpose imposed, because selflessness is not an easy trait. You may have difficulty believing that giving and a lack of personal ambition can be satisfying. It must be realized and accepted that little long-term satisfaction and happiness is to be gained by rejecting the natural humanitarian inclinations of your path.

#### Number 11

## Positive

You are spiritually aware and illuminated. You yield understanding and knowledge beyond the grasp of others. Your attitude toward life is somewhat extreme. You're extremely intuitive, avant-garde, idealistic, visionary, and cultured. These extremes make you an interesting, if not unusual person, with much to offer society.

You are a deep-thinker and no doubt interested in understanding many of life's mysteries and more intriguing facets. Your inventive mind and broad-minded views will permit you to succeed in life in any number of ventures. You can best serve society, however, in those endeavors utilizing your skills of counselling and guidance. Much of your idealism is people oriented and quite humanitarian in nature. You expect a great deal of yourself and of those to whom you are close.

Your ideas seem to have been inspired on high. Perhaps you are not a leader, but you are a visionary and a very talented idea person.

# <u>Negative</u>

On the negative side, you harbor a lot of nervous tension associated with your life path. You can be a difficult person to deal with because of this. For this reason, relationships, at times, can be difficult. You may experience broad mood swings between elation and depression. You are likely to have trouble making decisions and getting your life in gear. There is a tendency for you to harbor feelings of uneasiness, and dissatisfaction with accomplishments and personal progress in life.

Your grandiose schemes usually make sense, but you can get off track and they can be very impractical. You have a very distinct side that lacks common sense, and you are quite often unable to distinguish between fantasy and reality. In this regard, you are perhaps more of a dreamer than a doer. When you do get on target, your ideas seem to have been inspired on high. Perhaps you are not a leader, but you are a visionary and a very talented idea person.

#### Number 22

#### Positive

You are endowed with many powers from within and can reach towering heights in life. You're a truly positive person, equipped with a suitable education. You can be a master builder in society. An idealistic nature is grounded in practical terms, allowing you to conceive grandiose, farreaching schemes and carry them through to the end. If you desire and are willing to work for it, you can achieve enormous success, prestige, and fame. Obviously, everyone with this Life Path does not become famous, but you may have realized early in life that you have the capacity to accomplish a great deal with relatively little effort.

You have a special spiritual understanding, and the ability to apply knowledge in a practical way. There is purpose to your life and you view your tasks and obligations in a very emotionally controlled and determined way. The ability to control emotion may help in the business world. You are powerful and can achieve both material gain and a higher good for mankind.

# **Negative**

There are not many negative number 22 people. When they do show up, their power is similar to positive 22, but their motivations are in a negative vein and they are very dictatorial, insensitive, and overbearing.

# **The Expression Number**

Next in importance to the Life Path is the Expression. This represents a person's potential, natural abilities.

To arrive at your Expression number, take each name separately and add up the letter values using the conversion chart on the following page. Reduce each name to a single digit or master number. Then add the results of all of the names to arrive at a total which you then once again reduce to a single digit or master number.

Don't use nicknames, assumed name, deviations in spelling used, or omit any part of the birth name. Use it as it appears on the birth certificate. Don't worry about changes to the name (married name, etc.), just stay with complete birth name. Don't count Jr. Sr., III, etc. following the name.

The only exception to this is in the case of adoption shortly after birth, and here the name given in the adopting home should be used.

Here is how to turn letters in the full name to an Expression Number:

1	2	3	4	5	6	7	8	9
Α	В	С	D	Е	F	G	Н	I
J	K	L	М	N	О	Р	Q	R
S	Т	U	V	W	X	Y	Z	

There are two important questions. Why use the name at all, and if so, why the name at birth? The vibrations of our birth name remain with us all our lives, though we can and often do alter the vibrations if we change our name. For instance, when someone gets married and changes their last name, their vibration is also altered.

If you believe in reincarnation, we choose our name and date of birth so that we are exposed to the right influences for our own development. That may be a bit hard to accept at this stage, but bear it in mind and reconsider it once we have looked at a complete chart.

To work out the Expression we write the full name and then the numerological value of each letter underneath. Write the values for the

vowels above the name and consonants below. This will be used for the soul urge, which we will discuss next.

The highlighted set of numbers is used to calculate the Expression Number.

EDWARD GIBBON WAKEFIELD

We add up all the numbers for each word, bringing them down to a single number, but always leaving the Master Numbers (11 and 22) intact. Edward Gibbon Wakefield's Expression number is calculated like this:

Edward = 5+4+5+1+9+4=28, and 2+8=10 which is reduced (1+0) to 1.

Gibbon = 7+9+2+2+6+5=31, and 3+1=4.

Wakefield = 5+1+2+5+6+9+5+3+4=40, and 4+0=4.

For his complete name we add the sum of each individual name. 1+4+4=9

Edward Gibbon Wakefield has an Expression number of 9.

The Expression represents a person's potential and natural abilities.

# **Expression Numbers Defined**

# Number 1

A person with this Expression number would be a creative, independent thinker. They would be a leader, a promoter or an organiser, as they have considerable administrative talent. They are likely to be self-centered, self reliant and would rise to the top in a large organisation. They would be ambitious, determined and would always head straight for their goals

#### Number 2

Someone with this Expression would be sensitive and sympathetic. They

would make a good diplomat as they are tactful, cooperative and have a natural ability for making others feel at ease. They work well with others.

#### Number 3

This is the number of the thinker and ideas person. They would be likely to have cultural interests and would be optimistic, outgoing, friendly and charming. They are likely to be a good conversationalist and have a strong artistic sense. They would like harmony in their surroundings and could be extremely creative.

## Number 4

This person would possess self-discipline, be practical and well organised. They would like order and routine and have the ability to bring order into any kind of situation. They would always insist on finishing what they started and would follow it through, being careful with the details and not minding hard work. They would work best in fields requiring accuracy, staying power and concentration. If their work used the hands and the head, so much the better.

#### Number 5

A person with an Expression number of 5 would be good at working with people. They would thrive on unexpected happenings and would be talented and versatile. They would need stimulation in everything they attempted, quickly tiring of something once it was mastered. They would not like to be hemmed in, so would be happiest in work providing a great deal of freedom such as selling.

# Number 6

This is the number of someone with a strong sense of justice and fairness. They would be peaceful by nature, but would react quickly if an injustice was being done. They would be helpful, responsible and impartial. They would be happiest working in a field where they could help others, such as teaching, medicine and social work. They would also possess a strong sense of beauty and harmony and could be creative.

## Number 7

This person would have a good mind, and would be the perpetual student, always exploring and searching for hidden truths. Everything would be done on a "mental" plane, so little emotion would be displayed. They would work best when left on their own, and the work would have to be of a specialised or analytical nature. They may give the impression of being somewhat aloof and unapproachable which could make it hard for others to get to know them.

#### Number 8

This person would reach the top in business. They would move steadily forward towards their goal, using determination, stamina and good judgement of money to achieve what they set their mind on. They would

make a good manager or administrator. Being strong physically, they could also be attracted to sporting activities, usually being involved in management as well as on the playing field.

#### Number 9

This person would be a humanitarian with a genuine interest and compassion for others. They would possess artistic abilities and have potential for inspiring others. They would be inclined to be idealistic, romantic and philanthropic. They would work best in some humanitarian or philanthropic field, such as medicine or social work.

#### Number 11

This person would be idealistic, intuitive and an inspired thinker. They would operate well on psychic levels and would make a good spiritual adviser or philosopher. They would have the ability to do more than one thing at a time, but could have problems in getting started. Once started, though, they would be very capable at whatever was attempted. They would work best out of the business world and would be likely to have an affinity for the **arts**, **the occult or the psychic**.

#### Number 22

This person would be exceptionally capable at anything attempted and could handle large scale undertakings. They could well work on an international scale, and be capable of leading mankind into new directions. The enormous potential this number brings could best be channelled into politics, finance, law or big business. There will always be a degree of nervous tension apparent, owing to the strength of this individual's awareness.

These are the potential, natural abilities. Whether or not they are used, though, is another matter. Generally, people do not use all of them at the same time, though the potential may be apparent to others.

With Edward Gibbon Wakefield all of the potential was used. He was certainly an idealist and a humanitarian with his visions of a new world. He obviously inspired others to get his ideas off the ground. His artistic abilities came through in his writings and the romanticism of his nature led him to jail for abducting an heiress! Incidentally, his birthday was March 20<sup>th</sup>, 1796. Try working out his Life Path number for yourself and check it with the description given for his particular Life Path.

## THE SOUL URGE

The Soul Urge or as it is sometimes called, the heart's desire, is an important core influence in numerology. This number is made up from the vowels (a, e, i, o and u) in your full birth name just as it is recorded on your birth certificate.

The sum of all of these letter, converted to numbers, and reduced to a single number or a master number is your Soul Urge. This means your inner craving, likes and dislikes. This number denotes what you value most, regardless of Life Path (what you are from birth) and expression (what you will become in life).

Here is a chart reflecting the number value of the vowels and sometime vowels:

1	2	3	4	5	6	7	8	9
Α	-	-	-	Е	-	-	-	I
_	-	-	-	-	0	-	-	-
-	-	U	-	W*	-	γ*	-	-

• A **Y** is also a vowel when there is no other vowel in a syllable (Lynn or Carolyn) and when it is preceded by a vowel and sounded as one sound (Hayden). A **W** is treated as a vowel when it is preceded by a vowel and produces a single sound, as in Bradshaw.

In Edward Gibbon Wakefield's case, his Soul Urge was five (6+6+2=14, and 1+4=5).

Refer to the example earlier.

# **Soul Urge Number**

#### Number 1

You want to lead and direct, to work independent of supervision. You take pride in your abilities and want to be recognized for them. You may seek opportunities to display your strength and usefulness, wanting to create and originate. In your desire to manage the big picture and the main issues, you may often leave the details to others.

You're ambitious and determined, a leader seeking opportunities. There is a great deal of honesty and loyalty in your character. If You are very attainment oriented and driven to success. You are a loyal friend and strictly fair in your business dealings.

#### Negative

You dominate situations and people; the home, the spouse, the family and the business. Emotions aren't strong in your nature. You may, at times, be boastful and egotistic. You must avoid being too critical and impatient of trifles.

## Number 2

#### Positive

Your motivation is centered on friendships, partnerships, and companionship. You want to work with others as a part of a cooperative team. Leadership is not important to you, but making a contribution to the team effort is. You are willing to work hard to achieve a harmonious environment with sensitive, genial people.

In a positive sense, you are sympathetic, extremely concerned and devoted. You tend to be very sensitive towards others, always tactful and diplomatic. This element in your nature indicates that you are rather emotional. You are persuasive, but in a very quiet way, never forceful. You are the type that makes really close friendships because you are so affectionate and loving.

# Negative

You may be over-sensitive, with a delicate ego that is too easily hurt. You may be timid or fearful, too easygoing for your own good.

## Number 3

#### Positive

Your desire in life is personal expression, and you generally enjoy life to its fullest. You want to participate in an active social life and enjoy a large circle of friends. You want to be in the limelight, expressing your artistic or intellectual talents. Word skills may be your thing; speaking, writing, acting, or singing. In a positive sense, you're friendly, outgoing and always very social.

You have a decidedly upbeat attitude that is rarely discouraged. You also have a good mental and emotional balance.

You have intuitive insight, thus, very high creative and inspirational tendencies. Your truly outstanding trait is that of self-expression, regardless of the field of endeavor.

## Negative

On the negative side, you may become too easygoing and too optimistic, tending to scatter forces and accomplish very little. Often, you're a non-stop talker. Everyone has faults, but you don't appreciate having these pointed out.

#### Number 4

#### Positive

You are likely to strive for a stable life. You tend to follow a rather orderly pattern and systematic approach in your endeavors. You have an inner

desire to serve others in a methodical and diligent manner. You want to be in solid, conventional, and well-regulated activities, and you are somewhat disturbed by innovation and erratic or sudden changes.

Excellent at organizing, systematizing, and managing, you have a way of establishing order and maintaining it. You are responsible, reliable and in the final analysis, practical. Highly analytical, you can see your way through all sorts of situations and generally have a clear understanding of the issues. You are a very honest, sincere, and conscientious individual.

#### Negative

You are rigid, stubborn and somewhat narrow-minded. There is a tendency to hide your feelings, or to really not be aware of real feelings. Avoid being too rigid and stubborn in your thinking and try to always see the big picture rather than becoming to involved with the detail. Don't be afraid to take a chance once in awhile.

#### Number 5

# **Positive**

You would like to follow a life of freedom, excitement, adventure and unexpected happening. The idea of travel and freedom to roam intrigues you. You are very much the adventurer at heart. Not particularly concerned about your future or about getting ahead, you can seem superficial and unmotivated.

In a positive sense, you are very adaptable and versatile. You have a natural resourcefulness and enthusiasm that may mark you as progressive with a good mind and active imagination. You seem to have a natural inclination to be a pace-setter. You are attracted to the unusual and the fast paced.

## Negative

You may be overly restless and impatient at times. You may dislike the routine work that you are engaged in, and tend to jump from activity to activity, without ever finishing anything. You may have difficulty with responsibility. You don't want to be tied down to a relationship, and it may be hard to commit to one person.

#### Number 6

#### Positive

You would like to be appreciated for your ability to handle responsibility. Your home and family are likely to be a strong focus for you, perhaps the strongest focus of your life. Friendship, love, and affection are high on your list of priorities for a happy life. You have a lot of diplomatic tendencies in your makeup, as you are able to rectify and balance situations with an innate skill. You like working with people rather than by

yourself. It is extremely important for you to have harmony in your environment at all times.

Your positive side produces a huge capacity for responsibility; you are always there and ready to assume more than your share of the load. You are known for your generosity, understanding and deep sympathetic attitude. You are very giving of love, affection, and emotional support. You may have the inclination to teach or serve your community in other idealistic ways. You have natural abilities to help people. You are also likely to have artistic and creative leanings.

# <u>Negative</u>

With such a strong sympathetic attitude, it is easy to become too emotional. Sometimes the desires to render help can be over done, and it can become interfering and an attitude that is too protective, rather than helpful. You often find that people tend to take advantage of your very giving spirit. You may tend to repress your own needs so that you can cater to the demands from others. At times, there may be a tendency for becoming over-loaded with such demands, and as a result become resentful.

#### Number 7

#### Positive

You are very fond of reading, and retreating to periods of being alone and away from the disruptions of the outer world. You like to dream and develop you idealistic understandings, to study and analyze, to gain knowledge and wisdom. You may be too laid back and withdrawn to really succeed in the business world, and you will be much more comfortable in circumstances that are tolerant of your reserve, your analytical approach, and your desire to use your mind rather than your physical being.

You are very timid around people that you don't know very well, so much so at times that casual conversation and social situations can be strained. You tend to repress your emotions to the extent that some people have a good bit of difficulty understanding you. You tend to be very selective with friends and you don't easily adapt to new environments or to new people very quickly.

## Negative

You can be too much of an introvert and isolated from others.

## Number 8

## Positive

You have a natural flare for big business and the challenges imposed by the commercial world. Power, status and success are very important to you. You have strong urges to supervise, organize and lead. Material desires are also very pronounced. You have good executive abilities, and with these, confidence, energy and ambition.

Your mind is analytical and judgment sound; you're a good judge of material values and also human character. Self-controlled, you rarely let emotions cloud judgment. You are somewhat of an organizer at heart, and you like to keep those beneath you organized and on a proper track. This is a personality that wants to lead, not follow. You want to be known for your planning ability and solid judgment.

#### Negative

You're often dominating with an exacting attitude. You may have a tendency to be very rigid, sometimes stubborn.

#### Number 9

#### Positive

You want to give to others, usually in a humanitarian or philanthropic manner. You are highly motivated to give friendship, affection and love. And you are generous in giving of your knowledge and experience. You have very sharing urges, and you are likely to have a great deal to share. Your concern for others makes you a very sympathetic and generous person with a sensitive and compassionate nature.

You are able to view life in very broad and intuitive terms. You often express high ideals and an inspirational approach to life. If you are able to fully realize the potential of your motivation, you will be a very self-sacrificing person who is able to give freely without being concerned about any return or reward.

#### Negative

You may become too sensitive and tend to express emotions strongly at times. There can be significant conflict between higher aims and personal ambitions. You may resent the idea of giving all of the time and, in fact, you may reject the idea. You may often be disappointed in the lack of perfection in yourself and others.

# Number 11

#### Positive

Much of your thinking and interests relate to the abstract, the spiritual, and utopian dreams. You are motivated toward idealistic concepts, and the sharing of your ideas and concepts with humanity. You are not giving in a material or a practical sense, but rather one who desires to help mankind with a more abstract commodity such as religion, spiritualism, occult studies, or even psychic abilities.

You have a dream of the perfect world; you are highly idealistic and inspirational. Your inner strength and devotion to your beliefs are extremely strong. You have a very good mind that is especially well equipped to handle the higher, more abstract forms of thought.

#### Negative

You produce considerable amounts of nervous tension which is brought on by a very high level of awareness. You may be too sensitive and overly emotional. In some cases, these sensitivities and emotions are quite repressed, and this tends to add even more to the sense of nervousness in your makeup.

You're not a very practical person because of the extreme idealism; often, you have a degree of self-deception. You have a rather fixed idea of right and wrong which results in an attitude of inflexibility.

#### Number 22

#### Positive

You are a master builder. You would like to use your abilities in an important humanitarian undertaking, and have an innate desire to express the significant power you feel in a concrete manner, as a builder, engineer, diplomat, etc. In some way you want to make a considerable contribution to the world.

You have a broad, universal outlook with a rather practical and commonsense approach. You have especially high intelligence, with an unusual perception and awareness. This number often denotes a high degree of diplomatic abilities and high ideals. You are a very capable person and you may possess special leadership abilities that you can and should develop. People respect you and recognize your superior foresight and vision.

## Negative

You have a high degree of nervous energy and a tendency to be very dominating.

#### THE PERSONAL YEAR

The Personal Year is helpful in evaluating the trend of the coming calendar year. For a clue as to what lies ahead in the coming year, calculate your personal year using this formula:

First, reduce the **month** and **day** of your birth, your birthday, to a single digit. Using my birthday for example, June  $25^{th}$ , that single digit would be 4 (6+25 reduces to 6+7=13 which reduces to 4). If your month and day total comes to 11 or 22, the master numbers, in this instance, reduce the number to 2 and 4, respectively.

Next, reduce the year for which you are making the calculation to a single digit. The year 2004 would become 6.

Now, add the single digit representing your birthday to the single digit representing the year in question. Thus, 2004 is a 1 personal year for me.

Calculate your personal year and see the likely trend of events for the year:

# Personal Year 1. . . . A New Beginning In Your Life

The current year is the beginning of a new nine year cycle for you. It holds the promise of being an exciting new adventure, with life taking on new challenges that pave the way for the next cycle of nine years in your life. This is a time to clarify your goals and it is a time to act on them. Hard work may be necessary to get a new venture moving. Your physical strength will be up during this year, perhaps higher than it has been for some time, as you have some special needs for this extra energy. If you are unable or unwilling to answer the call to change and make the move in your life that appears necessary now, your prospects may be delayed until the next cycle begins in nine years. Because of this, you feel like an adventure, a major change in your life, something new.

New goals should be clearly set and worked toward, as this is really a new beginning of a nine year cycle and it is best not to dwell on the past at this time. This will be fairly easy for you to do because most of the problems and disappointments of the past will tend to disappear, leaving the way open for these new challenges. This is a great time; use it to its full advantage.

# Personal Year 2. . . . Development, cooperation, and waiting

This is a wait and see time; a year when you will find yourself in the background and very much in a stage of development. This is not a time to force the issue and try to move forward. It is a time for cooperation and building relationships that will benefit you in the future; a year for accumulating and collecting. Aggressiveness will cause problems now.

You must be prepared for delays, detours, stoppages and you must be patient. This is a time of small contribution, of helping, and details must be taken care of when they come up. You may give time and effort to further another's work. This year may be a test to your self-control and emotional sensitivities. This is a time to improve your abilities to work with others in a productive way and this can be difficult for you if you have chiefly worked alone in the past.

Keep calm, cool, and pleasant. You may experience a degree of nervous tension during this period; the two year brings a tendency to emotional extremes including depression. Very deep relationships with a person of the opposite sex (including marriage) may be more apt to occur during a 2 year. If married, there is apt to be a deepening of feeling in the relationship during a 2 year.

# Personal Year 3. . . . Social expansion & creative successes

This is a social, happy year, and it generally tends to exude bright and cheerful vibrations. This is a year when you will want to check up on old friends and broaden your social circle to include some new ones. Romance and love affairs may bloom. You are inclined to live life to its fullest now, even if you have to pay the consequences later on.

You are likely to be more sociable and the bridle of responsibility will seem to be loosened a bit. You are inclined to scatter your energies and undertake too many things at the same time. You can safely take some time off to enjoy yourself, but resist the temptation to completely give in to having a good time; keep your goals in mind.

A 3 personal year is a good time to expand personal creative talents, particularly those related to the arts and verbal skills. Recognition in this regard is likely this year.

While this can be a happy year as far as personal expression and activities are concerned, it may be a disastrous year on the business scene. A generally frivolous attitude in that environment can cause rash decisions and impractical, unfinished schemes. This is not likely to be a very good year for your finances, and it is fortunate that the next year is designed to compensate these effects.

# Personal Year 4. . . . Hard work and slow, but steady progress

The previous year, frivolity, will now be truly forgotten, as the facts of life are clearly spelled out. This is a year of hard work and effort when one must knuckle down to the task at hand. This is a year of digging in and hoeing, a reestablishment of self-control. In many ways, however, it is a frustrating year, when considerable effort fails to produce dramatic results. One step forward and two back may seem to be the case most of the time.

This is an organizational period and you must look at your current and past performance in a very hard light. It is a time to get organized and bring yourself down to earth. Responsibilities will increase, magnifying the effort and hard work needed to maintain a reasonable level of existence. Health and diet should be carefully scrutinized this year, as physical resistance is low and you may become more susceptible to ailments. A tidying up of affairs is now in order, as you must make ready for a very hectic year ahead.

# Personal Year 5. . . . Feeling Loose and Free

This is a year of major change in your life. Horizons are expanded and growth is less impeded. You are likely to make a number of new friends this year as social activities are expanded. This is a year that has

brought/will bring excitement and adventure and a good deal more freedom than you have experienced in recent years.

This is a time for feeling loose and free; for moving away from old routines in a constructive way. If you became bogged down during this past year, now is the time to seek out new directions.

The problem with a personal year 5 is the tendency to scatter energies in all directions. Your ability to do detail work is limited now and it will make you feel very confined. In all, this a free-wheeling year that is liable to bring major changes to your life; your career, your family situation, and your residence.

# Personal Year 6. . . . Love, Family, Home and Responsibility

This year tends to bring on increasing responsibilities and a deepening concern for family, loved ones, and close friends. It may be a year when you are called on to make some adjustments in your life, or sacrifices for those in your family or close circle of friends.

This is not really a year for major accomplishments, but rather a time to handle those adjustments to your plans that may be necessary or required, and for finishing projects started earlier. Endeavors will seem to be moving very slowly throughout this year. You should expect to have a very good year so far as family, domestic, and romantic matters are concerned. Your emotional interchange with those who are close to you should be at its very best during this particular year. The important thing is to be willing to accept a slower pace and be sure to enjoy the peace and harmony that the personal year number 6 will bring.

# Personal Year 7. . . . a time for analysis and understanding

This year promises to be a very introspective year, a period of some pause and reflection between very active years in your life. This year should provide you with some time for gaining an understanding of yourself, and you are apt to spend a good bit of time in contemplation. It will be good for you to spend time alone or in quiet activities, as free from outside responsibilities as possible. You should try to get away from business pressures. This is a good year to reflect on the past and plan for the future. This will not tend to be a year of action, but rather a year of waiting and development. One of the most profitable activities in which to engage during a personal year 7 is that of study and writing, for your ability to think clearly, analyze, and integrate your thoughts is peaked now. Your capacity for research and understanding is at its very best. It would not be unusual for you to take on an appearance of coolness and detachment during this year. Certainly, it is best for you to focus your attention on your talents and your skills in an effort to use the time you

have now to refine them. Perhaps you can find the time to gain more education, or simply spend free time in reflection and meditation.

# Personal Year 8. . . . Attainment and capital gains

This is your power year, a period when you can make important strides in you life. Coming after a very slow and introspective period (the personal year 7), you may start feeling some stirrings of ambitions. This is a year of big decisions and major achievements. Activity is your keynote now, and you will find yourself very much involved and occupied.

Opportunities for advancement and recognition for past and current work is likely to come about during this year. You have things going for you so long as you take advantage and act. It is easy for you to branch out and expand in a businesslike manner. If you are at all inclined, this is the time to exude self-confidence and authority, because others will tend to be receptive to your leadership and control. Your power and status potential is at a peak of the nine years personal epicycle that concludes at the end of the next year.

# Personal Year 9. . . . Reflection and Reaching Out

This is a year of completions, ending, and a time when you are apt to take inventory of the many factors in your life, some of which you are no doubt proud of, and others that you may want to change. You are likely to scrutinize old values, ideals, and the ideas that you thought were important.

This should be a time when you become more involved with other's and giving may become more important than merely looking out for yourself. You may also become aware of a lure to commune with nature, as escapist desires become much stronger than in the past. A lot of things that you have been working for should come to completion during this year, and you will tend to clear the deck for the beginning of a new nine year cycle.

#### THE CHALLENGE NUMBERS

Lets face it. Life is not a bed of roses. There are hurdles to get over and mountains to climb. In numerology, the roadblocks faced in life are called the **challenges**. The Challenge is a weak point in our Life Path. It is the weak link in the chain of life which must be overcome for us to grow and develop properly. We learn by meeting the challenge, and dealing with it effectively. The nature of the challenge is shown in the Life Path.

Actually, there are three challenges included in your life path. Two that will be called sub-challenges and then a main challenge. Each challenge is represented by a number, and the number reflects the tone of the

confrontation. We will again use the month, the day and the year of birth in this calculation. The first step will be to reduce each of these components to a **single digit** base number. Thus, December 14, 1968, would become month 3 (1+2), day 5 (1+4), and year 6 (1+9+6+8=24; 2+4=6).

The first sub challenge is derived by finding the <u>difference</u> between the month and day of birth. In our example, this would be 5-3=2 first sub challenge.

The second sub challenge is identified by finding the difference between the day of birth and the year of birth. The example would be 6-5=1; the number 1 for a second sub challenge.

The final challenge is identified by finding the difference between the first and second sub challenge. Our example would have a 2-1=1 challenge.

The numbers behind the final challenge will each be a potential problem during half your life. The first sub challenge occurs during the first part of life, and the second sub challenge occurs during the second half of life.

The Final Challenge is a potential weakness and problem throughout the entire life.

If you correctly reduced the month, day and year to a single digit (no master number), the difference between the two numbers must be a number from 0 to 8. Here are readings of each of the challenges:

# Challenge 0

The obstacles in life during this period may not be many, or they may be coming from all directions. The challenge of the number 0 is called the challenge of choice. You are likely to have difficulty acting on your preferences. You are perfectly capable of analyzing a situation and realistically comparing possible solutions. The challenge of 0 may make this decision to requisite action very difficult for you. To overcome the challenge, it should be understood that you must have the faith in your own abilities to the extent that you can analyze, make a choice, then act with ease and comfort. This challenge is one that is normally found on in a highly evolved individual and an individual who can be expected to make your own decisions about life and know where the pitfalls lie. To meet the challenge of 0 you must have control of all of the numbers; the independence of 1, the diplomacy of 2, the optimism of 3, the application of 4, the understanding of 5, the adjustment of 6, the wisdom of the 7, the constructive power of 8, the universal service of 9. In other words, to meet the challenge of 0 in your life, you must be a very gifted person.

# **Challenge 1**

The challenge of the number 1 suggests you are likely to feel dominated by others with strong influence, probably parents or others with whom you compete. The challenge of the number 1 is avoidance of being dominated, but doing so in a fashion that does not impose upon or dominate others. With the challenge of the number 1 it's extremely important to control the ego, and avoid the negative aspect of individuality. False pride, pomposity, egotism are issues to be guarded against now. You are now in a period of learning about self-reliance and how to solve your own problems independently. Learn to rely on your wit and your intelligence, avoiding argumentation and resentfulness.

# Challenge 2

The challenge of the number 2 suggests you are likely to be extremely sensitive and more or less brimming with feeling. You find it hard to work with people because you are afraid of being criticized or, worse yet, ignored. You have a good deal of self-doubt and a definite lack of self confidence. There is a tendency to constantly worry about the opinion that others have of you. There is likewise a tendency to use this sensitivity in a negative way. Used more positively, your keen sensitivities can be a significant strength, allowing you to be acutely aware of so much of with others rarely perceive. But during this period it will be hard for you to assert yourself and make decisions. You will shy away from positions of authority and responsibility. This can be a time for accumulation of wisdom, as you show patience and pay close attention to detail. Try not to take things too personally. Friendships are a source of deep satisfaction to you during this time. Respect your ability to compromise and grow in a quiet way. Do not let details overwhelm you and keep you from seeing the big picture. Plan for slow growth rather than immediate gain.

# **Challenge 3**

The challenge of the number 3 suggests a tendency to scatter talents and try to do too many things at once during this period of your life. You may have a fine imagination and a gift for words, but you find it hard to express yourself effectively. Though you know you should cultivate friends and be sociable, you tend to be somewhat reclusive and defensive. You may have a talent for writing, acting, or speaking, but you are reluctant to involve yourself with these sorts of activities because you do not like to face the prospects of criticism. You are expressing yourself with a negative emphasis, hiding your creative talents behind a wall of shyness. You must strive to develop yourself in a social and in a creative sense. It's hard to just relax and have a good time.

# **Challenge 4**

The challenge of the number 4 suggests a difficulty with work. Either you simply don't like to work, don't like the work you are forced to do, or you have difficulty completing tasks and working efficiently. You may be careless and lack a sense of practicality. Often this challenge makes it hard to see the forest for the trees when it comes to work and obligations. It is important for you to learn patience, understanding and the practical, common sense way of dealing with mundane responsibilities. You may also need to learn the importance of working within the parameters of a time schedule.

# **Challenge 5**

The challenge of the number 5 suggests that you are to overcome the desire and the demand for freedom at any price. This challenge number is very difficult to handle because, with it, you are apt to be extremely impulsive; you want to try everything at least once, and you are rather unstable in many ways. Change may be necessary for you, but it must be handled in an intelligent and controlled manner. Make certain that the desire for change is not associated with a desire to escape responsibility. In any event, this challenge requires that you learn, as early as possible in life, to control your impulses.

# Challenge 6

The challenge of the number 6 suggests that you may have difficulties because of your insistence on extremely high standards. You are apt to appear authoritarian, intolerant, and a little self-righteous. It is hard for others to live up to your standards of expectation. Many of your considerable talents for balancing situations are used with a negative emphasis. Avoid creating friction in relationships and strive for harmony. You must learn that your diplomatic approach will only be appreciated if others feel that their needs are met, their desires understood, their point of view respected. You must learn to allow others to set their own pace and make their own rules. This challenge requires learning, unconditional love and acceptance.

# Challenge 7

The challenge of the number 7 suggests difficulties brought on by your discomfort with your own inner feelings; feelings of a reserved attitude and unexpressed emotions. You may feel unable to better your situation, or to change and improve circumstances. There is a tendency with this challenge to be a chronic critic and complainer, while offering little or nothing as a suggestion to correct the faults that are found. The sense of

discrimination is strong, but it is expressed in a very negative way. A sense of false pride tends to keep your real feelings buried beneath the surface. Avoid a tendency to approach people in a very reserved and aloof way, and develop faith in your own abilities rather than dwelling on your limitations. Marriage is apt to be delayed until this challenge is overcome, or if married, this can be a difficult time.

# **Challenge 8**

The challenge of the number 8 suggests an early life assumption that satisfaction can only be gained and safeguarded by adequate material accumulation. There's likely to be considerable effort exerted to attain money, status, and power, sometimes to the exclusion of almost all else. The number 8 challenge indicates that you are/were using your concern with material matters with negative emphasis. You must learn to use your ability to gain money, status and power with a sense of proportion and an awareness of the relation of material affairs to other matters, and deal with the material world in a comfortable manner.

#### THE ESSENCES

An additional cycle used in numerology is associated with the name rather than the birth date. This timing method uses the letters in the name to arrive at this important cycle called the Essences. The transit begins at birth with the first letter of your first name, the first letter of your middle name, and the first letter of your last name, their values totalled, defining the tone of the year from birth to age one. Then the transits continue, finding the Essence of each year of the life. Calculate the transits on the worksheet provided in the Appendix.

You'll need to recall those letter values, so here is a chart for easy reference:

1	2	3	4	5	6	7	8	9
Α	В	С	D	Е	F	G	Н	I
J	K	L	М	N	0	Р	Q	R
S	Т	U	V	W	X	Υ	Z	-

You must place the letters of your name on this worksheet. Begin with the first letter of your first name. Each letter in this name will last a number of years (from 1 to 9) depending on its numerology number designation. Thus, if the first name was David, a D would be placed under the F (for First Name) column on each of the first 4 years or rows. The value of D is 4. The next year (row) would get a single A, then V for 4 years, I for the next 9, and finally, the last D for the next 4. This would fill the F column

for the first 21 years. Then, you would start over and repeat the process using this first name. If you were going to progress the chart through age 60, a third set of the letter in David would be used which would actually progress the chart (under the letter F) to age 63.

Next, you would follow this procedure under the M for middle name. The name Michael would have the first 4 years filled with the letter M, the 9 years of I, 3 of C, 8 of H, 1 A, 5 Es, and 3 Ls. Since there are 33 years filled with this name, only two sets would be used to progress the middle name past age 60.

Finally, the last name would be set in using the same process.

After the name has been set on the chart in this fashion, the next task is to fill in the 'Letter Value' column. For the name David Michael McClain, the first year would show D M M each having a value of 4. So 4 would be placed under F, M, and L. This process would be followed for each year.

Under the column entitled 'essence of transit', total the letter value (for the first, middle and last name letters) for each year, and show the single digit or master number which is derived from this total. This is the Essence for the year (birthday to birthday).

#### **Essence Definitions**

#### 1 Essence

The Essence of the number 1 signals a time when you are developing new ideas and enlarging on projects that have been around for a while. This will be a period that will bring the opportunity for marked increase in your personal status and recognition. This Essence is often an opportunity to turn a life-long avocation into a money-making vocation. Many new friends and business associations are likely now. Your status in the world may grow, and you may get some recognition for your achievements. One thing may lead to another and you may find many alterations in your life during this essence.

#### if this essence remains in effect for 3 years or more...

Because this Essence is in effect for such a long period of time, its meaning with regard to change is somewhat confusing. In some cases, this foretells of a series of dramatic ongoing changes, or one considerable change with many years between the beginning and the finale of the alteration.

## with a 1 personal year...

The effects of this Essence in a number 1 Personal Year are greatly amplified. It will be very hard for you to choose between the opportunities during this period. You are apt to run into some frustrating situations. You need to be prepared to make careful choices now with an eye on the future value of decisions as opposed to what feels good at the moment.

#### 2 Essence

The Essence of the number 2 is a cycle when everything seems to be consolidating and this is decidedly a period of growth. But often the growth is not without reversals, and there is much emphasis on cooperation and patience. You may find yourself developing relationships, or trying very hard to develop a good relationship. You will likely find yourself working with and hopefully helping others. Conversely, you can expect to get much help from others now. This is apt to be a period of slow development, delays, roadblocks, and obstacles, and the period can be one of great frustration for you in certain ways. There can be a lot of emotions associated with the 2 Essence, and you may become much more sensitive now. Lowered energy and vitality may be experienced throughout the cycle. Confrontations are difficult now, but often necessary.

## if this essence remains in effect for 3 years or more...

The 2 Essence remaining in your lifepath for a lengthy period may produce nervous tension due to prolonged high emotions and/or deep frustration due to the delays and problems encountered.

# with a 2 personal year...

When this Essence is in effect during a number 2 personal year, emotional conflicts may heighten the tension, upset the sensitivity, and even affect the health. Self-control and a disciplined approach can help maintain a harmonious balance. Plan to move forward slowly, despite periodic detours.

#### 3 Essence

The Essence of the number 3 is a very special time when you feel and experience the joy of living to its utmost. This is a very enjoyable time in your life. You are apt to be making a lot of new friends and renewing old friendships. This is a time for love affairs and expanding the social circle; many activities and good times. You are likely to travel a good bit during this Essence.

The other factor that is associated with the Essence of 3 is that of expression. This is a very good time for you to be interested in the development of creative work, particularly works that involve words, singing, acting, or writing. This should be a busy time advancing your talents with classes or study, or for starting or expanding business ventures involving creative endeavors.

Optimism is the operative word for this cycle. This is a very pleasant period, but you must beware of a tendency now to scatter your energies.

# when the period extends for 3 years or more...

This long period may allow a significant creative development in a positive and happy time of your life.

#### with 3 Personal year...

Since you are enjoying this three Essence along with a 3 personal year, you may have a great deal of difficulty maintaining your sense of self-discipline. Having too much fun can be a long term mistake. Likewise, this is probably to be a very restless time for you as you may be on the go a great deal.

#### 4 Essence

During this number 4 Essence the events and opportunities coming your way will emphasize a more serious tone. This is a time to buckle down and put the affairs of your life in order. Your attention is apt to be drawn to more practical interests such as dealing with financial matters and your work. The development of opportunities in your life now requires a practical and realistic view along with a lot of hard work, effort, determination and discipline. In many ways you are apt to feel a sense of restriction in your life for a while and you may face some setbacks as the pace of progress slows somewhat. This is a building time and the building is sometimes painfully slow.

#### if this essence is in effect for 3 years or more...

Since the 4 essence is with you for several years, this period is apt to feel like a never ending struggle. Yet significant gains or accomplishments may be the reward for your hard work and determination during this essence.

## with personal year 4...

Since this Essence accompanies a personal year number 4, the feelings of being in a rut are not uncommon. The repressive conditions may be in your mind more than in the work at hand, but the feeling will be there just the same. Be objective about the obstacles you really face because it may be that they are not as formidable as you think.

#### 5 Essence

With the Essence of the number 5 you will find that the events and opportunities coming your way will emphasize freedom and change. Your experiences during this cycle will be sudden, unusual, and unexpected, and you are apt to be dealing with constantly changing circumstances and activities. The ventures in your life now will stress progress, new ideas, and probably new friends. Travel is very likely. There should be a caution here to avoid tendencies to go off in every direction and scatter your forces. Choose your opportunities carefully and thoughtfully. Freedom is great, but be sure to use it in constructive ways that help others and yourself.

## if this essence is in effect for 3 or more years

A long period of 5 Essence suggests that it is apt to be a very freewheeling period. Unless some self-discipline is exercised, most of the energy is likely to be scattered with little accomplishment. If this scattering occurs, there may be feelings of deep frustration.

## the 5 essence during a 5 personal year...

This may be a period when you are too free-wheeling and unrestrained. Constant change is not always constant growth and development. Try to maintain a balanced and thoughtful approach to problems and opportunities. Control self-centered interests.

#### 6 Essence

The 6 Essence focuses circumstances and opportunities on the home, the family, and largely on domestic matters. This time is associated with responsibility, but usually the job is close to home or involving those nearest to you, including your close friends. If you are single, this Essence is a very good time for marriage; if married, this is a good time for your marriage. It is a good time to surface any problems that may exist in the marriage and deal with them before they become more serious. This is also a time for children, and it may be a time to have a child. The 6 essence also may and often does involve you in service to your community in some way; assuming responsibility for those outside your immediate family. This is more common if you are older and the need for your services in the immediate family is not apparent.

# if 6 essence extends for three years or longer

The idea of intense responsibility is very much a part of your life during this period. Ideally, you will accept responsibilities and thrive in its execution. Resistance to duty now may impart a sense of suppression or isolation. On the other hand, if you meet challenges now, you are apt to

become handsomely repaid with love and the devotion of those close to you.

#### with a 6 personal year

Responsibilities may never seem greater, but the rewards for accepting obligations and meeting the test may never be greater either. This is a year when feeling emotions and sharing them with someone close to you can help the family or community grow stronger and more cohesive. This may be a time when the size of your family grows larger.

## 7 Essence

During the essence of the number 7, many of the events in your life now will often involve study, a sense of isolation, and an inwardly focused attitude toward yourself. A time of looking for an understanding of fundamentals and pursuing new interests has arrived. You are likely to find yourself withdrawing for a time of reflection and perhaps even meditation, hopefully comfortable with a chance for repose.

# if the 7 essence is in effect for 3 years or more...

Since the 7 essence is to be with you for a while, look forward to a time of internality and spiritual growth. You may grow away from others and become much more introspective.

## with a 7 personal year

This can be a period when you become very moody and withdrawn. You may have to force yourself to be social because this seems like an aspect of life that is not important now. While you may actually enjoy your solitude, guard against signs of depression.

#### 8 Essence

The number 8 essence suggests that the trend of events will be pointed toward getting ahead in a material sense and basically taking care of business. This essence normally marks a period when the business and professional reputation is enhanced and ripens. You are apt to reap financial gain now, building or expanding current ventures. Common sense and good judgments will help you achieve goals and make some real progress. This is apt to be a period when you work very hard.

## for periods of 8 Essence exceeding 3 years...

This long period 8 essence may be an indication that you are very focused on issues of the career, power, and status. You may have to be reminded to stop occasionally to "smell the roses."

#### with 8 Personal Year

When the 8 essence is joined by an 8 personal year, the stress of your devotion to "getting ahead" can be great. While this is an important period for you, relative to your career, your power and status, it is also a time that can take a toll on other aspects of your life.

#### 9 Essence

With the Essence of the number 9, life will tend to have a very dramatic or emotional flair. Your feelings and reactions to events will be very acute. Often this Essence denotes the ending to a significant endeavor, and a marked change in interests of some kind. Usually, additional freedom is a by-product of the concluding affair. If you are single, there is likely to be an intense or emotional romance. Frequently, this Essence shows involvement with humanitarian endeavors. Endings now may lead to a more useful life.

# for periods of 9 Essence exceeding 3 years...

The fact that this is such a long period of 9 essence suggests that it is apt to be a very extended period of passionate feelings, a long drawn out love affair with a prolonged ending, or perhaps a sustained effort of some sort.

### with a 9 personal year....

This may be an emotionally draining year which ends with great difficulty. Clear thinking will be difficult but it is a must.

#### Footnote:

For the Essences of the number 11 and 22, refer to 2 and 4 respectively. However, the 11 Essence has a very strong spiritual overtone about it, while the 22 Essence may signal a time of significant achievement or venture.

## **PINNACLE PHASES**

We are all inherently subject to major changes in our lives just as surely as we are subject to death and taxes. Numerology attempts to project major life changes and calls these monumental turns in the road, **pinnacles**. If it weren't for these big transformations in life, the highly successful would become apathetic, and those struggling would soon feel totally hopeless. Pinnacles in our lives give us the necessary change of pace and direction that is stimulating and hopeful. Pinnacles show the direction that progress will lead us.

A pinnacle is an experience occurring over a specific time in our life. These pinnacle periods have been likened to the four seasons. The first pinnacle is in the spring of life. The second covering years of family raising and responsibility represents summer. The third covering middle-age and growing maturity of judgment represents the autumn of life, and the forth, consolidating the experiences of life, is represented by winter.

Each pinnacle is represented by a number and the number reflects the tone of the period. The pinnacle number is written in the birth date. We will use the month, the day and the year of birth in this calculation. The first step will be to reduce each of these components to a single digit base number or master number. Thus, December 14, 1968, would become month 3(1+2), day 5(1+4), and year 6(1+9+6+8=24; 2+4=6).

The first period is derived from the adding the month and day of birth. In our example, this would be 3+5=8 first pinnacle.

The second pinnacle is identified by adding the day of birth with the year of birth. The example would be 5+6=11; the master number 11 for a second pinnacle.

The third pinnacle is identified by adding the first and second pinnacle. Our example would have an 8+11=19 or 1 third pinnacle.

The fourth pinnacle is identified by adding the month and the year. Our example would produce a 3+6=9 fourth pinnacle.

The timing of pinnacles varies for each of the first nine Life Path numbers. The timing for the master number 11 is the same a Life Path 2, and the master number 22 is same as the Life Path 4. Here is a chart for determining the timing of pinnacles keyed to your Life Path number:

Life Path #	1st Pinnacle	2nd Pinnacle	3rd Pinnacle	Final Pinnacle
1	0-35	35-44	44-53	53 & beyond
2/11	0-34	34-43	43-52	52 & beyond
3	0-33	33-42	42-51	51& beyond
4/22	0-32	32-41	41-50	50 & beyond
5	0-31	31-40	40-49	49 & beyond
6	0-30	30-39	39-48	48 & behond
7	0-29	29-38	38-47	47 & beyond
8	0-28	28-37	37-46	46 & beyond
9	0-27	27-36	36-45	45 & beyond

# **Pinnacle Meanings**

#### The 1 Pinnacle

The influence of the number 1 pinnacle is a drive for independence; the desire to express one's individuality using original ideals; leading and directing others, attaining achievements and being recognized for them.

# First Pinnacle...1

With a number 1 first pinnacle, most of your youth was probably spent learning how to use original ideas, how to lead, how to rely on yourself without being egotistical, stubborn, self-centered or dominating. This is a period to learn leadership and it may not product the opportunities you would like. It is primarily a learning time.

# Second/Third Pinnacle...1

With the second pinnacle and the third pinnacle, providing number 1 energies, a degree of aggressiveness becomes apparent in your demeanor. Your ability to get ahead and develop your talents is limited only by your own initiative. Your achievements are likely to very apparent to the public and a sense of independence allows you to assume a leadership role

#### Fourth Pinnacle...1

With the number 1 energies imposing itself on the latter stages of your life, any desire to retire or slow down will be unfulfilled. Challenges and changes will mark this part of your life. Responsibilities and accomplishments will be based on the ability to lead, direct, and express your own individuality and original ideas.

## The 2 Pinnacle

The general emphasis of the number 2 pinnacle is that of friendliness, cooperation and harmony. You are apt to be a very sensitive person during this pinnacle, even if sensitivity is not indicated in your basic makeup. The 2 shows patience and attention to detail. You are tactful and cooperative, and willing to work with relatively little recognition.

#### First Pinnacle...2

Since this pinnacle is experienced early in your life, it may tend to make you an over-sensitive child, and you may be easily hurt or offended. You may experience early difficulties with expression, both verbal and emotional. Your mother is apt to be the stronger influence in your life throughout this period.

# Second/Third Pinnacle...2

Your accomplishments during this productive period of your life will greatly depend on your abilities to work with other people, promote harmony, and show patience and a willingness to wait for credit due based on your contributions. The work you do may be very detailed and demanding during this period.

## Fourth Pinnacle...2

This latter part of your life should be harmonious whether you are retired or continue to work. The key to fulfilment will be patience, tact, and cooperation, and you will find it necessary to control a tendency toward sensitivity.

## The 3 Pinnacle

The general effect of the number 3 pinnacle is one of light, enjoyable activities. Travel, social activities, friends, and entertainment are much a part of your life during this pinnacle. Your nature is more affectionate and outgoing. Personal expression is developed, particularly verbal expression. Any latent artistic or creative talents are apt to be exposed now. Life seems to flow toward you during a 3 pinnacle, thoughts are of the present, not so much the future nor the past. Being with people and having fun is essential. Attitudes are youthful; easy come, easy go. Variety in work and play is likely. Money is not a concern so long as you can get by. Thinking, using your imagination, dreaming, these are all a large part of this period.

#### First Pinnacle...3

This is a difficult number to handle on the first pinnacle, for while there may be many opportunities to develop artistic or creative potential, you may not recognize them or be willing to work as hard as may be required for the development of these opportunities. There is a tendency to scatter energies and work on the wrong ideas. You may be too busy having fun to worry about the future.

# Second/Third Pinnacle...3

With the number 3 directing activities of the second or third pinnacle, responsibilities and accomplishments will be greatly dependent on social demeanor and general influence. This pinnacle may bring about opportunity for writing, speaking, interior designing, or some form of participation in the entertainment field. Imagination and feelings are stimulated.

# 4th Pinnacle...3

There is a good possibility for much travel, social activity and entertainment. This transit usually promises freedom from financial worry in the later years. While there is a tendency to drift in relative comfort, this is a time when you can be at your creative best.

## The 4 Pinnacle

The general influence of the number 4 pinnacle is that of a practical, realistic approach to life. This pinnacle demands a higher degree of order, system and organization. You tend to adopt a very conscientious and dependable response. Hard work and determined effort mark your attitude now. It seems as though you have an emotional need for work and truly thrive on it.

#### First Pinnacle...4

With the 4 influence in your first pinnacle, this can be a demanding period in with you are required to work due to economic circumstances, or in which you are a highly motivated person in your pursuit of education. In either event, you may not be so active in normal youthful activities because of your work schedule.

# Second/Third Pinnacle...4

With the number 4 second or third pinnacle, your ability to get ahead and achieve will no doubt be directly associated with your ability to out work the competition. Sometimes, this pinnacle brings a sense of economic limitation. This is likely to be a period of building and steady growth.

# 4th Pinnacle...4

With the number 4 fourth pinnacle, any desire to retire or slow down is not likely to be fulfilled. You are not the type to relax and enjoy leisure activities. It is important to work and feel the sense of accomplishment. In some unfortunate cases, economic conditions retard the ability to retire and enjoy life.

## The 5 Pinnacle

The general influence of the number 5 pinnacle is that of freedom and a lessening of responsibility. The tendency toward change, sudden and unexpected, may enter you life during these years. You may tend to develop more variety in your friends, your work duties, and in your outside interests. You will probably be adventurous and inclined to travel. Your financial circumstances, like everything else in this cycle, can change rapidly, both up and down.

### First Pinnacle...5

This can be a difficult first pinnacle because it is hard to find the stability to establish yourself and build a suitable foundation for latter in life. You are likely to experience moves that require you to change schools and friends. As a first pinnacle, the 5 has you living by your own set of rules, even if you are raised in a tradition family. You are more resourceful than others your age, but you may also tend to get into more trouble. Impulsiveness and a craving for independence are both strong in your nature during this period.

# Second/Third Pinnacle...5

With the number 5 pinnacle coming in mid-life, your ability to progress and achieve may be linked to your ability to function comfortably in a fluctuating environment. Your ability to adapt is very critical. The sense of freedom that you have now is very significant. The caution here is not to burn too many bridges because of your urge for freedom, travel, and adventure. You may need that job (or family) later on.

#### Fourth Pinnacle...5

With the fourth pinnacle showing 5, any desire to retire or slow down is not likely to be fulfilled. Change and variety will continue to keep your occupied and busy. If you are adaptable, this can be a very interesting time in your life. In most cases, a final pinnacle of 5 means freedom from financial or domestic worries.

#### The 6 Pinnacle

The general influence of the number 6 pinnacle is that of responsibilities, which may cause feelings of restriction. There is a close accord with home, family, children, and those in your environment for whom you feel responsible. You are apt to be involved in service work. The 6 vibrations have a very balancing effect on circumstances during this period. You are apt to receive many opportunities to serve and help others; teaching, counselling, and promoting harmony and diplomacy.

## The first Pinnacle...6

As a young person you are likely to find much duty and responsibility related to home and family. There may be strong feelings of limitations because of these pressures. Ill-advised marriages at an early age sometimes occur. It is a period for you to attend to the demands made on you for family and close friends rather than self. Often, the six pinnacle

suggests a person who is under the close dictates of a parent or of some authority figure.

# Second/Third Pinnacle...6

In this period of your life you can progress and achieve through the acceptance of increasing responsibility and through diplomatic acts. Home and family generally take precedence over business. It is a period for you to attend to the demands made on you for family and close friends rather than self. Often, the six pinnacle suggests a person who is under the close dictates of a parent or of some authority figure.

## Forth Pinnacle...6

As a last pinnacle, the 6 brings home the rewards and pleasures of family, security, and a close circle of friends. You are likely to find yourself giving back some of the nurturing and attention that you received in the early part of your life.

## The 7 Pinnacle

The general influence of the number 7 pinnacle is that of learning, investigating, and gaining skills. The number 7 is a somewhat introverted number and you will tend to be more of a loner while the pinnacle is in effect. You will be more comfortable working alone, and while marriage is not out of the question during this time, it will take a good bit of effort. You are apt to need periods of isolation to develop inner resources. This time will be especially marked by your lack of interest in material matters and little concern with practical affairs. This lack of concern can result in some financial shortages, limited material benefits, or possibly physical handicaps.

#### The First Pinnacle...7

With the number 7 first pinnacle, your circle of friends will not be large and you may have difficulty finding those you get along with. You are a serious student, motivated to learn by inner yearnings. Your youth may be a difficult and confusing time.

# Second/Third Pinnacle...7

Unless you are involved in some sort of research or possibly religious or philosophical endeavors, your progress during this pinnacle will be painfully slow. Your accomplishments are simply not the type that bring financial benefits as desired or expected. The benefits of this pinnacle are much deeper and internal.

#### Fourth Pinnacle...7

With a number 7 fourth pinnacle, your later years will be a quiet time when you will be chiefly involved with the development and refinement of your inner being. This is a time for study, development, and thinking about life in philosophical ways. During this period it may not be easy for you to find individuals with whom you truly feel comfortable unless your spouse has similar attitudes. Be patient for people will come to you for what you know.

## The 8 Pinnacle

The general influence of the number 8 pinnacle is that of business and commercial activity. There is a good deal of status orientation, success, and recognition associated with this number, and your financial circumstances and personal status are apt to change during this period, with improvements likely to occur. The tone of the period is more on the pragmatic side, stressing organizational and management abilities. Emotions tend not to be a motivating factor.

#### First Pinnacle...8

With the first pinnacle featuring the influence of the number 8, you may become involved in business or commercial activity at an early age and face some restriction on this account. You are a very practical thinker at a young age.

# Second/Third Pinnacle...8

During this period of your life you are apt to become very deeply involved with being an executive (or perhaps being married to one). You will begin to rely more on rational feelings and less on emotional impulses. You are more ambitious and success oriented.

## Fourth Pinnacle...8

With the number 8 fourth pinnacle, business and position will make retirement at the normal age unlikely. Circumstances in the later years may be an atmosphere of status and power.

## The 9 Pinnacle

The general influence of the number 9 is that of humanitarianism. Irrespective of which pinnacle of the life is colored by this influence. The trend will be to feel and express greater concern for those who are weaker, poorer, and less fortunate than yourself. The 9 denotes a degree of selflessness not show in any other number. The attitude is more humanistic, philanthropic and emotional.

#### First Pinnacle...9

Selflessness is often difficult for a young person, so the tone of this influence may be but barely detectable. You may be the type of person who is a friend to those who have few friends, a protector to those who might be the favorites of bullies, and generally a helping person in whatever way your talent permits. As you mature in our modern society, you are apt to embrace humanitarian political views and ideals.

# Second/Third Pinnacle...9

With the number 9 energy apparent on the second or third pinnacle, you may at times express very emotional and dramatic humanitarian views and ideals and become a champion of the need for tolerance and compassion in the world. You may possess a universal view of the world, working in ways that will benefit mankind.

#### Fourth Pinnacle...9

With the fourth pinnacle showing the number 9, your work in the latter part of life will tend to be more philanthropic. You will give much more of yourself, and if your financial circumstances permit, you'll give much that will benefit mankind. Certainly, you have a more caring attitude now than in earlier times of your life.

# The 11 Pinnacle

The number 11 is the first of the master numbers. The influence of this number is somewhat philosophic and illuminating. The 11 vibration has associations with spiritual and metaphysical studies and understanding. It has associations with the reformer, the philosopher, the welfare worker. With the number 11 energies influencing behavior in any stage of the life, there is a significant lessening of material goals and desires. In fact, thoughts may tend to stray a bit from the practical and the mundane, irrespective of the life path you may be following. A certain disassociation with mundane reality can cause problems with associates in the environment. Frequently, there is a heightened sense of nervous tension associated with this energy.

#### First Pinnacle...11

With the number 11 first pinnacle, you may identify with some of the foregoing, however, it is difficult for a young person to use the general influence productively. Thus, the background tone of this period is perhaps better communicated through use of the number 2 energies. The general emphasis of the number 2 pinnacle is that of friendliness, cooperation and harmony. You are apt to be a very sensitive person during this pinnacle, even if sensitivity is not indicated in your basic makeup.

The 2 shows patience and attention to detail. You are tactful and cooperative, and willing to work with relatively little recognition. Since this pinnacle is experienced early in your life, it may tend to make you an over-sensitive child, and you may be easily hurt or offended. You may experience early difficulties with expression, both verbal and emotional. Your mother is apt to be the stronger influence in your life throughout this period.

# Second/Third Pinnacle...11

With the 11 pinnacle occurring in the second or third stage of your life, it may take on much the same implications as the 2 pinnacles, however, responsibilities and accomplishments of significance will contain the tone of the inspirational nature of this number.

#### Fourth Pinnacle...11

With the 11 pinnacle occurring in the fourth stage of your life, your responsibilities and accomplishments of significance will contain the tone of the inspirational nature of this number, and it is probable that your work later in life or your retirement years will carry this influence.

#### The 22 Pinnacle

The general influence of the 22 pinnacle is one that many people cannot readily attain. This is the larger of the master numbers and the connotation of 22 is that of master builder. It inclines toward large-scale endeavors in business or government. It denotes vast influence and power. Both of the master numbers are highly idealistic, but the 22's expression of idealism is in obtaining practical goals and useful projects. At any stage of the life, the number 22 tends to create a significant degree of nervous tension in the individual.

## First Pinnacle...22

Young persons, except in very rare instances, are unable to use the general influence of the 22 productively. Therefore, the background tone of this pinnacle is more in tune with the number 4.

## Second/Third Pinnacle...22

With the mid-life 22 pinnacle, many great things are possible. Much depends on the life's development and preparation up to now, and whether you possess the capacity to bring about such endeavors. If you have not received the opportunity for education and developed sufficiently to anticipate the responsibilities of the master number, it's likely that the reduced number 4 will better describe the tone of this period.

# Fourth Pinnacle...22

If you have the capacity to achieve the statue of master builder, forecast by this pinnacle, business endeavors with idealistic ends will likely preclude retirement.

# Conclusion

Numerology plays an important and influential part in our lives. Understanding your personal numbers can ease the pressures and worries that are inherent in all our lives. You can get a sense for the future and receive answers to questions that have often never been asked.

What you so with your new found knowledge is up to you, but my recommendation is to share it with as many people as you can.

Appendix 1

# Essences Worksheet

Essences for				
Year	Age	Letter Tran	Letter nsit Value	Essence of Transits
(YYYY)	from-to	F M	L F M L	total = single digit
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=_
				=

# Essence Worksheet Example

Year	Age from-to			Essence of Transits
(YYYY)		F M L	F M L	
1970	0-1	TJT	2 1 2	5
1971	1-2	ТОТ	262	10 = 1
1972	2-3	EOE	5 6 5	16 = 7
1973	3-4	EOE	5 6 5	16 = 7
1974	4-5	EOE	5 6 5	16 = 7
1975	5-6	EOE	5 6 5	16 = 7
1976	6-7	EOE	5 6 5	16 = 7
1977	7-8	RHL	983	20 = 2
1978	8- 9	RHL	983	20 = 2
1979	9-10	RHL	983	20 = 2
1980	10-11	RHF	986	23 = 5
1981	11-12	RHF	986	23 = 5
1982	12-13	RHF	986	23 = 5
1983	13-14	RHF	986	23 = 5
1984	14-15	RHF	986	23 = 5
1985	15-16	RNF	986	23 = 5
1986	16-17	RNO	9 5 6	20 = 2
1987	17- 18	RNO	9 5 6	20 = 2
1988	18- 19	RNO	9 5 6	20 = 2
1989	19- 20	RNO	9 5 6	20 = 2

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