# FAQ: How Do I Write A Spell?

By Rin Daemoko http://www.occultforums.com/showthread.php?t=6299 Converted to Adobe by Sacred-Magick.Com | The Esoteric Library www.sacred-magick.com

Many people come to this forum and ask for spells to protect their loved ones, find a loved one, find a new job, find something they lost, or any other thing that one could conceive. Immediately, their request is turned down because we at OF have a strict no-spell-begging policy. So, then, instead of giving someone a fish so they can feed themselves for a day, let us teach someone how to fish so they can feed themselves for a lifetime (or more).

# ~Exploring Spellcraft~

First things first. What is the purpose of your spell? Think very heavily on this one because there is more to this questions than meets the eye. Do not just think about the spell's purpose, but also think about your motivation to work the spell. What drives you to do it? Is it unhealthy selfishness? Is it temporary anger? What?

The reason you need to understand the "what" and "why" of spellcrafting is that you need to be very clear on what it is you want. You also need a good reason for wanting it.

Otherwise, your spell will have the consistency of an essay written in crayon by a three year-old.

Meditate on your answer. Ask the why of the why until you feel you have reached the discernable source of your need for this spell. When you are absolutely certain, begin to seek out what correspondences could work to bring about the change that you desire.

Colours, herbs, oils, sigils, gods, goddesses, angels, demons, spirits, elements ... use metaphysical encyclopedias, magickal almanacs, Google. Make a long list of every correspondence that has to do with your goal.

Now that you have this list, find a common denominator over and above you spell's goal. For example, say you are wanting to write a healing spell. Well, in your list you would have correspondences from the element of Water, the goddess Kuan Yin, the Sun, rock crystal, et cetera. Say you pick the Sun as your secondary focal point. You would then go over your list and pick out everything that corresponds to both healing and the Sun.

This is how you begin to narrow down your list to a few key ingredients. You don't want the list to be very long at all, because then you'll have difficulty working in every correspondence to your spell. Narrow it down using practicality. How available are the things on your list? What can you get from a place like Walmart rather than an expensive occult store?

Personally, I narrow it down to four things:

A deity, spirit, angel, demon.

A type of incense.

A type of crystal or stone.

A sigil, glyph, or image.

Once I have these four things, I can begin to write out the spell itself, and then place it in a ritual.

So how is a ritual conducted? Why are spells done in ritual? Can spells be done without ritual? Let's answer each of these questions in no particular order (except, perhaps, backwards).

Can spells be done without ritual? Yes.

Why are spells done in ritual?

There are several answers to this question.

The one which appeals most to me is that the setting of ritual evokes an air of mystery and power which is instrumental in opening up those parts of your Mind which is connected to the greater All, the One, the Source, the Tao.

In the same way that shuffling cards in Tarot serves as a distraction for your conscious mind so that your unconscious mind can pick the right cards, in ritual one acts out the rites and parts simply because they are very necessary for preparing you to be open to the change that you want to make happen.

#### How is a ritual conducted?

In my experience, what one does first is they meditate, or they chant, or dance until they enter a trance-like state. This is a state in which your brain produces what are called alpha-waves. These waves have been known to speed up recovery from illness, reverse the effects of stress, as well as open the Mind to patterns.

For information on meditation, please see this thread <u>here</u>.

You want to prepare a special time and place for the ritual. This is because you are about to connect to the sacred, shifting your consciousness to a different radio station. It is much more effective if you feel that the time and the place are special.

Depending on your tradition, methodology, or personal preference, you may not perform the ritual as I'm explaining it here in the same way at all.

I do what I can to eliminate all possibility of distraction. I turn off the TV, radio, unplug the phone, shut down the computer, turn off my mobile, et cetera. I close and lock the doors, and the curtains, and before I turn out the lights, I light candles. Candles naturally create an atmosphere of mystery. We are not used to working by candlelight, so when you are surrounded by only candlelight, you can't help but feel that this time and place is special.

To add to the austerity, I usually light incense. It works best if this type of incense corresponds to your goal. If your incense is expensive, and you only want to use it for the spell itself, then go ahead and save it for now. Many Witches "smudge" sage. A smudge is a bundle of dried herbs which is lit and let to smoulder. The fumes from sage have purifying properties. It clears the area of unwanted energy. Others use Frankincense and/or Myrrh for this same purpose. I prefer Sandalwood.

Also to clear the space, and to re-enforce that this is a special time and place, some will ring an altar bell. Sometimes they ring it a certain number of times: 3, 6, 9, 12. Some walk around in a circle (clockwise in the Northern Hemisphere, counterclockwise in the Southern Hemisphere) as they ring the bell. They may also chant, or pray as they do so. You can pray anything from the Buddhist Four Immeasurables, to the Lord's Prayer, or perhaps the Charge of the Goddess/God.

Whatever feels right to you.

Take a few moments to feel the space. Reach out with your six senses (taste, touch, sight, sound, smell, and Mind) to experience the space. You're not looking for anything, you're simply experiencing it. Feel how mysterious, fragile, and charged the room feels.

At this point many will cast a Circle. There are several methods to doing this, from physically using a cord or chalk to mark the boundaries to the circle, to simply visualizing its perimeter. If you do not have a prefered way of cast a circle, here is a method from Real Magick.

Between Opening and Closing a Circle is when your spell is performed. After the spell is done, the Circle is closed, everything is put away, your blow out the candles (unless the spell requires otherwise), open the curtains ... basically you return everything to way it was.

Then, it is important to do something completely ordinary and engaging. Going for a walk, shopping, eating, laundry, TV.

Something. This is the act of grounding - of coming back to reality. Of re-focusing and reintegrating your Mind with the rest of the world.

# ~Spell Construction Example~

Alright, so let us pretend that we are going to perform a healing ritual for Matt. Let us also pretend that we have gone for a Solar influence and have decided that we will be using the following correspondences:

God: Apollo (who will be represented by a gold, white, or yellow candle)
Incense: Sandalwood Stone: Sunstone (not goldstone - there is a difference!)
Image: A picture of Matt (or a drawing, or a card with his full name and birthday)

Also, in our search for correspondences, we decided that we would draw a symbol on the picture we have of Matt to help amplify the magick.

So in the spell, we will call to Apollo to help raise, send, and sustain the healing energy. We will be using the smell of sandalwood to promote health of the mind and emotions (incense is associated with the Air Element which governs the Mind), we will be using the stone to carry our intent and energy in a solid, real form, and the picture will be used to make our target real to us as we are in ritual (a place "between worlds").

Before any of this, too, you will want to write out what you will say. If it helps you to remember your lines, you can make them rhyme. Rhyming is much fun, and delivers an extra oomph to your work, in my opinion.

First, we would call up the guy who's going to help us out with this. You can't start moving furniture until the help arrives, right?

So, you'd light the candle, and you'd call to Apollo. In your own words. It's proper to show respect, but don't sound like an idiot by gumming up your speech with grandiose terminology and lame attempts at Middle/Old English.

When calling to him, make sure to outline what it is you hope to accomplish (the ultimate goal), what it is you will be doing (your responsibilities) and what it is you wish for him to do (his

part). Don't make it too wordy. It doesn't have to be, "You will take X energy from Y plane and insert it using Z method into Matt's body at these specific places at these times." It can be a simple as, "I charge you with the care of Matt and his restoration to health from (this ailment)."

Next, I would focus on the picture of Matt and chant the intention of the spell. It helps to have a mantra prepared. "Heal Matt, Heal Matt, Heal Matt" will work. You can also get more specific. "Heal Matt's Flu, Heal Matt's Flu, Heal Matt's Flu." Chant this until it becomes automatic, rhythmic, and free-flowing. At this time, I would draw the symbol of the Sun over Matt's picture.

You can actually purchase gold gel pens, or even gold markers. You do not need them, but it certain would help to keep the Solar theme intact.

Placing the Sunstone in the center of the symbol of the Sun, I would then chant the mantra again, focusing on Matt and his wellbeing. You can also visualize energy coming from the candle (Apollo) and soaking into both the image (Matt) and the sunstone. Also, visualize white energy welling up from inside of you and streaming into both the image and the sunstone as well.

It is important that in your chanting you see Matt being healthy and well again. Make this image in your mind become a reality.

Your thoughts are things - they can (and hopefully, will in this case) manifest. When you feel you have sufficiently sent Matt this healing energy, thank Apollo and inform him that he may now depart, but be sure to ask him to watch over and help speed Matt along the road to recovery.

Pass the stone through the incense a few times, followed by the picture. These things are concrete attachments to your spell, to their healing energy, to Apollo and Matt. I would keep these things in a small bag, and then give the bag to Matt to keep under his pillow while he recovered.

This concludes the example of a spell construction. I should point out that after this is done, you would close your Circle and dismiss any elementals you called upon.

### ~Tools of the Trade~

Altar: The center of sacred rites. The place of sacrifice (not necessarily of living things). The place where one's magickal tools and other items needed for a Working cand be laid out. It can be permanent or portable. Altar placement is not a standard in religions like Wicca, however, some demand that the altar be a certain direction (usually East, North, or Center).

The Athame (ATH-e-may; a-THAM-ee; a-THAH-may; a-THAME. British pronunciation; ath-AY-mee) is one that you will hear mentioned over and over again. What is it? It is traditionally a black-handled knife (although in modern practice it can have any colour handle) that is an important symbol of the element of Air (or Fire, depending on your tradition). It is typically used to direct energy, draw a Circle, make pentagrams, cut or take down a Circle, et cetera.

It is a consecrated tool, not a cutting instrument. An athame is usually double-edged. Some Wiccans believe that if an athame draws blood, it is no longer fit to be used as a sacred tool. Some feel it should be a strictly personal tool, belong to and used by one witch. Others believe that an athame may be shared in class or coven situations.

The Bell (my favorite) is a tool used in casting, cleansing, and/or closing a Circle. Hand bells, struck bells, gongs, singing bells or bowls, and small chimes are all used as bells. A clear tone can

be cleansing. Also used to engage the sense of hearing when making magick. Certain tones have magickal correspondences and influences.

The Besom (From Old English besema or besma - a bundle of twigs) or broom is a tool which is used to cleanse an area by sweeping away all the negative influences. Literally and figuratively. In handfasting ceremonies, the couple "jumps the broom" to signify that they are setting up housekeeping and leaping into a new future together.

The Boline (or bolline) is a white-handled knife or small sickle. This is the tool which is used for more mundane work such as cord-cutting, scribing words or sigils on items, slicing food, harvesting herbs, et cetera. While the athame is used only to "cut energy," the boline is used for the cutting/chopping tasks.

It can be as simple as a steak knife, a paring knife, a jack knife, or even a hunting knife. This knife is usually single-edged. Some actually combine their athame and their boline into one blade, keeping it sharp and using it to cut mundane things as well as energy.

The Cauldron (from Old French caudron or chaudron, derived from Latin caldaria, a kettle for hot water). In English before 1330 it was called a caudrun, after it was a caldron or caudrona. A black metal pot used for various magickal purposes, traditionally it is made of cast-iron, has three legs, and a handle. Today, however, even floating candle holders will do (unless you plan to light fires in them).

It can be used for making brews or cooking. It is used to symbolize the womb and is often used in rebirthing ceremonies. It is also associated with the Water element. Traditionally used to restore the dead or bring fertility to the crops.

Chalice: From Greek kylix. This is a consecreated ritual cup which is often a stemmed goblet (although any shape can be used).

This, too, is used to symbolize the Water element, and is often used to hold the sacred libation.

The Cord is used as a tool in magickal acts such as binding or knotting and/or unknotting a spell to focus intent. It can be braided and/or in certain colours to indicate attainment of degrees.

Pentacles are disks with a pentragram inscribed on it. It is often used to symbolize the Earth element, and is sometimes used to hold cakes or bread. Some groups paint one side black and the other white, and it cabe used as both a shield and a magick mirror.

Staves (plural of Staff) are usually wooden rods the length of a cane or a walking stick or longer. They can be used as just walking sticks, and as a repository of magickal energy to aid in spellwork. Some think of the staff as a large wand while others feel that it is a separate kind of tool altogether. The staff is one of only two common tools which is supposed to touch the ground in normal use (the altar is the other).

The Sword is an edged blade longer than a dagger, usually greater than fourteen inches. It is used as a ceremonial weapon to defend the Circle from unwanted influences. Many groups have a group sword.

The Wand is a consecrated short stick used to store and/or manipulate energies and possibily to store spells. It can symbolize either the Fire or the Air element (depending on your tradition). It

can be made from any material such as wood, glass, crystal, plastic, metal, et cetera. It can be plain or fancy with pain, inscriptions, crystals, feathers, beads, or other decorations. Some traditions use a wand in situations were it would be inappropriate to use a blade.

# ~Basics of Magick: The Use of Color in Magick~

by Arwynn MacFeylnnd, MoonDancer, and Lady Badria

In magick, colors represent certain energies, goals, people and non-physical beings, such as deities or spiritual forces. For this reason, you should include candles, gemstones, cords and other objects of differing colors in your magick rituals. Colors also often have personal meanings for us. Anytime a person employs the symbolism inherent in colors, they are in effect using magick. Common examples of this can be found in such phrases as "green with envy", "black with rage", "feeling blue", "in the pink" and many more.

The particular symbolism of any given color may vary widely from source to source, and depending upon whether you are burning a candle, knotting a cord, draping an altar or creating a talisman. You will find that many books, such as Buckland?s Practical Candle Burning, offer different suggestions for colors when used in magick. In addition, there are also colors for astrological signs and planetary or elemental magick...

Some magickal systems use "flashing colors" - those that are complimentary, such as red and green - to create an optical illusion that appears to flash when placed together. Such "flashing colors" are said to have great power in attracting the corresponding magickal forces. "Flashing colors" can be used in almost any type of ritual or spell work where you will be using colors, particularly when the visual aspect of the color is important.

The following is only a guide. Experiment with magick and ritual and let your feelings about it determine your color choices.

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White: A balance of all colors; Spiritual enlightenment, cleansing, purity, consecration, healing, truth seeking. Used in Rituals involving lunar energy (represents the Maiden). May be substituted for any color candle.

Magickal Purpose: Purity, protection, the moon Personality: Spiritual, devoted, psychic, protective, open spaces, neatness Magickal Uses: Moon magick, divination, spirituality, protection, psychic powers, healing, truth,

peace

Element: Air Direction: East

Planet: Moon/Mutable Day: Monday/Mutable

Number: 0

Magickal Tool: Crystal ball, wand, cauldron, mirror, glass (scrying)

Scent/Oil: Sandalwood, Wormwood, Myrrh, Lemon Frankincense, Honeysuckle, Anise, Cedar Heliotrope, Betony, Lavender, Parsley, Thyme.

Plant/Herb: Rosemary, Woodruff, Mugwort, Marigold, Moonflower, Mustard, Rue, Sage, Tansy, St. Johns, Betony, Burdock, Mint, Fern, Elder Flower, Heather, Lilac, Lily, Mint, Dahlia, Gladiola

Wood: Birch, Elder, Almond, Hawthorn, Ash, White Heather, Cedar, Coconut Elm, Hazel, and Juniper.

Animal: Dove, Snowy Owl, Chameleon, Cat, Lizard, Magpie, Whale, Swan, Bear,

Hawk (perception), Lizard, Cat, Dog, Whale, Wolf, Praying Mantis

Stones: Opals, Clear Crystals, Mother-of-Pearl, Quartz, Moonstone, Pearl, Aquamarine, Agate

Geode Amethyst, Rose Quartz, Abalone.

Tarot: The Fool {New Beginnings}

God: Fati, Gou, Iah, Llmagah, Mah, Mani

Goddess: Al-fat, Anumati, Artemis, Ashima, Belili, Castillisto, Diana, Jerah, Levana, Luna, Re, Selene

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Silver: Removes negativity and encourages stability; dispels evil or negative influences; helps develop psychic abilities; attracts the influence of the Mother Goddess.

Magickal Purpose: Purity, Protection, Ice, Heavenly, Stars, Potential, The Cosmos. Personality: A person who wants attention, clean, trendy, sharp with soft edges, glitter Magickal uses: Moon magick, clairvoyance, divination(scrying), Astral travel, repelling spells.

ELEMENT: Air DIRECTION: East

PLANET: Moon/Mutable DAY: Monday/Mutable

MAGICKAL TOOL: Crystal ball, Glass, Wand, Cauldron, Mirror (good scrying tools)

SCENT / OIL: Sandalwood, Wormwood, Myrrh, Lemon Frankincense, Honeysuckle, Anise, Cedar Heliotrope, Betony, Lavender, Parsley, Thyme.

PLANT / HERB: Rosemary, Woodruff, Mugwort, Marigold, Moon Flower, Mustard, Rue, Sage, Tansy, St.Johns, Betony, Burdock, Mint, Fern, Elder Flower, Heather, Lilac, Lily, Mint, Dahlia, Gladiola.

WOOD: Birch, Elder, Almond, Hawthorn, Ash, White Heather, Cedar, Coconut Elm, Hazel, and Juniper.

ANIMAL: Dove, Snowy Owl, Chameleon, Cat, Lizard, Magpie, Whale, Swan, Bear,

Hawk(perception), Lizard, Cat, Dog, Whale, Wolf, Praying Mantis, Dolphin.

STONES: Silver, Opals, Clear Crystals, Mother-of-Pearl, Quartz, Moonstone, Pearl, Aquamarine, Agate, Geode, Amethyst, Rose Quartz, and Abalone

Tarot: The Moon {clarity}

GOD: Bannik, Evander, Odin, Shamash, Thoth

GODDESS: Adrste, Ashtoreth, Carmenta, Dione, Egeria, Filia Vocis, Gaia, Gwendydd, Inanna, Kwan Yin, Mari, Namagiri

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Grey: Neutral color useful when pondering complex issues during meditation; in magic, this color often sparks confusion; it also negates or neutralizes a negative influence.

Magickal Purpose: Neutral, calm, peace, darkness with light.

Personality: A balanced type that stays out of conflict, introverted, a loner, likes solitude, peace and quiet.

Magickal Uses: Water Magick, Moon Magick, balance, peace, patience, vision quests.

ELEMENT: Water DIRECTION: West

CHAKRA: Not attributed

PLANET: Moon DAY: Monday NUMBER: 6 and 1

MAGICKAL TOOL: Seashells, Scales, Chalice

SCENT / OIL: Ginseng, Jasmine, Comfrey, Mullein, Sandalwood, Vervain, Myrtle, Willow,

Wormwood, Heliotrope, Betony, Thyme, Basil, Chamomile, Myrrh, Lotus

PLANT / HERB: Clove, Hyssop, Oak Moss, St.Johns Wort, Rosemary, Yew, Cumin, Birch, Blackthorn, Feverfew.

WOOD: Oak, Alder

ANIMAL: Armadillo, Ass, Cat, Dolphin, Opossum, Snow Leopard, Weasel, Wolf, Chameleon, Lizards. Spider. Lion

STONES: Moonstone, Black Pearl, Abalone, Opals, Quartz, Onyx, Malachite and Rock Crystal.

TAROT: Hanged Man, threes

**GOD**: Terminus

GODDESS: Artemis, Carna, Diana, Liberta, Liberty

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Pink: Promotes romance and true love, friendship; standard color for rituals to draw affections; a color of femininity, honor, service, brings friendly, lively conversation to the dinner table.

Magickal Purpose: The hearts emotions, creativity, marriage, friendship, beauty, compassion, relationships, kinder, gentler then red

Personality: This person is a romantic at heart. Likes candlelight dinners and movies, always tries to find the good in everything and everybody, very friendly.

Magickal Uses: Love, beauty, friendships, partnerships, romance, attraction.

ELEMENT: Fire DIRECTION: South CHAKRA: Heart Chakra

PLANET: Venus DAY: Friday NUMBER: 1, 0

MAGICKAL TOOL: Wand, Cauldron

SCENT / OIL: Sandalwood, Rose, Apple Blossom, Gardenia, Jasmine, Lavender, Ginger Sweetpea, Tuberose, Strawberry, Apricot.

PLANT / HERB: Aztec Lily, Beans, Bishops Weed, Violets, Winter Cherry, Dropwort, Feverfew, Cotton Rose, Basil, Coriander, Crocus, Avocado, Ginseng, Kava-Kava, Ladies Mantle, Yarrow, Yerba

Santa, Maidenhair, Allspice, Pennyroyal.

WOOD: Orange, Olive, Peach, Sycamore, Pink Dogwood

ANIMAL: Cat, Dove, Sparrow, Deer, Conch, Clam and Oysters.

STONES: Pink Sapphire, Kunzite, Pink Tourmaline, Pink or Rose Quartz, Pink Diamonds, Pink Spinel, Pink Garnet, Ruby, Red Jasper, Emerald, Peridot, Aventurine.

TAROT: Sevens.

GOD: Amun Ra, Angus, Cupid, Kama

GODDESS: Anat, Aphrodite, Astarte, Belili, Belit-llanit, Benten, Cybele, Erzulie, Hathor, Ishtar, Isis, Venus

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Red: Spells for physical desire and passion, courage, victory, and physical strength. Stimulates energy and vitality.

Magickal Purpose: Fire, passion, life, birth, stimulating, intense, highly-charged, will, ego, potential, anger, aggression, lust, war, courage, strength, fear. Its use in magick must be cautiously guarded as it can be very wild and unpredictable, as a candle color, it should be used with caution.

The Personality: Bold, assertive, impulsive, extroverted, passionate, aggressive. There is no inbetween for this person, they go from one extreme to the other. But it can be a fantasy ride for anyone who joins them!

Magick Uses: Energy, passion in love, courage, lust, power, transformation, loyalty, force, sexuality, blood. May be used with black candles.

ELEMENT: Fire
DIRECTION: South
CHAKRA: Root Chakra

PLANET: Mars DAY: Tuesday NUMBER: 5

MAGICKAL TOOL: Sword, Cauldron, Incense Burner, Candle

SCENT / OIL: Dragons Blood, Basil, Pine, Cinnamon, Mullein, Musk

PLANT / HERB: Sunflower, Nettles, Holy Thistle, Crowfoot, Hops, Wormwood, Cranesbill, Chili Pepper, Chives, Spikenard, Onion, Cornflower, Rose, Mustard, Garlic, Rosemary, Dill, Hibiscus, Woodruff, Tobacco, Pepperwort, Heather and Yew.

WOOD: redwood, cherry

ANIMAL: Bear, Horse, Wolf, Ram, marsupials and night creatures, Tigers, Lions, Badger, Alligator, Ants, Beetle, Cardinal, Porcupine, Chicken, and Peacock.

STONES: Ruby, Garnet, Bloodstone, Spinel, Red Tourmaline, Red Topaz, Agate, Rubelite

Rhodochrosite, Quartz Crystals, Tigers Eye, Pyrite, Tektite, Diamond, Red Jasper.

TAROT: The Magician, Cups, Fives.

GOD: Achilles, Ares, Atlas, Hercules, Mars, Thor, Zeus GODDESS: Athena, Athenam, Eris, Kali, Minerva

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Purple: Power, success, idealism, psychic manifestations; ideal for rituals to secure ambitions, independence, financial rewards, or to make contact with the spiritual other world; increases Neptune energy.

Magickal Purpose: Justice, royalty, the psychic, meditation, idealism, mysticism, guidance, divination.

Personality: Proud, independent, mystical arts, religious nature. This Person will not turn a blind eye, if they feel a cuase of action is worng, no matter the side they take.

Magickal Uses: Protection, justice power, spirit contact, breaking of bad luck, drive away evil, divination, spiritual and psychic powers, Astral Projection. This color is good to use when you

don't have a white candle.

ELEMENT: Air
DIRECTION: East

CHAKRA: Brow Chakra

PLANET: Jupiter DAY: Thursday NUMBER: 7

MAGICKAL TOOL: Wand, Cauldron

SCENT/OIL: Cedar, Carnation, Nutmeg Lotus, Angelica, Bay, Cinnamon, Ginger, Sandalwood, Jasmine.

PLANT/HERB: Mimosa, Wisteria, Mugwort Hazel, Eyebright, Rowan, Elder, Rue, Shamrock,

Clover, Oak, Dandelion, Betony, Meadowsweet, Begonia, Cactus, Dahlia, Iris, Violet.

WOOD: Willow, Lilac, and Mulberry.

ANIMAL: Elephant, Unicorn, Rabbit, Jaguar, Chickadee, Cuckoo, Eagle, Elk, Penguin, Vulture,

Grasshopper, Chameleon, Lizard. FEATHER: Spirituality, religion

STONES: Amethyst, Sapphire, Lapis Lazuli and Beryl, Clear Quartz, All Opals, .

TAROT: Justice, Fours.

GOD: Anase, Apollo, Forseti, Ida-ten, Mishara, Mithras, Musku, Tyr, Varuna GODDESS: Aleitheia, Astraea, Athene, Hecate, Justita, Kali, Maiat, Mens, Morrigan, Syn

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Brown: Rituals of material increase, justice and retribution; eliminates indecisiveness; improves powers of concentration, study, telepathy; increases financial success; locates objects that have been lost, Animal Healing

Magickal Purpose: properties and associations for magick, dreams, witch craft and divination Mental, business, legal problems, ambition

Personality: Agreeable, extroverted, excitable, sociable

Magickal Uses: Personal creativity, career, legal issues, business

ELEMENT: Air/Fire DIRECTION: East/South CHAKRA: Spleen Chakra PLANET: Mercury/Mars

DAY: Tuesday-Physical Action Wednesday - Mental Action Sunday - Both Actions

NUMBER: 2

MAGICKAL TOOL: Wand and Censer

SCENT/OIL: Dill, Lily of the Valley, Savory, Honeysuckle, Sweetpea, Jasmine

PLANT/HERB: Fern, Lily of the Valley, Marjoram Savory, Valerian, Vervain, Alstonia,

Buckwheat, Calamint, Snapdragon, Flax, Senna, Wandering Jew, Mugwort, Rue, the same as the Red and Yellow for enhancements, Fenugreek, Gardenia.

WOOD: Hazel, Beech, Lemon Tree Maple, Lime and of course the Orange Tree.

ANIMAL: All of the RED animals, Swallow, Prairie Dog, Butterfly, Scallop, Bison, Butterfly,

Catbird, Crane, Fox (clarity), Hawk, Martin, Prairie Dog and Squirrel.

STONES: Moss Agate, Carnelian, Alexandrite, Orange Sapphire, Quartz, Orange Calcite, Petrified Wood

TAROT: Eights.

GODS: Atlas, Janus, Terminus, Pan, Zeus

GODDESS: Athena, Bast, Carna, Diana, Lilith, Kali, Melusine, Minerva, Rhiannon, Syn

Blue: Healing, Primary spiritual color; for rituals to obtain wisdom, harmony, inner light, or peace; confers truth and guidance.

Royal Blue: Healing, Promotes laughter and joviality; loyalty; use to attract Jupiter energy, or whenever an influence needs to be increased.

Light Blue: Healing, Spiritual color; helpful in devotional or inspirational meditations; brings peace and tranquility to the home; radiates Aquarius energy; employ where a situation must be synthesized.

Dark blue: Healing, Spells for creativity, peace and communication. Also for deep meditation and karma work.

Magickal Purpose: Emotion, healing, mental, calming, tranquility, sleep peace, loyalty, good will, purifying and protection, hope, sincerity, truth and patience, Poet or Bard, communication mental, written and oral skills Sleep, twilight

The Personality: Sensitivity, introspection, communication. This person has the sensitivity of a poet or an artist. Loves family and home. Is loyal, conscientious and observant. Also, may be a little more psychic than he/she believes themselves to be.

Magickal Uses: Water magick. Balance, healing, peace and patience, communications, health friendships, dreams, sleep, inspiration, harmony in the home, meditations

**ELEMENT:** Water **DIRECTION:** West

CHAKRA: Fifth, Throat Chakra PLANET: Neptune/Mercury

DAY: Monday/Moon, Light Blues - peace, patience; Wednesday/Merury, Blues - friendships, creativity, dreams Thursday/Jupiter, Royal Blue - honor, happiness; Saturday/Satun, Dark Blues communication

NUMBER: 3

MAGICKAL TOOL: Wand, Cauldron, Chalice

SCENT / OIL: Lily of the Valley, Honeysuckle, Cedar, Basil, Jasmine, Sweetpea, Lotus

PLANT / HERB: Carnation, Honeysuckle, OrangeHeather, Cypress, Hazel, Oak Moss, Mallow, Aloe Vera Buttercup(communication), Daffodil and Baby's Breath

WOOD: Cedar

ANIMAL: Dolphin, Whale, Mermaid, BlueJay, Gull, Giraffe, Robin, Deer, Ass, Clam, Lizard and

BLUE/BLACK/WHITE: change and easy transition

STONES: Azurite, Turquoise, Coral, Blue, Opal, Tanzanite, Sapphire, Chrysacola, Hematite, Sodalite, Blue Laced Agate, Lapis Lazuli (children) Aguamarine, Sapphire.

TAROT: The Heirophant, Cups

GODS: Apollo, Asclepius, Bannick, Ceadda, Dabog, Dianceht, Esculapius, Forseti, Gucumatz, Hastehogan Lares, Kuan Ti, Penates, Tien Kuan

GODDESS: Alcyone, Aphrodite, Artemis, Bannick, Brigid, Cardea, Concordia, Dugnia, Eir, Gula,

Harmonia, Hestia, Hygenia, Karusepas, Kedesh, Kikimora, Kwan Yin, Liban, Meditrina, Neith, Pax, Rhiannon, Salus, Vesta

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Green: Promotes prosperity, fertility, success; stimulates rituals for good luck, money, harmony, and rejuvenation.

Dark Green: Color of ambition, greed, and jealousy; counteracts these influences in a ritual.

Magical Purpose: Nature, growth, prosperity, luck, fertility, changes, rejuvenation, jealousy, envy. Personality: Extroverted, happy, optimistic, status, possessive, direct

Magickal Uses: Earth magick, Faerie magick, money, luck, fertility, faerie contact, guide contact

ELEMENT: Earth DIRECTION: North

CHAKRA: Fourth, Heart Chakra PLANET: Venus, Jupiter, Mars

DAY: Friday/Venus - love, friendship; Wednesday/Mercury - business transactions;

Thursday/Jupiter- Luck, prosperity

NUMBER: 4

MAGICKAL TOOL: Wand, Cauldron

SCENT/OIL: Elder, Mint, Musk, Sage, Vanilla, Pine, Sweetpea, Mugwort, Patchouli, Vervain, Cinnamon, Marjoram.

PLANT/HERB: Birch, Catnip, Blackberry, Coltsfoot, Foxglove, Thyme, Yarrow, Feverfew, Burdock, Pennyroyal, Plaintain, Briar, Verbena, Elder, Basil, Cedarwood, Sage, Dill, Clove and Mugwort.

WOOD: Birch, Elder, Almond, Hawthorn, Fig, Oak, Palm, Pine

ANIMAL: Gnomes, Dwarfs, Fishes, Bee, Bull, Rabbit, Rat, Alligator, Turtle, Grasshopper, Bison, Frog.

STONES: Emerald, Peridot, Jade, MalachiteCoral, Green Tourmaline, Aventurine,Green Quartz, Gold, Silver, Rock Crystal, Onyx, Azurite.

TAROT: Emperor, Sevens

GODS: Agathadaimon, Bonus, Daikoku, Eventus, Buddha, Diakoku, Gansea, Inari, Jambhala, Jupiter, Pluto, Tamon

GODDESS: Anna Koun, Anna Perenna, Benten, Brighid, Buddhi, Carna, Chala, Felicitas, Fortuna, janus, Kichijo-Ten, Lakshmi, Ops, The Muses, Vasudhara, Syn

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Yellow: Spells to enhance knowledge, communication skills and to give confidence and aid in visualization. Aids in repelling negative energy.

Magickal Purpose: Intellect, thought, mental, analysis sun, sunlight, memory and creativity Personality: Intellectual, learn, introvert, creative, light-hearted and outgoing. Magickal Uses: Concentration, creativity, learning, intellectual, knowledge, understanding, astral projection, telepathy, mental abilities, thoughts. Good for students.

ELEMENT: Air DIRECTION: East CHAKRA: Solar Plexus PLANET: Sun

DAY: Sunday- Mental Action, Wednesday - Pysical Action

NUMBER: 3

MAGICKAL TOOL: Wand, Sword

SCENT / OIL: Lemon, Frankincense, Bay, Patchouli, Marigold, Lavender, Laurel, Cinnamon Orange Blossoms, Musk, Vanilla, Cloves.

PLANT / HERB: Laurel, Vine, Ash, Rue Marigold, St. Johns Wort, Centaury, Chamomile, Mistletoe, Saffron, Begonia, Geranium, Morning Glory, Snapdragon, Daffodil, Rosemary, Sunflower and Daisy.

WOOD: Birch, Oak, Rubber

ANIMAL: Phoenix, Snake, Beetle, Dragonfly, Meadowlark, Chameleon, Antelope, Snake, Crow, Bobcat, Goat, Lion, Mouse, Gull, Sea Lion, Parrot and Oriole.

STONES: Topaz, Yellow Diamond, Pyrite Yellow Jacinth, Rutilated Quartz, Clear Quartz, Chrysolite, Goldstone, Citrine, some Tiger Eye, Carnelian, Amber.

TAROT: The Sun, Knights, Sixes.

Gods: Apollo, Janus,

Goddess: Anu, Brighid, Carna, Diana. Fortuna, Syn,

\_\_\_\_\_\_

Gold: Promotes understanding; Rituals to enhance energy and power, & vitality, and to bring success and luck or in rituals needing solar energy.

Magickal Purpose: Intellect, thought, mental, analysis sun, sunlight, memory and creativity Personality: Intellectual, learned, introvert, creative, imaginitive

Magickal Uses: Concentration, creativity, learning, intellectual, knowledge, understanding, astral projection, telepathy, mental abilities, thoughts. Good for students.

ELEMENT: Air DIRECTION: East CHAKRA: Solar Plexus

PLANET: Sun

DAY: Sunday- Mental Action, Wednesday - Physical Action

NUMBER: 1

MAGICKAL TOOL: Wand, Sword

SCENT / OIL: Lemon, Frankincense, Bay, Patchouli, Marigold, Lavender, Laurel, Cinnamon Orange Blossoms, Musk, Vanilla, Cloves.

PLANT / HERB: Laurel, Vine, Ash, Rue Marigold, St. Johns Wort, Centaury, Chamomile, Mistletoe, Saffron, Begonia, Geranium, Morning Glory, Snapdragon, Daffodil, Rosemary, Sunflower and Daisy.

WOOD: Ash, Willow

ANIMAL: Phoenix, Snake, Beetle, Dragonfly, Meadowlark, Chameleon, Antelope, Snake, Crow, Bobcat, Goat, Lion, Mouse, Gull, Sea Lion, Parrot and Oriole.

STONES: Topaz, Yellow Diamond, Pyrite Yellow Jacinth, Rutilated Quartz, Clear Quartz, Chrysolite, Goldstone, Citrine, some Tiger Eye, Carnelian, Amber.

TAROT: Knights, Sixes.

Gods: Amun Ra, Apollo, Baldur, Bochica, Bragi, Da-bog, Dyaus, Helios, Hyperion, Lugh, Mithras, Odin, Ogmios, Ptah, Surya, Tvashtri, Veveteotl, Wayland

Goddess: Anaterasu, Artemis Calliste, Athena, Aya, Asva, Bast, Brighid, Eos, Hsi-Ho, Igaehindvo,

llmater, Maya, Minerva, Muses, Namagiri, Phoebe, Sul, Sunna, Sunniva, Surva,

\_\_\_\_\_

Black: Use in rituals to induce a deep meditative state, or to banish evil or negativity as in uncrossing rituals; attracts Saturn energy.

Magickal Purpose: Absorption, why it is used for funerals. The void of all colors, it has the ability to absorb Quiet power, self-control, restriction, depression sickness, but new changes, rebirth. Wisdom, Control, Resilience, Discipline.

Personality: Someone who often dwells in his own dark recesses. A loner, but through choice. A strong silent type but someone you don't want to deal with if crossed. A night person as the darkness seems to be their safe place, their solace and quiet space. The things that make the "black" person unique, has also the tendency to dwell on things and has more bouts of depression than most others. This person tends to keep a lot of secrets.

Magickal Uses: Banishing negative thoughts and situations, reversing, uncrossing, binding negative forces, releasing, removing confusion, contact with spirits, dark magick, defensive spells (can be used with RED to increase intent).

ELEMENT: Air, water, fire, earth

DIRECTION: East PLANET: Saturn DAY: Saturday NUMBER: 6

MAGICKAL TOOL: Sword, Wand

SCENT / OIL: Holly, Juniper, Yew, Myrrh, Cypress, Pine, Apple, Yarrrow, Rowan, Vervain, Peppermint,

Basil.

PLANT/HERB: Oak, Yew, Beech, Elm, Comfrey, Holly, Ivy, Horsetail, Reeds, Solomons Seal, Mullein, Cedar, Clove, Cypress, Rue, Betony, Elder, Fern, Yarrow, Cayenne, Dragons Blood, Mandrake, Flax.

WOOD: Oak, Ash, Aspen, Birch, Hazel, Rowan

ANIMAL: Bobcat, Dragon, Panther, Raccoon, Rhinoceros, Groundhog, Blackbird, Lynx, Bat, Owl, Jaguar, Praying Mantis.

FEATHER: Hidden secrets, changes.

STONES: Onyx, Jet, Obsidian, BlackQuartz, Black Star Sapphire, Agate, Tektite, Pyrite, Diamond, Moonstone, Galena, Pumice.

TAROT: Death, Threes and the Queens

God: Achilles, Amathaon, Atlas, Cernunnos, Ea, Eterna, Janus, Terminus, Odin, Thoth, Untunktahe

Goddess: Aradia, Ayizan, Carna, Cerridwen, Circa, Dakinis, Demeter, Diana, Gulleig, Habondia, Hecate, Herodias, Hlle, Kwan Yin, Lilith, Mari, Rangda, Syn

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These are only Guides to use for reference, As we each are individuals, so are our choices, experiment with colors and find what and how it works best for you! http://www.realmagick.com/articles/55/2255.html

# ~A Time for Magick~

You can attune the timing of your spells to phases of the Moon. Many will tell you that spells done in the incorrect moon phase could completely destroy your intent. The moon does indeed have a heavy influence on what happens on Gaea - and not just magickally. The moon calls the tides, it distorts all light we receive from the stars, it reflects the Sun's light as its own, it reflects the image of the Earth back at us.

These are not absolutely necessary, but they are definately helpful. If you are not sure what phase the moon is in at any given time, you can simply look it up in the newspaper (most newspapers will give the moon phase in the weather section), or you can simply visit this website.

The Four Moon Phases



<u>The New Moon:</u> It is when there is no Moon in the sky. Spells for the New Moon can be performed three days before and after the actual New Moon. These spells symbolize changes in your life.



<u>The Waxing Moon:</u> It is when the Moon is getting a bit larger in the sky. That period lasts until three days before the Full Moon. Spells to be performed during this time include positive change, luck, love and growth.



<u>The Full Moon:</u> This is when the Moon has reached its full capacity in the sky. This is the perfect time for spells that increase psychic abilities and fertility.



<u>The Waning Moon:</u> It is when the Moon is decreasing in size. Now is the time to perform spells that involve reversing spells, banishing and releases.

### **Detailed Moon Phases:**

New Moon: Spans from the day of the New Moon until three days after Health, gardening and farming, job hunting, love, romance

<u>Crescent Moon:</u> Spans from three days after the New Moon until the seventh day Change, emotions, animals, business

<u>Waxing Moon:</u> Spans from the seventh day until the tenth day after the New Moon Motivation, luck, courage, friends

Gibbous Moon: Spans from the tenth day until the thirteenth day after the New Moon Patience



<u>Full Moon:</u> Fourteen days after the New Moon. Change, decisions, children, competition, dreams, love, protection, money, self-improvement, healing

<u>Disseminating Moon:</u> Spans from the third day after the Full Moon until the seventh Addictions, health, divorce, stress, protection

Waning Moon: Spans from the seventh day until the tenth day after the Full Moon Change, obstacles, enemies, justice, quarrels, removal, separation, stopping theft

#### Moon Astrological Correspondences:

The following list is here to tell you what spells should be performed during what astrological correspondence of the Moon.

Moon in Aries: authority, rebirth, leadership, courage, confidence; healing of the face and neck Moon in Taurus: love, money, romance, acquisition; healing of the neck and throat

Moon in Gemini: communication, writing, freeing of mind blocks, travel; healing of the arms, hands and lungs

<u>Moon in Cancer:</u> the home, honouring Gods and Goddesses; healing of the stomach and chest <u>Moon in Leo:</u> authority, courage, fertility, children; healing of the upper back, spine and heart <u>Moon in Virgo:</u> employment, health, success; healing of the nervous system

Moon in Libra: justice, unions, balance, artistry; healing of kidneys and back

Moon in Scorpio: power, psychic growth, sex; healing of the reproductive organs

Moon in Sagittarius: travel, sports, truth, honesty; healing of the thighs and liver

Moon in Capricorn: organization, ambition, career, politics, direction; healing of the teeth, skin,

bones and knees

Moon in Aquarius: science, freedom, friendship, addictions; healing of the calves, ankles and

blood

Moon in Pisces: art, dreams, music, poetry; healing of the feet

#### The Twelve Full Moons of the Year:

A Full Moon occurs once every month, so we have twelve. If there is ever a month that contains a second Full Moon, that Moon is called a Blue Moon. So we have thirteen Moons. Listed below are the twelve months of the year and their specific Full Moons. This list will help you perform spells and rituals at the right time. No longer should words like 'Wolf Moon' be an unknown term to you in the performance of a spell or ritual!

January: Wolf Moon
February: Storm Moon
March: Chaste Moon
April: Seed Moon
May: Hare Moon
June: Dyad Moon
July: Mead Moon
August: Wort Moon
September: Barely Moon
October: Blood Moon
November: Snow Moon
December: Oak Moon

#### Original posted by Draconoid:

You cannot write a spell if you rely on your analytical and logical thinking. It would be better if you try to receive any magical method from certain sources.

Some shamans ask the spirits about certain spells, rituals and other magical methods. Other use certain entities. I know several people, who use information channels in the cosmic energy field.

If you are interested in moon magic, then get connected with the moon energies and the moon goddess (during any esbat) and ask what to do to acheive any results. If you need fire, air, water or earth magic, then get connected with the elements. If you want to learn how to use your own powers and envelope your own skills, then perform Congressus Cum Daimone from Crowley's Liber Samekh and ask your Daimon.

Work in that way and the results of your magical work will become really amazing).

#### Quote:

Originally Posted by Dracoid

You cannot write a spell if you rely on your analytical and logical thinking. It would be better if you try to receive any magical method from certain sources.

### Originall posted by Rin Daemoko:

I would not say that "it would be better." If you read most of the spells out there, you will find that they call for a certain oil, stone, sigil, deity, whomever. It would be difficult to make effective use of any such spell if you did not know what you were using does.

I'm not trying to get people to write recipe-spells. I do agree that you can't simply light this, chant that, and poof! your wishes come true. It requires much more from the spellcaster than that.

# ~Once More With Feeling~

Dracoid brings up an excellent point. If you take a look at the New Age, Witchcraft, or Occult section of any regular (not specialty) bookstore, you'll probably find countless books filled with nothing but spells promising this, that, and the other thing. They are interested to read, if you're a spellcrafting geek like I am, or you're looking for inspiration. Though it may not be the intention of the book's author, it does indeed seem that people are trying to sell you recipe books.

As I said in the above post, magick is not "light this, chant that, and poof! your wishes come true!" It requires much more from the spellcaster than this. In magick, you will find many phrases which say in some form or another, "my will be done." It seems innocent and simply enough: this is what I want, go get it. Right? Sure, but not quite.

What is your will? How involved was your will in doing the spell? Were you baking a cake, or co-creating a new reality with the Divine? Some will say that getting your emotions mixed up in your magick is the surest way to disaster, others (like myself) would argue the completely opposite. I believe that the more involved you Mind (capital "M") is, the more effective your spell will be.

# ~What is Mind?~

Mind (capital "M") is not just your thoughts. Your Mind includes your thoughts, yes, but is also involves your emotions, your memories, your beliefs, your ideas, your hopes ... everything that you are. This even includes your body, because your Mind and your body cannot exist here without each other.

A Buddhist analogy of Mind is that it is an ocean. Your thoughts and your emotions are waves on the ocean. They rise up, and the slip back in. They may be large like tsunami, but even so, they will subside into the much larger (and more potent) expanse that is Mind.

Mind is vast. It is dynamic, and like the ocean, there is much more happening below the surface than what we see. Godzilla himself could be marching up the continental slope to lay waste to Tokyo, but you'd never see it because that is all below the surface. Magick, to the Mind, is how the Mind changes and in so doing, affects everything around it. When the ocean suddenly changes temperature, it alters the climate of the globe in dramatic ways. When the ocean surges up, it can devour entire islands.

# ~Incantations, Mantras, and Prayers~

The positive effect of both mantras and prayers is well documented. It seems that repeating a mantra to yourself definately increases your chances of the nature of your mantra of coming true.

Depending on the mantra or the prayer, they can even be used to alleviate pain. Studies done

using MRIs show that when monks meditate on compassion for all beings (this can also be done through the chanting of mantras and prayes), the parts of the brain responsible for "good" feelings lights up like Christmas, while the part of the brain which generates "bad" feelings falls asleep.

Rhyming incantations (notorious to fictional depictions of magick) can work on the same level as these if used in the same manner. Most people recite incantations in ritual, and then once the ritual is over they stop reciting the incantation. There are some good reasons for this (most of which involve "forgetting" your work so that your conscious mind can't screw up what you've set into motion).

However, the recitation of rhyming incantations outside of ritual can be of great benefit as well. Find or write an incantation and try reciting it off and on for a full day or two, and see how it affects your mood and your state of mind, as well as what actually happens to you. The results will speak for themselves.

### Planetary Hours: the Method and the Magick for Quick Timing Decisions

Success often depends on being "in the right place at the right time." How often have you heard that said? Is it luck, or something more? Obviously, having a tool to predict "the right time" would give one an advantage. That thought was, and is, most likely the major motivator for the continual development of astrology through the ages.

Many methods of astrological timing exist, and most of them are quite technical—astrology is a complex field. One method stands out as easy enough to be used by non-technical types who've studied astrology only very little. Planetary hours can be used by anyone with the patience to learn to recognize seven planet symbols and to understand basic interpretive meanings of each of those seven planets. This article will introduce you the method, and also to the "magick " that I consider to be a highly important ingredient for the most effective use of any astrological technique for electing (choosing) the appropriate timing for planned actions.

#### The Method:

One of the oldest methods of choosing the most propitious time with astrology is the symbolic system of planetary hours. Because this system was developed many centuries before the invention of the telescope, it uses only Sun, Moon and the five planets that are visible to the naked eye: Mercury, Venus, Mars, Jupiter and Saturn. These seven planets, according to a Chaldean order that arranges them from slowest to fastest in motion, are said to rule the hours of the day in a repeated sequence that is quite elegant in its structure. Each day of the week is named for a planet. The planet ruling the day also rules the sunrise hour and then each hour the next planet in the Chaldean order rules following in a repetitive sequence. The next day will be the one that is named for the planet that, in this repetitive sequence, has become that day's sunrise planetary hour. The simple elegance of this system can best be seen in a spiral design.

Until the recent revival of ancient methodology through translations of historical texts, modern astrologers had neglected the planetary hour system, possibly because it is symbolic and thus deemed not as scientific as the actual daily positions of the planets according to precise astronomical calculation. Practitioners of magick, however, continued to use planetary hours as they had through the ages, both because using them is easy, and because they work! Within the past few years, many astrologers have rediscovered planetary hours and in observing how they work, have found the method to be well-worth reviving.

In using planetary hours, it is important to realize that a planetary "day" is not the same as our

calendar days, nor does an hour necessarily contain 60 minutes. Planetary days begin at sunrise, so the hours between midnight and sunrise belong to the previous day. In order to account for the seasonal difference in length of daylight, the amount of time in each hour is different in the day from the night. Only at the equinoxes are hours about 60 minutes each day and night. At Summer Solstice (the longest day of the year) the daytime (diurnal) hours are much longer than the nighttime (nocturnal) hours. At Winter Solstice (the longest night of the year), the nocturnal hours are much longer than the diurnal hours.

You can figure the planetary hours out for yourself if you know the sunrise and sunset times for your area. For diurnal hours you figure the total amount of time between sunrise and sunset and then divide by 12, to find out how many minutes to assign to each planetary hour. For nocturnal hours you figure total time from sunset to the next sunrise and divide by 12. This method is slow, though. Quick methods are easily available.

With perpetual planetary hour tables such as are included in my book *A Time for Magick* you can do a quick look-up of the planetary hour for any day of any year in any location. To interpolate the time in the tables to be correct for the time zone in which you live, you need only one simple + or – time correction for your location. An extensive city list with time corrections is also included in the book. The most useful and least expensive computer option currently available for planetary hours is *Sundial Software* by Arlene Kramer, <a href="http://www.arlenekramer.com/">http://www.arlenekramer.com/</a>. From *Sundial* you can print out pages of daily listings in the clock time for your time zone and location.

The choice of which planetary hour will be best for your planned action is a matter of knowing which planet most favorably corresponds with your intent for that action. Most of the text of *A Time for Magick* is devoted to helping the reader understand the energies of each of the planets through knowledge of their traditional correspondences and also intuitively, through meditation and ritual. Because intents can be complex and each planet has many correspondences, additional study beyond this article is highly recommended. Still, many activities can be matched with this simple summary:

Hour of the Sun: for career success, employment, promotion, making presentations, public speaking, improving social status, approaching authority figures, improving health

Hour of the Moon: for doing things that are likely to change or are not intended to be permanent or binding, for increased intuition or imagination, for all domestic activities

Hour of Mercury: for abstract thinking, mental alertness, speaking, signing papers, sending significant mail, fixing computer problems, or in general, for any activity related to communication, provided you are in the frame of mind to be logical and rational. (Mercury can be a trickster when you are mentally fogged or emotionally upset.

Hour of Venus: for social occasions, love, courtship, marriage, improving appearance, for financial investments, to reconcile after a disagreement, to mediate a dispute, to achieve calm after stress, to work for peace

Hour of Mars: good for activities that require muscular exertion, boldness, courage and active enterprise, when your feelings are in check. Caution is needed if you are angry or stressed, and especially if a relationship is involved, for Mars can be confrontational.

Hour of Jupiter: for success in just about any activity you can imagine and for beginning anything

important. The only downside would be where a tendency to over-indulgence or excess is a factor.

Hour of Saturn: for getting organized, plowing through tedious work, breaking unwanted habits, accepting and dealing with responsibilities, and for contemplation or meditation especially if you find yourself feeling tired and needing a respite from activity

I've found it interesting to have a planetary hour listing at hand while silently observing a group activity, and you might try that, too, in order to get a feeling of how moods can change with the hours. For example, I remember observing a meeting where during the Moon hour the debate over issues went 'round and 'round with many feelings expressed but no resolution. Just when the hour changed to Saturn, the mood became quite serious. The group got down to business and decisions on several issues were resolved. Then, the lunch break was announced and everyone got up and began chatting happily. I looked at my planetary hour list and sure enough, the hour had just changed to Jupiter.

Here are a few examples of how planetary hours might be used in daily planning:

Schedule an appointment with your doctor for the hour of Sun.

Plan a dinner party in the hour of Moon. Try out a new recipe.

Install and learn a new computer program in the hour of Mercury.

Schedule an appointment for a new hairstyle for the hour of Venus.

Do your daily exercise workout in the hour of Mars.

Call a friend or business associate to ask for a favor during the hour of Jupiter.

Clear your desk of that piled up paperwork during the hour of Saturn. Get it done!

Ask your boss for a raise in the hour of the Sun.

Shop for ideas for redecorating your home during the hour of the Moon.

Send an important piece of mail in the hour of Mercury.

Meet with a friend in the hour of Venus to reconcile a disagreement between you.

Tackle that heavy clean-up job in the hour of Mars.

Open a new business or launch a new enterprise within your business in the hour of Jupiter.

Consult with an elder about how best to resolve a problem in the hour of Saturn.

### A Personal Anecdote of Planning Actions with Planetary Hours

In order to demonstrate how one can work with the planetary hours and other transits, I'll tell you about a workshop I conducted a year ago at an astrological conference. It was at a time when I'll bet that some people, having looked at their own transits, as I did, might have wondered if staying home might be a wise move. It was less than two months past Sept. 11, and I was to fly to Toronto on a Full Moon Thursday evening, and then on Friday afternoon I was to do my three-hour workshop on astrological timing and ritual. The much talked about Saturn-Pluto opposition was exact on the day of my workshop, and the degrees in which it was exact put Pluto precisely on my Ascendant and Saturn on the Descendant. Jupiter was stationary retrograde and the Moon was void of course when my workshop was to begin. In the string of Moon aspects following her entrance into Gemini a little over an hour into my workshop time, she would conjunct Saturn and oppose Pluto. If all that astro-jargon evades any readers, let's just say that if I'd been allowed to freely choose my time to do this workshop, this time would not have been it! But...if I'd attempted to duck that time, I'd be denying important points I'd fully intended to make in that workshop—and intend to make again within this article in "The Magick" section to follow. Obviously "walking my talk" meant accepting the challenge to work well within whatever time I

was assigned. I planned my workshop to use the planetary themes of the three-hour period in which it was scheduled, including a ritual design based on the Moon as mediator between the clashing Saturn and Pluto,

The workshop began in the hour of the Moon and would change to the hour of Saturn less than a half hour later. The Jupiter hour would take the greater portion of the middle hour, and the final hour of the workshop would be Mars. I began with a general introduction to easy timing techniques, with a major focus on the lunar phases. I announced to the group when the Saturn hour was beginning, saying that we'd use its theme at its best to cover the technicalities of the planetary hour system in a disciplined manner. I used an overhead and transparencies to demonstrate the use of the tables and the time corrections for Toronto. With the Jupiter hour I introduced the value of ritual and magick for the intuitive understanding of the planets and for helping to focus the mind toward desired goals. I asked for volunteers to take various parts within the ritual, gave the two key players, Saturn and Pluto, a little skit for their part, and called a 10minute break to set up. Only a few of the class had any previous experience with ritual and because of this, I knew some would be uncomfortable with it, so I let everyone know that their choice to participate or watch was entirely voluntary and fine with me either way. As it turned out, I was extremely fortunate in my two main volunteers, for both had a wonderful flair for improvised dramatic effect and they made terrific use of the break time to talk over how they'd do the skit.

The ritual began with somewhat over half the class gathered in a circle around a center table and the rest remaining in their chairs to watch. I led them through a simple casting of the circle, followed by four volunteers who called the four elements (air, fire, water, earth) to the cardinal points. After invoking the Goddess Moon and the two Dark Lords Saturn and Pluto, the fun began, with a skit that was both very meaningful and also entertaining as my two Dark Lords squared off to the point of pushing each other around as they argued their points about the necessity to tear down and transform old structures and rebuild newer and better ones. By the time I, as Moon, had interceded, and Pluto began to pass out small black stones in which participants could will those old habits and structures they wished to banish, everyone in the room was ready to participate and all did. I collected the stones to return to Earth Mother, and then Saturn passed out cords for knot magick. The intent and action of that was for each person to make one or more commitments to positive and responsible future action (building anew).

The act of tying a knot firmly into the cord would be to bind oneself to carry out the commitment. Now into the Mars hour, we raised energy to charge the magick with a spirited chant, after which each person was invited to choose three little paper stars I'd scattered on the center table face down. The stars were of three different colors, one of which carried a symbol for one of the planets, another the number of a house and the third color, a symbol for one of the zodiac signs. Since all participants were astrologers, they could easily interpret the three stars they drew for a personal message.

The workshop concluded with the sharing of experiences within the ritual, and questions and answers centering mostly on the use of magick and ritual. All in all, it was a good experience for me and appeared to be for the participants. I experience absolutely no "downside" Saturn-Pluto events during this time, despite the exact transits of the two to my own chart. I like to believe that this was one of a number of personal examples I've given myself that if I deliberately choose to "do" my transits in a positive manner, more often than not, positive manifestation prevails.

### The Magick

Nearly always, after an event has passed, a clear and appropriate correspondence of the event to astrological phenomena can be demonstrated. Looking ahead is far less exact. Why is that? Primarily because nothing in astrology can be interpreted in only one way, at least not in any detail. Each planet or planetary configuration has a general theme, but within that theme there are multiple potentials with wide range from "good" to "bad," depending on one's point of view. Obviously, picking the "right" planetary time is not enough. Your intent and your will to carry out that intent are not just equally as important, but more so.

A common phrase you've probably often heard is "thoughts are things," referring to the observation that if one thinks strongly enough about something, the thought often becomes reality. This can happen naturally, when one wishes or fears so strongly that, for good or ill, what is wished for or feared becomes a "self-fulfilling prophecy"—and from that has emerged another phrase you've probably heard: "Be careful what you wish for, because you may be so unfortunate as to receive it." Some might prefer to call the act of strongly and deliberately focusing the mind to achieve a desired purpose "creative visualization" or "mind control." I prefer to call this "magick." Whatever you choose to call it, the point is this: focused intent can effect desired change within one's consciousness, and when change occurs within, change in one's outer world occurs, as well.

Magick is a good one-word definition for an attitude and a belief that the primary power to direct one's future flows from within. The "k" differentiates the practice from the stage magic of sleight-of-hand or the experience of sparkly feelings without focused intent. The practitioner of magick knows that all is energy, and with a keenly focused mind and spirit energy can be moved such that will, intent and purpose becomes manifest in reality. Within astrological language specifically, effective use of magick depends on your attitude in believing that one's power comes not from the planets, but from within.

Electional Astrology (the specific branch of astrology for choosing the most propitious time in advance of an action) has been called the closest astrological methodology comes to magick. To make that true, it is essential to understand that a very big part of deciding what time will, in fact, be propitious (have a favorable correspondence with intended action), is dependent upon the astrological interpretation attached to the time chosen, and that can vary widely. Each planet has a unique general theme of expression, but within that are many possible interpretations, some of which could be "bad" for what you want, others good and others varying in shades in between. In electing a planetary hour, it is important to be very clear that you are also electing (choosing) your interpretation of the planet! Since you are doing the choosing, it seems only common sense to do so with the focused intent and belief that you can and will carry out the proposed action according to your chosen interpretation of the planetary hour in which you will begin that action. Magick can be done with the mind alone, but often ceremony in a meditative state of mind, including the use of tools of ritual that appeal to all the senses, will greatly aid focus, as well as enhance your ability to intuitively understand the planetary energies. A Time for Magick offers specific meditation exercises and ritual designs for each of the planets.

Try planetary hours! Among astrological techniques, this one lends itself best to the times when a quick timing decision must be made with no time to do more complex astrological computations, even if you know how. For those who do take the time to consult an astrological calendar for timing decisions, or to do complete election charts, it is well worthwhile to consider the planetary hour, too. Choose the planetary hour that best fits your intended action and take that

action with the commitment, the will, the focus and the faith of magick. My view is this: if electional astrology is not being used with magical intent, it ought to be!

http://www.llewellynjournal.com/article/534

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## The Solar Arch



Dawn, the Rising Sun rules the East because this is the direction of the greatest light, and the light of wisdom and consciousness. It is the time of the intellect; the realm of thought, which is the first step toward creation. Magickally speaking, the Dawn is the clear, uncluttered, pure visualization, which is a powerful tool for change. It also governs the magick of the four winds, most divinations, concentration and visualization magic.

The Dawn rules spells and rituals involving travel, instruction, freedom, obtaining knowledge, discovering lost items, uncovering lies, concentration, the ability to "know" and to understand; to unlock secrets of the dead; to contact the angels; telepathy; memory and wisdom; prophecy; Karma and speed. It can also be used to develop psychic faculties.



The Zenith Sun rules the South. This is the place of greatest heat, the color red and the season of Summer. It is the Sun of change, will and passion. In a sense it contains within it all forms of magic, since magic is a process of change. The results of Zenith-Solar magick manifest quickly and spectacularly. This is the realm of sexuality and passion. It is not only the 'sacred fire' of sex, but it is also the spark of divinity, which shines within us and in all living things.

It is at once the most spiritual of the Suns. The Zenith Sun's magickal rituals usually involve energy, authority, sex, healing, destruction (of negative habits or disease), purification, courage, the will to dare, creativity, higher self, success and refinement, the Arts, transformation, loyalty

and force, evolution and so on. All candle magick comes under the fire of the Zenith Sun's powers.



Twilight rules the West. Autumn months of the year, when rain showers wash the Earth. Twilight is the Sun of purification, the subconscious mind, love and the emotions, intuition, the inner self, the power to dare and cleanse all things, sympathy, reflection, currents and tides of life, dreams and dreamtime. Just as water is fluid, constantly changing, flowing from one level to another, so too are our emotions in a constant state of flux.

Twilight is the Sun of absorption and germination. The subconscious is symbolized by this Sun because it is always moving, like the sea, obscured by the horizon and hiding much of itself beyond the sights of the conscious mind. Twilight-Solar magick involves pleasure, friendship, marriage, fertility, happiness, healing, sleep, dreaming, psychic acts, purification, and so on.



Night rules the North. This is the place of greatest darkness and of winter. The Night Sun is stable, solid, dependable. It is the base or foundation of the Suns. In magickal workings the Night Sun 'rules' all spells and rituals involving business, money, employment, prosperity in all its forms, stability, fertility. Banishing, binding, and destroying.

Mystery and growth, fertility, material abundance, the combined forces of nature and its bounty; birth and healing; business; industry and possessions; conservation and nature.



Solar Eclipses are dramatic moments both for their observers as well as for magicians. In the past, magicians were urged not to perform magick during eclipses. Today, many natural magicians use the suggestive power of an eclipse to fuel spells involving banishments, including the destruction of disease. These have been some timing suggestions. Let them be guides, not shackles! During an eclipse, Luna veils the face of the Sun and a crown of shining light surrounds her. The perfect order and balance shines down upon Creation, demonstrating the harmony of all things.

### Originall posted by visceral/spagyrical:

Quote

Some will say that getting your emotions mixed up in your magick is the surest way to disaster, others (like myself) would argue the completely opposite.

I don't mean to backtrack, but I want to say something more about this.

I write, so I find it's impossible to cause any sort of change unless I invoke whatever emotions correspond to the subject of my writing. For example, if I write to change something about myself that bothers me, I'll get extremely angry and depressed. At times, it's very difficult to endure, but it's a must if I'm determined.

For me, emotions are fuel. I like to think of this in terms of cannons: your will is the cannon, your intent is the cannon ball, your emotions are the gun powder, and your idea is the target. Basically, the more gun powder you use, the more damage the cannonball will do. However, the better the cannon, the greater the accuracy. (Also keep in mind that imperfect cannonballs never fly perfectly straight.)

Be that as it may, cannons aren't computers: you can't simply press a button, walk away, and expect results to fall into your lap. *You* have to load the cannon, *you* have to push it forward, *you* have to aim it at the target, and *you* have to light the fuse. Then, and only then, do you walk away. And even then, you shouldn't expect results to fall into your lap.

I realize this may seem a little cryptic to some, but unless you understand that *you* are something more than a combination of your ideas, emotions, intent, and will, you will never obtain results.

In other words, you have to become the cannon.

v/s

### Originall posted by Dracoid:

The basic thing about the magic and spells is, that we are mediums, we channel power, that comes from the Universe.

As I said, You need to establish connection with specific information channels-NOT IN THE BOOKS. There are many such channels in the nature and cosmos. There are teachers from the higher planes and other entities, who can teach you about spells and magic.

And no,I cannot agree,that magic is not chants, candles, oils, incenses etc(I will agree, however, that there are other ways to perform magic). This is, as some friends have said-interface. This is specific energy sheme. If it is ordered correctly, you will get what you want.

One example. You need healing. Your intuition says, that you need fire spell. Light a candle and establish connection with the Fire Element. Ask for healing spell. You will get a vision. For first, you will see the right energy structure, energy project. After that you will see the ritual, that will construct it. You may see an altar with herbs, stones etc, ORDERED in specific way. You will be taught what chants, dances, acts to perform. You may see sigils, pictures etc.

Write everything. Then prepare for the ritual/spell and do it.

I started to work in that way and I get amazing results from my magical work.I understood,that every moment, every case is unique and demands specific energy project. So, one spell or one ritual is specific for the moment and will work maybe only once. Next time, when it seems, that you

have the same problem, you may think, that you can use the same ritual to solve it. But you will be wrong, maybe. That's why you need to ask again for another spell solution-if it demands magical solution, of course.

So,learn to work in that way and you will have success with the magic. Ask the Elements, ask the Angels, Demons, ask the Earth, ask the Moon and the Gods...ask the Universe for magical knowledges. In the Cosmic Library there are tons of magical knowledge. Ask, and you will get answer.