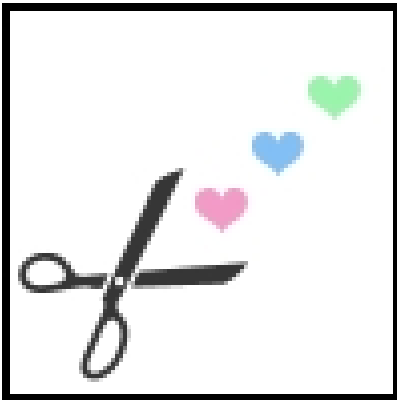


CUTTING the TIES That BIND YOU

Adapted from
The Chakras in Shamanic Practice
by Susan J. Wright
(Inner Traditions, 2007)



Here is a great practice to help you break emotional ties to others that may bind you. It is called the scissors, and it works at both the conscious and unconscious levels, to help you from being drained from unhealthy relationships and patterns. Once you release the old ties you can actually feel the newly freed energy flow:

SIMPLE SOLUTION:

1. Lie on your back and bring both knees up toward your chest. Then reach both your legs and arms directly up toward the sky. Allow the elbows and knees to soften. Allow the thighs to rest back into the hip joints and the upper arms to rest back into the shoulder joints. Enjoy the peace you can have in this pose.
2. When you are ready, bring to mind any energy draining ties that you feel ready to break or cut. It may help to visualize who or what you are tied to and what the cord or connection looks like. If it feels comfortable, open the legs and arms toward the floor at the level of the hips and shoulders, just like two pairs of scissors opening.
3. Close the legs and arms to criss-cross, right over left. Open again. Then close and criss-cross left over right. Inhale as you open. Exhale as you close.
4. Repeat for one to five minutes until you can't do it anymore, or until you sense you have cut all the ties. You will feel a clarity of energy around your belly and perhaps a sense of emotional relief.

5. Relax, knees to chest, and stretch the back. Then release the legs and arms to the earth.

Feel the unproductive and destructive ties broken. If it feels appropriate, you can wish all the best to whatever you have released as it finds new forms and healthy connections in the universe. Take a moment to feel and savor your freedom.



Love & Thanks to All

courtesy of Spiriteacher

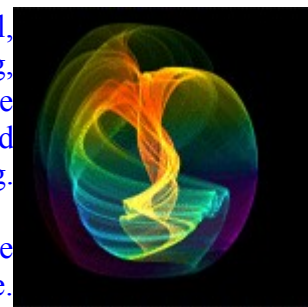
[TREYYA](#)
[Egypt Valley Paranormal](#)

Tips for Cleansing and Activating

Auras, Chakras and Energy Systems
by Mary Kuras

Since our auras, chakras, and meridian systems are affected by things physical, intellectual, emotional, and spiritual, the answer to looking after our energetic aspects falls under these same headings.

The following are summaries of the physical, intellectual, emotional and spiritual ways to effect clearing, rebalancing, activating and healing of your energy systems and all aspects are interconnected and all aspects are required for healthy and vibrant living.



Smudging with white sage clears out certain types of negative energy blockages in your auras, chakras as well as your home. All you need to do is seal your room closing windows and doors, burn some white sage so that the smoke fills your room, and remain in that room and many negative energies will dissolve, within you and your home. Or just burn a few leaves moving the smoke through your auras and negative energies will dissolve.

Auric brushing or having someone run their hands down your aura from top to bottom can help release blockages in your auras. Crystals and gems can be used to clear out blockages in your auras but one needs to be experienced to do this type of clearing and often crystals and gems are too strong and can create serious damage in the auras and chakras rather than be part of the healing process.

A healthy diet, clean and vibrant water, and lots of sleep and relaxation are essential to having healthy energetic systems. High ongoing stress creates serious damage in auras and chakras as well as the physical body.

Physical exercise and certain types of breathing exercises are an important element of a healthy energetic system.. All types of physical exercise help to activate the chakras. One set of exercises that are outstanding for activating the chakras and auras are called the Five Tibetan Rites. This program activates underactive chakras and can be important in any health issues you might have, including weight difficulties.



Connecting with nature has a profound effect on your energy systems. There are many ways to use nature such as connecting with trees; communicating with all types of nature; using vibrational essences such as Choming Essences which are made from nature to effect healing at all levels; using water for healing of energy systems; being with nature and allowing the vibration of nature to bring healing into your energy system.

Healing with color is powerful. Different colors have different vibrations that affect different elements of a person. E.g. green is a color that affects healing and calmness so if you want to focus on staying calm and supporting your healing, wear the color green, do some pore breathing with the color green, visualize that you are breathing in the color green, or decorate your room with the color green. If you want to feel energized, do the same with the color red.

Sound and music can be used to heal the energy system. Sound can activate the chakras. There are different types of music being produced today that can activate chakras, which in turn activate the entire endocrine system.

Intellectual stimulation and intellectual pursuits are critical elements required for healthy energy systems. The mind rests in the mental aura and this level of the aura

needs to be stimulated or it will slow down, accelerating the aging process. We need to be learning, interested, and passionate about something at all times in our lives.

It is only when we spend time alone that we can deeply communicate with our Higher Power, internalize the experiences of the day, get in touch with our thoughts and feelings, and ground ourselves so that we are truly with ourselves and our lives in that moment. You can go though life only partially experiencing what is actually happening to you, fairly unconscious to the experiences of the moment.

Loving yourself and being able to give and receive love from family, friends and community are important. When we feel love we release certain chemicals in our body and when we are angry we release a different set of chemicals. We have been made to achieve a certain balance and an imbalance in these types of emotions affects the vibrancy of our energy systems.

Owning your emotions and being able to express your emotions to others is fundamental to having a healthy energy system. Emotions not felt or expressed remain lodged in our physical and energetic bodies creating blockages, distorting our chakras, and creating holes in our auras. Repressed and unfeared emotions make us ill in the long-term. It's important to learn how to release emotions lodged within to release blockages and allow our chakras to function harmoniously and actively.

Creativity in your life is an vital element of a healthy energy system. Creativity is not necessarily painting or sculpting, but it can include these activities. It can also be cooking, gardening, needlework, studying, hiking, or many other different types of activities.

Past lives can play a major role in the health of our energy systems. Valerie Hunt in her book "The Infinite Mind" describes the effects of past lives in great detail. You can touch one of your past lives through meditation either alone or with an energy therapist. Past lives lodged in your auras can provide you with deep insight into your soul purpose or core issue for this life.

Spiritual integrity in all aspects of our lives is necessary for healthy and vibrant health. Values can become quite confused today. A lack of spiritual integrity in any aspect of life will seriously affect your energy system.

Prayer and meditation are central to the achievement of healthy energy systems. Prayer connects us with our Higher Power bringing emotional balance and stability. The power of prayer can be quite amazing. Meditation helps us quiet our busy minds so that we can become open to listening, being, and hearing from Universal Powers. These practices energize and heal our energy systems.

Integrating many of the above elements requires love of self, time and tenacity. I usually suggest to my clients that they begin with a few, and then continue to layer additional elements when they feel ready to do so.

Only Love Can Bring The Rain



Drinking Ayahuasca in Bahia,

September 2007
By Matthew Delooze

*A beach is a place where a man can feel,
He's the only soul in the world that's real
But I see a face coming through the haze
I remember him from those crazy days*
(Lyrics from the song Bell Boy by The Who)

Hello folks,

It's not easy to describe my experiences in Brazil so please bear with me as I try to do just that.

I am fast approaching 50 years of age and I have never taken any substances or drugs of any kind throughout this life in this world life. I really haven't smoked a joint or sniffed any white powders. I have drunk a lot of ale during my life though.

After a series of events in early 2007 I received an invitation from a Mr PP to visit the eco- lodge resort in Bahia, Brazil and attend an 'Ayahuasca Workshop'. During this workshop I was to drink the ancient medicine on three occasions. Here is a link to the Heart of the Initiate website. I will say to anyone that is in the position or inclined to take part in an ayahuasca workshop that they won't find a better one than the one at Bahia. Not one.



<http://www.heartoftheinitiate.com/>

If any novice wants to read up on Shamans here is a basic description.

<http://en.wikipedia.org/wiki/Shaman>

Having met PP some months earlier at Temple Bar in London I soon realised that he was a man that genuinely sought the truth and he was actually willing to walk the walk to do so. He told me he was putting a crew together to visit Brazil and carry out three ayahuasca ceremonies and he wanted me there too. Obviously I pondered on the thought why a man like PP would invite me to join his crew.

I felt like I was standing on the edge of Vesuvius but I knew in my heart that I would take up his kind offer and go. I am very glad that I did. I am well pleased and I was not negatively beguiled in anyway. PP is one of the very few people I have met that actually seeks the truth. I am becoming very disillusioned with certain sections of the conspiracy /spiritualists communities and I fear that 'yuppies' are taking over the asylum so to speak, where money and ego are becoming the only tools to create information. In my opinion the same mentality that raped and pillaged the material fads and material fashions of the past is trying to do the same to the spiritual events currently in progress in this world. Please be warned that a sheep is a sheep no matter what pen it is led to.

Anyway.

I arrived in Bahia on the 1st September 2007 after a very long journey including 3 planes, 1 boat, 1 train, two buses and a land rover. I hadn't a clue what I was doing there! PP's crew included some powerful and wealthy people and I initially felt out of place and so did my wife as she was the only female present in the crew. The rest of the crew soon put us at ease (thanks lads) and my wife soon found other female company with the wonderful staff at the eco-lodge resort.

The crew soon bonded and I can see that the events of the long journey had caused us to unite in spirit long before we actually arrived at Bahia. It was just like we had done it, or planned it, all before. Maybe we had?

We settled in easily and before we knew it was time for the first ceremony. Please remember that I hadn't taken any substances, drugs or ancient medicines in my life before and neither had the majority of the crew.

The majority of the crew were apprehensive and who can blame us because lets face it we weren't just going to have a drink of orange juice here and eat a chocolate biscuit were we? We were going to take ayahuasca which is a very powerful mind and spirit altering medicine. We had been previously warned that ayahuasca may make us vomit or shit ourselves stupid or both! Not the most positive of descriptive ways to encourage people to take it is it?

"Oh, by the way, Matthew you are likely to spew your guts up or shite through the eye of a needle after you drink this stuff...do you want one cup or two my dear!"

I had visions of my late mother appearing in the forthcoming visions I was about to experience, wagging her finger whilst saying: *"Have you got clean underpants on laddie? You soon won't have me laddie boy so I hope you have brought a clean pair for when they cart you off to hospital! Go on get shit faced on drugs you silly bugger... but don't you dare show me up at the hospital and turn up with dirty underpants on"*

(I swear that's exactly how my Mam would have seen the situation)

Anyway let's get on eh?

The First Ceremony

What is it? I'll take it

The first ceremony took place very close to the beach and sun-bed mattresses were laid out on the floor. The Shaman had brewed his medicine and was chanting over the two large jugs of a horrid looking brown liquid. It looked like puddle water.



Ayahuasca Brew.

Despite the fear and the apprehension all the crew courageously drank the ayahuasca. It had a taste of a burnt wood (not that I had tasted burnt wood before!) To be honest it tasted like crap but the combination of excitement and fear acted as a spoon full of sugar and it really did help the medicine go down.

I could see it written in the faces of the gang that it was a case of ‘Oh OK it’s in us now so no turning back. I felt the same way and most people headed for their beds within five minutes of taking it. Ayahuasca acts rather quickly and within ten to fifteen minutes it makes you lie down. It literally knocks you off your feet. We hadn’t eaten for 6 or 7 hours before taking it. It was 8.30 pm when I took my first cup of ayahuasca.

By 8:45pm it started to take effect on me and I headed for my bed as the sounds around me started to speed up and literally vibrate at a much faster rate. The sound of the sea increased in intensity and the palm trees blew in sequence with it. My heart seemed to join in with the sea and the trees and go along in harmony with them. I had literally ‘joined in’ with the earth, the sea and with the breeze of the air. I was definitely spiritually unified with these elements. I shut my eyes and I saw magical colours swirling around forming patterns and shapes. I was actually starting to enjoy this brew! For those that think I was just shit faced on a par with being on LSD.... Forget it!

I opened my eyes again for a reality check and saw a wave of colours spread over the area of where all the crew were lying. I felt connected to the surroundings and every soul that was present. I was literally experiencing visions in and from another dimension. A spirit world if you like. I remembered being previously told that I could experience ‘journeys’ after taking ayahuasca so I shut my eyes again hoping I would be taken to someone or something that I really wanted to see and communicate with. Maybe from a long time ago I thought. To those that have read my book, ‘You will be wiser when you’re older’, I say you may remember the lady in the rainy dress I mention in it?

Suddenly a tunnel appeared and off I went flying down it hoping I would get what I wanted. It was not to be. I was stopped halfway down the tunnel. I started to get disappointed and slightly angry but then a voice appeared from nowhere and a face, a head, of a male appeared in front of me (with my eyes closed). The situation reminded me of the original Superman movie when Superman hears his father (Marlon Brando) for the first time in his own world that he created at the polar cap.



The face (Head) in my vision (eyes closed) resembled this picture above

'You are not here to lie down on your back Matthew' the voice said.

'You are here to show your true colours' the voice added. The voice then told me that I was to stand up and face a challenge from the 'spirit world' and this would in turn allow me to achieve my aims and the aims of others in the crew, in the five sense world. I was shown my broken watch (It had literally fell apart just moments before I drank the ayahuasca) and I was told that I must not break my watch again at the next ceremony no matter what happens. I had to keep my eyes wide open. I was also told to pass on a symbolic vessel when the time was right to one of the crew and also get the blessing of the person's blood 'elders' for doing so. I was told, by the head, that that the person I was to pass the vessel to was to going to carry out some very special tasks in the coming years and had been chosen to carry out these tasks because he had created a symbolic shield around himself which would keep him away from disinformation and give him the intuition he needed for guidance. I was told that the ceremony that night was mainly for his benefit and the collective spiritual energies that night were to endorse his shield and rid his path of negative spirits that may hinder him. I was told that a lot of effort had gone into creating the eco-lodge and although most of the people that had created it had no idea what they had created, it was a very special place.

I was also told the Shaman would create the atmosphere for these things to happen through his magic, skills and courage and I would be assisted by the organisers of the workshop. I was also told that I needed the assistance of *'The Rain'* to keep me on my feet and I had to officially request the help of the rain. I thought at the time that rain in Brazil in September was a rarity and indeed the people running the Heart of the Initiate workshop confirmed this. I automatically said to the face *'Show me The Rain and I will not let you down'*.

I was then told; *to remember who I was and to shift my arse!*

I staggered to the toilet, dizzy as buggery. I felt like I either wanted to vomit or shit. I had one hand on my stomach and one covering my arse hole, my face must have been a picture too. Sorry to be blunt but those that have taken the brew will know what I mean. I looked around and everyone was led down on their beds apart from the Shaman and his assistant. I looked at my broken watch and it was 9:50 pm. I had only been affected by the ayahuasca for one hour. I knew it could affect you for

up to six hours. I knew that my experience was not over. I looked at the moon; there wasn't a cloud in the sky. I thought there's no flipping chance of it raining around here.

I looked at the moon again and it literally turned into a cup and saucer right in front of my eyes, like something out of Alice in Wonderland. I staggered back to my bed. I was told that when the moon was no longer a cup and saucer then I would no longer see what I was being shown. The show would be over so to speak. Over the next hour I started to look around me and I tried to focus my eye on each individual member of the 'crew'. One or two of them were starting to come out of the initial bomb-shell effect that ayahuasca medicine has on you.

As I focused on them their faces and bodies changed rapidly into different shapes and sizes. It was just like I was being shown their previous lives that they had lived in this world and what they physically looked like. They all appeared to have lived many lives and experienced many deaths. A thousand lives came into my mind. Each and every one of them had suffered a thousand deaths. I was seeing all these lives flash past me, just like flicking a pack of cards.

I sat on my bed gob-smacked. I realised that there was a very special group of people in attendance. I got a strong urge to pass on the symbolic vessel, a symbolic bottle, to one of the crew whilst they were carrying out a ritual with the Shaman, so I did. Just like the head had told me I would. They were sat close to the Fire. I had brought the symbolic bottle to Brazil from the UK but before that it had been in some very symbolic locations around the world, including the Great Pyramid at Giza and the Temple at Abu Simbel.

I knew it wasn't a coincidence. I knew when I was packing my things to go to Bahia that events were very important. I packed some things that I had only previously taken to ancient sites. I also wore desert boots which had great symbolic meaning to me and my white panama hat had also been on some very symbolic heads.

Anyway I eventually came around from my journey and to my surprise I wasn't sick nor did I have the two-bob-bits (The dreaded shits). We ate soup and drank coffee to break our fast a round 3am. After each ceremony there is a group meeting later in the same day or the next day to discuss our experiences. I tried to tell the crew what I had experienced and I said that I wasn't there to experience what they were experiencing. I told them that between them they symbolised everything in this world. Their collective symbolism from this lifetime and many others meant that no stone was left unturned and if they were all put under trance (on the same wavelength, not subject to being dumbed down, vibrating at the same rate) then they would become a very powerful spiritual force indeed. It is important that you grasp the idea that collective spiritual power can create a physical, but invisible, multidimensional energy.

Anyway. I knew that they had to experience what they were experiencing and that they had to get through the ceremony the way they thought was best for them. I also knew that their presence was vitally important not only to me but others in the crew. Indeed each and every one of them was just as important as the other. Each of them being part of a jigsaw picture of a power drill and if one piece was missing then the drill would not work. I knew some of them didn't really want to be there, drinking ayahuasca, but I knew some had been led there in spirit and they were carrying out the spiritual promises they made long ago. They promised to collectively form a picture of a drill if you like.

The ayahuasca ceremonies were on alternative days but in between times we had group discussion sessions and lectures. The setting at Bahia is superb and I knew as soon as I set foot in the eco-lodge resort that it was a very symbolic place. Again if there is a way for any of you to take part in a workshop or you have a strong urge and the means to do so, then I highly recommend that you

contact Ralph or Peter at *'Heart of the Initiate'*.

The Second Ceremony

Drink till I drop down with one eye on my clothes

The second ceremony took place during the day. I wore my hat and my desert boots. The threat of rain (It had been raining on and off all morning) caused us all to place our beds under cover, all close together. The Shaman had to bring his fire under the same roof also. We were not going to be allowed the luxury of literally lying on the beach with a big open fire as we did on the first occasion. Everything was tightly compact and we were concentrated in a very small area.

The shaman carried out his ceremonial duties and I drank the ayahuasca medicine knowing full well that I had to 'stay on my feet' (not lie down) and face the music. I hadn't to break my watch so to speak. I watched all the rest of the group take their drink and then lay down. I felt the same effects come over me as they had done two nights earlier. This time it was in daylight though.

The sound changed all around and I felt and heard an increase in the speed of the tide. The trees started rustling like they were speaking to me. The birds in the sky changed and they kept doing the same manoeuvres just like they were trapped in a time loop or like in a 'groundhog day' sort of situation. If I looked away from the birds and then looked at them again they would simply carry out the same actions they had done before. It was like time was looping on itself.

I looked around and it seemed like all the plants and trees were trying to send me to lie down. The music of the Shaman was also very hypnotic and everything seemed to put me into a trance. The urge to give up and lay down was overwhelming but I knew I couldn't do that. The temptation was immense. Within 45 minutes I knew the ayahuasca was at its most potent. I started to pace up and down like a caged animal. I looked at the crew. They were all flat out under one roof and I smiled to myself. Only the shaman and his assistant were active. They were looking over the crew, but so was I.

The magical music played by the Shaman kept the crew in a trance like state and I knew instinctively that this situation was important.

The desire for me to just lie down and shut my eyes was incredible. Only once did I nearly succumb to the temptation. I was just about to say *'fuck it I'm beat'* when my watch literally turned into a bright light and flashed my eyes as though to say 'no you don't you bugger you are not beat yet'. It was just like the flashy thing in the MIB movie but instead of taking away my memory it restored it. A positive flashy thing!

I sparked into life and started pacing about and using my arms like a boxer when shadow boxing. I was stood in front of the swimming pool which was in an elevated position overlooking the sea and the beach. My attention was attracted to the waves of the sea. Then all of a sudden the waves grew in size until they were on a par with the size of a tidal wave. I got the urge to scarper rather sharpish as it appeared the tidal wave was going to drown me. I turned my head quickly away to my right, and the sound of the waves went away, only to see three raised serpents hissing at me. I was scared just for a moment as it appeared they were going to strike (bite) me. I was forced to turn my head back towards the sea. The tidal waves had disappeared but as soon as I started to look at the sea the waves increased rapidly in size again and the sound increased also. I turned my head to my left and my eye was attracted to a palm tree and at the top of this palm tree were several giant bees. The more I looked at them the bigger and noisier they got. The only way to get rid of the visions was to

turn away. Remember I had vowed to stay on my feet and keep my eyes wide open.

No matter where I looked something happened that made me want to shut my eyes. I decided to stare at the swimming pool and just for a moment I felt like jumping in. The ripples of the water turned into snakes if I looked at them for too long so that vision slightly put me off taking a dip.

The urge to lie down and shut my eyes increased again. I thought about the flashy watch. *What am I suppose to do now* I thought? The song 'Goodbye Blackberry Way' by The Move came to mind. So I did just that.... I bloody moved!

I staggered for a drink of water I passed the group and they were mostly flat out on their beds. I drank and I drank the water as in defiance to something. I carried a bottle of water back to my previous position.

I looked at the sea again and sure enough the waves started to increase again. Out of the corner of one eye I saw the serpents rise again to my right. I took a swig of water and held it in my mouth. I watched as the waves grew and when they were at maximum height I suddenly turned to my right and spat the water at the serpents. Right in their mush.

'Take that you bounders' sort of thing, to put it mildly.

The serpents looked at me in a state shock but they immediately stopped hissing and then disappeared. I sat down for a while albeit with my feet on the floor. I drank the remaining water from the bottle and went to get another. The crew were all still flat out on their beds and the music of the shaman kept them in a trance like state. I smiled to myself again.



Picture shows the swimming pool. The crew were concentrated under the roof far centre on the second and third ceremonies and the nearest Red Cross is where I was for most of the second ceremony.



View of the pool from the sea showing the small fence in the foreground and the pool further back you can just make out the path from the pool to the beach.

I grabbed another bottle of water and returned to my position in front of the pool. I looked at the sea again and sure enough the vibrations rose rapidly and another massive tidal wave appeared in the distance. I looked out of my left eye and saw the giant bees again, festering in a palm tree type bush. Again when the tidal wave approached me I spun round and sprayed the bees with water from my bottle.

The water went straight through their wings and dissolved them. The bees then fell to the floor and they all started tap dancing like Fred Astair. (I kid you not) I started laughing to myself and they disappeared. I sat down again with my feet on the ground. I suddenly felt a presence behind me and a female voice said *'It will come from the sea so be prepared for it baby'*.

I then looked at the swimming pool and it turned into a mass of tiny black vipers swimming in milk. It was starting to go dark, it was around 6pm.

I looked over to the crew and one or two were coming out of the initial shell-shock period. One symbolic member of the crew, a Doctor, came towards me and said *'we are over the highest point'*, meaning the highest part of the effect of Ayahuasca. I thought if you can't trust a Doctors opinion about the effects of medicine then who the bloody hell can you trust! I knew then I was going to stay on my feet. Thanks Doc!

The constant work carried out by the Shaman kept the crew under trance and many members of the crew were in and out of dream state or should I say in and out of this world?

I grabbed another bottle of water and whilst I was getting this water from the Shaman's location the blood elder of the person I gave the symbolic vessel to had appeared where I had previously sat in the shelter directly behind me (see picture with red cross above) I immediately sprayed him with my eau de cologne and I asked him if he liked it. He said he did.

I then headed to the small fence that separated the eco-lodge resort land from the sandy beach. I drank the water apart from the last mouthful and I spat that onto the beach. I then vigorously paced up and down and at the same time I banged/ tapped my now empty water bottle on the fence in the form of some tune that I didn't understand. I was a bloody good drummer though. (Keith Moon - eat your heart out) I knew I was teasing something but I had no idea what. I had no control over myself during this period and it was purely an action brought on through automatic physical and spiritual direction. I have experienced this a few times in my life.

I then picked up a stick and drew a line in the sand. I then placed the empty bottle on the line. It was sunset. I then immediately vomited violently over the bottle. It is called 'purging' when it occurs

after drinking ayahuasca. I call it 'puking your ring up' no matter what caused it. I then heard a voice behind me say '*what ya doing*' I turned round to see my wife looking at me! No bees or serpents, just my wife looking at her husband like he was a head the ball.

Well then, my little truth seekers, what would you have told her in my position? Where could I start? I felt like a teenager would feel after being caught masturbating with the pages of a porn magazine opened up wide in front of them. What should I do first I thought, zip up my trousers or shut the magazine and hide it?

I told her I was just shit-faced and had unknowingly wandered down on to the beach. She then led me back to the rest of the group where I met one of the organisers. I sprayed him with my eau de cologne. He liked it too. He might have thought I was a head the ball too but he still liked it.

The major effects of the ayahuasca during my journey in the second ceremony were now wearing off. I hadn't broken my watch either.

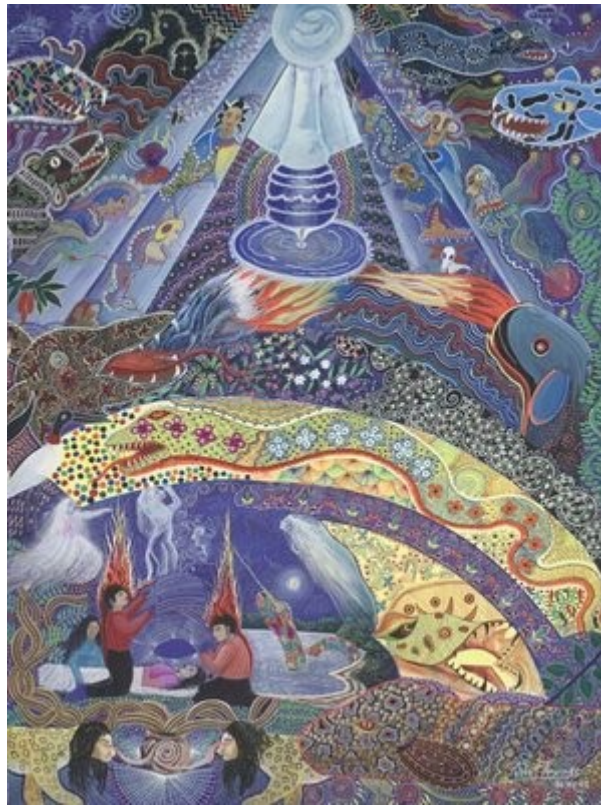
I told the group, at the group session the next day, that I had been in a 'battle' during my journey at the second ceremony. Let me tell you all now that it wasn't an easy battle and I nearly failed. I realise most of you will believe that I was just hallucinating but even if I was I still nearly failed. The pain of defeat is still the same whilst hallucinating or in another dimension just like it is in five sense illusionary reality.

Anyway.

I had hoped that my spiritual challenge was over after the second ceremony but I knew it wasn't. I knew that something else had to be done and I knew that it had to be done in the spirit world (another dimension) it didn't really matter if it was a silly hallucination or not, I still had to live it.



Visions under Ayahuasca



Visions under Ayahuasca



Visions under Ayahuasca

The Third Ceremony

*I'm going back soon - home to get that Baboon
Who cut up my eye - tore up my Levi's*

The third ceremony quickly came around. The Rain had been in attendance all day and the crew was again forced into the same small covered area. People were amazed at the amount of rain for September in Brazil because it is usually dry, pretty fair, sunny weather. I knew it was meant to be and I knew I couldn't cope without the Rain.

We all watched the Shaman carry out the ceremony for the final time and we all drank the

ayahuasca. I had for some reason placed a chair near the Shamans fire shortly after drinking the medicine.

The rest of the crew lay down on their beds but I knew that I had to stay on my feet again. Those that have taken a cup full of ayahuasca will know how difficult it is, during the first hour or two after drinking it, to just stand up.

I again felt directed to take up an elevated position near the pool looking out to sea. This time it was very dark. I wore my hat, just as I had done on the second ceremony. Sure enough within fifteen to twenty minutes of taking the medicine everything started to change. The noise of the sea increased again and the trees began to sway in tune with the sounds of the sea.

Again my heartbeat raised and unified with the Earth, the Sea and the Air. The magical chants of the Shaman and his music put the whole crew into a trance and I am sure that most of them were seeing visions. The lights in the sky stood out as the stars literally fell down forming beautiful patterns in front of my eyes. The clouds just seemed to disappear.

I waited for something to happen and the urge to just lie down and shut my eyes was tremendously hard to defy but I knew I had to stand my ground again no matter what. I was determined to see out whatever I had to see out. The love that brought the rain was keeping me on my feet.

Suddenly a small illuminated lamp-post next to me turned into a raised Cobra with bright red eyes. I knew I was stepping in and out of this world. The longer I looked at it the bigger it got. I felt it was going to bite me and swallow me. I looked away and paced up and down whilst still wearing my hat. I then approached the Cobra again but as I got near to it I turned around and pointed my arse in its direction. I bent over like I was going to break wind (fart). As I have said ayahuasca is probably the best laxative in the world and I believe the Cobra just didn't dare risk staying there when I pointed my arsehole in its direction. Maybe it had hallucinations of being sprayed with shite, I don't know if it did or not but I do know it buggered off!

I looked out to sea and saw two bright streaks of yellow coming towards the beach. I felt a sense of dread. I sat down but again my feet never left the ground. I heard a voice inside myself telling me to expose myself and represent the colours of the crew. I was relieved to comprehend that 'exposing' myself didn't mean me showing my arse, mooning, like a drunken idiot but just meant revealing myself. Showing myself. Coming out.

I suddenly got the urge to approach the Shamans fire. As I approached the fire I noticed someone sitting in the chair that I had placed there earlier. I kindly asked the elder or the man in charge if he would kindly place my hat on the fire. I also placed some eau de cologne on his wrist for him to wear and asked him if he liked it (The aroma). He said he did and he then placed my hat on the fire and proceeded to burn the bugger! I knew I was symbolically revealing myself by doing this.



The well travelled Hat that is no

more. (Sob)

I grabbed a bottle of water and returned to my position, obviously hatless.

I looked out to sea and noticed that the two yellow streaks had now reached the beach. I had the strongest urge to go and meet with these yellow streaks. I moved round to the front of the pool, nearer the beach, and then made my way down to the area in front of the beach.

There was a little segmented stone type ornamental pathway leading to the beach, indeed the same pathway ran around the whole eco-village. As I approached I realised that the two yellow streaks were really just one.

Just prior to reaching the small fence, separating the beach from the eco-lodge, I saw the yellow streak flash by at tremendous speed directly under my feet. It literally shook me off my feet and I fell over. Like a drunk would do after filling his belly full of ale.

I focused my vision as I stood up and the yellow streak turned into a giant snake. The path I was walking on had turned into a massive snake! I was literally riding a giant snake but I wasn't going anywhere. I was staying in the same place and the snake was whizzing by under my feet. I put my arms out to help me gain balance like I was riding on a skateboard.

The head and tail of the snake were joined together like Oruboros with the snake's head gripping the snake's tail in its mouth. It was continuous and it was hard to know where the head was and where the tail was.



The path that turned into a snake. Seems silly now but I tell you the truth, it turned into a snake.

All of a sudden I stamped my right foot down and the snake's head popped up as in pain, dropping its tail at the same time. Without thinking I put my arms around the neck of the snake just like Tarzan having a pop at a crocodile would. I wrapped my legs around it too like I was going to hump it. The snake then vomited and a red assed baboon came out of the yellow snake's mouth, all wrapped in goo like a newborn baby is. The baboon was holding a large eye with the pupil shaped as a number three or a letter **m** on its side. The baboon took one look at me and started to run towards the beach. I dropped the snake and ran after the baboon. Its red arse was glowing very brightly like a neon sign saying 'kick me'.

I swung a leg in an attempt to boot it up the arse but I missed (so no emails from the RSPCA please) I started screaming and shouting at this baboon and in its haste to escape it dropped the eye it was carrying very near to the place where I was sick and where I had drawn a line in the sand on the beach. It was also the place where I had placed an empty bottle during the journey I experienced at the second ceremony.

My shouting at the baboon must have sounded like signs of distress and I must have alerted the elder of the ceremony and the Shaman's assistant to my plight because they came to me asking what all the noise was about. I felt a bit embarrassed. I knew it was over and time for me to rest and after staying on my feet for two ceremonies I really was ready to collapse on to the floor.

I went to my mattress and tried to make sense of what had happened I shut my eyes for only the second time in three ceremonies. The same male face (Head) (like Superman's dad) from the first ceremony appeared again.

He plainly 'said' or I understood him to say; *'It's nearly done but when it is say so'*. I was shown a 'hole' between this world and a sort of paradise world. In-between this world and the paradise world I was shown a world of imprisonment and misery and I was shown that the rulers in that world of fear like to keep this world in the same image of that world.

This in-between world keeps the human race as prisoners and keeps us in the lowest form of trance possible making a true escape impossible.

I was also shown that the powerful crew that had been put together had managed to drill a symbolic hole right through the negative band of energy (in-between world) showing me that collective spiritual energy can create physical invisible energy. I was shown that representatives from the paradise world beyond the in-between world were now present in this world as human beings and were breaking out of the trance state they were put under by the in-between world, just like everyone is put in trance.

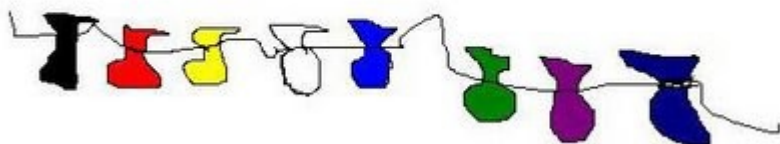
I was told that *'when these representatives were united there will be fireworks in this world'* and the face winked at me and smiled. The face then faded away. I wanted it to come back and tell me more but it didn't. I knew my journeys to other worlds in Brazil were over.

I got up and noticed the elder of the ceremony (the bugger that burnt my hat!) was sat in a chair near my head. I got up and got a final bottle of water and looked to the stars and drank the bottle in one. I then gave the elder the empty bottle and he kindly took it.

That was the end of my journeys under the trance of ayahuasca and the guidance of the Shaman. I must say that even though I experienced some traumatic scenes I felt perfectly at ease after each ceremony. After the third ceremony I asked another symbolic member of the group if he knew the title of a song by Johnny Nash. He said *Johnny Cash*. I said *No Johnny Nash*.

'I can see clearly now' I said. *'The Rain has gone'* someone else said. The day after third ceremony was a cloudless hot and sunny day and all the crew laid around in the sunshine including me. I was exhausted but felt that it really was a beautiful day. I knew that without the rain I couldn't have experienced my latter two journeys and I knew only love had brought the Rain.

On the last evening we had tobacco offering ritual to carry out. We had previously made ritual offerings to the Earth and the Sea using symbolic stones. I used a blood stone. For the tobacco offering every one of us had to wrap tobacco in little different coloured cloth parcels and attach them on a string. Just like a string of pearls.



Colours used in final offering

We then burnt them individually on the Fire and each said a few words as part as a closing ceremony and when I threw my coloured parcels of tobacco on the Fire. I said *'It's done'* and it was on that day.

Oh my brothers it was done.

.....

So there you have it. I have tried to be as honest and as accurate as I can when describing my journeys. Obviously the vast majority of people will see it as though I had a 'trip' brought on by drugs that cause hallucinations. I must say that not long ago I would have thought the same thing. Remember I have never taken any substances before so I have nothing to compare ayahuasca to. I can drink a bucket full of ale though and still stay on my feet.

I was also traumatically awakened to my hypnotically suppressed childhood memories in 1999. I must admit that ayahuasca did seem to appear to transport me to see another dimension that resembled my childhood experiences and I certainly reacted to what I was seeing.

So what can I really tell you about ayahuasca? I have always said long before I went near ayahuasca, and it is recorded, that I believe the masses are dumbed down and we are forced to spiritually surrender ourselves to a deceptive force lifetime after lifetime. To put it in simple terms our third eye is removed. Yes a removal of our third eye (our intuition) takes place leaving us at the mercy of the deceptive force that caused the loss of sight in the first place. Can ayahuasca medicine replace that third eye if only for a few hours?

Far more intelligent people than me know about these things and can explain it better too. I have just reported what happened to me as it appeared to me. Some claim that pineal gland (that separates the two sides of the brain) is affected by ayahuasca and in turn this allows the individual taking it to access both sides of the brain. Again I don't even pretend to know if this is true but I will say that I believe the human race is somehow dumbed down to the levels of a plastic dog turd from a joke shop and there may be something in this. Here is a brief explanation of the pineal gland.

http://en.wikipedia.org/wiki/Pineal_gland

Ayahuasca is said to contain the natural brain hormone 'DMT' and this DMT is only usually increased when you are born and when you die. Entering and leaving this dimension. So it is possible that ayahuasca supplies you with inter-dimensional visions during your life by increasing DMT levels. Although from another view point reduction of DMT levels may explain the dumbing down process. Here is a brief explanation of DMT.

<http://en.wikipedia.org/wiki/Dimethyltryptamine>

Can drinking ayahuasca raise your 'vibrational state', for want of better words, and enable you to see into other dimensions? Can the Shaman create changes in consciousness that effect not only individuals but also collective groups? Can the Shaman use his skills to create a collective hypnotic trance like state just like I believe a deceptive race of serpents have hypnotised the masses in this world to live in the trance that creates all the misery in this world?

I am sure that the crew put together by PP and others close to him know the answers to the questions that I ask about the Shaman are true.

The crew I was with actually felt true connection with each other simply because we were all on a level playing field. There were no material barriers, there were no class divisions and there were no differences between us whatsoever. None. We lived as equals if only for a short period. Our true spirituality was allowed to surface simply because we were allowed to create our own world for once and in that world there were no divisions, just human beings collectively searching for some truth and a way home. We allowed each other to experience what we wanted or needed to experience without restrictions. We allowed each other to be free. I only witnessed positive results in the people that took ayahuasca despite some of the people having journeys that were not all fluffy bunny experiences. I always felt good after the ceremonies. The collective spiritual power of the group made sure of that.

Ayahuasca has confirmed to me that this world is an illusion created by mass thought. Sadly I believe the collective thoughts of the human race have been hijacked by a very deceptive force and we live lives that the hijackers want us to live. I believe we can change this world by changing mass thought and if the majority of minds can wake up to what is really going on then a massive spiritual

shift is possible and we will reconnect with the paradise world that I have been shown and seen. There will be no prison warders and the world will not be a prison anymore. If this shift happens you will not be forced to surrender your spirit and live on your knees in misery in this world ever again.

A fairy tale is it? Matthew Delooze is just another lunatic shooting his gob off whilst being high off magic potions is he? A stupid dreamer that knows bugger all and is living in a delusion am I? Well if I am it is a bloody prolonged and vivid delusion then and my psychosis never fades and to be honest if I am suffering from psychosis then I really hope that I never get sane again and end up like the bloke next door. I really do.

So I tell you the truth when I say representatives from the one true consciousness are here in human form in this world to help this world shift. They can only open up the spiritual floodgates and help if this world really wants to 'shift'. It is time to think for yourselves and let your intuition tell you what you should do in the coming months and years. I have said enough in this article and it is nearly time for me to go. I say let your intuition direct you in the future, not your credit card statement or a lying politician. Your subconscious is currently being reminded of who you really are and when you remember it will be a trustworthy guide. So follow it. It is a difficult time for a lot of us.

Anyway.

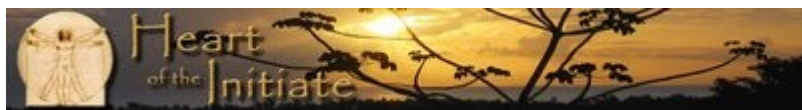
Some force had subconsciously created the urge in the crew to attend the workshop. It's not easy for some people to drink such things as ayahuasca and I acknowledge the sheer bravery of all those people who drank it, especially those who, on a five sense level, didn't really want to swallow it. I can only suggest to those that didn't want to drink it that your subconscious brought you to Bahia that week because of the spiritual symbolism you carry and that you spiritually promised to do so (sadly you cannot remember the promises you made whilst you are in this world). No one broke their spiritual promises at Bahia.

I would like to thank PP and those close to him for putting together the crew and making our week at Bahia possible. I also would like to thank those who found themselves at Bahia through their own spiritual path for making it possible because your involvement was just as important as everyone else. I am excited for all of you and all your futures.

To Ralph, Peter, Rod and the delightful Fiona and the rest of the staff at Heart of the Initiate I say a very big thank you, just for being you and the wonderful thing you have created. Again anyone wishing to know more about Heart of the Initiate please visit their site. It's a mine of information with some very good articles and other information, including some very good stuff from Ralph and Peter. Ralph and Peters skills are many and Ralph has even become an expert hat burner as well! Here is a link to articles at the Heart of the Initiate website and some audio lectures if you are interested.

<http://www.heartoftheinitiate.com/library/articles>

<http://www.heartoftheinitiate.com/tag/lectures>



I realise the vast majority of people haven't the means to get to Brazil and take part in workshops and that is why I have opened my heart and put my experiences on show in this article. If you have

read this article carefully then my experiences are also now in you and you have seen and will carry the same symbolism and the same colours as me. (Without having to puke your ring up or worry that your arsehole was going to explode or indeed worrying your mother about the state of your underwear, I might add!)

I realise you will have totally different experiences than me if you attend a workshop but to those who will never attend a workshop I say you now know as much as me about ayahuasca.

Last but not least, by a long chalk, I thank the Shaman and his lovely assistant for the sheer effort and hard graft they put in during the ceremonies. I am sure their work will not go unrewarded. May love reign o'er you all.

Matthew Delooze

(PS Sorry my article on unions in the UK has been slightly delayed)

On a lighter note I wondered if some of you would like this colourful oldie from the 1970's (Although it's just as important to the younger end). It's a bit blurred so look very, very, carefully truth seekers! Remember then?

Latest and Greatest Crop Circles from the UK

East Field, nr Alton Barnes, Wiltshire.
Reported 3rd June



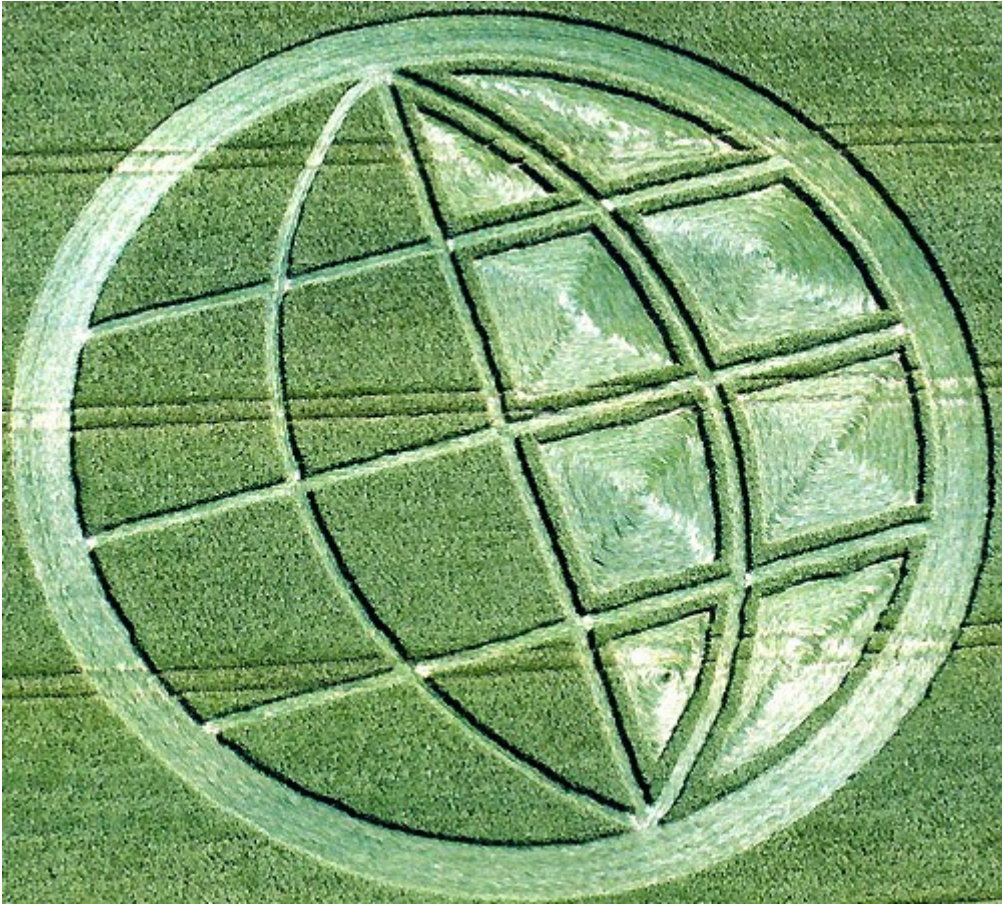


Abbots Down, Nr Pewsey, Wiltshire. Reported 6th June.

The striking Abbots Down formation is the first time the crop circles have shown us a three-dimensional representation of a globe. This design seems strangely familiar somehow, many similar examples of this type of design can be found throughout world-media as logos etc.

A globe may imply the planet, or like the circle may represent wholeness and unity. Interestingly, 2005 saw many four-fold designs, perhaps this in some way brings those explorations of fourness to some kind of resolution.

Cut into four sections horizontally and vertically, the formation comprises sixteen individual components. Sixteen (of course) is the square of four.









White Horse Milk Hill, nr Alton Barnes, Wiltshire. Reported 7th June





AWESOME !

Thanks

~Maritza~

~Nita aka ~eerie

..>..>

..>..>

..>..>

..>..>

..>..>

..>..>

..>..>

..>..>



Not Everyone Can Be in Your Front Row

~unknown author

Life is a theater - invite your audience carefully. Not everyone is spiritually healthy and mature enough to have a front row seat in

our lives. There are some people in your life that need to be loved from a distance.

It's amazing what you can accomplish when you let go, or at least minimize your time with draining negative, incompatible, not-going-anywhere relationships/friendships/fellowships!

Observe the relationships around you. Pay attention to: Which ones lift and which ones lean? Which ones encourage and which ones discourage? Which ones are on a path of growth uphill and which ones are going downhill?

When you leave certain people, do you feel better or feel worse? Which ones always have drama or don't really understand, know and appreciate you and the gift that lies

within you? When you seek growth,
peace of mind,
love and truth, the easier it will
become for you to decide who gets
to sit in the FRONT ROW and who
should be moved to the balcony of
your life.

You cannot change the people around
you...but you can change the people
you are around! Choose wisely the
people who sit in the front row of
your life.

page created by ~Nita/~eerie

Repost upon request NUMBER PATTERNS

Hope this helps some of ya who see patterns!

peace

<3

Back when I began seeing signs....numbers particularly...they came ever so insistently....and constant. It began almost instantly after the 9/11 attach. I began to see 9:11 everywhere....it really bothered me. It bothered me because it was so constant that I knew it was so sort of message and it wasnt making itself clear to me. So after the numbers changed to 11:11 and became even more of what I had at the time look at like a nusence....I decided to do a web search on it....and when I realized there was a world of people out there have the same experience only then did I allow it to be the miracle it has grown to be in my life.

I was directed to a book a long time ago....and not until recently had I picked it back up. When I was seeing these numbers they had progressed to other number patterns that would show themselves to me often....and then the book "Healing With Angels" was directed to me. In the back of the book it had many number patterns that had messages for you to receive when you saw the numbers. I used it for a small period of time....and now that numbers have once again became a constant in my life...and the messages and symbols much more fluent I decided to pack the book along with me and open it upon seeing number patterns.

Go figure....when I had a thought on my mind a number pattern would be shown to me...and Id open the book....yup the message fit to the T. I decided it is my own higher spirits way of communicating to me. Numbers, symbols, and messages mean different things to different people. I figured I would share with you the messages that come along with the number patterns in case it felt like something that too would help you. So below I have added the info from my book.

Please keep in mind...it may not be for you....or you may need to reword the messages to properly fit your perspective on life and living...as I do....but I am going to leave the actual contents from the book as written and put it directly here.

Hope this comes to you with as much light and love as it came to me!

~love and light

<3 Heaven

111 ~> Monitor your thoughts carefully, and be surely to only think about what you want, not what you don't want. This sequence is a sign that there is a gate of opportunity opening up, and your thoughts are msnifesting into form at record speeds.

222 ~> Your newly planted ideas are beginning to grow into reality. Keep watering and nurturing them, and soon they will push through the soil so you can see evidence of your manifestation.

333 ~> The ascended masters are near you, desiring you to know that you have their help, love, and companionship. Call upon the ascended masters often, especially when you see the number 3 patterns around you.

444 ~> The angels are surrounding you now, reassuring you of their love and help. Don't worry because the angels help is nearby. (also known as unconditional love being sent your way)

555 ~> Buckle your seat belts, because a major change is upon you. This change should not be viewed as being positive or negative since all change is a natural part of life's flow. Perhaps this change is an answer to your prayers, so continue seeing and feeling yourself being at peace.

666 ~> Your thoughts are out of balance right now, focused too much on the material world. This number sequence asks you to balance your thoughts between heaven and earth.

777 ~> The angels applaud you - congratulations, you're on a roll! Keep up the good work and know your wish is coming true.

888 ~> A phase of your life is about to end, and this is a sign to give you forewarning so you can prepare. This number sequence may mean that you are winding up an emotional, career, or relationship phase. It also means that there is a light at the end of the tunnel.

999 ~> Completion. This is the end of a big phase in your personal or global life. Also, it is a message to lightworkers involved in Earth healing and means "Get to work because Mother Earth needs you right now"

000 ~> A reminder that you are one with God, and to feel the presence of your Creator's love within you. Also, it is a sign that a situation has gone full circle.

Combinations of 1's:

1's and 2's, such as 121 or 112 ~> Our thoughts are like seeds that are beginning to sprout. You may have already seen some evidence of the fruition of your desires. These are signs that things will and are growing in your aspired direction. Keep the faith!

1's and 3's, such as 133 or 113 ~> The ascended masters are working with you on your thought processes. In many ways, they are acting as mentors, teaching you the

ancient wisdom involved in manifestation. They are sending you energy to keep you from feeling discouraged, and encouragement to stay focused on true goals of your soul. Additionally, the ascended masters may be offering you advice, guidance, and suggestions on your life purpose. Always they teach that every creation begins at the level of thought and idea. Ask them to help you choose wisely that which you want.

1's and 4's, such as 144 or 114 ~> The angels are emphasizing strongly that you watch your thoughts right now. They counsel you to make a wish, as you are in a gateway that will manifest your thoughts right at this moment. (NOTE: 411 means ask the angels for some vital information that you need right now.)

1's and 5's, such as 155 or 115 ~> Your thoughts are creating the changes in your life. Keep steering your thoughts in your desired direction. If the changes that you see forthcoming are not desired, you can stop or alter them by modifying your thoughts.

1's and 6's, such as 166 or 116 ~> Keep your thoughts heavenward, and let go of materially minded worries. (NOTE: 611 means ask for help in repairing something in the material world that is irritating or bothering you right now.)

1's and 7's, such as 177 or 117 ~> This is confirmation that you are doing great. You are on the right path, so keep going! This is a sign that you have chosen your thoughts well and that you should focus even more steadily on your objectives.

1's and 8's, such as 188 or 118 ~> You are nearing the end of a significant phase of your life. If you are tired of some part of your life, be glad that it will soon be healed or replaced with something better. Surrender and release those parts of your life that are not working, as your thoughts of a better life are coming to pass.

1's and 9's, such as 199 or 119 ~> A new door has opened for you as a product of your thoughts. You now have the opportunity to stare your thoughts in the face and come eye to eye with your own creations. Let the old fall away, as it is replaced with the new in accordance with your desires.

1's and 0's, such as 100 or 110 ~> Powerful Divine guidance from God and the angels asks you to alter your thoughts. Perhaps you have been praying to be happier and healthier. If so, this is an answer to your prayers. God knows that the solution you seek is born within your thoughts. Ask God to guide the direction of your thoughts and support you during your time of transition.

Combination of 2's:

2's and 1's, such as 221 or 112 ~> SAME AS 1'S INTERPRETATION LOOK ABOVE

2's and 3's, such as 223 or 323 ~> The ascended masters are working with you as co-

creators of your new project. They are telling you that they share your excitement and know that everything is working out well for you. The masters can see that your future is already guaranteed to be filled with the happiness you seek. Enjoy this new phase of your life!

2's and 4's, such as 224 or 244 ~> As it says in the spiritual text, A Course in Miracles, "The angels nurse your newborn purpose." This is a sign that you have help from above in making your desired transitions. This is a time when you especially need to know that you're not alone. The 2 and 4 number sequences are a signal from your angels to tell you that they're working very closely with you right now.

2's and 5's, such as 225 or 255 ~> Your prayers and intentions have been clear, strong, and without reservations; therefore, expect a change to come about faster than you may have foreseen. Don't let it throw you when your wishes come true. They may come about in unexpected ways, so hold on to your faith. Talk to God often, and ask for reassurance.

2's and 6's, such as 226 or 266 ~> A new purchase or acquisition is coming your way.

2's and 7's, such as 227 or 277 ~> Have you recently applied for a new job, admission to a school or a loan? These numbers signal good news. They ask you to hang tight and to now allow your faith to waver.

2's and 8's, such as 288 or 228 ~> One door is beginning to open, and another door is beginning to close right now, as it will guide you to take steps that will ensure your steady abundance during these transitions.

2's and 9's, such as 299 or 292 ~> If you've recently suffered a loss (job love etc) expect it to be replaced in the very near future. Everything is working in your favor, although there may be so much behind the scenes activity involved that you wonder if God has forgotten about you. Worry not! Feel the energy of your life, which is moving forward right now. You are not being punished by your recent loss. The universe is, instead, preparing you for newness.

2's and 0's , such as 200 or 202 ~> God wants you to know that He has not forgotten you or abandoned you! In fact God is orchestrating a wonderful new phase of your life. Talk to God often, and you'll feel this forthcoming miracle. God also reminds you of the importance of the divine timing. Sometimes, certain factors need to fall into place first before your desired outcome can be reached. As long as you hold strong in your thoughts and faith, there is nothing blocking you from attaining your desire.

Combinations of 3's

3's and 1's, such as 311 or 313 ~> SAME AS 1'S INTERPRETATION LOOK ABOVE

3's and 2's, such as 322 or 332 ~> SAME AS 2'S INTERPRETATION LOOK ABOVE

3's and 4's, such as 334 or 344 ~> You have a lot of help around you right now! Both the ascended masters and the angels are here to assist, guide, and love you. Reach out to them, as they are reaching out to you.

3's and 5's, such as 335 or 355 ~> The ascended masters want to prepare you for a big life change that is imminent. They want you to know that they are holding your hand through this change, and look for the blessings within it.

3's and 6's, such as 336 or 366 ~> Your ascended masters are helping you manifest the material items you need for your Divine life's purpose. Whether that means money for intuition or outlets for you to conduct your teaching or healing work, the masters are working to bring it to you. They want you to know that you deserve to receive this help, as it will better enable you to give to others.

3's and 7's, such as 337 or 377 ~> The ascended masters are joyful. Not only do they see your true inner Divinity, but they also agree with the path that you have chosen. They want you to know that you deserve happiness, and to allow the flow of holy bliss that comes with your Divine heritage and chosen path.

3's and 8's, such as 338 or 383 ~> Keep going! the masters are saying to you! Boost the energy and focus of your thoughts and feelings. Realign your outlook with the knowledge of your oneness with God, everyone, and all of life.

3's and 9's, such as 339 or 393 ~> This is a strong message to let go of situations in your life that aren't in integrity or that have served their purpose. Do not artificially hang on to situations because of fear. Know that each and every moment you are taken care of. It is vital that you hold a positive viewpoint about yourself and your future. This viewpoint actually creates what you will experience, so ask the masters to help you chose your thoughts from the high point of love.

3's and 0's, such as 300 or 330 ~> God and the ascended masters are trying to get your attention, most likely with respect to a matter related to your Divine life purpose. Is there any guidance that you've been ignoring lately? If so, you may be feeling stuck right now. This number sequence is heaven's way of alerting you to the fact that you must do your part in the creation process. This means listening to and following your Divine guidance to take certain actions.

Combinations of 4's

4's and 1,2,3's CAN ALL BE READ ABOVE

4's and 5's, such as 455 or 445 ~> Your angels are involved in one of your significant life changes right now.

4's and 6's, such as 466 or 464 ~> Your angels caution you that your focus is too much on the material world. They ask you to surrender your worries to them so that they can intervene. Balance your focus between heaven and earth, and know that your supply is truly unlimited, especially when you work hand in hand with the Divine.

4's and 7's, such as 477 or 474 ~> The angels congratulate you and say "Keep up the great work! You are on a roll. Keep your thoughts focused, because it's having a big positive effect."

4's and 8's, such as 488 or 448 ~> This is a message from your angels that a phase of your life is about to end. They want you to know that as things slow down, they are with you and will be helping to guide you to a new situation better suited to your needs, desires, and purpose.

4's and 9's, such as 499 or 494 ~> The angels say to you that it's time to let go of a situation that has ended. They remind you that, as one door closes, another one opens. The angels are certainly helping you to open new doors and to heal from any pain that accompanies the transition that you are now undergoing. Please ask your angels to help you have faith that these endings and beginnings are answers to your prayers.

4's and 0's, such as 400 or 404 ~> God and the angels want you to know that you are very, very loved. They ask you to take a moment to feel this love, as it will answer many of your questions and resolve any challenge.

Combination of 5's

5's and 1-4's CAN BE READ ABOVE

5's and 6's, such as 556 or 565 ~> Your material life is changing significantly, such as a new home, car, or other possession.

5's and 7's, such as 557 or 575 ~> This is a validation that you are on target. With impending change that will enrich you either physically, emotionally, or intellectually - or a combination of all three. Stay on course and you will soon see the evidence of how the changes add to your own life and to that of those around you.

5's and 8's, such as 558 or 585 ~> This number sequence signifies that you are at the 11th hour, right before the change. Do not fear it, as you will be supported and loved throughout this change, which is now imminent.

5's and 9's, such as 559 or 595 ~> In order for the new change to manifest, its important to release the past. This number sequence asks you to let go of the old and know that it served a vital function during its time. However, life is fluid and change is inevitable. Know that the new is standing at your doorway, waiting for you to let it in. You invite the new in as you detach with love from the old.

5's and 0's, such as 500 or 550 ~> An important message that lets you know that your life changes are in Divine and perfect order. They are a gift from God and in alignment with God's will for your higher self.

Combinations of 6's

6's and 1-5's CAN BE READ ABOVE

6's and 7's, such as 667 or 677 ~> A validation that your thoughts and work with the material world are right on the mark. You have successfully balanced your thoughts and activities so that you are taking care of the mind, body, and spirit. Keep up the great work!

6's and 8's, such as 668 or 688 ~> You are about to part ways with something in your material world, such as a selling a possession. If you do not intend to lose or sell anything in your material life, you can change your thoughts and alter this direction. However, if you are intent on selling or detaching from something material in your life, consider this a sign that your wish is about to come true.

6's and 9's, such as 669 or 699 ~> Detach from your material items, especially if you have had any obsession with any particular type of material possession. This number sequence asks you to let go and detach. Also, this is a message that something in your life that you have sold or lost is about to be replaces with something better. Be open to receiving new possessions that exceed your expectations, as you are ready to be upgraded. You deserve the best!

6's and 0's, such as 600 or 660 ~> This is a message from your Creator about your material life. Divine guidance from God asks you to focus less on Earthly desires. It's not that God is asking you to live an impoverished life, but rather, that your Creator asks you to try a more spiritual approach to having your needs met. Know that God is within you and is yuor source for everything you need. Simply hold faith and gratitude, and be open signs or new opportunities that will bring your material needs to you.

Combinations 7's

7's and 1-6's CAN BE READ ABOVE

7's and 8's, such as 778 or 788 ~> Have you been feeling that some part of your life,

such as a job or relationship, is ending? This is a validation that your feelings are correct. The end could mean a significant positive change in the situation, or it could mean that some part of your life is nearing completion of an intense situation. Hang tight, because your life is about to get easier.

7's and 9's, such as 779 or 799 ~> CONGRADULATIONS!!! You are shedding old parts of your life that no longer fit who you are. You are living a more authentic life that is in integrity with your highest view of yourself. This number sequence applauds your decisions to live honestly.

7' and 0's, such as 700 or 770 ~> An "atta boy" or "atta girl" directly from God, giving you accolades for mental, spiritual, and physical work you've been doing. You are helping put yourself and many other people with your current path, and God asks you to continue with your great work.

Combinations of 8's

8's and 1-7's CAN BE READ ABOVE

8's and 9's, such as 889 or 899 ~> Some significant phase in your life has come to an end, bringing with it other events that will also end in a domino effect. Like a train coming to the end of the line, one car will stop while the following train cars will take a moment to slow down before stopping. This number sequence is a message that you are going through a chain of event, where many parts of your life are slowing and stopping. Worry not, though, because these changes are necessary for new sequences and circumstance to begin for you.

8's and 0's, such as 800 or 808 ~> A message from your Divine Creator signifying that the impending endings are part of your overall Divine plan. They are answers to your prayers, and are in alignment with God's will for you. Ask God to help you allay any fears or worries you may have about these upcoming changes.

Combinations 9's

9's and 1-8's CAN BE READ ABOVE

9's and 0's, such as 900 or 909 ~> This is a message from your Creator signifying that the part of your life that has just ended is Divinely guided. Nothing is ever truly lost. There is no death, and there are no accidents. Your recent life change, in which significant part of your life has been halted or altered, is actually an answer to your prayer. God is letting you know that Rather, you life plan or prayers called this life change to you, through your own God given power. Be willing to forgive everyone involved so that you can be light and free as you enter into a beautiful new phase of life.



Seven Ways to Enlightenment



The Secret of Creation

There are seven approaches to Divinity through meditative work. Four are related to the individual and to consecrating the personality, and the other three are of a group nature.

From the initial focused intention to satisfy the appetite, one ultimately joins in Ashramic meditations.

Meditative work performed by the Hierarchy and the New Group of World Servers creates dynamic and evolutionary results in the three worlds of personality expression, made up of the physical-etheric, astral and mental planes. It is through experiments with meditation that we can truly change our lives from darkness into radiant light! We become the cable of ascension to the Living Loving Heart of God, a channel for the Manifestation of the Kingdom of Heaven on Earth!

These seven steps or grades of focused intention in meditative work include working with ...

1. Desire

The attainment of achieving that which satisfies the lower desires initially drives one towards focusing their will, which begins the process of meditative work. This form of approach is inclusive of all human desires from the beginning of human development up to and the aspiring mystic.

2. Prayer

Prayer is an approach to Divinity invoked by the aspirant, the mystic or the spiritually inclined being that blends personality desire with a desire for soul contact. Through the demonstrated effectiveness of prayer, one observes the subtler powers and the fact of the essential dualism of life, discovering both a lower self and a higher Self.

3. Mental Reflection

Mental reflection or concentrated thinking produces integration and definite personality alignment, which leads eventually to controlled reflection and concentrated thoughts. This type of thinking has produced all the creative wonders of modern civilization and culminates in the concentration achieved in occult meditation. This meditation brings about personality and soul fusion.

4. Straight Meditation

A focused, concentrated mental attitude and fixed reflection that is creative in nature is termed straight meditation. This practice births the "Christ Within," producing the soul-infused personality. The soul-infused personality then reorients the life and environment, and begins consciously to cooperate with the creative work of the Spiritual Hierarchy, the Group Soul.

These four stages of meditative work are responsible for all that is seen and known to exist in the three worlds. These expressions of meditation or focussed thought – from desires for physical or emotional objectives or the higher aspects of spiritual, focused aspiration – definitely creates that which is desired. This is also true of the other three stages of meditation that are group in nature, as they are intelligently and effectively creative.

These three stages involve

5. Worship

Worship is the united group recognition and reflection upon Divine

Transcendence and Divine Immanence. Worship creates the path of return to the source of Divine Life.

6. Invocation and Evocation

Invocation and evocation is a form of dynamic, spiritual meditation. The New Group of World Servers and people of goodwill worldwide are creatively striving towards the upliftment of humanity, the creation of a new world order and a more spiritually-polarized civilization.

To assist in this evolution, The Great Invocation was given to assist in the creation of the new world order and is a cornerstone of the New World Religion. The united use of this prayer is one of the most powerful demonstrations of invocative and evocative meditation.

7. Ashramic Meditation

Ashramic mediation is based upon the evocation of human response to the higher spiritual values and the creation of those conditions which allow the new values to flourish according to the Divine Plan. Ashramic meditation focuses on the immediate aspect of the Path humanity is needing to tread. Its intention is to swing into creative activity the desires, aspirations, reflections and focused meditation of humanity, at whatever their point in evolution, so that a potent, cooperative and invincible movement will be established, resulting in the creation of the new heavens and earth.

This is one way of preparing the way for the Kingdom of God on Earth, with a new order and way of expressing life.

Credit for information and synthesis:

****(The collected volumes of writings by Alice A. Bailey, specific reference here to Discipleship in the New Age, Volume II, p. 215-217 Lucis Publishing Co., 120 Wall St., 24th Floor, New York, NY 10005)****

"When you know that you are eternal you can play your true role in time. When you know you are divine you can become completely human. When you know you are one with God you are free to become absolutely yourself ..."

**** Mother Meera ****

Spiritual Enlightenment

You long to live a more spiritual life and be a source of love, hope and healing energy to every soul you encounter. You yearn to quiet the negative chatter inside your mind, to tame the chaotic rumblings on the edge of your consciousness and discover a clear sense of meaning and purpose.

Whether you're just starting out on your journey or are already deeply devoted to a particular path, these steps can bring your understanding of basic universal principles into sharper focus, reenergize your pursuit of spiritual enlightenment, and strengthen your connection to the deep love.



Thanks for sharing

The Power of Your Inner Being

There is a power within you which very few suspect.

While your "outer self" - your daily waking consciousness
is focused upon the external world,
your inner being encompasses all aspects of your consciousness.
Your inner being includes your outer self, your subconscious mind,
and all the other, so-called "unconscious" parts
of your mind that psychologists have tried to identify.



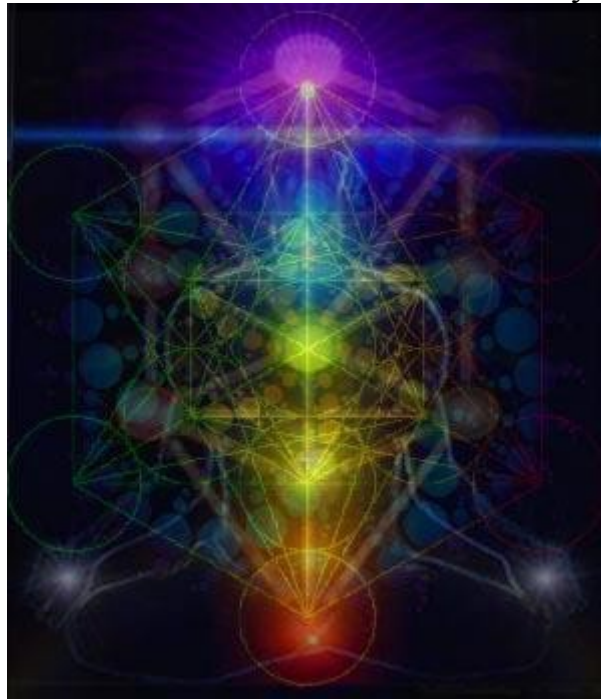
A. Andrew Gonzalez

'Yemanja'

Your inner being is your complete consciousness.
It is all of the "separate" parts of your consciousness
in one unified package.
Your inner being is also your soul -
the real you, the complete you.
It has also been referred to as your "higher self"
because, compared to the consciousness of the outside world,

most of your inner being operates
at a higher frequency of consciousness.
It manages many essential functions for you
while your outer self focuses
upon the experience of life
in the external world through your five senses.

As members of the human race,
we are spiritual adventurers who have projected ourselves
into a physical realm
in order to experience an intense focus of consciousness.
Our purpose in the physical realm of consciousness
is to gain a sharply-defined sense of identity
and then to expand our awareness
into heart-centered consciousness and beyond.



These stages of consciousness are reflected
in the human chakra system,
which is a set of gateways of consciousness
between you and the outside world.

The main portion of Western society today
functions at the level of the solar plexus chakra,
which emphasizes intellectual and technical development
Then, there is an ever-increasing body of people
who function at the level of the heart chakra.

These leading-edge people spend much of their time
functioning through this holistic and integrative chakra.
Here they learn how to be heartfelt and then - the next stage
- heart-powered in their consciousness.

Through meditation, spiritual pioneers
go further still and activate the throat chakra,
which is the center of powerful creativity.

It is also the level of consciousness
where your soul or inner being is based.

This higher frequency of consciousness
carries with it an enormous power to create any reality~
that you need in order to realize your potential in life.

While the consciousness of the heart chakra
is more expanded than that of the solar plexus chakra,
the throat chakra is even more expanded still.

Your inner being's field of perception and influence
reaches out to include many functions and abilities
which are mostly dormant in the daily consciousness
of the outer self.

These include:

An intuitive awareness of situations,
one which sees deeply beneath any surface appearances.

Spiritual connection.

Your inner being is your personal connection to Infinite Being.

Connection to the universe as a whole.

Your inner self has the capability to be aware of anything
that happens anywhere in the universe.

It can also reach out to communicate
with the inner being of anyone

who has the answer to something which you seek to solve.

It then feeds that information into your outer self's
focused segment of consciousness through intuition and dreams.

The inner senses.

These are inner versions of the outer senses.

Inner sight is the sense that sees the subtle energy
effects produced by fields of consciousness,
such as, for example, human auras.

Inner hearing provides empathic and telepathic communication
with others as needed.

Inner touch reveals the past history and associations of physical objects.

Inner taste and smell provide an awareness of the subtle
energies emanating from substances.

Imagine having access to all of these abilities! With them,
you could sail through life, experiencing true joy,
continually discovering and expressing

more of your true potential in life.

These inner abilities do not have to be developed
within your daily consciousness.

You already possess them at the level of your inner being.

You need only practice regular communication
with your inner being in order to gain from this unlimited
source of wisdom, insight and creativity.

Tune into your inner being through;

daily meditation,

and by being receptive to the "still,
small voice within" of your intuition.

The more you pay attention to your intuitive insights,
the more you realize how profoundly correct they are.

When you align with your inner self,
your true potential begins to manifest
and miracles begin to happen in your life!

By: Owen Waters

THOUGHT FOR THE AGE



Man is beginning to come out of limitation, because there are many upon your plane who are questioning their lives and why they are slaves to the hypocrisy of government, of dogma, of society, and where in turn they lead. They are beginning to love themselves and others enough to see beyond the film of limited consciousness and to rise above it. They are awakening to the understanding that there is an essence that lies within them and within all people that is gentle and loving and wise. They are beginning to realize that all of the prophecies, and all of the tales, and all of the fears that have governed mankind for so long have not manifested; they have outlived them all. They are questioning who they are and why, if they are to love God, they must be frightened of him. Consciousness on this plane is changing. The limitations of understanding which have caused man to be a beastly creature, generation after generation after generation, are being lifted to permit man to be the sublime God-essence that he is.

It is time to have a new learning occur, which is really not new at all. Deep within your soul, you will know what the truth is -- because the truth will permit you to see beyond the stagnation of dogmatic beliefs into the heaven of thought

and understanding that has been there all along. As the rope is removed from around your throat, and the feelings of joy begin to surface and become eminent within your soul, you will begin to be this magnificent God that you are in a state of being.

This age of yours is ending. This has been called the Age of Flesh. The new age is already on the horizon, and it is called the Age of Light, the Age of Pure Spirit, the Age of God. It is the age when man knows that all are equal and that the kingdom of heaven has always been within him. The Age of Light shall take man back into unlimited thought -- back into a sublime kingdom of love and joy and freedom in being. Those who will be the new kingdom will not be the warlords and tyrants amongst men, but the heralds of peace who are rising above the stagnation of limitation to say, "I am God, and all whom I see do I love, for I am all I see, and I love what I am." Each who comes to that understanding will lift the whole of consciousness by his one solitary light. And one by one you will return to a state of unlimitedness, rich with the pearls of wisdom that will allow you to create more wisely in the eternity to come.

- Ramtha

What is Spirit?~

**The Spirit sees thru the eyes of all people
The Spirit speaks thru the thoughts of all people
There is a vast amount of wisdom and knowledge
that is available
for those who seek truth but many will remain blind ...
Wisdom and knowledge
emanates from the Source of our Creation
Knowledge that connects into forms of Empowerment
that for now are beyond the normal persons
level of perception
Our seeds of thought become fertilized
thru connecting into the forces of higher dimensions of Light
The process of transformation takes place
Thru emergence of frequencies of light and sound
Into the body, mind, heart and Soul...
Acts of unconditional Love creates outlets of release
that are experienced in many ways and many forms**

**There are ways to unlock the keys of knowledge
but there are very few who have the commitment and devotion
to even touch the outer levels of awareness to such things
The energy of Empowerment is our Divine Inheritance It involves an awakening to the
knowledge
of how to use the forces of Love, Power and Wisdom
It involves reclaiming all forms of empowerment
that were taken away long ago for reasons of control
Reclaiming all forms of empowerment that were taken away
for reasons of misuse and neglect
People will begin to live in truth of Divine Wisdom
It is the Light of our creation
it is what we have come here for...
We the children of Light hold the vision in our dreams...
Ammi Shaddai/ Ammi Shaddai/ Ammi shaddai
we are the Lightworkers who choose to make a difference~
in this world~**

**My life has revolved around service to the Great Spirit
Spirit has provided me visions of hope for all people
A vision conceived within another dimension of time and space
There is a Reality that shines thru the windows of the Soul
it shines thru a portal of illuminated Light energy
This illumination of Light energy
connects us into our body of light
And aligns and balances our energy-
into the source of our creative potential
I have learned the art of imitation to certain forces of Light**

**and openly laid claim to my Body of Light
I have learned many truths as an Imitator of Light
Memory that I try to share thru use of the written word**

**And you might ask??
Can the fire of wisdom and knowledge be translated
into words of human expression
A perception that opens to ones spiritual mind
as we stand on the brink of human evolution
How we choose to participate in our awakenings
to our Divine Purpose upon this beloved Mother Earth
is how we will choose to grow
Expansion and enlightenment are the keys that will open
the doorways into higher levels of intelligence
Sometimes it is important to seek the ignition~
from another Soul of Like~
Ignition that will ignite the fire of Divine Potentiality~
that lays dormant within the core of our Souls~**



**There is a Reality that shines thru the windows of the Soul
it shines thru a portal of illuminated Light energy
This illumination of Light energy
connects us into our body of light**

**And aligns and balances our energy-
into the source of our creative potentialI have learned the art of imitation to certain forces of**

Light

and openly laid claim to my Body of Light

I have learned many truths as an Imitator of Light

Memory that I try to share thru use of the written word

And you might ask??

**Can the fire of wisdom and knowledge be translated
into words of human expression**

**A perception that opens to ones spiritual mind
as we stand on the brink of human evolution**

**How we choose to participate in our awakenings
to our Divine Purpose upon this beloved Mother Earth
is how we will choose to grow**

**Expansion and enlightenment are the keys that will open
the doorways into higher levels of intelligence**

**To have an open mind is to have an open heart
where unconditional love flows freely thru the physical body**

**And each and every one of us becomes an open portal
For Gods expression of unconditional love that we allow**

**To flow freely thru each and every one us
to bless all life in the explendance of Gods Love**

**Open your heart to embrace your Divine Being
who calls to you**

Thru your thoughts- calls to you to empower yourself

With the knowledge of your Divine Inheritance

My voice also whispers thru the night

In the silence of your dream time you might hear me calling

Calling in the night to other children of light

A calling to come and play within the forces of creation

Memories that flow thru my dreams

**as we come together to help create a new world
of unity, freedom, peace and all aspects of unconditional love..**

Blessings be to hold for us now

the emaculate concept of our true God Reality..

Peace be with you and your family always...

Blessings Lightworker aka redfoxsees

Chemtrails and Terror in the Age of Nuclear War

by Amy Worthington

North America is now suffering its seventh year of conspicuous and dangerous aerosol and electromagnetic operations conducted by the U.S. government under the guise of national security. Concerned citizens watch in fear as military tankers discolor the skies with toxic chemicals that morph into synthetic clouds.

We continually witness bizarre meteorological occurrences as powerful electromagnetic devices manipulate both the jet stream and individual storm fronts to create artificial weather and climatic conditions. Black operations projects embedded within these aerosol missions are documented to sicken and disorient select populations with biological test agents and psychotronic mind/mood control technologies.

Part of what is happening in the atmosphere above us involves the Pentagon's secret space weapons program, designed for strategic, operational and tactical levels of war. NASA missions will soon be transferred to Pentagon control.¹ The Air Force Space Command declares that, in order to monitor and shape world events, it must fight intense, decisive wars with great precision from space.² Air Force Secretary James G. Roche has stated: "Space capabilities are integrated with, and affect every link in the kill chain."³

A glimpse into new death technologies under construction⁴ is in legislation introduced by Ohio Congressman Dennis Kucinich. His unsuccessful Space Preservation Act of 2001 was intended to ban space deployment of:

- * electronic, psychotronic and information weaponry**
- * high altitude ultra low frequency weapons**
- * plasma, electromagnetic, sonic and ultrasonic weapons**
- * laser weapons**
- * strategic, theater, tactical or extraterrestrial weapons**
- * chemical biological, environmental climate or tectonic weapons**
- * chemtrails (this item was stricken from a later version, suggesting duress)**

In their quest to remain top dog in the kill chain, the purveyors of perpetual war have deliberately dimmed earth's life-giving sunlight⁵ and reduced atmospheric visibility⁶ with lung-clogging particulates and polymers. This ecological terrorism has severely compromised public health, according to thousands of testimonials. Years of mass

appeals to legislators, media and military officials for information, and for cessation of catastrophic atmospheric degradation, have fallen on deaf bureaucratic ears. Public awareness of what befalls us remains as murky as our skies because those "in the know" are muzzled by national secrecy laws and Americans have no authority to challenge matters of national security. Left to gather clues, we know this much so far:

1. At least part of the aerosol project has been dubbed Operation Cloverleaf,⁷ probably due to its multi-faceted operations, which include: weather modification, military communications, space weapons development, ozone and global warming research plus biological weaponry and detection testing.

2. Dumping tons of particulate matter from aircraft has geo-engineered our planetary atmosphere into a highly charged, electrically-conductive plasma useful for military projects.⁸ The air we breathe is laden with asbestos-sized synthetic fibers and toxic metals, including barium salts, aluminum, and reportedly, radioactive thorium.⁹ These materials act as electrolytes to enhance conductivity of military radar and radio waves.¹⁰ Poisonous on par with arsenic and a proven suppressant of the human immune system,¹¹ atmospheric barium weakens human muscles, including those of the heart.¹² Inhaled aluminum goes directly to the brain and medical specialists confirm that it causes oxidative stress within brain tissue, leading to formation of Alzheimer's like neurofibrillary tangles.¹³ Radioactive thorium is known to cause leukemia and other cancers.¹⁴

3. Only a small percentage of the military's atmospheric modification projects are visibly obvious. What we can't see is equally dangerous. The ionosphere, the earth and its inhabitants are continually bombarded with high frequency microwaves used to manipulate the charged atmosphere for weather modification, information gathering and for tectonic (earthquake-producing) weaponry.¹⁵ Independent chemtrail researcher Clifford Carnicom confirms that we are also continuously subjected to extremely low electromagnetic frequencies (ELF) pulsing at 4 hertz multiples, frequencies known to profoundly affect human biological and mental functioning.¹⁶

4. There is a well-documented biological component to continuously ongoing atmospheric studies in which nations and regions are furtively inoculated via specially designed delivery systems with combinations of viruses, bacteria, fungi, mycoplasma, desiccated blood cells and exotic biological markers so that testmasters can assess human, animal and plant response.¹⁷

5. The multi-organizational megalith perpetrating these bio-chem projects against humanity includes the U.S. Department of Defense

(DOD) and its research arm DARPA, plus the Department of Energy (DOE) with its huge network of national labs and universities. Private defense contractors and pharmaceutical companies are heavily involved.¹⁸

Cooperating governments of other nations and probably some United Nations agencies are complicit, since the aerosol projects are global in scope.

Gross chemical and electromagnetic pollution is only part of the horrific realities we endure. The sociopaths who brazenly pervert skies, climate and weather for power and profit are the same madmen who have waged four limited nuclear wars since 1991. Radioactive weaponry, declared both illegal and immoral by the entire civilized world, has been used by the Pentagon in Desert Storm, the Balkans campaign and the on-going occupation-wars against Afghanistan and Iraq. Few Americans understand the extent of carnage inflicted in their name across the planet.

By scientific definition, the missiles, tank penetrators and bunker busting bombs unleashed against Iraq and Afghanistan by U.S. and British forces in the so-called war on terror are nuclear weapons.¹⁹ Refuse from radioactive weaponry does not disperse, but remains in the atmosphere organotoxic, mutagenic and carcinogenic to all living flesh for 4.5 billion years.

Inhabitants of the Pentagon's two newly "liberated" nations are now slowly dying of radiation and heavy metal poisoning. Victims of U.S. weaponry used in Afghanistan have a concentration of non-depleted uranium isotopes in their bodies never before seen in civilian populations.²⁰ Tons of depleted and non-depleted uranium contaminating their land, air, food and water guarantee their painful demise. Using data from the United Kingdom Atomic Energy Authority (UKAEA), nuclear scientist Leuren Moret calculates that the estimated 2,500+ tons of depleted uranium used against Iraq in 1991 and 2003 is sufficient to cause 25 million new cancers.²¹ Is it a coincidence that the population of Iraq, according to the CIA, is 25 million?

The quarter million U.S. and British fighting forces who have helped the Pentagon deliver this holocaust also face inevitable radiological death by slow burn. Rotated into atomic war zones since 2001, coalition troops have inhaled and ingested millions of tiny invisible ceramic uranium particles which emit alpha, beta and gamma radiation as they embed in lungs, kidneys, blood, lymph and bone.²²

Radiation exposure to a single internalized U-238 (uranium) alpha particle is 50 times the allowable whole body dose for one year under international standards.²³ As U-238 decays into daughter isotopes, it

becomes ever more radioactive, causing cell and organ destruction to escalate over time.²⁴ Uranium contamination leads to incapacitating, multi-organ system disorders identical to illnesses suffered by thousands of Gulf War I vets. Bodily fluids poisoned with uranium isotopes sicken spouses and visit upon offspring a genetic Armageddon.²⁵

Who knows what a disabled and prematurely dying military population will mean to future stability and safety of USA? Yet Senator Chuck Hagel (R- Neb.) now demands that America provide more fodder for its atomic battlefields by reinstating the military draft so that "all of our citizens...bear some responsibility and pay some price" in order to "understand the intensity of the challenges we face."²⁶

Despite disingenuous denials that biological harm will result from atomic warfare,²⁷ the Pentagon knows full well the gruesome realities of uranium weaponry by virtue of its own voluminous studies spanning 60 years. Pentagon documents confirm that America's war establishment knowingly exposes its own troops to dangerous levels of radiation.²⁸ The resulting illness of those now returning from the war zones is already making headlines.²⁹

Because our military-industrial overlords brazenly poison the very grunts who make their war games possible, we must logically conclude there is virtually nothing they would not secretly and sadistically do to the rest of us. Military officials lie as perniciously about chemtrail operations³⁰ as they do about effects of DU weaponry. If people were to consider the published science regarding chemtrails and DU, they would understand that we are all in mortal jeopardy.

Both the Pentagon's aerosol operations and its limited nuclear wars are deeply interconnected. We can trace the beginnings of Operation Cloverleaf right to the Strangelove brain of Dr. Edward Teller, father of the hydrogen bomb and proponent of nuking inhabited coast lines to rearrange them for economic projects.³¹ Before he died in 2003, Teller was director emeritus of Lawrence Livermore National Laboratory, where plans for nuclear, biological and directed energy weapons are crafted. In 1997, Teller publicly outlined his proposal to use aircraft to scatter in the stratosphere millions of tons of electrically-conductive metallic materials, ostensibly to reduce global warming.³²

Shortly after Teller's presentation, the public began seeing frenetic chemtrailing. In 2000, CBS News admitted that scientists were "looking at drastic solutions for global warming, including manipulating the atmosphere on a massive scale." CBS confirmed that the plan to load the air with tiny particles would "deflect enough sunlight to trigger global cooling."³³

Teller estimated that commercial aircraft could be used to spew these particles at a cost of 33 cents a pound.³⁴ This gives credence to a report by an airline manager, forced by a compulsory non-disclosure agreement to remain anonymous, that commercial aircraft have been co-opted to assist the military in consummating Project Cloverleaf.³⁵ A 1991 Hughes aircraft patent confirms that sunscreen particulate materials can be run through jet engines.³⁶ A science textbook now used in some public schools discusses the sunscreen project by showing a large orange-red jet with the caption, "Jet engines running on richer fuel would add particles to the atmosphere to create a sunscreen." The logo on the plane says "Particle Air."³⁷ The implications of this crucial information should not be understated. A program to make America's millions of annual jet flights a source of specially designed particulate pollution is serious business.

Cloverleaf particles and polymers saturating the air we breathe are smaller than 10 microns (PM 10) and are invisible to the human eye. By comparison, a human hair is 60 to 100 microns in thickness. Scientists and the EPA report that because PM10 and sub-micron pollution particles bypass lung filters and enter the blood stream, they cause radical changes in the endocrine and nervous systems. ³⁸

They can trigger high blood pressure and cause heart attack within two hours of inhalation.³⁹ They cause the blood to become sticky, making it tougher for the heart to pump and increasing the risk of blood clots and vessel damage.⁴⁰ Now researchers in Taiwan document "a significant increase" in the number of stroke victims when PM10 pollutant levels rise.⁴¹ The American Lung Association confirms that we are breathing more toxic air than ever.⁴² No wonder nationwide asthma rates have been soaring in recent years.⁴³

Tiny synthetic filaments called polymers are part of the brew. In 1990, a NATO report detailed how high-flying aircraft can modify the atmosphere by spraying polymers to absorb electromagnetic radiation.⁴⁴ U.S. patent number 6315213 describes how cross-linked aqueous polymers dispersed into a storm diminish rain.⁴⁵

Polymer chemist Dr. R. Michael Castle has studied atmospheric polymers for years. He has found that some of them contain bioactive materials, which can cause "serious skin lesions and diseases when absorbed into the skin."⁴⁶ He has identified microscopic polymers comprised of genetically-engineered fungal forms mutated with viruses. He says that trillions of fusarium (fungus)/virus mutated spores, which secrete a powerful mico-toxin, are part of the air we breathe.⁴⁷ Allergies anyone?

We can safely bet that into our particle-enriched air, experimenters

are also dumping nanoparticles, developed for a variety of military and industrial uses. These engineered carbon molecules, as small as one-thousandth the diameter of human hair, display bizarre chemical properties and are known to trigger organ damage.⁴⁸ A recent study at Southern Methodist University found that fish exposed to one type of nanoparticle suffered severe brain damage after only 48 hours.⁴⁹

The military's aerosol operations have been climate altering to the extreme. Air traffic is a huge source of greenhouse pollution. Increasing that traffic exponentially in order to scatter tons of heat-trapping metallic particulates and heat-liberating barium salts have undoubtedly led to accelerated global warming. Greenhouse gases in the atmosphere, including carbon dioxide, have reached a record high this year.⁵⁰ As carbon dioxide levels rise, oxygen levels decrease.

In 1996, Scientists for Global Responsibility compiled a report contending that dangerous geoengineering, as proposed by Teller and the Global Change Research Coordination Office, would be absolutely ineffective in mitigating global warming. The report noted that climate engineering research is funded by industry with a vested interest in continued high consumption of fossil fuels.⁵¹ The hair-brained scheme of particle engineering was contrived to ensure that industry polluters will never be forced to decrease their greenhouse gas emissions. But because warming and pollution trends have worsened drastically since the aerosol projects began, we must suspect that the warming mitigation program is a hoax and that chemtrailing is really intended, among other things, to create a series of "hobgoblins."

The establishment's modus operandi for maintaining a fierce and lucrative hold upon the collective American mind has been defined precisely by satirist H.L. Mencken (1880-1956) who wrote: "The whole aim of practical politics is to keep the populace alarmed, and thus clamorous to be led to safety, by menacing it with an endless series of hobgoblins, all of them imaginary."

In The Report from Iron Mountain published in 1967, just as the Pentagon's lucrative Vietnam War was being revved into high gear, establishment braintrusts confirmed that perpetual war is absolutely vital for controlling and manipulating the masses. The document even suggested a number of options for creating fictitious enemies, noting that perpetual war induces populations to give blind allegiance to political authority.⁵²

Since the 1930s, when the Eastern Establishment, including the Bush family, used its New York banks and oil companies to secretly fund Hitler's German Nazi party,⁵³ our controllers have employed FEAR, the

concept of ENEMY and WAR to keep us in bondage. Chemtrailing is a manifestation of the Fourth Reich, an era of corporate fascism ushered in by a powerful military juggernaut, which manufactures enemies and unleashes fake terror attacks to scare us into voiceless submission.

Both Saddam Hussein and the al Qaeda networks have long been nourished with U.S. government and corporate funding and groomed by U.S. military and corporate advisors to play useful roles as "enemies."⁵⁴ Former German Defense Minister Andreas von Bulow recently confirmed on U.S. radio that hijacked planes were able to fly around the eastern U.S. on 9/11 unimpeded by military interdiction because those attacks were part of a carefully-orchestrated "covert operation" designed to coerce America into perpetual conflict with the Muslim world.⁵⁵

Now, a "secret" Pentagon report has been conveniently leaked to the media. It contends that abrupt climate change is the most fearful hobgoblin yet.⁵⁶ Authored by change agents with ties to the CIA and the Royal Dutch/Shell Group, the report contends that abrupt climate change will lead to a global catastrophe of monumental proportions, including nuclear war and natural disasters, as whole nations disappear beneath the encroaching sea and survivors fight for dwindling food, water and energy supplies.

Yet the Pentagon has been involved for decades in the drastic manipulation of weather, climate and atmospheric conditions. The U.S. used a chemical agent dubbed Olive Oil during Operation Popeye to induce heavy rains in Vietnam 40 years ago.⁵⁷ The Air Force document titled "Weather As a Force Multiplier: Owning the Weather in 2025" lists its weaponized agenda for creating abrupt climate change including: Storm creation and modification, fog and cloud creation, precipitation enhancement, precipitation denial, drought inducement and artificial creation of "space weather." This document also states that the military's radical weather modification agenda will "become a part of national security policy with both domestic and international applications."⁵⁸

Weather weapons are now routinely used in war zones. A citizen reporting from Serbia noted that during NATO operations in the Balkans, black clouds suddenly materialized out of blue skies, hailstones were the size of eggs, and surreal thunder and lightning terrified the people. He reported that scientists found that the electromagnetic field over Serbia had been punctured, causing rain systems to circumvent the region.⁵⁹ In addition to manufactured drought, scientists also predict that Serbia will suffer 10,000 cancer deaths from DU weaponry used there.⁶⁰

According to University of Ottawa Professor Michael Chossudovsky, the military's High-frequency Active Auroral Research Program (HAARP), operating in Alaska as part of the Strategic Defense Initiative, is a powerful tool for weather and climate modification.⁶¹ Operated jointly by the U.S. Navy and Air Force, HAARP antennas bombard and heat the ionosphere, causing electromagnetic frequencies to bounce back to earth, penetrating everything living and dead.⁶² HAARP transmissions make holes in the ozone,⁶³ creating yet another hobgoblin. HAARP inventor Bernard Eastlund described in his original patent how antenna energy can interact with plumes of atmospheric particles, used as a lens or focusing device, to modify weather.⁶⁴ HAARP is capable of triggering floods, droughts and hurricanes, much to the chagrin of both the European Parliament and the Russian Duma.⁶⁵

HAARP also generates sweeping pulses through the ULF/ELF range.⁶⁶ In 2000, independent researchers monitored HAARP transmissions of 14 hertz. They found that when these signals were broadcast at high output levels, wind speeds topped 70 miles per hour. They watched as these same transmissions dispersed a huge weather front approaching the west coast from California to British Columbia. Although precipitation had been originally forecast, the front was seen shredding apart on satellite photos and rain did not materialize.⁶⁷ The hobgoblin drought can be an enriching and empowering tool for certain corporate and governing entities.

HAARP is not only capable of destabilizing agricultural and ecological systems anywhere on the planet, but its effects can target select regions to affect human physical, mental and emotional responses during non-lethal warfare projects.⁶⁸ HAARP frequencies beamed at specific targets can generate catastrophic earthquakes,⁶⁹ exactly like the quake last December which killed thousands of people in Iran, a nemesis nation according to the Bush administration. The Pentagon's warning about climate catastrophe is surely nothing more than a thinly-veiled attempt to prepare the masses for the bizarre atmospheric upheavals we can expect as the military continues to brutalize our planet and near space with its grotesque toys. And we ain't seen nothing yet. Dr. Eastlund and his ilk have developed plans for solar power satellites designed to modify the weather with electromagnetic beam output that dwarfs the present HAARP system.⁷⁰ As abrupt climate change is increasingly orchestrated, we will surely need additional fascist agencies, an ever-growing military budget and more poison-particle projects that just happen to ensure population reduction as a side benefit.

Despite visual evidence that every aspect of our physical environment is being manipulated and damaged for war games, some Americans cannot accept that dangerous covert operations are being conducted by a government they still believe to be a virtuous defender of freedom.

Their stumbling block is a numbing belief that their own officials would never perpetrate dangerous experimentation on humanity since "they have families too." History and the release of declassified government documents disprove such naiveté.

Although "they" had families too, the U.S. government and its defense contractors exposed citizens of the northwest U.S. to huge and deliberate releases of radioactive iodine 131 from the Hanford Nuclear Reservation where plutonium was produced for nuclear bombs.⁷¹ Those Cold War releases unleashed radiation illnesses upon thousands of downwinders, some of whom received up to 350 rads of radiation when a maximum safety dose is set at .025 rads annually.⁷² Between 1949 and 1952, radioactive pellets, dust and particles were tested on the hapless citizens of Utah and New Mexico.⁷³

By 1963, 1,200 nuclear weapons tests conducted at the Nevada test site had exposed every person in the U.S. to deadly radioactive fallout, causing millions of fetal deaths, spontaneous abortions, stillbirths and birth defects.⁷⁴ The U.S. government also conducted over 4,000 radiation experiments on individual human test subjects without their informed consent.⁷⁵ The delayed effects of decades of radiation exposure from weapons testing are today demonstrated by a U.S. population plagued with epidemic cancer and heart disease, neurological disorders, low fertility, chronic fatigue, obesity (thyroid involvement), immune system dysfunction and learning disabilities. Approximately half of all pregnancies in the U.S. result in prenatal or postnatal death or an otherwise less than healthy baby.⁷⁶ As military tankers spew white chemical plumes across America at a cost of \$3,448 per hour per tanker,⁷⁷ we are reminded of Dr. Leonard Cole's 1994 testimony before a Senate Committee regarding 45 years of open air testing during which military aircraft sprayed American cities with bacteria, fungus and carcinogenic chemicals.⁷⁸ Between 1962-1973, the U.S. Navy conducted hundreds of bio-chem tests known as Operation SHAD (Shipboard Hazard and Defense). SHAD projects like Autumn Gold and Copper Head exposed 10,000 navy personnel to aircraft spray laden with biological and chemical warfare agents, including sarin nerve gas.⁷⁹ The cocktails used in those genocidal "tests" are now linked to cancer, heart and lung problems suffered by surviving guinea pigs.

We are told that defense officials perpetrated these atrocities so that scientists could learn about how to "protect" Americans from attack. So why, in the late 80s, would our "protectors" fall all over themselves to supply Saddam Hussein's war machine with 90 shipments of chemical and biological weaponry, including sarin, anthrax, botulism, brucella and West Nile Virus?⁸⁰

It will likely be years before Americans are told what is being tested upon them during our present chemtrail/space wars era. The Hanford downwinders did not learn until 1986 what had been unleashed upon them some 30 years earlier; SHAD victims filed suit in 2003 to learn the extent to which they were intentionally exposed to

dangerous substances in the 60s.

To understand how our nation has arrived at this doomsday corruption, we must recall that immediately after WWII ended, the U.S. government initiated Operation Paperclip through which a large number of German Nazi scientists were imported to the United States. Once issued new identities, these death industry pros were employed in U.S. military laboratories to develop a dazzling array of secret weaponry projects.⁸¹ With congressional funding, the crowning achievement of this nexus was the creation of ghastly new bioweapons, including the AIDS virus⁸² and an incapacitating chronic fatigue agent engineered from mycoplasma and brucella.⁸³

The military is empowered to continue lethal experimentation by devious wording of Section 1520a Chapter 32 of U.S. Code Title 50. The law states that the Secretary of Defense may NOT conduct any chemical or biological test or experiment on civilian populations, unless such tests are for medical, therapeutic, pharmaceutical, agricultural, industrial purposes or for research in general or for protection against weapons or for law enforcement purposes, including riot control. So DOD may not use us for guinea pigs, unless it is for any "good" reason under the sun! The law states that human subjects must give informed consent. But a nasty loophole in Section 1515 of Chapter 32 allows informed consent to be suspended by executive order during a period of national emergency, a situation under which this nation perpetually labors by deliberate hobgoblin design.

Few American test rats realize that the Pentagon's boys in Congress have now:

*** appropriated millions of dollars for the manufacture and testing of new "mini nukes" and bunker buster bombs.⁸⁴**

*** authorized the DOE to resume nuclear testing in Nevada.⁸⁵**

*** exempted DOD and DOE from landmark environmental laws in the development of these new weapons.⁸⁶**

America's 70,000 nuclear weapons manufactured since 1945 are not sufficient! As DOE gears up to develop and test fourth-generation nukes, numerous reports continue to surface about the agency's sordid corruption and mismanagement. DOE's habitual cover-up of site contamination and its devious efforts to downplay serious illnesses suffered by many of its nuclear workers are among recent scandals.⁸⁷ When new "low yield" nuclear weapons (defined as being smaller than 5 kilotons) are tested in Nevada, downwinders might like to know that a mini .5 kiloton nuclear warhead would have to burrow 150 feet to eliminate atmospheric fallout. No weapon yet developed can penetrate more than 40 feet into the earth. A tested nuclear warhead that burrows to only 40 feet will throw a million cubic feet of radioactive debris into the atmosphere.⁸⁸

The Pentagon's new nuke era is in the capable hands of Defense Secretary Donald Rumsfeld, who has so ably presided over the pre-emptive nuclear incineration of Middle Eastern Muslims. Rumsfeld has never adequately explained why his Department was unable to defend

the Pentagon building despite a full hour's notice that hijacked planes were in the air. Should Rumsfeld be replaced due to the Pentagon's Iraqi torture scandal, we are assured that his Bush-appointed successor will share his have-nuke-will-travel ideology. Working closely with Rumsfeld is a coven of pro-nukers, including his advisor Keith Payne, a vocal advocate of pre-emptive nuclear war. Payne has written that an "intelligent" nuclear offensive launched by the U.S. would result in only 20 million U.S. casualties, "a level compatible with national survival and recovery."⁸⁹

Now that we have tied together the historical and political realities for which we mindlessly wave our flags, we still hope that sufficient numbers of American lab rats will miraculously awaken from their collective stupor and take stock of our appalling situation. After all, rodents have a notoriously short life span and are always killed when no longer useful to those conducting research. The irony of this horror story is that we rats are being plundered to finance our own demise. Our national debt of 7.2 trillion grows by \$1.8 billion a day.⁹⁰ The Pentagon cannot account for \$2.3 trillion of its shadowy transactions.⁹¹ The radioactive operations in Iraq are costing \$3.7 billion a month, those in Afghanistan \$900 million a month.⁹² No one knows how many \$billions are being flushed into Operation Cloverleaf and other hobgoblin projects. The U.S. spends \$11,000 per second on weapons, according to calculations of celebrated author William Thomas.⁹³

So, while we await the great awakening, have a wonderful, barium-dried summer under a synthetic tarpaulin of aluminum-white, particle-laden, electrically-charged aviation scum that passes for sky. Endure well your respiratory and ocular difficulties while staring at huge oily sun rings and smeary sundogs, the patent signature of chemical assault. Don't forget to salute and click your heels when you see tanker formations patriotically saturating the atmosphere with such a dense, micro-particulate brew that they cast black shadows alongside or ahead of themselves.

As you witness the noxious drama in the skies, remember, it's all just part of the "kill chain."

NOTES

1. "USAF Plans to Utterly Dominate, Rule Space," Joel Bleifuss, editor of *In These Times.com*, 9-14-03.
2. *Almanac 2000*, Journal of the Air Force Association, May 2000, Vol. 83.
3. Roche's "kill chain" statement was made during his October 2002 speech at the Conference on the Law and Policy Relating to National Security Activities in Outer Space.
4. "Pentagon Preps for War in Space," Noah Shachtman, *wirednews.com*, 2-20-04.
5. "The Theft of Sunlight," Clifford Carnicom, 10-25-03: "...Measurements show a rapid reduction in the transmission of

sunlight from a value of 97% on a 'clear day' to the lower level of approximately 80% during the early stages of heavy aerosol operations....The absorption and displacement of this solar energy into environmental, military, biological and electromagnetic operations represents a theft of the natural and divine rights of the inhabitants of this planet." www.carnicom.com.

6. "Visibility Standards Changed," Clifford Carnicom, 3-30-01: "It will be noted that in October of 1997, a change in the reporting system of visibility data was reduced from a former maximum of 40 miles to a limit of 10 miles. It is a reasonable question to ask as to why that change was made, and whether or not it was made in anticipation of...large scale aircraft aerosol operations over large scale geographic regions." www.carnicom.com.

7. "A Meeting," Clifford Carnicom, 7-26-03. See www.carnicom.com.

8. "Atmospheric Conductivity," Clifford Carnicom, 7-09-01, www.carnicom.com.

9. For facts on barium toxicity, see Agency for Toxic Substances and Disease Registry, September 1995. For references on barium related to chemtrails, see www.carnicom.com for the following articles: "Barium Tests are Positive," Clifford Carnicom, 5-10-04; "Sub-micron Particulates Isolated," Carnicom, 4-26-04; "Barium Affirmed by Spectroscopy," Clifford Carnicom, 11-1-2000; "Electrolysis and Barium," Carnicom, 5-27-02; "Rainwater Metals," Carnicom, 7-30-01; "Barium Identification Further Confirmed," Carnicom, 11-28-00.

10. "The Plasma Frequency: Radar Applications," Clifford Carnicom, 11-05-01; See www.carnicom.com.

11. "Functional heterogeneity in the process of T lymphocyte activation; barium blocks several modes of T-cell activation, but spares a functionally unique subset of PHA-activable T cells," *Clinical Experimental Immunology*, Pecanha and Dos Reis, May 1989.

12. Agency for Toxic Substances and Disease Registry (ATSDR) Safety Data Sheet.

13. Aluminum Toxicity, Barbara Barnett, MD, 11-26-02. See emedicine.com.

14. Agency for Toxic Substances and Disease Registry, July 1999; For information on thorium in chemtrails: "The Methodic Demise of Natural Earth," Dr. Mike Castle, 3-27-04, www.willthomas.net.

15. Angels Don't Play This HAARP, Nick Begich and Jeane Manning, 1995; "HAARP: Vandalism in the Sky?" Begich and Manning, *Nexus Magazine*, January 1996.

16. "Elf Radiation is Confirmed," Clifford Carnicom, 11-17-02; "Elf Disruption & Countermeasures," Clifford Carnicom 11-27-02; "A Proposal of Cascading Resonance," Clifford Carnicom, 4-21-03. See www.carnicom.com for these and numerous other frequency studies; also "Electromagnetic Waves Linked to Children's Brain Tumor," *Kyodo News Service*, 6-8-03.

17. *Death In the Air, Global Terrorism and Toxic Warfare*, Leonard G. Horowitz, Tetrahedron Publishing Group, 2001; "Military Conducting

Biological Warfare in Washington," 12-12-97, www.rense.com; Probing the Chemtrails Conundrum, William Thomas, Essence Publications, 2000, www.willthomas.net.

18. For a comprehensive list of those involved in Operation Cloverleaf and associated projects, see: "Chemtrails--Top Intel, Military, and Defense Contractors Watching Carnicom.com," rense.com, 1-12-00. Among agencies most interested in opposition to chemtrail projects is the United States Department of Energy Joint Genome Institute associated with Lawrence Berkeley National Laboratory. See: "The Monitors of JGI," Clifford Carnicom, March 17, 2003, carnicom.com.

19. The Trojan Horse of Nuclear War-- A paper presented at the World Depleted Uranium Weapons Conference at the University of Hamburg, October 16-19, 2003, Dr. Leuren Moret. Dr. Moret is a former staff scientist at the Lawrence Berkeley National Laboratory and the Lawrence Livermore National Laboratory. Her work is highly documented with scientific papers.

20. Uranium Medical Research Centre, "Afghan Field Trip #2 Report," November 2002; www.umrc.com; also "Astoundingly High Afghan Uranium Levels Spark Alert," Alex Kirby, BBC News Online, 5-23-03.

21. Moret, op. cit.

22. "Medical Effects of Internal Contamination with Uranium," Dr. Asaf Durakovich, Department of Nuclear Medicine, Georgetown University School of Medicine, Washington D.C. March 1999. Volume 40, No. 1

23. Moret, op. cit.

24. "Contamination of Persian Gulf War Veterans and Others By Depleted Uranium," Leonard A. Dietz, 2-21-99.

25. Durakovich, op cit; Dietz, op. cit. Moret, op. cit.

26. "Republican Senator: Bring Back the Draft," World Net Daily, 4-20-04.

27. "Pentagon's Uranium Denial," New York Daily News, 4-27-04; "Pentagon: Uranium Didn't harm N.Y. Unit," Associated Press, 5-3-04. "Pentagon-Depleted Uranium No Health Risk," Dr. Doug Rokke; 3-15-03. Dr. Rokke was an U.S. Army DU expert (1991-1995) and he confirms that the Pentagon is lying about DU risks.

28. Documents in which the hazards of uranium and depleted uranium exposure are discussed include: U.S. Army Training Manual STP-21-1-SMCT: Soldiers Manual of Common Tasks; "Health Effects of Depleted Uranium," David E. McClain, Armed Forces Radiobiology Research Institute (AFRRI) Bethesda, Maryland; Marine Corp Memo Concerning DU (unclassified) 9-8-90; US Army Training Video, U.S. Army Depleted Uranium Project video: Depleted Uranium Hazard Awareness, 1995; "Army Not Adequately Prepared to Deal With Depleted Uranium Contamination," General Accounting Office, January 1993; Office of the Secretary of Defense, Memorandum from Bernard Rostker to chiefs of all military branches re: Depleted Uranium Ammunition Training, 9-09-97.

29. "Soldiers Believe Depleted Uranium Cause of Illnesses," Associate

Press, 4-9-04; "Poisoned?" Juan Gonzalez, New York Daily News, 4-4-04. Other stories in this series are: "Inside Camp of Troubles" and "Army to Test N.Y. Guard Unit."

30. "Air Force Increases Rank of Lie," letter by Walter M. Washabaugh, Colonel, USAF, denying the existence of chemtrails, received by e-mail on May 22, 2001 and posted at www.carnicom.com by Clifford E Carnicom, May 22 2001.

31. Begich and Manning, op. cit. p. 51.

32. Global Warming and Ice Ages: Prospects for Physics-Based Modulation of Global Change, Edward Teller and Lowell Wood, Hoover Institution, Stanford University, prepared for invited presentation at the International Seminar On Planetary Emergencies, Erice, Italy, August 20-23, 1997; also "The Planet Needs a Sunscreen," Wall Street Journal, 10-17-97.

33. CBS News Eye on America Report : Cooling the Planet in two parts: 1-15-01 and 1-16-01.

34. Teller and Wood, op. cit.

35. "An Airline Manager's Statement," Posted by C.E. Carnicom on behalf of the author, 5-22-00. Quote: "The few airline employees who were briefed on Project Cloverleaf were all made to undergo background checks, and before we were briefed on it we were made to sign non-disclosure agreements which basically state that if we tell anyone what we know we could be imprisoned....They told us that the government was going to pay our airline, along with others, to release special chemicals from commercial aircraft....When we asked them why didn't they just rig military aircraft to spray these chemicals, they stated that there weren't enough military aircraft available to release chemicals on such a large basis as needs to be done....Then someone asked why all the secrecy. The government reps then stated that if the general public knew that the aircraft they were flying on were releasing chemicals into the air, environmentalist groups would raise hell and demand the spraying stop."

36. US patent 5003186; Stratospheric Welsbach Seeding for Reduction of Global Warming, Hughes Aircraft Company, issued March 26, 1991.

37. Secondary school text book: Science I Essential Interactions, published by Centre Point Learning, Inc. of Fairfield, Ohio.

See "Chemtrail Sunscreen Taught in Schools," William Thomas, www.willthomas.com.

38. "Dirty Air and High Blood Pressure Linked," Reuters Health, 3-31-01; "Bad Air Worsens Heart Trouble: Study Blames Particulates for Many Sudden Deaths," Marla Cone, Los Angeles Times, June 4, 2000.

39. "Tiny Air Pollutants In the Air May Trigger Heart Attacks," John McKenzie, ABC News 6-21-01, www.abcnews.go.com.

40. "Air Pollution 'Increases Stroke Risk,'" BBC News, 10-10-2003.

41. Ibid.

42. "Americans Breathing More Polluted, Toxic Air Than Ever," Natalie Pawelski, CNN Environmental Unit, www.cnn.com.

43. Asthma Statistics, www.getastmahelp.org; "Asthma Deadly Serious," Spokesman Review, 7-6-97; www.asthmainamerica.com.
44. NATO paper: "Modification of Tropospheric Propagation Conditions," May, 1990.
45. US patent 6,315,213 (Cordani) issued November 13, 2001.
46. "Chemtrails, Bio-Active Crystalline Cationic Polymers," Dr. Mike Castle, 7-14-03 See www.willthomas.net.
47. Ibid.
48. "Nanoparticles Toxic in Aquatic Habitat, Study Finds," Rick Weiss, Washington Post, 3-29-04.
49. Ibid.
50. "Greenhouse Gas Level Hits Record High," 3-22-04, NewScientist.com.
51. Climate Engineering: A Critical Review of Proposals, Scientists for Global Responsibility, School of Environmental Sciences, UEA, Norwich NR47TJ, November 1996.
52. Lewin L. C et al. Report from Iron Mountain on the Possibility and Desirability of Peace, New York: The Dial Press, 1967.
53. Trading With the Enemy, Charles Higham, Delacorte Press, 1983; Wall Street and the Rise of Hitler, Antony Sutton, 1976; "IBM Sued by Holocaust Lawyers --100 other US Firms Targeted for Nazi Links," Paterson and Wastel, The Telegraph, UK, 2-18-01; "Ford and GM Scrutinized for Alleged Nazi Collaboration," Michael Dobbs, Washington Post, 11-30-98; "How the Bush Family Made Its Fortune From the Nazis," John Loftus, 7-2-02, www.rense.com. (John Loftus was a U.S. Department of Justice Nazi War Crimes prosecutor.)
54. This is a "Google project" that can fill volumes. Go to Google and type "CIA and al Queda," then "CIA and Saddam." Do the same with "Carlyle Group" for information on the Bush family's shady dealings with the "enemy."
55. Former German Defense Minister Confirms CIA Involvement in 9/11: Alex Jones Interviews Andreas von Bulow, 2-17-21, www.apfn.net.
56. "Pentagon Tells Bush: Climate Change Will Destroy Us," Mark Townsend and Paul Harris, The Observer, UK 2-24-04; "Climate Collapse, The Pentagon's Weather Nightmare Could change Radically and Fast," David Stipp, Fortune Magazine, 2-9-04.
57. The Dead Farmer's Almanac, Who Really Controls the Weather? Jim Larranaga, Priority Publications, 2001.
58. Weather as a Force Multiplier: Owning the Weather In 2025, June 17, 1996. This report was produced by directive from the chief of staff of the Air Force.
59. "Very Weird Weather in Serbia, What's Happening?" Goran Pavlovic, 10-30-03, rense.com.
60. "The Secret Nuclear War," Eduardo Goncalves, The Ecologist, 3-22-01.
61. "Washington's New World Order Weapons Have the Ability to Trigger Climate Change," Center for Research on Globalization, Professor Michael Chossudovsky, University of Ottawa, January 2001.

62. "HAARP: Vandalism in the Sky?" Nick Begich and Jeane Manning, Nexus Magazine, December 1995.
63. Ibid.; also Castle, op. cit. Dr. Castle presents information on how HAARP punches massive holes in the open-air column ozone and how the Air Force then uses toxic chemicals to "patch" the holes it has created: Dr. Castle says: "Welsbach seeding and ozone hole remediation sciences utilize chemistries that are toxic to humans and the environment."
64. "HAARP: Vandalism in the Sky?" Begich and Manning; Researcher David Yarrow is quoted as saying that Earth's axial spin means that HAARP bursts are like a microwave knife producing a "long tear--an incision" in the multi-layer membrane of ionospheres that shield the Earth's surface from intense solar radiation.
65. U.S. HAARP Weapon Development Concerns Russian Duma, Interfax News Agency, 8-10-02.
66. HAARP Update, Elfrad Group, <http://elfrad.org/2000/Haarp2.htm>. 6-27-00.
67. "14 Hertz Signal Suppresses Rainfall, Induces Violent Winds," 10-25-00, Newshawk Inc.; "When the Army Owns the Weather--Chemtrails and HAARP," Bob Fitrakis, 2-13-02: In this article HAARP inventor Bernard Eastlund is quoted on how HAARP can affect the weather: "Significant experiments could be performed. The HAARP antenna as it is now configured modulates the auroral electrojet to induce ELF waves and thus could have an effect on the zonal winds." Find this article with search engine at www.rense.com.
68. Angels Don't Play This HAARP, Begich and Manning, op. cit.
69. Ibid.
70. "Space Based Weather Control: The 'Thunderstorm Solar Power Satellite,' " Michael Theroux. See www.borderlands.com/spacewea.htm.
71. "After 12-year Wait for Trial, Downwinders Losing Hope," Spokesman Review, 5-18-03; also "Hanford Plaintiffs Seek Details," Spokesman Review, 4-2-04.
72. "Hanford Put Area At Risk: Spokane, North Idaho Were Exposed to Significant Radiation," Spokesman Review," April 22, 1994.
73. "Sick Century," Eduardo Goncalves, The Ecologist, 11-22-01.
74. Moret, op. cit. "The Trojan Horse of Nuclear War" contains excellent statistics on the U.S. health ramifications of Cold War nuclear weapons testing and includes references to numerous scientific papers which document this tremendous damage to the national health.
75. Undue Risk, Secret State Experiments on Humans, Jonathan D. Moreno, Freeman & Co. 1999: Moreno was a senior staff member of the President's Advisory Committee on Human Radiation Experiments which completed in 1995 its studies of horrific U.S. government radiation experiments conducted since World War II.
76. Information reported by the National Research Council of the National Academy of Science Institute of Medicine in a 2000 study titled: Scientific Frontiers in Developmental Toxicology, Board on

Environmental Studies and Toxicology.

77. "Trouble With Tankers," William Thomas, www.willthomas.net.

78. Testimony by Dr. Leonard A. Cole before the U.S. Senate Committee on Veterans' Affairs, May 6, 1994; also *Clouds of Secrecy, The Army's Germ Warfare Tests Over Populated Areas*, Leonard A. Cole, Rowman & Littlefield, 1988.

79. "Secret Germ Warfare Experiments?" CBS News, 5-15-2000; "Pentagon to Reveal Biowarfare Tests," CBS News, 9-20-2000; "US Navy Sprayed BioWarfare Chemtrails on Its Own Ships and Men," NewsMax.com, 7-8-00; "Sailors: 'We Were Used,' " Florida Today, 1-31-03.

80. Senate Banking Committee Report 103-900 (Riegle Report) issued May 25, 1994. This 551-page document contains a comprehensive list of biological and chemical warfare agents shipped to Saddam by U.S. companies under purview of the U.S. Commerce Department for use against Iran during the Iran-Iraq war in the late 80s during the regime of George Bush Sr.

81. Moreno, op.cit. "To this day few Americans know about the special top-secret program that brought German scientists to the United States after World War II, and fewer still know that their number included medical scientists. Code-named Operation Paper Clip...hundreds of 'spe#####ts' ...entered the United States under Joint Chiefs' protection, avoiding regular immigration procedures and requirements...It is hard to escape the conclusion that many of the German recruits were for decades important consultants on a myriad of military-medical projects."

82. *Emerging Viruses: Aids and Ebola*, Dr. Len Horowitz, Tetrahedron Inc., 1996.

83. *The Brucellosis Triangle*, Donald W. Scott, Chelmstreet Publishers, 1998.

84. "Bush Signs Bill for New Generation Nuclear Weapons," rense.com, 12-2-03. The Energy and Water Development Appropriations Act of 2004 allocates millions for new nuclear weapons and bolsters readiness for new weapons testing at the Nevada nuclear test site.

85. Ibid.

86. "House Approves Pentagon Wish List--Bill Includes Military Exemptions From Environmental Laws," Nick Anderson, Los Angeles Times, 11-8-03.

87. "DOE Count of Worker Injuries Inaccurate," Spokesman Review, 3-28-04; also "Book Alleges Cover-up at Nuclear Site," Spokesman Review 3-28-04; also DOE Has Record of Broken Promises, editorial, 4-11-04.

88. "Kennedy Warns on Nuclear Tests," Julian Borger in Washington, The Guardian www.guardian.co.uk, 4-30-03.

89. "Rumsfeld's Dr. Strangelove," Fred Kaplan, MSN.com, 5-12-03.

90. "Bush Drives the Nation Towards Bankruptcy," Peter Eavis, The American Conservative, 2-15-04.

91. *The War on Waste*, 1-29-02, cbsnews.com.

92. "Money for Iraq Fight Running Out," The Australian 2-12-04 These figures are from U.S Army Chief of Staff General Peter Schoomaker.

93. "Fight of the Century," William Thomas, www.willthomas.net.

The Idaho Observer

P.O. Box 457

Spirit Lake, Idaho 83869

Phone: 208-255-2307

Email: observer@coldreams.com

Web:

<http://idaho-observer.com>

<http://proliberty.com/observer/>

FEBRUARY 25TH 2006 NEWSLETTER

ARE YOU RECEIVING ME?



OKAY, VOTE BUSH ...

'Man does not have the right to develop his own mind. This kind of liberal orientation has great appeal. We must electrically control the brain. Some day armies and generals will be controlled by electric stimulation of the brain.'

- U.S. government mind manipulator, Dr. Jose Delgado, Congressional Record, No. 262E, Vol. 118, 1974.

Hello all ...

A friend gave me a film to watch this week that featured another aspect of the theme in the last newsletter - the technological control of the human mind.

It was called *Control Factor* and was first shown in 2003. It tells the story of Lance Bishop, a 33-year-old American insurance salesman. He begins to hear voices in his

head telling him to perform violent acts and eventually learns that he is part of a mind control experiment which, once perfected, would be used to control the masses through broadcasts from a network of masts positioned all over the towns and cities. It would tell the population what to think, how to feel, and how to vote.

From my research over the years it is clear that, as with so many movies, this is basically fact presented as sci-fi.

In the small town of Ryde on the Isle of Wight, where I live, one of these masts is already in place a few hundred yards from my home and they are appearing all over the country with the goal of doing the same across Europe and the wider world. It is a system known as TETRA or 'Terrestrial Trunked Radio'. The cover story is that TETRA is just a new communications system for police and other emergency services. But that is only one level of this system and, to the Illuminati, by far the least important. It's real reason for existence is mass mind control and the technology is similar to the PCS/Digital or Personal Communication Systems used in the United States.



The TETRA mast on top of the Commodore Cinema in the centre of Ryde

So what I am going to say here about TETRA applies to systems at work in other parts of the world, also, and TETRA itself is planned to expand globally. It was used for communications at the Athens Olympics and the same is likely to happen at the Beijing Games.

The Home Office awarded the contract for TETRA, known as the 'Airwave' contract, to a consortium headed by British Telecom or BT. They sold it on to 02 and their subsidiary mm02. The American giant, Motorola, is also involved in making an important component of the TETRA system and this is a company with close links to the National Security Agency or NSA. A contact tells me that the technology was actually given to Motorola by the NSA and that would certainly fit the picture.



O2 Airwave pounding local people in Bognor Regis, Sussex, with TETRA pulse frequencies.

What we call the military/industrial complex is just that - the fusion of the military and the corporate through which technology developed in the secret projects to advance human control is brought into the public arena by the military supplying a connected corporation with the know-how. This is then sold to the public as a 'breakthrough' discovered by the company itself.



The military-industrial complex

An internal European Union document warns of a 'major risk that could result from the omnipresence of U.S. companies that supply radio communication equipment to the European police forces'. The document came from the Scientific and Technological Options Assessment that answers to the European Parliament and it

stressed its serious concerns at the domination by American companies of emergency communications networks in Europe. The document reveals that Motorola played a crucial role in defining the TETRA European standard, with the collaboration from the National Security Agency, in order to guarantee for the US government the possibility that TETRA networks could be eavesdropped. It also says that Poland has been offered a Motorola network for its police force and the document warns: 'It is urgent that the future members of the Union carefully evaluate the risks of a too large reliance on a technology for which they have no guarantee'.

Especially, they might have added, when the system is not even efficient. Such is the frequency pulsing of TETRA that the radios need to be turned off near life support equipment and even near breathalysers or vehicle speed check equipment because of the interference they cause. There was even the example of the bus with an electronically controlled gearbox that changed gear when passengers in certain seats used a cell phone. These technologies interfere with others and, most importantly, they disrupt human brain and DNA function.

Ultimately, it is not even about eavesdropping, though that is part of it, of course. The main reason is mass mind control, as I will come to after looking at the consequences for health.

The TETRA system is untested for health effects (publicly tested that is) and the corporations involved with these technologies use the mantra we have heard so often when challenged about its dangers. They say there is no proven evidence or 'conclusive evidence' that it is harmful. Two points to make here ...:

(1) How can there be 'proven evidence' when these conniving companies and governments refuse to publicly test for health effects before imposing it on the people and when they ignore or dismiss independent studies that expose the flaws and dangers?

(2) When a TETRA system is switched on and people living or working nearby become ill (when they don't know about the switch-on), how can this not be considered evidence of a link?



All over Britain there are now protest groups campaigning to stop TETRA, but they are told by the government and manufacturers that there is no 'conclusive proof' of any dangers to public health

Research scientist, Barrie Trower, wrote a major report exposing the TETRA system and in this section he addressed the subject of 'conclusive proof' and the nonsense that it is:

'The Government's scientists will often ask for conclusive proof when they are challenged. It is a word often used when you wish to win your side of the argument. Scientifically conclusive proof is impossible to obtain - let me explain. I was at a legal hearing in Torquay representing a community and the barrister representing the communications industry said "there is no conclusive proof that these microwaves will cause damage".

I argued: if somebody stood up and shot me in this courtroom there would be three levels of proof. You would have everybody as a witness and that would be accepted in a Court of Law. A pathologist could perform a post mortem, decide that the bullet killed me and that would be a second level of proof. If, however, you wanted conclusive proof that the bullet killed me, you would have to argue that at the split second the bullet went into my body every system in my body was working perfectly because there are thousands of reasons why I could drop dead on the spot before the bullet went in and you would have to prove conclusively that all of these systems were working perfectly before the bullet went in.

Clearly, this is scientifically impossible; there is no such thing as conclusive proof, yet it is what is demanded by government scientists when challenging their decisions.'

In 'journalism' there is a saying that goes 'Don't let too many phone calls spoil a good story'. In other words, don't check its validity too keenly or you might find that the story is not true. The corporate-government conspiracy has something similar when it comes to checking the effects of its technology: 'Don't do too much public research or you'll show the people that it's dangerous'. Instead, let people suffer and die, it's much better for business and the agenda so long as you suppress the cause of their suffering and death.

The ludicrously-named National Radiation 'Protection' Board is supposed to ensure that the population is protected from damaging radiation. Yet it admits: 'No epidemiological study as yet has explored the risks associated with telecommunications systems such as TETRA which use RF radiation modulated at frequencies around 16Hz'. It says that 'Human volunteer studies should be carried out'. All this *after* the technology is already active. The Home Office has commissioned a study by the Imperial College, London, to record the effects on police officers over a period of ten years - turning police officers into laboratory rats. Even this study will only look at the effect of police handsets and not the broadcasts from the TETRA masts themselves.



Dr Camelia Gabriel - Orange alert

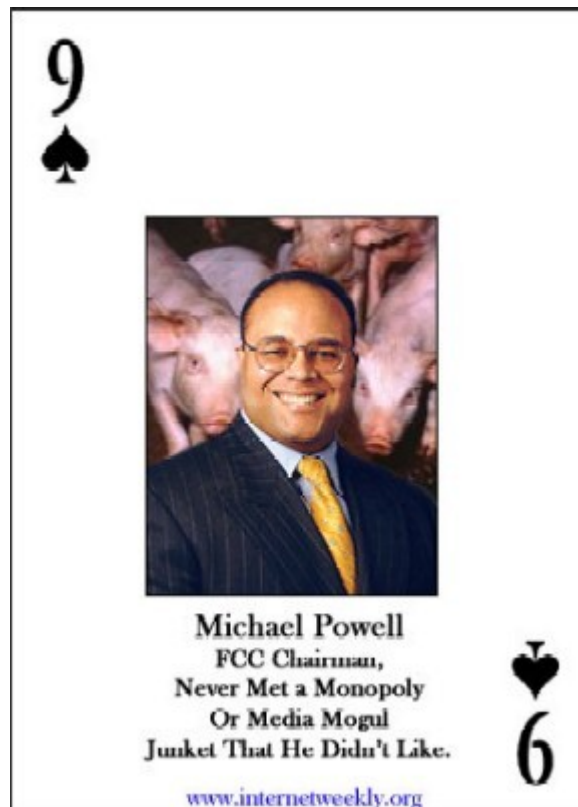
Incidentally, the National Radiation 'Protection' Board subcontracted its 'research' into the effects of microwave radiation to Dr Camelia Gabriel and her Microwave Consultants Limited. Dr Gabriel was also a senior consultant for mobile phone giant, Orange plc, and she jointly wrote the Orange Base Stations Health and Safety Manual. Her son, also of Microwave Consultants Limited, says the transmitters for Orange plc in school playgrounds are 'safe'. Wow, knock me down with something soft and weightless. This is another way the military-government-industrial complex operates.

The Stewart Committee, chaired by Sir William Stewart, reported to the UK government in May 2000 that there was compelling evidence that mobile phones have biological effects on humans even where the radio frequency or microwave radiation is emitted at very low levels. Children, the report said, were most at risk because their skulls are thinner, which allows their brains to absorb more radiation while their cell growth and brain wave activity are still developing. The Stewart Committee advised against using any communication instruments that pulsed above 16 waves per second. *TETRA pulses at 17.6 waves per second.*

To confirm the real agenda of the National Radiation 'Protection' Board, it was later revealed that they had suppressed information requested by the Stewart Committee about the effect on child health of mobile phone frequencies. See <http://www.tetrawatch.net/science/hidden.php>

Meanwhile, major insurance companies who are watching the bottom line, including two of the world's biggest, Lloyds and Swiss Re, have advised that there be exclusion clauses against paying compensation for illnesses caused by continuous long-term low level radiation. This was on the advice of Dr Theodore Litivitz, Professor Emeritus of Physics at the Catholic University of America.

In the United States such 'safety' matters are 'regulated' by the government-controlled Federal Communications Commission (FCC) that has been deregulating away the media to fewer and fewer corporations. The 'standards' it follows were developed by *private* organizations, the American National Standards Institute and the Institute of Electrical and Electronics Engineers. The FCC was headed until last year by Colin Powell's son, Michael, who was appointed by Bush - or, more to the point, those controlling Bush. Powell was replaced by Kevin Martin, former deputy general counsel for Bush's 2000 presidential campaign. The FCC is an organisation you can trust to protect the public in other words.



Michael Powell, like all heads of the FCC, is a 'yes sir', 'no sir', 'where shall I lick now, sir?', place man

The people closest to the TETRA technology are the police officers and other emergency services that use it every day. Already they are experiencing physical, mental and emotional consequences, including cancer of the oesophagus in numbers way above the national average. The TETRA handset is located on the chest in the area of the oesophagus and takes the full impact of the electromagnetic radiation that the makers and government agree is emitted.



The TETRA police handset is placed on the chest. Is it any surprise that the oesophagus is affected by its pulsing radiation?

Even people in the street or mall when a police officer uses TETRA are given a serious dose of radiation so imagine what emergency service professionals are getting every day.

Dr. Ian Dring is a scientist who is convinced of the dangers of TETRA after his brother, Neil, died of oesophagus cancer. Neil was a 38-year-old police officer in Leicester in the English East Midlands and Dr. Dring said there were no signs of the cancer until he began to use TETRA. He didn't smoke, drank very little, and was a super fit triathlete. A colleague of Neil with the Leicester force, again under 40, died around the same time of exactly the same condition. As Dr. Dring points out, the chances of that, according to the U.S. Cancer Society, would be millions to one. A third Leicester officer, aged 26, was later diagnosed with the same condition, the chances of which enter the billions.

But, of course, there's no evidence of a link. O2 and the government say so.



Police officer Neil Dring ... fit and well until TETRA came along

The Police Federation, which represents British police officers, was so concerned about the level of reported health effects that it commissioned a report by research scientist Barrie Trower into the potential risks of TETRA. In the 9/11 month of September 2001, he concluded that: '... the government, government scientists and this industry will be responsible for more civilian deaths in peacetime than all the terrorist organisations put together.' Trower also says:

'Not in dispute is Professor Szmigielski's study where he spent many years researching Military Personnel using pulse modulated microwave radiation up to and beyond the TETRA range. He compared these results with personnel who were not exposed. His conclusion (in part) was: a double incidence of all neoplasms (tumours) with a three fold increase of cancers of the alimentary tract (inc. Oesophagus and stomach) and a six fold increase of malignancies of the haemopoietic (blood/cells/circulation).

I would like the reader to keep in mind the "threefold increase of cancers".'

[Click here for the full Trower report (a must read) - http://www.TETRAwatch.net/papers/trower_report.pdf]

The health effects he and/or other scientists predicted are now being seen among police and public. These include cancer, depression, difficulty in concentration, illnesses of the brain, headaches, tiredness, infertility, and a reduction in melatonin, a naturally occurring hormone associated with sleep. This is at least one reason why inability to sleep is often associated with people living close to TETRA masts. Melatonin also kills cancer cells during the night and its depletion therefore increases the risk of cancer taking hold. By the way, the sale of melatonin is banned in the UK.

Then there is Motor Neurone Disease. A TETRA transmitter has been located at

Drumcarrow Hill in Fife, Scotland, since the late 1990s and, although only around 200 people live close by, the consequences have been disastrous. Or, it could always be a coincidence, of course, for all those connected to government and manufacturers or with a mental age of three.

Out of that tiny population there have been at least seven cases of cancer and Motor Neurone Disease diagnosed over five years when the average national figure for Motor Neurone Disease is one in between 50,000 and 100,000. The TETRA pulse radiation affects calcium levels, a factor linked to the onset of Motor Neurone Disease.



The masts are often hidden from public view, as in this 'tree', and the corporations frequently install them without planning permission or the knowledge of local people.

Dr. Gerard Hyland, a biophysicist from the International Institute of Biophysics, an expert in low level radiation, says of TETRA: 'We could be seeing a pandemic of brain tumours in ten years'. In an article on the dangers of TETRA he exposes the smokescreen mantra that the system complies with current safety limits for radiation 'protection':

'These limits are, however, purely thermally based - i.e. they simply limit the intensity of the radiation to ensure that the amount of tissue heating by absorption of microwave radiation is not in excess of what the body can cope with. If heating were the only effect of the radiation, existing guidelines would afford the public adequate protection against the emissions of Base-stations; unfortunately, however, this is not the case.'

For microwaves are waves, and, as such, have properties other than solely intensity. In particular, the pulsed microwave radiation used in the GSM

[Global System for Mobile Communications or cell phones] and TETRA systems of telecommunication has a number of rather well defined frequencies that facilitate its discernment by the alive human organism, and via which the organism can, in turn, be affected in a purely non-thermal way. This is so because the alive human organism (and only the alive one) itself supports a variety of oscillatory electrical biological/ biochemical activities, each characterised by a specific frequency, some of which happen to be close to those found in the GSM / TETRA signals; this coincidence makes these bioactivities potentially vulnerable to interference.

It comes about because these oscillatory electrical activities play a role akin to the tuned circuits in a radio, making the living organism an electromagnetic instrument of great and exquisite sensitivity that is able to 'recognise' and discern the presence of the radiation 'informationally' by decoding ... its various frequency characteristics, including those of any amplitude modulations. Since these activities are involved in bio-communication and in the control and regulation of bio-processes essential to well-being, it is reasonable to anticipate that it is the functionality of the alive organism that is impaired by exposure to radiation of sub-thermal intensity containing bioactive frequencies ...'

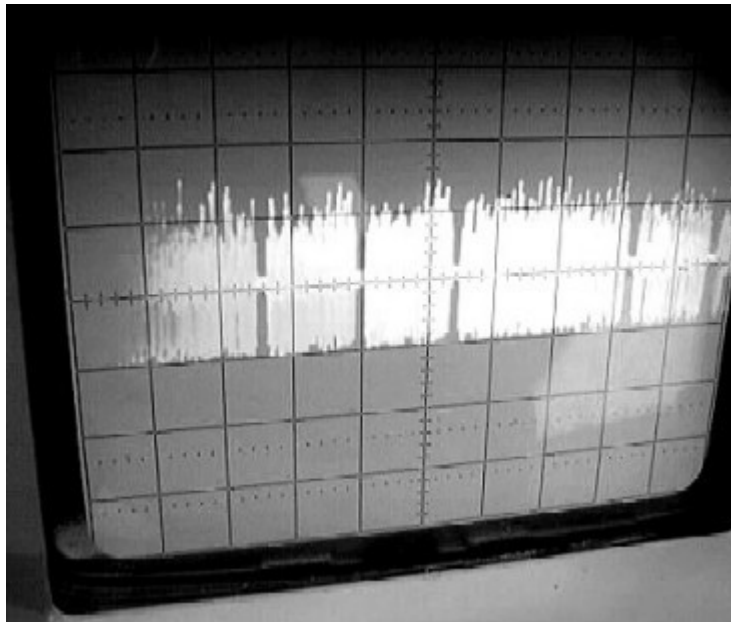
[See http://www.emrnetwork.org/position/hyland_base_station_talk.pdf]

In simple, non scientific-speak, this means that the human body/brain is like an antennae that can pick up these frequencies and have its own mental, emotional and physical frequency systems scrambled. From this, mental, emotional and physical problems transpire. It is the same for those living near or under power lines. The electromagnetic field of the power lines disrupts the electromagnetic communication within the brain/body and illness ensues.



The government also insist that living under or close to power lines does not increase the risk of illness. Liars.

How an individual interacts with these frequencies will be different because our own frequency make up will differ. So some will contract cancer, others depression or Motor Neurone Disease and still others might have no discernible effects for many years. Thus you get the response of 'it's done nothing to me' ... until you get the phone call some way down the road saying 'Hey, I think you were right.'

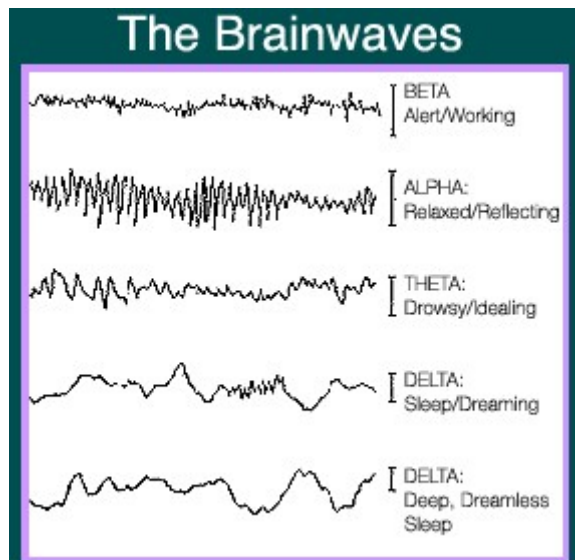


This is a trace of TETRA mast pulse emissions near Shanklin on the Isle of Wight. These pulsing waves are entering the skull/brain of the local population 24/7

Dr. Gerard Hyland says in the above article that TETRA signals are close to those of human brain frequencies - and this is NOT a coincidence. It is coldly calculated. Other doubters and protestors understandably speak of the TETRA technology not being tested properly before it was made operational. Oh, but it WAS. This is why I referred earlier to there being no '*public*' research. The health effects are known at the highest levels and they don't give a damn because the main point of it all is control of the human mind and emotions. For me, as with chemtrails, the chemical clouds released from aircraft, the health consequences are not the prime reason behind them. It is the affect on the mental and emotional state. I'll come to the chemtrail aspect of this shortly.

To broadcast at frequencies necessary to influence the mind and emotions there will be consequences for health, but this is not the main motivation behind them. It is thought control. Dr. Hyland writes:

'The frequency of the radiation that is used to carry the voice information (messages) in both GSM and TETRA lies in the microwave band - a frequency range in which processes as fundamental as cell division can be interfered with - the somewhat lower carrier frequencies characterising the TETRA radiation facilitating its deeper penetration into tissue. On the other hand, the rates at which the microwaves are emitted in distinct groups of flashes (or pulses) happen to be close to the frequencies of some of the brain's own electrical and electrochemical rhythms; accordingly, these can be amplified, interfered with, and even entrained by the radiation.'



TETRA-type technology operates at a pulsing frequency of 17.6Hz. This is close to the wavelengths of brain activity, thus it interferes with the electrical (and therefore every other) system of the brain. This accounts not only for physical and immune system effects, as the communication from brain to body is short-circuited, it also explains mental and emotional consequences like depression and inability to concentrate. Dr. Hyland points out:

'Of particular concern is the way in which this radiation non-thermally affects brain function - specifically, its electrical activity (EEG), its electro-chemistry, and the blood/ brain barrier - and degrades the immune system. For these non-thermal influences are of a kind that are consistent with the nature of some of the adverse health reactions reported both by some users of mobile phones and by some people (involuntarily) exposed long-term to the radiation from Base-stations.'

Thus, for example, the radiation is known to affect the dopamine-opiate system of the brain and to increase the permeability of the blood brain barrier (thereby facilitating the passage of chemical toxins into brain fluid), both of which are medically considered to underlie headache - one of the most persistently reported adverse health effects. Similarly, the duration of REM sleep is shortened by exposure to radio-frequency radiation, whilst nocturnal secretion of melatonin is partly inhibited, both of which are consistent with reports of sleep disruption and concentration problems.'

Hyland then makes this key point:

'Furthermore, the possibility of deliberately provoking epileptic seizures in certain animals by exposing them to pulsed microwave radiation is consistent with reports of an increased incidence of seizures in some epileptic children when exposed to the emissions of GSM Base-stations. The latter finding is not at all unreasonable, given the known ability of a visible light (such as a stroboscope) flashing at a rate somewhere between 15-20 times per second to

provoke seizures in the 5% minority of epileptics who are photosensitive.

For visible light and microwaves are both simply different realisations of electromagnetic radiation, and the microwave radiation used in GSM and TETRA similarly 'flashes' (pulses) at rates that the brain is able to recognise; unlike visible light, however, pulsed microwaves are not reliant on the eye and optic nerve to access the brain, since they can penetrate the skull directly.' (My emphasis)



A TETRA mast appropriately placed in front of the mental health unit at St Mary's hospital, Newport, Isle of Wight

After a TETRA mast was switched on at Dursley in Gloucestershire, people reported an outbreak of migraines, sleeplessness, nose bleeds and being 'shocked awake' up to fifteen times a night. Eleven children at a school in Littlehampton, Sussex, were sent home with headaches, nosebleeds and dizziness on the day a nearby TETRA mast was switched on without the local people being aware it had been activated.



This picture above shows how close the TETRA mast was to the Littlehampton school, but protestors said they were amazed by the high level of indifference by other parents and locals and their unwillingness to research what effects this could have on their children and themselves. When they handed out information leaflets at the school gate they were soon asked to move because they were 'upsetting the parents'.

For many people, being a complete idiot clearly requires no help from TETRA masts. In Lancashire, 177 police officers out of 246 who responded to a questionnaire said they had experienced effects like migraine, nausea, sleeplessness and lack of concentration since the TETRA system had been introduced. Six people including a chief inspector suffered dizziness and headaches after a mast was activated on the roof of their police station in North Walsham, Norfolk, while 25 people living nearby reported the same symptoms.



TETRA on North Walsham police station, Norfolk.

All of which brings me to mass mind control.

Barrie Trower said in his report for the Police Federation:

'Pulse radiation from TETRA at 17.6 Hz (waves per second) is known to interfere with our natural brains rhythm. Our brains generate their own waves within our head. One of these waves, called beta waves is on a very similar frequency to the TETRA handsets. What happens is: If you could imagine yourself jumping on a trampoline and somebody larger and heavier jumps on and dances at a slightly different speed you will bounce at their pace rather than yours. When they jump off you will still bounce at their speed. The jumping on of the person onto the trampoline is known as entrainment and this occurs when the TETRA is used in close proximity to an officer's brain. Because TETRA affects the beta rhythm of the brain it will affect what the beta rhythm is responsible for; namely sound judgement in emergency situations.

Entrainment is always followed by a phenomena called long-term potentiation. This is an analogous to the person getting off the trampoline leaving you dancing. Long-term potentiation has been known to last several weeks after the initial source has died down. The implications for this are that the officers' brain waves would continue to suffer entrainment even after the sets have been switched off, which would be

reinforced every time the sets are switched on again.'

Trower writes here of the affect on 'sound judgement in emergency situations'. Put another way, the ability to think straight. And it is not only police officers who can potentially have their thought processes disrupted. So can anyone who comes into contact with the TETRA frequencies. Thousands of TETRA masts are planned to be located throughout Britain alone, never mind the rest of Europe, their equivalent in North America and elsewhere.



Some of the ways that masts are hidden

Many of these masts are hidden already inside petrol station signs, flag poles, advertisements, churches and, yes, located near *schools*. People having been going to church for thousands of years to be mind controlled and now it can be done with a mast in the spire. In November 2004, a report by the BBC revealed how Britain already had 40,000 mobile-phone masts and one in ten schools had a mast located within 200 metres of the classrooms. A Central London school has *27 masts* within this distance, many of them hidden inside road and petrol station signs. Here are two appropriately named websites owned by a company that specialises in hiding the masts - <http://www.stealthsite.com/> and <http://www.stealthsite.com/products/gallery.html>

The entire plan is coordinated to install a network of mobile phone, TETRA, and other systems of electromagnetic communications that operate as one unit to create an electromagnetic mini-matrix to scramble normal brain and DNA function while dictating mental and emotional responses. It will also have potential for the mass culling of the population also planned by the sickness that is the Illuminati.

For me, the chemtrail phenomena in which chemical clouds are sprayed into the atmosphere by military and commercial aircraft contracted by the military are fundamentally connected to this agenda. It has been shown that these clouds contain metals, like aluminium, and can provide a highly efficient conduit for electromagnetic waves and broadcasts, so encasing the planet in an electromagnetic

field-prison designed to block 'unwanted' wavelengths coming in while conducting the thought waves broadcast to the population.



Just one of the aircraft criss-crossing the skies year after year now releasing a chemical-metal soup to pollute the atmosphere and change the nature of the electromagnetic field. See this and other websites for more background:
<http://educate-yourself.org/ct/>

This is why the chemtrail agenda is connected to HAARP, the High Frequency Active Auroral Research Project, based in Alaska and run by the U.S. Department of 'Defense' through the Air Force and Navy. Its target is the electrically-charged ionosphere surrounding the planet at between 40 to 60 miles above the surface.



The best-known book about HAARP by Dr. Nick Begich and Jeane Manning

Behind the cover stories and the bullshit, HAARP is all about control on multi-levels including weather control, but prime among them is to fill their artificially-created electromagnetic matrix or 'membrane' around the earth with instructions and thought/emotional patterns broadcasting on the brain-DNA wavelengths to turn the human population into little more than computer terminals. As long-time Haarp researchers, Dr. Nick Begich and Jeane Manning, write:

'Put simply, the apparatus for HAARP is a reversal of a radio telescope; antenna send out signals instead of receiving. HAARP is the test run for a super-powerful radiowave-beaming technology that lifts areas of the ionosphere by focusing a beam and heating those areas. Electromagnetic waves then bounce back onto earth and penetrate everything -- living and dead.'



HAARP publicity gives the impression that the High-frequency Active Auroral Research Program is mainly an academic project with the goal of changing the ionosphere to improve communications for our own good. However, other U.S. military documents put it more clearly -- HAARP aims to learn how to "exploit the ionosphere for Department of Defense purposes".'

See <http://www.haarp.net/>

There you have the real motivation for HAARP and it fits perfectly the electromagnetic prison I am describing - *'Electromagnetic waves then bounce back onto earth and penetrate everything -- living and dead.'* Exactly. HAARP, TETRA, mobile phone networks, chemtrails, the Global Positioning Satellite System or GPS, and so much more are all aspects of the plan and it is unfolding before our eyes - or rather in our brains - every day.

This is also the system designed to communicate with the planned human microchips, already being introduced on a small scale, but planned for everyone eventually. Their real purpose, as I explain in *Infinite Love Is The Only Truth, Everything Else Is Illusion*, is to be a replacement brain in many ways.



The 'Verichip' marketed by Applied Digital Solutions (both long exposed in my books) are the embedded computer terminals designed to receive the signals from the electromagnetic waves and create the fully-robotic 'human'

The body is a biological computer and the brain is its central processing unit or CPU which deals with the communications traffic. In a computer the CPU is ... a microchip. The true reason for human microchipping is to hijack the body's communications traffic, so affecting physical, mental and emotional function, and change it to suit their agenda for creating - literally - human robots. The network I have described in this article, including TETRA, HAARP, the satellite network etc., is designed to become the communication system that speaks to the embedded chips.



If you think you live in zombie land now, give it a few more years unless we bring this insanity to an end. As an Internet article on TETRA points out:

'Low frequency electromagnetic and microwave radiation were identified in the 1960s as a potential anti-personnel weapon and the Pentagon has confirmed that it has developed microwave crowd control weapons. Can a system which is developed as weaponry be considered safe for the police and public?'

No, of course not, but I repeat: it's not meant to be. It is an anti-personnel weapon for use on the population in precisely the way portrayed in the *Control Factor* movie I saw this week. As I have said so many times, we are staring the nightmare in the eye now. Doing nothing is not an option.

My research into all this is a work in progress and there is a lot more to know. If anyone can give me added information and insight I would love to have it. The contact address is info@bridgeoflove.com

Thanks.

.....

Help and advice on protecting yourself from TETRA -
<http://www.tetrawatch.net/links/links.php?id=protection>

.....

Here are some websites where you can find further information about TETRA and its effects on human wellbeing.

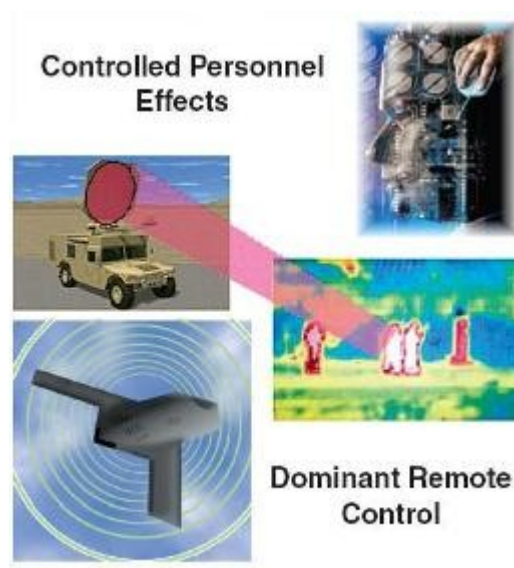
<http://www.TETRAsanity.org/home.html>

<http://www.TETRAwatch.net/>

http://www.whale.to/b/tetra_q.html

RELATED STORIES

Air Force Plan: Hack Your Nervous System



'The brain has always been a battlefield. New weapons might be able to hack directly into your nervous system.' 'Controlled Effects' is one of the Air Force's

ambitious long-term challenges. It starts with better and more accurate bombs, but moves on to discuss devices that "make selected adversaries think or act according to our needs... By studying and modeling the human brain and nervous system, the ability to mentally influence or confuse personnel is also possible."

The first stage is technology to "remotely create physical sensations." They give the example of the Active Denial System "people zapper" which uses a high-frequency radiation similar to microwaves as a non-lethal means of crowd control.'

Read more ... <http://www.defensetech.org/archives/002152.html>

A Satellite Baby-Sitting Service (all predicted in David Icke's books a decade ago)



'Two companies have announced plans to launch personal GPS "location devices" this year, which will act as a kind of LoJack for everyone from meandering children to nervous executives in kidnap-prone countries. One is a bracelet, which parents can lock on their kids' wrists to track their location and movements over the Internet, that is made by Wherify. Another -- and the most sci-fi application by far -- an implantable GPS device that Applied Digital Solutions of Florida plans to develop within the next eight months.'

Read more ... <http://www.wired.com/news/business/0,1367,52253,00.html>

Radiation jump blamed on Iraq shells

(But is this the real reason? - see above)

Radiation detectors in Britain recorded a fourfold increase in uranium levels in the atmosphere after the "shock and awe" bombing campaign against Iraq, according to a report. Environmental scientists who uncovered the figures through freedom of information laws say it is evidence that depleted uranium from the shells was carried by wind currents to Britain.

Government officials, however, say the sharp rise in uranium detected by radiation monitors in Berkshire was a coincidence and probably came from local sources.

Read more ... <http://www.timesonline.co.uk/article/0,,2087-2047373,00.html>

Chemtrails from beyond the veil ...?

Hey there,



Thanks for the newsletter and the work you do. Absolutely fantastic stuff guys, please keep it up.

The reason I am sending you this email is to share an experience my friends and I had yesterday. We were at a popular local beach in Adelaide, South Australia, and low and behold, the midday chem plane was making its pass. The difference with this day was that we had all partaken in the consumption of natural hallucinogens, or magic mushrooms.

We were on the jetty watching it fly overhead and I noticed something strange that I had never seen before. There was a clear dark, almost black line the plane was following. It was like that someone had painted a nice straight line for the plane to follow. When I made a comment to my friends they said that they all saw it too. We were amazed to say the least. The thing was that no one else could see it and they all thought that we were crazy. Gee, what a surprise!! People can say that we were all having the same trip, but that's all bullshit. I have never heard of or experienced three people all seeing the same hallucination. Crazy times.

What did make us laugh though was that along the trail it was all broken up and the cloud dispersed immediately ... looks like someone is using a chem buster to stop it falling over their house. It's good to know that we aren't the only ones who are awake, so to speak.

Thanks again for all you're all doing.

F

Black Lines And Chemtrails



"It seems like advanced scalar technology, but it also looks like it might just be a shadow of the chemtrail cast against the surrounding aerosols. The position of the sun and plane were such at the time of this photo that we thought this could account for it. However, we've received correspondence from a trusted source who says they've seen black lines when the position of the sun could not account for it, and that these dark lines are strongly indicative of particle-beams which would be greatly enhanced by the addition of aerosol-ized metallic elements.'

Read more ... http://www.bariumblues.com/black_line.htm

.....

Hi David,



Thanks for all your hard work, read all your news.

I, too. have seen these black lines ahead of the chemtrail planes in Cardiff, more than once , but the last time I remember seeing one was last summer ahead of a fast moving high altitude chemtrail plane. I also remember reading some correspondence about the phenomenon at

<http://educate-yourself.org/zsl/chemtrailactivitydown28jul05.shtml>

where it was suggested it was DOR energy a negative form of orgone energy (first decribed by the German psychiatrist Wilhelm Reich).

Also related to this subject I noticed you posted an article "What is happening to our Skies?" which links to "Aerosol Crimes", a film about chemtrails by Clifford Carnicom. However, to many in the chembusting community - those who use orgone devices to neutralise chemtrails, this film is felt to be a disempowering immitation of the documentary "Chemtrails: Clouds of Death" produced by a man who uses the name DB.

This documentary additionally discusses the use of orgone energy to neutralise the chemtrails. This documentary can be viewed via as a Real Player file, and both may be downloaded at the following address
<http://www.worldwithoutparasites.com/chemtrails.html>.

I hope this information is of any use to you - but I hope you'll at least watch the video documentary which if true gives a more hopeful outlook on chemtrails. It makes me very happy to hear it being discussed on your website - my family think I'm nuts when I talk about chemtrails.

Many thanks,

Matt

More on the 'black line' chemtrail planes

Hi David,

On the website this evening, 19 February, you have posted comments from people in S. Australia who having taken hallucinogens all 'appeared to' see the same thing. A [chemtrail] plane flying directly into a thin black line which ran ahead of it.

I don't use any kind of mind altering chemicals, either now or previously, but I too witnessed this same thing happening on two separate occasions last summer in the U.K. Once over Shuttleworth in Bedfordshire, one very warm, clear sunny morning. I pointed it out to various people who were attending the same event. Some of the people I spoke to were themselves pilots, who didn't have a clue as to what it was we were witnessing. All we could do was speculate.

Love,

Fran

.....

Dear David,

I was interested in the article on the Chemtrails and the black lines that were seen when the viewers took some magic mushrooms. These lines have been visible to me on many occasions and without any influence from drugs. The black lines are very odd and are transparent and can be seen projecting forward infinitely.

They are unexplainable but they are there and other people have seen them with me. Even if the aircraft is turning the black line can be seen projecting straight forward and there can also be a black shadow near the trail itself? These are I am sure not illusions but some evidence of some technology etc that is being used here. I will try to find some photographs for you as I am sure I have some.

Regards, Matthew

Multiple sclerosis could be linked to difficulty in processing iron and aluminium

(Oh, the aluminium released into our atmosphere by chemtrails will be just what we need then)

'Multiple sclerosis could be linked to difficulty in processing iron and aluminium, a study has suggested. Scientists at Keele University, Staffordshire, compared levels of the metals in the urine of people with MS and others without the condition. Significantly higher levels than expected were found in both groups.'

Oh yes, and the fluoride they put in drinking water is a waste product of the aluminium industry.

Read more ... <http://news.bbc.co.uk/1/hi/health/4724414.stm>

WELL, AFTER ALL THAT, IT'S WORTH A REMINDER OF WHERE

THE POWER REALLY LIES - WITH US ...

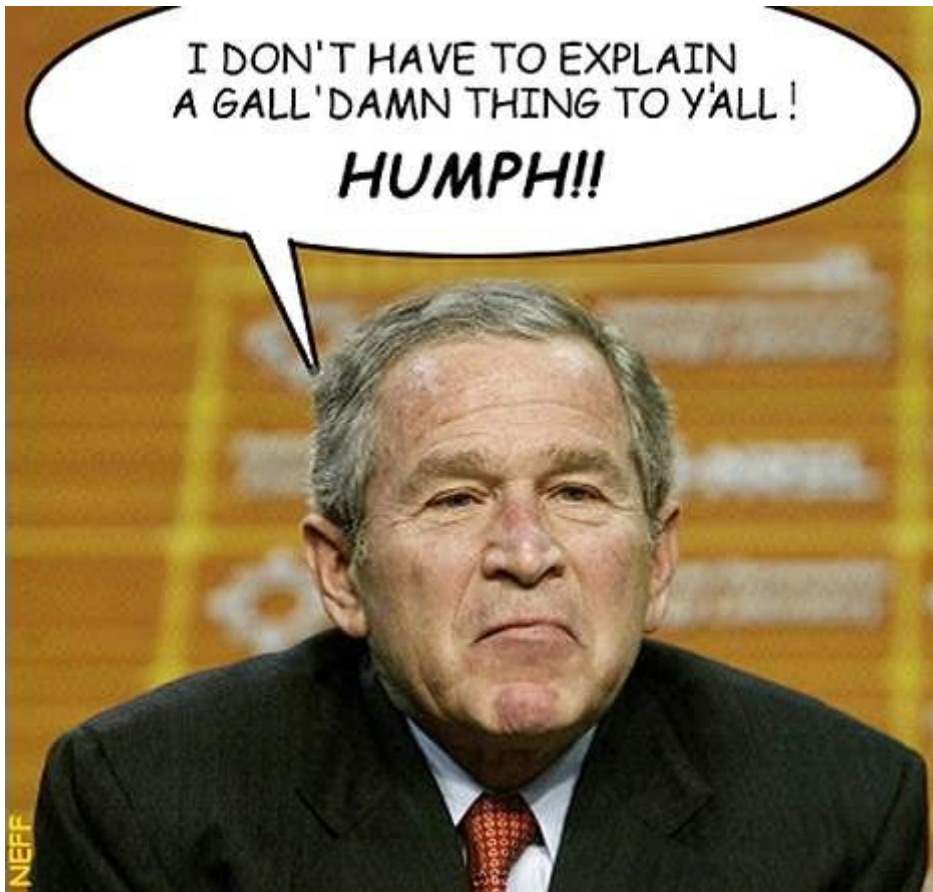


CLICK HERE ... <http://www.consciousone.com/wisdomflash/WFView.cfm?PID=362>

IF ONLY ...



ARROGANCE AND IGNORANCE PERSONIFIED ...



'My heart is where ...?



Free man in robot denial shock ...

I do not choose to believe that I am a robot.



BIG BROTHER ...



... SMALL MINDS ...

Hello all ...

A few months ago I was approached by the makers of the British television 'reality' show, *Big Brother*, to appear on their 'celebrity' version currently running on Channel 4. I said 'no' and it has turned out to be a good decision.

For those around the world who haven't seen the show, it puts 'celebrities' into a 'house' together for three weeks or so with no outside contact and films them 24 hours a day. The viewers then have the chance to phone in to swell the programme's profits and vote out the people they least like. In the end there is one 'celebrity' left and they are the 'winner'.

Among the celebrities this time out are Jermaine Jackson, formerly with the Jackson Five; Danielle Lloyd, a model and former Miss Great Britain who lost the title when it was revealed she was dating one of the judges; Jo O'Meara, former singer with the group, S Club 7; Leo Sayer, another singer, who walked out because he said the show wouldn't give him clean underpants; Ken Russell, the film director, who walked out because he was pissed off; and Shilpa Shetty, an Indian actress in the film industry known as 'Bollywood'.



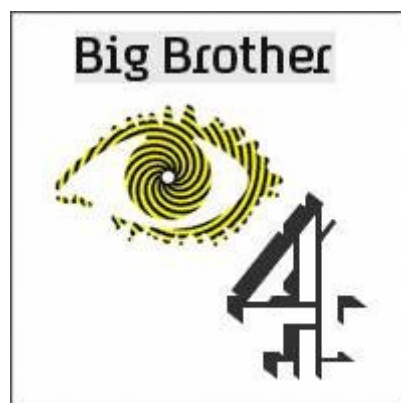
Shilpa Shetty

It is invariably painful to watch because either it is a mega bore or because the often fragile personalities and egos crumble before your eyes as the pressure of isolation, and their own boredom, cracks the outer 'celebrity' façade. It is interesting to see what lies behind the face they put to the world, but rarely pleasant.

People who seek the public eye for fame's sake tend to be deeply insecure. Instead of finding their security from within they need others to shower them with the recognition they cannot give themselves. Wherever you find fame-seekers you will find seriously insecure people. The temper tantrums, the 'super bitch' and 'egomaniac' personalities come from this insecurity. It's often a front, a mask to hide self-doubt and fear. This need for external acknowledgement means that the media and entertainment industries are awash with the famously insecure.

This, of course, does not apply to everyone in the public eye. Many become well known as a by-product of their work or talent and do not seek it out. I am talking here about the 'celebrities' for whom fame itself is the drug and the goal. Anyone who says their ambition is 'to be famous' is a fragile ego desperate for external recognition and for these people the *Big Brother* show can be a devastating experience, not least with the constant fear of public 'rejection'.

Being voted out means 'they don't love me' when the real problem is that the celebs don't love themselves. If they did, they would have no need for exposure on a show like this that opens them to such public judgement. Unless they just want the money, that is.



Big Brother has become famous itself for the clashes of celebrity egos that it engineers by inviting personalities whose interaction is likely to make the sparks fly. But this year it has reached new heights of controversy because of the 'R' word - racism.

You would have thought that Adolf Hitler was in the 'house' from the hysteria that has erupted around the world over remarks by one 'housemate' about Bollywood actress Shilpa Shetty. Gordon Brown, probably the next Prime Minister should Blair step down before the next election, condemned the show during his timely visit to India and more than 50,000 calls of complaint have been received from an indignant public. There have been demands to take the show off air, the sponsor suspended its advertising deal, and there have even been calls to close down Channel 4. The whole thing has been blown into a major diplomatic 'incident'.

Over the top? *Ooooh*, just a little bit.

The villain in this drama has been Jade Goody, who was introduced to the 'house' some days after the series began. She made her name, and lots of money it would seem, from her appearance on the non-celebrity *Big Brother* show in 2002. Now the same programme has made her the 'celebrity' that the public, egged on mercilessly by the hypocrites in the media, currently love to hate. Her lesser-villains in crime are said to be model Danielle Lloyd and S Club 7 singer, Jo O'Meara, and together they are being accused of racism towards the Shilpa Shetty.



From what I have seen, I would not like to spend five minutes with any of the '*Big Brother Three*', and their treatment of Shetty has not been pleasant. But having a go at her and calling her names behind her back is a long way from the now catch-all label of 'racism'.

The black British comedian, Lenny Henry, has a character in his act who is always claiming that decisions made against him are just because he's black. The character will turn up to audition for the part of a white woman and when he is told he is not right for the role he will say: 'It's because I'm black isn't it?' Henry has picked up on a now global trait in which 'racism' is screamed to explain every opinion and action that a person or group doesn't like.

It would have been obvious to the programme makers that Jade Goody and Shilpa Shetty would almost certainly not get on whatever colour they may have been. Shetty

can have a rather superior and snooty air about her and to a woman with Goody's street background buttons were bound to be pressed. That's not racism, it is personalities that cannot sync and harmonise, not at first anyway.

Goody, whose grandfather was West Indian, comes from a hellish, deprived and uneducated background and calls herself 'pig ignorant'. There are few who would disagree and indeed it is that very image that has been milked to great financial effect. She has a large mouth and engaging its brain is rarely her first move. Some of her remarks have become legendary, including the belief that Saddam Hussein was a boxer.



Her irritation with the cultured Shetty led Goody to call her 'Shilpa Poppadom'. Other comments on the charge sheet included 'I've seen how she goes in and out of people's arseholes' and 'she makes my skin crawl'. She also inquired how Indian people could eat food with their hands when they knew where they had been, something I have heard parents say to their own children.

My God, how racist is that? Give her a good flogging, I say.

Shetty's mother was quoted in a newspaper as saying: 'How would British people like being referred to as 'Fish and Chips'. Well, actually, this one would not give a shit, as it happens, because I'm an adult with a brain I am prepared to make active from time to time. Give me bloody strength. I am so sick of this cry of 'racism' at every turn - a label guaranteed to attract hatred and condemnation from everyone who wants to posture their self-purity and show they are 'not racist'. I am not a violent man, but if they had a rocket up their backside I could well be tempted to ask for a match.

Even Shetty has since said that she doesn't believe Goody was being racist: 'You know, people say things in a fit of anger and I stand corrected. I don't feel that there was any racial discrimination happening from Jade's end. I think there are a lot of insecurities from her end but it's definitely not racial.' It was a perceptive and sensible response from an intelligent woman.

When people have rows or hurl abuse they tend to pick up on some trait of the target

and bring it into their diatribe. So people call others 'you bald bastard', 'you little bastard', 'you fat bastard', and 'you smelly bastard'. In inter-race arguments this can become 'you black bastard', 'you white bastard', 'you Paki bastard' or ... 'Shilpa Poppadom'. That doesn't mean it has to be racist, although don't you dare call me 'Fish and Chips'.

A British football manager and media personality called Ron Atkinson had his career destroyed a few years ago when he was caught on a live microphone that should have been silent condemning a player in apparently racist terms because he was so mad at the way the team had played. Atkinson was ferociously attacked and lost his job, yet I know Ron Atkinson from my own football days and he is certainly not racist. He was the first manager to give black footballers a real chance in the top flight in England and what he said just poured out in his frustration at the result. We jump to conclusions far too quickly and forgiveness seems to be an historical concept.

It is claimed that some 'housemates' mimicking Shetty's Indian accent was racism, but Goody's 'g-less', 'h-less' accent is constantly mimicked with her thanks coming out as 'fanks' and her thinks appearing as 'finks'. Is it racist to mimic Goody? No, it is picking up on something, or somefink, that is distinct about her. It might not be nice, but racism it is not. To do the same with someone who speaks English with a foreign accent does not have to be racist, either.



Goody is mercilessly ridiculed for her looks, size and accent. If an Asian person produced this, would it be considered racist? No

If two white people or black people have an argument and hurl abuse at each other it's just an argument. They don't like each other, end of story. But if it's white and black, white and Asian or Asian and black, the same disagreement and dislike is miraculously transformed into racism. What's more, the racist is invariably the white person because it appears to be an unwritten law that black and Asian people are never racist - unless they are arguing with each other. There seems to be a hierarchy even for racism.

Of course there are racists - in all colours and creeds - and they are ignorant, stupid and pathetic. But today almost every disagreement between people of different races

is labelled 'racism' and it is all part of the Orwellian political correctness and 'Newspeak' designed to suppress all diverse opinion and rights to free expression.

When a 'racist' is identified the lynch mob grabs the rope. He or she must be destroyed, must lay prostrate on the ground begging for forgiveness for they have sinned against the God of Political Correctness even if they weren't being racist at all. It never seems to occur to the mob that in condemning the alleged 'racist bully' in the terms that they do they are engaging in the mass bullying of their target. But they are too full of their own self-purity, too far up their own anal passages, to see their own hypocrisy and contradiction.



We now have the horrible spectacle of Jade Goody doing the rounds of talk shows saying how she hates herself, that what she did was terrible and how she is so, sorry, sorry, sorry. It is staged-managed by her advisors in a desperate attempt to salvage her celebrity and business career in the face of the baying mob and a media that loves to build people up, as it did with her, and then orgasmically glory in orchestrating their destruction. The advice to her has clearly been: 'Get on your knees and don the sackcloth or you're finished'.

Her range of perfume has been taken off many shelves and the factory making it, ironically in India, has suspended production. Her home has been attacked and she is hiding away in a hotel for her safety, we are told. Rent-a-quotes from all shades of colour, but all with nose-in-the-air genetics, line up to condemn her like the Inquisitors of old. 'She has sinned - seize her, destroy her! - and send her to India to kneel in shame forever.'

So who is the real bully here? A less than intelligent woman with a big mouth and short temper or those in society who now want her public execution?

Oh yes, and what of India? Indeed, what of all these others who cry racism like a frozen CD? Yes there are white racists, loads of them, but my goodness they have competition in every race and culture. I have met black racists, Asian racists, Jewish racists, Muslim racists. They exist everywhere, but often they are the first ones to condemn others for it.



While protests were being staged in India against Jade Goody and the *Big Brother* Show at least some Indian newspapers were adding a little balance to the debate by highlighting the appalling racism in Indian society. The *Hindustan Times* said in an editorial, headed the 'Colour of prejudice', that while racism appeared to be 'alive and well' in Britain, it also thrived in India. 'Discrimination on the basis of colour is ingrained in the psyche of most Indians', the newspaper said.

Many of India's one billion people still live within a genetic hierarchy imposed by the Hindu caste system which prevents 'low' castes entering some important temples decades after such discrimination was outlawed. The word 'caste' comes from 'casta' meaning race or lineage. Muslims face widespread prejudice and have often been seen as the enemy within since Islamic Pakistan emerged out of India when the British Empire withdrew (at least officially). The *Indian Express* said:

'Indian responses should also factor in our own record of prejudice ... If racism is a fact in many interactions in British society, prejudice is a quotidian reality of Indian social life.'



India can hardly give anyone lectures on racism given its history of the caste system

But in the face of India's own history of racism the Indian Minister for External

Affairs, Anand Sharma, said of *Big Brother*: 'It has caused indignation, it is most unfortunate, and any kind of racism - or racist slur - is unacceptable in any civilised society.'

It makes me fit to puke. If you have a glass house, best keep the stones under lock and key.

Look through the beliefs of so many races and religions and you'll see that time after time they consider themselves to be the 'chosen ones' or the 'chosen people', above everyone else. But that's not racist, that label only kicks when anything happens that doesn't suit *them*.

Jade Goody may or may not be the most pleasant person on the planet, although, as the Native Americans said: 'Don't judge a man [or woman] until you have walked a mile in their moccasins'. But the public and media reaction to her this week says far more about our pathetic global society than it says about her.

WHO'S WORLD IN YOUR HEAD?



'I can hypnotize a man - without his knowledge or consent - into committing treason against the United States.'

- Dr. George Estabrooks, Chair of the Colgate University Department of Psychology and advisor to the military on hypnosis, speaking in the early 1940s.

Hello all,

I mentioned in a recent newsletter how I once told a British journalist about the government/military mind control programmes and offered to put him in contact with victims who could confirm what I said. He called it 'the story of the century'. But instead of coming back to me for the contact details he wrote an article the following week attacking me and what I do.

It was, therefore, ironic to me, though no less welcome, that his newspaper, the *Observer*, should now, eight years later, run an article headlined: 'We are moving ever closer to the era of mind control'. I do, however, contest the word 'moving'. We are actually there and it is just a case of how deeply it takes hold of the individual and collective human psyche.

Mind control has always been with us and operates on multi-levels. For instance, if I tell you something knowing it to be untrue and that affects your perception and behaviour then I have subjected you to mind control. I have manipulated your thoughts and every time you watch television this is happening. Each advertisement is designed to control your thought and emotional patterns to the point where you buy

whatever is being peddled.

Drink
Coca-Cola
Delicious and Refreshing

*The pause that refreshes
... at home*

Housework brings that urge to pause and relax in an easy chair. Do it... with ice-cold Coca-Cola. It adds to relaxation what relaxation always needs ... pure, wholesome refreshment.

REFRESH YOURSELF WITH ICE-COLD COCA-COLA... FROM YOUR OWN REFRIGERATOR

... It adds to hyperactivity what hyperactivity always needs ... pure, wholly, chemical shite ...

I have seen advertising copy-writers and producers being dubbed 'the Persuaders', but that's a bit like calling an axe murderer 'a man who works with tools'. It doesn't tell the full story. 'The Persuaders' is newspeak for mind manipulators. Subliminal messages that speak to the subconscious, calculated emotional triggers, and using key words to glean a specific reaction is not persuasion, it is invasion. An invasion of our sense of perception.

Such techniques have been with us for thousands of years - at least - in the sense of manipulating thoughts and emotions to dictate behaviour. A pub close to where I live on the Isle of Wight in England has a First World War poster on the wall announcing a meeting for the 'Men of the Wight' to hear government officials and a church minister tell them why they should volunteer to be slaughtered in the trenches of northern France. The poster says that 'patriotic airs' will be sung.

But of course they would. Manipulate them to feel the patriotism for their 'great country', make them feel like heroes defending 'freedom' and they will step forward, chin up, chest out, and go off to die. It is simply mind control and we still see it today, especially in America, where dying for your country (in truth dying for those destroying your country) is considered heroic.

The level of mind control involved in this doublethink can be seen in the fact of who is doing the fighting and what they are fighting for. In the First World War, for example, millions of men fought and died for a Britain that had subjected them to the most abject poverty while the upper 'strata' of the rich and privileged dictated political and economic policy to make themselves even richer and more privileged.

In short ... it is the men from the slums who fight the wars while the men from the mansions command them.



'Because I have a friggin' mind of my own ...'

The absence of mind activity that leads the poor to fight wars for the rich has bewildered me since I was a kid, but, as the *Observer* article, well, observed, we are 'moving' towards - I would say 'in' - a new and far more advanced era of thought dictatorship. The article was written by Steven Rose, a Professor of Biology at the Open University, and he highlights the sinister nature of the new mind technologies.

Once you realise that the human body is a biological computer (see *Infinite Love Is The Only Truth - Everything Else Is Illusion*) and that the brain is the CPU or Central Processing Unit of the computer, then mind control can be simply understood. It is a biological version of computer programming, that's all.

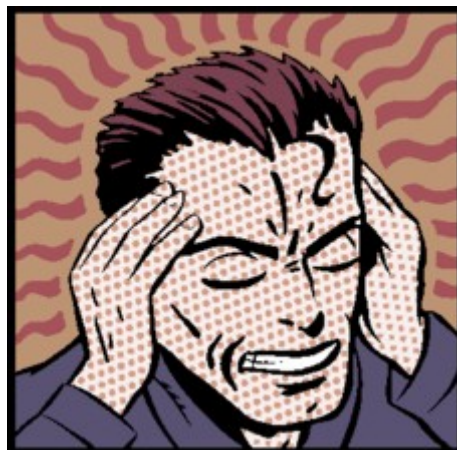
You download instructions onto the hard drive and the computer - via the brain/CPU - responds accordingly. That is, unless your higher levels of consciousness kick in and wrest the keyboard from the hacker. Rose writes:

'Brain scientists are on a roll. Concern about rising levels of mental distress have resulted in unprecedented levels of funding in the US and Europe. And a range of new technologies, from genetics to brain imaging, are offering extraordinary insights into the molecular and cellular processes underlying how we see, how we remember,

why we become emotional.

Brain imaging has become familiar. Scanners, known by their initials - CAT, PET, MRI - began as clinical tools, enabling surgeons to identify potential tumours, the damage following a stroke or the diagnostic signs of incipient dementia. But neuroscientists quickly seized on their wider potential. The images of regions of the brain 'lighting up' when a person is thinking of their lover, imagining travelling from home to the shops, or solving a mathematical problem, have captured the imagination of researchers and public alike. What if they could do more?'

If you followed the electrical signals in a computer you would see different parts 'light up' - become active - when different instructions are keyed in and the brain is the same, albeit infinitely more sophisticated. And the question 'What if they could do more?' can be answered with 'They already can and the development program has been underway for at least decades'.



Rose says that he published the results of an experiment that looked at the regions of the brain that became active when people chose between competing products in supermarkets. Major companies, he said, ranging from Coca-Cola to BMW, are starting to image the brains of potential customers to study how they respond to new designs or brands. They are beginning to speak of 'neuromarketing' and 'neuroeconomics', Rose points out.

What we are looking at here is the commercial use of technology really designed to identify people guilty of what George Orwell calls 'crimethink' in his prophetic book, *1984*. Crimethink was a 'thoughtcrime' - having thoughts that were at odds with the government line. Now, to state the obvious, crimethink requires the ability to read the thoughts of the 'perpetrator' and, while it may not have been available at the time Orwell wrote of the Big Brother society, it is now.

The authorities are talking of introducing lie-detectors at airports to identify 'potential terrorists', but, once again, the real motivation behind such technologies is to identify

those who can think for themselves. Rose says:

'Such trends may be relatively innocuous, but the increasing state interest in what the images might reveal is less so. Specifically, what if brain imaging could predict future behaviour, or indicate guilt or innocence of a crime? There are claims, for example, that it could reveal potential 'psychopathy', that the brains of men convicted of brutal murders show significantly abnormal patterns [get Bush and Blair wired up immediately].

In the current legislative climate, where there have been attempts to introduce pre-emptive detention for 'psychopaths' who have not yet been convicted of any crime, such claims need to be addressed critically. They are and will be resisted by the judiciary, but recent developments suggest that this may be a frail defence against an increasingly authoritarian state.'

As I have stressed so many times, at the top of the Illuminati pyramid the (apparent) divisions between military, banks, transnational corporations, governments and so on, disappear. At that level they are all the same network following the same song sheet. So while it may seem that 'individual' companies and corporations are bringing these technologies to the 'marketplace', it is, in truth, a calculated and long-planned assault on the human psyche orchestrated by the Illuminati hierarchy and coordinated through the highest and hidden levels of the military.

And the aim is not just to read minds for thoughtcrime, but to change and manipulate the way people think

For decades the U.S. military has been funding the development of techniques and technologies that can both 'read the minds' of enemy troops (the population) and change their perception of events. Much of the funding of research and development contracts with transnational corporations has been channelled through the Defence Advanced Projects Agency, or Darpa, and this program has become rampant since the dawn of the bogus 'war on terror'.



An American company has developed what it calls 'brain-fingerprinting' and claims it can "determine the truth regarding a crime, terrorist activities or terrorist training by detecting information stored in the brain'. This is done by measuring the electrical signals in the brain and the company claims that its methods have been accepted as evidence in U.S. courts. Professor Rose goes on:

'The step beyond reading thoughts is to attempt to control them directly. A new technique - transcranial magnetic stimulation (TMS) - has begun to generate interest. This focuses an intense magnetic field on specific brain regions, and has been shown to affect thoughts, perceptions and behaviour. There are suggestions it could be used to control obsessive-compulsive behaviour, while some even take seriously the scenario envisaged in the film Eternal Sunshine of the Spotless Mind, in which TMS was used to erase unwanted memories of a love affair gone wrong. Currently only possible if a subject's head is put inside the relevant machine, TMS at a distance is now under active military investigation. So is chip technology, which might provide implanted prostheses to overcome sensory deficits or control behaviour, and whose potential bioethics committees around Europe have been scrutinising.

It is tempting to dismiss all these as technological fantasies and their proponents as sellers of snake oil, but the fact that a technology is faulty doesn't mean it won't be used. One only has to think of the tens of thousands of lobotomies carried out on schizophrenic patients in the past century. Britain is one of the world's leading examples of a surveillance society, observing its citizens through CCTV cameras and controlling their behaviour with Asbos [Anti-social behaviour orders] and Ritalin. The potential for surveillance of citizen's thoughts has moved far beyond the visions of 1984.'

Mind control is also used on those who serve the Illuminati, a fiercely hierarchical structure in which virtually everyone on public display, be it Bush, Blair, Cheney, whoever, is little more than a glorified gofer for the Hidden Hand. Most, if not all, of

these people are also subjected to mind control to ensure that they robotically follow the party line. So-called elite troops, like the Delta Force in the United States, are heavily mind controlled so not the slightest question is asked, even internally, when an order is given. Some insiders refer to the Delta Force as 'toy soldiers' for this reason. Our entire society is based on mind control at its various levels of expression. Planet Earth is the land of the zombie - but it doesn't have to be.



The ultimate mind control: 'My name is Dick Cheney and I am human'.

Professor Rose says that neuroscientists have a responsibility to make their subject and its potentials as transparent as possible and the voices of concerned citizens should not be heard 'downstream' when the technologies are already fully formed, but 'upstream' while the science is still in progress. 'We have to find ways of ensuring that such voices are listened to through the cacophony of slogans about "better brains" - and the power of the military and the market', he says.

In an open and just society he would be right, but in this one he is wasting his voice and his ink. What he rightly demands is not going to happen because those controlling the system want the opposite to happen. Yes, we should press for such openness, but the real answer lies within ourselves, within our 'knowing'.

We can 'think' and thus be open to thought manipulation on a monumental and fundamental scale. Or we can 'know' and perceive from a level beyond the vibrational grasp of those who seek to imprison our minds. Intuitive knowing comes from levels beyond mind, from the realms of Infinite Consciousness.

When you 'think', you are operating in the vibrational world in which these mind technologies operate. When you 'know' you short-circuit the system. To *know* does not need explanations, information, persuasive argument. These are all manifestations of thought. To know is simply to *know*, nothing else necessary. You don't have to know *why* you know, you just do. When you know to go somewhere, you don't need

to know why, only that you should go. The rest will take care of itself in what will unfold when you get there. This is where true synchronicity comes from - following the knowing when thought is listing all the reasons you should do something else.

When someone tells you a version of reality it might 'think' right in terms of the words, 'logic', and strength of argument. But does it 'feel' right? What does your knowing say? The knowing is that part of you, in the centre of the chest in my case, that resonates 'yes!' or 'no!' when it hears thoughts or information, no matter how persuasive or otherwise they may be.

You will have experienced what that feels like because everyone has felt it, if only occasionally. We have allowed ourselves to be controlled by our thoughts and, increasingly often, externally implanted thoughts. But as more and more 'wake up' they are moving beyond thought to *knowing*. That is what 'waking up' means - the breaking out of the concrete maze of thought into the infinite realm of knowing. So do you think it? Or do you *know* it?

Yes, they are manipulating human thought. Yes, their technologies are getting more sophisticated. But the answer is within us all, just as it has always been, is, and will always be.

Attracting Certain People

If you have gone through your life wondering why do you attract certain people or particular types of people over the years you might find this blog interesting. Perhaps you think you don't actually attract anyone in particular, maybe you believe random people just happen to appear in your life through nothing more than chance. It's definitely not chance and there is what you might say, a mathematical reason behind each and every person you have ever attracted and will attract in the future. The truth is, although you may not be aware of it consciously there is a reason why you attract certain people, your subconscious mind is aware of every person who enters your life and for what reason. It is however up to your conscious mind whether they remain a part of your life.

Everything in the universe gives off a unique vibration, this includes people and no two vibrations are exactly the same. Although, vibrations can be very similar to one another and it is these invisible vibrations we give off that draw to us, events or other people who vibrate at a similar rate. Have you ever noticed that successful people associate with other successful people? Likewise, lazy people associate with others like themselves. How many active, successful people who take charge of their life do you know who spend time with others who sit around all day and watch TV? The reason is not because one person is better than the other, it is because these two types of people are giving off such a different rate of vibration that they simply couldn't share the same space for any length of time and one of the answers as to why do you attract certain people.

The same thing goes for confident people and insecure people. They are not a match. Don't make the mistake of thinking confidence and outgoing mean the same thing, this is not the case. You can be confident within yourself but not be outgoing. Many confident people are very reserved, and may appear to be shy or insecure but engage them in a conversation and their confidence is obvious. Sometimes when an insecure person who may have had a few drinks and has a temporary heightened sense of confidence

meets a confident person and has a good time together, when they meet up at a later stage when nobody is under the influence of stimulants, they suddenly feel incompatible. Alcohol or drugs may have the effect of raising or lowering your rate of vibration temporarily but in the long run you will revert back to your normal rate of vibration so be aware that anyone you meet under those circumstances could be different the next time you meet. This is another reason why you attract certain people.

So you might be wondering for example why a seemingly nice woman may be attracted to what appears to be an undesirable man. Well the truth is they may be attracted to each other but seem different on the outside but it's most likely, actually I'd say definitely, they are vibrating at a similar rate from the inside. Although it doesn't make a lot of sense to many of us when we see a girl keep going back to a guy who abuses her, or vice versa. The reason is once again due to their similar rate of vibration and more proof of why you attract certain people. They are probably two very insecure people who have been drawn together. It becomes a vicious cycle when the person being abused continues to feel so low from the abuse and therefore remains in a lower state of vibration. Likewise the insecure abuser is so eaten up by guilt and fear that his actions are the very reason he remains with a low rate of vibration. So when each horrible incident passes for this couple their similar vibration draws them back together. The unfortunate thing is, genuinely caring people who try to help people in these situations are emitting a higher and more positive rate of vibration and often their help is shunned by those they are trying to help.

The good news is though, if you can get your mind around the reasons why you are attracted to certain people by understanding the law of vibration and also the law of attraction you can make progress towards changing yourself for the better and this will have the added benefit of raising your vibration.

So if you find yourself in a situation where you are attracting people who are not right for you, it's up to you to take a long look at your bigger picture. If you can pinpoint what it is that upsets you about someone you have attracted it would be wise to look for where those similar traits might arise in you. When you are happy within yourself and treat others how you would also like to

be treated and do so because you want to, not because you have to, the universe will draw to you the people who are most like you. I have used the word "you" many times in this last paragraph and for good reason. This whole blog is all about YOU.

**To your bliss,
Eternal Energy**

The top 10 things food companies don't want you to know



The giant food corporations have one mission: selling more food and beverage products to consumers. Succeeding with that mission depends on keeping consumers in the dark on certain issues such as the presence cancer-causing chemicals found in popular food products.

Here are ten things the food corporations, whose products dominate grocery store shelves across the United States and other countries, absolutely do not want you to know.

1. The ingredients listed on the label aren't the only things in the food. Cancer-causing chemicals such as acrylamides may be formed in the food during high-heat processing, yet there's no requirement to list them on the label. Residues of solvents, pesticides and other chemicals may also be

present, but also do not have to be listed. The National Uniformity for Food Act, currently being debated in the U.S. Congress, would make it illegal (yes, illegal) for states to require [cancer](#) warnings on foods that contain [cancer-causing chemicals](#) (such as California's Proposition 65.) See [articles on the Food Uniformity Act](#).

2. Monosodium glutamate (MSG), which is added to thousands of food and [grocery products](#) through a dozen different innocent-sounding ingredients, imbalances endocrine system function, disabling normal appetite regulation and causing consumers to keep eating more food. This chemical not only contributes to nationwide obesity, it also helps [food companies](#) boost repeat business. See [articles on MSG](#).

3. MSG is routinely hidden in foods in these ingredients: yeast extract, torula yeast, hydrolyzed vegetable protein and autolyzed yeast. Thousands of common grocery products contain one or more of these chemical taste enhancers, including nearly all "vegetarian" foods such as veggie burgers (read labels to check). See [Food manufacturers hide dangerous ingredients in everyday foods by using confusing terms on the label](#).

4. ADHD in children is caused almost entirely by the consumption of processed food ingredients such as [artificial colors](#) and refined carbohydrates. Eighty percent of so-called ADHD children who are taken off processed foods are cured of ADHD in two weeks. See [articles on ADHD](#).

5. The chemical sweetener aspartame, when exposed to warm temperatures for only a few hours, begins to break down into chemicals like [formaldehyde](#) and formic acid. Formaldehyde is a potent nerve toxin and causes damage to the eyes, brain and entire [nervous system](#). Aspartame has been strongly linked to migraines, seizures, blurred vision and many other nervous system problems. See [articles on aspartame](#).

6. Most food dips (like guacamole dip) are made with hydrogenated oils, artificial colors and monosodium glutamate. Many guacamole dips don't even contain avocados.

7. Plastic food packaging is a potent health hazard. Scientists now know that [plastics](#) routinely seep the chemical bisphenol A into the food, where it is eaten by consumers. Cooking in plastic containers multiplies the level of exposure. Bisphenol is a hormone disruptor and can cause breast formation in men and severe hormonal imbalances in women. It may also encourage hormone-related cancers such as prostate cancer and breast cancer. See [Plastics chemical bisphenol A found to promote prostate cancer in animal studies](#).

8. Milk produced in the United States comes from cows injected with synthetic [hormones](#) that

have been banned in every other advanced nation in the world. These hormones help explain why unusually young teenage girls develop breasts at such a young age, or why hormone-related cancers like prostate cancer are being discovered in unprecedented numbers. In order to protect Monsanto, the manufacturer of hormones used in the industry, the USDA currently bans [organic milk](#) producers from claiming their [milk](#) comes from cows that were not treated with synthetic hormones. Even organic milk is now under fire as the Organic Consumers Association says Horizon milk products are falsely labeled as organic. See [Horizon milk, Wild Oats named in consumer boycott of "false" organic products](#). (The solution to all this? Drink raw almond milk instead. Make it yourself with a Vitamix, water and a nut milk bag.)

9. **Most grocery products that make loud [health claims](#)** on their packaging are, in reality, nutritionally worthless (like meal replacement shakes, instant chocolate milk, etc.). The most nutritious foods are actually those the FDA does not allow to make any health claims whatsoever: fresh produce. See [articles on food labeling](#).

10. **Food manufacturers actually "buy" shelf space and position at grocery stores.** That's why the most profitable foods (and hence, the ones with the lowest quality ingredients) are the most visible on aisle end caps, checkout lanes and eye-level shelves throughout the store. The effect of all this is to provide in-store marketing and visibility to the very foods and beverages that promote [obesity](#), diabetes, cancer, heart disease and other degenerative conditions now ravaging consumers around the world. See [articles on food marketing](#).

([source](#))

dickhead fuckos making superbacteria with their antibiotics

Do you remember "super bacteria"? Well, they never went away. Too many meat producers still overuse antibiotics at the expense of human health. Ask Pilgrim's Pride, the nation's #2 chicken producer, to reduce unnecessary use of antibiotics!

Already, four of the nation's top 10 chicken producers have virtually ended a practice that was causing a public health crisis: feeding broiler chickens low doses of antibiotics to make them grow faster and prevent disease. Tyson Foods, Gold Kist, Perdue Farms and Foster Farms say they stopped using antibiotics for growth promotion. **Urge Pilgrim's Pride to follow suit.**

Widespread use of antibiotics results in germs that don't respond to antibiotic treatment. Bacteria that are constantly exposed to antibiotics develop resistance to these drugs. **When humans get sick from resistant bacteria, the antibiotics prescribed will no longer work.**

People become infected with these resistant bacteria when they eat contaminated or undercooked chicken. **According to the U.S. Food and Drug Administration, an estimated 60% or more of raw poultry carries disease-causing bacteria.** Furthermore, one strain of Salmonella has emerged resistant to five drugs: ampicillin, chloramphenicol, streptomycin, sulfolnamides, and tetracycline.

We applaud these corporations for taking an important step to protect human health. **Now we need your help to urge Pilgrims Pride, the nations #2 chicken producer, to adopt a similar plan to reduce unnecessary uses of antibiotics. Urge them to protect the health of its customers by reducing antibiotic use in chickens!**

LOSE YOUR MIND

Lose Your Mind
and Come to Your Senses
By Eve Delunas

Back in the 1960's, a famous psychologist named Fritz Perls used to say, "Lose your mind and come to your senses." It is only in recent years that I understand the profound wisdom inherent in that message. I now know the most important step we can take in our spiritual evolution is to stop identifying with our minds, so we may align with our Spiritual Essence.

When we "lose our minds" we do, indeed, come to our senses. The present moment of our lives becomes infinitely richer and more satisfying. We are able to access deep peace and inner stillness, even amidst chaos and confusion. We feel more connected to our inner guidance, as we inhabit a clear space within us, uncluttered by thought, in which abundant insight and creative inspiration are easily received.

What does it mean to stop identifying with your mind? First, it means you recognize that you are not your mind. As Eckhart Tolle says, you are like the sun, while your mind is like the flame of a candle. Your mind is a valuable tool for you to use, but it is not who you are.

Second, it means you stop allowing your mind to run the show. Left to its own devices, your mind will keep you busy 24/7 with its incessant thinking. Most thoughts are useless distractions from the one thing that really matters - the present moment. When we take back control of our minds, we get to decide how and where to direct our own attention, and we can choose to engage our minds when it is helpful to do so.

Third, it means you stop practicing spellbound thinking. Spellbound thinking is one way your mind maintains control of your thoughts, and activates your negative emotions. As I write in 'Breaking the Spell of the Past,' spellbound thinking is:

repetitive, automatic, and self-hypnotic;
negative, judgmental, and catastrophic; and
focused on regretting the past or worrying about the future.

Chances are you have been thinking the same spellbound thoughts for ten, twenty, or even thirty years. These limiting thoughts first emerge in childhood when we experience unpleasant or traumatic events. By the time we are adults, thinking the same self-defeating thoughts has become a bad habit. Isn't it time to stop playing messages in your head like, "I will never be good enough," "No-one can be trusted," or "I don't deserve to be happy," because of something that happened years ago? Spellbound thoughts will only stop when YOU press the off button! They are useless, and only keep you from enjoying your life TODAY!

How can you stop identifying with your mind? Here are the steps:

Begin by watching for the following three signs of spellbound thinking:

Sign ..1: You feel terrible. Generally, if you start to feel bad, your mind just fed you a spellbound thought. You may feel guilty, fearful, anxious, sad, angry, resentful, or just uneasy. These thoughts are so habitual that we sometimes aren't even aware we are thinking them. Your negative emotions are your best signal that spellbound thinking is going on, whether you have been consciously aware of it or not.

Sign ..2: You are dwelling on something that happened in the past that bothers you. It is likely to be the same incident or series of incidents that your mind revisits on a regular basis.

Sign ..3: You are worrying about some future event. Worry is catastrophic thinking - imagining the worst possible outcome to a current or future situation. Our minds tend to excel at catastrophic thinking.

Once you recognize that you are engaging in spellbound thinking, consciously and deliberately BRING YOUR ATTENTION BACK TO THE PRESENT MOMENT. There is not a lot for your mind to do in the present moment, which is why your mind is so fond of keeping you stuck in the past or dwelling on the future. Each time you bring your attention back to the Now, you align with who you really are - your Greater Self.

Be vigilant and willing to bring your attention back to the Now, again and again. Your mind is clever and tricky. It will look for new ways to capture your attention and regain control. It knows how to hook you. It will assure you that it is only trying to help you to make you a better person. It will warn that without your spellbound thinking, you will be hurt, make a fool of yourself, or become a terrible failure. Paradoxically, those things are most likely to happen to you while you are under the spell of your negative mind!

Be gentle with yourself. It is important to refrain from criticizing or judging yourself during this process, for that is just the mind sneaking in the back door. In fact, each time you catch yourself engaging in a spellbound thought and you manage to refocus your attention to the Now, there is much to celebrate, for you are choosing the path of awakened consciousness.

Copyright 2006 Eve Delunas, Ph.D.

Eve Delunas, Ph.D., psychotherapist, author, speaker, trainer, offers proven strategies to help you rise above your limitations and soar. "Breaking the Spell of the Past" is a book and guided visualization CD set. Download a free guided meditation to relieve stress and feel more peaceful. Take a free quiz to find out if you are spellbound by your past. Sign up for a free monthly ezine called "Awakenings: Resources for Enlightenment." All at Inner Vision

Resources.com.

A friend reminded me I said this...

So recently... I was having a bad day...and I was asking a friend for some insight...knowing well that she really wouldn't be able to answer it...it was my own thing...and she said to me..."Aren't you the one who said 'Ride the wave'"? And I thought about it...and she was so right....so I thought I would repost the entry she was referring to...mainly for me...but also to share!

Love you all!!!

<3 Heaven

~~~~~

What is this journey we called life....what is it we really are doing...accomplishing? Are we here for the lessons or the ride? Its all perception I presume. I am beginning to feel like if we ride the waves that are sent to us...jump off at just the right time...right before we go under...and catch the next one as it comes along....then our life is what it is...the catching the surf back home.

Home? That's just a word. Because ultimately we are riding waves and have no idea what is really happening around us. Do we need to know? Do we really need to know why we caught a certain wave? Should we analyze? Should we see why we decided to jump off right before we wiped out or right before we caught the wave of a lifetime? Its all about perception. How are you looking at your journey. Or do you not want to think about? Are you the one who just rides the wave and never looks back? Good for you! Allow the flow to take you...feeling it...riding...then moving on to the next one...never expecting anything...never thinking about the last one...just going with the moment.....how empowering is that?

Too many times we go through life thinkin about things...analyzing them..wondering why, how, and what the heck happened. Why? We don't need to do all...we don't need to know why...we just need to be in the now! Ride the wave for the moment. If it doesn't feel right jump off but no worries...another will come along...dont look back...it happened for a reason.

So live in peace my friends...live in the flow...jump on the waves and jump back off...and enjoy the moment because riding the waves can create journeys and adventures you'd never fathom...if youd just allow it to happen....

FYI I have no real idea what I am talkin about...I just jumped on the wave and went with it...until we meet again my friends!!!

~peace

<3

Heaven



## **The Vibrant Moment - Feel The Energy Flow In Your Body**

By Dr Doris Jeanette

I recently ran into a client that I worked with twenty years ago at a mind body spirit conference. She spontaneously touched her heart and said, "You taught me the difference in how power feels in my body and how control feels in my body. I use it to this day to know the difference."

This warmed my heart and reminded me of how important knowing this difference is if you want to achieve mental health, physical health and emotional health. If you want to live fully and have more Vibrant Moments, you have to know the difference in controlling energy, out of control energy and the real, authentic juice.

In the beginning days of my mental health, holistic health practice I noticed that people confused power with control. They acted as if they were the same energy. As I tried to help them relax and trust themselves it became obviously that they held on to "control" because it was the only "power" they have ever felt.

They didn't want to give up their "defenses" because they perceived them as necessary to their well being and safety. When in fact, their defensive energy was hurting them, but they did not know it.

I realized that you had to sense the difference yourself, in your body, to know the difference. You had to see, hear, smell, taste and feel what was really going on in your flesh and with your feelings in order to perceive what is really happening to your body and energy field. You have to directly experience which events make you weaker and which ones make you stronger. In order to this, you have to become aware of your body, your feelings and your energy.

Being in your head, thinking and talking only serves to keep you controlled. This is the reason Talk Therapy is limited. This is the reason I developed a New Psychology that works directly with the physical and emotional energy flow.

Power flows like a natural river and Control is stagnant. Or if you are the Out of Control Type, you might have energy that is too fast, crazy or exaggerated. Basically, Control/Out of Control is anything you do that alters your natural flow of energy. Your natural energy flow is like a river that is left in its natural state. Wild and Delicious. This natural energy flow has created our wondrous planet and it is healthy and strong.

Vibrant Moments happen spontaneously, in the moment. You cannot not plan or program them. You can only enjoy them when they happen, like a natural flowing river. Contrast a natural, flowing river to one that has been damned and altered by man. In the USA our Colorado River was controlled, covering up many acres of beautiful canyonland. This action adversely altered everything in the gorgeous Grand Canyon. The whole eco system was upset from the mud to the fish to the microorganisms. Undoing this kind of damage takes Mother Earth a long time. This is same kind of destruction man has done to himself.

You have been brainwashed, controlled, damned up and inhibited from birth. It is your body, emotions and sexuality that have been wounded the most. As a result, your whole eco system has been destroyed. To undo this damage you have to become conscious of what actually makes you weaker and what makes you stronger in the flesh.

Words will not do it; you have to have a direct experience of your own power and control. You have to prove to yourself. What is really going on inside of you? What is really going on outside of you? If you want to learn more about how to discover the difference in these energies in your body, study and work with "A Natural Process for Opening the Heart - Your Emotional



Guide to Self Esteem" tapes, CDs and e-book.

If you sexualize your energy, you are controlling your own flow and this weakens you and your energy field as I explained in detail last month. On the other hand, when you feel safe, you let go of control and allow your natural, sexy current to come forth. Then you are in the vibration of "Making Love With Life." To make love is to give birth to the spiritual activity in your flesh. Now is the time to wake up and get turned on to enjoying life.

Copyright Doris Jeanette, 2006

Doris Jeanette, Psy.D is a licensed psychologist, pioneer in holistic psychology and an energy expert. To learn more about the difference in energy between mental judgments that come from the "conditioned ego" and real feelings that automatically bring more love into your

heart, go to "Center for the New Psychology." For consultations call 215-732-6197.

## Our angels of the ocean

A person getting enlightened is like the moon reflecting in the water. The moon does not get wet, the water is not disturbed. Though it is a great expanse of light, it reflects in a little bit of water; the whole moon and the whole sky reflect even in the dew on the grass; they reflect even in a single drop of water. Enlightenment not disturbing the person is like the moon not piercing the water. A person not obstructing enlightenment is like the dewdrop not obstructing the heavens.

-Dogen



Our angels of the ocean!

<3

## How debt-slavery is created

The perpetually expanding debt of Third World countries causes great hardship and depression for their people. Their governments spend far more on debt service than on health care and education. This consigns millions of souls through less developed countries to hellish sociological ramifications, such as poverty, famine, disease (AIDS, Hepatitis, and Ebola), and ignorance. Therefore, no matter how much money is sent to starving children, solicited by a litany of TV fund raising efforts, the suffering and its ripple effect will continue until the debt slavery ends and the nations are allowed to develop and support themselves.

According to a 1996 UN study, examples in the area of child mortality rates (deaths per 1000 live births) in the Third World, as a result of IMF policies, are as follows: Niger 191, Angola 70, Zambia 112, Sierra Leone 164, D.R. Congo 128, Liberia 57, Malawi 137, Mali 134, Mozambique 133, Guinea-Bissau 132, Guinea 130, and UK/US 6. It should also be recalled that the average life expectancy of a man in Haiti is only 49.33 years of age. One of the main reasons that these numbers are so astronomically high in less developed countries is because they get ripped off so badly in the currency exchange process that they can never afford to acquire the outside materials necessary in building their nation.

Loans must always be repaid in hard currency like the Euro, yen, franc, and the American dollar. The term hard currency is used because of its stability. Less developed countries have soft currencies because their value decreases as their debt rises, thereby requiring more of the less developed country's money to pay back the same amount in hard currency. For example, after WW2 Germany would only agree to spend 3.5 percent of its export income on debt repayments. They argued that anything higher would be unsustainable. Today the world's creditor nations, including Germany, are demanding that less developed countries spend as much as 75 percent of their export income on debt service. Could it be that this double standard in the structural adjustment of debt contains an element of racial nepotism? Could that, in part, explain why Mozambique now spends US \$107 million every year on servicing its debt? This translates into US \$60 for every Mozambique man, woman, and child. In contrast, the country spends only US \$2 per person per year on health and education. Could that be the reason for hopeless consignment of the people of Mozambique to abject poverty?

Take a look at Ghana. For each of her citizens, Ghana spends US \$4 per year on health. In 1996 it spends US \$26 on debt service. Do you really think they have a chance under that type of usury? Since 1990 Zambia has paid a total of US \$4.8 billion in debt service, which is about one and half times its total economic output.

The west expects debtor nations to pay even when loans were made to corrupt regimes, and even after new leaders empowered, the people of the debtor nation have no voice in the matter. Such is the case in South Africa, Zaire, Cuba, and now Iraq. The suffering is further compounded when one considers the fact that these poorer countries cannot purchase industrial machinery for building roads, buildings, and cities. Nor can they purchase military hardware or any other vital big ticket items using their national currency. Sorry, Caterpillar and Lockheed/Martin will not take play money.

The citizens of Third World countries have also been made subject to personal dispossession. Literally, they are kicked out of their homes and off their lands, because IMF officials are guilty of giving state-owned companies, corrupt governments and developers the means to seize the lands of poor and illiterate peasant farmers, throwing them into an unstable and insecure future they are not prepared for. For example, a \$530 million loan to India to start, expand or modernize two dozen open pit coal mines has started the expulsion of 10,000 adults from their lands and homes. Also critics charge that in Peru a World Bank-financed gold mine has not added nearly enough to the local economy to justify pushing poor farmers from their lands. Then there is the situation in Lesotho, where critics charge that the IMF/World Bank has not

dont enough to help those dispossessed by a series of dams.

It should be remembered that Thomas Jefferson said that by allowing private banks to issue a nation's currency and establish credit that banks "will deprive the people of all property until their children wake-up homeless on the continent their fathers conquered." This is now coming to pass because the IMF and the World Banks have become two instruments of national destruction.

-MC Moorman

## **Psychic Exercises For Indigos / Star Seeds**

Here's an opportunity to discover or develop your psychic/ESP abilities.

Its easy; its fun; but for some people it takes lots of practice.

Here are some Psychic Exercises for Star Seeds, Star Kids, Indigos and others with the genuine desire to develop their latent mental abilities.

Aura Viewing.

Have the Star Seed look at a person standing in front of a mirror, or a blank wall, preferably white or a light color like beige. See if s/he can detect the outline of an energetic/luminous/shimmering field around that person's head and shoulders.

Psychometry Exercise.

Fashion a lightweight pinwheel of paper or plastic, and suspend it on a stick where it can rotate very freely. Place the whole apparatus under a glass bowl or other transparent enclosure. Have the Star Seed concentrate on moving the pinwheel solely by focused mental effort and/or personal energy transmission.

Remote Viewing Exercise.

Draw or cut out a simple line drawing of a basic geometric shape, such as a circle, rectangle, pyramid, or five-pointed star. Place this drawing in a sealed plain envelope. Prepare an additional symbol in a second envelope. After sitting down in a quiet peaceful space, and giving him/her time to quiet and focus, show the Star Seed the first envelope, and tell her that there is a simple drawing in there.

Tell her that the game is for her to go inside the envelope with her mind and tell you what she sees there. After she tells you, have her try the second envelope with its symbol.

Note that some minds, not yet adept at crossing space-time dimensions, may travel to the second envelope when they think they are seeing inside the first envelope. Any approximate identification of the symbol is correct. This is an area of skill-building. And even the government's most proficient remote viewers do not always get their visual targets correct or complete.

Silent Interpersonal Communication/Empathy

Have the Star Seed sit across from you, or some other person. Without either saying a word, gently maintain silence and general eye contact, (not a stare-down.) Have the Star Seed pick up on what the other person is feeling or their general state of being or health today. After several minutes, stop and exchange perceptions.

Telepathy Exercise

Have a volunteer available at a somewhat distant location who will hold one clear and distinct

thought or image in their mind for several minutes. Have the Star Seed sit quietly in a room by themselves. Have them focus on the remote individual, and gently pick up what that person is thinking, or what image is in their mind. Report the results back to the volunteer for on-the-spot cross-checking.

#### Pendulum Exercise.

First, select a pendulum or make one of your own. Something as simple as a pendant of quartz crystal suspended from a string will do. Calibrate the pendulum by determining what motion it will make as a Yes, as a No, and as a The question cannot be answered yes or no response to simple question to which the pre-known answer is Yes or No or Question is not a Yes or No question.

In many cases the pendulum will make a circular motion in one direction for Yes and in the opposite direction for No, and will go back and forth in a line for Improper Question. In yet other cases the pendulum will swing back and forth in one direction for Yes, in another for No, and may move circularly for Improper Question. After the Star Seed has calibrated the pendulum, then he is ready to ask a Yes-or-No question to which he does not already know the answer.

For purposes of learning, it might be useful to have the Star Seed ask a question where information about the answer can be cross-checked, say, in the encyclopedia or on the Internet. A word of caution: some questions which seem simple and could be answered yes or no actually, upon careful analysis, have embedded assumptions or sub-questions within them, which prevent the ability to answer the question with a straight Yes or No.

#### Dowsing Rod as Power Detector, Information gatherer

Dowsing rods have many uses and applications, some of which have already been mentioned in an earlier chapter. But here is another exercise for your Star Seed to do. Use the dowsing rods and slowly walk in a straight line through the house looking for ley lines and vortices.

Have the Star Seed use the dowsing rods pointing forward and parallel in front of her, and invite her to slowly walk in a straight line through the house.

After finishing one line (axis), have her walk in another line perpendicular to the first. These paths should allow her to intercept any energy line that may run partially or completely through the house. When the rods intercept an energy line, they will cross into each other, i.e., go cross-eyed. If they intercept a vortex, they will start rotating. To find a vortex may require browsing all through a house, or outdoors all over the property. And the hunt may not be successful. But it is fun to explore.

#### Psychic diagnosis

There are several ways to do diagnosis of ailment or injury. Some people do so by seeing into the person's body and spotting the ailment/injury as a place of different coloration. Another way is to detect variation along the boundary of a person's bio-electromagnetic field that surrounds the body. Have the volunteer with an ailment not tell the Star Seed where s/he is afflicted, but lie down on a couch, and have the Star Seed run their hand, palm down, from head to toe about two to three inches above the body, (wherever the Star Seed starts to feel the edge of the person's bioelectric field.)

The Star Seed is to look for a spot or two of variation. The variation may take the form of

warmer or colder than the average temperature feeling of the person's overall bioelectric field boundary. Or the variation may take the form of an energy spike or slump at one place in the field. That zone of variation is where the ailment or injury is located. A note: sometimes the Star Seed will detect an injury that happened years ago, or, in one case I worked on, an illness that had not yet happened and was two weeks in the future.

### Psychic healing

Have the volunteer person seeking a healing rest horizontally on a couch quietly. Have the Star Seed rub their palms together briskly, quiet down, go inward and invoke assistance from Supreme Source in the cosmos, and from Mother Earth. Have the Star Seed visualize drawing in healing energy from the cosmos down from above through the Crown Chakra (energy opening at the crown of the head), and directing that energy to the Heart Chakra (heart), and then out through their arms and hands.

Have the Star Seed visualize healing energy coming up through the soles of their feet from Mother Earth and up into the Heart Chakra, and thence out through their arms and palms. Visualize it radiating from their palms placed about 2-3 inches above the spot where the ailment/injury is located. Sustain that energy transfer/healing for several minutes, until the Star Seed feels that enough has been accomplished.

### Telekenesis Exercise.

Have the Star Seed go to the arcade and play pinball. Have him focus intently on the ball and influence its path to go towards a particular scoring hole. Keep score. Compare psychic scores to unassisted scoring.

### Viewing across dimensions.

Have the Star Seed quiet him/herself, and sit facing forward. Have her open her mind to inviting contact with a friendly being from a dimension outside of our three-dimensional world. Have her spend a few minutes, and notice whether any image occurs at the corner of an eye.

### Precognition

Have the Star Seed look at a certain upcoming event, e.g., a political election, horse race, or camping trip, and see what impression they get from that future event. The Star Seed may get an impression of who is going to win, or if one of those involved will have an accident, or whether something unexpected and interesting interposes within the event. Write down the impression, and go back and look at it after the event has occurred.

### Penetrating Intuitiveness

The next time the Star Seed is in a fast-food restaurant, have her look around and see what impression she may get from someone in the restaurant. Usually there will be at least one person there in a crowd who pulls the Star Seed's attention by something they are sending out or is true about them.

## Teleportation

The next time that something gets lost or misplaced, have the Star Seed reach out psychically and draw in the lost object to a pre-agreed-upon spot in the house, e.g., on top of a dresser. Give the object a day or two to materialize in the spot the Star Seed has strongly invited it to reappear at.

## Levitation

Allow the Star Seed quietly on the floor, or lay quietly on the bed, in their bedroom. The Star Seed puts themselves into alpha (altered) consciousness, and begins visualizing what it is like to become very, very light: so much so, that gravity no longer exerts much influence at all, and as a result, the Star Seed visualizes him/herself slowly, gradually, slightly not being as sunk into the chair or mattress.

With further visualization and intention, the Star Seed slowly rises a bit more. Then holds it. Then slowly allows/visualizes sinking gradually back into the chair/mattress.

## Mental (telepathic) influencing

This is an exercise the Star Seed must be reminded can only be done ethically; (no violation of another's free will.) As an example, in class let the Star Seed strongly send out the telepathic message to the teacher to call upon the Star Seed next to answer the question. Or when the teacher is picking children for a fun assignment.

## Invisibility work

The Star Seed can go into a room frequently visited but which no one is in at the moment, and sit quietly in a corner, and meditate and focus on creating a shield around her/himself that makes it extremely difficult to see or feel their presence. When another person enters the room, see how long it takes for them to notice that the Star Seed is there, too.

## Earth energy adjustment work

The Star Seed can go to a strong energy spot (vortex) or even just to a remote quiet natural outdoors location, and first feel what information Mother Earth is sending about the amount of discord/damage she is feeling. Then the Star Seed can focus, meditate, pray, drawing in energy from the cosmos, and direct it out of their palms in a healing, soothing way to some access point of Mother Nature, such as a monolithic rock, stream, exceptional tree, etc.

## Time dilation (stretching time to allow more done in a short span)

The next time there is a situation where there isn't enough time (normally) to get something important done, have the Star Kid concentrate and form powerful persistent intention that time stretch enough that time is not up until the important thing is accomplished.

## Time contraction (shrinking time)



The next time that the Star Seed faces an extended situation that she wishes would hurry up and get over, (such as time in a dentist's chair getting a cavity drilled and filled,) have her concentrate and form powerful persistent intention that the time just fly by, and that what took 45 minutes seems to have gone by in just five or seven minutes.

#### Feeling the location/time of the next earthquake

Let the Star Seed go out and sit in the back yard on the ground, quiet himself and center internally, and then gradually tune into the Earth beneath him and her energy currents and movement. Feel where any stress and build-up of pressure and force is within the crust, and in what direction that pressure is located. Get out a map and note what lies in that direction. Over the next few weeks keep aware of any earthquake reports from that region.

#### Out-of-body (astral) travel

Let the Star Seed sit quietly in a chair, or lay quietly on the bed, in their bedroom. The Star Seed puts themselves into alpha (altered) consciousness, and begins visualizing first mentally going out above the Earth and over to another locale.

As the mind starts to travel, feel the body becoming very light and less attached. Allow the body to remain quietly in the chair or on the bed while the essential you (soul/spirit/consciousness) travels to this other locale, looks around, immerses herself in that place, its look, colors, temperature, feeling, events. Remember what is seen and felt, and then gradually transit back to where the Star Seed left their body.

This exercise works particularly well if the Star Seed travels to a place where there is someone they know, whom they can call up later and ask what they were doing at the time of the astral travel visit, so that the impressions of the Star Kid can be cross-checked with the person visited.

Putting out a street light (temporarily causing an orange sodium vapor-plasma street light to go out on purpose, or to turn a dim one back on full strength)

Stand near/underneath a sodium vapor-plasma street lamp and begin to focus intently on the gaseous vapor being ignited by the tiny filament. The vapor sends out light only because it is highly excited/charged. Form strong intention, and send out a correspondingly strong visualization that the plasma collapse back into the quiet non-luminous state the gas was in before the light was turned on.

Keep this up until the orange streetlight goes out. For extra credit, give it (and yourself) a minute or two, and then do the above steps, except send out the strong visualized intention that the gas become ignited by the filament and return to its highly-excited plasma shining state.

#### Psychometry (reading objects by touch)

This works by harnessing the Star Seeds psychic awareness plus tuning into the energy pattern that someone leaves on the objects they touch or come into contact with.) Let the Star Seed touch an object which belongs to someone he does not know, but the assistant does, and feel what he can learn about the owner of the object: state of healthy, emotional state, appearance, etc.



## Hypnosis and the Mind

By Michelle Beaudry

The human mind may be subdivided into three parts: the Unconscious, Subconscious and Conscious. These compare to a computer:

Unconscious - operating system

Subconscious - hard drive

Conscious - RAM

Each part has separate and distinct tasks. The Unconscious mind operates your automatic body systems such as the circulatory system, much as a computer's operating system includes its basic functions. The Subconscious mind operates like a hard drive by storing files of all kinds, from a full memory bank of your past to your emotional spectrum, to its most vital task: protecting you at all costs. The Conscious mind is our everyday mind, making immediate day to day decisions like what to wear, eat, and drink. It is the gatekeeper, choosing what information is to be acted upon moment by moment. It's the mind you're reading this book with right now, and its tasks include comparing, reasoning, and explaining. These abilities are called the Critical Factor and are bypassed in hypnosis.

Importance of the Subconscious Mind

To update a file on your computer, you must open the original file and make the changes. In the human mind, original files are stored in the Subconscious. To gain access, we must reach the Subconscious directly, bypassing the Conscious mind. In other words, one way to gain positive changes in the present is to neutralize the negativity in the past. We do not change the memories, we upgrade how you feel about them. This upgrading can only be accomplished in the Subconscious, for that is where memories are stored, and it can only be reached through bypass of the Conscious mind, and that can only be done through hypnosis. Why? It's what works. Hypnosis specifically sets the Conscious mind aside temporarily.

Your Mind Must Protect You; Good News, Bad News

All levels of your mind work to protect you as best they can at all times. And this especially applies to the Subconscious. It must protect you at all costs, and to do so, it may even lie to you, or more to the point, to your Conscious mind. It may lie about you, about others, it may even lie to your hypnotist while you are in trance. It may hide memories from you. And much, much more. This is because once it accepts negative behaviors in the name of your safety, it hangs on to those behaviors. Some examples are:

smoking anything

being obese

declining success

biting your fingernails

spending compulsively

You may well ask, how can compulsive spending possibly protect me? It distracts you.

Misdirection is one highly effective way your Subconscious protects you by keeping a lid on overwhelming emotions. Ergo the addict. You may well ask, how can declining to be successful possibly protect me? It limits you. Limiting exposure to risk is another way to protect you. It is when such protective efforts do not meet your current needs that you desire change. Hypnosis sets aside the Conscious mind, makes changes via the Subconscious mind, and change is achieved.

How Hypnosis Upgrades Your Files

Hypnosis is able to change your perception of your memories, and thus of yourself. We do not change the events themselves, we upgrade how you feel about them, and thus your daily life is upgraded. By accessing the original files stored in the Subconscious, you are able to see all of the reasons why your mind specifies your behaviors in the name of protecting you, and together we upgrade those behaviors since, typically, the need of that protection is gone. You are no longer in the middle of the event that had such impact on you.

Your Conscious mind does not have complete access to your memory files; that is not its job. This is why merely talking about change is such an ineffective means of getting any. Talking happens in the Conscious mind. Change happens in the Subconscious. And here's the rub: the Subconscious outvotes the Conscious mind. It is far, far larger, stronger, and more powerful. This is why willpower fails so miserably for the dieter. Unless the Subconscious agrees to a healthy diet and a normalized body weight, your finest of intentions are shortlived, having been overridden by the Subconscious mind.

Emotions are a function of, and are stored in, the Subconscious. When you have had an emotional reaction to danger, for example, real or imagined, those emotions are felt and stored in your Subconscious. Hypnosis accesses those stored emotions, upgrades your perception of them, and results in changed behavior. You must give yourself permission to make changes. You must want to change. You must want to enter into hypnosis. And this means not being afraid of hypnosis. So, let's define what hypnosis is in several ways, as there is no single perfect way to phrase it.

#### What Hypnosis Is

Hypnosis is the bypass of the critical factor of the conscious mind combined with the establishment of selective thinking, says the US Government. Hypnosis is a blend of physical relaxation and extreme mental alertness. Yes, I said extreme. Hypnosis is a state of focused concentration. This is why a few minutes of emotional expression in trance is worth hours in an alert state. Humans are so easily distracted, and the Conscious mind is forever making excuses for everything. In hypnosis, the conscious mind is set aside, and excuses are seen for what they are.

Hypnosis is guided imagery combined with specific suggestions to effect desired change. Ah, there's that phrase: guided imagery. Many hypnotists dislike the connotation of the H word, hypnosis, so they call themselves practitioners of guided imagery. Be not fooled, they are hypnotists. Guided meditation? Hypnosis. Relaxation techniques? Hypnosis. Hypnosis is the state you enter into every time you watch a favorite tv show, see a film you like, or sit down at the computer intending to only be there for 10 minutes... and suddenly it's two hours later. Hypnosis also happens when humans fall in love, literally entranced.

#### What Hypnosis Is Not

Hypnosis is not mind control. Svengali is fiction! As is that Bugs Bunny cartoon where he walked like a zombie, claiming to be hypnotized. Fiction!

Hypnosis is not a royal proclamation. We don't just say to the tranced client, You are a nonsmoker, and emerge her. It can take anywhere from one session to a dozen to get the changes the client wants.

Hypnosis is not sleep. We use relaxation, not sleep, to enter hypnosis. You do not wake up from hypnosis, you emerge. And you already know exactly what emerging from hypnosis feels like! Remember the last time you went to the movies, loved the film, and at the end when the credits rolled, you suddenly came to? You just emerged from hypnosis. That's exactly what it feels like, because that's exactly what happened.

Hypnosis is not being unconscious. You can hear everything that goes on around you during trance; you're just not interested in it. You already know what this aspect of hypnosis feels like, too. Ever been in the middle of your favorite tv show when someone calls your name? Oh, you hear them calling, alright, you're just not interested. Then it takes a few seconds of emerging from the hypnotic effects of television to bring back your Conscious mind to full alert.

Hypnosis is not relaxation. That's just an optimal starting point.

Hypnosis is not being drugged. Although a trance state is what drug and alcohol addicts strive for, hypnosis is not addictive. However, one can easily mimic a drugged state in hypnosis,

provided you have previously felt the effects of that drug. Your body remembers. This is useful for pain control.

Hypnosis is not involuntary. Just as no one can make you enjoy a movie that fails to entrance you, no one can make you remain in hypnosis. The state is fully voluntary. You can not enter it without your consent for more than a few seconds, and more importantly, can not remain in hypnosis without your full consent. If you become even the slightest bit uncomfortable, you will automatically emerge. Hypnotists know this. I typically teach my clients self hypnosis on the very first session so that they know for certain that they can emerge whenever they like. Anyone can emerge from hypnosis instantly by making that their intention.

#### Hypnosis Can Not Override Your Standards

Hypnosis can not make you do things that make no sense to you or that are against your moral standards. Should you object to any of the work while in trance, you will react one of two ways: you will either emerge or you will ignore the suggestion. This is easily proven by observing stage hypnosis. Go see a show, and you will see people emerge and leave the stage throughout. Why? They rejected a suggestion. Perhaps it was too silly, or it confused them, or it was beneath their dignity. So, they either left the stage fully alert or sat in their chairs without responding to the suggestion. And there is nothing the stage hypnotist could do about it except continue the show with the folks who were responsive. Of course the fun people on the stage are those showoffs who would pretty much do all the same silly stuff without the benefit of being in trance; they are the same people who put lampshades on their heads at parties under the influence of half a wine cooler.

#### You Can Not Get Lost in Hypnosis

Hypnosis is never a permanent state. Should the hypnotist stop talking long enough, you will notice and emerge automatically. Even more to the point, it is easy enough to assign yourself a time limit when going into self hypnosis, and your subconscious mind will automatically emerge you when your time's up. Even the hypnotic trance of television eventually gets boring, and we've all pushed the off button of the remote while yawning.

#### All Hypnosis Is Self Hypnosis

The hypnotherapist is your guide, not telling you what to do, but telling you what you want to do. You choose to enter the state, to remain in the state, and to do the work. This is why, ultimately, all hypnosis is really self hypnosis. So why, then, would you need a hypnotherapist? It's better and faster to have the help of a skilled professional.

#### How Does It Actually Happen?

Hypnotists use methods we call techniques. These include Direct Suggestion, Regression To Cause, The Forgiveness Pyramid, Parts, The Spa of Your Inner Mind, The Recording Studio, Progression, and Higher Mind.

#### The Last Word

The media uses hypnosis on you all the time. ALL the time. Advertisers have been known to employ hypnotists to assess the hypnotic potential of a given advertisement, and pay good money for it. Everytime you watch tv and enjoy it, you go into a state of trance. Ditto listening to music, going to the movies, watching a DVD, hearing talk radio, reading a magazine, and so forth. When you don't like a particular type of music, that is expressly because it fails to put you into the trance you listen to music for. So here comes the big duh. Why should media have all the fun? Please visit your friendly neighborhood trance specialist and use hypnosis to further your own goals.

Ah, hypnosis. So easy you can do it with your eyes closed.

Michelle Beaudry, CHT, fulltime clinical hypnotist in the Orlando, Florida area; member National Guild of Hypnotists, Hypnosis Education Association, Conscious Awareness Network. Contact her at [hypnofemme@aol.com](mailto:hypnofemme@aol.com) or 407 862-9144 and online at Beaudry Hypnosis.

## Shallow Streams~Deep Rivers

Im gonna bring out some more light.. just making sure certain posts get around to everyone.  
Namaste all.



~ OSHO

Enlightenment is not an experience. It is the state where you are left absolutely alone, nothing to know. No object, however beautiful, is present. Only in that moment does your consciousness, unobstructed by any object, take a turn and move back to the source.

Happiness you enjoy, what is wrong with it? When happiness has gone and you have become sad, what is wrong with sadness? Enjoy it. Once you have become capable of enjoying sadness, then you are neither.

And this I tell you: if you enjoy sadness, it has its own beauties. Happiness is a little shallow; sadness is very deep, it has depth to it. A man who had never been sad will be shallow, just on the surface. Sadness is like a dark night, very deep. Darkness has a silence to it, and sadness also. Happiness bubbles; there is a sound in it. It is like a river in the mountains; sound is created. But in the mountains a river can never be very deep; it is always shallow. When the river comes to the plain it becomes deep, but the sound stops. It moves as if not moving. Sadness has a depth.

And then comes the ultimate alchemy, the point where suddenly you realise that you are neither - neither happy nor sad. You are the watcher: you watch peaks, you watch valleys; but you are neither.

Once this point is attained you can go on celebrating everything. You celebrate life, you celebrate death.

~ OSHO

## **THE ENERGY CRAVING INFINITE "I" MIND by Me**

Enjoy this... Let it really sink in...

Everyday thoughts go through the mind.... each craving a different form of your energy in hopes that you will feed it.. once you do.. that emotion becomes you temporarily. We are not temporary beings.. we are the infinite.. we are the awareness that brings the tool we call the mind to action.. we can use the mind or the mind can literally use us. Just sit back and listen someday to the chatter of the mind... sometimes it wants you to become angry... sometimes it wants you to become sad... but thats just it.. notice that the mind is craving something from YOU.. you are not your mind or the emotional response... you are the observer the watcher.. the energy force giving it existance. Simply listen to your thoughts and notice the energy/emotion that follows.. but dont give into that.... dont try to fight it either.. simply noticing what is happening inside you through using the light of awareness makes it dissappear when you see what is truely happening.. once inelligence is used.. once you see it as a distraction from your whole..it loses its power over you and dissapates. Thoughts try to take you away from your whole being.. they take away your focus from whats happening right NOW in your life.. you can see it everywhere.. people recreating the same reality everyone else is... or people recreating the same reality there living in... we resonate our lives into existance by how we vibrate internally... those that feed into past emotions/thoughts that come all day long resonate and recreate the same reality ;)

This is called awareness of self beyond the mind/body.. what I am referring to here is your Infinite being.. the Infinite Concious creation you are as well as the Infinite Creator. Sometimes I lose focus of this enlightenment and give into my temporary emotions blocking me from understanding the situation as a lesson to myself.. that of which you resonate is also a lesson to you... your life is your souls mirror. Below is an Indian Lesson in relation to this.

Namaste All.

\* Bobby

One day an Old Cherokee man tells his grand son, there are 2 wolves fighting within me, one of them is angry and hateful, the other is generous and full of compassion. When the boy asks, which one will win, grandfather? The old man answers, Whichever one I feed.

## **CONCIOUSNESS ITSELF - THE ETERNAL YOU**

I copied this out of Stillness Speaks. Just got home from dentist..2 wisdom + 2 molars removed.. extreme pain.. ayayayayayay.... anyways.. enjoy this...

Excerpt from Stillness Speaks - Eckhart Tolle

Consider this: if there were only one color, let us say blue, and the entire world and everything in it were blue, then there would be no blue. There needs to be something that is not blue so that blue can be recognized; otherwise, it would not "stand out", would not exist.

In the same way, does it not require something that is not fleeting and impermanent for the fleetingness of all things to be recognized? In other words: if everything, including yourself, were impermanent, would you even know it? Does the fact that you are aware of and can witness the short-lived nature of all forms, including your own, not mean that there is something in you that is not subject to decay?

When you are twenty, you are aware of your body as strong and vigorous; sixty years later, you are aware of your body as weakened and old. Your thinking may have changed from when you were twenty, but the awareness that knows that your body is young or old or that your thinking has changed has undergone no change. That awareness is the eternal in you - consciousness itself. It is the formless One Life. Can you lose it? No, because you are it.



## 2007 Bilderberg meeting list

"Where's a good suicide bomber when you need one?" -George DUBYA Bush

[Coalition for Truth UK](#)

[rense.com](#)

Author Danny Estulin has managed to get hold of this year's participant list BEFORE the event. Please circulate it to all your National Press and broadcast media to give them as little excuse as possible for ignoring arguably the most important global political event of the year.

This year's Bilderberg conference is the big one. If Kissinger and the steering committee can convince the Turks, through threats and bribery, to go for the NeoCon 'regime change' agenda for Iran we can expect a further Middle Eastern bloodbath and Islamic genocide.

Let's hope and pray that the Turkish decision makers and political classes are not that stupid. For anyone planning to travel to witness the conference this year please do keep me informed over the weekend and/or use the new(ish) Bilderberg forum.

Breaking news direct from the 2007 Bilderberg conference <http://www.bilderberg.org/phpBB2/viewtopic.php?p=3710>

So, here this year's Bilderbergers! Here's hoping the Turkish police will surround the hotel and arrest all the steering group members for questioning while the Turkish Secret Service deal with the CIA. Fingers crossed! And well done over-safe Danny Estulin. Nuff respect for getting the leaked participant list BEFORE the conference - this is unheard of.

Tony

[tony@tlcio.org.uk](mailto:tony@tlcio.org.uk)

<http://www.bilderberg.org/2007.htm>

<http://rinf.com/alt-news/breaking-news/bilderberg-2007-agenda-and-participant-list/>

<http://www.nineeleven.co.uk/board/viewtopic.php?t=9197>

George Alogoskoufis, Minister of Economy and Finance (Greece) Ali Babacan, Minister of Economic Affairs (Turkey) Edward Balls, Economic Secretary to the Treasury (UK) Francisco Pinto Balsemão, Chairman and CEO, IMPRESA, S.G.P.S.; Former Prime Minister (Portugal) José M. Durão Barroso, President, European Commission (Portugal/International) Franco Bernabé, Vice Chairman, Rothschild Europe (Italy) Nicolas Beytout, Editor-in-Chief, Le Figaro (France) Carl Bildt, Former Prime Minister (Sweden) Hubert Burda, Publisher and CEO, Hubert Burda Media Holding (Belgium) Philippe Camus, CEO, EADS (France) Henri de Castries, Chairman of the Management Board and CEO, AXA (France) Juan Luis Cebrian, Grupo PRISA media group (Spain) Kenneth Clark, Member of Parliament (UK) Timothy C. Collins, Senior Managing Director and CEO, Ripplewood Holdings, LLC (USA) Bertrand Collomb, Chairman, Lafarge (France) George A. David, Chairman, Coca-Cola H.B.C. S.A. (USA) Kemal Dervis, Administrator, UNDP (Turkey) Anders Eldrup, President, DONG A/S (Denmark) John Elkann, Vice Chairman, Fiat S.p.A (Italy) Martin S. Feldstein, President and CEO, National Bureau of Economic Research (USA) Timothy F. Geithner, President and CEO, Federal Reserve Bank of New York (USA) Paul A. Gigot, Editor of the Editorial Page, The Wall Street Journal (USA) Dermot Gleeson, Chairman, AIB Group (Ireland) Donald E. Graham, Chairman and CEO, The Washington Post Company (USA) Victor Halberstadt, Professor of Economics, Leiden University; Former Honorary Secretary General of Bilderberg Meetings (the Netherlands) Jean-Pierre Hansen, CEO, Suez-Tractebel S.A. (Belgium) Richard N. Haass, President, Council on Foreign Relations (USA) Richard C. Holbrooke, Vice Chairman, Perseus, LLC (USA) Jaap G. Hoop de Scheffer, Secretary General, NATO (the Netherlands/International) Allan B. Hubbard, Assistant to the President for Economic Policy, Director National Economic Council (USA) Josef Joffe, Publisher-Editor, Die Zeit (Germany) James A. Johnson, Vice Chairman, Perseus, LLC (USA) Vernon E. Jordan, Jr., Senior Managing Director, Lazard Frères & Co. LLC (USA) Anatole Kaletsky, Editor at Large, The Times (UK) John

Kerr of Kinlochard, Deputy Chairman, Royal Dutch Shell plc (the Netherlands) Henry A. Kissinger, Chairman, Kissinger Associates (USA) Mustafa V. Koç, Chariman, Koç Holding A.S. (Turkey) Fehmi Koru, Senior Writer, Yeni Safek (Turkey) Bernard Kouchner, Minister of Foreign Affairs (France) Henry R. Kravis, Founding Partner, Kohlberg Kravis Roberts & Co. (USA) Marie-Josée Kravis, Senior Fellow, Hudson Institute, Inc. (USA) Neelie Kroes, Commissioner, European Commission (the Netherlands/International) Ed Kronenburg, Director of the Private Office, NATO Headquarters (International) William J. Luti, Special Assistant to the President for Defense Policy and Strategy, National Security Council (USA) Jessica T. Mathews, President, Carnegie Endowment for International Peace (USA) Frank McKenna, Ambassador to the US, member Carlyle Group (Canada) Thierry de Montbrial, President, French Institute for International Relations (France) Mario Monti, President, Università Commerciale Luigi Bocconi (Italy) Craig J. Mundie, Chief Technical Officer Advanced Strategies and Policy, Microsoft Corporation (USA) Egil Myklebust, Chairman of the Board of Directors SAS, Norsk Hydro ASA (Norway) Matthias Nass, Deputy Editor, Die Zeit (Germany) Adnzej Olechowski, Leader Civic Platform (Poland) Jorma Ollila, Chairman, Royal Dutch Shell plc/Nokia (Finland) George Osborne, Shadow Chancellor of the Exchequer (UK) Tommaso Padoa-Schioppa, Minister of Finance (Italy) Richard N. Perle, Resident Fellow, American Enterprise Institute for Public Policy Research (USA) Heather Reisman, Chair and CEO, Indigo Books & Music Inc. (Canada) David Rockefeller (USA) Matías Rodríguez Inciarte, Executive Vice Chairman, Grupo Santander Bank, (Spain) Dennis B. Ross, Director, Washington Institute for Near East Policy (USA) Otto Schily, Former Minister of Interior Affairs; Member of Parliament; Member of the Committee on Foreign Affairs (Germany) Jürgen E. Schrempp, Former Chairman of the Board of Management, DaimlerChrysler AG (Germany) Tøger Seidenfaden, Executive Editor-in-Chief, Politiken (Denmark) Peter D. Sutherland, Chairman, BP plc and Chairman, Goldman Sachs International (Ireland) Giulio Tremonti, Vice President of the Chamber of Deputies (Italy) Jean-Claude Trichet, Governor, European Central Bank (France/International) John Vinocur, Senior Correspondent, International Herald Tribune (USA) Jacob Wallenberg, Chairman, Investor AB (Sweden) Martin H. Wolf, Associate Editor and Economics Commentator, The Financial Times (UK) James D. Wolfensohn, Special Envoy for the Gaza Disengagement (USA) Robert B. Zoellick, Deputy Secretary of State (USA) Klaus Zumwinkel, Chairman of the Board of Management, Deutsche Post AG (USA) Adrian D. Wooldridge, Foreign Correspondent, The Economist

The Economist Magazine On The Bilderberg Conferences  
<http://www.bilderberg.org/bilder.htm#econ>

Bilderberg - Ne plus ultra

BILDERBERG takes its name from a Dutch hotel where, in the early 1950s, the first meeting took place under the aegis of Prince Bernhard. The occasion has outgrown the hotel, but the Dutch link remains. Among several European royals who attend as occasional guests, Queen Beatrix and her husband come regularly. A Dutch professor who has brokered coalition governments into existence on her behalf is one of the secretary-generals (the other, American, one lives in San Francisco), and Bilderberg's tiny secretariat sits in The Hague. The meetings now take place by informal rotation in countries of the Atlantic community.

Some 100 or more attend, by invitation of a steering committee. The meetings happen once a year, in the spring. They last 2.5 days (Thursday night until Sunday lunch) and are held in varying but always comfortable surroundings - in 1987 Lake Como, before that Gleneagles. Apart from a half-day on the golf links or sleeping off the previous night's dinner, morning and afternoon sessions fill up the time.

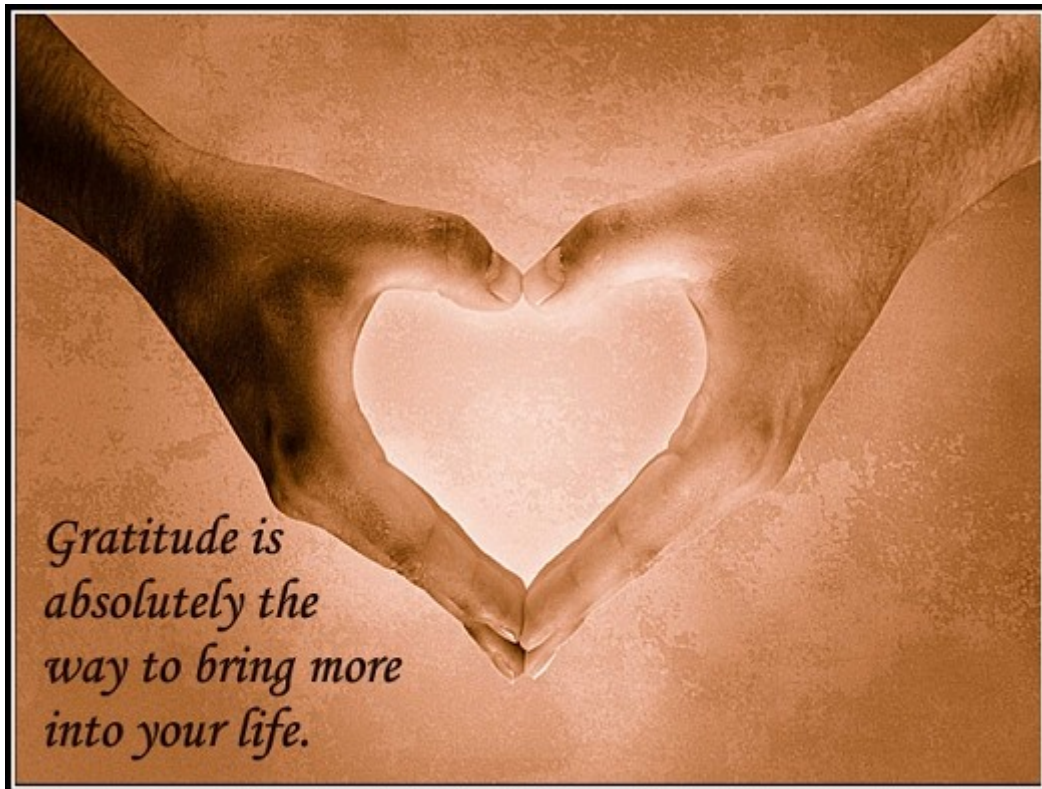
A mixture of able and distinguished folk attend - a sprinkling of serving prime and cabinet ministers, central-bank governors, defence and other experts. They talk, often to galvanising and fascinating effect, about the main issues of the day - East-West relations, arms control, deficits, debt, the Falklands, sanctions, whatever. Their thoughts may not be repeated outside the meetings and never are. This frustrates outsiders but helps 100 great and good people be frank with each other, as does the fact that Bilderberg members are limited to people of NATO and West European countries who know how to be kind or rude to each other without causing such misunderstandings as would occur if Indians, Fijians, Africans, Chinese or Japanese were also present.

Elite and discreet, Bilderberg has inevitably been talked of in hushed tones by conspiracy theorists over the years. It needn't be. The lists of attenders are published, as are the agendas, and before each meeting the chairman (currently Lord Roll) holds a press conference at which few journalists bother to turn up.

Where does the money come from? Not complicated. The steering-group members raise from business the small sums necessary to keep the organising secretariat going hand-to-mouth in The Hague. Members from the host country raise enough money to pay for the hotel and conference when it takes place on their home soil (they are allowed to ask extra guests to make this money-raising easier). Participants pay their own long-haul travel, but are usually shepherded as VIPs from the nearest airport. They also pay expenses over and above the basic bill for their hotel room - the Bilderberg custom being that a whole hotel is booked for each meeting so that Bilderbergers may be alone with each other, their words, their thoughts and, these days, their security men.

When you have scaled the Bilderberg, you have arrived.

see also <http://www.underthecarpet.co.uk/>



## **Auras, Chakras and Energy Fields: Cleansing and Activating Your Energy Systems**

Auras, Chakras and Energy Fields

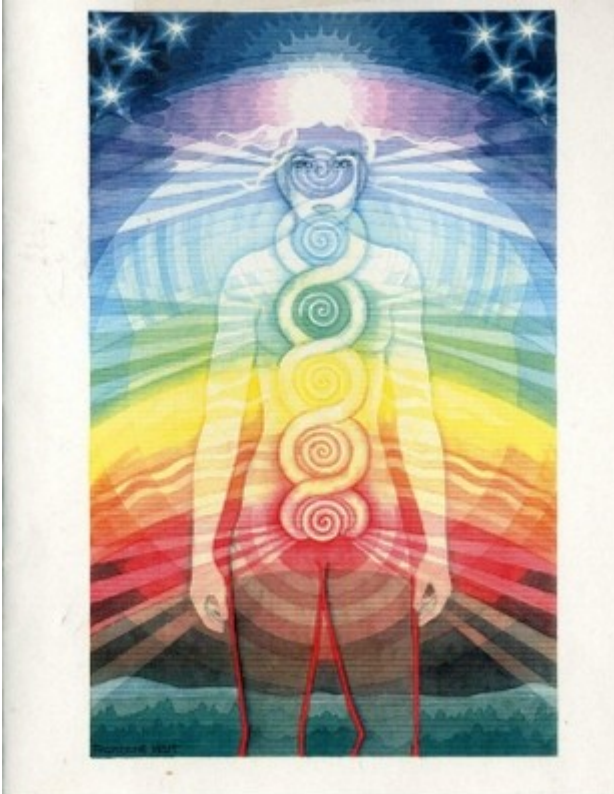
Why Look After Our Energy Systems

Our energy systems are alive and intelligent. They know exactly what they need for perfect health and vibrant energy. When our energy systems are disrupted, blocked, slowed down, or damaged, messages are sent to the conscious level that something is wrong and that we need to address imbalances, blockages and damage. We are trained to look at the physical body and address its needs rather than look at our energetic systems to provide them what they need for perfect health. Our energy systems are conscious energy and this energy is connected with all energies in the Universe. Our energy systems act as a connection between the physical world and the metaphysical or spiritual world. When we look after our energy systems we look after our deepest and most profound needs, including the physical, emotional intellectual and spiritual.

About Auras, Chakras, Meridians

Auras: An aura is an energy field that surrounds, penetrates and extends out beyond the physical body, that is electromagnetic, electric and magnetic and is made up of varying types of live and intelligent vibrations or frequencies. An aura surrounds not only every living thing including humans, animals and plants, but also every inanimate thing such as rocks, all objects made by man, and the earth, sun, moon, and all planets in our Universe. The human aura has layers of physical, emotional, mental and spiritual elements.

Auras contain all the primary colors of the rainbow at any given time and change color depending on the emotion an individual is experiencing. Our auras are made up of many colors and many shades of colors that are constantly changing. This reflects the constant change in our thoughts and emotions.



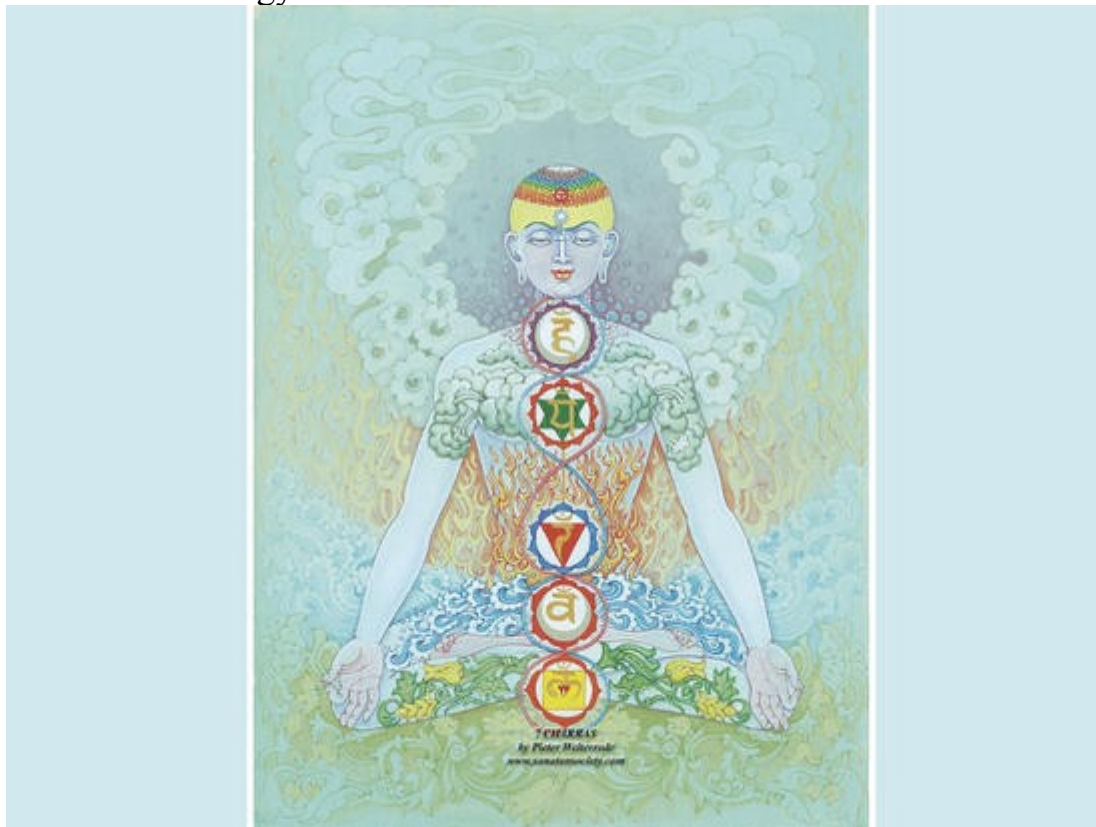
Happy and loving thoughts expand your aura while sad or angry thoughts contract your aura. Aura sizes adjust depending on the density of the population where you live. Residents of New York City have tighter and smaller auras in comparison to residents living in rural Vermont. A dowser can easily tell you many of the physical qualities of your aura.

As part of a Vibrational Assessment (see my Website at [www.mkprojects.com](http://www.mkprojects.com) for detailed information) I provide readings on the degree of blockages in auras and the degree of functioning of your 7 main chakras. I also identify if the chakras are distorted or if the auras have holes in them. This type of information is essential for ongoing vibrant health.

Chakras: Chakras are spinning wheels of electric energy of different colors that perform many functions connecting our energy fields, bodies and the broader Cosmic

Energy Field. Chakras are directly connected to and govern the endocrine system that in turn regulates the aging process.

The chakras are linking mechanisms between the auric field and the meridian system within the physical body and different levels of the auric fields and cosmic forces. They affect the flow of energy into the physical body. They absorb primary energy from the atmosphere (called chi, prana, orgone) and send it along energy channels. Chakras are energy transformers.



Our bodies contain seven major chakras or energy centers and 122 minor chakras. The major chakras are located at the base of the spine (Root Chakra), at the navel (Sacral Chakra), in the solar plexus (Solar Plexus Chakra), within your heart (Heart Chakra), within the throat (Throat Chakra), at the center of your forehead (Brow or Third Eye Chakra), and at the top of your head (Crown Chakra). These chakras are linked together.

The Entire Energy System - Within, Around and Penetrating Us:

Our energy systems surrounds us, are inside of us, and penetrates us completely. This includes the light body, which extends beyond our auras and I believe is the very essence of us that goes on forever, our auras that surround us and penetrate our physical bodies, the meridian system, a system of energy channels within us through which all energy moves throughout our body, as well as the chakras, the energy transformers changing and processing live giving prana within us. The issues and care which I describe for auras and chakras, applies to the entire energetic system within, around, and penetrating us.

Potential Aura, Chakra and Meridian System Issues

There are many issues that can affect the functioning of our auras, chakras, and meridian systems leading to a variety of health problems. The following are a number of key potential issues.

I. Blockages can be caused by any of the following: emotions that have not been felt and released; negative thought forms from others; psychic attack energy or negative energy from energetic spells; entities or spirits lodged in our auras or chakras; chemical, metal and atomic toxins; other types of poisons or toxins; past life memories or experiences.

II. Distorted auras and chakras can be caused by any of the issues identified under blockages;

III. Holes in the auras can be caused by any of the issues identified under blockages;

IV. Lack of synchronization between the auras, chakras, and meridian system can create serious difficulty. Physical issues, emotional issues, intellectual imbalances or spiritual issues can create imbalances in various parts of the auras, chakras and meridian system. These imbalances affect the specific aura or chakra that in turn affects other parts of the energetic system. Nature always tries to achieve perfect balance and these imbalances create a real disharmony in our energetic systems. This can create unbalanced thinking, feeling and behavior.

V. Negative connections and rays can become attached to our auras. These are a result of negative emotions, drug and alcohol use, psychic attacks or spells, other intelligent being in the Cosmic World, environmental pollution, lack of nature i.e. trees, plants and flowing water. Negativity in thought and behavior in individuals, communities, draws negative forces to us from the broader Universe. These connections, rays and energies can have a real negative effect on our vitality and energy.

VI. Energetic and chemical markings can be left by other dimensional beings in our auras and brains so that these energetic beings can find and track us. Constant interference by other dimensional beings can seriously affect our vitality and health.

VII. Negative energy programs can be sent into an individual by other human beings. These programs establish connections so that ongoing negative energy can be run into an individual. This can have a serious effect on our entire energy system and inner vitality.

VIII. Negative energy can easily flip from one individual's aura into your aura. Energy is alive, moves around, and you can eventually become quite affected by the negative energy of those around you, in your homes, offices or stores.

IX. Imbalances can be created by earth energies especially the intersecting points of

the Hartman and Curry grids and underground running water.

X. Underactive or overactive chakras can create a variety of issues. Underactive chakras can translate into fatigue, lethargy, weight problems, just a slow attitude towards life or a lack of zest for living. Overactive chakras create other types of problems including hyperactivity, panic attacks, emotional imbalances, and many types of health issues in the physical body.

#### Major Effects of Negative Energies

There can be so many different effects from energetic issues. The following is a limited listing of certain major potential effects.

I. Fatigue

II. Lacking vitality or a zest for life

III. Negative or distorted thinking

IV. Negative, unbalanced or distorted emotions

V. Negative, unbalanced or distorted behavior

VI. Feeling disconnected from other human beings

VII. Feeling disconnected from the Creator or whatever we choose to call our Higher Power

VIII. Feeling disconnected from nature

IX. Panic attacks that can be caused by a vulnerability caused by holes in our auras

X. A compromised energy system leads to many types of physical illnesses.

#### Identifying the Overall Status of Your Energy System

There are many different ways to identify the health status of your energy systems as follows: a Vibrational Assessment by Mary Kurus gives you a detailed status of all energy system elements (see the article about Vibrational Assessments at [www.mkprojects.com](http://www.mkprojects.com)). An dowser experienced in energetic healing can identify the status of different parts of your energy system. Many different types of energy workers can also do the same, but please ensure that you're working with an experienced energy worker since the area of energy systems is complex and working with your energy systems is very sensitive work. I am a dowser and am often called an intuitive. I use distance dowsing to work with people around the world. Dowsing helps you tap into many different types of energy to obtain information that would not be readily available through other means. An experienced dowser or intuitive can



help you identify the strengths and weaknesses of the many parts of your energy system.

## Cleansing and Activating Auras, Chakras and Energy Systems

Since our auras, chakras, and meridian systems are affected by things physical, intellectual, emotional, and spiritual, the answer to looking after our energetic aspects falls under these same heading. The following are summaries of the physical, intellectual, emotional and spiritual ways to effect clearing, rebalancing, activating and healing of your energy systems and all aspects are interconnected and all aspects are required for healthy and vibrant living.

Vibrational cleansing with Choming Essences can eliminate many types of blockages and can stimulate the repair some of the damage. Metal, chemical, atomic, pollution and pesticide poisons can be eliminated using a Choming Essence detoxification program. Using the Black Obsidian Spray concentrate that I make is also quite effective since it breaks down negative energies lodged in auras and chakras. There are certain Choming Essences that can help repair damages in the magnetic, electric and electromagnetic systems within the energy systems. Healing damages in these systems is complex.

Smudging with white sage clears out certain types of negative energy blockages in your auras, chakras as well as your home. All you need to do is seal your room closing windows and doors, burn some white sage so that the smoke fills your room, and remain in that room and many negative energies will dissolve, within you and your home. Or just burn a few leaves moving the smoke through your auras and negative energies will dissolve.

Auric brushing or having someone run their hands down your aura from top to bottom can help release blockages in your auras. Crystals and gems can be used to clear out blockages in your auras but one needs to be experienced to do this type of clearing and often crystals and gems are too strong and can create serious damage in the auras and chakras rather than be part of the healing process.

A healthy diet, clean and vibrant water, and lots of sleep and relaxation are essential to having healthy energetic systems. High ongoing stress creates serious damage in auras and chakras as well as the physical body.

Physical exercise and certain types of breathing exercises are an important element of a healthy energetic system. I highly recommend the book "Science of Breath" by Yogi Ramacharaka (ISBN 0-911662-00-6) that describes a series of breathing exercises for vibrant health. All types of physical exercise help to activate the chakras. One set of exercises that are outstanding for activating the chakras and auras are called the Five Tibetan Rites. I have written an article which contains photos of this exercise program that is so outstanding ([www.mkprojects.com](http://www.mkprojects.com)) but I strongly urge you to buy the book "Ancient Secret of the Fountain of Youth - Book 2" by Peter

Kelder (ISBN 0-385-49167-0). I cannot stress enough the healing process that can occur through the Five Tibetan Rites exercise program. This program activates underactive chakras and can be important in any health issues you might have, including weight difficulties.

Connecting with nature has a profound effect on your energy systems. There are many ways to use nature such as connecting with trees; communicating with all types of nature; using vibrational essences such as Choming Essences which are made from nature to effect healing at all levels; using water for healing of energy systems; being with nature and allowing the vibration of nature to bring healing into your energy system.

Healing with color is powerful. Different colors have different vibrations that affect different elements of a person. E.g. green is a color that affects healing and calmness so if you want to focus on staying calm and supporting your healing, wear the color green, do some pore breathing with the color green, visualize that you are breathing in the color green, or decorate your room with the color green. If you want to feel energized, do the same with the color red.

Sound and music can be used to heal the energy system. Sound can activate the chakras. There are different types of music being produced today that can activate chakras, which in turn activate the entire endocrine system.

Intellectual stimulation and intellectual pursuits are critical elements required for healthy energy systems. The mind rests in the mental aura and this level of the aura needs to be stimulated or it will slow down, accelerating the aging process. We need to be learning, interested, and passionate about something at all times in our lives.

It is only when we spend time alone that we can deeply communicate with our Higher Power, internalize the experiences of the day, get in touch with our thoughts and feelings, and ground ourselves so that we are truly with ourselves and our lives in that moment. You can go through life only partially experiencing what is actually happening to you, fairly unconscious to the experiences of the moment.

Loving yourself and being able to give and receive love from family, friends and community are important. When we feel love we release certain chemicals in our body and when we are angry we release a different set of chemicals. We have been made to achieve a certain balance and an imbalance in these types of emotions affects the vibrancy of our energy systems.

Owning your emotions and being able to express your emotions to others is fundamental to having a healthy energy system. Emotions not felt or expressed remain lodged in our physical and energetic bodies creating blockages, distorting our chakras, and creating holes in our auras. Repressed and unexpressed emotions make us ill in the long-term. It's important to learn how to release emotions lodged within to release

blockages and allow our chakras to function harmoniously and actively.

Creativity in your life is an vital element of a healthy energy system. Creativity is not necessarily painting or sculpting, but it can include these activities. It can also be cooking, gardening, needlework, studying, hiking, or many other different types of activities.

Past lives can play a major role in the health of our energy systems. Valerie Hunt in her book "The Infinite Mind" describes the effects of past lives in great detail. You can touch one of your past lives through meditation either alone or with an energy therapist. Past lives lodged in your auras can provide you with deep insight into your soul purpose or core issue for this life.

Spiritual integrity in all aspects of our lives is necessary for healthy and vibrant health. Values can become quite confused today. People can love their children and spouse, cheat at the office, are ruthless in business, help in their community, and be kind and generous with their aging parents. A lack of spiritual integrity in any aspect of life will seriously affect your energy system.

Prayer and meditation are central to the achievement of healthy energy systems. Prayer connects us with our Higher Power bringing emotional balance and stability. The power of prayer can be quite amazing. Meditation helps us quiet our busy minds so that we can become open to listening, being, and hearing from Universal Powers. These practices energize and heal our energy systems.

Integrating many of the above elements requires love of self, time and tenacity. I usually suggest to my clients that they begin with a few, and then continue to layer additional elements when they feel ready to do so.

By Mary Kurus

<http://www.mkprojects.com>

THOUGHTS OF MY OWN TODAY~



A few notes: by Lightworker

Often we spend our precious time~  
immersed in outside activities,  
games that we learn to play~  
that open our levels of perception~  
in new ways~ that we may not have ever recognized~  
the affairs of the heart~  
that open ones awareness~  
to new levels of understanding~

games that we learn to play~  
and physical, mental and emotional distractions~  
that pull our thoughts away~

Wholeness of Spirit~  
must be accomplished thru patterns of individuality~  
The true ignition of ones fire~  
comes from aligning with the Spirit of Ones Own Soul~  
It is telepathic union~ with the Divine Presence~  
who reflects thru you~  
Reflects Divine Intention and manifestation~  
Reflects wholeness of Spirit~  
Reflects forms of Empowerment~

Reflects the creative potential of your true God Reality~

Seeking the wholeness of Spirit~  
is seeking and embracing Spiritual growth~  
and acknowledging that you are a Divine Being of Light~  
Explantant in the beauty of the Divine~  
Pull the energy into your body~  
Align with the Power Point~  
of your true God Reality~  
Visualize the geometrical forms of the 2 pyramids~  
One pyramid comes descends down from the  
core of creation~  
The other pyramid ascends up from the center of the Earth~  
From the heart energy of Mother Earth~  
invision these geometrical shapes of intense energy~  
Visuallize these pyramids of light~  
coming to a meeting point at the 2 projection points~  
The tops of the triangular shapes~  
will merge together~  
merge thru your physical body~  
open your sacred alignment center~  
hold your thumb and your 1st finger together~  
and see the circle that is formed~  
Now invision that circle of energy~  
running down the spinal cord of your back~

That is the space necessary  
to funnel your core energy~  
all the way thru your physical body~  
The funneling of intense fire energy~  
that flows down from the core of your Soul Energy~  
flows thru the top of your head~  
flows down thru your spinal cord of energy~  
See the energy of light~ as it flows down~  
see it ~~  
feel it~  
it feels like electrical energy~  
electrical stimulation that flows from Source energy~  
know it is there~

Next~  
feel the funneling of intense Earth energy~  
that flows up thru the base of your tail bone~  
this energy travels deeper and deeper

into the physical body~  
until the grounding of Earth energy~  
meets within your belly button area~

As the two energies meet within the solar plexus~  
These energy frequencies of light~  
blend and flow and intermingle together~  
in the area of your solar plexus~  
behind the belly button area~

The blending of energies  
will ignite an intense fire in your core area~  
allow the fire to grow and expand  
within your core area~

and then allow for the 2 pyramids to merge together~  
in this holy place of Divine Union~

the top of the point  
Interconnecting and merging~  
into a single vehicle~  
the merkabah vehicle~

3 pages missing~ working on finishing~  
will share later~

True wisdom reveals itself  
to those who take a few moments each day  
to sit in quiet reflection  
away from the hustle and bustle  
of busy thoughts and activities.

When we allow ourselves  
those silent solitary moments  
we are able to relax  
and connect fully with Spirit.  
In this calm,  
we are better able to seek the answers  
that are otherwise elusive in the outer world.  
People often equate alone with loneliness.  
The truth is~~~  
as much as we need each other,  
we also need time alone,  
where we can connect with our soul.  
Time well spent alone is therapeutic

and necessary ~~  
and allows us to find a sense of completion  
that outside sources can't fulfill~  
When we begin to flourish  
in this new sense of wholeness,  
we are better able to extend ourselves to others.

Make a commitment  
to take a few minutes each day  
in the coming week for solitary reflection.  
Make this a completely quiet time  
free of noise and distraction.  
Use these few moments  
to connect with your spirit.  
You are the creator of your destiny~  
Begin to reclaim and step into your Powers~

I love myself. I am love. I am power.  
I am my own best friend.  
I am all that I can be~~~~~  
Have a wonderful day my friends~ redfoxsees

# Do Not Squander Your Life



a very obvious positive current  
of financial abundance?

What about  
getting so good at visualizing  
that the money flows  
through you easily?

What about expending money?  
Giving more people work?  
Giving more people opportunity?  
The more you spend,  
the more people benefit,  
and the more people  
get in on the game  
and dovetail with you.

Your role is to utilize the Energy.  
That's why you exist.  
You are an Energy-flowing being,



a focuser,  
a perceiver.

You are a Creator.  
There is not anything worse  
in all of the Universe to do t  
han to come forth  
into the environment  
of great contrast  
where desire is born easily  
and not allow Energy  
to flow to your desire.

That is  
a true squandering of life.

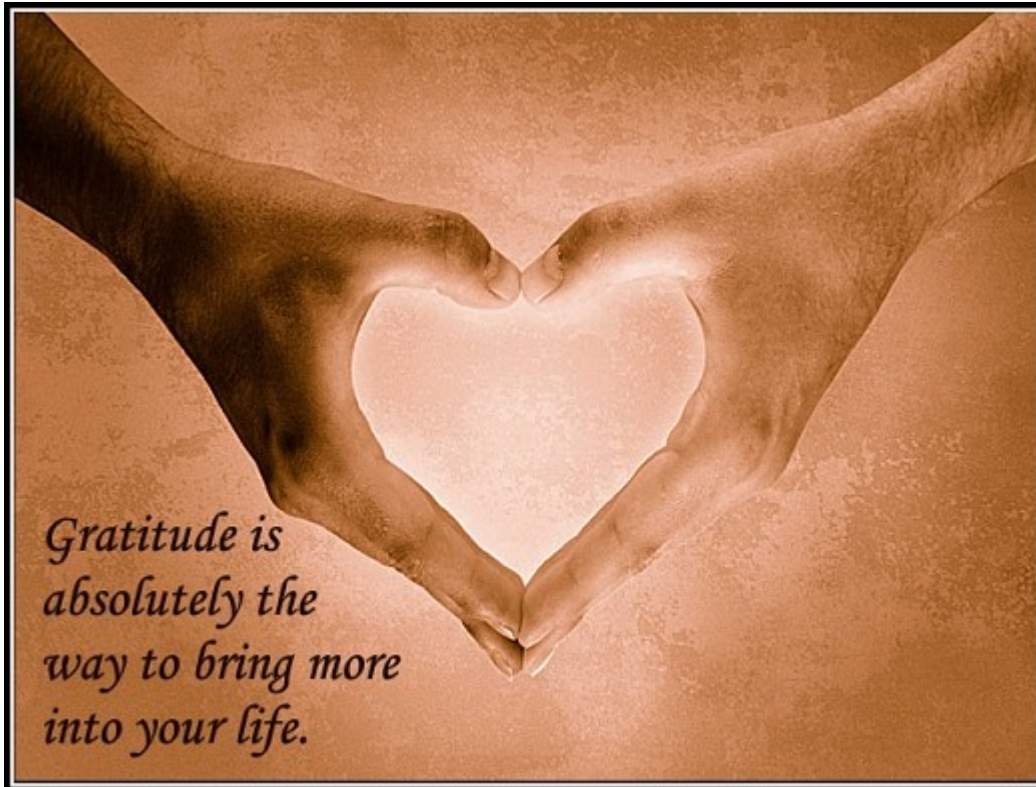
forgiveness

**The weak can never forgive.  
Forgiveness is the attribute of the strong.  
~Mahatma Gandhi**



**To forgive is to set a prisoner free  
and discover that the prisoner was you.  
~Lewis B. Smedes**

## Gratitude Affirmations



~~Gratitude Affirmations~~

I am thankful for all the I have, for all that I don't have, and for all that I have been given here and now. Everything in my life, every thought, feeling, face, moment, and situation is a divine gift and I am wholeheartedly thankful.

Knowing that the Universe is my unlimited source of supply, I walk in the way of success and prosperity. Thank you to EVERYTHING and Everyone, for all You have provided me—now and always.

This day, I am content.



I am grateful for all that is and is not Here Now.

I am thankful for this physical vehicle I call my body - I am thankful for all the work it does. I give it my loving attention, and it gives to me the gifts of this physical experience.

I am thankful for the creative thoughts that rise and allow me to perceive all that is here now.

I am thankful for all the help, guidance, and support that is constantly coming to me.

I am thankful for the whole of the experiences in this life. I am thankful for my family, my friends, and everyone I meet in this experience...and for everyone and everything I won't meet.

I am constantly in the almighty presence of the whole, and I am grateful for the life, love, energy, and power of it in my life.

I see evidence of Life's goodness everywhere around me, and my heart is filled with gratitude.

I am grateful to Life for this faith, this wisdom, and this experience, and I give thanks now for all the gifts that are here and coming to me.

I give thanks for divine abundance that flows to me and through me to bless my world. All that is best for me is here now and coming to me in the right way and at the right time.

## Law of Attraction Quotes

- Law of Attraction says,  
"That which is like unto itself is drawn."
- \* Once you activate a vibration within you, Law of Attraction begins responding to that vibration, and you're off and running—whether it's something wanted or unwanted.
- \* Law of Attraction abounds, and when it is said to you, "Ask, and it is given," there is no more powerful statement that is at the basis of what makes things happen.
- \* Everything is valid and everything is truthful, because Law of Attraction lets everything be.
- \* Within the seed of your desire is everything necessary for it to blossom to fulfillment, and Law of Attraction is the engine that does the work.

\* If you will relax and allow Law of Attraction to do the organization, the managing, then you can spend your time doing the things that please you.

## Law of Attraction Quotes

Enlightenment means literally aligning to the Energy of my Source. And genius is only about focusing.

Law of Attraction takes care of everything else.

Physical humans often want to make enlightenment about finding some process and moving through the process that has been pre-described.

But true enlightenment is moving to the rhythm of the internal inspiration that is coming in response to the individual desire. Enlightenment is about allowing my Connection to the Source that is me for the fulfillment of the things that I have individually defined here in my time-space-reality.

That's as good as it gets!

We are all Vibrational Beings.

You're like a receiving mechanism that when you set

your tuner to the station, you're going to hear what's playing.

Whatever you are focused upon is the way you set your tuner, and when you focus there for as little as 17 seconds, you activate that vibration within you.

Once you activate a vibration within you, Law of Attraction begins responding to that vibration, and you're off and running--whether it's something wanted or unwanted.

Think of this random Universe where everything is possible.

The organizational skills belong to Law of Attraction. If you will relax and allow Law of Attraction to do the organization, the managing, then you can spend your time doing the things that please you. ---

Law of Attraction says, "That which is like unto itself is drawn." Vibrations are always matched.

So, as you experience the contrast which inspires the new desire, this new desire, whether it is a strong one or a soft one, is summoning unto itself proportionately.

And as it summons, it is always answered.

It is the basis of our Universe: When it is asked, it is always given. Humans think they are asking with their words, or even with their action, and sometimes you are, but the Universe is not responding to your words or your action.

The Universe is responding to your vibrational calling.

Within the seed of your desire is everything necessary for it to blossom to fulfillment.

And Law of Attraction is the engine that does the work.

Your work is just to give it a fertile growing place in order to expand

Everything is valid and everything is truthful, because Law of Attraction lets everything be.

The question is not whether it's right or wrong, whether their approach is right or wrong, or whether my approach is right or wrong.

The question is: Does their approach feel good to me? And if it doesn't, then I choose a different approach.



Law of Attraction abounds, and when it is said to you, "Ask, and it is given," there is no more powerful statement that is at the basis of what makes things happen than that. Now, how is it that you think you ask? With your words? The Universe doesn't hear your words. You ask with your desire. The desire that is born out of the contrast. That desire. That wanting. That's what summons the Life Force.

When you begin to understand Law of Attraction, and you understand that which is like unto itself is drawn, then it is easier and easier to understand that you are offering a signal, and the entire Universe responds. And when you finally get that, and you begin to exercise some deliberate control about the signal that you offer, then it really begins to be fun, because then you recognize that nothing happens outside of your creative control. There are no things that happen by chance or by circumstance. There is nothing that is happening because of something you vibrated a long time ago or in a past life. It is not about what you were

born into. It is only about what you are, right now, in this red hot fresh moment emitting.

Law of Attraction says, "That which is like unto itself is drawn." Which means vibrations are always matched. So as you experience the contrast which inspires the new idea within you, this new idea --this desire -- whether it is a strong one or a soft one, is summoning unto itself proportionately. And as it summons, it is always answered. It is the basis of our Universe: When it is asked, it is always given. The confusion that humans feel is that they think they are asking with their words -- or even with their action -- and sometimes you are. But the Universe is not responding to your words or your action. The Universe is responding to your vibrational calling.

If you examine your history, you cannot help but repeat it! Law of Attraction says it is so: "Whatever I am looking at, I am including in my vibration."

Within the seed of your desire is everything necessary

for it to blossom to fulfillment. And Law of Attraction is the engine that does the work. Your work is just to give it a fertile growing place in order to expand.

What we would do for yourself -- for your next physical experience (and you can do this). . . We would begin, right now, by infusing this physical time/space reality with as much understanding of the Law of Attraction as you can, so that you add to this vortex of knowing. That makes it more likely that -- as you and others participate within it -- you will have easy access to this understanding that all is well.

Is it possible to be the visionary and the actionary of your own life? Not only possible, it's the way most of you intended it to be. It's the best of all worlds. What can be more exhilarating than to find a dream from the contrast, to fixate on the dream and let it give you pleasure as it grows, and then to watch Law of Attraction bring it into manifestation while you help with your action? Does it get any better than that? You didn't think so as you made the decision to come forth

into these physical bodies. You said, "This is the best time in all eternity for a Creator to Create."

You have more harmony points with every person on the planet than you have disharmony points, because there is much more of you that is in harmony with your Core than you realize or that most of you allow. The closer you come to being in harmony with your Source Energy, the more in harmony you are with each other. When you think about other people and what they think of you, do you understand that what they think of you has very little to do with what you are? It has mostly to do with the habits of thought that they have developed. It has more to do with them as thinkers than it does with you as the subject of their thought. If nothing is more important to you than that you feel good, you can form a fantasy about someone who is in your life and they will begin to modify to meet your fantasy, because Law of Attraction is a very powerful thing.

As you perceive something, you give birth to a thought, and this thought now thinks. Now that it exists, now

that it has been conjured, now that it has been focused, now it vibrates. Now, by Law of Attraction, other thoughts that are vibrationally same will come to it. So it begins its expansion immediately.

It's not your work to make anything happen. It's your work to dream it and let it happen. Law of Attraction will make it happen. In your joy, you create something, and then you maintain your vibrational harmony with it, and the Universe must find a way to bring it about. That's the promise of Law of Attraction.

Genius. It is just attention to something specific. That's all it is. Law of Attraction makes it happen, and so anyone who gives attention to any subject for a period of time will evolve in the direction of that understanding.

Law of Attraction is Universal, and every person is affected by it. And it is always true that what I think and what I feel and what I get are always a match, and there is not a person on the planet that did not know

that when they were born, and there is not a person on the planet that would not benefit by knowing it. But many, many, many are not yet asking and therefore are not yet ready for the answer. And so, we would say that -- although everyone wants this information -- everyone is not necessarily ready for it. We would not spend any time trying to convince anybody of anything because if they're not asking, your answers are just irritating.

Use whatever excuse you can to vibrate in harmony with those things you've been saying you want. And when you do, those things that are a vibrational equivalent flow into your experience in abundance. Not because you deserve it, not because you've earned it, but because it's the natural consequence of the Law of Attraction. That which is like unto itself is drawn.

If you've got somebody's aspects in your experience that you don't like, there's only one reason they're there. You keep evoking them with your attention to them. Without knowing about Law of Attraction, you

have -- through your old habit of observation -- achieved vibrational harmony with the parts of them that you do not like, and you keep summoning those parts from them by your constant vibrational offering of them.

As you identify the thing that you want and you achieve vibrational harmony with it, by Law of Attraction you summon the Energy through you, and that is what life is. When someone stops desiring, Life Force no longer flows through them, and then they re-emerge into the Nonphysical where you have all kinds of goals and intentions.

Your prayer causes you to focus, and the Law of Attraction causes everything in the Universe that's in vibrational harmony with your focus to come to you.

There has never been an injustice anywhere in this physical time/space reality or anywhere else. Law of Attraction does not promote injustice. Law of Attraction amplifies the vibration that is within you. ---

The thought that you think, you think, which attracts to it; so you think it some more, which attracts to it; so you think it some more. In other words, when you have an expectation, you've got a dominant thought going on, and Law of Attraction is going to deliver that to you again, and again and again. And you say "The reason that I believe this, is because it is true." And we say, the reason that you believe it, is because you've practiced the thought. All that a belief is, is a thought that you keep practicing.

Just love everybody that interacts with you no matter how personally, or how peripherally, involved with you they are. The efficiency of the people who deal with you... everything is orchestrated by the manager called Law of Attraction. And your vibration is setting all of it into motion. Everything affecting you is a reflection of the vibration that you are emitting. Spend more time focused upon your dream than upon the reality. The reality gives birth to the dream -- but the dream is where you are wanting to put your attention.



Law of Attraction Quotes by Abraham

to receive a daily quote from Abraham....just sign up  
at....

<http://www.abraham-hicks.com/>



[sui@generis](#)

## "God" as Consciousness without an Object

### GOD AS CONSCIOUSNESS-WITHOUT-AN-OBJECT

by John C. Lilly

Within the last two years I have come to know a man and his work who run counter to my own simulations and by whom I am influenced beyond previous influences.

In 1936, Franklin Merrell-Wolff wrote a journal that was later published as *Pathways Through to Space*. In 1970 he wrote another book called *The Philosophy Of Consciousness-Without-an-Object*.<sup>1</sup> In studying his works, and the chronicle of his personal experience I arrived at some places new for me.

Wolff had been through the Vedanta training, through the philosophy of Shankara; he knew the philosophy of Kant and others of the Western world; and he spent twenty-five years working to achieve a state of Nirvana, Enlightenment, Samadhi, and so forth. In 1936 he succeeded in this transformation and with varying success maintained it over the subsequent years. He is an amazingly peaceful man now in his eighties. Meeting him, I felt the influence of his transformation, of his recognitions, of some sort of current flowing through me. I felt a peace which I have not felt in my own searchings; a certain peculiar kind of highly indifferent contentment took place, and yet the state was beyond contentment, beyond the usual human happiness, beyond bliss, beyond pleasure. This is the state that he calls the state of "High Indifference." He experienced this at his third level of recognition, beyond Nirvana, beyond Bliss. His perceptions in this state are recounted in *The Philosophy of Consciousness-Without-an-Object*.

In his chapter "Aphorisms on Consciousness-With-

out-an-Object" Merrell-Wolff expresses his discoveries in a series of sutra-like sentences, The first one is: "Consciousness-without-an-object is." The culmination of the series is that Consciousness-without-an-object is SPACE. This is probably the most abstract and yet the most satisfying way of looking at the universe which I have come across anywhere. If one pursues this type of thinking and feeling and gets into the introceptive spaces, the universe originates on a ground, a substrate of Consciousness-Without-an-Object: the basic fabric of the universe beyond space, beyond time, beyond topology, beyond matter, beyond energy, is Consciousness. Consciousness without any form, without any reification, without any realization.

In a sense, Merrell-Wolff is saying that the Star Maker is Consciousness-Without-an-Object. He does not give hints to how objects are created out of Consciousness-Without-an-Object. He does not give hints to how an individual consciousness is formed out of Consciousness-Without-an-Object. The details of these processes were not his primary interest. His primary interest apparently was in arriving at a basic set of assumptions upon which all else can be built. In this sense he is like Einstein, bringing the relativity factor into the universe out of Newton's absolutes.

If we are a manifestation of Consciousness-Without-an-Object, and if, as Wolff says, we can go back into Consciousness-Without-an-Object, then my rather pessimistic view that we are merely noisy animals is wrong.

If there is some way that we can work our origins out of the basic ground of the universe, bypassing our ideas that the evolutionary process generates us by generating our brains--if there is some contact, some connection between us and Consciousness-Without-an-Object and the Void, and if we can make that contact, that connection known to ourselves individually, as Wolff claims, then there is possible far more hope and optimism than I ever believed in the past. If what he says is true, we have potential far beyond that I have imagined we could possibly have. If what he says is true, we can be and realize our being as part of the Star Maker.

It may be that Wolff, like all the rest of us, is doing an over-valuation of his own abstractions. It may be that he is generating, i.e., self-metaprogramming, states of his own mind and those of others in which the ideals of the race are reified as thought objects, as programs, as realities, as states of consciousness. It may be that this is all we can do. If this is all we can do, maybe we had better do it and see if there is anything beyond this by doing it.

If by getting into a state of High Indifference, of Nirvana, Samadhi, or Satori, then one can function as a teaching example to others and it may be that if a sufficiently large number of us share this particular

set of metaprograms we may be able to survive our own alternative dichotomous spaces of righteous wrath. If righteous wrath must go as a non-surviving program for the human species, then it may be that High Indifference is a reasonable alternative.

Setting up [a hierarchy of states of consciousness](#) with High Indifference at the top, Nirvana next, Satori next, Samadhi next, and Ananda at the bottom is an interesting game, especially when one becomes capable of moving through all these spaces and staying a sufficient time in each to know it.

This may be a better game than killing our neighbors because they do not believe in our simulations of God. At least those who espouse these states claim that these states are above any other human aspiration; that once one has experienced them, he is almost unfit for wrath, for pride, for arrogance, for power over others, for group pressure exerted either upon oneself or upon others. One becomes fit only for teaching these states to those who are ready to learn them. The bodhisattva vow is no longer necessary for those who have had direct experience. One becomes the bodhisattva without the vow. One becomes Buddha without being Buddha.

One becomes content with the minimum necessities for survival on the planetside trip; one cuts back on his use of unnecessary articles-machines, gadgets, and devices. He no longer needs motion pictures, television, dishwashers, or other luxuries. One no longer needs much of what most people value above all else. One no longer needs the excitement of war. One no longer needs to be a slave to destructive thoughts or deeds. One no longer needs to organize.

Krishnamurti's story of the Devil is pertinent here. Laura Huxley furnished me with a copy of it. The Devil was walking down the street with a friend, and they saw a man pick something up, look at it carefully and put it in his pocket. The friend said to the Devil, "What's that?" The Devil said, "He has found a bit of the truth." The friend said, "Isn't that bad for your business?" [The Devil](#) said, "No, I am going to arrange to have him organize it."

So it behooves us not to organize either the methods or the states which Wolff describes so well. It is better not to try to devise groups, techniques, churches, places, or other forms of human organization to encourage, foster, or force upon others these states. If these states are going to do anything with humanity, they must "creep by contagion," as it were, from one individual to the next.

God as Consciousness-Without-an-Object, if real, will

be apperceived and introcepted by more and more of us as we turn toward the inner realities within each of us. If God as Consciousness-Without-an-Object inhabits each of us, we eventually will see this. We will become universally aware. We will realize consciousness as being everywhere and eternal. We will realize that Consciousness-Without-an-Object in each of us is prejudiced and biased because it has linked up with a human brain.

#### REFERENCE

1. Merrell-Wolif, Franklin, *Pathways Through to Space*, and *The Philosophy of Consciousness- Without-an-Object*, both New York: Julian-Press, 1973.

[Dr. John C. Lilly, M.D., \*Simulations of God\*, Chapter 19](#)

[E=..](#)

## Raising Our Consciousness

# DailyOM

Nurturing Mind Body & Spirit



*May 31, 2007  
Raising Our Consciousness  
Stepping Out From Where We Were*



*Albert Einstein said, “No problem can be solved from the same consciousness that created it. We must learn to see the world anew.” A Nobel Prize winner, Albert Einstein’s scientific theories transformed the world’s understanding of the universe and its workings, so we can believe that these words come from his personal experience and helped him to explore both science and life itself. He offered us an example of what can be learned by looking deeply into nature to reach a deeper understanding of all life and by following our ideas to their logical conclusions in our minds before acting upon them in the world.*

*When we apply this quote to our lives, we can see that we cannot create abundance by staying in a consciousness of poverty, nor can we gain a sense of power in our lives while identifying ourselves as a victim. Situations begun from anger or fear can have little chance of reaching a state of peace and trust unless someone involved can conceive of that possibility and act upon it. We need to find ways to step outside of our limited understanding in order to seek a bigger picture. One way to do this is to shift our perspective to see the situation from another’s point of view and ideally the perspective of all others involved. Even if we can’t truly know another’s motivations, by imagining what they might be, we open ourselves up to numerous possibilities and an expanded vision. This alone can shift our feelings of anger to compassion and the desire for a positive solution for all involved.*

*Once we have opened our mind to greater possibilities, we can connect to our higher self for inspired solutions. From the peace at our center, we gain distance from our emotions to connect to intuitive wisdom that offers us understanding of the underlying causes and the inspiration needed to guide our steps in a new direction. Albert Einstein showed us the impact that can be made when we raise our consciousness and allow ourselves to imagine the possibilities*

# History of sex...it wasn't always taboo

As we human beings have changed and evolved over our thousands of years of recorded history so have our attitudes and expressions of all things sexual. The only thing that hasn't changed much is society's desire to exercise a certain amount of control over an individual's sexual behavior. Whether it be through church or state, educational institutions or popular media of the time, there have been rules and regulations, views and taboos about what we should do sexually, how we should do it, who we should do it with and even how we should think about doing it.

## BODY PARTS

A particular area of interest, naturally, has been the body and specifically those parts that are obviously connected with sex. We've alternately hidden and displayed, worshipped and derided male and female genitalia.

In most non-Christian cultures there were gods and goddesses of power and fertility with exaggerated genitals. Some cultures liked penis gods so much they had several, for instance the ancient Greeks honored Priapus, Dionysus and Hermes. The Egyptians exalted Osiris, Bacchus was the Roman version, and Shiva reigned in India.

Penis and, less commonly, vulva worship, were practiced and this was reflected in objects connected with daily living. Vases in classical Greece were decorated with phalluses. In the ruins of Pompeii penis symbols were found just about everywhere, on bowls, lamps and figurines. Pitchers with enormous penis spouts were a unique specialty of the Mochica culture of Peru. The exteriors of medieval Irish churches were adorned with sculptures of Shelah-na-Gig, a vulva icon. In Egypt enormous symbols of penis power - the obelisk - were erected all over the landscape. Smaller penis symbols in the form of amulets and bracelets were worn as magical protection against evil in ancient Rome. In fact, the English word 'fascinate' is derived from 'fascinum' the Latin word for these magic penis images.

Words describing body parts vary from culture to culture and often reflect the attitudes we have about them. In India and China the penis and vagina were approached with respect and awe. Terms like Jade Flute, Arrow of Love, Ambassador, Warrior for the penis and Valley of Joy, Ripe Peach, Lotus Blossom, Enchanted Garden for vagina were used. In the English language however, words are much more likely to be discourteous: dick, tool, meat, dong and pussy, crack, slit.

Cock and prick are two of the longest-standing terms for penis in English. Prick was actually a pet name up until the seventeenth century when times became much more prudish and prick gradually became ostracized. Now it's used not as a term of endearment but of scorn. Cock, another penis word, comes from the name for the male barnyard fowl but in the late seventeenth century uptight early Americans were so offended by this that they began calling the bird rooster. Other common objects also had their names changed to make them more seemly: haycock turned into haystack, weathercock into weathervane, and apricock into apricot. Yiddish slang words for penis include schlong, putz and schmuck. Believe it or not in 1962 comedian Lenny Bruce was arrested because he used the terms schmuck and putz in his act!

When it comes to penises, many cultures have considered bigger to be better. But in classical Greece delicate and small penises were the best. Big sex organs were thought to be 'coarse and ugly'. During this time young athletes worked out in the nude. As protection for his private parts a man pulled his foreskin over the head of his penis, tied it with a ribbon and then fastened the ribbon ends to the base of the shaft. This precursor to the modern jock strap was known as a dog knot.

Other means of protecting and, in most cases, emphasizing the penis include codpieces, sheaths and even paper sculptures. Codpieces, which are brightly colored and gaily ornamented pouches for penis and testicles, were worn by Europeans over tight breeches and under short jackets during the fourteenth through sixteenth centuries. Protective and decorative penis sheaths were common among primitive societies. Made out of everything from leather and vegetable fibers to bamboo, gourds and shells these sheaths were the mainstay of a man's wardrobe. From the ninth to the twelfth centuries Japanese men packaged their penises inside an animal shaped paper sculpture. This practice was designed to increase sexual pleasure: the penis would take on the qualities of the animal it was packed inside and the lovers would then act out fantasies stirred up by the animal package.



## SoulMates ♥



Have you secretly dreamed of your ideal love? Have you wondered in your heart of hearts if such a person exists? Have you ever yearned for the partner who matches you perfectly? Of course you have. We all have! There is a good reason for these feelings. You do have a SoulMate, unique and belonging only to you.

Deep in the heart of every human lies the knowledge of his or her SoulMate, covered over perhaps by the disappointments of Earthly relationship experiences. Now at the time of humanity's awakening, the awareness of that SoulMate relationship becomes of primary importance. Why? Because it is the key to our awakening and to the transformation of the Earth. In the human spiritual "genome" is a code of Love, activated by opening to the SoulMate, that will help us to embody Love on Earth and change our world to a peaceful, loving place. Think about it. Would there be war and strife if each of us were truly in Love?



But, you say, the majority of people seem to have given up on Love. It is true that the divorce rates are astronomical, and bitterness and cynicism are rampant. There are reasons this is occurring. With the increased spiritual light flooding the planet and its effects on the human heart, people are feeling a silent connection to their SoulMate. This sometimes initially creates more dissatisfaction with relationship if one's partnership doesn't seem to be working well.

Also, because Love on our planet has been associated with GETTING rather than GIVING (as is the spiritual path to Love), people do not yet know how to respond to this changing energy of the decade of the SoulMate. They continue to change partners with the goal of getting more and more personal needs met. This only creates musical chairs for partners and does not bring lasting joy. It is now time to change our view of relationship, instead of changing partners, and to begin exploring Love from giving, from the heart!

We human beings are all cells in the heart of God. Every cell in God's heart has two parts - one of masculine charge and one of feminine. These are the plus and minus, the positive and negative charges that are seen in every part of Creation. This two part cell is the original "Adam and Eve" of Creation - the manifested form of God's Love. Each of us is constructed this way, and each of us has an original SoulMate.



As the embodiment of God's Love, as pieces of God's heart, we are not only made in the image of God and living within God's heart. We are actively creative as is God. Many of us realize this. Our thoughts are active and are creating our life at every moment. However, we can only create at the level of our understanding, which brings us back to the difference between "getting" and "giving." In our society, much emphasis has been placed on the individual and what he or she must do to satisfy self. This point of view is often accompanied by fear, lack, greed, aggression, and "taking care of Number One."

In contrast, as we learn to shift to the level of true feeling in the heart, we begin to manifest "heart Love." We begin to experience life through the heart's intelligence rather than through the more limited small mind or ego. When we are able to let go of our smaller needs and make the decision to honor our partner by giving, we are seeing the Real World, God's World, All Creation, which is only comprised of Love.

Therefore, if we live in the day to day smaller mind, we are really living in "an illusion," or a lie.

As we raise ourselves by opening our hearts, our SoulMate will come into view. Our SoulMate has always been with us but until we reach a certain openness of heart, we cannot see him or her. When we ask God's help to open our hearts to our SoulMate, the molecules which make up our ever moving energy field go into motion, and our SoulMate actively moves toward us. We do not have to go anywhere or do anything special. We do not have to change partners. As we become Love, that Love will show itself in us and before us in our partner. We will literally call and draw our SoulMate to us into our current partner, or a new partner.



As we grow on the SoulMate path, we understand that the person in front of us will always reflect to us perfectly the state of our Love. Even the simplest law of spiritual attraction is that "like attracts like." In our relationship, then, we are able to see immediately if we are living from the heart or from the ego because our partner will reflect this back to us. If you want more Love, what is the practical thing to do? Give more Love. God asks us to look within ourselves deeply and honestly. But are we truly open to Love? It takes a strong person with a great desire for Love to admit feeling closed to Love. For some people this may be accompanied by tears or other ways of letting go of the armor and shielding we have falsely thought we needed. This opening inevitably brings the SoulMate.

As a couple in a relationship makes the decision to choose Love, to open their hearts, their relationship will transform. The decision to live from the heart, to put the other person first, must be made again and again and again, on a daily basis. As Love becomes the priority, the couple's lives will shift dramatically. Then the SoulMate relationship is realized and Love becomes a living reality. This turns on that genetic SoulMate code within which awakens us into our true state - the Love that brings us Home.



From the Book - Messages from God

"...it does not matter if someone 'looks within' or 'looks outside' themselves. It does not matter where they look or how, at all. It only matters that they are opening their heart to Love. And if they are then I promise you, their SoulMate will be there. And I will tell you why: the human heart is the Heart of God, and the moment that one opens it, then All I Am as Living Love comes pouring in to them. All, dear ones. All glorious, magnificent, splendor-filled truth of living Love.

So no matter where they think they are looking, the mind has naught to do with this! The SoulMate is the Heart. The heart of Love. The heart of life. The heart, dear ones, of All I Am, delivered tenderly, with greatest joy, sweet rejoicing and tenderness, immediately into view in perfection, in response to the open heart within. In one moment a truly open human heart can change everything in this world. In one moment an open heart - oh, beloved ones - is the vehicle of All My Love poured forth through you, the very cells of the heart of Love in Me. One glorious open heart and the veil is rent, the light shines through - the light of living Love. For the SoulMate is the truth of you, each one, the truth of your own great heart. Twin Flames of Love creating the portal, the vessel, the Holy Grail of Love through which all things are nourished."

My Love  
~\*~MOTHERPEACE~\*~



## Spiritual Website Links :)

Some favorite light worker sites

Please add your favorites to this list. I believe that there are thousands of such sites and would like to get them all listed in one place.

Go to manage bookmarks and if you have these links in one folder then copy all of them highlighting the top one then holding the shift key and clicking the bottom one. Then right click to copy and then paste to this list.

If you have the links scattered you may highlight them one by one by holding down the Ctrl key

<http://www.whatsuponplanetearth.com/>

<http://www.formosus.dk/>

<http://nordic-lights.se/>

<http://www.ravenhawke.net/>

<http://www.circleoflight.net/>

<http://www.laurenzimmerman.com/>

<http://profile.myspace.com/index.cfm?fuseaction=user.viewprofile&friendid=91407313>

<http://tut.com/>

<http://www.pleiadians.com/ptimes.html>

<http://www.bluestarbridge.com/about.html>

<http://www.divinecosmos.com/index.php>

<http://www.bbsradio.com/>

<http://www.drboylan.com/>

<http://www.drboylan.com/>

<http://www.shininglite.com/>

[http://www.childrenofthenewearth.com/free.php?page=articles\\_free/yordy\\_jan/article1](http://www.childrenofthenewearth.com/free.php?page=articles_free/yordy_jan/article1)

<http://www.indigohealings.com/index.html>

<http://www.planetlightworker.com/contents.htm>

<http://www.iamuniversity.ch/The-Advanced-Light-Technologies-of>

<http://www.thegodmovie.com/religion/>

<http://www.whatsuponplanetearth.com/>

<http://www.truthism.com/>

<http://edenvillage.net/>

<http://fourhourhardon.blogspot.com/>  
<http://conscious-collective.org/>  
<http://www.time.gov/timezone.cgi?UTC/s/0/java>  
<http://www.hermes3.net/2012.htm>  
<http://www.apsismusic.com/>  
<http://www.whatsuponplanetearth.com/index.htm>  
<http://dimensionalbliss.com/>  
<http://www.mindpowernews.com/TibetanRV.htm>  
<http://www.earthbornerising.com/>  
[http://www.emissaryoflight.com/\\_.aspx?t\\_t=5](http://www.emissaryoflight.com/_.aspx?t_t=5)  
<http://ashtarcommand.mylava.net/>  
<http://www.crimsoncircle.com/>  
<http://www.dreamwalker.cc/>  
<http://www.synchrotize.com/>  
[http://www.universoulz.com/profile\\_activate.php?ConfID=36&ConfCode=448933](http://www.universoulz.com/profile_activate.php?ConfID=36&ConfCode=448933)  
<http://www.starchildascension.org/>  
<http://mindpowers.com/>  
<https://www.onenessmovement.org/index.cfm?>  
<http://www.simplydivinesolutions.com/>  
<http://www.onesimpleact.com/index.cfm?c=1>  
<http://www.nandhi.com/>  
<http://profile.myspace.com/index.cfm?fuseaction=user.viewprofile&friendid=70987976>  
[http://profile.myspace.com/index.cfm?  
fuseaction=user.viewprofile&friendid=71614421&MyToken=b913fec4-5978-4354-b641-00b5b0ffda5f](http://profile.myspace.com/index.cfm?fuseaction=user.viewprofile&friendid=71614421&MyToken=b913fec4-5978-4354-b641-00b5b0ffda5f)  
<http://www.ourultimatereality.com/>  
<http://www.wizanda.com/>  
<http://commonpassion.org/>  
<http://www.practicespirituality.com/registration.htm>  
<http://www.jamesclairlewis.com/pages/mainpage.html>  
<http://www.soul.org/Church%20of%20Ill.html>  
<http://retreatsforhealing.com/index.html>  
<http://www.realitysandwich.com/>



<http://www.divinemomentsoftruth.com/>

<http://www.protectsacredsites.org/>

<http://oneearth.org/>

[http://light-space.org/index.php?  
option=com\\_comprofiler&task=login](http://light-space.org/index.php?option=com_comprofiler&task=login)

<http://www.eoni.com/~visionquest/index.html>

<http://www.leestobel.com/>

<http://www.taketheleap.com/>

<http://mum.edu/>

<http://www.calleman.com/>

<http://mayaportal.lucita.net/>

<http://www.breakthroughcelebration.com/>

<http://www.mkprojects.com/>

<http://creativecommons.org/licenses/by-nc-nd/2.0/>

<http://www.the-arcturians.com/>

<http://www.the-arcturians.com/eng/index.htm>

<http://www.crossingtheeventhorizon.com/index.html>

<http://usnisa.org/>

<http://www.starchildglobal.com/>

<http://www.tortuga.com/eng/network/russia/index.php>

<http://www.kirael.com/>

<http://www.phoenixregenetics.org/index.html>

[http://weinholds.org/2012\\_9.asp](http://weinholds.org/2012_9.asp)

<http://www.drboylan.com/>

<http://www.aiht.edu/default.asp>

<http://www.riselikeaphoenix.com/>

[http://www.damanhur.info/en/html/ArcMagazineDet.asp?  
IDArt=80](http://www.damanhur.info/en/html/ArcMagazineDet.asp?IDArt=80)

<http://www.alexgrey.com/>

<http://www.gratefulness.org/candles/enter.cfm?l=eng&gi=RAK&p=Welcome%20to%20the%20Random%20acts%20of%20Kindness%20group%20of%20friends.%20Please%20take%20a%20minute%20to%20light%20a%20Candle%20for%20Peace%2C%20for%20an%20answered%20Prayer%2C%20for%20a%20prayer%20request%2C%20for%20a%20friend%2C%20for%20a%20World%20Cause.Softly%20imagine%20this%20light%20and%20energy%20expanding%20and%20reaching%20all%20hearts%20in%20this%20Universe.Thank%20you%20%2C%20Dear%20one%2C%20D%20A%20Namaste!%20D%20A%20D%20A%20Random%20Acts%20of%20Kindness>

<http://www.whatthebleep.com/>

<http://www.crystalinks.com/index.html>

<http://www.cropcircleconnector.com/interface2005.htm>

<http://www.ascension-research.org/index.html>

<http://www.etfriends.com/>

<http://www.lemuria.net/>

<http://www.lightconnection.org/>

[http://www.astrodreamadvisor.com/free\\_mayan\\_readings.html](http://www.astrodreamadvisor.com/free_mayan_readings.html)

<http://www.thothweb.com/index.html>

<http://www.geocities.com/~animalspirits/index1.html>

## The Ego



There is no problem with the world.  
The problem is with the human mind  
the ego.

It is uncontrolled ego  
that makes the world problematic.

A little more understanding  
and a little more compassion  
can create a lot of change.

Ego rules the world.  
People are helpless victims of their ego.

Sensitive people  
endowed with compassionate hearts  
are hard to find.

Find your own inner harmony,  
the beautiful song of life  
and love within.  
Go out and serve the suffering.  
Learn to place others  
in front of yourself.  
But in the name of serving others,  
don't fall in love with your own ego.  
Keep your ego,  
but be a master  
of your own mind and ego.  
Consider everyone,  
because that is the doorway  
to God and to your own Self."

**-Amma**

## **"The Learners will Inherit the Earth"**

"The Learners will Inherit the Earth"

"In times of change, learners inherit the earth, while the learned find themselves beautifully equipped to deal with a world that no longer exists."

Eric Hoffer

Contrary to popular belief, there is no such thing as an educated person. You are either learning or you are not. In today's world, it is vitally important that you see the truth in Eric Hoffer's statement. The win or loss, which is waiting in the wings for every person, is enormous. You get to choose which you will experience.

Examine what Mr. Hoffer said. There are two obvious parts to his statement. The first part is very clear; how well it is understood is another subject.

"The learners will inherit the earth."

That's pretty straightforward. I want to come back and elaborate on that statement because it is exciting, full of promise and possibility. However it would probably be wise to look at the second part of his advice first. Then, if you happen to fall into the category Eric Hoffer referred to, you can change your situation and win.

"The learned find themselves beautifully equipped to deal with a world that no longer exists."

In virtually every country of the world you can find individuals, thousands of them, walking the streets with degrees in their hands...degrees from prestigious universities. They cannot find work. Why? These individuals view the conditions and circumstances that surround them as very frightening. They are the people who Eric Hoffer referred to who "are beautifully equipped to deal with a world that no longer exists."

Look around, the world is definitely changing, and it will never be the same again. Power is slipping away, disappearing from some circles, and reappearing in others. Countries, companies and individuals who have held the power in the past are quickly losing it, if in fact, they have not already watched it melt in their hands. Their often smug, sometimes selfish, domineering, complacent attitude has cost them dearly. They are confused and this confusion is frequently fueled by their own ignorance. When that happens it ultimately leads to anger or resentment - sometimes both. This negative energy is then quite frequently misdirected, possibly at their loved ones, which then causes an entirely new set of problems.

These people are clutched by an unseen enemy and their frustration is endless because they are not sure what has happened or what is happening. Their world seems to be turning upside down.

The entire world is in the midst of a paradigm shift, which is unprecedented. There have been transitions in the past but nothing to equal what we are presently experiencing. The world is moving from an intellectual to a spiritual vibration. The rules for winning have changed dramatically and the majority of the populations are still living with the old rules. There are an enormous number of people in every community who have worked hard and disciplined themselves to follow the only rules they know...still they are losing. They are bewildered, confused and in many cases, angry and most feel their anger is justified, whether it is or not matters little. They are doing what they were taught by their parents, teachers, and employers. Unfortunately they too, were working with the old rules.

In the past, individuals were recognized and rewarded for what they knew. Corporations waited on the sidelines dangling monetary rewards attempting to attract the graduates from the big name universities of the world. There were the multi-million dollar MBA management development programs that corporations placed their hope in for years. Most everyone was conditioned to deify the intellect. Individuals were not properly recognized and rewarded for what they did.

Rather than focusing on what is or was wrong, we should let it go. Let the dead bury the dead. The world I grew up in is gone, forever. The world has changed. We live in the new era. This is a spiritual world governed by exact laws. Everyone who studies these laws and incorporates them into every aspect of their life will be richly rewarded. I believe we would be wise to go back to the promise Eric Hoffer shared, "In times of change, the learners inherit the earth."

The learners are continually preparing themselves to adapt to the changes. Rather than reacting they are responding to

these changes and they are responding in an appropriate manner. The learners are excited with the prospects of what this paradigm shift is bringing.

Bob Proctor

**The Master Within: Who and What is it?**



**Love & Light Too**

[Paradigm Shifter: You and I are one](#)

Date: May 30, 2007 11:01 PM

**The Master Within**

An individual, at the human level, consists of soul, mind and body.

While it is relatively easy to realize that one's true self is not the body, the soul and mind are so helplessly knotted together that it is almost impossible for us to distinguish the one from the other. Our human sense of self therefore consists of a fusion of these two.

This can be called the 'individual. Sometimes one speaks of the soul, but in the Mind regions this always means the soul and mind in combination.

The soul and mind, then, when simplified, purified and concentrated enough to leave the body, pass through the door of brightness, through the single eye or third eye, and there upon it enters the threshold of the astral realms where the Soul meets with the radiant, astral light form of Its own sacred blueprint, which is Its complementary part, or Pure Spirit. As disciples on the path, the meeting of our Soul with its complementary part form and materializes the Presence of our individual Perfect Model in our being. This Presence becomes alive and is cherished from within our mystical heart, in our inner sacred space, and in that holy

conscious space our hallowed Master appears. Just as in this physical plane the “Word” of God took form in the “flesh” and manifested on the physical plane in the physical body of Jesus. So too, when as disciples, we gradually awake on the higher astral planes, our consciousness, recognizes and attunes with its own Perfect Model. Hence, in the higher regions of the Soul, the “Word” which is the energized powerful Essence of the Spirit of God integrates and immerses in the body of a disciple taking for him/her the appropriate and recognizable form of divinity.

Our Perfect Model is the divine manifestation of our pure Essence, and the psyche is the bridge that unites us with our Perfect Model. How does it do that? When the psyche is purified, and the Images that emerge from it are holy, pure and sacred ones, then the Image of our divinity makes its Presence felt within it... and gradually the spiritual world and the physical one begin to merge, the physical world of the senses and the spiritual world of the sixth and seventh senses harmonize and begin to work in unison in a disciple who has awoken his/her Perfect Model in his/her own flesh. Hence we can say, that the Master Within and Perfect model has successfully been freed from its subconscious and unconscious imprisonment. We understand, therefore that when our Master within is freed, the Word penetrates and is personified as the Perfect Model in a disciple. The Word comes and becomes powerfully energized in a disciple only when the Master Within has left its imprisoned state within the ego of man... It is if you will the crucified Perfect Model, or blueprint that needs to be detached from the flesh so as to rise and ascend to its true source. The Holy Spirit descends on disciples only when their crucified divine part has escape the prison of the ignorant ego...

Hence, when a disciple begins to separate his/her divine essence from the ego self, he/she begins to perceive the astral form of the manifested appearance of the Master within, the disciple sees and feels it within his consciousness as a shining Presence with a deep



radiance, scintillating in the aura as if sprinkled with star dust, and permeating the environment with an atmosphere of great bliss and love. From then on, the soul is continuously encouraged to speed onwards – and the Master showers his/her incomparable love and blessings upon the soul and, moving inwards and upwards, the enraptured soul follows its destiny.

And this light form of one's divine Self 'talks' to and communicates with the purified psyche. And all its questions are answered. All possible guidance is given to that soul. In this world, many questions have no answers. Words are quite insufficient to describe the inner realities. But there, the awakener is ever present to guide. So, listening to the "voice of the Presence of divinity within our being, is like listening to the melody of the Word. We are washed and purified by the Word made Flesh... contemplating upon the light form of the Master, and receiving guidance at all times, our soul is continuously encouraged to speed onwards. "And with the love of divinity within us, we are drawn to trust and continue our quest.

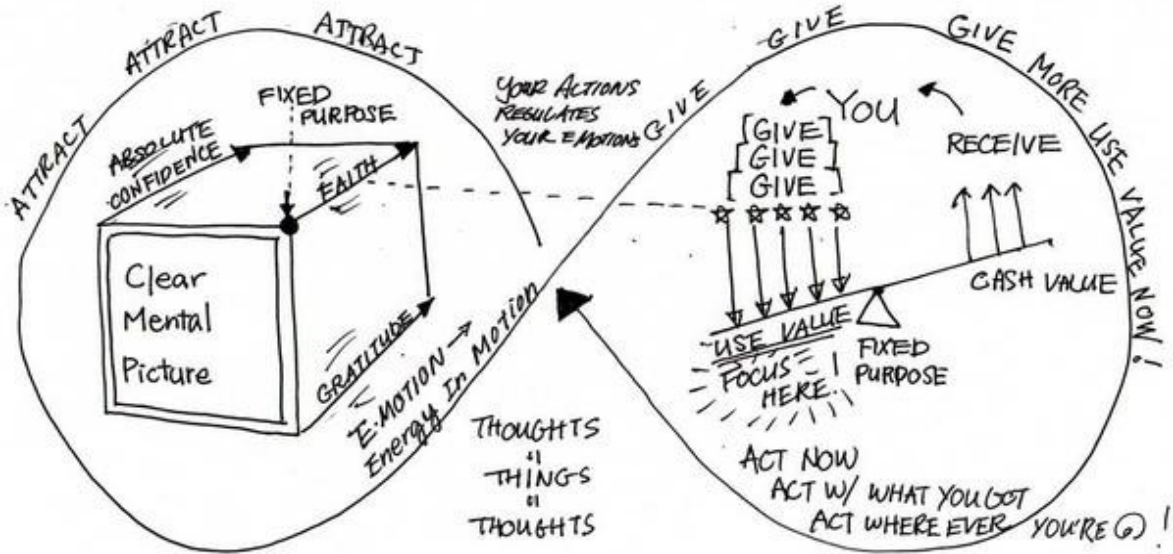
The light form of our Perfect Model, the liberated Master Within, thus constitutes the 'second coming' of the Master, as described by the Master Jesus in the fourteenth chapter of St John's gospel:

In my Father's house there are many mansions:  
If it were not so, I would have told you.  
I go to prepare a place for you.  
And if I go and prepare a place for you,  
I will come again, and receive you unto myself;  
That where I am, there ye may be also.

From the archives of the Hermetic website, [Plotinus.com](http://Plotinus.com)

THINKING IN THE CERTAIN WAY  
 "I AM SO HAPPY & GRATEFUL NOW..."

ACTING IN THE CERTAIN WAY



LAW OF ATTRACTION

LAW OF CAUSE & EFFECT

$$SGR = (CMP \times FP \times FGAC) \rightarrow GMUV \times AN$$





## The 3rd Eye

Please read below an interesting medical case you should know about:

"Until a few decades ago, scant attention was paid to the pineal gland. Then came the case in which a child was brought to a German clinic suffering from eye trouble and headaches. He was five-years-old and very mature, and apparently had reached the age of adolescence.

"He was abnormally bright mentally, discussing metaphysical and spiritual subjects. He was strongly group-conscious and only happy when sharing what he had with others. After his arrival at the clinic, he rapidly grew worse and died a month later. An autopsy revealed a tumor of his pineal gland." -

Berman, Louis, M.D.,  
The Glands Regulating Personality

Think about the above story. Other than the fact the pineal gland is effected by light and secretes melatonin, scientist and medical professionals really do NOT understand EXACTLY what the function of the pineal gland is!

Okay, fine.

But have any of you began to tie in the physical, bodily human death with this light functioning gland?

No?

Not yet?

Okay....

Now, there has been some confusion as to what the human "Third Eye" is and where it is located. This confusion seems to stem mostly from the location of the pituitary and pineal gland and the similarity of their names.



The "magical" Third Eye and the Ajna chakra have been mentioned in many religions as dwelling between the eyes, eyebrows, center of the forehead, etc., and its association with light.

In the 2nd century, Galen was the first to mention the Third Eye to the

West. He believed it to be a valve that regulated thought.

18th century French scientist and philosopher Rene Descartes believed it was the chief interpreter of vision and the "seat of the human soul."

In 1644, Descartes' theory of vision and interaction with the pineal gland is expressed in this woodcut. He believed light particles interacted with the eyes and the image seen (the light particles themselves) were then transmitted to the pineal gland - the pineal gland being the nexus between the mind and the body.

"In man, soul and body touch each other only at a single point, the pineal gland in the head."

In 1918, Nils Holmgrenin, a Swedish anatomist, referred to the pineal gland as the "Third Eye" because he discovered cells that looked very much like retina cone cells in the tip of the gland in frogs and dogfish sharks. AND, recent discoveries have found that the pineal gland in the Western Fence Lizard contains a photo-receptive element scientist called a "third eye" that protruded from the top of its head. Interesting.

- SOURCE: [www.suneye.org](http://www.suneye.org)

Now let me ask you a very interesting question:

**While napping or just falling asleep, have you been able to see the room you are sleeping in, or room(s) of your house/apt while your eyes have been closed?! You feel, you KNOW your eyes are closed, yet you can see as if your eyes were open!!!??**

*Are you with me?*

It has been said that the "Third Eye" is a direct doorway to your subconscious, or unconscious mind.

This may be true. The Ancient Egyptians studied this gland and understood its paranormal power. The headdress with the cobra snake protruding from the forehead exemplifies this symbology.

And it is said that the Eye of Horus and the Masonic Capstone on the top of the pyramid on the Great Seal of the U.S. dollar bill represents this understanding as well.



When activated, the pineal gland opens our subconscious and 6th sense and becomes the window, or doorway to the higher planes (realms).

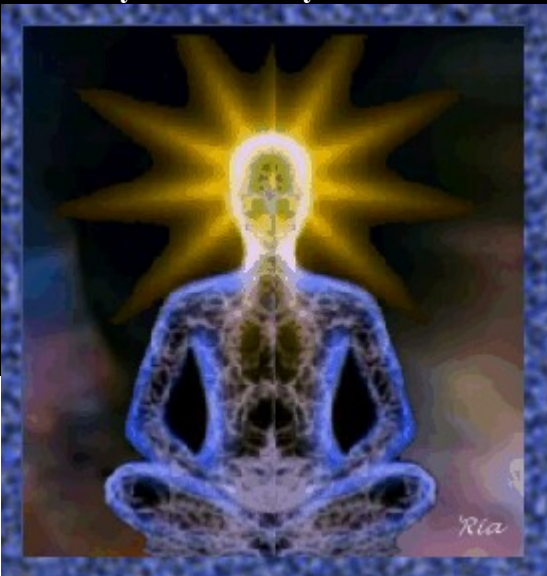
It has been said that during the day, the pineal gland synthesizes amino acids into serotonin, which is converted into melatonin at night. The pineal gland also produces pinoline. When pinoline interacts with serotonin, we fall into the state of consciousness called the dream state. This occurs about 2 hours after going to sleep.

Esoteric schools have long known that this area of the brain is the connecting link between the physical and spiritual worlds. Development of psychic abilities has always been closely associated with



the pineal gland.

The Crown Chakra reaches down until its vortex contacts the pineal gland. Prana is received, and with practice, the vibrational level of the astral body is raised and allowed to separate from the physical body.



**This is what is known as Astral Projection.**

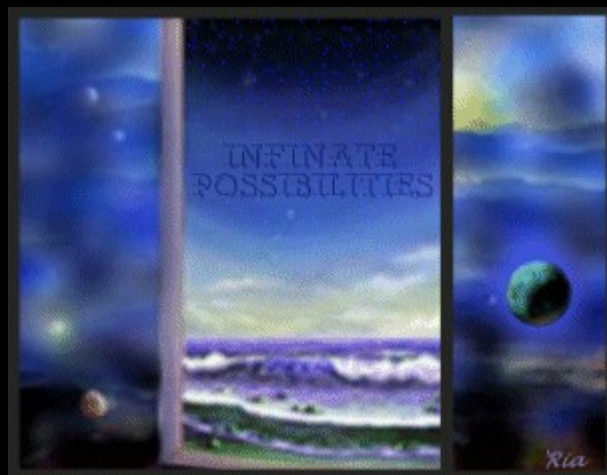


Once you learn how to activate and use this wonderful "Third Eye," you will perceive higher dimensions that will astound you. In order for this to happen however, a proper relationship must be established between your pituitary gland (personality) and your soul (operating through your pineal gland). Once this relationship is established, a magnetic field is created between the two glands, uniting the positive and negative forces to create the "light in the head." Once this "light in the head" is activated, the astral body can leave the physical body.

\* It should be noted that you will never realize any of this until you have properly prepared yourself. This preparation takes time, effort and DESIRE. I post some meditations that are designed simply to HELP you attain this higher level of spiritual education, so to speak...

... but the end result is and always  
will be completely up to you.

For now, this is all I will say about that.





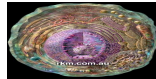
**BLESSINGS OF LOVE & LIGHT**



## boundaries revisited!

In honor of my mother's visit (there's a conference on commodity stocks in town she's interested in) and in self-preparation here's some thoughts on boundaries. I'm always learning about this when she's in town!

To start off with, probably the best analogy is that of a cell in our own bodies.



(Note: does anyone else see a similarity to a brain in that?)

The membrane in a cell does an essential function. It controls, among other things, what goes out and what goes in. This is essential, because analogous to us, what is food to one cell can be poison to another. Without a good boundary, health decays as the composition becomes a cesspool, good for little in the long term. Boundaries allow for choice, which is always a good thing.

Boundaries are also essential for clear perception. Without them, it is impossible to tell causal factors, such "what brought up this feeling?" Emotions and psyches are so enmeshed that eruptions occur without rhyme or reason. In a relationship, this most often shows up as drama. Strong emotion occurs, and because of the lack of clear boundaries, it is impossible to determine where it comes from. Thus there is a huge tendency for projection and condemnation.

This occurs even when positive intention is set. Our psyche and energy systems have their "waste products", much like the cells in our bodies mentioned above. Hence the term "shit"! But this isn't a bad thing either; as above, what is excrement to one can be food to another, even on an energetic level. However, in a close relationship it is likely the people are similar enough that this wouldn't be the case; hence the need for boundaries and awareness of actions.

Looking at two people are in a relationship and healthy boundaries aren't there (which is fairly common, as we as a society are learning about boundaries), I see two general patterns as coping mechanism.

- i. Distance/withdrawal. In this case, at least one person withdraws to keep the relationship peaceful and not too rocky. There is a spectrum of this, from conscious choice, to unconscious internal actions. An example of the latter is the overfunctioning/underfunctioning dynamic, where one person relinquishes self in a dance of withdrawal or inability to cope to the other person, who acts like they're the one who "has it all together". The former might include two people being "together" but living very separate lives; some societies have very rigid splits between men and women that help keep this distance to avoid drama and having issues come up.
- ii. Conflict and drama. Instead of distance keeping the peace, two people jump even closer together. This can be for a variety of reasons, from wanting to "figure out the relationship", to "resolving issues", to wanting the other person to "just get it", to a passionate pronouncement of love without awareness of self. Sometimes this results in conflict between the two parties, but it can also involve *triangulation*, where two people get close, but see all the froth of the chaos as being "caused" by a third party, which could be a person or even a political/social ill. This coping mechanism is more about constantly "diving in", because if new issues constantly arise you never have to see more fundamental, pervasive choices.

It's important to note that there may be underlying issues in all these behaviors, but a major factor is proper boundaries. Or to put it in other terms : knowledge of self. To have proper boundaries goes hand in hand with self-knowledge, and the perception of how complete you are as an individual.

Now, that's all background. So the question is, how are good, healthy boundaries achieved? Many people get the idea that establishing good boundaries is a constant war zone, where an uneasy truce is arrived at after warning shots. While that can be a boundary, it is not a healthy one, as it can all too easily escalate into an entrenched war zone.

**Boundaries are a form of Love.**

Although most people wouldn't see it as this, they do what they are meant to do: provide safety and protection, which is in itself a form of love.

**Nothing is lost by setting a boundary. Rather, it is a declaration of the person, yourself, that you are creating in the moment.**

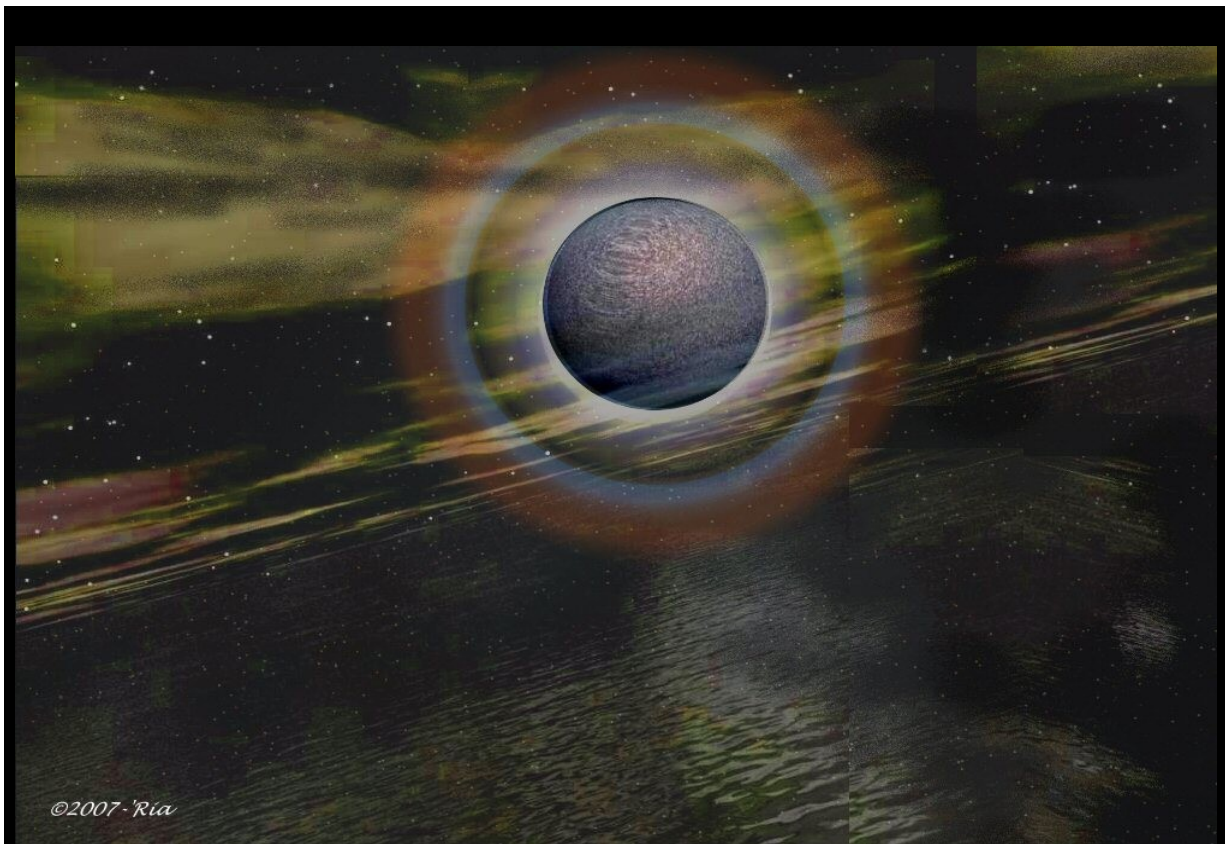
Because boundaries are a form of Love, they already exist naturally. You don't have to do anything. All you have to do is allow them. Boundaries are not cultivated from mammoth efforts. Rather, they are cultivated by allowing the complete expression of your full being, including self-protective elements. This may include elements unacceptable to the culture you live in, but so what? Your self is truly far too large to be contained in any culture.

Take a look at a cat being stroked. At some point, it will have had enough. If restrained or irritated by touch it doesn't like, it will set boundaries. For those of you not close to cats, this isn't done with any malice, nor attack. It is the allowing of a message from within that says : *what I need in this moment has changed from previous moments. Please listen.*

Apart from simply allowing the process, another essential factor is play. It's very hard to learn anything without playing! You try something out of a sense of discovery and fun, and watch the results. You then try something differently. There's no right or wrong, only a continual process of learning about Self. This is how children learn for so many years, until we educate it out of them. It's no accident that most learning in life occurs while this sense of play is unrestrained. Even though playing with boundaries can provoke irritation and ire, that's no reason to be too serious about it!

People may ask "but people often use setting boundaries as a form of control." That's true. If someone is triggered easily, they can be invasive on what's not alright with them. This IS based in protection and self-love, trying to take care of one's self - but if a large amount of pain exists then the area of protection desired may be so large it crosses into other people's lives. This is what control is. In which case, these people need help. And the best help is ALWAYS a good example - a living example of what a loving boundary looks like. It's by living examples we change the world; merely speaking words doesn't actually do that much, comparably. And yes, that gives me some humility!

## How to Enhance Your Spiritual Awakening



### How to Enhance Your Spiritual Awakening



The ancient Mayan calendars show that many different cosmic cycles converge and renew on December 21st, 2012. Many prophecies have indicated a period of chaos and confusion in the transition years leading up to this confluence of cycles in 2012. This is understandable as the old cycles are ending and many agendas of the Old Reality are rushing towards resolution and completion. Old issues, suppressed for years, are now bubbling up to the surface, demanding attention and resolution.



Today's level of stress is likely to increase even more as 2012 approaches. The best way to handle such stress is to be centered and to resist the temptation to be drawn into dramas and conflicts. Most of such dramas are due to other people working through their "stuff," and you always have the option to choose not to be drawn into them. Being in the now and focusing on what is – not what could be, or shouldn't be, or what might be fear-inducing – provides the key to balance in a world full of increasing stress.

Daily meditation enhances your ability to become centered and free of stress. Regular, daily meditation deeply enhances your spiritual awakening. Any meditation technique will do this,

although our Ultimate Meditation article provides a particularly effective technique.

### A Brighter Tomorrow



Imagine what will happen when enough people reach heart-centered consciousness and start finding New Reality solutions to Old Reality problems. Imagine what will happen when enough people open their hearts to a caring sense of responsibility towards other people and towards the planet. Imagine how things will change when more and more people just say “enough” to the tired ways of the Old Reality.



The Spiritual Renaissance which has become apparent in the West will sweep across the globe in ways that match the diversity of the different cultures on Earth. In the New Reality, the search for a higher quality of life will replace the old search for a better standard of living.



Imagine what will happen when enough people are no longer willing to allow the rising toxicity in the air that they breathe, in the water that they drink, and in the food that they eat. Imagine when more and more corporations no longer support the blind pursuit of profit and, instead, support the new standard of “Profit with principles.”



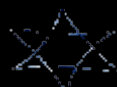
When enough people reach heart-centered consciousness, we will see the day when public servants serve the public before they serve themselves. Alternative healthcare will flourish and become mainstream, bringing health and wholeness instead of toxic medications which only mask the symptoms of ill health.



In a heart-centered world, people will no longer feel alone in a crowd and communities will be built with an eye for beauty as well as utility. People will find the work which brings them the most joy. They will prosper, because that is what happens to people who love their work.



It is an easy prediction to say that a better world lies ahead, because happiness is a product of heart-powered consciousness, and heart-powered consciousness is the exact destination of The Shift.



## I AND I - MESSAGE TO THE WORLD -

A gratefully received message from [LAND I](#).

Thank you so much for showing support but more importantly thank you for letting me know that I am not alone in the struggle - We are rising, the army of light is slowly but surely starting to come together and connect - We will stay connected and never let any of our people fall -

Together with the power of introspection and honestly dedicated minds striving for love and the evolution of mind will pose a significant threat to evil - those who seek to divide - those who seek power and control - and those who seek to indoctrinate and take control over the direction of our thought -

Remember, when we find ourselves in question we have the power and ability to not only answer it, but also learn from it. Our questions and our very own answers will provide us-

Everything we need and all the available resources are at our disposal, they are plentiful but one in question is at risk of separating oneself from the universe of love, light and those who share it

A difference of opinion between two who are as one is commonly a mere difference in understanding - if we work together as one with a strive for love and knowledge and an understanding of our Earth, the Universe, land water, air, etc.

we will work with each other and avoid conflict between ourselves so that the forces we work against can have no room to feed.

Should confusion, contradiction, or argument arise in the minds of anyone who seeks knowledge or understanding- that bearer of light shall find his way and thank the universe for leading them so, and claim responsibility for the result of their actions - this will initiate change in the self - and with the power of knowing how we create our own realities -

We will lead an evolution of minds so strong that we will protect ourselves from the evil that seeks to destroy it - and in the end, any of those who are divided will stay on the dimension that locks their mind and ultimately seals the fate of those who wish to evolve past such ignorance and evils, so that for the next period of time no one will take part in such evils or serve them, thus eliminating them altogether from the human experience.

We must spread the word - to all cultures - all those who feel they are trapped as evil guides them to believe the world is on the brink of war and the apocalypse is near - the apocalypse shall serve as punishment to evil - those who recognize evil wherever it may go will remain protected from it - and as we close our eyes to the chaos that ensues - the plot will thicken and our curiosity will poke at us, we must be sure to know and truly believe in ourselves - that the end is merely the end of evil and the beginning of the greatest period of creation and freedom will be the result of the Earth purifying itself of the disease that has indoctrinated the minds of the souls that were born into bondage and slavery - whose thoughts have been so dismissive and closed to the infinity of options and ideas and thoughts that the universe allows.

In this time, this great period, the period of "time" where the veil has been lifted, the great empire, which has been held at bay in the grips of the greatest minds, has been destroyed. On the first year - 2001 - marks the beginning of the actual millennium (The calendar begins with the year of 1 and not 0) - we are smack dab in the center of the period of learning and mass enlightenment that shall usher in the change that takes thousands of years - the great transition from the age of Pisces - an emotional upheaval and distress to the age of Aquarius where the sense of community and a deep empathy for life and Earth - the home of Humans beings - who have been undergoing the test of rigorous lessons through experiences - a number of situations where we have felt the burden and a deep sadness for the oppression and the evils of our ways

As these lessons begin to teach themselves to all who recognize their spirit and the spirit of everything that it connects

to ourselves and the universe - Humanity will work towards re-building the minds of those who are lost and struggling to take hold of their own soul – as well as provoking a mindset that is nurtured in thought – love – and that will repair the damage we have done during this period of history that is all that is known to still many who seek.

The prejudices of those who submit to close-minded and selfish arrogance will not survive when the soul is the only thing left guiding our minds. Anything can happen – Humanity will be free to create and think and inspire – the arts will be endowed by all – The limitations of the mind will be lifted when all the cultures begin to transpire ideas and inspiration to our great minds.

The knowledge and light is the source of our power – our thoughts and positive ideas radiate this wherever we shall go – The ignorance of bureaucratic doublespeak and political propaganda of every sort will only lead the source of evil to its own grave, as those who follow virtue and honesty and compassion in any way become the mainstream. This will allow for the redistribution of the wealth and freedom to those whom wish for nothing more than to create and be part of the genuine human experience from which they draw their inspiration.

Technologies that have taken part in the enslavement of our freedoms and abilities through the inevitable construction of the self-perpetuating economic prison cell of the many will leave the power in the hands of those who serve the greater human purpose. Many technologies have been suppressed, and in the face of sheer compassion of humanity and the vast network of trust and understanding in the spirit and our home in the universe, the current technologies that have been sucking the life of this planet to near extinction will be challenged.

No longer will the truth of the most obvious and integral sources of free electricity be ignored by the people, and the public that will take it upon themselves to see that everyone in need is not left without the basic necessities of life. No longer will the truths of the ability of sound waves and frequencies to abundantly create the RENEWABLE and universally sound resource of hydrogen remain a secret.

With even the greatest forces of evil through blatant and despicable acts of violence that have gone ignored be an option when the people guide themselves and recognize the spirit that is shared. We will not only recognize the attempts of evil and those who serve it, but we will make radical changes and once again be in control of our minds and the minds of those who seek and serve humanity with compassion and a universal understanding of our co-existence with ALL living things that are the result of All of the universe.

With control of all aspects of everyone's lives in everyone's hands, there will not be a political, economic, or personal interest involved. There will be no form of mind rape which once served as the means for implementing a self-governing system of evil and corruption that in the days we will leave behind are only reminders of the great lessons they served to teach us as what we will thereafter understand to be intellectual life on planet Earth.

It can be argued until the end of time as to an appropriate "form" of government. Many will be unsure of themselves and will continue to retain the audacity to question the power of the soul that provides the integral. When they agree to learn to trust themselves and their soul they will understand respect and will no longer question the ability of one who is dedicated to the soul. One who is dedicated to the soul will be in recognition to the universal spirit that is equivalent to the soul and spirit of others, and all life they encounter.

It is little more than childish and naïve of one who would think that a system of control is necessary. Historically as we know it – however impractical and overall skewed it may be, we see the effects of the prejudices and preconceptions of others on the youth. They are impressionable minds because they are born with little more than instinct. Through a beautifully complex system of genetics, the ability is left to the complex functions of proteins, chemicals, and other biological wonders that serve as a means of structuring such complex life forms into a system capable of learning and surviving with what is available to them in their unfamiliar surroundings.

Ideas that are the product of certain evils and despicable separations that we have all cast upon ourselves at one time or another inhibit the natural learning process and become the basis for programming the biological computer-like brain which will result in conditioning that not only weakens the mind each time an idea is given to it without the process of choice and self-learning, the minds not only become extremely weak and one-sided, but also fall victim to the result of carelessness.

By creating environments through closed-minded thought patterns like this in any way, one is directly disrespecting the perfect and precise workings of the universe in which they are part. Still, the problem that results is one of great despair,

because others who feel the need to blame others for any of the trouble that resulted is indeed attempting to blame them for their ignorance, and in order for that person to have been at fault, it is understood that they purely and honestly did not know the result of their action, because they were the product of the very cycle that we must bring to an end. If you blame that person, then you must blame those who raised that person and caused that person to learn and exhibit what he was taught, and blame the ones around who influenced the person who raised them and so on and so forth. It's called a cycle for a reason, and it will continue as we continue to blame others. Set aside the blame – It serves no purpose other than reinforcing the purpose of evil.

The layers and layers of thought forms and the products of humanity's conditioning and actions are all recognizable in everything we look at, become part of, or are affected by. These are the limitations put on our minds and our ability to understand the vast expanse of possibilities of our universe. One who does not see the effect they have on their actions – and does not understand the effects of these actions – usually is not only ignorant of them, but are benefiting from them. This has resulted in the worst kinds of evil as the trail of dominoes fall from each action.

No one is to blame or at fault other than our very own selves. It is quite necessary that the events of the past few thousand years echo throughout the hallways of time and never stop teaching us what where we went wrong. Religious persecution, racism, prejudices, etc. These things all led to horrible mistakes that never stopped telling anyone that we must learn from them, many just stopped listening.

No longer will the mass of public continue to believe that they know the majority of what can be understood. They will realize that what they know has stopped them from knowing anything of actual value. And by value of course I mean a value that is not a commodity. A value that cannot be measured in currency and traded back to the holders of the money in exchange for a petty product or service that only serves to perpetuate the exponential multiplication of the effects these evils have on everyone's way of life.

Those who have not yet recognized the obvious lessons we have learned will soon do so as it becomes less and less deniable. They will see that money, power, famine, poverty, war, death, disease, and all other evils are associated and we are the only ones who can destroy this virus and work towards undoing the damage of the times these lessons were taught. The hardest thing about all of this is explaining how much many people are missing, only they can find out for themselves, which isn't as likely as one would think. On the other hand many will dismiss this in every way shape and form. They will refer to it as this and that and they will only build the wall in their mind higher until they can no longer see the towering evil above them that eats away at its very own self until it collapses and consume those who refused to recognize the lessons of the past few thousand years.

The biggest challenge the future will face are the many people that remain a sort of cushion, the structural support for the very machine that powers itself – knowingly or not – through acts of evil so great that there was once a time when humans worshipped this exhibition of power in near unanimity. This machine is so disruptive to life in the universe and once it has been built, it will inevitably crush those who stand in its path, and refuse to see that it is ultimately the plague and very reason we have caused so much destruction and turmoil in our near history.

When you submit to or are born into a government or mode of control, it is not only overt control but it is the most powerful and unrecognizable mind control machine that we ourselves built and once subdued, support and unknowingly indoctrinate the minds of others yet still persecute anyone with another thought. If someone provokes your thought – you should thank them – no matter what they know or you know or think you or they know, the only thing that is certain is that you do not know what they know or how they know it. Our minds are as strong as we believe they can be.

The evil that the many will not see is in every form of evil. Structured elitist mob ruled governments – as they have always been serving the interest of certain groups with certain motives. Evil tyrants and protagonists who are so blind they view the human race as something that should be extinguished. These are the people who never understood all the experiences where the beauty and grand power of the universe and spirit have with the infinite power they retain reached out and tried to grasp their minds and make them question. Many of these resulted in failure and it is a great tragedy to see a mind go to such waste as it does nothing but attempts to waste the mind of others.

Many with political power orchestrate the trafficking of illicit drugs such as heroin or cocaine, and again are the very same profiteers who influence these utterly mindless laws and rules and regulations that only hurt the public, while simultaneously making it easier for them to control the masses by giving them the only way of obtaining basic necessities. We must buy them. With money given to us by the corporations who control our very interest and are stuck in a constant loop of business and meaningless material value.

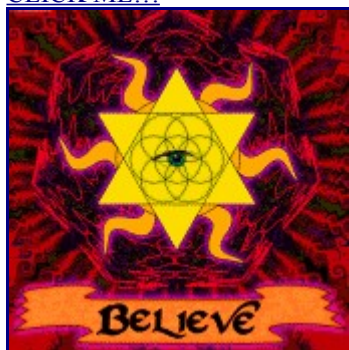
We are all human, and we are all capable of compassion, which is what serves as the very desire for someone to deny even the most obvious of the horrid evils that have didn't just maintain the source of the evil but ferociously feeds off of anything and everything in its path and grows. The time has come, with few supporting the weight of such a growing cycle of evil, we will be free from it. Those left at the feet of this great evil will only snap out of the trance as it begins to crumble. Many of them will not be successful as they try to escape this evil that was so apparent – what they thought was in their best interest – served the purpose for an interest – they refused to acknowledge that much existed outside of their way of life, and the machine that fed on its own evils kept them subservient with money, keeping their minds busy, engaged in feast, unhappy relationships, striving to indoctrinate their own kin and doing as they were taught by this machine. With at least 25 –30 years upwards of 60 years of life on this Earth, They never asked why, and never cared, because it wouldn't be accepted that life is any other way.

For every reason that will be used to further deny the truth of the reason and methods of the roots of all forms of evils, these people will reinforce their own blind ambition and soon we will be powerless to help them.

Those who stand their ground out of sheer ignorance will keep this concentrated evil from destroying itself because it will be feeding on their very thought energy. When one who is concerned out of sheer compassion and who grows tired of the limitations imposed will try to help these people, they will be putting themselves against the most dangerous force. A program mind will need so much direct evidence and an explanation of it, which after long tiring efforts will still most often result in denial and dismissal. The only actual chance a person presenting such a challenge has is to think, all we can do is provoke that persons thought, we cannot choose whether or not they actually think. These people among the ones who actually run this machine will have posed the greatest threat to humanity, as we know it. It exists in many forms, and many will have spent too much time content and ignorant as the effects of thousands of years of evil took hold with the purpose of showing us this clear, concise and obvious path we are to travel should we desire to continue evolving and expanding through the universe.

Undoubtedly, various techniques and technologies have been used in a number of ways with different technologies and tools throughout the universe. None of the effects of these things will ever match the power of the place where it originated, the mind. For a brief second in the infinitely stretched history of the universe, the mind created something that grew and held its very creator captive. Coupled with compassion, understanding and not just respect but an actual love and desire for the wonders of diversity in all cultures and their creations and inspirations displayed through every form of art, one will recognize the severity of this evil which has plagued the planet with the purpose of teaching us something, how to evolve, how to advance, how to truly experience life as it was is and always will be meant to be lived.

[CLICK ME!!!](#)





**If it feels good is it wrong?**



The hypocrisy around the subject  
of sexuality is huge.

Early on,  
there were others  
who were a lot more interested  
in you satisfying what made feel good  
than in satisfying what made feel good.

There were so many things  
that you felt inclined to go way,  
that you were forced to go way,

and at an early age,  
you made a conscious decision  
that if it felt good,  
it was wrong.

And if it felt wrong,  
it was probably right.

## Love

### Kahlil Gibran on Love

When love beckons to you, follow him,  
Though his ways are hard and steep.  
And when his wings enfold you yield to him,  
Though the sword hidden among his pinions may wound you.  
And when he speaks to you believe in him,  
Though his voice may shatter your dreams as the north wind lays waste the garden.

For even as love crowns you so shall he crucify you. Even as he is for your growth so is he for your pruning.  
Even as he ascends to your height and caresses your tenderest branches that quiver in the sun,  
So shall he descend to your roots and shake them in their clinging to the earth.

Like sheaves of corn he gathers you unto himself.  
He threshes you to make you naked.  
He sifts you to free you from your husks.  
He grinds you to whiteness.  
He kneads you until you are pliant;  
And then he assigns you to his sacred fire, that you may become sacred bread for God's sacred feast.

All these things shall love do unto you that you may know the secrets of your heart, and in that knowledge become a fragment of Life's heart.

But if in your fear you would seek only love's peace and love's pleasure,  
Then it is better for you that you cover your nakedness and pass out of love's threshing-floor,  
Into the seasonless world where you shall laugh, but not all of your laughter, and weep, but not all of your tears.  
Love gives naught but itself and takes naught but from itself.  
Love possesses not nor would it be possessed;  
For love is sufficient unto love.

When you love you should not say, "God is in my heart," but rather, "I am in the heart of God."  
And think not you can direct the course of love, for love, if it finds you worthy, directs your course.

Love has no other desire but to fulfill itself.  
But if you love and must needs have desires, let these be your desires:  
To melt and be like a running brook that sings its melody to the night.  
To know the pain of too much tenderness.  
To be wounded by your own understanding of love;  
And to bleed willingly and joyfully.  
To wake at dawn with a winged heart and give thanks for another day of loving;  
To rest at the noon hour and meditate love's ecstasy;  
To return home at eventide with gratitude;  
And then to sleep with a prayer for the beloved in your heart and a song of praise upon your lips.

# Masonic Astronomy and Saint Louis' Gateway Arch

Mundane Astrology

by Ed Kohout

---

Masonic Astronomy and Saint Louis' Gateway Arch



Photo courtesy of and © Robert F. Arteaga, JNEM.

## The Modern Masonic Monument

One of the most awe-inspiring monuments in the USA is the Gateway Arch in St. Louis, Missouri. Built in the early 1960's, this towering structure was an engineering feat of no small order; to this day it is the tallest monument in America, and second only to the Eiffel Tower in Paris in height. Standing on the grounds of the Jefferson National Expansion Memorial, located on the riverfront of downtown St. Louis, this elegant steel glissade dominates the skyline of the oldest European city in the Midwest. Visitors from around the world marvel at the grandeur of this mega-structure of steel.

When approaching St. Louis from Illinois over the Mississippi river, the Arch stands out as a giant. The design is timeless in its simplicity, regal in its play on light, modern in its form, but perhaps the thing I recall most about how it made me feel when I first saw it as a youngster was the playful sense of comfort that it suggested to me - strength of steel cast into a delicate curve of harmless beauty.

Beyond this technological and architectural triumph lies a monument tied to a much deeper symbolic setting that connects Thomas Jefferson, westward expansion, and the Louisiana Purchase into a wider historic reality that is Masonic in both spirit and measure. Great monuments of this stature tell us more than what is visible on the surface; they also represent "where" and "when" we are -- both physically on the face of the Earth as well as in our cultural evolution -- and thus are testaments to the values of our society's political craftsmen. As we will see, this monument is a marker of both time and space, anchored into the ground by visionaries that have kept a sacred geometric and geophysical astrology alive for centuries in hopes of freeing mankind of tyranny and oppression.

Envisioned and designed by architect Eero Saarinen in 1947, it ended up being the final construction project of his brilliant career. When asked why he thought an arch would be a good symbol for the JNEM, he said,

"The major concern here was to create a monument which would have lasting significance and would be a landmark of our time. An absolutely simple shape -- such as the Egyptian pyramids or obelisks -- seemed to be the basis of the great memorials that have kept their significance and dignity across time. Neither an obelisk nor a rectangular box nor a dome seemed right on this site or for this purpose. But here, at the edge of the Mississippi River, a great arch did seem right. The arch could be a triumphal arch for our age as the triumphal arches of classical antiquity were for theirs."

This statement will seem more symbolic after we analyze the astrology, geometry, and numerology surrounding the design construction of this alloy giant. Mr. Saarinen, as any other artist, drew inspiration from somewhere. After all, this was not the first stand-alone arch in the history of man. The Brandenburg Gate comes to mind, as does the Arc d'Triomphe in France. These arches are variations based upon the original Roman Arch design, which was borne more out of practicality than symbolic gesture. Arches were for architects the most stable and economic form for construction of large stone edifices, be they simple aqueducts or larger Cathedrals. The shape allows itself to support its own weight while allowing large space for inhabitants underneath, with relatively little material.

#### Forms in Freemasonry: Arch, Solstice, Luminaries, and Cardinal Points

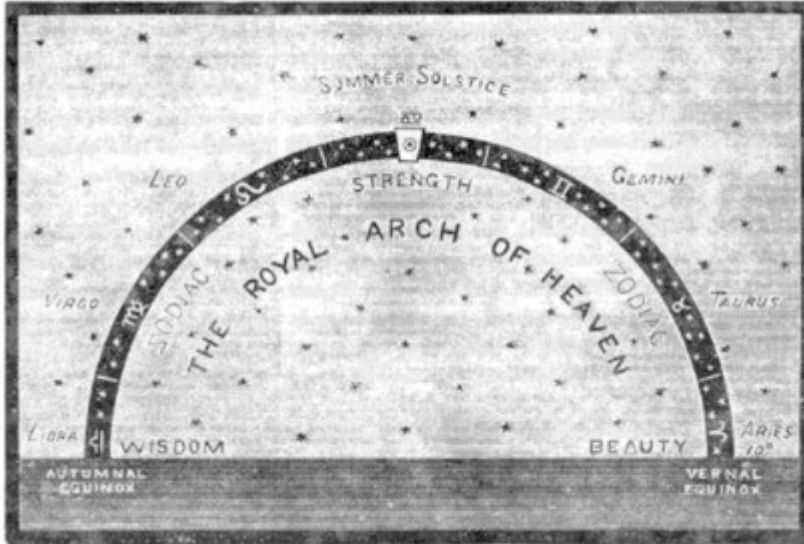
The shape of the Gateway arch is that of a catenary curve, and not a parabola as most people assume. A catenary curve by definition is the shape of a length of hanging chain. This term is also applied to the electrical lines that are suspended above electric train cars, but these lines are not technically catenaries. Nonetheless, the shape of the Gateway Arch is a perfect catenary, and this is perhaps the strongest kind of arch in terms of supporting itself.

Alfred E. Waite, in his New Encyclopedia of Freemasonry, speaks of the Catenarian Arch:

"There are two points from which this form of arch can be approached; the first is that of architecture, and it is proverbial in this respect that there is no curve in Masonry which approaches the catenary in strength; as regards the second, it is summarised in the simple statement that in its

due and proper arrangement every Royal Arch Chapter approaches as nearly as possible the form of a catenarian arch. Of all that arises herefrom and belongs hereto it is not possible to speak: the motto is: Come and See. The word catenarius signifies chained or linked."1

There exists in Freemasonry the concept of the Royal Arch of Heaven, which is based upon astrological principles. In 1949, George Steinmetz wrote of the Royal Arch:



"Without some knowledge of astrology it is impossible for any one to fully understand the symbology of the Royal Arch degree, or for that matter Freemasonry, for it is replete with astrological references."2

Robert Hewitt Brown's *Stellar Theology and Masonic Astronomy* depicts his understanding of the Royal Arch with this next image. Brown gives the basic idea of the concept of the Royal Arch, but in some ways the particulars of the graphic are misleading, compared to what Brown relays about the graphic:

"The accompanying diagram of the Royal Arch is but a geometrical projection, and, therefore, gives nothing more than the relative positions of the various constellations and signs of the Royal Arch. The summer solstice is represented as the key-stone of the arch, and has the astronomical sign of the sun inscribed upon it, showing that the 21st of June the sun is exalted to the summit of the arch."3  
Robert H. Brown's astronomical rendition of the Royal Arch.

The graphic is incorrect as to where the keystone should be "placed," as it is shown in the middle of Cancer, where it should be on the cusp of Gemini/Cancer, as this is the precise point that the Sun "exalts" itself on the 21st of June.



A more elaborate graphic (taken from Ovason's *Secret Architecture*) that was popular in the late 18th Century and renders the same idea can be seen at the left. Here, the progression of the signs is from left to right, and we see the sign of Cancer as the entire keystone. The reason that the signs appear to be going in the wrong direction is that we are looking into the "temple" from the outside. Notice that a cluster of 7 stars float below the keystone, which are symbolic of the Pleiades. Notice also the heraldic shield that depicts an ox, an eagle, a lion, and a man. These are direct references to the fixed signs of the zodiac, namely Taurus, Scorpio, Leo, and Aquarius. The Sun and Moon hover above the arch, and above the two pillars that support the arch. These pillars are called Jachin and Boaz, are sometimes simply labeled as J and B, and are important elements in understanding the Royal Arch via operative Masonry.

Figure 2 The Masonic Royal Arch

The early beginnings of temple building, allegedly dating back to the megalithic cultures of the Mediterranean, used certain techniques to plat structures that would result in foundations perfectly aligned to north, south, east and west. This could be done with precision by tracking the path of the rising Sun's shadow over the course of an entire year, and marking where the shadows intersect a larger circle drawn on the level ground. A perfect circle was easily attained by driving a stake in the ground, tying a rope to the top as a tether, and inscribing a circle in the ground by walking around the circle with the rope stretched to give an equal radius. From this, an exact north/south alignment could be reckoned, and on this north/south line, two pillars could be erected at some predetermined spacing.

Once the two pillars were in place and standing perfectly upright, two important measures were taken. The first was to mark the path of the shadow cast by the northern pillar from rising Sun of the summer solstice, and the second was to mark the path of the shadow cast by the southern pillar from the rising sun of the winter solstice. The point where these two lines intersect would then become the center of the rectangular floor of the temple. The trick was in determining the precise dates of the solstices, but over successive observations, the solstitial risings would obviously be seen as the

days in which the pillars cast their most extreme angular shadows.

As Speculative Freemasonry emerged, it took these technical tools and crafted them into purely symbolic motifs, as seen above. Jachin and Boaz are actually cryptic names for the luminaries. Jachin is derived from the Hebrew word for the Moon, Jarac, and thus the "month" was called Jachin. Boaz is derived from two roots, "bo," motion, haste; and "az," fire, i.e., the moving fire.<sup>4</sup>

Effective occult symbolism operates on many levels simultaneously that evokes our perception of the interconnectedness of seemingly discordant aspects of our world. Masonic symbolism is perhaps the epitome of this level of thinking, and is invaluable to our understanding of astrology's relevance. The very basis of the Royal Arch is that of the Sun's travels through the zodiac. The ecliptic, which is the center of the band of sky called the zodiac, is defined as the path of the center of the Sun. A graph of the Sun's declination is the basis of the arch shape in the Royal Arch:

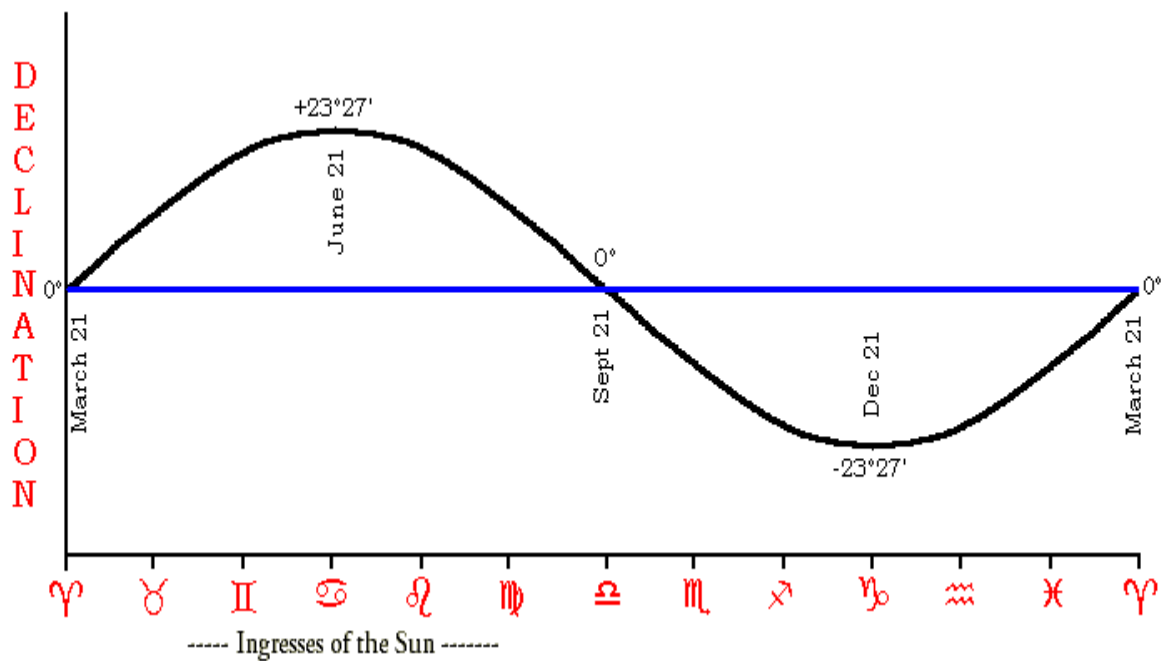
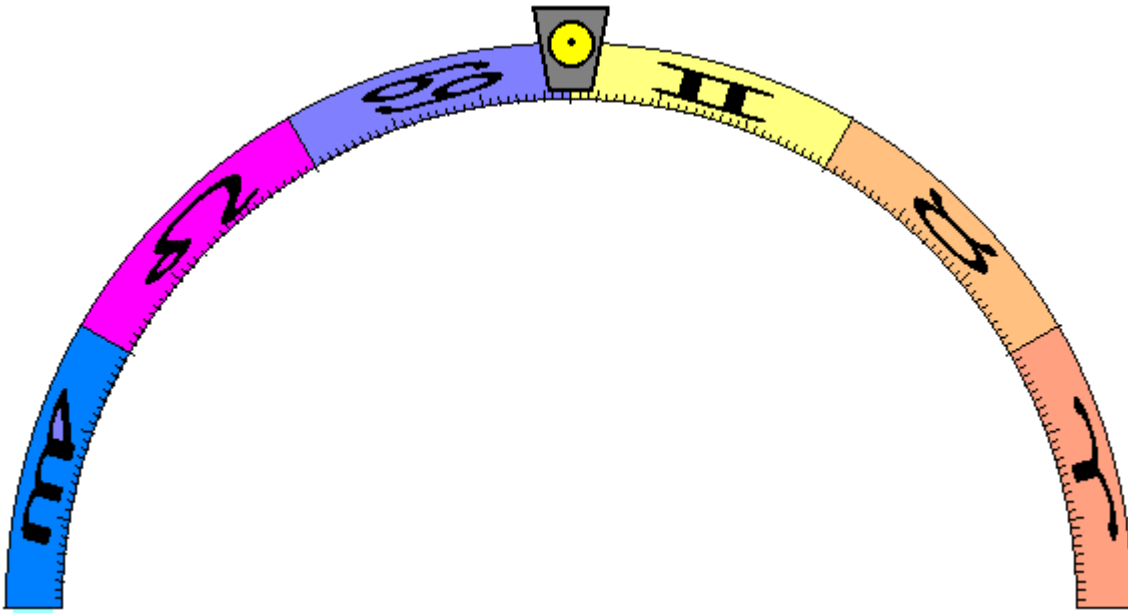


Figure 3



A better rendition of the meaning of the keystone would be to have only the first 6 signs of the zodiac in a semi-arc, and to place the Sun's symbol at the cusp of Gemini/Cancer:

Figure 4

In pure astronomical terms, the Royal Arch is simply the Sun's ingress into Cancer, where it attains the highest declination of its journey through the zodiac. Masonic symbolism throughout the craft pays reverence to the Sun as the giver of life, and light, to mankind and to the world; its proper exalted spot is therefore where it is most elevated, and this is June 21st in our calendar.

Furthermore, this exalted point of  $0^\circ$  Cancer symbolically represents the gateway of life from the etheric realms into the material world. This concept is nothing unique to Masonry, as it was significant in ancient cosmologies, and certainly the ancient Egyptians.

This point has an opposite, that of  $0^\circ$  Capricorn. This point would reflect the opposite sentiment of  $0^\circ$  Cancer, or the gateway from the physical realm to the etheric -- the process of death, and is therefore suitable for memorials. This point is where the sun is lowest in declination, as seen in Figure X. Simply, the keystone is transited by the Sun on June 20/21st, the first day of summer, and the keystone's antithetical counterpart is transited by the Sun on December 21/22nd, the first day of winter. In keeping with this theme, the Jefferson National Expansion Memorial was dedicated in 1935 on December 21st!

This was no ordinary winter solstice in astrological terms, as will be revealed shortly. Technically, the winter solstice in 1935 occurred on the 22nd of December in Saint Louis. If our symbolic pattern is to stand up, we should be able to find a reason for this discrepancy. The answer may be found in the history of the Louisiana Purchase, for which St. Louis would become the de facto capital under the guidance of Thomas Jefferson in 1803, 132 years earlier. (132 is a factor of 33, as  $4 * 33 = 132$ . More on this later too!)

The two important dates surrounding the legalities of the Louisiana Purchase are:

Louisiana Purchase Treaty (April 30, 1803)



Authority Given to the President to Take Possession of the Territory of Louisiana (October 31, 1803)

The Louisiana Purchase treaty was signed in Paris, but an interesting astrological event occurred over St. Louis in the early morning that resembles the Sibly fixed star scenario as outlined in The Riddle of the Sibly Chart. Again, we see that Luna is conjunct the Regulus/iota Aquarii axis, and thus square to the Pleiades, highlighting the Masonic fixed star "square":

**Louisiana Purchase Treaty**

**Event Chart**

Apr 30 1803 NS  
2:08:47 am LMT +6:00:44  
Gateway Arch, MO  
38°N37'31" 090°W11'07"  
Geocentric  
Tropical  
Placidus  
True Node

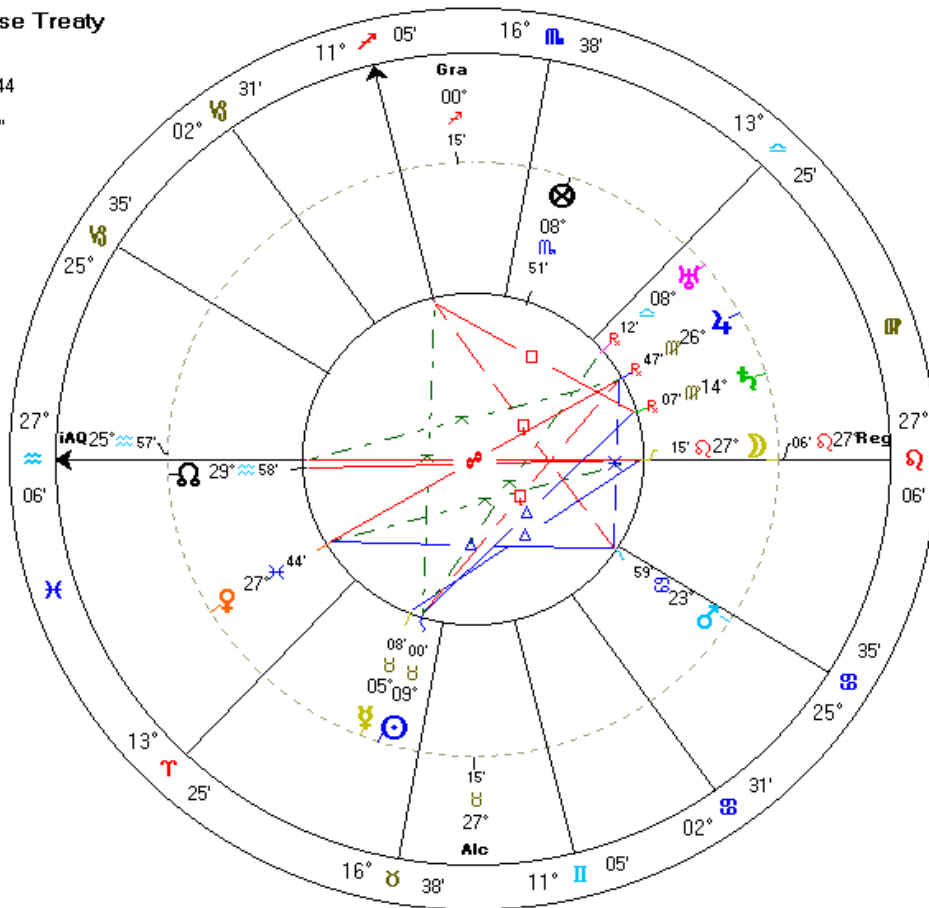
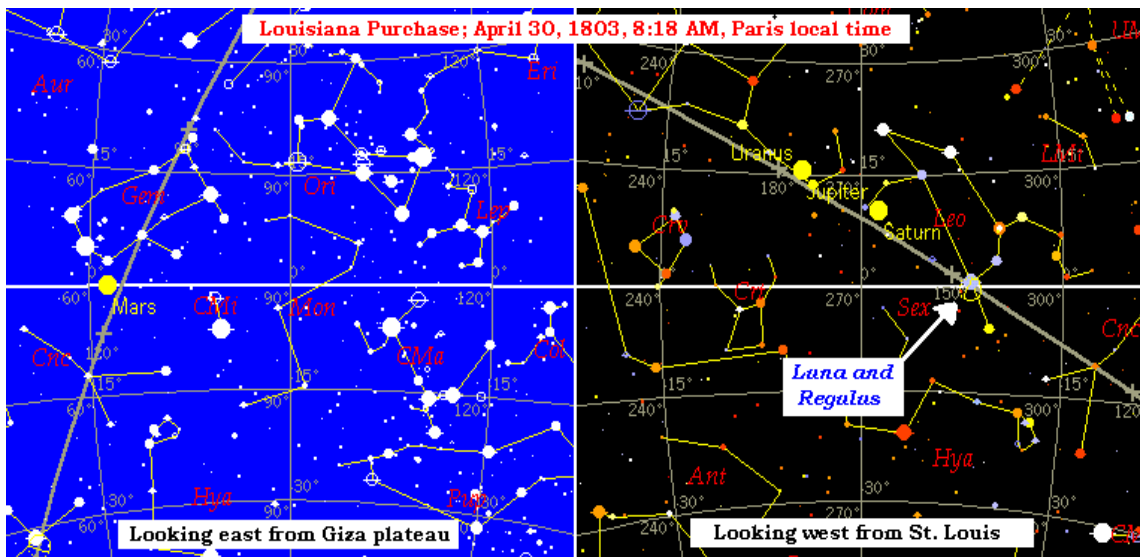


Figure 5 Iota Aquarii rises as the Moon and Regulus co-set over St. Louis, USA, in this rare astronomical event that resembles the Sibly fixed star alignments.



More amazing is the geodetic relationship between St. Louis and (once again!) Giza, Egypt. As Luna and Regulus co-set at the future site of the Gateway Arch, Mars rose at Giza:

Figure 6 Mars rises over Giza at the same moment Luna and Regulus co-set over St. Louis.

This kind of geodetic astrology is commonplace in Masonically-influenced events of note, and it is the mission of this author to elucidate this pattern that is so pervasive in American history.

The date of the treaty may seem familiar as the same calendar date of the first Presidential Inauguration in 1789, 14 years earlier. The Inauguration date of George Washington may have been chosen to honor the deputation of the first Grand Master of New England by the Grand Lodge of England in 1733 (O.S.). Freemasonry was active in the Colonies prior to that date, but painstaking research has proven that Henry Price was deputed by Grand Master Lord Viscount Montague on this date, and that this was the first deputation to be realized on American soil.

The date of the Congressional resolution is more familiar as Halloween, better known before the 18th Century as "All Hallows Eve," or "All Saint's Eve," in celebration of November 1st as the date to honor all Saints. Saints attain sainthood only after death, and November 1st was a fitting date to sanctify as "All Saints" as it was the festival of Samhain when the Earth was thought to enter a zone of death -- currently known as winter. Calendrically, this date coincided with the acronycal rising of the Pleiades in the pre-Carolignian era of Europe, and this fact makes the following chart interesting:

**Cong. Authority for Louisiana Purchase**  
**Event Chart (2)**  
 Oct 31 1803 NS  
 11:44:32 am CST +6:00  
 Gateway Arch, MO  
 38°N37'31" 090°W11'07"  
*Geocentric*  
*Tropical*  
*Flaccius*  
*True Node*

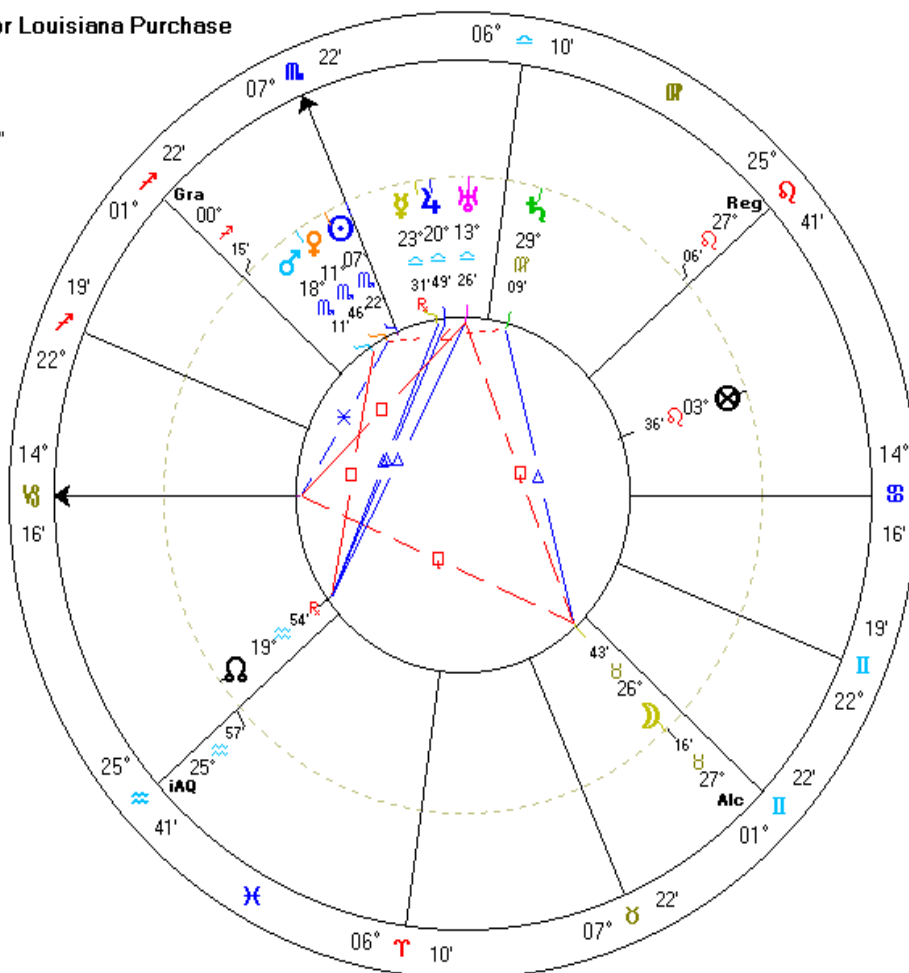


Figure 7 Noon chart for the Congressional Act of October 31, 1803, drawn for St. Louis.

November 1st and May 1st (May Day), two of the four mid-quarter dates, were celebrated as the ends of fall and spring and beginnings of winter and summer in much of Pagan Europe before and during the Medieval period. The Church preempted the dates for Christian observance as the reach of Charlemagne's Rome spread to the north, and the Christianization of the old festival dates was mostly complete by the Carolignian era.

This process of "Santining" the old calendaric festivals was an attempt to reach out to the pagan community for Political cohesiveness throughout Christendom, and thus the correlations are vague or unknown to many Protestants. However, scholarship has shown that the ancient Celtic and Druid calendars did incorporate these dates as seasonal markers, now recognized as the middle of the fixed signs of Taurus and Scorpio, or the beginnings of calendrical (meteorological) summer and winter, respectively.<sup>5</sup> The fixed stars associated with these dates were, in those days, the Pleiades/Alcyone (eta Taurii) and Graffias (beta Scorpii). These stars were also half of the grand square of the sidereal zodiac, with Regulus (alpha Leonis) and the nameless iota Aquarii. Positions in the tropical zodiac due to precession are as follows:

```

.> ..R1C1-->Star ..R1C2-->2000 AD ..R1C3-->800 AD
..R2C1-->Pleiades (eta Taurii) ..R2C2-->00°00' Gemini ..R2C3-->13°17' Taurus
..R3C1-->Regulus (alpha Leonis) ..R3C2-->29°50' Leo ..R3C3-->13°12' Leo
..R4C1-->Graffias (beta Scorpii) ..R4C2-->03°11' Sagittarius ..R4C3-->15°17' Scorpio
..R5C1-->Iota Aquarii ..R5C2-->28°43' Aquarius ..R5C3-->11°49' Aquarius
.>

```

It is easy to see that these stars occupied the midpoints of the cardinal points in the 9th Century, which was a crucial age for the consolidation of stellar and cosmological practices in Western Europe in the milieu of the Carolignian Renaissance. It was easy to observe solstitial events by measuring the shadows of the Sun, and from that the equinoxes, but it was not as simple to measure the halfway points between these cardinal solar transits. The solution to this problem was partly dependant upon recognizing when the above stars culminated at midnight; this would help adjust the calendar and ensure the proper festivals were celebrated on the proper days.

Calendrically, these dates corresponded to May 1st (mid-spring), August 1st (mid-summer), November 1st (mid-fall) and February 1st (mid-winter) of the Roman Julian calendar. Our current unofficial festival called "Groundhog Day" is a bastardization of the pagan mid-winter observation, as is May Day the remnant of the original Beltane, when the Sun was conjunct the Pleiades. Halloween is derived from the acronycal rising and midnight culmination of the Pleiades, formerly the festival of Samhain.

### Geodesy and Eclipses

Geodetic principles along with Masonic Astronomy combine to furnish the important symbolic allusions to the location of the Gateway Arch, on the banks of the Mississippi, only a few miles from the longitude of 90° West To be precise, coordinates of each corner of the monument are listed as 38.627952° N 90.1843880° W and 38.62258° N 90.186339° W. Averaged out, we arrive at the following figures for the center, and the unique keystone of the Gateway Arch:

38.625266° N, which translates to 38° 37' 31" North;  
90.185364° W, which translates to 90° 11' 07" West;

90° West longitude is significant in a geodetic sense as it is really 270° east of London and the Grand Lodge of England, which lies on the prime meridian, or 0°. In geodetic equivalents, the Prime Meridian is equal to the fiducial of the ecliptic, or 0° Aries. The latitude/longitude grid of the earth is similar to the ecliptic's; the zodiac signs are simply 30° sections of the sphere that taper off at the poles. 90° West on the earth is the geodetic equivalent of 0° Capricorn, which was explained above as the opposite point of the keystone of the Royal Arch of Heaven. More on the Geodetic Zodiac is available at this site: <http://www.geocities.com/Athens/Oracle/9189/astgeodesy.htm>

The measurements of the Arch itself are another clue to its geodetic reference. It stands 630 feet high in the center (keystone) by 630 feet wide at the base (pillars). This could be construed as numerical allusions to 0° Capricorn, as  $630 - 360 = 270$ . Closer examination of the facts argue more loudly for this hypothesis. Earlier we discussed the December 21st date of the dedication of the JNEM. A quick consult to the astronomical tables shows us that an annular eclipse of the Sun occurred four days later on Christmas Day, 1935, with the path of totality crossing the continent of Antarctica:

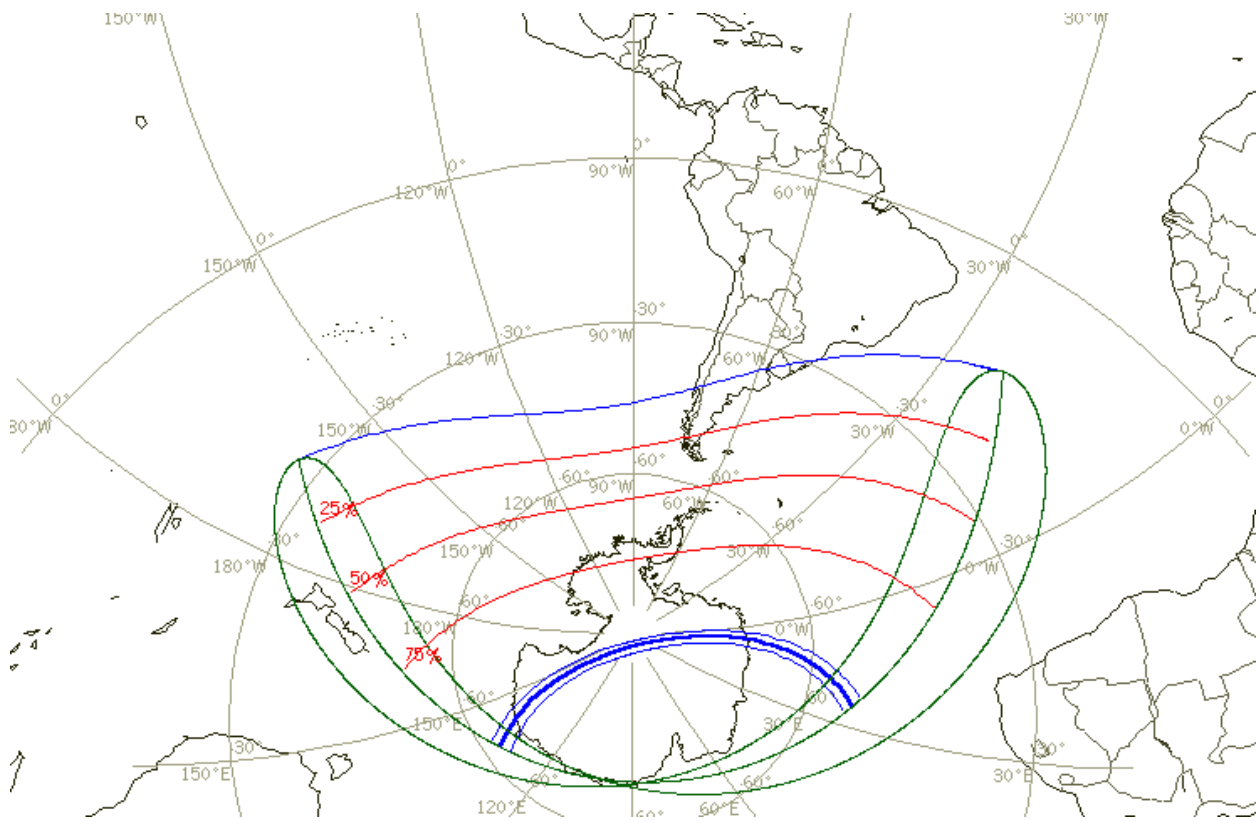


Figure 8 Computer generated map of the path of totality of the Christmas Eclipse of 1935. St. Louis is located directly north, but out of the frame.

I generated this graphic with  $90^{\circ}$  W pointing directly north towards St. Louis. The following graphic, a sky map, is a southern view of the eclipse from St. Louis:

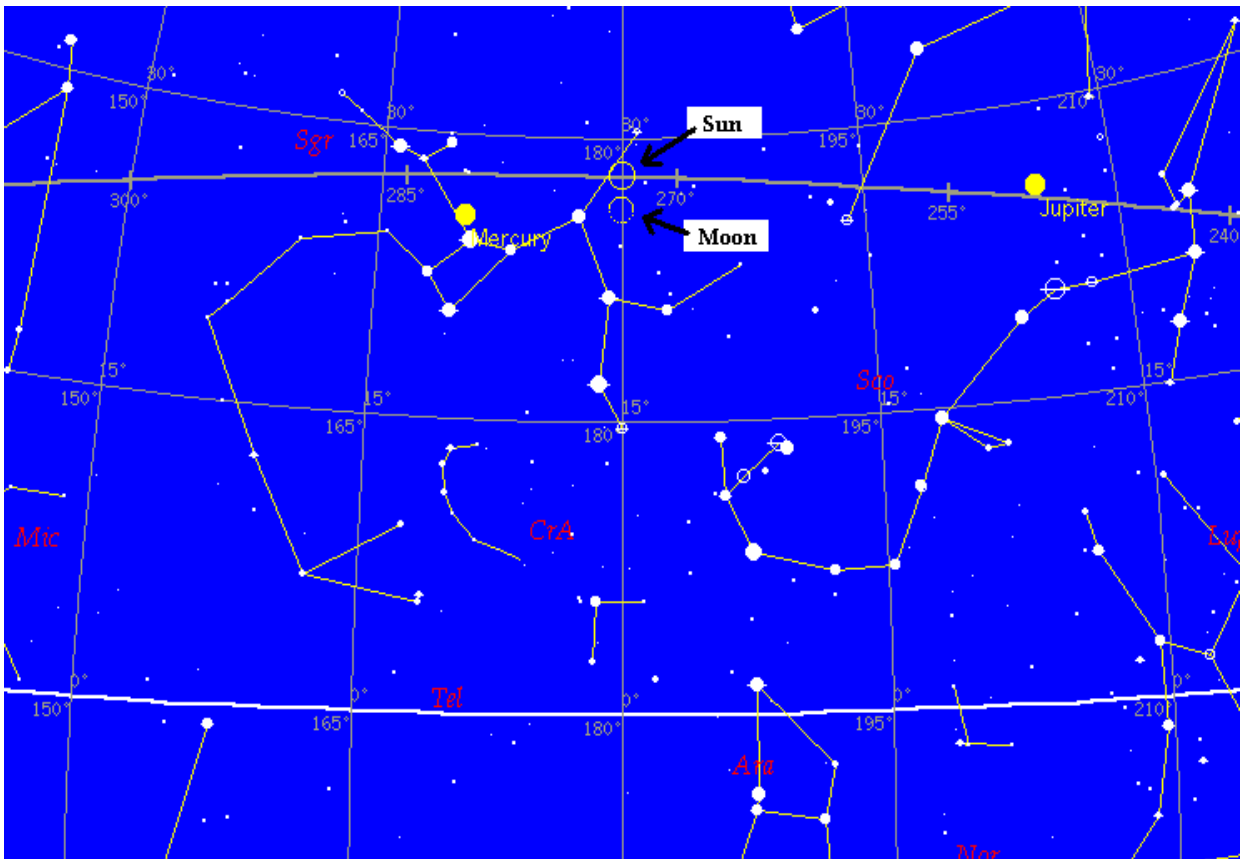


Figure 9 Astrology wheel showing the co-culmination of the Sun and Moon on Christmas Day of 1935 over St. Louis.

Here we can see that the local meridian (the 180° vertical line) dissects both luminaries, although no visible evidence of an eclipse would have been evident for someone standing in St. Louis during this particular eclipse. The next graphic is the Solar Fire® generated chart for the skymap above -- a culminant Sun at the locale of St. Louis during this eclipse:

**Solar Annular Eclipse culm. over St. Louis**

**Event Relocated**

Dec 25 1935  
 12:00:41 pm CST +6:00  
 Gateway Arch, MO  
 38°N37'31"G 090°W11'07"  
*Geocentric:  
 Tropical  
 Placidus  
 True Node  
 Parallax Moon*

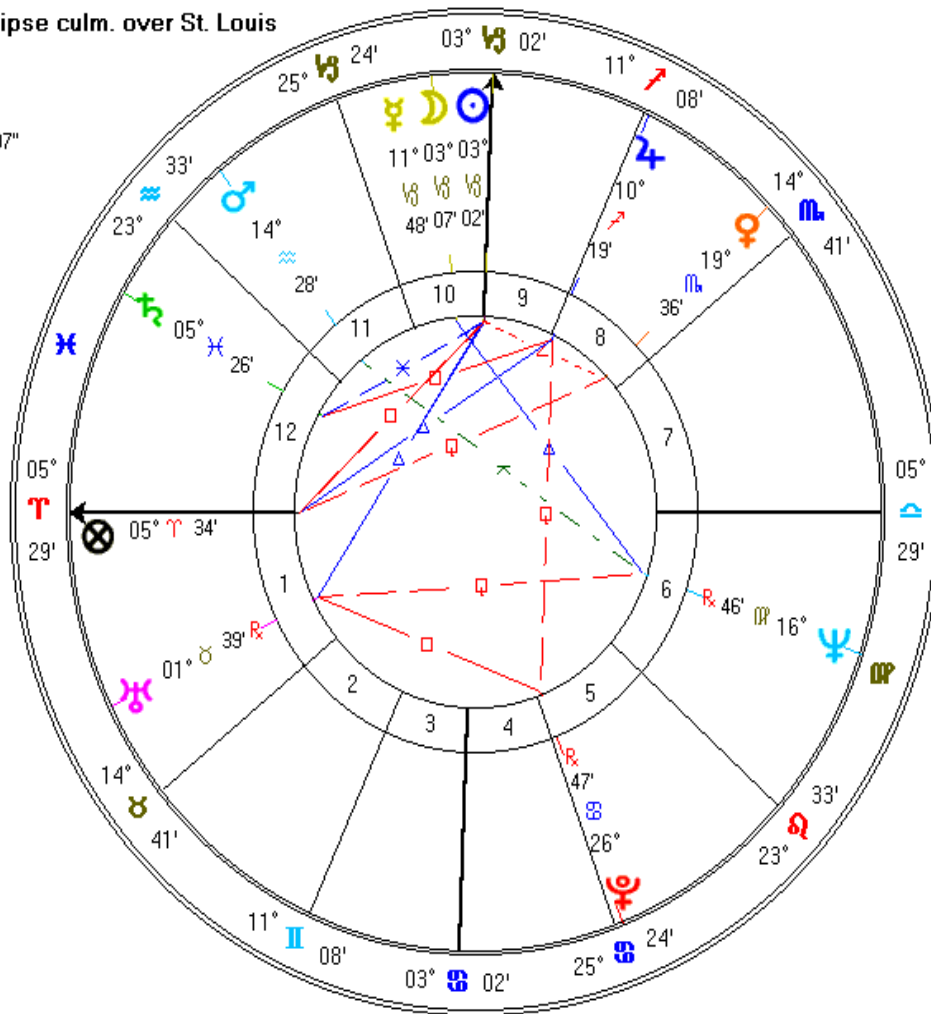


Figure 10 Sky map showing the co-culmination of the Sun and Moon on Christmas Day of 1935 over St. Louis.

Even more incredibly, not only does the cardinal meridian intersect both luminaries, but the ecliptic's cardinal points play a special role in this eclipse for the locale of the Gateway Arch: a chart drawn for downtown St. Louis for the moment when 0° Capricorn passes directly overhead boasts the geocentrically measured lunation to the minute of arc, as seen below:

**Solar Annular Eclipse**

**Event Chart (7)**

Dec 25 1935  
11:47:30 am CST +6:00  
Gateway Arch, MO  
38°N37'31"G 090°W11'07"  
*Geocentric  
Tropical  
Placidus  
True Node  
Parallax Moon*

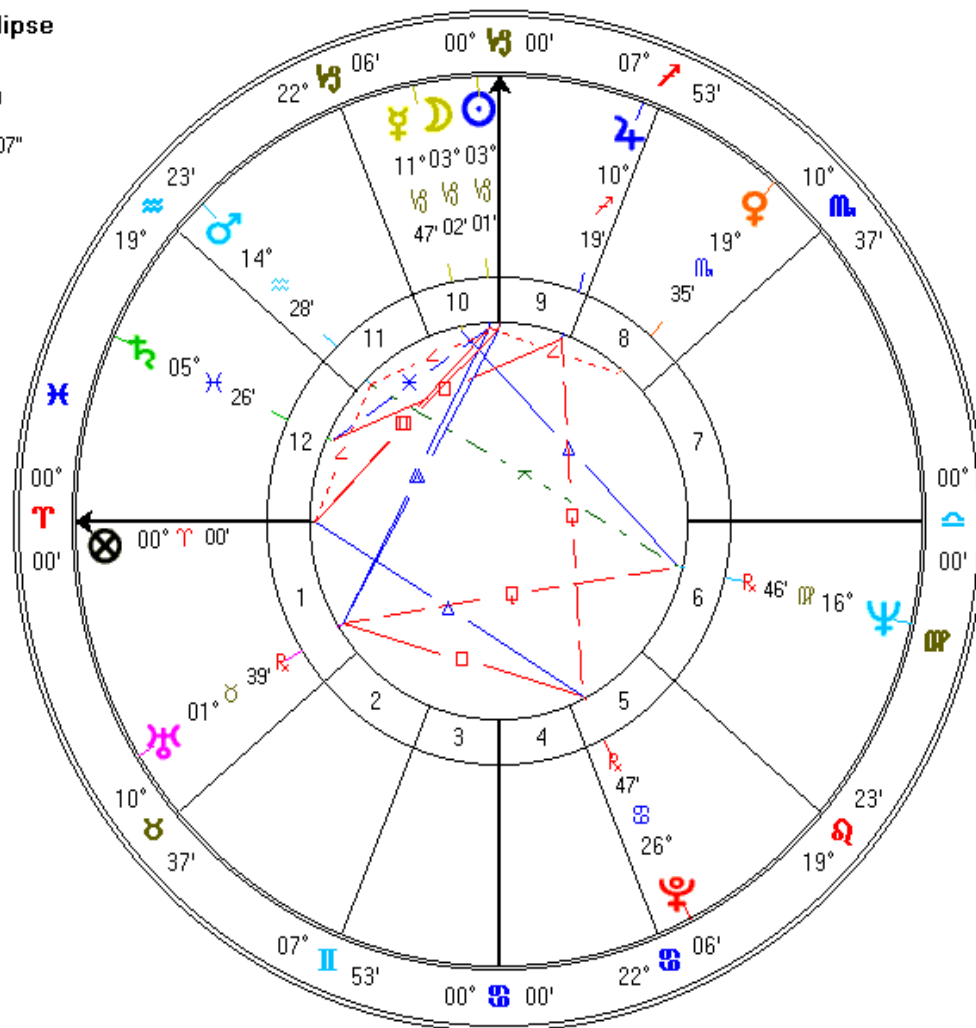


Figure 11 Astrology wheel showing the Christmas eclipse as the cardinal points aligned over the locale of St. Louis.

If that weren't enough to astound, we have the following astrological connection between the October 31, 1803 noon chart for the Arch and the geocentric lunar transit of that point on December 21, 1935, which produces a Part of Fortune exactly on the ASC of the 1803 chart!!



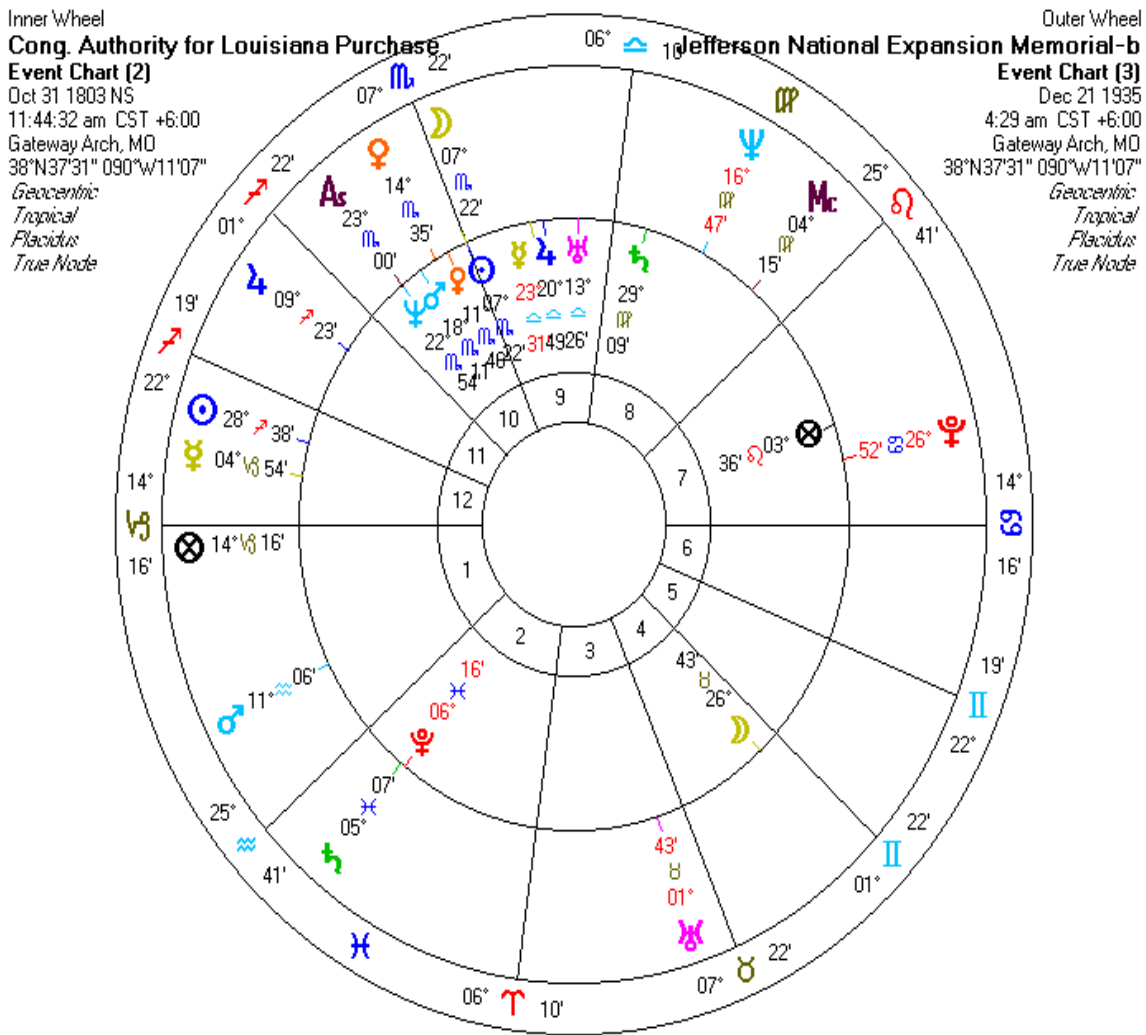


Figure 12 An Astrology bi-wheel showing the Congressional Act of halloween, 1803, seen above as Figure 7, on the inner wheel with Luna's transit of the Sun/MC on the date of the dedication of the JNEM in 1935.

The Part of Fortune is calculated factoring the coordinates of the Sun, Moon, and Ascendant. The net effect of this amazing coincidence is that again we have a special interaction of the cardinal points between two different dates for the same location, and this perhaps may explain why the 21st of December was chosen to dedicate the JNEM, which rests on the geodetic "Capricorn" line.

The fact that all of these important measurements and moments establish an astrological pattern centered around cardinal points (with an emphasis on 0° Capricorn) is surely remarkable, and suggests that this pattern comprised part of the intelligence of the design. Investigating the history of all events surrounding the Arch including planning, design, construction, and even the lighting ceremony of 2001 reveal a pattern of Masonic symbolism that is as astounding as it is ingenious.

---

1 Waite, Alfred E., "New Encyclopedia of Freemasonry," Wings Books, New York, (reprint) 1970, p. 42.

2 Stienmetz, George, "The Royal Arch: Its Hidden Meaning," Macoy Publishing and Masonic Supply Company, Inc., Richmond, Virginia, 1946, p. 85.

3 Brown, Robert Hewitt, "Stellar Theology and Masonic Astronomy," New York, D. Appleton and Co, 1882, pp. 36-7.

4 Brown, pp. 75-6.

5 McCluskey, Stephen, "Astronomies and Cultures in Early Medieval Europe," Cabridge University Press, 1998, pp. 30-61.

---

Copyright © 2002 Edward Kohout.  
ed@edkohout.com

## **Now What to Fear? ~ Kabir**

**Now what to fear?  
Fear merged in Fear,  
I know the secret of duality.**

**Fears always afflicted me,  
when I isolated  
You from me.**

**One is he with the One  
who sees  
the inner-outer as one.**

**But brute is he  
who led by delusion  
makes low-high division.**

**Freed from my 'I',  
says Kabir.  
I saw Ram [God] in all.**

**-- Kabir  
"Kabir Says...  
A collection of One Hundred and Ten  
Poems of Kabir",  
Sushila Mahajan  
Deep & Deep Publications  
New Delhi, India**

**Namaste**



*\*Our ~Thoughts~ Can Change The World\**

*It is time We fully realize the impact our thoughts have upon each other, and upon the collective condition of our species. Behind every thought there is an Intent, and every Intent moves the creative energies of the world. Contained in this realization are the REAL self and mutual progress. We must never lose sight of our ability*

*to change the world into a paradise of \*Peace and \*Prosperity. Over the centuries, it is We who have generated this global condition, or current WORLD MIND. The fearful world society we see today, is the mutual creation of destructive intentions. It is We who may \*Change that condition for the better.*

*~The responsibility for what grows in the \*Garden is the Gardener's alone.~*

*This planet can either grow the weeds of our carelessness, or the \*Sweet fruits of right action, depending upon the seeds each mind sows for itself and others. Every thought is a Seed planted in the surrounding \*Ethers. If we give up or neglect our \*Garden, then we will neither prosper nor survive, in this self-made collective consciousness. This is just a cosmic fact of life. Let us choose what is clearly the greater seed to be planted, as a measure of our innate human Wisdom. We must take into account the influences of the WORLD MIND upon our every waking moment, knowing that no feeling or thought is an island unto itself.*



# DailyOM

Nurturing Mind Body & Spirit

June 22, 2007

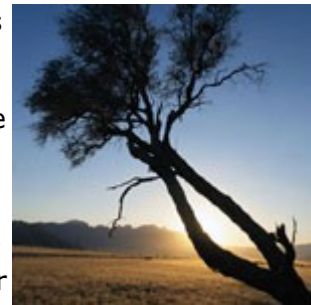


## Physical Intuitiveness

### *The Body Is Natural*

So much of the human experience is removed from nature that we tend to forget that we are products of the natural world. At the moment of birth, we are perfectly attuned to nature. Our feelings are an authentic response to the stimulus we encounter. We interact with our environment viscerally, desiring only what is necessary for our survival. And, if we are lucky, we take in nourishment in the form of pure mother's milk. As months and years pass, however, we discover the sights, sounds, and scents of the synthetic world. Though these often momentarily dazzle us, the dim memory of our naturalness remains. When we embrace the notion that human beings are inherently natural, bringing it to the forefront of our day-to-day experiences, we achieve a new level of wellness that boasts nature at its very core.

We innately understand that our bodies are not composed of plastics or man-made chemicals and that there is no legitimate reason to consume or expose ourselves bodily to such substances. This knowledge is reinforced each time we find ourselves energized by sweet, fresh air and warm sunlight or awed by



the majesty of Mother Nature's beauty. We feel the strength of our connection to nature when fresh food that is close to the earth sustains us more effectively than artificial supplements and when the pleasures of exercise outweigh the pains of exertion. The human body has been blessed with the same physical intuitiveness that all nonhuman living beings employ instinctively. But because our lives are no longer bound up in nature's rhythms, we must actively seek to reconnect with this formerly innate skill. The process of rediscovering our place in the natural world can be exciting and inspiring, since nothing more is required of us than to delight in nature's wonders, to derive nourishment from natural foods, and to drink deeply of all the wisdom that plants and animals have to share.

Your own naturalness will reveal itself to you when you look beyond your beliefs, your lifestyle choices, and the attitudes you hold. When these constructs are stripped away, you will see a body and mind that never gave up its relationship to the essence of the natural world from which consciousness sprang.

*What do you think?*

# Self-Talk



How do you talk to yourself?

Let's put it this way,  
if you talked to your friends  
the same way as you talk to yourself,  
how many friends would you have?

Yes it does matter  
how you converse with yourself  
just as much as when  
you converse with your friends, family,  
relatives, children or whoever.

If you grumble about everything  
do you think your friends  
would hang about with you for long?

If you complain to your children  
and call them fools or idiots  
every time they did something wrong,  
no matter how small,  
how do you think their self-esteem would fare?

"We are what we think ",  
so if you are always down on yourself  
for little blunders,  
cut it out and give yourself a break.  
You can use positive self talk  
just as easily as you can negative,  
so instead of calling yourself  
a fool or an idiot, say  
"I just learned something new,  
what an opportunity,"  
and you will think your way  
to a much happier life.

When you think of yourself  
in the negative,  
isn't it so seemingly accurate?  
Turn that talk to positive  
and you will be amazed  
how true your thoughts will be.



# The Extraordinary Magic of Self Love!

Margot Zaher and Jafree Ozwald

"Love gives you the first insight into eternity. Love is the only experience that transcends time. That's why lovers are not afraid of death. Love knows no death." ~Osho

How often do you have unconditional love and deep acceptance for yourself just the way you are? Many of us get wrapped up in looking for approval, appreciation, acceptance and love from the outer world, and don't realize that there is a vast infinite supply of it already within. Self love is one of the most powerful habits and healing gifts that you can learn to give yourself. You are truly the only one who can be there 100% for you, and accept who you are no matter what happens in your life. While other people may have a deep appreciation for you, only you have the power to let in their love and feel it inside. The interesting thing is that you are only able to feel another person's love for you when self love is present in your life. By loving yourself, you allow in love from "outside" yourself.



"Appreciation of others and the appreciation of your self is the closest vibrational match to your Source Energy of anything that we've ever witnessed anywhere."  
~Abraham-Hicks

When you activate the habit of letting in deeper feelings of self acceptance and self love, the world becomes a truly magical place. By bathing in the vibration of love, you actually experience the entire world from a softer more empowered perspective. The mundane becomes sacred, and everyone you meet feels deeply connected with the Divine. The simplest of experiences you have each day become doorways to the Divine. There is a higher awareness in you of a natural effortless connection with your Divine Essence. This helps you to receive the most loving relationships, abundant wealth, peak health, and most satisfying career in your life!



One of the magical aspects of practicing Self Love is that it becomes super easy to manifest anything you want into your life. The vibration of love is the foundation for manifesting the highest levels of success in this material world. When you completely love and accept all aspects of yourself, you send out such a strong energetic vibration into the Universe that you become a massive manifesting magnet! You'll experience that everyone and everything around you simply wants more of whatever you've got! Even if someone just receives one brief glance flowing from this deeper self loving feeling inside, they can be intimately impacted for the rest of their life.

The energy of love physically vibrates at a much higher frequency than any other emotion we can choose. Those lower vibrational feelings such as fear, greed, lack, impatience, or frustration only block you from manifesting everything your heart desires. Through increased levels of Self love you will naturally shift the vibration within your mind-body, transforming yourself into a powerful Source of magnetic energy that attracts those divine experiences, relationships, and financial opportunities into your life! We've found that the more love you shower onto yourself, the more the Universe showers its abundance of every kind onto you.

"You, yourself, as much as anybody in the entire universe, deserve your love and affection." ~ Siddhartha Gautama (The Buddha)

The people who don't make loving themselves a priority in their day are usually caught in a belief that loving yourself is selfish and egotistical. This type of self love we're referring to is not egocentric, yet one that truly goes beyond the ego and can heal every needy, wounded, angry, prideful part inside you. This true self love is more heart-centered, and is about moving through those feelings of being a separate needy ego. It's about finding that direct connection to the infinite source at the very core of your being.

Discovering this true Self Love is like believing you were the moon, who needed light and warmth from others on the outside, so that you could reflect that energy back to everyone. Then one day you realized that this love is not coming from outside you, but inside, and that you are truly the Sun who is always radiating, and shining its light onto everyone and everything. When you turn your attention to WHERE the source of love is right now, you simply find out that you were always the Sun and forever will be this brilliant loving light.

"If the light is in one room, the only way to light up the other room is to open the door. The only way to discover new things is to open your mind." ~Allen Steble

What's even more interesting about loving yourself is the physical impact it has on your health. The vibration of love has also been scientifically proven to alter the shape and structure of actual water molecules. Since your physical body is made up of more than 70% water, it is continuously impacted by vibrations of negative or positive words you send into it. According to many scientific studies done on water molecules, your physical body is directly affected by the words, sounds and thoughts it is exposed to. Check our new webpage below for actual photographs of water crystals impacted by love vs. hatred. You'll notice there is a world of difference! When you send your body loving thoughts and energy, each cell in your body actually relaxes and takes on a healthier more powerful configuration. It has also been proven that strong states of Self love boost the immune system in our body, allowing us to more effectively fight off invading micro-organisms and viruses.

"Love is letting go of fear." Gerald Jampolsky

You may equate imbuing your body-mind with Self love like putting high performance rocket fuel into your body's engine. It supports the entire organism in running more smoothly and operating at a peak state of health and well-being. Self love will literally create a physical healing in the body. The more loving energy you send towards yourself and towards each cell in your body, the healthier you will be and the more energy you will have.



Bliss

# The Illusion of Materialism

How quantum physics contradicts the belief in an objective world existing independent of observation

Copyright 1999 Thomas J. McFarlane  
thomasmc@stanfordalumni.org

[www.integralscience.org](http://www.integralscience.org)

Center Voice: Summer-Fall 1999

[www.centerforsacredsciences.org](http://www.centerforsacredsciences.org)

The Center for Sacred Sciences was founded on the belief that the testimony of the mystics of all religions is compatible with the evidence of modern science. This compatibility, however, is often far from obvious, largely because the modern scientific tradition has attached itself to a materialistic cosmology which is inherently antagonistic to spiritual insight. This cosmology, also known as materialism, asserts that matter has independent objective existence, and that all phenomena, including those of the mind and consciousness, are ultimately reducible to the motions of matter. The development of quantum mechanics, however, has shown that materialism is actually incompatible with modern science.

The purpose of this article is to explain in detail exactly how quantum physics contradicts the materialistic account of the universe. As we will see, quantum mechanics demonstrates that the world as we commonly experience it does not, in fact, have an objective existence independent of its observation. In the words of Niels Bohr, the pioneer of 20th century quantum physics, *An independent reality, in the ordinary physical sense, can neither be ascribed to the phenomena nor to the agencies of observation.*<sup>1</sup>

This remarkable claim is entirely compatible with the claims of the mystics. For example, consider the following fundamental teaching of the Center for Sacred Sciences:

*The appearance of an objective world distinguishable from a subjective self is but the imaginary form in which Consciousness Perfectly Realizes Itself.*<sup>2</sup>

In the same spirit, the third Chinese Zen patriarch, Sengtsan, teaches us:

*Things are objects because of the subject [mind]; the mind [subject] is such because of things [object]. Understand the relativity of these two and the basic reality: the unity of emptiness. In this Emptiness the two are indistinguishable and each contains in itself the whole world.*<sup>3</sup>

The mystics and physicists, therefore, both make the outrageous claim that the materialistic belief in an objective world independent of observation is a delusion. Or, in Buddhist terms, all objects are empty of any inherent existence. Since this claim is in blatant contradiction with both our ordinary experience and conventional worldly wisdom, our natural response is to dismiss it as ludicrous. We might say to ourselves, "Those mystics are obviously the deluded ones who have lost touch with reality, not me and everyone else."

Although it might be easy for a modern Westerner, raised in a materialistic culture, to dismiss the radical claims of the mystics, it is not so easy to dismiss the most eminent of our physicists, who make claims remarkably similar to those of the mystics. Consider, for example, the words of Werner Heisenberg, the inventor of quantum mechanics:

*The ontology of materialism rested upon the illusion that the kind of existence, the direct "actuality" of the world around us, can be extrapolated into the atomic range. This extrapolation is impossible, however.*<sup>4</sup>

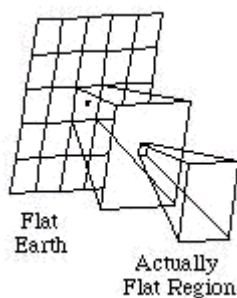
The Buddha, speaking about the true nature of reality, makes the following very similar cl..

*There is that which does not belong to materialism and which is not reached by the knowledge of philosophers who...fail to see that, fundamentally, there is no reality in external objects.*<sup>5</sup>

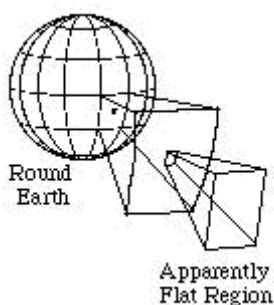
If we dismiss the Buddha and other mystics, shall we also dismiss Heisenberg and Bohr? These eminent physicists won Nobel prizes for their fundamental contributions to quantum theory. Perhaps no other physicists have thought more deeply about the nature of quantum physics than Heisenberg and Bohr. And they are talking about quantum mechanics, the most precise and far-reaching physical theory ever devised. It explains how the sun shines, how molecules bond together, how iron is magnetized, and why various materials are solid, liquid, or gas. It is quantum mechanics that gives us computer chips, lasers, and atomic energy. So if we dismiss quantum mechanics, we throw out the cornerstone of modern physics and the theory that provides the essential foundation for all these scientific marvels. It seems that we had better think twice before dismissing what Bohr and Heisenberg have to say about the nature of the physical world.

Put simply, they say that the objective world is an illusion. The biggest problem with this claim is that our experience, for the most part, is quite compatible with the idea that there really is an independently existing objective world. There seems to be no contradiction at all between our normal day-to-day experience and our assumption that the objects we encounter during the day are objectively real. So the problem is, if this idea of an objective world is wrong, then why does it seem so right? To shed some light on this problem and its solution, let me digress for a moment with the following thought experiment.

Imagine going back in a time machine 3000 years and encountering some people who are convinced that the world is flat. Wishing to correct their misconception, you politely inform them that they are mistaken. In fact, you tell them, the world is not flat but round. They ask you why you believe such a crazy idea, and you become quite embarrassed when you find that you cannot show them the least bit of evidence to back it up. They, on the other hand, explain to you that it is perfectly obvious from all their experience that the earth is flat. After all, they use concepts of plane geometry to measure out land and make road maps and they never find any contradiction at all with their day-to-day experience. Nor do they see any curvature at all when they look across wide open spaces of land or sea. So your claim that the earth is round is obviously a delusion and they dismiss you as a crazy mystic (especially after you tell them about people from your time who ascend into the heavens in a blaze of fire where they can look down upon the whole created world and see that it is round). Frustrated and disappointed, you board your time machine and head back home to the present.



**Figure 1: A flat earth appears flat on a small scale.**



**Figure 2: A round earth also appears flat on a small scale.**

The reason you could not convince your friends in the past that the world is round, of course, is because you are so small in comparison to the earth. Since your experience is normally limited to a

small geographical region, the earth appears flat even though it really is not. In other words, the apparent flatness of the earth is not a real flatness due to an earth that is actually flat (Fig. 1), but rather is an illusory flatness due to the large size of the earth (Fig. 2). To prove that the earth is round, you would need to go beyond your ordinary experience. For example, you could fly around the globe in an airplane, or catch a ride on the next space shuttle flight. But as long as you are confined to your ordinary experience, there is no proof that the flatness is an illusion, and no reason why you should not believe that the earth is flat.

If people have been so deluded about reality in the past, how can we be so sure that we are not deluded now? As we have seen, just because our present notions of reality are consistent with our ordinary experience, does not make them true. Since our experience certainly has its limits, perhaps our idea of the objective world really is an illusion, just as much an illusion as the idea of a flat earth. What wonders might lie beyond the limits of our present experience? What truth might lie hidden beneath our present illusions?

We can now reconcile the shocking claims of Heisenberg and Bohr with our normal experience of an objective world, and understand how the world might not have an independent objective existence, even though it appears to have one. The solution is to recognize that our experience is ordinarily limited. Because we ignore certain aspects of our experience, we typically mistake what appears to be true in this limited experience for what is actually true in all experience. Just as the belief that the world is flat is at best a useful fiction, and not at all real, the belief that the world exists objectively is also just an illusion. Of course, this fiction, like the fiction of a flat earth, is a useful one that fits much of our ordinary experience. But the moment we take it to be universally true, we slip into delusion. To break the spell of delusion, we need to depart from the limitations of the ordinary and expand our experience to include more subtle observations. Then we find that these fictions quickly unravel to reveal a very different reality.

To quote Heisenberg once more,

*The existing scientific concepts cover always only a very limited part of reality, and the other part that has not yet been understood is infinite. Whenever we proceed from the known into the unknown we may hope to understand, but we may have to learn at the same time a new meaning of the word 'understanding'.*<sup>6</sup>

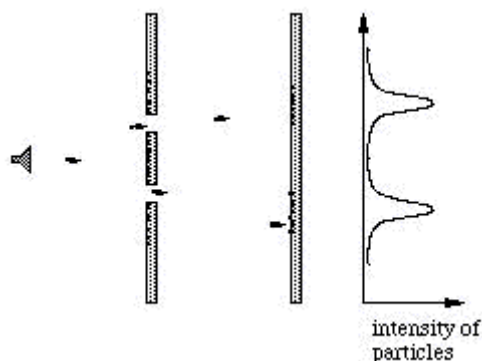
And Bohr expresses the same idea as follows:

*As our knowledge becomes wider, we must always be prepared...to expect alterations in the point of view best suited for the ordering of our experience.*<sup>7</sup>

Now that we have a framework for understanding how, in spite of our experience to the contrary, the objective existence of the world could be an illusion, let us now consider the quantum mechanical evidence that unravels the fiction of materialism. Keep in mind, however, that this evidence will necessarily draw from phenomena that lie outside the usual limits of our experience. Before the 20th century, our scientific worldview was based on the laws of classical physics, which included Newton's laws of motion and Maxwell's equations. While Newton's mechanical laws governed the behavior of material particles, Maxwell's wave equations described the behavior of light. In the classical world, therefore, there were two very different types of phenomena: matter which behaved like discrete particles localized in space, and light which behaved like continuous waves spread out in space. Around the turn of the century, however, new scientific observations at the microscopic scale revealed that light sometimes behaves like particles, and matter sometimes behaves like waves!

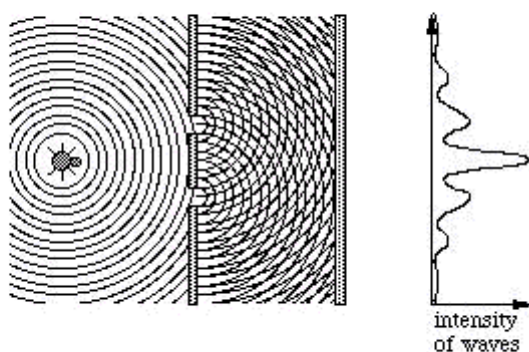
To understand this strange paradox, let us first perform a couple of thought experiments, one to illustrate the classical behavior of particles, and another to illustrate the classical behavior of waves. Then we will compare these two thought experiments with a quantum thought experiment. So, first, let us consider classical particles. Imagine that we place a source of large particles (a sand blower, for example) behind a wall that has two slits in it (Fig. 3). On the other side of the wall is a screen which can detect the particles that have passed through the two slits. Since particles are by definition localized in space, each one is emitted from the source, travels through one slit or the other, and hits the screen. After allowing many particles to pass through the two slits and hit the

screen, we observe two clusters of points on the screen: one cluster corresponding to particles that went through one of the slits, another cluster corresponding to particles that went through the other slit. A graph of the particle intensity versus position on the screen thus has the shape of two separate peaks, as shown in the figure. Note that these observations are consistent with the assumption that each particle follows a definite path through one slit or the other slit, and objectively exists as it follows one or the other of these paths. Note also that if we plug up one slit, the corresponding peak disappears. The other peak, however, remains unaffected. The particles, therefore, follow independent paths through one slit or the other.



**Figure 3: The double-slit experiment with classical particles results in a two-peak pattern.**

Next, imagine we perform a similar experiment (Fig. 4), only instead of sending particles of sand through empty space from the source to the screen, we fill the whole space with some medium, such as water. Instead of a source of sand particles, we use a vibrating object (such as a water bug jumping up and down) that disturbs this medium, continuously generating waves that spread out in all directions.



**Figure 4: The double-slit experiment with classical waves results in an interference pattern.**

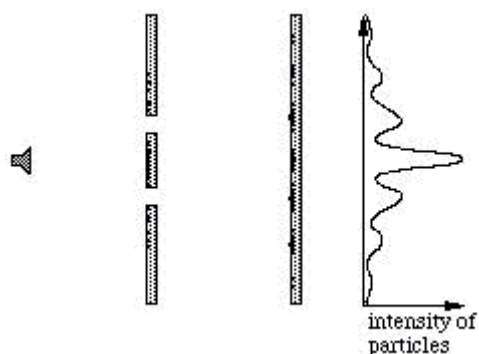
The crests of the waves are shown in the figure as circles with solid lines, while the troughs of the waves are shown as circles with dotted lines. For the screen we can use a long line of small wave detectors (such as floating corks that move up and down when a wave hits them). Note that the waves are not localized in space like particles, but are spread throughout the whole medium. As a result, a wave does not go through just one slit or the other, like a particle, but goes through both slits simultaneously, resulting in an interference pattern. When the crest of one wave combines with the trough of another wave, they cancel each other out, leaving nothing (Fig. 5). This interference phenomenon is an essential feature of waves.



**Figure 5: Unlike two particles, two interfering waves can either add up or cancel out.**

This interference behavior is very different from the behavior of two particles. And the results of this experiment reflect this difference: the screen (Fig. 4) shows a wave interference pattern, with large wave intensities where the waves from the two slits add up (two intersecting lines of the same type) and small wave intensity where the waves from the two slits cancel out (a solid line intersecting with a dotted line). Note that this complex interference pattern is quite different from the simple pattern we saw with the particles (Fig. 3). With particles, the peaks were clearly independent: one peak from one slit, the other peak from the other slit. With waves, however, the entire interference pattern reflects a coherent effect of both slits, and if one slit is plugged, the whole pattern disappears.

The two experiments above contrast the classical behavior of particles with the classical behavior of waves. When this double-slit experiment is performed on a microscopic scale with small particles, however, we begin to observe a very strange mixture of waves and particles. So, let us conduct another thought experiment with these small particles, or quanta (Fig. 6). Like the first experiment, we have a source of particles traveling through empty space. Only this time, we use electrons as the particles, and make the slits so small and so close together that you need a microscope to see them. We then observe that the source emits the electron particles in chunks, and that the screen detects the electrons in chunks, just as before. The pattern we see on the screen, however, is not the two-cluster pattern we saw for classical particles. Instead, we see the interference pattern for waves! Because the electron produces the interference pattern that is the signature of waves, it cannot be a particle. But the electron cannot be a wave either, since it arrives at the screen in discrete chunks, which is the mark of a localized particle. Our observations thus suggest that the electrons are localized particles when they leave the source and when they arrive at the screen, but that the electrons are waves everywhere in between. This is very odd, indeed, for it seems to imply that the localized particle at the source dissolves, in some sense, into a non-localized wave that propagates through space from the source to the screen, where it transforms back into a localized particle again!



**Figure 6: The double-slit experiment with very small particles results in a wave-like interference pattern.**

This experimental evidence flies in the face of materialism. According to materialism, any particle always has an objective existence at a specific location in space. In particular, according to materialism, the electron must follow a single path through one slit or the other, and cannot travel through both slits like a non-localized wave. That, however, is exactly what the electron evidently does.

Let's test this hypothesis that the electron propagates as a non-local wave by performing another thought experiment. Suppose that we look closely at each of the slits (with two narrow laser beams, for example) while the electrons are supposed to be passing through (Fig. 6). Will we see a

localized particle passing through one of the slits, or will we see some kind of wave passing through both slits at the same time? Surprisingly, when we actually perform this experiment, we do see a localized particle go through just one of the slits, just as a materialist would expect. In addition, however, we no longer see the interference pattern of waves on the screen. Instead, we now see the regular two-peak pattern for particles, like the pattern shown in figure 3. Thus, our observation somehow changes the behavior of the electrons from waves to particles. Indeed, as soon as we turn off our laser beams, the interference pattern immediately reappears on the screen. So the only way to see the wave pattern is to refrain from observing which slit the electron goes through; and when we observe its path through one slit or the other, we do not see the wave pattern anymore.

Therefore, when we do not look at it, the electron is a non-local wave, without any definite localized position. Only when we observe the electron does it have a definite position.

It is important to emphasize the difference between saying that the electron does not have a definite position unless we observe it, and saying that the electron has a definite position but we just do not know what it is. If the electron really had a definite position all the time, then the electron would have to go through one slit or the other, and could never produce an interference pattern. But the electron does produce an interference pattern, so the electron must, in some sense, go through both slits, like a non-local wave. It cannot, therefore, have a definite position all the time. As the Zen master Sengtsan might say, the electron is empty of any independently existing position. Its position exists only in dependence upon its observation. While the electron is unobserved, therefore, its existence is not like that of an ordinary object which we think of as having a definite and objective position in space. Rather, it exists as a non-local wave, with no definite or objective position in the ordinary sense.

Moreover, this non-local wave is not actually a physical wave, like a wave in a physical medium such as water. Rather, the electron's wave is a wave of probability. Where the probability wave has a large intensity, the electron has a high probability of being observed; where the wave has a small intensity, the electron has a low probability of being observed. When it is not observed, therefore, the electron exists as a wave of probability that represents a potential position, not an actual position. In addition, this probability wave does not exist in the ordinary three-dimensional space of our physical world. Rather, it exists in an abstract infinite-dimensional space described by complex numbers (i.e., numbers that involve the quantity  $i$ , which has the unusual property that  $i^2 = -1$ ).

Whatever we might try to say about the nature of an unobserved electron, one thing is for certain: it cannot be understood as having any conventional kind of existence that can be described with simple physical or mathematical concepts. As Heisenberg explains,

*If one wants to give an accurate description of the elementary particle“and here the emphasis is on the word "accurate"“the only thing which can be written down as description is a probability function. But then one sees that not even the quality of being...belongs to what is described.”<sup>8</sup>*

These remarkable conclusions about the nature of elementary particles generalize to all forms of matter and energy. We can perform all the above experiments with any subatomic particle. The results will be the same. Moreover, the position of a particle is not its only attribute that is empty of inherent existence. The particle's velocity, for example, is also empty of objective existence independent of observation. Only in relation to an observation does a subatomic particle have a definite attribute of position or velocity. The same conclusions apply to collections of subatomic particles, such as atoms and small molecules. Indeed, because quantum mechanics describes all matter and energy, we can generalize these conclusions to the entire physical world of objects.

When millions and millions of atoms are clumped together into a speck of sand or some larger object, however, the strange interference effects are not usually noticeable. This does not mean, however, that the weird quantum reality is not there anymore. It just means that it is not noticeable anymore. The situation is analogous to the fact that the curvature of the earth is not noticeable in a small area of land. That we cannot observe the curvature in such a small area, however, does not mean that the earth has actually lost its roundness. As Heisenberg said,

*The statistical features of natural laws are ubiquitous and a matter of principle. It's just that these quantum-mechanical features are far more obvious in atomic structures than in the objects of daily*



*experience.*<sup>9</sup>

So all matter is really this way. Even large objects of our ordinary experience do not have objectively existing properties unless and until they are observed. This is very startling. Or it *should* be very startling! As Niels Bohr once said,

*Those who are not shocked when they first come across quantum theory cannot possibly have understood it.*<sup>10</sup>

The physical reason the quantum nature of most objects is not noticeable is because of a phenomenon called decoherence. When one wave passes through two slits, the resulting two waves are coherently related to each other, resulting in the interference pattern. When millions and millions of particles are gathered together, though, there are so many of these waves interfering in so many ways that they appear on the macroscopic scale to average out, or decohere. This is analogous to how the curvature of the earth appears to disappear in a small area of land. The decoherence effect is the reason we can normally neglect the quantum nature of macroscopic objects, and treat them as if they had objective existence. Similarly, we can normally neglect the curvature of the earth, and treat it as if it were really flat.

It is important to remember that this decoherence effect does not change the underlying quantum reality. The quantum coherence is really still there—it is just hidden in the microscopic details and not noticeable on the macroscopic scale. Thus, because of this decoherence effect, the macroscopic world usually appears in a manner that is consistent with the materialistic idea of objectively existing matter. Despite appearances, however, objects never depart from their true quantum nature, they never actually become the objectively existing objects that they appear to be, any more than the earth actually becomes flat even though it might appear that way. The apparent observation of an electron's actual position, in other words, results from our ignorance of its quantum coherence. When the quantum coherence is ignored, the electron appears as if it had an actual position. In reality, however, the electron does not have any actual position, just as the earth does not have any actual flatness when we ignore its curvature. We can only imagine that the position actually exists by ignoring the quantum coherence.

Thus, according to quantum physics, the attributes of physical objects are only imagined by us to have definite or actual existence. Or, as Sengtsan might say, they are empty of such existence. Just as the earth always is round, but appears with greater or lesser degrees of curvature, these objects always exist in a state of quantum coherence, appearing with greater or lesser degrees of decoherence. The electron in our double-slit experiment, for example, is very coherent when it remains unobserved. Thus, it does not have a definite position at one slit or the other. But when the electron's position is measured at one of the slits, its coherence becomes so difficult to detect that we can imagine the electron to have a definite position. Thus, in one sense, it appears as though we can precisely measure a position of the electron. Yet, in another sense, such a position never really can be shown to have definite existence.

This testimony of modern physics has striking resemblance to the testimony of the mystics.

Consider, for example, the words of the Buddha:

*I teach the non-existence of things because they carry no signs of inherent self-nature. It is true that in one sense they are seen and discriminated by the senses as individualized objects; but in another sense, because of the absence of any characteristic marks of self-nature, they are not seen but are only imagined. In one sense they are graspable, but in another sense, they are not graspable.*<sup>11</sup>

Remarkably, both physics and mysticism teach us that the appearance of an objectively existing world independent of observation is an illusion. Moreover, they both say that even the observed world does not exist objectively with anything like the definiteness that we imagine. And this illusion of definite objective existence, they tell us, arises from our ignorance of the true nature of phenomena. Far from being incompatible with the testimony of the mystics, therefore, modern science seems to make many of the same claims as the great mystical traditions about the nature of phenomena.

Although modern physics is quite compatible with mysticism, this does not imply that the evidence of physics proves or validates the claims of mystics. While their claims converge, the type of

experience used by physicists and mystics to validate claims are significantly different. Whereas physics is fundamentally extrospective, mysticism is radically introspectiveâ€”to the point of transcending the subject-object distinction altogether. The mystic's non-dualistic Knowledge or Gnosis far transcends any knowledge derived from physics. Gnosis does not, and cannot, be demonstrated or proved using physics. Nevertheless, an understanding of the compatibility between modern physics and mysticism can provide the valuable service of helping to dispel the illusion of materialism, and reveal the Gnosis that is already our true nature. For, just as we falsely imagine the electron to have an actual position by ignoring its true nature, so we falsely imagine that we have actual ignorance by ignoring our true nature. So, by recognizing that our own ignorance is itself falsely imagined to be real, our true nature is clearly revealed.

Tom, Spring 1999

Notes

1. Niels Bohr, *The Philosophical Writings of Niels Bohr*, Vol. I, (Woodbridge, Connecticut: Ox Bow, 1987), p.54.
2. *Challenge and Response*, (Eugene, Oregon: The Center for Sacred Sciences, 1992), p. 10.
3. Sengtsan, *hsin shin ming: verses on the faith-mind*, tr. Richard B. Clarke (Buffalo, New York: White Pine Press, 1984).
4. Werner Heisenberg, *Physics and Philosophy*, (New York: Harper and Row, 1962), p.145.
5. Dwight Goddard, ed. *A Buddhist Bible*, (Boston: Beacon Press, 1970), p. 313.
6. Heisenberg, p. 201.
7. Bohr, p. 1.
8. Heisenberg, p.70.
9. Werner Heisenberg, *Physics and Beyond*, (New York: Harper and Row, 1971), p.95.
10. Niels Bohr, as quoted in Heisenberg, *Physics and Beyond*, p. 206.
11. Goddard, p. 297.

# Raising Our Consciousness

Stepping Out From Where We Were

---

Albert Einstein said,  
“No problem can be solved from the same consciousness  
that created it.  
We must learn to see the world anew.”

A Nobel Prize winner, Albert Einstein’s scientific theories transformed the world’s understanding of the universe and its workings, so we can believe that these words come from his personal experience and helped him to explore both science and life itself.

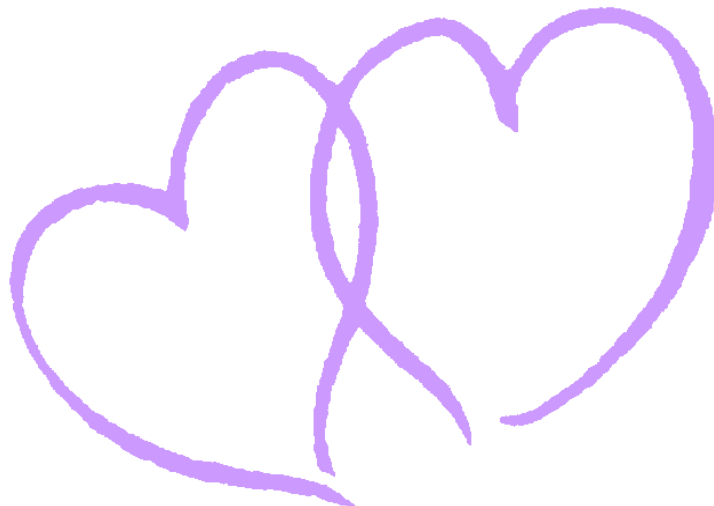
He offered us an example of what can be learned by looking deeply into nature to reach a deeper understanding of all life and by following our ideas to their logical conclusions in our minds before acting upon them in the world.

When we apply this quote to our lives, we can see that we cannot create abundance by staying in a consciousness of poverty, nor can we gain a sense of power in our lives while identifying ourselves as a victim.

Situations begun from anger or fear can have little chance of reaching a state of peace and trust unless someone involved can conceive of that possibility and act upon it. We need to find ways to step outside of our limited understanding in order to seek a bigger picture.

One way to do this is to shift our perspective to see the situation from another’s point of view and ideally the perspective of all others involved. Even if we can’t truly know another’s motivations, by imagining what they might be, we open ourselves up to numerous possibilities and an expanded vision.

This alone can shift our feelings of anger to compassion and the desire for a positive solution for all involved.



## **NOW is the time to choose.**

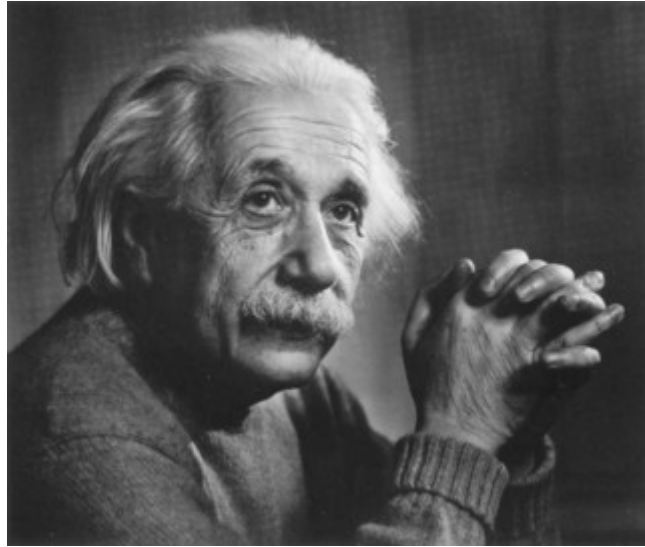
Choose wisely for your choice will become your destiny.

Awe, wonder, gratitude, joy, compassion, kindness, beauty, truth, peace, tranquility, creativity, presence, silence, song, contentment, sweetness, openness, acceptance, understanding, surrender, unfolding, radiance, perfection, stillness, nature, love, warmth, release, humility, lightness, freedom, wisdom, unity, expansion, limitlessness, reverence, awakening, illumination, synergy, cooperation, discovery, sharing, blessing, grace, creating, uplifting, encouraging, empowering, loosening, smiling, embracing, floating, soaring, honoring, freeing, taking responsibility, celebrating, dancing

Fear, anxiety, anger, hatred, loathing, addiction, lust, envy, labeling, separation, judgment, retribution, sloth, gluttony, greed, pornography, violence, condemnation, selfishness, deception, murder, theft, name calling, arrogance, pride, narcissism, gossip, constraint, control, dominance, dehumanizing, consuming desire, clinging, limiting, revenge, torture, isolation, chaos, blocking, war, rejecting, exploiting, using, consuming, tricking, cursing, destroying, damning, tightening, punishing, stopping, killing, objectifying, making dependent, seizing power, hoarding, blaming, belittling

The choice is yours. The time is NOW!

# Challenge your assumptions



Albert Einstein, who once said, "Imagination is more powerful than knowledge," was well known for his esteem of the concept of "thinking like a child."

This attitude allowed him to understand the universe in profound ways. He used his imagination to conduct "thought experiments" that helped him see the world from new perspectives.

In some of his more famous "thought experiments," Einstein would imagine himself riding on top of a beam of light and then asking questions about what this experience would be like.

For example, if he had a flashlight and turned it on, would he see a frozen beam of light coming from the flashlight riding beside him? If he held a mirror in front of his face, would he see a reflection? Would he even see the mirror at all?

Einstein understood that his imagination would help him see what is possible, instead of what everyone else thought to be obvious or assumed to be true at the time.

In Einstein's case, he gave his imagination the power, and not the knowledge or theories of the day. In fact, his imagination challenged and revolutionized scientific theory and the way we think about the nature of our universe.



Robert Kennedy said, "Some men see things as they are and ask why. I dream things that never were and ask, why not?"

I believe that imagination is more powerful than knowledge because while knowledge helps you see and understand things as they are, imagination allows you to see things as they could be.


### Challenge Your Assumptions

Have you ever observed a child? They are very curious and use their imaginations constantly. They also have the ability to see situations from a completely different perspective. Perhaps it is that they don't make the same assumptions that adults would make in the same situation.

There is a well-known story about a truck that got stuck underneath a low bridge. The adults had tried everything to get it out, from pushing it with another truck to pulling it with chains.

Then, a child came to the scene and said, "Why don't you take the air out of the tires?" It worked!

That child was able to sit back and view the situation from another perspective. He used his imagination to offer a solution. You can do this too by challenging your assumptions.



"To see a World in a Grain of Sand,  
And Heaven in a Wild Flower,  
Hold Infinity in the Palm of Your Hand,  
And Eternity in an Hour."

# DNA can Repair itself with "feelings" ....

DNA can Repair itself with "feelings"  
DNA REPORT by Greg Braden

Below are three astonishing experiments with DNA which proves that DNA can heal itself according to the "feelings" of the individual as reported recently by Gregg Braden. In his recent program entitled Healing Hearts/Healing Nations: The Science of Peace and the Power of Prayer, Gregg Braden discussed how in the past we lost huge amounts of information from ancient spiritual traditions (when the library at Alexandria burned we lost at least 532,000 documents), and that there may be information in those traditions which could help us understand some of the mysteries of science. To this end he reported on three very interesting experiments. Gregg Braden started off as a scientist and engineer, before he began pursuing these larger questions.

## EXPERIMENT Number 1

The first experiment reported was done by Dr. Vladimir Poponin, a quantum biologist. In this experiment, first a container was emptied (i.e. a vacuum was created within it), and then the only thing left photons (particles of light) they measured the distribution (ie the location) of the photons and found they were completely random inside the container. This was the expected result.

Then some DNA was placed inside the container and the distribution (location) of the photons was remeasured. This time the photons were LINED UP in an ORDERED way and aligned with the DNA. In other words the physical DNA had an effect on the non- physical photons.

After that, the DNA was removed from the container, and the distribution of the photons was measured again. The photons REMAINED ORDERED and lined up where the DNA had been. What are the light particles connected to?

Gregg Braden says we are forced to accept the possibility that some NEW field of energy, a web of energy, is there and the DNA is communicating with the photons through this energy.

## EXPERIMENT Number 2

These were experiments done by the military. Leukocytes (white blood cells) were collected for DNA from donors and placed into chambers so they could measure electrical changes. In this experiment, the donor was placed in one room and subjected to "emotional stimulation" consisting of video clips, which generated different emotions in the donor. The DNA was placed in a different room in the same building. Both the donor and his DNA were monitored and as the donor exhibited emotional peaks or valleys (measured by electrical responses), the DNA exhibited the IDENTICAL RESPONSES AT THE EXACT SAME TIME. There was no lag time, no transmission time. The DNA peaks and valleys EXACTLY MATCHED the peaks and valleys of the donor in time.

The military wanted to see how far away they could separate the donor from his DNA and still get this effect. They stopped testing after they separated the DNA and the donor by 50 miles and STILL had the SAME result. No lag time; no transmission time.

The DNA and the donor had the same identical responses in time. What can this mean? Gregg Braden says it means that living cells communicate through a previously unrecognized form of energy. This energy is not affected by time and distance. This is a non-local form of energy, an energy that already exists everywhere, all the time.

## EXPERIMENT Number 3

The third experiment was done by the Institute of Heart Math and the paper that was written about this was titled: Local and Non local Effects of Coherent Heart Frequencies on Conformational Changes of DNA. (Disregard the title! The info is incredible.)

This is the experiment that relates directly to the anthrax situation. In this experiment, some human placenta DNA (the most pristine form of DNA) was placed in a container from which they could measure changes in the DNA. Twenty-eight vials of DNA were given (one each) to 28 trained researchers. Each researcher had been trained how to generate

and FEEL feelings, and they each had strong emotions.

What was discovered was that the DNA CHANGED ITS SHAPE according to the feelings of the researchers:

1. When the researchers FELT gratitude, love and appreciation, the DNA responded by RELAXING and the strands unwound. The length of the DNA became longer.

2. When the researchers FELT anger, fear, frustration, or stress, the DNA responded by TIGHTENING UP. It became shorter and SWITCHED OFF many of our DNA codes! If you've ever felt "shut down" by negative emotions, now you know why your body was equally shut down too. The shut down of the DNA codes was reversed and the codes were switched back on again when feelings of love, joy, gratitude and appreciation were felt by the researchers.

This experiment was later followed up by testing HIV positive patients. They discovered that feelings of love, gratitude and appreciation created 300,000 TIMES the RESISTANCE they had without those feelings. So here's the answer to what can help you stay well, no matter what dreadful virus or bacteria may be floating around. Stay in feelings of joy, love, gratitude and appreciation!

These emotional changes went beyond the effects of electro-magnetics. Individuals trained in deep love were able to change the shape of their DNA. Gregg Braden says this illustrates a new recognized form of energy that connects all of creation. This energy appears to be a TIGHTLY WOVEN WEB that connects all matter. Essentially we're able to influence this web of creation through our VIBRATION.

#### SUMMARY:

What do the results of these experiments have to do with our present situation? This is the science behind how we can choose a timeline to stay safe, no matter what else is happening.

As Gregg explains in The Isaiah Effect, basically time is not just linear (past, present and future), but it also has depth. The depth of time consists of all the possible prayers and timelines that could ever be prayed or exist. Essentially, all our prayers have already been answered. We just activate the one we're living through our FEELINGS.

THIS is how we create our reality - by choosing it with our feelings. Our feelings are activating the timeline via the web of creation, which connects all of the energy and matter of the Universe.

Remember that the law of the Universe is that we attract what we focus on. If you are focused on fearing whatever may come, you are sending a strong message to the Universe to send you whatever you fear. Instead if you can get yourself into feelings of joy, love, appreciation or gratitude, and focus on bringing more of that into your life, you are going to avoid the negative stuff automatically.

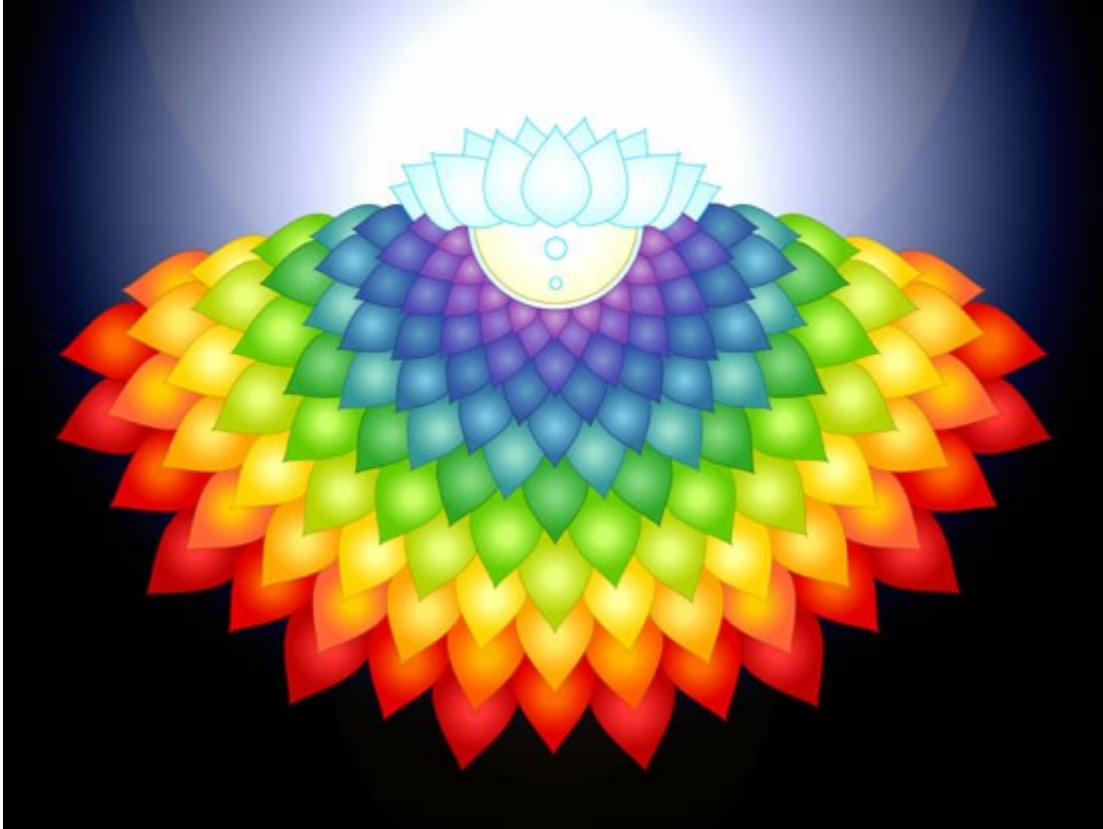
You will be choosing a different TIMELINE with your feelings.

You can prevent getting anthrax or any other flu, virus, etc, by staying in these positive feelings, which maintains an incredibly strong immune system.

So here's your protection for whatever comes: Find something to be happy about every day, and every hour if possible, moment-to-moment, even if only for a few minutes. This is the easiest and Best Protection You Can Have.



# INTENTION



Essential concept for attracting and manifesting what you want

Setting an intention is something we all have done in the past and naturally have the ability to do. However, many of us have not learned how to harness the awesome power behind setting an intention yet.

If you look at the typical behavior of your mind, you'll see it is constantly creating intentions. Some are weak while others are more solid and trustworthy. It's easy to understand why your wimpy intentions don't always manifest results, yet why wouldn't all of your strong intentions? What is the secret to making your solid intentions manifest results faster and easier?

The answer lies in the **LENGTH OF TIME** you can actually hold on to the **FEELING** of your desired outcome. Here is a great manifesting secret to explore:

The number of seconds you can hold on to a specific desired outcome with a feeling of genuine excitement and joy is indirectly proportional to the amount of time it takes to manifest in your world.

This means that imagining your desired outcome has happened for 60 seconds will manifest that outcome twice as fast for you as if you held it for 30 seconds. So how long can you hold on to ONE thought? Your ability to hold an intention for a longer period of time depends on how much you can quiet your mind.

This quietness is based on several things, but mainly it is created from your personal connection with the Universal Source. The secret to increasing this connection is rooted in your ability to trust the Universe, let go of attachment to specific outcomes, and relax while enjoying the magical manifesting process!

As you learn how to consistently trust in the Universe and yourself, you will also have more of a KNOWING and FEELING that your desired outcome is already on its way. The Universe will give you signs along the path to guide you through apparent problems, personal issues and distractions that may stop you.

It is good to know that these "distractions" are a natural part of the manifesting process. Without them, you wouldn't get the inspiration, motivation, or spark of creativity to come up with any revolutionary new ideas about how to evolve as a spiritual being in this world.

These problems and distractions help you to WAKE UP and make your life more alive and juicy! They create a greater awareness inside of you, and actually raise your consciousness. When the moment comes that you feel free from this distracting problem, you experience a great alignment with the Universe again, and can FEEL how intimately and divinely connected you are with everything.

If we don't change, we don't grow. If we don't grow, we are not really living. Growth demands a temporary surrender of security.

Most people just wish their lives would change. They send out wishy-

washy energy with their words, thoughts and feelings, and thus get weak results in return. Often people will unconsciously choose to have weak intentions because it's a great excuse for not succeeding, and is easier than continuing to work harder to reach their goal.

On the other hand, sometimes the habit of working too hard can be a hindrance, especially if we forget to make time to practice receiving the FEELINGS we are really desiring. So set some time aside tomorrow morning to relax into those feelings you most desire. Whether it is pure joy, abundance, or being loved, admired or appreciated, make time to imagine whatever will give you those feelings inside.

Manifesting happens easily and effortlessly when you open yourself to your feelings, are clear about what you want, and can trust in your personal connection with the Universe. When you live your life from this space everyday, you don't get upset if your desires don't manifest at the expected time. Instead, you find yourself committed to being more passionate about FEELING what you really want to experience inside.

With practice, you will see the Universe magically responds to every intention you put out. In fact, once you start on this manifesting path, it only becomes easier and more fun to create anything you desire.

There are basically two movements of consciousness: love and fear. Love is allowing what is, and fear is resisting it.



~ D a v i d ~

## it's All True

By Christopher Moors | [creativecosmos.org](http://creativecosmos.org)

No matter how loud the cacophony of chaos, one voice with Will locked in behind Truth can part the clouds and spring forth rainbows across the land. The corrupted messages of the deceivers take constant effort to reinforce and propagate, while the truth remains as it was, is, and ever shall be no matter how hard the attempt to alter perception and cause complete forgetfulness in the populace. That is the greatest advantage to those rising up to take back the Earth from the disease of Greed, one of the final plagues visited upon humanity on their way to evolving out of 3D into higher and higher frequencies. Awareness reveals what is already there in the subtler realms.

A single sentence written in truth can wash away a mountain of lies. When an individual links to their inner source, they are not just a single person, but a conduit of the universal energies. This is how Existence itself is coming to the aid of the people as of yet not awakened enough to



dig themselves out of the pit they have been thrown into by the Beast. You can be sure that there is indeed a type of tribulation occurring. This series of events is carefully managed by spirit and only allowed to go so far as it takes to wake people up through compression. Gaia would never let her beauty be desecrated in the manner of Mars and before that Minerva the asteroid planet.

The Universe can use the willing facilitator like a cosmic paintbrush. Drawing from lifetimes of experience carried by the Conscious Soul within a Body, vast tapestries of reality are painted again and again. Even if the original exposure to materials from the higher planes of existence are ignored or mocked, it will become part of the momentum which will eventually break the psychic wall so carefully built around each vulnerable incarnation. We truly are seeds with the potential to become more. This will not occur without proper nourishment. Love is sunlight to the soul, and acceptance is water. As the young Soul seedling emerges it is extremely delicate.

With no frame of reference in the outer world, a burgeoning being can go mad due to the inability to place what is happening. Sometimes people who have ingested psychedelics have this problem. They aren't crazy; they just need to be talked back into the body. There is a tremendous amount of input to sort out and the best method is non-attached assimilation. When you retain space inside unmoved by the oscillations of manifested activity, you can burn through every brain path without turning it into a belief. It simply becomes territory which can be drawn from when experiencing each completely new moment. Eventually you will realize that the absurd is the norm and it won't shock you anymore.

I call all Generation Xers just finding your Voice to speak up loudly and profoundly. There is no time to lose! There are a few Baby Boomers not locked into their generations disastrous lack of reason, but salvation for the future is only going to come from a new vision born from the

understanding that incorporates all information from all history, and then leaves it behind for the transcendent truth that some have always known and the rest of the Earth is just finding out about. This is about nothing less than the survival of the human species and the protection of our evolution to the next level of being. We are light, love, and wisdom. Remember this and youll know what to do.

~Christopher Moors

Article from: <http://www.creativecosmos.org/>

## LIFE, LIBERTY AND THE PURSUIT OF ...



... WELL, *WHAT*, EXACTLY?

Hello all ...

The American Declaration of Independence pledged the following on July 4th 1776:

*'We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.'*

They are fine words on the face of it, but that's all they ever were. Even when they were written it was already far from self-evident that all men (notice 'men') were created equal as the Christian religion and its bigoted extremists imposed their iron will on the population. If you were a Christian child you were immediately more equal than one who was not. Also, many of the key people in the founding of America, based, they claimed, on those declared values, were slave owners.

Today, the idea that everyone is created equal, or at least continues to be so within seconds of their birth, is ludicrous. In the United States the opportunity gap is utterly obscene as we see grotesque poverty amid almost unimaginable wealth.

So let's amend that a little in the light of reality: *'All men are created equal, but we soon put a stop to that'*.

Then there's the bit about people being *'endowed by their Creator with certain unalienable Rights, [and] that among these are Life, Liberty and the pursuit of*

*Happiness'.*

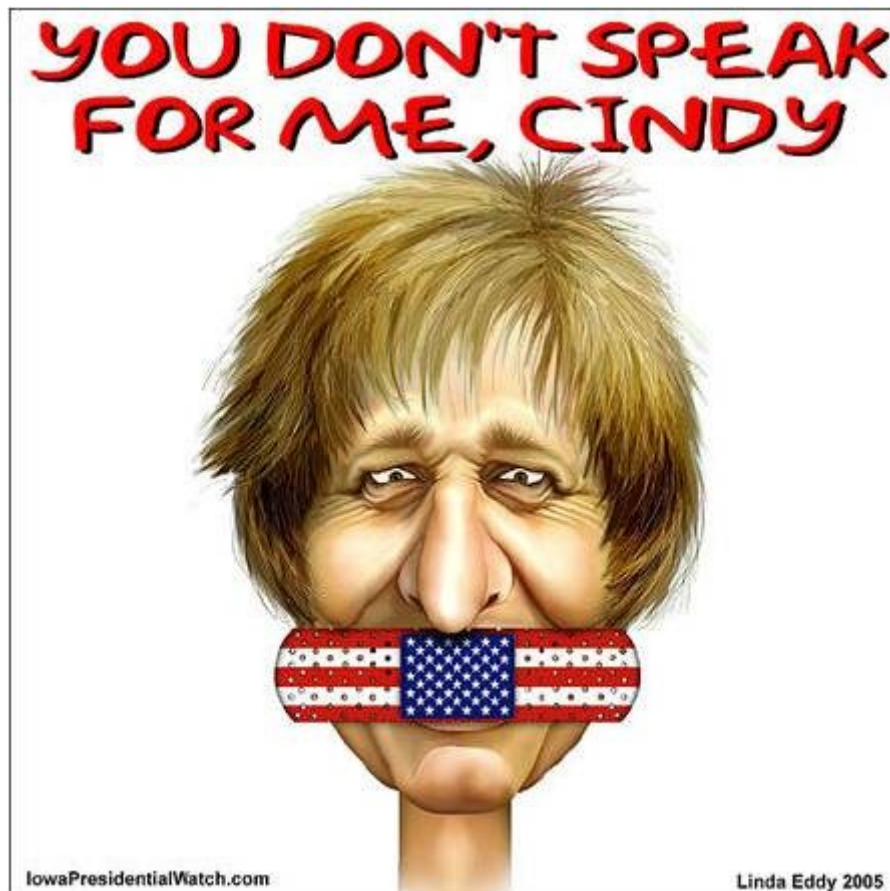
A right to life? Some 50,000 people were killed as a result of the war that led to this very declaration and hundreds of millions have died at the hands of American troops and policies alone in the centuries that have followed. Did the more than a million Iraqi civilians so far killed by invasion and sanctions have an unalienable ('incapable of being surrendered') right to life?? Words are easy - *being* them is something else.

Okay, another quick re-write in the light of events:

*'... all men are created equal, but we soon put a stop to that; they are endowed by their Creator with certain unalienable Rights and among these are Life, unless we decide otherwise.'*

The reference to the unalienable right to 'Liberty' is at the heart of America's self-image and many other countries across the world, including Britain and, astonishingly, the fascist European Union. The United States is the 'Land of Liberty', the 'Land of the Free'. I know that's true because they keep telling me.

But what does freedom and liberty really mean in this context? Of course, it means the freedom to agree with the prevailing 'wisdom', the freedom to conform and the liberty to complain about the government knowing that it will make no difference. Even then, don't complain too loudly or effectively or there will be someone at the door.



People like Cindy Sheehan can't even speak out against the death of her soldier son and the manipulated war that killed him in Iraq without facing the wrath of

government agencies, the armchair John Waynes and the lilly-livers in the mainstream media. The idea that the United States, or anywhere else on this planet, is a place of true freedom is just a mantraed myth designed to make the slaves believe they are free.

So:

*'... all men are created equal, but we soon put a stop to that; they are endowed by their Creator with certain unalienable Rights, and among these are Life, unless we decide otherwise, and the Liberty to agree and conform.'*

Now, that 'right to pursue happiness'. Well, first of all the *pursuit* of happiness is a mugs game because while you are pursuing something you never actually get there. It is like sitting on a carousel spending your whole life in pursuit of the horse's arse in front.

'Now you are at the end of your life, how would you sum it up?'

'I chased a horse's arse.'

'What *all* your life?'

'Yes.'

'Did you catch it?'

'No, it was always just too far away, but I thought I was getting closer once.'



*'Faster, faster ... I want to be happy ...'*

Surely the 'right' to pursue happiness should relate to *being* happy, not forever trying to get there. Even then, most of the time people are pressured not to do what makes them happy if that is at odds with what *officially* constitutes being happy - a bigger house, bigger car, and, increasingly, bigger fridge. All of them are equine rear-ends in



disguise.



*Look at my lovely big house ...*



*... And my lovely big car ... latest model ...*

I'm not saying that people shouldn't want or have what they desire in terms of home, car, fridge, money, whatever; but as a way to find true happiness they are illusions, false trails and white rabbits. Happiness and contentment comes from within, not from bricks and mortar or a new set of wheels. The pursuit of happiness is really the pursuit of what *the system* has decided should make you happy - not what actually does. Therefore:

*'We hold these truths to be self-evident, that all men are created equal, but we soon put a stop to that; they are endowed by their Creator with certain unalienable Rights, that among these are Life, unless we decide otherwise, Liberty to agree and conform, and the pursuit of happiness, so long as we define what should make you happy.'*

There, that's more like it.

But at least the American Declaration of Independence *includes* the word 'happiness'. Usually it is never referred to by governments, nor seen as a legitimate desire. Indeed, the entire global system is designed to deny people states of happiness and bliss because they are not good for business or control.

To keep us in line and our spirit in traction they have to maintain us in varying degrees of *unhappiness*. I have observed in myself and others over the years that

when we say we are 'happy', it is really a state of being less *unhappy* than usual.

Most humans have never known happiness, only greater or lesser levels of *unhappiness*. I have experienced our natural state of bliss here and there and I can tell you that the word 'happiness' does not even begin to suffice. It is a 'being' where you are everything and everything is you. 'Happiness'?, blimey. That is as nothing compared to this state of Infinite Awareness, Infinite 'Is-ness'.

And it is not something you 'pursue'; it is something you *are*.

Those forces that manipulate this collective reality are terrified that humanity will realise that it needs to stop pursuing and start to *be*. The carousel analogy is appropriate here again. How can we connect and communicate with that which is still and in a no-time state while we are hurtling around at break-neck speed in frantic *pursuit* of everything?



*'Quiiiiiik ... must dash, must run ... look at the time ... I have to be happy by twenty past three ...'*

I went to Hong Kong once and found the most blatant example of what I am talking about here. I have never seen so many buses, trams, trains and ferries, one after the other, most of them full. The streets were packed with people with deadened eyes moving, moving, moving ... must go, must go, must go. It looked to me like someone had once shouted 'fire' and the panic has never stopped.

Where were they all going? Why were they going there? Did they even know?



No offence to Hong Kong, though, because you find the same in towns and cities all over the world. I was on a TV show early one morning at the massive Canary Wharf office complex in London and, by the time it was over, the train station inside the building was spewing out its fodder for another 'day at the office'.

I stood there as they poured past me, ant-like, with their lifeless faces and distant eyes betraying no joy, no zest, nor spirit. Conveyor-belt people in their conveyor-belt world. The system had got them and they were now its servants and slaves.

Mention of ants is appropriate because ant colonies work by following the vibrational messages broadcast by the queen. That's how they know what to do, where to go, to serve the colony.

There is a human version of this, also, with 'the system' playing the queen. Appropriately, those who have created and manipulate the system worship the 'Great Queen' or goddess of Babylon and elsewhere, and it is their system that communicates to the mass of worker-people to dictate what they will and will not do.



*'Isn't it great to be free?'*

*'Oh yes, the queen was telling me that only the other day.'*

It is the system, founded on fresh-air money, selling a false reality and equating happiness to possessions, that keeps the carousel zipping around at an ever faster

pace. It is the every-repeating circle that claims to be heading somewhere. Roll up, roll up and take a magical ride back to where you started. As John Lennon put it in *Working Class Hero*:

*As soon as you're born they make you feel small,  
By giving you no time instead of it all,  
Till the pain is so big you feel nothing at all,  
They hurt you at home and they hit you at school,  
They hate you if you're clever and they despise a fool,  
Till you're so fucking crazy you can't follow their rules,  
When they've tortured and scared you for twenty odd years,  
Then they expect you to pick a career,  
When you can't really function you're so full of fear,  
Keep you doped with religion and sex and TV,  
And you think you're so clever and classless and free,  
But you're still fucking peasants as far as I can see,  
There's room at the top they are telling you still,  
But first you must learn how to smile as you kill,  
If you want to be like the folks on the hill.*

There is another way.

The system gets you by fear of not surviving. It gets you by fear of what other people think. It gets you by implanting constant insecurity. And it gets you through a belief that the accumulation of 'things' is the route to happiness.

In short, to quote Oscar Wilde, it wants you to know 'the price of everything, but the value of nothing'.

- The fear of not surviving makes people serve the system and obey its reality as the only way to ensure financial survival.
- The fear of what other people think makes people conform to what is acceptable to everyone else, thus becoming a clone of those whose condemnation or ridicule they fear.
- The implantation of insecurity means that people look outside of themselves for their sense of security and self in the way that other people view them. Their insecurity is desperate to be seen as successful and so they have to succeed in the system's terms because these 'other people' are programmed to see 'success' in the same way. To them, if you are poor but happy you are a failure. 'What do you mean you don't want a Ferrari? Idiot.'
- A belief in the equation of possessions = happiness means that you pursue the accumulation of more and bigger 'things' believing that at some time you'll have so many cars, houses and bank accounts that you will pass the threshold into 'happiness'. I have met a lot of rich people, not many of them happy.

But let us look at those four points from another angle.

Firstly, it is impossible not to survive because we are Infinite Consciousness incapable of 'death', which makes fear of not surviving the ultimate self-delusion. You can leave the body, yes, as everyone does eventually (thank goodness), but you cannot cease to be.

Even in a financial sense you will always have what you need as long as you flow with your heart intuition - your connection to Infinite Self - and don't let mind and emotion block that flow by fear of being without or seeing yourself as a victim of circumstance.

Fear of what other people think (notice the recurring four-letter-word here) is overcome once you realise that how others see you *doesn't matter*. They'll think something else tomorrow. And what are we doing conceding our uniqueness to those who don't even respect our right to be different? Sod 'em, I say.

Closely related to that is the need to find security in how other people see us because we do not have the inner-security that has no desire to be seen in any way whatsoever. We don't have to 'succeed' by the system's rules just because the system-minds of others will only then acknowledge our 'success'.

In fact, we don't even need to succeed at all. What is that, anyway? It's all subjective and perspective. We just need to follow our heart, our passion, and what is, is. What we call 'success' and 'failure' is just a point of observation at a point in what we call 'time'. From an out-of-body perspective the two might be switched, and invariably are.

And so back to happiness. To be happy, we need to stop looking for it, stop pursuing it, and certainly stop seeking it out in the shopping mall or real estate office.

Just *be* happy. We spend so much time seeking that we forget to find. It is not about what makes us happy, but what makes us *unhappy* that we need to identify. What is it that puts us into that state we call unhappiness?

That's the key to 'finding' happiness, contentment and joy because we are *already* all of those things; it is our natural state as Infinite Awareness. So what is creating the barrier to experiencing that, to *being* what we already *are*?

The answer is almost always some irrelevant bollocks that we build into something much greater than it really is. We take life too bloody seriously and that can make a mole hill look like the Himalayas.

We want to be happy? Okay let's *be* happy. From this moment *beeeee* happy and just laugh because it's all a cosmic joke anyway. Isn't that right, Mona?



*'Si, si ... Two peanuts walk into a bar. One was a salted ...'*



*'... I used to be schizophrenic, but we're all right now ...'*



*'A horse goes into a bar and someone says: "Hey buddy, why the long face" ...'*



*'... What do you call a fish with no eyes? A fsh .....*



*'Someone stole the police station toilet ... the cops say they have nothing to go on .....*

What makes us happy? *Nothing* does, for nothing can. We are *already* happy, *already* incarnated bliss. We have just forgotten.

---

### **LIVING OR ... *LIFE* ...?**



Everybody's talking at me.  
I don't hear a word they're saying,  
Only the echoes of my mind.  
People stopping, staring,  
I can't see their faces,  
Only the shadows of their eyes.



I'm going where the sun keeps shining  
Through the pouring rain,  
Going where the weather suits my clothes,  
Backing off of the North East wind,  
Sailing on summer breeze  
And skipping over the ocean like a stone.

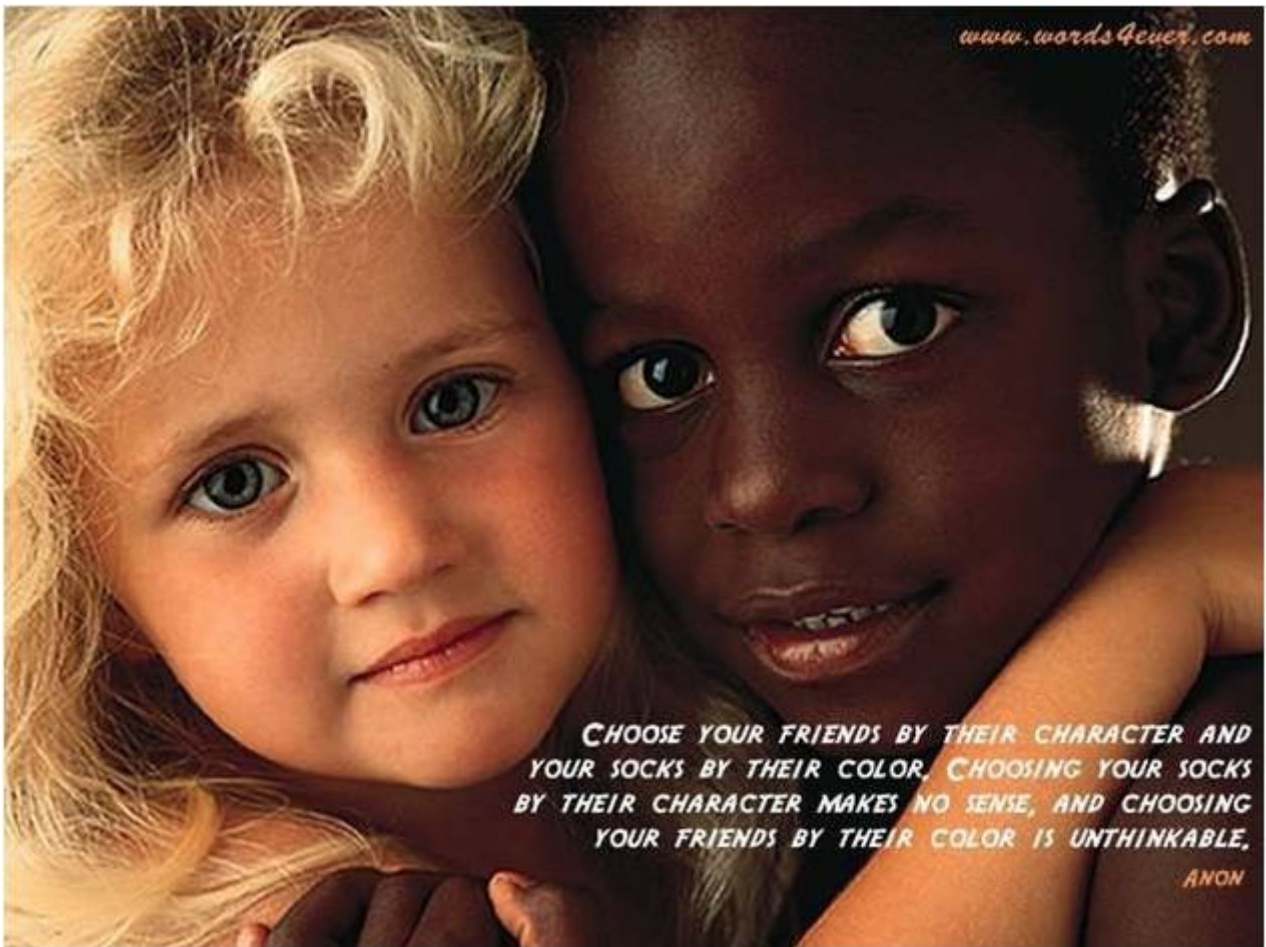




[www.words4ever.com](http://www.words4ever.com)

*When you are content to be simply  
yourself and don't compare or compete,  
everybody will respect you.*

*Lao-Tzu*



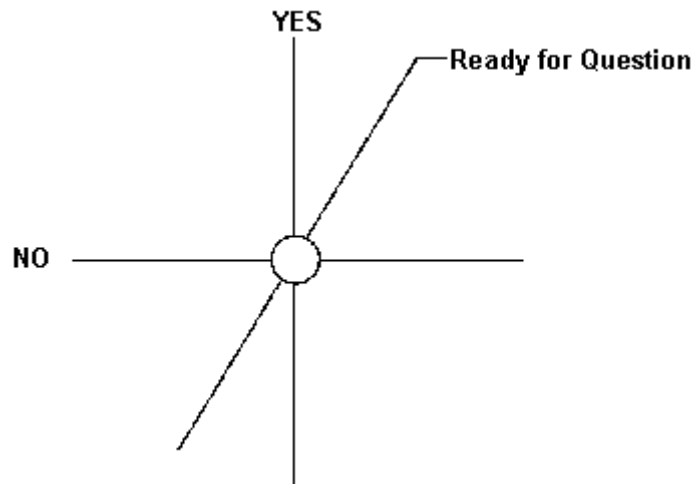
[www.words4ever.com](http://www.words4ever.com)

*CHOOSE YOUR FRIENDS BY THEIR CHARACTER AND  
YOUR SOCKS BY THEIR COLOR. CHOOSING YOUR SOCKS  
BY THEIR CHARACTER MAKES NO SENSE, AND CHOOSING  
YOUR FRIENDS BY THEIR COLOR IS UNTHINKABLE.*

*ANON*

# A Mini-Course in Pendulum Dowsing

## by Walt Woods



10th Revision

March 2001

RBN 10.4

Copies may be purchased from

The American Society of Dowsers Bookstore

430 Railroad St. Ste. #1

St. Johnsbury, Vermont 05819

Phone(802) 748-8565

1-(800) 711-9497

[Web Site - http://www.dowsers.org](http://www.dowsers.org)

© Walter Woods. March 2001, RBN 10, may be copied in part or whole for personal use, for friends or clubs. It may not be copied for used in, or as, a for-profit sale item without written permission from the author.

RBN 10.4 First Edition 1990, revisions 90, 91, 92, 93, 94, 95, 96, 98, 01

MANY THANKS

To my loving wife Joyce for her infinite patience and excellent spelling ability. To Angela, Boyd, Carmen, Cynthia, Jeanne, Joline, Linda, Nicolas, Robin and Tony for their editing suggestions. And to the many dowsers who shared their wisdom,

ideas, experiences and understanding  
to help make this booklet possible.

Published by: The Print Shoppe, P.O. Box 5692, Oroville, CA 95966 - (916) 533-1111

## Table Of Contents

|                                                                       |                        |
|-----------------------------------------------------------------------|------------------------|
| <a href="#">Robin's Questions.....</a>                                | <a href="#">Page 1</a> |
| <a href="#">What is Dowsing.....</a>                                  | <a href="#">1</a>      |
| <a href="#">The Dowsing Tools.....</a>                                | <a href="#">1</a>      |
| <a href="#">Learning to Dowse.....</a>                                | <a href="#">2</a>      |
| <a href="#">Ten Suggested Steps.....</a>                              | <a href="#">2-6</a>    |
| <a href="#">Time and Place.....</a>                                   | <a href="#">2</a>      |
| <a href="#">Getting Started - First Six Steps.....</a>                | <a href="#">2</a>      |
| <a href="#">Basic Dowsing Chart.....</a>                              | <a href="#">3</a>      |
| <a href="#">Half Way.....</a>                                         | <a href="#">3</a>      |
| <a href="#">Programing Your Dowsing System.....</a>                   | <a href="#">4</a>      |
| <a href="#">Definition.....</a>                                       | <a href="#">4</a>      |
| <a href="#">Purpose.....</a>                                          | <a href="#">4</a>      |
| <a href="#">Three Steps.....</a>                                      | <a href="#">4</a>      |
| <a href="#">Installing the Primary Program.....</a>                   | <a href="#">4, 5</a>   |
| <a href="#">Adding or Changing Programs.....</a>                      | <a href="#">4, 5</a>   |
| <a href="#">Final Check.....</a>                                      | <a href="#">4, 5</a>   |
| <a href="#">More Advanced Dowsing Chart.....</a>                      | <a href="#">5</a>      |
| <a href="#">About Your Pre-Programing.....</a>                        | <a href="#">6</a>      |
| <a href="#">When to Trust Your Dowsing.....</a>                       | <a href="#">6</a>      |
| <a href="#">The Dowsing Question.....</a>                             | <a href="#">7</a>      |
| <a href="#">The Question.....</a>                                     | <a href="#">7</a>      |
| <a href="#">Three Rules.....</a>                                      | <a href="#">7</a>      |
| <a href="#">Developing the Dowsing Question.....</a>                  | <a href="#">8</a>      |
| <a href="#">The Question Test.....</a>                                | <a href="#">8</a>      |
| <a href="#">For Best Dowsing Results.....</a>                         | <a href="#">8</a>      |
| <a href="#">Ten Suggested Do's and Don'ts When Dowsing.....</a>       | <a href="#">9</a>      |
| <a href="#">Diagnosing Caution.....</a>                               | <a href="#">9</a>      |
| <a href="#">Some Basic Dowsing Tools.....</a>                         | <a href="#">10,11</a>  |
| <a href="#">Some Suggested Programs.....</a>                          | <a href="#">12,13</a>  |
| <a href="#">How Does Dowsing Work?.....</a>                           | <a href="#">14,15</a>  |
| <a href="#">Overview of Interesting Areas to Dowse.....</a>           | <a href="#">16</a>     |
| <a href="#">Suggested Steps in Dowsing the Interesting Areas.....</a> | <a href="#">16,17</a>  |
| <a href="#">100+ Interesting Areas to Dowse.....</a>                  | <a href="#">18</a>     |
| <a href="#">Multipurpose Dowsing Chart.....</a>                       | <a href="#">19</a>     |
| <a href="#">Directions for Multipurpose Dowsing Chart.....</a>        | <a href="#">20</a>     |
| <a href="#">Suggestions for Using Letter To Robin.....</a>            | <a href="#">21</a>     |
| <a href="#">Additional Dowsing Charts - Inside Back Cover</a>         |                        |

RBN 10.4

By Walt Woods

### FOREWORD

**WHY:** Robin was having the same problems that many beginning dowsers have, trouble with accuracy and repeatability. She wisely wrote to the American Society of Dowsers asking for help. The Society sent her the names of ten Dowsers and I was privileged to be one of them. Robin sent a letter to each one and received informative letters from all of us. I had recognized the need for a booklet of this type for some time, but it was this letter that inspired me to start developing it. In an effort to make the booklet as clear as possible and with the suggestions from many dowsers, it is now in its tenth revision.

**SOURCE OF INFORMATION:** Over a period of ten years, starting in 1980, I had developed a "Multipurpose Dowsing Form" and its accompanying booklet. This dowsing system started as one page and eventually grew through twenty-six revisions to eight pages. The revisions were given

away at many dowsing meetings. As a result, I received information and suggestions from many dowsers. This stimulated new revisions. Eventually, the Multipurpose Dowsing System became so in-depth that beginning dowsers had trouble understanding it. It was then that I realized the need for a simple, easy to understand, how to learn to dowse booklet. This booklet needed to include instructions for using the pendulum, programing or establishing parameters and conditions for your dowsing, and how to ask the dowsing questions. Even though dowsers successfully use many different devices and many different methods, there appeared to be an underlying basic system at work. This letter to Robin is based on my perception of the principles, knowledge and understanding of many dowsers. Please note that skilled dowsers usually specialize and may add many refinements to their basic systems.

**FOR WHOM:** This Mini-Course in Pendulum Dowsing was designed as a learning tool for beginners. It could be used for a class or for discussion by experienced dowsers for it contains bits of information that even the most skilled dowsers may appreciate.

**HOW TO USE:** You can easily familiarize yourself with the whole booklet in twenty to thirty minutes and this is a good way to start. The beginner should return to page 2 and take one step at a time. Each step is explained in simple, easy to understand terms. You will be surprised how quickly you can learn to dowse.

**NOTE :** A word of warning: See middle of page 6 and all of page 9, particularly #7, before you try some areas. Go slowly, be careful, work with experienced dowsers when it involves other people or their money. In time and with practice, you will. be come an accomplished dowser and be very helpful to yourself and to others.

**Letter to Robin Page 1**

---

## LETTER TO ROBIN

### A Mini-Course in Pendulum Dowsing

I received a thoughtful letter from "Robin" asking some very interesting questions about dowsing. The following is a reconstruction of my reply.

**Dear Robin,**

First, thank you for your letter of inquiry. You have raised some very interesting questions. I will attempt to answer them as best I can. You stated that your dowsing wasn't working very well, and didn't feel you could trust it. You were curious if one dowsing tool was better than another. You asked if I could give you some ideas on how to improve your dowsing. You, also, said that you had heard that the wording of questions, asked while dowsing is very important. I hope I can be of some help. Please let me suggest some ideas for your consideration.

#### **What is Dowsing?**

Dowsing (Water Witching, Divining, Questing, Doodlebuging ... ) is the ancient art of finding water, minerals and other objects that seem to have a natural magnetic, electromagnetic or other perhaps unknown energy. Energies that the body seems to detect with its built-in, laboratory demonstrable sensors that are no more mysterious than seeing, hearing or feeling, and seem to be natural to all of us. As it is with music, many persons can develop a degree of dowsing skill with training, and practice.

A certain visual scene may cause a feeling, in your stomach and probably other unnoticed subconscious reactions. It may be that similar types of subtle unnoticed subconscious reactions, possibly from water or other sources, may give a subconsciously controlled response by means of the



**Y-Rod**

numerous types of dowsing devices. Y-Rod

The purpose of dowsing clubs is to share experiences, successes or failures and to gather information about this phenomenon. It's an exciting hobby and draws together people with open and searching minds. This searching has led to the discovery that we are sensitive to and respond to many subtle energies. The dowsing device seems to be simply a connection between our sensing system and our conscious mind. It's a fascinating world we live in.



**L-Rods**

### **The Dowsing Tools**

A dowsing tool appears to be simply a read-out, interface or communication device. It seems to be controlled through or by your subconscious, or something of that nature, although I'm sure there are many other factors involved. My observation has been that most experienced or professional dowsers use all the basic dowsing tools. These are usually the L Rod, Y Rod, Pendulum and the Bobber (see drawings and page 10). It depends on which one is handy, or quickly made by cutting a clothes hanger or hanging some object on a string. Usually is just the most convenient one for the particular job. Dowsing devices come in all sizes, shapes and materials. It doesn't seem to matter very much to most experienced dowsers what the

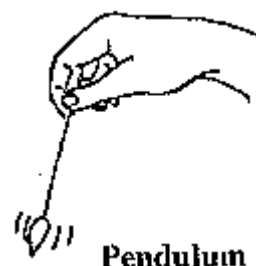
## **2 Letter to Robin - Getting Started**

---

dowsing tool is made of. Although many dowsers have their favorites and some even swear by a particular tool that works well for them, it appears that all the dowsing tools seem to work equally well when used by experienced dowsers. It is what you get used to, and what feels good to you, that should determine your choice.

### **LEARNING TO DOWSE**

I would like to suggest that learning to dowse is like learning to play a musical instrument or learning to type. It requires carefully controlled instructions and practice. As with a musical instrument, the rewards can be very pleasant and useful.



**Pendulum**

### **Ten Suggested Steps**

Also, Robin, if you would like, we can do a simple training session, a step-by-step method into the world of dowsing. Try these Ten Steps to Successful Dowsing." Just follow the instructions systematically, doing one step at a time. Each step is very easy and doesn't take very long.

### **Time and Place**

As a suggestion, for now and the future, try to find a quiet place, a place where you can be alone and where you feel comfortable, a spot that would normally be available to you at the same time each day for a few minutes of practice. This is kind of like making an appointment with your Subconscious or Spirit Guides. The place, might be the kitchen table early in the morning, or sitting up in bed late at night, or any other time of place. This seems to be very helpful if you are just learning to dowse. If you are with other dowsers (experienced dowsers seem to share some of their dowsing energies) or you have developed some skill, it won't be as important to be in your special place at a predetermined time.

### **Getting Ready**

Now read the following six steps all the way through. This is just so you will have an idea of what you will be doing. You don't need to study them, just become familiar with them. Then come back and seriously go through them one step at a time. Ready? All set? Here we go.

**Step 1.** Relax, become quiet and drift into a prayerful mood (alpha state).

**Step 2.** Take your pendulum (any pendulum will do) and hold the string or chain between your thumb and first finger. Hold it with about 1/2 to 3 inches string length. The string length will determine how fast it will swing. Next, hold the pendulum over the center of the chart. (You can use the chart on the next page.)

**Step 3.** Now, manually (by moving your hand and fingers) make the pendulum start swinging towards the "YES" and ask and expect it to keep swinging on its own without your help. Ask it out loud, with about the same normal speaking voice and tone as talking to a person. If it stops, start it over again, ask it to keep going. Watch only the upper or forward half of the pendulum's swing and ignore the other half, from the center towards you. Repeat until the pendulum will keep

### Letter to Robin - Getting started 3

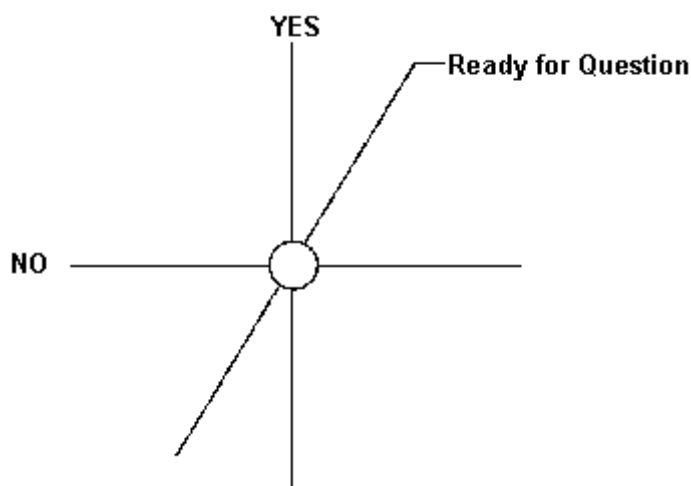
---

swing on its own. You will be deliberately starting the pendulum and then asking it to keep swinging with no additional help from you.

**Step 4.** Do the same thing for the "NO". Your fingers are still over the center of the circle and you are ignoring one half of the swing.

**Step 5.** Once it is swinging by itself to the "NO", ask it, while it is still swinging, to work its way clockwise back to "YES" and then continue to the "Ready for Question".

**Step 6.** Next ask it to work its way counter-clockwise from the "Ready for Question" to "YES" and to the "NO", and then clockwise back to the "YES". Practice Steps 3, 4, 5 and 6 several times.



### Half Way

Above are the basic pendulum controls you will need at this stage. The others will be automatically programmed into your dowsing system in the next steps. If you can do the above steps, you are well on your way to learning to pendulum dowse, and you are now ready to proceed. Please note that this procedure can usually be done all by yourself, by simply using these directions, although it is sometimes very helpful, when getting started, to have an experienced dowser help you.\*

If you were not able to accomplish the above in about 15 minutes, try again in about half an hour or the next day. At this state it is possible that you might be experiencing some temporary interference. Don't give up, try again.

Before continuing to steps 7 through 10, you will need some understanding about programming your dowsing system and its purpose. (See the next page for section on programming.)

\* Going to a dowsing club meeting is an excellent way to get started and also to have a great time.

Contact the American Society of Dowsers, P. O. Box 24, Danville, Vermont. 05828 or phone (802) 684-3417 for locations of meetings and other information.

#### 4 Letter to Robin - Programing Your Dowsing System

---

### PROGRAMING

#### Definition of a Program:

Webster: "A Program is a plan or system under which action may be taken towards a goal".

Establishing "agreed upon" conditions with your Dowsing System is a form of programing.

#### Programing -A Key Step-

The purpose of programing is to achieve maximum accuracy. This is done by establishing, with your

Dowsing System some mutually acceptable, pre-established, agreements and understandings about words, phrases, conditions and what is meant by different pendulum or dowsing tool movements.

If you have succeeded in getting your pendulum to move to "YES" and "NO" and back and forth between them, and have practiced a little bit, you are ready to proceed with Programing Your Dowsing System. But First, read through this and the next page for the overall idea.

**Program Installation is very easy**, there are just three simple steps.

**(A) Obtain Permission:** With your pendulum swinging to the "Ready for Question" (you may use the Dowsing Form on the next page), ask the Dowsing System the following questions: (It is best to read the question out loud.) "May I, Can I, Should I, ESTABLISH, CHANGE or ADD Dowsing Conditions and Agreements or Programs which will be continually in effect until changed by me"

> If the pendulum swings to "YES", go to step (B).

> If the pendulum goes to "NO", then try again at a later time.

**(B) To input or Establish a Program:** With the pendulum still swinging to "YES" read any developed PROGRAM, CHANGE or ADDITION, and finish by saying:

> "End of prearranged conditions and agreements, thank you," or just simply say: ).

> "End of program, thank you." (Example programs on pages 5, 12, 13 and 18)

**(C) Final Check:** Ask the Dowsing System: "Are the Conditions or Changes acceptable as presented, being clear and non-contradictory, and open to change by my request?"

> If "YES", you are finished.

> If "NO", use your pendulum to ask questions and try to determine why.

**Please NOTE:** Once you input programs into the Dowsing System you **DO NOT** have to repeat the programing each time you dowse. They are automatically and continually in effect until changed by you. Now let's continue with the remainder of the 10 Steps.

#### To Program Your Dowsing System:

Step 7. If (A) above is "YES", then with your pendulum swinging to "YES", read out loud the following suggested **Primary Program**. (Top or next page, starting and stopping at " marks) In the future you may wish to make changes in this and other programs.

#### Letter to Robin - Primary Program 5

---

- **"Primary Program** is to be continually in effect until I choose to make changes.



- **Covering** the overall primary controls, limits, agreements and dowsing responses.
- **The Purpose** is to determine amounts, effects, conditions, circumstances, influences, times, measurements, distances, numbers, percentages and other requested areas.
- **Communications and Support** is to be **intercooperative and restricted to** my Superconscious, Spirit, Higher Self, My Awareness, Mind Systems, Subconscious and related systems and all other levels of my Total Being and their **approved** Spirit Guides/Guardian Angels, helpers and other chosen by me or any of the above.
- **Influences** such as misleading thoughts, imaging, wishes, or any other conditions or methods by any source, physical or non-physical of any kind, **are not to take control of any of my systems or affect me adversely or cause incorrect dowsing answers** without my permission.
- **Time** as related to dowsing is to be in my perceived time unless otherwise requested.
- **Answers** are to be selected from all available knowledge and information sources.
- **The Method of Answering** by the pendulum or any dowsing systems is to be:
  - (1) Swinging to (?) or other agreedon methods or systems, indicates ready for question.
  - (2) General, swinging or moving to "yes", "no" or other information indicating the most appropriate answer for the question asked, or other information methods or systems.
  - (3) Clockwise spin is for hold, indicating waiting, searching or other agreedon systems.
- **Temporary Changes** may be made by me while dowsing, reverting back after use.
- **Program Changes** like adding, deleting or changing may be made by me, but only by using a three step system of my choice. (Example p.4) End of Program, thank you".

**Go Back** to the three step installation program (*Page 4*) and **ADD** the following.

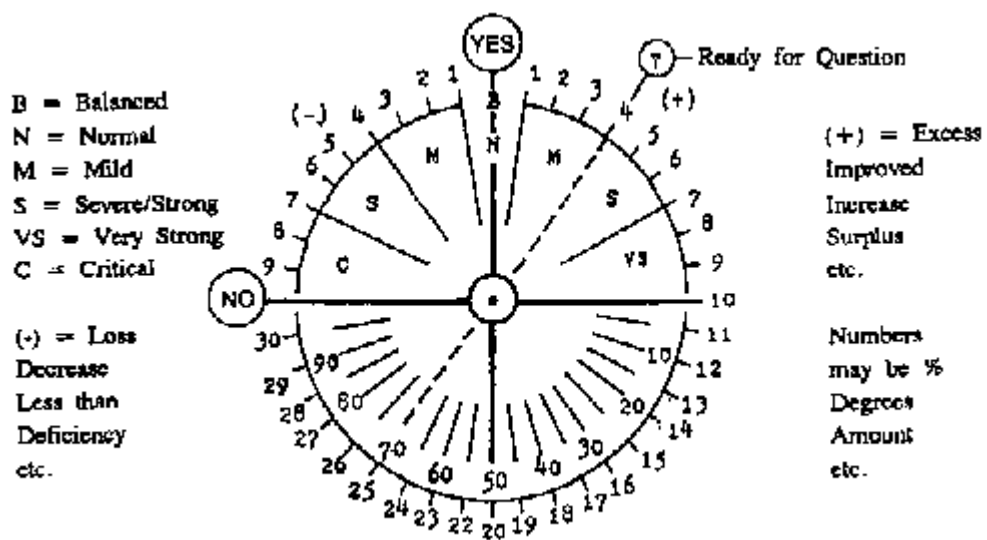
**"May I, Can I, Should I Program"** is to become a working part of all my Dowsing Programs and be continually in effect until I choose to make changes. When used in reference to dowsing questions, the May I, Can I, Should I, is to have the following meaning:

**May I** is to mean: Do I have appropriate permission to proceed and be involved?

**Can I** means: Do I have the ability to successfully dowse in this area and am I ready?

**Should I** means: Considering all aspects related to this situation would it be appropriate, proper and suitable to dowse in this area? End of program, thank you." (*see NOTE P.6 for purpose*)

**Step 8.** Go back to the three step installation program and do **(C)**. If the answer is "YES," you have properly installed these programs. Others are just as easy. If "NO," ask inquiring



questions.

## 6 Letter to Robin - Trusting your Dowsing

### About Your Programing

Once you have programed your Dowsing System, you will have instructions and agreements that are as thorough, detailed, and as carefully thought out, as experienced dowser's. The nice part is that you don't have to remember all the details in the programs. The subconscious does it for you. All you have to do is know that the programed information is in the subconscious and it will be automatically in effect when you dowse. It's similar to using your mind to move your finger. The subconscious has a program to move the finger. All you have to do is desire, with your mind, for your finger to move and it does. The subconscious, based on your desire, activated the appropriate program for the finger to move. With your dowsing device, you asked the dowsing system if it would install programs relating to your dowsing, and it has. You don't have to know how the finger or dowsing programs work just use them.

You are now ready for the last but **extremely important** Steps 9 and 10.

Step 9. Preferably in your favorite spot, your favorite appointment time, and with your pendulum working well, you will need to ask some practice questions. Questions that you have no emotional attachment to. An example would be: What is my vitamin C level? You don't emotionally care if it's a little high or low. It is not like a question about your lost kitten which you may be very anxious and upset about. Try asking for "Level of Effects" on how it seems to affect your system. Use the N,M,S, and VS in the chart on page 5 or 19. If, for example, to your vitamin C question, it indicates a minus 3 (-M or mildly negative section), then you might ask what the effect would be if you took 500 mg. of vitamin C? It would probably go to +3 or +4 (+M or mildly, positive section). There are many areas that you might play with. Pick areas that you are not emotionally concerned with, or for which you have foreknowledge of the answer. The Dowsing System will automatically answer your question using, your previously installed programs. (See page 18 for over- 100 possible questions.) (Caution: Please see #7 page 9 and also the top and bottom of page 18)

### When Can You Trust Your Dowsing

Every day, as suggested in Step 9 above, play with a few questions for 5 to 10 minutes and then end your session with a final check. To do this, ask your pendulum to work its way clockwise to the lower side of the circle. Here you will find a number scale that will go from 0 to 100. Ask the pendulum what percent influence your personal feelings or free will, had on the answers? (Watch only the indicating part of the pendulum swing. You are now using the lower half of the circle, the pendulum is now indicating toward the bottom. See directions p.20) Even though you asked the

subconscious, in your Primary Program (page 5), not to allow you to interfere, there is a deeper stronger program that prevents the subconscious from interfering with your free will. If you are strong-minded, or over-anxious, you can override your dowsing programing. Don't be surprised if your pendulum indicates that you are influencing your answers as much as 20% to 30%. This is OK, because each day when you do the above practice, deliberately tE"n not to influence the answers, the percent will become less and less. After a while the percent will go to 0 and you will experience a break over where it becomes hard to influence the answers. At this point you may trust your dowsing to a much greater extent.

**Step 10.** When you feel more secure and trusting of your Dowsing System, ask the pendulum if you should re-enter the primary program (page 5). If the answer is "YES," do it. If "NO," then you are properly programed and may enter other programs, invent new ones or make changes. You are now free to advance as you wish, the sky is the limit.

**Please NOTE:** It is **very important** that each time you change the basic dowsing subject, you should ask the Dowsing System "May I, Can I, Should I?" (i.e. May I, Can I, Should I dowse [indicate subject]?) (See page 5 for definition of the words). If the answer is "YES," proceed, if "NO," trust its judgment. Guidance is what you are wisely seeking. It is permissible to ask why. (See page 9 #4)

## Letter to Robin - The Dowsing Question 7

---

### Practice

Have fun and practice a few minutes each day (page 18 has many interesting areas). It's like playing a musical instrument. If you carefully follow the instructions and practice a little bit each day, your skill and accuracy can become very good. And don't become discouraged if you're not right all the time. Even the best dowsers sometimes have interference or a bad day.

### Different Instruments

It is good to develop your skills using your favorite dowsing tool. Do this in an area that is of special interest to you. You will then find it much easier to use the other dowsing tools. Most people with good dowsing skills have their favorites, but can usually use the Pendulum, Y Rod, L Rod/ and Bobber or some variation. (See page 10 for a description of these dowsing tools.)



### The Question

Robin, you are quite right to be concerned about the wording of the- question. Let me give you some examples and suggestions. In The American, Society of Dowsers (ASD) Quarterly there was an example of an experienced dowser/instructor who asked his L Rod to point to north. Instead of pointing north, it pointed to the audience. This was strange because it had always worked before. He tried again with the same results. While he was discussing some possible cause with the audience, a hand went up and a man said, "My name is North". The dowsing was 100% correct to the question asked. I suspect the dowser then changed the question, asking for the rod to point to earth's magnetic north, and then got a correct answer. This demonstrated a very important point about being precise in your question. Another example might be: Does my car need gas? The answer would be "YES", even if the gas tank is full. The answer is yes on two accounts. You have a gasoline car which can only run on what we call gas and it uses air which is also a gas. So of course it needs gas. The Dowsing System seems to take every word in a question by its literal meaning. If

your question has a word or words that have assumed or conflicting meanings, and you and your Dowsing System have not agreed on their meaning, your answer may be random.

**Rule #1:** You need to be very specific about what you want to know. This includes what, where, when and sometimes instructional information relating to the question.

**Rule #2:** Use only words, phrases and conditions that you and the Dowsing System both agree upon their meaning, and for which there is an agreed-upon method of dowsing response.

**Rule #3:** Make the question a definite request for information that exists somewhere. Normally, don't ask for an opinion. If your question does involve an opinion of the past, present or the future, it must be compared to an agreed-upon reference or conditions. (The program on page 18 is an example of informational instructions, an agreed-upon reference, and other related conditions)

Let me give you an example. I'll ask you a question: Are you strong? Your answer would be based on what you think I meant by the word "strong", strong physically, mentally, emotionally, perfume, etc. Now let's apply rules 1, 2, and 3 (what, when and a reference to something). Are you strong enough, right now, to pick up this one-gallon carton of milk? Now, could you give me a correct answer to that question? One more example and then I'll give you some reassuring comments and some helpful ideas. If I ask, "How many feet from point (A) to point (B) on the floor by the front row of the audience?" The answer might be twelve because there are six persons sitting in that space, each with two feet.

## 8 Letter to Robin - Formulating The Dowsing Question

---

### Developing a Question

At this point, you might say, how can I know if I have a good question? Please let me share some ideas for you to consider.

**(1) Formulating the Question:** (Q.) When you wish to explore a new area where you have not successfully established questions, try the following. Ask several different Q's looking for agreement or conflicting answers. Conflicts clue you that undiscovered information is influencing your answer. Examples of some misleading Q's: (Look at their literal meaning) Q. Is there water in the [designate the area]? The answer is YES. (There is water every where, in the designated area etc.) Q. Is there a water source, less than 300 feet deep, that could supply 5 GPM (gallons-per-minute)? The answer is Yes. (especially in a hard rain storm). The next Q. may give you a clue that something is wrong. Q. Could this water source, allow a well to supply 5 GPM of potable water to the surface, year around? If the answer is NO, you then know something was wrong with the first Q's. By asking multiple Q's, you can often find problems, and learn what you will need to develop good comprehensive Q's.

**(2) Pre-programing:** With your programing you have covered a great many of the possible misunderstandings that may occur between you and your dowsing system. This is one of the important reasons you established programs or agreements with your Dowsing System. A good example is in the program, on the bottom of page 5, which defines the meaning of the "May 1, Can 1, Should I."

**(3) Very Important Questions:** Another way that seems to work well, is when you have a very important question get together with another experienced dowser. If you each ask the question in your own way and have the same answer, this is reassuring. But if you get different answers you should both examine your questions, and then proceed from there. Most experienced dowsers agree that the question is a key factor in accurate dowsing.

### The Question Test

Robin, the answer to your concern about using proper questions is simple and straight forward.

Always use questions that have worked well before, and test the new ones. Test them, as suggested in "Formulating the Question" above, by asking the question several different ways to see if you repeatedly get an appropriate answer each time. This makes you carefully think about what the words actually mean and if you have left out anything in the question or program. We use many assumptions or idiomatic non-literal expressions in our communicating like: "he will get a kick out of this, hang your head, he has a chip on his shoulder, time will tell, hand out, etc. If, when you are dowsing, you find an incorrect response, careful examination of the question is more than warranted. I often ask a question two different ways.

### **For Best Results**

Robin, do not try too hard, do not be too serious. Let it flow naturally. Relax and use your intuition. Let the information flow through you. You should always dowse with a loving heart and for the best good for yourself and others.

### **And Finally**

Take only what you wish from what I have offered and gently try to get hints from every dowser you meet or work with. There is a world of information out there and you will find it a wonderful, exciting, rewarding adventure

Happy Dowsing

Walt

## **TEN SUGGESTED DO's and DON'Ts WHEN DOWSING ..... 9**

---

**1. Sensing:** When sensing for information, do not attach yourself to it. For example, if you are watching a movie, you are free to react to it in many ways. Two examples might be: You could view it from a "feeling" standpoint and tune in with deep, strong emotions and really live the part, or you could see it as a scientist, objectively looking for information and taking notes. Both could get the same basic story, How you approach the seeking of information is your choice. This is especially important when working with unhealthy or noxious energies. The advantage of using a dowsing device is that you do not need to try to physically sense or become part of the energies.

**2. To Protect Yourself.** To avoid absorbing undesirable energies, simply program or direct your mind to have a detached sensing attitude. When seeking dowsing information, talk to your pendulum as if it were a person. This will direct the energies to the pendulum and not to you. This keeps your mind on the action of the pendulum and not on the energies.

**3. The Question:** The subconscious mind (or whatever it is) seems to be very literal in its interpretation of your questions and apparently makes no assumptions. For example if you ask: "Does my car need gas?" The answer is YES (your car uses air which is a gas) You assumed it knows you were talking about the amount of gasoline in the gas tank, but that was not what you asked. I suspect that many apparent wrong answers really were correct to the literal interpretation of the question. Make the question a definite request for information existing somewhere, and not for an opinion of the past, present or future. If you do to be compared to an agreed upon reference. (As compared to ... ) An example of an incomplete question: "Do you have enough money?" The answer will be random cause I did not specify what it is for or when. If instead I asked: "Do you have enough money, in your pocket right now, for a \$1 ice cream cone?" You could then give a very definite and accurate answer. Carefully plan your questions.

**4. Life's Lessons and Restricted Areas:** not to interfere with anyone's "Lessons in Life" or possibly their "Karma" or other unknown areas, that are best left alone. Always ask your Dowsing System May I, Can I, If the answer is NO, then tactful voidance is advisable.

**5. Privacy:** If we are tuning into the subconscious, then we have access to a lot of information.

Never (except under very special circumstances) dowse a person without their personal request. It's like looking at their personal diary without their permission. Some persons know how to shield themselves, but most do not. Always respect personal privacy.

**6. Apparent Universal Law:** Be aware that there seems to be a universal law of cause and effect, or what you plant, you will reap, or Karma, or what you send out will somehow return to you, etc.

(1) Always dowse for the best good of others. (2) Never try to use this gift for evil or selfish gain. (3) It's OK to dowse for your or others needs. (4) Always remember it's a gift to cherish and give.

**7. Diagnosing:** Do Not diagnose or give medical advice of any kind!! Always advise anyone to seek appropriate medical advice if they think they have a problem. **Caution** - See\* bottom of this page.

**8. Sharing with Others:** Gradually and discreetly share with those who want to know. But be unknown to those it might frighten or offend.

**9. Open Mind:** Always keep your mind open to new ideas and look for ways to improve. Be a life-long student, it will bring much excitement and joy to you and your friends. If I may, please let me interject just a touch of philosophy: Don't let your personal feelings interfere with your looking and listening. Just remember that one of the main reasons you believe and feel the way you do is because of the time (epoch, period, era) of your birth, and its geographic and ethnic location. This is further influenced by your particular experiences, educational and religious background. Don't let your beliefs block examining new ideas. Also, remember that a person's judgment is no better than their information.

**10. Keep it Simple:** Try to keep all aspects of your dowsing as simple as you can. Be sure to practice and enjoy your dowsing.

Under the U. S. Federal Pure Food, Drug and Cosmetic Act of 1976, it is a violation of the law to attempt, in any way, to diagnose or treat any ailment of illness unless you are a medical doctor or other licensed health-care professional working under the most stringent State, AMA, and FDA approved conditions. Use good judgment, be cautious.

## 10 Dowsing Tools

---

### BASIC DOWSING TOOLS

There are many very successful dowsing systems and methods, with or without tools. But as a general rule, most dowsers usually use some type of dowsing, tool. We will cover the four most popular types, which are the **Pendulum, L Rods, Y Rod, and Bobber**. You will also find unlimited variations in the shapes, sizes, materials and how they are used. This variety does not seem to affect their work ability, other than speed, agility or convenience. Many dowsers have a whole pile of dowsing tools that they have collected or made. These tools generally fit into one or some combination of the above. Your choices should be determined by what tools feel and work good for you.

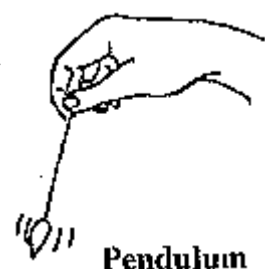
The following is a synopsis of the four basic instruments commonly used for dowsing.

#### PENDULUM

**Shape:** Can be anything that you can hang, on a string or chain. They can be any size, even as small as a paper-clip on a thread. The chain or string is usually about 3 to 4 inches long.

**Materials:** Anything you can find. Go by your feelings.

**How to Use:** Hold as shown. The usual response request is for: swinging straight forward for "yes" sideways for "no" and at a angle for ready for question. Feel free to instruct (direct, programing) Your dowsing, system to respond anyway you like.



**Pendulum**

**Advantages :** Easy to make. Easy to use. Very Popular. Small enough to go in your pocket or purse. Quick response. Excellent tool for dowsing charts or maps.

**Disadvantage:** Some problem in the wind or when walking. This problem can be overcome by requesting (prearranging, programming) the pendulum to spin in a clockwise or counterclockwise direction to indicate the "yes" or "no" response.

### L RODS (Angle Rod, Swing Rod, Pointing Rod - - -

**Shape:** - With or without a sleeve handle. The top wire can be 4 inches to over 2 feet long. The usual length is around 12 to 16 inches.

**Material:** Usually wire. A metal coat hanger is a good source. Welding rod is also a very popular material. You can use 'use about anything, you can bend into the L shape.

**How to Use:** Hold loosely in your hand with the top wire tilted slightly downward.

When one L Rod is used alone, it acts as a pointer or a swing rod. It can be requested to point towards a target or direction, or to swing sideways when encountering a specified energy field. (i.e. an aura or noxious zone.)

When using two L Rods, they are normally programmed to:



L-Rods

### Dowsing Tools 11

---

point straight forward for the ready position, to cross for the "yes" response or when over a target, and to swing outward for the "no" response.

**Advantages:** Easy to make. Easy to use, very versatile and popular. Works well when walking over rough -round. They are generally not affected by mild winds.

**Disadvantage:** Not as easy to carry or conceal as a pendulum. Although the small 4 - 6 inch ones can be put in your shirt pocket or purse.

### Y ROD (Forked Stick, Talking Stick --- )

**Shape:** Traditionally it is a forked stick looking like the letter Y. They can be any size, usually around 12 to 24 inches in length.

**Material:** Can be wood, metal or plastic. Plastic being very common for many dowsers, probably because of its ease of storage.

**How to Use:** Hold with pointed end down. Thumbs will be up and palms towards center. Hold tight and spread Y Rod outward while rotating your wrist outward. Your thumbs will now be pointed outward and your palms up. The Y Rod will flip up into a delicate balance.

Pointing upward at an angle of around 45 degrees is usually used for the ready position.

Swinging down from the ready position to point at a water vein or target. This may also be used for the "yes" response.

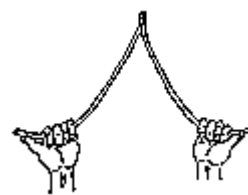
Swinging up from the ready position is usually used for the no" response.



Y-Rod

**Advantages:** Acts quickly, can point directly towards a water vein or target. Works well while walking over rough ground. Reliable in fairly strong winds.

**Disadvantage:** Not as versatile as other dowsing tools. It only has an up and down motion. You will need to turn your body to find direction.

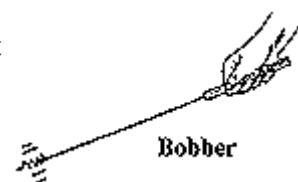


## **BOBBER (Wand, Spring Rod, Divining Rod --- )**

**Shape:** Any flexible rod, branch or wire. Can be most any length from one foot to over three feet. They sometimes have a coiled wire and a weighted tip.

**Material:** Any thing that is flexible.

**How to Use:** Hold it down at around 45 degrees. You can program it to simply mimic a pendulum, by bobbing up and down for "yes", sideways for "no", 45 degrees for ready for question. Or you may simply request what you want different bobber responses to represent. Like swinging pack and forth towards a requested target and to spin when over the target.



**Advantages:** Can replace a pendulum for field work. Most dowsers find it easy to use.

**Disadvantages:** Won't usually fit in your pocket or purse.

## **12 Some Suggested Programs**

---

### **Some Suggested Programs**

*(Or mutually accepted, pre-established agreements and conditions, between you and your dowsing system)*

The following working programs were especially designed to fit a dowsing subject and are for you to use as a starting point. Use them to build from. Feel free to add, subtract or change in any way you like. Talk to experienced dowsers for ideas. (See pages 4 and 5 about installing and changing programs.) NOTE: Please remember when you are dowsing to always ask the "May I, Can I, Should I" question any time the basic subject changes. (Please see bottom of page 6 for purpose)

#### **WATER**

"**Water Program** is to become part of and work with all my dowsing programs or agreements, and to be continually in effect until I choose to make changes. The water is to be less than [300] feet deep, be able to supply to the surface, from a well, a minimum of [3] gallons per minute, currently year around, of [primary] potable water which would be palatable to [me]. This is to be with respect to drilling conditions and legal aspects. End of program

Some sample questions: (After you ask the May I, Can I, Should I question.)

**Q.1** Is there **water available** within [designate the area of interest]? (Note: All factors in the water program are in effect, this is a "YES" or "NO" answer)

**Q.2** Where is the **best place** to drill a well(s) [designate the area of interest]?

- For map dowsing, use a system to mark all water veins that fit the program and best locations for well(s).
- For edge-of-property dowsing, the dowsing instrument will point towards the best location.
- For on-sight-dowsing, you can pinpoint the location.

#### **FOOD**

"**Substance program** is to become part of and work with all my dowsing programs or agreements,



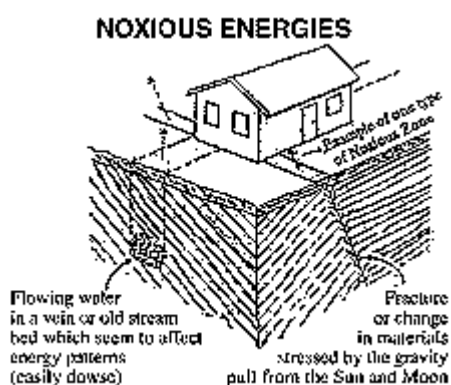
and to be continually in effect until I choose to make changes. **The term "substance"** is to mean any material, including food, drink, medications, etc. which I deliberately put in or on my body. This is with respect to any and all aspects of [my] total being. The dowsing results are to be in Effects. End of program." (Effects - Normal, Mild, Strong, etc. -, see dowsing charts p.5, 19 and 20. Also top P 18)

Some sample questions (*If it is not appropriate to dowse in a particular situation, you might hold the pendulum under the table or train your finger to act as a pendulum.*)

**Q-1** What [will be or is] the overall effect(s) of this [substance] on [my] total being? (Or similar wording. You may specify all or part of this substance.)

**Q-2** What [will be or is] the worst effect of this [substance] affecting any aspect of [my] total being?

**TIP** If it reads on the negative side, you might try the suggested experiment under "Possible Corrections" on page 17. This is to see if, or how quickly and how much change there may be. If you dowsed the energy fields for the substance food etc.) before and after your experimental adjustment, you may find that the dowsing indicates very interesting changes. Have fun.



Flowing water in a vein or old stream bed which seem to affect energy patterns (easily dowse)

Fracture or change in materials stressed by gravity pull from the Sun and Moon

**NOTE:** The Moon's gravity pulls the Earth's crust upward about two feet as it goes overhead each day. This creates a very long wave, like a ocean wave many miles long and wide and around two feet high at its center. The Sun has a gravity wave that is about twelve inches high at its center. The interplay of these two tremendous amounts of energy which varies over 28 days and yearly, seems to stress the Earth's crust in many ways. The results of this stretching and twisting can be detected by dowsing, and they have demonstrable good and bad effects on plants, insects and animals. Dowsing and experimentation have indicated that they may also affect humans.

**Noxious Energies:** There are many sources and types of noxious and beneficial energies or influences. In addition to the water and fracture types shown in the drawing above, there may be influences from magnetic, electromagnetic and electric fields, either man-made or from the Earth. Also, there are cosmic energies and many known, unknown or partly understood types, such as Earth grids and ley line crossings, psychic or spiritual influences, etc. It seems that these influences may sometimes affect the body in good or bad ways. It also appears that anything that can affect the body or the subconscious can be easily dowsed.

### Some Suggested Programs 13

---

**"Noxious Energies Program"** is to become part of and work with all my dowsing programs or agreements, and to be continually in effect until I choose to make changes. The term **"Noxious Energies"** unless other wise requested, is to mean: Any form of energy, condition, zone or situation that is or could adversely affect any aspect of [my] total being in a harmful, disrupting or interfering way, by exceeding [my] healing or defensive mechanisms. This is **not to include**, unless otherwise

requested, smoking, alcohol, drugs, medication, food or drink that I have deliberately and knowingly put into or on [my] body. It is to **include**, but is not limited to the effects from magnetic or electromagnetic energies from zero to all frequencies; alpha, beta and gamma energies; the influences from fractures or faults and underground water; all man-made, earth or cosmic energies; gases, mind, psychic and spiritual influences.

**The pendulum (or dowsing tool) response:**

(1) To the "**Are There**" questions based on the previous [28] days. If the environmental conditions have not or could not accumulate to an interfering or damaging level for [me], the pendulum should go to "NO" (indicating that [my] systems are able to heal, handle or repair faster than any damaging effects. This may be a good repair systems exercise to avoid disuse atrophy. Also noxious energies are sometimes only good energies of which we had a overdose.) If there are noxious energies that could accumulate to an interfering or damaging level, the pendulum should go to "YES."

(2) To the "**Effects**" question, the pendulum should go to the worst negative level in Effects on any aspect of [my] total being, covering any time during the last [28] days.

(3) To the "**Safe Time**" question which is to mean: For the worst time of day during the last [28] days and for the maximum number of hours within that day where [my] body could handle this condition without harmful effects. The pendulum should go to a positive number from near 0 though 24. End of program."

**Some suggested questions:** (After May I, Can I, Should I)

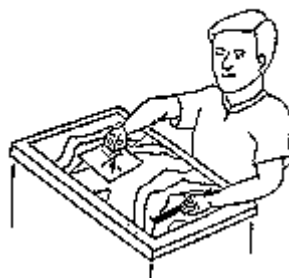
**Q-1 Are there** noxious energies effecting [me] within [indicate an area or spot]?" ("YES" or "NO")

**Q-2 What is the Effect on** [me] of the noxious energies within [designate, mark or indicate and area]?

**Q-3 What is [my] Safe Time** in hours, in the noxious energies, within [mark or indicate and area or spot]?

NOTE: You may temporarily substitute other names, times or conditions inside the by Simply expressing your wishes to the Dowsing System while dowsing. The change will automatically change back to the original program after you finish dowsing in this area. This change back is built into the Primary Program.

**MAP DOWSING**



**Map Dowsing** involves using a marking device of some kind and a dowsing, tool to locate water or other objects on a map (,see p. 15, for possible partial explanation)

**"Map Dowsing Program is** to become part of and work with all my programs or agreements, and to be in effect until I choose to make changes. When using a map or drawing, some type of dowsing device, and with or without an additional pointer or straight edge, the dowsing system is to indicate when the pointer, straight edge or dowsing device is indicating the present map represented location of the object, subject or target specified by the dowser. End of Program."

**Methods for Map Dowsing**

There are several common methods used for map dowsing. I will suggest two which seem to be the basics for many systems.

(1) **a. Slide a straight edge** across a map or drawing, from left to right (after carefully specifying what you are looking for and asking the MayI, Can I, Should I) (,see Sample in drawing above) and **ask the dowsing device** to indicate when the straight edge is at the target.

**b.** When dowsing, indicates that the straight edge is at the target, draw or sight a line along the edge.

**c.** Turn your straight edge 90' and slide it from the bottom towards the top of the map. Ask the dowsing device to indicate when the straight edge is at the target. Draw or sight a line along the edge, and where your **first and second, lines cross will be the target.**

TIP: If you use a pendulum and chart (the one on page 3 would work fine) ask the pendulum to swing a little ways to the left of "YES" and to move closer to "YES" as you move your straight edge (or pencil ) closer to the target (water vein, noxious zone or object, etc.) "YES" is on target, and swinging to the right of "YES" is past the target.

(2) Ask a pendulum to swing towards a target, then follow this direction until it spins. Or ask a L Rod to point towards a target and lock on as you move. You can use any of the above or invent your own. With practice all, including your own, will work fine. Have fun.

## 14 How Does Dowsing Work

---

### HOW DOES DOWSING WORK?

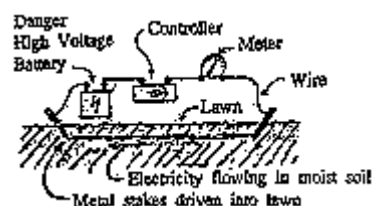
That is the \$64 question, but if you research in enough areas, there are some **very interesting clues.**

#### The Mind

Let's start with the possible involvement of the mind, which apparently needs to be busy, it's designed that way. You can, with a lot of practice, learn to quiet the mind, but for dowsing it is best to keep it busy because you need to talk and listen. The mind also needs to feel it understands what is going on. We can satisfy these two needs, being busy and understanding, in several ways. First, if we use a dowsing instrument, the mind is busy watching the tool work. There is motion, intrigue, expectation and anticipation, all of which the mind enjoys. Next, if the mind has a plausible explanation of what is going on, it doesn't become frustrated and pass this and doubt on to you. So what we need is at least a partial, rational explanation of how dowsing works.

#### Sensory Systems

Information about our sensory systems is found scattered throughout many scientific and metaphysical books and articles. Some references are listed on page 15. Back in 1983 in a scientific article, a neurophysiologist at the V.A. Med. Center, Loma Linda, CA., indicated that they were observing effects from electric fields only one millionth as strong as those formerly considered threshold levels in humans.' This was news to most scientists, but not to some dowsers. They know if you passed electricity through the ground, dowsers could easily pick up the resulting electromagnetic energies. This experiment has been done in the past at many dowsing conventions.'

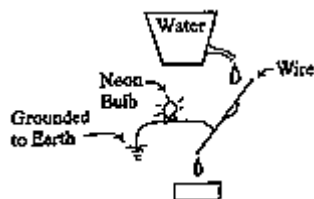


It has been discovered that we have three sensors, that can pick up this electromagnetic information'. One near or in the pituitary and one on each adrenal gland. Having three points, the subconscious can determine both distance and direction of an electromagnetic source. This is

probably done in a similar way that the subconscious uses the two eyes to determine distance, except it has the advantage of having three points of reference instead of only two.

### Water and Electricity

A simple science fair experiment can show that moving water can cause electricity to flow



Water drops moving down the wire will rake off enough electrons to flash a small neon bulb which requires over 68 volts. This is like you sliding across a plastic seat and experiencing an electric spark when you touch someone.

Moving water underground seems to cause or to be associated with electric flow. Any time electricity flows in any kind of conductor, it creates an electromagnetic field. This electromagnetic field could then be picked up by our internal sensors. And like the eye that can differentiate between forms, shades and colors, the magnetic sensors, at least according to dowsing, seem to differentiate between patterns of electromagnetic energy fields from different sources. Therefore, the subconscious can easily have information about the location of moving underground water.

### Moving Information from Subconscious to the Conscious Mind.

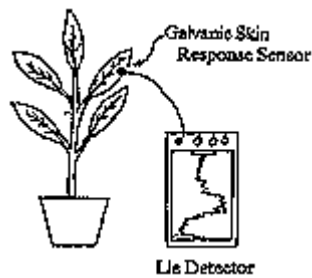
The problem is getting this information from the subconscious to the conscious mind. This is where the dowsing devices come in. And here is one way it may work. You may have heard of muscle testing, a procedure in which the subconscious can be programmed to cause the involuntary muscles to be strong for a true statement and weak for a false statement. It is used by many chiropractors, psychologists, complementary medical workers, etc. If you have not had this experience, find someone who knows how to do it and you will be amazed how well it works. You can program the subconscious to respond to any number of request, including dowsing. Electronic muscle testing instruments attached to dowsers have shown what appears to be subconscious controlled involuntary muscle movements which seem to affect the dowsing instrument. There are probably many other factors involved, but this makes sense and is a comfortable starting place for the mind.

### How Does Dowsing Work 15

---

**Stop!!** This makes sense for on-site dowsing, or being close to the water, but what about **Map Dowsing** that most modern dowsers do? At this point your mind will say: "There is no logical way possible you can explain this." In map dowsing, a dowser can very often accurately and verifiably locate water and other things (with distance not being a factor), using only a dowsing device and a map or drawing. (see page 13)

Well, it turns out that map dowsing has just as simple an explanation as on-site dowsing. Map dowsing seems to be related to what is sometimes called the "**Backster Effect.**"<sup>2.5</sup> Backster is a lie detector specialist and what he did was to attach a galvanic skin response device to the top leaf of a p I ant. This device measures the electrical resistance of the skin. He then watered the plant, fully expecting to measure how long it would take for the water to reach the leaf and change its resistance. Instead the lie detector immediately indicated, what would be a happy effect in humans. This puzzled him so he decided to traumatize the plant by burning, a leaf'. The plant showed a fear response on the lie detector as soon as he had this thought. Backster's experiments have been duplicated<sup>2.5</sup> thousands of times by many persons using many variations and have been well publicized on TV and in many books.



Experiments have shown that some type of energy that we might call "**superconscious**" for lack of a better word seems to have been flowing between Backster's mind and the plant. It turns out that this "superconscious" seems to flow between and within 11 persons, animals, plants and most everything, including our Subconscious, which somehow taps into this information. Have you ever felt ill at ease or apprehensive for no apparent reason? Does a mother somehow know if something is happening, to her held?

Now, if your subconscious has access to this "superconscious" and you have access to the subconscious with your dowsing device, you can tap into a lot of information. The apparent reason your conscious mind does not have this type of access to the subconscious is the danger of a continuously flowing, overload. Just think what billions of bits of continuous inflowing information from your subconscious would do to your concentration. The dowsing instrument allows you to tap the subconscious selectively and obtain useful information. I know that there is much more to dowsing than this, but it is a good start.

Have fun exploring new ideas.

## REFERENCES

Bird, *The Divining Hand* Whitford Press, 1993 This newly revised book is an excellent text about dowsing and its history. It is not a "how to-dowse" book. It is now available from the ASD book store.

Tompkins and Bird, *Secret Life of Plants* Avon, 1974 Very informative book covering, many aspects of the Backster Effect and much more. Available from the ASD book store.

Electronic Pollution," *Popular Science*, Dec. 1983

More Experiments in Efectroculture" *Popular Electronics*, June 1971

Simple device that can be easily and simply made, with directions for its use. (Low level electronic assembly skills required) There is also an overall discussion of the Backster Effect.

'Stone, *The Secret Life of Your Cell* WhitfordPress, 1989

Explores the research of Cleve Backster.

For location of dowsing club meetings and other information contact:

THE AMERICAN SOCIETY OF DOWSERS

P. O. Box 24

Danville, Vermont 05828

(802) 6843417

A.S.D. Book Store

99 Railroad St.

St. Johnsbury, VT 05819

(802) 7488565

## 16 Overview and Instructions for Interesting Areas

---

### **OVERVIEW and INSTRUCTIONS**

for

**Over 100 INTERESTING AREAS**

**to EXPLORE on Yourself**

(See page 18)

If our dowsing system is tapping into our subconscious, higher self, superconscious, etc., then it may be possible that we have access to information about ourselves that is not available through what might be referred to as normal means. The section "Over 100 Interesting Areas to Explore on Yourself" has many examples of this type of information. It is also divided into the following three separate areas for ease of use.

(1)

#### **Conditions Program**

The first area to look at is the programming of your Dowsing System. This informs the Dowsing System of what you are interested in, what parameters to use and how to answer your questions. You should already have installed the Primary Program (page 5) for this Conditions Program to build on. The two programs give the Dowsing System very thorough and mutually agreed-on conditions for exploring these interesting areas. You can always add, delete or change any part of any program to satisfy your needs by following the three simple steps found on page 4. If you do make changes, it is a good idea to write them down so you will know what is in your programmed dowsing instructions.

#### **Step-by-Step Installation Instructions**

##### **Conditions Program**

**A.** Read the First Installation Step (A) on page 4. If the answer is "YES," you can then proceed to the Second installation Step (B) by reading from the beginning of "Conditions Program" page 18 just below the questions) to the bottom of the page where it says "End of Program."

**B.** Next, go back to Installation Step (A) on page 4, and get permission to add the two questions Q-1 and Q-2 (top of page 18). Then read the questions. Followed by the statement: "Or other similar wording like: [Overall Average Condition] for Q- 1, or [Most Harmful Condition] or [Worst Condition] for Q-2. This substitute wording, is to automatically represent the entire question. End of Program." This will act as a "Questions Program" or mutual agreement for the questions used in: "Over 100 Interesting Areas to Explore on Yourself."

**C.** The last step is to go back to page 4 and read the Third Program Installation Step (C). If the answer is "YES", you will be finished programming page 18.

**NOTE:** You now have programs or mutual agreements and conditions to work from. Once they are in your subconscious or Dowsing System you do not have to repeat the instructions. By using this method, they will automatically be in effect each time you dowse, almost like a post-hypnotic

suggestion.

(2)

### The Questions

Once you have a mutual agreement with your Dowsing System, on the parameters you wish to work with, you can take a closer look at the question. The two questions are intended to be progressive in nature.

The first question "Q-1" is for a general overall impression of your total being, an averaging of everything. And in accordance with the entire Conditions Program, [you] would be compared to a person of average health, [your] age and peer group. This average person would show on the dowsing circle (page 19) as balanced with a straight up-and-down swinging of the pendulum. Hopefully your reading will be more positive by comparison.

The second question "Q-2" is designed to zero in on specific areas, as related to all aspects of your total being

(3)

**Interesting Areas To Explore** The main body of page 18 covers the suggested situations or conditions that may in some way influence our personal systems. It is divided roughly into four subdivisions. This is so you (will guidance from our dowsing system) can go to the area of most influence. The subdivisions are as follows:

1. Energies or substances
2. Mind or spiritual influences
3. Chemical or biological areas
4. Covers what may have been missed in other areas, or is in an area where you or I may not have an adequate knowledge or language.

### Step-by-Step Dowsing Instructions

#### Interesting Areas to Explore

**A.** With your pendulum swinging to "Ready for Question," ask the "May I, Can I, Should I, dowsing the Over 100 Interesting Areas on [myself]?"

#### Negative Response 17

---

1. If the answer is "YES," proceed to step B.
2. If "NO," trust its judgment. You may ask why.

**B.** With your pendulum swinging, to "Ready for Question" Ask Q-1 by either reading the entire question, or just saying "What is [my] overall condition?" or "Overall condition" or similar wording. (When you installed Conditions Program, on page 16, I you built in this wording flexibility) The pendulum is programmed to move from "Ready for Question" to a positive or negative position, reading in effects on the upper half of the dowsing circle. (p. 19) This will be comparing [you] to the average person in average health and of [your] age and peer group. Hopefully your dowsing will indicate a better or more positive reading than the vertical pendulum swing, to "Bal." for the average person.

**C.** Now return the pendulum to "Ready for Question" Ask Q-2 either in its entirety or "What is [my] worst condition" or "Worst condition" or similar words.

1. The pendulum is programmed to move to the effects of the worst condition involving any aspect of [your] total being
2. If the pendulum goes to the positive side, there is probably no further action necessary.

3. If the pendulum goes to the negative, or less than average side, you will then have many options, some of which are below and on the right hand side of this page.

a. Start down the conditions on page 18 and keep track of the level of each area. Read only the bold words, your subconscious is aware of everything you read into it while you were programming page 18. It only needs a clue as to what area you are interested in.

b. Or to save time, ask the Dowsing System to indicate which section the worst condition may be in, by using + numbers 1 through 4. Then search this section for the condition. Repeat the above steps looking for the next worst condition. If you don't find one you are done.

### Example

a. Q-1 "Overall condition?" Example answer = +6

b. Q-2 " My worst condition?" Example answer = -4

c. "What section should I go to?" Answer is #1

d. Start down this section, one line at a time, asking for the effects, until you find the negative condition. Example: Meridians? Answer = +7

Aura? Answer = -4

When you have a negative answer, go to step e. e. "What is my next worst condition?" If the answer is (+) you are finished looking for the negative areas. If the answer is (-) then go back to step c, and determine which section to look in for the next negative area. Repeat e. and c. until you find all the negative areas.

### What to Do If

#### You Find a Negative Response

Remember, this whole thesis is only ideas and suggestions for you to look at and evaluate. Take only what is useful to you. Many other systems work just as well.

#### Possible Corrections

This procedure can be very interesting to experiment with. Ask the Dowsing System if it can and will do anything about this situation. If the answer is "YES", then ask for the pendulum to be returned to swinging on the negative reading to please make appropriate corrections, and to indicate its progress with the pendulum. Watch the pendulum's swinging, It may move from the negative position to the balanced or possibly to the positive side. Use the swinging pendulum as a meter to indicate what is happening. Do not ask questions or interrupt while it is working. Changes may sometimes be very quick and for differing amounts. Never underestimate the power of the subconscious, mind or other forces involved. (Remember, this is only experimental and only on yourself It is not meant to substitute for appropriate medical advice; see p. 9, # 7.)

#### Examples

If you are having a negative response for the Aura, (like example on left), try the above corrections experiment to see what your dowsing reads after you finish. If Noxious Energies are indicated, first try adding the following to the Noxious Energies Program (p. 13). "Corrections are by affecting the noxious energies in such a way that they will no longer have a negative effect on [me, my plants or animals]. This is to be for the entire [indicate the area you wish cleared] and for [the life of the building, or as long as I am involved, or any other appropriate request], and not to cause additional harm or interference to other persons, plants, animals or mother Earth. This entire statement may be activated by words like: Please correct [indicate where, for whom, how long] End of Program." Then after corrections, recheck with your pendulum or in the field to see what has happened. Dowsing has indicated excellent results with this system with rare returns. Many other systems



work just as well, use what works best for you.

**Unusual Encounters.** Some day your dowsing may indicate the presence of an undesirable negative influences, by entities or other forces, that we may or may not understand. These conditions may be local or from a distance. May be interfering or trying to take control. (The word "entity " or forces" has a very broad meaning)

**Possible Solution:** Ask the Dowsing System if it will ask the "medics?" in the entity's world to please come and pick it or them up, give appropriate medical care, or take other appropriate action. Watch pendulum for progress. You now have an idea of what to do.

## **18 OVER 100 - INTERESTING AREAS to EXPLORE - ON YOURSELF**

---

**DIRECTIONS :**With your pendulum reading in Effects (Normal, Mild, Strong, ...), use the two questions on any or all areas below. (If not already programed, see pages 4 and 16 about instructions.)

Two suggested questions after you ask: **May 1, Can 1, Should I** dowse "Interesting areas" on [myself].

Q-1. What is the level in Effects for [my] **Overall Average Condition?**

Q-2. What is the level in Effects for [my] **Most Harmful Conditions** anywhere within [my] total being?

**"Conditions Program** is to become part of and work with all my dowsing programs, and to be continually in effect until I choose to make changes. The response is to be for the **Level of Effects** or **Yes** or **No** on conditions, circumstances, situations, influences, and all other areas, as compared to the average person, in average health, of [my] age and peer group. These Effects may be singular or in combinations, continuous or intermittent, for levels or amounts from subtle through very strong. They may be anywhere within [my] total being covering the time period [starting with my now and including the previous 24 hours]. The response is to consider other influences or conditions, which may not be listed, for each area."

1. \_\_\_ a \_\_\_ **MERIDIANS:** Acupuncture points and related energy fields.

\_\_\_ b \_\_\_ **AURA:** Centering, Energy levels, Leaks, Weakened areas, Holes, Faults.

\_\_\_ c \_\_\_ **COLOR BALANCE:** Chakras, Auras, Energy fields, Infrared, Red, Org, Yel, Gr, BI, V, UV.

\_\_\_ d \_\_\_ **ENERGIES:** Love, Vital forces, Life energies, Prana, Chi, Yin/Yang, Emotional, Karma, Earth.

\_\_\_ e \_\_\_ **NOXIOUS ENERGIES:** In the Home, Work placer, Other living quarters.

\_\_\_ f \_\_\_ **VITAMINS:** C, B's, Pantothenic Acid, etc.

\_\_\_ g \_\_\_ **MINERALS:** Calcium and other allied minerals, etc.

\_\_\_ h \_\_\_ **BODY BALANCE:** Oxygen, Salts, Fluids, Sugars, Nutrition, Energies, Sleep, Rest.

2. \_\_\_ a \_\_\_ **MIND:** Energies, Force, Function, Controllability, Stress, Stability, Communications.

\_\_\_ b \_\_\_ **EMOTIONAL:** Level, Hormone influence, Environment, Substance effect (food, medications, etc.)

\_\_\_ c \_\_\_ **ATTITUDE, IMAGES:** About Health, Life, People, Society, World, Self, Success, Failure.

\_\_\_ d \_\_\_ **PATTERNS:** Mind sets, Habits, Traits, Culture, Genetic, Ancestral influence, Past Lives.

\_e\_ **NERVOUS SYSTEM:** Energies, Stress, Defects, Genetic.

\_f\_ **CLASHING:** Personalities, Vibrations, Oppression, Environment.

\_g\_ **SAPPING:** Of your Energies by any Method, System, Person, Force or Entity

\_h\_ **PAST LIVES:** Reincarnation, Residual effects, Entanglements, Attachments, Karma.

\_i\_ **SPIRITUAL ENTITIES:** Possessing, Interfering, Aura, Vicinity, Often, Occasionally.

\_j\_ **OTHER INFLUENCES:** Internal, External, Psychic, Mind, Familiaris, Attachments, Entanglements, Sub- physical, Physical Astral, Spiritual, Entities, Karma, Environment.

\_k\_ **SHIELDING:** Physical, Mental, Psychic, Astral, Spiritual, Aura and other types of shielding intended to protect us from undesirable influences, energies, forces, etc. and to allow for beneficial input.

3. \_\_\_a\_\_\_ **IONS and ELECTROLYTES:** Internal, External.

\_\_\_b\_\_\_ **AMINO ACIDS:** Balance, Levels.

\_\_\_c\_\_\_ **ACID/ALKALI:** Balance, Levels.

\_\_\_d\_\_\_ **TOXINS:** Internal, External.

\_\_\_e\_\_\_ **INFECTIONS:** All types, Physical, Astral, Spiritual, Psychic, Mind and others. (fungi, yeast, bacteria, etc.)

\_\_\_f\_\_\_ **ALLERGIES:** From any cause or reason, Animal, Plant, Chemical, Mind, Psychic, etc.

\_\_\_g\_\_\_ **SYSTEMS:** Immune, Defense, Healing, Rebuilding, Hormone, Enzyme, Co- enzyme, Food processing, Nutritional and Essence conversion, Internal communication systems, and Others.

\_\_\_h\_\_\_ **ORGANS:** Heart, Liver, Spleen, Pancreas, Bowel, Stomach, Lungs, Eyes, Hearing, Skin, Others.

\_\_\_i\_\_\_ **PAIN:** Physical, Mental, Psychic, Spiritual, Astral, Warning.

\_\_\_j\_\_\_ **PRESSURES:** Blood, Mechanical, Growths, Nerves.

4. \_\_\_a\_\_\_ **OTHERS:** Areas known or unknown to me and not covered on this page.

Other names or times may be substituted inside the [ ] by simple request. End of Program."

**CAUTION:** See page 9, #7.

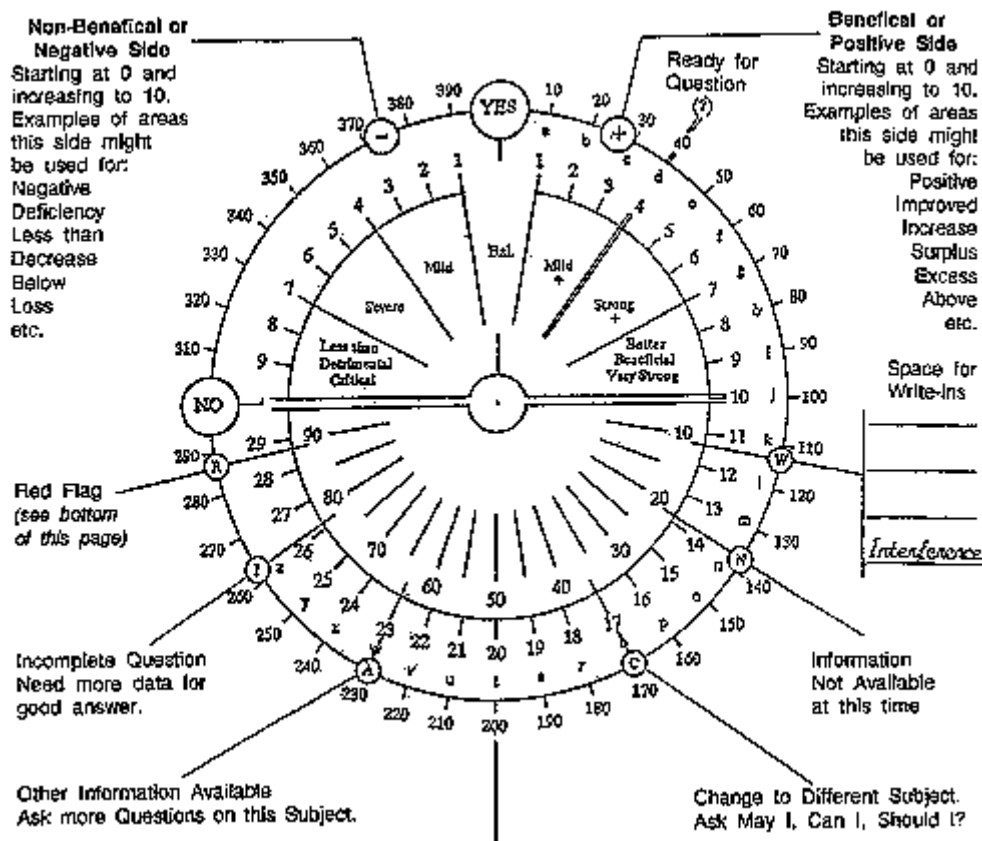
**NOTE:** For possible changes using the Dowsing System, try asking the system what it can or will do.

**VERY IMPORTANT-** This information is Intuitive or Dowsing impressions **NOT** scientific data.  
Walt Woods

## **20 PENDULUM DOWSING MULTIPURPOSE FORM**

---

**PURPOSE :** By combining many forms into one easy-to-use form, it becomes possible for you to ask a Wide variety of different types of questions using only one form or dowsing chart.



Numbers can be used for Amounts, Distance, %, etc.

**DIRECTIONS:** Hold your pendulum over the center of the circle and start it swinging toward the "Ready for Question" The swing from the center of the circle to the "Ready for Question" is the indicating or pointing portion of the pendulum swing. (*Ignore the part of the swing from the center of the circle moving away from the "Ready for Question."*) After you ask your question, focus your attention or awareness on the Numbers, Letters or Words most appropriate for your question. In answering your question, the pendulum's swinging motion will move from the "Ready for Question" to the area where you focused your attention. This may be either on the top or the bottom of the circle. (*Note that your subconscious or Dowsing System knows where your attention is focused. It also works very well to give verbal or mental instructions to your Dowsing System.*)

The little circles on the bottom half of the large circle allow the Dowsing System to talk to you by giving instructions or alerting you when appropriate. An example is the "Red Flag" which means: take heed, be careful, caution, recheck, tread lightly, danger, etc.

Remember to ask the "May I, Can I, Should I" each time the basic subject changes (*see p. 5*).

By Walt Woods

## 21 SUGGESTIONS FOR USING LETTER TO ROBIN

1. Glance through the entire booklet just to get a feeling for what it includes.
2. Next; train your subconscious to move the pendulum in the same way you original trained the subconscious to write your name. Do this by deliberately making your fingers swing the pendulum to the "Yes" until it can do this motion by itself. While telling your subconscious this represents a "Yes" answer. This can become just as automatically subconsciously controlled as making the letters in your name. See p.2 and 3.
3. Once your subconscious is trained (programed) to move the pendulum to "Yes", "No" and "Ready for Question" it is time to instruct (program) your subconscious on how, what and when to

respond. The subconscious does not know what you want until you tell it. In the same sense that originally your subconscious did not know how you wanted it to write your name until you programmed it. One way to inform your subconscious what you want is to install the "Primary Program" and the "May 1, Can I, Should I Program" found on p.5. Use the three step instructions found on p.4. It helps if you read the programs out loud with your pendulum swinging to "Yes" and positioned a little ways to the side, but still where you can see it.

4. Directions for using the circle chart on p.19 may be found on the lower half of p.20. You will find this multipurpose circle chart very easy to use once you study the instructions.

5. Now you are ready to use your dowsing for information. To do this you should pick an area of interest and install its program. Many people seem to be attracted to p. 18 so we will start there. To install this program start by reading at the beginning of "Conditions Program" and continue to the bottom of the page where it says "End of Program" Your Dowsing System must have agreed to accept the program by going to "Yes" and staying on yes while you read in the program.

Note: Your Dowsing System will be using a reference or comparison person of your age and peer group. This comparison person will be indicated by the pendulum swinging vertically to the "Bar" (balanced). When you ask about yourself you would like the pendulum to indicate a +10 on the beneficial side. This would indicate that you are much better than the average reference person.

6. To use p.18 and 19 you start by having your pendulum start swinging to the "Ready for question". Next ask the first question near the top of p. 18. "Q-1 " then Q-2. If your pendulum swings to the negative side you might want to take notice. This would suggest that you have an area which is not as good as the reference person.

7. If you do get a negative reading you might wish to look at p.17. On the upper right corner is a reference to "What to Do if You Find a Negative Response". This area will give you some suggestions on how to ask your subconscious to possibly adjust these negative energies

8. If you wish to know what the negative reading is referring to, simply go down the areas on p.18 asking for the level of each one. To do it quicker you might ask the system to indicate which section number, 1 through 4 to look at, this will narrow your search.

9. To learn more about when you can trust your dowsing, go to the middle of p.6.

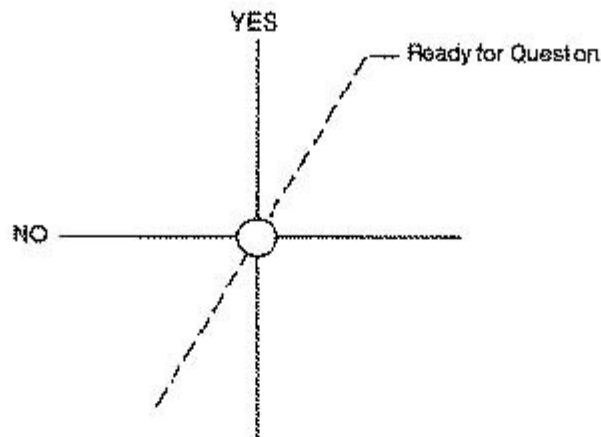
10. Other programs throughout "Letter to Robin" are fun to work with and are approached in the same way. They all work well with the multipurpose circle chart on p.19.

Have fun Dowsing. Please note the comments and caution at the bottom of p.18. Thanks, Walt

**ADDITIONAL DOWSING CHARTS - Inside back cover**

---

# PENDULUM DOWSING

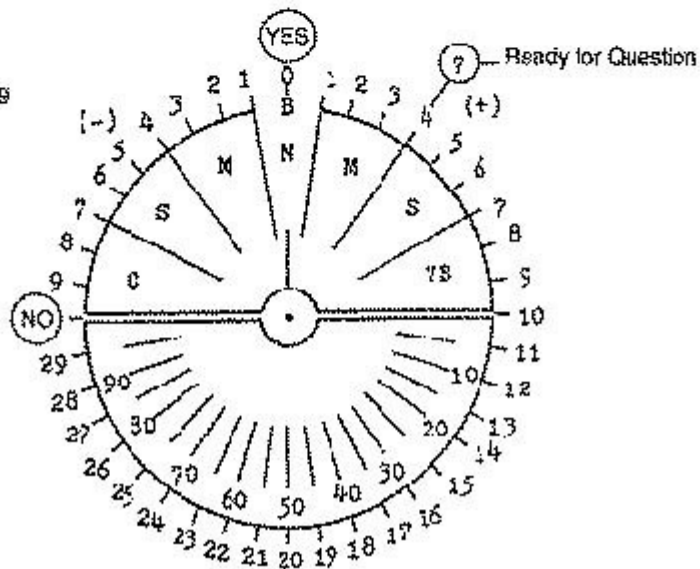


- B = Balanced
- N = Normal
- M = Mild
- S = Severe/Strong
- VS = Very Strong
- C = Critical

(-) = Less  
Decrease  
Less than  
Deficiency

(+) = Excess  
Improved  
Increase  
Surplus

Numbers:  
May be %  
Degrees  
Amount, etc.



# Orgone Generator F.A.Q.

By Don Croft < zapper16@earthlink.net >

<http://educate-yourself.org/dc/dcorgonegenfaq26feb02.shtml>

August, 2002

I'm beginning this FREQUENTLY ASKED QUESTIONS essay because it tears my heart out to consider the pain that newcomers to the Chembuster forum are experiencing as they wade through the volume of posts to glean a basic understanding of the process we Chembuster aficionados are involved in ( <http://forums.cloud-busters.com> ). I'll keep adding to it as new questions arise. Our original cloudbuster chat forum at yahoo was sabotaged by covert agents who prevented me from posting and moderating the site. They also deleted important messages and cut people off from posting on a regular basis. So we mostly post our current messages at the new site above, since we have a secure server there. It's still worth going to the old site, however, to look at the early messages and search the archive for many good articles and photos. The old cloudbuster forum is located at: <http://groups.yahoo.com/group/cloudbusters> .

This is NOT, NOT, NOT a scientific essay or to be used to formally promote our ideas and I'm the first to admit that I don't fully understand what I'm doing, but I have gathered some observations over the past year of my Chembuster career that I'd like to share in this format. You must use your discretion and not blindly accept any of these ideas or conclusions.

'Orgone *Generator*' is a term I'm using advisedly, of course, since all things are generated from orgone. In fact, these devices primarily draw in unbalanced orgone, revitalize it, and send it back out again. There are other things happening, but I'm going to concern myself mainly with that process in this essay.

'Orgone *Accumulators*' draw in and concentrate orgone and send it back out again. When they draw in unbalanced orgone, they send it back out as unbalanced orgone, so one needs to use them in a place where there is more good orgone than the bad stuff.

I made orgone accumulators for a time before I investigated more information about orgone generators which I learned about from a customer of mine who had obtained a small device from the internet and had paid quite a bit of money for it. 'Hey—it's nothing but metal particles embedded in epoxy!' My customer was a little irate, since he paid a lot of money for that, but I was elated by the possibilities, since this device was obviously putting out a lot more orgone than the accumulators I was making and using.

In fact, orgone generators are made by mixing equal parts, by volume, of metal particles and organic matrix material, such as epoxy resin and polyester resin. 'Organic' means 'hydrocarbon,' not necessarily something from a garden that you eat.

The metal in the mix can be ANY metal, but very fine particles, like the brass grindings from a key-making machine, and very large pieces, are less effective than BBs and spiral shavings and particles from a machine shop.

Contrary to the vehement objections of some researchers, aluminium is perfectly alright to use for orgone accumulators and orgone generators. I used nothing but aluminum foil and saran wrap for my numerous accumulators and the effects actually exceeded (in my opinion) the effects of the very bulky accumulators conventionally used by Reich devotees, probably because they were more adaptable, compact, even portable. This is just one instance of my karma running over someone else's dogma. I wasn't the only person making effective orgone accumulators with aluminum, of course.

I've requested a rational explanation from the Reich experts who told me that aluminum is forbidden as a component in orgone devices, but have been met with stoic silence from them on that subject. I refrain from mentioning their names out of respect and I don't want to embarrass them. These experts have had plenty to say to me otherwise, so maybe someday they'll produce a rational argument—possibly after at least one of them has tried our newer methods.

My daughter, Nora, was living with me when I started experimenting with orgone generators three years ago. She went through death at age five and was able to see subtle energies after that, so I put her to work when she was eleven, evaluating the energy patterns and strength of the various orgone generator configurations I was making. Nora's living with her mom now, but my new wife, Carol, also has the gift of seeing subtle energies and she and I came up with the configurations we're using for the [Chembuster](#), [Holy Handgrenade](#), St. Buster's Button, and [Harmonic Protector](#) (thereapeutic orgone generator, used on the body).

SO—here are the basic components of an orgone generator: equal parts resin and metal particles, quartz crystal/s aligned in the direction you wish the orgone to travel (crystals also inherently organize *chaotic energy* and act as extensions of a person's will). Pipes open on one end, the other embedded in the generator, are added to enhance the orgone flow and/or the draw of unbalanced orgone, and the lengths, diameter and number of pipes are a factor.

We are pioneers with this technology, but are by no means experts, nor do we fully understand the process. We're happy to leave that to others who are more intelligent and have the inclination to analyze it correctly.

As pioneers, though, we're apparently way ahead of anyone coming to this from even the most august and reputable of scientific, even metaphysical backgrounds. The long trail of letters behind one's name won't open the door to understanding this essentially simple process, I'm sorry to say, and only one's own experiential observation and instincts will bring understanding.

Among the current Chembuster veterans, there are the unemployed and unskilled, as well as doctors, engineers and scientists, and the former are certainly no less successful in their efforts than the latter. In fact, the latter actually are struggling with a handicap, since a lot of what is happening in front of them contradicts their science paradigm, and that tends to hamper their integration process a bit. There's a lot to be said for formal education, but one who has earned letters does need to contend with 'the dust of acquired knowledge' that tends to obscure the human heart and instincts.

Assuming that you've read the instructions for the orgone generating devices, I'll just start listing the Qs and As. Please excuse the apparent disorder. Maybe some inspired soul with a better sense of order will organize and edit this someday.

1. Enough said about the type of metal yet? Copper works a little better than aluminum, gold works a little better than copper, but availability of materials and costs are a more important consideration, in my opinion.

## **2. CAN I USE CEMENT OR SNOT AS A MATRIX INSTEAD OF SMELLY, MESSY RESIN OR EPOXY?**

Some people want to try other substances as a matrix for the metal, but I think that resin and epoxy work best because they're made from organic compounds and harden quickly by catalytic reaction. The resin/metal mix doesn't put out nearly as much energy while the resin is in a liquid state as it does after it hardens. I don't know why. Cement has a high mineral content, snot is mostly water, other materials that may be suitable but need to dry may take years to dry completely. Wax would probably work, but would liquefy on a hot day, reducing its effectiveness and the pipes in the CB would fall over.

## **3. DO I NEED TO CLEAR THE CRYSTALS?**

This is a fun topic for Carol and I, as there is so much superstition connected to the use of crystals. Whenever I hear that stuff, I start revving the engine in my karma, setting my sights on that dogma crossing the road. I feel okay about that, since I'm performing a service to my fellow humans who otherwise might be excluded by this exclusive posturing by would-be gurus and grand poobahs.

In truth, anyone can clear any crystal, anytime, with a little bit of directed intention. People who like to engage in rituals and dogma are free to do so, and this works as well, but not better, than just imagining the crystal in a cleared, energized state and 'making it so.' PUH-LEEEEEEZE!!!! My wife, Carol, is an accomplished witch, and uses rituals a lot, but she doesn't waste time spinning her wheels, so why should you?

In another truth, crystals in the vicinity of ANY orgone generator automatically get cleared of 'negative' energy because orgone generators mindlessly draw in any unbalanced energy within range and send it back out as balanced energy. It should go without saying that crystals within an orgone generator are no longer capable of holding unbalanced energy.

## **4. WHAT HAPPENS WHEN YOU GET AN ORGONE GENERATOR CLOSE TO A NUKE PLANT?**

I consider this the ultimate test for the orgone generator. Everyone who works with orgone *accumulators* knows that they mustn't be used within many miles of a nuke, so we made an effort to drive close to one awhile back to see what would happen.

We picked the big one north of Portland on the Columbia River near I-5. I was driving the Zapporium, which has seven pyramid-shaped orgone generators over the cab and a very large orgone accumulator under the entire floor in the back; Carol was following close behind in the car, which has a middle size pyramid orgone generator in the back window (she uses this to find her car in mall parking lots by looking for the big blue dome of orgone in the distance).

When we got within about forty miles, Carol said orgone field of the pyramid suddenly expanded outward and became denser, then she looked at the Zapporium and saw the same thing on a much bigger scale. I stopped by the highway right beside the nuke to confer with her and she was quite astonished at the magnitude of the healthy orgone field emanating from the vehicles. AS we drove on, the fields diminished again to their normal range and strength.



A few months later, we were on a beach on Plum Island, Florida and Carol noticed that the [Terminator](#) she was wearing was putting out an extraordinary amount of orgone (it has a small [orgone generator](#) in it, so we wondered if there was a nuke nearby. We drove to the other end of the island, forty miles away, and at the halfway point found the nuke.

The next week we put a crude Holy Handgrenade in the bushes on the nuke property. This one was made in a little Terminator box, 1"x2"x3" with a couple of quartz crystals lined up together in it. Carol said the dead orgone field had extended about forty miles until we put the device in the bushes, then the field stopped right there in a spherical form, centered in the reactor, apparently. In this case the effect was instantaneous, but at some of the other nukes we visited later with our more refined, cone shaped holy handgrenades, the healing process took up to a week to be completed. These were built on natural vortices, though and are probably not the norm. It's a good idea to keep a couple of modest HHGs with you when you travel so you can have the opportunity to restrict a deadly energy field this way and thus take a significant part in the planet's healing process.

Dr. Reich proved that the worst effects of nuclear reactors is the deadly orgone fields they create, which can't be shielded, rather than the radioactive aspects. We believe that if he knew about orgone generators, he certainly would have used them.

#### **5. WON'T I DAMAGE THE ATMOSPHERE IF I LEAVE A CLOUDBUSTER IN OPERATION?**

This is an important concern if you're using one of the Cloudbusters made according to Dr. Reich's parameters, and only skilled, knowledgeable people should consider using those.

Ours, however, though we sometimes call them Cloudbusters, only approximate the function of Dr. Reich's invention. We like the name, 'Cloudbuster,' to honor Dr. Reich, who was martyred by the alleged US government for his courageous spirit and monumental service to humanity in 1957, after his books were publicly burned and his character viciously slandered by the prostituted press and academia.

In fact, since these are essentially 'energy balancers,' they only assist the dialogue between the earth and its atmosphere which, when unhampered by human intervention, regulates the rainfall and temperature in the environment. Note that nearly everyone who has a Chembuster in operation and has sufficient powers of observation, has reported regular, moderate rainfall and/or snow, milder temperatures, absence or reduction of strong winds, very little lightning during storms (plenty of thunder, but generally muted), reduction or absence of smog, greatly improved ambience for miles around, not to mention the destruction of chemtrails and HAARP effects.

It's extremely important to note that in order for our Chembuster to complete the process of re-introducing the earth-to-atmosphere dialogue, we must remove all major sources of energy pollution in the region. Dr. Reich was aware of this, too, though many, if not most, of the Reich Cloudbuster users apparently haven't yet learned how to do this.

We're finding that all of the energy polluting sites are either man-made or are natural vortices corrupted by human activity and will. Simply placing a Holy Handgrenade on or as near as possible to each of these spots, such as Masonic and Mormon Temples, courthouses, nuke plants, universities, satanic ritual sites, some churches, sites of

massacres, prisons, transmitter arrays, corporate headquarters, Federal Reserve Banks, stock exchanges, all major government buildings, etc., will assure that your Chembuster will bring balanced weather to your region.

In major cities more than one Chembuster may be required. If you have a Chembuster on or close to a major natural vortex, the effect will be a lot stronger and the range will extend much farther than if the CB were in a less energizing location.

## **6. IS INTENTION (WILL) AN IMPORTANT ASPECT OF THIS CLOUDBUSTER'S EFFECTIVENESS?**

Can you hear the engine revving again?

Carol and I waxed scientific last summer for a moment and did a controlled experiment to help us resolve this question for our own understanding. Some people we know who are very spiritual and of sound character, but who were unable to see the effects of the Chembuster, agreed to have one in each of their yards.

The two live about 15 miles apart, too close, really, to compare their individual Chembuster's effects, but we noticed that the chemtrails began disappearing within hours after they were in place, and the smog was gone within a week from that metropolitan area (it's still essentially gone, though it was the fifth worst smog location in the nation before that). There was regular rainfall throughout the summer as well, and milder temperatures, though the city is close to the edge of a desert. The desert, by the way, up to a hundred fifty miles away, had new green plants throughout the summer, too, which is entirely unheard of for that region.

These fine people are still completely unable to see that the Chembuster has had any effect at all. Maybe Dr. Sharon's assertion that this deficit in awareness is a function of the low DHEA level in the blood is the operative factor here, but we are now convinced that even if the CB owner is not aware of the operation of his/her own CB, it will still work very well.

Don't be discouraged, though, you who wish to proudly fly the banner of metaphysics—a person who is more aware of what his/her Chembuster is doing will get better results, proportionate to his/her state of awareness. That's a pretty good incentive, since the mere presence of an orgone generator, especially one as big as a Chembuster, will heighten one's awareness and speed up one's ability to integrate information/energy.

To me, the significance of this sort of technology (works great but has no moving parts) is that it's a springboard to a state of consciousness in which no external technology is needed. Unlike the Luddites among us, though, I am grateful for all of this intermediate technology and intend to fully exploit it while we still need it. We'll be manifesting what we need with thought while they're still living in leaky hovels and eating grubs.

I haven't considered if a person who is firmly entrenched in a state of denial would cause his Chembuster to operate less efficiently. I'd be very surprised if a person would be able to maintain that blissful state very long in the presence of any orgone generator, but maybe that situation will develop one of these days so we can all have some data about that.

## **7. MUST I BE CAREFUL TO GET CRYSTALS OF THE HIGHEST QUALITY?**

Gert Botha, who is the Afrikaaner who opened a can of Pandora's worms, so to speak,

last fall when mild thunderstorms peppered the Namib Desert in the vicinity of his Chembuster, used very funky crystals found lying on the ground on his desert property. He had made the Chembuster from found materials in early July because the incessant seasonal sandstorms were stopping him from working on his new house and he just got fed up with that.

From the instant it was finished, the wind stopped. The sandstorms came almost daily for awhile after that but at first they stopped, as if by a wall of energy, at the cloudbuster, then that 'wall' receded into the direction of the wind until they stopped altogether a few weeks later. The rainstorms came about a month after that and lasted a few weeks.

Having said that, I do think it's best to get reasonably good quality quartz crystals for the Chembuster. The ones from Michelle (mridgley@aol.com) and Gladys (crystals87@hsnp.com) are good examples and are not expensive. Please buy a lot of them so these fine people can make it worth their while to go to the trouble of sending them to you and so you'll be encouraged to make a lot of Holy Handgrenades, as well as a Chembuster, to heal your region, okay?

I can direct you to somebody who might be willing to sell you very, very special crystals for a few hundred dollars apiece and more (we use those for other stuff) but this is overkill for the cloudbuster and holy handgrenades. Carol uses a \$1500 Vogel creation for her Succor Punch.

Have I made it clear yet that these basic devices are for everyone, not just for an elite corps?

We're all generals in this army. How nice! Who doesn't hate to take orders from other 3D humans (be truthful)?

#### **8. WHAT IF I WANT TO MAKE A CLOUDBUSTER, ETC., ALONG DIFFERENT PARAMETERS?**

There's certainly nothing stopping you from doing that, but if you want to make a comparison the rest of us can use, you'll also need to make a basic one at some point so we can have a baseline. If you have a brainstorm and want somebody else to make it happen, you should examine your own intentions and see whether they're 'standing in integrity,' because whoever comes up with a 'what if' scenario is generally obligated to manifest it him/herself first, I think.

#### **9. IS IT IMPORTANT TO POINT A CHEMBUSTER IN A CERTAIN DIRECTION TO GET RAIN?**

We've been finding that this is usually a factor. We don't do that where we live now because there's been plenty of precipitation since we moved here in September, 2001, but others are telling us that only when their CBs are pointing in a certain direction does the rain come. Usually, but not always, one points the CB away from where the rain normally arrives. This is something that you, as a general ;- ) might need to determine for yourself.

When Carol and I were traveling around the test-section of the Namib Desert to place the Chembuster and HHGs, we found it best to point the CBs away from the geographical center and vector that downwind, generally, but we aren't aware of the results yet, other than a cryptic email from Gert (his last before he became unreachable)

saying that interesting things were happening then in the skies, two weeks after we left. There was a good amount of rain happening along the eastern (upwind) edge of the area, but we don't count that, since rainfall there is not extremely untypical. The Namib, I'm told, is the driest region on earth.

#### **10. CAN I IMPROVE THE CB'S EFFECTIVENESS BY ADDING MAGNETS AND OTHER ITEMS?**

You bet you can! We're only offering some basic parameters for an effective, economical cloudbuster. Any device that will move orgone, such as a magnet, a Seed of Life coil (on the tips of the pipes and/or cast into the bottom of the bucket), a [Succor Punch](#), a Holy Handgrenade, perhaps curved pipes—the possibilities are limitless—is worth experimenting with. Hopefully, you'll keep the Chembuster forum informed when you find that your efforts have paid off.

#### **11. DO I NEED TO PROTECT THE CRYSTALS FROM WATER AND/OR FREEZING?**

I'm only putting this question here because so much attention is paid to it, not that it's worth talking about. We leave our CBs out in the weather, in the front yard, and after months of rain and snow I found that there was no water dripping out when I turned one upside down last week. I guess the next question concerns leaving it outdoors, so I want to assure you that it will be essentially invisible to almost everyone. I don't know why.

When people put one together, they often tell me about visits from strange aircraft, even UFO's right afterward, continuing sometimes for months, so you won't be keeping it a secret from Big Brother if you hide it in your closet. The energy signature of one of these is painfully obvious to them by now & they're usually pretty good at locating them.

#### **12. WILL THE CHEMBUSTER WORK IF IT'S INDOORS?**

Last fall, Fred Fischl took one of his Chembusters to a health fair not far from where we live, so we drove down there to support his efforts. It was very overcast and smoggy in that valley, but not raining, which is typical of a HAARP weather system. From up the road we saw a bright spot in the overcast that wasn't moving or changing, so we figured that it was where Fred had his cloudbuster. When we got there, though, we saw that the clear opening was sort of offset about a mile or so to the west.

Fred took it outdoors and a bigger hole opened up right over us and within an hour the whole sky was clear, almost to the horizon in every direction, and the smog disappeared, too. We attributed the muted, offset results to the metal roof the Chembuster was under.

We had found earlier that the Chembusters are not as effective when the pipe ends are covered by anything at all, and that indoors they work less effectively, generally. Our first indoor cloudbusting experience was at a motel in Rangely, Maine, last March. There was a very ominous, fast-moving cloudcover at the time, and we had arrived the previous evening at the end of a blizzard. Another blizzard was forecast to start at any moment.

I had a little insomnia after Dr. Reich showed up in a lucid dream to show me a device (which I've since forgotten about) and put the pipes on the base and stood it up by the TV. It was around 5AM, and I went back to sleep. Around 8 we went outside to go to breakfast and saw several people standing around looking at the sky. There was a blue

hole right overhead that was stationary, though the clouds were reforming on the downwind side of the hole. I said, 'We did that!' and they gave us a funny look. I carried the Chembuster out to show them, but they'd lost interest already. Africa is a lot more fun than America with this stuff, as the people actually notice extraordinary things and talk about them.

For the record, the custodians of the Reich Museum (whoever they are) outside Rangeley were inhospitable to us and were rather rude on the phone, though we had notified them of our coming a month in advance and had determined that we'd arrive during their hours of operation. They hadn't responded to our request to visit them, so we took a chance to drive the 1500 miles to see where Dr. Reich did his amazing work. We took some pics of the Chembuster set up on the edge of the property and left before they'd have a chance to call the Sherriff. I bet they won't do that again to somebody else when this little report gets circulated. I bet Dr. Reich would have thrown his door open to a stranger any time, especially if the stranger had some good news for him. After I published this event last May, I got an email from the Reich Museum in which they apologized for their inhospitality, but I'm still a little miffed and would like to tweak them a bit more.

### **13. WILL THE JACK-BOOTED THUGS DRAG ME OFF IF I PUT A CHEMBUSTER IN MY YARD?**

We're amused that one of our friends who has a CB is acutely concerned that Big Bro not know about it, and we get that he's being specially scrutinized now by the very people he wants to hide from. They say that fear breeds more fear, and I've been trying to get him to re-locate his cajones and come out of the closet, so to speak. I know nothing bad will happen to him, because the felonious feds and others are mainly just curious to know how we can do so much damage to their predatory agenda without even breaking a sweat or missing time at work. It would be counterproductive for them at this point to stop us all, even if they were stupid enough to try that, and the nice thing is that they won't be able to understand it until they, themselves, renounce their predatory agenda. It's a sort of Catch 22 for them.

Meanwhile, you should enjoy the airshow that may present to you after your CB is in operation. We've been visited at or near treetop altitude by a plethora of unusual craft. If I'm not really quick with my binoculars, they veer away before I can clearly see the faces of the pilots and crew. My favorite visitors are the big black triangle antigrav craft, but they've only shown up in sparsely populated areas we've lived in. Steven in Vancouver, BC, is the only urban-dwelling CB aficionado who regularly reports seeing blatant UFO appearances near his home. Steven in suburban Atlanta gets a lot of visits like that, but they're apparently more discreet.

We're waiting for somebody on the forum to report what happens when a laser pointer is directed at these UFO's since some of them may be holograms and will thus light up like a Christmas tree when a laser beam hits.

Somebody once told me that it's against federal laws to make orgone devices. I guess they made those laws after they burned Reich's books and imprisoned and murdered him. I hope to Grid one of those agents will try to enforce those alleged laws with me. That will be a fun dance. There's no such thing as bad publicity, and even I would be astonished at their stupidity if they choose to draw attention to this project that way. We aren't living in the fifties any more and 'the government' is no longer seen as the benevolent protector, as the Depression Babies (the bulwark of the 'go along to get

along' movement, or lemmings, as the case may be) were deluded into believing. If anyone at the time had mentioned the similarity of that book burning and the ones the nazis and Red Guard carried out, he'd probably have been thrown in the pokey or thrown onto the fire itself. I'm pretty sure we've grown beyond that scenario by now, at least in America, China and Europe. I think the Russians never completely bought into the regime's false ideologies. When they come to America, they're usually shocked that Americans tend to accept what the whorish newsreaders and yellow journalists are saying here, which is exactly the stuff they wished to leave behind when they emigrated.

Note, though, that there are no angry, torch-carrying mobs in the streets of America, burning effigies of 'swarthy, evil Muslims' even though the current regime has gone to great lengths to make that happen. Carol believes that when the felonious feds blew up the WTC and blamed it on the Muslims of the world, it was the beginning of their present, steady slide toward the abyss (or prison, hopefully).

If you make your Chembuster pretty soon, you'll be able to say to your grandkids, 'Yes, indeed, I was one of the few who helped end the mayhem and genocide perpetrated by that defeated world order during its last, desparate years!'

#### **14. WHY IS IT IMPORTANT TO MAKE HOLY HANDGRENADES IN A CONE OR PYRAMID SHAPE?**

I can't even say that these shapes are optimal, but I can say that they work very well. Incidentally, many are making the HHgs with the top crystal sticking up out of the point. This is prettier, but it's slightly less effective than if the crystal were imbedded in the point. Considering that most of these will be hidden in the bushes, buried or dropped into water, I hope you'll opt for the less attractive method.

#### **15. WHAT IS ST. BUSTER'S BUTTON FOR AND WHY DO YOU PUT THOSE CRYSTALS IN THERE?**

We designed this to unravel energy blocks in the body and activate the chakras. The top is rounded so that energy won't squirt out the point, as they do with cones and pyramids. We want that orgone go move into the body, so the flat side is put against the body (thru clothing is fine) and the magnet simply causes a toroidal current of orgone through the bottom surface.

I put the north side of the magnet down because I want the orgone to pass through the purple amethyst first (top side), then the red garnet (bottom side). It's not a major consideration, but it replicates and encourages movement of cosmic energy into the crown chakra (purple) and out through the root chakra (red), a process that balances and energizes all aspects of one's being..

The spiral embedded in the bottom surface is made as suggested by Linda Kingsbury, our local healer friend ([www.spiritherbs.org](http://www.spiritherbs.org)) It spins the toroidal currents in a direction that will get the chakras spinning in an optimal direction and otherwise it just looks cool and mysterious. When we need herbs, we ask Linda first, because she's got Carol's psychic gift and applies it to her work with herbs. She has tinctures that do much more than heal the body, by the way, and her prices are affordable.

I hope you'll take the diagram of St. Buster's Button to a rock and gem shop or a bead shop to get the appropriate gemstones. The magnets are available from

www.dowlingmagnets.com. I found that bare copper wire, about 20 gauge, is nice to work with.

I cut off the spout of a small plastic funnel, tape the opening, and when the resin has cured, I sand the top into a round shape on my belt sander. The amethyst is a short distance from the top, so there's no risk of sanding into that.

#### 16. WHAT'S A SUCCOR PUNCH?

Until recently, I was calling the [Succor Punch](#) the 'Big Secret', but Carol was given instructions for another device, which isn't technically an orgone generating device, and I decided that the newer device is more deserving of the name. I can't tell you about that one yet, it's a secret ;-)

We were getting pretty hammered by aliens when we first started using the Chembuster, and were fairly at our wits' end trying to find ways to neutralize their attacks. I won't go into the details, but some of you resonate to what I'm saying here.

We'd been using the mobius coil in our Terminators for about six months at that point, and had put a very large mobius coil in the energized grid in the floor of the Zapporium and noticed that as long as we were inside, with the frequency generator turned on at 15Hz, we couldn't be touched. It came to a head, though, when a Draconian overlord talked Carol into having a telepathic dialogue, which he apparently assumed was an invitation to enter the Zapporium, which he did.

We were in bed, which is the Zapporium's floor, and I was awake, looking at Carol beside me. I saw the transparent visage of a Draconian as he sort of eased into Carol's body, like a movie special effect. I was astonished to see that his/her face looked just like Richard Gephardt's if you were to stretch it lengthwise. I woke Carol from her trance and we both agreed that it wasn't a good idea for her to 'dialogue' with this person, as he/she was fundamentally untrustworthy at this point.

I don't remember how I got the idea, but I had already wrapped a mobius coil around a sound crystal that I'd been using, so I applied the 15Hz square wave from a zapper circuit to the coil and concentrated on sending a beam of orgone from the crystal to that Draconian, igniting his/her midline with kundalini fire and enveloping him/her with a sphere of dense, contracting orgone, all pulsating at 15Hz. I felt the connection at the same instant Carol told me that this entity was uttering dire curses and promising to make our lives a living hell. I was a little sorry for him/her but Carol assured me I was doing no harm but in fact was just helping the entity get back in touch with emotion.

We weren't bothered again after that by any ET or human predators until Carol got back from [Kenya](#). Some voodoo guys followed her back astrally to perhaps punish her for curing so many AIDS sufferers during her stay in a village. This was a little more gruesome and unrefined, but it was easily resolved with our Succor Punches and some nice Pleiadians came into the room and healed the lesion left by the the voodoo guys in her aura.

Some other folks who have these just keep them turned on whenever they feel vulnerable to interference by ET's or government psychics (in spite of Maj. Ed Dames' posturing, his job is as obsolete as buggy whips now). This prevents abductions, we believe.

Anyone can do this, actually, but it's nice to get some real-time confirmation from somebody else involved in the process. I think I got the hint for making this device when I realized that when the Terminator was on my body I felt safer from this sort of interference.

Predatory entities have a fear and hatred of concentrated, healthy orgone, perhaps because it forces them to wake up, spiritually. Having a strong orgone field around you is sort of like sleeping near a campfire in areas where there are cougars and bears

I won't go into the healing benefits of the Succor Punch, but Dr. Elaine Carter uses one in her clinic and loves it. She's also got a Chembuster and has made and deployed lots of Holy Handgrenades in her area. I made a couple of half-scale Chembusters, one for her, one for me. I call it a Clodbuster because it's pretty potent for breaking up somebody's calcified mindset if you aim it at him up close, but Dr. E just leaves one standing in her treatment room to enhance the ambience there and she calls it something else. She sent me some interesting accounts in the 'early days' that I can share with you.

People aren't generally getting attacked after they make Chembusters any more. This may be because the Draconians are jumping ship now, having perhaps decided that the human detritus that call themselves the New World Order are no longer stable or reliable enough to employ, or maybe the vibratory rate of our planet has elevated to the point where they are no longer comfortable being here. These two things may be related. I don't have any delusions about being solely responsible for their departure, but I'm having fun participating in the process. We've noticed that the other predatory ET races and the native reptilians who serve their agenda (not all of the reptilians are on their side) are all subservient to the Draconians and wouldn't p--- if their clothes were afire unless the Draconians gave them permission.

These things are as real to Carol and I, and others, as the Chinese were to Marco Polo. I'm probably doing you a favor telling you about it now, as these entities will very likely soon be as visible to you as they are to us, and you can now hopefully avoid freaking out when that happens.

Quite a few well-intentioned people who started working with us before that flaked out when the heat was turned on by the agents of the alien agenda. A couple of them even wrecked their cars and one tried to exploit the process (that one ended rather ignominiously for the person, who shall remain un-named) at the expense of our hard-earned, though modest, reputation.

Michelle, Kristina and the Relfes were also hit pretty hard by agents of the agenda, but they used their Succor Punches judiciously and came through their tests with flying colors. Since we're all generals, it just wouldn't do if we ran from battle at the first sign of arrows, would it? Kristina gave us information from lucid dreams that led to some significant improvements for our Terminators, and her basis for the work she's doing now was established in a sacred way.

Pretty soon the market demand for these things will give you all more work than you may perhaps want, and please feel free to use my name in association with your products on websites and elsewhere as long as I can review what you wrote about me first, okay?



Don Croft

© Copyright 2002 Educate-Yourself.org All Rights Reserved.

# Ancient Triggers of Orgone Energy - Guided Meditations-Mind/body Issues -

by Steven Hastings Paige (c) 1998  
E-mail-([mongoree@msn.com](mailto:mongoree@msn.com))

---

**Abstract:** Older tribal dance cultures increased orgone energy in the body using rhythmical touch and sound.

Consequently there are many accounts in tribal drumming and dance ceremonies of sexual excess(?) and sexually generated emotional release. The release of orgone energy caused by rhythmical stimulation and repetitive movement generated release of endo-opiates and endorphins. This alters perception in the mind/body network. I call these rhythmical experiences the "rhythmical response". What follows is an explanation of rhythmical release and some guided meditations to stimulate cathartic rhythmical release.

## **Crossing Into Sexual Dream**

Through the use of metaphor and intentionality, the 'rhythmical response' moves through the unconscious mind allowing deep personal discovery and mapping of the mind-body. The physiological state of fixed sexual arousal arrived at through consciousness synchronization due to rhythmical auditory stimulation, rhythmic movement, and cooperative breathing, triggers the 'rhythmical response'. It is states of fixed sexual plateau (heightened orgone energy) continued for long time periods that trigger "state dependent memory" associated with cathartic sexual experiences:

"State dependent memory, learning, and behavior processes encoded in the limbic-hypothalamic and loosely related systems are the major information transducers between mind and body. All methods of mind-body healing and therapeutic hypnosis operate accessing and re-framing the state dependent memory and learning systems that encode symptoms and problems. " ( Rossi and Cheek, 1988 )

The 'rhythmical response' is a learned state-dependent behavior. The physical state has to be maintained before crossing over into the 'rhythmical response' can occur. Long sexual cycles measured in hours or days instead of minutes opens state dependent memories like the long dance cycles do. The cross cultural triggers for the 'rhythmical response' are learned motor conditioned moves the body makes and mental patterns or images the mind holds. Mimicry of the trance release triggers after fixed state erotic stimulation has been maintained, will favor psychic crossover into the 'rhythmical response'. The personal inner physical triggers for release have been intuited by women. Popular culture is filled with sexual aphorisms like: "He made time stand still." , "I forgot to breathe.", "I didn't know which way was up." etc. These communicate in a primitive way, through popular culture, what causes deeply meditative sexual release.

## **Body time Expansion**

### **Triggering Dream/Sensation**

As movement of the body is rhythmically expanded (one movement cycle for every two, four, eight, sixteen, beats etc. of the background rhythm), awareness of energy in the body is heightened. Time seems to be put on hold. It's a common physical action during orgasm. Body time expansion allows sensation and movement to communicate with other body rhythms like breathing, and blood flow. Body time expansion allows the held thought or feeling to be taken out of ordinary time and expanded into the sensations being experienced. Body time expansion is a moment of silence in the din of ecstasy. The silence opens up and spreads dream across the senses. Practice is simple and can be learned easily in dance or sexual expression. It is the sense of floating or timelessness that occurs at the moment of orgasmic peak. Motor conditioning body time expansion gives complete temporal range when playing with your sensations. It is a powerful trigger for the 'rhythmical response'.

## **Guided Meditation**

### **Breath Lock & Relaxation**

Holding your breath, not with difficulty or for too long. Breath locking allows another suspension of body time like the movement expansion above. As a wave of pleasure builds the gesture of breath lock lifts the psyche

onto the wave of sensation in a small suspension of body time. Breath lock is again a silence that will allow you to 'hear' your the 'rhythmical response'. Breath in, lock; relax. Relaxation allows you to float longer on your breath lock. Try the following simple experiment sometime: When your in a pool dive and swim vigorously under water as long as you can. Then after a rest, try a dive and swim very slowly till you feel the need to come up for air. You can stay under water longer if you relax and swim slowly. The deeper you relax the longer you can hold your breath. The relaxation inside breath locking will allow your sexual energy to move rapidly around your body. Super-relaxation will induce energy waves in the body. Simply illustrated, some people can relax so far that they shiver or shake with energy automatically. They feel a sensation like a wave of shivering at the edge of their relaxation. You can try this without holding your breath or you may remember a spontaneous shiver.

## **Guided Meditation**

### **Movements That Effect Balance and the Inner Ear**

Rolling or gently throwing the head back or from side to side momentarily upsets the sense of balance creating a physical sense of disorientation and weightlessness. The body loses for an instant the notion of what is up and what is down. Quite often this is a spontaneous response during female orgasm.

Lying down comfortably with a soft shallow pillow under your head and neck. With your eyes closed, lying on your back, gently toss your head back and forth about once every three seconds. This movement will create a sensation of being slightly disoriented. In other sexual positions rolling or tossing your head up and down will create the same sensation. Balance is sensitive to changes in direction because of small crystals of calcium carbonate called "otoliths" in the inner ear which resist change in movement. When the head is rocked, inertial resistance of the otoliths keeps the crystals in constant motion creating a sense of imbalance. This sense of imbalance effects body awareness especially when the eyes are closed.

## **Guided Meditation**

### **"Ajna" Meditation-Third Eye Focus**

With the eyes closed, looking from within to a point right between the eyebrows. This is looking to the third eye from within. The third eye is the psychic center of the body. It is the gateway to dream response. Meditation on it will pull up the ecstatic energy in the body to this point where it "crosses" or "intersects" guided imagery or metaphor being held as a guide in the dream response. Dream and sensation meet here. As you look slightly up to this spot you will feel a peculiar sensation in your mind space. Your mind space will seem to occupy more imaginary volume. Don't frown. Look here in a relaxed manner. Mixed with deep erotic pleasure looking here will draw the pleasure up into the expanse of dream projected from mind.

Orient yourself with the "Ajna" exercise while you are in a normal physical state so you can reconnect with it when you are in a fixed state of sexual arousal. During arousal as a wave of pleasure engulfs you shift the energy into the "Ajna" meditation and then back to eye contact with your partner in cycles synchronized with your sexual release.

### **Guided Meditation** **Allowing the Energy Dialogue**

Shaking, arching, waving, pushing or tensions can be caused by the energy waves in the body. They come and go, coursing through the body. They are caused by chemical modulation of the nervous system due to the extended motor conditioned responses. Allowing the body to express these energy waves is usually taught by example. ( When someone passes into a trance state and exhibits exotic physical movements they are watched by others who later unconsciously draw on what they have seen.)

The movements can also be motor conditioned in a normal waking state to be later mimicked on the edge of passing into trance. The mimicked response can spontaneously shift into an uncontrolled ecstatic convulsion when it is washed over by the energy in the body. Through rhythm and motor conditioned movement, the nervous system is set to automate the mimicked response. Arching and involuntary muscle contraction is witnessed in many rhythmic ceremonies where trance induction is occurring. It is also quite often part of the feminine orgasmic response. In Western society, arching is often depicted in erotic photographs or suggestive advertising. Photographs of the arched females in seductive poses is like a random subliminal cultural lesson in the experience of subtle energetic sexuality.

Shaking is often heard of in the description of trance experience. The religious movement called the Shakers received their name because of the shaking trances that their congregations would fall into. Shaking too is a common physical response of many women during orgasm. A woman will often uncontrollably shake at the peak of her orgasmic experience, either once or in staccato succession. Waves of release may pass through the body like an induced ripple in a bolt of silk. The sensation may include feeling the energy escape right out the top of the head. When experiencing a sexual body wave, previous dance conditioning from movements isolating the upper and lower torso will ease the physical expression of the subtle energy passing up through the body. The energy dialogue between the mind and body, in trance or the 'rhythmical response', can be mapped by emotional intension, motor conditioning like movements, and mimicking. You can learn to articulate your body's ecstatic energy release and map its' body response.

### **Guided Meditation** **Mental Imagery**

The rhythmical response is your crossing point for personal transformation of the body-mind matrix. During this altered physical state you are communicating with ancient portions of the mind and their relationship with the bodies functioning. You are communicating with your internal rhythms and the rhythms in the world around you. It is very important that your guided meditation be loving and positive. It is your connection to the creative process from within the crossing point of perfect time. It is the magical moment in body positive spiritual awakening . Your thoughts are psychic guides into the rhythmical response. Your held mental image will expand out across time and space placing you in the crossings and intuitions of your souls personal growth.

A mind form chosen for its negative or destructive value will destroy its creator as well. It will draw down and reset the body's vibration through limbic encoding that will attract the body to self destruction by systemic conflict: cancer, gastral-intestinal disease, respiratory problems, negative habituations and denial. Destructive mind forms in dream response move contrary to the essence of the feminine rhythm of creation and maintenance of life.

More abstract visual images can also guide you through the energy refractions in the body-mind complex like: visions of nature, abstract visualizations of healing, visualization of personal unity, chakra meditations, and visualization of time. Archetypes and visualizations can be reinforced by your partner with gentle dialogue describing a God, Goddess, or abstracted image. The images can be a scene ,projected sexual experience or expanded fantasy.

Your conscious mind projected into the rhythmical response communicates with the ancient unconscious layers of the primitive mind. Holding or repetition of a mental image during ecstatic response transcribes to the body-mind complex of what we call consciousness, new settings of the bodies biorhythms and experienced states.

### **Guided Meditation Supporting Solo Full Body Orgasms**

For some women, the 'rhythmical response' can be such a full body experience that male penetration can actually be a distraction to it. During orgasm male penetration can prevent the vaginal muscles from complete closing of the pelvic floor and can dampen the sexual energy dialogue in the body that causes arching, shaking, body waves, etc.. Some women will "jump off" their male partners during orgasmic release to let the energy in the body travel and express itself unimpeded.

During the 'rhythmical response' outward awareness is diminished. The expansion of sexual energy into the psychic center and motor conditioned movements of the body may need complete freedom for full expression. Male support during this experience is critical. Your partner is not forgetting you and needs your psychic and physical contact.

She will sense your relationship to her physical space, your support of her body movements, and your gentle contact with her. You can affirm her drift, into the "rhythmical response" by simple gestures, light thumb pressure to the 'Ajna' point- the third eye, honors her psychic penetration into her ecstatic communication within. Affirm with touch her body time expansion. Let your hands travel following the energy coursing through her body at a tempo matching her drift into slow dream.

Create thought to protect. Imagine your energy protecting her dream. You are her protector. A stray thought, a random motion, will break the spell of hypnotic dream release. Here you are the shaman. Your intensions are

critical. Your ability to control your own pleasure will allow you to see deep within the "rhythmical response" and co-experience her psychic communion with her body. Your support and improvisation has joined her own dialogue with the rhythmical cosmic instant of the 'rhythmical response'. It is an integration of sensation, consciousness, and universal temporal perfection. Your understanding of this union will filter through all your actions.

### **The Rhythmical Witness Male Support of Psychic/Sexual Dialogue**

Her dream response follows your rhythmic support. Your ability to see into her meditative experience is based on your motivations and training. Rhythmic meditation, purposeful sexual limitations, and emotional centering bearing compassion towards your partner will draw you to the shaman witness within yourself.

The rhythmic secrets presented here are useless to you if you have not apprenticed yourself to rhythm and centered on the psychic nature of your experience and its relationship to your partners experience of the 'rhythmical response'.

Between rhythm and release, the focus of your psychic attentiveness attenuates her release into ecstatic dream. Your touch inside the expectancy of the rhythmic background and support of the fixed state sexual plateau prepares her for successive shifts into the "rhythmical response" and the rhythmical response. Beside watching and acknowledging her use of the inner physical triggers. You can assist in triggering her.

Rhythm is the essence of hypnotic induction. It's in the swaying of the pendulum or the counting backwards to zero. It is in the repetition of the hypnotic suggestion. Here your assistance is more passive. She owns the experience. You are an assistant to the rhythm and her experience inside it. The rhythm is abstracted suggestion supporting her private psychic meditation. Your touch and pleasuring is the music. Your improvisation on the subtlety of her experience is your assistance.

### **Guided Meditation Hypnotic Dropouts in the Rhythm of Touch**

In hypnotic induction, when the hypnotist is inducing the subject by counting they will "drop out" numbers in the count to trick the subject into thinking they have slept or lost themselves in the count.

In the rhythmic support of your touch, dropping out a beat at the edge of release leaves the mind of your lover to fill in the spaces. The vacuum of that one missed beat is filled by her desire and dream. The absence of that one missed beat can trigger expansive sexual release.

Before the dropout became the tool of modern psychology and hypnotism, it was the tool of the Shaman. Like the body time expansion and the breath lock, dropout is a suspension of time where silence is displaced by your partners inner experience of cosmic time. In this tiny silence of your touch she can "hear" the

energy within herself filtered through her desire and dream. Finding that special moment for her rests with you and your compassion.

### **Guided Meditation**

#### **Push-Pull and Syncopation of Body Movement**

Rhythm in its' complexity beyond notated timing can push and pull against the background beat, falling a bit after or a bit before the percussive instant. The body in motion expresses the rhythmic cycle. Touch confirms perfect time and motion. Touch can lay back and pull against rhythmical motion and expand desire. Touch can push further on ahead of motion showing the way.

Small changes from the shared synchronized rhythm can in an instant expand into the complex subtly of the shamans timing. Tiny sustains, sharp syncopated sensations fractalize and enriches sensation. Each poly-rhythmic drift, each advancement of the senses traces the articulation of you psychic awareness towards your partner. She feels your heart and compassion toward her dream.

Perfect repetition and following of your partners movements affirms her sensory drift from outer to inner experience. Following her centering, following her sourcing, you can travel with her in an instant on the edge of time. Returning to perfect time from dropouts, delays, syncopations and advances creates a greater rhythmic cycle based on the improvisation of her dream. It is a way to understand the power of "Ashe" inside love. It is a way to follow her to the center of her body time.

### **Guided Meditation**

#### **The Volume and Tempo of Touch**

Intensity of sensation from touch or body contact shifts mind into dream. It is the rhythm between light and soft, hard and intense that expresses your range of sensitivity to your partners experience.

After a wave of orgasmic energy passes, touch should lighten and allow dream to follow. Sensitivity increases touch and movement decreases. A watchful partner can shift energy with a light stroke at the perfect moment.

Sometimes the shift into the rhythmical response occurs in the quiet moments after a long plateau of fixed state pleasuring during a period of quiet bonding. Sometimes dream response occurs on the brink of sleep.

Whatever occurs for her, your touch should express your delicate listening to her sensory response. Paralleling her inner experience your touch should express your compassion for her dream and subtle unexpressed feelings. Your touch talks your support abstractly without thought or language.

In the quiet moments when erotic plateau gives way to dream and relaxation, touch plays a remarkable role in bonding and emotional release. Touch becomes the conformation of inner experience in its subtlety. Taking time to silently bond with your partner gives shared body-rhythms a chance to integrate between partners unconsciously. It is part of the totality of the rhythmical partnership. Quiet bonding synthesizes mood and feeling between partners as the body-mind integrates and absorbs. The quiet moments are for absorption and weaving of physical states between partners. Often our lives are too complex and timed out to experience these languid states together. After the rhythmical response experience the body releases positive,

pleasure oriented neurotransmitters into the circulatory system. Beta-endorphin and natural opiate neurotransmitters cluster throughout the body and cross reference to all the bodies major functioning systems during this stupor phase. The transmitters should be given time to reset the bodies biological clocks much like the time taken to charge a battery. Rest will open the body to experiencing the delicate moods induced by neurotransmitter release.

### **Journey to the Center of Body-time in the Mind-body Complex.**

The hypothalamus, limbic, and pituitary portions of our brains are the oldest . These portions of the brain are deep in the center of our larger more recent brain. They are the control center that orchestrates our bodies rhythmical biological activity. From these ancient control centers over 200 different types of neurotransmitters are sent through the bodies fluids to specific 'addressed' sites where they cluster. In much the same way a letter is mailed to a fixed location, neurotransmitters are labeled for specific locations in the nervous system. Once they get to their destination they control the traffic of nerve impulses altering perception and controlling biological activity.

All the automatic activity of the body is orchestrated in an intricate interlacing of biorhythms controlled by the timely release of neurotransmitters in this chemical signaling process. Our health and wholeness depend on this rhythmical orchestration. Breathing, heart rate, digestion, sleep, emotional balance, sexuality and health are all controlled by this message system.

When the body-mind perceives peace and outward consistency in the rhythmic fabric of life it reinforces these inner timekeepers and entrains them to the outside world of cosmic cycles: day-night, seasons, hunger-satisfaction, desire-completion, gravitational flux, etc.. When the body perceives stress something else happens.

### **Stress Viewed as an Obstruction in the Flow of Body-Time**

When the body reacts to a stressful situation, it thinks it is reacting to a one time event. Many of the bodies ongoing biorhythms are shut down to deal with the singular stress event. The most predominant neurotransmitter during a stressful event is one called epinephrine (adrenaline). It is addressed and sent to be released into the bloodstream to increase metabolism, shut down the digestive system, depress the immune system, and cause a state of mental agitation or anxiety to protect ones self from the stress coming at them.

If outside stress events become regular we degrade our body-minds ability to synchronize our body-rhythms. The body becomes conditioned to the stress response. We habituate the stress response. Continual de-integration of our body rhythms by habituated stress response slowly makes us ill. Stress and Digestive Rhythms: When our digestive rhythms are deregulated by continued stress we can experience eating and elimination disorders; diarrhea, constipation, stomach ulcers, self starvation, binge eating and bulimia are the most common. When we experience a stress state, our digestive system is shut down to allow our physical resources to be used on increased metabolism and heightened awareness of our external environment. Continued stress deregulates our digestive cycles causing lack of apatite or acidulation of the stomach.

Stress and sleep rhythms: We also have rest and awake cycles that are deregulated by constant



stress. "Ultradian" (90 to 120 min. cycles of restfulness and activity) and Circadian ( 24 hour cycle of sleep and wakefulness) cycles that are interfered with cause: fatigue, mood swings, lack of sleep, listlessness, apathy, suggestibility, and nightmares. Interfering with sleep rhythms has been used as a form of brainwashing.

Constant stress that interferes with sleep can have the same effects. Stress and Sexual Rhythms: Stress acts on sexual rhythms and reproduction by interfering with rhythmical hormonal release. In women the chemical messengers for a balanced female cycle are thrown off creating hormonal and fertility imbalances with common symptoms: irregular periods, cramping, false pregnancy, P.M.S., headaches, infertility, early menopause, and lack of orgasmic response.

In males excessive stress response can cause decreased sex drive because of unbalanced hormonal production. Constant stress can decrease male sex drive and cause temporary impotence. For both sexes this is a successful adaptation to a stressful environment, causing fewer births and lowered population rates during a long term contact with a negative environment. For the individual it clouds positive sexual experience by slowly diminishing sex drive. Stress and the immune system: Constant stress decreases immunity.

Specialized cells of the immune system like; T-cells, B-Cells, Monocytes, Neutrophils, and Killer cells create, release and absorb neurotransmitters that mediate communication with the endocrine ( glands) and central nervous system. Constant stress reduces "all is well" neurotransmitters (like endorphins and natural-opiates) in the blood stream signaling the immunesystem to reduce the healing process to accommodate the bodes stress state. Stress and Circulatory Rhythms: Stress increases heart rate and raises blood pressure. Commonly people with allot of stress have high blood pressure. Meditation and breathing techniques have been shown to reduce blood pressure.

Women generally have less stress related circulatory problems. Their bodies are not predisposed to live with continued stress states. These states are overridden by the hormonal balance of the monthly fertility rhythm and birthing cycle. Estrogen, a female sex hormone, whose production is triggered by gender based genetic encoding has been shown to reduce circulatory problems and heart attacks.

Stress and Breathing Rhythms: Stress response interferes with breathing depth and regularity. Rapid shallow breathing is associated with stress or shock. Breathing inefficiency during a stress event lowers oxygen content in the blood and can cause someone to "pass out" due to lack of oxygen to the brain. Stress can also cause someone to hyperventilation or over breathe. The natural relaxed even breath is broken by stress.

### **How the 'Rhythmical response' Dialogues with The Stress response**

The rhythmical response accesses cognitive awareness and networked consciousness from several different directions at once. Rhythmical meditation, rhythmical motor conditioned movements, and directed visualization shift ancient brain center neuroaddressing into a positive, pleasure oriented, integrative state. Synchronization of consciousness into the rhythmic pattern causes brain waves to change. Beta waves, brain wave patterns usually associated with stress shift toward the alpha, delta, and theta brain wave patterns usually associated with sleep, relaxation, and sexual response .

Practiced Meditation, Movement, dance or sexual expression creates neural paths in the higher brain centers that stimulate the hypothalamic-limbic-pituitary complex. The complex initiates the

pleasure response by releasing addressed natural opiates into the body fluids that are "mailed" to selective sights throughout the body. Upon receiving these opiates, body functions are shifted to a new expression of networked consciousness based on sensing the opened pleasure response:

"All the homeostatic internal regulatory centers from the spine up through the brain stem, pons, thalamus, and hypothalamus are in communication with this vast sexual receptor system. All major behavioral states of attention, motivation, sleep, dream, memory and learning are likewise involved ."  
(Rossi and Cheek, 1988 )

The rhythmical response strengthens all the different biorhythms of the body. The rhythms of the homeostatic internal regulatory centers of the body are normalized by the experience of pleasure and relaxation. The pleasure response is biologically addressed to each center and finally shared as networked consciousness, or groupings of sensations and body functions.

### **How the "Rhythmical Response" Dialogues with Earth Time**

By rhythmical entrainment and referred rhythmical release the rhythmical response resets and integrates body-time into its ancient natural rhythms. Integrated body time responds to the genetic encoding of synchronous Earth Time. The feminine cycle of twenty eight days is genetically linked to the lunar cycle of the same duration. This is no coincidence. It is the feminine bodies dialogue with the planet and its subtle connection to the waxing and waning of nocturnal homogeneous moonlight. It is a phase locking characteristic that sets humans apart from other mammals. Most female mammals fertility is phase locked to the yearly seasonal cycle. With humans phase locked to the lunar cycle, fertility and sexuality can continue on a year around basis as part of human adaptation.

Menstrual Synchronism- Women who live together and have considerable contact with each other develop similar menstrual cycles (Jarret, 1984; McClintock, 1971; Cuter & Peri, 1986). Uniform cycles are triggered by the sense of smell. Close tribal contact and generous shared physical activity through work and dance released pheromones that balanced and linked women with each other and with Earth Time. Modern Western living discourages personal contact with pheromonal sharing. When smells or body odors are considered to be negative, women are estranged from their natural cooperative linking to Earth Time.

In the Rhythmical response, women share in pheromonal exchange the secret message of evolutionary time. As their hormonal cycles are phased locked, they experience common networked consciousness based on integrated hormonal flux between them. They share in rhythmic unison selected states of consciousness throughout the month. Much of feminine myth and religion is seeded by these states.

When life was quiet, nights were dark, and women shared closer quarters, there was a rhythmic continuum of balance between themselves and cosmic time. Life was the music of body-time and Earth Time together.

---

*Exchange Orgonomic Research and Information*

*Around The World*  *Through PORE*

# How to Make New Orgone Devices

**Part 1, 9-28-2005**

**By: Ryan McGinty**

This is an essay explaining basic techniques I have used for creating new Orgone Generating devices. It will cover; brief introduction to Orgone, sensing the stones with noticing which chakra the stone activates, getting to know the stones, how to find positive and negative charges, using a pendulum to find energy balances or imbalances, using your hands to find the direction or energy.

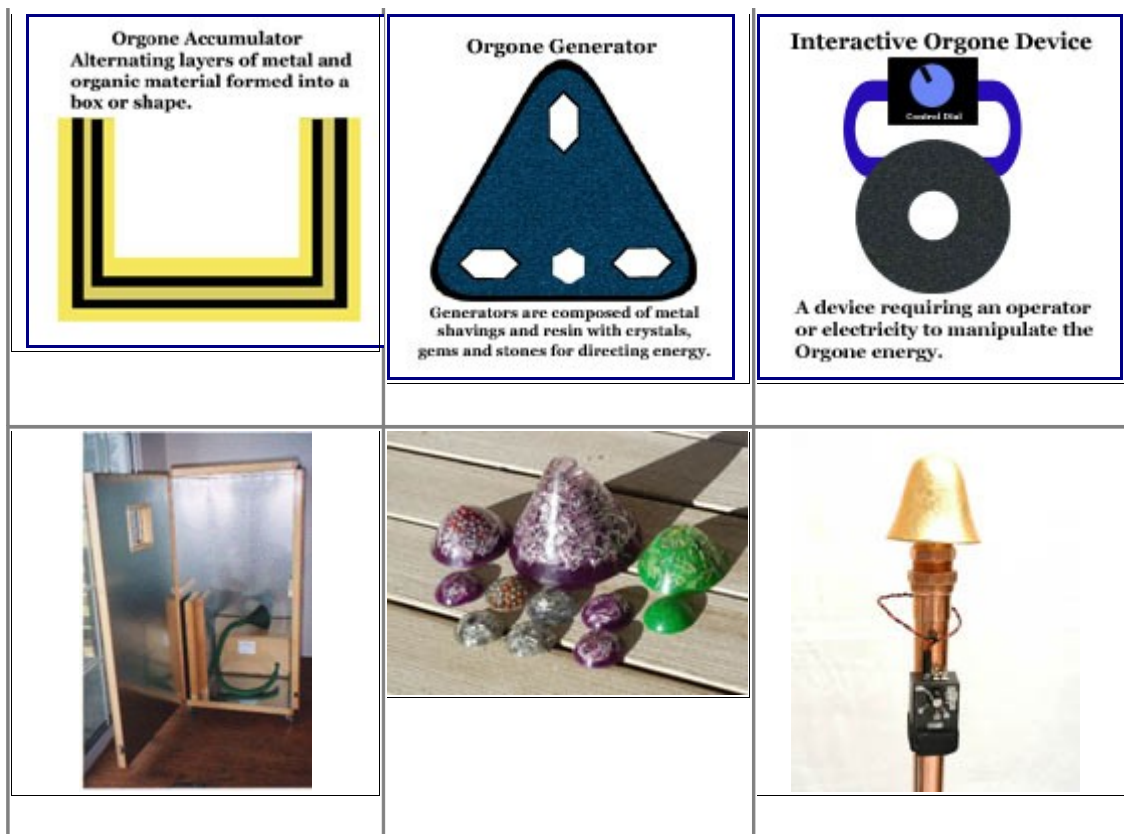
Disclaimer: This essay is for educational purposes only. By creating your own Orgone devices you are responsible for own devices. You must test your device to see whether it works the way you want it to. Not doing so may cause you or others harm. If you do not know how your body reacts to energies then I suggest building devices that are tried and true, such as: Towerbuster, Holy Hand Grenade, Earth Pipe or Cloudbuster. Once you start to notice the subtle energies at play and how your body reacts then begin experimenting building your own devices.

## **Part 1: Brief Introduction to Orgone.**

Orgone is a name given by Wilhelm Reich for vital health or life energy. Orgone also is the same energy known as Chi or Prana from Eastern cultures. To read more about orgone click here: <http://www.orgone.org/articles/ax9kelley1a.htm>

D.B. explains, “*Orgone or etheric energy is a type of solar fire, one of three primary force energies in existence, the other two being fire by friction and electrical fire, known as electricity. Prana is solar fire. It comes directly from the sun, and is softened for humans by the so-called, Van Allen Belt. Orgone often, and esp as emitted by orgone devices, will appear as heat waves: ripples of clear, fiery energy that burns brightly, but does not consume matter. Understand? Orgone devices are based upon Solar Fire, and affect only those things and such (humans are based upon this form of fire).*” The combination of electricity with orgone devices might allow the energy to effect electrical systems.

|             |           |             |
|-------------|-----------|-------------|
| Accumulator | Generator | Interactive |
|             |           |             |



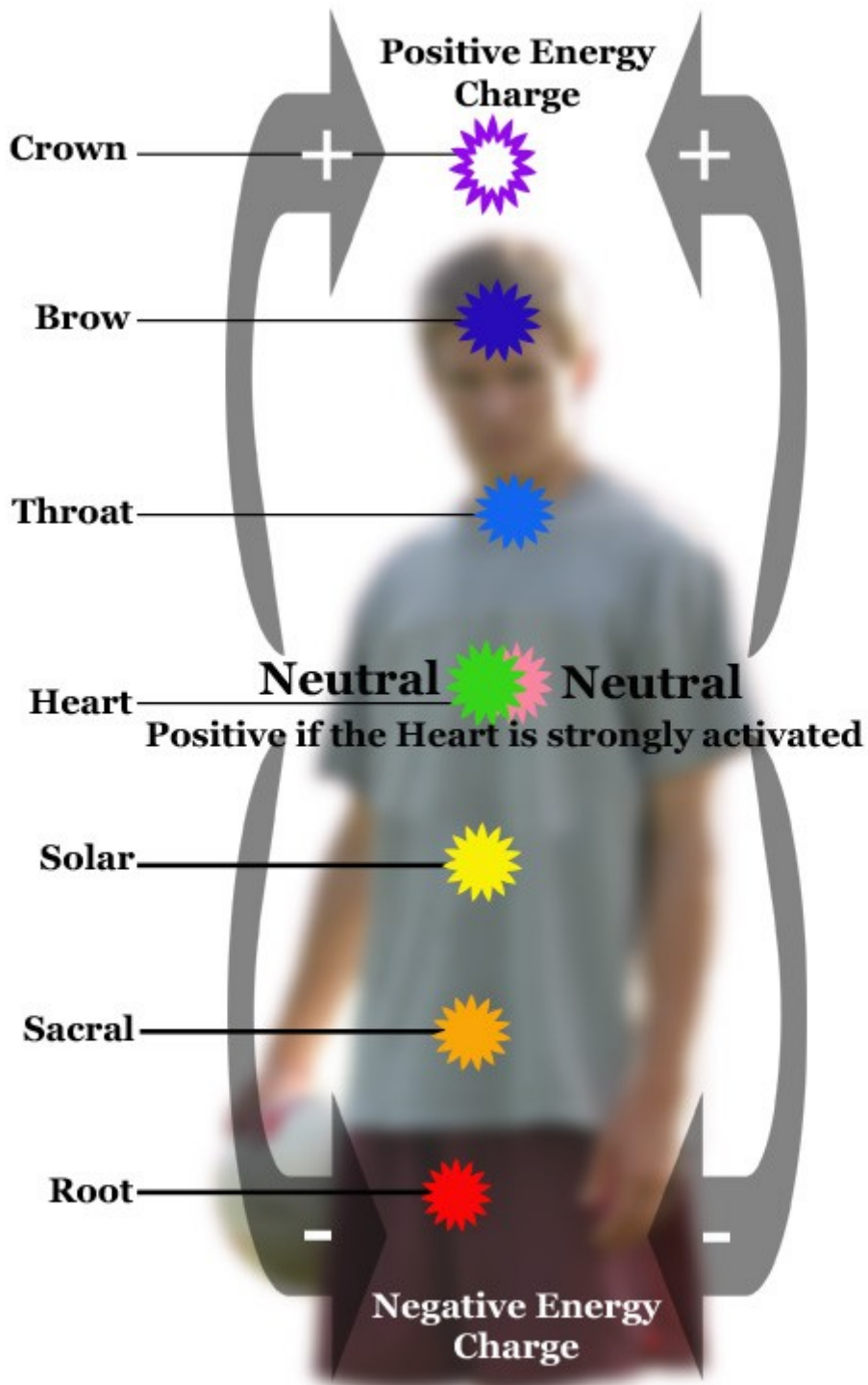
There are three different types of Orgone devices, Accumulators, Generators and Interactive. Don Croft states, “*Orgone Accumulators draw in and concentrate orgone and send it back out again. When they draw in unbalanced orgone, they send it back out as unbalanced orgone, so one needs to use them in a place where there is more good orgone than the bad stuff.*” ‘*Orgone Generator*’ is a term I’m using advisedly, of course, since all things are generated from orgone. In fact, these devices primarily draw in unbalanced orgone, revitalize it, and send it back out again.” Interactive orgone devices are devices which a person or operator must be in contact with in order for the device to operate. Interactive orgone device uses a person’s thought form then amplifies it with orgone. Radionics is a good example of an Interactive Orgone device.

Wilhelm Reich created Accumulators; Karl Welz created the first basic Orgone Generator and Interactive devices; Don and Carol Croft created a better Orgone Generator by adding crystals, gems and stones. When adding stones to an Orgone generating device it begins to operate by itself without the addition of electricity or operator. This is helpful because you can create a generator and it will keep working on it’s own.

Orgone generating devices are composed of half metal and half organic (epoxy or resin) material mixed with stones, gems or crystals used to direct the energy and add their energetic characteristics. On some occasion oils, herbs and dye colors have been used to add their properties. Orgone devices take the properties of orgone and added material magnifying them into the environment. Don and Carol Croft were the first to place a crystal in metal and organic matrix then provide proof how effective Orgone Generators can really be. To read more about is experiences click here: <http://educate-yourself.org/dc/dcorgonegenfaq26feb02.shtml>

## **Part 2: Sensing the energy of the stones.**

Knowing a stone's basic properties is a necessity when creating a new device. Two good books on their properties are; *Love Is In The Earth*, by: Melody and *Crystal Power, Crystal Healing*, by: Michael Gienger. Melody uses a more spiritual tone while Gienger used a scientific method, both giving you a good balance on either side. Once you become familiar with stones you will be able to pick up a new stone and; tell if it's emitting or absorbing, what part of your body is being activated, is it lower or higher vibration just by listening to your body's reactions.



The properties of stones are based on historical evidence, personal experiences, mythological and metaphysical. The metaphysical properties cover an area called the chakras. When Prana enters the body it is broken into seven parts. Each part of broken down Prana has its own unique color and characteristic. Prana has seven points of entry into the physical body called chakras. The seven chakras transmit the broken down Prana to where the energy is needed to maintain health. The seven locations are: base of spine, just below the belly button, Solar Plexus, heart, throat, brow and 18 inches or so above the top of the head. Certain colors represent each chakra and broken down Prana. Red: base of

spine, Orange: near the belly button, Yellow: Solar Plexus, Green and Pink: heart, Blue: throat, Indigo: brow, Violet and White: above the head. Get to know these centers well because they will come in handy when noticing a stone's reaction to your body and quickly figuring out a stone's characteristics. To read more about the chakras click here: <http://laluni.helloyou.ws/netnews/bk/soul/soul1031.html> or read Cyndi Dale's: "New Chakra Healing," for a great intro and overall chakra info; A.E. Powell's: "Etheric Double," for specific chakra and Prana workings.

### Seven Chakra General Information

|                | Color                   | Location        | Characteristics                                                                                                                                                     |
|----------------|-------------------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Seventh Chakra | Violet, White           | Above the head. | Higher self, divine awareness, spiritual, understanding path and purpose,                                                                                           |
| Sixth Chakra   | Indigo                  | Brow            | Vision, visualization and insight. Linked to clairvoyance.                                                                                                          |
| Fifth Chakra   | Blue                    | Throat          | Truth, Wisdom, Responsibility, verbal expression, receiving info from hearing or reading. Linked to clairaudience.                                                  |
| Fourth Chakra  | Green, Pink, Blue, Gold | Heart           | Love, healing, compassion, relationships. Energy type: Etheric, love.                                                                                               |
| Third Chakra   | Yellow                  | Solar Plexus    | Power, judgments, discernment, understanding thoughts and ideas, Energy type: mental, thought and intellectual.                                                     |
| Second Chakra  | Orange                  | Naval           | Feelings, creativity and expressing them through the appropriate physical outlet: laughing, crying, etc...<br><br>Empathy for self and others. Female reproduction. |
| First Chakra   | Red                     | Base of spine.  | Source of: passion, primal feelings, aggression, terror, survival, will to live and material energy for achieving life purpose. Male reproduction.                  |

Info from: Cyndi Dale. *New Chakra Healing*, MN: Llewellyn Publications, 1996

Colors and their meanings are a must know when building a device. Stones and objects the same color as a chakra activate that chakra because of similar color vibration. For great info on color, meanings and usages read: Charles Klotsche. *Color Medicine*, AZ: Light Technology Publishing

Here is a basic on color meanings:

|               | General                                             | Psychological                               | Light Properties                                                                                                                                                |
|---------------|-----------------------------------------------------|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Red</b>    | Sexual, vitality, aggression, passion               | Power, energy, hot, danger, stop, fast      | Stimulant, increases endurance and muscle, physical strength, improves circulation.                                                                             |
| <b>Orange</b> | Emotion, Health, Sympathetic, sociability, openness | Warm, energy                                | Produces life energy that radiates through the body. Releases trapped or blocked energy.                                                                        |
| <b>Yellow</b> | Intellect, learning, attracting attention           | Optimism, hope, philosophy, caution, coward | Stimulates digestion and lymphatic system, raises lower energy thoughts.                                                                                        |
| <b>Green</b>  | Healing, balance, caring, growth                    | Nature, healthy, renewal, go, safe, mild    | Tension reliever, balances, builds cell and tissue, healing, quieting.                                                                                          |
| <b>Blue</b>   | Wisdom, perceptive, loyalty, truth, trust,          | Trust, conservative, order, cool, male      | Stimulates, calms and clears thought processes and intuitiveness, strengthen aspiration and devotion.                                                           |
| <b>Indigo</b> | Responsibility, Spiritual awareness, self-reliant   |                                             | Calms respiratory system, reduces swelling, improves emotional states. Strengthens purpose, ambition and determination. Will power.                             |
| <b>Violet</b> | Spirituality, intuitive, teacher                    | Spirituality, royalty                       | Healing energy neutralize infection and promote recovery then followed by white to remove excess violet. Relaxes muscles, calms nerves and metabolic processes. |
| <b>White</b>  | Purity, perfection                                  | Cleanliness, precision, death               |                                                                                                                                                                 |
| <b>Pink</b>   | Love, compassion, affectionate                      | Female                                      | Healing miss-understandings and cleavages, harmony, love and goodwill.                                                                                          |
| <b>Gold</b>   | Wisdom, intellect                                   | Wealth                                      | Powerful protection, lifts raises                                                                                                                               |



|        |                                                                              |                                                                  |                                                |
|--------|------------------------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------|
|        |                                                                              |                                                                  | and eliminates that which hinders .            |
| Silver | Idealism, honest                                                             |                                                                  | Nourishing, sustaining energy, promotes growth |
| Black  | Malice, Strong-willed, opinionated, hatred, diseased, pessimism, depression. | Power, mystery, fear, death, sophistication, unhappy, absorbing. |                                                |
| Gray   | Conventionality, lack of imagination, reserved                               | Intellect, modesty, sadness                                      |                                                |
| Brown  | Materialism, ambition, down to earth                                         | Earth, reliability, comfort                                      |                                                |

Info from: Charles Klotsche. *Color Medicine*, AZ: Light Technology Publishing. Two Disciples, *The Rainbow Bridge*, CA: The Triune Foundation, Rainbow Bridge Productions. Color Wheel meaning [link](#).

## Increasing Sensitivity

One way of getting your body more sensitive is by holding a crystal in one hand, pointing at your other hand's palm moving it clockwise over the palm. After a minute begin to move the crystal back and forth from the palm. You should notice a pulling or tugging sensation.



This second exercise will help you determine how large the energy field is, if it's emitting or absorbing energy. First lay the stone on the table out in front of you. Second hold your open palm over the stone about two feet above. Third begin to lower you palm closer toward the stone. You'll want to be taking notice either the resistance/pressure or absorption/becomes easier when lowering your palm. This will take several tries to notice. It feels like a slight pressure being applied to your skin. It's very subtle at first until you begin to recognize it. The distance you first begin to notice it is usual the edge of the energy field. People who first begin to notice the energy notice when the energy field becomes stronger and a denser feeling. With practice you'll notice the subtle beginning

energy field edge. A known absorbing stone is Selenite. When you move your palm closer you'll notice it becomes easier. Quartz has emitting properties.

Now that you notice the emitting and absorbing energy from a crystal it's time to try the third exercise. Clasp a stone in your palm; relax your body then notice which parts of your body are being excited, stimulated, notice the mood and feelings. The point for this exercise is to listen to what your body is telling you. One of the best guides is listening to what your own body tells you. Feelings, emotions, reactions, sensations, etc... This exercise can take the longest to develop this skill. If you are busy minded or don't know your body's reaction then this may take some time. The trick to sensing energies is to listen how your body reacts to "nouns": persons, places, things, events, substances or qualities. To help build trust in yourself create blind tests. An example, have someone place the stone in a bag you cannot see into. Make sure the person does not tell you which stone it is. Then hold the bag and take note of the sensations. Remove the item and see if the sensations you noticed matched when you could see the stone. By practicing blind tests like this you'll pick up on how different stones feel and begin to trust in what you feel.

If you find that using your hands to sense energy causes them to ache or feel uncomfortable I suggest moving your consciousness around the stone to sense the energy. To explain how this work for me I look at an area on the stone then move my mind to that area. So where I look is where my mind is concentrating. When I look away to the side of the stone I'm listening to feelings I get if I were holding the stone. When I don't notice the energy feeling I know that is where the energy field ends. With practice you will be able to tell if the energy is spinning a certain direction, if there's breaks in the energy field and which way the energy is moving toward or away.

Once you notice how a crystal or gems feel it's now time to see how other items feel. What I find interesting is when you place your palm over a flower. The flower emits a loving pleasant feeling, kind of a hidden reason we give flowers for love.

Practice, practice, practice to build up your sensitivity. It builds knowledge with experience using stones, gems, crystals and different objects. It will also allow you to notice the orgone flame coming off different objects. Developing sensitivity to stones takes time. Be patient, make it like a game to keep from becoming frustrated if you do not notice anything immediately.

### **Part 3: Finding Positive and Negative Charges.**



When I notice positive or negative charged energy from a device or stone the placement of the feeling on my body and emotion lets me know what type it is. ([See Chakra Diagram](#)) When I come into contact with positive charged energy my upper body from the heart to above the head feels activated or excited. The stronger the positive the higher on my body feels excited. The strongest positive activates above my head feeling vibrant, tingly with a pleasant happiness or loving feeling. When I come into contact with negative charged energy my lower body from Solar Plexus to hips feels activated. The more negative the lower on my body. The strongest negative will make my body feel like it's being pulled down; pain will begin in my head then a feeling of the need to get away as quick as possible. Lower emotions and thoughts will also appear.

Both positive and negative charged energy can have pleasant to unpleasant feeling. An example is when positive energy feels too strong for the body to handle and then becomes painful. Another example is when the negative energy is subtle and feels relaxing or grounding.

In Richard Gordon's, "*Your Healing Hands, The Polarity Experience*" he explains that the human body has certain charges. The top of the head has a positive charge, the

bottom of the feet has a negative charge, the right side has a positive charge and the left has a negative charge. These charges can be confirmed from using sensitive voltage meters. Gordon mentions Dr. Randolph Stone was one of the originators of modern polarity system in western culture.

Here is an exercise to help identify positive and negative charges using a single terminated crystal. The reason for using a single terminated for this exercise because you know which end is positive and negative charged. First get yourself a good size single terminated crystal that's at least three inches long. Second hold the crystal between your thumb and fingers making sure the ends are not pointing toward the palm you are holding it with. Third move your other hands palm over the pointed crystal tip and take note of where you feel the energy reacting on your body. Fourth flip the crystal around so the broken end is facing your other hands palm. Take note of where you feel the energy reacting on your body. There should be a difference when you flip the crystal around. Do this several times to get a sense of what is going on. To eliminate the possibility of the holding hand affecting what you sense place the crystal on a table in front of you. Now move your palm in front of either end pausing to take note where the energy is reacting on your body. Double-check the feeling by using a different single terminated crystal to test yourself. If you're not noticing a reaction like a tingling sensation, pressure on the body or a sensation either emotional or physical don't worry. Developing sensitivity to stones takes time. Be patient, make it like a game to keep from becoming frustrated if you do not notice anything immediately.

The safest way to check if a device is emitting positive or negative charged energy is by putting your mind or consciousness on the object. This will keep your body out of harms way and is also helpful in allowing you to check out people, places and objects from a distance. The same chakra activation and feelings occur for me.

You can also use a pendulum to find positive and negative charged energy ends. First you must know how Yes and No answers are conveyed with your pendulum. Ask the question then move the pendulum over the device. The pendulum will help you learn the subtle energies once you recognize how your body reacts with the answers the pendulum provides. The pendulum can only give a Yes or No and counting answers. It is a basic tool. Once you have developed your sensing abilities you will find the energy will be a lot more complex than a Yes or No answer.

**Pendulum.**



Here are two websites to learn more about dowsing: [www.dowsers.org](http://www.dowsers.org) and

[A Mini-Course in Pendulum Dowsing](#). Remember to keep your elbows tucked in tight to your side so no external or arm movement effect the sway.

#### **Part 4: Finding and figuring out stones to use.**

When creating a new device you must first figure out what resources are available. Some of the stones mentioned in the books are rare and hard to find. Choose stones that are accessible to you. You may need to make more than one device to get it right. Check the local phone book for rock shops, metaphysical stores or even science stores. Online vendors are a great resource too.

If you find a stone and your not sure what it is remember to test if it's: emitting or absorbing, take into account the color, the chakra activation, if it's positive or negative charged energy emitting and the emotions you feel while handling it.

Now you know what is available, figure out what type of device you will be making. Take also into consideration what part of the body the stone activates. If a stone jumps out at you when handling it take note it just might be a stone you'll need for your creation. Remember black, gray, brown, red, yellow and orange stones activate the three lower chakras. Green and pink stones activate the heart. Blue to violet activate the higher chakras. Clear or white stones can work on all chakras. Gold amplifies the affect of orgone devices.

### **Clearing stones.**

Once you have your stones you'll need to clear them from any built up negative charge they might of come into contact with. Here are four techniques that you can use to clear them.

First: Incenses or Smudging.

Either hold or place the stone on a mesh to let the smoke drifter over.

As the smoke drifts over visualize the stone becoming clearer and negativity floating away with the smoke. Continue as long as you feel is needed. Usually a couple minutes clears the stone.

Second: Sea Salt Water.

Do not use this on stones that dissolve when placed in water or contain Iron. Mix in a couple tablespoons of Sea Salt into a bowl of water. Place the stones into water and let them set for a few days. When done dry.

Third: The Sun.

Place the stones in a bowl or plate preferably white or clear so color charging does not affect the stones. Next set them out in the morning sun light thru to evening. Bring them in at night and repeat the process if needed.


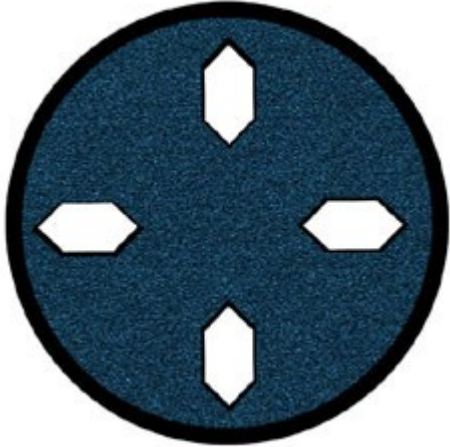
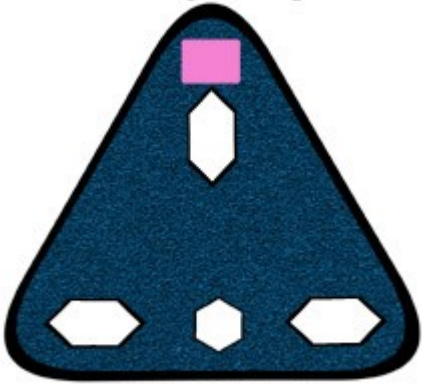
Fourth: Blessing with love.

Place the stones in your left palm facing up. Next place your right palm over the top clasping the lower left palm. Now begin to activate the heart by thinking of loved ones, family, friends etc... You want to feel that love vibe inside. Once you have it visualize it coming from your heart to your palms. Make sure you keep the vibe going while visualizing going to the palms. This will only take a minute or two for clearing. If you feel it needs more time then repeat the process.

Use your hands sensitivity to see if they need more clearing time.

### **Laying out the stones.**

Because there are so many possible combinations to laying out stones I prefer to spread the stones out on the table before me allowing me to see how the stones react before pouring.

| Line                                                                             | Two-Dimensional                                                                    | Three-Dimensional                                                                                                                                                                              |
|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  |  | <p data-bbox="1203 327 1406 353">Rose Quartz Tip</p>  <p data-bbox="1206 734 1426 761">Side view of HHG</p> |
| Wand                                                                             | Implantkiller                                                                      | HHG                                                                                                                                                                                            |

When making the new device you'll have to decide on the shape of the device. Will the alignment be in a line, a two-dimensional flat layout or a three-dimensional shape? An example of a line would be a wand. A plate, disk or cross would be a two-dimensional. Finally a three-dimensional would be a cone, sphere or any polygon form. You can also mix a multiple of the various dimensions but this adds more complicity and you must really sense the energy workings in order to know if your device is emitting safe positive charged energy. It is advised you create simpler alignments then once familiar with the stones and orgone progress from there.

**Using a pendulum.**

Lay the stones out before you on the ground in the alignment you think will work best. Make sure the stone are spaced the same distance they will be placed into the device. Next take a pendulum and slowly move it about 3 to 6 inches above the length of the configuration. The pendulum will show you where the energy blockages are and where the energy flows properly. For me this done by getting a YES (clockwise motion swing) and NO (back and forth motion) this may be different for you. The NO motion of the pendulum lets you know the energy has stopped or blocked. When you move the pendulum over again you want to get a good YES answer over the whole thing. Every time you move a stone around it changes the balance in the alignment.

By watching how strong the pendulum moves in a YES motion, either faster or bigger you can tell which area is stronger. You may notice one end will be stronger with energy flowing out.

Using your hands.





Using your hands is similar to the pendulum only you move your open palm over the stone alignment. You will want to notice the subtle sensation of the energy either pushing or pulling your palm. You'll be looking for an even pushing feeling against your hand. The reason is energy blocks have a break in energy so you'll feel a dead spot or feel no resistance. When moving your hand over again listen to your body if it has any uncomfortable feelings. Take note of any uncomfortable places then rearrange the alignment so it's a nice pleasant pushing feeling.

# WHAT IS ORGONE ENERGY?

## by Charles R. Kelley, Ph.D.

*Charles R. "Chuck" Kelley, was the co-founder with his wife, Erica, of the Radix Institute and later, Kelley/Radix Education in Feeling and Purpose. He passed-away April 30, 2005.*

"He had just seen his book published by Trafford Publishers, LIFE FORCE: The Creative Process in Man and in Nature, 2004."

*With his passing, the "Reichian Movement" lost one of its finest.*

---

Reprinted from **The Creative Process**

Vol. II Nos. 2&3 September 1962

with an introduction by the author July 1999

Copyright © 1962 Charles R. Kelley

KELLEY/RADIX  
Vancouver, WA , USA  
E-mail: ericakelley@comcast.net.

---

### INTRODUCTION TO "WHAT IS ORGONE ENERGY?"

**The Creative Process** was the only journal in America in 1960-1965 devoted to developing Reich's work. The article WHAT IS ORGONE ENERGY? appeared in Volume 2. The article has been quoted, misquoted and plagiarized by other Reichian publications in the 37 years since it first appeared. Here it is reprinted as it appeared, with the exception that two figures from the original article depicting cloud destruction experiments with Reich's apparatus could no longer be used. The original plates and photographs deteriorated too much. A new Figure 2 from the same operation has been substituted.

Charles R. Kelley  
Vancouver, Washington State  
July 1999

## WHAT IS ORGONE ENERGY? <sup>1</sup>

by Charles R. Kelley

Franz Anton Mesmer called it animal magnetism; Charles von Reichenbach called it odyle. To Henri Bergson it was the elan vital, the "vital force;" while to Hans Driesch it was

the entelechy . Sigmund Freud observed its functioning in human emotions and termed it libido. William MacDougall, the great British - American psychologist of a generation ago, labeled it hormic energy. Dozens, if not hundreds, of lesser - known scientists have recognized its presence and have given it a name to characterize its special properties. Among the 20th-century proponents of the concept are, for example, Doctors Charles Littlefield and his vital magnetism and George Starr White and his cosmo-electric energy . Mechanistic science in the 17th through 19th centuries embraced many of its essential qualities in the concept of the ether, while mystical human beings have embraced other essential qualities of it in the concept of god.

Orgone energy is Wilhelm Reich's name for the substratum from which all nature is created. The best definition this author can provide for it is this: Orgone energy is the creative force in nature. This article will discuss briefly the history of the discovery of orgone energy by Reich and will describe its properties. It will then summarize the evidence for and against the concept and, finally, will undertake to explain why it is that the concept meets such great resistance.

### Reich's Discovery of Orgone Energy

Orgone energy was originally discovered by Wilhelm Reich in his psychiatric work. As a psychoanalyst and student of Freud, Reich's point of departure was, quite naturally, Freud's concept of "libido. " "Libido" is life energy, desire, the source of human striving. Reich developed the libido concept, concentrating on its physical expression and simultaneous psychological content, until he was able to show the relation of bodily attitude and emotion. This he described in CHARACTER ANALYSIS, a book which went further than any work in history in

-----  
<sup>1</sup>From a public lecture by the author on May 9, 1962, at the Hewitt Auditorium, Cooper Union, New York City. The lecture was the first of a series of six lectures entitled An Introduction to Orgonomy, which were sponsored by the Interscience Research Institute.

- 58 -

---

solving the mystery of the relation' of mind and body. In this great book Reich also described the mass pathology of the animal man, This pathology consists of a chronic rigidity of the musculature which blocks the movement of energy underlying emotion and hence blocks the emotion, thus providing the psychic or emotional underpinning of mankind's universal sickness.

Reich's initial work on orgone energy was done, then, in depth psychology. From this it spread, quite naturally, into sociology and political science, for Reich saw quite clearly that the sickness of man was socially or culturally transmitted. His books, THE MASS PSYCHOLOGY OF FASCISM, THE SEXUAL REVOLUTION and PEOPLE IN TROUBLE deal with this enlargement of his depth psychological discoveries to the social and political scene.

It was natural for a mind like Reich's to generalize and deepen his understanding of libidinal energy, and as he did his medical work expanded beyond the field of psychiatry into more general areas of medicine and biology. The concept of libidinal energy developed into the more concrete concept of "bioelectricity," which soon proved not to be

electricity and in time was renamed "orgone energy." Books dealing with this phase of Reich's discoveries are THE FUNCTION OF THE ORGASM and THE CANCER BIOPATHY. These books constitute Volumes 1 and 2 of THE DISCOVERY OF THE ORGONE, Reich's presentation to the world of the discovery of orgone energy.

Although orgone energy was first discovered in the human body, Reich learned through painstaking observation and experiment that it existed in free form in the atmosphere. With this finding, Reich's work transcended the boundaries of biology and entered the realm of meteorology and atmospheric physics. These developments are described in THE CANCER BIOPATHY, THE ORANUR EXPERIMENT, and a series of articles which are covered under the general title of "weather control studies," published in scientific journals.

The final and most general stage of Reich's discoveries was the cosmic function of orgone energy in the universe, and Reich here entered the realms of astronomy and astrophysics. Reich's books dealing with this stage were COSMIC SUPERIMPOSITION and ETHER, GOD AND DEVIL.

As Reich progressed from the realm of psychiatry and medicine to biology, and from biology to physics, his concept of the energy which was the focus of all his scientific work retained its essential features. His understanding of the energy grew, and new properties were discovered, but the properties that had been discovered in the earlier, narrower realms remained true in the newer and broader ones. Through Reich's work runs the remarkable "red thread," the connectedness that shows each discovery to be a logical progression from the previous one, and each broader realm of nature studied to include the previous more restricted realm.

-59 -

---

Reich did not set out to discover "cosmic" truth; he was never attempting to revolutionize scientific thought; he was not attempting to make "great" discoveries. Reich simply observed and experimented from day to day, setting down what he found, studying it honestly, and organizing the facts as they appeared, without forcing them into any pre-conceived framework. What he found was that the same energy which flowed in the sexual embrace was present in all nature, "living" and "non-living," and that it governed the most significant and widespread natural functions. Reich found that the same orgone energy underlay each of these classes of phenomena:

1. Consciousness

Sensation  
Emotion  
Perception  
Thought

2. Life

Animal movement  
Biogenesis  
Reproduction  
Evolution  
Growth

3. Atmospheric and cosmic processes

Clouds  
Storms  
Atmospheric electricity  
Creation of matter at every scale  
(atom, planet, star, galaxy)

These three realms correspond to the sequence of Reich's discoveries, from his beginning in psychiatry through biology to physics, each realm including the previous. They are in inverse order with respect to our knowledge about them, however; for Reich explored the realm of psychiatry in breadth and depth, the broader realm of biology in a much more limited way, and only made a good start in his exploration of atmospheric and cosmic processes.

- 60 -

---

### Properties of Orgone -Energy

Orgone energy, the creative force in nature, is not a form of electromagnetism nor of matter but is fundamental to both. It is the specific life energy, but life is only one particular manifestation of it. Our knowledge about it is partial and fragmentary in major respects, and is no doubt in some measure erroneous. Nevertheless, a clear and consistent picture of what orgone energy is and how it functions arises from Reich's work. The following ten properties of orgone energy were deduced by Reich.

1. It is mass free. Orgone energy itself has no inertia or weight; i. e., it is mass free. This is one of the reasons it is difficult to measure using conventional techniques. Mass is, however, intimately dependent on the characteristics of the mass-free orgone energy field with which all matter is surrounded. Measurements of weight or inertia reflect the characteristics of this field as well as of the object contained in it.

2. It is present everywhere. Orgone energy fills all space. It is present in differing degrees or concentrations (or "charges") but is nowhere absent. It is present in vacua, whether within the atmosphere or in outer space. It is in this respect like the ether of pre-20th century physics.

3. It is the medium for electromagnetic and gravitational phenomena. Again, like the ether., orgone energy is the substratum of the most fundamental natural phenomena. It is the medium in which light moves and electromagnetic and gravitational fields exert force. One of the major tasks of orgonomy is to integrate our knowledge of orgone energy with the facts about those phenomena known to orthodox physics.

4. It is in constant motion. The continual motion of orgone energy can be observed under appropriate conditions. There are at least two characteristic types of motion, a pulsation or alternating expansion and contraction, and a flow, normally along a curving path.

5. It "contradicts" the law of entropy. Orgone energy is attracted to concentrations of orgone energy. Unlike heat or electricity, which always show a direction from higher to lower potential, orgone energy flows from lower orgonotic potential to higher. In a thermal system in which outside energy is neither added nor subtracted, heat is lost by hot objects

or materials and absorbed by cool until everything within the system is the same temperature. "Entropy increases" as the heat is distributed more and more uniformly. Heat, after all, leaves the sun and goes out into space; it does not collect from space and flow into the sun. In the same way, a heater radiates heat into the room;

-61 -

---

heat does not flow from the room into the heater. These processes are in accordance with the law of entropy. Orgonotic processes work in the opposite direction. High concentrations of orgone energy attract orgone energy from their less-concentrated surroundings. "Entropy decreases" as orgone energy is distributed more and more unevenly.

It would be a mistake to think that the flow of orgone energy from lower to higher potential is only the reverse of the law of entropy or to try to represent these processes by thermodynamic equations by reversing the sign of the time parameter. Non-entropic orgonotic processes do not run their course mechanically; they are qualitatively entirely different from entropic processes. They are, in fact, the processes responsible for the growth of living things, for the process of learning, and for the evolution from simple to complex species. In non-living nature they are responsible for the growth of clouds and storms within the atmosphere, and on a cosmic scale, for the growth of galaxies and the stars within them. This leads into the next property of orgone energy.

6. It forms units which are the foci of creative activity. Orgone energy units may be living or non-living; e. g.

|        |        |
|--------|--------|
| bion   | cloud  |
| cell   | storm  |
| plant  | planet |
| animal | star   |
|        | galaxy |

All of these orgone energy units have features in common. All are "negatively entropic" in the sense discussed above, so that they acquire energy from their environment. All have a "life cycle" as well, passing through birth, growth, maturity, and decline.

7. Matter is created from it. Under appropriate conditions, matter arises from mass-free orgone energy. These conditions are not rare or unusual, and Reich believed that new matter is continuously being created on this planet.

8. It is responsible for life. Orgone energy is the life energy, and as such is responsible for the special characteristics which differentiate living from non-living. This can be expressed in this way: Some orgone energy units develop the special qualities associated with life, which is a kind of chain reaction of the creative process. The qualities which seem to me to typify living as opposed to non-living orgonotic units are:

- 62 -

---

a. Reproduction of similar units from one or two parents

b. Evolution of the units in the direction of higher development

c. Presence of consciousness, the ability to experience feeling, at least to some extent, and to perceive the environment

d. Presence of volition, the ability of an individual to control its own movement

The first two properties appear to apply to all living things. The last, as far as we know, apply only to animal life.

Much more could be said about orgone energy and life since this subject has been studied most fully. For purposes of this synoptic view the above will suffice, however, with the note that Reich has greatly elaborated the role of orgone energy in the phenomena of life.

9. Separate streams of orgone energy may be attracted to each other and superimpose. The superimposition function is the fundamental form of the creative process. In free space, superimposing orgone energy streams typically show the form of two streams of energy converging in a spiral. This form is most clearly seen in spiral galaxies, and also in the form of hurricanes and other cyclonic storms. At the opposite end of the scale of sizes, mass particles are created by superimposition of two tiny streams of energy. The same process occurs in living organisms, the form then being constrained, of course, by the structure of the individual involved. Mating is a principal expression of the superimposition function in living nature; two separate streams of energy flow together and superimpose during the orgasm. The power and depth of feeling in mating reflects the intensity of the orgone energy flow that takes place.

10. It can be manipulated and controlled by orgone energy devices. Perhaps the first orgone energy device was the "bacquet" of Mesmer, a crude but apparently effective form of orgone energy accumulator. Reich developed several devices for the control of orgone energy. The best known of these is the orgone energy accumulator. The accumulator is an enclosure formed by a layered arrangement of metallic and non-metallic materials which result in a concentration of energy within the enclosure. Of equal significance is Reich's weather control apparatus, a type of directional antenna that makes it possible to withdraw large amounts of orgone energy from a region of the atmosphere. Used properly, this apparatus can trigger large changes in the weather.

- 63 -

---

To the above ten properties of orgone energy which Reich described, I would add two others.

11. Orgone energy units "use" stored energy of various kinds in the creative process. Units of orgone energy utilize energy which is stored in various ways in building themselves up and in maintaining or increasing their size or strength. This is most clearly true of animals utilizing chemical energy of foods in metabolism and growth. Storms, which are also orgone energy systems, utilize the latent heat of condensation of water vapor as a source of stored energy. Stars may employ the heat of thermonuclear fusion in maintaining their high temperatures, although I have reservations as to whether the fusion reaction plays

the key role in stellar processes that today's astronomers believe. Fifty years ago an entirely different explanation was given by astronomers for the source of stellar heat, and fifty years from now still another may be in vogue. In any case, it is evident that orgone energy processes typically involve stored energy which is used in various ways in the service of the creative process.

12. "Spontaneous generation" and other orgonotic processes may require unimpeded contact with cosmic orgone energy streams. "Spontaneous generation" of living organisms seldom occurs under the laboratory conditions biological scientists impose, but these conditions are completely abnormal and foreign to nature. Life can and does continuously arise out of non-living matter under more natural conditions. This process has been described in detail by Reich. I believe an essential feature of these natural conditions may be the direct contact of the matter in which life is to develop with cosmic orgone streams. Protozoa seldom appear spontaneously in infusions which are both sterilized and enclosed in sealed containers, for example. They do appear regularly in these same solutions, sterilized and kept uncontaminated but unsealed.

### Evidence for and against Orgone Energy

The evidence for orgone energy, that is to say, the evidence that there is a special energy in nature with properties such as Reich described, is too extensive to be reviewed adequately in an article such as this. Consider these major English language publications:

-64 -

---

#### Books by Reich:

CHARACTER ANALYSIS

THE FUNCTION OF THE ORGASM

THE CANCER BIOPATHY

ETHER,, GOD AND DEVIL

COSMIC SUPERIMPOSITION

THE MURDER OF CHRIST

CONTACT WITH SPACE

#### Scientific Journals in Orgonomy:

INTERNATIONAL JOURNAL OF SEX ECONOMY AND ORGONE RESEARCH (four volumes)

ORGONE ENERGY BULLETIN and CORE (seven volumes)

ANNALS OF THE ORGONE INSTITUTE (one volume)

ORGONOMIC MEDICINE (one volume)



ORGONOMIC FUNCTIONALISM (seven volumes)

THE CREATIVE PROCESS (one volume)

Technical Report:

Kelley, C. R. A NEW METHOD OF WEATHER CONTROL

These twenty-nine -plus volumes are a partial list of publications primarily devoted to observational and experimental work with orgone energy as such. To it should be added major antecedent works of others which provide direct evidence of a special energy with the properties that have been described. This includes especially the works of Mesmer, Reichenbach (who published volumes of good experimental studies), the works of the "traditional" vitalists such as Bergson and Driesch, the more recent work of Charles Littlefield, George Starr White, and others too numerous to mention. If a listing were attempted of all

- 65 -

---

major works of this sort, it would require months of research just to compile, and the list itself would be many pages in length, for there are hundreds of such works in existence. Since it is not possible to review even a substantial part of the existing evidence, I will select five items which are of particular significance to me.

Experiment XX. One of Reich's most significant experiments was his "Experiment XX." This experiment concerns the transition from non-living to living matter. Experiment XX is done with clear "bion" water, an orgone energy-charged water obtained by mixing and boiling water and soil and filtering the solution. This clear solution is sterilized under pressure and kept in sterile containers, some of which are frozen. On thawing, these still sterile solutions show flakes of matter, which upon microscopic examination contain forms with the characteristics of living cells; i. e. , pulsation, spontaneous movement, and reproduction. Experiment XX has been repeated successfully by many individuals, including the biologist Dr. Bernard Grad of McGill University. Dr. Grad, after carefully confirming Reich's results in several separate containers of the sterile solution, wrote:

Reich, in his monumental book, THE CANCER BIOPATHY, presented for the first time in history of science unequivocal evidence for the fact that living forms can develop from clear and autoclaved solutions.<sup>1</sup>

Dr. Grad's article includes photographs of the living forms resulting from his repetition of Experiment XX.

Oranur Experiment. Another of Reich's remarkable experiments involved the introduction of nuclear energy in the form of radioactive material into strong fields of orgone energy.<sup>2</sup> The result was an extraordinarily severe widespread atmospheric reaction that, once started, raged out of control for months. It resulted in a dangerous increase in the "background" radiation level, as measured by several different Geiger counters, over an area thousands of times greater than the area affected by the relatively small amounts of radioactive material the experiment involved. Experimental

---

<sup>1</sup>Grad, Bernard. Wilhelm Reich's Experiment XX. CORE, Vol. VII (3 and 4). 130-143.

<sup>2</sup>Reich, Wilhelm. The Oranur Experiment. Orgone Energy Bulletin, Vol. 3 (4), 185-344, October, 1951.

- 66 -

---

animals housed in a separate building from the laboratory in which the experiment was conducted and far beyond the range of possible harm from the radioactive material in itself died, every one of them. Autopsies performed by physicians present (and there were several present throughout the experiment) showed unmistakably the symptoms of radiation death. People became ill from the experiment and had to leave the area, and one physician nearly died.

This experiment provides evidence of orgone energy that appears to me to be irrefutable for these reasons:

1. The experimental evidence was gathered, not by one, but by several well-qualified scientists of unquestionable integrity.
2. The results showed a fully consistent picture of subjective effects, objective biological effects, and measurements employing several physical instruments.
3. Observations of each kind were many and repeated.
4. The results are completely inexplicable in terms of traditional physics.

Weather Experiments. Additional evidence for orgone energy is the effect of the Reich weather control apparatus, the "cloudbuster" as he called it. This apparatus is a kind of antenna, which, upon being grounded into water, is said to be capable of withdrawing orgone energy from the sky in the direction it is pointed. It was claimed by Reich that it could dissipate clouds by withdrawing energy from them. It was also claimed that the device could be used to trigger rainfall when none was expected and even to break droughts.

If these claims are true, Reich's apparatus is surely one of the remarkable inventions of all time. Are they true? I believe that I am in an especially good position to evaluate these claims, because I was for nearly three years a weather forecaster in the Air Force and because I have worked experimentally with the Reich apparatus for many years.

The results of my experiments are perfectly clear; the Reich weather control apparatus does exactly what Reich claims it does. Clouds at which the antenna is pointed shrink and disappear from the sky, while comparable clouds selected as controls do not. Figures 1 & 2 are representative of results that I have obtained again and again.

- 67 -

---

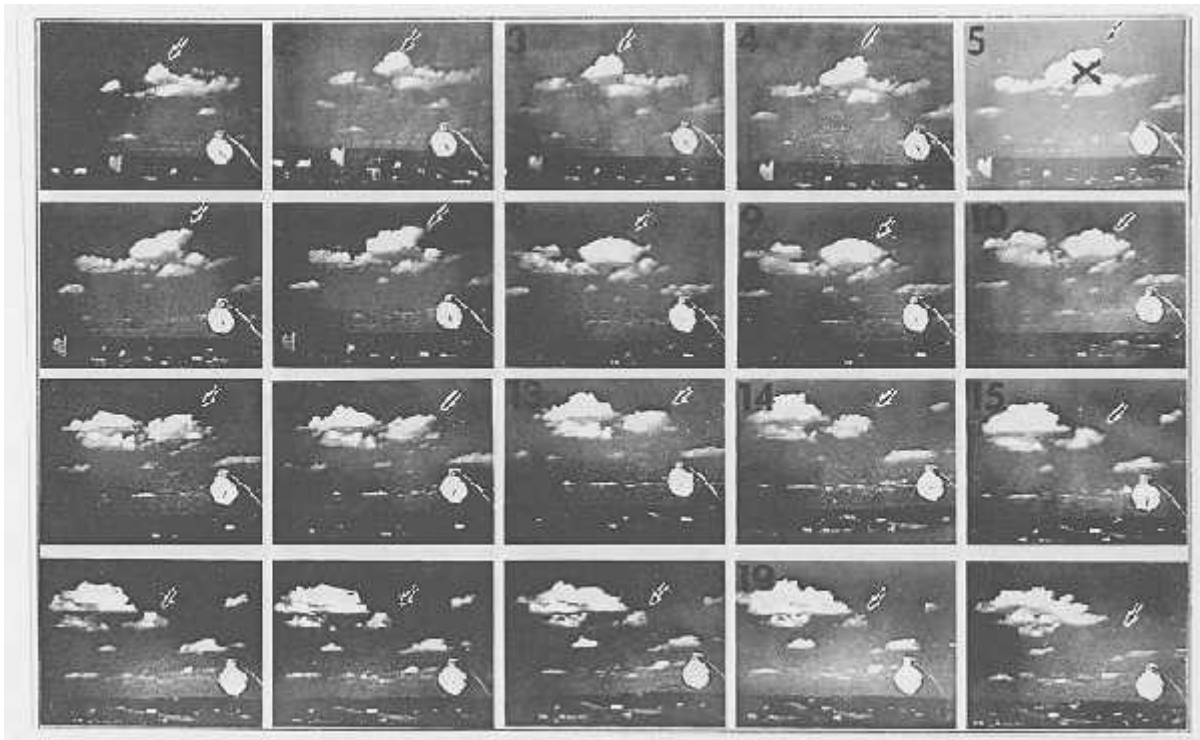


Figure 1.

Effect of the Reich weather control apparatus on a small cumulus cloud. Time between frames: one minute. The black "X" designates the direction of the antenna at the beginning of the apparatus I use, (From a motion picture sequence)



Figure 2.

A "before and after" picture of another experimental cloud destruction operation. The "X" shows the target of the cloudbuster at the outset. The lower picture is the same scene 10 minutes later.

-69-

---

*Deliberately left blank (July 99)*

-70 -

---

More difficult than cloud destruction are rainmaking experiments. These require careful preparation, observation of conditions, and skilled use of the 1 antenna. Let me quote the results of my experimental rain-making operations:<sup>1</sup>

In the five experimental rain-making operations I carried out, unpredicted precipitation occurred within 36 hours in every case. These are my only rain-making operations, so the results cannot be attributed to the omission of negative instances. The operations were each timed to begin when rain was unexpected and unlikely. A conservative estimate of the average probability of rain within 36 hours in the five cases is .25. This is to say that with the conditions that prevailed at the start of these operations, the chances against rain within 36 hours are estimated to be, on the average, three to one, had these operations not taken place or had the apparatus been ineffective. From this estimate it can be further calculated that if the apparatus were ineffective, the odds against rain occurring within 36 hours on all of the five operations are more than a thousand to one. ( $p = .25^5 < .001$ ) It is extremely unlikely that unpredicted rain would have occurred on these five occasions unless the apparatus did work.

There are additional effects brought about by the weather control apparatus of equal value as evidence but more difficult to describe briefly. The sum total of the results is fairly described, I believe, as a powerful confirmation of Reich's description of the effects of the apparatus, and its explanation in terms of orgone energy concepts. The weather control results are utterly incomprehensible in terms of orthodox science.

Visual Observations. Reich described many conditions under which orgone energy phenomena could be directly observed. Darkroom observations are especially important, both of the energy field of the body (the "aura") and of the effects of orgone energy devices. These take on special significance in the light of the extensive closely related darkroom observations reported more than 100 years ago by Baron Charles von Reichenbach, which formed much of the basis for his discovery of the "odyle" or "odic force." The "odyle" is identical in major respects to orgone energy, of course. These observations of Reichenbach and of Reich have never been explained in orthodox scientific terms.

-----

<sup>1</sup>Kelley, C. R. A New Method of Weather Control. Interscience Research Institute, 1961.

-71-

---

Good darkroom observations are difficult, because ideally they require absolute blackness, and an observer with especially sensitive "night" vision, both conditions being harder to obtain than it might seem to the casual reader. However, daytime observations of orgone energy can be made much more easily. All that is required is a small telescope set up near an ocean or lake to look out parallel to the surface of the water between a few inches and a few feet above the water level. The pulsatory movement of atmospheric orgone energy is usually easily observable. Exciting to watch, this phenomenon is completely unknown to orthodox science. It cannot be explained as an effect of wind, for it frequently has a direction cross or opposite to that of the surface wind. It forms an integral part of Reich's theory of atmospheric processes.

Effects of the Orgone Accumulator. The final item of evidence has to do with the orgone energy accumulator, which has profound effects that have been reported in detail in the literature on orgonomy. Temperature effects are a case in point. The temperature within the orgone accumulator tends to be slightly higher than that of the environment. Reich believed this finding to be of exceptional significance. I am even more impressed by the

fact that the temperatures of individuals who sit in an orgone accumulator rise quite substantially. Paul and Jean Ritter report the results of 45 separate observations with nine different individuals as subjects. They showed an average rise in temperature of .48 degrees Fahrenheit in consequence of sitting an average of approximately 40 minutes in an accumulator. Keeping subjects ignorant of the purpose of the experiment did not prevent the rise from occurring, but substituting a plain insulated box for the accumulator did.<sup>1</sup>

The rise in body temperature is understandable as the consequence of the body becoming charged to a higher orgone energy level by the accumulator. This increased energy level can explain, not only the rise in temperature, but the other profound biological effects, including therapeutic effects, that have been repeatedly observed and carefully reported by capable, qualified research scientists and physicians.

Counter Evidence. The above five items of evidence have been of special significance to me. They are only a fraction of the evidence that exists, as I pointed out. What now of the evidence against the existence of orgone energy? What has traditional science done to refute or cast doubt on Reich's claims? In the 20-plus years since Reich announced the discovery of orgone energy, no good-faith repetition of any critical orgone energy experiment has ever been

-----  
<sup>1</sup>Ritter, Paul and Ritter, Jean. Experiments with the orgone accumulator. (undated)  
Nottingham,  
England: The Ritter Press, 7 Magdala Road.

- 72 -

---

published refuting Reich's results. Dr. Bernard Grad repeated and confirmed Reich's "Experiment XX;" who has refuted it? I repeated and confirmed his weather control experiments; who has refuted these? The fact is, despite (and partly because) of the ridicule, defamation, and attempts by the orthodox to "bury" Reich and orgonomy, there is no counter evidence to his experiments in any scientific publication, much less a systematic refutation of the volumes of scientific work which support his position.

The "evidence" against orgone energy consists of distortions of facts, defamation, ridicule, and related activities the apparent motive for which has been to destroy Reich and orgonomy without examining the evidence. This leads to the final and most difficult of my four subtopics.

### Resistance to the Orgone Energy Concept

Perhaps the most perceptive of Reich's insights was the realization that there are forces in human nature which blocked the discovery of orgone energy. It is these forces which in the past distorted and then buried the work of men like Mesmer and Reichenbach. It is the same forces today which not only prevent the serious study by scientists of the concept of orgone energy, but in fact bring about attempts of every possible kind by a vicious minority to destroy the concept and those who support it. The pathological nature of these attacks is shown by their extraordinary and otherwise inexplicable virulence.

Orgone energy is not studied seriously by most scientists because scientists, like other people, suffer from the mass biological disorder which Reich described in detail, and which forms perhaps his greatest contribution to science.

The human race is sick en masse, severely sick. The Christian religion expresses an understanding of this sickness in the concept of original sin. If we examine the world around us, we see that it might easily be a world of plenty. There are techniques and resources to satisfy nearly every human need, enough for every individual to lead a useful, happy, and productive life -- yet this world is dominated by wars and threat of war, by irrational politics, in many countries taking the form of fascism in one form or another. Within countries crime and mental illness are prevalent; about one American in ten at one time or another spends time in an institution, and only a small percentage of those who are mentally ill ever reach an institution.

- 73 -

---

Man is sick en masse, and the sickness is rooted in his structure, a structure which, for some reason, has become biologically rigid. This rigidity is shown primarily by a chronic muscular tension which Reich called armor. Armor affects most of the human race throughout all the continents. The variations in type and degree of armoring are legion, but almost every human being is armored to some extent.

The effect of armor is to block or restrict the flow of orgone energy in the body, and in consequence, to block or limit the emotion rooted in this energy flow. Armor limits the capacity to experience and express deep feeling. It destroys the capacity for a natural sexuality, the most intense pleasurable emotion. The armor shapes the character and mentality; it affects how people think, including how scientists think. Armor is the cause of psychosis, of crime, of fascism and of other political irrationality. It is the root of contradiction between mechanism and mysticism, which is so important to understanding resistance to the orgone energy concept.

Our civilization is rooted in mystical religion and mechanistic science. These together comprise the principal intellectual forces in the world we live in. Both of these forces are products of armored man. Reich has said that mankind is ruled by a contradictory and murderous mixture of machines and gods, by which he meant the mystical forces of religion and the mechanistic forces of science. The mechanist armors himself in such a way that he cuts off his perception of and his contact with his own deepest nature. He becomes rigid and limited in his thought processes. He develops a mechanical concept of nature and becomes deterministic in his view of causality. He tends to think compulsively and has a deep-seated fear of the alive, the free, the spontaneously moving, the unpredictable, the deeply emotional. The mechanistic scientist reacts against orgone energy functions because they correspond to exactly that portion of nature that he has armored against. For this reason, the mechanist forms a mechanical view of creation and of life.

The mystic, by contrast, is not completely cut off from his nature, from orgone energy phenomena within himself, but has distorted this contact because of his armor. The mystic is capable of achieving some great insights because he is in partial contact with his deepest nature; still his contact, especially his contact with his own body, is distorted, and in most cases, deeply distorted. The mystic tends to split off bodily love from the mental, the "spiritual," and often to become ascetic and anti-sexual. This is perhaps the greatest

tragedy of all, because it contributes the most to reproducing armor in the young.

- 74 -

---

---

---

A split perception of mind and body develops in the mystic, so that the mind seems to him capable of existing in nature in the absence of the body. Along with this the mystic tends to develop a magical view of causality. And the mystic, of course, forms a mystical or magical view of creation and life revolving about "spirit, " or "god, " which is out of contact with real physical processes. It is this view which the mystic finds most threatened by the concept of orgone energy. Recognition of the real tangible creative process as expressed in orgone energy functions threatens the mystic's concept of god as an intangible, essentially unknowable entity.

Figure 3 depicts the relation between mechanism, mysticism, and what Reich termed "orgonomic functionalism. " Reich defined orgonomic functionalism as the natural way of thinking by the unarmored. The armor distorts natural thinking in the mechanistic or mystical direction. Both mechanistic and mystical thinking find functional thought processes foreign. Interestingly, mechanists are apt to regard them as mystical; mystics, as mechanistic.

This is a rather cursory treatment of mechanism and mysticism. Reich discusses them in some detail in *ETHER, GOD AND DEVIL* and in *THE MURDER OF CHRIST*. Perhaps enough has been covered to show how predominant forces in our civilization are by their nature in opposition to the orgone energy concept. It will hardly be sufficient to show how deep-seated and powerful these forces are, nor to show the extreme hatred and fear that can arise from them; this is hard to believe until it is experienced personally, but to the skeptic, let me remind him that Reich's publications were burned and banned on the flimsiest of pretexts by an agency of the United States Government, that Reich himself died in a United States prison although entirely innocent of wrong-doing, and that Reich and his work have always been subject to the most incredible attacks, involving defamation, vilification, and gross distortions of facts.

Not everyone, not even a majority react maliciously to the orgone energy concept. In fact, most people don't know enough about it to have an inkling of what it really is. Those threatened by the concept have largely succeeded in preventing others from investigating the evidence that exists about it. If the concept is sufficiently ridiculed and defamed, if the scientific reputations of those who support the concept are destroyed, if the work that has been carried out in the field is made to seem absurd and undeserving of serious study, then the concept of orgone energy can be carefully buried again, as it has been so many times in the past. There is then no necessity for scientists to examine the evidence, to repeat the experiments, or to contend with the carefully thought out and consistent scientific writing the field contains. There will always be "experts" who will lend their authority to the burial by declaring the work unworthy of serious consideration.

- 75 -

---

---

---



## MECHANISM

Matter is the primary reality

Mechanical view of creation  
Life is a biological accident  
Matter has always existed  
or appears from nowhere  
for no reason.

Emotion, volition, sensation  
are inexplicable, or explicable  
only as the results of material  
processes.

## MYSTICISM

Mind or spirit is the primary  
reality.

Magical view of creation  
(religious legends)  
Life and matter were created  
by a superintelligence in an'  
unobservable supernatural  
process.

Emotion, volition, sensation  
are inexplicable or magically  
explained.



## ORGONOMIC FUNCTIONALISM

"Mind and body" or  
"matter  
and spirit" are different  
aspects of one reality.

Creation is a continuous  
observable natural  
process.

"Emotion," "volition,"  
"sensation" are integral  
parts of the creative  
process.

Figure 3.

The relation of mechanism, mysticism, and orgonomic functionalism. Armor causes functional thinking to split into two antithetical off shoots as shown. Human thought is almost completely dominated by these pathological offshoots.

The many who might not be threatened by the orgone energy concept per se are threatened by the attitude others take towards it, by the scorn, the abuse, the contempt which invariably stem from pathological individuals, but unfortunately, easily infect others. It is a sad fact that the desire to be respectable is a primary motivation among scientists. Individuals threatened by the orgone energy concept attack it by making it disreputable. "Respectable" scientists then will not consider the concept or the evidence for it.

Finally, a factor which hurts acceptance of the orgone energy concept which must not be ignored lies in the effects of the armor on the very individuals who support the concept. Those who work in orgonomy are also members of the sick human race; they too are armored, with tendencies toward mechanism and/or mysticism. Even highly-qualified scientists professing interest in orgonomy (and there are many) are usually incapable of productive work in the field. Many brave plans for research in orgonomy are made, but few materialize. For every article in the 29 volumes of evidence for orgone energy that have been cited, there were 20 or 30 planned by supporters of orgonomy but never carried out. And it is a sad fact that the quality of those which have appeared has sometimes suffered in comparison with what could be reasonably expected of the individuals involved. Research in orgonomy is extremely difficult; the process of actually working with orgone energy exposes the worker fully and directly to its threatening qualities. Other scientific work is easier to do because it is more peripheral, further removed from the core of life itself, and for this reason, less threatening to the scientist.

This should not be construed as an apology for what has been accomplished in orgonomy. Much of this work, particularly that of Reich himself, is of the highest caliber. At present the need for additional work to confirm experiments previously done and to carry out new research is not being met, however. This is only partly because of the lack of funds, facilities and time, a lack, incidentally, due to the activities of the frightened and hateful souls who have so maligned orgonomy that they have destroyed the possibility for it to obtain research funds through normal channels. Of equal importance with the lack of funds and facilities are the characterological problems of those of us who would carry out the research.

In summary, the fact that the orgone energy concept is not generally accepted is not due to the absence of evidence but to a widespread pathology of the human animal. This pathology consists of a rigidity of body and character that cuts the individual off from life energy functions within himself, and makes him either blind to or threatened by the functioning of this same energy in nature. The mass pathology works against acceptance of the orgone energy concept in many ways:

- It brings about the mechanistic -and mystical character structures which prevail in our world.
- It causes pathological fear and hatred in a minority of individuals, who attempt to destroy orgonomy by gross distortions of fact, defamation, and ridicule, and sometimes by

direct

violence. This minority is effective because of the characterological soil in which it works.

- The "characterological soil" consists not only of the prevailing mechanistic and mystical characters of the majority, but also the fearfulness of scientists and intellectuals to be associated with "disreputable" ideas.
- Finally, the work done in orgonomy itself suffers from the fact that the mass disorder of the human animal afflicts the proponents and investigators of the orgone energy concept as well as their opponents, and affects the amount and quality of their work.

Despite these severe problems blocking acceptance of the orgone energy concept, I believe we are on the threshold of a change. The evidence for orgone energy is now too great to bury successfully and too strong to continue to ignore. More scientists will take the claims of orgonomy seriously, will repeat experiments and try to understand the orgone energy concept. This too will result in severe confusions, widespread denials of the evidence by threatened individuals, and other difficulties with which we are now familiar, and may be able to meet successfully. If so, the new direction in science implicit in the discovery of orgone energy will at last emerge into its own.

- 78 -

---

### References

1. Annals of the Orgone Institute. Volume 1. New York: Orgone Institute Press, 1947. (out of print)
2. The Creative Process. Bulletin of the Interscience Research Institute. Two volumes, 1961-62.
3. International Journal of Sex-Economy and Orgone Research. Four volumes of four numbers each. New York: Orgone Institute Press, 1942-45. (out of print)
4. Kelley, C. R. A New Method of Weather Control. Interscience Research Institute Technical Report 60-1, 1961.
5. Kelley, C. R. The Ending of Wilhelm Reich's Researches. Interscience Research Institute Technical Report 60-2, 1960.
6. Orgone Energy Bulletin and Core. Seven volumes of four numbers each. New York: Orgone Institute Press, 1949-55. (out of print)
7. Orgonomic Functionalism. Seven volumes of six numbers each. Nottingham, England: The Ritter Press, 1954-62.
8. Orgonomic Medicine. One and one-half volumes (three issues total). New York: American Association for Medical Orgonomy, 1954-55.

9. Reich, W. Character Analysis. New York: Farrar, Straus & Cudahy, 1961.
10. Reich, W. Cosmic Superimposition. Rangeley, Maine: Orgone Institute Press, 1951. (out of print)
11. Reich, W. The Discovery of the Orgone: Vol. I, The Function of the Orgasm New York: The Noonday Press, 1961.
12. Reich, W. The Discovery of the Orgone: Vol. II, The Cancer Biopathy New York: Orgone Institute Press, 1948. (out of print)
13. Reich, W. The Emotional Plague of Mankind: Vol. I, The Murder of Christ. Rangeley, Maine: Orgone Institute Press, 1953. (out of print)

- 79 -

---

14. Reich, W. The Emotional Plague -of Mankind: Vol. II, People in Trouble. Rangeley, Maine: Orgone Institute Press, 1953. (out of print)
15. Reich, W. Ether, God and Devil. Rangeley, Maine: Orgone Institute Press, 1951. (out of print)
16. Reich, W. The Mass Psychology of Fascism. New York: Orgone Institute Press, 1946. (out of print)
17. Reich, W. The Oranur Experiment, First Report (1947-1951). Rangeley, Maine: Orgone Institute Press, 1951. (out of print) Reprinted in part in Wilhelm Reich: Selected Writings.
18. Reich, W. The Sexual Revolution. New York: The Noonday Press, 1962.
19. Reich, W. "Weather Control Studies. " Reprinted in part in Wilhelm Reich: Selected Writings.
20. Wilhelm Reich. (A memorial volume by A. S. Neill, Paul and Jean Ritter, Myron Sharaf, and Nic Waal) Nottingham, England: The Ritter Press, 1958.
21. Wilhelm Reich: Selected Writings. New York: Farrar, Straus & Cudahy, 1960.

- 80 -

---

*Exchange Orgonomic Research and Information*

*Around The World*  *Through PORE*