

# THE PSIONIC PATH

BY

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# INTRODUCTION

Welcome to the mid 21st Century. Computers have become miniaturized to the point that they are now built into people shortly after birth. Transportation consists of opening a doorway in space and walking through it to any part of the universe. If you want to call up a friend and invite her to dinner, you simply blink your eyelids to start the telepathic amplifying system implanted in your temporal lobes working and think to her.

Sound impossible? Well, remember that five hundred years ago we traveled by foot or horse on land and by wind or oars over water. And if someone had dared suggest that we could be entertained by watching little people inside a box, he would have been burned at the stake. We are on the verge of the greatest changes that humanity has ever experienced since the days when people discovered that they could farm as well as hunt.

Consider the flow of information. There was a time, in the not very distant past, when governments could control what their citizens read and saw. No longer. National borders mean nothing to satellites and microwaves. Signals that cannot be jammed and receivers that cannot be detected abound. The great computer information highway that has been developed is unstoppable because it comes from so many sources and goes to so many places. A revolution that be created by a fax machine now comes from a personal computer.

The world is a very different place.

And it is going to become even more different.

Now this may be frightening to many people, and that is inevitable because change is always scary. But fear not, it is going to be a better world, a world that will set the predictions of the prophets of doom, the Gerald Barneys of the world, to absolute naught. There is no problem facing humanity that does not have a solution and as the level of consciousness of the multitudes of individuals becomes greater, so does the capacity to solve any problem. Never forget that there is no such thing as an incurable disease. There are only diseases for which the cure has not yet been found.

This is a much gentler book than I am used to writing, and that is for good reason.

My books are normally concerned with the very Hobbsian human world that we live in now, a place of the war of all against all. Now I do not expect that to change, but there is another world out there, a world of the spirit, where such things do not seem to apply and this work is intended to help you the reader to journey through that world and bring back to this one the things that you need. This is a helping book, a healing book and for me that is something very different indeed, to say nothing of not downright alien. I would say to my usual readers that they should not worry, I have not “wimped out”, but I am not as one dimensional and violent as the subjects I usually write about make me appear. This book is merely the expression of another side of Chuck, a more private side and one that is not usually considered part of my personal mythology.

This book, however, is going to be much different from the usual books on Shamanism that have flooded the market. I am not writing about traditional cultures. I am writing for a new culture and a new world. And if I have neglected to include a great many personal stories of Technoshamanic journeys it is simply because I want my reader to be able to map the outer worlds on his or her own, with as few preconceived notions of what will be found there as possible. All too often, people have attempted to take the Shamanic Journey, only to discover that what they have seen is not at all like what they read in the book and, assuming that they have done something wrong, never try it again. The truth is that the human consciousness relates to the outer worlds in as many ways as there are people to relate it to.

So good luck. You will find this to be an interesting trip.

# THE TECHNOSHAMAN

*In a valley hidden from view, at a location where the vortex lines of the earth energies intersect stands a large pyramid. Outside of the pyramid sits a number of people in special chairs, with wires running from the chairs to a console placed in front of a man wearing a helmet. A cable runs from the console to the top of the pyramid. Inside the pyramid the candidate lays on her back staring at the point at the apex of the pyramid. Her initiation has begun.*

All things change. The ways of the past served well in their time but serve us no more. And those who dwell in the past find that dust is often the only reward of their working. Shamanism served a purpose for ages, but the day of the Shaman is fast leaving and the practice of Shamanism must adapt. There must be new ways of approaching the inner worlds, easier and more accessible ways. Yet the new must not lose sight of the past. The baby must not be cast aside with its bathwater. Even as we develop the instruments and techniques of Psychotronic Communion, the mind powered devices which will be so much a part of the future, we must never forget those things of value which have served for so long and, with some adjustment to the coming times, can still serve.

The Technoshaman is the bridge between the two worlds. The living body of the Technoshaman is trained to utilize the energy of the mind and the mind of the Technoshaman is trained to create that energy. The instruments of the Technoshaman are powered by his or her mind and send forth their energy because of the will behind that mind.

In order that you may better understand the role that the Technoshaman will play in the new world, you must first understand the traditional role of the Shaman.

The Shaman is a social position. He or she functions as the society's mediary between the human and spirit worlds. The Shaman heals the sick, protects the people from spiritual evil and conducts the dead to their resting place on the other side and communicates with them when the people have need.

Our society is different and our approach to Shamanism must perforce be different as well. In our world, there is no recognized need to communicate with the spirit worlds as a collective body. Indeed, the

complexity of our society makes such a concept practically impossible. The need, when it exists, is an individual one and must be dealt with in that way. The healing of the sick is a role taken on by many others besides the spiritual leaders of a community and again, is viewed as an individual need, perhaps extending to the circle of friends and family, but rarely farther. As for the role of the psychopomp, the guide of the dead, we operate under the not-unreasonable assumption that the newly dead will have guides enough and no aid from the living is necessary.

For these reasons, our approach to Shamanism is an individual matter, rather than a social one and the Technoshaman follows in that role. That is not to say that the Technoshaman may not perform a community function, but the fact is that this work is that of an individual, not necessarily isolated from his or her surroundings, but usually acting on behalf of individuals and small groups.

There is one other significant difference. In the Shamanic societies, the Shaman is usually chosen by an outside agency. In some cases it is hereditary, in others it is by a sort of adoption on the part of the existing Shaman. Still others are chosen by the spirits, who expect the one so conscripted to start learning or make life very uncomfortable until he or she does. Native American Shamanism is unique in that it seems for the most part to be a purely voluntary choice on the part of the candidate, but even there the presence of social pressure and spirit election cannot be ignored.

In our society, no such process occurs. There is no social pressure to take the role, in fact the opposite is usually the case. And the spirits tend to be more gentle in guiding those whom they choose towards the role, perhaps out of fear that the candidate may seek psychiatric care and be removed from the program permanently. This means that the modern Shaman is faced with a series of difficulties that his or her traditional counterpart never imagined, for free choice brings with it the need for a type of resolve that is not present when that freedom is absent. It is very easy in our world to try something for a little while and then turn away from it if it does not turn out to be exactly what we think it should be. The work of the traditional Shaman, with its long and at times uncomfortable training is not something that is likely to be undertaken by many in our culture.

Technoshamanism is, frankly, easier. The experience of the inner worlds is facilitated not so much by drums as by the Psionic Helmet and psionic instruments.

The power of the Technoshaman to change the world is great now and will become greater as time goes on. The knowledge of the energies of mind and cosmos combines with the ability to use those energies to bring happiness and success. The goal of the spiritual life is so much easier to attain and the knowledge that is available to those who seek that goal is easier to use. The inner worlds have many doorways and many paths. The Way of the Technoshaman is to find and take as many of those paths as possible, to learn what is there and to bring that learning back to use it in daily life, for the benefit of ourselves and those around us. As we do this, we attain greater skill at living and find that no matter what life may send our way, we will be able to deal with it.

I first encountered the instruments in this book as a young man. There were, in those days, a large number of cheap paperbacks which dealt with the borderlands of knowledge. Cheaply printed, the covers usually had four little cartoons about the contents, making spectacular claims for everything inside. One of these books, *Powers That Be*, told of a laboratory in England, the Delawarre Laboratory, where radionic instruments were in regular use. I found the subject mildly interesting, but as the equipment seemed just a bit complicated (for some reason I neglected to read the appendix in which the simplicity of the basic machine was made clear) and I did not really understand what was going on, so the book and its contents were put away and forgotten for eleven years. During those next years I spent my time studying the ways of consciousness and learned many things. I saw angels and talked with devils. I walked the inner worlds and became an expert dowser. I learned how to project my consciousness into rocks and trees. Like Doctor Dolittle, I talked to the animals. The spirits of nature became my companions and Lords of the Air my guides. I learned not to fear the terror that walks by night but rather to make it my companion.

I pursued my path of knowledge with skill and ruthlessness. I cared not where the knowledge came from as long as I got it. And then things fell apart.

For some reason the old ways that I had used for so long no longer seemed to work for me. I ran into brick walls where there should be none. Facing this problem, I encountered an article on Psychotronics and in the article was a design for a well-known (at least among those people who knew about such things) device called the Hieronymous Machine. Having nothing better to do with my time, I set out to build one, with a few modifications of my own, and discovered that an entirely new world opened up to me. I was now able, by the simple process of setting an instrument, open fields of energy that had heretofore required days of

preparation and hours of work. I was able to travel the inner worlds at will without difficulty and see many strange and wonderful things. I became the master of the Machine and in doing so began to design my own instruments. At times it seemed that I had somehow begun to realize a childhood fantasy of mine of being the Mad Scientist.

It did not take long for me to realize that I had hit upon something so tremendous in its implications that I had to tell the entire world about it. I began to write my first book on Psionics and in the process discovered that as I was writing I was still inventing. No sooner would I finish a chapter (on a manual typewriter!) when something would come to me which would make everything in that chapter obsolete.

It was a terribly frustrating experience.

As I worked, I began to understand the relationships that made everything that I was doing come together. I saw the link between the body and the meditative state. I saw the Chakras spinning and the flow of energy between them. As my consciousness expanded in ways that the drug culture of the sixties (which I had avoided) never dreamt of, I listened to the words of the stars themselves. And I knew that everything that I was doing others could do as well.

That is the greatest difference between Technoshamanism and traditional Shamanism. While the traditional Shaman was often unique to his people, one per tribe, everyone who wishes can master Technoshamanism. All it takes is a little patience, some gadgets, and occasionally a little help from a good friend.

Now there are those out there who feel that it is somehow improper to use psionic amplifying devices. They refer to them as "crutches" and this leads me to wonder how they justify using the other devices that our civilization has provided. Let us be honest, would they rather beat their clothes on the nearest rocks or use a washing machine? Psionic instruments are merely labor saving devices. They are powered by the human mind and do nothing without the will of the operator behind them. And they make it easier for the operator to accomplish his or her tasks. I remember a time when I had several sick family members on my hands and if I had tried to simply use my mental abilities to heal them all, I would have ended up very sick myself. I simply did not have enough energy to go around. But with the aid of my instruments, I was able to help all three of them without damaging myself in the process, a much more satisfactory situation from any point of view. The human field has its great strengths, but there is a limit to them and it is foolish to deny

oneself the option of a helpful device because of a pre-conceived notion that to use it is somehow metaphysically improper. When the Egyptian god-kings lay in the chamber of the Great Pyramid to astrally travel to the heart of Orion, they were not using a crutch, rather they were using a technology which has been lost until now. If a source of strength is available, it should be used rather than be avoided. To do otherwise is totally irrational.

There are similarities with traditional Shamanism as well as differences, otherwise we would have to come up with a different name for what we do. In point of fact, for a long time I used the term Technopaganism, because in those days there was not the hostility between pagan and magician that is now the case, for my practice until it was pointed out to me that the similarities to Shamanism were obvious to everyone but myself.

Once he or she is ready to practice, the Shaman performs certain ritual or meditative acts to prepare for the activity. In this, we are alike, for meditation and preparation are very important in all Technoshamanic work. The Shaman attains a sort of ecstatic state which aids in the work, and we too use ecstasy as part of our practice. The Shaman goes on a spirit journey through the outer worlds aided by his drum. We take a journey with the aid of our devices. The Shaman encounters spirits and power animals on his journey and communicates with them, bringing back power for his work. Likewise, with the aid of our instruments, we communicate with alien beings, spiritual beings and animal spirits. The journeys, when recorded, are remarkably similar.

A modern Shaman working in a traditional manner that has become popular now, based on the work of Michael Harner, left me this record of one of her journeys.

“I began preparing for my trip by fasting for the day and turning off the phone. At eight in the evening, I turned on my drumming tape and stretched out on the floor.

In a matter of seconds I found myself walking through a doorway that was set in the wall, a doorway that is not there in the physical wall. I went down a staircase into a very long, dark tunnel that was sloped downward. I did not know how far the tunnel went but I finally came into a sun-lit valley with crystal formations sticking up out of the ground. My power animals, a snake and cow joined me as I left the tunnel. As I walked through the landscape, I picked up one of the crystals



and ate it. I immediately felt a warm glow pass through my entire body and I began to glow with a golden light. I looked up and a large, red bird, like an eagle with red feathers, came and landed in front of me. I stopped and it spoke to me, telling me that the crystal I had eaten had been placed there for me and I would know soon that I had greater knowledge than I had before.

I conversed with the bird for what seemed like a long time until I was summoned back by a change in the drum-beat. I said farewell and followed the drum-beat back to the tunnel. Retracing my steps, I returned to my body and resumed my normal consciousness with a desire for pizza and the feeling of a warm glow still present in my body.”

Now I will quote to you something that was written to me by one of my students.

“I set my radionic box, the five-dial one, to the level of the astral that I wished to see and hooked the cable from the box to the floor-plate under our large, copper pyramid. While I was doing this, I could not help remembering how you laughed when I told you my husband was building the pyramid in our living room. Making certain that the plate is just a bit off center from the top of the pyramid and setting the timer, I lay down on my back with the plate centered under my body. My husband strapped me into the star position and turned on the amplifier hooked into the device, leaving me to my work.

I lay for a few seconds doing the breathing exercise and then felt myself rising towards the top of the pyramid, following a what seemed to be slow tornado of light, through the top of the pyramid. Outside of the pyramid, I walked through the front door and found a tunnel entrance beside one of the bushes in front of the house.

I went down the tunnel. It was dark, but dimly lighted by glowing rocks set in the walls, like the lights at the base of aisle seats in theaters, if you can visualize that. I followed the tunnel down until it leveled out and then went straight for a time.

At the end of the tunnel was a field of large, blue flowers. I don't know much about gardening so I could not say what kind of flowers they were and you keep saying that it really does not matter, but there I was. I looked around and saw that there seemed to be a town in the distance so I set out for it. The sky was a peculiar color, not blue, but actually a type of green and the air was misty. I could see stars in the sky, even though it was daylight.

I rose up through the sky and encountered some people who were flying as well, like Superman, and I joined them, flying alongside of them for a great distance. After a time, we landed and I found myself walking into a temple, like a Greek temple and in the center of it was a large, very large, crystal cut into the shape of an egg. I remember cracking a joke to one of my companions about the poor Easter Bunny having to carry it and he responded that I should really feel sorry for the chicken. Who says the spirits have no sense of humor?

We stood in front of the egg and a blue glow came out of it, bathing us. I felt a peculiar tingling through my entire being and then a great tiredness. At that point, I felt myself being drawn back towards the tunnel, as if through a hole in space, and returned to my body, quite worn out but with a feeling of intense spiritual satisfaction.”

As you look at these two accounts, by two women using what would seem to be totally different methods, you can see that they had very similar experiences, at least in the initial stages of their journeys. The fact that the one met animal spirits and the other met spirits in human form can be accounted for in any number of ways and is largely irrelevant. Both had a profound encounter with the outer worlds and both benefited from the encounter. In the case of the first, the trip went to a place directed by a purely outside agency. She had no way of knowing where the tunnel would end. In the case of the second, she had a definite idea of the place she wanted to visit, perhaps even some vague notion of what she might find there, and utilized a mind-controlled device to help direct her.

One striking feature of these experiences is the fact that both women had pleasant journeys. This is not the case with traditional Shamanism, particularly in the initiation stage of the candidate’s development.

It is not uncommon for the initiatory journey in the traditional paths to be filled with pain and terror. The candidate is often dismembered and devoured by the very spirits who will aid him in his later work. This is often a quite painful experience and the candidate, once he or she is returned to the tribe, is a much changed person, the change being so radical in fact that the new Shaman is often treated as one who has returned from the dead and, after the horrific experiences of the initiatory journey, may very well feel that way about it himself. It is a fact of Shamanism that carries itself through the rest of the Shaman’s life, and influences all of his or her practices. The Shaman is, in a very real sense, more spirit than human, a fact that sets him or her apart from other members of the tribe who may very well have their own spirit guides and guardians while not being considered Shamans at all.

As you can well imagine, this aspect of traditional Shamanism is overlooked by those who seek to market the practices, for the obvious reason that most people do not want to be dismembered and devoured, spiritually or otherwise. This may be due to cultural bias, something writers on this subject would rather overlook, or it may be due to the nature of the practice itself. Whether the traditional Shamanic practice, as carried out in its native cultures is in any either superior or inferior to

its urbanized counterparts is not for me to say. I merely feel an obligation to point out that for whatever reason the differences exist. My personal preference, however, for what it is worth, is not to be eaten.

Shamanic costume is something that differs with each people. But all Shamans have a traditional costume, or badge, that sets them instantly apart and which they wear during their practice. It may be nothing more than a simple cloth band around the head or waist, or it may be an elaborate costume with feathers and ribbons depicting the human skeleton. Some Shamans wear masks and headdresses that duplicate birds and animals, the spirits they contact in their work.

Technoshamans also have special costume devices, the Psionic Amplifying Helmet, in its various incarnations, being the most obvious, but other items of clothing are used as well. The spirit bag of the Shaman sometimes has its equivalent found in a small psychotronic device carried in the pocket or worn on the belt. These instruments give added power to the Technoshaman and are quite effective when properly used to connect him or her to the energy fields being utilized. However, in keeping with the more individualistic aspect of Technoshamanism, the choice of costume is as varied as the individual practitioners, ranging from almost total nudity to something out of a comic book. It is largely a matter of personal choice and comfort. While total nudity may be best for private work, any public working will require some covering.

That being said, on with the work.

# THE LIVING FIELD

The Technoshaman exists, like everything else, in a field of life-giving and life-sustaining energy. It is the energy of the universe itself, the force of creation, the Big in the Big Bang. It has a capacity to do anything, quite literally. And it is intelligent.

Now at this point you must understand that the guiding intelligence of the energy of the Universe is not a human intelligence. It corresponds to absolutely nothing with which we are familiar and thus any attempt to impose upon that intelligence the prejudices of any human culture or time is utter nonsense. In human terms, the energy of the Universe is truly value-free.

As you may well imagine, this fact creates some very serious difficulties for those who are so weak-willed that they need the entire Universe to validate their views of how people should behave. And as our Victorian predecessors had as their favorite hobby the creation of social systems for other people to live in they naturally expected the Laws of Nature to be created by good Victorians. If this idea had passed from the mortal plane with them, it would not have created a problem, but, unfortunately, it is still with us today and creates all manner of difficulties for people. That being said, I will give you the true Law of Nature.

IF IT WORKS, IT IS RIGHT.

Consider, if you will, electricity. It follows certain laws and never, ever violates them. If you have a short in the wire, the lights will not go on and it does not matter for which noble purpose they are being lit. They will remain dark until the short is repaired. Likewise, it does not matter what form of life is led by the person who puts his hand on an exposed, high-current lead. Just or unjust, he will fry. When undertaking any form of mystical adventure, it is absolutely necessary to keep these facts in mind, lest doom befall thee.

Do not concern yourself with the opinions of other people concerning your path. It is your path and they have no business telling you how to walk it. Do not listen to horror stories as told by television evangelists, wacko religious converts or Theosophical Fundamentalists. They do not know what they are talking about. Find your goal and go after it.

That digression being digressed with, back to energy.

The energy that forms the basis of the Universe goes by many names. George Lucas termed it "The Force" in his Star Wars films. And that is as good a name as any, but there are others. In the Far East, it is referred to as Ki or Chi, depending upon which translation you read. In India it is called Prana and Kundalini is a carrier of it. In Polynesian Shamanism, it is termed Huna and Max Freedom Long has written a number of very good books about it, as has Serge King. In the 19th century, Baron Von Reichenbach named it Odic Force, for the Norse god Odin. Wilhelm Reich termed it Orgone and T. Galen Hieronymous (may Allah bless and salute him) called it Eloptic Energy, due to the fact that it was carried by electromagnetic energy and light. Others merely call it Psionic Energy.

Not all of the above named energies are, in fact, the Universal Energy. Some, such as Orgone, are merely manifestations of it. But these are a convenient starting point.

Every once in a while, someone will ask me if there is another writer I can recommend who has written on this subject and I usually encourage such a person, assuming he or she has already digested my works, to read the novels of E. E. (Doc) Smith. Doc Smith was not only a fun writer of pulp science fiction, but he was extremely well versed in Psionics. In fact, without some knowledge of Psionics, his *Skylark* novels make absolutely no scientific sense at all. In his book *Skylark Three*, the second of the series, he gives a short description of his classification of forces into orders, each order of force being interrelated to the one number before and after it. All obvious physical ones, chemical, electrical and electromagnetic he called First Order. The Second Order consisted of atomic forces. The Third Order were forces related to sub-atomic energies (bear in mind that in the 1930's, when Smith was writing, they knew a lot less about this stuff than we do now) as were the fourth order. The Fifth Order were what he termed "sub-etheric" energies and thus entered the area that we term Psionics. In the later novels of the *Skylark* series he would go on to a Sixth Order, which was the energy of Universe itself, the energy that we are concerned with here.

At this point I should point out that there are various sources that manifest aspects of this energy. The most common source, the one that is most useful to us in fact, is the Sun. But energy also comes from various planetary sources as well as lunar energy and terrestrial energy. All of these have their place but one must be careful of them as there are also some dangers involved in their use, particularly in the case of terrestrial energies as I will explain at a more proper time later.

The Universal energy, however, is the stuff of life. It is directly related to breathing, in fact breathing is so important that it is not going too far to say that lack of breathing is one of the principal causes of death. And it is important, if you are going to use the energies of the Universe to breathe well.

Somewhere along the line some idiot came up with the idea that it looked good to breathe from the top of the lungs. This is called Costal Breathing and it is a very bad thing to do. It wrecks the lungs. As is the problem with such things, a bunch of other assorted people, who were all severely rationally challenged, agreed with the idiot and began teaching their children that that was the proper way to breathe, instead of the more natural, normal, and yes, I will use the word, healthy form of diaphragm breathing.

The Diaphragm is a muscle that is attached to the base of the lungs and as it is pulled out and down, it pulls the lungs with it, forcing them to pull in air, like a bellows being pulled apart. The lungs do not get any choice in this matter, being nothing but big windbags, kind of like politicians (sorry about that but I had to get *one* in). As people get older, things tend to get stuck and it is unfortunate but true that people who have done Costal Breathing all their lives find that as they get older they can do no other form of breathing. It is very unfortunate for them.

So start diaphragm breathing now.



It is very easy to do. All you need do is wear loose clothing, or none at all (especially if you are a young, attractive female—Chuck! Behave!), and push your belly out. As you do this, the connecting tissue pulls at the diaphragm and forces it out. This in turn pulls at the lungs and a whole lot of good, healthy, life-giving air is forced into them. Done properly, this action produces a natural calming effect, but if you have not done it very often, and are a confirmed Costal Breather, take this slowly. Like a person who has been fasting and finds that a large meal only makes him sick, someone who has never done diaphragm breathing will experience some discomfort at first, such as light-headedness (as opposed to empty headedness) and at that point it is a good idea to stop and rest for a while. Each day increase the length of time you do this type of breathing and you will discover that soon you will be able to do it at will for as long as you desire. You should also notice a corresponding improvement in your general health and outlook on life.

Once inside your body, the energy is distributed by a number of different systems. There are the purely physical circulatory and nervous systems, which take the oxygen out of the air and put it in the blood which travels around and powers the rest of the body, including the electrical energy of the nervous system. But there is an energy field that is part, yet not part of the physical body. This biofield is totally dependent upon the universal energy to function, in fact to survive.

The biofield surrounds and permeates the physical body. In fact, it may be said that the physical body is merely a thick manifestation of the biofield. This field is detectable outside of the body at various distances depending upon which aspect of the field you are looking for. The part that stays closest to the physical is the Auric field. When people claim to see auras (and most people, with some work, actually can see something of it) this is the area of the field they are most likely to see. It normally extends from a few inches to a foot around the body.

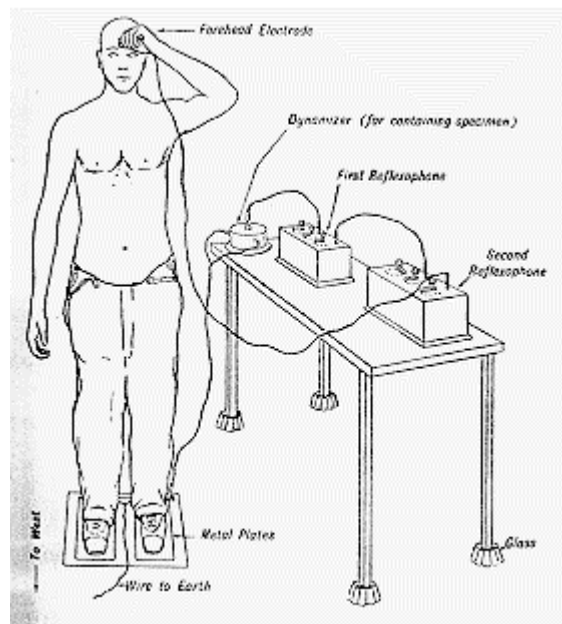
The next layer, if you will, is the Etheric field. This field is the design area of the physical body. It acts as a sort of girder system on which the physical body is put together. It is also the interface between the other fields and the physical one, so, for example, if something shows up in the Astral field, it will be transmitted to the physical brain by means of the Etheric field connection. This field is sometimes compared to a grid system and there are clairvoyants who see the Etheric field in that way. There are others, however, who see it as a continuous thing, like a pool of liquid energy without breaks, so take this information as largely a subjective response to what is being seen. Why different clairvoyants see

the Etherical field in different ways is subject to a lot of interpretation and one idea is probably as good as another at this stage of our knowledge.

The Astral field is the realm of emotion. In this field all of the pure feelings, as opposed to rational, unemotional, thought are manifested before being sent to the brain by way of the Etheric interface. It is at this level that emotion-based thought-forms tend to stick and by means of psionic instruments these thought-forms can be studied. This field can extend up to seventy feet and farther.

At this point I would not be surprised if you are shaking your head and wondering if your less-than-humble scribe has taken total leave of what few senses remain to him. But think about it. Have you ever had the experience of walking into a room where one hell of an argument has just taken place. It is a very uncomfortable experience and not one that anyone wants to go through too often. That is the result of all of the Astral fields of the participants expanding at a rapid rate and filling the room with powerful energy.

But I just said that it could be detected up to seventy feet away, right. In the early days of radionics, Dr. Albert Abrams, one of its founders, did a great deal of experimenting. While primarily concerned with physical diseases, he also had a great interest in the psychic realm and was fascinated by psychic energy. He set up a series of experiments to determine if this energy could be detected and analyzed by his equipment.



So if you will, allow me to explain in greater detail Abrams's set up.

His instrument was a three-dial resistance box which was wired to an electrode attached to the forehead of his detector, a human subject who stood patiently while his tummy was tapped by the doctor. Now this may seem perfectly ridiculous, but modern psionics has its origins in Abrams' discovery that when a patient faced different directions his stomach made different noises while it was being percussed, which is doctor talk for tapping.

To detect emotional energy, he set up his equipment and subject and had the transmitter stand some distance away and send. While this was being done, the doctor would tap the subject's tummy and note the response. The transmitter moved back a bit and the process was repeated. This was done over and over again until no response came from the subject.

I will go into the work of that great man in more detail later.

The Mental field stretches out even farther and there is possibly no limit to its reach of influence. This field contains all of the rational activity of the mind. Now this can cause some confusion, because our thoughts are very rarely totally rational or emotional, but usually carry aspects of both. The Mental field rarely holds information as long as the physical brain is functioning, but at the death of the physical body all of the information stored in the brain is shot through the etheric field into the Mental field. As the brain stores just about everything that the person experiences, this means that the entire life of the person is being transferred from one area to another. This is the reason that people who have almost died say that their entire life flashed before them. What they saw was the transfer of information taking place.

There are other fields that make up the person, but as we have no way of measuring them yet I will not go into them in any detail. The Intuitive field is the field that allows us to measure the previous fields and the ones beyond that are purely spiritual and thus of little practical use while in physical incarnation until enlightenment occurs, when they take a very real part.

It is the Etheric field that is the one most concerned with the Universal energy and its use in the body. In this field are various passageways for the energy to flow and circles of force called Chakras. Chakras are very important as they are the points by which the energy of the Etheric field the Prana, is sent into the physical system to power things up. Each

Chakra functions both as an absorber and emitter of energy and there are eight of them that are major along with a number of minor ones.

I realize that by saying there are eight Chakras I am flying in the face of all tradition that says there are only seven, so allow me to explain. The numbering (and even recognition) of the major Chakras has been a largely subjective thing based more on the prejudices of individual writers than on any real information. The Pelvic Chakra, which controls sexual response, was totally written out by Bishop Leadbeater because it did not fit in with his Victorian system. David Tansley, for all of his great contributions, refused to list the Spleen Chakra with the major Chakras because all it did was distribute the Prana, the Vital Force, to the physical body. I must confess that I do not consider staying alive a minor matter.

So, here is my list of the Chakras and what they do.

The Base Chakra is located at the base of the spinal column and controls the lower part of the nervous system. It is also the place where the energy known as Kundalini is stored, usually represented as a coiled serpent waiting to rise up and bite. This Chakra is biased as an absorber of energy.

The Pelvic Chakra is just above the Base Chakra. You should be able to figure out what it controls. The Base Chakra is an absorber.

The Spleen Chakra, as I have said, is the Chakra that keeps you alive. It absorbs Prana from the Universe and distributes it through the equivalent of a plumbing system in the Etheric field before moving the vital energies into the physical body. It has the unique feature of automatically opening up when the body is ill and pulling in Prana from everyone around the person. That is the reason why people who care for sick folks are often extremely drained of energy, because that is quite literally what is happening to them. It is possible to cause the Spleen Chakra to absorb by will and this talent is useful when you find yourself in a high-stress situation. Primarily an absorber of energy, it can function as an emitter in the presence of a stronger pulling Spleen Chakra.

The Solar Plexus Chakra is the seat of emotion, in that all information from the Astral, or Emotional field is focused through this Chakra on its way to the brain. The location of this Chakra gives an indication of the part of the body it controls and why strong emotion at dinner is not conducive to good digestion. It also explains why Abrams' little experiment was so successful. He was working with the area most likely

to respond to an emotional signal. The Solar Plexus Chakra is again primarily an absorber.

The Heart Chakra is also concerned with emotion and highly responsive to it. It controls the circulatory system. Unlike the previous Chakras, it is primarily an emitter of energy. This is all to the good, for if it were otherwise, the heart function could be severely damaged by strong emotions in the energy environment.

The Throat Chakra deals with the throat, lungs and involuntary nervous system. While largely unresponsive to emotion, it will respond to rational thought and is almost entirely an absorber of energy.

The Brow Chakra controls brain function and is evenly biased as both an absorber and emitter of energy. Its location at the center of the forehead has called it to be called the “third eye.” Along with the Crown Chakra, it is the most important Chakra in all psychic functioning.

The Crown Chakra is situated at the very top of the head. It acts as a sort of controlling mechanism for the entire Chakra system and is biased equally as an absorber and emitter of energy.

It is generally recognized that the balance of the Chakra system is important to the maintenance of good health and, in fact, David Tansley developed an entire system of diagnoses and treatment of illness based solely on the Chakra system. As healing is not a primary interest of mine (though as I get older and the warranty has run out on my body I think maybe I should start thinking about it) I am not going to spend too much time in this book dealing with specific health issues. I prefer to leave that to people who know more about it than I do and thus spare myself the responsibility of someone misreading my advice and getting sicker.

But anyway, all digressions aside, the ability of the Technoshaman to do the work is based on the Universal energy and being able to charge yourself up is one of the first things you have to learn.

I will confess that one of the pet words that can send me into a blind tizzy of unreasoning fury is “posture.” Even as a small child, I resented the idea that there was supposed to be a proper way to sit and stand and walk. As if I would care about such nonsense! And for the most part it is absolute nonsense. The whole problem of breathing properly is the result of posture idiocy. But it is also true that when you are charging yourself up to do Technoshamanic work you really do need to concern

yourself with the position of your body because the position of your body directly influences the flow of energy in your Etheric field.

If you have spent any time studying Hatha Yoga, you will realize that the yogic postures are designed for more than just getting the muscles limber. Each posture has a specific function in manipulating the energy flow through the Etheric field and people who have practiced for years will tell you how using a certain posture will cure sore throats or runny noses. On the surface, such claims sound absolutely ridiculous, but they are nonetheless true.

I, however, have a problem with Hatha Yoga in that I am much too lazy to want to be bothered twisting my body into such configurations and I absolutely refuse to stand on my head. I like seeing the world right side up, which is probably why I have no desire to go to Australia. (For the benefit of my Australian readers, that's an old, American joke.) I have found that for the purposes of Technoshamanism all that is essential is that the spine be kept straight for most work and for certain operations that require more power, the Star Position is the most effective.

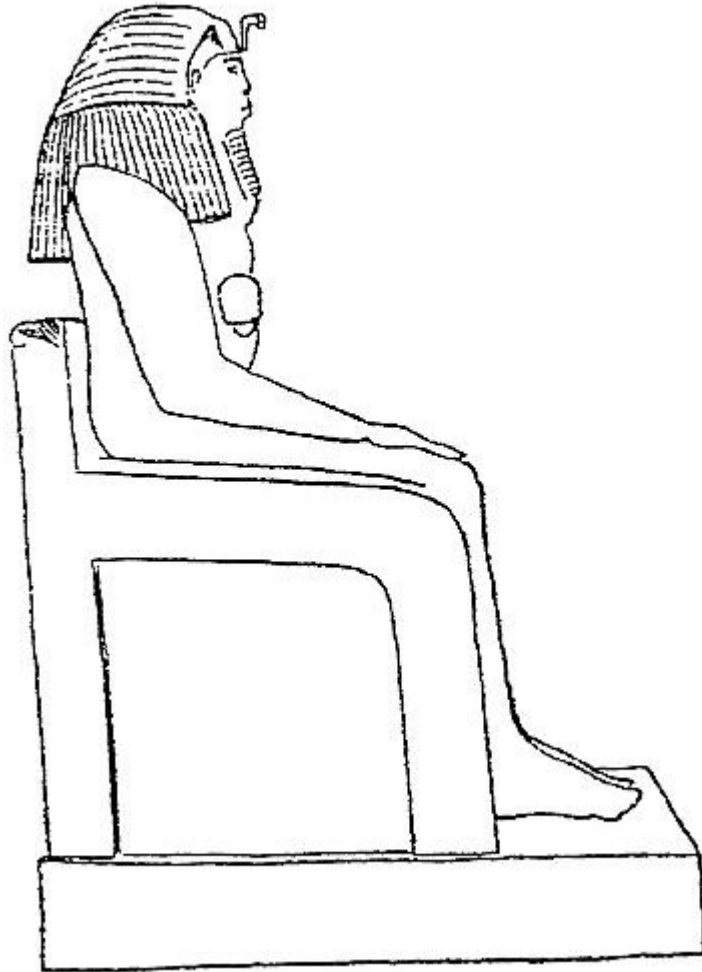
So let us begin. The purpose of this exercise is to bring a lot of energy into the area of Spleen Chakra, which is located a couple of inches below the navel, an area called the Hara by the Japanese.

First, you must choose a time and place where you will not be disturbed. You need only have a few minutes, but those few minutes must be yours, without the demands of family or friends or business. That can be difficult in a crowded house, but if worse comes to worse, there is always the bathroom. I remember when I first said that in a class years ago and the students burst out laughing. I still cannot figure out what was so funny. After all, that is the one room in any house where one can go to have absolute privacy. In fact, when I was a college student and felt a need to power up I would go to the bathroom and sit in a stall just to be away from people long enough to charge the batteries. It works.

Anyway, you will want to choose clothing that is extremely loose, or, if possible, none at all. At this stage of the work total nudity is preferable as clothing tends to bunch in inconvenient places and be very distracting. But you must make the determination based on your own circumstances. There are no absolute rules in this.

Sit in a comfortable position with your spine erect and your feet flat on the floor. This is called the Egyptian Posture and by looking at the figure you can see why. If it was good enough for Pharaoh then it's good

enough for me. If your legs are a bit short for that get some books or a small foot-stool.



Once you have seated yourself begin belly breathing. Pull the air as far down as you can, all the way down into the Spleen Chakra. As you do this try to visualize a powerful, orange light going into the Chakra, filling it with energy. Hold the breath in for a short time and then exhale slowly.

Continue this for as long as you are comfortably able to and note your reactions to it. Some people have trouble with regulated breathing and if you should notice that your heart is pounding, stop this exercise and just sit and breath at a normal rate, but do it from the belly rather than the top of the lungs. The important thing is that the energy get into the Spleen Chakra and the details are of little matter.

After you have done this for a time, it is important that you release the energy. An overaccumulation is not healthy and the first symptom is trouble sleeping. The energy is released by visualizing it being brought up to the Brow Chakra and then sent forth as a beam of light.

Work on this exercise for a couple of weeks and then proceed to the next stage, which is pulling energy directly into the Spleen Chakra.

Again, sit comfortably and breathe, but this time, as you breathe do not visualize the light coming in through your lungs and then down, but visualize it going directly through your skin into the Chakra. See the Chakra in your mind's eye as a spinning wheel of orange light which is spinning faster and faster as you fill it up with energy. This energy is then visualized as being distributed to your entire body, filling it with powerful, health-giving vital force.

Continue this exercise as long as you are comfortable. You may notice a heat develop in your body and that is perfectly normal. It is the energy being moved around and filling your Etheric field. Now it is important to realize that this energy movement is not the rising of Kundalini. That is a subject I do not intend to deal with in this book for the simple reason that in Technoshamanism it serves no useful purpose and can, in fact, cause all manner of difficulty. Remember that the processes which put the human body together were not designed for our civilization and behavior that may seem perfectly normal in earlier societies might cause some real problems now. Kundalini can cause erratic behavior and a tendency to live in an alternate reality, not exactly conducive to success in our world. Even so, once you have become adept at filling your Spleen Chakra, it is time to work at stimulating all of your Chakra system.

Each Chakra has a color associated with it. The Base and Pelvic Chakra use different shades of red. The Spleen Chakra has the orange that you should soon be very familiar with. The Solar Plexus is yellow, the Heart Chakra green, the Throat Chakra blue, the Brow Chakra indigo and the Crown Chakra violet. At this point you should notice that this progression is the same as the visual light spectrum. Whether there is a reason for that or it is an interesting coincidence is not for me to say.

The Chakras are stimulated by working on them in turn, from the bottom up. Sit as before, but this time as you breathe, inhale a strong red light into the Base Chakra. See that Chakra filling with red light and spinning as you did when you only worked on your Spleen Chakra.



After you have the Base Chakra spinning at a good clip, move your focus to the Pelvic Chakra. Again, work with red light and keep filling it until it too is fully charged. At this point, you may feel some sexual stimulation, but simply ignore it and go on to the next.

The Spleen Chakra is dealt with as before and the focus yellow light onto the Solar Plexus Chakra. From there move the light up to the Heart and fill that Chakra with a powerful green light.

Once you have the Heart Chakra filled, move your attention to the Throat Chakra and concentrate a strong blue light into it until it is ready and then move up to the Brow Chakra with an indigo beam.

At the Crown Chakra, see a violet light and then, when that Chakra is running at full tilt see the light from all the Chakras running up your spine and blowing out the top of your head.

Create a circuit with the energy coming from the top of the head, moving around outside the body and re-entering at the Base Chakra, firing up the spine like a light array at the nearest airport and out of the Crown Chakra again. Keep this up for a some minutes and you will find that you are becoming highly energized as a person. Your thought processes will become clearer and you will have a noticeably positive effect on people around you.

The use of terrestrial energy is a bit tricky. For one thing, not all earth energies are healthy and some are downright dangerous. The same is true of all planetary energies. For that reason, you should know something about dowsing before attempting these next exercises, so if read the chapter on dowsing before you do anything. Of course, you will probably read the whole book before starting any work, but I figure a little reminder won't hurt.

As implied by their name, terrestrial energies come from the energy field of the planet itself. They originate at the core and move outward in lines of force which are determined by natural formations. Everything that they run into on the way to the surface and beyond alters their make-up and the effect they have on living beings. The terrestrial energies are highly absorptive and will act as carrier waves for any energy pattern in their path. It is for this reason that care must be taken in their use.

For example, there is one pattern that causes cancer. It is termed Negative Green by people who look for such things because it causes a pendulum to react in exactly the opposite way that it reacts when held

over a green colored object. This is also the energy that is present in the underside of a pyramid and the only safe band is a little over six degrees off center. It is generally believed that Negative Green is the result of the basic earth energy passing through water, such as underground pools and streams, but also plumbing. It is not a good idea to have your bed over the pipes in the basement. This energy, entering the human system, causes cells to get weird and that is what cancer is all about.

There are also various disease patterns, called miasms in the older literature and these are the result of the practice of planting dead people who have to have died from something. The disease pattern found its way from the corpses into the soil and are carried by the earth energies to the Etheric bodies of people where they create a disease pattern that may, given the right physical stimulus, take form in a real condition.

These miasms, however, can do nothing without the physical stimulus, so a person may have the tuberculosis miasm present in his etheric body but being a good, healthy, middle-class person, will never get the actual disease.

The only noxious energy that one really needs to worry about is Negative Green, as that sets off the cancer miasm by itself and our life spans are long enough to get it.

Terrestrial energies take a vortical form, swirling about in many spiral patterns. The strength of these patterns again is determined by geological formations and there are lines of force, known as Ley Lines which criss-cross the planet. At the intersections of these lines, strong vortices of power are created and it is not unusual to find that temples and churches have been constructed at these intersect points.

So how are these energies to be used? They are used the same way as the Pranic energy, being drawn into the etheric system and then circulated around the body.

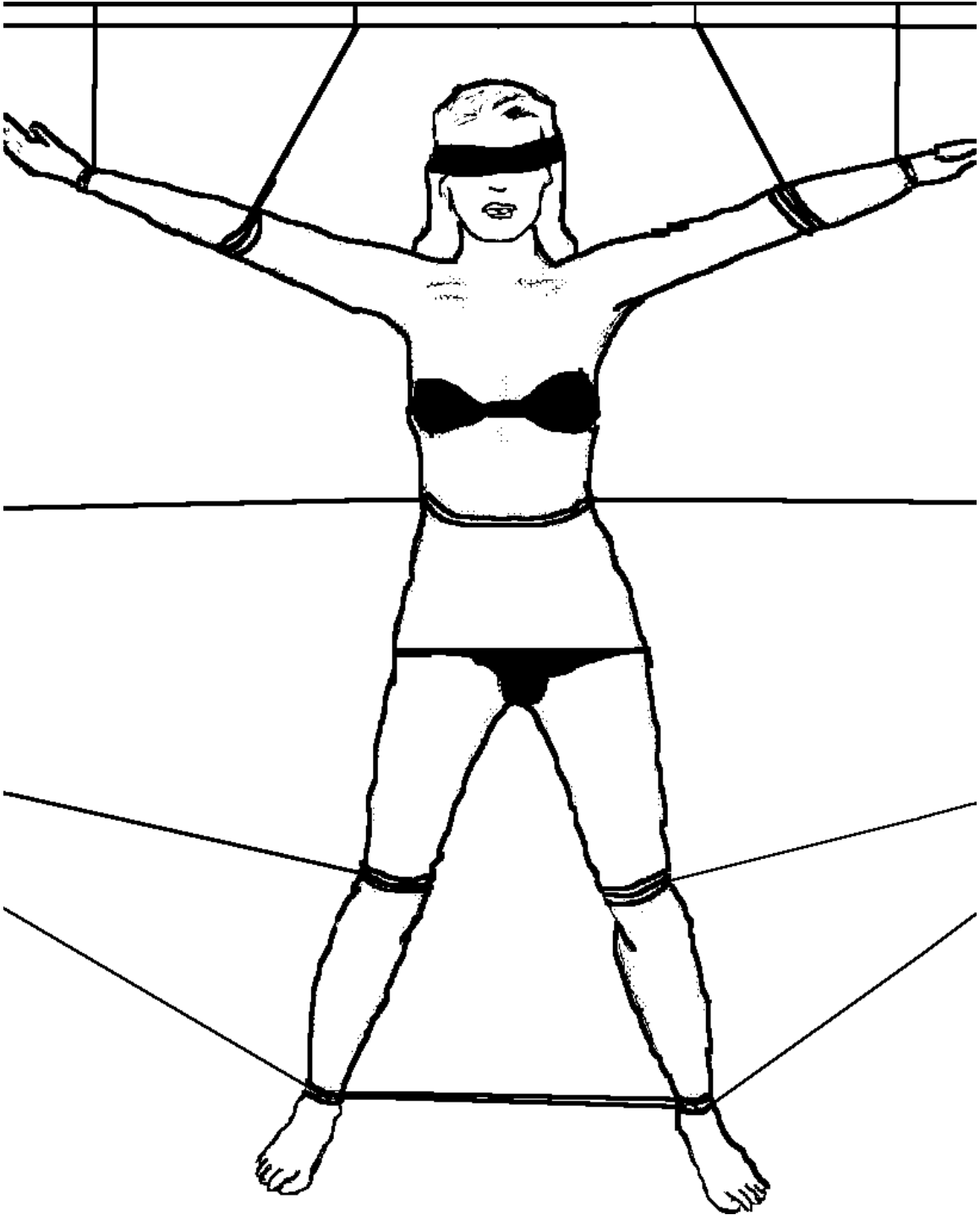
Sit as before, but this time make certain that your feet are flat on the floor. If possible, choose a place that is as close to the ground as possible and preferably out of doors. A basement will work perfectly. The greater the contact with the earth the better. Some people who live in high-rise apartments find that setting their feet in a box filled with earth serves equally well.

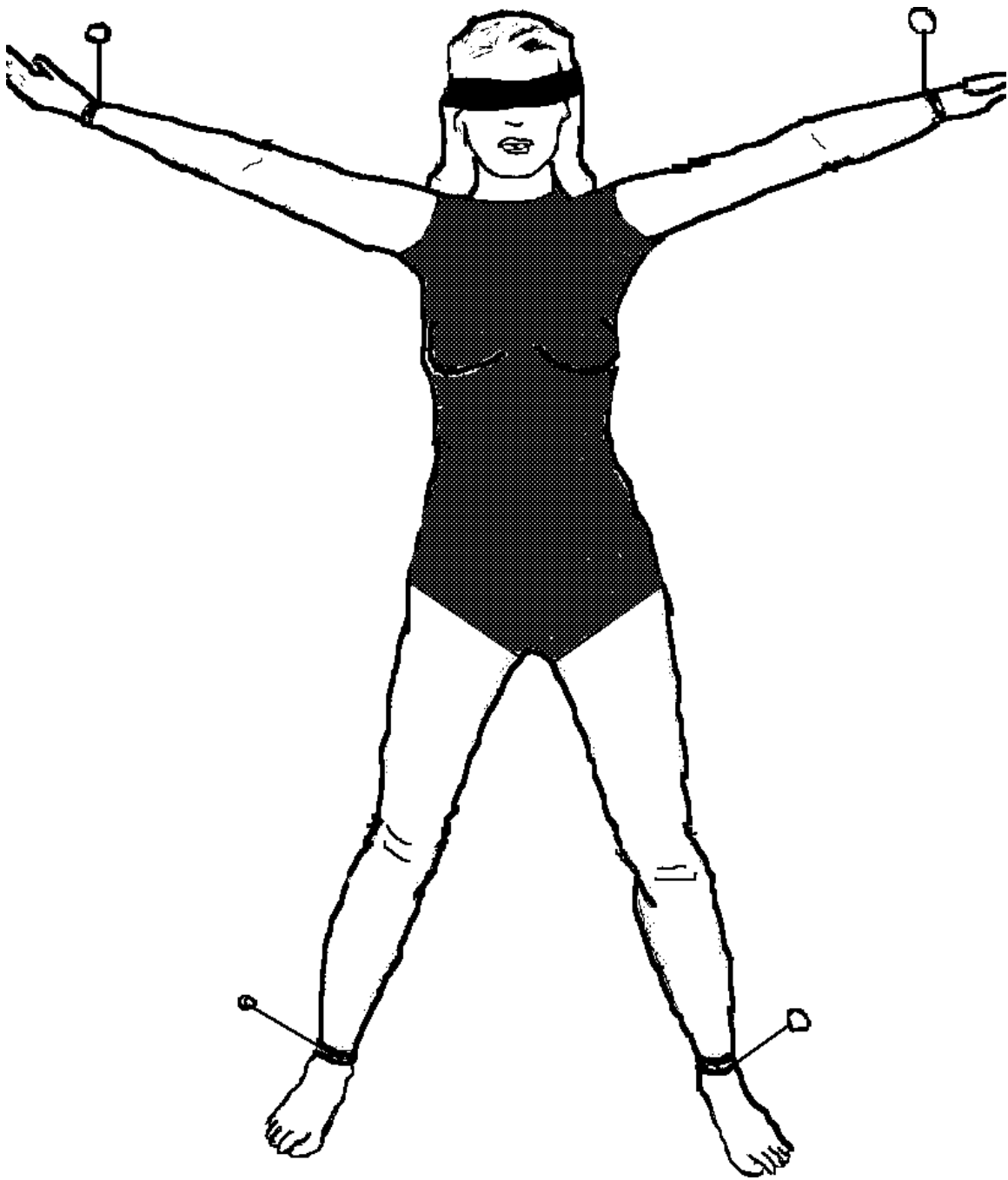
Begin breathing as before but this time as you breathe see yourself inside a spiral of energy coming up from the ground and totally enveloping you.

Feel this energy entering your body and filling it, until your whole body seems to be glowing with the energy. See this energy cleansing your system and gathering to itself all of the yuckiness that you have accumulated, emotional and physical. Now as you exhale, see all of the gunk being carried out with the breath. Continue this for a few minutes until you get tired or bored.

There is one last posture which is extremely useful for increasing the strength of your fields and that is the Star Posture. In this position, the body forms a star, the arms and legs outstretched. It can be used either standing or lying down on the back with equal results. The only difficulty with this posture is that it is impossible to maintain for any length of time. If standing, the arms will quickly tire and if lying down the natural tendency to move into a more relaxed position will take over.

There is an obvious way to solve this problem and I love to see the look on my student's faces when I suggest it. One simply arranges for an assistant to strap you into position as in the illustrations.





Okay, I hear the gasps and choking noises out there, so stop it. And no snickering either. Just be sure that you have an assistant that you can trust not to abandon you or tickle you. If you look at figures 2 and 3 you can see the way it is done. In figure 2, the standing posture, the straps at

the elbows help support the arms and the ones at the knees keep the legs straight.

Once you are in position, you begin to breathe as in the seated posture. Visualize the type of energy you are working with filling your system and making you a glowing, living star. Keep this up for as long as you can, at least one-half hour, working up to at least one hour. At the end of the period, release the energy back into the universe.

Work with this for at least one week and then begin to charge the energy as you gather into you for health, success or whatever. Know that the energy is being impregnated with your desire and will carry it back into the energy field of the universe as you exhale. At the end of each working period, release the energy with the command that the desire will be fulfilled.

## ENERGY FIELD HEALING

It is possible to heal people by means of the Etheric field. The most well-known and respected of these methods is called Therapeutic Touch and it was developed by Dr. Dolores Krieger and Dora Kunz. In this procedure, the healer uses the energy of his or her body to remove the unhealthy aspects of the energy field of the sick person. It is extremely simple to do and totally safe for all parties.

First, fill your Etheric body with energy. Charge this energy with healing potential and continue this as long as is necessary. Now I should say that in Therapeutic Touch as it is normally practiced, this procedure is left out and is not absolutely necessary, but it is extremely helpful.

Once you are charged, move the palms of your hands around the body of the sufferer a few inches away from the body. At certain points you will feel a heat coming off the person, the intensity depending upon the seriousness of the illness and the degree of disruption in the Etheric field. One time I was giving a friend a treatment prior to her undergoing cancer surgery and as soon as I put my hand in the area of her field most affected I felt that my hand was going to catch fire.

Once you have found a hot spot, move your hands along the field in a smooth rubbing motion, like you were smoothing out lumps in a blanket. That is what you are doing, you are smoothing out the bumps in the Etheric field of the person, cleaning out the wave forms of the illness. As you do this, be sure to give your hands a good shake every once in a while to clean off the gunk from your own field.

On other occasions, it is a good idea to put some healing energy into the area in question. That is done by holding your hand over the area to be worked on, again a few inches from the body, and visualizing a flow of healing energy going from the palm of your hand into the Etheric field of the person, removing the cause of illness and replenishing the lost energy.

The effect of therapeutic touch on a person can be quite dramatic. One time I was at a party and a friend of mine was in the midst of a bad chest cold. She was not getting a lot of sleep because every time she lay down she had a coughing fit. I, without telling her what I was doing, began doing therapeutic touch on her and she got a little upset at me, thinking that I was making fun of her. Then she realized that she could breathe! Of course most of the time such things will not occur so suddenly and a person may require a number of treatments but this is a tool you should learn to use.

# THE MAGICAL MIND HELMET

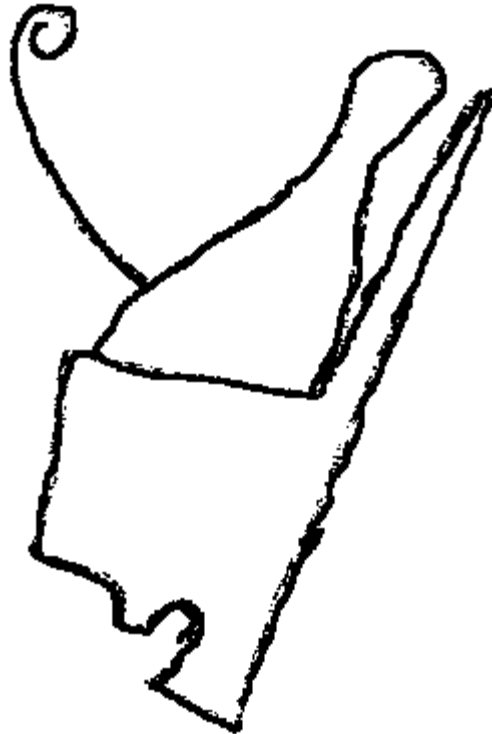
I bet you were all wondering when were going to get to this. The the Psionic Amplifying Helmet, is one of the principal tools of the Technoshaman. It grabs the energy that is being put into the Etheric field by the brain and boosts it. And, as it is my invention, I just have this great and abiding need to write about it.

The Psionic Helmet had it origins thousands of years ago when ancient warriors attached horns to their helmets to identify with the power of the animals that the horns came from. Now at this point I can hear the usual objection that if the horns were so powerful, how come they did not help the poor animal? Well, the men who wore them did not think that way. They assumed that the magical quality of attraction would make them stronger and worked under that assumption. This gave each helmet a magic of its own and that magic was transferred to the warrior when he put the helmet on, at least that was the theory.

But it was not only the warriors who used the principle of magical headgear. The Egyptians used it as well and included early Psionic technology.

The Double Crown of the Upper and Lower Kingdoms was in the shape of a cone as you can see from the figure. The cone has the interesting property of transmitting any energy put into into, but unlike the pyramid the energy only goes one way, out the peak. When Pharaoh put on his crown and thought, the energy of his thoughts were amplified and sent out. Likewise the Ureaus, the small serpent at the forehead of the seated pharaoh in the illustration in the previous chapter, was more than a mere symbol. Rather, it was a wave guide, an antenna, if you will for energy coming in and out of the Brow Chakra. That was apparently also the function of the coiled rod coming out of the front of the crown.





When the time came for me to take up Psionics, I had been practicing magick for many years and I had evolved a ritual garb that included a helmet, rather than the more traditional headgear of a cap or crown. That being the case, and the fact that I just have a thing about helmets, (my house is full of them) it was only natural that I would design a helmet that would fit in with my first psionic instrument, which was based on the radionics unit called the Hieronymous Machine.

The first helmet was nothing more than a glorified head electrode in a fancy container.

But it soon evolved from that humble beginning.

One night I was sleeping, which is unusual for me as I am a bit of a night person, and I had a dream. That was not unusual, but in this dream I saw a helmet with a big dial on the front and the capacity to do all sorts of wonderful psychic things. I woke up and immediately wrote down what I remembered of the dream.

Then I went to work. I had a basic idea of what the helmet should look like, but that was the end of it. I had not the slightest notion of what the internal components were to be or how to put them together.

It was very frustrating, but the helmet gods were merciful and soon gave me the information that I needed.

At the time I was working, there was an organization in existence called the University of the Trees, headed by Christopher Hills. Now this organization manufactured a number of very interesting devices and published some rather thick books explaining them, not always very clearly I'm afraid. One of the instruments they created was called the Magnetron, based on a rather interesting discovery by the Servanx brothers in France during the 1950's.

For those of you so benighted as to not know, the real magnetron was solid copper core with holes bored through it in a particular pattern. When hooked into a microwave transmitter, it produced a powerful signal at the 10cm band, which was something considered very important during the Second World War. The Servanx brothers, with an intuition rare in the land of snail-eating Jerry Lewis fans and surrender monkeys, decided to try the pattern and see if it produced any psychic energy. It did. A pendulum held over the center of the magnetron pattern will give a very strong response.

Hills organization discovered that adding magnets with alternating polarities under the outer circles of the pattern increased the power output of the device considerably.

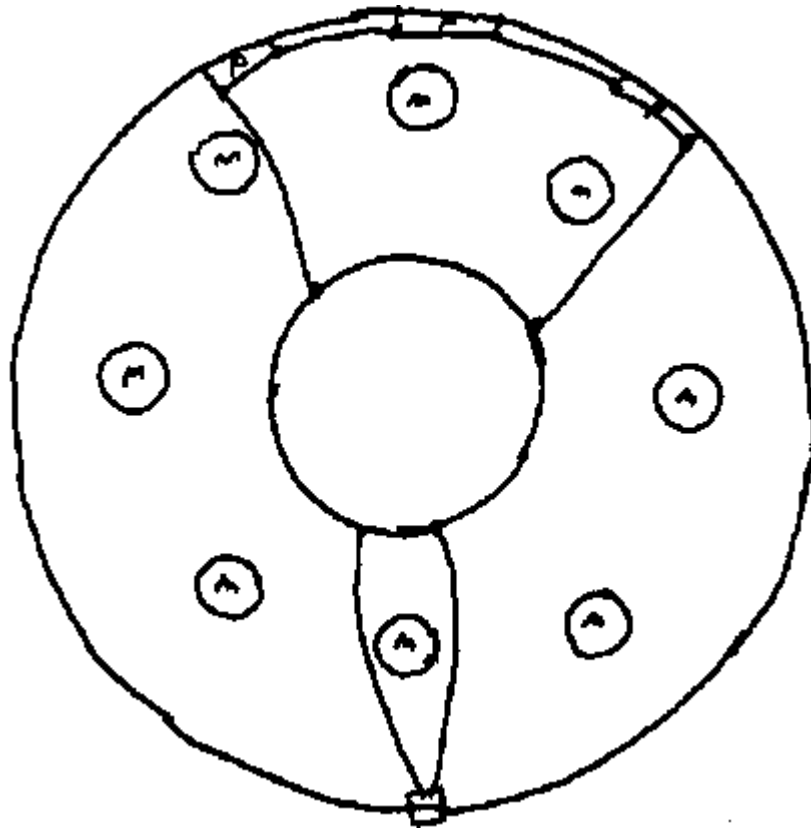
I, upon reading of this wonderful instrument set out to make my own and was quite pleased with the results. But there was another benefit to this. I could see how it could be the basis of the power system for my Psionic Helmet.

I went to work and modified my first helmet using the magnetron pattern as the basis of the system as you can see from the figure. As the crest on the helmet was not suited to act as an antenna, I placed coils of wire under two 35mm film canisters set like horns on each side of the crest and these were wired to the central plate which rested on the Crown Chakra, replacing the Brow Chakra plate.

The helmet was an instant success. It not only gave a tremendous boost in power to my work with the psychotronic box, but also could work on its own. I now had a totally portable psychotronic instrument which could be used anywhere I did not have to worry about being chased by men with white coats, because it did look a little silly.

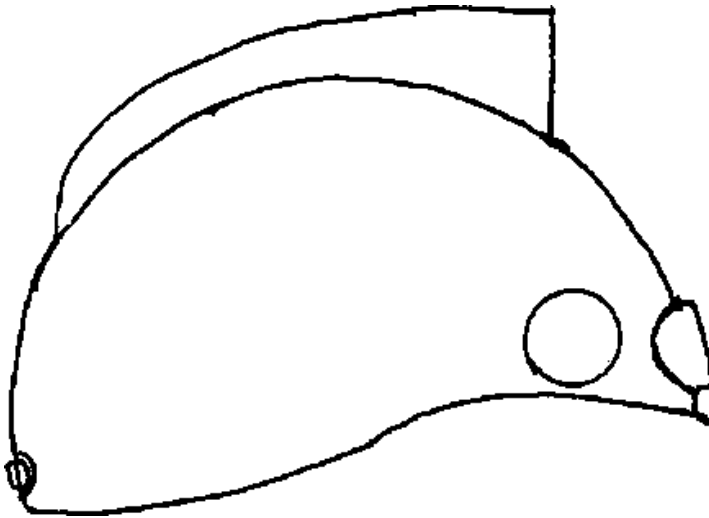
Once this was done, I went to work on trying to make a more comfortable design. That resulted in a helmet that did not have a jack for connection to the other instrument and a hollow crest with the antenna wire built into it.

So far so good, but neither of these helmets had the tuning dial that I had foreseen. Basically, all I did was put the helmet on, face north and either visualize or clear my mind for reception. Both of them worked quite well in that role, but there was always the working disadvantage in that I was forced to hold a thought of the subject of my work in my mind while doing the other stuff. In other words, my mind had to do at least two things at the same time and that could get tiring, as well as confusing, after a brief time.



The addition of the tuning mechanism changed all that. The Model Four was the first helmet with its own tuning system and that is the design that you will find in my other books. It, like the others, is still quite

useful. My original design for the tuned helmet used a series of three variable capacitors (radio tuning things) set in the front of the helmet. As these proved more difficult to acquire with time, I modified the design to use three potentiometers (volume control things) instead. The interesting fact that came out of that change was that there seems to be no difference whether tuning is the result of induction or potential, sure proof of the fact that the energies we use, while related to electro-magnetism, are not electrical in nature.



What actually seems to be going on in the tuning system is that a geometric proportion is created which resonates with the work. That being the case, the nature of the dial is irrelevant and those of you who have my *Psionic Magician's Gadget Pattern Book* know that it is possible to make a working Psychotronic device using dials cut out of cardboard.

In any event, the biggest problem with mounting the tuning dials was comfort. I discovered that by using a hard hat as a basis for the helmet I had plenty of room to stick things in and still be able to wear the helmet comfortably. In actuality, the type of helmet that the components are mounted on is irrelevant as long as the helmet is not metal. Metal screws everything up.

It all has to do with the way the helmet works. It is based on the relationship between the Etheric field and the electro-magnetic field of the brain itself.

By now everyone knows that the human body has an electromagnetic field around it. Not only are sensitive voltmeters able to measure it, but anyone who has ever tried to tune rabbit-ears antennae (in the stone age before cable) on a television has had the experience of getting a perfect picture, only to have it get terrible as soon as you walk back to your chair. That was because the electromagnetic field of your body would act as a what is called a scalar, or virtual, antenna and assist the television antenna in its reception.

This field relates directly with the Etheric field. Now anything that goes on in the brain, by its very nature, produces changes in the electromagnetic field. That is why you do not have to drill holes in a person's skull to take an electroencephalogram. Every time a thought occurs, it is reflected in that field, thence to the Etheric field. By means of the relationships of the Etheric field to the other fields of the body, all psychic functioning occurs.

Try to imagine the Etheric field as an old-fashioned telephone switch-board with messages going in and out all time and you can get an idea of what is going on.

The magnets in the helmet are so arranged as to create a field around the head. As the information that is going to be transmitted is processed by the brain, the biomagnetic field picks up the information at the same time it is being worked into the Etheric field. The helmet field amplifies this energy and shoots it out the antenna, thus increasing the strength of the signal.

In reception, the helmet field again increases the signal strength, pushes it into the Crown Chakra and then, by means of the Etheric field interface into the brain. This results in significantly increased clarity of perception.

The tuning system enables the operator to lock onto the subject being worked with. With that done, all that is necessary is to wear the helmet and let the field effects do the work. Everything you put out will be amplified by the helmet and so will anything you wish to receive.

Another method has the helmet plugged into a radionic device which is already tuned to the witness. The helmet is then tuned as an extension of that device.

The third method does not use a witness at all. You merely concentrate upon the subject and tune the helmet. This method is extremely useful in tuning to parts of your body or Chakra System.

In addition to being a powerful aid in telepathic work, the helmet is also a very effective tool of self-development.

The entire Chakra system is controlled by the actions of the Crown Chakra. This is the one that ultimately determines how efficiently the other Chakras will operate. Now, as the Crown Chakra is also the contact point of the helmet, it is possible for the helmet to be used to influence the Chakra activity.

Let me give you an example. You have a problem with excessive emotion. Now no one wants to go through life like a Vulcan with a computer complex, but this tendency to abandon rational thought at the drop of a fork is getting you into nothing but trouble. It is also not doing your health any good and your stomach is beginning to show some serious signs of strain.

Now the two major interfaces for the emotional, or Astral field are the Solar Plexus and Heart Chakras. Clearly, one or both of them is seriously out of alignment with the rest of the system. The helmet can be used to lock your consciousness onto either Chakra (it is best to work one at a time) and then you can effectively meditate that Chakra into a more proper course.

#### USING THE PSIONIC HELMET FOR CHAKRA BALANCE, MEDITATIONAL METHOD

First determine which Chakra needs work. Go to the chapter on dowsing and read about Chakra analysis, then, using the methods described there, check your Chakra System.

Set the helmet dials for the rate for the Chakra you have chosen, concentrating on the particular Chakra as you tune the instrument. This will have the helmet automatically direct your energies to the Chakra when worn.

Sit in a comfortable position and put on the helmet.

Breathe in energy, as in the last chapter, and direct a colored beam of light to the Chakra being repaired. See the Chakra being filled with the

light and spinning either faster or slower as the situation requires. Continue this for as long as required.

It is a good general practice to adjust each Chakra regularly. This helps to insure health as well as mental stability.

#### USING THE PSIONIC HELMET TO INCREASE GENERAL ENERGY

One of the interesting features of the helmet is that it can work without being specifically tuned. Merely putting it on can increase the power of the Etheric field. For that reason, the exercises in the previous chapter can work even better with the aid of the helmet.

Sit comfortably as before and put on the helmet.

Begin breathing deeply and as you do see the energy of the Sun filling your entire Etheric field. See the crystals on the helmet glowing with power as they boost the power of your field.

See the field around becoming so bright that it is impossible for anyone to look at you without being blinded.

Begin to absorb this energy into your Spleen Chakra. Feel the energy build up in the Chakra and see it spinning at its speed of peak efficiency. Hold the energy in for as long as you feel comfortable and then begin to move it down to the Base Chakra. Let it collect there for a time and then move it up the length of your spine, ultimately coming out of the Crown Chakra to power up the helmet. See the energy come beaming out of the crystal of the antenna and then go back around to your Spleen Chakra to begin the process all over again. Continue this for as long as you are comfortable, concluding with a release of the energy back into the Universal Field.

#### USING THE PSIONIC HELMET TO SEND HELPING ENERGY

This can be done in several ways. You may set the witness of the person on the witness plate of the radionic box and set the instrument for a rate which will put you in contact with the person. The Psionic Helmet is then tuned to the person as well. The Helmet may be used alone, or it may be hooked into the Psionic Amplifier Plate (see Chapter 6)

In the case of all three, you sit comfortably and place the helmet on your head. Do the Etheric field charging I have just described to build up your own energy reservoir. Now visualize the person you are trying to help.

See the Etheric field of the person in your mind and concentrate on the helping energy you are going to send him or her. As you prepare to release the energy that you have concentrated in your own field, command that energy to go to the person and strengthen the Etheric field. Once you have done that, release the energy in a great exhalation, seeing it stream as a brilliant beam of light to the person, filling that person's field with powerful, health-giving energy.

As you continue to concentrate, see the person glowing with health and life. See the energy penetrating every part of the body and cleansing it of all impurities and illness.

Keep this up as long as you are comfortable.

If you find that a more powerful boost of energy is needed, the helmet may be used with the Standing Star Position. In that case, set the helmet and put it on comfortably before having your assistant strap you into position.

#### COMMUNICATION WITH THE HELMET

As those of you who are familiar with my other books know, the Psionic Helmet was designed as a communications device, to link the operator with the subject's mind and thus get a telepathic message through with greater clarity and less work. In a later chapter, I will discuss spirit communication, but here you will get a brief run-down of how to contact another person.

It helps if you have a witness sample of the person you wish to send to. It is not necessary if you know the person, but if you do not it is essential. And as I have not done so before, let me expound briefly on the witness sample.

A witness is anything which has been in contact in some way with the subject. Traditional witness are body parts, hair, fingernail clippings, blood, etc.. These make perfect sense because being a part of the person they contain the genetic code of the person as well as retaining some of the Etheric field of that individual. But there is another class of witnesses that does not contain that code.

Photographs and signatures, even photocopies of them, are excellent witnesses. This puzzles many researchers but let us look at them more closely.



A photograph is created by chemical action caused by reflective light. The light acts as a carrier wave for the Etheric field of the person and therefore the original negative, slide or Polaroid will have a bit of that energy resident. As each copy made will use light in some way, that light will carry the energy to the copy and thence back to the negative and from there back to the person. As long as the negative is intact, the line is secure. And that is why radionics people always insist that the negative of a photograph be retained. Digital photos work the same way. The electronic image holds the information.

Signatures create an even greater difficulty for some, but the process works like this. When a person signs something, his or her hand is holding the pen, thus putting the pen in direct contact with not only the Etheric field of the person, but the physical body as well. The pen acts as a wave guide to the ink, which contains particles of metal. The ink carries a bit of the Etheric energy into the signature and there it is locked. Any photocopy of the signature will, because of the carrier aspect of light, also contain an element of the Etheric field of the person.

And modern technology has given us the ultimate witness, the videotape and digital image.

Think about it from a Psionic standpoint. A video image is an electronic record of something or someone. The light is reflected off the person and changed into an electronic signal which is then transmitted or recorded. As the signal is amplified in the recording and playback process, to say nothing of what the transmitter has to do with it (thank God for the klystron!) it becomes even more powerful than the person himself. That is one of the reasons why strong emotion fed into a television camera will have an effect on the viewer far out of proportion to what might normally be expected. I remember one time I was watching a live broadcast and something went wrong behind the camera. Apparently the host was having a bad day and he shot a look of such anger into that camera that I literally jumped, and I do not shake easily.

A photograph or vidcap taken off of a television screen is, therefore, as good as a photograph taken of the person himself and there is a way to use the video image directly off the screen as I will explain in a later chapter.

If you happen to know the person, you have had some direct contact with him or her and you can use your imagination to create a working link. If, however, you do not know the person, you do not have a personal link already in existence and a witness becomes essential.

Once you have your witness, you set the rate on the helmet as I have described.

Seat yourself comfortably. The Egyptian Posture is excellent for this.

Clear your mind of all extraneous matters. This is not the time to think of the overdue bills.

Let the helmet work. You should get a clear picture of the person in your mind with little effort.

Using your imagination, zero in on the Brow Chakra of the person.

At this point, transmit your message as clearly as you can, repeating it as many times as you feel comfortable.

There are many other uses for the helmet but I will hold off on them until a later chapter.

# DOWSING

One of the things a Technoshaman has to be very good at doing is determining energy fields and flow. The traditional way of doing this is to have the Shaman look at the energy fields directly, or feel them in some way. As good as this is, we find that dowsing techniques are easier and faster.

The practice of using certain devices to find things by detecting their energy fields is called radiesthesia or dowsing. Neither word is really acceptable, as radiesthesia sounds like something unpleasant that happens in hospitals and dowsing is what you do to people with swimming pools. Well, not really, but I could not resist the pun. Anyway, before I make a complete fool of myself, a serious occupational hazard in this field, let me explain that while traditionally dowsing has been the art to finding hidden things, it is only recently that it has been understood that it is not so much the thing itself, such as water, that is being found, as the energy field of the thing as it resonates with the dowser.

Eek! I think that's the worst sentence I have ever written. But what is going on is that the mind of the dowser is attuned to the object of the search and then the search is made with a simple instrument, such as a rod or pendulum. The search for the field is the key because in Technoshamanic work we help people by working on the energy fields of the person or the person's environment.

Dowsing works because of the peculiar relationship between the subconscious mind and the nervous reactions of the physical body. You must understand that everything you know is stored in your brain and everything the fields of your body pick up is transmitted to the Etheric field at some point. The Etheric field interfaces with the physical brain and the subconscious.

When you work a dowsing tool, the subconscious picks up the information and causes a very slight muscle reaction which makes the instrument work. Or, as in the case of some diviners, the reaction is much more pronounced leading to the dowser appearing to be literally pulled along by his divining rod.



There are four basic tools for dowsing that I use, the pendulum, my personal favorite, twin rods, the stick pad and the Aurameter.

Allow me to take the second one first. The twin rods are made from metal coat hangers, the thin ones, not the heavy brass ones. These are first straightened and then cut to two convenient lengths. You do not want them to be too long and there is really no need for that. The usefulness of the item does not depend upon its length.

At one end of each, make a right-angle bend long enough to hold the rod comfortably, about six inches give or take a little. Go to the hardware store and get some plastic tubing, about 1/2 inch diameter will do and cut two lengths to fit over the handles. Once you have done that, bend the bottom of the wire, the little bit sticking out at the end of the handles to hold the tubing in place so that the rods will swing freely.

When using these rods, the object or field being looked for is usually on the ground or under it. Detector Rods, as they are called, have a long and glorious history. In ancient times, which actually did not end that long ago, they were the only means of finding where to dig for wells and mines. In fact there are many drawings of miners going around with the traditional forked Divining Rods looking for metal deposits. The marines in Vietnam had good luck with them searching for enemy land mines and tunnels.

So now we have to see if they work for you. Hold an object for a while to charge it and then have your assistant bury it in the back yard.

Do not look at where he is burying it and make sure that he replaces the grass so that you will not know where the hole is.

Now go outside and hold the rods out so that they are at a right angle to your body pointing straight ahead. Think of the object and begin walking around the yard. When you are pointing to the object, or over it, the rods will swing so that they cross each other, at which point you shout "Eureka!", which is Greek for "This bath is too hot!" and dig. If the rods are working you, you should find the object.

In searching for energy fields with the rods, the principal is the same. You hold the idea of the field you are looking for in your mind and walk around. When the rods cross, you have found it. This technique is extremely useful in looking for places of strong, terrestrial energy, but the rods give very limited information. They can tell you if the energy is there, but they cannot tell you if it is safe to use. It could be strong Negative Green.

This is where the trusty pendulum comes in handy. Don't leave home without it.

The pendulum is probably the most versatile of dowsing instruments. It can pinpoint objects and energy fields, give yes-no answers and even tell time. And it is surprising easy to make.

The only things you need are a convenient weight and length of string. Some writers will suggest that you use thread, but thread tangles very quickly and is usually impossible to untangle. I personally like my wooden one made from a top, but I have also used a key on a string and that has proven to be an excellent pendulum, having the advantage of being flat and thus able to be carried in a folder or envelope with little difficulty.

The length of the string is determined by what is convenient for you. Some writers go to great lengths about tuning the length of string for each purpose, but that is a waste of time, especially when the pendulum is used in conjunction with charts and Psychotronic devices. It works by taking the slight muscle movements of the hand and translating them into swings.

As I have written extensively concerning the pendulum in my other books, I will not go into such great detail about it here, but merely touch on the basics. The pendulum swings in a number of directions and each direction has a meaning. As each user has his or her own language for the pendulum you must first determine what that language means.

Take a piece of paper and write on it "Yes", "No", a + and a - sign. Now hold the pendulum over the Yes and let it swing without attempting to control it. Make a note of the direction of the swing and then move the pendulum over the No. That swing should be the opposite of the one over the Yes. Note that as well.

Move the pendulum over the + sign, to indicate the presence of a positive, healthy field. Allow the pendulum to swing and note the manner of the swing. Repeat the process over the - sign for a negative, unhealthy field. An unbalanced field, which may or may not be unhealthy but usually brings weird results when present is indicated by a lopsided, oval swing that moves around the circle.

When used to find an object, the pendulum is held in front of you while you concentrate on the object in question. The swing of the pendulum is followed until the pendulum begins to swing in a circle. At that point you are very close, if not actually over the object.

The same method is used to find an energy field in a given location. The field is locked onto in your mind and then the pendulum is used. When at the strongest point in the field, the pendulum will circle, in one direction if healthy, another if unhealthy and lopsided if the field is unbalanced.

The field of an individual is a very complicated thing, as you have probably guessed by now and the pendulum can be used to make working with that field a little less complicated. It is all a matter of knowing which questions to ask.

Let us say that you want to know if a person has a problem with some incident in childhood leaving a serious thoughtform in the Astral field. You sit down and concentrate on the person and think, very clearly, about the incident. Once you have done that, concentrate on the Astral field of the person and ask if there is a residual effect present. If the answer is yes, then you will want to know how strong that effect is.

Make a chart numbered from 0 to 100. 0 means absolutely nothing and 100 is the highest possible effect. Hold the pendulum over the chart as

you ask the question and let the pendulum swing to the number that indicates the power of the thoughtform. Once that knowledge is established, it is possible to go into that field and cure the problem.

The key to getting the best use out of your pendulum is knowing how to make charts. A chart for the pendulum should take into account the fact that the pendulum swings back and forth, therefore it is best that you do not have things directly opposite each other. Also, you should take into account the fact that your arm may get tired, so try not to use a pendulum chart for something that will take forever.

The stick pad is a tool that is essential for anyone who uses a Psychotronic instrument. The stick pad can be made out of anything that will cause friction. The stick pad can be made to plug into a device or it can be used separately. Both systems work equally well for me, but some operators work better when there is a direct connection between the equipment (box or helmet) and the pad.

To make a stick pad that will plug in, you will need two plastic can lids of the same size, a six foot length of copper wire, any gauge will do, a length of speaker wire and a 1/8" plug to fit into the jack.

Make a coil in the copper wire and tape it under one of the lids.

Now cut a small slot in the edge of the lid that fits over the can to admit the speaker wire. Twist the ends of the coil around the ends of the speaker wire. Attach the plug to the other end of the speaker wire. Fit the other lid over the bottom of the pad, covering the coil, and glue it into place.

The stick pad can only give two answers, "Yes" and "No". Yes is a "stick" and No is not. It is really very simple until someone asks what a "stick" is. A "stick" is something that is easy to feel and impossible to describe. In my case, it is like something just up and grabs my thumb and in your case may be something totally different. You will know it when it happens. When tuning the radionic box or the Psionic Amplifying Helmet, you turn each dial until you get the "stick".

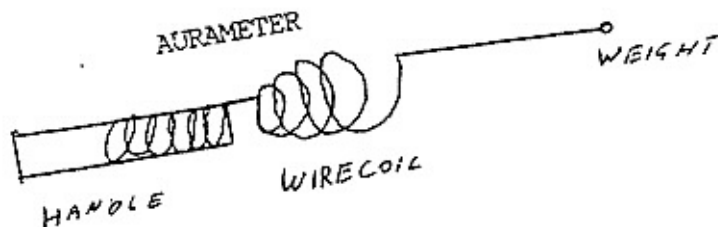
The stick pad is useful for all operations where a simple yes-no is required. For example, if you get called to jury duty you would end up sitting in a large room with a bunch of people watching television talk shows wondering if you will get stuck on a jury or get out in time for dinner. By the simple act of transforming the chair arm into a stick pad, you can find out if you are likely to get called. The technique is also

extremely good for students faced with multiple choice tests. Bear in mind that the subconscious mind is what makes all dowsing work and the subconscious has access to everything you have ever encountered. And that means the stuff you studied and then forgot about. When you hit a question that you do not know the answer, use the desk wood as a stick pad and go down the list of possible answers until you get a stick. I remember one time, a few years ago, when I had to take the written driver's test again. I had gone through the little book that the state puts out and felt pretty confident. Then I sat down with the test. On the test were three questions about drunk driving. Now I had not been drunk for a good 25 years and so I had not paid a lot of attention to that part of the book as it would not really apply to me. And that meant that I did not have the foggiest idea what the answer to any of these questions was. So I did what I just recommended. I used the desk and dowsed for the answer. And I got all the answers right.

The Aurameter has been claimed by a number of inventors, which is something that often happens. Basically, it is a handle with a coiled spring at one end. The spring straightens into a short rod with a small weight on the end. This creates an extremely sensitive instrument, so sensitive in fact that the hardest part of using it is to keep it steady because the rod likes to bounce of its own accord.

The Aurameter has certain advantages over the pendulum. While the pendulum can only move in a swinging fashion, the Aurameter can bounce up or down, right or left or in a circle around its center point. For that reason it can detect energy patterns that will only read as a circle with the pendulum. When working with amplifying patterns this added capacity can be very useful.

To make an Aurameter you will need a six inch length of 3/4 to 1 inch dowel rod, a length of heavy copper wire, and a small weight, like a fishing weight.





Begin with the wire straight. Wrap the wire around the dowel rod rather tightly leaving about a foot straight. Now slide a few coils of wire off the dowel rod so that they form the spring. Attach the fishing weight to the end of the straight rod.

In use, the dowel is the handle and the wire is held over the object or field being analyzed. Like the pendulum the Aurameter has its own language, depending upon the user, and so you should test it over a number of things to get an idea how it works.

As I said, the Aurameter has a sensitive touch and because of that can detect vertical flows of energy out the top of an amplifying pattern. You can test this by taking one of the amplifying patterns from that chapter and holding the Aurameter over the center of the pattern.

It is possible, in fact desirable, to use dowsing equipment in conjunction with the Psionic Amplifying Helmet. Everyone who has tried it has noticed an increase in their ability, but with certain variables.

In most cases, the helmet is tuned to the object or field being sought and then the dowsing process takes place. In some cases, however, the tuning of the helmet seems to interfere with the reception and when that occurs the helmet is used untuned, with the dials all turned to their farthest left position. That will correct the problem.

## MAP DOWSING

It is a common practice to dowse for minerals, real estate and lost people by using a combination of pendulum and map. The technique is quite simple and if you are going to use terrestrial energy it can save you a lot of time.

In order to do this, lay the map out on a table in front of you and concentrate upon the thing you are looking for, in this case a good place to use positive terrestrial energy. Hold the pendulum at one corner at the side of map nearest you. Allow the pendulum to swing freely and mark the direction of the swing.

Repeat the process at the other corner nearest you. Make two lines along the respective swings of the pendulum and where they cross is where you must look. That will give you the general location of the type of energy you are looking for.

When you arrive at the location the pendulum has chosen, use the detector rods to guide you to the spot where the energy is strongest. At that point test the energy with the pendulum to make certain that it is healthy. Once you have that piece of information, you may proceed to do your work with the energies in question.

## CHAKRA ANALYSIS

In any work involving healing it is necessary to know how efficiently the Chakra system is working. Take your 0 to 100 chart and ask the pendulum to give you a reading on the overall efficiency of that system. Write this number down for later reference. If it is under 50% your subject may be in real trouble.

Repeat the same procedure for each Chakra. When you are finished, you will have an idea of what Chakras need energy and these will be the ones you need to work on. As you work, be sure to test them as well as the entire system at periodic intervals to see if you are having the desired effect.

This just a brief overview for now, we will use look at this equipment in more detail as we go on.

# SPIRIT MACHINES

Using mechanical aids for spirit work is nothing really new. Every culture uses the technology that it has for this purpose. Just think of the shock the first drum must have created, a piece of animal or human skin stretched over circle of wood cut from a tree and then burned out in the center. The booming sound that it made probably caused the primitive humans hearing it to have nightmares, proof of contact with the spirit world, and the nearby animals would run in panic from the sound so out of their experience. As the first drummer beat his instrument, he probably discovered that the frequency of the strokes caused strange effects in himself and in the members of his tribe. It made them want to dance to the sound, to move in imitation of the beasts that served for food and clothing. The first drummer was the first Shaman.

The ancient Greeks used a machine called the Rhombus, literally, the Wheel. It was a simple wheel that was spun to the singing of the sorcerer. The act of spinning gave life to the song and the power of the chant was increased by the motion of the wheel.

In our time we relate to our machines far better than we do to nature. I remember one time we had visitor from a warmer climate come to our oft-icy Chicago area abode and, it being mid summer, all the yards and trees were green. As he was more used to the scrub of the desert, he remarked that one could really get in touch with nature around here. I answered, somewhat unkindly, that if he tried to get in touch with nature around here he would probably freeze to it.

When it comes to nature, I am no sentimentalist. Having lived through some very interesting Chicago winters and a couple of tornado near-misses I know all too well that nature does not necessarily like us. In fact, I think it works overtime to try to kill us. And that is the general view of our civilization. We depend upon our furnaces in the winter to keep us warm, our air-conditioners in the summer to keep us cool and electricity to keep us from going to sleep at night. We live in a world that does not need to worry about the cycle of the seasons for survival. And let us be honest, no one in his or her right mind would want to go back to a time when people froze to death in the winter, died of heat-stroke in the summer and had to go outside to a little wooden shed during a snowstorm to answer the call of nature.

Machines are our lifeline. And because machines are so important to our existence they play a huge role in our unconscious life as well. The relationship of the Machine to the consciousness of the Human is what puts the Techno into the Technoshaman. So let me explain by what I mean by machine.

A machine is a device, any device, which does work on behalf of a person. It translates energy into action. I am referring to devices which take the energy of consciousness and translates it for the user to do work. As I describe the instruments of the Technoshaman, this will become more obvious.

The basic machines of the Technoshaman are his Psionic Amplifying Helmet, his dowsing tools and his radionic Box. Among the other instruments he may use are a Hand Resonator or a Psionic Amplifying Plate.

The Helmet I have already covered in some detail. The Psychotronic Box is the next tool you will need and it has a fascinating history.

In 1910 Dr. Albert Abrams of San Francisco, whom I referred to briefly in an earlier chapter, was examining one of his regular patients, a middle-aged man who seemed to be quite healthy with the exception of a small ulcer on his lip. As the good doctor was doing his usual, routine examination, which included the obligatory percussing, or tapping of the patient's stomach, he noticed a hollow, thudding sound which somewhat puzzled him as he could think of no medical reason for it.

Now things get a little confusing. Dr. Abrams, for reasons known only to himself, had the patient turn and then tapped the tummy again. This time he got the normal sound. Well, Dr. Abrams, being the curious man of science that he was, was determined to get to the bottom of the problem so he spent the rest of the afternoon marching his patient around the examining room while tapping his tummy and probably charging him by the hour. Not only that, but remember that there was probably a waiting room of patients outside watching their beards grow while this was going on.

Anyway, out of this little episode, Dr. Abrams decided that the Earth's magnetic field had something to do with the changes in tummy noise. He then proceed to test lots of people by marching them around the room while tapping their tummies and making little tummy drawings showing which area made which noise for which disease.

Ain't science wonderful?

This line of research went on just swimmingly until one day a terrible thing happened. The good doctor got the same noise in the same place for one condition as he did for another.

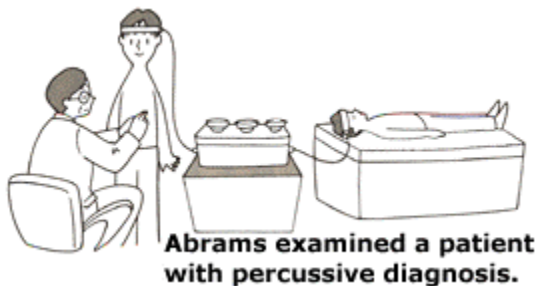
Horrors!

The doctor paced and puzzled over this problem for several days until he came upon the greatest solution in history. In his laboratory there was a simple, three-dial resistance box for electrical experimentation. Everyone who was anyone in those days had one. They may not have known diddly about electronics (but at that time no one did except Mr. Edison and a strangely well-informed foreigner named Nicola Tesla) but they had to have one, otherwise the neighbors would not think of them as being scientifically correct.

OK, I know I am having a bit of fun here, but there really is no logical reason for Abrams to have had that box handy. He just did. And it was a damned good thing too, because he used it to make a truly great, albeit highly controversial, discovery.

When he was studying different diseases to find their tummy reactions, he developed a rather simple experimental technique. He placed a sample of diseased tissue in a container behind a screen and had a probe attached to a length of wire that ended in an electrode attached to the forehead (right at the Brow Chakra) of a subject who stood while Abrams tapped his tummy.

All Dr. Abrams did was cut the wire and fasten it to the in and out binding posts of the resistance box. He then took the disease samples of the two that were the cause of his problem and first tested the one, turning the dials on the box until he got the appropriate tummy noise. He then repeated the process with the second and then noted the difference in box setting for each disease.

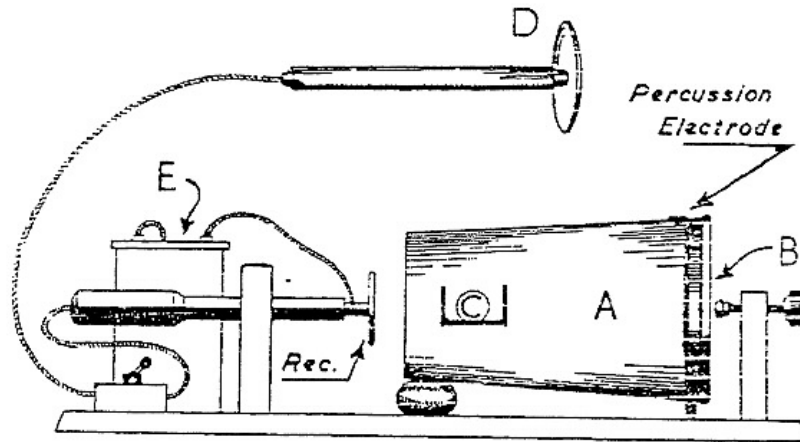


At this point Dr. Abrams made two assumptions, both probably fundamentally wrong, but he would have had no way of knowing that. First, he assumed that what he was working with was an electro-magnetic phenomenon, purely and simply with no other considerations. Second, that because all disease was electrical, it could be handled by electrical apparatus.

Now remember, at that time electrical stuff was still considered very mysterious and the state of conventional medicine was, by our standards, extremely primitive. It was also extremely cheap by our standards but that is a different book. (My last illness cost the insurance company literally millions of dollars and I'm worth every penny of it!)

Sorry about that. Anyway, Abrams went to work to perfect his system and somewhere along the way got real interested in all the psychic stuff that was going on. He was in San Francisco, remember. Besides, his fellow medical doctors were convinced that something large had fallen on his head during the earthquake so he had nothing to lose by forging ahead.

The first problem he had to deal with was the problem of the tummy itself. It was not the most reliable instrument. The subject could be having a bad day or suffering the after-effects of overmuch tofu (it was San Francisco after all). So a number of devices were attempted to try to solve this problem, the most extreme of which involved having the subject swallow a small, inflatable rubber thing attached to a metering gadget. This would allow the reactions of the stomach to be tested more accurately. It also could make the subject choke to death, and this minor little side effect caused the marvelous device to be abandoned, though it was later modified to respond to changes in blood pressure outside the arm. Ultimately the Abrams project came up with a device they called the reflexophone which was, in effect, an artificial tummy which was wired to the machine and tapped in place of the subject and looked like a bongo drum laying on its side.



- A. Cylinder
- B. Rubber Diaphragm
- C. Polarity Switch
- D. Wandering Electrode
- E. Condenser
- REC Receiving Electrode

Abrams, in spite of the difficulties of his task, discovered many things. He learned that he could diagnose a condition over the telephone, which in the days of operators and party lines must have made for some fascinating parlor gossip, especially when talking about the syphillis miasm, and ultimately that he could diagnose from blood and tissue samples of the patient. At that point the medical community went nuts.

Let us be honest, they had been pretty patient with the eccentric from the land of shaking buildings, but when he said that he could diagnose a condition with just a blood sample and a box of dials, their credulity was stretched to the breaking point.

Fortunately for Dr. Abrams, he died in 1924 and was saved the fate of his student Ruth Drown, who labored mightily in the post-Abrams vineyard and ended up in the slammer. But before we move on from Dr. Abrams towards our present day, let me give you a listing of what he discovered.

1. The human body responds to the magnetic field of the Earth.
2. The existence of the human energy field.
3. A thought would produce an energy that could be detected up to 40 feet away by the reflex of the subject's stomach.

4. Anger and other strong emotions were detectable up to 80 feet away.
5. Color affects the functioning of the brains.
6. The therapeutic effects of color.
7. Definitively proved that human psychic energy could be transferred from one person to another.
8. Psychic energy will effect photographic film.
9. Distant diagnoses.
10. Distant treatment.
11. The ability to use the reflexes of a recipient to send coded telepathy.

That is not a bad list of accomplishments for someone usually regarded either as an eccentric or a quack and if some of the methods he used are hilariously funny to us now, we are still much in his debt.

After Abrams, a number of researchers worked hard in the same area, which became Radionics. For the most part, they were concerned with healing diseases and much of the literature available is about that. Others were involved in agriculture and one, T. Galen Hieronymous, worked out a means of analyzing minerals and patented his machine as a device to do just that.

But while all that was going on, something else was bubbling underground, something rarely mentioned until I decided to start writing about it. These machines could have a profound, and not always beneficial, effect on the human energy field. It was possible, by means of them, to get into the human mind, which has been the thrust of much of my work.

But there was more. It was possible to deal with the other worlds with their aid as well.

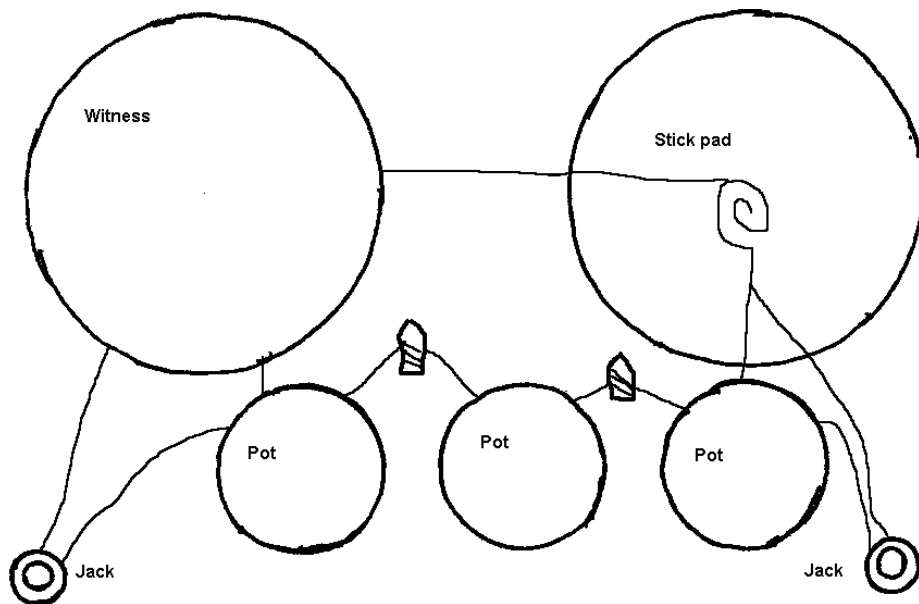
With that in mind for our future discussion, let us look at the instruments of a Technoshaman.

The radionic box is a simple instrument, as are all good Psychotronic instruments. The models I use have between three and twelve dials, depending upon the nature of the work being done. It is a general rule



that the more dials you have the more accuracy you will have in your work, but after a time the number of dials can become so unwieldy that they become actually counter productive. I have seen photographs of instruments of 50 or more dials and I can only think with horror of the amount of work that goes into using one of them. Most healing instruments are set up for nine or twelve dials because that is a standard in Europe and the rate books that are used in healing practice are written with those type of machines in mind. The standard three and five dials units are usually more than sufficient for the work of the Technoshaman as we depend more on our souls to do the work and less on printed rate books.

If you will look at the figure, you will see that the box is a simple series circuit, beginning at the witness plate, running through the potentiometers, to the stick pad. The jacks are wired into the system for both input and output. These are there that the helmet and other instruments may be plugged into the system.



The key to the use of the mind power device, the box, is the rate. Now when old Doc Abrams invented rates, he was of the belief that disease states, and subsequently mental and emotional states, could be expressed in ohms. That purely electronic idea has long since been abandoned ever since Ruth Drown and later George Delawarre proved

that the energies being worked with were not electrical in nature. In fact, the usual radionic instrument makes no electronic sense at all, especially the Psionic Helmet. In our case, the rate is an arbitrary way of defining a geometric relationship within the potentiometer itself and the series of these relationships places the instrument in contact with the energy field being worked with and allows for manipulation of that field to bring about a desired end.

Let me give you an example. Your friend has a real problem with something floating around in his Astral field and wants to correct it. You take a photograph of your friend and lay it on the witness plate of the box and set the box to the rate for his Astral field. At that point, you have established a link between your own consciousness and his field, because the box is nothing more than an extension of your own consciousness.

Once you have done that, you take your Psionic Helmet and plug it into the box as in the figure. You then repeat the rate-taking process with the helmet. You move the photograph to the stick pad, which functions as the output side of the circuit and plug your helmet into the input jack.

Once you have done that, you can now psychically enter the Astral field of your friend, find the problem and apply the energy to fix it.

This is the technique also used in travel to the outer worlds and will be covered in the next chapter.

The box can also remove the problem by itself. Once you have determined what the difficulty is, all you need do is set the machine for the rate of the problem, which is done by writing it down on a piece of paper and laying on the witness plate along with the witness sample, taking the rate and then going through a balancing procedure. Balancing is relatively easy. You merely subtract the rate on each dial from ten and reset the dial to that new number. The box then produces a resonance that Delawarr likened to sound waves, which are psychically transmitted to the subject by means of the consciousness link created by the box. Once at the subject, they will begin to work to balance out the harmful energy pattern present in the field of the subject.

You can use the box to bring energy into yourself.

PERSONAL CHARGING WITH BOX AND HELMET

To do this you will need a charged witness, something that will hold a psychic charge of desirable energy. This can be a relic considered sacred, a sample of earth or water from an area of high energy or a photograph of that area. It can be anything, provided there is a link to an energy source that you feel is desirable and is not, in fact, harmful to you. For example, it is possible to use a crystal that is not compatible with your system. To do this can be actually dangerous and in the early 1980's when crystals first started as a fad, people would try using them for healing and because they did not know how to read the energy fields of the crystal actually managed to make people sicker. It was not a pleasant thing and did much to cause those of us who were a bit skeptical to doubt whether there was any value in crystals at all. That was combined with the fact that they were, at that time, a bit hard to find in these midwestern parts. I kept up an attitude of interested disbelief until the end of May, 1987.

I was at the American Booksellers Association convention in Washington D.C. helping to sell my first book on Psionics, *Psionics 101* (later renamed *Psychic Power and now Elementary Psionics*). Now I have a little problem with my back, or actually my shoulders and if I move just the wrong way every muscle in my shoulder goes weird and if nothing is done about it, usually a combination of massage and muscle relaxers, I will go into muscle spasms in a couple of days.

Guess what. My shoulder went out the first day of the convention and there were no boxes of epsom salts around. I was in a bad way and it promised to get worse.

Well, Llewellyn had published Michael Smith's book *Crystal Power* and to help sell it had a number of his rods and a very large crystal in the booth. Any old port in a storm, as the ancient mariners rhymed, so I went over the crystals with my pendulum to see if they were safe for my field and picked the large one as being perfect. I then held that crystal over my shoulder and visualized a healing light coming out of it and loosening the muscles. The pain left and I was able to function normally for the rest of the convention, at least as normally as one can with lack of sleep and strange food.

I also became a crystal convert, and I hope a rational one.

So if you use a crystal, or any other source, check it first. You can save yourself much trouble.

Having done that, take the rate for the type of energy you will need. It is possible that a number of different energy types are available.

Plug in the helmet and repeat the procedure. Be certain after you do this to move the helmet cable to the output jack.

Sit in the Egyptian Posture and put on the helmet.

Breathe in the energy, as you have done before, but this time know that you are absorbing the energy from the source you have placed in the machine circuit. Allow that energy to fill you and keep this up as long as you are comfortable. Unlike the pure Universal energy, it is not necessary to return this energy to the cosmos, but you may retain it as long as you wish.

The Hand Resonator is the Psionic equivalent of the magick wand. It takes the information placed in the Etheric field, amplifies it and directs it towards the subject.

The palms of the hands contain minor Chakras. Usually they are biased so that the left hand is primarily a receiver of energy and the right hand primarily an emitter. In some people, this is reversed and the test for this is to hold the pendulum over the left hand see if it swings positive or negative. If it is a negative swing, the left hand is receiving.

This arrangement is the true secret of the Holy Grail. In the Grail legend, there is not only the Grail but the Lance and neither one is of any use without the other. This fact is usually given a sexual significance, but that is not the real case. The Grail receives energy and the Lance fires it out. For them to be properly used, the Grail would have to be held in the receiving hand and the Lance in the emitting one. This would create a complete circuit of power.

The Hand Resonator is a very simple unit. It consists of a contact plate, an amplifier and a crystal antenna. There is also a jack attached to the amplifier to plug the unit into other equipment, such as the Psychotronic box or the Psionic Helmet.

#### MAKING THE HAND RESONATOR

The Hand Resonator is very easy to make. It takes a little time but is well worth the effort.

You will need:

A walkie talkie

A quartz crystal

two small pieces of metal

a hard, plastic tube

two screws or a small jack

some wire

Some magnet strip.

Take the walkie talkie apart but be sure not to break anything.

Drill two holes in the front of the box.

Drill a hole or two in the top for the screws or the jack

Disconnect the antenna.

Attach wires to the speaker/microphone to run out the front and to attach to the screws or jack

Attach another wire to where the antenna would be.

Run the wire through the tube and glue it to the crystal

Glue the crystal into the tube with a good epoxy.

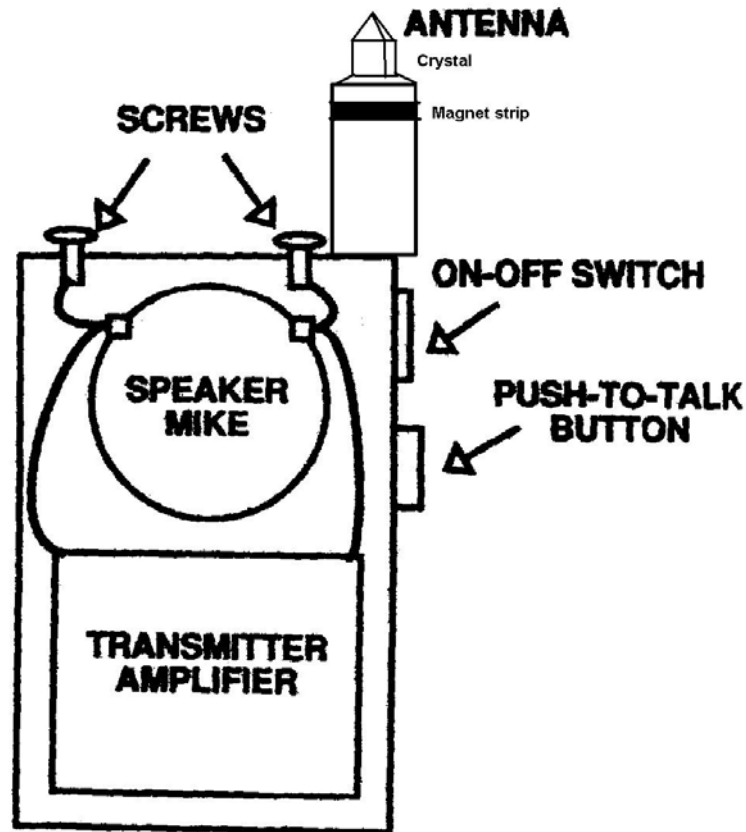
Put the stuff back into the case running the wires from the speaker/mike out the front and out the top.

Glue the tube to the top of the case where the antenna would have come out.

Glue the two pieces of metal to the case, each one over a wire coming out the front so that you have two contacts when your hand holds the walkie talkie.

insert the screws in the top holes and twist the wire around them. These are binding posts for attaching the resonator to other instruments.

The completed device should look like the illustration.



In use, the Resonator is held in the emitting hand, with the palm touching the contact plate. This creates a circuit to the Chakra. As you concentrate, you are putting energy charged with information into your Etheric field and when the Resonator is in contact with the chakra, it is in very strong, direct contact with that field. In fact, if a sensitive voltmeter were to be attached to the output of the resonator, it would detect the change in power of the field as you concentrate.

Once you have the information flowing, the amplifier in the Resonator takes the signal and as the power of the field can be electronically amplified, it is. This up-powered information is then fed to the crystal for a final boost and from there it goes to wherever you wish to send it.

## BASIC HAND RESONATOR WORK

1. Hold the Hand Resonator in your emitting hand and turn on the amplifier. Run the Resonator near your other hand with the crystal pointing at it, but not touching it. See if you can feel the energy coming out of the unit. This is usually felt as a change in temperature, such as a coolness, over the point of the crystal, but sometimes it is a vibration.

2. Acquire an assistant. Have the assistant keep his or her eyes closed while you run the Resonator near the body. Does your assistant feel any energy coming out of it?

At this point you should be aware that the energy output of the Hand Resonator is considerable. Some people will feel it shoot right through their bodies.

3. Go outside and look at the sky. Find a convenient cloud. Point the Resonator at the cloud and will it to disperse. See how long it takes for the cloud to break apart.

## DISTANT WORK WITH THE HAND RESONATOR

Choose a friend who is need of some help, perhaps a healing. Sit in the Egyptian Posture and charge yourself with Universal energy. Hold the energy in and pick up the Hand Resonator. Turn on the unit and visualize the helping energy flowing from you, through the Resonator, to the Etheric field of the person in question.

It is best to do this type of work with a person you know. Let us say that your Aunt Letitia has a bad case of Lumbago, whatever in hell that is, and her constant griping has the whole family upset. Having successfully resisted the desire to put her out of her misery by the simple expedient of shooting her, you decide to use the Hand Resonator. You wait until she is having an attack and then give her a treatment while she is on the phone with your mother complaining about it. She suddenly feels better and everyone is happy, especially your mother who was about ready to hang up on her.

Or let us say that her husband, your uncle Zoltan, is having one of his bouts of kidney trouble and has to run to the bathroom every ten minutes lest he do something embarrassing on the carpet. This can become very annoying and thus you give him a treatment by sending the energy to his kidneys. This sets up a corrective pattern in his Etheric field and the cold is now very unwelcome and soon departs his system, to the great relief of everyone else who wants to use the bathroom.

The Hand Resonator is also designed to be used in conjunction with the Psionic Helmet and the box.

When used with the helmet the energy from the helmet is channeled into the Resonator and fired out from the antenna. This permits a more directional specific use for the Helmet energies.

For example, you wish to direct the energy to a specific body part. With the helmet tuned to the condition you are working on, you plug it into the Resonator and point the Resonator at the specific area you are dealing with.

The Hand Resonator may also act as an external, amplified antenna. In that case, you would merely set it on a table after connecting to the helmet and turning it on. This will give an added boost to your system.

When used in conjunction with the box, or the box and Helmet combination the Resonator functions in the same was as if only attached



to the helmet. The box, however, gives greater accuracy in tuning or directing the energies being used.

## THE PSIONIC AMPLIFIER PLATE

This device is also known as the Star Blaster. It is designed to aid in travel to the outer worlds, as well as spirit communication.

Like the Hand Resonator, the Amplifier Plate is constructed with a jack for attachment to either the Psionic Helmet or the radionic box. The pattern in the center is a amplifying pattern based on a combination of the Magnatron and the Flanagan Sensor II disks. The two plates on the sides of the pattern are for the hands of the operator, who sits with the instrument on his or her lap and works through the machine. The energies from the hand chakras are combined at the center point of the amplifying pattern and work through there.

I will discuss this instrument's role in spirit travel in greater detail in the appropriate chapter. The Amplifier Plate may also be used an external antenna for the helmet and box. In such use, the receiving witness is placed on the central plate of the box after a rate has been taken on the other instruments. The amplifying pattern on the instrument adds a significant power boost to the signal being transmitted.

You can also use the Psionic Amplifying Plate as a transmitting instrument to send energy to someone. Merely place a witness of the person in the center of the amplifying pattern and lay your hands palm down on the hand plates. As you send energy into your hands, the machine will take it from your Etheric field and move it into the amplifying field of the pattern where it will be given a power boost and sent on its way to the subject.

The Amplifier Plate is also an organic part of the Biomagnetic Chair System, which is designed to protect the operator from noxious external influences while at the same time promote powerful transmission of energy. That system will be discussed in full later.

## MAKING THE AMPLIFIER PLATE

You will need:

1 amplifying pattern

2 rectangular foil plates

1 small jack

1 foil circle the size of the central circle of the amplifying pattern

some wire

a cardboard sheet or box top about two feet long.

Punch four holes in the cardboard, one in the center, one on each side some distance from the center and one towards the right edge. Put a hole in the center of the amplifying pattern.

Glue the pattern down in the center of the board.

Make three coils of wire with long trailing wire on each and place them with the coil on one side of the board (the center one through the hole in the amplifying pattern and the trailing wires on the other side.

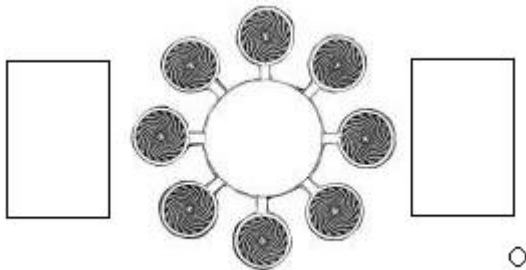
Put the jack in the far right hole.

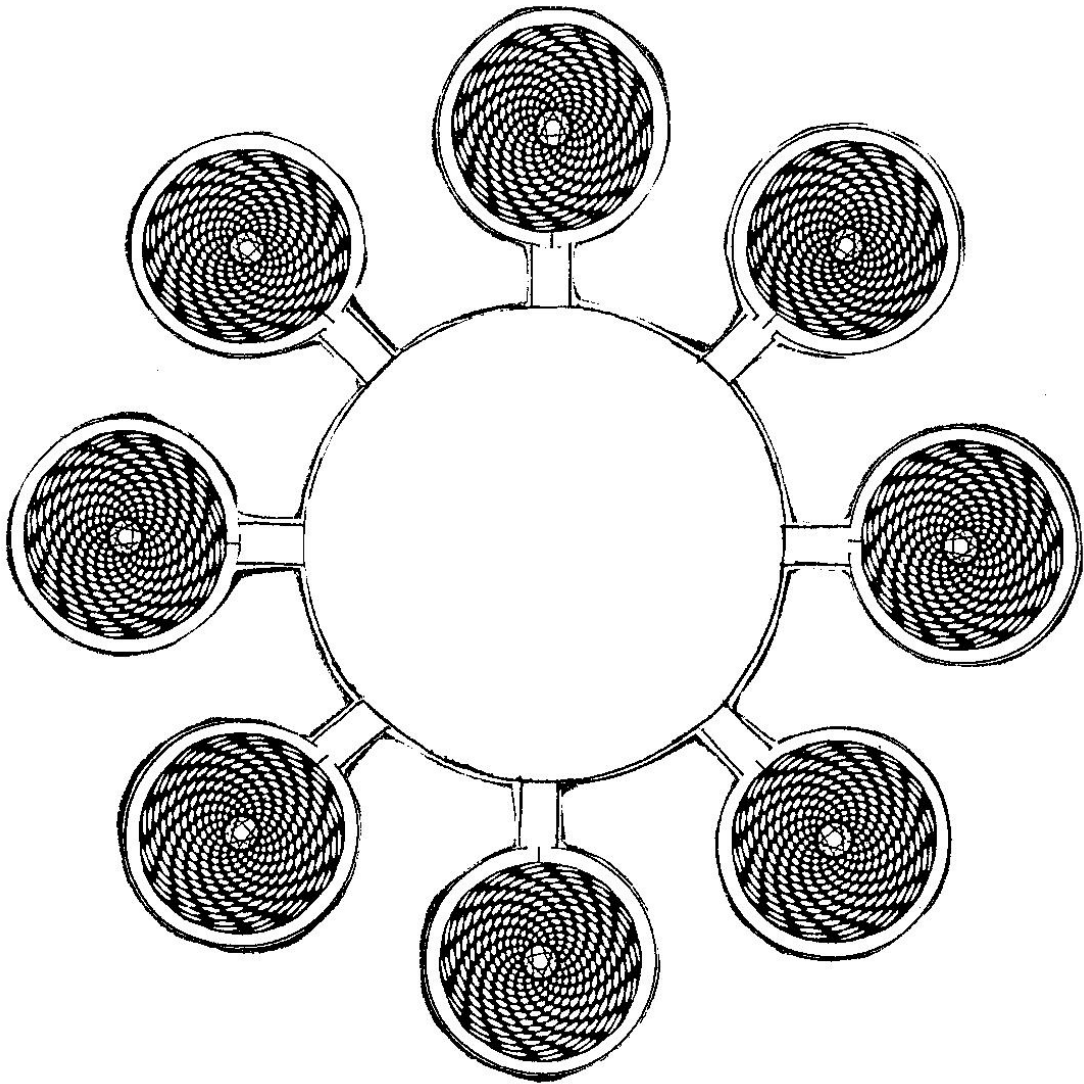
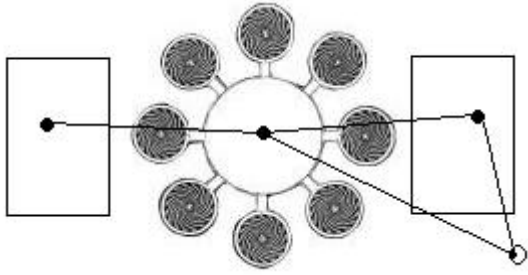
Turn the board over.

Wire the two side coils to the center coil wire and wire the jack to the center coil.

Turn the board over again.

Glue the rectangular foil pieces over the coils to the sides of the amplifying pattern and the round piece over the center of the pattern, covering the coil.





# SPIRIT JOURNEY DEVICES

The Shaman takes his journey. He travels down a long cave until he finds himself in the spirit world. There, he encounters various living creatures who impart knowledge to him and finds objects of power to bring back to the world of men. Such is the way of the Shaman.

The Technoshaman also takes a journey. He travels to the outer worlds by various means and ultimately attains his goal. Unlike the traditional Shaman, however, he maintains a greater level of control over his ultimate destination. This control is provided by his machines.

There is also one other item that is of use to the Technoshaman, one which will not absolutely necessary is quite helpful when properly used and that is a pyramid.

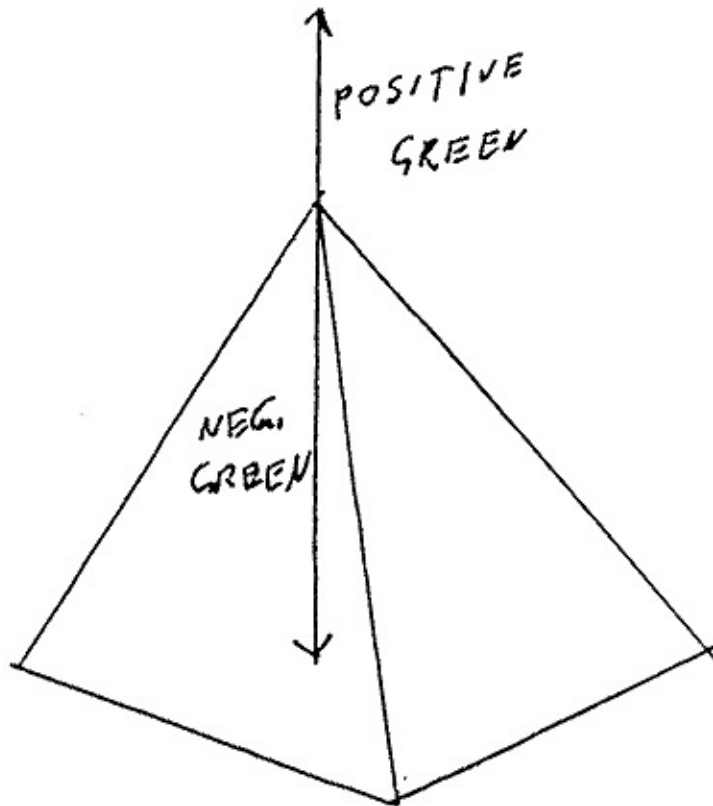
My old readers may express some surprise at this. After all, I have a reputation, as a result of *Psychic Power*, of not being a great fan of pyramids. Let us say that I am not exactly a fan of some of the ways they have been presented and used.

The pyramid fad began as a response to the fact that strange energies exist inside a pyramid and these energies could cause things to happen, such as sharpen razor blades and mummify things. Now let us be honest and admit that there is little practical use for either function. I am not likely to place my electric shaver under a pyramid and the last thing I want is something mummified, like my brain. And thus when people started wearing the damned things on their heads I had a small conniption.

That, however, does not mean that pyramids are useless, only slightly dangerous. You see the energy that comes out of the underside of a pyramid is pure Negative Green.

As you can see from the figure, there is something in the pyramidal structure that changes the nature of the energy, reverses it actually, at the peak. All the energy that goes out is Positive Green and all that comes down and in is Negative Green. But inside the broad swath of Negative Green is a narrow band of healthy energy that Christopher Hills termed the Pi Ray. It runs down at about 6 degrees off center from the top of the pyramid and can actually be healthy. It can also be a bit hard to find in all that yucky Negative Green. But that explains the peculiar

feature of the King's Chamber in the Great Pyramid with what is commonly considered the Royal Sarcophagus placed at that angle off center.



Now that should not seem to make much difference. After all, the Pharaoh is kind of dead and if you really want to honor him you would be more likely to place his body under the center of the pyramid, where it should be well and properly preserved.

There is only one little thing wrong with that idea. When Pharaoh went into the Kings Chamber, he was not dead and strongly expected to come out alive. Because new evidence seems to indicate that the Great Pyramid was not intended to be a tomb. It was an astral projection launcher!

Now I know that for my regular readers, it will seem that Uncle Chuckie has lost his cheesie pieces, but there is some very good evidence coming

out that the pyramid complex was built to duplicate the constellation Orion and that the two small air shafts in the Great Pyramid originally pointed up in that direction. What the hell they needed those air shafts for has always been a great mystery up to now because dead Pharaohs do not breathe.

Therefore the great question has become: "What was this architectural monstrosity built for in the first place?"

And I guess I get to give you my answer. It was a shopping mall! Just kidding. The Pharaoh used the sarcophagus as a bed, of sorts, in fact in his time it was probably well padded, to lay down and project himself using the energies of the Pi Ray out of the pyramid to communicate with spirit beings in the general direction of the constellation Orion.

There is, of course, another possibility. While the exact means of construction are a bit of a mystery, there is no question that the pyramids were erected by humans. There is actually graffiti at certain points on them that were left by the workers. And the pyramidal design is no great mystery at all. It is the closest thing to a mountain most ancient Egyptians would ever see. The giant pyramids are human attempts to duplicate nature. But as to the ultimate purpose, let us suppose, purely for the sake of conjecture lacking any real proof, that the beings that Pharaoh was visiting were not purely spiritual, but space people. It is not impossible.

Pharaoh would have to be the one to do it. Not even the Highest of High Priests would have the divine rank to speak to the gods directly in that way. There would be a time of ceremony, as Pharaoh announced to the royal court that he was going to journey to the stars to speak to his brother gods. After the preparations were made and appropriate offerings given, Pharaoh would enter the pyramid accompanied by priests and musicians to sound him on his way. At the end of the Grand Gallery, he would leave them and enter the King's Chamber alone.

Laying down in the sarcophagus, he would enter a trance state and be bathed in the faint star-light coming in through the air shafts. The light may not even be strong enough to be visible unless one stood and looked directly out the shaft, but its energy could be felt and Pharaoh bathed in it. Then there would be the moment when his spirit, energized by the forces of the pyramid structure itself, would shoot out of the body and fly up through the stone of the pyramid, following the flow of energy out the top. His spirit would fly through the vastness of space until he reached

the Belt of Orion and there he would enter the Hall of the Gods to communicate with his divine brethren.

After a time of this, his spirit would return to the body in the Pyramid and he would emerge from the King's Chamber with the message from the gods, to the great rejoicing of the populace that Pharaoh had once again returned from the land of the dead.

After a time, this practice was lost, for whatever reason. The Great Pyramid was sealed so that none could repeat the journey and the capstone was even knocked off the top to prevent it from happening again.

Why? No one may ever know. Perhaps the gods did not give a pleasing answer. Maybe Pharaoh was jealous of the possibility that someone may take his place.

The first indication that I had that a pyramid actually had some practical use was a few years ago when I was at a convention and a rather eccentric friend of mine had brought a pyramid, a big, frame pyramid and set it up on the grounds outside the main meeting hall.

I had brought some of my equipment with and that evening a group of us were gathered by the structure, my friend expounding and me trying not to laugh at him. Anyway, he offered to let us try it and not willing to be turned into a mummy, I more or less declined the offer to sit under it but rather offered to let people try my helmet under it.

This idea went over quite well and someone (I actually think it was me) came up with the idea of clipping a wire from the helmet jack to the copper cap of the pyramid.

This was done and the first person to try it was a young woman who reported that she found herself looking at a galaxy from out in space. I sort of thought that she was kind of out in space already so I did not pay much attention to it at let someone else try it, who reported that he got a headache.

So far, nothing of any use, right? Well, as time went on, I experimented with small pyramids on normal Psionic gadgets. As I was doing that, I spent more time wondering about the type of energy flow that a pyramid produced and what else could be done with it. One feature of the pyramid is that it amplifies in both directions. Not only does energy flow

into it, but out of it as well. Could that energy be used as a carrier for things other than Psionic signals?

When I first began experimenting with Psionics, I built a machine that incorporated a small (100mw) radio transmitter. Reasoning that the carrier wave of the radio could be used to carry lots of things, I created a procedure where I would use the carrier wave as boost in mental traveling, following the beam, as it were. Well, if pretty standard electromagnetic stuff could do that, why not pyramid energy, the great unknown?

It was a good idea, but I needed two things, first, a pyramid big enough to work with. That was obtainable simply because when you deal with as many unusual people as I do, several of them are bound to have such things lying around the house.

The second thing I needed was a victim. It would be impossible for me to supervise the experiment if I was the one doing the flying and if something should go wrong, one of us had better have the brains to do something about it.

In fact, I intended to monitor the subject with my Psionic gear. For those of you who are science fiction fans, Robert Silverberg concluded his *Nightwings* trilogy with the reconstructed Watcher using a similar procedure to join his girlfriend in flight.

I brought the subject up to my study group and over several six packs of beer we discussed it. One young woman volunteered and then we sat around wondering how we should go about the project.

First we put up the pyramid. That necessitated not only getting it into the house with some very confused cats trying to help, but putting it up. I shall be forever grateful that no one videotaped that because I would never live it down. I am the world's worst klutz when it comes to putting anything big together and the old adage about cooks and broth combined with Krishnamurphy's Law, which states that anything that can go wrong will at least ten times, made this one of the most absurd experiments of my life.

Once the damned thing was up, I went in with my Aurameter to find the safe zone while the rest of the group mummified the subject in cloth strips. Don't ask me why we did that. I don't think it was my idea, which I'm sure comes as a surprise to those who know me. But it did make sense because it meant that she would not be accidentally moving out of



the safe zone into the real Negative Green and the natural relaxation response from not being able to move would help her overcome any blocks to taking off. Of course, if someone came over they would be real surprised.

Then came the matter of getting her into position under the pyramid, without knocking anything over. That was fun! After that little preparation was concluded, I set up my box and helmet, tuned them to her witness sample so I could monitor the journey and away we went.

And I mean away!

Her astral body separated in a matter of seconds and we flew out of that pyramid like a rocket that had beans for dinner. I mean we were really going. It's a darned good thing they don't have traffic cops on the astral plane because we would have run them over. We were out of the Solar System before I even was beginning to grasp what was happening. It was actually a bit scary and I was tempted to start bringing us back when we slow down and found ourselves looking at Thoth. I mean it, the god Thoth was standing there, bird-head and all.

I just sort of watched while she had what seemed to be rather lengthy conversation with him on pyramid dynamics and he congratulated her on finally figuring out what it was made for. I was a little miffed at that, after all, it was *my* idea in the first place.

After that, we floated around the stars for a little bit, almost got run over by a comet and then headed back home. I got out of the helmet while the rest began to unwrap our traveler and we spend the evening downing brandy and going over the trip and what it meant.

All I can say is that if you are going to use a pyramid for spirit travel, you may be in for one hell of a trip. Other than that, what you will experience is going to be up to you. Everyone is different.

But I can give you a few pointers.

First, it is best to use a pyramid that is large enough to lay down in, just off center so that you can use the Pi Ray.

Second, you can fly blind, as we did, or once you are adept at using the Psychotronic box you can use it to lock yourself into any destination. This is done by setting a rate on the box and placing a large, foil plate on the floor under you. Take a sheet of aluminum foil and glue it to a piece

of thick cardboard or posterboard. Attach the leads of a patch cable to the foil and then plug it into the output end of the box.

Third, it is best to be strapped down under the pyramid while making the journey. This will keep you on the plate and in the Pi Ray. Contrary to popular belief, the physical body will move during an astral journey just as it does during sleep.

It is best to set a timer in all spirit journeys to make sure you get back.

It is very rare that one does not, but if that happens, somebody has to dispose of the corpse. The ringing of the timer will pull you back to your body if that should become necessary.

As far as clothing goes, less is more. Total nudity is best for this because clothing has a bad habit of hitting annoying spots when you are relaxing. It also allows for a good contact with the body plate.

Be certain that you are under the Pi Ray. Test the field under the pyramid with both pendulum and Aurameter.

It is best to do this sort of thing in subdued light, or wear a light blindfold. Light in the eyes can be very distracting.

The elaborate preparations of a large pyramid are not necessary for spirit travel. The Psionic Amplifier Plate is designed to make such journeys simple with easily transportable equipment.

The use of this instrument requires very little work, but a certain skill is necessary. In particular, you have to be able to place your consciousness in the center plate of the machine. This requires a bit of imagination but it is not too difficult once you learn the trick of it.

You begin by sitting comfortably in the Egyptian Posture, with the plate resting on your thighs. Lay your hands, palm down, on the hand plates to each side of the amplifying pattern.

Begin to meditate and as you do, feel your consciousness moving through the palms of your hands into the plate until you can imagine yourself standing in the center of the amplifying pattern. At this point, study the energy that you feel. There is a vortex spinning upward out of the very center of the pattern. This vortex of energy is the force that speeds the energy of the pattern to a receiver when you use this instrument as a transmitter.

Take a look around. You should see the pattern as landscape with you standing in it, almost as though you had been miniaturized and plopped down on top of the instrument. You may see other features as well, depending upon your own consciousness. Feel free to explore these features and converse with any creatures you may encounter.

Return to your normal state and make notes about your experience.

An interesting feature of the Psionic Amplifier Plate is that it can act as a doorway to many different parts of the astral world. By placing a geometric pattern on the center plate, you can transport yourself to the region that corresponds to that pattern.

You can prove this for yourself. Draw a circle, about three inches in diameter, and make an equilateral triangle inside the circle. Now place the circle in the center of the plate.

Lay the plate on your lap and meditate as you did before. As soon as you find yourself in the middle of the pattern, look around and study your environment. I remember the first time I did that, I found myself in the center of a bleak landscape with the triangle forming a pattern in the ground of some size. I could see the outer circles of the pattern in the distance but as I walked towards them, they seemed to move away, as if the pattern was growing with my movement. The pattern became in effect a world unto itself.

This experiment should be repeated with many different patterns inside the circle. You will notice that each pattern opens its own world.

#### THE WITCH'S CRADLE

This is a scary tool. For one thing, in its pure form it is not very common. For another, it can cause real problems for anyone with claustrophobia, so if you have that, read on. I am including an explanation here because people ask a lot about it, but except for a few references, there is little information readily available on the subject.

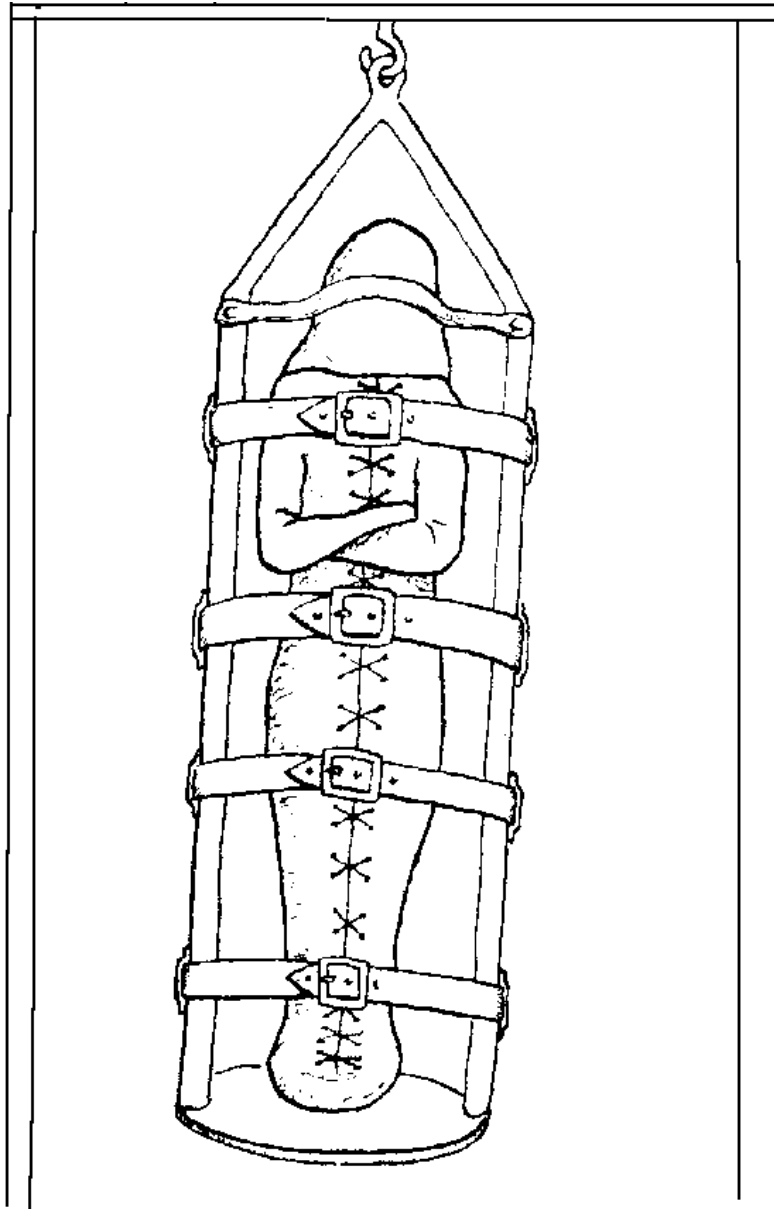
The device itself, in the form it is commonly presented, looks like something out of an S/M manual. And not without good reason. The individual using it is strapped in to prevent as much movement as possible and the device is allowed to swing freely. It is probably the most extreme sensory deprivation device available and should not be used except with the greatest of care.

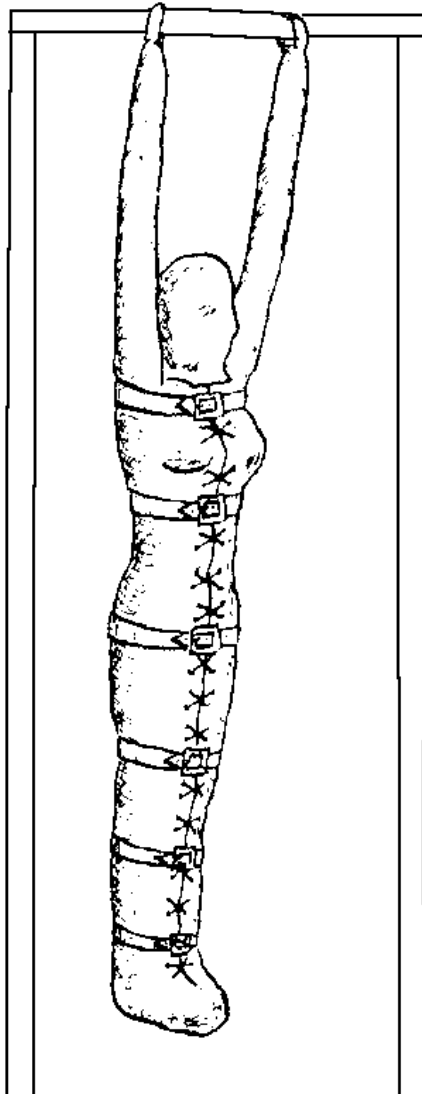
However, as there are those who will use it, I will explain the device.

It is impossible to give any form of exact history of the Witch's Cradle. One version I have read implied that it was torture instrument designed to so disorient the victim as to cause confession. The more common explanation was that it was to aid astral projection. The latter would, in fact seem to be the case. I first encountered a reference to it in William Seabrook's *Witchcraft, Its Power in the World Today*, but he gave no

details as to its construction. In the 1970's, Robert Masters and Jean Houston experimented with a model of it and were supposed to publish their study of it in a book to be titled *New Ways of Being*, but the work apparently was never put in print, at least I have never seen a copy or reference to it. If any of my readers has seen it, please let me know through my publisher. A photograph of their device was published in *The Book of Highs* in 1973.

In 1964, an article was published in *Minute Scope* under the pseudonymous authorship of Gnosticus and later reprinted by Llewellyn Publications in *Gnostica* in the 1970's. The illustrations are from that article.





In its barest essence, the Witch's Cradle is nothing more than a swing in which the person is attached and allowed to move on a hook. The Masters and Houston version was a metal device, a small platform in a frame hanging from a pivot with a pole along the back. The victim was strapped to this pole and blindfolded. The resulting disorientation would produce results rather quickly and a commercial version was contemplated for the benefit of adventurous seekers.

The two versions I have illustrated are a bit more extreme. The first, is a platform with two side bars attached to a single pivot point in a frame. The person in the swing is first placed in a straight-jacket like arrangement and then in a hooded bag which is laced tightly along the body. There is also a strap to hold the head in place.

This version can be downright dangerous. If the body is held erect and motionless for any length of time, unconsciousness will result from the lack of circulation to the brain. And it comes on very quickly, with virtually no warning to the victim.

The second version is a leather suit designed to be laced over the subject with the arms enclosed and held over the head with attachment points over the hands, with the body being supported by the suit itself. Again, the total lack of movement presents the same problem.

The Masters and Houston design is the safest of the three. The person in it is allowed enough freedom of movement to prevent passing out and the construction was sturdy enough to prevent the more serious danger of the apparatus falling with the person inside.

So does the Witch's cradle have any benefits that outweigh the difficulties it presents? Properly used, the answer is yes.

First, you must understand that physical restraint produces a relaxation response. That was the whole idea behind the straight-jacket in mental institutions in the first place. When movement is prevented, an electro-chemical system takes over that naturally calms the person.

Second, sensory deprivation allows for greater access to the outer worlds. As more of the physical stimuli are shut down, the more the parapsychical can take over. By removing even the sense of gravity, the Witch's Cradle allows a significant psychic event to occur.

If you should decide to experiment with the Cradle, there are a number of safety factors that you must keep in mind. First, there is the very real danger of claustrophobia. Try out the binding and hooding arrangement on the ground first, to make certain that you do not have a panic attack.

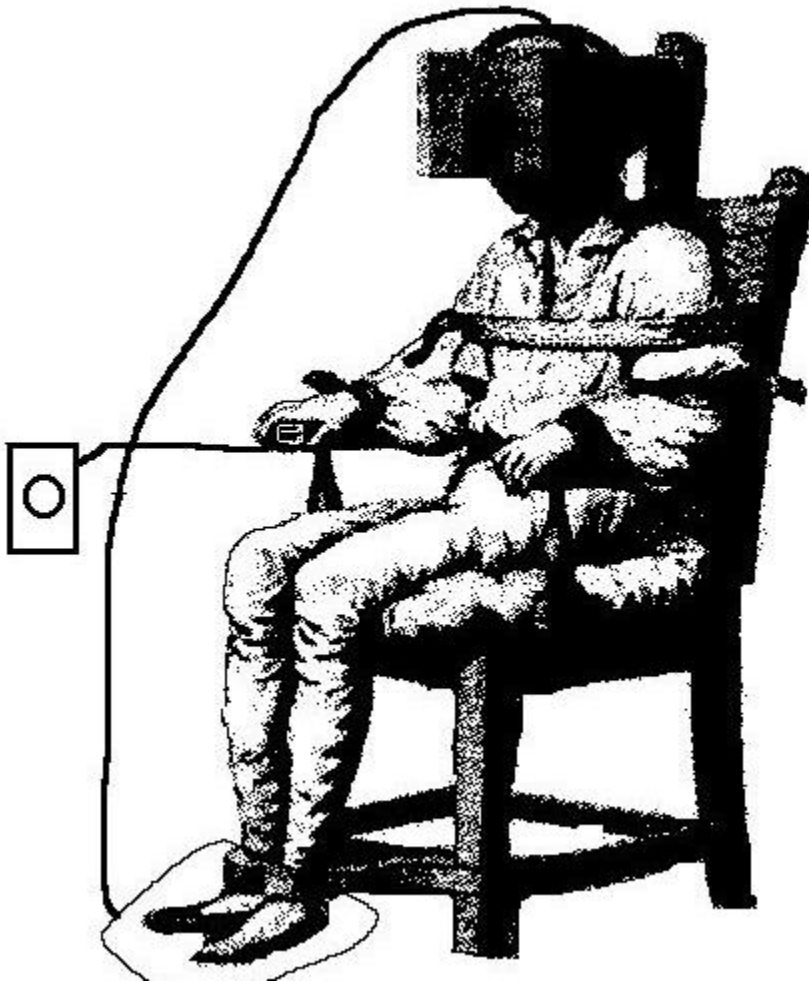
The second thing to worry about is the security of the equipment. Do not just put a hook in the ceiling. Make certain that the device will not come crashing down or fall apart with you or anyone else in it.

Third, be certain that a second party is present at all times. Work with a set time limit and make sure that the assistant stops the experiment and releases the subject when the time is up, no matter what is going on. Use a loud-ring timer to bring the subject back to the physical body.



A much better device to utilize the factor of restrained movement is the Biomagnetic Chair, otherwise known as the Hillerman Biocircuit. This system keeps the person in place while at the same time blocks any incoming energy.

The essentials of the Biomagnetic Chair are a sturdy armchair, a plastic lawn chair will do, a foil plate for the feet, a Psionic Amplifying Plate, a contact plate (foil) on one chair arm to attach to the input jack of the Amplifying Plate, a headpiece, which is nothing more than a cardboard box padded with foam rubber attached by a length of tubing to the back of the chair to fit over the head with a contact plate inside that fits on the Crown Chakra and is wired to the foot-plate.



The idea behind this chair is to utilize the best of a number of worlds. The connection between the Crown Chakra and the foot plate creates a closed Etheric field system. While this system is in operation, it is impossible for any but purely physical force to penetrate. It will even

block out the effects of the Montauk Device, a high-powered mind-control system developed by the government some years ago.

The restraining straps and head-box prevent most movement, setting off the relaxation cycle and the sitting position removes the difficulty of the Witch's Cradle, namely the danger of passing out while allowing a free flow of Universal energy.

The hand plate connected to the Amplifier Plate allows for an outward flow of energy and thus it is possible to send energy to a person or engage in spirit travel while in the chair. The Psionic Helmet may be substituted for the headpiece with no difficulty.

In use the operator is strapped into the chair and meditates, first filling with the Universal energy. This energy is then cycled up through the Chakra system and then directed down the arm to the hand on the contact plate. The cable conducts the energy to the Amplifier Plate and thence out to the Universal field itself.

When used in spirit travel, the same method can be followed except the consciousness is sent into the Amplifier Plate through the hand. Some people have difficulty with this method. In that case, it is usually because the person is used to the spirit exiting by the head or the Solar Plexus Chakras.

The problem of head Chakra exit is solved by replacing the box with a Psionic Amplifying Helmet. The cable to the Amplifier Plate is plugged into one of the four jacks and the foot plate cable plugged into one of the remaining jacks. This will allow for free exit from the head.

In the case of the Solar Plexus, a plate can be made out of foil that is strapped to the body at the level of the Solar Plexus Chakra. The cable from this plate is then plugged into the Amplifier Plate and exit is then made through that path.

A further refinement of the Biomagnetic Chair system is possible by the addition of the radionic box. This box is tuned to the destination and can be either wired to the helmet to further attune the traveler to the destination, or it can be wired in between the outgoing contact point, be it helmet, hand plate or Solar Plexus plate and the Amplifier Plate. Again, it defines the path of the conscious energy.

THE PSYCHOMANTIUM

The Psychomantium is a system developed by Dr. Raymond Moody as a means of recreating an ancient oracle that will allow people to come in contact with the dead. It can also be used as a gateway to the outer worlds.

The Psychomantium is a room that has been set aside for this purpose. Its walls are covered in a dark cloth that cuts out light and reduces sound. There is a mirror at one end of the room and at the other is a low easy chair. There is low level lighting so arranged as to not reflect off the mirror when the chair is sat in. Likewise, the person in the chair will not see his or her own reflection, but rather will gaze into the clear depths of the mirror.

The key to the Psychomantium is preparation. The person who is going to use it to contact a dead friend or relative immerses himself in memories of the deceased and thus when sitting in the room is primed to see the person. In spirit travel, the mirror is used in the same way as Alice used the looking glass, as a doorway to the outer worlds. It is a method of astral projection.

Sit in the chair and relax, prepare your mind for the journey by focusing on the separation of the consciousness from the physical body. As you feel yourself starting to tire, close your eyes and imagine yourself rising out of your body and walking to the mirror. Walk through the mirror as you would walk through a doorway and you will find yourself in the outer worlds. Here you may explore until it is time to return. At that point, reverse your steps. You will see the mirror as a doorway. Go through it and you will find yourself back at your body.

# AWAY WE GO!

You are now counting down to liftoff. The Shaman begins his journey with the presupposition that he or she will be traveling into the underworld. A Technoshaman does not think in terms of such directions. In the universe of the Technoshaman, all direction is relative and what may be right-side-up to us may be upside-down to Australians and vice-versa. As general rule, we try to go up, not necessarily because we know that where we are going is physically above us, but because we are culturally conditioned to think that up is better than down and it is far easier to work in conjunction with such conditioning than to fight against it. In fact, one vocal opponent of the New Age, Father Mitchell Pacwa, a former professor at Loyol University in Chicago, once made a rather joking reference to a group of Catholic nuns who were doing a ritual which had them repeating "We are going down, down, down." He laughed and then said, with his voice rising a whole octave, "Shouldn't they be trying to go up?"

In any event, all of our physical technology is dedicated to a rising motion. We get on airplanes and shoot rockets into space. We do not climb into boring machines and go into the center of the Earth except in bad 1950's movies. Even if we go into the cave or tunnel, we begin by a rising motion.

## THE TAKE OFF

Prepare yourself for the journey. That means you should have some idea of where you want to go and how you are going to get there. There are many maps of the outer worlds, the Kabala, the Enochian Aethers, Buddhist mandalas, etc. which can be used as starting points for your trip. Study the map well in advance. It can save you a lot of extra work later.

Consider the means by which you will make the journey. Are you going to travel by Psionic beam or by simple mental traveling? Are you going to transform yourself into some other shape or are you going to use a Spirit vehicle, such as a Spirit Car, Spirit Rocket or Spirit Helicopter?

For this beginning venture, let us assume you are going to use simple mental traveling to the plane of Saturn with the aid of the Psionic Amplifier Plate.

You take a symbol of Saturn and place in the center of the Plate. This symbol can be of many varieties, from a triangle, to a Pentacle of Saturn from the Key of Solomon. Placing the Plate on your lap, you lay your hands on the hand plates and begin to meditate on the Universal energy. At this stage you are powering up for your journey.

As you feel the energy making its circuit around your system, imagine yourself pulling inward, away from the external environment of your body, so that you are actually a separate being inhabiting the body. Continue this separation until you feel that you are ready and then start moving into your arms to the plate. Emerge in the center of the plate as you were instructed in the last chapter.

## THE OUTER WORLD

There is a favorite Dr. Who episode of mine where the Doctor and his companions use a teleportation device to beam down a much future and deserted Earth. They find themselves more or less standing (one upended into the ground) in the center of a circle of metal balls which constitutes the receiving station for the system.

When you emerge into the outer world of the plane of Saturn, by means of the Amplifier Plate, you will find yourself in the exact center of the triangle, inside the pattern of the plate. At this point, you must orient yourself, because you are not going to stay in that spot for very long.

Begin walking through the landscape. Saturn can be a rather depressing plane with lots of grays and subdued colors. Take note of any feelings you may be experiencing. Saturn is the planet of time, of age. You may be noticing that as you walk along.

Somewhere in this plane you will begin to notice certain animals about. Feel free to speak to them if they approach you. Some will totally ignore you and some will engage in a rather prolonged conversation. Try to remember as much as you can of these dialogues, but even that which you do not directly remember will be recorded in your subconscious for you to use if you ever have need of it.

As you continue to walk, you will notice that the landscape tends to grow. I am inclined to think that this is because you are working in the world of consciousness and that world is constantly malleable. As you move in it, you change it.

You will begin to encounter creatures that bear no relationship to anything you have ever seen, alien animals and beings of strange and at times frightening appearance. These are the spirits of the plane. Others will be in human form and these you should attempt to converse with as well.

Ultimately, you will find that you will be confronted by large beings that fairly glow with energy. These are the gods. Each plane has them and they sort of run the place, or at least think they do. Approach these beings with respect, but not with fear. They are usually friendly, though at times a bit long-winded and prone to pomposity, kind of like politicians.

In the plane of Saturn, the gods tend to have a aura of age and mystery about them, of great hidden forces at work in the Universe. Their conversation will tend to be cryptic in the extreme and do not be surprised if you cannot understand a word that they are saying to you. At times you will encounter familiar appearing deities, those who look like pictures out of old books of mythology. These are not true gods or goddesses, but thoughtforms that have acquired so much power that they have gained an independent existence. Treat them as you do the other gods but do not be surprised if they are filled with self-importance. They were created that way by hordes of superstitious worshippers.

Do not be afraid of the gods. Put up with their boring talk and then retire from them as you would from *decent* royalty, with respect.

Retrace your steps to the center of the triangle. Once you are there, will your consciousness back into your body. You will immediately be back from where you started from and you may open your eyes and look around as a physical being again.

That is a very simple spirit journey. Now let us add something to it.

There are large areas of the outer worlds that do not fit any set pattern. They are empty and while not exactly desolate, they are certainly ripe for development. So let's develop a little. Let's build a castle, or in my case, a tower.

When I was very young I would retreat from my world by an exercise in fantasy where I would have a tower in a world that was outside of the space-time continuum. What I did not know at the time was that I was creating a thoughtform on the astral plane and that that thoughtform would persist to this day.

Now I rather like my tower. For one thing, it is big. It is actually larger than the Sears Tower. It is shaped like a sort of doubled star and contains all manner of interesting rooms, including a large library. As I find it useful at times to visit my tower, you may find it equally useful to have a place of your own to visit on your travels in the outer worlds.

If you have read my other works, you are by now extremely familiar with the creation of thoughtforms, but if you are so unlucky as to have not, I will give a very brief explanation and then get back to our subject.

A thoughtform is a hunk of psychic energy that has been created by the active thought of the individual or group. It can take any number of forms and while most are of extremely brief duration, some can last virtually forever. The great religious thoughtforms of history are an example of the latter. Even though the Egyptian deities had no worshippers for thousands of years until the pagan revivals of recent time, the thoughtforms of them still exist and could be tapped into.

The deliberate creation of a thoughtform is actually a very simple process. You decide what you want the thoughtform to do, what kind of shape it will have and how long you want it to last. You then proceed to visualize it and build it up by feeding it energy.

When building your castle, or cave, or mansion or whatever you want, you go through the procedure of enter the outer worlds, but this time you do not go to a specific plane. What you want is the vast, uncharted regions, a place where you can work undisturbed.

With that in mind, use the Amplifier Plate as a doorway and when you find yourself in the spirit equivalent of the plate, travel in any direction until you find the terrain you are looking for. Don't worry, it will be there. In fact, if you have thought out your desire properly, you will probably pop up right squack in the middle of it.

Begin construction by visualizing the building appearing before you. It is best to put it some distance away so you can take in the entire facade at a single glance. Move around the building and fill in the details as you see fit. Do not forget the door.

Once you have the building up, go in the door. You may find yourself in an empty structure, or a totally finished and furnished one. That depends on what unconscious energy you were putting into the building while you were creating it.

Explore the building and make yourself at home, because home it is. As you explore it, you will be adding more energy to the thoughtform and thus each time you visit it, it will become stronger. A well constructed spirit home can outlast the physical life of the builder and will serve as your residence after the death of the physical body.

## THE SPIRIT AIRPLANE



One of the methods of Shamanic travel is the spirit canoe. In this, the Shamans of a tribe gather and take a canoe trip into the spirit world, usually for the purpose of healing a tribe member. In this procedure, all enter a trance state together and, surrounded by the singing tribesfolk, go on their journey.

This method of doing things requires a number of features that are simply not present in our culture. First, you need a number Shamans who can think so much alike that they can share a mutual trance. Second, you need a social system that supports such efforts. This method is perfect for those cultures, but in ours, I hate to say it, it gets pretty silly with a group of adults sitting on the floor of a living room pretending to be paddling a canoe. We are just plain too individualistic as a people for that method to be anything but ludicrous.

The spirit airplane is designed to get around that problem. For one thing, it is not flown by more than one person. For another thing, and this is of some importance to me, it is not a canoe.

Now I have some very good friends who are going to be very, very upset with me for saying this, but there is no way on God's Green Earth that I am going to get into one of those things. I don't like boats under any circumstances, I can't swim and I have no desire to drown. The last thing I am going to visualize as a spirit conveyance is a canoe.



A car is nice, but cars have one little problem that my adult imagination has trouble overcoming. It can only travel on land. If you run into a sea, or mountains, it is stuck.

The use of an airplane, or space ship, is perfect. It fits our culture perfectly. In many parts of the western world, the aircraft is the cultural symbol of mobility. It is not limited by terrain, because a spirit aircraft is not going to need a hanger or a landing strip. In fact, you do not even have to have it land, but that can be a little complicated so let's keep it parked outside the castle.

You build your airplane the same way you built your castle. The airplane is a thoughtform which is designed to convey your spirit through the outer worlds. You can make the aircraft in any form you wish, from Snoopy's Sopwith Camel biplane, to a Lear jet. As long as you can fit in the cockpit with all the junk you wish to carry along, you will be fine.

Once you have the exterior design of the aircraft done, and that design is really not very important, I have to keep repeating or I know the letters I am going to get about it, you open the cockpit and climb in.

At this point take a look at the controls. Real aircraft have oodles of gauges, dials, meters, and digital what-nots that mean absolutely nothing to anyone who is not a pilot. Unless that is your profession, your panel will probably be much simpler. For example, mine merely has the control stick, a radar screen, a warning light in case something hostile is around and a weapons control switch because I like to get into a little astral sparring every now and then. There is also a communication system in case something else flying around out there wants to parley.

The amazing thing about this is that the whole arrangement pops out of your head, not literally like a pimple gone mad, but in concept without you giving it much conscious thought. You have to remember that you carry all the information you need to perform these operations inside of you and the action of creating the thoughtform will bring out exactly what you need and you can always add and subtract things if you need to. That is the ultimate advantage of working with pure thought.

For a good background on mental construction, read the Skylark novels that I referred to before.

SPIRIT FLIGHT

Okay, it's time to take the aircraft up for a test run. Sit comfortably in the cockpit and close the top or the door, depending upon your design. Command the plane to take off and sit back and see what it does. The experience varies. In my case, it just sort of pops into the air, but others find it better to go taxiing down the runway like a real airplane. Pull back on the stick and point the nose up. If you are not familiar with this and you have a computer, get a flight simulation game and practice. It really does train the mind.

The first thing that you will notice is that you do not have some of the limitations of a physical aircraft. For one thing, there is no stall speed. You can prove this by simply willing the aircraft to stand still, not merely hover, but literally to stand still in the air. You will just sort of hang there watching the world go by.

Now point the nose back up and see how fast you can make this baby go. Do not be surprised if you find yourself out in space. The vehicle you are in is a creation of pure thought and can travel at the transcendent speed of thought. At this point you may feel a tinge of fear and wonder if you are going to get back in one piece. Look down at your panel. There will be a direction finder pointing the way back to your castle. You did not realize that you put it there, but your mind, anticipating the problem, did it for you. In fact, one of the interesting thing about the panel of the spirit aircraft is that things appear and disappear as they are needed, sort of like pull-down menus on computer screens.

Level out and slow down. If you kept going at maximum speed you would not be able to see anything. Now start looking around. Check your radar. If you see a blip on the screen, turn the aircraft and approach it. There are many flying spirit beings who never deign to set down on land that are only accessible by flying up to meet them yourself. You may even encounter other spirit aircraft of varying shapes. These are not necessarily your fellow Technoshamans. They may be anything from spirits who like aircraft as much as we do, to pilots having dreams. The outer worlds are full of strange and wondrous things.

Pull your aircraft into a gentle turn. As you approach the blip and can see what it is, turn on your communication gear and try to talk to it. See if it is friendly. If it wants to talk, will your aircraft to stop and converse with it. If you get no reply, hit the throttle a little and fly away. If the being is hostile, see if you have thought to include a weapons delivery system. It is rarely a necessity, but your mind may work like mine and put it there just in case.

One of the advantages of the spirit aircraft is that it is easier to carry stuff. A standard Shamanic practice is to go on the journey in search of something to bring back. This has some very real limitations, like the size of what can be carried and the simple fact that you cannot take it back into the physical world. With the combination of the spirit aircraft and your castle, you do not have those limitations.

Let us say that in your journey you come upon a rock of great power. If you had to carry it back by hand, you might find that even in its spirit form it is simply too heavy, depending on how your mind relates to the outer worlds. With the spirit aircraft, you merely stop over it, open the bottom hatch and bring it up into the craft to fly it back to the castle. Then whenever you have need of the power from the rock, you merely go into your castle directly from your physical body and draw the power that you need.

But back to your flight.

Continue to explore the spirit land by air, now bringing the aircraft down to treetop level. Do not worry about crashing, you can fly slowly enough that you will have plenty of time to evade an obstacle. Note in your mind the nature of the landscape and the creatures you see. Are there any buildings, for example, or is the area totally undeveloped.

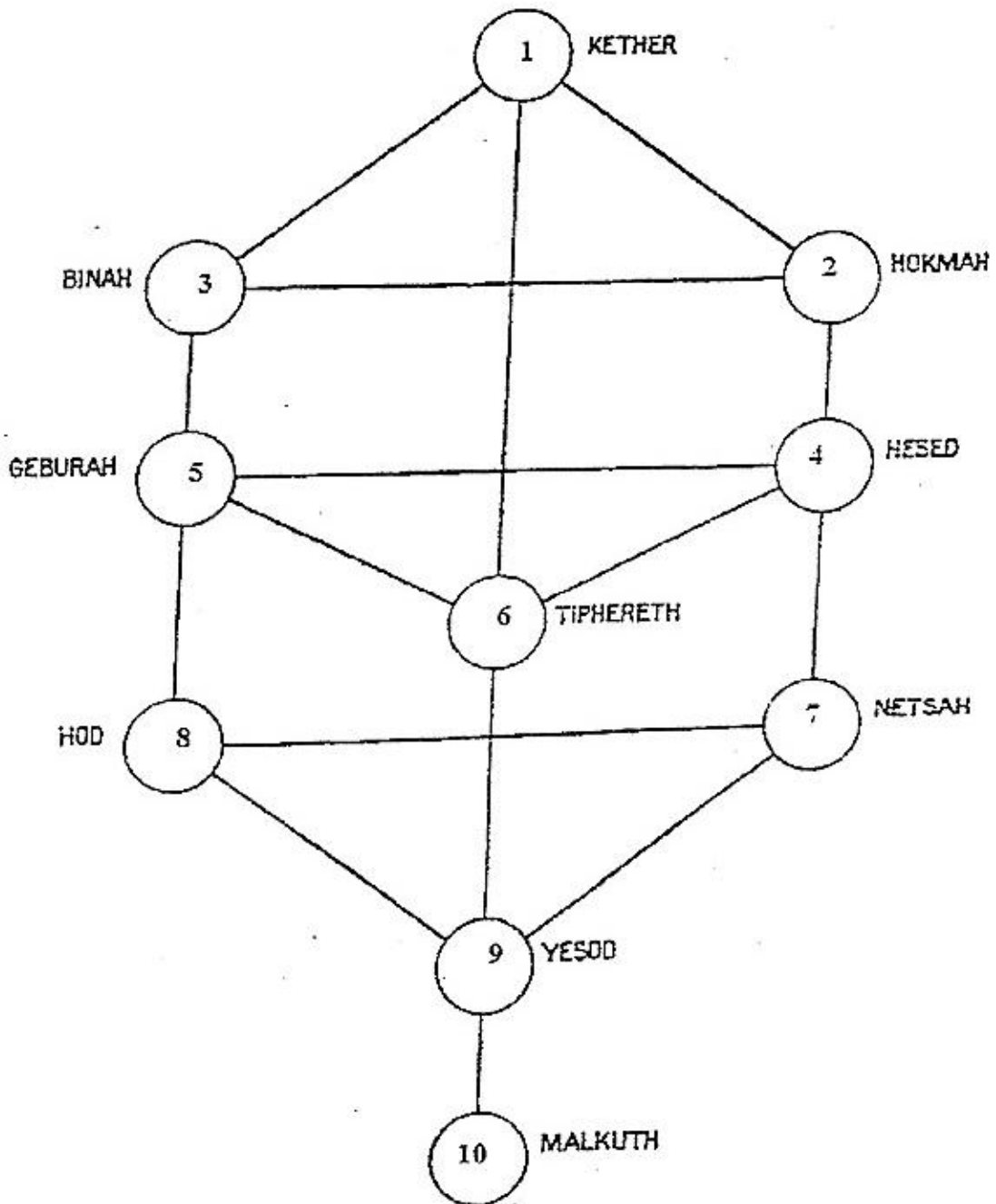
Yes, there are buildings, even cities in the outer worlds.

Find a place that looks interesting and bring the aircraft to a landing. Get out of the aircraft and then will it to fly over you so you can return to it immediately if the desire or need arises. Other than that, walk around as you have before and study the land, conversing with such creatures as you should encounter. If you see something, or are offered something to take back, feel free to take it. You have no limitation on what you can carry because the aircraft can always have room and the castle can be expanded if need be.

Now it is time to return. Bring your aircraft down and get back in the cockpit. Take off again and when you are airborne, check the return direction indicator. Bring the craft around until the indicator points straight ahead and hit the throttle. At the speed of thought, you will find yourself over your castle.

Bring the aircraft to a landing and get out of the aircraft, taking with all the stuff you have acquired on the trip. Store that in the castle and return to your body.

## SPIRIT MAPS



One of the interesting things that we get to deal with is the vast number of traditions concerning the arrangement of the outer worlds. Every spiritual tradition has developed its own system of cosmology and a

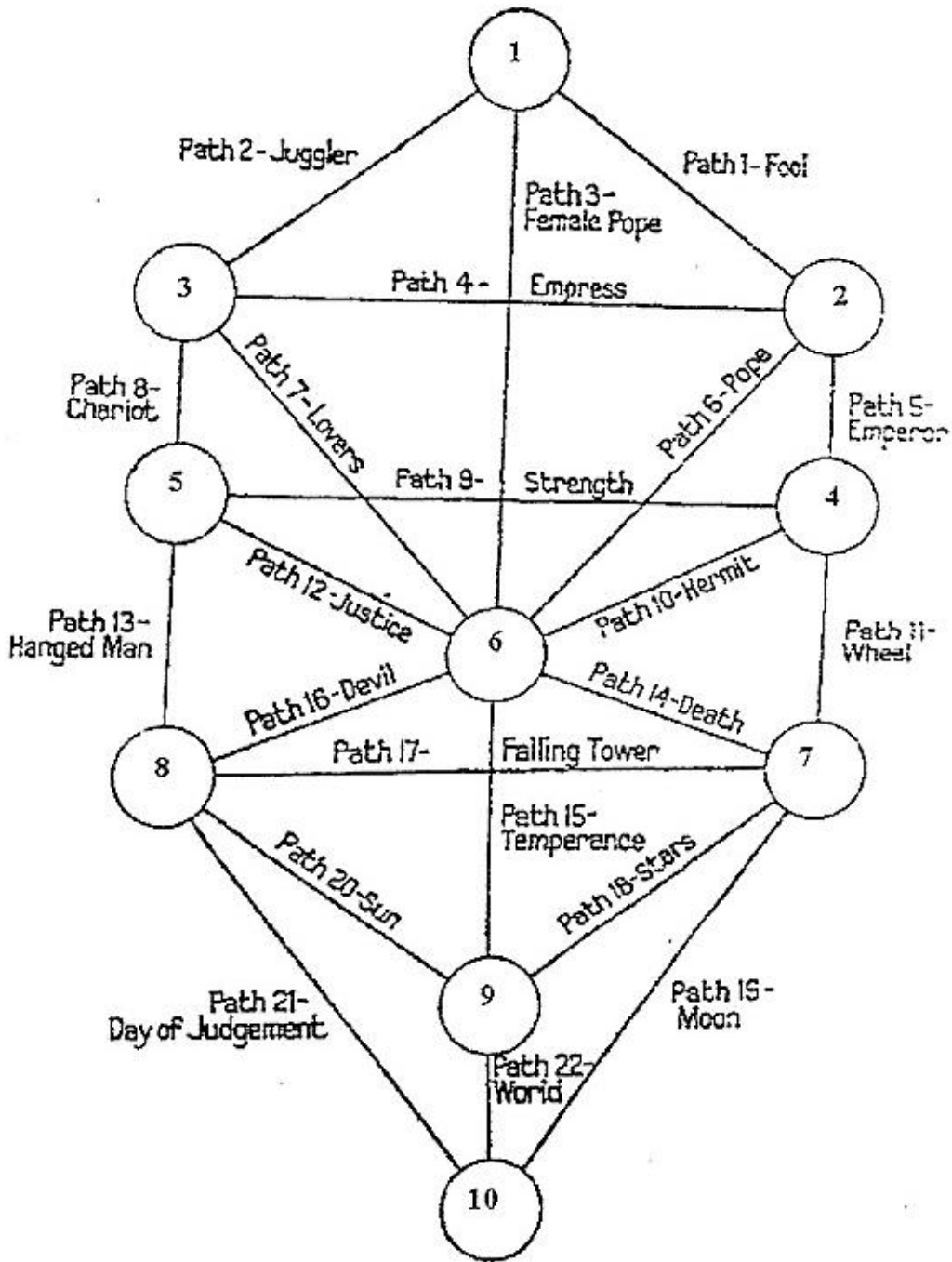
mapping system for it. And in the outer worlds, the map tends to become the territory, in the sense that it acts as a director of consciousness to a specific location on the map.

The Technoshaman uses these maps as a way of maneuvering around the spirit worlds. For example, the Kabala has the Tree of Life as its mapping system. Beginning at the bottom, the traveler moves up the paths of the tree, stopping at each sephiroth and working with the energies there, with the journey ideally ending at the top. Of course, this process takes a long time, sometimes lifetimes, and the methods of travel can vary.

The Mahayana Buddhist uses a mandala as his map of the cosmos, with the various symbols around it dictating the path to be taken and the energies to be invoked.

Let us take a trip through the Tree of Life with our spirit aircraft as our chariot.

Take a good look at the figure. The Tree of Life works two ways. The divine energy starts at the top and splits its way down, bouncing through the spheres like a pin-ball. We have to start at the bottom and work our way up, and Malkuth is the stock-room of the Tree. This sphere is supposed to correspond to the Earth and thus is the immediate astral surroundings. It is also where your castle probably is, so that is where you start.



When you arrive outside your castle, by whatever means you choose to get there, take a quick look around and make sure that your aircraft is intact. Being a thoughtform, sometimes it needs a little touching up now and then and by doing that you make the thoughtform stronger.

It is also a good idea to spend a little time in the castle to strengthen it. And as you explore it, you will find more rooms that you did not realize were there.

In any event, get into the aircraft and take off. You have already explored the immediate terrain, so you have a pretty good idea of what the Earth sphere has to offer. That being the case, you will want to head for Yesod, the sphere of the Moon.

Now at this point you have to understand that you are not going to visit the physical moon, but rather a magickal equivalent, so do not expect to find a "moonscape."

But first you have to get there. That is where the Tarot deck can come in handy because the Major Arcana of the Tarot act as gateways between the spheres. The card you will look for is the World. And just as you are wondering where the hell (no, you do not have to explore that, yet) you are going to find that card, look straight up and there it will be, hanging like a big billboard in space.

At this point you should be wondering how it got there. I'm not really sure, but my best guess is that the card corresponds to something in the collective western consciousness and you just sort of tap into it when you desire to move between Malkuth and Yesod.

Aim the aircraft for the center of the card. Do not worry, you will not break anything. What will happen is that you will find yourself shooting through a type of star-gate and coming out on another landscape, one which may look very familiar if you have done what I said to in this chapter because it is the landscape that corresponds to the sphere of Saturn. But that can get confusing because one of the sephiroth has the same correspondence.

You have already explored that territory, so keep flying straight. After a time you will find yourself going through what will seem to be another gate and come out in a totally different landscape. Set down the plane and get out to explore a little. There should be at least one elephant running around and no, that is not your power animal, it belongs there! Look around and notice everything that you can. Do not be surprised if you run into a lunar goddess or two. Make a careful note of the type of energy you feel in the place and after you have done some exploring get back in the aircraft and head back. As a general practice, it is best to return home after each sphere to avoid overloading yourself with

information. This will give you time to process what you experience and put it to use in your life.

Anyway, that should give you a start. Follow the same procedure to visit all ten spheres and the paths between them. Once you have done that, try using maps from different traditions. As long as you remember to return to your castle after each trip, you will be safe and you will be able to store what you have found.



## ANIMALS, ANGELS AND ALIENS,

Now for a whole pile of words about the various creatures you may encounter on your spirit journeys, as well as through the simple use of Psionics. I know that much has been written on this subject already, but I hope here to give you some special insights.

Much is said about the acquisition of Power Animals. These are spirit beasts that attach themselves to the Shaman during his journey and have a special relationship with the Shaman. In fact, Shamans will quite often state that their powers are a gift from these animals. The unity between humans and animals is a tenet of Shamanic systems all over the world.

There is a basis for this in the fundamental nature of the human consciousness. As we physically evolved from animal to human form, we gathered into our basic nature certain qualities of animal life. Not merely from the apes who are our nearest relatives, but from every other form of beast as well. They have taken root deep in our psyches and, under extreme conditions, will actually manifest themselves. That is the true secret of the werewolf. When the Shaman takes a journey in search of his power animal, he is often diving deep into his own consciousness and finding that which is already there.

The Shaman in the traditional culture is seeking to gain power from the animals. This makes sense in a non-machine culture where birds can fly but men cannot and most animals are physically stronger than people. The very nature of things in that world would naturally make the Shaman look to animal spirits as sources of power, a situation that does not exist in our world where machines can lift more than the strongest animal, our cars can outrun anything on legs and flying less a power than an annoyance.

But that is not the only thing that is going on. The Shaman is using the spirits to cause effects in the physical world. And the spirits are drawing the energy to accomplish this from the Shaman.

There is a peculiar relationship between people and spirits. Humans are often able to draw power from spirit helpers, and spirits can draw power from people. In both cases the results can be quite extraordinary.

Consider if you will the phenomenon of the poltergeist. It is generally assumed that poltergeist phenomena is the result of human psychokinetic power gone mad. And in many cases this is so. There are, however, cases on record of poltergeists clearly being spirits of one sort

or another, either disembodied humans or other spiritual beings. These poltergeists usually end up speaking out of thin air to their victims and it is clear that in some peculiar way they are drawing strength from the humans to do their dirty work.

So it is with power animals. And while these are of great importance in traditional Shamanism, they are of less note in Technoshamanism because we have our machines to do the extra work for us. For the Technoshaman, the relationship with a power animal is more of a sentimental, friendly nature, sometimes of value but not the *sine qua non* of the operation.

Power animals do not have to take animal form as we know it. They can appear as humans with certain animal characteristics, so if you should run across a man with feathers growing out of him, it is not necessarily a Native American, but could be a bird spirit that has transformed itself in order to better communicate with you. In such a case you would do well to listen to what it has to say, but you would also do well not to be too willing to believe what it has to say. If the spirit is willing to take that kind of trouble to speak to you it may also be a trickster trying to play a little prank on you.

Power animals do have one very important function. They can function as guardians. This is a role we do not think too much of in our culture. At least we did not until recently. The guardian spirit is one that has taken upon itself the task of helping us get out of trouble. Unfortunately, the type of trouble we can get into in our culture is often just a little beyond the abilities of animal spirits to protect us from. Power animals are not really designed to help us recover from bad investments. For that you need more human assistance, or sometimes spirits in the form of angels, but they come later.

So how do you go about acquiring a power animal? The usual Shamanic practice is to go on the journey and see which ones attract themselves to you. That is a good policy and there is no real need to change it.

Upon entering the outer world, before you go into your castle or aircraft, take a short look around. See if any animal spirits are hanging around the castle. Often the power animal will be waiting for the Shaman when he emerges from the tunnel or cave and there is a very real possibility that yours may be waiting for you to pop in.

If there is an animal waiting for you, walk up to it and talk to it, a simple "hello," will usually do. If the animal seems very friendly and gets

talkative, and that is probably the most disconcerting part of the Shamanic or Technoshamanic experience for us, the feeling that somehow we have been possessed by the spirit of Dr. Dolittle, it may very well be your power animal. Now understand that there are few rules for what a power animal is supposed to be. It does not have to be a bear or an eagle. It can be a squirrel or a turtle. The mere fact that we do not normally think of squirrels as having any power does not necessarily imply that to be the case in the outer worlds. And as for having a turtle as a power animal, a hard shell can be a real help when the book reviews come in.

There is another aspect to the animals that can raise some eyebrows and that is the subject of transformation.

The idea of people turning into animals is as old as people on this planet. It was considered to be the singular ability of sorcerers and no self-respecting vampire could go through an eternity of undeadness without taking flight as a bat. It is a skill that is of great value, even to us Technoshamans.

Remember what I said about everyone having an animal part of their consciousness? This is an area that has not yet been fully explored,

though a Chicago witch, Carol Childers, has done some very interesting work in this area. The transformation process in her work is usually involuntary (like the involuntary nervous system), as the result of stress, but voluntary transformation is an ability that is not only possible but very desirable.

I have tried to give you as few personal stories in this book as possible, for the reason I stated in my introduction, but this time I think you can use one.

A couple of years ago, a friend of mine and I were visiting a business associate on the south side of Chicago, which is pretty far out of my usual stomping grounds. Now this person had the very unfortunate habit of annoying people and this time the person she annoyed got hooked up with a coven and decided to send something unfriendly.

We were sitting in the kitchen, talking and drinking a bit too much cheap wine when we all noticed that the room was starting to get cold. Well, it was winter and we all just assumed that there was a draft and once the furnace kicked on everything would warm up again.

The furnace turned on and the place got colder!

At this point we all were in pretty clear agreement that something weird was going on. I, as non-obviously as possible, put myself into a semi-trance and began to try to trace down the source of the invading energy. Ultimately, we found it to be coming in the direction of the front door, which I suppose makes a certain sense.

Unfortunately, I did not have any of my Psionic equipment handy and the problem really needed to be dealt with, so I shape shifted, very slightly, bring out the tiger and sort of devoured the incoming force, totally impressing our associate and totally freaking out my friend who had never seen anything like that before.

The transformative ability is also of use when dealing with the animals in the neighborhood. Every fall I do a little change in order to communicate with the field mice around the house. Having three cats, it can be very unhealthy for the little critters if they should find their way in, so I basically tell them that they are more than welcome to eat out of the pan of birdseed I lay on the ground during the cold weather and they can even come under the back room, but if they get into the house, the cats will get them and there is nothing I can do to stop that.

I never get mice in the house.

Other than those instances, I will admit that I find the ability to transform my spirit into that of an animal has little practical use. The spirit aircraft can travel faster than a spirit bird can and I have little use for the physical strength of the other animals. But what applies to me may not apply to you, so here is how to do transformation.

The very first thing you need to do is decide what animal most fits what you want to accomplish and find out if that animal is compatible with your spirit. Not all are. The best way to accomplish this is to enter the outer worlds and go looking for that animal. When you find it, see how it reacts to you. If it is friendly and talks to you then the likelihood is that it will fit in with your spirit and you can transform your spirit into the form of that animal with little difficulty. It may even help you.

If, however, the animal does not come to you, but rather avoids you, then it is likely that your spirit and it are not compatible and such a transformation may not even be possible.

Once you have decided which animal you wish to become, study it, learn its basic nature and habits. Get a real clear picture in your mind of what



that animal looks like. The more you learn about the animal, the more you will be able to take on its features.

The next step is to meditate on the animal, not only as being, but as a concept. What does this animal mean to you, what do you think about when you think of this animal. And do not be disturbed if you start laughing at some of the things you discover, like bears going around hugging people and turtles having trouble getting off their backs. After all, there is a difference between Technoshamanism and a Russian novel. We can laugh at ourselves.

Speaking of laughing, the one thing you really want to avoid is dressing up in animal costumes and acting like you are the animal. In traditional Shamanic cultures, that makes sense. The Shaman is acting out the part of the animal as part of his identification process, and the entire populace understands and supports it. When the Shaman puts on his bear suit and claws, he is taking on the aspect of the bear and everyone relates to him that way.

In our culture it is a bit different. If a person dresses up like a bird someone is going to ask why that idiot is wearing all those feathers. In our society, the transformation is an invisible process, something that is

kept hidden from those around us. They just might not handle it very well.

Once you have learned all you can about the animal, begin to meditate again, only this time try to see yourself as the animal. Replace your normal skin with fur or feathers or scales or whatever. If the animal flies, feel the wings growing out of your shoulders and spreading. If it has claws, feel them growing out of your fingers. Become the animal.

After you have practiced doing this for a while, return to the outer worlds. Stand outside your castle and undergo the transformation. It is not necessary to completely change into the animal, but change a few things and see how the environment reacts to you. You may notice that the animals approach you in a totally different way. Some may be more willing to come, some may be less willing. Travel the countryside in your animal form and study the new relationships. If you have chosen a bird, take flight and see how the creatures of the sky react to you.

It is also possible, by means of Psionics, to communicate more effectively with your furry friends. This is one benefit of the 25th century technology that we use that I did not expect, if only because the cats have

never had any trouble making their opinions known. In fact, they can be downright demanding.

Animals, like humans, have an Etheric field. Animal souls survive death the same way as human ones. Anyone who thinks otherwise has never had a ghost pet jump into bed with them. The bed actually does move. Depending upon the nature of the animal, that field will have almost as many layers as the human field and can be worked with in the same way as you would with humans. For example, suppose that your little black devil-cat has been really pestering its older kitty companions. Something is bothering it but as cats do not speak American it is very difficult for it to tell you what the problem is. This is a job for the Technoshaman!

Putting on your cape and tights (sorry about that, I just got a little carried away)... Actually, what you really do is go to your witness file and pull out the photograph of little Bandit-Cat and put it on the Psychotronic box. You then take a rate for the kitty and hook up the Psionic Helmet, repeating the process. Putting the helmet on your head, which works a lot better than sitting on it, you sit and meditate.

Clear your mind as much as possible, closing your eyes and looking at a blank screen in the center of your forehead. After a very short period of

time, you can see the image of the cat and start to pick up mental images of what is going on in her little furry head.

Take some time and study these images. Remember, cats do not think like people. On the whole, they are smarter than we are. After all, how many of us have positions in life where we can sit around all day and do nothing but sleep, eat and wash ourselves, taking time out to chase a toy around on occasion. Because of that, the impressions you get will not be those of a human. Some of them may even be rather disturbing, particularly when you learn how stupid cats think humans are!

And cats also have a great sense of superiority over other animals. Once I was flipping around the cable channels and briefly landed on a program about the evolution of dogs. Nootzy, my middle cat, was sitting watching the television with me and the thought came very clearly to me, as the narrator said that dogs were descended from wolves and jackals “And we were descended from the gods and don’t you dare forget it!”

Humility is not a strong point with cats.

But seriously, and if my cats read this I am going to be deep trouble, sorting out the thoughts of our furry friends can be a time consuming

task because unlike with people, we really do not know what to look for. In the case of the hyper kitty, the problem may prove to be boredom. She is simply too young to sit around all day washing herself. So she wants to play with the other cats, who being more settled in their ways merely want to be left alone. With that information in mind, you have to provide a diversion, in this case a new cat toy.

Animals can also be healed by the same energies that heal humans. Therapeutic touch can work wonders on a sick pet and healing energies sent by Psionics work extremely well. Once Cleo, my oldest, came down with a bug and was quite ill. I was at my wit's end because I did not want to subject her to a visit to the veterinarian if possible, because such things are terribly frightening for animals, but it looked like that was going to have to happen. I decided to give Psionics one last try before taking her in and hooked up the machine. The result was nothing less than miraculous. Using the box and helmet combination, I visualized the healing energies going into her and in less than an hour Cleo was well, to the great relief of both of us.

To work a healing on a sick animal, you can use any Psionic device but the best is the combination of box, helmet and hand resonator.

Take a rate for the pet on the box and the helmet, then connect the three units as in figure 16. Charge yourself with Universal energy and then send the healing energies through the system into your little friend. Unlike people, however, it is best to actually touch the animal. Cats, in particular, are not fond of having things waved at them under the best of conditions and a sick animal will generally want the comfort of your touch. The amplified power should be great enough to help.

As you have been experimenting with transformation, you may wish to try taking on the form of the same breed as your pets. This has a couple of advantages. First, you already know what these animals are like. There is no way you can avoid it. Second, they are already a type of power animal for you. You have a natural affinity. The statement that there is a difference between cat people and dog people is true.

Work on taking on the form of your pet. Visualize yourself imitating its movements and try imagine yourself being as like it as possible. You will find that a new union exists between the two of you and that that union will be satisfying for you both.

And now that we have played with the animals for a time we can begin to deal with another class of spirits entirely, namely angels.

I will confess that this is a topic I approach with some trepidation if only because so much sentimental garbage has been written and said on the topic. So let me give you a little warning. Angels are not necessarily sentimental, helpful or even friendly. They can be, and often are, but there is no rule requiring it. Also, angels are not always pleasant to look at. They can, in fact, be downright scary. If you look at the Bible, something I rarely recommend, and study the appearance of angels in those stories, the appearance of an angel is not so much a cause for rejoicing as terror. Considering the character of old Jehovah, that is not surprising because the angel might be announcing that everyone in a radius of three hundred miles was going to be stricken with leprosy because somebody sneezed on the Sabbath. In any event, the people visited by angels did not usually say, "Sit down and have a beer." Usually they tried to burrow into the ground or claw their way through the nearest wall to get the hell out of there!

Therefore, let us begin with the definition of an angel. An angel is a spiritual being who has never been human and probably has no desire to be unless he has taken complete leave of his senses. The angel possesses extraordinary powers, not the least of which being the capacity to gather on pin-heads and dance. (Sorry about that, but I just could not

resist it.) Seriously, one of the great medieval controversies about angels was whether or not they had to cross the intervening space to get from point A to point B. Why they were worried about such things is beyond me, but people used to write even sillier things about angels than they do now.

But enough of this merry digression. Angels can heal people, or they can make them sick. They can protect people, or they can cause disasters. It all depends on the angel and what it has been instructed to do.

Angels are part of a hierarchical system. Just how that system is arranged is not really important to us, but it was of great importance to the medievals who wanted to be sure that their favorite angels had a good position.

Angels also tend to surprise people. They come unbidden and then disappear, to the great consternation of everyone around them.

It is with their helping capacity that we are most concerned here.

The biggest problem with angels is their seeming lack of reliability. Now sometimes that is understandable as my guardian angel has probably



spent many years in therapy after having to deal with me and my peculiar lifestyle. Often it seems that angels are like the police, never around when they are needed and always there when they are not. Because of that it is sometimes tempting to think of them as cosmic pests.

So the big question comes, “How do you communicate with them when you do need them?”

This is where Psionics can really come in. The instruments not only can amplify your signal, but lock on to the angel in question to make sure that you get through.

## ANGELONICS

At this point it is important to get rid of a lot of garbage about angels. First, angels, unlike most gods, are not thoughtforms. They are not beings created by the human imagination and fed by that imagination. Because of that, they do not have the biographies of the gods and, for the most part, their names are a mystery. There are a whole bunch of traditional names for different angels, but these names may not reflect the real names of anything but the imagination of different writers. Still, it is something to go on.

Traditional texts of magick also give sigils of different angels. These make a very good starting point in contacting angelic forces. Even if you do not come into contact with exactly the angel that you are looking for, it may put you on the track of the one you want.

All that being said, you will want to start to get in touch with your guardian angel and here is how you do it. You will need the Psionic Helmet and the Psychotronic box.

For working with an angelic force who is traditionally known, such as one of the more common angels, put either the sigil or the name of the angel on the contact plate of the box. Take a rate and then connect the helmet. Take a rate on the helmet and set up as you do in contacting a human.

Put the helmet on and meditate. Clear your mind as much as possible and create the blank screen in your head. Wait as patiently as you can until the angel appears in your mind. At that point, begin your conversation with it.

If you have the means and space to build a Psychomantium, you will find it a perfect communicator with the angel world. Never forget that John

Dee and Edward Kelly did their work, which led to the system of Enochian Magick, with a mirror for the angel to appear in.

In this case, set up your Psionic equipment in the Psychomantium and let nature take its course. Again, meditate but this time instead of closing your eyes and looking inside your head, gaze intently at the mirror. You will notice that the mirror will turn totally black and disappear from your sight. This means that you are on the threshold of contact, so hold the situation as long as possible. After a time, the angel will appear to you in the depth of the mirror and may begin to show you various scenes. Take these seriously but not necessarily literally, particularly if they are scenes of great natural disasters. For some inexplicable reason, these things pop up every thousand years in western civilization and we are going through it again. Don't laugh and tell the angel that he is nuts if this happens, but let the visions come and pass. After a time, you will get other visions and maybe verbal communication.

Now I will admit that there is nothing quite as scary as having an angel talk to you out of thin air. That is the sort of thing you do not tell people about lest men with white coats and large nets begin chasing you. When you get such communication, try very hard to remember what is being said. It is usually very cryptic and often makes no sense at all, but

sometimes things do get through that are of use. The more important thing is for you to be able to communicate with the angel.

Once you have established a link with the angel of your choice, feel free to ask it any questions you may have. It may not know the answer, or it may not give you the answer you are looking for, but you will not know unless you try and it will not strike you with lightning or devour you alive. You may also ask it for help. When you do that, be sure to take careful note of the request and when the request was made. That will give you some idea of how willing or able the angel was to respond to it. And if the request is answered, be certain to thank the angel. They like that.

At this point I should say that even if you cannot build a full psychomantium, any optical depth, such as a metal bowl filled with water or a simple mirror set at an angle where no reflection of anything is visible, will do. The same principles apply, except the image will tend to be smaller, which is only to be expected.

## ALIEN COMMUNICATION

Now we get to the real fun stuff, meeting and dealing with aliens. Now by aliens, let me be very clear as to what I am talking about. Aliens in this context refers to extra terrestrial beings, the Bug Eyed Monsters of 'fifties science fiction. They are not spirits at all, but purely physical entities that, like ourselves, have a spiritual content. For that reason they can be communicated with psychically but they are not to be approached as you would a pure spirit.

Aliens are like people, there are good ones and there are bad ones. It does not do to become sentimental about all this. If something wants to carry you off to the far stars and do sexual experiments without your permission, it is being ill-mannered at the very least. By the same token, if something wants to impart useful information to you, that is something that is desirable.

And it probably a good idea to remember that aliens, like humans, have a sense of humor and are not above playing little pranks on people who are either obnoxious or stupid.

That being said, how do you get into contact with them?

One thing to remember is that when we use Psionics, we are operating in a universe where time and space have a vastly different meaning and relationship. I would not go so far as to say that we operate totally outside of space and time, but we do not seem to suffer the same limitations that purely physical existence imposes upon us. For that reason it is possible to contact alien beings not only in our own galaxy but others as well, places so distant that if we sent a conventional radio signal, our ancestors would have evolved into a totally new species by the time it reached them. In Psi-space we do not have to worry about that. Communication is instantaneous, if sometimes a little garbled.

From what we know about aliens from the contact stories we have, they seem to communicate best by telepathy. This staple of comic books would appear to be the way the humans and aliens can best interact, a case of truth following fiction. For that reason, Psionics gives us the ability to contact aliens in a much more effective way than ordinary telepathic systems allow.

Welcome to the 25th century.

Imagine that you are on a starship out in the void between solar systems. You cannot communicate by radio or laser, because by the time the message got home, you would be retired and worrying about your pension. So you go to the Psionist (Doc Smith's word) and give him the message to send. He hooks himself into the Psionic transmitter and makes contact with his counterpart at the receiving station on Earth. Once that contact is made, the message is transmitted and recorded into a mental hologram.

Sound pretty far-fetched? It is probably a description that will seem terribly inefficient in the 25th century, though the principle will be clearly recognized. The ability of the Universal energy to act as a carrier wave for mental information knows no barriers.

Because of the tuning features of the Psionic Helmet and the Psychotronic box, it is possible to direct a mental thought to any part of the universe and find out if anyone out there is listening. In order to do this you will first need an idea of where you are transmitting to. Go to the library and start looking at books on astronomy. When you find a section that looks promising, study it and see if the stars say something to you. I do not mean that you will hear actual words, but there will be a feeling impossible to describe, that will tell you that you are on the right track.

You must learn to follow your own mind in this. Just because a bunch of people claim to be in contact with beings from the Pleiades, does not mean that anything is actually there. So make your own decisions, and if you are wrong the worst that can happen is nothing.

After you have some idea of where to look, take out your trusty pendulum and dowse on the star charts and pictures for the spot you wish to lock onto. With that information, run lickety-split to the copy machine and make a photocopy of the star photograph that you are going to aim for. This is a very important part of the process because you do not want to tear the picture out of the book. That is terribly ill-behaved and totally beneath your dignity. Besides, there may be a picture on the other side of the page you may need later and you are going to have to do some cutting when you get home.

When you get home cut out the picture of the appropriate star. This is your target point.

It is best to begin with a general viewing expedition. For that purpose the Psionic Amplifier Plate is perfect as it needs no specific tuning. Lay the Plate on your lap and put the picture in the center. Put your hands on



the hand plates and close your eyes, willing yourself to be out where the photograph came from.

When you find your mind floating out in space, start looking around. See if you can find any signs of life and be very certain to keep a truly open mind about this. There may very well not be anything there. What you do not want to do is be so certain that you will make contact with an alien that your subconscious will manufacture one for you. Such things happen far too often and make serious research a real pain.

But let us assume that you do find something. It may be as obvious as a little man with a big head staring back at you and scaring you half out of your skin, or it may be a faint sign of a civilization, lights where there should be none or a vehicle shooting by. There may be psychic transmissions or impressions, things to go on. If that is the case, it is time to bring in the more powerful units.

Take the photograph and place it on the witness plate of the Psychotronic box. Once you have done that, take a rate and then plug in the Psionic Helmet. Take a rate on that. Now put the helmet on and follow the beam.

In a matter of seconds, you should find yourself looking at the star system you have locked onto. Begin slowly turning the dials on the box as you move in towards the location you are seeking. This simple action will help to lock your mind in place and keep it from wandering all over. Eventually you will find yourself face to face with an alien.

I wish I could describe the experience in detail for you, but, as I said in my introduction, I do not want to impose my ideas and experiences on you. What I can tell you is that you will see a face, and this face will send information to you, holding a conversation.

The important thing to remember about alien contact is that you must approach the aliens as an equal. You will serve no purpose whatsoever by bowing and scraping. They are beings like ourselves, with strengths and weakness, aspects of knowledge and points of ignorance just as we are. When you talk to them, remember that you are also of a star-going species, because that is exactly what you are doing, and you are exploring their part of space. You are a pioneer, traveling in new realms of experience and knowledge. As long as you remember that, you will have no trouble dealing with extraterrestrials.

As you get to know them, they may wish to take you on a tour. Feel free to follow them. As you become adept at this type of astral projection, you will no longer be conscious of your physical body but will rather exist totally in your mental one as it journeys through the blackness of space.

You will discover that aliens have a totally different social structure than you are used to. As they guide you through their cities, try not to register too much surprise, much less shock, at what you may see. Remember that they would find our culture just as difficult to understand and that if there is such a thing as a law of nature in behavior, relativism is that thing.

Never forget that when you leave the Earth, always take your common sense with you. If you encounter an alien that tells you that you are an incarnation of one of their gods (and it does happen) do not make the mistake of believing it. You can get into real trouble back home if you start behaving like you have just been deified. And take everything else you are told with a sizable quantity of salt. You do not want to be known as the idiot who built the flying saucer landing platform in your back yard. If they want to visit you, they can figure out how to do it and you do not need such things to visit them. And of course you are much too intelligent to go out and murder the neighbors in the cause of Universal Peace. As I said, there are some pranksters among them.

But other than that, astral space travel is one of the great pleasure afforded to the Technoshaman. It gives us a chance to literally spread our wings and go out where no one has ever gone before.

# THE PATH

This chapter is going to represent a departure from my usual writing, so if it seems somewhat unusual in style, please bear with me. I am going to explain why Technoshamanism a path to enlightenment and this is a subject I do not often deal with.

When I first started writing this book, I realized that path has to be something more than my usual catalogue of gadgets and skills that would be available to the studious artisan. And the end result of any truly spiritual path is enlightenment. Yet in order to study the relationship between psychic/Shamanic powers and enlightenment, we must first study enlightenment itself and that is no easy thing to do, if only for the simple reason that those who attain it are usually not around to explain it after they have reached Nirvana.

Discovering what exactly constitutes enlightenment is a serious problem, for except for the enlightened themselves, no one knows what it is. We assume it exists, not because of the words of some dubious authority who attained his knowledge by standing on his head for forty years and living on brown rice and chewing gum while speaking in barbarous French. Rather it is due to a latent force within ourselves, a driving and demanding force that somewhere along the line of the evolution of the soul makes itself felt and gives the person no rest or respite until it is fulfilled, if not in one lifetime, then perhaps in the next. And the problem is compounded by the annoying fact that the individuals who teach of enlightenment do not agree on anything about it. The student is left to sort out contradictions and paradoxes, to make sense of the senseless and attach names to the nameless. It is for this reason that the intellectual search for enlightenment is an almost hopeless task. It is not so much that the mind cannot grasp the information as the fact that the information is couched in such a way that no mind can deal with it for very long and remain sane.

For that very reason it is often recommended that the student actually depart from sanity. Nowhere is this more evident than in the tantric disciplines of Tibet where the *Chod* rite requires that the aspirant enter a graveyard, and Tibetan graveyards, for those of you who may not know, are extremely gruesome and unhealthy places due to the custom of allowing the bodies to lay exposed that the birds and beasts may feast upon the mortal remains and while there, perform a series of rituals in

which he identifies himself with a corpse. Even among the Tibetans, the one who practices this discipline is not regarded as one whom one would want as either a next door neighbor or a baby sitter, much as he may be revered for his other attainments.

But enlightenment is not a process, it is an event and it is not a temporary thing once it has been achieved. How is it possible to say this?

Let us consider the nature of an enlightened individual. This person has changed. He, or she, is not the same person who got out of bed the morning of the day enlightenment occurred. A fundamental change has taken place in the relationship between that person and the universe itself. A union of sorts has occurred whereby the fundamental nature and intelligence of the cosmos has become inseparably bonded with the enlightened one.

Therefore, let us take a speculative look at the Universe not as it physically manifests, but as a vast reservoir of information which is continually being processed to create that which we know of as physical reality. In such a universe, the manipulation of data becomes the manipulation of reality and knowledge is not only power, it is existence itself. The individual who becomes one with this source of knowledge may or be omniscient nor omnipotent, but he is able to process spiritual information much faster than before. He must still deal with the limitations imposed by the physical nervous system, but his potential is far greater and when he finally drops his body, that potential becomes realized and the immortal part of himself becomes part of the Universal intelligence itself. In short, he reaches Nirvana.

Now as this process is concerned with the evolution of the human soul, there should be evidence that such evolution has occurred. Where are we to look for such evidence?

In that regard, all we have to go on is experience, the experience of the individual, known as memory and the collective experience of humanity, which we call history. And to look for the effects of evolution we have to ask the simple question "What is it that we do better now than we did two thousand years ago?"

That is not an easy question to answer. For in many ways the ancients were as smart, if not smarter than we are. I know that I never would have thought to measure the circumference of the planet with two sticks and do it accurately. However, we cannot judge humanity by its geniuses. What we must do is find a standard which we can apply to the mass of the most developed societies of the time and compare that. As we are

dealing with information, we must look to the primary carrier of information, language and in that regard, the difference becomes obvious. We use many times the number of words than the ancients. While the ancient Greeks and Romans used an average vocabulary of approximately five thousand words, the working vocabulary of the average American is close to sixty thousand words. Clearly we are dealing with a greatly increased amount of information, not only in the number of words we use. To put it bluntly, the average American in front of his or her television is actually smarter than the average person in the center of ancient Athens, as difficult as this may be to believe.

That is not to say that we are all absolutely brilliant on all occasions. We can be damned stupid when we want to be, but we are, as a human species, more able to deal with information on a broader base than our ancient predecessors.

If this is indeed the case, that enlightenment entails the efficient processing of information, then we must realize that psychic powers are essential and that enlightenment cannot occur without them. The truth of the matter is that psychic powers are nothing more than the means of acquiring information and then putting that information to use.

It has long been assumed that such powers do develop automatically on the way to perfection. What has not been considered is the fact that the mere development of psychic abilities is a step on the path and the one who develops and uses such paranormal abilities is by that very act moving towards enlightenment.

It is never wise to judge the path of another. It is his or her path and he or she has chosen to follow it. The mere fact that it does not agree with ours does not make it wrong, only different. That does not mean that we are under any obligation to approve of it, or advocate it ourselves. But we must be hesitant in saying that if a person follows a path involving a great amount of ritual and we find ritual boring and stupid that ritual will not get that person enlightened.

So, if it is possible to come to the enlightened state by any number of means and the means themselves are irrelevant, what does this imply about the Psionic Path? I would think the answer to this should be obvious. In the search for enlightenment, the Psionic Path is as valid as any other way and if it has its risks, they are no greater and probably less annoying than the risks associated with any other method.



And this is as good a time as any to cover those. One finds in the writings of Alice Bailey continuing references to the problem of what she termed “glamour,” and in fact she even published a small book on the subject. The choice of the word is unfortunate because glamour does not have a negative meaning in modern ears, but when she used it she meant an attractive illusion. In the case of the Psionic Path, it means the illusion of having accomplished something prematurely. It is really quite easy for someone to gain certain useful powers, such as clairvoyance and precognition, and then that he has these new and uncommon abilities that he has become a great spiritual teacher. Before you know it, he, or she, has invested in a purple robe and is going from city to city, packing lecture halls with the ignorant who are all too ready to part with their treasure for the sake of high-sounding nonsense. If he is able to bilk a brainless movie star, so much the better, but in doing so he has taken one hell of a leap off the path.

By entering into such an arrangement, the aspirant loses sight of the fact that enlightenment comes not from working on other people but rather from working on oneself. Why else is it that one of the most common requirements for the last stage of the path in virtually all of the systems that teach it, require that the aspirant get as far away from the rush of humanity as possible. Clearly large crowds are not conducive to the realized state.

In addition, there is the obvious fact that the aspirant is no longer aspiring to anything except paying the bills and keeping the Mercedes running. The entire concept of the path disappears from his life and what was once a power becomes a talent and then a tool.

It is foolish to ignore the fact that people take up psychic development for many reasons, the eventual attainment of enlightenment being the least of them. For most, the abilities they seek are merely tools to be used in the struggle for existence. And this is not a bad thing. There are few behaviors more foolish and cruel than lecturing a person who is trying to pay the rent on the relative spiritual aspects of how he is trying to pay it. So let us realize, without casting judgment, that the true reasons people attempt to become psychic have more to do with the problems of daily life than reaching Nirvana.

My contention here is that psychic development is a yoga, if you will, unto itself, as valid and effective as any of the more recognized methods and ultimately conducive of and leading to the enlightened state..

Why do I say this?

If enlightenment is the processing of a tremendous inrush of spiritual information, then psychic power is a means by which the individual is prepared for that inrush and by careful practice and study of these powers the spiritual nature of the individual is brought forth and opened to the knowledge that leads to ultimate realization.

When a person begins to seek any psychic ability, the first thing that he or she encounters is the fact that while everyone says that all of us have these powers and they are only waiting to be brought forth, getting them to work can be a real pain. This basic difficulty is one of the first pitfalls on the psychic path, for there are two basic ways of attaining psychic abilities. The first way, the way that is the basic thrust of all my work, is to train yourself to use and recognize your own, natural powers. The second is to seek the help of various discarnate entities. While such beings can be of great help, they must never be totally relied upon. The problem with that is that there are those who think, incorrectly, that all psychic abilities come from such entities. That is all well and good for the ignorant, but when someone who should know better starts believing it, there is going to be a problem. The combination of laziness and lack of self-confidence that come from that belief is nothing short of disastrous for one who seeks enlightenment. It is the rough equivalent of a practitioner of Hatha yoga paying someone else to do the difficult postures. And it is very difficult to explore powers with someone who really believes that they do not exist.

The first major hurdle to be overcome, therefore is the lack of knowledge. It is not enough to merely believe that psychic power is there, one must know it.

With the knowledge comes the daring. I will admit that like all authors on this subject I tend to avoid talking about possible risks involved in learning to use these powers. Now by risks, I am not talking about the Victorian idiots who were convinced that every time a person practiced astral projection there was the possibility that someone might steal his body or he might get lost in the great astral field.

The fact is that there is always the possibility of loss of control, that one might open one's vision to the astral plane and lose the ability to determine which is being seen, the physical world or the astral one. And one must also learn to interpret the information received, to know if it is accurate. I remember one time I was asked to give a pendulum reading to a lady friend of mine who was going through an emotional crisis and wished me to predict the outcome. The pendulum gave an answer that

proved to be wrong and I told her as I got the answer that I had no faith in the prediction, that I was sure it was wrong. Such discernment can only come with experience and the aspirant must be willing to make his mistakes and learn how to tell true information from the false and know where the false information is coming from, usually the strong desire to hear good news.

If a person does not work on accuracy, there is also the very real danger of making a fool of oneself, such as the poor man who used to come around the library at the Theosophical Society. He was something of a clairvoyant but had no idea of how to interpret the information he gathered and once even told me, who cannot sleep with even the hint of light, that I was afraid of the dark!

Even accuracy, with time, can lead to the danger of spiritual pride. As the aspirant progresses and his knowledge and abilities increase, a feeling of strength and confidence replaces his old doubts and he begins to think that he has reached his goal.

At this point the gods intervene and give the aspirant a good kick in the rear to remind him that while he has gone quite a way, he is still pretty far from the end. But that is not always the case and pretty soon the student begins to see himself as a Master before he has passed his orals. There is an excellent example of this in the history of the Theosophical Society when, in 1925, its leaders gathered at an estate in the Netherlands and began to give themselves initiations to the point where poor, crazy Rukmini Devi stood before a gathering of the Order of the Star in the East (not to be confused with the Order of the Eastern Star) founded to promote Krishnamurti as the new messiah, and proclaimed, in all seriousness, that she was an Arhat, an enlightened being. I will confess that I have difficulty deciding who to feel sorrier for in that case, the poor idiot who went to her death still believing that nonsense or the idiots who sat there and listened to her without laughing.

The Romans, in their wisdom, when giving a conquering general a triumphal parade, had a slave stand behind him in the chariot to whisper in his ear that he was still mortal. It is a good idea for the psychic to remember that when he gets out of bed in the morning he still has to put his own pants on.

When these difficulties are avoided, however, the psychic will gradually come to a greater unfolding in his own life. It is inevitable.

When a psychic power is developed, the Astral body enters into a unique alignment with the Intuitive field, from which all psychic information is obtained. Once this relationship is established, the Intuitive field becomes activated in a much greater way than it had been heretofore. This activation forces the other fields into alignment with the Intuitive in order for the psychic abilities to function.

Now the important thing to remember is that this happens each and every time a psychic ability is used. Let me give you a little illustration.

Think of each of the fields as a spinning wheel with a little gap in each, so that the gaps, through which the information can flow, are usually not aligned, thus preventing the information from getting from one level to the next. But, every once in a while, the gaps line up and the information flows freely for the time that they are.

When a psychic ability is being used, that is what is happening. The information that is normally blocked is allowed to run from the Intuitive field through to the physical brain. But when this alignment occurs, even for the briefest instant, another one also takes place. The highest of the fields, up to and including the soul itself, can make their presence felt.

Now this is, in most cases, a very rare and fleeting thing and not without its hazards for in the area of enlightenment a little knowledge can be a very dangerous thing indeed, leading at best to the problem of spiritual pride which I know I am harping on, to talking to the wrong people and ending up in a padded room at worst. For the person who is not emotionally or intellectually prepared, the sudden inrush of data can be a truly unbalancing experience. Fortunately the last is very rare, for the amount of data that comes to most psychics is so small at first that it is usually unable to penetrate the wall that their concentration on the matter at hand creates, be it to find the lost book or influence the boss to give out bigger raises. Such mundane concerns are the true protection for the neophyte in that he or she is protected from that which might prove to be too much for him by his distracted conscious mind.

Yet with continued practice come a greater perceptivity. The mind which before could not discern between a true and false pendulum reading now can tell if the reading is accurate. Images which were fleeting, even with the aid of a Psionic Helmet, are now clearer and easily recognizable. As time goes on, information comes in larger and more coherent quantities. In short, the segments of the brain that control the use of psychic abilities, heretofore almost dormant become more efficient in their function and the store of data that they can handle becomes greater. And

with this the psychic begins to see things that are not really psychic at all. For as the powers reach that level which is the plateau for that individual, the alignment in the bodies becomes more and more frequent, and the pathway between the highest and the lowest is open more often and stays open longer.

The moments of bliss become seconds, then minutes and finally, as the years pass, even hours. And that state of quiet unity with the intelligence of the Cosmos becomes a fact of life, something no longer glimpsed or rumored of, but a living reality, a part of daily experience.

It is at this point that enlightenment becomes a truth, not a theory. Without this experience, the stories of the Buddha are just that, stories and the psychologist who claims that the Buddha was not really enlightened, only self-deluded and able to delude his followers is proven wrong only by experience. And, at the same time, those who claim that to be enlightened is to live in the way that they prescribe are also proven wrong. For the experience of enlightenment transcends such considerations. It is an existence outside the realm of daily care and it is only with the greatest pain that one who has experienced it can return to the problems of living. In that regard, enlightenment can be more of a burden than a blessing. It is not easy for a mind that has been opened to the dance of the Cosmos and seen the stately pavane of the galaxies to return to the fact that the bills have to be paid and in our world it is the enlightened among us, for have come to be convinced that hidden among our teeming populace there are such, who need to be granted the compassion that they are reputed to have for us. We think of enlightenment as the freeing of the soul, the final end of the wheel of incarnations. Perhaps we should also think of it as a great, perhaps the greatest, of burdens.

Let us not forget that the enlightened one is not merely the one-eyed man in the country of the blind. He is a two-eyed man who hears in the country of the blind and deaf. He has opened himself to knowledge that is both a privilege and a terror. For every pleasure he experiences, for every moment of bliss, he feels a thousand pains. That is why the seeker in his final stage is always advised to go to his hermitage, to get away from the press of humanity. It is not due to a lack of compassion, but to a realization that with enlightenment compassion and dispassion become one.

Faced with this daunting prospect, the aspirant is tempted, and possibly succumbs for one or more lifetimes, to the desire to get on with his life and forget this enlightenment business, and it is only by a tremendous

force of will alone that he is able to persist and keep on the path. But the truth is that even if the will is lacking, his progress on the path has reached a point that even if he were to avoid it for a hundred incarnations the urge to get back on it would remain with him. While his will remains free, the choices open to that will are becoming limited. He cannot simply say that everything he has experienced is nonsense, not without destroying himself, for the psychological commitment is too great. Nor can he stay at the level he is at. It is simply too uncomfortable.

There is but one choice remaining to the aspirant, to go on and finally the end must be reached. The profound silence of the soul where the noises that beset and tormented it for millennia are blotted out and in their place is the ultimate quietude. At that point the aspirant need aspire no longer. He may return from his hermitage and again travel among humanity for does not keep silence. The silence keeps him.

Therefore, to conclude this work, the old formula of the magicians, to know, to dare, to will and finally to keep silent, are the keys to the psychic path as well and the one who stays on that path will ultimately experience all of them.